# PARTIAL REGULARITY OF SOLUTIONS TO THE NAVIER-STOKES EQUATIONS 

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#### Abstract

At the first instant of time when a viscous incompressible fluid flow with finite kinetic energy in three space becomes singular, the singularities in space are concentrated on a closed set whose one dimensional Hausdorff measure is finite.


§1. Introduction. Let $v: R^{3} \times R^{+} \rightarrow R^{3} \quad$ (where $\quad R^{+}=$ $\{t \in R: t>0\}$ represents time) be a weak solution to the Navier-Stokes equations of incompressible viscous fluid flow in 3 dimensional euclidean space with finite initial kinetic energy and viscosity equal to 1 . Our definition of weak solution coincides with Leray's definition of "solution turbulente" [4, pp. 240, 241, 235]. In that paper, Leray showed that weak solutions always exist for prescribed initial conditions with finite energy. He also proved the following regularity theorem:

Leray's theorem. There exists a finite or countable sequence $J_{0}, J_{1}$, $J_{2}, \cdots$ such that $J_{q} \subset R^{+}, J_{0}=\{t: t>a\}$ for some $a, J_{q}$ is an open interval for $q>0$, the $J_{q}$ are disjointed, the Lebesgue measure of $R^{+}-\bigcup_{q \geqq 0} J_{q}$ is zero, $v$ can be modified on a set of Lebesgue measure zero so that its restriction to each $R^{3} \times J_{q}$ becomes smooth, and

$$
\sum_{q>0}\left(\text { length }\left(J_{q}\right)\right)^{1 / 2}
$$

is finite.
It is not known whether there exist $v$ with singularities $\left(J_{0}=R^{+}\right.$is a possibility). The purpose of this paper is to prove the following theorem on the nature of possible singularities of $v$. We assume that $v$ has been modified to be smooth on each $R^{3} \times J_{q}$.

Theorem 1. Let $t_{0}$ be the right endpoint of an interval $J_{q}$ with $q>0$. Then there exists a closed set $S \subset R^{3}$ such that $v$ can be extended to a continuous function on

$$
\left(R^{3} \times J_{q}\right) \cup\left(\left(R^{3}-S\right) \times\left\{t_{0}\right\}\right)
$$

and the 1 dimensional Hausdorff measure of $S$ is finite.

The definition of Hausdorff measure can be found in [2, p. 171]. We note in passing that Leray's theorem yields

Theorem 2. The $1 / 2$ dimensional Hausdorff measure of $R^{+}-\bigcup_{q \geq 0}$ $J_{q}$ is zero.

There is a proof of Theorem 2 in [7]. Research on the Hausdorff dimension of singularities of fluid flow was started by Mandelbrot [5]. The conclusion of Theorem 1 resembles the partial regularity results in [1, IV. 13 (6), p. 126].

Leray's theorem has been generalized by M. Shinbrot and S. Kaniel to flows on a bounded domain [8]. I do not know whether Theorem 1 generalizes to that case.

Notation. We set $(a, b)=\{t: a<t<b\},[a, b)=\{t: a \leqq t<b\}$, and so on for $(a, b]$ and $[a, b]$. If $f$ is a function defined on a subset of $R^{3} \times R$ then $f_{i,} f_{i, i}$, etc. are the partial derivatives $\left(\partial / \partial x_{i}\right) f,\left(\partial^{2} / \partial x_{i} \partial x_{j}\right) f$, etc. where $x_{1}, x_{2}, x_{3}$ are the coordinates of $R^{3}$. The partial derivative with respect to the $R$ variable is denoted by $f_{1 .}$. We set $D^{0} f=f$, $D^{1} f=D f=\left(f_{1,}, f_{2,}, f_{3,3}\right), D^{2} f=\left(f_{i j}\right)$ for $i, j \in\{1,2,3\}$, and so forth for $D^{n} f$. We let $\left|D^{n} f(x, t)\right|$ be the euclidean norm. If, in addition, $f$ has range $R^{3}$ then $f_{t}$ is the corresponding component of $f$ for $i=1,2,3$. In that case we set $\operatorname{div}(f)=\sum_{i=1}^{3} f_{i, 1}$. The summation convention for repeated indices is used throughout, e.g. $\operatorname{div}(f)=f_{i, i}$. If $f$ is a function defined on a subset of $R^{3}$ then $D f(x)$ and $|D f(x)|$ are the gradient and its norm.

An absolute constant is a finite positive constant that does not depend on any of the parameters in this paper. The symbol $C$ will always denote an absolute constant, and the value of $C$ may change from one line to the next (e.g. $2 C \leqq C$ ). The symbols $C_{1}, C_{2}, C_{3}, \cdots$ are not treated in this way, and their value does not change in the course of the paper.

We begin to prove Theorem 1. Let $\phi: R^{3} \times\{t: t<0\} \rightarrow R^{+}$be defined by

$$
\begin{equation*}
\phi(x, t)=(2 \sqrt{\pi})^{-3}(-t)^{-3 / 2} \exp \left(|x|^{2} /(4 t)\right) . \tag{1.1}
\end{equation*}
$$

Since $\phi$ is just the fundamental solution to the heat equation running backwards in time, it satisfies

$$
\begin{equation*}
\phi_{, i i}=-\phi_{, t} \tag{1.2}
\end{equation*}
$$

and

$$
\lim _{\epsilon \downarrow 0} \int_{R^{3}} f(y, t-\epsilon) \phi(y-x,-\epsilon) d y=f(x, t)
$$

if $f$ is continuous at $(x, t)$ and $\int_{R^{3}}|f(y, s)|^{2} d y$ is bounded as a function of
$s$. We also define $\psi: R^{3} \times\{t: t<0\} \rightarrow R^{+}$by

$$
\begin{equation*}
\psi(x, t)=-(4 \pi)^{-1} \int_{R^{3}} \phi(y, t)|y-x|^{-1} d y \tag{1.3}
\end{equation*}
$$

This Newtonian potential of $\phi$ satisfies the Poisson equation

$$
\begin{equation*}
\psi_{, i i}=\phi \tag{1.4}
\end{equation*}
$$

We have the estimates

$$
\begin{align*}
& \left|D^{n} \phi(x, t)\right| \leqq E_{n}\left(|x|^{2}-t\right)^{-(n+3) / 2}  \tag{1.5}\\
& \left|D^{n} \psi(x, t)\right| \leqq E_{n}\left(|x|^{2}-t\right)^{-(n+1) / 2}
\end{align*}
$$

where $E_{n}$ is an absolute constant for each $n$.
Two consequences of the definition of weak solution are:

$$
\begin{align*}
& \int_{R^{3}}|v(x, t)|^{2} d x \leqq C_{1} \quad \text { if } \quad t \in \bigcup_{q \geqq 0} J_{q} \\
& \int_{R^{3} \times R^{+}}|D v|^{2} \leqq C_{1} \tag{1.6}
\end{align*}
$$

for some $C_{1}<\infty$, and

$$
\begin{equation*}
\operatorname{div}(v)(x, t)=0 \quad \text { if } \quad t \in \bigcup_{q \geq 0} J_{q} \tag{1.7}
\end{equation*}
$$

