

## ERGODIC THEOREMS FOR MIXING TRANSFORMATION GROUPS

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**ABSTRACT.** The notions of weak and strong mixing are extended to groups of transformations. Mixing transformations are characterized in terms of ergodic theorems which hold for those transformations.

0. **Introduction.** Let  $\tau$  be a measure preserving transformation on a probability space  $(\Omega, F, P)$  and let  $T$  denote the induced operator on  $L^2$ . We say  $T$  (or  $\tau$ ) is ergodic if the only functions left fixed by  $T$  are the constants. In this case the mean ergodic theorem says that  $(1/N) \sum_{n=1}^N T^n f$  converges to  $\int f dP$  in  $L^2$  for  $f$  in  $L^2$ . Conversely, if  $(1/N) \sum T^n f \rightarrow \int f dP$  for all  $f$  in  $L^2$  then  $T$  is ergodic. (Convergence is in the  $L^2$  sense throughout this paper.) Thus an ergodic transformation can be characterized as one whose "time averages" converge to the projection onto the constants, i.e., the "space average".

It also follows that  $T$  is ergodic if and only if

$$\frac{1}{N} \sum_{n=1}^N [(T^n f, f) - (\int f dP)^2] \rightarrow 0$$

for all  $f$  in  $L^2$ . This less intuitive property of a transformation led to the definition of a strongly mixing transformation as one for which  $(T^n f, f) \rightarrow (\int f dP)^2$  and of a weakly mixing transformation as one for which

$$\frac{1}{N} \sum_{n=1}^N |(T^n f, f) - (\int f dP)^2|^2 \rightarrow 0.$$

At first these concepts were not directly related to the ergodic problem of identifying time averages with space averages. But in 1960 Blum and Hanson [2] showed that a transformation is strongly mixing if and only if

$$\frac{1}{N} \sum_{k=1}^N T^{n_k} f \rightarrow \int f dP$$

for all subsequences  $n_k$ . In 1971 L. K. Jones [7] showed that a transformation is weakly mixing if and only if

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$$\frac{1}{N} \sum_{k=1}^N T^{n_k} f \rightarrow \int f dP$$

for all subsequences  $n_k$  of positive lower density. These characterizations showed the fundamental nature of the concepts of weak and strong mixing. Unfortunately the corresponding results do not hold for the individual ergodic theorem (see J. P. Conze [5]). The individual ergodic theorem has been shown to hold, however, for weakly mixing transformations for uniform sequences (see Brunel-Keane [4]) and  $p$ -sequences (see Blum-Reich [3]).

In §1 we characterize weak mixing and strong mixing for one parameter groups of transformations in terms of ergodic theorems for subsequences. The results and arguments motivate §2 where we define and characterize weak and strong mixing for groups of transformations in terms of ergodic theorems.

**1. A characterization of mixing for flows.** Let  $\tau_t$  be a one parameter group of measure preserving transformations on  $(\Omega, F, P)$  and let  $T_t$  denote the corresponding group of unitary operators on  $L^2$ . We assume the map  $t$  to  $T_t f$  is continuous for each  $f$ . The group  $T_t$  (or  $\tau_t$ ) is ergodic if the only functions left fixed by  $T_t$  for all  $t$  are the constants. The group is called strongly mixing if  $(T_t f, f) \rightarrow (\int P)^2$  for all  $f$  in  $L^2$  and it is called weakly mixing if

$$\frac{1}{N} \int_0^N |(T_t f, f) - (\int f dP)^2|^2 dt \rightarrow 0.$$

Strong mixing implies weak mixing which implies ergodicity and then by the mean ergodic theorem for continuous one parameter groups we have  $(1/N) \int_0^N T_t f dt \rightarrow \int f dP$  for all  $f$  in  $L^2$ . Theorem 1 and 2 characterize strong and weak mixing in terms of ergodic theorems for subsequences of transformations.

