

REGULAR NEIGHBORHOODS OF ORIENTABLE 3-MANIFOLDS

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1. INTRODUCTION

If M^m and Q^q are PL manifolds with $M \subseteq Q$, any two regular neighborhoods of M in Q are isotopic relative to M [1]. The matter of classifying different regular neighborhoods of a fixed M has been studied by C. P. Rourke and B. J. Sanderson [6], who construct a universal classifying space $BPL_{\tilde{q}}$; different neighborhoods correspond to homotopy classes of (Δ -) maps of M into $BPL_{\tilde{q}}$.

In this paper, the different regular neighborhoods of orientable 2- and 3-manifolds will be constructed and compared. As is usually the case, two regular neighborhoods N_1 and N_2 of a manifold M will be considered the same ($N_1 \cong N_2$) if and only if there exists a PL homeomorphism $h: N_1 \rightarrow N_2$ such that $h(x) = x$ for all $x \in M$. It will be seen in these two cases that the distinct orientable regular neighborhoods are in one-to-one correspondence with the elements of $H^2(M; \mathbb{Z}_2)$. A similar classification exists for tubular neighborhoods of differentiably embedded closed orientable 2- and 3-manifolds; the techniques are easily adapted to the differentiable case.

The notation and definitions used here will be consistent with those found in J. F. P. Hudson's book [4]. The boundary of a manifold M will be denoted by ∂M , and Δ^n will be the standard n -simplex; further, we write

$$I = [0, 1], \quad I^1 = [-1, 1], \quad I^n = I^{n-1} \times I^1, \quad S^n = \partial I^{n+1}.$$

If L and K are simplicial complexes with $L < K$, $cx(K - L)$ will be used to denote the smallest subcomplex of K that contains $K - L$; by $K''(\text{rel } L)$ we shall mean a second derived subdivision of K relative to L . All maps and manifolds will be PL. In particular, if V and V' are PL manifolds, a *concordance* is a PL homeomorphism $H: V \times I \rightarrow V' \times I$ that maps $V \times \{i\}$ homeomorphically to $V' \times \{i\}$ for $i = 0, 1$. Two homeomorphisms $f_0, f_1: V \rightarrow V'$ are said to be *concordant relative to* $X \subseteq V$ in case there exists a concordance $H: V \times I \rightarrow V' \times I$ with $H_0 = f_0$ and $H_1 = f_1$ such that $H(x, t) = (H_0(x), t)$ for all $x \in X$. In this event, H is said to be *fixed* on X .

Block bundles [6] are a key tool in the construction, as are Δ -sets and their homotopy groups [7]. Of particular importance are the Δ -sets $PL_{\tilde{q}}$, whose k -simplexes are block isomorphisms of $\Delta^k \times I^q$ onto itself, and $PL_q(I)$, the sub- Δ -set of fibre-preserving block isomorphisms. Each of these sets has two components; however, the symbols $PL_{\tilde{q}}$ and $PL_q(I)$ will be used here (incorrectly) to represent only the component containing the identity map.

If K is a simplicial complex (with the set of vertices totally ordered), \underline{K} will represent the associated Δ -set. Each n -simplex $A \in K$ will be identified with Δ^n according to the order of its vertices by a map σ^n . This identification induces for

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each q a unique linear homeomorphism $i_A: A \times I^q \rightarrow \Delta^n \times I^q$ defined for $(x, t) \in A \times I^q$ by the equation $i_A(x, t) = (\sigma^n(x), t)$. Hence a Δ -map $\underline{f}: \underline{K} \rightarrow \text{PL}_q^{\sim}$ (respectively, $\text{PL}_q(\mathbb{I})$) induces a PL homeomorphism $f: K \times I^q \rightarrow K \times I^q$, where for each $A \in K$ the restriction of f to $A \times I^q$ is $i_A^{-1} \circ \underline{f}(A) \circ i_A$. Such a homeomorphism will be called a *block isomorphism* (respectively, a *fibre-preserving block isomorphism*) with base K and blocks I^q .

In Section 2 it will be shown that each orientable regular neighborhood of an orientable 2- or 3-manifold can be written as the union of two product neighborhoods identified by a homeomorphism along certain subsets of their boundary. An equivalence relation will be introduced such that equivalent homeomorphisms define the same neighborhood. In Section 3, these homeomorphisms will be studied; in Sections 4 and 5, orientable regular neighborhoods of orientable 2- and 3-manifolds will be classified.

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2. PRELIMINARY LEMMAS

Let $M^m \subseteq Q^{q+3}$ be closed orientable connected PL manifolds ($m = 2$ and $q \geq 2$ or $m = 3$ and $q \geq 3$), and write $M = M_1 \cup_f M_2$, where M_1 and M_2 are orientable discs (or cubes) with handles having connected boundaries. For $i = 1, 2$, let N_i be a regular neighborhood of M_i relative to ∂M_i in Q^q such that $N = N_1 \cup N_2$ is a regular neighborhood of M and such that $N_1 \cap N_2 = N_i' \subseteq \partial N_i$ is a regular neighborhood of ∂M_i in ∂N_i . Since M_1 and M_2 collapse to a wedge of circles, N_1 and N_2 do also. In fact, as a consequence of J. F. P. Hudson's unknotting theorem and the theory of regular neighborhoods, there exists a homeomorphism

$$G_i: (M_i \times I^q, M_i \times \{0\}) \rightarrow (N_i, M_i)$$

such that

$$(1) \quad G_i(x, 0) = x \quad \text{for all } x \in M_i$$

and

$$(2) \quad G_i | \partial M_i \times I^q: \partial M_i \times I^q \cong N_i'.$$

Therefore $G_1 \cup G_2: (M_1 \times I^q) \cup (M_2 \times I^q) \rightarrow N$ is a homeomorphism if $\partial M_1 \times I^q$ is identified with $\partial M_2 \times I^q$ by the homeomorphism $G_2^{-1} G_1 | \partial M_1 \times I^q$.

