

# SOME APPLICATIONS OF MEANS OF CONVEX BODIES

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Let  $A$  be a real, positive definite,  $n \times n$  matrix; with  $A$  we associate, in the Euclidean  $n$ -space  $R_n$ , the ellipsoid  $E(A)$  of points  $x$  for which

$$(x, Ax) \leq 1$$

where  $(x, y)$  denotes the usual inner product. In references [5], [6], [7] certain means of convex bodies were studied. It will be shown here that two particular means of ellipsoids of the type  $E(A)$  correspond to two simple combinations of the corresponding matrices  $A$ . The applications mentioned in the title rest upon this correspondence. The first two give results about positive definite matrices, including a refinement of a determinant inequality of Minkowski; the third application shows the existence of a set of unique ellipsoids related to a convex body by a set of similar extremal problems, the classical Loewner ellipsoid being a particular instance.

Throughout this paper the letters  $A$  and  $B$ , sometimes with distinguishing marks, denote real, positive definite,  $n \times n$  matrices. The distance from  $x$  to the origin is written  $\|x\|$ .

1. The distance and support functions of  $E(A)$  are:

$$F(x) = \sqrt{(x, Ax)}, \quad H(x) = \sqrt{(x, A^{-1}x)}.$$

In the first case, if  $x \neq 0$ , we have  $F(x) = \|x\| \|z\|$  where  $x/\|x\| = z/\|z\|$  and  $(z, Az) = 1$ , and so

$$\begin{aligned} \|x\| \|z\| &= \|x\| \sqrt{(z/\|z\|, Az/\|z\|)} \\ &= \|x\| \sqrt{(x/\|x\|, Ax/\|x\|)} = \sqrt{(x, Ax)}. \end{aligned}$$

In the second case

$$H(x) = \max_y (x, y) \quad \text{where} \quad (y, Ay) = 1.$$

We represent  $y$  in the form  $\lambda A^{-1}x + v$  where  $(x, v) = 0$ . Then

$$(y, Ay) = \lambda^2 (x, A^{-1}x) + (v, Av),$$

whence

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$$(x, y) = \lambda(x, A^{-1}x) = \sqrt{(x, A^{-1}x)\sqrt{[1 - (v, Av)]}},$$

and the maximum is attained for  $v = 0$ .

The polar reciprocal  $\hat{E}(A)$  of  $E(A)$  with respect to the unit sphere  $E(I)$  has  $H(x)$  as its distance function,  $F(x)$  as its support function. Consequently

$$\hat{E}(A) = E(A^{-1}).$$

In [5] the  $p$ -dot mean of two convex bodies  $K_0, K_1$  in  $R_n$ , which have the origin as a common interior point, was defined for  $p \geq 1$  to be to convex body  $\dot{M}_p(K_0, K_1; \vartheta)$  whose distance function is

$$[(1 - \vartheta)F_0^p(x) + \vartheta F_1^p(x)]^{1/p}$$

where  $F_i$  is the distance function of  $K_i$  and  $0 \leq \vartheta \leq 1$ . From this it follows that  $\dot{M}_2(E(A_0), E(A_1); \vartheta)$  has the distance function

$$\sqrt{[(1 - \vartheta)(x, A_0x) + \vartheta(x, A_1x)]} = \sqrt{(x, [(1 - \vartheta)A_0 + \vartheta A_1]x)}.$$

Thus

$$(2) \quad \dot{M}_2(E(A_0), E(A_1); \vartheta) = E((1 - \vartheta)A_0 + \vartheta A_1).$$

In [7] the  $p$ -mean  $M_p(K_0, K_1; \vartheta)$  was defined for  $p \geq 1$  to be the convex body whose support function is

$$[(1 - \vartheta)H_0^p(x) + \vartheta H_1^p(x)]^{1/p}$$

where  $H_i$  is the support function of  $K_i$ . Therefore, by reasoning similar to the preceding, we have

$$(3) \quad M_2(E(A_0), E(A_1); \vartheta) = E([(1 - \vartheta)A_0^{-1} + \vartheta A_1^{-1}]^{-1}).$$

