# BMO extension theorem for relative uniform domains

By

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### § 1. Introduction

Let D be a domain in n-dimensional Euclidean space, and BMO(D) the space of all functions of (n-dimensional) bounded mean oscillation on D. We say D has BMO extension property if each BMO(D) function is the restriction to D of some  $BMO(\mathbb{R}^n)$  function.

In 1980, P. Jones [J] showed that a domain D has BMO extension property if and only if D is a uniform domain (cf. [GO]). For various characterizations of uniform domain, see [G]. A uniform domain is 'uniform' as a subdomain of  $\mathbb{R}^n$  or  $\mathbb{R}^n \cup \{\infty\}$ . Here we consider relative uniformness of domains, that is, a uniformness as a subdomain of other domain, and show that this relative uniformness and the corresponding relative BMO extension property coincides with to each other, which is a generalization of Jones' result (Th. 1.)

Our method is essentially almost the same as the original one of Jones, but since we must localize his method, and for the completeness, we shall give the proofs for all our lemmas below.

#### § 2. Notation, preliminary lemmas and main result

Throughout this paper we treat only 2-dimensional case for the simplicity, since the same argument holds in the case of general dimension. Let D be a domain lying in  $\mathbb{R}^2$ . We say that a function  $u \in L^1_{loc}(D)$  is in BMO(D) if

$$||u||_{*,D} = \sup_{Q} \frac{1}{m(Q)} \int_{Q} |u(z) - u_{Q}| dm(z) < \infty$$

where dm is the two dimensonal Lebesgue measure,  $u_Q = m(Q)^{-1} \int_Q u dm$  and the supremum is taken for every closed square Q in D whose sides are parallel to the coordinate axes. Throughout this paper 'square' means a closed square whose sides are parallel to the coordinate axes, 'dyadic square' means a square  $[k2^n, (k+1)2^n] \times [l2^n, (l+1)2^n]$ , k, l,  $n \in \mathbb{Z}$ , l(Q) denotes the side length of a square Q, tQ, t>0 denotes the square having the same center as Q and tl(Q) as its side length,  $d(\cdot, \cdot)$  denotes the Euclidean distance,  $A_1$ ,  $A_2$ , ... denotes

positive universal constants, A denotes positive universal constant which may vary from place to place.

We say that a square Q lying in D is admissible if it satisfies  $d(Q, \partial D) \ge 32l(Q)$  and  $\mathcal{A}(D)$  denotes the set of all admissible squares in D. We say that a sequence of admissible square  $Q_0, Q_1, \ldots, Q_n$  in D is an admissible chain if it satisfies the following conditions;

$$Q_i \cap Q_{i+1} \neq \emptyset$$
,  $0 \le i \le n-1$ ,

$$\frac{1}{2} \le \frac{l(Q_i)}{l(Q_{i+1})} \le 2, \qquad 0 \le i \le n-1,$$

and call n its length. For two admissible squares Q, Q' in D we define

$$\delta_D(Q, Q') = \min \{ n \ge 1 | Q = Q_0, Q_1, \dots, Q_n = Q' \text{ is an admissible chain} \}$$

and the admissible chain which attains above minimum is called geodesic admissible chain joining Q and Q'. Remark we define  $\delta_D$  so that  $\delta_D(Q,Q') \ge 1$  for technical reason,  $\delta_D$  is not a distance function but triangle inequality holds. Further for two squares Q, Q' lying in  $\mathbb{R}^2$ , we define

$$\psi(Q,Q') = \log\left(1 + \frac{l(Q) + l(Q') + d(Q,Q')}{l(Q)}\right) \left(1 + \frac{l(Q) + l(Q') + d(Q,Q')}{l(Q')}\right),$$

then

**Lemma 1.** Let Q, Q' be admissible squares in D then

$$\psi(Q, Q') \leq A_1 \delta_D(Q, Q')$$
.

Conversely if there exists a square  $\tilde{Q}$  such that  $Q \cup Q' \subset \tilde{Q} \subset 2\tilde{Q} \subset D$  then

$$\delta_D(Q,Q') \leq A_2 \psi(Q,Q') \, .$$

Especially, for all squares Q,  $Q' \subset \mathbb{R}^2$ , we have

$$A_1^{-1}\psi(Q, Q') \le \delta_{\mathbf{R}^2}(Q, Q') \le A_2\psi(Q, Q')$$

*Proof.* First of all we prove the first inequality. Let Q,  $Q' \in \mathcal{A}(D)$ . We may assume  $l(Q) \leq l(Q')$ . Let  $Q = Q_0, Q_1, \ldots, Q_n = Q'$  be arbitrary admissible chain joining Q, Q'.

(Case 1)  $d(Q_0, Q_n) \ge l(Q_n)$ . In this case it suffices to show that  $\log d(Q_0, Q_n)/l(Q_0) \le An$ . And since  $l(Q_i) \le 2^i l(Q_0)$ ,  $0 \le i \le n$ , it holds that

$$d(Q_0, Q_n) \le \sum_{i=1}^{n-1} \sqrt{2} l(Q_i) \le \sqrt{2} \sum_{i=1}^{n-1} 2^i l(Q_0) \le \sqrt{2} 2^n l(Q_0)$$
.

(Case 2)  $d(Q_0, Q_n) < l(Q_n)$ . Then it suffices to show that  $\log l(Q_n)/l(Q_0) \le An$ , and since  $l(Q_n) \le 2^n l(Q_0)$  this inequality holds.

Next we will prove the second inequality. We may assume  $l(\tilde{Q}) \leq l(Q) + l(Q') + d(Q, Q')$  by replacing  $\tilde{Q}$  with some smaller square if necessary. Let  $2^m \leq$ 

 $l(\tilde{Q})/l(Q) \leq 2^{m+1}$ ,  $2^{m'} \leq l(\tilde{Q})/l(Q') \leq 2^{m'+1}$ , then there exist two chains  $Q = Q_0 \subset Q_1 \subset \cdots \subset Q_{m+1} = \tilde{Q}$ ,  $Q' = Q'_0 \subset Q'_1 \subset \cdots \subset Q'_{m'+1} = \tilde{Q}$  which are admissible as chains lying in  $\mathbb{R}^2$ . Hence  $Q = Q_0$ ,  $Q_1$ , ...,  $Q_m$ ,  $Q_{m+1}$ ,  $Q'_m$ ,  $Q'_{m'-1}$ , ...,  $Q'_1$ ,  $Q'_0 = Q'$  is admissible as a chain lying in  $\mathbb{R}^2$  of length m + m' + 2. If we decompose each square into 4096 congruent subsquares by dividing its sides into 64 pieces, then each such subsquare is admissible hence we can easily construct an admissible chain joining Q, Q' whose length is at most 6 + 64(m + m' + 1) + 6, therefore

$$\delta_D(Q, Q') \le 64m + 64m' + 76 \le A \left\{ 1 + \log \frac{l(\tilde{Q})}{l(Q)} + \log \frac{l(\tilde{Q})}{l(Q')} \right\} \le A\psi(Q, Q').$$
 Q.E.D.

**Lemma 2** (cf. [S]). There exists a decomposition of D into a family of dyadic squares  $\mathcal{D}(D) = \{Q_i\}, \ Q_i^{\circ} \cap Q_j^{\circ} = \emptyset, \ (i \neq j), \ \bigcup_i Q_i = D \ for each \ \alpha \geq 2 \ such that$ 

$$\alpha \leq \frac{d(Q_i, \partial D)}{l(Q_i)} \leq 2\alpha + 2$$
,

$$\frac{1}{2} \leq \frac{l(Q_i)}{l(Q_i)} \leq 2 \;, \qquad \text{if} \;\; Q_i \cap Q_j \neq \emptyset \;.$$

*Proof.* First of all we decompose  $\mathbb{R}^2$  into a family of dyadic square  $[k, k+1] \times [l, l+1]$ ,  $k, l \in \mathbb{Z}$ . If there exists a square Q in this family such that  $d(Q, \partial D) < \alpha l(Q)$ , then we decompose Q into 4 congruent subsquares. Let Q' be one of such subsquares. Then

$$\frac{d(Q',\partial D)}{l(Q')} \leq \frac{2(d(Q,\partial D) + \frac{\sqrt{2}}{2}l(Q))}{l(Q)} < 2\alpha + \sqrt{2} < 2\alpha + 2 \; .$$

Hence by repeating above process, we can decompose Q into a family of dyadic squares Q'' which satisfies  $\alpha \leq d(Q'', \partial D)/l(Q'') \leq 2\alpha + 2$ .

Next, suppose there exist a dyadic square Q such that  $2\alpha + 2 < d(Q, \partial D)/l(Q)$  then let Q' be the dyadic square containing Q such that l(Q') = 2l(Q). We join all squares in Q' into one square Q'. Then

$$d(Q', \partial D) \ge d(Q, \partial D) - \sqrt{2}l(Q) \ge (2\alpha + 2 - \sqrt{2})l(Q) > \alpha l(Q').$$

Hence by repeating above process we obtain a family of square Q such that

$$\alpha \leq \frac{d(Q, \, \partial D)}{l(Q)} \leq 2\alpha + 2 \,,$$

Finally, for such two squares Q, Q' such that  $Q \cap Q' \neq \emptyset$  we have

$$l(Q') \leq \alpha^{-1}d(Q', \partial D) \leq \alpha^{-1}(d(Q, \partial D) + \sqrt{2}l(Q)) \leq \left(2 + \frac{2 + \sqrt{2}}{\alpha}\right)l(Q) < 4l(Q).$$

and so  $l(Q') \le 2l(Q)$ . Q.E.D.

In the following,  $\mathcal{D}(D)$  denotes the family obtained by above method with  $\alpha=32$ , which we call Whitney decomposition of D. Note that if  $D\subset D'$  then for each  $Q\in \mathcal{D}(D)$  there exists a square  $Q'\in \mathcal{D}(D')$  such that  $Q\subset Q'$ . And note that if Q,  $Q'\in \mathcal{D}(D)$  satisfy  $Q'\cap 21Q\neq \emptyset$  then  $l(Q')\geq l(Q)/2$ . In fact, if  $Q''\in \mathcal{D}(D)$  satisfys  $l(Q'')\leq l(Q)/4$  then

$$\begin{split} d(Q, Q'') &\geq d(Q, \partial D) - d(Q'', \partial D) - \sqrt{2}l(Q'') \\ &\geq 32l(Q) - 66 \cdot \frac{1}{4}l(Q) - \frac{\sqrt{2}}{4}l(Q) > 15l(Q) \,. \end{split}$$

hence  $Q'' \cap 21Q = \emptyset$ .