A third consequence is the following lemma:
Lemma 1.1. If $\left[t_{1}, t_{2}\right] \subset J_{q}$ then for $i \in\{1,2,3\}$ and $x \in R^{3}$ we have

$$
\begin{aligned}
& v_{i}\left(x, t_{2}\right) \\
& \quad=\int_{R^{3}} v_{i}\left(y, t_{1}\right) \phi\left(y-x, t_{1}-t_{2}\right) d y
\end{aligned}
$$

$$
\begin{align*}
& +\int_{t_{1}}^{t_{2}} \int_{R^{3}} v_{l}(y, t) v_{i}(y, t) \phi_{, /}\left(y-x, t-t_{2}\right) d y d t  \tag{1.8}\\
& -\int_{t_{1}}^{t_{2}} \int_{R^{3}} v_{j}(y, t) v_{k}(y, t) \psi_{, i j k}\left(y-x, t-t_{2}\right) d y d t
\end{align*}
$$

Proof. We fix $i \in\{1,2,3\}$ and $x \in R^{3}$. Let $f: R^{3} \times\left\{t: t<t_{2}\right\} \rightarrow R^{3}$ be given by

$$
\begin{align*}
& f_{J}(y, t)=\phi\left(y-x, t-t_{2}\right)-\psi_{, i j}\left(y-x, t-t_{2}\right) \quad \text { if } \quad j=i,  \tag{1.9}\\
& f_{J}(y, t)=-\psi_{, i j}\left(y-x, t-t_{2}\right) \quad \text { if } \quad j \neq i .
\end{align*}
$$

We were careful not to write $\psi_{, i i}$ in the first identity of (1.9) because there is no summation over the index $i$. Using (1.4) we obtain

$$
\begin{align*}
\operatorname{div}(f)(y, t) & =\phi_{, i}\left(y-x, t-t_{2}\right)-\psi_{, i j j}\left(y-x, t-t_{2}\right)  \tag{1.10}\\
& =\phi_{, i}\left(y-x, t-t_{2}\right)-\phi_{i i}\left(y-x, t-t_{2}\right)=0
\end{align*}
$$

Now take $0<\epsilon<t_{2}-t_{1}$. The definition of weak solution, (1.10), and the good behavior of $f$ on $R^{3} \times\left[t_{1}, t_{2}-\epsilon\right]$ allow us to write (see (1.6))

$$
\begin{align*}
\int_{R^{3}} & v_{j}\left(y, t_{2}-\epsilon\right) f_{j}\left(y, t_{2}-\epsilon\right) d y \\
& -\int_{R^{3}} v_{j}\left(y, t_{1}\right) f_{j}\left(y, t_{1}\right) d y \\
= & \int_{R^{3} \times\left[t_{1}, t_{2}-\epsilon\right]}\left(v_{j}\right)\left(f_{j, k k}+f_{j, t}\right)  \tag{1.11}\\
& -\int_{R^{3} \times\left[t_{1}, t_{2}-\epsilon\right]} v_{k} v_{j ; k} f_{j}
\end{align*}
$$

Integration by parts with respect to the $x_{j}$ and $x_{k}$ variables, (1.6), and (1.7) yield

$$
\begin{aligned}
& \int_{R^{3}} v_{j}\left(y, t_{2}-\epsilon\right) \psi_{, i j}(y-x,-\epsilon) d y=0 \\
& \int_{R^{3}} v_{l}\left(y, t_{1}\right) \psi_{, i j}\left(y-x, t_{1}-t_{2}\right) d y=0 \\
& \int_{t_{1}}^{t_{2}-\epsilon} \int_{R^{3}} v_{j}(y, t)\left(\psi_{, i j k k}\left(y-x, t-t_{2}\right)\right. \\
& \left.\quad+\psi_{, i j t}\left(y-x, t-t_{2}\right)\right) d y d t=0 \\
& \int_{R^{3} \times\left[t_{1}, t_{2}-\epsilon\right]} v_{k} v_{j, k} f_{j} \\
& \quad=-\int_{R^{3} \times\left[t_{1}, t_{2}-\epsilon\right]} v_{k} v_{j} f_{j, k} .
\end{aligned}
$$

Identities (1.9), (1.11), (1.12), (1.2) yield

$$
\begin{align*}
\int_{R^{3}} & v_{i}\left(y, t_{2}-\epsilon\right) \phi(y-x,-\epsilon) d y \\
& -\int_{R^{3}} v_{i}\left(y, t_{1}\right) \phi\left(y-x, t_{1}-t_{2}\right) d y \\
= & \int_{t_{1}}^{t_{2}-\epsilon} \int_{R^{3}} v_{i}(y, t)\left(\phi_{, k k}\left(y-x, t-t_{2}\right)\right. \\
& \left.+\phi_{, t}\left(y-x, t-t_{2}\right)\right) d y d t  \tag{1.13}\\
& +\int_{R^{3} \times\left[t_{1}, t_{2}-\epsilon\right]} v_{k} v_{j} f_{j, k} \\
= & 0+\int_{t_{1}}^{t_{2}-\epsilon} \int_{R^{3}} v_{k}(y, t) v_{1}(y, t) \phi_{, k}\left(y-x, t-t_{2}\right) d y d t \\
& -\int_{t_{1}}^{t_{2}-\epsilon} \int_{R^{3}} v_{k}(y, t) v_{j}(y, t) \psi_{, i j k}\left(y-x, t-t_{2}\right) d y d t .
\end{align*}
$$

Now (1.13), (1.6), and (1.2) yield the conclusion of the lemma.
For $a \in R^{3}$ and $0<r<\infty$ we set

$$
\begin{equation*}
B(a, r)=\left\{x \in R^{3}:|x-a| \leqq r\right\} \tag{1.14}
\end{equation*}
$$

If $X$ is a set and $f: X \rightarrow R$ is a function we write

$$
\begin{equation*}
\sup (f, X)=\operatorname{supremum}\{f(x): x \in X\} \tag{1.15}
\end{equation*}
$$

Lemma 1.2. Let $f: B(a, r) \rightarrow R$ be $a$ smooth function and let $B(b, r / 4) \subset B(a, r)$. Then

$$
\int_{B(a, r)}|f|^{2} \leqq C r^{2}\left(\int_{B(a, r)}|D f|^{2}\right)+C r^{3} \sup \left(|f|^{2}, B(b, r / 4)\right)
$$