**THEOREM 1.**  $T_t$  is strongly mixing if and only if

$$\frac{1}{N} \sum_{k=1}^N T_{t_k} f \rightarrow \int f dP$$

for all  $f$  in  $L^2$  and all subsequences  $t_k$  with  $t_k - t_{k-1} \cong \delta > 0$ .

**THEOREM 2.**  $T_t$  is weakly mixing if and only if

$$\frac{1}{N} \sum_{n=1}^N T_{n\alpha} f \rightarrow \int f dP$$

for all  $f$  in  $L^2$  and all  $\alpha \neq 0$ .

PROOF OF THEOREM 1. Let  $T_t$  be strongly mixing. Let  $t_k - t_{k-1} \cong \delta > 0$ .

For any  $\epsilon > 0$  choose  $M$  so  $t \cong M$  implies

$$|(T_t f, f) - (\int f dP)^2| \leq \epsilon/2.$$

Then

$$\begin{aligned} & \left\| \frac{1}{N} \sum_{k=1}^N T_{t_k} f - \int f dP \right\|^2 \\ & \leq \left| \frac{1}{N^2} \sum_{k=1}^N \sum_{j=1}^N [(T_{t_k - t_j} f, f) - (\int f dP)^2] \right| \\ & \leq \frac{1}{N^2} \sum_{k=1}^N \sum_{\substack{j=1 \\ |t_k - t_j| \leq M}}^N |[T_{t_k - t_j} f, f) - (\int f dP)^2]| + \epsilon/2. \end{aligned}$$

But

$$|(T_s f, f) - (\int f dP)^2| \leq \|f\|^2 + (\int f dP)^2 = C,$$

and the number of terms in the first sum is less than or equal  $N(2M/\delta)$  since for any  $k$  there are most  $2M/\delta$  values  $t_j$  within  $M$  of  $t_k$ . Hence

$$\left\| \frac{1}{N} \sum T_{t_k} f - \int f dP \right\|^2 \leq \frac{2M}{\delta N} C + \epsilon/2,$$

which is less than  $\epsilon$  for  $N$  large enough. Thus

$$\frac{1}{N} \sum_{k=1}^N T_{t_k} f \rightarrow \int f dP.$$

Conversely if  $T_t$  is not strongly mixing there is a subsequence  $t_k$  approaching infinity with  $|(T_{t_k} f, f) - (\int f dP)^2| \cong \epsilon$ . Without loss of generality choose a subsequence  $t'_k$  with  $t' - t'_{k-1} \cong \delta$  and  $(T_{t'_k} f, f) - (\int f dP)^2 \cong \epsilon$ . Then

$$\left( \frac{1}{N} \sum_{k=1}^N T_{t'_k} f - \int f dP, f \right) = \frac{1}{N} \sum [T_{t'_k} f, f) - (\int f dP)^2] \cong \epsilon.$$

This contradicts the fact that  $(1/N) \sum T_{t'_k} f \rightarrow \int f dP$ .

PROOF OF THEOREM 2. Assume  $T_t$  is weakly mixing. It follows from the spectral theorem and Wiener's theorem that

$$(t, f, f) - (\int f dP)^2 = \int e^{i\lambda t} dF(\lambda),$$

where  $dF$  is a continuous, finite, positive measure. But then

$$\begin{aligned} \left\| \frac{1}{N} \sum T_{n\alpha} f - \int f dP \right\|^2 &= \int \left| \frac{1}{N} e^{in\alpha\lambda} \right|^2 dF(\lambda) \\ &\rightarrow \sum_{k=-\infty}^{\infty} dF \left( \frac{2\pi k}{\alpha} \right) = 0. \end{aligned}$$

Conversely, if  $T_t$  is not weakly mixing there is a non-constant  $f$  with  $T_t f = e^{i\lambda t} f$  for some  $\lambda$ . Then  $(1/N) \sum_{n=1}^N T_{2\pi n/\lambda} f = f$  does not converge to  $\int f dP$ .