We say that a sequence  $Q_0, Q_1, \ldots, Q_n \in \mathcal{D}(D)$  is a Whitney chain if  $Q_i \cap Q_{i+1} \neq \emptyset$ . Since  $\mathcal{D}(D) \subset \mathcal{A}(D)$ , every Whitney chain is admissible. We set

$$W_D(Q, Q') = \min \{ n \ge 1 | Q = Q_0, Q_1, ..., Q_n = Q' \text{ is a Whitney chain} \}$$

and the Whitney chain which attains above minimum is called geodesic Whitney chain joining Q and Q'. It holds that  $\delta_D(Q, Q') \leq W_D(Q, Q')$ ,  $Q, Q' \in \mathcal{D}(D)$  by definition. Conversely

Lemma 3. 
$$W_D(Q, Q') \le A_3 \delta_D(Q, Q'), Q, Q' \in \mathcal{D}(D)$$

*Proof.* Let  $Q=Q_0,\ Q_1,\ \ldots,\ Q_n=Q'$  be a geodegic admissible chain in D. Let  $\widehat{Q}\in \mathcal{D}(D)$  be a square such that  $\widehat{Q}\cap Q_j\neq \emptyset$ . Then we have  $l(\widehat{Q})\geq l(Q_i)/4$ , hence the number of square  $\widehat{Q}\in \mathcal{D}(D)$  satisfying  $\widehat{Q}\cap Q_j\neq \emptyset$  is at most  $(4+2)^2=36$ . It follows that  $W_D(Q,Q')\leq 36(n-1)+1\leq 36n=36\delta_D(Q,Q')$ . Q.E.D.

Let  $D_2$  be a domain lying in  $\mathbb{R}^2$ . We say that a domain  $D_1 \subset D_2$  is relative uniform with respect to  $D_2$  if it satisfies

$$\delta_{D_1}(Q,\,Q') \leq M\delta_{D_2}(Q,\,Q')\,, \qquad Q,\ Q' \in \mathscr{A}(D_1)$$

for some constant  $M \ge 1$ . And  $\mathcal{U}(D_2, M)$  denotes the set of all subdomains of  $D_2$  satisfying this condition. Note that if  $D_1 \in \mathcal{U}(D_2, M_1)$  and  $D_2 \in \mathcal{U}(D_3, M_2)$  then  $D_1 \in \mathcal{U}(D_3, M_2M_1)$ . And note that if  $D_1 \in \mathcal{U}(D_2, M)$  and  $f: D_2 \to D_2$  is a quasiconformal mapping then  $f(D_1) \in \mathcal{U}(D_2', KM)$  where K is a constant depending only on the maximal dilatation of f. (cf. lemma 23.)

We say also a domain D lying in  $\mathbb{R}^2$  is uniform (cf. [G]) if it satisfies

$$W_D(Q, Q') \le M\psi(Q, Q'), \qquad Q, Q' \in \mathcal{D}(D)$$

for some constant M > 0. Lemma 1 and lemma 4 below shows that D is uniform if and only if it is uniform with respect to  $\mathbb{R}^2$ .

In the following,  $B_1(M)$ ,  $B_2(M)$ , ... denote constants depending only on M, and B(M) denotes a constant depending only on M which may vary from place to place. The relative uniformness follows from the following property which is weaker in appearance than its definition.

**Lemma 4.** Let  $D_1$  be a subdomain of  $D_2$  such that

$$W_{D_1}(Q, Q') \le M\delta_{D_2}(Q, Q'), \qquad Q, Q' \in \mathcal{D}(D_1)$$

then

$$\delta_{D_1}(Q, Q') \le A_4 M \delta_{D_2}(Q, Q')$$
  $Q, Q' \in \mathscr{A}(D_1).$ 

*Proof.* Let  $\tilde{Q}$ ,  $\tilde{Q}'$  be squares in  $\mathcal{D}(D_1)$  which minimize  $W_{D_1}(\tilde{Q}, \tilde{Q}')$  under the condition  $\tilde{Q} \cap Q \neq \emptyset$ ,  $\tilde{Q}' \cap Q' \neq \emptyset$ .

(Case 1)  $W_{D_1}(\tilde{Q}, \tilde{Q}') = 1$ . Then there exists a square  $\hat{Q}$  such that  $Q \cup Q' \subset \hat{Q} \subset 2\hat{Q} \subset D_1$  therefore by lemma 1,

$$\delta_{D_1}(Q, Q') \le A_2 \psi(Q, Q') \le A_1 A_2 \delta_{D_2}(Q, Q')$$

(Case 2)  $W_{D_1}(\tilde{Q}, \tilde{Q}') \geq 2$ . Then first of all we will show  $\delta_{D_1}(Q, Q') \geq A \log l(\tilde{Q})/l(Q)$ . If  $l(Q) \geq l(\tilde{Q})/4$  then this inequality is trivial, hence we may assume  $l(Q) < l(\tilde{Q})/4$ . Since  $Q' \cap 2\tilde{Q} = \emptyset$ , if follows that

$$d(Q, Q') \ge \frac{1}{2}l(\tilde{Q}) - l(Q) \ge \frac{1}{4}l(\tilde{Q})$$
.

On the other hand, let  $Q=Q_0,\ Q_1,\ \ldots,\ Q_n=Q'$  be a geodesic admissible chain in  $D_1$ . Then

$$d(Q, Q') \le \sum_{k=1}^{n-1} \sqrt{2}l(Q_k) \le \sum_{k=1}^{n-1} \sqrt{2}2^k l(Q) \le \sqrt{2}2^n l(Q)$$

Hence  $l(\tilde{Q}) \leq A 2^n l(Q)$  and so  $\delta_{D_1}(Q, Q') = n \geq A \log l(\tilde{Q})/l(Q)$ . Similarly we have

$$\delta_{D_1}(Q,\,Q') \geq A\,\log\frac{l(\tilde{Q}')}{l(Q')}\,, \qquad \delta_{D_2}(Q,\,Q') \geq A\,\log\frac{l(\tilde{Q})}{l(Q)}\,, \qquad \delta_{D_2}(Q,\,Q') \geq A\,\log\frac{l(\tilde{Q}')}{l(Q')}\,.$$

And so

$$\begin{split} \delta_{D_1}(Q,\,Q') &\leq \delta_{D_1}(Q,\,\tilde{Q}) + \delta_{D_1}(\tilde{Q},\,\tilde{Q}') + \delta_{D_1}(\tilde{Q}',\,Q') \\ &\leq A \,+\, A \,\log \frac{l(\tilde{Q})}{l(Q)} + A \,\log \frac{l(\tilde{Q}')}{l(Q')} + M \delta_{D_2}(\tilde{Q},\,\tilde{Q}') \\ &\leq A \,+\, A \delta_{D_2}(Q,\,Q') + M (\delta_{D_2}(\tilde{Q},\,Q) + \delta_{D_2}(Q,\,Q') + \delta_{D_2}(Q',\,\tilde{Q}')) \\ &\leq A M \delta_{D_2}(Q,\,Q') \;. \end{split}$$
 Q.E.D.

Let Q, Q' be admissible squares in D. We set

$$\hat{\delta}_{D}(Q, Q') = \begin{cases} W_{D}(\tilde{Q}, \tilde{Q}') + \log\left(2 + \frac{l(\tilde{Q})}{l(Q)}\right) \left(2 + \frac{l(\tilde{Q}')}{l(Q')}\right), & \delta_{D}(\tilde{Q}, \tilde{Q}') \geq 2, \\ \psi(Q, Q'), & \delta_{D}(\tilde{Q}, \tilde{Q}') = 1, \end{cases}$$

where  $\tilde{Q}$ ,  $\tilde{Q}'$  are squares in  $\mathcal{D}(D)$  which minimizes  $W_D(\tilde{Q}, \tilde{Q}')$  under the condition  $\tilde{Q} \cap Q \neq \emptyset$ ,  $\tilde{Q}' \cap Q' \neq \emptyset$ . (Minimizing condition is not essential.) Then above argument shows that

$$\frac{1}{A}\hat{\delta}_D(Q,Q') \leq \delta_D(Q,Q') \leq A\hat{\delta}_D(Q,Q').$$

Now we can state our main theorem.

**Theorem 1.** Let  $D_2$  be a domain lying in  $\mathbb{R}^2$ . Then the following three conditions are equivalent to each other for subdomain  $D_1$  of  $D_2$ ;

- (1) Every  $BMO(D_1)$  function is the restrinction of some  $BMO(D_2)$  function.
- (2) There exists a constant M > 0 such that

$$W_{D_1}(Q, Q') \leq M\delta_{D_2}(Q, Q'), \qquad Q, Q' \in \mathcal{D}(D_1).$$

(3)  $D_1$  is relative uniform with respect to  $D_2$ , that is, there exist a constant  $M \ge 1$  such that

$$\delta_{D_1}(Q, Q') \le M\delta_{D_2}(Q, Q'), \qquad Q, Q' \in \mathscr{A}(D_1).$$

The relative BMO extension property is not local property. There exists two domains  $D_1 \subset D_2$  such that

- (1) for every square  $Q \subset D_2$  and every  $u \in BMO(D_1)$ , there exists a extension  $\hat{u}$  of u to Q such that  $\|\hat{u}\|_{*,Q} \leq A \|u\|_{*,D_1}$
- (2) but there exists a  $BMO(D_1)$  function u which can not be extended to a  $BMO(D_2)$  function.

## Example 1. Let

$$S_{n} = \left\{ 0 < x < \frac{1}{n}, 0 < y < 1 \right\} \cup \left\{ 1 - \frac{1}{n} < x < 1, 0 < y < 1 \right\}$$

$$\cup \left\{ 0 < x < 1, 0 < y < \frac{1}{n} \right\},$$

$$T_{n} = \left\{ \frac{1}{n} \le x < \frac{1}{4}, \frac{7}{8} < y < 1 \right\}, \qquad U_{n} = \left\{ \frac{3}{4} < x \le 1 - \frac{1}{n}, \frac{7}{8} < y < 1 \right\},$$

$$V = \left\{ \frac{1}{4} \le x \le \frac{3}{4}, \frac{7}{8} < y < 1 \right\}, \qquad D_{1}^{n} = S_{n} \cup T_{n} \cup U_{n}, \qquad D_{2}^{n} = D_{1}^{n} \cup V,$$

then for every square  $Q \subset D_2^n$  and every  $u \in BMO(D_1^n)$ , there exists a extension  $\hat{u}$  of u to Q such that  $\|\hat{u}\|_{*,Q} \leq A \|u\|_{*,D_1^n}$ . We set

$$u_n(x, y) = \begin{cases} nx, & (x, y) \in S_n, \\ 0, & (x, y) \in T_n, \\ n, & (x, y) \in U_n, \end{cases}$$

then  $u_n \in BMO(D_1^n)$  and  $||u_n||_{*,D_1^n} \le 1$ . On the other hand for every extension  $\hat{u}_n$  of  $u_n$  to  $D_2^n$  it holds that  $||\hat{u}_n||_{*,D_2^n} \to \infty$ . Hence by linking these domains  $D_2^n$  in a suitable way, we obtain our requirement.

