

# Supplement to “Sharp asymptotic and finite-sample rates of convergence of empirical measures in Wasserstein distance”

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## A. Omitted proofs

### A.1. Proof of Proposition 1

We begin by giving an informal outline of the idea of the proof.

Consider a partition  $\{Q_i\}_{i \in \mathcal{I}}$  of  $S$ , for some index set  $\mathcal{I}$ . The measures  $\mu$  and  $\nu$  both induce measures on each set in the partition. We will transport  $\mu$  to  $\nu$  by first moving mass *between* sets in this partition, and then moving mass *within* each set in the partition. If  $\mu(Q_i) \neq \nu(Q_i)$  for one of the sets  $Q_i$ , we need to transport an amount of mass equal to  $|\mu(Q_i) - \nu(Q_i)|$  into or out of  $Q_i$ . In total, we can transport the mass that  $\mu$  assigns to each set in the partition to its proper set under  $\nu$  for a total cost of

$$\sum_{i \in \mathcal{I}} |\mu(Q_i) - \nu(Q_i)| \text{diam}(S) \leq \sum_{i \in \mathcal{I}} |\mu(Q_i) - \nu(Q_i)|,$$

where we use the fact that  $\text{diam}(S) \leq \text{diam}(X) \leq 1$  by assumption.

After the first step of the transport plan,  $\mu$  has been transported so that each set in the partition contains the correct total amount of mass. It therefore suffices in the second step to properly arrange the mass *within* each set. Moving the mass within  $Q_i$  cannot cost more than  $\text{diam}(Q_i)$ , so the total cost of arranging the mass within each set is at most

$$\sum_{i \in \mathcal{I}} \nu(Q_i) \text{diam}(Q_i) \leq \max_{i \in \mathcal{I}} \text{diam}(Q_i).$$

We have obtained a transport of  $\mu$  to  $\nu$  for a total cost of approximately

$$\max_{i \in \mathcal{I}} \text{diam}(Q_i) + \sum_{i \in \mathcal{I}} |\mu(Q_i) - \nu(Q_i)|.$$

This “single scale” bound is generally not tight, but a more refined bound can be obtained by applying the above argument recursively: instead of naïvely bounding the cost of moving the mass within  $Q_i$  by the quantity  $\text{diam}(Q_i)$ , we can partition  $Q_i$  into smaller sets and estimate the cost of moving the mass within  $Q_i$  by first moving it

between the sets of the partition before moving it within each smaller set. Iterating the argument  $k^*$  times yields the bound.

We now show how to make the above argument precise. Given two measures  $\mu$  and  $\nu$  on  $X$ , write  $\mathcal{C}(\mu, \nu)$  for the set of couplings between  $\mu$  and  $\nu$ ; that is, for the set of measures on  $X \times X$  whose projection onto the first and second coordinate correspond to  $\mu$  and  $\nu$  respectively.

Fix a  $k^* \geq 1$ . We will define two sequences of measure  $\pi_k$  and  $\rho_k$  on  $X$  for  $1 \leq k \leq k^*$  such that  $\sum_{k=1}^{k^*} \pi_k \leq \mu$  and  $\sum_{k=1}^{k^*} \rho_k \leq \nu$ . Given such a sequence, we set  $\mu_1 := \mu$  and  $\nu_1 := \nu$  and write

$$\begin{aligned}\mu_k &:= \mu - \sum_{\ell=1}^{k-1} \pi_\ell \\ \nu_k &:= \nu - \sum_{\ell=1}^{k-1} \rho_\ell\end{aligned}$$

for  $k \leq k^* + 1$ .

Note that if  $\gamma_k \in \mathcal{C}(\pi_k, \rho_k)$  for  $1 \leq k \leq k^*$  and  $\gamma_{k^*+1} \in \mathcal{C}(\mu_{k^*+1}, \nu_{k^*+1})$ , then

$$\sum_{k=1}^{k^*+1} \gamma_k \in \mathcal{C}\left(\sum_{k=1}^{k^*} \pi_k + \mu_{k^*+1}, \sum_{k=1}^{k^*} \rho_k + \nu_{k^*+1}\right) = \mathcal{C}(\mu, \nu),$$

therefore

$$W_p^p(\mu, \nu) \leq \sum_{k=1}^{k^*} W_p^p(\pi_k, \rho_k) + W_p^p(\mu_{k^*+1}, \nu_{k^*+1}).$$