Proof. Let $\mathscr{L}$ be the set of lines $L$ passing through $b$. Let $\mu$ be the rotation invariant Radon measure on $\mathscr{L}$ that satisfies $\mu(\mathscr{L})=1$. For each $L \in \mathscr{L}$ the fundamental theorem of calculus yields

$$
\begin{aligned}
& \int_{B(a, r) \cap L}|f|^{2} \\
& \quad \leqq C r^{2}\left(\int_{(B(a, r)-B(b, r / 4)) \cap L}|D f|^{2}\right) \\
& \quad+C \sup \left(|f|^{2}, B(b, r / 4) \cap L\right) r
\end{aligned}
$$

Hence

$$
\begin{aligned}
\int_{B(a, r)}|f|^{2} \leqq & C r^{2} \int_{\mathscr{L}}\left(\int_{B(a, r) \cap L}|f|^{2}\right) d \mu \\
\leqq & C r^{4} \int_{\mathscr{L}}\left(\int_{(B(a, r)-B(b, r / 4)) \cap L}|D f|^{2}\right) d \mu \\
& +C r^{3} \sup \left(|f|^{2}, B(b, r / 4)\right) \\
\leqq & C r^{2}\left(\int_{B(a, r)-B(b, r / 4)}|D f|^{2}\right) \\
& +C r^{3} \sup \left(|f|^{2}, B(b, r / 4)\right)
\end{aligned}
$$

2. The basic estimate. Throughout this section we fix $0<$ $d_{0}<\left(\text { length }\left(J_{q}\right)\right)^{1 / 2}$, where $J_{q}$ is the interval in the hypotheses of Theorem 1 , and we fix $x_{0} \in R^{3}$. We define $u: R^{3} \times[-1,0) \rightarrow R^{3}$ by

$$
\begin{equation*}
u(x, t)=d_{0} v\left(x_{0}+d_{0} x, t_{0}+d_{0}^{2} t\right) \tag{2.1}
\end{equation*}
$$

where $t_{0}$ is the right endpoint of $J_{q}$ as in Theorem 1, and observe that $u$ satisfies the Navier-Stokes equations with viscosity 1 in the same way as $v$. Therefore Lemma 1.1 allows us to use the identity

$$
\begin{align*}
u_{i}(x, t)= & \int_{R^{3}} u_{i}(y,-1) \phi^{\prime}(y,-1) d y  \tag{2.2}\\
& +\left(\int_{R^{3} \times[-1, t]} u_{j} u_{i} \phi_{,,}^{\prime}\right) \\
& -\int_{R^{3} \times[-1, t]} u_{j} u_{k} \psi_{, i j k}^{\prime}
\end{align*}
$$

for $-1<t<0$, where

$$
\begin{equation*}
\phi^{\prime}(y, s)=\phi(y-x, s-t), \psi^{\prime}(y, s)=\psi(y-x, s-t) \tag{2.3}
\end{equation*}
$$

We also set

$$
\begin{align*}
A_{p} & =\left\{(y, s) \in R^{3} \times R:|y| \leqq 1-2^{-p}, 2^{-2 p}-1 \leqq s<0\right\} \\
B_{p} & =\left\{(y, s) \in R^{3} \times R: 1-2^{1-p} \leqq|y| \leqq 1+2^{1-p},-1 \leqq s \leqq 0\right\} \\
C_{t} & =\left\{(y, s) \in R^{3} \times R:-1 \leqq s \leqq t\right\} \\
D & =\left\{(y, s) \in R^{3} \times R:|y| \leqq 3 / 2,-1 \leqq s \leqq 0\right\}  \tag{2.4}\\
E & =\left\{y \in R^{3}:|y| \geqq 3 / 2\right\} \\
F & =\left\{y \in R^{3}:|y| \leqq 2\right\}
\end{align*}
$$

for $p=1,2,3, \cdots$ and $-1<t<0$. In addition we set

$$
\begin{equation*}
A_{0}=\varnothing, \quad B_{-2}=B_{-1}=B_{0}=B_{1} . \tag{2.5}
\end{equation*}
$$

Lemma 2.1. There exist absolute constants $C_{2}, C_{3}$ such that

$$
\begin{aligned}
|u(x, t)| \leqq & C_{3}(t+1)^{-1 / 2} \int_{R^{3}}|u(y,-1)|^{2}(1+|y|)^{-4} d y \\
& +C_{3}(t+1)^{-3 / 2} \int_{C_{1}}|u(y, s)|^{2}(1+|y|)^{-4} d y d s \\
& +C_{3}(t+1)^{-1 / 2} \int_{F}|D u(y,-1)|^{2} d y \\
& +C_{3}(t+1)^{-3 / 2}\left(\int_{B_{1} \cap C_{t}}|D u|^{2}\right) \\
& +C_{3}\left(\sum_{p=1}^{n+1} 2^{2 p} \int_{B_{p}}|D u|^{2}\right) \\
& +C_{2}\left(\sum_{p=1}^{n+3} 2^{-p} \sup \left(|u|^{2}, A_{p} \cap C_{t}\right)\right)+C_{2}^{-1} 2^{-12}
\end{aligned}
$$

holds if $(x, t) \in A_{n+1}-A_{n}$ for $n \geqq 0$.

Proof. We fix $(x, t) \in A_{n+1}-A_{n}$ and define $\phi^{\prime}, \psi^{\prime}$ as in (2.3). We set

$$
\begin{equation*}
G_{p}=\left\{(y, s) \in R^{3} \times R:|y-x| \leqq 2^{1-p}, t-2^{-2 p} \leqq s \leqq t\right\} \tag{2.7}
\end{equation*}
$$

for integers $p \geqq 2$. We have

$$
\begin{equation*}
G_{n+4} \subset G_{n+3} \subset A_{n+2} \cap C_{t} . \tag{2.8}
\end{equation*}
$$

The integer $m$ is defined by the relation

$$
\begin{equation*}
2^{4-2(m-1)}>t+1 \geqq 2^{4-2 m} . \tag{2.9}
\end{equation*}
$$

The requirement $(x, t) \in A_{n+1},(2.9)$, and $t+1<1$ yield

$$
\begin{equation*}
3 \leqq m \leqq n+3, G_{p} \subset C_{t} \quad \text { for } \quad p \geqq m \tag{2.10}
\end{equation*}
$$