Note that  $W_{D_1}(Q,Q')$ ,  $Q, Q' \in \mathcal{D}(D_1)$  corresponds to the quasi-hyperbolic metric

$$k_{D_1}(z, z') = \inf \int_{\gamma} \frac{|d\zeta|}{d(\zeta, \partial D_1)}$$

where the infimum is taken for all rectifiable curves  $\gamma$  joining z to z', and  $\delta_{D_2}(Q, Q')$ ,  $Q, Q' \in \mathcal{D}(D_1)$  corresponds to the following metric

$$j_{D_1,D_2}(z,z') = \begin{cases} k_{D_2}(z,z') + \log \frac{d(z,\partial D_2)}{d(z,\partial D_1)} \frac{d(z',\partial D_2)}{d(z',\partial D_1)} \,, & |z-z'| \ge d(z,\partial D_2)/2 \,, \\ \\ \log \left(1 + \frac{|z-z'|}{d(z,\partial D_1)}\right) \left(1 + \frac{|z-z'|}{d(z',\partial D_1)}\right) \,, & |z-z'| < d(z,\partial D_2)/2 \,, \end{cases}$$

Hence the condition (2) of theorem 1 implies

$$k_{D_1}(z, z') \le K j_{D_1, D_2}(z, z') + L, \qquad z, z' \in D_1$$

## § 3. Proof of Theorem 1

**Lemma 5.** Let  $Q, Q' \in \mathcal{A}(D)$  and u a BMO(D) function then

$$|u_Q - u_{Q'}| \le A_5 ||u||_{*,D} \delta_D(Q,Q')$$
.

*Proof.* Let  $Q=Q_0,\ Q_1,\ \ldots,\ Q_n=Q'$  be a geodesic admissible chain in D. First of all we estimate  $u_{Q_{i+1}}-u_{Q_i}$ . We may assume  $l(Q_{i+1})\leq l(Q_i)$ , then  $Q_{i+1}\cup Q_i\subset 3Q_i\subset D$ , hence

$$|u_{Q_i} - u_{3Q_i}| \le \frac{1}{m(Q_i)} \int_{Q_i} |u - u_{3Q_i}| dm$$

$$\le \frac{9}{m(3Q_i)} \int_{3Q_i} |u - u_{3Q_i}| dm \le 9 ||u||_{*,D}.$$

Similarly we have  $|u_{3Q_i} - u_{Q_{i+1}}| \le 36 ||u||_{*,D}$ , hence

$$|u_{Q'} - u_{Q}| \le \sum_{i=0}^{n-1} |u_{Q_i} - u_{Q_{i+1}}| \le \sum_{i=0}^{n-1} 45 ||u||_{*,D} = 45 ||u||_{*,D} \delta_D(Q, Q').$$
 Q.E.D.

**Lemma 6** (cf. [RR], [J]). Let  $u \in L^1_{loc}(D)$  be a function which belongs to BMO(Q) for every square Q in D such that  $d(Q, \partial D) \ge \lambda l(Q)$  ( $\lambda \ge 1$ ) and  $\|u\|_{*,Q} \le K$  then u is in BMO(D) and  $\|u\|_{*,D} \le A_6K\lambda$ .

*Proof.* We set  $[3\lambda + \sqrt{2}] + 1 = s$ . Let Q be arbitrary square in D. We may assume its center is the origin. We set l(Q) = l. Let  $Q_m$ , m = 1, 2, ... be squares having the origin as its center and  $l(Q_m) = (1 - 2^{-m})l$ . We deompose

 $Q_m$ ,  $m \geq 2$  into congruent subsquares with side length  $2^{-m-1}l$  and  $\mathscr{D}_m$  denotes the set of every such subsquare which is not contained in  $Q_{m-1}$ . Concerning  $Q_1$ , we decompose it into 4 congruent subsquares which we denotes  $\mathscr{D}_1$ , then  $\#\mathscr{D}_m = 2^{m+3} - 12$ . Further we decompose each square of  $\mathscr{D}_m$  into  $s^2$  congruent subsquares by decompose its sides into s pieces, which is denoted by  $\mathscr{D}'_m = \{Q_{m,i}\}$ ,  $1 \leq i \leq s^2(2^{m+3}-12)$ . Let  $Q_{m,i} \cap Q_{m',i'} \neq \emptyset$  then  $1/2 \leq l(Q_{m,i})/l(Q_{m',i'}) \leq 2$ . We may assume  $l(Q_{m,i}) \geq l(Q_{m',i'})$ . Then  $Q_{m,i} \cup Q_{m',i'} \subset 3Q_{m,i}$  and

$$\frac{d(3Q_{m,i}, \partial D)}{l(3Q_{m,i})} \ge \frac{d(Q_{m,i}, \partial D) - \sqrt{2}l(Q_{m,i})}{3l(Q_{m,i})} \ge \frac{s - \sqrt{2}}{3} \ge \lambda.$$

hence  $3Q_{m,i}$  satisfy the condition of lemma. It follows  $|u_{Q_{m,i}} - u_{Q_{m,i}}| \le 45K$  by the same argument as lemma 5. Let  $Q_0$  be one of the square in  $\{Q_{1,i}\}$  containing the origin. Then we can join every square in  $Q_{m,i}$  to  $Q_0$  by a chain which consists of at most ms squares, hence

$$\int_{Q} |u - u_{Q_{0}}| dm \leq \sum_{m,i} \int_{Q_{m,i}} (|u - u_{Q_{m,i}}| + |u_{Q_{m,i}} - u_{Q_{0}}|) dm$$

$$\leq \sum_{m,i} (m(Q_{m,i})K + m(Q_{m,i})45Kms)$$

$$\leq \sum_{m,i} m(Q_{m,i})46Kms$$

$$= \sum_{m=1}^{\infty} l^{2}s^{-2}2^{-2m-2} \cdot 46Kms \cdot s^{2}(2^{m+3} - 12)$$

$$\leq 92l^{2}sK \sum_{m=1}^{\infty} m2^{-m} \leq AKl^{2}\lambda$$

and so 
$$m(Q)^{-1} \int_{Q} |u - u_{Q}| dm \le 2m(Q)^{-1} \int_{Q} |u - u_{Q_{0}}| dm \le AK\lambda$$
. Q.E.D.

**Lemma 7.** Let  $Q_0$  be a square in  $\mathcal{D}(D)$ . We set a function  $F_{Q_0} \in L^1_{loc}(D)$  as follows;

$$F_{Q_0}(x) = \, W_D(Q,\,Q_0) \,, \qquad x \in Q \in \mathcal{D}(D) \,.$$

Then  $F_{Q_0}$  is a BMO(D) function and  $||F_{Q_0}||_{*,D} \leq A_7$ .

*Proof.* Let  $Q \in \mathcal{A}(D)$ , then the proof of lemma 3 shows that Q intersect at most 36 squares in  $\mathcal{D}(D)$ , hence  $\|F_{Q_0}\|_{*,Q} \leq 36$ . Therefore we have  $\|F_{Q_0}\|_{*,Q} \leq A_6 \cdot 36 \cdot 32$  by lemma 6. Q.E.D.

Let  $D_1$  be a subdomain of  $D_2$ . Assume that every  $BMO(D_1)$  function is the restriction to  $D_1$  of some  $BMO(D_2)$  function. Then by open mapping theorem there exists a constant  $N \ge 1$  such that for every  $u \in BMO(D_1)$ , we can find an extension  $\hat{u} \in BMO(D_2)$  of u satisfying

$$\|\hat{u}\|_{*,D_2} \leq N \|u\|_{*,D_1}$$
.

 $\mathscr{E}(D_2, N)$  denotes the set of all subdomains of  $D_2$  which satisfy above condition.

**Lemma 8.**  $\mathscr{E}(D_2, N) \subset \mathscr{U}(D_2, A_8N)$ .

*Proof.* Let  $D_1 \in \mathscr{E}(D_2, N)$  and fix a square  $Q_0 \in \mathscr{D}(D_1)$ . Let  $F_{Q_0}$  be the function in lemma 7, then  $\|F_{Q_0}\|_{*,D_1} \leq A_7$  by lemma 7. Hence there exists an extension  $\hat{F}_{Q_0}$  of  $F_{Q_0}$  such that  $\|\hat{F}_{Q_0}\|_{*,D_2} \leq A_7 N$  by hypothesis. Let  $Q_1 \in \mathscr{D}(D_1)$  then lemma 5 shows

$$\begin{split} W_{D_1}(Q_1,Q_0) - 1 &\leq |(\hat{F}_{Q_0})_{Q_1} - (\hat{F}_{Q_0})_{Q_0}| \\ &\leq A_5 \|\hat{F}_{Q_0}\|_{*,D_2} \delta_{D_2}(Q_1,Q_0) \leq A_5 A_7 N \delta_{D_2}(Q_1,Q_0) \,, \end{split}$$

hence by lemma 4

$$\delta_{D_1}(Q, Q') \le 2A_4A_5A_7N\delta_{D_2}(Q, Q'), \qquad Q, Q' \in \mathcal{A}(D_1).$$
 Q.E.D.

**Lemma 9.** Let  $Q_0, Q_1, \ldots, Q_n$  be a geodesic Whitney chain in  $D_1 \in \mathcal{U}(D_2, M)$  such that  $l(Q_0) = l(Q_n)$  and  $d(Q_0, Q_n) \geq B_1(M)l(Q_0)$ . Further assume there exists a square  $\tilde{Q}$  such that  $Q_0 \cup Q_n \subset \tilde{Q} \subset 2\tilde{Q} \subset D_2$ . Then there exists an integer  $\tilde{Q}$  such that  $l(Q_i) = 2l(Q_0)$ .

*Proof.* Let  $B_1(M) > 0$  be a constant such that  $t > 2\sqrt{2}MA_3A_2\log(3+t)$  holds for every  $t \ge B_1(M)$ . By lemma 1 and 3,

$$n = W_{D_1}(Q_0, Q_n) \le A_3 \delta_{D_1}(Q_0, Q_n) \le M A_3 \delta_{D_2}(Q_0, Q_n) \le M A_3 A_2 \psi(Q_0, Q_n)$$

$$= 2M A_3 A_2 \log \left(3 + \frac{d(Q_0, Q_n)}{l(Q_0)}\right)$$

On the other hand if  $l(Q_i) \le l(Q_0)$  for every  $Q_i$  then

$$d(Q_0, Q_n) \le \sum_{i=1}^{n-1} \sqrt{2}l(Q_i) \le n\sqrt{2}l(Q_0)$$

hence

$$\frac{d(Q_0, Q_n)}{l(Q_0)} \le \sqrt{2}n \le 2\sqrt{2}MA_3A_2\log\left(3 + \frac{d(Q_0, Q_n)}{l(Q_0)}\right)$$

which is a contradiction. Hence there exists an integer i such that  $l(Q_i) = 2l(Q_0)$ . Q.E.D.

**Lemma 10.** Let  $Q_0, Q_1, \ldots, Q_n$  be a geodesic Whitney chain in  $D_1 \in \mathcal{U}(D_2, M)$  such that  $l(Q_n) = 2l(Q_0)$  and  $l(Q_i) < l(Q_n)$ ,  $0 \le i \le n-1$ . Further assume there exists a square  $\tilde{Q}$  such that  $Q_0 \cup Q_1 \cup \cdots \cup Q_n \subset \tilde{Q} \subset 2\tilde{Q} \subset D_2$ . Then we have

$$n \leq B_2(M)$$
,  $\frac{d(Q_0, Q_n)}{l(Q_0)} \leq B_3(M)$ .

