

TRIVIAL LOOPS IN HOMOTOPY 3-SPHERES¹

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In this paper we show that every homotopy 3-sphere possesses a cell-decomposition Γ which is in some respect especially simple:

THEOREM. *If M^3 is a homotopy 3-sphere then there exists a cell-decomposition Γ of M^3 with the following properties:*

(i) Γ consists of one vertex E^0 , r open 1-cells, E_1^1, \dots, E_r^1 , r open 2-cells, E_1^2, \dots, E_r^2 , and one open 3-cell E^3 .

(ii) There exist (nonsingular, polyhedral) disks V_1^2, \dots, V_r^2 in M^3 such that $^2 \cdot V_i^2 = \bar{E}_i^1$ for all $i = 1, \dots, r$.

(iii) The disks V_1^2, \dots, V_r^2 may be chosen such that the connected components of $V_i^2 \cap V_j^2 - E^0$ ($i \neq j$, between 1 and r) are normal double arcs in which V_i^2 and V_j^2 pierce each other such that the interior of each double arc lies in ${}^\circ V_i^2 \cap {}^\circ V_j^2$, one of its boundary points lies in E_i^1 , and the other one lies in E_j^1 (see Fig. 1), and such that $V_i^2 \cap V_j^2 \cap V_k^2 = E^0$ (if i, j, k are pairwise different, between 1 and r).

It is a known fact that every closed 3-manifold M^3 possesses a cell-decomposition Γ with property (i) (this follows easily from results in Seifert-Threlfall [4], see [2, Sec. 5]). If M^3 is a homotopy 3-sphere, i.e., simply connected, then this is equivalent to the fact that the 1-skeleton $G^1 = \bigcup_{i=1}^r \bar{E}_i^1$ of Γ bounds a "singular fan" in M^3 (see [2, Sec. 6]). Now property (ii) of Γ means that G^1 is a wedge of trivial loops in M^3 , and (iii) means that G^1 bounds a singular fan $\bigcup_{i=1}^r V_i^2$ which is especially simple in the sense that its single leaves V_i^2 are nonsingular.

As Bing has shown in [1] it would be sufficient for a proof of the Poincaré conjecture if one could show that every polyhedral, simple closed curve in M^3 lies in a 3-cell in M^3 , or that the 1-skeleton G^1 of some cell-decomposition Γ of M^3 lies in a 3-cell in M^3 . The property (ii) of Γ means that every single closed curve $\bar{E}_i^1 \subset G^1$ lies not only in a 3-cell V_i^2 (which may be obtained as a small neighborhood of V_i^2) in M^3 but moreover is unknotted in that 3-cell V_i^2 . So one may hope that the above theorem could be used as a tool for proving the Poincaré conjecture or for deriving further partial results on homotopy 3-spheres.

Proof of the theorem

1. Preliminaries. We choose the semilinear standpoint as described in [3, Sec. 3], i.e., we assume for convenience that M^3 is a piecewise rectilinear

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² $\cdot X$ denotes the boundary, \bar{X} and ${}^-X$ the closure, and ${}^\circ X$ the interior of X .

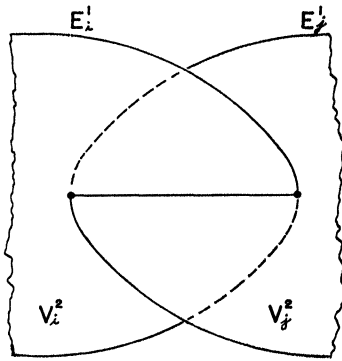


FIG.1

polyhedron in a euclidean space \mathbb{E}^n ; and all point sets denoted by capital roman letters are supposed to be piecewise rectilinear polyhedral point sets in \mathbb{E}^n , etc.

