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# Sharpness of Lenglart's domination inequality and a sharp monotone version\*

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### **Abstract**

We prove that the best so far known constant  $c_p = \frac{p^{-p}}{1-p}, \, p \in (0,1)$  of a domination inequality, which originates to Lenglart, is sharp. In particular, we solve an open question posed by Revuz and Yor [12]. Motivated by the application to maximal inequalities, like e.g. the Burkholder-Davis-Gundy inequality, we also study the domination inequality under an additional monotonicity assumption. In this special case, a constant which stays bounded for p near 1 was proven by Pratelli and Lenglart. We provide the sharp constant for this case.

**Keywords:** Lenglart's domination inequality; Garsia's lemma; sharpness; monotone Lenglart's inequality; BDG inequality.

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## 1 Introduction

In this note, we prove that the best so far known constant  $c_p$  of a domination inequality, which originates to Lenglart [6, Corollaire II] (see Theorem 1.1), is sharp. In particular, we solve an open question posed by Revuz and Yor [12, Question IV.1, p.178]. Furthermore, motivated by the method of applying Lenglart's inequality to extend maximal inequalities to small exponents, we study Lenglart's domination inequality under an additional monotonicity assumption: A result by Pratelli [10] and Lenglart [6] implies (under the additional monotonicity assumption) a constant, which is bounded by 2, and hence considerably improves the constant of Lenglart's inequality for p near 1. We provide a sharp constant. The sharpness of our monotone version of Lenglart's inequality is related to a result by Wang [16].

Let  $(\Omega, \mathcal{F}, \mathbb{P}, (\mathcal{F}_t)_{t\geq 0})$  be a filtered probability space satisfying the usual conditions. The following lemma is [8, Lemma 2.2 (ii)]:

**Theorem 1.1** (Lenglart's inequality). Let X and G be non-negative adapted right-continuous processes, and let G be in addition non-decreasing and predictable such that  $\mathbb{E}[X_{\tau} \mid \mathcal{F}_0] \leq \mathbb{E}[G_{\tau} \mid \mathcal{F}_0] \leq \infty$  for any bounded stopping time  $\tau$ . Then for all  $p \in (0,1)$ ,

$$\mathbb{E}\left[\left(\sup_{t\geq 0} X_t\right)^p \bigg| \mathcal{F}_0\right] \leq c_p \mathbb{E}\left[\left(\sup_{t\geq 0} G_t\right)^p \bigg| \mathcal{F}_0\right],$$

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where  $c_p := \frac{p^{-p}}{1-p}$ .

In the original work by Lenglart [6, Corollaire II], the inequality is proven for  $c_p=\frac{2-p}{1-p}$ ,  $p\in(0,1)$ . The constant  $c_p$  is improved to  $\frac{p^{-p}}{1-p}$  by Revuz and Yor in [12, Exercise IV.4.30] for continuous processes X and G. This result is generalized to càdlàg processes by Ren and Shen in [11, Theorem 1] and is extended to a more general setting than [6, Corollaire II] by Mehri and Scheutzow [8, Lemma 2.2 (ii)]. Furthermore, the growth rate of the optimal constant  $c_p^{(opt)}$  for càdlàg processes has been studied (see [11, Theorem 2]): It holds that  $(c_p^{(opt)})^{1/p} = O(1/p)$  for  $p\to 0^+$ . We prove (see Theorem 2.1) that  $\frac{p^{-p}}{1-p}$  is sharp.

