

# Simple confidence intervals for MCMC without CLTs

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**Abstract:** This short note argues that 95% confidence intervals for MCMC estimates can be obtained even without establishing a CLT, by multiplying their widths by 2.3.

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## 1. Introduction

Markov chain Monte Carlo (MCMC) algorithms are very widely used to estimate of expected values in a variety of settings, especially for Bayesian inference (see e.g. [2] and the many references therein).

It has been pointed out by various authors (e.g. [12, 4]) that in addition to providing an estimate, it is also important to quantify the *error* in the estimate, hopefully by providing *confidence intervals* for the value being estimated.

Such error estimation and confidence intervals are usually obtained via Markov chain Central Limit Theorems (CLTs), see e.g. [15, Theorem 4] and [3, 9, 13, 10]. Indeed, CLTs are often considered *essential* for this purpose, e.g. [11, p. 131] writes “The CLT is the basis of all error estimation in Monte Carlo”. However, establishing CLTs for MCMC requires the verification of challenging properties like geometric ergodicity, which is often difficult in applied problems. This makes confidence intervals harder to obtain in MCMC applications.

In this short note, we show (Theorem 1) that for typical MCMC applications, as long as the asymptotic variance can be estimated, a confidence interval (or at least an *upper-bound* on a confidence interval) can be obtained quite *simply*, via Chebychev’s inequality, without requiring any sort of CLT or distributional convergence at all.

## 2. Assumptions

Let  $\{X_n\}$  be a Markov chain on a state space  $\mathcal{X}$  which converges to a target distribution  $\pi$ . Let  $h : \mathcal{X} \rightarrow \mathbf{R}$  be some functional, and assume we wish to estimate the stationary expected value of  $h$ , i.e.  $\pi(h) := \int h(x) \pi(dx)$ , by the usual MCMC estimate,  $e_n = \frac{1}{n} \sum_{i=1}^n h(X_i)$ .

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In typical MCMC applications, the estimate  $e_n$  will have variance  $O(1/n)$  and bias  $O(1/n)$  (see e.g. [6, page 21]). Consistent with this, we assume:

**(A1)** (*Order 1/n variance.*) The limit  $V := \lim_{n \rightarrow \infty} n \mathbf{Var}(e_n)$  exists and is in  $(0, \infty)$ .

**(A2)** (*Smaller-order bias.*)  $\lim_{n \rightarrow \infty} n^{1/2} |\mathbf{E}(e_n) - \pi(h)| = 0$ .

We also require an estimator of the asymptotic variance value  $V$ . Such estimators are quite common, and can be obtained in many different ways, including repeated runs, integrated autocorrelation times, batch means, window estimators, regenerations, and more; see e.g. [5, Section 3] and [8, 10, 7], etc. We thus assume:

**(A3)** (*Variance estimator.*) There is an estimator  $\hat{\sigma}_n^2$  of  $V$ , such that  $\lim_{n \rightarrow \infty} \hat{\sigma}_n^2 = V$  in probability.

### 3. Main result

Under the above mild assumptions, our result is as follows:

**Theorem 1.** *Assume (A1)–(A3) above, fix  $0 < \alpha < 1$  and  $\epsilon > 0$ , and define the interval*

$$I_{n,\epsilon} := \left( e_n - n^{-1/2} \hat{\sigma}_n \alpha^{-1/2} (1 + \epsilon), e_n + n^{-1/2} \hat{\sigma}_n \alpha^{-1/2} (1 + \epsilon) \right).$$

*Then*

$$\liminf_{n \rightarrow \infty} \mathbf{P} \left( \pi(h) \in I_{n,\epsilon} \right) \geq 1 - \alpha,$$

*i.e. the interval  $I_{n,\epsilon}$  includes the true expected value  $\pi(h)$  with asymptotic probability at least  $1 - \alpha$ , i.e.  $I_{n,\epsilon}$  has asymptotic coverage probability at least  $1 - \alpha$ .*

Theorem 1 may be interpreted as saying that the interval  $I_{n,\epsilon}$  contains an asymptotic  $(1 - \alpha)$ -confidence interval for  $\pi(h)$ , i.e. it is an overly-conservative confidence interval. Since the main purpose of MCMC confidence intervals is to provide approximate *guarantees* for estimates, this conservativeness is not a major limitation.