*Proof.* Since  $l(Q_{n-1}) = l(Q_0)$ , we have  $d(Q_0, Q_{n-1}) < B_1(M)l(Q_0)$  by applying lemma 9 to the geodesic Whitney chain  $Q_0, Q_1, \ldots, Q_{n-1}$ . Hence

$$d(Q_0, Q_n) \le d(Q_0, Q_{n-1}) + \sqrt{2}l(Q_{n-1}) \le B(M)l(Q_0).$$

Further

$$n = W_{D_1}(Q_0, Q_n) \le MA_3A_2\psi(Q_0, Q_n)$$

$$\le 2MA_3A_2\log\left(4 + \frac{d(Q_0, Q_n)}{l(Q_0)}\right) = 2MA_3A_2\log(4 + B(M)). \quad \text{Q.E.D.}$$

**Lemma 11.** Let  $Q_0, Q_1, \ldots, Q_n$  be a geodesic Whitney chain in  $D_1 \in \mathcal{U}(D_2, M)$  such that  $l(Q_i) < l(Q_n), \ 0 \le i \le n-1$ . Further assume there exists a square  $\tilde{Q}$  such that  $Q_0 \cup Q_1 \cup \cdots \cup Q_n \subset \tilde{Q} \subset 2\tilde{Q} \subset D_2$ . Then we have

$$n \le B_4(M) \log \frac{l(Q_n)}{l(Q_0)}, \qquad \frac{d(Q_0, Q_n)}{l(Q_n)} \le B_5(M).$$

*Proof.* Let  $l(Q_n) = 2^m l(Q_0)$  and set

$$s_k = \min \{i | l(Q_i) = 2^k l(Q_0)\}, \quad 0 \le k \le m.$$

By applying lemma 9 to the geodesic Whitney chain  $Q_{s_k}, Q_{s_{k+1}}, \ldots, Q_{s_{k+1}}$  we have

$$s_{k+1} - s_k \le B_2(M), \qquad \frac{d(Q_{s_{k+1}}, Q_{s_k})}{l(Q_{s_k})} \le B_3(M),$$

hence

$$n = \sum_{k=0}^{m-1} (s_{k+1} - s_k) \le mB_2(M) \le B(M) \log \frac{l(Q_n)}{l(Q_0)}.$$

And so

$$\begin{split} d(Q_0, Q_n) &\leq \sum_{k=0}^{m-1} d(Q_{s_k}, Q_{s_{k+1}}) + \sum_{k=1}^{m-1} \sqrt{2} l(Q_{s_k}) \\ &\leq B_3(M) \sum_{k=0}^{m-1} l(Q_{s_k}) + \sum_{k=1}^{m-1} \sqrt{2} l(Q_{s_k}) \\ &\leq (B_3(M) + \sqrt{2}) \sum_{k=0}^{m-1} 2^k l(Q_0) \leq B(M) l(Q_n) \,. \end{split}$$
 Q.E.D.

**Lemma 12.** Let  $Q_0, Q_1, ..., Q_n$  be a geodesic Whitney chain in  $D_1 \in \mathcal{U}(D_2, M)$  and  $\hat{Q}$  one of the largest square in this chain. Then

$$\log\left(2 + \frac{l(\hat{Q})}{l(Q_0)}\right) \left(2 + \frac{l(\hat{Q})}{l(Q_n)}\right) \le A_9 n.$$

Further if there exists a square  $\tilde{Q}$  such that  $Q_0 \cup Q_1 \cup \cdots \cup Q_n \subset \tilde{Q} \subset Q_2 \subset Q_2$  then

$$n \le B_6(M) \log \left(2 + \frac{l(\hat{Q})}{l(Q_0)}\right) \left(2 + \frac{l(\hat{Q})}{l(Q_n)}\right), \qquad d(Q_0, Q_n) \le B_7(M)l(\hat{Q}).$$

*Proof.* The first inequality is trivial since  $1/2 \le l(Q_{i+1})/l(Q_i) \le 2$ . Next assume there exists a square  $\tilde{Q}$  such that  $Q_0 \cup Q_1 \cup \cdots \cup Q_n \subset \tilde{Q} \subset 2\tilde{Q} \subset D_2$ . We

set  $S = \{i | 0 \le i \le n, l(Q_j) = l(\hat{Q})\}, i_1 = \min S, i_2 = \max S$ . Lemma 11 shows that

$$i_1 \le B_4(M) \log \frac{l(Q_{i_1})}{l(Q_0)}, \qquad \frac{d(Q_0, Q_{i_1})}{l(Q_{i_1})} \le B_5(M).$$

$$n - i_2 \le B_4(M) \log \frac{l(Q_{i_2})}{l(Q_n)}, \qquad \frac{d(Q_{i_2}, Q_n)}{l(Q_{i_2})} \le B_5(M),$$

and lemma 9 shows that

$$\frac{d(Q_{i_1}, Q_{i_2})}{l(Q_{i_1})} < B_1(M) .$$

Hence

$$\begin{split} i_2 - i_1 &= W_{D_1}(Q_{i_1}, \, Q_{i_2}) \leq M A_3 \delta_{D_2}(Q_{i_1}, \, Q_{i_2}) \leq M A_3 A_2 \psi(Q_{i_1}, \, Q_{i_2}) \\ &= 2M A_3 A_2 \log \left(3 + \frac{d(Q_{i_1}, \, Q_{i_2})}{l(Q_{i_1})}\right) \leq 2M A_3 A_2 \log \left(3 + B_1(M)\right) \leq B(M) \,. \end{split}$$

And so

$$\begin{split} n &= (n - i_2) + (i_2 - i_1) + i_1 \\ &\leq B_4(M) \log \frac{l(Q_{i_2})}{l(Q_n)} + B(M) + B_4(M) \log \frac{l(Q_{i_1})}{l(Q_0)} \\ &\leq B(M) \log \left(2 + \frac{l(\widehat{Q})}{l(Q_0)}\right) \left(2 + \frac{l(\widehat{Q})}{l(Q_n)}\right), \end{split}$$

further

$$\begin{split} d(Q_0, Q_n) &\leq d(Q_0, Q_{i_1}) + \sqrt{2}l(Q_{i_1}) + d(Q_{i_1}, Q_{i_2}) + \sqrt{2}l(Q_{i_2}) + d(Q_{i_2}, Q_n) \\ &\leq B_5(M)l(Q_{i_1}) + \sqrt{2}l(Q_{i_1}) + B_1(M)l(Q_{i_1}) + \sqrt{2}l(Q_{i_2}) + B_5(M)l(Q_{i_2}) \\ &\leq B(M)l(\hat{Q}) \; . \end{split}$$
 Q.E.D.

**Corollary 1.** Let  $D \in \mathcal{U}(\mathbb{R}^2, M)$  and  $Q, Q' \in \mathcal{D}(D)$ . And Q is the largest square in a ginven geodesic Whitney chain joining Q and Q'. Then

$$B_6(M)^{-1}W_D(Q, Q') \le \log\left(2 + \frac{l(\hat{Q})}{l(Q)}\right) \left(2 + \frac{l(\hat{Q})}{l(Q')}\right) \le A_9W_D(Q, Q').$$

**Lemma 13.** Let  $D_1 \in \mathcal{U}(D_2, M)$  and  $Q, Q' \in \mathcal{D}(D_1)$ . Assume there exists a square  $\tilde{Q}$  such that

$$Q \cup Q' \subset \tilde{Q} \subset 6\tilde{Q} \subset D_2$$
,  $d(Q, Q') \ge \frac{1}{4}l(\tilde{Q})$ ,

Let  $Q = Q_0, Q_1, \ldots, Q_n = Q'$  be a geodesic Whitney chain in  $D_1$ . Then there exists an integer i satisfying

$$l(Q_i) \ge B_8(M) l(\tilde{Q}) , \qquad Q_i \subset 3\tilde{Q} .$$

*Proof.* In the case that  $Q_0 \cup Q_1 \cup \cdots \cup Q_n \subset 3\tilde{Q}$ , since  $2(3\tilde{Q}) = 6\tilde{Q} \subset D_2$ , lemma 12 shows that there exists an integer i such that

$$l(Q_i) \ge \frac{d(Q_0, Q_n)}{B_7(M)} \ge \frac{l(\tilde{Q})}{4B_7(M)}.$$

Next in the case that  $Q_0 \cup Q_1 \cup \cdots \cup Q_n \neq 3\tilde{Q}$  then there exists an integer m such that

$$Q_0 \cup Q_1 \cup \cdots \cup Q_m \subset 3\tilde{Q}$$
,  $Q_{m+1} \neq 3\tilde{Q}$ 

If  $l(Q_m) < l(\tilde{Q})/12$  then

$$\begin{split} l(\tilde{Q}) &\leq d(Q_0, \, \partial(3\tilde{Q})) \leq d(Q_0, \, Q_m) + \sqrt{2}l(Q_m) + \sqrt{2}l(Q_{m+1}) \\ &\leq d(Q_0, \, Q_m) + \frac{\sqrt{2}l(\tilde{Q})}{12} + \frac{2\sqrt{2}l(\tilde{Q})}{12} = d(Q_0, \, Q_m) + \frac{\sqrt{2}l(\tilde{Q})}{4} \end{split}$$

hence

$$\left(1-\frac{\sqrt{2}}{4}\right)l(\tilde{Q}) \leq d(Q_0, Q_m).$$

And so by applying lemma 12 to  $Q_0 \cup Q_1 \cup \cdots \cup Q_m$  it follows that there exists an integer i,  $0 \le i \le m$  such that  $d(Q_0, Q_m) \le B_7(M)l(Q_i)$  therefore

$$l(Q_i) \ge \frac{d(Q_0, Q_m)}{B_7(M)} \ge \frac{\left(1 - \frac{\sqrt{2}}{4}\right)l(\tilde{Q})}{B_7(M)} \ge \frac{l(\tilde{Q})}{4B_7(M)}.$$

It follows that the constant

$$B_8(M) = \min\left\{\frac{1}{4B_7(M)}, \frac{1}{12}\right\}$$

satisfys our assertion.

Q.E.D.

Let  $D_1 \in \mathcal{U}(D_2, M)$ . In the following we set  $D' = D_2 \setminus \overline{D_1}$  and  $\mathcal{D}(D')$  denotes its Whitney decomposition.

