# KLEIN BOTTLES IN GENUS TWO 3-MANIFOLDS 

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## Introduction

For a closed 3-manifold $M$, it is very interesting to study the relation between a Heegaard surface of $M$ and an embedded surface in $M$. For this purpose W. Haken has shown in [2] that if a closed 3-manifold $M$ is not irreducible, then there is an essential 2 -sphere in $M$ which intersects a fixed Heegaard surface of $M$ in a single circle, and W. Jaco has given in [4] an alternative proof of it. M. Ochiai has shown in [8] that if a closed 3-manifold $M$ contains a 2 -sided projective plane, then there is a 2 -sided projective plane in $M$ which intersects a fixed Heegaard surface of $M$ in a single circle, and moreover he has shown in [9] that if a closed 3-manifold $M$ with a Heegaard splitting of genus two contains a 2-sided projective plane, then $M$ is homeomorphic to $P^{2} \times S^{1}$. Succesively T. Kobayashi has shown in [5] that if a closed 3-manifold $M$ with a Heegaard splitting of genus two contains a 2 -sided non-separating incompressible torus, then there is a 2 -sided non-separating incompressible torus in $M$ which intersects a fixed Heegaard surface in a single circle. In this paper we will show a similar result for a Klein bottle.

Theorem 1. Let $M$ be a closed connected orientable 3-manifold with a fixed Heegaard splitting ( $\left.V_{1}, V_{2} ; F\right)$ of genus two. If $M$ contains a Klein bottle, then there is a Klein bottle in $M$ which intersects $F$ in a single circle.

By the way it is well known that a closed orientable 3-manifold $M$ with a Heegaard splitting of genus one contains a Klein bottle if and only if $M$ is homeomorphic to $L(4 n, 2 n+1)$ for some non-negative integer $n$ (c.f. [1]). Using Theorem 1 we will give a necessary and sufficient condition for a closed orientable 3-manifold with a Heegaard splitting of genus two to contain a Klein bottle. Namely we will give three families of closed orientable 3-manifolds, and we will show that a closed orientable 3-manifold $M$ with a Heegaard splitting of genus two contains a Klein bottle if and only if $M$ belongs to one of the three families (Theorem 2).

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## 0. Preliminaries

Throughout this paper, we will work in the piecewice linear category. $S^{n}$ and $P^{n}$ means the $n$-sphere and the real $n$-dimensional projective space respactively. I means the unit interval $[0,1] . \quad \operatorname{Cl}(\cdot), \operatorname{Int}(\cdot)$ and $\partial(\cdot)$ mean the closure, the interior and the boundary respectively. A handlebody of genus $n$ is defined by disk sum of $n$-copies of $S^{1} \times D^{2}$ where $D^{2}$ is a 2 -disk, and we call a handlebody of genus one a solid torus. A Heegaard splitting of genus $n$ of a closed orientable 3-manifold $M$ is a pair ( $\left.V_{1}, V_{2} ; F\right)$, where $V_{i}$ is a handlebody of genus $n(i=1,2)$ and $M=V_{1} \cup V_{2}$ and $V_{1} \cap V_{2}=\partial V_{1}=\partial V_{2}=F$. Then $F$ is called a Heegaard surface of $M$. According to J. Hempel [3] we call a closed orientable 3-manifold with a Heegaard splitting of genus one a lens space. A properly embedded surface $F$ in a 3-manifold $M$ is essential if $F$ is incompressible in $M$ and is not boundary parallel. $A \# B$ and $A \cong B$ mean the connected sum of $A$ and $B$ and that $A$ is homeomorphic to $B$ respectively. Furthermore for the definitions of standard terms in three dimensional topology and knot theory, we refer to [3], [4] and [9]. For the definition of a hierarchy for a 2-manifold and an isotopy of type $A$, we refer to [4].

## 1. Proof of Theorem 1

Lemma 1.1. If a compact orientable 3-manifold $M$ contains a compressible Klein bottle in Int $M$, then $M \cong S^{2} \times S^{1} \# M^{\prime}$ or $M \cong P^{3} \# P^{3} \# M^{\prime}$ for some compact orientable 3-manifold $M^{\prime}$.

