# STABILITY OF A MARKOV-MODULATED MARKOV CHAIN, WITH APPLICATION TO A WIRELESS NETWORK GOVERNED BY TWO PROTOCOLS 

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We consider a discrete-time Markov chain $\left(X^{t}, Y^{t}\right), t=0,1,2, \ldots$, where the $X$-component forms a Markov chain itself. Assume that $\left(X^{t}\right)$ is Harris-ergodic and consider an auxiliary Markov chain $\left\{\widehat{Y}^{t}\right\}$ whose transition probabilities are the averages of transition probabilities of the $Y$-component of the $(X, Y)$-chain, where the averaging is weighted by the stationary distribution of the $X$-component.

We first provide natural conditions in terms of test functions ensuring that the $\widehat{Y}$-chain is positive recurrent and then prove that these conditions are also sufficient for positive recurrence of the original chain $\left(X^{t}, Y^{t}\right)$. The we prove a "multi-dimensional" extension of the result obtained. In the second part of the paper, we apply our results to two versions of a multi-access wireless model governed by two randomised protocols.

1. Introduction. We develop an approach to the stability analysis based on an averaging Lyapunov criterion. More precisely, we consider a discrete-time Markov chain $\left\{Z^{t}, t=0,1,2, \ldots\right\}$ with values in a general state space which has two components, $Z^{t}=\left(X^{t}, Y^{t}\right)$. We assume that the first component $\left\{X^{t}\right\}$ forms a Markov chain itself. We further assume that the Markov chain $\left\{X^{t}\right\}$ is Harris-ergodic, i.e. there exists a unique stationary distribution $\pi_{X}$ and, for any initial value $X^{0}=x$, the distribution of $X^{t}$ converges to the stationary distribution in the total variation norm:

$$
\sup _{A \in \mathcal{B}_{\mathcal{X}}}\left|\mathbf{P}\left(X^{t} \in A\right)-\pi_{X}(A)\right| \rightarrow 0 \quad \text { as } \quad t \rightarrow \infty
$$

In many known models in applied probability, the time evolution of the process describing the state of the system may be expressed as a multicomponent Markov chain where one of the components is either a Markov

[^0]chains itself (see, e.g. [13, 14, 17, 7] and references therein) or, more generally, behaves as "almost stable", changing only relatively slowly, while the other component changes more rapidly (see, e.g., [22]).

Our aim is to formulate and prove a stability criterion for the two-component Markov chain $Z^{t}=\left(X^{t}, Y^{t}\right)$ by making links to an auxiliary Markov chain $\left(\widehat{X}^{t}, \widehat{Y}^{t}\right)$, where $\left\{\widehat{X}^{t}\right\}$ is an i.i.d. sequence with common distribution $\pi_{X}$.

First, one can recall a standard approach to the stability analysis which may be used for this model and which is based on the following two-step scheme. To simplify the explanation, assume that the first-component Markov chain $\left\{X^{t}\right\}$ is regenerative with regeneration times $0 \leq T_{0}<T_{1}<\cdots$, so that all values $X^{T_{n}}$ are equal to, say, $x^{0}=$ const.

Step 1. Consider an embedded 2-component Markov chain $\left(\widetilde{X}^{n}, \widetilde{Y}^{n}\right)=$ $\left(X^{T_{n}}, Y^{T_{n}}\right)$ at the regenerative epochs $T_{0}<T_{1}<\cdots<T_{n}<\cdots$. Since $\widetilde{X}^{n} \equiv x^{0}$, the sequence $\left\{\widetilde{Y}^{n}\right\}$ also forms a Markov chain. For this chain one may show that, under appropriate assumptions and for an appropriate test (Lyapunov) function $L$, the $\operatorname{drift} \mathbf{E} L\left(\widetilde{Y}^{1} \mid \widetilde{Y^{0}}=y\right)-L(y)$ is bounded from above by the same constant for all values of $y$ and is also uniformly negative if $y$ is outside of a certain "bounded" set, and hence this bounded set is positive recurrent. For that, it is necessary to find or estimate from above the average drift of $L\left(Y^{n}\right)$ over a typical cycle, say $T_{1}-T_{0}$. By introducing further smoothness condition(s), one can then ensure that the Markov chain $\left\{\widetilde{Y}^{n}\right\}$ is also Harris ergodic.

Step 2. According to step 1, one can say that the Markov chain $\left\{\left(X^{n}, Y^{n}\right)\right\}$ is regenerative, then verify its aperiodicity and conclude that it is Harris ergodic.

However, the first step of the proposed scheme may not be implementable if the transition function is not sufficiently smooth (and, in particular, has discontinuities) as then it may be difficult to find/estimate the value of the average drift of $L(Y)$ during a typical cycle.

Another approach to proving stability is the use of fluid limits (see, e.g., $[9,10]$ and Chapter 10 of [18]). To apply this method, one needs to prove the convergence of an appropriately scaled version of the process, establish the dynamics of the limit, show that these dynamics are in some sense stable and then prove that this "stability" of the limit implies stability of the original Markov Chain. This is however often rather cumbersome and technically involved and moreover requires additional assumptions on the Markov chain.

In this paper we introduce a different approach which is based on the following idea.

First, we find the (unique) stationary distribution $\pi_{X}$ for the $X$-component. Second, we introduce an auxiliary (time-homogeneous) Markov chain $\left\{\widehat{Y}^{t}\right\}$
with transition probabilities

$$
\begin{equation*}
\mathbf{P}\left(\widehat{Y}^{t+1} \in \cdot \mid \widehat{Y}^{t}=y\right)=\int_{\mathcal{X}} \pi_{X}(d x) \mathbf{P}\left(Y^{1} \in \cdot \mid X^{1}=x, Y^{0}=y\right) \quad \text { a.s. } \tag{1}
\end{equation*}
$$

This Markov chain can also be viewed as an outcome of the following recursive construction of a two-dimensional Markov chain ( $\widehat{X}^{t}, \widehat{Y}^{t}$ ) whose first components $\widehat{X}^{t}$ have common distribution $\pi_{X}$. First, for each $t$, we determine $\widehat{X}^{t+1}$ as a random variable which does not depend on all r.v.'s $\left\{\widehat{X}^{k}\right\}_{k \leq t},\left\{\widehat{Y}^{k}\right\}_{k \leq t}$, and has distribution $\pi_{X}$. Second, we determine $\widehat{Y}^{t+1}$ as a random variable which is
(a) conditionally independent of $\left\{\widehat{X}^{k}\right\}_{k \leq t},\left\{\widehat{Y}^{k}\right\}_{k \leq t-1}$ given $\widehat{X}^{t+1}$ and $\widehat{Y}^{t}$, and
(b) has distribution

$$
\mathbf{P}\left(\widehat{Y}^{t+1} \in \cdot \mid \widehat{X}^{t+1}=x, \widehat{Y}^{t}=y\right)=\mathbf{P}\left(Y^{1} \in \cdot \mid X^{1}=x, Y^{0}=y\right) \quad \text { a.s. }
$$

Then, indeed, $\left\{\widehat{Y}^{t}\right\}$ forms a (time-homogeneous) Markov chain with transition probabilities given by (1).

In this paper, we formulate and prove general stability criteria in terms of averaging Lyapunov functions. In particular, we introduce natural conditions for the following implication to hold: if the Markov chain $\left\{X^{t}\right\}$ is Harris ergodic then the Markov chain $\left\{\widehat{Y}^{t}\right\}$ is positive recurrent. The same conditions are then proved to imply that the Markov chain $\left\{\left(X^{t}, Y^{t}\right)\right\}$ is positive recurrent too.

We formulate and prove general stability results (Theorems 1 and 2) in Section 2. In Theorem 1 we obtain a "one-dimensional" result and then in Theorem 2 its multivariate analogue. Then in Section 3 we study the stability of two systems with multiple access random protocols in a changing environment. The proofs for their stability are carried out by applying Theorem 2 and using the monotonicity arguments. In these particular scenarios we also show that the stability conditions are necessary (if they do not hold, then the system under consideration is unstable).
2. Stability of two-component Markov chains using averaging Lyapunov functions. In this section we consider a general framework for the stability of a Markov Chain containing two components one of which is a Markov Chain itself.