**Lemma 14.** Let  $D_1 \in \mathcal{U}(D_2, M)$  and Q a square in  $D_2$ . Then there exists a square  $\tilde{Q}' \in \mathcal{D}(D_1) \cup \mathcal{D}(D')$  and a dyadic square Q' such that

$$Q' \subset \tilde{Q}' \cap Q$$
,  $l(Q') \geq B_9(M)l(Q)$ 

*Proof.* We may assume that  $2Q \subset D_2$  by considering (1/2)Q instead of Q if necessary. Let  $Q = [a, a+l] \times [b, b+l]$  and set

$$Q_{\alpha} = \left[ a + \frac{1}{3}l, a + \frac{5}{12}l \right] \times \left[ b + \frac{1}{3}l, b + \frac{5}{12}l \right],$$

$$Q_{\beta} = \left[ a + \frac{7}{12}l, a + \frac{2}{3}l \right] \times \left[ b + \frac{7}{12}l, b + \frac{2}{3}l \right].$$

In the case that  $Q_{\alpha}^{\circ} \subset D_1$ , let Q' be the dyadic square in  $\mathcal{D}(Q_{\alpha})$  containing the center of  $Q_{\alpha}$ . Then

$$l(Q') \geq \frac{1}{66}d(Q', \partial Q_{\alpha}) \geq \frac{1}{66} \left(\frac{l(Q_{\alpha})}{2} - l(Q')\right)$$

and so  $l(Q') \ge \frac{1}{134} l(Q_{\alpha}) = \frac{1}{1608} l(Q)$ . And since  $Q_{\alpha}^{\circ} \subset D_1$  there exists a square  $\tilde{Q}' \in \mathcal{D}(D_1)$  containing Q'.

We can prove similarly in the case that  $Q_{\alpha}^{\circ} \subset D'$ ,  $Q_{\beta}^{\circ} \subset D_1$ ,  $Q_{\beta}^{\circ} \subset D'$ , hence we may assume that  $Q_{\alpha}^{\circ} \cap \partial D_1 \neq \emptyset$  and  $Q_{\beta}^{\circ} \cap \partial D_1 \neq \emptyset$ . In this case we can find two squares  $Q'_{\alpha} \in \mathcal{D}(D_1)$ ,  $Q'_{\beta} \in \mathcal{D}(D_1)$  such that  $Q'_{\alpha} \subset Q_{\alpha}$ ,  $Q'_{\beta} \subset Q_{\beta}$ . Hence if we set  $\hat{Q} = \frac{1}{2}Q$  then

$$\begin{aligned} Q'_{\alpha} \cup Q'_{\beta} \subset Q_{\alpha} \cup Q_{\beta} \subset \hat{Q} \subset 6\hat{Q} \subset D_{2} , \\ d(Q'_{\alpha}, Q'_{\beta}) \geq d(Q_{\alpha}, Q_{\beta}) = \frac{\sqrt{2}}{2} l(\hat{Q}) \geq \frac{1}{4} l(\hat{Q}) , \end{aligned}$$

and so lemma 13 implies that there exists a square  $Q'(=\tilde{Q}') \in \mathcal{D}(D_1)$  such that

$$Q' \subset 3\hat{Q} = Q$$
,  $l(Q') \ge B_8(M)l(\hat{Q}) = \frac{B_8(M)}{3}l(Q)$ , Q.E.D.

Especially no point of  $(\partial D_1) \cap D_2$  is the density point for  $(\partial D_1) \cap D_2$ , hence Corollary 2. Let  $D_1 \in \mathcal{U}(D_2, M)$  then  $m((\partial D_1) \cap D_2) = 0$ .

**Lemma 15.** Let  $D_1 \in \mathcal{U}(D_2, M)$  and  $\mathcal{D}(D_1)$  contain arbitrary large square, then for every square  $Q' \in \mathcal{D}(D')$  such that  $d(Q', \partial D_2) \geq B_{10}(M)d(Q', \partial D' \cap D_2)$  there exists a square  $Q \in \mathcal{D}(D_1)$  and a square  $\tilde{Q} \subset D_2$  such that

$$l(Q) = l(Q'), \qquad d(Q, Q') \le B_{11}(M)l(Q') \qquad Q \cup Q' \subset \tilde{Q} \subset 2\tilde{Q} \subset D_2$$

*Proof.* We set  $L(M) = \max\{4B_7(M), 300\}$  and choose two constants  $B_{10}(M) \ge 1$ ,  $B_{11}(M) > 0$  so that

$$32B_{10}(M) - 132 - \frac{\sqrt{2}}{2} > \sqrt{2}L(M), \qquad B_{11}(M) > \sqrt{2}L(M).$$

Then

$$d(Q', \partial D_2) \geq B_{10}(M)d(Q', \partial D' \cap D_2) \geq d(Q', \partial D' \cap D_2)$$

and so  $d(Q', \partial D' \cap D_2) = d(Q', \partial D')$ . Hence there exists a square  $Q_0 \in \mathcal{D}(D_1)$  such that

$$d(Q', Q_0) \leq 2d(Q', \partial D'), \qquad l(Q_0) \leq l(Q'),$$

therefore by lemma 2

$$d(Q', Q_0) \le 2d(Q', \partial D') \le 132l(Q').$$

Let  $\widetilde{Q}$  be a square having the same center  $z_0$  as  $Q_0$  and  $l(\widetilde{Q}) = L(M)l(Q')$ . Then

$$\begin{split} d(z_0,(D_2)^c) &\geq d((D_2)^c,Q') - d(Q',Q_0) - \frac{\sqrt{2}}{2}l(Q_0) \\ &\geq \left(32B_{10}(M) - 132 - \frac{\sqrt{2}}{2}\right)l(Q') > \frac{\sqrt{2}}{2}2L(M)l(Q') = \frac{\sqrt{2}}{2}l(2\tilde{Q}) \; . \end{split}$$

hence  $2\tilde{Q} \subset D_2$ , further

$$\begin{split} \frac{L(M)}{2}l(Q') &= \frac{1}{2}l(\tilde{Q}) = d(z_0, (\tilde{Q})^c) \le \frac{\sqrt{2}}{2}l(Q_0) + d(Q_0, Q') + \sqrt{2}l(Q') + d(Q', (\tilde{Q})^c) \\ &\le \frac{\sqrt{2}}{2}l(Q') + 132l(Q') + \sqrt{2}l(Q') + d(Q', (\tilde{Q})^c) \end{split}$$

hence

$$d(Q', (\widetilde{Q})^c) \ge \left(\frac{L(M)}{2} - 132 - \frac{3\sqrt{2}}{2}\right) l(Q') > 0$$

and so  $Q' \subset \tilde{Q}$ . Since  $\mathcal{D}(D_1)$  contains arbitrary large square there exists a geodesic Whitney chain  $Q_0, Q_1, \ldots, Q_n$  in  $D_1$  such that

$$Q_0, Q_1, \ldots, Q_{n-1} \subset \tilde{Q}, \qquad Q_n \not\subset \tilde{Q}$$

We will show that  $l(Q_i) = l(Q')$  for some integer  $i, 0 \le i \le n-1$ . We may assume  $l(Q_{n-1}) < l(Q')$ . Then  $l(Q_n) \le l(Q')$  and so

$$\begin{split} \frac{L(M)}{2}l(Q') &= \frac{1}{2}l(\tilde{Q}) = d(z_0, \partial \tilde{Q}) \le \frac{\sqrt{2}}{2}l(Q_0) + d(Q_0, Q_{n-1}) + \sqrt{2}l(Q_{n-1}) + \sqrt{2}l(Q_n) \\ &\le \frac{5\sqrt{2}}{2}l(Q') + d(Q_0, Q_{n-1}) \end{split}$$

hence

$$d(Q_0, Q_{n-1}) \ge \left(\frac{L(M)}{2} - \frac{5\sqrt{2}}{2}\right) l(Q') \ge \frac{L(M)}{4} l(Q')$$

Therefore by applying lemma 12 to  $Q_0, Q_1, \ldots, Q_{n-1} \subset \tilde{Q} \subset 2\tilde{Q} \subset D_2$ , there exists some  $j, 0 \le j \le n-1$  such that

$$l(Q_j) \ge \frac{d(Q_0, Q_{n-1})}{B_7(M)} \ge \frac{L(M)}{4B_7(M)} l(Q') \ge l(Q')$$
.

and so there exist some i,  $0 \le i \le n-1$  such that  $l(Q_i) = l(Q')$ . Moreover since  $Q' \cup Q_i \subset \tilde{Q}$  we have

$$d(O', O_i) < \sqrt{2}l(\tilde{O}) < \sqrt{2}L(M)l(O') \le B_{1,1}(M)l(O')$$
 Q.E.D.

For domains  $D_1 \in \mathcal{U}(D_2, M)$  such that  $\mathcal{D}(D_1)$  contain arbitrary large square, we set

$$\begin{split} \mathscr{D}(D')_{\alpha} &= \left\{ Q' \in \mathscr{D}(D') | d(Q', \partial D_2) \geq B_{10}(M) d(Q', \partial D' \cap D_2) \right\} \,, \\ \mathscr{D}(D')_{\beta} &= \mathscr{D}(D') \backslash \mathscr{D}(D')_{\alpha} \,\,, \qquad D'_{\alpha} &= \bigcup_{Q \in \mathscr{D}(D')_{\alpha}} Q \,\,, \qquad D'_{\beta} &= \bigcup_{Q \in \mathscr{D}(D')_{\beta}} Q \,\,. \end{split}$$

And for each  $Q' \in \mathcal{D}(D)_{\alpha}$ ,  $\tau(Q')$  denotes one of the square Q in  $\mathcal{D}(D_1)$  obtained by above lemma.

Let  $u \in L^1_{loc}(D_1)$ . We extend this function to  $D_2 \setminus D'_{\beta}$  by setting

$$\tilde{u}(z) = u_{\tau(Q')}, \qquad z \in Q' \in \mathcal{D}(D')_{\alpha}$$

on  $D'_{\alpha}$ . Note that  $\tilde{u}$  is defined almost everywhere on  $D_2 \setminus D'_{\beta}$  by corollary 2.

**Lemma 16.** Let  $D_1 \in \mathcal{U}(D_2, M)$  and  $\mathcal{D}(D_1)$  contain arbitrary large square. Let  $u \in BMO(D_1)$ . Then

$$|\tilde{u}_{Q_2} - \tilde{u}_{Q_1}| \le B_{12}(M) \|u\|_{*, D_1} \delta_{D_2}(Q_2, Q_1), \qquad Q_1, \ Q_2 \in \mathcal{D}(D_1) \cup \mathcal{D}(D')_{\alpha}.$$

*Proof.* We will prove this lemma only in the case  $Q_1$ ,  $Q_2 \in \mathcal{D}(D')_{\alpha}$ , since we can treat the other case as the same way.

