

1-DIMENSIONAL PHENOMENA IN CELL-LIKE MAPPINGS ON 3-MANIFOLDS

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Two 1-dimensional phenomena are studied. One resides in the 3-manifold domain of a cell-like map $f: M^3 \rightarrow Y$ and consists of an infinite 1-skeleton X on which f is 1-1; if, in addition, the nondegeneracy set of f misses a dense subset of each arc in X , then Y admits a natural embedding in $A^3 \times E^x$. The other involves the range, Y , if Y is a 3-manifold except possibly at points of a 1-complex F , topologically embedded in Y as a closed subset, then f can be approximated by another cell-like map $p: M \rightarrow Y$ whose nondegeneracy set has embedding dimension ≤ 1 and $f \times \text{Id}: M^3 \times E^x \rightarrow Y \times E^x$ is approximated by homeomorphisms.

1. Introduction. Consider a proper cell-like surjective mapping $f: M \rightarrow Y$ defined on a 3-manifold M . This paper addresses the questions: Under what conditions can f be approximated by a cell-like mapping $F: M \rightarrow Y$ for which each set $F^{-1}(y)$ is 1-dimensional? Under what conditions can it be approximated by $F: M \rightarrow Y$ such that the nondegeneracy set N_F of F (defined as

$$N_F = \bigcup \{ F^{-1}(y) \mid y \in Y \text{ and } F^{-1}(y) \text{ is not a singleton} \}$$

has embedding dimension at most one (in the sense of Štan'ko [Št] and Edwards [E1])?

Several reasons can be adduced for interest in these matters. One simply is to improve known results about which spaces Y are factors of some 4-manifold or, short of that, about which spaces Y have a natural embedding in some 4-manifold (such as in $M \times E^x$). Another reason, part of a personal agenda not completely revealed here, is for use (to put it optimistically) in sought-for internal characterizations of those cell-like images Y that are 3-manifolds, a problem in which map improvement techniques have been exploited with notable success by Edwards [E2].

Before stating the main results, we need certain fundamental definitions. A proper (surjective) map $p: M \rightarrow Y$ defined on a manifold M is said to have the *Isotopy Disjoint Arcs Property* (to be abbreviated as: Isotopy DAP) if for each pair of disjoint, locally flat arcs a and 0

in M and for each open cover \mathcal{A} of Y there exists an isotopy \mathcal{F}_Z of M to itself such that

- (i) \mathcal{F}_0 is the identity,
- (ii) $p \circ \mathcal{F}_t$ is \mathcal{A} -close to p , and
- (iii) $\mathcal{F}_1 \circ p^{-1}(0) = 0$.

Similarly, $p: M \rightarrow Y$ is said to have the *Homeomorphism Disjoint Arcs Property* (abbreviation: Homeomorphism DAP) if, with the same data given above, there exists a homeomorphism $H: M \rightarrow M$ such that pH is \mathcal{A} -close to p and $pH(a) \cap \mathcal{A}(0) = 0$.

For comparison, recall that a space Y is said to have the *Disjoint Arcs Property* (DAP) if all pairs of maps f, g of a 1-cell B^1 into Y can be approximated by maps F, G having disjoint images. Generalized n -manifolds ($n \geq 3$) invariably satisfy this DAP [D2], the weakest of the disjoint arcs properties; in fact, should an infinite-dimensional cell-like image of an n -manifold exist, it would satisfy the DAP as well.

The focus throughout rests on the case $n = 3$, the only dimension in which there is any doubt whether the stronger properties are satisfied, and the paper works around the following unresolved issue:

If $p: M \rightarrow Y$ is a cell-like map defined on a 3-manifold M such that each $p^{-1}(y)$ has a neighborhood that can be embedded in the 3-sphere S^3 , does p have the Homeomorphism (Isotopy) DAP?

The Homeomorphism DAP is useful, more so than the unadorned DAP, since maps $p: M \rightarrow Y$ satisfying the former can be approximated by comparable maps $f: M \rightarrow Y$ for which each $f^{-1}(y)$ is 1-dimensional. This corresponds precisely to what can be done in higher dimensions, where p can be approximated by a map f such that each $f^{-1}(y)$ is $(n - 2)$ -dimensional, with f attained to be 1-1 on the union of the 1-skeleta of a preassigned sequence of triangulations of M (see Proposition 2.4). Better yet, if $p: M \rightarrow Y$ is a cellular map with the Isotopy DAP, then Y admits a natural embedding in the 4-manifold $M \times E^1$ (Corollary 3.5). Finally, if $p: M \rightarrow Y$ is a cell-like map such that each $p^{-1}(y)$ has a neighborhood embeddable in S^3 and if Y has a closed subset T homeomorphic to a 1-complex, where $Y - T$ is a 3-manifold, then p has the Isotopy DAP and, furthermore, p can be approximated by a cell-like map $F: M \rightarrow Y$ such that (i) F is 1-1 over $Y - T$ and (ii) Np has embedding dimension ≤ 1 (Theorem 4.1); as a result, $Y \times E^1$ is homeomorphic to $M \times E^1$, even in the case where not all $p^{-1}(y)$ have neighborhoods embeddable in S^3 (Corollary 4.5).