In what follows, we write for short $\mathbf{P}_{x}(\ldots)$ instead of $\mathbf{P}\left(\ldots \mid X_{0}=x\right)$, $\mathbf{P}_{y}(\ldots)$ instead of $\mathbf{P}\left(\ldots \mid Y_{0}=y\right)$, and $\mathbf{P}_{x, y}(\ldots)$ instead of $\mathbf{P}\left(\ldots \mid X_{0}=\right.$ $\left.x, Y_{0}=y\right)$. We use similar notation $\mathbf{E}_{x}, \mathbf{E}_{y}$, and $\mathbf{E}_{x, y}$ for conditional expectations.
2.1. One-dimensional case. Let $\left\{X^{t}\right\}$ and $\left\{Y^{t}\right\}$ be random sequences taking values in measurable spaces $\left(\mathcal{X}, \mathcal{B}_{\mathcal{X}}\right)$ and $\left(\mathcal{Y}, \mathcal{B}_{\mathcal{Y}}\right)$, respectively, with countably generated sigma-algebras $\mathcal{B}_{X}$ and $\mathcal{B}_{Y}$. Assume that $\left\{\left(X^{t}, Y^{t}\right)\right\}$ is a Markov Chain on the state space $\left(\mathcal{X} \times \mathcal{Y}, \mathcal{B}_{\mathcal{X}} \times \mathcal{B}_{\mathcal{Y}}\right)$ (here $\mathcal{B}_{\mathcal{X}} \times \mathcal{B}_{\mathcal{Y}}$ is the minimal sigma-algebra generated by sets $B_{1} \times B_{2}$ where $B_{1} \in \mathcal{B}_{\mathcal{X}}$ and $\left.B_{2} \in \mathcal{B}_{\mathcal{Y}}\right)$. Assume also the following:

A0. $\left\{X^{t}\right\}$ is a Markov Chain with "autonomous" dynamics: for all $x \in$ $\mathcal{X}$ and $y \in \mathcal{Y}$,

$$
\mathbf{P}_{x, y}\left(X^{1} \in \cdot\right)=\mathbf{P}_{x}\left(X^{1} \in \cdot\right)
$$

Further, the Markov chain $\left\{X^{t}\right\}$ satisfies the following conditions:
A1. It is aperiodic;
A2. There exists a set $V \in \mathcal{B}_{\mathcal{X}}$ such that

$$
\begin{equation*}
\tau \equiv \tau(V)=\min \left\{t \geq 1: X^{t} \in V\right\}<\infty \quad \mathbf{P}_{x}-\text { a.s. } \tag{2}
\end{equation*}
$$

for any initial value $X_{0}=x \in \mathcal{X}$ and, moreover,

$$
\begin{equation*}
s_{0}=\sup _{x \in V} \mathbf{E}_{x} \tau<\infty \tag{3}
\end{equation*}
$$

(We say that the set $V$ is positive recurrent for $\left\{X^{t}\right\}$ if conditions (2) and (3) hold.)

A3. The set $V$ admits a minorant measure, or is petite (in the terminology of [19]), i.e. there exist a number $0<p \leq 1$, a measure $\mu$ and an integer $m \geq 1$ such that

$$
\mathbf{P}_{x}\left(X^{m} \in \cdot\right) \geq p \mu(\cdot)
$$

for any $x \in V$.
Conditions A1-A3 imply that the $X$-chain is Harris ergodic, so there exists a stationary distribution $\pi=\pi_{X}$ such that

$$
\begin{equation*}
\sup _{B \in \mathcal{B}}\left|\mathbf{P}_{x}\left(X^{t} \in B\right)-\pi(B)\right| \rightarrow 0 \tag{4}
\end{equation*}
$$

as $t \rightarrow \infty$, for any $x \in \mathcal{X}$. Moreover, Conditions A1-A3 imply that

$$
\begin{equation*}
\text { convergence in (4) is uniform in } x \in V \text {, } \tag{5}
\end{equation*}
$$

see e.g. [6, 23] or [16]. We can formulate also a coupling version of conditions (4)-(5):
for any $x \in V$, there is a coupling of $\left\{X^{t}\right\}$ and of a stationary Markov chain $\left\{\widehat{X}^{t}\right\}$ having distribution $\pi$ such that

$$
\begin{equation*}
\nu=\min \left\{t: X^{k}=\widehat{X}^{k}, \text { for all } k \geq t\right\}<\infty \mathbf{P}_{x}-\text { a.s. } \tag{6}
\end{equation*}
$$

for $X_{0}=x$ and

$$
\begin{equation*}
\delta_{t}:=\sup _{x \in V} \mathbf{P}_{x}(\nu>t) \rightarrow 0, \quad t \rightarrow \infty, \tag{7}
\end{equation*}
$$

see Appendix A for a proof of (6) and (7).
Introduce a function

$$
L_{1}(x)= \begin{cases}\mathbf{E}_{x} \tau, & \text { if } \quad x \notin V,  \tag{8}\\ 0, & \text { if } \quad x \in V .\end{cases}
$$

Then

$$
\begin{equation*}
\mathbf{E}_{x}\left(L_{1}\left(X^{1}\right)-L_{1}(x)\right)=-1 \tag{9}
\end{equation*}
$$

for all $x \notin V$ and

$$
\begin{equation*}
\mathbf{E}_{x}\left(L_{1}\left(X^{1}\right)-L_{1}(x)\right) \leq \sup _{x \in V} \mathbf{E}_{x} \tau-1<\infty \tag{10}
\end{equation*}
$$

for all $x \in V$. These inequalities follow from observing that $\tau_{X_{1}}=\tau_{x}-1$ $\mathbf{P}_{x}$ - a.s. if $X_{1} \notin V$. Inequalities (9) and (10) mean that the function $L_{1}$ is an appropriate Lyapunov function for the Markov Chain $\left\{X^{t}\right\}$ in the sense that it satisfies the standard conditions for the Foster criterion to hold.

It is known (see, e.g., $[6,23]$ or $[16]$ ) that Conditions A1-A3 imply that

$$
\begin{equation*}
\lim _{t \rightarrow \infty} \frac{1}{t} \sup _{x \in V} \mathbf{E}_{x} L_{1}\left(X^{t}\right)=0 . \tag{11}
\end{equation*}
$$

$B$. For the sequence $\left\{Y^{t}\right\}$ we assume that there exists a non-negative measurable function $L_{2}$ such that:
$B 1$. The expectations of the absolute values of the increments of the sequence $\left\{L_{2}\left(Y^{t}\right)\right\}$ are bounded from above by a constant $U$ :

$$
\sup _{x \in \mathcal{X}, y \in \mathcal{Y}} \mathbf{E}_{x, y}\left|L_{2}\left(Y^{1}\right)-L_{2}\left(Y^{0}\right)\right| \leq U<\infty
$$

$B 2$. There exist a non-negative and non-increasing function $h(N), N \geq$ 0 such that $h(N) \downarrow 0$ as $N \rightarrow \infty$, and a measurable function $f: \mathcal{X} \rightarrow$ $(-\infty, \infty)$ such that

$$
\int_{\mathcal{X}} f(x) \pi(d x):=-\varepsilon<0
$$

and

$$
\begin{equation*}
\mathbf{E}_{x, y}\left(L_{2}\left(Y^{1}\right)-L_{2}(y)\right) \leq f(x)+h\left(L_{2}(y)\right) \tag{12}
\end{equation*}
$$

for all $x \in \mathcal{X}$ and $y \in \mathcal{Y}$.

It follows from Condition B1 that, without loss of generality, the function $f$ may be assumed to be bounded:

$$
\begin{equation*}
\sup _{x \in \mathcal{X}}|f(x)|=K<\infty \tag{13}
\end{equation*}
$$

Remark 1. Note that conditions B are sufficient for stability of the chain $\widehat{Y}$ introduced in (1), due to the standard Foster criterion. We are going to show that they (together with conditions A) are also sufficient for stability of the original chain $\left\{Z^{t}\right\}$.