In fact it is easy to see that the individual ergodic theorem holds for averages  $(1/N) \sum_1^N T_{n\alpha}$  if  $T_t$  is weakly mixing. This follows since  $T_\alpha$  is itself weakly mixing for any  $\alpha \neq 0$ .

**1. Weak and strong mixing for groups of transformations.** The problem in extending these results to more general groups is first the lack of a natural averaging scheme for the mean ergodic theorem itself. For two parameter groups for example one could average  $T_{s,t}$  over increasing sequences of circles, squares, or sectors. A unified treatment is possible for continuous unitary representations of locally compact Abelian groups based on the results in Blum-Eisenberg [1]. There it is shown that if  $U_g$  is a continuous unitary representation of a locally compact Abelian group  $G$  and  $\mu_n$  is a "generalized summing sequence" then  $\int U_g f d\mu_n(g)$  converges to the projection of  $f$  on the space of elements fixed under  $U_g$  for all  $g$ . A generalized summing sequence is a sequence of probability measures  $\mu_n$  on  $G$  whose Fourier transforms  $\hat{\mu}_n$  converge to zero except on the identity in  $\hat{G}$ .

If  $U_g$  arises from a group of measure preserving transformations we say  $U_g$  is ergodic if the only functions left fixed by  $U_g$  for all  $g$  are the constants. In this case  $\int U_g f d\mu_n \rightarrow \int f dP$  for all  $f$  in  $L^2$  and all generalized summing sequences.

We say that  $U_g$  is strongly mixing if  $(U_g f, f) \rightarrow (\int f dP)^2$  as  $g \rightarrow \infty$ . We say  $U_g$  is weakly mixing if  $\int |(U_g f, f) - (\int f dP)^2| d\mu_n(\gamma) \rightarrow 0$  for all generalized summing sequences  $\mu_n$ . We show that if, in fact, the limit is zero for some generalized summing sequence  $\mu_n$  then it is zero for all generalized summing sequences. This is based on a simple extension of Wiener's theorem (see Katznelson [8, p. 42]).

**LEMMA (WIENER'S THEOREM FOR LOCALLY COMPACT ABELIAN GROUPS).** A finite positive measure  $dF$  on a locally compact Abelian group  $\hat{G}$  is continuous if and only if  $\int |\hat{F}(g)|^2 d\mu_n(g) \rightarrow 0$  where  $\mu_n$  is a generalized summing sequence on  $G$ .

The proof is exactly like that for measures on the unit circle or real line.

**THEOREM 3.** *Let  $U_g$  be a continuous unitary representation of a locally compact Abelian group  $G$ . If  $\int |(U_g f, f) - (\int f dP)^2| d\mu_n(g) \rightarrow 0$  for some generalized summing sequence then it converges to zero for all generalized summing sequences.*

**PROOF.** By the spectral theorem for unitary groups

$$|(U_g f, f) - (\int f dP)^2| = |\hat{F}(g)|^2$$

where  $F$  is a finite positive measure on  $\hat{G}$ . If  $\int |\hat{F}(g)|^2 d\mu_n(g) \rightarrow 0$  for some generalized summing sequence  $\mu_n$ , then by the lemma  $dF$  is continuous and again by the lemma  $\int |\hat{F}(g)|^2 d\mu_n(g) \rightarrow 0$  for all generalized summing sequences  $\mu_n$ .

This shows that the property of weak mixing is independent of the choice of generalized summing sequence. Unlike the case of  $\mathbb{R}^n$  or  $\mathbb{Z}^n$  it is not obvious that strong mixing implies weak mixing.

**COROLLARY.** *If  $G$  is  $\sigma$  compact (and non compact) and  $U_g$  is strongly mixing then  $U_g$  is weakly mixing.*

**PROOF.** On a  $\sigma$  compact locally compact Abelian group  $G$  there exists a generalized summing sequence  $\mu_n$  of the form

$$\mu_n(A) = \frac{\mu(A \cap E_n)}{\mu(E_n)}$$

where  $\mu$  is Haar measure (see Hewitt and Ross [6, p. 255] and Blum-Eisenberg [1, cor. 2]) on  $G$  and  $\mu(E_n) \rightarrow \infty$ . Now if  $U_g$  is strongly mixing there is a compact set  $K$  with  $|(U_g f, f) - (\int f dP)^2| \leq \epsilon/2$  for  $g$  in  $K^c$ .