For  $k \geq 1$ , define

$$\begin{aligned}\pi_k &:= \sum_{\substack{Q_i^k \in \mathcal{Q}^k \\ \mu_k(Q_i^k) > 0}} \left(1 - \frac{\nu_k(Q_i^k)}{\mu_k(Q_i^k)}\right)_+ \mu_k|_{Q_i^k}, \\ \rho_k &:= \sum_{\substack{Q_i^k \in \mathcal{Q}^k \\ \nu_k(Q_i^k) > 0}} \left(1 - \frac{\mu_k(Q_i^k)}{\nu_k(Q_i^k)}\right)_+ \nu_k|_{Q_i^k}.\end{aligned}$$

Note that  $0 \leq \pi_k \leq \mu_k$  and  $0 \leq \rho_k \leq \nu_k$  for all  $k$ , hence  $0 \leq \mu_k \leq \mu$  and  $0 \leq \nu_k \leq \nu$  for all  $k$  as well.

**Lemma A.1.** *If  $Q \in \mathcal{Q}^{k-1}$ , then*

$$\begin{aligned}\mu_k(Q) &= \nu_k(Q) \\ \pi_k(Q) &= \rho_k(Q).\end{aligned}$$

Moreover,

$$\pi_k(S) = \rho_k(S) \leq \sum_{Q_i^k \in \mathcal{Q}^k} |\mu(Q_i^k) - \nu(Q_i^k)|.$$

**Lemma A.2.** *If  $\alpha$  and  $\beta$  are two measures on  $X$  such that*

$$\alpha(Q) = \beta(Q)$$

*for all  $Q \in \mathcal{Q}^{k-1}$ , then*

$$W_p^p(\alpha, \beta) \leq \delta^{(k-1)p} \alpha(S).$$

We can now obtain the final bound. By Lemmas A.1 and A.2,

$$W_p^p(\pi_k, \rho_k) \leq \delta^{(k-1)p} \sum_{Q_i^k \in \mathcal{Q}^k} |\mu(Q_i^k) - \nu(Q_i^k)|$$

and

$$W_p^p(\mu_{k^*+1}, \nu_{k^*+1}) \leq \delta^{k^*p} \mu_{k^*+1}(S) \leq \delta^{k^*p} \mu(S) \leq \delta^{k^*p}.$$

The bound follows.

## A.2. Proof of Proposition 2

We prove the inequalities in order. If  $d < d_H(\mu)$ , then by [1, Proposition 10.3] there exists a compact set  $K$  with positive mass and a  $r_0 > 0$  such that

$$\mu(B(x, r)) \leq r^d$$

for all  $r \leq r_0$  and all  $x \in K$ . (See also the proof of [2, Corollary 12.16].) Let  $\tau < \mu(K)/2$ . If  $S$  is any set with  $\mu(S) \geq 1 - \tau$ , then  $\mu(S \cap K) > \mu(K)/2$ . If  $\mathcal{N}_\varepsilon(S) = N$ , then in particular there exists a covering of  $S \cap K$  by at most  $N$  balls of radius  $\varepsilon$  whose centers all lie in  $K$ . Indeed, any set of diameter at most  $\varepsilon$  which intersects  $S \cap K$  is contained in a ball of radius  $\varepsilon$  whose center is in  $K$ . If  $\varepsilon \leq r_0$ , then each such ball satisfies  $\mu(B(x, r)) \leq \varepsilon^d$ , so

$$N \geq \varepsilon^{-d} \mu(K)/2.$$

We therefore have for all  $\tau$  sufficiently small,

$$\liminf_{\varepsilon \rightarrow 0} \frac{\log \mathcal{N}_\varepsilon(\mu, \tau)}{-\log \varepsilon} \geq d.$$

Thus  $d_*(\mu) \geq d$ . Since  $d < d_H(\mu)$  was arbitrary, we have  $d_H(\mu) \leq d_*(\mu)$ , as desired.