Lemma 1. Conditions $A$ and $B$ imply that, for some positive integer $t_{0}$ and for any integer $t \geq t_{0}$ there exists a positive number $N_{0}=N_{0}\left(t_{0}\right)$ such that if $L_{2}(y) \geq N_{0}$, then

$$
\begin{equation*}
\mathbf{E}_{x, y}\left(L_{2}\left(Y^{t}\right)-L_{2}(y)\right) \leq-t \Delta \tag{14}
\end{equation*}
$$

for all $x \in V$ with $\Delta=\varepsilon / 10$.
Proof. Due to conditions (5) and (13), for any $c_{1} \in(0,1)$ one can choose a number $n_{0}$ such that

$$
\begin{equation*}
\sup _{t \geq n_{0}} \sup _{x \in V}\left|\mathbf{E}_{x}\left(f\left(X^{t}\right)\right)-\int_{\mathcal{X}} f(z) \pi(d z)\right| \leq c_{1} . \tag{15}
\end{equation*}
$$

Let $t=n_{0}+m$. Then, for $x \in V, y \in \mathcal{Y}$ and for $U$ from Condition B1,

$$
\begin{aligned}
\mathbf{E}_{x, y}\left(L_{2}\left(Y^{t}\right)-L_{2}(y)\right) & =\sum_{i=0}^{t-1} \mathbf{E}_{x, y}\left(L_{2}\left(Y^{i+1}\right)-L_{2}\left(Y^{i}\right)\right) \\
& \leq U n_{0}+\sum_{i=n_{0}}^{t-1} \mathbf{E}_{x, y}\left(\mathbf{E}\left(L_{2}\left(Y^{i+1}\right) \mid X^{i}, Y^{i}\right)-L_{2}\left(Y^{i}\right)\right) \\
& \leq U n_{0}+\sum_{i=n_{0}}^{t-1} \mathbf{E}_{x, y}\left(f\left(X^{i}\right)+h\left(Y^{i}\right)\right) \\
& \leq U n_{0}-\left(\varepsilon-c_{1}\right) m+\sum_{i=n_{0}}^{t-1} \mathbf{E}_{x, y} h\left(Y^{i}\right) \\
& \leq U n_{0}-m\left(\varepsilon-c_{1}-h(0) \mathbf{P}_{x, y}\left(\min _{i \leq t} L_{2}\left(Y^{i}\right)<\widehat{N}\right)-h(\widehat{N})\right)
\end{aligned}
$$

where $\hat{N}$ is any positive number. Take $c_{1}=\varepsilon / 5$ and then $m_{0}=\max \left(n_{0}\right.$, $\left.5 U n_{0} / \varepsilon\right)$ and $t_{0}=n_{0}+m_{0}$. Then, for any $m \geq m_{0}$, let $\widehat{N}$ be such that $h(\widehat{N}) \leq$
$\varepsilon / 5$ and $h(0)\left(n_{0}+m\right)^{2} U / \widehat{N} \leq \varepsilon / 5$. Further, let $N_{0}=2 \widehat{N}$. If $L_{2}(y) \geq N_{0}$, then

$$
\begin{aligned}
\mathbf{P}_{x, y}\left(\min _{1 \leq i \leq t} L_{2}\left(Y^{i}\right)<\widehat{N}\right) & \leq t \sup _{z, u} \mathbf{P}_{z, u}\left(L_{2}\left(Y^{1}\right)-L_{2}(u) \leq-\widehat{N} / t\right) \\
& \leq h(0) t^{2} U / \widehat{N} \leq \varepsilon / 5
\end{aligned}
$$

where we applied the Markov inequality. Hence, for $x \in V$ and $y$ such that $L_{2}(y) \geq N_{0}$,

$$
\mathbf{E}_{x, y}\left(L_{2}\left(Y^{t}\right)-L_{2}(y)\right) \leq-m \frac{\varepsilon}{5} \leq-t \frac{\varepsilon}{10}
$$

and therefore inequality (14) holds with $\Delta=\varepsilon / 10$.
Theorem 1. Under the conditions $A$ and $B$ there exists $N_{0}$ such that the set $D:=V \times\left\{y: L_{2}(y) \leq N_{0}\right\}$ is positive recurrent for the Markov Chain $\left\{\left(X^{t}, Y^{t}\right)\right\}$.

Corollary 1. Assume Conditions $A$ and Condition $B 1$ to hold. Assume further that, uniformly in $x \in \mathcal{X}$, the conditional distribution $\mathbf{P}_{x, y}\left(L_{2}\left(Y^{1}\right)-\right.$ $\left.L_{2}(y) \in \cdot\right)$ converges weakly and in $\mathcal{L}_{1}$ to a limiting one, say $H_{x}(\cdot)$, as $L_{2}(y) \rightarrow \infty$, where

$$
\int_{\mathcal{X}} \int_{\mathcal{Y}} \pi(d x) y H_{x}(d y)
$$

is negative. Then the Markov Chain $\left\{\left(X^{t}, Y^{t}\right)\right\}$ is positive recurrent.
Proof of Theorem 1. We use the following extension of the Foster criterion (see, e.g., [12, Theorem 1] or [8] and references therein). Let $L$ : $\mathcal{X} \times \mathcal{Y} \rightarrow[0, \infty)$ be a measurable function. Then a set $D=\{(x, y): L(x, y) \leq$ $N\}$ is positive recurrent if there exists a positive integer-valued measurable function $T$ on $\mathcal{X} \times \mathcal{Y}$ such that

$$
\begin{gathered}
\sup _{x, y} \frac{T(x, y)}{\max (1, L(x, y))}<\infty \\
\sup _{(x, y) \in D} \mathbf{E}_{x, y} L\left(X^{T(x, y)}, Y^{T(x, y)}\right)<\infty
\end{gathered}
$$

and

$$
\begin{equation*}
\mathbf{E}_{x, y} L\left(X^{T(x, y)}, Y^{T(x, y)}\right)-L(x, y) \leq-c T(x, y) \tag{16}
\end{equation*}
$$

for some $c>0$ and for all $(x, y) \notin D$.

Let $H>U$ with $U$ from condition $B 1$ and let $t_{0}$ be such that

$$
\begin{equation*}
\sup _{t \geq t_{0}} \frac{1}{t} \sup _{x \in V} \mathbf{E}_{x} L_{1}\left(X^{t}\right) \leq \frac{\Delta}{2 H} \tag{17}
\end{equation*}
$$

which is possible due to (11). Here again $\Delta=\varepsilon / 10$. Let $n_{0}, m$ and $\widehat{N}$ be chosen according to Lemma 1 with $t_{0}$ from (17). Let again $N_{0}=2 \widehat{N}$.

We take the set $D=V \times\left\{y: L_{2}(y) \leq N_{0}\right\}$ and define a function

$$
L(x, y)=H L_{1}(x)+L_{2}(y) .
$$

Further, take $T(x, y)=1$ if either $(x, y) \in D$ or $x \notin V$ and $T(x, y)=t$ if $x \in V$ and $L_{2}(y)>N_{0}$, where $t=n_{0}+m$ is from the proof of Lemma 1 .

Now, if $(x, y) \in D$, then

$$
\mathbf{E}_{x, y} L\left(X^{1}, Y^{1}\right)-L(x, y) \leq H \sup _{x \in V} \mathbf{E}_{x} \tau+U .
$$

If $x \notin V$, then

$$
\mathbf{E}_{x, y} L\left(X^{1}, Y^{1}\right)-L(x, y) \leq-H+U<0 .
$$

Finally, if $x \in V$ and $L_{2}(y)>N_{0}$, then, by (14),

$$
\mathbf{E}_{x, y} L\left(X^{T(x, y)}, Y^{T(x, y)}\right)-L(x, y) \leq H t \frac{\Delta}{2 H}-t \Delta=-t \frac{\Delta}{2} .
$$

2.2. Multivariate case. Now we formulate and prove a multivariate analogue of Theorem 1. We modify the model as follows. We continue to assume that $\left\{\left(X^{t}, Y^{t}\right)\right\}$ is a Markov Chain on the state space $\left(\mathcal{X} \times \mathcal{Y}, \mathcal{B}_{\mathcal{X}} \times \mathcal{B}_{\mathcal{Y}}\right)$ and that $\left\{X^{t}\right\}$ is a Markov chain satisfying conditions A0-A3. But now we assume that the state space $\mathcal{Y}$ is a product of $M$ spaces $\mathcal{Y}=\widetilde{\mathcal{Y}_{1}} \times \cdots \times \widetilde{\mathcal{Y}_{M}}$ (with the product sigma-algebra), so the $Y$-component of the Markov chain has $M$ coordinates, $Y^{t}=\left(Y_{1}^{t}, \ldots, Y_{M}^{t}\right)$. Clearly, the results of the previous section hold in this case too. However, they turn out not to be applicable in the examples we are going to consider in the second part of the paper, and in this section we develop conditions only involving each individual coordinate of the $Y$-chain. We believe that these conditions may be useful in many applied models and, in particular, where the $Y$-chain has a number of coordinates which may be dependent but have simple individual dynamics.