For $p \in\{2,3,4, \cdots\}$ the point $x_{p} \in R^{3}$ is defined as follows: If $x \neq 0$ then $x_{p}=x-3 \cdot 2^{-1-p}|x|^{-1} x$, and if $x=0$ we choose $x_{p}$ so that $\left|x_{p}\right|=3 \cdot 2^{-1-p}$ holds. We then set

$$
H_{p}=\left\{(y, s):\left|y-x_{p}\right| \leqq 2^{-1-p}, t-2^{-2 p} \leqq s \leqq t\right\}
$$

Then $H_{p} \subset G_{p}$ holds and (2.9), (2.10), and $|x|<1$ yield

$$
\begin{equation*}
H_{p} \subset A_{p} \cap C_{t} \quad \text { for } \quad p \geqq m . \tag{2.11}
\end{equation*}
$$

We set $C_{s}^{\prime}=R^{3} \times\{s\}$. For $s \in\left[t-2^{-2 p}, t\right]$ Lemma 1.2 yields

$$
\begin{align*}
& \left.\int_{G_{p} \cap C_{s}^{\prime}} u\right|^{2}  \tag{2.12}\\
& \leqq C 2^{-2 p}\left(\int_{G_{p} \cap C_{s}^{\prime}}|D u|^{2}\right)+C 2^{-3 p} \sup \left(|u|^{2}, H_{p} \cap C_{s}^{\prime}\right) .
\end{align*}
$$

Integration of (2.12) with respect to $s$ and (2.11) yield

$$
\begin{equation*}
\int_{G_{p}}|u|^{2} \leqq C 2^{-2 p}\left(\int_{G_{p}}|D u|^{2}\right)+C 2^{-s_{p}} \sup \left(|u|^{2}, A_{p} \cap C_{t}\right) \text { if } p \geqq m \tag{2.13}
\end{equation*}
$$

Observing $G_{m+1} \subset G_{m} \subset B_{1}, B_{1} \cup D=C_{0}, D \cap G_{m}=\varnothing$, we let $f_{1}, f_{2}, f_{3}$ be smooth functions from $C_{t}$ into $[0,1]$ such that $f_{1}+f_{2}+f_{3}=1, f_{1}(y, s)=1$ for $(y, s) \notin B_{1}, f_{1}(y, s)=0$ for $(y, s) \notin D, f_{2}(y, s)=0$ for $(y, s) \notin B_{1}$, $f_{2}(y, s)=0$ for $(y, s) \in G_{m+1}, f_{2}(y, s)=1$ for $(y, s) \notin D \cup G_{m},\left|D f_{2}(y, s)\right| \leqq$ $C$ for $(y, s) \in D \cap B_{1},\left|D f_{2}(y, s)\right| \leqq C 2^{m}$ for $(y, s) \in G_{m}-G_{m+1}, f_{3}(y, s)=$ 0 for $(y, s) \notin G_{m}$ and $f_{3}(y, s)=1$ for $(y, s) \in G_{m+1}$ (note that $f_{j}$ is defined only on $C_{t}$ ): Using (1.5) and $x \in A_{n+1}$ we obtain

$$
\begin{align*}
& \left|\int_{C_{1}} u_{j} u_{i} \phi_{,, j}^{\prime} f_{1}\right|+\left|\int_{C_{i}} u_{j} u_{k} \psi_{{ }_{i, j k}}^{\prime} f_{1}\right| \\
& \quad \leqq C \int_{D \cap C_{1}}|u(y, s)|^{2}|y|^{-4} d y d s \tag{2.14}
\end{align*}
$$

We use integration by parts, (1.7), (1.5), the inequality $a b \leqq$ $\epsilon a^{2} / 2+\epsilon^{-1} b^{2} / 2$, (2.13), and (2.9) to estimate

$$
\begin{aligned}
& \left|\int_{C_{1}} u_{1} u_{1} \phi_{,, f}^{\prime} f_{2}\right|+\left|\int_{C_{1}} u_{l} u_{k} \psi_{, i j k}^{\prime} f_{2}\right| \\
& \quad \leqq\left|\int_{C_{1}} u_{j} u_{i, j} \phi^{\prime} f_{2}\right|+\left|\int_{C_{t}} u_{l} u_{i} \phi^{\prime} f_{2, j}\right| \\
& \quad+\left|\int_{C_{1}} u_{j} u_{k, j} \psi_{,, k}^{\prime} f_{2}\right|+\left|\int_{C_{1}} u_{l} u_{k} \psi_{,, k}^{\prime} f_{2, j}\right| \\
& \quad \leqq C\left(\int_{\left(B_{1} \cap C_{t}\right)-G_{m+1}}|u||D u|\left(\left|\phi^{\prime}\right|+\left|D^{2} \psi^{\prime}\right|\right)\right)
\end{aligned}
$$

$$
\begin{align*}
& +C\left(\int_{D \cap B_{1} \cap C_{t}}|u|^{2}\left(\left|\phi^{\prime}\right|+\left|D^{2} \psi^{\prime}\right|\right)\right) \\
& +C \int_{G_{m}-G_{m+1}}|u|^{2}\left(\left|\phi^{\prime}\right|+\left|D^{2} \psi^{\prime}\right|\right) 2^{m} \\
\leqq & C\left(\int_{B_{1} \cap C_{t}}|u||D u| 2^{3 m}\right)+C\left(\int_{B_{1} \cap C_{t}}|u|^{2}\right)+C \int_{G_{m}}|u|^{2} 2^{4 m}  \tag{2.15}\\
\leqq & C 2^{3 m}\left(\int_{B_{1} \cap c_{t}}|u|^{2}\right)+C 2^{3 m}\left(\int_{B_{1} \cap C_{t}}|D u|^{2}\right) \\
& +C 2^{2 m}\left(\int_{G_{m}}|D u|^{2}\right)+C 2^{-m} \sup \left(|u|^{2}, A_{m} \cap C_{t}\right) \\
\leqq & C(t+1)^{-3 / 2}\left(\int_{B_{1} \cap c_{t}}|u|^{2}\right) \\
& +C(t+1)^{-3 / 2}\left(\int_{B_{1} \cap C_{t}}|D u|^{2}\right) \\
& +C 2^{2 m}\left(\int_{G_{m}}|D u|^{2}\right)+C 2^{-m} \sup \left(|u|^{2}, A_{m} \cap C_{t}\right)
\end{align*}
$$