2. Decomposing a singular fan V_I^2 by arcs B_k^1 . We start with a cell-decomposition Γ_I of M^3 into one vertex E_I^0 , r_I elements, $E_{I1}^1, \dots, E_{Ir_I}^1$, of dimension 1, r_I elements, $E_{I1}^2, \dots, E_{Ir_I}^2$, of dimension 2, and one open 3-cell E_I^3 ; (the existence of Γ_I has been proved in [2, Sec. 5]). We consider a singular fan, defined by a map $\zeta : V_I^2 \rightarrow M^3$ with $\zeta(V_I^2)$ denoted by V_I^2 , such that the following holds (the existence of ζ has been proved in [2, Sec. 6]):

- (i) V_I^2 consists of r_I disks $V_{I1}^2, \dots, V_{Ir_I}^2$ (see Fig. 2), possessing one common boundary point E_I^0 and otherwise being pairwise disjoint; V_I^2 is disjoint from M^3 .
- (ii) V_I^2 is the 1-skeleton $G_I^1 = \bigcup_{i=1}^{r_I} \bar{E}_{r_I}^1$ of Γ_I .
- (iii) The only singularities of V_I^2 (with respect to ζ) are pairwise disjoint, normal, double arcs A_1^1, \dots, A_s^1 such that each of the two connected components $A_j^{\prime 1}, A_j^{\prime\prime 1}$ of $\zeta^{-1}(A_j^1)$ (see Fig. 2) possesses just one boundary point in $V_I^2 - E_I^0$ and otherwise lies in ${}^\circ V_I^2$ (for all $j = 1, \dots, s$).

If $s = 0$ then we may take Γ_I for Γ and the theorem is proved. So we may assume that $s > 0$.

We choose a small neighborhood T_I^3 of G_I^1 in M^3 . There is a connected component V_T^2 of $\zeta^{-1}(V_I^2 \cap T_I^3)$ (see Fig. 2) that is a neighborhood of V_I^2 in V_I^2 ; the other connected components of $\zeta^{-1}(V_I^2 \cap T_I^3)$ are neighborhoods of the points $A_j^{\prime 1} \cap {}^\circ V_I^2$ and $A_j^{\prime\prime 1} \cap {}^\circ V_I^2$ in V_I^2 . Obviously, T_I^3 is a Heegaard-handlebody in M^3 (compare [3, Sec. 2]). For brevity we denote $\bar{(V_I^2 - V_T^2)}$ by $V_{I^*}^2$, and $\bar{(V_{Ii}^2 - V_T^2)}$ by $V_{I^*i}^2$.

Now we choose pairwise disjoint arcs B_1^1, \dots, B_t^1 in $V_{I^*}^2$ such that (see Fig. 2):

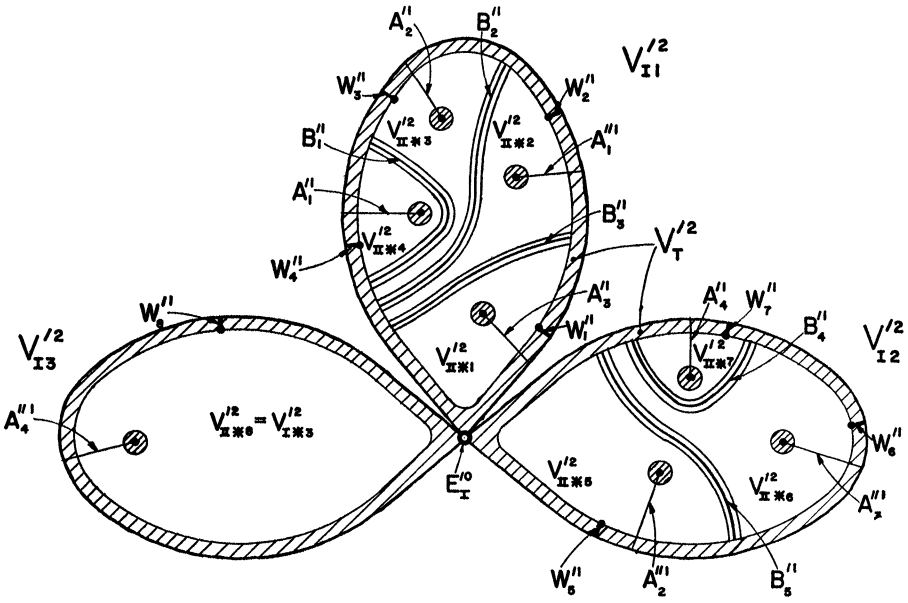


FIG. 2 $\zeta^{-1}(V_I^2 \cap T_I^3)$ is indicated by hatching
 $\zeta^{-1}(W_m^2 \cap V_I^2)$ is for brevity denoted by W_m''