Hence, up to homeomorphism, every orientable regular neighborhood of M is of the form $(M_1 \times I^q) \cup_F (M_2 \times I^q)$, where $F: \partial M_1 \times I^q \rightarrow \partial M_2 \times I^q$ is a homeomorphism that extends f .

Notation. (a) Let M_1 and M_2 be manifolds with boundary, let $f: \partial M_1 \rightarrow \partial M_2$ be a homeomorphism, and let $M = M_1 \cup_f M_2$. If $F: \partial M_1 \times I^q \rightarrow \partial M_2 \times I^q$ is a homeomorphism extending f , we shall use either $N_q(M_1, M_2; F)$ or $N_q(M_1, M; F)$ or simply $N_q(M; F)$ to denote $(M_1 \times I^q) \cup_F (M_2 \times I^q)$.

(b) If $G: N_q(M; F_0) \rightarrow N_q(M; F_1)$ is a homeomorphism such that $G(x, 0) = (x, 0)$ for all $x \in M$, we shall say that G is *0-preserving*.

Now, while every orientable neighborhood of M is of the form $N_q(M_1, M_2; F)$, it is also clear that different extensions of f may define the same neighborhood.

The next two lemmas dismiss the obvious cases and suggest a useful equivalence relation. In both cases, M_1 and M_2 are manifolds with boundary, and $f: \partial M_1 \rightarrow \partial M_2$ is a homeomorphism.

LEMMA 1. Let $F_0, F_1: \partial M_1 \times I^q \rightarrow \partial M_2 \times I^q$ be homeomorphisms extending f . If there exists a concordance

$$H: \partial M_1 \times I^q \times I \rightarrow \partial M_1 \times I^q \times I,$$

fixed on $\partial M_1 \times \{0\}$, such that $H_0 = F_1^{-1} \circ F_0$ and $H_1 = \text{identity}$, then there exists a 0-preserving homeomorphism $G: N_q(M; F_0) \rightarrow N_q(M; F_1)$.

Proof. Let $c: \partial M_1 \times I \rightarrow M_1$ be a boundary collar with $c(x, 0) = x$ for all $x \in \partial M_1$, and let $C: \partial M_1 \times I^q \times I \rightarrow M_1 \times I^q$ be the map $C(x, y, t) = (c(x, t), y)$. The desired homeomorphism G is given by

$$G(x, y) = \begin{cases} (x, y) & \text{for } (x, y) \in \text{cl}(M - c(\partial M_1 \times I)) \times I^q, \\ \text{CHC}^{-1}(x, y) & \text{for } (x, y) \in c(\partial M_1 \times I) \times I^q. \end{cases}$$

LEMMA 2. Let $F: \partial M_1 \times I^q \rightarrow \partial M_2 \times I^q$ be a homeomorphism extending f . If $h: I^q \rightarrow I^q$ is a homeomorphism such that $h(0) = 0$, and if $H: \partial M_1 \times I^q \rightarrow \partial M_1 \times I^q$ is defined by the equation $H(x, y) = (x, h(y))$, then there exists a 0-preserving homeomorphism $G: N_q(M; F) \rightarrow N_q(M; FH)$.

This lemma is obvious.

Definition. Let V, V_1, V_2 be manifolds.

(a) Homeomorphisms $F_0, F_1: V_1 \times I^q \rightarrow V_2 \times I^q$ will be called *equivalent* (notation: $F_0 \sim F_1$) if F_0 is concordant to F_1 relative to $V_1 \times \{0\}$.

(b) A homeomorphism $F: V \times I^q \rightarrow V \times I^q$ will be said to *reflect* $V \times I^q$ in V if the induced isomorphism $F_*: H_*(V \times I^q, V \times \partial I^q) \rightarrow H_*(V \times I^q, V \times \partial I^q)$ is not the identity.

(c) $C_q(V)$ will denote the group of \sim -equivalence classes of 0-preserving homeomorphisms of $V \times I^q$ onto itself that do not reflect $V \times I^q$ in V . An element of an equivalence class will be called a C_q -homeomorphism.

From Lemmas 1 and 2 it is apparent that equivalent extensions of $f: \partial M_1 \rightarrow \partial M_2$ define the same neighborhood of M . We shall see, however, that in some cases non-equivalent homeomorphisms define the same neighborhood. For example, if $F: \partial M_1 \times I^q \rightarrow \partial M_2 \times I^q$ is a homeomorphism extending f , and if

$$G: M_2 \times I^q \rightarrow M_2 \times I^q$$

is a 0-preserving homeomorphism, then $N_q(M; F) \cong N_q(M; GF)$, but there is no reason to suppose that F is equivalent to GF .

In any event, the first step is to understand better the groups $C_q(V)$ for $V = \partial M_1$ or ∂M_2 and to determine the conditions under which one and hence each representative of a particular equivalence class can be extended to a homeomorphism of $M_1 \times I^q$.