Lenglart's inequality yields a very short proof of the Burkholder-Davis-Gundy inequality for continuous local martingales for small exponents (see e.g. [12, Theorem IV.4.1]): Let  $(M_t)_{t\geq 0}$  be a continuous local martingale with  $M_0=0$ . To prove  $\mathbb{E}[\langle M,M\rangle_t^{q/2}]\lesssim \mathbb{E}[\sup_{t>0}|M_t|^q]$  for  $q\in(0,2)$ , take

$$X_t := \langle M, M \rangle_t, \qquad G_t := \sup_{0 \le s \le t} |M_s|^2.$$

Using that  $M_t^2 - \langle M, M \rangle_t$  is a continuous local martingale, we have  $\mathbb{E}[X_\tau] \leq \mathbb{E}[G_\tau]$  for any bounded stopping time  $\tau$ . Applying Lenglart's inequality with p = q/2, we obtain

$$\mathbb{E}[\langle M, M \rangle_t^{q/2}] \le c_{q/2} \mathbb{E}[\sup_{t \ge 0} |M_t|^q].$$

For q=1, this implies  $c_{BDG,1}=c_{q/2}=2\sqrt{2}\approx 2,8284$ . The optimal BDG constant can be computed numerically for this case (see Schachermayer and Stebegg [13]) and is  $c_{BDG,1}^{(opt)}\approx 1,2727$ . A better constant than  $c_{q/2}$  can be achieved if we apply the following proposition due to Lenglart [6, Proposition I] and Pratelli [10, Proposition 1.2] instead:

**Proposition 1.2** (Lenglart, Pratelli). Let F be a concave non-decreasing function with F(0)=0 and let c>0 be a constant. Let Y and G be adapted non-negative right-continuous processes starting in 0. Furthermore, let G be non-decreasing and predictable. Assume that  $\mathbb{E}[Y_{\tau}] \leq c\mathbb{E}[G_{\tau}]$  holds for all finite stopping times  $\tau$ . Then, for all finite stopping times  $\tau$ , we have

$$\mathbb{E}[F(Y_{\tau})] \le (1+c)\mathbb{E}[F(G_{\tau})].$$

Let X and G be as in Theorem 1.1. Assume in addition that both processes start in 0. Then Proposition 1.2 implies, choosing  $F(x)=x^p$  for some  $p\in(0,1)$  and optimizing over c, that

$$\mathbb{E}[X_{\tau}^{p}] \le (1-p)^{-(1-p)} p^{-p} \mathbb{E}[G_{\tau}^{p}]. \tag{1.1}$$

Hence, Proposition 1.2 gives  $c_{BDG,1}=2$ . We show that the constant of inequality (1.1) can be improved to  $p^{-p}$  (see Theorem 2.2 and Remark 2.4), which is sharp. In particular, by the argument described above we now achieve  $c_{BDG,1}=\sqrt{2}\approx 1,4142$ . For the right-hand side of the BDG inequality  $\mathbb{E}[\sup_{t\geq 0}|M_t|]\lesssim \mathbb{E}[\langle M,M\rangle_t^{1/2}]$ , the monotone version of Lenglart's inequality does not yield a sharper constant than the normal Lenglart's inequality.

Lenglart's inequality is frequently applied to extrapolate maximal inequalities to smaller exponents (see e.g. [2], [7], [14], [15] and [17]). Furthermore, Lenglart's inequality is a useful tool for proving stochastic Gronwall inequalities (see e.g. [1] and [8]) and more generally studying SDEs (see e.g. [5] and [9]). In many of the application examples listed above, the additional assumption, that X is non-decreasing is satisfied. Hence, instead, Theorem 2.2 could be applied, improving the constant considerably for p near 1.

## 2 Main results

We assume, unless otherwise stated, that all processes are defined on an underlying filtered probability space  $(\Omega, \mathcal{F}, \mathbb{P}, (\mathcal{F}_t)_{t \geq 0})$  which satisfies the usual conditions. The following theorem answers the open question posed by Revuz and Yor [12, Question IV.1, p.178].