Most commonly, the significance level  $\alpha = 0.05$ . In that case, the usual CLT-derived 95% asymptotic confidence interval for  $\pi(h)$  would be given by  $[e_n - 1.96 \hat{\sigma}_n / \sqrt{n}, e_n + 1.96 \hat{\sigma}_n / \sqrt{n}]$ . By contrast, taking  $\alpha = 0.05$  and  $\epsilon = 0.001$ , our interval is computed to be  $I_{n,\epsilon} = [e_n - 4.48 \hat{\sigma}_n / \sqrt{n}, e_n + 4.48 \hat{\sigma}_n / \sqrt{n}]$ . So, Theorem 1 can be interpreted as saying that even without establishing a Markov chain CLT, the usual MCMC asymptotic 95% confidence interval still applies, except with “1.96” replaced by “4.48”, i.e. multiplying by just under 2.3 (and with the asymptotic coverage probability being  $\geq 95\%$  instead of exactly 95%, i.e. being overly conservative). Given the difficulty of establishing CLTs for MCMC algorithms, it seems easier to instead simply multiply the confidence interval width by 2.3.

#### 4. Proof of Theorem 1

For any  $a_n > 0$ , we have by the triangle inequality that

$$\begin{aligned} \mathbf{P}\left(|e_n - \pi(h)| \geq a_n\right) &= \mathbf{P}\left(\left|e_n - \mathbf{E}(e_n)\right| + \left|\mathbf{E}(e_n) - \pi(h)\right| \geq a_n\right) \\ &\leq \mathbf{P}\left(|e_n - \mathbf{E}(e_n)| + |\mathbf{E}(e_n) - \pi(h)| \geq a_n\right) \\ &= \mathbf{P}\left(|e_n - \mathbf{E}(e_n)| \geq a_n - |\mathbf{E}(e_n) - \pi(h)|\right). \end{aligned}$$

Hence, if

$$a_n - |\mathbf{E}(e_n) - \pi(h)| > 0, \quad (*)$$

then by Chebychev's inequality (e.g. [14, Proposition 5.1.2]),

$$\mathbf{P}\left(|e_n - \pi(h)| \geq a_n\right) \leq \mathbf{Var}(e_n) / \left(a_n - |\mathbf{E}(e_n) - \pi(h)|\right)^2.$$

We now set  $a_n = \sqrt{V/n\alpha}$ . Then by (A2),  $\lim_{n \rightarrow \infty} |\mathbf{E}(e_n) - \pi(h)| / a_n = 0$ . Hence, (\*) is satisfied for all sufficiently large  $n$ , and as  $n \rightarrow \infty$ , we have from the above and (A1) that

$$\limsup_{n \rightarrow \infty} \mathbf{P}\left(|e_n - \pi(h)| \geq a_n\right) \leq \limsup_{n \rightarrow \infty} (V/n a_n^2) = \limsup_{n \rightarrow \infty} (V/n (V/n\alpha)) = \alpha.$$

It remains to replace the true variance coefficient  $V$  by its estimator  $\hat{\sigma}_n^2$ . For this, let  $\epsilon > 0$ . Then by (A3),  $\limsup_{n \rightarrow \infty} \mathbf{P}(\hat{\sigma}_n^2(1 + \epsilon)^2 \leq V) = 0$ . Therefore,

$$\begin{aligned} &\limsup_{n \rightarrow \infty} \mathbf{P}\left(|e_n - \pi(h)| \geq n^{-1/2} \hat{\sigma}_n \alpha^{-1/2} (1 + \epsilon)\right) \\ &= \limsup_{n \rightarrow \infty} \mathbf{P}\left(|e_n - \pi(h)| \geq \sqrt{\hat{\sigma}_n^2(1 + \epsilon)^2 / n\alpha}\right) \\ &\leq \limsup_{n \rightarrow \infty} \left[ \mathbf{P}\left(|e_n - \pi(h)| \geq \sqrt{V/n\alpha} \text{ or } \hat{\sigma}_n^2(1 + \epsilon)^2 \leq V\right) \right] \\ &\leq \limsup_{n \rightarrow \infty} \left[ \mathbf{P}\left(|e_n - \pi(h)| \geq \sqrt{V/n\alpha}\right) + \mathbf{P}\left(\hat{\sigma}_n^2(1 + \epsilon)^2 \leq V\right) \right] \\ &\leq \alpha + 0 = \alpha. \end{aligned}$$

Taking complements, we obtain that

$$\liminf_{n \rightarrow \infty} \mathbf{P}\left(|e_n - \pi(h)| < n^{-1/2} \hat{\sigma}_n \alpha^{-1/2} (1 + \epsilon)\right) \geq 1 - \alpha.$$

Finally, note that  $|e_n - \pi(h)| < n^{-1/2} \hat{\sigma}_n \alpha^{-1/2} (1 + \epsilon)$  if and only if  $\pi(h) \in I_{n,\epsilon}$ . Hence, this completes the proof of Theorem 1.  $\square$

**Remark.** The recent paper [1] also obtains confidence intervals for MCMC without requiring CLTs. However, its results apply only to reversible chains, and require knowledge of the spectrum of a complicated kernel  $\phi$ , and proceed by establishing convergence in distribution to a complicated generalised T-distribution which appears to be difficult and challenging to work with, so they cannot be described as “simple”.

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