3. C_q -HOMEOMORPHISMS

Let M be a manifold, and let $g: M \times I^q \rightarrow M \times I^q$ be a C_q -homeomorphism. Then we can regard M as a simplicial complex, and we can assume that g is simplicial. Moreover, by virtue of [6, Theorem 4.4], g is \sim -equivalent to a block isomorphism, and if $g|_{\partial M \times I^q}$ is already a block isomorphism, then the concordance can be taken relative to $\partial M \times I^q$.

Suppose then that K is a triangulation of M , and let \underline{K} represent the Δ -set defined by K (with some ordering of the vertices). Since block isomorphisms of $K \times I^q$ onto itself correspond bijectively with homotopy classes of Δ -maps from \underline{K} into $PL_{\tilde{q}}$, and since Δ -homotopies correspond bijectively with \sim -equivalences, there exists a bijection (of sets) between $C_q(M)$ and the set of homotopy classes $[\underline{K}; PL_{\tilde{q}}]$. Likewise, if $L < K$ is a triangulation of ∂M , then a block isomorphism $g: L \times I^q \rightarrow L \times I^q$ extends to a 0-preserving homeomorphism of $K \times I^q$ onto itself if and only if the induced Δ -map $\underline{g}: \underline{L} \rightarrow PL_{\tilde{q}}$ extends to a map of \underline{K} into $PL_{\tilde{q}}$.

LEMMA 3. *Let $L < K$ be simplicial complexes, let $(\underline{K}, \underline{L})$ be the associated Δ -sets, and let $\underline{g}: (\underline{K}, \underline{L}) \rightarrow (PL_{\tilde{q}}, PL_q(I))$ ($q \geq 3$).*

(a) *If $\dim(K) \leq 2$, then \underline{g} is homotopic relative to \underline{L} to a Δ -map $\underline{h}: \underline{K} \rightarrow PL_q(I)$.*

(b) *If $\dim(K) \leq 3$, then there exists a Δ -map $\underline{h}: \underline{K} \rightarrow PL_q(I)$ that agrees with \underline{g} on \underline{L} .*

In other words, if K is a 1- or 2-manifold, then the natural map $[\underline{K}, PL_q(I)] \rightarrow [\underline{K}, PL_{\tilde{q}}]$ is a bijection.

Proof. The proof is by induction on the dimension of K , and it follows immediately from the triviality of the groups $\pi_i(PL_{\tilde{q}}, PL_q(I))$ and $\pi_2(PL_q(I))$ for $i \leq 2$ and $q \geq 3$ [3].

It follows that if V is a 1- or 2-manifold, then each equivalence class in $C_q(V)$ contains a fibre-preserving block isomorphism. In particular, if $|K| = S^1$, then

$$C_q(S^1) \approx [\underline{K}, PL_q(I)] \approx \pi_1(PL_q(I)) \approx Z_2.$$

Likewise, since $\pi_2(PL_q(I)) \approx 0$,

$$C_q(S^1 \times S^1) \approx \pi_1(PL_q(I)) \oplus \pi_1(PL_q(I)) \approx Z_2 \oplus Z_2.$$

If I^q is identified with the unit q -ball B^q , then, since $\pi_1(PL_q(I)) \approx \pi_1(SO(q))$, the induced homeomorphism $f: S^1 \times B^q \rightarrow S^1 \times B^q$ can be realized as a fibre-preserving $SO(q)$ bundle map of the form $G(x, y) = (x, g_x(y))$, where $g_x = g(x)$, and $g: S^1 \rightarrow SO(q)$ represents a generator of $\pi_1(SO(q))$. The map $g: S^1 \rightarrow SO(q)$ can in turn be defined at each point $e^{i\theta} \in S^1$ as the $(q-2)$ -fold suspension of the map $g_2: S^1 \rightarrow SO(2)$, where $g_2(e^{i\theta})$ is the rotation of B^2 through θ radians.

A nice geometric analysis of maps $f: S^1 \times I^3 \rightarrow S^1 \times I^3$ is presented in [2].

COROLLARY 1. *Let $(M, \partial M)$ be a 2- or 3-manifold with triangulation (K, L) , and let $g: M \times I^q \rightarrow M \times I^q$ be a fibre-preserving block isomorphism induced by $\underline{g}: \underline{L} \rightarrow PL_q(I)$. Then g extends to a 0-preserving homeomorphism*

$$G: M \times I^q \rightarrow M \times I^q$$

if and only if \underline{g} extends to map \underline{K} into $PL_q(I)$.

Proof. If \underline{g} extends, it is evident that g extends. Conversely, as we observed earlier, every 0-preserving extension of g is \sim -equivalent relative to $\partial M \times I^q$ to a block isomorphism. Therefore the desired extension exists, by Lemma 3(b).

COROLLARY 2. *Let $(M, \partial M)$ be a 2-manifold with triangulation (K, L) , and let $\underline{g}: \underline{L} \rightarrow PL_q(I)$ be a map. Then \underline{g} extends to map \underline{K} into $PL_q(I)$ if and only if $\underline{g} \simeq 0$.*

Proof. If $\underline{g} \simeq 0$, then \underline{g} clearly extends, and conversely, since $\pi_1(PL_q(I)) \approx \mathbb{Z}_2$.