That  $d_*(\mu) \leq d_p^*(\mu)$  follows from the simple observation that for all positive  $\alpha$  and  $\tau$ ,

$$\liminf_{\varepsilon \rightarrow 0} d_\varepsilon(\mu, \tau) \leq \liminf_{\varepsilon \rightarrow 0} d_\varepsilon(\mu, \varepsilon^\alpha).$$

Finally, if  $d_M(\mu) \geq 2p$ , then setting  $s > d_M(\mu)$  yields

$$\limsup_{\varepsilon \rightarrow 0} d_\varepsilon(\mu, \varepsilon^{\frac{sp}{s-2p}}) \leq \limsup_{\varepsilon \rightarrow 0} d_\varepsilon(\mu) = d_M(\mu) < s,$$

so  $d_p^*(\mu) \leq s$ . Since  $s > d_M(\mu)$  was arbitrary, we obtain  $d_p^*(\mu) \leq d_M(\mu)$ .  $\square$

### A.3. Proof of Proposition 3

Write  $N_k := \mathcal{N}_{3^{-(k+1)}}(S_k)$ , where we recall that by assumption  $S_k \subseteq S$ . For  $1 \leq k \leq k^*$ , let  $C^k := \{C_1^k, \dots\}$  be a finite covering of  $S$  by balls of diameter  $3^{-(k+1)}$  such that  $C_1^k, \dots, C_{N_k}^k$  covers  $S_k$ . Such a covering can always be found by choosing an optimal covering of  $S_k$  and extending this covering to a covering of all of  $S$ . Since  $\mathcal{N}_{3^{-(k^*+1)}}(S) < \infty$ , this requires only a finite number of additional balls.

We begin by constructing  $\mathcal{Q}^{k^*}$ . Let  $\mathcal{Q}_1^{k^*} := C_1^{k^*}$ , and for  $1 < \ell \leq |C^{k^*}|$  let

$$\mathcal{Q}_\ell^{k^*} := C_\ell^{k^*} \setminus \left( \bigcup_{n=1}^{\ell-1} \mathcal{Q}_n^{k^*} \right).$$

Let  $\mathcal{Q}^{k^*} := \{\mathcal{Q}_1^{k^*}, \dots\}$ . Note that  $\text{diam}(\mathcal{Q}_\ell^{k^*}) \leq \text{diam}(C_\ell^{k^*}) = 3^{-(k^*+1)} < 3^{-k^*}$ , that  $\mathcal{Q}^{k^*}$  forms a partition of  $S$ , and that at most  $N_{k^*}$  elements of  $\mathcal{Q}^{k^*}$  intersect  $S_{k^*}$ .

We now show how to construct  $\mathcal{Q}^k$  from  $\mathcal{Q}^{k+1}$  and  $C^k$ . Let

$$\mathcal{Q}_1^k := \bigcup_{\substack{Q \in \mathcal{Q}^{k+1} \\ Q \cap C_1^k \neq \emptyset}} Q,$$

and for  $1 < \ell \leq |C^{k^*}|$  let

$$\mathcal{Q}_\ell^k := \left( \bigcup_{\substack{Q \in \mathcal{Q}^{k+1} \\ Q \cap C_\ell^k \neq \emptyset}} Q \right) \setminus \left( \bigcup_{n=1}^{\ell-1} \mathcal{Q}_n^k \right).$$

Let  $\mathcal{Q}^k := \{\mathcal{Q}_1^k, \dots\}$ .

The sets in  $\mathcal{Q}^k$  clearly form a partition of  $S$ , and by construction at most  $N_k$  elements of  $\mathcal{Q}^k$  intersect  $S_k$ . Moreover, since  $\text{diam}(C_\ell^k) \leq 3^{-(k+1)}$  for all  $\ell$  and  $\text{diam}(Q) \leq 3^{-(k+1)}$  for all  $Q \in \mathcal{Q}^{k+1}$ , the distance between any two points in  $\mathcal{Q}_\ell^k$  is at most  $3 \cdot 3^{-(k+1)} = 3^{-k}$ , so each element of  $\mathcal{Q}^k$  has diameter at most  $3^{-k}$ . Finally, since each set in  $\mathcal{Q}^k$  is the union of sets in  $\mathcal{Q}^{k+1}$ , the partition  $\mathcal{Q}^{k+1}$  refines  $\mathcal{Q}^k$ , as desired.  $\square$