Proof. Let $K$ be a compressible Klein bottle in $\operatorname{Int} M$, then there is a 2disk $D$ in $\operatorname{Int} M$ such that $D \cap K=\partial D$ and $\partial D$ is a 2 -sided essential simple loop in $K$. And so there is an embedding $D \times I \subset \operatorname{Int} M$ such that $D \times\{1 / 2\}=D$ and $(D \times I) \cap K=(\partial D \times I) \cap K=\partial D \times I$. By W. Lickorish [7] there are following two cases.

Case 1: $\quad \partial D$ cuts $K$ into an annulus. Then $(K-\partial D \times I) \cup(D \times\{0,1\})=S$ is a non-separating 2 -sphere in $M$, so $M \cong S^{2} \times S^{1} \# M^{\prime}$, because $K$ is one-sided in $M$.

Case 2: $\partial D$ cuts $K$ into two Möbius bands. Then $(K-\partial D \times I) \cup(D \times$ $\{0,1\})=P_{0} \cup P_{1}$ is a disjoint union of two one-sided projective planes in $M$, so $M \cong P^{3} \# P^{3} \# M^{\prime}$.

## Proof of Theorem 1.

Let $M$ be a closed orientable 3-manifold with a Heegaard splitting ( $V_{1}$, $\left.V_{2} ; F\right)$ of genus two. If $M$ contains a compressible Klein bottle, then by Lemma 1.1 $M \cong S^{2} \times S^{1} \# L$ where $L$ is a lens space or $M \cong P^{3} \# P^{3}$. In the both cases it is clear that $M$ contains a Klein bottle which intersects either $V_{1}$ or $V_{2}$ in a nonseparating disk. Hence we may assume that $M$ is neither homeomorphic to
$S^{2} \times S^{1} \# L$ nor to $P^{3} \# P^{3}$. Therefore any Klein bottle in $M$ is incompressible. For any Klein bottle in $M$ by thinning $V_{1}$ enough we may assume that the Klein bottle intersects $V_{1}$ in disks. Let $K$ be a Klein bottle in $M$ such that among all Klein bottles in $M$ which intersects $V_{1}$ in disks the number of the components of $K \cap V_{1}$ is minimal, and put $K_{i}=V_{i} \cap K(i=1,2)$. We may assume that $K_{2}$ is incompressible in $V_{2}$ because $K$ is incompressible in $M$. Then as in W. Jaco [4] we have a hierarchy $\left(K_{2}^{1}, \alpha_{1}\right),\left(K_{2}^{2}, \alpha_{2}\right), \cdots,\left(K_{2}^{n}, \alpha_{n}\right)$ for $K_{2}^{1}=K_{2}$ which gives rise to a sequence of isotopies in $M$ where the $i$-th isotopy is an isotopy of type A at $\alpha_{i}(i=1,2, \cdots, n)$. In addition we may suppose that $\alpha_{i} \cap \alpha_{j}=\phi(i \neq j)$, so we assume that each $\alpha_{i}$ is a properly embedded essential arc in $K_{2}$.

By W. Lickorish [7], each $\alpha_{i}$ is one of the following five types. We say that $\alpha_{i}$ is of type I if $\alpha_{i}$ meets two distinct components of $\partial K_{2}, \alpha_{i}$ is of type II if $\alpha_{i}$ meets only one compoent of $\partial K_{2}$ and $\alpha_{i}$ cuts $K_{2}$ into a planar surface and Klein bottle with hole(s), $\alpha_{i}$ is of type III if $\alpha_{i}$ meets only one component of $\partial K_{2}$ and $\alpha_{i}$ cuts $K_{2}$ into an annulus (with holes), $\alpha_{i}$ is of type IV if $\alpha_{i}$ meets only one component of $\partial K_{2}$ and $\alpha_{i}$ cuts $K_{2}$ into two Möbius bands (with holes), $\alpha_{i}$ is of type V if $\alpha_{i}$ meets only one component of $\partial K_{2}$ and $\alpha_{i}$ cuts $K_{2}$ into a Möbius band (with holes). (Fig. 1.1)


Fig. 1.1
In particular we say that $\alpha_{i}$ is a $d$-arc if $\alpha_{i}$ is of type I and there is a component $C$ of $\partial K_{2}$ such that $\alpha_{i} \cap C \neq \phi$ and $\alpha_{j} \cap C=\phi$ for all $j<i$. Put $K_{1}=D_{1} \cup D_{2}$ $\cup \ldots \cup D_{r}$ where $D_{i}$ is a disk and $C_{i}=\partial D_{i}$, so $\partial K_{2}=\partial K_{1}=C_{1} \cup C_{2} \cup \ldots \cup C_{r}$.