The results contained herein pertain to 3-manifolds M , whether compact or not. In the proofs, for simplicity, M is usually presumed to be compact. Most arguments go through with little change beyond the epsilonic controls, which in general should be exercised by means of a positive-valued mapping rather than by constants. Significant exceptions occur when certain function spaces $M \rightarrow [0,1]$ are considered; if M is noncompact, one must use the limitation topology, described in [T], in order to be working with a Baire space, the essential item needed to validate the arguments presented.

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2. Disjoint arcs properties. The chief concern in this paper will be with cell-like maps defined on 3-manifolds M , for the ones defined on higher dimensional manifolds are known to satisfy the strongest possible disjoint arcs property. The argument is little more than reapplication to a far simpler situation of an idea used repeatedly by Edwards [E2].

PROPOSITION 2.1. *Each proper cell-like map $p: M \rightarrow Y$ defined on an n -manifold M ($n \geq 4$) has the Isotopy DAP.*

Proof. Given a and ft in M , there is a controlled homotopy between $p \circ a$ and $p \circ ft$ and some new map $l: a \cup ft \rightarrow F$ where $l(a)$ and $l(ft)$ are disjoint [D2]. The homotopy lifts (approximately) to a homotopy in M between the inclusion and some locally flat embedding $F: a \cup ft \rightarrow M$, which in turn can be covered (approximately) by a controlled isotopy of M [BK]. •

Let G be a cell-like use decomposition of a 3-manifold M with decomposition map $it: M \rightarrow M/G$. In the space of all maps $M \rightarrow M/G$ we identify

$$\%f = C\{nh \mid h: M \rightarrow M \text{ is a homeomorphism}\} \text{ and} \\ J'' = Cl\{nd \mid d: M \rightarrow M \text{ is isotopic to } id_M\}.$$

An *infinite 1-skeleton* in a 3-manifold M is the union of the 1-skeletons from a sequence T_j of triangulations of M , where $\text{mesh}(T_j) \rightarrow 0$ as $j \rightarrow \infty$.

PROPOSITION 2.2. *If G is a cell-like decomposition of a 3-manifold M and S^1 is an infinite 1-skeleton in M such that $n: M \rightarrow M/G$ is 1-1, then n has the Isotopy DAP.*

Proof. Consider disjoint arcs a and l locally flatly embedded in M . Measure the distance S between a and l . Fix $\epsilon > 0$ and restrict S so the image under n of any S -subset of M has diameter less than ϵ . Determine a triangulation T of M for which $T \subset X^{(1)}$ and mesh $T < S$. Construct a pseudo-isotopy $y_s: M \rightarrow M$ (a homotopy starting at Id with each level y_s , $s < 1$, being a homeomorphism) moving points less than S and carrying $\hat{a} \cup \hat{l}$ into $T^{(1)}$; then $\hat{a} \cap \hat{l} = \emptyset$, so $\hat{a} \cap \hat{l} = \emptyset$. Choose a value w of 5 close to 1 for which $y_w(a) \cap y_w(l) = \emptyset$. The isotopy y_s , restricted to run between 0 and w , shows n has the Isotopy DAP. \square

LEMMA 2.3. *If $n: M \rightarrow M/G$ is a cell-like decomposition map defined on a 3-manifold M and $p \in \mathcal{M}$, then*

$$\mathcal{M} = \{p \in \mathcal{M} \mid \exists h: M \rightarrow M \text{ a homeomorphism}\}.$$

The argument rests on a simple observation: $p(nh, p) < \epsilon$ if and only if $p(n, p) < \epsilon$.

PROPOSITION 2.4. *Suppose G is a cell-like decomposition of a 3-manifold M and suppose S^1 is an infinite 1-skeleton in M . Then the following statements are equivalent:*

- (A) $n: M \rightarrow M/G$ has the Homeomorphism DAP.
- (B) n can be approximated, arbitrarily closely, by maps $p \in \mathcal{M}$ such that $p \in \mathcal{M}$ is 1-1.
- (C) There exists $p \in \mathcal{M}$ such that $p \in \mathcal{M}$ is 1-1.