We assume that there is a non-negative function $L_{2, i}$ defined on $\widetilde{\mathcal{Y}}_{i}$ and that conditions similar to $B 1-B 2$ hold for each coordinate.
$\widetilde{B 1}$. For any $i=1, \ldots, M$, the expectations of the absolute values of the increments of the sequence $\left\{L_{2, i}\left(Y_{i}^{t}\right)\right\}$ are bounded from above by a constant $U$ :

$$
\sup _{x \in \mathcal{X}, y \in \mathcal{Y}} \mathbf{E}_{x, y}\left|L_{2, i}\left(Y_{i}^{1}\right)-L_{2, i}\left(Y_{i}^{0}\right)\right| \leq U<\infty .
$$

$\widetilde{B 2}$. For each $i$, there exists a function $h_{i}(N), N \geq 0$ such that $h_{i}(N) \downarrow$ 0 as $N \rightarrow \infty$ and a measurable function $f_{i}: \mathcal{X} \rightarrow(-\infty, \infty)$ such that $\sup _{x}\left|f_{i}(x)\right|:=K_{i}<\infty$,

$$
\begin{equation*}
\int_{\mathcal{X}} f_{i}(x) \pi(d x):=-\varepsilon_{i}<0 \tag{18}
\end{equation*}
$$

and

$$
\begin{equation*}
\mathbf{E}_{x, y}\left(L_{2, i}\left(Y_{i}^{1}\right)-L_{2, i}\left(y_{i}\right)\right) \leq f_{i}(x)+h_{i}\left(L_{2, i}\left(y_{i}\right)\right) \tag{19}
\end{equation*}
$$

for all $x \in \mathcal{X}$ and $y \in \mathcal{Y}$, where the RHS depends only on the $x$ and on the $i$ th coordinate of the $y$.

In the multivariate case, the statement of Lemma 1 holds for each coordinate $i$, and we restate it here for convenience.

Lemma 2. Conditions $A$ and $\widetilde{B 1}-\widetilde{B 2}$ imply that, for some integer $t^{\prime}$ and for any integer $t \geq t^{\prime}$, there exists a positive number $N_{0}$ such that, for any $i$, if $L_{2, i}(y) \geq N_{0}$ then for all $x \in V$

$$
\begin{equation*}
\mathbf{E}_{x, y}\left(L_{2, i}\left(Y^{t}\right)-L_{2, i}(y)\right) \leq-t \Delta \tag{20}
\end{equation*}
$$

where $\Delta=\min \varepsilon_{i} / 10$.
If the sequence $\left\{\left(X_{1}^{t}, \ldots, X_{M}^{t}, Y_{i}^{t}\right)\right\}$ is a Markov chain for each $i$, then clearly, Theorem 1 also holds for each coordinate $i$, meaning that the Markov chain $\left\{\left(X_{1}^{t}, \ldots, X_{M}^{t}, Y_{i}^{t}\right)\right\}$ for any coordinate $i$ is positive recurrent. However, this does not imply the positive recurrence of the entire chain $\left\{\left(X_{1}^{t}, \ldots, X_{M}^{t}, Y_{1}^{t}, \ldots, Y_{M}^{t}\right)\right\}$. In order to obtain conditions for stability in the multivariate case (also without assuming that each of the above sequences is itself a Markov chain), we require an extra assumption to hold:
$\widetilde{B 3}$. For each $i$ it holds that

$$
\sup _{t \geq N} \sup _{y \in \mathcal{Y}, x \in V} \frac{\mathbf{E}_{x, y}\left(L_{2, i}\left(Y^{t}\right)-L_{2, i}(y) \mid Y^{0}=y\right)}{t} \rightarrow 0
$$

as $N \rightarrow \infty$.

Assumption $\widetilde{B 3}$ means that the drift of the function $L_{2, i}$ in $t$ steps grows slower than any linear function of $t$. Below we provide a simple condition $\widehat{B}$ which is sufficient for $\widetilde{B 3}$ to hold. Note that condition $\widehat{B}$ is a stronger version of condition $\widetilde{B}_{2}$ and that it can be easily verified in many applications.

Lemma 3. Assume that the following condition holds:
$\widehat{B}$. For each $i$, there exist a non-negative and non-increasing function $h_{i}(N), N \geq 0$ such that $h_{i}(N) \downarrow 0$ as $N \rightarrow \infty$, and a family of mutually independent random variables $\left\{\varphi_{x, i}^{t}\right\}, x \in \mathcal{X}, t=0,1, \ldots$ such that,
(i) for each $t$ and $i$ these random variables are uniformly integrable;
(ii) for each $i$ and $x$, the random variables $\left\{\varphi_{x, i}^{t}, t=0,1, \ldots\right\}$ are identically distributed with common distribution function $F_{x, i}$, which is such that $F_{x, i}(y)$ is measurable as a function of $x$ for any fixed $y$;
(iii) the inequality

$$
\begin{equation*}
L_{2, i}\left(Y_{i}^{t+1}\right)-L_{2, i}\left(Y_{i}^{t}\right) \leq \varphi_{X^{t}, i}^{t}+h_{i}\left(L_{2, i}\left(Y_{i}^{t}\right)\right) \quad \text { a.s. } \tag{21}
\end{equation*}
$$

holds for all $x \in \mathcal{X}, y \in \mathcal{Y}$ and $t=0,1, \ldots$;
(iv) functions $f_{i}(x)=\mathbf{E} \varphi_{x, i}^{1}$ satisfy condition (18).

Then assumption $\widetilde{B 3}$ holds too.
We will now formulate the main theorem and then prove it. A proof of Lemma 3 is presented after the proof of the main theorem.

Theorem 2. Under assumptions $A$ and assumptions $\widetilde{B 1}-\widetilde{B 3}$ (or assumptions $\widetilde{B 1}$ and $\widehat{B}$ ), there exists $N_{1} \geq N_{0}$ such that the set $D:=V \times\{y$ : $\left.\sum_{1=i}^{M} L_{2}\left(y_{i}\right) \leq N_{1}\right\}$ is positive recurrent for the Markov Chain $\left\{\left(X^{t}, Y^{t}\right)\right\}$.

Proof of Theorem 2. We may apply Lemma 2 to each of $Y_{i}$ and may therefore assume that inequality (20) holds for each coordinate, with the same $t^{\prime}$ and the same $\Delta$.

Due to condition (11), we may also assume that $t^{\prime}$ is such that

$$
\begin{equation*}
\sup _{t \geq t^{\prime}} \frac{1}{t} \sup _{x \in V} \mathbf{E}_{x} L_{1}\left(X^{t}\right) \leq \frac{\Delta}{2 H} \tag{22}
\end{equation*}
$$

where $H$ is any positive number larger than $M U$ with $U$ from assumption $\widetilde{B 1}$.

Choose also $n_{0}$ such that

$$
\begin{equation*}
\mathbf{E}_{x, y}\left(L_{2, i}\left(Y^{t}\right)-L_{2, i}(y) \mid Y^{0}=y\right) \leq \frac{\Delta}{2 M} t \tag{23}
\end{equation*}
$$

for all $t \geq n_{0}$ and for all $y$. This is possible due to condition $\widetilde{B 3}$.

We again use Theorem 1 of [12]. Take $N_{1}=M N_{0}$ so that $D=V \times\{y$ : $\left.\sum_{i=1}^{M} L_{2}\left(y_{i}\right) \leq M N_{0}\right\}$ and introduce test function

$$
L(x, y)=H L_{1}(x)+\sum_{i} L_{2, i}\left(y_{i}\right) .
$$

Let $T(x, y)=1$ if either $(x, y) \in D$ or $x \notin V$ and $T(x, y)=t_{1}:=\max \left\{t^{\prime}, n_{0}\right\}$, otherwise.

Now, if $(x, y) \in D$, then

$$
\mathbf{E}_{x, y} L\left(X^{1}, Y^{1}\right)-L(x, y) \leq H \sup _{x \in V} \mathbf{E}_{x} \tau+M U<\infty
$$

If $x \notin V$, then

$$
\mathbf{E}_{x, y} L\left(X^{1}, Y^{1}\right)-L(x, y) \leq-H+M U<0 .
$$

And if $x \in V$ and $\sum_{i=1}^{M} L_{2, i}\left(y_{i}\right)>M N_{0}$, then $L_{2, i}\left(y_{i}\right)>N_{0}$ for at least one index $i$. Denote by $k$ the number of such indices. Then, by (20), (22) and (23),

$$
\begin{aligned}
\mathbf{E}_{x, y} L\left(X^{T(x, y)}, Y^{T(x, y)}\right)-L(x, y) & \leq H t_{1} \frac{\Delta}{2 H}-k t_{1} \Delta+(M-k) \frac{\Delta}{2 M} t_{1} \\
& \leq-t_{1} \frac{\Delta}{2 M}
\end{aligned}
$$

as $k \geq 1$. Clearly, $\sup _{x, y} \frac{T(x, y)}{\max (1, L(x, y))}<\infty$, so the theorem is proved.
Proof of lemma 3. Let $C_{1}=\max _{1 \leq i \leq M} h_{i}(0)$ and $C_{2}>0$ be such that $h_{i}\left(C_{2}\right) \leq \varepsilon_{i} / 2$ for all $i$. Then inequality (21) implies that

$$
\begin{equation*}
L_{2, i}\left(Y_{i}^{t+1}\right)-L_{2, i}\left(Y_{i}^{t}\right) \leq \psi_{X^{t}, i}^{t}+C_{1} \mathbf{I}\left(L_{2, i}\left(Y_{i}^{t}\right) \leq C_{2}\right) \quad \text { a.s. }, \tag{24}
\end{equation*}
$$

where $\psi_{X^{t}, i}^{t}=\varphi_{X^{t}, i}^{t}+\varepsilon_{i} / 2$.
Let $\nu_{t} \leq t$ be the last time $k$ before $t$ when $L_{2, i}\left(Y_{i}^{k}\right) \leq C_{2}$ (we let $\nu_{t}=0$ if such $k$ does not exist). Then

$$
\begin{aligned}
L_{2, i}\left(Y_{i}^{t+1}\right)-L_{2, i}\left(Y_{i}^{0}\right) & \leq C_{1}+C_{2}+\sum_{k=\nu_{t}}^{t} \psi_{X^{k}, i}^{k} \\
& \leq C_{1}+C_{2}+\max _{0 \leq j \leq t} \sum_{k=j}^{t} \psi_{X^{k}, i}^{k} .
\end{aligned}
$$