Before the proof of Theorem 1 we show some lemmas.
Lemma 1.2. Any $\alpha_{i}$ is not a d-arc.
Proof. If some $\alpha_{i}$ is a $d$-arc, then by using the argument of the inverse
operation of an isotopy of type A defined in M. Ochiai [9] we can show that there is a Klein bottle $K^{\prime}$ in $M$ such that each component of $K^{\prime} \cap V_{1}$ is a disk and the number of the components of $K^{\prime} \cap V_{1}$ is less that that of $K \cap V_{1}$. This is a contradiction.

## Lemma 1.3. Any $\alpha_{i}$ is not of type II.

Proof. If some $\alpha_{i}$ is of type II, then by the definition of type II there is an $\operatorname{arc} \beta$ in $\partial K_{2}$ such that $\beta \cap \alpha_{i}=\partial \beta=\partial \alpha_{i}$ and $\beta \cup \alpha_{i}$ bounds a planar surface $P$ in $K_{2}$. Since each $\alpha_{j}$ is an essential arc in $K_{2}$, some $\alpha_{j}$ in $P$ is a $d$-arc. Hence the conclusion follows from Lemma 1.2.

Lemma 1.4. If some $\alpha_{i}$ which is of type $V$ meets $C_{j}$, then $D_{j}$ is a nonseparating disk in $V_{1}$.

Proof. By performing an isotopy of type A at $\alpha_{i}$, we obtain a Möbius band in $V_{1}$. Since $V_{1}$ is orientable a Möbius band in $V_{1}$ is one-sided, and so $D_{j}$ is non-separating.

Lemma 1.5. $\alpha_{1}$ is of type III, IV or $V$. Moreover we may suppose without loss of generality that $\alpha_{1}$ meets $C_{1}$, and $D_{1}$ is a non-separating disk in $V_{1}$.

Proof. By lemma 1.2 and lemma $1.3 \alpha_{1}$ is of type III, IV or V. Suppose that $\alpha_{1}$ meets $C_{1}$. If $\alpha_{1}$ is of type V then by Lemma $1.4 D_{1}$ is a non-separating disk in $V_{1}$. So we suppose that $\alpha_{1}$ is of type III or IV and $D_{1}$ is a separating disk in $V_{1}$. Let $A_{1}$ be an annulus in $V_{1}$ obtained by performing an isotopy of type A at $\alpha_{1}$ and $K^{\prime}$ be the image of $K$ after the isotopy. Then $K^{\prime} \cap V_{1}=A_{1} \cup D_{2}$ $\cup \ldots \cup D_{r}$ and there is an annulus $A^{\prime}$ in $\partial V_{1}$ such that $K^{\prime} \cap A^{\prime}=A_{1} \cap A^{\prime}=\partial A_{1}=$ $\partial A^{\prime}$. Let $K^{\prime \prime}=\left(K^{\prime}-A_{1}\right) \cup A^{\prime}$, then $K^{\prime \prime}$ is a Klein bottle in $M$ and by pushing $A^{\prime}$ into $V_{2}$ we obtain a Klein bottle $\bar{K}$ from $K^{\prime \prime}$ such that each component of $\bar{K} \cap V_{1}$ is a disk and the number of the components of $\bar{K} \cap V_{1}$ is less than that of $K \cap V_{1}$. This is a contradiction. Therefore $D_{1}$ is a non-separating disk in $V_{1}$.