- (a) $B_k^1 = B_k^1 \cap V_{I^*}^2$ (for all $k = 1, \dots, t$);
- (b) B_k^1 is disjoint from the A_j^1 's, $A_j^{1'}$'s, and B_k^1 is disjoint from $\zeta^{-1}(V_I^2 \cap T_I^3)$;
- (c) each connected component of $V_{I^*}^2 - \cup_{k=1}^t B_k^1$ contains at most two of the B_k^1 's in its boundary;
- (d) each connected component of $V_{I^*}^2 - \cup_{k=1}^t B_k^1$ contains at most one of the points $A_j^1 \cap V_{I^*}^2, A_j^{1'} \cap V_{I^*}^2$ ($j = 1, \dots, s$).

We denote $\zeta(B_k^1), \zeta(V_{I^*}^2), \zeta(V_{I^*}^2)$ by $B_k^1, V_{I^*}^2, V_{I^*}^2$, respectively, and $\cup_{k=1}^t B_k^1$ by B^1 .

3. Projecting the arcs B_k^1 into the Heegaard-surface T_I^3 . The arcs B_k^1 decompose $V_{I^*}^2$ into nonsingular disks. Hence, if we add small neighborhoods B_k^3 of the B_k^1 's to the handlebody T_I^3 , then we get a handlebody with t more handles such that "each handle spans a nonsingular disk"; (i.e., we can find a complete system of meridian circles and a corresponding "canonical" system of longitude circles in the boundary of the new handlebody such that each longitude bounds a nonsingular disk in M^3 and intersects just one of the meridians, and that in just one point). But the new handlebody $T^3 + \cup_{k=1}^t B_k^3$ is not necessarily a Heegaard-handlebody in M^3 . In order to overcome this difficulty

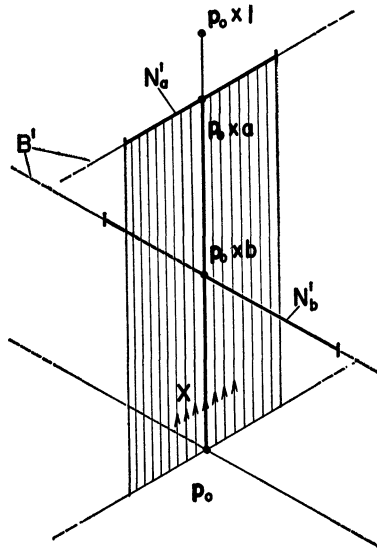


FIG. 3

we shall add some more handles to the handlebody in such a way that we obtain a Heegaard-handlebody with the desired properties.

We choose a cell-decomposition $\Gamma_{\#}^1$ of M^3 which is dual to Γ such that the 1-skeleton $G_{\#}^1$ of $\Gamma_{\#}^1$ is disjoint from T_I^3 and from the arcs B_k^1 . Let $T_{\#}^3$ be a small neighborhood of $G_{\#}^1$ in M^3 . Now $M^3 - \circ(T_I^3 + T_{\#}^3)$, denoted by H^3 , may be represented as cartesian product $\cdot T_I^3 \times I^1$, where I^1 means an interval $0 \leq x \leq 1$ such that $p \times 0 = p$ for all $p \in \cdot T_I^3$ and such that $\cdot T_I^3 \times 1 = \cdot T_{\#}^3$.

We may assume that the product representation of H^3 is chosen such that B^1 "projects normally into $\cdot T_I^3$ ", i.e., such that the following holds:

- (A) if p is a point in $\cdot T_I^3$ then $p \times I^1$ intersects B^1 at most in two points;
- (B) if p is a point in $\cdot B^1$ then $p \times \circ I^1$ is disjoint from B^1 ;
- (C) if $p_0 \times I^1$ ($p_0 \in \cdot T_I^3$) intersects B^1 in two points $p_0 \times a, p_0 \times b$ (see Fig. 3), where $1 > a > b > 0$, and if N_a^1, N_b^1 are small neighborhoods of $p_0 \times a$ and $p_0 \times b$, respectively, in B^1 , then N_a^1 "overcrosses" N_b^1 , i.e., N_b^1 pierces the "projection cylinder" of N_a^1 (which is the union of all those intervals $p \times [0, c]$ with $p \in \cdot T_I^3$ and $p \times c \in N_a^1$).