### A.4. Proof of Proposition 7

The only inequality that does not follow from Proposition 2 is the first. By absolute continuity, for all  $\tau > 0$  there exists a  $\sigma > 0$  such that any set  $T$  for which  $\mu(T) \geq 1 - \tau$  satisfies  $\mathcal{H}^d(T) \geq \sigma$ . If  $\mathcal{H}^d(T) \geq \sigma$  then, then in particular for any covering  $\{B(x_i, \varepsilon)\}$  of  $T$  by balls of radius  $\varepsilon$  for  $\varepsilon$  sufficiently small, we must have  $\sum_i \varepsilon^d \geq \sigma/2$ . Therefore such a covering contains at least  $\sigma \varepsilon^{-d}/2$  balls, so

$$\frac{\log \mathcal{N}_\varepsilon(\mu, \tau)}{-\log \varepsilon} \geq d + \frac{\log(\sigma/2)}{-\log \varepsilon},$$

and taking limits yields that  $d_*(\mu) \geq d$ , as desired.  $\square$

### A.5. Proof of Proposition 11

For all integers  $k \geq 0$ , denote by  $N_k$  the smallest positive integer such that  $N_k$  is a power of two and  $\delta_{N_k} \leq 2^{-k}$ . Such an integer always exists because the sequence  $\delta_n$  decreases to 0. We require the following lemma, whose proof is deferred to Section B.

**Lemma A.3.** *The sequence  $N_{k+1}/N_k$  is bounded.*

Let  $m$  be an integer large enough that  $N_{k+1}/N_k \leq 2^m$  for all  $n$ . Let  $\mathcal{Q}$  be the standard dyadic partition of  $[0, 1]$ , with  $\mathcal{Q}^k$  being a partition of  $[0, 1]^m$  consisting of  $2^{km}$  cubes of side length  $2^{-k}$ .

Our measure  $\mu$  will satisfy  $\mathcal{N}_{2^{-k}}(\mu) = N_{k-2}$  for all  $k \geq 2$ . We will define a sequence of measures  $\{\mu_k\}_{k=2}^\infty$  iteratively and construct  $\mu$  as their limit in the weak topology.

Let  $\mu_2$  be the uniform distribution on  $[0, 1/4]^m$ . For each positive integer  $k$ , the measure  $\mu_k$  will be supported on  $N_{k-2}$  cubes in  $\mathcal{Q}^k$ , and will be uniform on its support. We will call a cube  $Q_i \in \mathcal{Q}^k$  *live* if  $\mu_k(Q_i) \neq 0$ .

Fix an ordering  $x_0, \dots, x_{2^m-1}$  of the  $2^m$  elements of  $\{0, 1\}^m$ . To produce  $\mu_{k+1}$  from  $\mu_k$ , divide each live cube of  $\mu_k$  into  $2^m$  cubes of side length  $2^{-(k+1)}$ . The ordering of  $\{0, 1\}^m$  induces an order on these  $2^m$  subcubes.

Given a live  $Q \in \mathcal{Q}^k$ , define the restriction  $\mu_{k+1}|_Q$  by requiring that  $\mu_{k+1}(Q) = \mu_k(Q)$  and that  $\mu_{k+1}|_Q$  be uniform on the union of the first  $N_{k+1}/N_k$  subcubes of  $Q$ . Note that  $N_{k+1}/N_k$  is an integer because both  $N_{k+1}$  and  $N_k$  are powers of 2, and by assumption  $N_{k+1}/N_k \leq 2^m$ , the total number of subcubes of  $Q$ . Since  $\mathcal{Q}^k$  forms a partition of  $[0, 1]^m$ , combining the measures  $\mu_{k+1}|_Q$  for  $Q \in \mathcal{Q}^k$  yields a probability measure  $\mu_{k+1}$  on  $[0, 1]^m$ . By Prokhorov’s theorem, this sequence of measures  $\mu_k$  possesses a subsequence converging in distribution to some measure  $\mu$ .

The following lemma collects necessary properties of  $\mu$ . Its proof appears in Section B.

**Lemma A.4.** *If  $N_k \leq n < N_{k+1}$ , then*

$$\mathcal{N}_{2^{-k-4}}(\mu, 1/2) > n$$

Moreover,

$$2^{-k-2} \leq \delta_n \leq 2^{-k}$$

and

$$2^{-k-4} \leq n^{-1/d_n} \leq 2^{-k}.$$

We can now obtain the lower bound. Let  $\nu$  be any measure supported on at most  $n$  points. If  $N_k \leq n < N_{k+1}$ , then by Lemma A.4, if  $X \sim \mu$ , then

$$\mathbb{P}\left[\min_{y \in \text{supp}(\nu)} \|X - y\|_\infty \leq 2^{-k-5}\right] < 1/2.$$