Now by Lemma 1.2 and Lemma $1.3 \alpha_{2}$ is of type III, IV or V.
Case 1: $\alpha_{1}$ is of type III or IV.
At first let $\alpha_{2}$ be of type III or IV. If $\alpha_{2}$ also meets $C_{1}$, then there are two arcs $\beta_{1}, \beta_{2}$ in $C_{1}$ such that $\partial\left(\beta_{1} \cup \beta_{2}\right)=\partial\left(\alpha_{1} \cup \alpha_{2}\right)$ and $\left(\beta_{1} \cup \alpha_{1}\right) \cup\left(\beta_{2} \cup \alpha_{2}\right)$ bounds a planar surface in $K_{2}$, so there is a $d$-arc $\alpha_{j}$ for some $j \geq 3$. Therefore, by Lemma 1.2, $\alpha_{2}$ meets only $C_{2}$. Let $K^{1}$ be the image of $K$ after an isotopy of type A at $\alpha_{1}$ and $K^{2}$ be the image of $K^{1}$ after an isotopy of type A at $\alpha_{2}$. Then $K^{2} \cap V_{1}=A_{1} \cup A_{2} \cup D_{3} \cup \ldots \cup D_{r}$, where $A_{i}$ is an essential annulus properly embedded in $V_{1}(i=1,2)$. By cutting $V_{1}$ along a disk $D$ parallel to $D_{2}$ missing $A_{1} \cup A_{2}$ we obtain a solid torus $V$ containing $A_{1} \cup A_{2}$. (Fig. 1. 2).

So we obtain an annulus $A^{\prime}$ in $\partial V$ missing the image of $D$, so in $\partial V_{1}$, such


Fig. 1.2
that $A_{i} \cap A^{\prime}=a$ component of $\partial A_{i}=a$ component of $\partial A^{\prime}(i=1,2)$ and $K^{2} \cap$ $A^{\prime}=\partial A^{\prime}$. By cutting $K$ along $A^{\prime}$ and pasting $A^{\prime}$ to the boundaries of the suitable component(s), we obtain a Klein bottle $K^{\prime}$ such that $K^{\prime} \cap V_{1}=A^{\prime \prime} \cup D_{i 1} \cup$ $\cdots \cup D_{i p}(p \leq r-2)$ where $A^{\prime \prime}$ is an annulus and $\left\{D_{i 1}, \cdots, D_{i p}\right\}$ is a subset of $\left\{D_{3}\right.$, $\left.\cdots, D_{r}\right\}$. In the case that $A^{\prime \prime}$ is boundary parallel, then by pushing $A^{\prime \prime}$ into $V_{2}$ we obtain a Klein bottle which intersects $V_{1}$ in $p$ disks. In the case that $A^{\prime \prime}$ is essential, then by performing an isotopy of type A we obtain a Klein bottle which intersects $V_{1}$ in $p+1$ disks. This is a contradiction. Therefore $\alpha_{2}$ must be of type V. By Lemma 1.4 and Lemma $1.5 \alpha_{2}$ must meet $C_{1}$ and $r=1$. This completes the proof of Case 1.

Case 2: $\alpha_{1}$ is of type V.
At first let $\alpha_{2}$ be of type III or IV. If $\alpha_{2}$ also meets $C_{1}$ and $\alpha_{2}$ is of type III, then $\alpha_{1} \cup \alpha_{2}$ cuts $C l\left(K-D_{1}\right)$ into a disk, and so $r=1$ by Lemma 1.2. If $\alpha_{2}$ also meets $C_{1}$ and $\alpha_{2}$ is of type IV, then by Lemma $1.2 \alpha_{2}$ is an inessential arc in $K_{2}^{2}$ where $K_{2}^{2}$ is a surface obtained by cutting $K_{2}^{1}=K \cap V_{2}$ along $\alpha_{1}$. This is a


Fig. 1.3
contradiction. Therefore $\alpha_{2}$ meets only $C_{2}$ and is of type IV. Let $A_{1}$ be a Möbius band obtained by an isotopy of type A at $\alpha_{1}$, and $A_{2}$ be an annulus obtained by an isotopy of type A at $\alpha_{2}$. If there is a properly embedded 2-disk $D$ in $V_{1}$ such that $D$ cuts $V_{1}$ into two solid tori $T_{1}$ and $T_{2}$ and $A_{i}$ is properly embedded in $T_{i}(i=1,2)$. (Fig 1.3)