2. Our first application is based on the inclusion

$$(4) \quad \dot{M}_2(K_0, K_1; \vartheta) \subseteq M_2(K_0, K_1; \vartheta),$$

established in [5] and [7]<sup>1</sup> with equality if and only if  $K_0 = K_1$ , and the observation that

$$E(A) \subseteq E(B)$$

if and only if  $A - B$  is positive semi-definite. For the latter we write  $A \geq B$ ; we call such an inequality strict if  $A - B$  is not a zero matrix. From (2), (3) and (4) we have

$$(5) \quad E((1 - \vartheta)A_0 + \vartheta A_1) \subseteq E([(1 - \vartheta)A_0^{-1} + \vartheta A_1^{-1}]^{-1}).$$

<sup>1</sup> The inclusion is not specifically mentioned, but in [7] it is proved that  $M_1 \subseteq M_p$  for  $p > 1$  and in [5] that  $M_p \subseteq \dot{M}_1$  and  $\dot{M}_1 \subseteq M_1$ .

Hence, from (5) we obtain an "inequality of arithmetic and harmonic means" for positive definite matrices.

**THEOREM 1.** *If  $A_0, A_1$  are any two real, positive definite,  $n \times n$  matrices, then*

$$(1 - \vartheta)A_0 + \vartheta A_1 \geq [(1 - \vartheta)A_0^{-1} + \vartheta A_1^{-1}]^{-1}$$

for  $0 \leq \vartheta \leq 1$ . The inequality is strict except in the trivial cases  $A_0 = A_1$  or  $\vartheta = 0, 1$ .

3. The next application is a refinement of the following determinant inequality of Minkowski, cf [1], p. 70.

$$\det^{1/n} (A_0 + A_1) \geq \det^{1/n} A_0 + \det^{1/n} A_1 .$$

Let  $V$  be the volume functional. In [5] it was shown that

$$(6) \quad V(\dot{M}_p(K_0, K_1; \vartheta)) \leq [(1 - \vartheta)V^{-p/n}(K_0) + \vartheta V^{-p/n}(K_1)]^{-n/p}$$

with equality if and only if  $K_0 = \lambda K_1$  for some  $\lambda > 0$ . Since

$$V(E(A)) = \pi^{n/2} / \Gamma(1 + n/2) \sqrt{\det A} ,$$

we have, with  $p = 2$  in (6),

$$(7) \quad \det [(1 - \vartheta)A_0 + \vartheta A_1] \geq [(1 - \vartheta) \det^{1/n} A_0 + \vartheta \det^{1/n} A_1]^n$$

with equality if and only if  $A_0 = \lambda A_1$  for some  $\lambda > 0$ . With a slight change in notation, this is Minkowski's determinant inequality.

If  $L$  is any  $k$ -dimensional linear subspace of  $R_n$ , then

$$\dot{M}_2(E(A_0) \cap L, E(A_1) \cap L; \vartheta) = \dot{M}_2(E(A_0), E(A_1); \vartheta) \cap L .$$

Consequently, by letting  $A'$  be the  $k \times k$ , positive definite matrix associated with  $E(A) \cap L$ , we obtain

$$E((1 - \vartheta)A'_0 + \vartheta A'_1) = E([(1 - \vartheta)A_0 + \vartheta A_1]') .$$

To this we apply (7), with  $n = k$ , to get

$$(8) \quad \det [(1 - \vartheta)A'_0 + \vartheta A'_1] \geq [(1 - \vartheta) \det^{1/k} A'_0 + \vartheta \det^{1/k} A'_1]^k .$$

Let us define  $|A|_k$  to be the product of the  $k$  least eigenvalues of  $A$ , repeated eigenvalues being counted according to their multiplicity. The inequality

$$\det A' \geq |A|_k$$

with equality if and only if  $L$  is the  $k$ -dimensional space spanned by the eigenvectors corresponding to the  $k$  least eigenvalues of  $A$ , is

essentially Theorem 20, p. 74 of [1].

