

Scalar Poincaré implies matrix Poincaré*

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Abstract

We prove that every reversible Markov semigroup which satisfies a Poincaré inequality satisfies a matrix-valued Poincaré inequality for Hermitian $d \times d$ matrix valued functions, with the same Poincaré constant. This generalizes recent results [ABY19, Kat20] establishing such inequalities for specific semigroups and consequently yields new matrix concentration inequalities. The short proof follows from the spectral theory of Markov semigroup generators.

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1 Introduction

There is a long tradition in probability theory (see e.g. [GM83, Led99]) of using functional inequalities on a probability space $(\Omega, \Sigma, \mathbb{P})$ to derive concentration inequalities for nice (e.g. Lipschitz) functions $f : \Omega \rightarrow \mathbb{R}$ on that space. The most basic of these inequalities is the Poincaré inequality, which postulates that:

$$\alpha \mathcal{E}(f, f) \geq \text{Var}(f), \tag{1.1}$$

for an appropriately large class of f , where $\mathcal{E}(\cdot, \cdot)$ is an appropriate Dirichlet form and $\alpha > 0$ is the Poincaré constant.

Recently there has been growing interest in extending this phenomenon to matrix-valued functions [CH16, CHT17, CH19, ABY19, Kat20]. The last two of these works in particular (independently) studied the notion of *matrix Poincaré inequality*, in which (1.1) is required to hold for \mathbb{H}_d -valued f , \mathcal{E} , and Var , with the inequality replaced by the Loëwner ordering on \mathbb{H}_d , the space of $d \times d$ Hermitian matrices. They showed that a matrix Poincaré inequality generically implies concentration bounds in the operator norm similar to those in the scalar case¹. They then proceeded to prove matrix Poincaré inequalities for several interesting classes of measures (product [ABY19], Gaussian [ABY19], Strongly Rayleigh [ABY19, Kat20]) on a case by case basis, often mimicking the

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¹[ABY19] also used the related notion of matrix carré du champ operator and obtained more refined bounds than [Kat20] in terms of it.

scalar proofs but requiring significant additional work to handle the noncommutativity of matrices.

In this note, we show that the second step above can also be made generic, and that matrix Poincaré inequalities follow automatically from their scalar counterparts in the full generality of arbitrary reversible Markov semigroups (see the excellent book [BGL13] for a detailed introduction).

Let $L^2(\Omega, \mu)$ be a separable complex Hilbert space, and let $\mathbb{C}^{d \times d}$ be the Hilbert space of complex $d \times d$ matrices with the Hilbert-Schmidt inner product. To state our theorem, we define a “matrix-valued inner product” $\langle \cdot, \cdot \rangle_d$ on the Hilbert space tensor product $L^2(\Omega, \mu) \otimes \mathbb{C}^{d \times d} \cong L^2(\Omega, \mu; \mathbb{C}^{d \times d})$ as:

$$\langle f, g \rangle_d := \int_{\Omega} f(x)^* g(x) d\mu(x) \in \mathbb{C}^{d \times d}, \tag{1.2}$$

noting that the integral converges for all $f, g \in L^2(\Omega, \mu) \otimes \mathbb{C}^{d \times d}$ since

$$\int_{\Omega} \|f(x)^* g(x)\|_{op} d\mu(x) \leq \int_{\Omega} \|f(x)\|_{HS} \|g(x)\|_{HS} d\mu(x) \leq \|f\|_{L^2(\mu) \otimes \mathbb{C}^{d \times d}} \|g\|_{L^2(\mu) \otimes \mathbb{C}^{d \times d}}.$$