Then by the argument of Lemma 1.5 we obtain a Klein bottle $K^{\prime}$ such that each component of $K^{\prime} \cap V_{1}$ is a disk and the number of the components of $K^{\prime} \cap V_{1}$ is less than that of $K \cap V_{1}$. This is a contradiction. Hence there is a non-separating 2-disk $D$ properly embedded in $V_{1}$ with $D \cap A_{i}=\phi(i=1,2)$. (Fig. 1.4)

Let $T$ be a solid torus obtained by cutting $V_{1}$ along $D$. Since $\partial A_{1}$ and $\partial A_{2}$ are mutually parallel simple loops in $\partial T$, there is an annulus $A^{\prime}$ in $\partial_{2} T$ missing the image of $D$, so in $\partial V_{1}$, such that $A_{1} \cap A^{\prime}=\partial A_{1}=a$ component of $\partial A^{\prime}$ and $A_{2} \cap A^{\prime}=a$ component of $\partial A_{2}=a$ component of $\partial A^{\prime}$. By cutting $K$ along $\partial A^{\prime}$ and pasting $A^{\prime}$ to the boundaries of the suitable components we obtain a Klein bottle $K^{\prime}$ such that $K^{\prime} \cap V_{1}=S \cup D_{i 1} \cup \ldots \cup D_{i p}(p \leq r-2)$ where $S$ is a Möbius band and $\left\{D_{i 1}, \cdots, D_{i p}\right\}$ is a subset of $\left\{D_{3}, \cdots, D_{r}\right\}$. Then by performing an isotopy of type A we obtain a Klein bottle which intersects $V_{1}$ in $p+1$ disks. This is a contradiction.

Secondly let $\alpha_{2}$ be of type V. If $\alpha_{2}$ also meets $C_{1}$ then we have the following two cases.

Case (a): Each component of $C_{1}-\partial \alpha_{1}$ contains one point of $\partial \alpha_{2}$.
Case (b): $\partial \alpha_{2}$ is contained in a component of $C_{1}-\partial \alpha_{1}$.
If Case (a) holds, then by Lemma $1.2 \alpha_{2}$ is an inessential arc in $K_{2}^{2}$ where $K_{2}^{2}$ is a surface obtained by cutting $K_{2}^{1}=K \cap V_{2}$ along $\alpha_{1}$. This is a contradiction. If Case (b) holds, then $\alpha_{1} \cup \alpha_{2}$ cuts $C l\left(K-D_{1}\right)$ into a disk, so $r=1$ by Lemma 1.2.

If $\alpha_{2}$ meets only $C_{2}$, then $\alpha_{3}$ meets $C_{1}, C_{2}$ or $C_{3}$. If $\alpha_{3}$ meets only $C_{3}$, then $\alpha_{3}$ must be of type IV. By a similar argument of the first case of Case 2, we get


Fig. 1.4
a contradiction. If $\alpha_{3}$ meets either only $C_{1}$ or only $C_{2}$, then $\alpha_{3}$ is an inessential $\operatorname{arc}$ in $K_{2}^{2}$. Hence $\alpha_{3}$ is of type I and meets both $C_{1}$ and $C_{2}$. Let $K^{\prime}$ be the image of $K$ after a sequence of isotopies of type A at $\alpha_{1}$, at $\alpha_{2}$ and at $\alpha_{3}$. Then $K^{\prime} \cap V_{2}$ is a single disk. This completes the proof.