COROLLARY 3. *Let U_n be a solid orientable 3-dimensional handlebody of genus n with triangulation K , and let $\underline{g}: \partial \underline{K} \rightarrow PL_q(I)$.*

(a) *There exist a solid torus $T \subseteq \text{int}(U_n)$ with triangulation $K_0 < K''$ (rel ∂K) and an extension $\underline{G}: \underline{L} \rightarrow PL_q(I)$, where $\underline{L} = \text{cx}(K'' \text{ (rel } \partial K) - K_0)$.*

(b) *If $n = 1$ and $J < \partial K$ represents a meridian, then $\underline{g}: \partial \underline{K} \rightarrow PL_q(I)$ extends if and only if $\underline{g} \mid \underline{J} \simeq 0$.*

Proof. If $n = 0$, then $U_n = I^3$ and \underline{g} extends to all of \underline{K} , since $\pi_2(PL_q(I)) \approx 0$.

Otherwise, let $A_1, \dots, A_n < \partial K$ be subcomplexes representing meridians of U_n , and let $\Delta_1, \dots, \Delta_n < K$ be disjoint discs with $\partial \Delta_i = A_i$. Choose discs $D_1, \dots, D_{n-1} < K$ disjoint from each other and from the Δ_i , with $(D_i, \partial D_i) < (K, \partial K)$ and such that $A_i \cup \partial D_i \cup A_{i+1}$ bound on ∂K .

Suppose first that $\underline{g} \mid \underline{A}_i \not\simeq 0$ for all i ($1 \leq i \leq n$). Then, since $\pi_1(PL_q(I)) \approx \mathbb{Z}_2$, $\underline{g} \mid \partial \underline{D}_i \simeq 0$ and hence \underline{g} extends to a map of $\partial \underline{K} \cup \left(\bigcup_{i=1}^{n-1} \underline{D}_i \right)$ into $PL_q(I)$. Let $T \subseteq \text{int}(U_n)$ be a solid torus that intersects each Δ_i once and misses each D_i and such that the region between T and $\partial U_n \cup \left(\bigcup_{i=1}^{n-1} \partial D_i \right)$ is homeomorphic to $\partial T \times (0, 1)$. Since T can easily be chosen to coincide with a subcomplex of K'' (rel ∂K), the map \underline{g} will extend.

Now, if $\underline{g} \mid \underline{A}_i \not\simeq 0$ for $1 \leq i \leq k < n$, and $\underline{g} \mid \underline{A}_i \simeq 0$ for $k < i \leq n$, then \underline{g} extends to map \underline{A}_i into $PL_q(I)$ for $k < i \leq n$. After we cut U_n along these Δ_i , the proof follows as above.

(b) follows immediately from (a), since $\pi_2(PL_q(I)) \approx 0$.

4. REGULAR NEIGHBORHOODS OF TWO-MANIFOLDS

As we have seen, if M is a closed orientable 2-manifold embedded in a $(q + 2)$ -manifold Q ($q \geq 3$), and if N is an orientable regular neighborhood of M in Q , then corresponding to each decomposition $M = M_1 \cup M_2$ with

$$M_1 \cap M_2 = \partial M_1 = \partial M_2 = \Sigma \cong S^1$$

there exist a C_q -homeomorphism $g: \Sigma \times I^q \rightarrow \Sigma \times I^q$ and a homeomorphism $H: N \rightarrow N_q(M_1, M_2; g)$ such that $H(x) = (x, 0)$ for all $x \in M$. Since $C_q(\Sigma) \approx \mathbb{Z}_2$, it remains only to observe that the two possible neighborhoods are distinct.

Let K be a triangulation of Σ , let $\underline{g}: \underline{K} \rightarrow PL_q(I)$ be a map onto a generator of $\pi_1(PL_q(I))$, and let $g: \partial M_1 \times I^q \rightarrow \partial M_2 \times I^q$ be the induced homeomorphism.

THEOREM 1 (T. M. Price [5]). *Let M be a closed orientable 2-manifold piecewise-linearly embedded in a $(q + 2)$ -manifold Q ($q \geq 3$). Let $M_1, M_2 \subseteq M$ be compact submanifolds such that*

$$M = M_1 \cup M_2 \quad \text{and} \quad M_1 \cap M_2 = \partial M_1 \cap \partial M_2 = \Sigma \cong S^1.$$

If N is an orientable regular neighborhood of M in \mathbb{Q} , then either $N \cong M \times I^q$ or $N \cong (M_1 \times I^q) \cup_g (M_2 \times I^q) = N_q(M_1, M_2; g)$.

Furthermore, the two possibilities are distinct; that is, there exists no 0-preserving homeomorphism $M \times I^q \rightarrow N_q(M_1, M_2; g)$.

Proof. As we observed above, it remains only to prove that the possibilities are distinct.

Suppose there exists a 0-preserving homeomorphism

$$H: M \times I^q \rightarrow N_q(M_1, M_2; g).$$

By [6, Theorem 4.4] and Lemma 3(a), we can suppose that H is a fibre-preserving block isomorphism, and in particular that H restricts to fibre-preserving homeomorphisms $H_i: M_i \times I^q \rightarrow M_i \times I^q$ for $i = 1, 2$. The diagram

$$\begin{array}{ccc} \partial M_1 \times I^q & \xrightarrow{1} & \partial M_2 \times I^q \\ h_1 \downarrow & & \downarrow h_2 \\ \partial M_1 \times I^q & \xrightarrow{g} & \partial M_2 \times I^q \end{array}$$

where $h_i = H_i|_{\partial M_i \times I^q}$, must then commute. Now h_1 and $h_2: \Sigma \times I^q \rightarrow \Sigma \times I^q$ are induced by Δ -maps $h_1, h_2: \underline{K} \rightarrow PL_q(I)$, and since the diagram commutes, $\underline{g}h_1 = h_2$, where the product is in $\pi_1(PL_q(I))$. But $\underline{h}_1 \simeq 0 \simeq \underline{h}_2$, by Corollary 2. Hence $\underline{g} \simeq 0$, a contradiction.