Theorem 1.1. *Let $(X_t)_{t \geq 0}$ be a reversible Markov process on a probability space $(\Omega, \Sigma, \mathbb{P})$ with stationary measure μ and densely defined self-adjoint infinitesimal generator $\mathcal{L} : D(\mathcal{L}) \rightarrow L^2(\Omega, \mu)$. Suppose \mathcal{L} satisfies a Poincaré inequality with constant $\alpha > 0$, i.e.,*

$$\alpha \mathcal{E}(f, f) := \alpha \langle f, -\mathcal{L}f \rangle \geq \langle f, f \rangle$$

for all $f \in D(\mathcal{L})$ with $\mathbb{E}_{\mu} f = 0$. Then

$$\alpha \mathcal{E}_d(f, f) := \alpha \langle f, (-\mathcal{L} \otimes I_{\mathbb{C}^{d \times d}}) f \rangle_d \succeq \langle f, f \rangle_d \tag{1.3}$$

for all $f \in D(\mathcal{L}) \otimes \mathbb{C}^{d \times d}$ with $\mathbb{E}_{\mu} f = 0$.

The domain $D(\mathcal{L})$ is always dense in the Dirichlet domain $D(\mathcal{E})$ [BGL13, Section 3.1.4], so Theorem 1.1 implies the more conventional form of the inequality for functions in $D(\mathcal{E}) \otimes \mathbb{C}^{d \times d}$. Note that for \mathbb{H}_d -valued functions f , (1.3) is precisely:

$$\alpha \int_{\Omega} f(x) (-\mathcal{L}f)(x) d\mu(x) \succeq \int_{\Omega} f(x)^2 d\mu(x),$$

which is identical to the matrix Poincaré inequality considered in [ABY19, Kat20].

Theorem 1.1 replaces the computations in [ABY19, Sections 5-6], and when combined with [ABY19, Theorem 1.1], implies that any reversible Markov semigroup satisfying a Poincaré inequality satisfies an exponential matrix concentration inequality. In other words, [ABY19, Theorem 1.1] holds with the “matrix Poincaré” assumption replaced by “Poincaré”. This also allows us to deduce all of the matrix Poincaré inequalities derived in [ABY19, Kat20] from their known scalar counterparts, and yields new matrix Poincaré and concentration inequalities, notably for Completely Log Concave (i.e., Lorentzian [BH19]) measures via [ALGV19, Theorem 1.1].

The proof of Theorem 1.1 relies on the spectral theorem for unbounded self-adjoint operators on a complex separable Hilbert space. The only property of Markov generators that is used is self-adjointness on an appropriate domain orthogonal to the constant function. Before presenting this proof in Section 3, we give an elementary linear algebraic proof of the finite-dimensional case in Section 2, which is already enough for several important applications (such as all finite reversible Markov chains and strongly log-concave measures) and avoids any analytic subtleties.

Remark. Theorem 1.1 was recently independently observed in [HT20, Proposition 2.3], where it was credited to Ramon van Handel.

2 Finite dimensional case

Here we prove Theorem 1.1 when Ω is finite with $|\Omega| = n$. Let $H = \{f : \Omega \rightarrow \mathbb{C} : \mathbb{E}_\mu f = 0\}$. Let $A : H \rightarrow H$ be the operator $A := -\mathcal{L}$. Consider an orthonormal eigenbasis g_1, \dots, g_{n-1} of A (with respect to the inner product $\langle f, g \rangle = \sum_{x \in \Omega} \mu(x) \overline{f(x)} g(x)$). Let λ_i be the eigenvalue corresponding to g_i . By the assumption of Theorem 1.1, $\lambda_i \geq 1/\alpha$ for all $i \in [n-1]$. Now consider any

$$f = \sum_{i \leq n-1} g_i \otimes M_i \in H \otimes \mathbb{C}^{d \times d}.$$

Notice that $\langle \cdot, \cdot \rangle_d$ is bilinear and $\langle f \otimes M, g \otimes N \rangle_d = \langle f, g \rangle M^* N$ for $f, g \in H$ and $M, N \in \mathbb{C}^{d \times d}$. Applying these facts,