We use (2.10), (1.5), (2.13), (2.8), and (2.10) to estimate

$$
\begin{aligned}
& \left|\int_{C_{1}} u_{i} u_{t} \phi_{,, f_{3}}^{\prime}\right|+\left|\int_{C_{i}} u_{j} u_{k} \psi_{,, j k}^{\prime} f_{3}\right| \\
& \quad \leqq C \int_{G_{m}}|u|^{2}\left(\left|D \phi^{\prime}\right|+\left|D^{3} \psi^{\prime}\right|\right) \\
& \quad \leqq C\left(\sum_{p=m}^{n+3} \int_{G_{p}-G_{p+1}}|u|^{2}\left(\left|D \phi^{\prime}\right|+\left|D^{3} \psi^{\prime}\right|\right)\right) \\
& \quad+C \int_{G_{n+4}}|u|^{2}\left(\left|D \phi^{\prime}\right|+\left|D^{3} \psi^{\prime}\right|\right)
\end{aligned}
$$

$$
\begin{align*}
\leqq & C\left(\sum_{p=m}^{n+3} 2^{4 p} \int_{G_{p}}|u|^{2}\right)  \tag{2.16}\\
& +C\left(\int_{G_{n+4}}\left|D \phi^{\prime}\right|+\left|D^{3} \psi^{\prime}\right|\right) \sup \left(|u|^{2}, G_{n+4}\right) \\
\leqq & C\left(\sum_{p=m}^{n+3} 2^{2 p} \int_{G_{p}}|D u|^{2}\right)+C\left(\sum_{p=m}^{n+3} 2^{-p} \sup \left(|u|^{2}, A_{p} \cap C_{t}\right)\right) \\
& +C 2^{-n} \sup \left(|u|^{2}, A_{n+2} \cap C_{t}\right) \\
\leqq & C\left(\sum_{p=m}^{n+3} 2^{2 p} \int_{G_{p}}|D u|^{2}\right)+C\left(\sum_{p=1}^{n+3} 2^{-p} \sup \left(|u|^{2}, A_{p} \cap C_{t}\right)\right) .
\end{align*}
$$

Combining (2.14), (2.15), (2.16), (2.10), $0<t+1<1$, and $f_{1}+f_{2}+f_{3}=1$ we obtain

$$
\begin{aligned}
& \left|\int_{C_{t}} u_{i} u_{i} \phi_{,,}^{\prime}\right|+\left|\int_{C_{t}} u_{j} u_{k} \psi_{,, \mu k}^{\prime}\right| \\
& \quad \leqq C(t+1)^{-3 / 2} \int_{C_{t}}|u(y, s)|^{2}(1+|y|)^{-4} d y d s \\
& \quad+C(t+1)^{-3 / 2}\left(\int_{B_{1} \cap C_{t}}|D u|^{2}\right) \\
& \quad+C\left(\sum_{p=m}^{n+3} 2^{2 p} \int_{G_{p}}|D u|^{2}\right) \\
& \quad+C\left(\sum_{p=1}^{n+3} 2^{-p} \sup \left(|u|^{2}, A_{p} \cap C_{t}\right)\right)
\end{aligned}
$$

Since $(x, t) \notin A_{n}$, we know that either (I) $|x| \geqq 1-2^{-n}$ or (II) $t+1 \leqq 2^{-2 n}$ holds. If (I) is satisfied then $G_{p} \subset B_{p-4}$ for $m \leqq p \leqq n+3$ (see (2.4), (2.5), (2.7), (2.10), and use ( $x, t) \in A_{n+1}$ ) and hence (see (2.5))

$$
\begin{equation*}
\sum_{p=m}^{n+3} 2^{2 p} \int_{G_{p}}|D u|^{2} \leqq C \sum_{p=1}^{n+1} 2^{2 p} \int_{B_{p}}|D u|^{2} \tag{2.18}
\end{equation*}
$$

if (I) holds. If, on the other hand, (II) holds then (2.9) yields $m \geqq n+2$ and hence (2.9), (2.10), and (2.7) yield

$$
\begin{equation*}
\sum_{p=m}^{n+3} 2^{2 p} \int_{G_{p}}|D u|^{2} \leqq C(t+1)^{-1} \int_{B_{i} \cap C_{1}}|D u|^{2} \tag{2.19}
\end{equation*}
$$

if (II) holds. Hence (2.18), (2.19), and $0<t+1<1$ yield
(2.20) $\sum_{p=m}^{n+3} 2^{2 p} \int_{G_{p}}|D u|^{2} \leqq C\left(\sum_{p=1}^{n+1} 2^{2 p} \int_{B_{p}}|D u|^{2}\right)+C(t+1)^{-3 / 2} \int_{B_{\cap} \cap C_{T}}|D u|^{2}$.

Let $g_{1}, g_{2}$ be smooth functions from $R^{3}$ into $[0,1]$ such that (see (2.4)) $g_{1}+g_{2}=1, g_{1}=1$ outside $F, g_{2}=1$ outside $E,\left|D g_{1}\right| \leqq C$, and $\left|D g_{2}\right| \leqq$ C. Using (1.1) (not (1.5)) we estimate
(2.21) $\left|\int_{R^{3}} u_{l}(y,-1) \phi^{\prime}(y,-1) g_{1}(y) d y\right| \leqq C \int_{E}|u(y,-1)||y|^{-4} d y$.

We use the inequality

$$
\int_{R^{3}}|f|^{6} \leqq C\left(\int_{R^{3}}|D f|^{2}\right)^{3}
$$

valid for smooth functions $f: R^{3} \rightarrow R$ with compact support [3, p. 12], Hölder's inequality, and (1.1) to compute

$$
\begin{align*}
& \left|\int_{R^{3}} u_{i}(y,-1) \phi^{\prime}(y,-1) g_{2}(y) d y\right| \\
& \quad \leqq \int_{R^{3}}\left|g_{2}(y) u(y,-1)\right|\left|\phi^{\prime}(y,-1)\right| d y \\
& \leqq\left(\int_{R^{3}}\left|g_{2}(y) u(y,-1)\right|^{6} d y\right)^{1 / 6}\left(\int_{F}\left|\phi^{\prime}(y,-1)\right|^{1 / 5} d y\right)^{5 / 6} \\
& \leqq C\left(\int _ { R ^ { 3 } } \left(\left|D g_{2}(y)\right||u(y,-1)|\right.\right.  \tag{2.22}\\
& \left.\left.\quad+\left|g_{2}(y)\right||D u(y,-1)|\right)^{2} d y\right)^{1 / 2}(t+1)^{-1 / 4} \\
& \leqq C(t+1)^{-1 / 4}\left(\int_{F}|u(y,-1)|^{2} d y\right)^{1 / 2} \\
& \quad+C(t+1)^{-1 / 4}\left(\int_{F}|D u(y,-1)|^{2} d y\right)^{1 / 2}
\end{align*}
$$