For each $x \in V$, let $\widehat{X}^{t}$ be a stationary sequence satisfying conditions (6)-(7). Then

$$
\frac{1}{t} \max _{0 \leq j \leq t} \sum_{k=j}^{t} \psi_{X^{k}, i}^{k} \leq \frac{1}{t} \max _{0 \leq j \leq t} \sum_{k=j}^{t} \psi_{\widehat{X}^{k}, i}^{k}+\frac{1}{t} \sum_{0}^{t}\left|\psi_{X^{k}, i}^{k}-\psi_{\widehat{X}^{k}, i}^{k}\right|
$$

Here the first summand on the RHS tends to 0 both a.s. and in mean, since the sequence $\left\{\psi_{\hat{X}^{k}, i}^{k}\right\}$ is stationary ergodic with negative mean $\mathbf{E} \psi_{\hat{X}^{1}, i}^{1} \leq$ $-\varepsilon_{i} / 2$. The second summand also tends to 0 in mean uniformly in $x \in V$, due to uniform integrability. Indeed, for any $\Delta>0$ let $R$ be such that $\mathbf{E}\left|\psi_{x, i}^{1} \mathbf{I}\left(\left|\psi_{x, i}^{1}\right|>R\right)\right| \leq \Delta$, for all $x \in X$. Then for any $x \in V$ and any $k$

$$
\mathbf{E}\left|\psi_{X^{k}, i}^{k}\right| \mathbf{I}\left(\psi_{X^{k}, i}^{k} \neq \psi_{\widehat{X}^{k}, i}^{k}\right) \leq \Delta+R \delta_{k}
$$

and a similar inequality holds for $\psi_{\hat{X}^{k}, i}^{k}$. Therefore,

$$
\begin{aligned}
\mathbf{E} \frac{1}{t} \sum_{0}^{t}\left|\psi_{X^{k}, i}^{k}-\psi_{\hat{X}^{k}, i}^{k}\right| & \leq \frac{1}{t} \sum_{0}^{t} \mathbf{E}\left(\left|\psi_{X^{k}, i}^{k}\right|+\left|\psi_{\hat{X}^{k}, i}^{k}\right|\right) \mathbf{I}\left(\psi_{\hat{X}^{k}, i}^{k} \neq \psi_{\hat{X}^{k}, i}^{k}\right) \\
& \leq 2 \Delta+2 R \frac{1}{t} \sum_{0}^{t} \delta_{k} .
\end{aligned}
$$

As $\Delta$ is arbitrary small and $\delta_{t} \rightarrow 0$, the second summand on the RHS of the latter inequality may be made arbitrarily small, and the result follows.
3. Stability of two systems with two random multiple-access protocols and a finite number of stations. In order to improve performance and usability of laptops, tablet computers and other portable equipment, such devices are nowadays often endowed with several wireless interfaces. For example, if a device is equipped with the WiFi interface (protocol standard IEEE 802.11) and the WiMax interface (protocol standard IEEE 802.16), the user has a wide range of possibilities for the wireless exchange of data. However, it is known that if the same device uses both these standards, their data streams interfere with each other and the speed of transmission and throughputs therefore deteriorate. There are currently attempts to minimise the effect of such interference (see, e.g. [2, 25]).

In this paper we introduce a simplified model that mimics the essential features of both standards and of the interference between them described in the previous paragraph. The IEEE 802.11 standard uses a random-access algorithm for message transmissions, therefore multiple message transmissions
may be attempted simultaneously and collide with each other. Such conflicts are then resolved according to a specific algorithm. In the IEEE 802.16 standard message transmission follow a schedule and no conflicts occur. In our model, we assume that in the random-access algorithm every station transmits with a certain probability, independently of everything else (cf. ALOHA algorithm, see [1] and [21]). Each message that experienced a collision then simply returns to its origin and is treated as any other message. In other words, no conflict-resolution mechanism is implemented. Our model also assumes that the scheduling is completely symmetric: every node receives time intervals of the same duration to transmit their messages, successively.

We consider two cases. In the first case the system has the so-called MACcoordinator (see [2] and [25]) which gives a priority to the IEEE 802.16 protocol. This case is considered in subsection 3.1. The second case concerns a system without a MAC-coordinator and is considered in subsection 3.2.
3.1. Network with a MAC-coordinator. Assume there are $M$ identical stations numbered $1, \ldots, M$. There are 2 types of messages called "red" and "green", and each station has two infinite buffers where these messages may be stored, one for each type.

We make a few assumptions:
Assumption 1. Time is slotted, stations may only start transmissions at the beginning of a time slot, and each transmission time is equal to the length of a slot. Hence, we may assume that the events (such as arrival of a new message, the beginning of a transmission and the end of a transmission) may only happen at time instants $1,2, \ldots$. We also assume that the transmission channel is such that, at a given time slot, at most one red and at most one green message may be transmitted. Note also that any single station cannot transmit two messages (red and green) simultaneously during the same time slot. Summarising, in any time slot, there may be no transmissions at all. Otherwise, there may be a transmission of either only one red message or only one green message or one red and one green message, but in the latter case the transmissions have to be made by different stations.

Assumption 2. Transmissions of red messages are scheduled and do not collide. More precisely, for $t=1,2, \ldots$, time slot $t$ is scheduled for a transmission from node $i(t)=((t-1) \bmod M)+1$ : if the queue of red messages at that node is non-empty, then there is a (successful) transmission of the first one of them; otherwise there is no transmission of red messages at that time slot.

Assumption 3. Transmissions of green messages follow the well-known ALOHA protocol (see [21]): at a given time slot, every node that is not transmitting a red message and whose queue of green messages is not empty, transmits a green message (say, first in the queue) with probability $p$, independently of everything else. Then one of three events may occur:

- Only one node attempts to transmit a green message. Then the transmission is successful;
- No transmission attempted;
- Two or more nodes attempt transmissions of green messages. Then all these transmissions fail due to collision, and the messages stay in their queues.

Assumption 4. Red messages arrive in the system as an i.i.d. sequence $\left\{\xi^{t}\right\}_{t \geq 0}$ with a finite rate $\lambda_{R}=\mathbf{E} \xi^{t}$ (here $\xi^{t}$ is the total number of new red messages within time slot $(t-1, t])$. Similarly, green messages arrive independently as a renewal sequence $\left\{\eta^{t}\right\}_{t \geq 0}$ with a finite rate $\lambda_{G}=\mathbf{E} \eta^{t}$. Every arriving message is assigned to a node at random with equal probabilities $1 / M$.

Let $R_{i}^{t}$ and $G_{i}^{t}$ be the numbers of red and green messages respectively in the queue of node $i$ at the beginning of a time slot $t$. The sequence $\left\{\left(R_{1}^{t}, \ldots, R_{M}^{t}\right)\right\}$ forms a Markov Chain, and so does the sequence $\left\{\left(R_{1}^{t}, \ldots\right.\right.$, $\left.\left.R_{M}^{t}, G_{1}^{t}, \ldots, G_{M}^{t}\right)\right\}$. Note also that the latter Markov Chain describes the state of the system completely. We will say that the system is stable if its underlying Markov Chain is positive recurrent.