In (8) choose  $L$  to be the linear subspace spanned by those eigenvectors of  $(1 - \vartheta)A_0 + \vartheta A_1$ , which correspond to the  $k$  smallest eigenvalues of  $(1 - \vartheta)A_0 + \vartheta A_1$ . By (9):

$$(10) \quad \det A'_0 \geq |A_0|_k, \quad \det A'_1 \geq |A_1|_k,$$

and so (8) becomes

$$(11) \quad |(1 - \vartheta)A_0 + \vartheta A_1|_k \geq [(1 - \vartheta)|A_0|_k^{1/k} + \vartheta|A_1|_k^{1/k}]^k.$$

There is equality in (8) if and only if, for some  $\lambda > 0$ ,

$$A'_0 = \lambda A'_1$$

and equality in (10) if and only if the subspaces  $L$  appropriate to  $|A_0|_k$ ,  $|A_1|_k$  are the same. Hence, in (11), there is equality if and only if the following conditions are met. Let  $x_1, \dots, x_k$  be eigenvectors of  $A_0$  corresponding to the  $k$  smallest eigenvalues  $\lambda_1 \leq \dots \leq \lambda_k$ . These are eigenvectors of  $A_1$  corresponding to the  $k$  smallest eigenvalues of  $A_1$  which are of the form  $\lambda\lambda_1 \leq \dots \leq \lambda\lambda_k$  for some  $\lambda > 0$ .

Inequality (11), which includes (7) when  $k = n$ , is an improvement of a result of Ky Fan, cf. [1], Theorem 21, p. 74, in which the right side of (11) is replaced by the geometric mean  $|A_0|_k^{1-\vartheta} |A_1|_k^\vartheta$  since the power mean of order  $1/k$  appearing on the right side of (11) exceeds this geometric mean.

If we define  ${}_k|A|$  to be the product of the  $k$  greatest eigenvalues of  $A$ , then

$$(12) \quad |A^{-1}|_k = 1/{}_k|A|.$$

We apply (11) to  $(1 - \vartheta)A_0^{-1} + \vartheta A_1^{-1}$  and obtain, after taking reciprocals,

$$1/|(1 - \vartheta)A_0^{-1} + \vartheta A_1^{-1}|_k \leq [(1 - \vartheta){}_k|A_0|^{-1/k} + \vartheta{}_k|A_1|^{-1/k}]^{-k}.$$

With the use of (12) on the left side, we have finally

$${}_k|[(1 - \vartheta)A_0^{-1} + \vartheta A_1^{-1}]^{-1}| \leq [(1 - \vartheta){}_k|A_0|^{-1/k} + \vartheta{}_k|A_1|^{-1/k}]^{-k}$$

as a "dual" result to (11). The cases of equality are given by the conditions for equality in (11) with the word "smallest" replaced by "greatest" throughout.

The last application concerns a generalization of the Loewner ellipsoid of a convex body  $K$ . Let  $x$  be an interior point of  $K$ . The classical Loewner ellipsoid is that *unique* ellipsoid, centred at  $x$  and containing  $K$ , which has minimum volume, cf. [3]. Let us take the point  $x$  to be the origin and denote the mean cross-sectional measures  $W_\nu$ ,  $\nu = 0, 1, \dots, n - 1$ , of  $E(A)$  by  $W_\nu(A)$ ; for their definition see

[2]. In particular  $W_0(A) = V(E(A))$ . We will show that, for each  $\nu$  there is a unique ellipsoid  $E(A)$  containing  $K$  for which  $W_\nu(A)$  is a minimum.

It is clear that  $W_\nu(A)$  depends continuously on the entries  $a_{ij}$  of  $A$ . Moreover, when we restrict the ellipsoids  $E(A)$  not only to contain  $K$ , but also to be contained in the sphere  $E(I/\rho^2)$ , the domain of definition of the functions  $W_\nu(A)$  is closed and bounded. Consequently each of the functions  $W_\nu(A)$  attains a minimum. Furthermore, if the radius of the bounding sphere  $E(I/\rho^2)$  is chosen to be sufficiently large, the minimum of  $W_\nu(A)$  and the matrix or matrices for which it is attained will be independent of  $\rho$ . Thus the uniqueness is the only point in question.