**Theorem 2.1** (Sharpness of Lenglart's inequality). For all  $p \in (0,1)$ , there exist families of continuous processes  $X^{(n)} = (X^{(n)}_t)_{t \geq 0}$  and  $G^{(n)} = (G^{(n)}_t)_{t \geq 0}$  (depending on p) which satisfy the assumptions of Theorem 1.1 such that

$$\frac{p^{-p}}{1-p} = \lim_{n \to \infty} \frac{\mathbb{E}\left[\left(\sup_{t \ge 0} X_t^{(n)}\right)^p\right]}{\mathbb{E}\left[\left(\sup_{t \ge 0} G_t^{(n)}\right)^p\right]}.$$
(2.1)

In particular, the constant  $c_p=rac{p^{-p}}{1-p}$  in Theorem 1.1 is sharp.

As explained in the introduction, the application to maximal inequalities motivates us to consider the following monotone version of Lenglart's inequality. We assume in addition that X is non-decreasing and obtain a considerably improved constant for p near 1.

**Theorem 2.2** (Sharp monotone Lenglart's inequality). Let X and G be non-decreasing non-negative adapted right-continuous processes, and let G be in addition predictable such that  $\mathbb{E}[X_{\tau} \mid \mathcal{F}_0] \leq \mathbb{E}[G_{\tau} \mid \mathcal{F}_0] \leq \infty$  for any bounded stopping time  $\tau$ . Then for all  $p \in (0,1)$ ,

$$\mathbb{E}\left[\left(\sup_{t\geq 0} X_t\right)^p \middle| \mathcal{F}_0\right] \leq p^{-p} \,\mathbb{E}\left[\left(\sup_{t\geq 0} G_t\right)^p \middle| \mathcal{F}_0\right]. \tag{2.2}$$

Furthermore, for all  $p \in (0,1)$  there exist continuous processes  $\tilde{X} = (\tilde{X}_t)_{t \geq 0}$  and  $\tilde{G} = (\tilde{G}_t)_{t \geq 0}$ , satisfying the assumptions above such that

$$p^{-p} = \lim_{n \to \infty} \frac{\mathbb{E}\left[\left(\sup_{t \ge 0} \tilde{X}_{t \wedge n}\right)^{p}\right]}{\mathbb{E}\left[\left(\sup_{t \ge 0} \tilde{G}_{t \wedge n}\right)^{p}\right]}.$$

In particular, the constant  $p^{-p}$  is sharp.

**Remark 2.3.** Inequality (2.2) is a sharpened special case of Proposition 1.2, its proof is a modification of the proof of [10, Proposition 1.2]. The theorem generalizes a result by Garsia [4, Theorem III.4.4, page 113]. In [16, Theorem 2], Wang proved that [4, Theorem III.4.4, page 113] is sharp. Hence, by translating his result from discrete to continuous time proves sharpness of  $p^{-p}$ .

**Remark 2.4.** Theorem 2.2 can be also applied when X is not non-decreasing. In that case, the theorem implies for any stopping time  $\tau$  the inequality  $\mathbb{E}[X_{\tau}^p] \leq p^{-p} \mathbb{E}[G_{\tau}^p]$ . This can by seen by defining  $\hat{X}_t := X_{\tau}\mathbb{1}_{[\tau,\infty)}(t)$  for all  $t \geq 0$  and noting that  $(\hat{X}_t)_{t \geq 0}$  and  $(G_{t \wedge \tau})_{t \geq 0}$  satisfy the assumptions of Theorem 2.2.

**Remark 2.5.** In Theorem 2.2, the assumption that G is right-continuous and predictable can be replaced by the assumption that G is left-continuous and adapted.

Remark 2.6. A key part of the proof of Lenglart's inequality is the inequality

$$\mathbb{P}\left(\sup_{t>0} X_t > c \,\middle|\, F_0\right) \le \frac{1}{c} \mathbb{E}\left[\sup_{t>0} G_t \wedge d \,\middle|\, \mathcal{F}_0\right] + \mathbb{P}\left(\sup_{t>0} G_t \ge d \,\middle|\, \mathcal{F}_0\right)$$

for all c, d > 0. If X is non-decreasing, this can be improved to

$$\frac{1}{c} \mathbb{E} \left[ \sup_{t \ge 0} X_t \wedge c \, \middle| \, \mathcal{F}_0 \right] \le \frac{1}{c} \mathbb{E} \left[ \sup_{t \ge 0} G_t \wedge d \, \middle| \, \mathcal{F}_0 \right] + \mathbb{P} \left( \sup_{t \ge 0} G_t \ge d \, \middle| \, \mathcal{F}_0 \right),$$

which is used to prove the monotone version of Lenglart's inequality.