$$\begin{aligned} \mathcal{E}_d(f, f) &= \langle f, (A \otimes I_{\mathbb{C}^{d \times d}}) f \rangle_d \\ &= \left\langle \sum_{i=1}^{n-1} g_i \otimes M_i, (A \otimes I_{\mathbb{C}^{d \times d}}) \left(\sum_{j=1}^{n-1} g_j \otimes M_j \right) \right\rangle_d \\ &= \sum_{i=1}^{n-1} \sum_{j=1}^{n-1} \lambda_j \langle g_i \otimes M_i, g_j \otimes M_j \rangle_d \\ &= \sum_{i=1}^{n-1} \lambda_i M_i^* M_i \geq \frac{1}{\alpha} \sum_{i=1}^{n-1} M_i^* M_i \\ &= \frac{1}{\alpha} \sum_{i=1}^{n-1} \sum_{j=1}^{n-1} \langle g_i \otimes M_i, g_j \otimes M_j \rangle_d = \frac{1}{\alpha} \langle f, f \rangle_d. \end{aligned}$$

3 Proof of Theorem 1.1

Theorem 1.1 follows from the following proposition by taking $A = -\mathcal{L}$, $H = L^2(\Omega, \mu) \cap \{f : \mathbb{E}_\mu f = 0\}$, and $D(A) = D(\mathcal{L}) \cap \{f \in H : \mathbb{E}_\mu f = 0\}$.

Proposition 3.1. *Let $A : D(A) \rightarrow H$ be a densely defined self-adjoint operator on a separable complex Hilbert space H satisfying $\langle y, Ay \rangle \geq c\|y\|^2$ for all $y \in D(A)$. Then*

$$\langle f, (A \otimes I_{\mathbb{C}^{d \times d}}) f \rangle_d \geq c \langle f, f \rangle_d \quad \forall f \in D(A) \otimes \mathbb{C}^{d \times d}.$$

Proof. For any $v \in \mathbb{C}^d$, define the linear map $(\cdot)_v : H \otimes \mathbb{C}^{d \times d} \rightarrow H \otimes \mathbb{C}^d$ by

$$f_v(x) := f(x)v.$$

Observe that for any $f, g \in H \otimes \mathbb{C}^{d \times d}$:

$$v^* \langle f, g \rangle_d v = \int_{\Omega} v^* f(x)^* g(x) v \, d\mu(x) = \langle f_v, g_v \rangle$$

where the last inner product on $H \otimes \mathbb{C}^d$ is the standard one (i.e., $\langle f_v, g_v \rangle = \int_{\Omega} f_v(x)^* g_v(x) \, d\mu(x)$). Thus, we have for every $f \in D(A) \otimes \mathbb{C}^{d \times d}$:

$$v^* \langle f, (A \otimes I_{\mathbb{C}^{d \times d}}) f \rangle_d v = \langle f_v, ((A \otimes I_{\mathbb{C}^{d \times d}}) f)_v \rangle = \langle f_v, (A \otimes I_{\mathbb{C}^d}) f_v \rangle. \quad (3.1)$$

Note that $A \otimes I_{\mathbb{C}^d}$ is self-adjoint with domain $D(A) \otimes \mathbb{C}^d \subset H \otimes \mathbb{C}^d$ and $f_v \in D(A) \otimes \mathbb{C}^d$. Applying the spectral theorem for unbounded operators (e.g., [RS80, Theorem VIII.6]) and noting that by our assumption the spectrum of $A \otimes I_{\mathbb{C}^d}$ is contained in $[c, \infty)$, we obtain that for some projection valued measure $\{E_\lambda\}_{\lambda \in [c, \infty)}$:

$$\langle f_v, (A \otimes I_{\mathbb{C}^d}) f_v \rangle = \int_c^\infty \lambda \, d\langle f_v, E_\lambda f_v \rangle \geq c \int_c^\infty d\langle f_v, E_\lambda f_v \rangle = c \|f_v\|^2 = c v^* \langle f, f \rangle_d v, \quad (3.2)$$

where the integrals are Riemann-Stieltjes integrals. Since (3.1), (3.2) hold for every $f \in D(A) \otimes \mathbb{C}^{d \times d}$ and every $v \in \mathbb{C}^d$, the theorem follows. \square

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