Now we combine (2.17), (2.20), (2.21), (2.22), $g_{1}+g_{2}=1$, and (2.2) to write

$$
\begin{aligned}
&|u(x, t)| \\
& \leqq C_{2}\left(\int_{E}|u(y,-1)||y|^{-4} d y\right) \\
&+C_{2}(t+1)^{-1 / 4}\left(\int_{F}|u(y,-1)|^{2} d y\right)^{1 / 2} \\
&+C_{2}(t+1)^{-1 / 4}\left(\int_{F}|D u(y,-1)|^{2} d y\right)^{1 / 2} \\
&+C_{2}(t+1)^{-3 / 2}\left(\int_{C_{t}}|u(y, s)|^{2}(1+|y|)^{-4} d y d s\right) \\
&+C_{2}(t+1)^{-3 / 2}\left(\int_{B_{1} \cap C_{t}}|D u|^{2}\right) \\
&+C_{2}\left(\sum_{p=1}^{n+1} 2^{2 p} \int_{B_{p}}|D u|^{2}\right) \\
&+C_{2}\left(\sum_{p=1}^{n+3} 2^{-p} \sup \left(|u|^{2}, A_{p} \cap C_{t}\right)\right)
\end{aligned}
$$

where $C_{2}$ is fixed (see §1). For $\epsilon>0$ we can use the inequality $a b \leqq \epsilon a^{2} / 2+\epsilon^{-1} b^{2} / 2$ to write

$$
\begin{aligned}
& \int_{E} \mid u(y,-1)\left||y|^{-4} d y\right. \\
&=\int_{E}\left(|u(y,-1)||y|^{-2}\right)\left(|y|^{-2}\right) d y \\
& \quad \leqq\left(\epsilon^{-1} / 2\right)\left(\int_{E}|u(y,-1)|^{2}|y|^{-4} d y\right)+(\epsilon / 2)\left(\int_{E}|y|^{-4} d y\right)
\end{aligned}
$$

and, for $w=u$ or $w=D u$,

$$
(t+1)^{-1 / 4}\left(\int_{F}|w(y,-1)|^{2} d y\right)^{1 / 2}
$$

$$
\begin{equation*}
\leqq\left(\epsilon^{-1} / 2\right)(t+1)^{-1 / 2}\left(\int_{F}|w(y,-1)|^{2} d y\right)+\epsilon / 2 \tag{2.25}
\end{equation*}
$$

Since $\int_{E}|y|^{-4} d y$ is finite and $C_{2}$ is fixed, we can choose $\epsilon>0$ so that

$$
\begin{equation*}
C_{2}\left((\epsilon / 2)\left(\int_{E}|y|^{-4} d y\right)+\epsilon\right) \leqq C_{2}^{-1} 2^{-12} \tag{2.26}
\end{equation*}
$$

holds. Now (2.23), (2.24), (2.25), (2.26), and $0<t+1<1$ yield (2.6).
Lemma 2.2. There exists an absolute constant $\epsilon>0$ such that the following holds: If the conditions

$$
\begin{align*}
& (t+1)^{-1} \int_{C_{t}}|u(y, s)|^{2}(1+|y|)^{-4} d y d s \leqq \epsilon \\
& (t+1)^{-1} \int_{B_{1} \cap C_{t}}|D u|^{2} \leqq \epsilon  \tag{2.27}\\
& 2^{p} \int_{B_{p}}|D u|^{2} \leqq \epsilon
\end{align*}
$$

are satisfied for all $t \in(-1,0)$ and $p \in\{1,2,3, \cdots\}$ then $u$ can be extended continuously to the closure of $A_{1}$ in $R^{3} \times R$.

Proof. We choose $\epsilon>0$ so that

$$
\begin{equation*}
\text { (12) } C_{3} \epsilon \leqq C_{2}^{-1} 2^{-12} \tag{2.28}
\end{equation*}
$$

holds (see Lemma 2.1). Let $f: \bigcup_{n=1}^{\infty} A_{n} \rightarrow R^{+}$be a continuous function satisfying

$$
\begin{equation*}
C_{2}^{-1} 2^{n-10} \leqq f(x, t) \leqq C_{2}^{-1} 2^{n-7} \quad \text { if } \quad(x, t) \in A_{n+1}-A_{n} \tag{2.29}
\end{equation*}
$$

where $n \geqq 0$ (see (2.5)). We wish to show that (2.27) implies

$$
\begin{equation*}
|u(x, t)| \leqq f(x, t) \quad \text { for all } \quad(x, t) \in \bigcup_{n=1}^{\infty} A_{n} . \tag{2.30}
\end{equation*}
$$

Assume, to the contrary, that (2.27) holds but (2.30) does not. Since $u$ is continuous on $R^{3} \times[-1,0)$ (see first paragraph of $\S 2$ ) and the continuous function $f(x, t)$ tends to $\infty$ as $(x, t)$ tends to

$$
\{(x,-1):|x| \leqq 1\} \cup\{(x, t):|x|=1,-1 \leqq t<0\}
$$

there must exist $(x, t) \in \bigcup_{n=1}^{\infty} A_{n}$ such that (2.31) and (2.32) hold:

$$
\begin{equation*}
|u(x, t)|=f(x, t) \tag{2.31}
\end{equation*}
$$

$$
\begin{equation*}
|u(y, s)| \leqq f(y, s) \quad \text { if } \quad(y, s) \in \bigcup_{n=1}^{\infty} A_{n} \quad \text { and } \quad s \leqq t . \tag{2.32}
\end{equation*}
$$

Taking the limit as $t$ tends to -1 in (2.27) and using Fatou's lemma we obtain (recall (2.4))

$$
\begin{align*}
& \int_{R^{3}}|u(y,-1)|^{2}(1+|y|)^{-4} d y \leqq \epsilon, \\
& \int_{F}|D u(y,-1)|^{2} d y \leqq \epsilon \tag{2.33}
\end{align*}
$$

We define $n$ by the condition $(x, t) \in A_{n+1}-A_{n}$ and use Lemma 2.1, (2.33), (2.27), (2.32), the inequality $t+1 \geqq 2^{-2(n+1)}$ (which follows from $\left.(x, t) \in A_{n+1}\right)$, (2.29), (2.28), and $n \geqq 0$ to write

$$
\begin{align*}
&|u(x, t)| \\
& \leqq 4 C_{3}(t+1)^{-1 / 2} \epsilon+C_{3}\left(\sum_{p=1}^{n+1} 2^{p} \epsilon\right) \\
&+C_{2}\left(\sum_{p=1}^{n+3} 2^{-p} \sup \left(f^{2}, A_{p} \cap C_{t}\right)\right)+C_{2}^{-1} 2^{-12} \\
& \leqq C_{3} 2^{n+3} \epsilon+C_{3} 2^{n+2} \epsilon+C_{2}\left(\sum_{p=1}^{n+3} 2^{-p}\left(C_{2}^{-1} 2^{p-8}\right)^{2}\right)+C_{2}^{-1} 2^{-12}  \tag{2.34}\\
& \leqq C_{2}^{-1} 2^{n-12}+C_{2}^{-1} 2^{n-12}+C_{2}^{-1} 2^{-12} \\
& \leqq(3 / 4) C_{2}^{-1} 2^{n-10} \leqq(3 / 4) f(x, t) .
\end{align*}
$$

However, (2.34) contradicts (2.31) since $|u(x, t)|=f(x, t) \quad$ is positive. Hence (2.27) implies (2.30).