We consider the projection cylinder K^2 of B^1 , i.e., the union of all those intervals $p \times [0, c]$ with $p \in \cdot T_I^3$ and $p \times c \in B^1$ (where c may be zero such that the interval degenerates to a point in B^1). Correspondingly we denote by K_k^2 the projection cylinder of B_k^1 ($k = 1, \dots, t$). Let p_1, \dots, p_u be those points in $\cdot T_I^3$ for which $p_i \times I^1$ intersects B^1 in two points, say $p_i \times a_i, p_i \times b_i$ with $1 > a_i > b_i > 0$. We call the points $p_i \times a_i$ the overcrossing points, and $p_i \times b_i$ the undercrossing points of B^1 , and the intervals $p_i \times [0, b_i]$ the double arcs of the projection cylinder K^2 . We may further assume that

- (D) p_1, \dots, p_u do not lie in $V_{I^*}^2$.

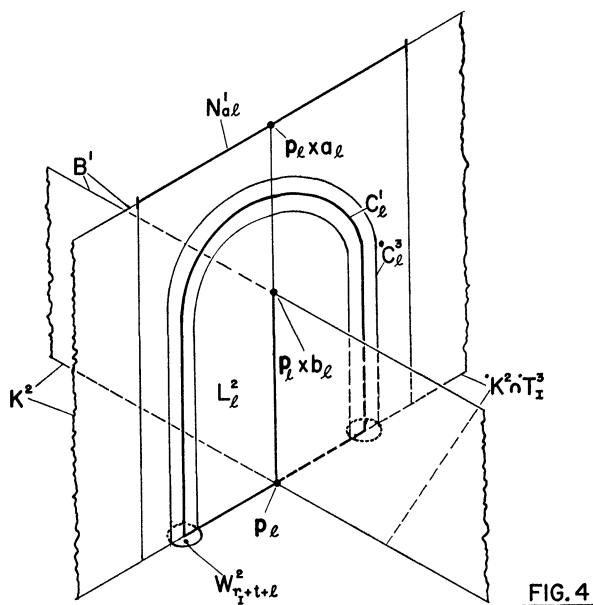


FIG. 4

4. Decomposing the projection cylinder K^2 by arcs C_l^1 . We choose pairwise disjoint, small neighborhoods $N_{a_l}^1$ of the points $p_l \times a_l$ ($l = 1, \dots, u$) in B^1 (see Fig. 4); then we choose small neighborhoods L_i^2 of the double arcs $p_l \times [0, b_l]$ in the projection cylinders of the arcs $N_{a_l}^1$. Now $\bar{\cap}(L_i^2 \cap \circ K^2)$ is an arc C_l^1 (and $L_i^2 - \circ C_l^1$ is an arc in T_I^3). Moreover, $\bar{\cap}(K^2 - \cup_{l=1}^u L_i^2)$ consists of t pairwise disjoint disks J_k^2 ($k = 1, \dots, t$) where $J_k^2 = \bar{\cap}(K^2 - \cup_{l=1}^u L_i^2)$.

5. Adding handles B_k^3 and C_l^3 to the handlebody T_I^3 . We choose small, pairwise disjoint neighborhoods B_k^3 ($k = 1, \dots, t$) of the arcs B_k^1 and C_l^3 ($l = 1, \dots, u$; see Fig. 4) of the arcs C_l^1 in $M^3 - \circ T_I^3$. Then we consider the handlebody $T_I^3 + \cup_{k=1}^t B_k^3 + \cup_{l=1}^u C_l^3$, denoted by T^3 . The genus r of T^3 is $r = r_I + t + u$.

We denote the $r_I + t$ connected components of $\bar{\cap}[V_{I^*}^2 - \cup_{k=1}^t \zeta^{-1}(B_k^3 \cap V_{I^*}^2)]$ (see Fig. 2) by $V_{II^*1}^2, \dots, V_{II^*r_I+t}^2$; their images under ζ , denoted by $V_{II^*1}^2, \dots, V_{II^*r_I+t}^2$, are nonsingular disks. Further we denote the disks $\bar{\cap}(L_i^2 - C_l^3)$ ($l = 1, \dots, u$) by $V_{II^*r_I+t+l}^2$. The boundaries $\partial V_{II^*i}^2$ ($i = 1, \dots, r$) of the disks $V_{II^*i}^2$ are pairwise disjoint (because of (D) in Sec. 3).