For such an algorithm we prove the following
Theorem 3. Assume $\lambda_{R}<1$. Then the system is stable if

$$
\left\{\begin{array}{l}
\lambda_{G}<\left(1-\lambda_{R}\right) p, \quad \text { if } \quad M=1,  \tag{25}\\
\lambda_{G}<\lambda_{R}(M-1) p(1-p)^{M-2}+\left(1-\lambda_{R}\right) M p(1-p)^{M-1}, \quad \text { if } \quad M>1
\end{array}\right.
$$

and unstable if the opposite strict inequality holds.
Remark 2. The conditions of the theorem seem to be intuitively clear. Consider a single time slot. The average number of new green messages in a time slot is equal to $\lambda_{G}$. Let us now consider the average number of green messages leaving the system. For that, assume that all nodes have a green message (this may be thought as the "worst-case" scenario). Assume also that the Markov chain representing the states of the queues of red messages
in all nodes is in its stationary regime. In that case, when we look at a single time slot, the queue of red messages of the node that is scheduled to transmit a red message in the time slot will be non-empty with probability $\lambda_{R}$ (this is quite clear intuitively but see Appendix B for a proof) and empty with probability $1-\lambda_{R}$. In the former case, there are $M-1$ nodes that can successfully transmit a green message and probability of success for each of them is $p(1-p)^{M-2}$ and therefore the expected number of green messages leaving the system is $(M-1) p(1-p)^{M-2}$. The latter case may be considered in a similar way.

The simple heuristic argument presented above depends heavily on the symmetry of the system. The symmetry is also essential for our strict analysis.

Proof of Theorem 3. We give a proof only for $M>1$. The case $M=$ 1 may be considered following the same lines and applying straightforward changes. We start by proving stability, a proof of instability follows.

Proof of stability. We apply Theorem 2. Denote by $\xi_{i}^{t}$ and $\eta_{i}^{t}$ the numbers of new red and, respectively, green packets arriving at time slot $t$ to station $i$. Since the total number of red arrivals in time slot $t$ is $\xi^{t}$ and each of them chooses one of the stations at random, each $\xi_{i}^{t}$ has a conditional binomial distribution with parameters $\xi^{t}$ and $1 / M$ and $\sum_{1}^{M} \xi_{i}^{t}=\xi^{t}$. Similarly, for $t=0,1, \ldots$, a random variable $\eta_{i}^{t}$ has a binomial distribution with parameters $\eta^{t}$ and $1 / M$. Denote also by

$$
\alpha_{i}^{t}= \begin{cases}1, & \text { with probability } p, \\ 0, & \text { with probability } 1-p\end{cases}
$$

the sequence of i.i.d. random variables representing the decisions taken by the nodes on whether or not to attempt a transmission of a green message. Then the Markov Chain $\left\{\left(R_{1}^{t}, \ldots, R_{M}^{t}, G_{1}^{t}, \ldots, G_{M}^{t}\right)\right\}$ has the following transitions:

$$
R_{i}^{t+1}=\left\{\begin{array}{l}
R_{i}^{t}+\xi_{i}^{t}, \quad \text { if } \quad i \neq i(t), \\
R_{i}^{t}+\xi_{i}^{t}-\mathbf{I}\left\{R_{i}^{t}>0\right\}, \quad \text { if } \quad i=i(t),
\end{array}\right.
$$

where, as before, $i(t)=((t-1) \bmod M)+1$. Further, let $\gamma_{j}^{t}=\alpha_{j}^{t} \mathbf{I}\left\{G_{j}^{t}>0\right\}$. Then
$G_{i}^{t+1}=\left\{\begin{array}{l}G_{i}^{t}+\eta_{i}^{t}-\gamma_{i}^{t} \prod_{j \neq i, j \neq i(t)}\left(1-\gamma_{j}^{t}\right)\left(1-\gamma_{i(t)}^{t} \mathbf{I}\left\{R_{i(n)}^{t}=0\right\}\right), \quad \text { if } i \neq i(t), \\ G_{i}^{t}+\eta_{i}^{t}-\mathbf{I}\left\{R_{i}^{t}=0\right\} \gamma_{i}^{t} \prod_{j \neq i}\left(1-\gamma_{j}^{t}\right), \quad \text { if } \quad i=i(t) .\end{array}\right.$

Introduce now a new Markov Chain $\left\{\left(R_{1}^{t}, \ldots, R_{M}^{t}, \widetilde{G}_{1}^{t}, \ldots, \widetilde{G}_{M}^{t}\right)\right\}$ where the first $M$ components (representing the states of the red queues) are the same as before, and the remaining components (representing the states of the green queues) have the following transitions:
$\widetilde{G}_{i}^{t+1}=\left\{\begin{array}{l}\widetilde{G}_{i}^{t}+\eta_{i}^{t}-\widetilde{\gamma}_{i}^{t} \prod_{j \neq i, j \neq i(t)}\left(1-\alpha_{j}^{t}\right)\left(1-\alpha_{i(t)}^{t} \mathbf{I}\left\{R_{i(t)}^{t}=0\right\}\right), \quad \text { if } i \neq i(t), \\ \widetilde{G}_{i}^{t}+\eta_{i}^{t}-\mathbf{I}\left\{R_{i}^{t}=0\right\} \widetilde{\gamma}_{i}^{t} \prod_{j \neq i}\left(1-\alpha_{j}^{t}\right), \quad \text { if } i=i(t) .\end{array}\right.$
Here $\widetilde{\gamma}_{j}^{t}=\alpha_{j}^{t} \mathbf{I}\left\{\widetilde{G}_{j}^{t}>0\right\}$, for all $j$ and $t$.
In words, the Markov Chain $\left\{\left(R_{1}^{t}, \ldots, R_{M}^{t}, \widetilde{G}_{1}^{t}, \ldots, \widetilde{G}_{M}^{t}\right)\right\}$ represents the state of the system where each station with an empty green queue (if not blocked by a transmission of a red message) may send (and does so with probability $p$ ) a "dummy" packet which interferes with (dummy or legitimate) packets of other stations.

Since $\gamma_{i}^{t} \leq \alpha_{i}^{t}$ a.s. for all $i$ and $t$, it follows from the two systems of equations displayed above that the new Markov Chain dominates the initial one: if $\left\{\left(G_{1}^{1}, \ldots, G_{M}^{1}\right)\right\}=\left\{\left(\widetilde{G}_{1}^{1}, \ldots, \widetilde{G}_{M}^{1}\right)\right\}$, then

$$
\left\{\left(R_{1}^{t}, \ldots, R_{M}^{t}, G_{1}^{t}, \ldots, G_{M}^{t}\right)\right\} \leq\left\{\left(R_{1}^{t}, \ldots, R_{M}^{t}, \widetilde{G}_{1}^{t}, \ldots, \widetilde{G}_{M}^{t}\right)\right\}
$$

a.s., for any $t$. Hence, to prove stability of the initial Markov Chain, it is sufficient to prove stability of the new one. As it follows from Theorem 2, Lemma 3 and the symmetry of the system, it is sufficient to show that condition $\widetilde{B 1}$ and conditions of Lemma 3 hold for the sequence $\left\{\left(R_{1}^{t}, \ldots, R_{M}^{t}, \widetilde{G}_{1}^{t}\right)\right\}$. Note that it forms a Markov chain in this case. For simplicity, we will also omit the coordinate index 1 in all the functions appearing in conditions. Take function $L_{2}(y)=y$ and consider the state of the Markov Chain $\left\{\left(R_{1}^{t}, \ldots, R_{M}^{t}, \widetilde{G}_{1}^{t}\right)\right\}$ after every $M$ steps.

One can see that, for $t=0,1, \ldots$,

$$
\begin{align*}
\widetilde{G}_{1}^{(t+1) M+1}-\widetilde{G}_{1}^{t M+1}= & \left(\sum_{i=1}^{M} \eta_{1}^{t M+i}-\mathbf{I}\left(R_{1}^{t M+1}=0\right) \prod_{j=2}^{M}\left(1-\alpha_{j}^{t M+1}\right)\right. \\
& -\sum_{j=2}^{M} \alpha_{1}^{t M+j}\left(\mathbf{I}\left(R_{j}^{t M+j}=0\right) \prod_{k=2}^{M}\left(1-\alpha_{k}^{t M+j}\right)\right.  \tag{26}\\
& \left.\left.+\mathbf{I}\left(R_{j}^{t M+j}>0\right) \prod_{k \geq 2, k \neq j}\left(1-\alpha_{k}^{t M+j}\right)\right)\right)^{+}
\end{align*}
$$

Let $S_{i}^{t+1}=\sum_{k=1}^{M} \xi_{i}^{t M+k}$ be the total number of arrivals into the red queue of node $i$ within the consecutive $M$ time slots, and let

$$
\begin{aligned}
& \varphi_{x, 1}^{t M+1}=\sum_{i=1}^{M} \eta_{1}^{t M+i}-\mathbf{I}\left(x_{1}=0\right) \prod_{j=2}^{M}\left(1-\alpha_{j}^{t M+1}\right) \\
- & \sum_{j=2}^{M} \alpha_{1}^{t M+j}\left(\mathbf{I}\left(x_{j}+S_{j}^{t+1}=0\right) \prod_{k=2}^{M}\left(1-\alpha_{k}^{j}\right)+\mathbf{I}\left(x_{j}+S_{j}>0\right) \prod_{k \geq 2, k \neq j}\left(1-\alpha_{k}^{j}\right)\right) .
\end{aligned}
$$

Then the RHS of equation (26) may be estimated from above by random variable $\varphi_{R_{1}, 1}^{t M+1}$.