## 2. Statement and proof of Theorem 2

Let $K$ be a Klein bottle and $K I$ be the (orientable) twisted $I$-bundle over $K$. Then $K I$ admits two Seifert fibrations $\mathscr{F}_{1}, \mathscr{F}_{2}$ where the orbit manifold of $\mathscr{F}_{1}$ is a disk with two exceptional points of each index 2 , and the orbit manifold of $\mathscr{F}_{2}$ is a Möbius band without exceptional points. (see Ch. VI of W. Jaco [4]). Let $\alpha$ be a fiber of $\mathscr{F}_{1}$ in $\partial K I$ and $\beta$ be a fiber of $\mathscr{F}_{2}$ in $\partial K I$. In the following we give three families of closed orientable 3 -manifolds containing a Klein bottle.
$C(1)$ : Let $M(k)$ be a two bridge knot exterior in $S^{3}$ where $k$ is a two bridge knot (possibly trivial) (c.f. Ch. 4 of D. Rolfsen [10]). Let $\mu_{1}, \mu_{2}$ be two disjoint meridians of $k$ in $\partial M(k)$ and $\bar{\mu}_{1}, \bar{\mu}_{2}$ be two disjoint simple loops in $\operatorname{Int} M(k)$ obtained by pushing $\mu_{1}$ and $\mu_{2}$ into $\operatorname{Int} M(k)$. Let $M_{1}$ be a 3 -manifold obtained
from $M(k)$ by performing arbitrary Dehn surgeries on $M(k)$ along $\bar{\mu}_{1}$ and $\bar{\mu}_{2}$. Then $C(1)$ is the family which consists of all 3-manifolds obtained from $M_{1}$ and $K I$ by identifying $\partial K I$ with $\partial M_{1}$ by a homeomorphism which takes $\beta$ to $\mu_{1}$.
$C(2)$ : Let $M(k), \mu_{1}$ and $\bar{\mu}_{1}$ be a two bridge knot exterior, a meridian of $k$ in $\partial M(k)$ and a simple loop in $\operatorname{Int} M(k)$ as in $C(1)$ respectively. Let $M_{2}$ be a 3manifold obtained from $M(k)$ by performing an arbitrary Dehn surgery on $M(k)$ along $\bar{\mu}_{1}$. Then $C(2)$ is the family which consists of all 3-manifolds obtained from $M_{2}$ and $K I$ by identifying $\partial K I$ with $\partial M_{2}$ by a homeomorphism which takes $\alpha$ to $\mu_{1}$.
$C(3):$ Let $L=V_{1} \cup V_{2}$ be a lens space where $V_{i}$ is a solid torus ( $i=1,2$ ) and $V_{1} \cap V_{2}=\partial V_{1}=\partial V_{2}$. Let $L(k)$ be a one bridge knot exterior in $L$ (i.e. $k$ is a simple loop in $L$ and for $i=1,2\left(V_{i}, V_{i} \cap k\right)$ is homeomorphic to $(A \times I,\{p\} \times I)$ as pairs where $A$ is an annulus and $p$ is a point in $\operatorname{Int} A$ ). Let $\mu$ be a meridian of $k$ in $\partial L(k)$. Then $C(3)$ is the family which consists of all 3-manifolds obtained from $L(k)$ and $K I$ by identifying $\partial K I$ with $\partial L(k)$ by a homeomorphism which takes $\alpha$ to $\mu$.

Theorem 2. Let $M$ be a closed connected orientable 3-manifold with a Heegaard splitting of genus two. Then $M$ contains a Klein bottle if and only if $M$ belongs to one of $C(1), C(2)$ or $C(3)$.

For the proof of Theorem 2 we prepare the following two Lemmas.
Lemma 2.1 (Lemma 3.2 of T. Kobayashi [6]). Let $V$ be a handlebody of genus two and $A$ be a non-separating essential annulus properly embedded in $V$. Then $A$ cuts $V$ into a handlebody $V^{\prime}$ of genus two and there is a complete system of meridian disks $\left\{D_{1}, D_{2}\right\}$ of $V^{\prime}$ such that $D_{1} \cap A$ is an essential arc of $A$. (Fig. 2.1)


Fig. 2.1
Lemma 2.2. Let $S$ be a Möbius band properly embedded in a handlebody $V$ of genus $n$. Then there is a 2-disk $D$ properly embedded in $V$ which cuts $V$ into $V_{1}$ and $V_{2}$ where $V_{1}$ is a solid torus and $V_{2}$ is a handlebody of genus $n-1$ and $S$ is

## properly embedded in $V_{1}$.

Proof. Since Möbius band can not be properly embedded in a 3-ball, by using a complete system of meridian disks in $V$, we can find a non-separating disk $D_{1}$ properly embedded in $V$ such that $D_{1} \cap S \neq \phi$ and there is a component $\alpha$ of $D_{1} \cap S$ which is an essential arc in $S$ and is innermost in $D_{1}$. Therefore there is a 2-disk $D_{2}$ in $D_{1}$ such that $\partial D_{1} \cap D_{2}=\beta$ is an arc and $\alpha \cap \beta=\partial \alpha=\partial \beta$ and $\alpha \cup \beta=\partial D_{2}$. Then there is a proper embedding $D_{2} \times I \subset V$ such that $D_{2} \times\{1 / 2\}=D_{2}$ and $\left(D_{2} \times I\right) \cap S=\alpha \times I$. Let $D_{3}=(S-(\alpha \times I))^{\cup}\left(D_{2} \times\{0\}\right)^{\cup}$ ( $D \times\{1\}$ ). Since $S$ is one-sided in $V, D_{3}$ is a non-separating disk properly embedded in $V$. (Fig. 2.2)