6. Choosing suitable meridian disks in T^3 . Now we choose $r_I + t$ pairwise disjoint meridian disks $W_1^2, \dots, W_{r_I+t}^2$ in T_I^3 (compare Fig. 2) such that for all $m = 1, \dots, r_I + t$

- (α) ∂W_m^2 intersects $\partial V_{II^*m}^2$ in just one piercing point and is disjoint from $\partial V_{II^*i}^2$ if $i \neq m, i = 1, \dots, r$;

(β) $\cdot W_m^2$ is disjoint from the $\cdot B_k^3$'s ($k = 1, \dots, t$) and from the $\cdot C_i^3$'s ($l = 1, \dots, u$) and intersects $\cdot K^2 \cap \cdot T_1^3$ at most in isolated piercing points.

Further we denote one of the two connected components of $\cdot C_i^3 \cap \cdot T_1^3$ by $W_{r_1+t+l}^2$ (for all $l = 1, \dots, u$; see Fig. 4). Then the disks W_1^2, \dots, W_r^2 form a complete system of meridian disks of T^3 , i.e., $\circ T^3 - \cup_{i=1}^r W_i^2$ is an open 3-cell C^3 ; moreover, the $\cdot W_i^2$'s and the $\cdot V_{II^*i}^2$'s are two "canonical" systems of 1-spheres in $\cdot T^3$, i.e., we have

$$(*) \quad \begin{aligned} \cdot W_i^2 \cap \cdot V_{II^*j}^2 &= \text{one piercing point} && \text{if } j = i && (i, j = 1, \dots, r). \\ &= \emptyset && \text{if } j \neq i \end{aligned}$$

7. T^3 is a Heegaard-handlebody. We prove that $M^3 - \circ T^3$ is a handlebody by constructing a complete system of meridian disks in $M^3 - \circ T^3$.

We choose a complete system, $F_1^2, \dots, F_{r_1}^2$, of meridian disks in the handlebody $M^3 - \circ T_1^3$ such that for all $i = 1, \dots, r_1$ the following holds:

- (1) $F_i^2 \cap H^3 = \cdot F_i^2 \times I^1$;
- (2) $\cdot F_i^2$ is disjoint from the arcs $\cdot L_l^2 \cap \cdot T_l^3$ ($l = 1, \dots, u$) and from $\cdot B^1$;
- (3) $\cdot F_i^2$ intersects $\cdot K^2 \cap \cdot T_1^3$ and the $\cdot W_j^2$'s ($j = 1, \dots, r$) at most in isolated piercing points;
- (4) the neighborhoods B_k^3, C_i^3 of B_k^1, C_i^1 , respectively, are small with respect to F_i^2 .

Now

$$M^3 - (T^3 + K^2 + \cup_{i=1}^{r_1} F_i^2)$$

is an open 3-cell, since $T^3 + K^2 + \cup_{i=1}^{r_1} F_i^2$ collapses to $T_1^3 + \cup_{i=1}^{r_1} F_i^2$ (definition see [5, p. 201]).

The disks $F_1^2, \dots, F_{r_1}^2, V_{II^*r_1+t+1}^2, \dots, V_{II^*r_1+t+u}^2$ are pairwise disjoint and disjoint from the $\cdot C_i^3$'s; we denote their union by F^2 . Further we denote the disks $J_k^2 - \circ T^3$ ($k = 1, \dots, t$) by E_k^2 . Obviously $T^3 + K^2 + \cup_{i=1}^{r_1} F_i^2 = T^3 + F^2 + \cup_{k=1}^t E_k^2$.