But then

$$\int |(U_g f, f) - (\int f dP)^2| d\mu_n(g) \leq \frac{[||f||^2 + (\int f dP)^2] \mu(K)}{\mu(E_n)} + \frac{\epsilon}{2} \leq \epsilon$$

for  $n$  large. By Theorem 3  $U_g$  is weakly mixing.

**LEMMA.** *If  $U_g$  is strongly mixing then  $\int U_g f d\mu_n \rightarrow \int f dP$  for all sequences of probabilities  $\mu_n$  such that  $\sup \mu_n(K) \rightarrow 0$  for compact sets  $K$ .*

**PROOF.** Choose  $K$  compact so  $|(U_g f, f) - (\int f dP)^2| \leq \epsilon/2$  for  $g$  in  $K^c$ . Then  $\|\int U_g f d\mu_n - \int f dP\| \leq \|\int_{g \in K} (U_g f - \int f dP) d\mu_n\| + \epsilon/2$ . But  $\|\int_{g \in K} (U_g f - \int f dP) d\mu_n\|^2 \leq M \int_K \int_K d\mu_n(g_1 + g_2) d\mu_n(g_2)$ . But  $\sup/g \mu_n(K + g) \rightarrow 0$  as  $n \rightarrow \infty$ . The lemma follows.

**THEOREM 4.**  $U_g$  is strongly mixing if and only if  $(1/\mu(E_n)) \int_{E_n} U_g f d\mu \rightarrow \int f dP$  for all sequences of sets  $E_n$  with  $\mu(E_n) \rightarrow \infty$ , where  $\mu$  is Haar measure.

**PROOF.** Let  $\mu_n(A) = \mu(A \cap E_n)/\mu(E_n)$ . Then  $\mu_n$  satisfies the conditions in the lemma so the averages converge.

Conversely, if  $U_g$  is not strongly mixing we may assume without loss of generality that there is a sequence  $g_n \rightarrow \infty$  with  $(U_{g_n} f, f) - (\int f dP)^2 > \epsilon > 0$ . Since  $(U_g f, f)$  is uniformly continuous there is a neighborhood of the identity  $V$  with  $(U_g f, f) - (\int f dP)^2 > \epsilon/2$  for  $g$  in  $U_{n=1}^\infty(g_n + V)$ . Letting  $E_n = U_1^n(G_i + V)$  we have that  $\mu(E_n) \rightarrow \infty$  and  $((1/\mu(E_n)) \int_{E_n} U_g f d\mu_n - \int f dP, f) \not\rightarrow 0$ .

This implies that for  $G$  discrete and  $U_g$  strongly mixing,  $(1/n) \sum_1^n U_{g_i} f \rightarrow \int f dP$  for any sequence  $g_i$  with  $g_i \neq g_j$  for  $i \neq j$ . The theorem does not imply Theorem 1. Nevertheless, it can easily be shown that analogues of Theorem 1 hold for  $G = R^n$ .

We now proceed with characterization of weakly mixing transformations. Denote the annihilator of a subgroup  $H$  in  $G$  by  $H^\perp$ . The annihilator is the closed subgroup of  $\hat{G}$  such that  $(h, x) = 1$  for  $h$  in  $H$  (see Katznelson [8, p. 189]).

**THEOREM 5.** Let  $U_g$  be weakly mixing and let  $H$  be a closed subgroup of  $G$  with  $H^\perp$  countable. If  $\mu_n$  is a generalized summing sequence on  $H$  then  $\int_H U_g f d\mu_n \rightarrow \int f dP$ .