5. REGULAR NEIGHBORHOODS OF THREE-MANIFOLDS

Let $M = M_1 \cup_f M_2$ be a Heegard splitting of an orientable 3-manifold M , where $M_1 \cong U_n \cong M_2$, and suppose that $M \subseteq \mathbb{Q}^{q+3}$ ($q \geq 3$). As we have seen, every orientable regular neighborhood of M in \mathbb{Q} is of the form

$$N \cong (M_1 \times I^q) \cup_F (M_2 \times I^q) = N_q(M_1, M_2; F),$$

where $F: \partial M_1 \times I^q \rightarrow \partial M_2 \times I^q$ is a 0-preserving homeomorphism that extends f .

Now $C_q(\partial M_1)$ is apt to be large, and in any case it depends on the Heegard splitting. The next lemma will allow modifications of the decomposition of M . Let $M = M_1 \cup_f M_2$, where M_1 and M_2 are arbitrary submanifolds of M identified by f along a common boundary, and let $F: \partial M_1 \times I^q \rightarrow \partial M_2 \times I^q$ be an extension of f .

LEMMA 4. Let K_1 be a triangulation of M_1 , and let $\underline{g}: \partial \underline{K}_1 \rightarrow PL_q(I)$. Let $M_0 \subseteq M_1$ be a submanifold with triangulation $K_0 < K_1$, and define $L = \text{cx}(K_1 - K_0)$. If \underline{g} extends to a map $\underline{G}: \underline{L} \rightarrow PL_q(I)$, then there exists a 0-preserving homeomorphism

$$H: M_1 \times I^q \cup_F M_2 \times I^q \rightarrow M_0 \times I^q \cup_{G_0} \text{cl}(M_1 - M_0) \times I^q \cup_{FG_1^{-1}} M_2 \times I^q,$$

where for $i = 0, 1$, $G_i: \partial M_i \times I^q \rightarrow \partial M_i \times I^q$ is the homeomorphism induced by the restriction of \underline{G} to $\partial \underline{K}_i$.

In particular,

(a) if $FG_1^{-1} = f \times 1: \partial M_1 \times I^q \rightarrow \partial M_2 \times I^q$, then

$$N_q(M_1, M_2; F) \cong N_q(M_0, \text{cl}(M - M_0); G_0),$$

(b) if $M_0 = \emptyset$, then $N_q(M_1, M_2; F) \cong N_q(M_1, M_2; FG_1^{-1})$.

Proof. The proof is identical to that of Lemma 1. Define

$$H(x, y) = \begin{cases} (x, y) & \text{for } (x, y) \in (M_0 \cup M_2) \times I^q, \\ G(x, y) & \text{for } (x, y) \in \text{cl}(M_1 - M_0) \times I^q, \end{cases}$$

where $G: \text{cl}(M_1 - M_0) \times I^q \rightarrow \text{cl}(M_1 - M_0) \times I^q$ is the fibre-preserving block isomorphism induced by \underline{G} .

COROLLARY 4. *Let M be a closed orientable 3-manifold in a $(q+3)$ -manifold Q ($q \geq 3$). If N is an orientable regular neighborhood of M in Q , then there exist a solid torus $T \subseteq M$, a fibre-preserving block isomorphism*

$$G_0: \partial T \times I^q \rightarrow \partial(\text{cl}(M - T)) \times I^q,$$

and a homeomorphism $H: N \rightarrow N_q(T, M; G_0)$ such that $H(x) = (x, 0)$ for all $x \in M$.

Proof. Let $M = M_1 \cup_f M_2$ be a Heegard splitting of M with triangulation $K = K_1 \cup_f K_2$, and let $F: \partial M_1 \times I^q \rightarrow \partial M_2 \times I^q$ be the product extension $F(x, y) = (f(x), y)$. By Lemma 3 and the remarks prior to it, there exists a Δ -map $\underline{G}_1: \partial \underline{K}_1 \rightarrow \text{PL}_q(I)$ such that $N \cong N_q(M_1, M_2; FG_1)$. By Corollary 3, there exist a solid torus $T \subseteq M_1$ with triangulation $K_0 < K_1''(\text{rel } \partial K_1)$ and an extension $\underline{G}: \underline{L} \rightarrow \text{PL}_q(I)$, where $L = \text{cx}(K_1''(\text{rel } \partial K_1) - K_0)$ is a complex triangulating $\text{cl}(M_1 - T)$. Let

$$G_0: \partial T \times I^q \rightarrow \partial(\text{cl}(M - T)) \times I^q$$

be the map induced by $\underline{G}_0 = \underline{G} \mid \partial \underline{K}_0$. Then, because $(FG_1)G_1^{-1} = F = f \times 1$, the result follows from Lemma 4(a).

Now, for each torus $T \subseteq M$ with triangulation K_0 , there are four possible homotopy classes of maps $\underline{g}: \partial \underline{K}_0 \rightarrow \text{PL}_q(I)$, since $C_q(S^1 \times S^1) \approx \mathbb{Z}_2 \oplus \mathbb{Z}_2$. However, we shall see in the next lemma that at most two different neighborhoods of the form $N_q(T, M; G)$ can occur, for any given T .