Because of lemma 1 and 15

$$\begin{split} \delta_{D_2}(Q_1, \tau(Q_1)) &\leq A_2 \psi(Q_1, \tau(Q_1)) = 2A_2 \log \left( 3 + \frac{d(Q_1, \tau(Q_1))}{l(Q_1)} \right) \\ &\leq 2A_2 \log \left( 3 + B_{11}(M) \right) \leq B(M) \,. \end{split}$$

Similarly we have  $\delta_{D_2}(Q_2, \tau(Q_2)) \leq B(M)$ , therefore

$$\begin{split} \delta_{D_2}(\tau(Q_2),\,\tau(Q_1)) &\leq \delta_{D_2}(\tau(Q_2),\,Q_2) + \delta_{D_2}(Q_2,\,Q_1) + \delta_{D_2}(Q_1,\,\tau(Q_1)) \\ &\leq B(M) + \delta_{D_2}(Q_2,\,Q_1) \leq B(M)\delta_{D_2}(Q_2,\,Q_1) \;. \end{split}$$

And so by lemma 5 we have

$$\begin{split} |\tilde{u}_{Q_2} - \tilde{u}_{Q_1}| &= |u_{\tau(Q_2)} - u_{\tau(Q_1)}| \le A_5 \|u\|_{*,D_1} \delta_{D_1}(\tau(Q_2), \tau(Q_1)) \\ &\le A_5 \|u\|_{*,D_1} M \delta_{D_2}(\tau(Q_2), \tau(Q_1)) \le A_5 \|u\|_{*,D_1} M B(M) \delta_{D_2}(Q_2, Q_1) \\ &\qquad \qquad Q.E.D. \end{split}$$

**Lemma 17.** Let  $D_1 \in \mathcal{U}(D_2, M)$  and  $\mathcal{D}(D_1)$  contain arbitrary large square. Let Q be a dyadic square such that  $Q \subset D_2 \setminus D'_{\beta}$  and  $2Q \subset D_2$ . Let  $u \in BMO(D_1)$ . Then

$$\frac{1}{m(Q)} \int_{Q} |\tilde{u} - \tilde{u}_{Q}| dm \leq B_{13}(M) \|u\|_{*, D_{1}}.$$

*Proof.* Let s > 0 be the smallest integer such that  $2^sB_9(M) > 1$ . We decompose Q into  $2^{2s}$  congruent dyadic subsquares by dividing its each side into  $N = 2^s$  pieces. Then by lemma 14, at least one of such  $N^2$  subsquares  $\hat{Q}$  satisfys the

condition

$$\hat{Q} \subset Q' \cap Q$$
,  $l(\hat{Q}) = \frac{1}{N}l(Q)$ 

for some  $Q' \in \mathcal{D}(D_1) \cup \mathcal{D}(D')_{\alpha}$ . Let  $\{Q_{j_1}\}_{j_1=1,2,\ldots,N^2-1}$  be the set of all such subsquares except for  $\hat{Q}$ . Further, we decompose each  $Q_{j_1}$  into  $N^2$  congruent dyadic subsquares by dividing its each side into N pieces similarly, and  $\hat{Q}_{j_1}$  and  $Q'_{j_1} \in \mathcal{D}(D_1) \cup \mathcal{D}(D')_{\alpha}$  are two squares which satisfy

$$\hat{Q}_{j_1} \subset Q'_{j_1} \cap Q_{j_1} , \qquad l(\hat{Q}_{j_1}) = \frac{1}{N} l(Q_{j_1}) .$$

Let  $\{Q_{j_1j_2}\}_{j_2=1, 2, \ldots, N^2-1}$  be the set of all such subsquares of  $Q_{j_1}$  except for  $\hat{Q}_{j_1}$ . And by repeating this process, we obtain three families of dyadic squares  $Q'_{j_1j_2...j_n} \in \mathcal{D}(D_1) \cup \mathcal{D}(D')_{\alpha}$  and  $\hat{Q}_{j_1j_2...j_n}$ ,  $Q_{j_1j_2...j_n}$  such that

$$Q_{j_1 j_2 \dots j_{n-1}} = \bigcup_{j_n} Q_{j_1 j_2 \dots j_n} \cup \hat{Q}_{j_1 j_2 \dots j_{n-1}},$$

$$\hat{Q}_{j_1 j_2 \dots j_n} \subset Q'_{j_1 j_2 \dots j_n} \cap Q_{j_1 j_2 \dots j_n}, \qquad l(\hat{Q}_{j_1 j_2 \dots j_n}) = \frac{1}{N} l(Q_{j_1 j_2 \dots j_n}).$$

Then

$$\sum_{j_1 j_2 \dots j_n} m(Q_{j_1 j_2 \dots j_n}) = \left(1 - \frac{1}{N^2}\right) \sum_{j_1 j_2 \dots j_{n-1}} m(Q_{j_1 j_2 \dots j_{n-1}}) = \dots$$

$$= \left(1 - \frac{1}{N^2}\right)^{n-1} \sum_{j_1} m(Q_{j_1}) = \left(1 - \frac{1}{N^2}\right)^n m(Q).$$

hence, by regarding  $Q_{j_1j_2...j_n} = Q$ ,  $\hat{Q}_{j_1j_2...j_n} = \hat{Q}$  when n = 0, we have

$$\sum_{j_1 j_2 \dots j_n} m(\widehat{Q}_{j_1 j_2 \dots j_n}) = \frac{1}{N^2} \sum_{j_1 j_2 \dots j_n} m(Q_{j_1 j_2 \dots j_n}) = \frac{1}{N^2} \left(1 - \frac{1}{N^2}\right)^n m(Q).$$

Therefore

$$\sum_{n=0}^{\infty} \sum_{j_1 j_2 \dots j_n} m(\hat{Q}_{j_1 j_2 \dots j_n}) = m(Q).$$

Hence the family  $\{\hat{Q}_{j_1j_2...j_n}\}$  make a decomposition of Q.

Here we will show that  $|\tilde{u}_{\hat{Q}_{j_1j_2...j_n}} - \tilde{u}_{\hat{Q}_{j_1j_2...j_{n-1}}}| \le B(M) \|u\|_{*.D_1}$ . (Case 1)  $Q_{j_1j_2...j_{n-1}} \subset Q'_{j_1j_2...j_{n-1}}$ . When  $Q'_{j_1j_2...j_{n-1}} \in \mathcal{D}(D_1)$  then

$$\hat{Q}_{j_1 j_2 \dots j_n} \cup \hat{Q}_{j_1 j_2 \dots j_{n-1}} \subset Q'_{j_1 j_2 \dots j_{n-1}} \subset 2 Q'_{j_1 j_2 \dots j_{n-1}} \subset D_1$$

hence by lemma 5 and 1

$$\begin{aligned} |\hat{u}_{\hat{Q}_{j_1 j_2 \dots j_n}} - \hat{u}_{\hat{Q}_{j_1 j_2 \dots j_{n-1}}}| &\leq A_5 \|u\|_{*, D_1} \delta_{D_1}(\hat{Q}_{j_1 j_2 \dots j_n}, \hat{Q}_{j_1 j_2 \dots j_{n-1}}) \\ &\leq A_5 A_2 \|u\|_{*, D_1} \psi(\hat{Q}_{j_1 j_2 \dots j_n}, \hat{Q}_{j_1 j_2 \dots j_{n-1}}) \leq A \|u\|_{*, D_1} \,. \end{aligned}$$

And when  $Q'_{j_1j_2...j_{n-1}} \in \mathcal{D}(D')_{\alpha}$  then  $\hat{u}$  is a constant function on  $Q_{j_1j_2...j_{n-1}}$  hence it follows that  $|\hat{u}_{\hat{Q}_{j_1j_2...j_n}} - \hat{u}_{\hat{Q}_{j_1j_2...j_{n-1}}}| = 0$ . (Case 2)  $Q'_{j_1j_2...j_{n-1}} \subset Q_{j_1j_2...j_{n-1}}$ . Then  $Q'_{j_1j_2...j_n} \subset Q_{j_1j_2...j_{n-1}}$ , hence

$$Q'_{j_1j_2...j_n} \cup Q'_{j_1j_2...j_{n-1}} \subset Q_{j_1j_2...j_{n-1}} \subset Q \subset 2Q \subset D_2.$$

When  $Q'_{j_1j_2...j_n} \in \mathcal{D}(D_1)$  then

$$\begin{split} |\tilde{u}_{\hat{Q}_{j_1j_2...j_n}} - \tilde{u}_{Q'_{j_1j_2...j_n}}| &= |u_{\hat{Q}_{j_1j_2...j_n}} - u_{Q'_{j_1j_2...j_n}}| \\ &\leq \frac{1}{m(\hat{Q}_{j_1j_2...j_n})} \int_{\hat{Q}_{j_1j_2...j_n}} |u - u_{Q'_{j_1j_2...j_n}}| \, dm \\ &\leq N^4 \frac{1}{m(Q'_{j_1j_2...j_n})} \int_{Q'_{j_1j_2...j_n}} |u - u_{Q'_{j_1j_2...j_n}}| \, dm \leq N^4 \|u\|_{*,D_1} \, . \end{split}$$

And when  $Q'_{j_1j_2...j_n} \in \mathcal{D}(D')_{\alpha}$  then  $|\tilde{u}_{\hat{Q}_{j_1j_2...j_n}} - \tilde{u}_{Q'_{j_1j_2...j_n}}| = 0$ . Therefore we have

$$|\tilde{u}_{\hat{Q}_{i_1i_2...i_r}} - \tilde{u}_{Q'_{i_1i_2...i_r}}| \le N^4 ||u||_{*,D_1}$$

in either case. Similarly we obtain

$$|\tilde{u}_{\hat{Q}_{i_1,i_2,\dots,i_{n-1}}} - \tilde{u}_{Q'_{i_1,i_2,\dots,i_{n-1}}}| \le N^2 ||u||_{*,D_1}$$

Further by lemma 16 and 1

$$|\tilde{u}_{Q'_{j_1 j_2 \dots j_n}} - \tilde{u}_{Q'_{j_1 j_2 \dots j_{n-1}}}| \leq B_{1\,2}(M) A_2 \|u\|_{*, D_1} \psi(Q'_{j_1 j_2 \dots j_n}, Q'_{j_1 j_2 \dots j_{n-1}}) \leq B(M) \|u\|_{*, D_1}$$

It follows that

$$\begin{split} |\tilde{u}_{\hat{Q}_{j_1 j_2 \dots j_n}} - \tilde{u}_{\hat{Q}_{j_1 j_2 \dots j_{n-1}}}| &\leq |\tilde{u}_{\hat{Q}_{j_1 j_2 \dots j_n}} - \tilde{u}_{Q'_{j_1 j_2 \dots j_n}}| + |\tilde{u}_{Q'_{j_1 j_2 \dots j_n}} - \tilde{u}_{Q'_{j_1 j_2 \dots j_{n-1}}}| \\ &+ |\tilde{u}_{Q'_{j_1 j_2 \dots j_{n-1}}} - \tilde{u}_{\hat{Q}_{j_1 j_2 \dots j_{n-1}}}| \\ &\leq B(M) \|u\|_{*.D.} \; . \end{split}$$

And so

$$|\tilde{u}_{\hat{Q}} - \tilde{u}_{\hat{Q}_{j_1 j_2 \dots j_n}}| \leq \sum_{i=1}^n |\tilde{u}_{\hat{Q}_{j_1 j_2 \dots j_i}} - \tilde{u}_{\hat{Q}_{j_1 j_2 \dots j_{i-1}}}| \leq nB(M) \|u\|_{*, D_1}.$$

hence

$$\begin{split} \int_{Q} |\tilde{u} - \tilde{u}_{\hat{Q}}| \, dm &\leq \sum_{n=0}^{\infty} \sum_{j_{1} j_{2} \dots j_{n}} \int_{\hat{Q}_{j_{1} j_{2} \dots j_{n}}} (|\tilde{u} - \tilde{u}_{\hat{Q}_{j_{1} j_{2} \dots j_{n}}}| + |\tilde{u}_{\hat{Q}_{j_{1} j_{2} \dots j_{n}}} - \tilde{u}_{\hat{Q}}|) \, dm \\ &\leq \sum_{n=0}^{\infty} \sum_{j_{1} j_{2} \dots j_{n}} (\|u\|_{*, D_{1}} + nB(M)\|u\|_{*, D_{1}}) m(\hat{Q}_{j_{1} j_{2} \dots j_{n}}) \\ &\leq \sum_{n=0}^{\infty} nB(M)\|u\|_{*, D_{1}} \frac{1}{N^{2}} \left(1 - \frac{1}{N^{2}}\right)^{n} m(Q) \leq B(M)\|u\|_{*, D_{1}} m(Q) \, . \end{split}$$
Q.E.D.