We set $A=B(0,1 / 4) \times[-3 / 16,0)$ (see (1.14)). From (2.30) and (2.29) we conclude that $|u|$ is bounded on $A_{2}$. Hence the integrability of $D \phi$ and $D^{3} \psi$ on $A$ (see (1.5)), the boundedness of $D \phi, D^{3} \psi$ outside $A$, (1.6) and (1.1) allow us to extend the domain of definition of $u$ to include the closure of $A_{1}$ by substitution of $t=0$ in (2.2). The above integrability property allows us to construct infinite sequences of continuous functions ${ }^{m} f_{i}$ and ${ }^{m} g_{i j k}$ for $m=1,2,3, \cdots$ and $i, j, k \in\{1,2,3\}$ such that the restrictions of ${ }^{m} f_{i}$ and ${ }^{m} g_{i j k}$ to $A$ converge as $m \rightarrow \infty$ to $\phi_{, j}$ and $\psi_{i j k}$, respectively, in the $L^{1}$ norm; and such that ${ }^{m} f_{j,}{ }^{m} g_{i j k}$ coincide with $\phi_{i j}, \psi_{i, j k}$ outside $A$. We use (1.1), (1.5), (1.6) to define

$$
\begin{aligned}
{ }^{m} u_{i}(x, t)= & \int_{R^{3}} u_{i}(y,-1) \phi^{\prime}(y,-1) d y \\
& +\int_{R^{3} \times[-1, t]}\left(u_{j} u_{i}\left({ }^{m} f_{i}^{\prime}\right)-u_{j} u_{k}\left({ }^{m} g_{i j k}^{\prime}\right)\right)
\end{aligned}
$$

for $-1<t \leqq 0$, where $\phi^{\prime}$ is as in (2.3), ${ }^{m} f_{j}^{\prime}(y, s)={ }^{m} f_{i}(y-x, s-t)$, ${ }^{m} g_{i j k}^{\prime}(y, s)={ }^{m} g_{i j k}(y-x, s-t)$. The statements in this paragraph and (2.2) imply that ${ }^{m} u$ converges to $u$ uniformly on the closure of $A_{1}$. The conclusion of the lemma follows because each ${ }^{m} u$ is continuous.
3. The basic estimate and Hausdorff measure. As before, $J_{q}$ is the interval in Theorem 1, and its right endpoint is $t_{0}$. We recall (1.14) and we define $S(a, r)=\left\{x \in R^{3}:|x-a|=r\right\}$ for $a \in R^{3}$. The integral of $f$ over $S(a, r)$ with respect to area measure will be denoted $\int_{s(a, r)} f(x) d x$ for simplicity.

Lemma 3.1. There exists an absolute constant $\delta>0$ such that the following holds: If $x_{0} \in R^{3}, 0<d<$ (length $\left.\left(J_{q}\right)\right)^{1 / 2}$, and condition

$$
\begin{gather*}
d^{-2} \int_{t_{0}-d^{2}}^{t_{0}} \int_{R^{3}}|v(x, t)|^{2}\left(1+\left|x-x_{0}\right| / d\right)^{-4} d x d t \\
\quad+\int_{t 0-d^{2}}^{t_{0}} \int_{B\left(x_{0}, 2 d\right)}|D v(x, t)|^{2} d x d t \leqq \delta d \tag{3.1}
\end{gather*}
$$

is satisfied then $v$ can be extended continuously to $\left(R^{3} \times J_{q}\right) \cup\left(V \times\left\{t_{0}\right\}\right)$, where $V$ is a neighborhood of $x_{0}$ in $R^{3}$.

Proof. We fix $x_{0} \in R^{3}$ and $0<d<$ length $\left(J_{q}\right)^{1 / 2}$, and define functions $k_{1}, k_{2}: R \rightarrow\{t \in R: t \geqq 0\}$ by (see first paragraph of $\S 3$ )

$$
\begin{align*}
k_{1}(t)= & d^{-2} \int_{R^{3}}|v(x, t)|^{2}\left(1+\left|x-x_{0}\right| / d\right)^{-4} d x \\
& +\int_{B\left(x_{0}, 2 d\right)}|D v(x, t)|^{2} d x \quad \text { if } \quad t \in\left(t_{0}-d^{2}, t_{0}\right) \tag{3.2}
\end{align*}
$$

$$
\begin{aligned}
& k_{2}(r)=\int_{t_{0}-d^{2}}^{t_{0}} \int_{S(x, r)}|D v(x, t)|^{2} d x d t \quad \text { if } \quad r \in(0,2 d), \\
& k_{1}(t)=0=k_{2}(r) \quad \text { if } \quad t \notin\left(t_{0}-d^{2}, t_{0}\right) \quad \text { and } \quad r \notin(0,2 d) .
\end{aligned}
$$

We let $M k_{t}$ be the cubic Hardy-Littlewood maximal function of $k_{t}[9, p$. 53]. That is,

$$
\begin{equation*}
M k_{l}(a)=\sup \left\{(2 b)^{-1} \int_{a-b}^{a+b} k_{l}(c) d c: 0<b<\infty\right\} \tag{3.3}
\end{equation*}
$$

We let $\left\|\|_{1}\right.$ denote the $L^{1}$ norm and | | denote Lebesgue measure. The Hardy-Littlewood theorem for $L^{1}$ [9, (3.5) on p. 55] implies that (3.4) holds for some absolute constant $C_{4}$ :

$$
\begin{align*}
& |A| \leqq d^{2} / 8 \quad \text { where } \quad A=\left\{t: M k_{1}(t)>C_{4}\left(d^{2} / 8\right)^{-1}\left\|k_{1}\right\|_{1}\right\}  \tag{3.4}\\
& |B| \leqq d / 8 \quad \text { where } \quad B=\left\{r: M k_{2}(r)>C_{4}(d / 8)^{-1}\left\|k_{2}\right\|_{1}\right\}
\end{align*}
$$