**Remark 2.7.** If G is not predictable and no further assumptions are made, then there exists no finite constant in inequality (2.2). An example which demonstrates this can be found in [6, Remarque after Corollaire II].

Theorem 1.1, Theorem 2.1, and Theorem 2.2 also hold in discrete time. Here, sharpness of  $p^{-p}$  follows immediately from [16, Theorem 2].

**Corollary 2.8** (Discrete Lenglart's inequality). Let  $(X_n)_{n\in\mathbb{N}_0}$  and  $(G_n)_{n\in\mathbb{N}_0}$  be nonnegative adapted processes, and let G be in addition non-decreasing and predictable such that  $\mathbb{E}[X_{\tau} \mid \mathcal{F}_0] \leq \mathbb{E}[G_{\tau} \mid \mathcal{F}_0] \leq \infty$  for any bounded stopping time  $\tau$ . Then for all  $p \in (0,1),$ 

$$\mathbb{E}\left[\left(\sup_{n\in\mathbb{N}_0} X_n\right)^p \middle| \mathcal{F}_0\right] \le c_p \,\mathbb{E}\left[\left(\sup_{n\in\mathbb{N}_0} G_n\right)^p \middle| \mathcal{F}_0\right],\tag{2.3}$$

where  $c_p:=rac{p^{-p}}{1-p}$  and the constant  $c_p$  is sharp. If we assume in addition, that  $(X_n)_{n\in\mathbb{N}_0}$  is non-decreasing, then we have

$$\mathbb{E}\left[\left(\sup_{n\in\mathbb{N}_0} X_n\right)^p \middle| \mathcal{F}_0\right] \le p^{-p} \,\mathbb{E}\left[\left(\sup_{n\in\mathbb{N}_0} G_n\right)^p \middle| \mathcal{F}_0\right] \tag{2.4}$$

and the constant  $p^{-p}$  is sharp.

#### **Proof of Theorem 2.1** 3

*Proof of Theorem 2.1.* Choose an arbitrary  $p \in (0,1)$  for the remainder of this proof. First, we define non-decreasing processes  $\tilde{X}=(\tilde{X}_t)_{t\geq 0}$  and  $\tilde{G}=(\tilde{G}_t)_{t\geq 0}$  which satisfy the assumptions of Theorem 1.1, such that

$$p^{-p} = \lim_{n \to \infty} \frac{\mathbb{E}\left[\left(\sup_{t \ge 0} \tilde{X}_{t \wedge n}\right)^{p}\right]}{\mathbb{E}\left[\left(\sup_{t > 0} \tilde{G}_{t \wedge n}\right)^{p}\right]}.$$

To obtain the extra factor  $(1-p)^{-1}$ , we modify  $\tilde{X}$  and  $\tilde{G}$  using an independent Brownian

motion: This gives us the families  $\{(X_t^{(n)})_{t\geq 0}, n\in \mathbb{N}\}$  and  $\{(G_t^{(n)})_{t\geq 0}, n\in \mathbb{N}\}$ . Note that if we have non-negative random variables  $X_{RV}:=1$  and  $G_{RV}$  with  $\mathbb{E}[X_{RV}] = \mathbb{E}[G_{RV}]$ , then we obtain  $\mathbb{E}[X_{RV}^p] >> \mathbb{E}[G_{RV}^p]$  for example by choosing  $G_{RV}$  to be very large on a set with small probability and everywhere else 0. Keeping this in mind, we construct X and G as follows: Let Z be an exponentially distributed random variable on a complete probability space  $(\Omega, \mathcal{F}, \mathbb{P})$  with  $\mathbb{E}[Z] = 1$ . Set