Let T be a solid torus with triangulation K_0 , let $a, b: \partial \Delta^2 \rightarrow \partial K_0$ be homeomorphisms onto a meridian and longitude, respectively, and for $i, j = 0$ or 1 , define maps $\underline{g}_{i,j}: \partial \underline{K}_0 \rightarrow \text{PL}_q(I)$ by

$$\underline{g}_{i,j} \circ \underline{a} \simeq 0 \quad \text{if and only if } i = 0,$$

$$\underline{g}_{i,j} \circ \underline{b} \simeq 0 \quad \text{if and only if } j = 0.$$

As usual, $g_{i,j}: \partial T \times I^q \rightarrow \partial T \times I^q$ will be the induced homeomorphism.

LEMMA 5. *Let M be an orientable 3-manifold, and let $T \subseteq M$ be a solid torus. Then*

(a) $N_q(T, M; g_{0,j}) \cong M \times I^q$ for $j = 0, 1$,

(b) $N_q(T, M; g_{1,0}) \cong N_q(T, M; g_{1,1})$.

Proof. By Corollary 3(b), the map $g_{0,j}: \partial K_0 \rightarrow PL_q(I)$ extends to a map of \underline{K}_0 into $PL_q(I)$.

(a) By Lemma 4(b) (with $M_1 = T$ and $M_0 = \emptyset$), there exists a 0-preserving homeomorphism $N_q(T, M; g_{0,j}) \cong M \times I^q$.

(b) Let $h = g_{1,0} \circ g_{0,1}^{-1}$. By Lemma 4 (with $M_0 = \emptyset$), there exists a 0-preserving homeomorphism

$$T \times I^q \cup_{g_{1,0}} \text{cl}(M - T) \times I^q \rightarrow T \times I^q \cup_h \text{cl}(M - T) \times I^q.$$

But $h = g_{1,0} \circ g_{0,1}^{-1} \sim g_{1,0} \circ g_{0,1} \sim g_{1,1}$. Therefore, by Lemma 1, $N_q(T, M; g_{1,0}) \cong N_q(T, M; g_{1,1})$.

THEOREM 2. *Let M be a closed orientable 3-manifold, piecewise-linearly embedded in a $(q + 3)$ -manifold Q ($q \geq 3$), and let N be an orientable regular neighborhood of M in Q . Then there exist a polyhedral simple closed curve $J_0 \subseteq M$, a regular neighborhood $T_0 \cong J_0 \times I^2$ of J_0 in M , and a homeomorphism $F: N \rightarrow N_q(T_0, M; g_{1,0})$ such that $F(x) = (x, 0)$ for all $x \in M$. Furthermore, if $J_1 \subseteq M$ is another polyhedral simple closed curve with regular neighborhood $T_1 \subseteq M$, then there exists a 0-preserving homeomorphism*

$$H: N_q(T_0, M; g_{1,0}) \cong N_q(T_1, M; g_{1,0})$$

if and only if $J_0 \sim J_1 \pmod{\mathbb{Z}_2}$. In particular, $N_q(T_0, M; g_{1,0}) \cong M \times I^q$ if and only if $J_0 \sim 0 \pmod{\mathbb{Z}_2}$.

LEMMA 6. *Let M be a 3-manifold with triangulation L such that*

$\partial L = K = \bigcup_{n=1}^N K_n$ is a collection of disjoint complexes with $|K_n| \cong S^1 \times S^1$ for all n ($1 \leq n \leq N$). Let $a_n, b_n: \partial \Delta^2 \rightarrow K_n$ be simplicial maps representing generators of $\pi_1(K_n)$, and let $\alpha_n, \beta_n \in H_1(K_n; \mathbb{Z}_2)$ be the induced generators. Let $g: \underline{K} \rightarrow PL_q(I)$, and suppose that the restriction of g to \underline{K}_n is g_{i_n, j_n} , where $i_n, j_n = 0$

or 1. Then g extends to map \underline{L} into $PL_q(I)$ if and only if $\sum_{n=1}^N i_ (j_n \alpha_n + i_n \beta_n) = 0$, where $i_*: H_1(K; \mathbb{Z}_2) \rightarrow H_1(L; \mathbb{Z}_2)$.*

Proof. Let $\rho \in H_2(K; \mathbb{Z}_2)$ be the generator. Then the diagram (coefficients in $\pi_1(PL_q(I)) \approx \mathbb{Z}_2$)

$$\begin{array}{ccc} H^1(K) & \xrightarrow{\delta^*} & H^2(L, K) \\ \approx \downarrow \partial \rho \cap & & \approx \downarrow \rho \cap \\ H_1(K) & \xrightarrow{i_*} & H_1(L) \end{array}$$

commutes; here $\partial \rho \cap$ and $\rho \cap$ are the isomorphisms of Poincaré and Lefschetz duality, respectively.

Since $PL_q(I)$ represents the component that contains the identity map, the only obstruction to extending g over \underline{L} is an element, $c(g)$, of $H^2(L, K; \pi_1(PL_q(I)))$. Moreover, it must be in the image of δ^* , since $j^*(c(g)) = 0$, where

$$j^*: H^2(L, K; \pi_1(PL_q(I))) \rightarrow H^2(L; \pi_1(PL_q(I))).$$

We shall show that the obstruction $c(\underline{g})$ is equal to $(\rho\cap)^{-1} \left(\sum_{n=1}^N i_*(j_n \alpha_n + i_n \beta_n) \right)$. The lemma then follows, since $\rho\cap$ is an isomorphism.