Markov’s inequality therefore implies for any coupling  $(X, Y)$  of  $\mu$  and  $\nu$  that

$$\mathbb{E}[\|X - Y\|_\infty^{1/p}] \geq 2^{-k-5} \mathbb{P}\left[\min_{y \in \text{supp}(\nu)} \|X - y\|_\infty > 2^{-k-5}\right]^{1/p} \geq 2^{-k-6} \geq 2^{-6} n^{-1/d_n},$$

as claimed.  $\square$

### A.6. Proof of Proposition 19

Both claims are standard, and details can be found in [3, Theorem 5.10]. The first follows from the assumption that  $X$  is a bounded Polish space. For the second, we use the fact that the supremum is achieved by an  $f$  satisfying

$$f(x) = \inf_{y \in X} f^c(y) + D(x, y)^p \quad \forall x \in X. \quad (1)$$

Let  $f$  be a function achieving the supremum in (4) and satisfying (1). By adding a constant to  $f$  and  $f^c$ , we can assume that  $\sup_{x \in X} f(x) = 1$ . Then for all  $y \in X$ ,

$$f^c(y) = \sup_{x \in X} f(x) - D(x, y)^p \geq 0,$$

and (1) then implies

$$f(x) \geq 0 \quad \forall x \in X,$$

as claimed.  $\square$

### A.7. Proof of Lemma 1

If  $X \sim \nu$  is independent of  $Z \sim \mathcal{N}(0, \sigma^2 I)$ , then by considering the coupling  $(X, X + Z)$ , we obtain

$$W_p^p(\mu, \nu) \leq \mathbb{E}[\|Z\|^p] \leq \sigma^p (d + 2p)^{p/2},$$

where we have applied a standard bound for the moments of the  $\chi^2$  distribution.

We can couple empirical distributions  $\hat{\mu}_n$  and  $\hat{\nu}_n$  by letting  $X_1, \dots, X_n \sim \nu$  i.i.d. and  $Z_1, \dots, Z_n \sim \mathcal{N}(0, \sigma^2)$  i.i.d. and independent of  $\{X_i\}$  and setting

$$\begin{aligned} \hat{\nu}_n &:= \frac{1}{n} \sum_{i=1}^n \delta_{X_i} \\ \hat{\mu}_n &:= \frac{1}{n} \sum_{i=1}^n \delta_{X_i + Z_i}. \end{aligned}$$

We have for this coupling

$$W_p^p(\hat{\mu}_n, \hat{\nu}_n) \leq \frac{1}{n} \sum_{i=1}^n \|Z_i\|^p,$$

and

$$\mathbb{E} W_p^p(\hat{\mu}_n, \hat{\nu}_n) \leq \sigma^p (d + 2p)^{p/2}$$

The triangle for  $W_p$  then implies

$$\begin{aligned} \mathbb{E} W_p^p(\mu, \hat{\mu}_n) &\leq \mathbb{E}(W_p(\mu, \nu) + W_p(\nu, \hat{\nu}_n) + W_p(\hat{\mu}_n, \hat{\nu}_n))^p \\ &\leq 3^{p-1} \mathbb{E} W_p^p(\nu, \hat{\nu}_n) + 2 \cdot 3^{p-1} \sigma^p (d + 2p)^{p/2}. \end{aligned}$$

$\square$

## B. Additional lemmas

### B.1. Proof of Lemma A.1

We first show that for any  $\ell < k$ , if  $Q \in \mathcal{Q}^\ell$ , then

$$\mu_k(Q) = \nu_k(Q).$$

Suppose first that  $Q \in \mathcal{Q}^{k-1}$ . By definition,  $\mu_k = \mu_{k-1} - \pi_{k-1}$ . We obtain

$$\mu_k(Q) = (\mu_{k-1} - \pi_{k-1})(Q) = \min\{\mu_{k-1}(Q), \nu_{k-1}(Q)\},$$

and likewise

$$\nu_k(Q) = \min\{\mu_{k-1}(Q), \nu_{k-1}(Q)\}.$$

Since  $\mathcal{Q}$  is a dyadic partition, any  $Q \in \mathcal{Q}^\ell$  for  $\ell < k$  can be written as a disjoint union of  $Q_1, \dots, Q_m \in \mathcal{Q}^{k-1}$ . Hence

$$\mu_k(Q) = \sum_{i=1}^m \mu_k(Q_i) = \sum_{i=1}^m \nu_k(Q_i) = \nu_k(Q),$$

as claimed.