$$A: [0, \infty) \to [0, \infty), \quad t \mapsto \exp(t/p).$$

Define for all  $t \geq 0$ 

$$\tilde{X}_t := A(Z)\mathbb{1}_{[Z,\infty)}(t), \qquad \tilde{G}_t := \int_0^{t \wedge Z} A(s) \mathrm{d}s.$$

Choose  $\tilde{\mathcal{F}}_t := \sigma(\{Z \leq r\} \mid 0 \leq r \leq t)$  for all  $t \geq 0$ . Observe that  $\tilde{X}$  and  $\tilde{G}$  are non-decreasing non-negative adapted right-continuous processes, and  $ilde{G}$  is in addition continuous, hence predictable. Furthermore, due to Z being exponentially distributed,  $\tilde{G}$  is the compensator of  $\tilde{X}$ , implying  $\mathbb{E}[\tilde{X}_{\tau}] = \mathbb{E}[\tilde{G}_{\tau}]$  for all bounded  $\tau$ .

Now we use the processes  $\tilde{X}$  and  $\tilde{G}$  to construct the families  $\{(X_t^{(n)})_{t\geq 0}, n\in \mathbb{N}\}$  and  $\{(G_t^{(n)})_{t\geq 0}, n\in \mathbb{N}\}$ : Assume w.l.o.g. that there exists a Brownian motion B on  $(\Omega, \mathcal{F}, \mathbb{P})$ . Let  $(\mathcal{F}_t)_{t\geq 0}$  be the smallest filtration satisfying the usual conditions which contains  $(\tilde{\mathcal{F}}_t)_{t\geq 0}$  and w.r.t. which B is a Brownian motion. Denote by  $g_{n,n+1}:[0,\infty)\to[0,1]$  a continuous non-decreasing function such that

$$g_{n,n+1}(t) = 0 \quad \forall t \le n, \quad \text{and} \quad g_{n,n+1}(t) = 1 \quad \forall t \ge n+1.$$
 (3.1)

Define:

$$\tau^{(n)} := \inf\{t \ge n+1 \mid \tilde{X}_n + (B_t - B_{n+1}) \mathbb{1}_{\{t \ge n+1\}} = 0\},$$

$$X_t^{(n)} := g_{n,n+1}(t) \tilde{X}_n + (B_{t \wedge \tau^{(n)}} - B_{t \wedge (n+1)})$$

$$G_t^{(n)} := \tilde{G}_{t \wedge n}$$

The stopping time  $au^{(n)}$  ensures that  $X_t^{(n)}$  is non-negative. By construction, we have for every bounded  $(\mathcal{F}_t)_{t>0}$  stopping time au

$$\mathbb{E}[X_{\tau}^{(n)}] \leq \mathbb{E}[\tilde{X}_{\tau \wedge n} + B_{\tau \wedge \tau^{(n)}} - B_{\tau \wedge (n+1)}] = \mathbb{E}[\tilde{G}_{\tau \wedge n}] = \mathbb{E}[G_{\tau}^{(n)}].$$

Hence,  $(X_t^{(n)})_{t\geq 0}$  and  $(G_t^{(n)})_{t\geq 0}$  are continuous processes that satisfy the assumptions of Theorem 1.1.

