

## Chapter 4. Probabilistic Arguments

### A. INTRODUCTION — STRONG UNIFORM TIMES.

There are a number of other arguments available for bounding the rate of convergence to the uniform distribution. This chapter discusses the method of strong uniform times and coupling. Let's begin with a simple example, drawn from Aldous and Diaconis (1986).

*Example 1. Top in at random.* Consider mixing a deck of  $n$  cards by repeatedly removing the top card and inserting it at a random position. This corresponds to choosing a random cycle:

$$(1) \quad P(\text{id}) = P(21) = P(321) = P(4321) = \dots = P(nn-1\dots 1) = \frac{1}{n}.$$

The following argument will be used to show that  $n \log n$  shuffles suffice to mix up the cards. Consider the bottom card of the deck. This card stays at the bottom until the first time a card is inserted below it. This is a geometric waiting time with mean  $n$ . As the shuffles continue, eventually a second card is inserted below the original bottom card (this takes about  $n/2$  further shuffles). The two cards under the original bottom card are equally likely to be in relative order low-high or high-low.

Similarly, the first time a third card is inserted below the original bottom card, each of the six possible orders of the three bottom cards is equally likely. Now consider the first time  $T$  that the original bottom card comes to the top. By an inductive argument, all  $(n-1)!$  arrangements of the lower cards are equally likely. When the original bottom card is inserted at random, all  $n!$  possible arrangements of the deck are equally likely.

When the original bottom card is at position  $k$  from the bottom, the waiting time for a new card to be inserted is geometric with mean  $n/k$ . Thus the waiting time  $T$  has mean  $n + \frac{n}{2} + \frac{n}{3} + \dots + \frac{n}{n} \doteq n \log n$ .

To make this argument rigorous, introduce strong uniform times. Let  $G$  be a finite group. Intuitively, a stopping time is a rule which looks at a sequence of elements in  $G$  and says "stop at the  $j$ th one." The rule is allowed to depend on what appears up to time  $j$ , but not to look in the future. Formally, a *stopping time* is a function  $T: G^\infty \rightarrow \{1, 2, \dots, \infty\}$  such that if  $T(\underline{s}) = j$  then  $T(\underline{s}') = j$  for all  $\underline{s}'$  with  $s'_i = s_i$  for  $1 \leq i \leq j$ . Let  $Q$  be a probability on  $G$ ,  $X_k$  the associated random walk,  $P$  the associated probability on  $G^\infty$ . A *strong uniform time*  $T$  is a stopping time  $T$  such that for each  $k < \infty$ ,

$$(2) \quad P\{T = k, X_k = s\} \text{ is constant in } s.$$