Let $\hat{\beta}_n = (\partial\rho\cap)^{-1}(\alpha_n)$, and let $\hat{\alpha}_n = (\partial\rho\cap)^{-1}(\beta_n)$. Then

$$(\rho\cap)^{-1} \left(\sum_{n=1}^N i_*(j_n \alpha_n + i_n \beta_n) \right) = \sum_{n=1}^N \delta^*(i_n \hat{\alpha}_n + j_n \hat{\beta}_n).$$

Let v^*K be a cone over K , and let $p: L \rightarrow v^*K$ be a projection that is the identity on K . Then if $\hat{c}(\underline{g})$ is the obstruction to extending \underline{g} over v^*K , $c(\underline{g}) = p^*(\hat{c}(\underline{g}))$.

Now, it is straightforward to verify that $\hat{c}(\underline{g}) = \sum_{n=1}^N \delta^*(i_n \hat{\alpha}_n + j_n \hat{\beta}_n)$, where $\delta^*: H^1(K; \mathbb{Z}_2) \rightarrow H^2(v^*K, K; \mathbb{Z}_2)$. For if $z = v^*a_n$ ($1 \leq n \leq N$) is a generator of $H_2(v^*K, K; \mathbb{Z}_2)$, then $[z, \hat{c}(\underline{g})] = 0$ if and only if $\underline{g} \circ a_n \simeq 0$, by the definition of an obstruction. On the other hand, $\underline{g} \circ a_n \simeq 0$ if and only if

$$i_n = \left[\partial z, \sum_{n=1}^N (i_n \hat{\alpha}_n + j_n \hat{\beta}_n) \right] = \left[z, \sum_{n=1}^N \delta^*(i_n \hat{\alpha}_n + j_n \hat{\beta}_n) \right] = 0.$$

Likewise, if $z = v^*b_n$ ($1 \leq n \leq N$), then $[z, \hat{c}(\underline{g})] = 0$ if and only if

$$\left[z, \sum_{n=1}^N \delta^*(i_n \hat{\alpha}_n + j_n \hat{\beta}_n) \right] = 0.$$

Since $[z, \hat{c}(\underline{g})]$ can only be 0 or 1, $\hat{c}(\underline{g})$ must be the indicated sum.

Therefore, $c(\underline{g}) = p^*(\hat{c}(\underline{g})) = \sum_{n=1}^N \delta^*(i_n \hat{\alpha}_n + j_n \hat{\beta}_n)$, since $p^* \delta^* = \delta^* p^*$, and since p^* is the identity on $H^1(K; \mathbb{Z}_2)$.

Proof of the theorem. In view of Corollary 4 and Lemma 5, it is only necessary to show that

- (1) $N_q(T_0, M; g_{1,0}) \cong N_q(T_1, M; g_{1,0})$ if and only if $J_0 \sim J_1 \pmod{\mathbb{Z}_2}$,
- (2) $N(T_0, M; g_{1,0}) \cong M \times I^q$ if $J \sim 0 \pmod{\mathbb{Z}_2}$.

By an isotopy, we may assume that T_0 and T_1 are disjoint.

Suppose then that $J_0 \sim J_1$, and let $\alpha_0, \alpha_1, \beta_0, \beta_1$ be meridians and longitudes on $\partial T_0 = \partial(\text{cl}(M - T_0))$ and $\partial T_1 = \partial(\text{cl}(M - T_1))$, respectively. From the Mayer-Vietoris sequence (coefficients in \mathbb{Z}_2)

$$H_1(\partial(\text{cl}(M - (T_0 \cup T_1)))) \xrightarrow{\Psi} H_1(T_0 \cup T_1) \oplus H_1(\text{cl}(M - (T_0 \cup T_1))) \xrightarrow{\Phi} H_1(M)$$

we see that $\Phi(0 \oplus (\beta_0 + \beta_1)) = 0$. Hence there exists

$$z = j_0 \alpha_0 + j_1 \alpha_1 + i_0 \beta_0 + i_1 \beta_1 \in H_1(\partial(\text{cl}(M - (T_0 \cup T_1))))$$

with $j_0, j_1, i_0, i_1 = 0$ or 1 such that

$$\Psi(z) = (i_0 \beta_0 + i_1 \beta_1) \oplus (j_0 \alpha_0 + j_1 \alpha_1 + i_0 \beta_0 + i_1 \beta_1) = 0 \oplus (\beta_0 + \beta_1).$$

Necessarily then, $i_0 = i_1 = 0$; that is,

$$(*) \quad z = j_0 \alpha_0 + j_1 \alpha_1 = \beta_0 + \beta_1.$$

Let L be a triangulation of $\text{cl}(M - (T_0 \cup T_1))$, and let $K_0, K_1 < L$ be subcomplexes that define triangulations of ∂T_0 and ∂T_1 , respectively. Define

$$\underline{g}: \underline{K}_1 \cup \underline{K}_0 \rightarrow \text{PL}_q(I)$$

by the equations

$$\underline{g}|_{\underline{K}_0} = \underline{g}_{1,j_0}, \quad \underline{g}|_{\underline{K}_1} = \underline{g}_{1,j_1}.$$