It remains to calculate  $\mathbb{E}\big[\big(\sup_{t\geq 0}X_t^{(n)}\big)^p\big]$  and  $\mathbb{E}\big[\big(\sup_{t\geq 0}G_t^{(n)}\big)^p\big]$ , to show that equation (2.1) is satisfied. We have

$$\mathbb{E}[\tilde{X}_t^p] = \int_0^\infty A(x)^p \mathbb{1}_{\{t \ge x\}} \exp(-x) dx = t,$$

$$\mathbb{E}[\tilde{G}_t^p] = \int_0^\infty \left( \int_0^{t \land x} A(s) ds \right)^p \exp(-x) dx \le p^p (t+1),$$
(3.2)

which implies in particular that  $\mathbb{E}\left[\left(\sup_{t\geq 0}G_t^{(n)}\right)^p\right]\leq p^p\,(n+1).$ 

We calculate  $\mathbb{E}\big[\big(\sup_{t\geq 0}X_t^{(n)}\big)^p\big]$  using the independence of Z and B. To this end, let  $\tilde{B}$  be some Brownian motion and consider for all  $0\leq x< a^{1/p}$  the stopping times

$$\sigma_x := \inf\{t \ge 0 \mid \tilde{B}_t + x = 0\}, \quad \sigma_{x,a} := \inf\{t \ge 0 \mid \tilde{B}_t + x = a^{1/p}\}.$$

Define the family of random variables  $Y_x := \sup_{t \geq 0} \tilde{B}_{t \wedge \sigma_x} + x$ ,  $x \geq 0$ . Then  $\mathbb{E}[\tilde{B}_{\sigma_x \wedge \sigma_{x,a}}] = 0$  implies  $\mathbb{P}[Y_x \geq a^{1/p}] = \mathbb{P}[\sigma_{x,a} < \sigma_x] = xa^{-1/p}$ , and hence

$$\mathbb{E}[Y_x^p] = x^p + \int_{x^p}^{\infty} \mathbb{P}[Y_x \ge a^{1/p}] da = x^p + x^p \frac{p}{1-p} = \frac{x^p}{1-p}.$$
 (3.3)

Hence, we have by (3.2), (3.3) and independence of  $(B_t - B_{n+1})_{t \ge n+1}$  and  $\mathcal{F}_{n+1}$ :

$$\mathbb{E}\left[\left(\sup_{t\geq 0} X_t^{(n)}\right)^p\right] = \mathbb{E}\left[\mathbb{E}\left[\left(\sup_{t\geq 0} X_t^{(n)}\right)^p \mid \mathcal{F}_{n+1}\right]\right]$$
$$= \mathbb{E}\left[\frac{1}{1-p}(\tilde{X}_n)^p\right]$$
$$= \frac{n}{1-p}.$$

Therefore, we have:

$$c_p \ge \frac{\mathbb{E}[(\sup_{t \ge 0} X_t^{(n)})^p]}{\mathbb{E}[(\sup_{t > 0} G_t^{(n)})^p]} \ge \frac{n}{1 - p} \frac{p^{-p}}{n + 1},$$

which implies (2.1).

## 4 Proof of Theorem 2.2

**Remark 4.1.** The following proof of inequality (2.2) is a modification of the proof of [10, Proposition 1.2]. Sharpness of the constant can be proven using [16, Theorem 2].

Proof of Theorem 2.2. We first show that  $p^{-p}$  is the optimal constant. Sharpness of  $p^{-p}$  can be proven by translating [16, Theorem 2] into continuous time. Alternatively, one can use the processes  $\tilde{X}$  and  $\tilde{G}$  and the filtration  $(\mathcal{F}_t)_{t\geq 0}$  from the proof of Theorem 2.1: Equation (3.2) implies, that

$$p^{-p} = \lim_{n \to \infty} p^{-p} \frac{n}{n+1} \le \lim_{n \to \infty} \frac{\mathbb{E}\left[\left(\sup_{t \ge 0} \tilde{X}_{t \wedge n}\right)^{p}\right]}{\mathbb{E}\left[\left(\sup_{t \ge 0} \tilde{G}_{t \wedge n}\right)^{p}\right]},$$

and therefore that  $p^{-p}$  is sharp.