In [6] inequality (6) was extended to read

$$(13) \quad W_\nu^{1/(n-\nu)}[\dot{M}_p(K_0, K_1; \vartheta)] \leq [(1 - \vartheta)W_\nu^{-p/(n-\nu)}(K_0) + \vartheta W_\nu^{-p/(n-\nu)}(K_1)]^{-1/p}$$

for  $p = 1$ , with equality if and only if  $K_0 = \lambda K_1$  for some  $\lambda > 0$ . Inequality (13) is true for all  $p \geq 1$  however. This can be shown from the special case  $p = 1$  in the following fashion. We make the usual type of reduction to the special case in which  $W_\nu(K_i) = 1$ ,  $i = 0, 1$ , by setting:

$$\begin{aligned} \lambda_i &= W_\nu^{1/(n-\nu)}(K_i), & K_i &= \lambda_i K'_i, \\ \vartheta' &= \vartheta \lambda_1^{-p} / [(1 - \vartheta) \lambda_0^{-p} + \vartheta \lambda_1^{-p}]. \end{aligned}$$

Then

$$\dot{M}_p(K'_0, K'_1; \vartheta') = \dot{M}_p(K_0, K_1; \vartheta) / \mu$$

where

$$\mu = [(1 - \vartheta) \lambda_0^{-p} + \vartheta \lambda_1^{-p}]^{-1/p}.$$

Since  $W_\nu(K'_i) = 1$ , in order to prove (13) it is enough to prove

$$W_\nu(\dot{M}_p(K'_0, K'_1; \vartheta')) \leq 1.$$

This has been shown to be true for  $p = 1$ . By Theorem 2 of [5]

$$\dot{M}_p(K'_0, K'_1; \vartheta') \subseteq \dot{M}_1(K'_0, K'_1; \vartheta')$$

with equality if and only if  $K'_0 = K'_1$ . These assertions, together with the monotonic character of  $W_\nu$ , cf. [2], p. 50, prove (13) and establish the cases of equality. Naturally we will use (13) for  $p = 2$ .

Let  $A$ , be a matrix which is a solution of the minimum problem:

$$K \subseteq E(A), \quad W_\nu(A) = \text{minimum.}$$

Suppose  $A'$  is a second solution. From

$$K \subseteq E(A_\nu), \quad K \subseteq E(A'_\nu)$$

we have

$$K \subseteq E((1 - \vartheta)A_\nu + \vartheta A'_\nu);$$

from (13) we have

$$W_\nu((1 - \vartheta)A_\nu + \vartheta A'_\nu) \leq W_\nu(A_\nu) = W_\nu(A'_\nu)$$

with equality in the inequality if and only if  $A_\nu = \lambda A'_\nu$ . The last equality shows that we must have  $\lambda = 1$  and so  $A_\nu$  is unique.

In a similar way we can establish that, given  $K$  and an interior point of  $K$  which we take as the origin, there is a unique ellipsoid  $E(B_\nu)$  which is contained in  $K$  for which is a maximum. The only difference is the use of Theorem 2 of [7] in lieu of inequality (13).

We summarize:

**Theorem 2.** *Given a convex body  $K$  in Euclidean  $n$ -space and an interior point of  $K$  which we take as the origin, there are positive definite  $n \times n$  matrices  $A_\nu, B_\nu, \nu = 0, 1, \dots, n - 1$  such that, among the ellipsoids  $E(A)$  which contain  $K$ ,  $E(A_\nu)$  is the unique, outer, Loewner ellipsoid minimizing  $W_\nu$  and among the ellipsoids  $E(B)$  which are contained in  $K$ ,  $E(B_\nu)$  is the unique inner, Loewner ellipsoid maximizing  $W_\nu$ .*

We close with several observations. Suppose  $\hat{K}$  is the polar reciprocal of  $K$  with respect to  $E(I)$ , then, in the notation of Theorem 2,  $E(B_\nu^{-1})$  is the  $\nu$ th outer Loewner ellipsoid of  $\hat{K}$  while  $E(A_\nu^{-1})$  is the  $\nu$ th inner Loewner ellipsoid. To prove this, we denote the outer and inner Loewner ellipsoids of  $\hat{K}$  with respect to the origin by  $E(\hat{A}_\nu)$ ,  $E(\hat{B}_\nu)$  respectively. If  $K_0 \subseteq K_1$ , then  $\hat{K}_0 \supseteq \hat{K}_1$ . Consequently, by (1),

$$\hat{E}(A_\nu) = E(A_\nu^{-1}) \subseteq \hat{K}, \quad \hat{E}(B_\nu) = E(B_\nu^{-1}) \supseteq \hat{K}.$$