We have $\left|\left\{e \in[d / 2, d]: t_{0}-e^{2} \in A\right\}\right| \leqq d^{-1}|A| \leqq d / 8$. This and (3.4) imply the existence of $d_{0} \in[d / 2, d]$ such that $t_{0}-d_{0}^{2} \notin A$ and $d_{0} \notin B$. Now (3.2), (3.3), and (3.4) yield

$$
\begin{align*}
& (2 b)^{-1} \int_{t_{0}-d_{0}^{2}}^{t_{0}-d_{0}^{2}+b} d^{-2} \int_{R^{3}}|v(x, t)|^{2}\left(1+\left|x-x_{0}\right| / d\right)^{-4} d x d t  \tag{3.5}\\
& \quad+(2 b)^{-1} \int_{t_{0}-d_{0}^{2}}^{t_{0}-d_{0}^{2}+b} \int_{B\left(x 0_{0}, 2 d\right)}|D v(x, t)|^{2} d x d t \\
& \quad \leqq 8 C_{4} d^{-2}\left\|k_{1}\right\|_{1} \text { for } 0<b<d_{0}^{2} \\
& (2 b)^{-1} \int_{t_{0}-d^{2}}^{t_{0}} \int_{d_{0}-b \leqq\left|x-x_{0}\right| \leqq d_{0}+b}|D v(x, t)|^{2} d x d t \\
& \leqq 8 C_{4} d^{-1}\left\|k_{2}\right\|_{1} \text { for } \quad 0<b \leqq d_{0} \tag{3.6}
\end{align*}
$$

Defining $u$ by means of (2.1), using $d / 2 \leqq d_{0} \leqq d$, rewriting (3.5) and (3.6) in terms of $u$, and recalling (2.4), we obtain (3.7) and (3.8):

$$
\begin{equation*}
2^{p} \int_{B_{p}}|D u|^{2} \leqq C d^{-1}\left\|k_{2}\right\|_{1} \quad \text { for } \quad p=1,2,3, \cdots \tag{3.8}
\end{equation*}
$$

From (3.2) we obtain

$$
\begin{align*}
\left\|k_{2}\right\|_{1} \leqq & \triangleq k_{1} \|_{1} \\
= & d^{-2} \int_{t_{0}-d^{2}}^{t_{0}} \int_{R^{3}}|v(x, t)|^{2}\left(1+\left|x-x_{0}\right| / d\right)^{-4} d x d t  \tag{3.9}\\
& +\int_{t_{0}-d^{2}}^{t_{0}} \int_{B\left(x_{0}, 2 d\right)}|D v(x, t)|^{2} d x d t .
\end{align*}
$$

Now (3.7), (3.8), and (3.9) imply the existence of an absolute constant $\delta>0$ such that (3.1) yields (2.27). The conclusion of the lemma follows from Lemma 2.2.

We fix the constant $\delta$ in Lemma 3.1 and set

$$
\begin{equation*}
Q=\left\{\left(x_{0}, 2 d\right) \in R^{3} \times\left(0,2\left(\text { length }\left(J_{q}\right)\right)^{1 / 2}\right):(3.1) \text { does not hold }\right\} \tag{3.10}
\end{equation*}
$$

Lemma 3.2. There exists a finite constant $N$ that depends only on $C_{1}$ (see (1.6)) such that the following holds: If
(3.11) $0<d<\left(\text { length }\left(J_{q}\right)\right)^{1 / 2}, B \subset R^{3},(b, 2 d) \in Q \quad$ if $\quad b \in B$, $\{B(b, 2 d): b \in B\}$ is a family of disjointed sets
is satisfied then the number of points in $B$ is at most $N / d$.
Proof. Let (3.11) hold. The disjointedness hypothesis implies that (3.12) holds for some absolute constant $C_{5}$ :

$$
\begin{equation*}
\sum_{b \in B}(1+|x-b| / d)^{-4} \leqq C_{5} \quad \text { for every } \quad x \in R^{3} \tag{3.12}
\end{equation*}
$$

Now (3.11), (3.10), (3.12), and (1.6) yield

$$
\begin{aligned}
= & \sum_{b \in B} \delta d \\
\leqq & \sum_{b \in B} d^{-2} \int_{t_{0}-d^{2}}^{t_{0}} \int_{R^{3}}|v(x, t)|^{2}(1+|x-b| / d)^{-4} d x d t \\
& +\sum_{b \in B} \int_{t 0-d^{2}}^{t_{0}} \int_{B(b, 2 d)}|D v(x, t)|^{2} d x d t \\
\leqq & C_{5} d^{-2} \int_{t 0-d^{2}}^{t_{0}} \int_{R^{3}}|v(x, t)|^{2} d x d t \\
& +\int_{t 0-d^{2}}^{t_{0}} \int_{R^{3}}|D v(x, t)|^{2} d x d t \leqq C_{5} C_{1}+C_{1} .
\end{aligned}
$$

Hence we can set $N=\left(C_{5} C_{1}+C_{1}\right) / \delta$.
The following lemma is a consequence of the Besicovich covering theorem [2, 2.8.14, 2.8.9].

Lemma 3.3. There exists an integral absolute constant $K$ with the following property: If $0<d<\infty$ and $A \subset R^{3}$ then there exist $Y_{k} \subset A$ for $k=1,2, \cdots, K$ such that (I) and (II) hold:
(I) $A \subset \cup\left\{B(y, 2 d): y \in \bigcup_{k=1}^{K} Y_{k}\right\}$
(II) For each $k,\left\{B(y, 2 d): y \in Y_{k}\right\}$ is a family of disjointed sets.

We can now finish the proof of Theorem 1. Let $A$ be the set of points $x_{0} \in R^{3}$ such that (3.1) fails to hold for every $d$ satisfying $0<d<$ (length $\left.\left(J_{q}\right)\right)^{1 / 2}$. Lemma 3.1 implies that there exists an open set $U \subset R^{3}$ such that $A \cup U=R^{3}$ and $v$ can be extended to a continuous function on

$$
\left(R^{3} \times J_{q}\right) \cup\left(U \times\left\{t_{0}\right\}\right) .
$$

We set $S=R^{3}-U$. Since $S \subset A$, all tht remains to show is that the 1 dimensional Hausdorff measure of $A$ is at most $4 K N$.

It suffices to show [2, p. 171] that for every $0<d<\left(\text { length }\left(J_{q}\right)\right)^{1 / 2}$ there exists $Y \subset R^{3}$ such that

$$
A \subset \cup\{B(y, 2 d): y \in Y\}
$$

and

$$
\sum_{y \in Y} \operatorname{diameter}(B(y, 2 d)) \leqq 4 K N .
$$

We apply Lemma 3.3 to find sets $Y_{k} \subset A$ satisfying (I) and (II). Lemma
3.2, (3.10), and the definition of $A$ yield $\Sigma_{y \in Y_{k}}(4 d) \leqq 4 N$ for each $k$. Hence, setting $Y=\bigcup_{k=1}^{K} Y_{k}$, we obtain $\sum_{y \in Y}(4 d) \leqq 4 K N$. Theorem 1 is proved.

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