We prove now that condition $\widetilde{B 1}$ and conditions of Lemma 3 hold for the Markov Chain $\left\{R_{1}^{t}, \ldots, R_{M}^{t}, \widetilde{G}_{1}^{t}\right\}$ in $M$ steps. Indeed, we have
$\mathrm{E}\left(\left|\widetilde{G}_{1}^{M+1}-\widetilde{G}_{1}^{1}\right| \mid\left(R_{1}^{1}, \ldots, R_{M}^{1}, G_{1}^{1}\right)=\left(r_{1}, \ldots, r_{M}, g_{1}\right)\right) \leq \mathrm{E} \max \left\{\sum_{i=1}^{M} \eta_{1}^{i}, M\right\}$,
since at most $\sum_{i=1}^{M} \eta_{1}^{i}$ new messages may arrive in the system and at most $M$ messages may leave the system. Condition $\widetilde{B 1}$ thus holds. Conditions (i) and (ii) of Lemma 3 clearly hold for random variables $\varphi_{x, 1}^{t M+1}$. Take $C_{1}=C_{2}=M$, then condition (iii) of Lemma 3 also holds with $h_{i}\left(y_{i}\right)=$ $C_{1} \mathbf{I}\left(L_{2, i}\left(y_{i}\right) \leq C_{2}\right)$. To verify the last condition (iv), we note that $\mathrm{P}\left(R_{i(t)}^{t}=\right.$ 0) $\rightarrow 1-\lambda_{R}$ as $t \rightarrow \infty$ (this follows from a known general result that, for a stationary Markov chain $Z_{t+1}=\max \left(Z_{t}-1,0\right)+\chi_{t}$ with i.i.d. integer-valued increments $\left\{\chi_{t}\right\}$ such that $\mathbf{E} \chi_{1}=c<1$ and $\mathbf{P}\left(\chi_{1} \geq 0\right)=1$, we have with necessity $\mathbf{P}\left(Z_{t}=0\right)=1-c$, in order to keep our paper self-contained, we provide a proof in Appendix B). Therefore, we get

$$
\begin{aligned}
\int \mathrm{E} \xi_{x, 1}^{1} \pi(d x) & =\left(1-\lambda_{R}\right) p(1-p)^{M-1} \\
& +\sum_{j=2}^{M}\left(\left(1-\lambda_{R}\right) p(1-p)^{M-1}+\lambda_{R} p(1-p)^{M-2}\right)<0
\end{aligned}
$$

provided the conditions of the Theorem hold.
Proof of instability. As was mentioned in the stability proof, $\mathbf{P}\left(R_{i(t)}^{t}=\right.$ $0) \rightarrow\left(1-\lambda_{R}\right)$ as $n \rightarrow \infty$. We can choose $t$ so large that $\mid \mathbf{P}\left(R_{i(t)}^{t}=\right.$ $0)-\left(1-\lambda_{R}\right) \mid<\delta$ for an arbitrarily small $\delta>0$. For simplicity of caculations, let us assume that $\mathbf{P}\left(R_{i(t)}^{t}=0\right)=\left(1-\lambda_{R}\right)$ (it will not be difficult
for the reader to repeat the same proof with an extra $\delta$ added and then let $\delta$ go to 0 ). We prove that, for any $i=1, \ldots, M, G_{i}^{t} \rightarrow \infty$ with at least a linear speed, i.e.

$$
\begin{equation*}
\liminf _{t \rightarrow \infty} G_{i}^{t} / t>0 \quad \text { a.s. } \tag{27}
\end{equation*}
$$

(note that by the SLLN the speed of growth can not be superlinear). Consider the embedded epochs $M, 2 M, \ldots, k M, \ldots$ that are the multiples of $M$. Choose a positive number $N \gg 1$. Since all states in the positive $M$ dimensional lattice are communicating, there exists an a.s. finite (random) time, say, $T \in\{k M, k \geq 0\}$ such that $G_{i}^{T} \geq N$ for all $i$. Starting from time $T$, all coordinates of the process $G^{k M}$ coincide with those of the auxiliary process $\widetilde{G}^{k M}$ which starts with the same $\widetilde{G}^{T}=G^{T}$ - until the first time when one of the coordinates becomes zero. Since, for any $i$, the increments $\widetilde{G}_{i}^{(k+1) M}-\widetilde{G}_{i}^{k M}$ form a stationary ergodic sequence with a positive mean, say $\Delta$ (which is a difference of the RHS and the LHS in equation (25)),

$$
\widetilde{G}_{i}^{k M} / k \rightarrow \Delta \quad \text { a.s. }
$$

and, for any $\varepsilon>0$, one can choose $N \gg 1$ such that $\inf _{l \geq 0} \widetilde{G}^{T+l M} \geq$ $M+1$ with probability at least $1-\varepsilon$. If one takes $\varepsilon<1 / M$, then all the coordinates of $\widetilde{G}^{k M}$ always stay above $M$ after time $T$ with probability at least $1-M \varepsilon>0$. Then the same holds for the coordinates of the process $G^{k M}$. Since $G_{i}^{t+1}-G_{i}^{t} \geq-1$ a.s., it then follows that, with probability at least $1-M \varepsilon>0$, the coordinates of $G_{i}^{t}$ stay strictly positive for all $t \geq T$. Since $\varepsilon$ may be taken as small as possible, (27) follows.

Recall that $i(t)=((t-1) \bmod M)+1$. Introduce a Markov Chain

$$
\left\{\left(\check{R}_{1}^{t}, \ldots, \check{R}_{M}^{t}\right), t \geq 0\right\}=\left\{\left(R_{i(t)}^{t}, R_{i(t+1)}^{t}, R_{i(t+2)}^{t}, \ldots, R_{i(t+M-1)}^{t}\right), t \geq 0\right\}
$$

and another Markov Chain $(\check{R}, \check{G})=\left\{\left(\check{R}_{1}^{t}, \ldots, \check{R}_{M}^{t}, \check{G}_{1}^{t}, \ldots, \check{G}_{M}^{t}\right), t \geq 0\right\}$, where a similar interchange of the $G$-coordinates is also made. In words, the new Markov chain is obtained from the original one with a cyclic change of coordinates such that at every time slot the first coordinate corresponds to the node whose first red message is scheduled for service (if there is any).

Corollary 2. Under the assumptions of Theorem 3, the Markov Chain $(\check{R}, \check{G})$ is Harris ergodic.

Proof. Indeed, the new chain is aperiodic and positive recurrent. The latter follows from the fact that the Lyapunov function used in the proof of

Theorem 3 is the sum of all coordinates and hence does not change when the order of the coordinates is changed. To infer ergodicity it is then sufficient to show that the state $(0, \ldots, 0)$ is achievable from any other state. To show that, note first that there exists a compact set $V$ which is positively recurrent for the new chain. This implies that with a positive probability the chain will reach a state $\left(r_{1}, \ldots, r_{M}, g_{1}, \ldots, g_{M}\right) \in V$. Due to compactness of $V$, there exist finite $r^{0}$ and $g^{0}$ such that $\sum_{i=1}^{M} r_{i} \leq r^{0}$ and $\sum_{i=1}^{M} g_{i} \leq g^{0}$ for all points from $V$. It is then clear that there exists a finite time such that with a positive probability all red and all green messages will be transmitted and no new messages will arrive. Hence the state $(0, \ldots, 0)$ may be reached in a finite number of steps from any other state.
3.2. Network without a MAC-coordinator. Now consider the system which differs from the system described above only in the following: we assume here that a station which is transmitting a red message can also attempt a transmission of a green message and, if that happens, these two transmissions collide.

Now the following may happen at a time slot $t$ regarding red messages:

- There is one attempted (and successful) transmission. This happens when the queue of the red messages of node $i(t)$ is non-empty and there is no attempted transmission of a green message by the same station (this may happen if either the queue of green messages is empty, or it is not empty but the station takes a decision not to transmit a green message);
- There is one attempted (and unsuccessful) transmission. This happens when both queues of red and green messages of station $i(t)$ are nonempty and the station decides to attempt a transmission of a green message.
- There are no attempted transmissions. This happens when the queue of the red messages of node $i(t)$ is empty;

The following may occur regarding green messages:

- There is one transmission attempt. Then it is successful, if it did not originate from node $i(t)$ or if it did originate from node $i(t)$ but its queue of red messages is empty;
- No transmission attempted;
- Two or more transmissions attempted. In this case all these transmissions fail due to the collision.