We remove, step by step, the intersections of F^2 with the E_k^2 's and with the $\cdot B_k^3$'s in the following way:

If D^1 is a connected component of $F^2 \cap E_k^2$ (see Fig. 5) then $D^1 = q \times [0, c]$ for some point $q \in \cdot E_k^2 \cap \cdot T_1^3$ where $q \times c \in \cdot E_{**k}^2 \cap \cdot B_k^3$. Then we may find a connected component $D_1^1 = q_1 \times [0, c_1]$ of $F^2 \cap E_k^2$ such that a connected component, say Q^2 , of $E_k^2 - D_1^1$ is disjoint from F^2 . Then we choose a small neighborhood Q^3 of Q^2 in $M^3 - \circ T^3$ (see Fig. 5); $Q^3 \cap F^2$ is a disk D^2 , containing D_1^1 , such that $\cdot (D^2 - T^3)$ consists of two disjoint arcs D_{**}^1, D_{**}^1 , "parallel" to D_1^1 . Now $\cdot Q^3 - (\cdot T^3 + \cdot D^2)$ consists of three disjoint open disks, such that one of them, denoted by Q_{**}^2 , has a boundary which is the union of D_{**}^1 and an open arc in $\cdot T^3$, and such that a second one, denoted by Q_{**}^2 , has a boundary which is the union of D_{**}^1 and an open arc in $\cdot T^3$ (see Fig. 5). Finally let R^2 be that connected component of $F^2 \cap B_k^3$ that contains $q_1 \times c_1$. Now we replace F^2 by

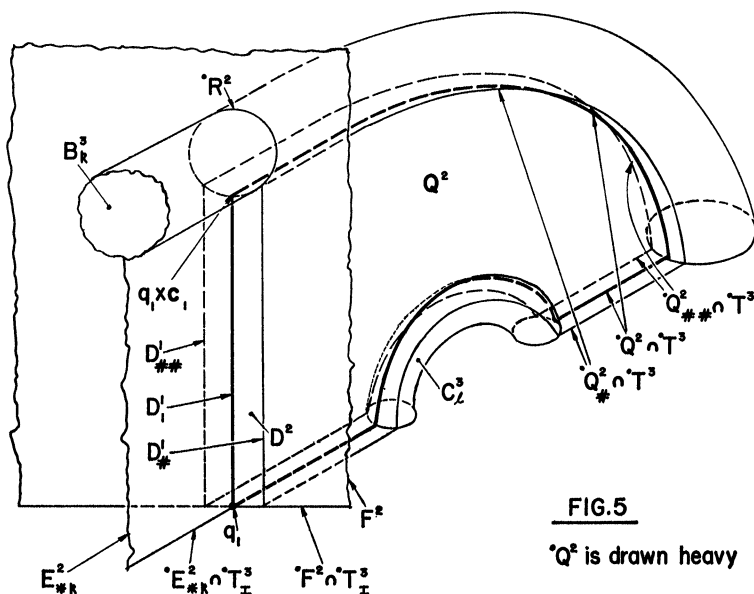


FIG.5

* Q^2 is drawn heavy

$$F^2_{(1)} = [F^2 - (D^2 + \circ R^2)] + \bar{Q}^2_* + \bar{Q}^2_{**}$$

Obviously $F^2_{(1)}$ is the union of $r_1 + u$ pairwise disjoint disks such that $M^3 - (T^3 + F^2_{(1)} + \cup_{k=1}^t E^2_{**k})$ is an open 3-cell; but the number of intersection arcs in $F^2_{(1)} \cap \cup_{k=1}^t E^2_{**k}$ is one less than the corresponding number of F^2 .

We repeat the procedure described in the above paragraph as often as possible, and by this we obtain a union $F^2_{(*)}$ of $r_1 + u$ pairwise disjoint disks, denoted by $E^2_{**i+1}, \dots, E^2_{**r}$, which are disjoint from the disks E^2_{**k} ($k = 1, \dots, t$) such that $M^3 - (T^3 + \cup_{i=1}^r E^2_{**i})$ is an open 3-cell, and $\circ E^2_{**i} = E^2_{**i} \cap T^3 = E^2_{**i} \cap \circ T^3$. That means that $M^3 - \circ T^3$ is a handlebody and that the E^2_{**i} 's form a complete system of meridian disks of $M^3 - \circ T^3$; moreover, the meridian circles $\circ E^2_{**i}$ of $M^3 - \circ T^3$ intersect the meridian circles $\circ W^2_i$ of T^3 at most in isolated piercing points.

