

## TWO $L^p$ INEQUALITIES<sup>1</sup>

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We present here two new inequalities for the space of vector-valued functions  $X$  in  $L^p$ ,  $p > 1$  with the norm  $\|X\|$  satisfying  $\|X\|^p = \int |X|^p d\mu$ . The inequalities are extensions of those given by K. O. Friedrichs [1] and can be used respectively instead of Clarkson's inequality, [2], to give simple proofs that  $L^p$  space is uniformly convex (rotund) and uniformly smooth. A different proof of the uniform convexity was given by Beurling in a lecture and for  $p \geq 2$  by Mostow [3]. For earlier results on the uniform smoothness see Day [4].

The two inequalities (global) are for  $p > 1$ ,

$$(Ia) \quad \frac{\|X\|^p + \|Y\|^p}{2} - \left\| \frac{X+Y}{2} \right\|^p \geq a \left\| \frac{X-Y}{2} \right\|^{p/s} \left( \frac{\|X\|^p + \|Y\|^p}{2} \right)^{1-(1/s)}$$

where  $a = a(p) > 1$ ,  $s = 1$  for  $p < 2$ ,  $s = p/2$  for  $p > 2$ , and

$$(Ib) \quad \left( \frac{1}{2} \|X\|^p + \frac{1}{2} \|Y\|^p \right) \leq \left\| \frac{X+Y}{2} \right\|^p \left( 1 + b_1 \left( \frac{\|X-Y\|}{\|X+Y\|} \right)^2 + b_2 \left( \frac{\|X-Y\|}{\|X+Y\|} \right)^p \right)$$

where  $b_1 = b_1(p)$ ,  $s = 2$ , vanishes for  $p \leq 2$  and  $b_2 = b_2(p)$ . Note by convexity since  $p > 1$ ,

$$(1) \quad \left\| \frac{X+Y}{2} \right\| \leq \frac{1}{2} (\|X\| + \|Y\|) \leq \left( \frac{1}{2} \|X\|^p + \frac{1}{2} \|Y\|^p \right)^{1/p} \leq \max(\|X\|, \|Y\|).$$

We set  $X+Y=2A$ ,  $X-Y=2D$  and introduce  $r = \|D\|/\|A\|$  and  $m = \left( \frac{1}{2} \|X\|^p + \frac{1}{2} \|Y\|^p \right)^{1/p}$ . Then one notes that the two inequalities may be used to confine the ratio  $\|A\|/m$  in the form

$$(1 + b_1 r^2 + b_2 r^p)^{1/p} \leq \|A\|/m \leq (1 - (cr\|A\|/m)^{p/s})^{1/p}$$

where  $c = c(p) < 1$ .

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In general, consider a Banach space  $\mathfrak{B}$  with elements  $X$  and norm  $\|X\|$  and the same definitions as before. Let  $M = \max (\|X\|, \|Y\|)$ .

DEFINITION I.  $\mathfrak{B}$  is uniformly convex if, for each  $\epsilon > 0$ ,  $\exists \delta > 0$  such that each pair  $X, Y \in \mathfrak{B}$  which satisfies  $\|A\| \geq (1 - \delta)M$  also satisfies  $\|D\| \leq \epsilon M$ .

DEFINITION II.  $\mathfrak{B}$  is uniformly smooth if, for each  $\sigma > 0$ ,  $\exists \tau > 0$  such that each pair  $X, Y \in \mathfrak{B}$  which satisfies  $\|D\| \leq \tau \|A\|$  also satisfies  $\|X\| + \|Y\| \leq 2\|A\| + \sigma \|D\|$ .

THEOREM. For  $1 < p < \infty$ ,  $L^p$ -space is (a) uniformly convex and (b) uniformly smooth.

We first prove the theorem using the global inequalities and then prove the global inequalities (I) through local inequalities (II).