Now we prove that inequality (2.2) holds true. We may assume w.l.o.g. that  $(G_t)_{t\geq 0}$  is bounded (because it is predictable). This implies  $\mathbb{E}[\sup_{t\geq 0} X_t] < \infty$ . To shorten notation, we define

$$X_{\infty} := \sup_{t>0} X_t, \qquad G_{\infty} := \sup_{t>0} G_t. \tag{4.1}$$

We use the following formulas for positive random variables Z (equation (4.3) is a direct consequence of (4.2), alternatively see also [3, Theorem 20.1, p. 38-39]):

$$\mathbb{E}[Z^p \mid \mathcal{F}_0] = \int_0^\infty \mathbb{P}[Z \ge u^{1/p} \mid \mathcal{F}_0] \, \mathrm{d}u, \tag{4.2}$$

$$\mathbb{E}[Z^p \mid \mathcal{F}_0] = p(1-p) \int_0^\infty \mathbb{E}[Z \wedge u \mid \mathcal{F}_0] u^{p-2} du. \tag{4.3}$$

We will apply (4.3) to  $X_{\infty}$ . To estimate  $\mathbb{E}[X_{\infty} \wedge t \mid F_0]$ , we fix some  $t, \lambda > 0$  and define:

$$\tau := \inf\{s \ge 0 \mid G_s \ge \lambda t\}.$$

Because  $(G_t)_{t\geq 0}$  is predictable, there exists a sequence of stopping times  $(\tau^{(n)})_{n\in\mathbb{N}}$  that announces  $\tau$ . Therefore, we have on the set  $\{G_0<\lambda t\}$ :

$$\mathbb{E}[X_{\tau-} \mid \mathcal{F}_0] = \lim_{n \to \infty} \mathbb{E}[X_{\tau^{(n)}} \mid \mathcal{F}_0] \le \lim_{n \to \infty} \mathbb{E}[G_{\tau^{(n)}} \mid \mathcal{F}_0]$$

$$\le \mathbb{E}[G_{\infty} \wedge \lambda t \mid \mathcal{F}_0] = \lambda \mathbb{E}[(G_{\infty} \lambda^{-1}) \wedge t \mid \mathcal{F}_0].$$
(4.4)

On  $\{\tau = \infty\}$  we have  $\lim_{n\to\infty} X_{\tau^{(n)}} \wedge t = X_{\infty} \wedge t$ , which implies on the set  $\{G_0 < \lambda t\}$ :

$$\mathbb{E}[X_{\infty} \wedge t - X_{\tau_{-}} \wedge t \mid \mathcal{F}_{0}] \le t \mathbb{E}[\mathbb{1}_{\{\tau < +\infty\}} \mid \mathcal{F}_{0}]. \tag{4.5}$$

Combining inequalities (4.4) and (4.5) gives:

$$\mathbb{E}[X_{\infty} \wedge t \mid \mathcal{F}_{0}] \leq t \mathbb{1}_{\{G_{0} \geq \lambda t\}} + \left(\mathbb{E}[X_{\tau_{-}} \mid \mathcal{F}_{0}] + \mathbb{E}[X_{\infty} \wedge t - X_{\tau_{-}} \wedge t \mid \mathcal{F}_{0}]\right) \mathbb{1}_{\{G_{0} < \lambda t\}}$$

$$\leq \lambda \mathbb{E}[(G_{\infty} \lambda^{-1}) \wedge t \mid \mathcal{F}_{0}] + t \mathbb{P}[G_{\infty} \geq \lambda t \mid \mathcal{F}_{0}].$$
(4.6)

Applying (4.3) to  $X_{\infty}$  and inserting (4.6) gives:

$$\mathbb{E}[X_{\infty}^{p} \mid \mathcal{F}_{0}] \leq \lambda p(1-p) \int_{0}^{\infty} \mathbb{E}[(G_{\infty}\lambda^{-1}) \wedge u \mid \mathcal{F}_{0}]u^{p-2} du$$
$$+ p(1-p) \int_{0}^{\infty} \mathbb{P}[G_{\infty} \geq \lambda u \mid \mathcal{F}_{0}]u^{p-1} du.$$