Note that this also implies for any  $\ell < k$ , if  $Q \in \mathcal{Q}^\ell$ , then

$$\pi_k(Q) = \mu_k(Q) - \mu_{k+1}(Q) = \nu_k(Q) - \nu_{k+1}(Q) = \rho_k(Q).$$

We now prove the bound on  $\pi_k(S)$ . By definition,

$$\rho_k(S) = \sum_{Q_i^k \in \mathcal{Q}^k} (\nu_k(Q_i^k) - \mu_k(Q_i^k))_+ = \frac{1}{2} \sum_{Q_i^k \in \mathcal{Q}^k} |\nu_k(Q_i^k) - \mu_k(Q_i^k)|.$$

We now show that, for any  $Q \in \mathcal{Q}^{k-1}$ , there exist scalars  $c_1, c_2 \in [0, 1]$  depending on  $Q$  such that

$$\begin{aligned} \mu_k|_Q &= c_1 \mu|_Q \\ \nu_k|_Q &= c_2 \nu|_Q. \end{aligned}$$

We proceed by induction on  $k$ . By symmetry, it suffices to prove the claim for  $\mu_k$  and  $\mu$ . Since  $\mu_1 = \mu$ , it holds for  $k = 1$ . Now assume  $\mu_{k-1}|_Q = c_1 \mu|_Q$ . We have

$$\mu_k|_Q = \mu_{k-1}|_Q - \pi_{k-1}|_Q = \min \left\{ \frac{\nu_{k-1}(Q)}{\mu_{k-1}(Q)}, 1 \right\} \mu_{k-1}|_Q = c'_1 \mu|_Q,$$

where  $c'_1 = \min \left\{ \frac{\nu_{k-1}(Q)}{\mu_{k-1}(Q)}, 1 \right\} c_1$ . This proves the claim.

Now, given such a  $Q \in \mathcal{Q}^{k-1}$  and  $c_1, c_2 \in [0, 1]$ , we have  $\mu_k(Q) = \nu_k(Q)$ , so

$$c_1 \mu(Q) = c_2 \nu(Q).$$

Summing over the elements of  $\mathcal{Q}^k$  contained in  $Q$ , we obtain

$$\begin{aligned}
\sum_{Q_i^k \subset Q} |\mu_k(Q_i^k) - \nu_k(Q_i^k)| &= \sum_{Q_i^k \subset Q} |c_1 \mu(Q_i^k) - c_2 \nu(Q_i^k)| \\
&\leq \sum_{Q_i^k \subset Q} c_1 |\mu(Q_i^k) - \nu(Q_i^k)| + \sum_{Q_i^k \subset Q} \nu(Q_i^k) |c_1 - c_2| \\
&= \sum_{Q_i^k \subset Q} c_1 |\mu(Q_i^k) - \nu(Q_i^k)| + c_2 |\mu(Q) - \nu(Q)| \\
&\leq \sum_{Q_i^k \subset Q} (c_1 + c_2) |\mu(Q_i^k) - \nu(Q_i^k)| \\
&\leq 2 \sum_{Q_i^k \subset Q} |\mu(Q_i^k) - \nu(Q_i^k)|.
\end{aligned}$$

Finally, summing over all  $Q \in \mathcal{Q}^{k-1}$  yields

$$\rho_k(S) = \frac{1}{2} \sum_{Q_i^k \in \mathcal{Q}^k} |\nu_k(Q_i^k) - \mu_k(Q_i^k)| \leq \sum_{Q_i^k \in \mathcal{Q}^k} |\mu(Q_i^k) - \nu(Q_i^k)|,$$

as claimed.  $\square$

## B.2. Proof of Lemma A.2

Let

$$\gamma := \sum_{\substack{Q_i^{k-1} \in \mathcal{Q}^{k-1} \\ \alpha(Q_i^{k-1}) > 0}} \frac{\alpha \otimes \beta}{\alpha(Q_i^{k-1})}.$$

Note that  $\gamma \in C(\alpha, \beta)$ . Indeed, for any measurable  $U \subset S$ , since  $\mathcal{Q}^{k-1}$  is a partition of  $S$ , we have

$$\gamma(S, U) = \sum_{Q_i^{k-1} \in \mathcal{Q}^{k-1}} \frac{\alpha(Q_i^{k-1}) \beta(Q_i^{k-1} \cap U)}{\alpha(Q_i^{k-1})} = \beta(U).$$