We are still assuming that the ALOHA algorithm is used to govern the behaviour of the green queues of all stations. For this system, the following holds.

Theorem 4. The system is stable if $\lambda_{R}<1-p$ and
(28)

$$
\left\{\begin{array}{l}
\lambda_{G}<\left(1-\frac{\lambda_{R}}{1-p}\right) p, \quad \text { if } \quad M=1, \\
\lambda_{G}<\frac{\lambda_{R}}{1-p}(M-1) p(1-p)^{M-1}+\left(1-\frac{\lambda_{R}}{1-p}\right) M p(1-p)^{M-1}, \quad \text { if } \quad M>1
\end{array}\right.
$$

Proof of Theorem 4 may be given following the lines of the proof of Theorem 3. The only difference is that one needs to bound the Markov Chain representing the state of the system under consideration by a Markov Chain representing the state of the system where each station with an empty green queue transmits a "dummy" message with probability $p$.

Note that in this case the first component (counting the number of red messages) of the initial Markov Chain describing the state of the system is not a Markov Chain itself, so Theorem 2 can not be applied directly. However, the Markov Chain used to bound the initial one from above has the first component which is a Markov Chain itself, and the use of Theorem 2 is justified.

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## APPENDIX A

Proof of (6)-(7). Assume $p<1$ (where $p$ is from the minorisation condition, see Assumption $A 3$ )- otherwise the result is obvious. Consider, for simplicity, the case $m=1$ only (the general case requires an extra technical work which is not essential). For $x \in V$, consider the standard splitting identity

$$
\mathbf{P}_{x}\left(X^{1} \in \cdot\right)=p \mu(\cdot)+(1-p) \frac{\mathbf{P}_{x}\left(X^{1} \in \cdot\right)-p \mu(\cdot)}{1-p}
$$

and denote the fraction in the RHS by $\mathbf{Q}_{x}(\cdot)$ which is a probability measure. We know that sigma-algebra $\mathcal{B}_{X}$ is countably generated. Therefore, one can define two measurable functions $f, g: \mathcal{X} \times[0,1] \rightarrow \mathcal{X}$ such that if $U$ is a r.v. uniformly distributed in $[0,1]$, then $f(x, U)$ has distribution $\mathbf{P}_{x}(\cdot)$, for $x \in \mathcal{X}$, and $g(x, U)$ has distribution $\mathbf{Q}_{x}(\cdot)$, for $x \in V-$ see, e.g., [15] for background.

Introduce three sequences of mutually independent r.v.'s, each of which is i.i.d.:

1) a sequence of $0-1$-valued r.v.'s $\beta_{t}$, with common distribution $\mathbf{P}\left(\beta_{t}=1\right)=$ $p=1-\mathbf{P}\left(\beta_{t}=0\right)$,
2) a sequence $\left\{U_{t}\right\}$ of uniformly distributed in $[0,1]$ r.v.'s, and 3) a sequence $\left\{W_{t}\right\}$ of $\mathcal{X}$-valued r.v.'s with common distribution $\mu$.

Then Markov chain $X^{t}$ may be represented as a stochastic recursive sequence (SRS):

$$
\begin{equation*}
X^{t+1}=\left(\beta_{t} W_{t}+\left(1-\beta_{t}\right) g\left(X^{t}, U_{t}\right)\right) \mathbf{I}\left(X^{t} \in V\right)+f\left(X^{t}, U_{t}\right) \mathbf{I}\left(X^{t} \in \mathcal{X} \backslash V\right) \tag{29}
\end{equation*}
$$

The pairs $\left(X^{t}, \beta_{t}\right)$ also form a time-homogeneous Markov chain. Start with $X^{0}=x \in V$. Let $T_{0}=0$ and, for $k \geq 1$,

$$
T_{k}=\min \left\{t>T_{k-1}: X^{t} \in V\right\}
$$

Further, let

$$
\theta=\min \left\{k \geq 0: \beta_{T_{k}}=1\right\}
$$

Then $\theta$ has a geometric distribution with parameter $p, \mathbf{P}(\theta=k)=p(1-p)^{k}$, $k=0,1, \ldots$ Let $\kappa=T_{\theta}+1$. Note that r.v. $X^{\kappa}$ has distribution $\mu$ and that, for $x \in V$,

$$
\mathbf{E}_{x} \kappa \leq s_{0} \mathbf{E} \theta+1=: C
$$

where $s_{0}$ is from (3). Clearly, $C$ does not depend on $x \in V$. Then, in particular, random variables $\kappa$ are uniformly bounded in probability:

$$
\sup _{x \in A} \mathbf{P}_{x}(\kappa>t) \rightarrow 0, t \rightarrow \infty
$$

by Markov inequality.
Let now $\left\{\bar{\beta}_{t}\right\},\left\{\bar{U}_{t}\right\}$, and $\left\{\bar{W}_{t}\right\}$ be three other i.i.d. sequences which do not depend on the first three sequences. Consider a stationary Markov chain $\left\{\bar{X}^{t}\right\}$ which is defined as follows: $\bar{X}^{0}$ has distribution $\pi$ and does not depend on all r.v.'s defined earlier, and

$$
\begin{equation*}
\bar{X}^{t+1}=\left(\bar{\beta}_{t} \bar{W}_{t}+\left(1-\bar{\beta}_{t}\right) g\left(\bar{X}^{t}, \bar{U}_{t}\right)\right) \mathbf{I}\left(\bar{X}^{t} \in V\right)+f\left(\bar{X}^{t}, \bar{U}_{t}\right) \mathbf{I}\left(\bar{X}^{t} \in \mathcal{X} \backslash V\right) \tag{30}
\end{equation*}
$$

Due to independence of the two SRS's, r.v. $\bar{X}^{\kappa}$ has distribution $\pi$. Finally, let

$$
\gamma=\min \left\{j \geq 0: X^{\kappa+j} \in A, \bar{X}^{\kappa+j} \in A, \beta_{\kappa+j}=1\right\}
$$

By aperiodicity, $\gamma$ is finite a.s. Also, it does not depend on $\kappa$ and, therefore, its distribution does not depend on $x$. Then one can define another sequence $\widehat{X}^{n}$ by

$$
\widehat{X}^{t}=\bar{X}^{t} \mathbf{I}(t \leq \kappa+\gamma)+X^{t} \mathbf{I}(t>\kappa+\gamma)
$$

and find that, first, since $\kappa+\gamma$ is a stopping time, $\left\{\bar{X}^{t}\right\}$ and $\left\{\widehat{X}^{t}\right\}$ have the same distribution and, in particular, $\left\{\widehat{X}^{t}\right\}$ is also a stationary Markov chain (see, e.g. [23, p.34] or [16]), second, random variables $\nu=\kappa+\gamma$ are uniformly bounded in probability, i.e. (7) holds, and, third, r.v.'s $\nu$ satisfy (6).

Remark. The first intention of the authors was to find this result in [23]. However, Hermann Thorisson has confirmed that it is not there, but he is thinking to have it in the second edition of the book (with a complete proof, for any $m \geq 1$ ).

## APPENDIX B

Lemma 4. Consider a stationary Markov chain $Z_{t+1}=\max \left(Z_{t}-1,0\right)+$ $\chi_{t}$ with a stationary and ergodic sequence of integer-valued increments $\left\{\chi_{t}\right\}$ such that $\mathbf{E} \chi_{1}=c<1$ and $\mathbf{P}\left(\chi_{1} \geq 0\right)=1$. Then $\mathbf{P}\left(Z_{t}=0\right)=1-c$.

Proof. Let us rewrite the evolution equation as

$$
Z_{t+1}=Z_{t}-1+\mathbf{I}\left\{Z_{t}=0\right\}+\chi_{t},
$$

where $\mathbf{I}\{\cdot\}$ is the indicator function. With a positive integer $T$ we now have

$$
Z_{t+T}=Z_{t}-T+\sum_{i=0}^{T-1} \mathbf{I}\left\{Z_{t+i}=0\right\}+\sum_{i=0}^{T-1} \chi_{t+i} .
$$

If we now divide both sides of the latter expression by $T$, take expectations and let $T$ tend to infinity, we will get

$$
\lim _{T \rightarrow \infty} \frac{\mathbf{E} Z_{t+T}}{T}=-1+\mathbf{P}\left(Z_{t}=0\right)+c
$$

where we used the Strong Law of Large Numbers and the stationarity of the Markov chain $\left\{Z_{t}\right\}$. Using stationarity again, we conclude that the LHS of the latter equality is equal to 0 , and the proof is complete.

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