Then \underline{g} will extend over \underline{L} provided that $i_*(j_0 \alpha_0 + \beta_0 + j_1 \alpha_1 + \beta_1) = 0$, which it is, by (*). From Lemma 4 (with $M_0 = T_0$, $M_1 = \text{cl}(M - T_1)$, and $M_2 = T_1$), it follows that

$$\text{cl}(M - T_1) \times I^q \cup_{g_{1,j_1}} T_1 \times I^q \cong T_0 \times I^q \cup_{g_{1,j_0}} \text{cl}(M - T_0) \times I^q.$$

By Lemma 5(b),

$$\text{cl}(M - T_1) \times I^q \cup_{g_{1,j_1}} T_1 \times I^q \cong T_1 \times I^q \cup_{g_{1,0}} \text{cl}(M - T_1) \times I^q = N_q(T_1, M; g_{1,0})$$

and

$$T_0 \times I^q \cup_{g_{1,j_0}} \text{cl}(M - T_0) \times I^q \cong T_0 \times I^q \cup_{g_{1,0}} \text{cl}(M - T_0) \times I^q \cong N_q(T_0, M; g_{1,0}).$$

Therefore, if $J_0 \sim J_1 \pmod{\mathbb{Z}_2}$, then

$$N_q(T_0, M; g_{1,0}) \cong N_q(T_1, M; g_{1,0}).$$

Moreover, if we replace T_1 by the empty set in the proof above, case (2) (where $J \sim 0 \pmod{\mathbb{Z}_2}$) follows.

Conversely, then, if there exists a 0-preserving homeomorphism

$$H: T_0 \times I^q \cup_{g_{1,0}} \text{cl}(M - T_0) \times I^q \rightarrow T_1 \times I^q \cup_{g_{1,0}} \text{cl}(M - T_1) \times I^q,$$

we can, by [6, Theorem 4.4] and Lemma 3, suppose that H is a fibre-preserving block isomorphism, and in particular that the restriction of H maps $T_i \times I^q$ onto itself for $i = 0, 1$. Hence the diagram

$$\begin{array}{ccccc} \partial T_0 \times I^q & \xrightarrow{g_{1,0}} & \partial \text{cl}(M - (T_0 \cup T_1)) \times I^q & \xleftarrow{1} & \partial T_1 \times I^q \\ h_0 \downarrow & & H_0 \downarrow H_1 & & h_1 \downarrow \\ \partial T_0 \times I^q & \xrightarrow{1} & \partial \text{cl}(M - (T_0 \cup T_1)) \times I^q & \xleftarrow{g_{1,0}} & \partial T_1 \times I^q \end{array}$$

commutes; here h_i is the restriction of H to $\partial T_i \times I^q$, and H_i the restriction to $\partial \text{cl}(M - T_i) \times I^q$. Since h_i extends to map $T_i \times I^q$ onto itself, $h_0 \sim g_{0,j_0}$, where $j_0 = 0$ or 1 ; similarly, $h_1 \sim g_{0,j_1}$ ($j_1 = 0$ or 1). Therefore, by commutivity,

$H_0 \sim h_0 g_{1,0}^{-1} \sim g_{1,j_0}$. Likewise, $H_1 \sim g_{1,j_1}$. As before, let L be a triangulation of $\text{cl}(M - (T_0 \cup T_1))$, and let $K_0, K_1 < L$ be subcomplexes triangulating $\partial \text{cl}(M - T_0)$ and $\partial \text{cl}(M - T_1)$, respectively. Let $\underline{g}: \underline{K}_0 \cup \underline{K}_1 \rightarrow \text{PL}_q(\mathbb{I})$ be the Δ -map defined by the equations $\underline{g}|_{\underline{K}_0} = g_{1,j_0}$ and $\underline{g}|_{\underline{K}_1} = g_{1,j_1}$. Then \underline{g} induces H_0 in $\partial \text{cl}(M - T_0)$ and H_1 in $\partial \text{cl}(M - T_1)$. Now, \underline{g} extends to a map of \underline{L} into $\text{PL}_q(\mathbb{I})$, by Corollary 1; therefore, $i_*(j_0 \alpha_0 + \beta_0 + j_1 \alpha_1 + \beta_1) = 0$, by Lemma 6. Equivalently, $i_*(\beta_0 + \beta_1) = i_*(j_0 \alpha_0 + j_1 \alpha_1)$ in $H_1(\text{cl}(M - (T_0 \cup T_1)); \mathbb{Z}_2)$. Now let

$$i'_*: H_1(\text{cl}(M - (T_0 \cup T_1)); \mathbb{Z}_2) \rightarrow H_1(M; \mathbb{Z}_2)$$

be the inclusion-induced morphism. Since $i'_* i_*(j_0 \alpha_0 + j_1 \alpha_1) = 0$, it follows that $i'_* i_*(\beta_0 + \beta_1) = 0$ also; hence $J_0 \sim J_1 \pmod{\mathbb{Z}_2}$ in M .

COROLLARY 5. *Let M be a closed 3-manifold with $H_1(M; \mathbb{Z}_2) \approx 0$. If M is piecewise-linearly embedded in \mathbb{Q}^{q+3} ($q \geq 3$), and if N is an orientable regular neighborhood of M in \mathbb{Q} , then $N \cong M \times I^q$.*

Proof. It is sufficient to observe that M is orientable, since $H_1(M; \mathbb{Z}_2) \approx 0$.

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