**Lemma 18.** Let  $u \in L^1_{loc}(Q)$  satisfy the following condition;

$$\frac{1}{m(Q')}\int_{Q'}|u-u_{Q'}|dm\leq K, \qquad Q'\in\mathscr{D}(Q),$$

$$|u_{Q'}-u_{Q''}|\leq K\;,\qquad if\;\;Q',\;Q''\in\mathcal{D}(Q)\;,\quad Q'\cap Q''\neq\emptyset\;.$$

then  $u \in L^1(Q)$  and

$$\frac{1}{m(Q)}\int_{Q}|u-u_{Q}|dm\leq A_{10}K.$$

*Proof.* Let  $Q_0$  be the largest square in  $\mathcal{D}(Q)$ . Set

$$\mathscr{F}_m = \left\{ Q' \in \mathscr{D}(Q) | l(Q') = \frac{1}{2^{m-1}} l(Q_0) \right\}, \qquad 1 \le m < \infty,$$

then we can show the following estimate easily;

$$\sum_{Q' \in \mathscr{F}_m} m(Q') \le A 2^{-m} m(Q),$$

$$W_Q(Q', Q_0) \le Am, \qquad Q' \in \mathscr{F}_m.$$

hence

$$\begin{split} \int_{Q} |u-u_{Q_0}| \, dm &\leq \sum_{m=1}^{\infty} \sum_{Q' \in \mathscr{F}_m} \int_{Q'} (|u-u_{Q'}| + |u_{Q'}-u_{Q_0}|) dm \\ &\leq \sum_{m=1}^{\infty} \sum_{Q' \in \mathscr{F}_m} (K + KAm) m(Q') \\ &\leq AK \sum_{m=1}^{\infty} \frac{m}{2^m} m(Q) \leq AKm(Q) \,, \end{split}$$

and so 
$$m(Q)^{-1} \int_{Q} |u - u_{Q}| dm \le 2m(Q)^{-1} \int_{Q} |u - u_{Q_{0}}| dm \le AK$$
. Q.E.D.

**Lemma 19.** Let  $D_1 \in \mathcal{U}(D_2, M)$  and  $\mathcal{D}(D_1)$  contain arbitrary large square. Let Q be a square such that  $Q \subset D_2 \backslash D'_\beta$  and  $u \in BMO(D_1)$ . Then

$$\frac{1}{m(Q)} \int_{Q} |\tilde{u} - \tilde{u}_{Q}| \, dm \leq B_{14}(M) \|u\|_{*,D_{1}} \, .$$

*Proof.* Let  $Q_1$ ,  $Q_2 \in \mathcal{D}(Q)$ ,  $Q_1 \cap Q_2 \neq \emptyset$ . By lemma 17 and 18, it suffices to show that  $|\tilde{u}_{Q_1} - \tilde{u}_{Q_2}| \leq B(M) \|u\|_{*,D_1}$ . By the proof of lemma 17, there exist two dyadic squares  $\hat{Q}_i$ , (i=1, 2) in  $Q_i$  and two squares  $Q_i' \in \mathcal{D}(D_1) \cup \mathcal{D}(D')_{\alpha}$  such that

$$\hat{Q}_i \subset Q_i' \cap Q_i$$
,  $l(\hat{Q}_i) = \frac{1}{N} l(Q_i)$ .

(Case 1) If  $l(Q_1) \ge 4l(Q_1)$  and  $Q_1 \in \mathcal{D}(D_1)$  then since  $Q_2 \subset 2Q_1$  it holds that  $Q_1 \cap Q_2 \neq \emptyset$  and  $Q_2 \subset Q_2$ . Hence  $Q_1$ ,  $Q_2$  is an admissible chain in  $D_1$  and by lemma 5

$$|\tilde{u}_{Q_1} - \tilde{u}_{Q_2}| \le A_5 ||u||_{*,D_1}.$$

(Case 2) If  $l(Q'_1) \ge 4l(Q_1)$  and  $Q'_1 \in \mathcal{D}(D')_{\alpha}$  the same argument as in case 1 shows

$$Q_1'$$
,  $Q_2' \in \mathcal{D}(D')_{\alpha}$ ,  $Q_1 \subset Q_1'$ ,  $Q_2 \subset Q_2'$ ,  $Q_1' \cap Q_2' \neq \emptyset$ .

hence by lemma 16

$$|\tilde{u}_{Q_1} - \tilde{u}_{Q_2}| = |\tilde{u}_{Q_1'} - \tilde{u}_{Q_2'}| \le B_{12}(M) \|u\|_{*,D_1}.$$

which also proves this lemma in the case  $l(Q_2') \ge 4l(Q_2)$ , and finally (Case 3) Assume  $l(Q_1') \le 2l(Q_1)$  and  $l(Q_2') \le 2l(Q_2)$ . In the case  $Q_1' \subset Q_1$  then by lemma 17

$$|\tilde{u}_{Q_1'} - \tilde{u}_{Q_1}| \leq \frac{1}{m(Q_1')} \int_{Q_1'} |\tilde{u} - \tilde{u}_{Q_1}| dm \leq \frac{N^2}{m(Q_1)} \int_{Q_1} |\tilde{u} - \tilde{u}_{Q_1}| dm \leq N^2 B_{13}(M) \|u\|_{*, D_1}.$$

Next in the case  $Q_1 \subset Q_1'$  then also by lemma 17,  $|\tilde{u}_{Q_1'} - \tilde{u}_{Q_1}| \le 4B_{13}(M)\|u\|_{*,D_1}$ . Therefore  $|\tilde{u}_{Q_1'} - \tilde{u}_{Q_1}| \le B(M)\|u\|_{*,D_1}$  holds in either case. Similarly we have  $|\tilde{u}_{Q_2'} - \tilde{u}_{Q_2}| \le B(M)\|u\|_{*,D_1}$ . Moreover since

$$\frac{1}{N}l(Q_i) \le l(Q_i') \le 2l(Q_i) \,, \quad l(Q_i') \le 4l(Q_{1-i}) \,, \quad d(Q_i', Q_{1-i}') \le 3\sqrt{2}l(Q_i) \,, \quad i = 0, 1 \,.$$

it holds that

$$\psi(Q_1', Q_2') \le 2 \log \left\{ 1 + N(4 + 2 + 3\sqrt{2}) \right\} \le B(M).$$

and since  $Q_1' \cup Q_2' \subset 9Q_1 \subset 18Q_1 \subset D_2$  lemma 16 and 1 show that

$$\begin{split} |\tilde{u}_{Q_{1}'} - \tilde{u}_{Q_{2}'}| &\leq B_{12}(M) \|u\|_{*,D_{1}} \delta_{D_{2}}(Q_{1}', Q_{2}') \\ &\leq B_{12}(M) \|u\|_{*,D_{1}} A_{2} \psi(Q_{1}', Q_{2}') \leq B(M) \|u\|_{*,D_{1}} \,. \end{split}$$

Hence

$$|\tilde{u}_{Q_1} - \tilde{u}_{Q_2}| \le |\tilde{u}_{Q_1} - \tilde{u}_{Q_1'}| + |\tilde{u}_{Q_1'} - \tilde{u}_{Q_2'}| + |\tilde{u}_{Q_2'} - \tilde{u}_{Q_2}| \le B(M) \|u\|_{*,D_1}.$$
 Q.E.D

**Lemma 20.** Let  $D_1 \in \mathcal{U}(D_2, M)$  and  $\mathcal{D}(D_1)$  contain arbitrary large square. Let  $u \in BMO(D_1)$  and  $Q \in \mathcal{D}(D')_{\beta}$ . We set

$$S(u, Q) = \sup \{ \tilde{u}(Q') - B_{12}(M) \|u\|_{*, D_1} \delta_{D'}(Q, Q') | Q' \in \mathcal{D}(D')_{\alpha} \}$$

where  $B_{12}(M)$  is the constant in lemma 16, then  $S(u,Q) < \infty$  and if we define the extension  $\hat{u}$  of  $\tilde{u}$  to  $D_2$  by setting

$$\hat{u}(z) = S(u, Q), \qquad z \in Q \in \mathcal{D}(D')_{\beta},$$

on  $D'_{\beta}$ , then

$$|\hat{u}_{Q_2} - \hat{u}_{Q_1}| \le B_{12}(M) \|u\|_{*,D_1} W_{D'}(Q_2, Q_1), \qquad Q_1, \ Q_2 \in \mathcal{D}(D').$$

*Proof.* Let  $Q \in \mathcal{D}(D')_{\beta}$ . First of all we show  $S(u, Q) < \infty$ . Let  $Q_0$ ,  $Q_1$  be arbitrary squares in  $\mathcal{D}(D')_{\alpha}$ , then by lemma 15

$$\begin{split} \tilde{u}_{Q_1} - \tilde{u}_{Q_0} &\leq B_{12}(M) \|u\|_{*,D_1} \delta_{D_2}(Q_1, Q_0) \leq B_{12}(M) \|u\|_{*,D_1} \delta_{D'}(Q_1, Q_0) \\ &\leq B_{12}(M) \|u\|_{*,D_1} (\delta_{D'}(Q_1, Q) + \delta_{D'}(Q, Q_0)) \end{split}$$

hence

$$\tilde{u}_{Q_1} - B_{12}(M) \|u\|_{*,D_1} \delta_{D'}(Q_1, Q) \le \tilde{u}_{Q_0} + B_{12}(M) \|u\|_{*,D_1} \delta_{D'}(Q, Q_0).$$

and so  $S(u, Q) \leq \tilde{u}_{Q_0} + B_{12}(M) \|u\|_{*, D_1} \delta_{D'}(Q, Q_0) < \infty$ .