On the other hand, by assumption,  $\alpha(Q_i^{k-1}) = \beta(Q_i^{k-1})$ , so

$$\gamma(U, S) = \sum_{Q_i^{k-1} \in \mathcal{Q}^{k-1}} \frac{\alpha(Q_i^{k-1} \cap U) \beta(Q_i^{k-1})}{\beta(Q_i^{k-1})} = \alpha(U).$$



We have

$$\begin{aligned} \int D(x, y)^p d\gamma(x, y) &= \sum_{Q_i^{k-1} \in \mathcal{Q}^{k-1}} \frac{1}{\alpha(Q_i^{k-1})} \int_{Q_i^{k-1}} D(x, y)^p d\alpha(x) d\beta(y) \\ &\leq \sum_{Q_i^{k-1} \in \mathcal{Q}^{k-1}} \beta(Q_i^{k-1}) \text{diam}(Q_i^{k-1})^p \\ &\leq \alpha(S) \delta^{(k-1)p}. \end{aligned}$$

□

### B.3. Proof of Lemma A.3

By assumption, there exist constants  $c$  and  $\alpha$  such that  $\frac{1}{c}n^\alpha \leq \delta_n \leq cn^\alpha$  for all  $n$  sufficiently large. Let  $M = (2c^2)^{-1/\alpha}$ . Then for  $n$  sufficiently large,

$$\delta_{Mn} \leq c(Mn)^\alpha = \frac{1}{2c}n^\alpha \leq \frac{1}{2}\delta_n.$$

This implies that for  $k$  sufficiently large,  $\delta_{N_k} \leq 2^{-k}$  implies that  $\delta_{MN_k} \leq 2^{-k-1}$ , so that  $N_{k+1} \leq MN_k$ . Hence  $N_{k+1}/N_k \leq M$  for all  $k$  sufficiently large, so  $N_{k+1}/N_k$  is bounded. □

### B.4. Proof of Lemma A.4

We first show the key property of  $\mu$ . For any  $x \in [0, 1]^m$  and  $r > 0$ , denote by  $B(x, r)$  the open  $\ell_\infty$  ball of radius  $r$  around  $x$ . We claim that for any  $x \in [0, 1]^m$  and  $\ell \geq 2$ ,

$$\mu(B(x, 2^{-\ell-1})) \leq \frac{1}{N_{\ell-2}}.$$

It suffices to show this claim for all  $\mu_k$  with  $k \geq \ell$ , and conclude via the fact that  $\mu$  is the weak limit of a subsequence of the measures. The bound in question certainly holds when  $B(x, 2^{-\ell-1})$  exactly coincides with one of the cubes in  $\mathcal{Q}^\ell$ , since each live cube in  $\mathcal{Q}^\ell$  has mass exactly  $1/N_{\ell-2}$  by construction.

For all other  $x$ , note that the restriction of  $\mu_k$  to each live cube in  $\mathcal{Q}^\ell$  is the same measure. In general, the cube  $B(x, 2^{-\ell-1})$  intersects  $2^m$  cubes in  $\mathcal{G}_\ell$ , and we can partition  $B(x, 2^{-\ell-1})$  into  $2^m$  pieces which, via translation, exactly cover a cube of  $\mathcal{Q}^\ell$ . Each piece has mass at most the mass of the corresponding piece in a live cube, hence the measure is at most the measure of a live cube.

This property immediately implies a bound on the number of balls needed to cover any set  $S$  such that  $\mu(S) \geq 1/2$ . Since each ball of diameter  $2^{-\ell}$  has mass at most  $1/N_{\ell-2}$ , to cover a set of mass  $1/2$  requires at least  $N_{\ell-2}/2$  balls. Therefore for all  $\ell \geq 2$ ,

$$\mathcal{N}_{2^{-\ell}}(\mu, 1/2) \geq N_{\ell-2}/2. \quad (2)$$

For all  $k \geq 0$ , because  $N_{k+1}$  is a power of 2 greater than one,  $N_{k+1}/2$  is also a power of 2. The definition of  $N_{k+1}$  therefore implies that  $\delta_{N_{k+1}/2} > 2^{-k-1}$ . Because  $\frac{\log n}{-\log \delta_n}$  is nondecreasing and at least 1 for all  $n \geq 2$ , we have for all  $k \geq 0$