PROOF OF THEOREM. (a) We may take  $\epsilon < 1$  since by the triangle inequality  $\|D\| < M$ . By use of the inequalities  $m < M$ , (1), and  $\|A\| \geq (1 - \delta)M$ , we see that (Ia) implies that

$$1 - \delta \leq (1 - (am^{-1}\|D\|)^{p/q})^{1/p}$$

or

$$a(m^{-1}\|D\|)^{p/s} \leq 1 - (1 - \delta)^p = 1 - (1 - (a\epsilon)^{p/q}) = (a\epsilon)^{p/q}$$

for  $\delta = 1 - (1 - (a\epsilon)^{p/q})^{1/p}$  from which  $\|D\| \leq \epsilon m \leq \epsilon M$ .

(b) By inequality (Ib) and the fact that for  $p > 1$ ,  $(1 + |\xi|)^{1/p} < 1 + (1/p)|\xi|$ ,

$$m \leq \|A\|(1 + (1/p)(b_1 r^2 + b_2 r^p)).$$

Thus if  $\|D\| \leq \tau \|A\|$ ,

$$m \leq \|A\| + (1/p)(b_1 \tau + b_2 \tau^{p-1})\|D\| = \|A\| + (\sigma/2)\|D\|$$

if we choose  $\tau(\sigma)$  as the positive solution of  $\sigma = (2/p)(b_1 \tau + b_2 \tau^{p-1})$ .

Thus by (1),  $\|X\| + \|Y\| \leq 2\|A\| + \sigma \|D\|$ .

The proof of (Ia) is based on a local inequality for vectors  $X, Y$ :

$$(IIa) \quad \|D\|^p \leq \alpha(\|X\|^p + \|Y\|^p)^{1-s}(\|X\|^p + \|Y\|^p - 2\|A\|^p)^s$$

with  $\alpha > \alpha(p)$ ,  $s = 1$  for  $p \geq 2$ ,  $s = p/2$  for  $p < 2$ .

Using the Hölder inequality after integrating with respect to the measure  $\mu$  we find since  $0 < q \leq 1$ ,

$$\|D\|^p \leq \alpha(\|X\|^p + \|Y\|^p)^{1-s}(\|X\|^p + \|Y\|^p - 2\|A\|^p)^s.$$

Taking  $s$ th roots and rearranging we find (Ia) with  $a = \alpha^{1/s}$ .

PROOF OF THE LOCAL INEQUALITY (IIa). Clearly it suffices, by homogeneity, to prove (IIa) for vectors  $x, y$  satisfying  $|x| = 1$ ,

$|y| \leq 1$ . Let  $a = \frac{1}{2}(x+y)$ ,  $d = \frac{1}{2}(x-y)$ . Then  $1 + |y|^p - 2|a|^p$  vanishes only for  $d = 0$  since

$$|a| < \frac{1}{2}|x| + \frac{1}{2}|y| \leq \left(\frac{1 + |y|^p}{2}\right)^{1/p}$$

by convexity if  $d \neq 0$ . Hence,  $\exists \beta > 0$  such that for all  $y$ ,  $|y| \leq 1$ ,

$$(2) \quad 1 + |y|^p - 2|a|^p > \beta |d|^2$$

if there exists a neighborhood  $\mathfrak{N}$  of  $x$  where such an inequality holds. We expand in the neighborhood of  $x$ ,  $|x| = 1$ , by Taylor's series using  $y = x - 2d$ ,  $|y|^2 = 1 - 4d \cdot x + 4|d|^2$ . Thus  $|y|^p = 1 - 2pd \cdot x + 2p|d|^2 + 2p(p-2)(d \cdot x)^2 + O(|d|^3)$ . From  $|a|^p = (|x-d|^2)^{p/2}$  we have

$$|a|^p = 1 - pd \cdot x + \frac{p}{2}|d|^2 + \frac{p(p-2)}{2}(d \cdot x)^2 + O(|d|^3)$$

and thus

$$1 + |y|^p - 2|a|^p = p|d|^2(1 + (p-2)(d \cdot x/|d|)^2) + O(|d|^3) \geq \beta |d|^2$$

for  $|d|$  small enough;  $\beta = 2(p-1)/p$  for  $p < 2$ ,  $\beta = 2/p$  for  $p \geq 2$ .