Applying (4.2) and (4.3) to  $G_{\infty}$  in the previous inequality implies:

$$\mathbb{E}[X_{\infty}^{p} \mid \mathcal{F}_{0}] \leq \lambda^{1-p} \mathbb{E}[G_{\infty}^{p} \mid \mathcal{F}_{0}] + (1-p) \int_{0}^{\infty} \mathbb{P}[G_{\infty} \geq \lambda y^{1/p} \mid \mathcal{F}_{0}] dy$$
$$\leq \lambda^{-p} (\lambda + 1 - p) \mathbb{E}[G_{\infty}^{p} \mid \mathcal{F}_{0}].$$

Choosing  $\lambda = p$  implies the assertion of the theorem.

## 5 Proof of Corollary 2.8

Proof of Corollary 2.8. We first prove inequalities (2.3) and (2.4): We turn the processes  $(X_n)_{n\in\mathbb{N}_0}$  and  $(G_n)_{n\in\mathbb{N}_0}$  into càdlàg processes in continuous time as follows: Set for all  $n\in\mathbb{N}_0, t\in[n,n+1)$ :

$$X_t := X_n, \qquad G_t := G_n, \qquad \mathcal{F}_t := \mathcal{F}_n.$$

As we can approximate  $(G_t)_{t\geq 0}$  by left-continuous adapted processes, it is predictable. Now Theorem 1.1 and Theorem 2.2 immediately imply inequalities (2.3) and (2.4).

The sharpness of  $p^{-p}$  follows from [16, Theorem 2]. We show that  $\frac{p^{-p}}{1-p}$  is sharp. Let  $X^{(n)}$ ,  $G^{(n)}$ , A and  $(\mathcal{F}_t)_{t\geq 0}$  be as in proof of Theorem 2.1. Fix some arbitrary  $N\in\mathbb{N}$ . Set for all  $k,n\in\mathbb{N}$ 

$$\begin{split} X_0^{(n,N)} &:= X_0^{(n)} & \qquad X_k^{(n,N)} := X_{k2^{-N}}^{(n)}, \\ G_0^{(n,N)} &:= G_0^{(n)} & \qquad G_k^{(n,N)} := G_{(k-1)2^{-N}}^{(n)} + \int_{(k-1)2^{-N}\wedge n}^{k2^{-N}\wedge n} A(s) \mathrm{d}s, \\ \mathcal{F}_0^{(n,N)} &:= \mathcal{F}_0 & \qquad \mathcal{F}_k^{(n,N)} := \mathcal{F}_{k2^{-N}}. \end{split}$$

The processes  $(X_k^{(n,N)})_{k\in\mathbb{N}_0}$  and  $(G_k^{(n,N)})_{k\in\mathbb{N}_0}$  are non-negative and adapted,  $(G_k^{(n,N)})_{k\in\mathbb{N}_0}$  is in addition non-decreasing and predictable. Since  $G_{k2^{-N}}^{(n)} \leq G_k^{(n,N)}$ , the processes satisfy the Lenglart domination assumption. Hence, noting that

$$\begin{split} &\lim_{N \to \infty} \mathbb{E}\bigg[\bigg(\sup_{k \in \mathbb{N}_0} X_k^{(n,N)}\bigg)^p\bigg] = \mathbb{E}\bigg[\bigg(\sup_{t \ge 0} X_t^{(n)}\bigg)^p\bigg], \\ &\lim_{N \to \infty} \mathbb{E}\bigg[\bigg(\sup_{k \in \mathbb{N}_0} G_k^{(n,N)}\bigg)^p\bigg] = \mathbb{E}\bigg[\bigg(\sup_{t \ge 0} G_t^{(n)}\bigg)^p\bigg], \end{split}$$

implies the assertion of the corollary.

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