$$\frac{\log N_{k+1}}{-\log \delta_{N_{k+1}}} \geq \frac{\log(N_{k+1}/2)}{-\log \delta_{N_{k+1}/2}} \geq \frac{\log N_{k+1}}{-\log(\delta_{N_{k+1}/2}/2)}$$

and therefore  $\delta_{N_{k+1}} \geq \frac{1}{2}\delta_{N_{k+1}/2} > 2^{-k-2}$ , so that  $N_{k+2} > N_{k+1}$ . Since  $N_{k+2}$  is also a power of 2, in particular  $N_{k+2} \geq 2N_{k+1}$ . This implies  $N_{k+2}/2 > n$ .

Choosing  $\ell = k + 4$  in (2) yields

$$\mathcal{N}_{2^{-k-4}}(\mu, 1/2) > n.$$

This proves the first claim.

We have just noted that  $\delta_{N_{k+1}} > 2^{-k-2}$ , and the definition of  $N_k$  implies  $\delta_{N_k} \leq 2^{-k}$ . If  $N_k \leq n < N_{k+1}$ , then the fact that  $\delta_n$  is nonincreasing in  $n$  yields

$$2^{-k-2} < \delta_{N_{k+1}} \leq \delta_n \leq \delta_{N_k} \leq 2^{-k}.$$

This proves the second claim.

To prove the third claim, we first note that the definition of  $d_n$  implies that

$$n^{-1/d_n}$$

is nonincreasing as  $n$  increases. We can therefore prove an upper bound on  $n^{-1/d_n}$  by proving an upper bound on  $N_k^{-1/d_{N_k}}$ .

Recall that

$$d_{N_k} = \inf_{\varepsilon > 0} \max \left\{ d_{\geq \varepsilon}(\mu, \varepsilon^p), \frac{\log N_k}{-\log \varepsilon} \right\}.$$

Choosing  $\varepsilon = 2^{-(k+2)}$  yields

$$d_{N_k} \leq \max \left\{ d_{\geq 2^{-(k+2)}}(\mu), \frac{\log_2 N_k}{k+2} \right\}.$$

To bound the first term, note that if  $\varepsilon' \in [2^{-\ell}, 2^{-\ell+1})$ , then  $\mathcal{N}_{\varepsilon'}(\mu) \leq \mathcal{N}_{2^{-\ell}}(\mu) = N_{\ell-2}$ . We also have  $\varepsilon' < 2^{-\ell+1} < \delta_{N_{\ell-2}}$ . Therefore  $d'_{\varepsilon'} = \frac{\log \mathcal{N}_{\varepsilon'}(\mu)}{-\log \varepsilon'} \leq \frac{\log N_{\ell-2}}{\delta_{N_{\ell-2}}}$ .

The assumption that  $\frac{\log n}{-\log \delta_n}$  is nonincreasing therefore implies

$$d_{\geq 2^{-k+2}}(\mu) \leq \max_{2 \leq \ell \leq k+2} \frac{\log N_{\ell-2}}{-\log \delta_{N_{\ell-2}}} \leq \frac{\log N_k}{-\log \delta_{N_k}} \leq \frac{\log_2 N_k}{k}.$$

We obtain

$$d_{N_k} \leq \frac{\log_2 N_k}{k},$$

so  $n^{-1/d_n} \leq N_k^{-1/d_{N_k}} \leq 2^{-k}$ .

To obtain the lower bound, note that if  $\varepsilon \leq 2^{-(k+4)}$ , then

$$d_{\geq \varepsilon}(\mu, \varepsilon^p) \geq d_{2^{-(k+4)}}(\mu, 1/2) > \frac{\log_2 n}{k+4},$$

where we have used the fact proved above that  $\mathcal{N}_{2^{-(k+4)}}(\mu, 1/2) > n$ . If  $\varepsilon > 2^{-(k+4)}$ , then

$$\frac{\log n}{-\log \varepsilon} > \frac{\log_2 n}{k+4}.$$

Combining these bounds yields

$$d_n = \inf_{\varepsilon > 0} \max \left\{ d_{\geq \varepsilon}(\mu, \varepsilon^p), \frac{\log n}{-\log \varepsilon} \right\} > \frac{\log_2 n}{k+4},$$

so

$$n^{-1/d_n} > 2^{-(k+4)},$$

as claimed. □

## References

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