8. Constructing Γ . We take for Γ a cell-decomposition of M^3 , corresponding to the Heegaard-diagram defined by $\circ T^3$ and by the $\circ E^2_{**i}$'s and the $\circ W^2_i$'s:

For the only vertex of Γ we choose a point E^0 in the open 3-cell $\circ T^3 - \cup_{i=1}^r W^2_i$. For the 1-dimensional elements of Γ we choose open arcs E^1_1, \dots, E^1_r in $\circ T^3$ such that $\circ E^1_i = E^0$,

$$\begin{aligned} E^1_i \cap W^2_j &= \text{one piercing point} & \text{if } i = j & \quad (\text{for all } i, j = 1, \dots, r) \\ &= \emptyset & \text{if } i \neq j \end{aligned}$$

and T^3 may be regarded as a neighborhood of $\cup_{i=1}^r \bar{E}^1_i$ in M^3 . For the 2-dimensional elements of Γ we choose open disks E^2_1, \dots, E^2_r in $M^3 - \cup_{i=1}^r \bar{E}^1_i$

such that $E_i^2 \cap (M^3 - \circ T^3) = E_i^{*2}$ (as constructed in the last section), and such that $E_i^2 \cap \circ T^3$ is an open annulus $E_{T_i}^2$ with $E_{T_i}^2 \cap T^3 = E_i^{*2}$, $E_{T_i}^2 \cap \circ T^3 \subset \bigcup_{j=1}^r \bar{E}_j^1$ where E_j^1 lies as often in $E_{T_i}^2$ as E_i^{*2} intersects W_j^2 (if E_i^{*2} does not intersect any W_j^2 , then $E_{T_i}^2 \cap \circ T^3$ is just the vertex E^0). For the only 3-dimensional element of Γ we choose the open 3-cell $M^3 - \bigcup_{i=1}^r \bar{E}_i^2$.

Now Γ fulfills condition (i) of the theorem.

9. Constructing the V_i^2 's. It remains to show that the \bar{E}_i^1 's bound nonsingular disks V_i^2 in M^3 as demanded.

First we choose annuli $V_{\text{IT}i}^2$ in T^3 such that $V_{\text{IT}i}^2 = V_{\text{II}^*i}^2 + \bar{E}_i^1$ (this is possible because of (*) in Sec. 6); we may choose the $V_{\text{IT}i}^2$'s such that $\circ V_{\text{IT}i}^2 \subset \circ T^3$, and $V_{\text{IT}i}^2 \cap V_{\text{IT}j}^2 = E^0$ if $j \neq i$ (for all $i, j = 1, \dots, r$).

Next we deform $V_{\text{II}^*i}^2$ isotopically into a disk $V_{\text{III}^*i}^2$, in such a way that $V_{\text{II}^*i}^2 - \circ T^3$ remains fixed and $\bar{\cap} (V_{\text{II}^*i}^2 \cap \circ T^3)$ is deformed within T^3 , such that $\circ V_{\text{III}^*i}^2 \cap V_{\text{IT}i}^2 = \emptyset$; (this is possible since $\bar{\cap} (V_{\text{II}^*i}^2 \cap \circ T^3)$ is disjoint from one of the boundary curves, namely $V_{\text{IT}i}^2 \cap T^3 = V_{\text{II}^*i}^2$, of $V_{\text{IT}i}^2$). We do this deformation for all $i = 1, \dots, r$ (where it is permissible to introduce new intersections between different $V_{\text{IT}^*i}^2$'s).

Then we denote the nonsingular disks $V_{\text{III}^*i}^2 + V_{\text{IT}i}^2$ by $V_{\text{III}i}^2$ ($i = 1, \dots, r$). The $V_{\text{III}i}^2$'s fulfill condition (ii) of the theorem.

In order to fulfill condition (iii) of the theorem we normalize the intersections $V_{\text{III}i}^2 \cap V_{\text{III}j}^2$ ($j \neq i$) by a procedure as described in [2, Sec. 6, Steps 1 to 4]. This does not destroy the nonsingularity of the single $V_{\text{III}i}^2$'s, and we obtain in this way the demanded V_i^2 's.

This finishes the proof of the theorem.

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