Therefore

$$E(A_\nu^{-1}) \subseteq E(\hat{B}_\nu), \quad E(B_\nu^{-1}) \supseteq E(\hat{A}_\nu).$$

Applying the same argument to  $\hat{A}_\nu$  and  $\hat{B}_\nu$ , we get

$$E(\hat{A}_\nu^{-1}) \subseteq E(B_\nu), \quad E(\hat{B}_\nu^{-1}) \supseteq E(A_\nu).$$

In terms of the ordering of positive definite matrices, these inclusions become

$$(14) \quad A_\nu^{-1} \geq \hat{B}_\nu, \quad \hat{A}_\nu \geq B_\nu^{-1}, \quad \hat{A}_\nu^{-1} \geq B_\nu, \quad A_\nu \geq \hat{B}_\nu^{-1}.$$

Now when  $B \geq A$ , then  $A^{-1} \geq B^{-1}$  since, from the first condition we have

$$E(A) \supseteq E(B)$$

and, by taking polar reciprocals, we obtain

$$E(A^{-1}) \subseteq E(B^{-1}).$$

Apply this to the last inequality of (14). Taken together with the first inequality of (14), this yields

$$A^{-1} \geq \hat{B}_\nu \geq A_\nu^{-1}.$$

Thus  $\hat{B}_\nu - A_\nu^{-1}$  is both positive and negative semi-definite. Hence

$$A_\nu^{-1} = \hat{B}_\nu.$$

By a similar argument it is shown that

$$B_\nu^{-1} = \hat{A}_\nu.$$

Part of Theorem 2 remains true even if the centre of the ellipsoids to be considered does not lie within  $K$ . We give this as a corollary.

**COROLLARY TO THEOREM 2.** *Given a convex body  $K$ , not necessarily containing the origin, there are positive definite matrices  $A_\nu$ ,  $\nu = 0, 1, \dots, n-1$ , such that, among the ellipsoids  $E(A)$  which contain  $K$ ,  $E(A_\nu)$  is the unique outer Loewner ellipsoid minimizing  $W_\nu$ .*

Suppose  $E(A)$  contains  $K$ ; since  $E(A)$  is centred at the origin it also contains a sufficiently small sphere  $E(\rho I)$  and so, by the convexity of  $E(A)$ ,  $E(A)$  contains

$$K' = \overline{K \cup E(\rho I)}$$

where the bar denotes the convex closure. Conversely, if  $E(A)$  contains  $K'$  it contains the subset  $K$ . We claim as proof of the corollary that the outer Loewner ellipsoid  $E(A_\nu)$  of  $K'$  is also that of  $K$ . Indeed  $E(A_\nu)$  contains  $K$  and if an ellipsoid  $E(A'_\nu)$  contains  $K$  and is such that

$$W_\nu(A'_\nu) \leq W_\nu(A_\nu)$$

then  $E(A'_\nu)$  must contain  $K'$  and so, by Theorem 2,  $A'_\nu = A_\nu$ .

Let  $x$  be the interior point mentioned in Theorem 2 and let  $E(A_\nu(x))$ ,  $E(B_\nu(x))$  be the  $\nu$ th outer and inner Loewner ellipsoids of  $K$  which are centred at  $x$ . We allow  $x$  to vary and so generate two collections of ellipsoids  $\{E(A_\nu(x))\}$  and  $\{E(B_\nu(x))\}$ . For  $\nu = 0$  Danzer, Laugwitz and Lenz in [4] have shown that in the first collection there is a unique

ellipsoid for which the volume  $W_0$  is a minimum and in the second collection there is a unique ellipsoid for which the volume is a maximum. We have not been able to decide if this is also true for  $\nu = 1, 2, \dots, n - 1$  with  $W_\nu$  in place of the volume.

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