Next let  $Q_1$ ,  $Q_2 \in \mathcal{D}(D')_{\beta}$  be squares which adjacent to each other. Let  $Q' \in \mathcal{D}(D')_{\alpha}$ , then  $\hat{u}_{Q_1} \geq \tilde{u}(Q') - B_{12}(M) \|u\|_{*,D_1} \delta_{D'}(Q_1,Q')$  hence

$$\begin{split} \hat{u}_{Q_1} + B_{12}(M) \|u\|_{*,D_1} &\geq \tilde{u}(Q') - B_{12}(M) \|u\|_{*,D_1} (\delta_{D'}(Q_1, Q') - \delta_{D'}(Q_1, Q_2)) \\ &\geq \tilde{u}(Q') - B_{12}(M) \|u\|_{*,D_1} \delta_{D'}(Q', Q_2) \,. \end{split}$$

and so  $\hat{u}_{Q_1} + B_{12}(M) \|u\|_{*,D_1} \ge \hat{u}_{Q_2}$ . Therefore by the symmetry for  $Q_1, Q_2$ 

$$|\hat{u}_{Q_1} - \hat{u}_{Q_2}| \leq B_{12}(M) \|u\|_{*,D_1}$$
.

Next let  $Q_1\in \mathcal{D}(D')_{\beta},\ Q_2\in \mathcal{D}(D')_{\alpha}$  be squares which adjacent to each other. Then

$$\hat{u}_{Q_1} \geq \tilde{u}_{Q_2} - B_{12}(M) \|u\|_{*,D_1} \delta_{D'}(Q_1,Q_2) = \tilde{u}_{Q_2} - B_{12}(M) \|u\|_{*,D_1}.$$

Let Q' be an arbitrary square in  $\mathcal{D}(D')_{\alpha}$ . Then by applying lemma 16

$$\begin{split} \tilde{u}_{Q'} - B_{12}(M) \|u\|_{*,D_{1}} \delta_{D'}(Q_{1}, Q') \\ &\leq (\tilde{u}_{Q_{2}} + B_{12}(M) \|u\|_{*,D_{1}} \delta_{D'}(Q_{2}, Q')) - B_{12}(M) \|u\|_{*,D_{1}} \delta_{D'}(Q_{1}, Q') \\ &\leq (\tilde{u}_{Q_{2}} + B_{12}(M) \|u\|_{*,D_{1}} \; . \end{split}$$

hence  $\hat{u}_{Q_1} \leq \tilde{u}_{Q_2} + B_{12}(M) \|u\|_{*,D_1}$  and so  $|\hat{u}_{Q_1} - \hat{u}_{Q_2}| \leq B_{12}(M) \|u\|_{*,D_1}$ .

Hence by combining lemma 16 we obtain  $|\hat{u}_{Q_1} - \hat{u}_{Q_2}| \leq B_{12}(M) ||u||_{*,D_1}$  for all  $Q_1, Q_2 \in \mathcal{D}(D')$  which are adjacent to each other. Therefore

$$|\hat{u}_{Q_2} - \hat{u}_{Q_1}| \le B_{12}(M) \|u\|_{*,D'} W_{D'}(Q_2, Q_1), \qquad Q_1, Q_2 \in \mathcal{D}(D').$$
 Q.E.D.

**Lemma 21.** Let  $D_1 \in \mathcal{U}(D_2, M)$  and  $\mathcal{D}(D_1)$  contain arbitrary large square. Let  $u \in BMO(D_1)$ . Then  $\hat{u}$  belongs to  $BMO(D_2)$  and it holds that

$$\|\hat{u}\|_{*,D_2} \leq B_{15}(M)\|u\|_{*,D_1}$$

Proof. We set

$$L(M) = 4(66B_{10}(M) + \sqrt{2}).$$

Let  $Q \subset D_2$  be a square such that  $L(M)l(Q) \leq d(Q_1, \partial D_2)$ . (Case 1) If  $Q \subset D_2 \setminus D_\beta'$  then by lemma 19

$$\frac{1}{m(Q)} \int_{Q} |\hat{u} - \hat{u}_{Q}| dm \leq B_{14}(M) \|u\|_{*,D_{1}}.$$

(Case 2) If  $Q \neq D_2 \setminus D'_{\beta}$  then there exists a square  $Q_0 \in \mathcal{D}(D')_{\beta}$  such that  $Q_0 \cap Q \neq \emptyset$ . When  $d(Q_0, \partial D_2) \leq d(Q_0, \partial D' \cap D_2)$  then

$$d(Q_0, \partial D_2) = d(Q_0, \partial D') \le 66l(Q_0).$$

and when  $d(Q_0, \partial D_2) > d(Q_0, \partial D' \cap D_2)$  then

$$d(Q_0, \partial D_2) \leq B_{10}(M)d(Q_0, \partial D' \cap D_2) = B_{10}(M)d(Q_0, \partial D') \leq 66B_{10}(M)l(Q_0)$$
.

Hence it holds that  $d(Q_0, \partial D_2) \le 66B_{10}(M)l(Q_0)$  in either case. And so

$$66B_{10}(M)l(Q_0) \ge d(Q_0, \partial D_2) \ge d(Q, \partial D_2) - \sqrt{2}l(Q_0) \ge L(M)l(Q) - \sqrt{2}l(Q_0).$$

hence

$$l(Q_0) \ge \frac{L(M)}{66B_{10}(M) + \sqrt{2}}l(Q) \ge 4l(Q)$$
.

therefore Q is covered by at most 4 squares in  $\mathcal{D}(D')$ , hence by lemma 20

$$\frac{1}{m(Q)} \int_{Q} |\hat{u} - \hat{u}_{Q}| dm \leq \sup_{z_{1}, z_{2} \in Q} |\hat{u}(z_{2}) - \hat{u}(z_{1})| \leq 4B_{12}(M) \|u\|_{*, D_{1}}.$$

And so by lemma 6  $\hat{u}$  belongs to  $BMO(D_2)$  and

$$||u||_{*,D_2} \le A_6 \max \{B_{14}(M), 4B_{12}(M)\}L(M)||u||_{*,D_1}.$$
 Q.E.D.

To remove the restriction for domain  $D_1$ , we need several lemmas below.

**Lemma 22.** Let  $D_1 \in \mathcal{U}(D_2, M)$  and  $z_0 \in D_1$ . We set  $D_1' = D_1 \setminus \{z_0\}, D_2' = D_2 \setminus \{z_0\}$  then  $D_1' \in \mathcal{U}(D_2', A_{11}M)$ .

*Proof.* Let u be a function in  $BMO(D_1')$  then we can easily show that u is in  $BMO(D_1)$  and  $||u||_{*,D_1} \le A ||u||_{*,D_1'}$ , which implies  $D_1' \in \mathscr{E}(D_1, A)$  (cf. [RR].) Hence for  $Q_1, Q_2 \in \mathscr{A}(D_1')$  we have

$$\delta_{D_1'}(Q_1,Q_2) \leq AA_8\delta_{D_1}(Q_1,Q_2) \leq AA_8M\delta_{D_2}(Q_1,Q_2) \leq AA_8M\delta_{D_2'}(Q_1,Q_2)$$

by lemma 8. Hence  $D'_1 \in \mathcal{U}(D'_2, AA_8M)$ . Q.E.D.

**Lemma 23.** Let  $f: D \to D'$  be a conformal map,  $Q_i$ , (i = 1, 2) admissible squares in D having  $z_i$  as its center. Let  $Q'_i$ , (i = 1, 2) be admissible squares in D' having  $f(z_i)$  as its center satisfying  $d(Q'_i, \partial D')/l(Q'_i) = d(Q_i, \partial D)/l(Q_i)$  then

$$\frac{1}{A_{12}}\delta_{D}(Q_{1}, Q_{2}) \leq \delta_{D'}(Q'_{1}, Q'_{2}) \leq A_{12}\delta_{D}(Q_{1}, Q_{2})$$

*Proof.* Let Q be arbitrary admissible squares in D having  $z_0$  as its center and let Q' be the admissible squares in D' having  $f(z_0)$  as its center and satisfying  $d(Q', \partial D')/l(Q') = d(Q, \partial D)/l(Q)$  then Koebe's distortion theorem shows that

$$\frac{1}{A}Q' \subset f(Q) \subset AQ'$$

hence we can easily prove our assertion.

Q.E.D.

**Lemma 24.** Let  $D_1 \in \mathcal{U}(D_2, M)$  and  $f: D_2 \to D_2$  a conformal map, we set  $D_1 = f(D_1)$  then  $D_1 \in \mathcal{U}(D_2, A_{13}M)$ 

*Proof.* Let  $Q_1'$ ,  $Q_2' \in \mathscr{A}(D')$  and  $Q_1$ ,  $Q_2$  admissible squares in D corresponding to  $Q_1'$ ,  $Q_2'$  in lemma 23. Then

$$\delta_{D_1'}(Q_1',Q_2') \le A_{12}\delta_{D_1}(Q_1,Q_2) \le A_{12}M\delta_{D_2}(Q_1,Q_2) \le A_{12}^2M\delta_{D_2'}(Q_1',Q_2')$$
 hence  $D_1' \in \mathcal{U}(D_2',{A_{12}}^2M)$ . Q.E.D.

**Proposition 1** ([R], [J]). Let  $f: D \to D'$  be a conformal map, then for every  $u \in BMO(D')$ ,  $u \circ f$  belong to BMO(D) and  $||u \circ f||_{*,D} \leq A_{14} ||u||_{*,D'}$ .

Lemma 25.  $\mathscr{U}(D_2, M) \subset \mathscr{E}(D_2, B_{16}(M))$ .

*Proof.* Let  $D_1 \in \mathcal{U}(D_2, M)$ . Let  $z_0 \in D_1$  and set  $D_1' = D_1 \setminus \{z_0\}$ ,  $D_2' = D_2 \setminus \{z_0\}$  then by lemma 22,  $D_1' \in \mathcal{U}(D_2', A_{11}M)$ . We set

$$f(z) = \frac{1}{z - z_0}$$
,  $D_1'' = f(D_1')$ ,  $D_2'' = f(D_2')$ 

then by lemma 24,  $D_1'' \in \mathcal{U}(D_2'', A_{13}A_{11}M)$ . Let  $u \in BMO(D_1)$ , then by proposition 1

$$||u \circ f^{-1}||_{*,D_1''} \le A_{14} ||u||_{*,D_1'} \le A_{14} ||u||_{*,D_1}$$

and further by lemma 21 there exist some extension v of  $u \circ f^{-1}$  to  $D_2''$  such that

$$||v||_{*,D_{\alpha}^{\alpha}} \leq B_{15}(A_{13}A_{11}M) ||u \circ f^{-1}||_{*,D_{\alpha}^{\alpha}}.$$

hence  $\hat{u} = v \circ f$  is a extension of u to  $D_2$  such that

$$\|\hat{u}\|_{*,D_2} \le A \|\hat{u}\|_{*,D_2'} \le AA_{14} \|v\|_{*,D_2''} \le AA_{14}B_{15}(A_{13}A_{11}M)A_{14} \|u\|_{*,D_1}$$
 which implies the assertion. Q.E.D.

**Remark 1.** Let  $D_1 \in \mathcal{U}(D_2, M)$  then we constructed a non linear extension operator on  $BMO(D_1)$  to  $BMO(D_2)$ . I don't know whether we can construct such linear operator or not.

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