We apply (2) with  $x = X/|X|$ ,  $|X| \neq 0$ ,  $y = Y/|X|$ . After multiplying by  $|X|^p$  we obtain

$$(3) \quad |X|^p + |Y|^p - 2|A|^p \geq \beta |X|^{p-2} |D|^2.$$

For  $p \geq 2$  we note that  $|D|^p \leq |D|^2 |X|^{p-2}$  since  $|X| \geq |Y|$ . Thus

$$|D|^p \leq \beta^{-1}(|X|^p + |Y|^p - 2|A|^p)$$

so that the inequality (IIa) holds with  $\alpha > \beta^{-1}$ ,  $s = 1$ .

For  $p < 2$ , we take the  $p/2$  root of the inequality (3) obtaining

$$|D|^p \leq \beta^{-p/2} |X|^{p(2-p)/2} (|X|^p + |Y|^p - 2|A|^p)^{p/2}$$

and the inequality (IIa) holds with  $\alpha = \beta^{-s}$ ,  $s = p/2$ .

PROOF OF THE GLOBAL INEQUALITY (Ib). This is again proved by using a local inequality

$$(IIb) \quad \frac{1}{2}(|X|^p + |Y|^p) \leq |A|^p + b_1 |A|^{p-2} |D|^2 + b_2 |D|^p$$

where  $b_1 = b_1(p)$  vanishes for  $p \leq 2$ ,  $b_2 = b_2(p)$ .

Using Hölder's inequality we obtain

$$\frac{1}{2}(\|X\|^p + \|Y\|^p) \leq \|A\|^p + b_1 \|A\|^{p-2} \|D\|^2 + b_2 \|D\|^p$$

since  $b_1 = 0$  for  $p \leq 2$ .

PROOF OF LOCAL INEQUALITY (IIb). Consider the vectors  $x, y$  with  $a = (\frac{1}{2}(x+y), d = \frac{1}{2}(x-y))$  and which satisfy  $|a| = 1$ . Then  $|x|^p = |a+d|^p = (1+2a \cdot d + |d|^2)^{p/2}$ . Clearly for  $|d| < d_1$  say,  $|x|^p = 1 + pa \cdot d + O(|d|^2) \leq 1 + pa \cdot d + b_1 |d|^{2s}$  where  $s$  is 1 for  $p > 2$ , and  $p/2$  for  $p < 2$  and  $b_1 = b_1(d_1, p)$ . But for  $|d| > d_1$

$$|x|^p < (|d|^2/d_1^2 + 2|d|^2/d_1 + |d|^2)^{p/2} < b_2^* |d|^p.$$

Combining these two inequalities for some fixed  $d_1$  we can find  $b_1 = b_1(p), b_2 = b_2(p)$  such that

$$|x|^p \leq 1 + pa \cdot d + b_1 |d|^2 + b_2 |d|^p$$

where  $b_1 = 0$  for  $p < 2$ .

Similarly

$$|y|^p = |a-d|^p = 1 - pa \cdot d + b_1 |d|^2 + b_2 |d|^p.$$

Adding we find

$$(4) \quad \frac{1}{2} |x|^p + \frac{1}{2} |y|^p \leq 1 + b_1 |d|^2 + b_2 |d|^p$$

for  $|x+y| = 1, b_1 = 0$  for  $p < 2$ . Assuming  $|A| \neq 0$  we apply (4) to  $x = X/|A|, y = Y/|A|$  and multiply by  $|A|^p$ . Thus

$$\frac{1}{2}(\|X\|^p + \|Y\|^p) \leq \|A\|^p + b_1 \|A\|^{p-2} \|D\|^2 + b_2 \|D\|^p.$$

If  $A = 0, X = -Y$ , and  $\frac{1}{2}(\|X\|^p + \|Y\|^p) = 2^{p-1} \|D\|^p$  so that the local inequality holds by modifying  $b_2$ .

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