**PROOF.** It is seen from the proof of Theorem 3 that.

$$\| \int U_g f d\mu_n - \int f dP \|^2 = \int_G \left| \int_H (g, x) d\mu_n(g) \right|^2 dF(x)$$

where  $dF$  is a continuous measure on  $\hat{G}$ . Since  $\mu_n$  is a generalized summing sequence on  $H$ ,  $\int (g, x) d\mu_n(g) \rightarrow 0$  except for  $x$  in  $H^\perp$ . But  $H^\perp$  is countable and  $dF$  is continuous. Hence the right side approaches zero.

If  $U_g$  is not weakly mixing there is an  $x$  in  $\hat{G}$  and  $f$  in  $L^2$  with  $U_g f = \langle g, x \rangle f$ . If  $\{x^n\}_{n=-\infty}^\infty$  is closed there is a nontrivial closed subgroup  $H$  of  $G$  (we assume  $G$  is not compact) with  $H^\perp = \{x^n\}_{n=-\infty}^\infty$ . Then  $\int_H U_g f d\mu_n = f \not\rightarrow \int f dP$  for  $\mu_n$  a generalized summing sequence on  $H$ . Moreover  $H^\perp$  is countable. We thus have

**THEOREM 6.** Assume  $\{x^n\}_{n=-\infty}^\infty$  is closed in  $\hat{G}$  for all  $x$  in  $\hat{G}$ . Then  $U_g$  is weakly mixing if and only if the mean ergodic theorem holds for  $U_g$  over all closed subgroups  $H$  in  $G$  with  $H^\perp$  countable.

For example, if  $G = \mathbb{Z}$ , Theorem 6 does not apply. We cannot characterize weakly mixing transformations by ergodic theorems on subgroups because there are characters  $e^{i\theta}$  in  $T$  with  $\{e^{in\theta}\}$  dense in  $T$ .

If  $G = \mathbb{R}$  Theorem 6 applies. Moreover every closed subgroup of  $\hat{G}$  is countable. Thus every closed subgroup of  $\mathbb{R}$ (except  $\{0\}$ ) has  $H^1$  countable.

If  $G = \mathbb{R}^2$  Theorem 6 applies. However, there are closed subgroups of  $\hat{G}$  which are not countable (say  $(t, t)$ ). Thus the mean ergodic theorem may not hold over all closed subgroups of  $G$  for weakly mixing transformations. In fact there is the following counter-example. Assume  $(U_{s,t}f, f) - (\int f dP)^2 = \int \int e^{i\lambda s + i\mu t} dF(\lambda, \mu)$  where  $dF(\lambda, \mu)$  has a positive density  $g(\lambda)$  with respect to Lebesgue measures on the line  $(\lambda, \alpha\lambda)$ . Then  $dF$  is continuous and  $U_{s,t}$  is weakly mixing. Let  $H$  be the subgroup  $(-\alpha t, t)$ . Then

$$\begin{aligned} & \left\| \frac{1}{N} \int_0^N u_{-\alpha t, t} f dt - \int f dP \right\|^2 \\ &= \frac{1}{N} \int_0^N (U_{-\alpha t, t} f, f) - (\int f dP)^2 dt \\ &= \frac{1}{N} \int_0^N (\int e^{-\lambda\alpha t + i\lambda\alpha t} g(\lambda) d\lambda) dt \\ &= \int g(\lambda) d\lambda \neq 0. \end{aligned}$$

We do have that

$$\frac{1}{N^2} \sum_1^N \sum_1^N U_{n\alpha, n\beta} f \rightarrow \int f dP$$

because the annihilator of the subgroup  $\{(n\alpha, m\beta)\}$  is  $\{(2\pi j/\alpha, 2\pi k/\beta)\}$  which is countable.

Although the results of this paper are phrased in terms of groups of measure preserving transformations all the theorems have analogs for general unitary operators on Hilbert space. This is the direction taken by Jones in defining ergodic weak mixing and strong mixing for operators on Banach spaces.

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