Fig. 2.2
Let $S_{1}=D_{3} \cup(\beta \times I)$, then $S_{1}$ is a Möbius band and $S$ is obtained by pushing $S_{1}$ slightly into Int $V$. Let $N$ be a regular neighborhood of $S_{1}$ in $V$, then $N$ is a solid torus and $S$ may be supposed to be properly embedded in $N$. Therefore $D=C l(\partial N-\partial V)$ is the 2-disk satisfying the conditions of this Lemma.

## Proof of Theorem 2.

Let $\left(V_{1}, V_{2} ; F\right)$ be a Heegaard splitting of genus two of $M$. If $M$ contains a compressible Klein bottle, then by Lemma $1.1 M \cong S^{2} \times S^{1} \# L$ where $L$ is a lens space or $M \cong P^{3} \# P^{3}$. If $M \cong S^{2} \times S^{1} \# L$, then $M$ belongs to $C(3)$ because $S^{2} \times S^{1}$ is obtained from $K I$ and a solid torus by identifying their boundaries by some homeomorphism. If $M \cong P^{3} \# P^{3}$, then $M$ belongs to $C(2)$ by the same reason as above. If $M$ contains an incompressible Klein bottle, then by Theorem 1 we can suppose without loss of generality that there exists a Klein bottle $K$ in $M$ which intersects $V_{1}$ in a non-separating disk. For $i=1,2$ put $K_{i}=K \cap V_{i}$ then $K_{1}$ is a non-separating disk in $V_{1}$ and $K_{2}$ is a Klein bottle with one hole in $V_{2}$. Let $\bar{\alpha}$ be an essential arc in $K_{2}$ which gives rise to an isotopy of type $A$ at $\bar{\alpha}$ and $\bar{K}$ be the image of $K$ after an isotopy of type A at $\bar{\alpha}$ and put $\bar{K}_{i}=\bar{K} \cap V_{i}$ $(i=1,2)$. Then we have the following three cases.

Case (1): $\bar{\alpha}$ is of type III. For $i=1,2 \bar{K}_{i}$ is a non-separating essential annulus in $V_{i}$. So by using a similar argument of $\S 4$ of T. Kobayashi [5] and noting Lemma 2.1, we can show that $M$ belongs to $C(1)$.

Case (2): $\bar{\alpha}$ is of type IV. $\bar{K}_{1}$ is a non-separating essential annulus in $V_{1}$ and $\bar{K}_{2}$ is a disjoint union of two Möbius bands in $V_{2}$. So by using a similar argument of $\S 4$ of T. Kobayashi [5] and noting Lemma 2.1 and Lemma 2.2, we can show that $M$ belongs to $C(2)$.

Case (3): $\bar{\alpha}$ is of type V. For $i=1,2 \bar{K}_{i}$ is a Möbius band in $V_{i}$. So by using a similar argument of $\S 4$ of T. Kobayashi [5] and noting Lemma 2.2, we can show that $M$ belongs to $C(3)$.

Conversely if $M$ belongs to one of $C(1), C(2)$ or $C(3)$, then by tracing back the above procedure it is easy to see that $M$ has a Heegaard splitting of genus two and contains a Klein bottle. This completes the proof.

Remarks.
(1) In the case that $M$ is irreducible and has a non-trivial torus decomposition and has a Heegaard splitting of genus two, then $M$ is completely characterized by T. Kobayashi [6].
(2) In the case that $M$ is connected sum of two lens spaces $L_{1}$ and $L_{2}$ and contains a Klein bottle, then it is easily checked that either $L_{1}$ or $L_{2}$ is homeomorphic to $L(4 n, 2 n+1)$ for some non-negative integer $n$ or both $L_{1}$ and $L_{2}$ are homeomorphic to $P^{3}$.

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