Proof. The implication (A) \Rightarrow (B) involves an application of the Baire Category Theorem. Enumerate all pairs A_i of disjoint 1-simplexes $\{a, T\}$ in \mathcal{M} or any of the successive barycentric subdivisions of its simplexes. Let \mathcal{M} denote the subset of \mathcal{M} defined as:

$$\mathcal{M} = \{p \in \mathcal{M} \mid p(a) \cap p(T) = \emptyset\},$$

where $A_i = (a, T)$. By hypothesis, \mathcal{M} is dense in \mathcal{M} , and by a standard argument, as in [HW], it is open there. The Baire Category Theorem ensures the existence of a map $p: M \rightarrow M/G$ in \mathcal{M} close to n . Finally, to any distinct points $x, y \in X^{(1)}$ there corresponds an index i such that $x \in a$ and $y \in T$, where $A_i = (a, T)$; hence, $p \in \mathcal{M}$ is 1-1.

That (B) \Rightarrow (C) is obvious.

For the remaining implication, (C) \Rightarrow (A), the hypothesis and the comment about the proof of Lemma 2.3 establish the existence of a homeomorphism $h: M \rightarrow M$ with $p' = ph^{-x}$ ($\epsilon/3$)-close to n . Then p' is 1-1 on the infinite 1-skeleton $h(L^\wedge)$. Given disjoint arcs a and P locally flatly embedded in M , apply Proposition 2.2 to obtain a homeomorphism $h \setminus M \rightarrow M$ such that $p'h'$ is within $\epsilon/3$ of p' and $p'h'(a) \cap p'h'(P) = \emptyset$. Finish this off by putting Lemma 2.3 into operation to determine another homeomorphism $H: M \rightarrow M$ such that nH is at least $(\epsilon/3)$ -close to $p'h'$ and, moreover, $nH(a) \cap nH(P) = \emptyset$. Then H has the desired effect on M and nH is ϵ -close to n . •

A characterization of the Isotopy DAP can be derived with a similar argument.

PROPOSITION 2.4'. For M, G and I^1 as in Proposition 2.4, the following statements are equivalent:

- (A) $n: M \rightarrow M/G$ has the Isotopy DAP.
- (B) For each $\epsilon > 0$ there exists an isotopy $*F_\epsilon: M \rightarrow M$ defined for $t \in [0,1)$ such that $p(n, iWt) < \epsilon$ for $\|1\| \in [0,1)$, $\lim_{t \rightarrow 1} p \circ F_\epsilon = p$ and $p \setminus Z^\wedge$ is 1-1.
- (C) There exists $p \in S$ and an isotopy $*F_\epsilon: M \rightarrow M$ defined for $t \in [0,1)$ such that $\lim_{t \rightarrow 1} p \circ F_\epsilon = p$ and $p \setminus I^1$ is 1-1.

The preceding expose invariance properties.

COROLLARY 2.5. Let G be a cell-like decomposition of a 3-manifold M . Then $n: M \rightarrow M/G$ has the Homeomorphism DAP (Isotopy DAP) if and only if each $p \in S$ (each $p \in S$) does.

Proof. When n has the Homeomorphism DAP, then certainly so does each member of $\{nh: M \rightarrow M \text{ a homeomorphism}\}$, which is dense in J . On any given infinite 1-skeleton $I^{(1)}$, $\{q \in S \setminus q \text{ is 1-1 on } I^{(1)}\}$ is dense in S by Proposition 2.4. Hence, for any $p \in S$ the combination of Lemma 2.3 and a second application of Proposition 2.4 implies p has the Homeomorphism DAP. •

The next result can be proved using the Baire Category Theorem and an adaptation of the proof of Proposition 2.4 (2.4'). It reveals that the restriction in the definitions of Homeomorphism DAP and Isotopy DAP to locally flat arcs a and P is dispensable. Details are left to the interested reader.

PROPOSITION 2.6. *Suppose G is a cell-like use decomposition of a 3-manifold M such that $n: M \rightarrow M/G$ has the Homeomorphism DAP (Isotopy DAP), and suppose Y is a compact set in M having embedding dimension ≤ 1 . Then n can be approximated by a map $p \in \mathcal{C}(M, \mathbb{J}^2)$ such that $p|_Y$ is 1-1.*

PROPOSITION 2.7. *Suppose M is a 3-manifold, $I^{(1)}$ is an infinite 1-skeleton of M , and $p: M \rightarrow M/G$ is a proper, cell-like map such that $p|_{I^{(1)}}$ is 1-1. Then each point preimage $p^{-1}(x), x \in M/G$, has a neighborhood in M that embeds in S^3 .*

Proof. Being cell-like, each $p^{-1}(x)$ contains at most one point, each $p^{-1}(x)$ has an orientable neighborhood W . Because $p^{-1}(x)$ has embedding dimension ≤ 1 [E1], therefore, there exists a cube-with-handles H in W containing $p^{-1}(x)$ in its interior [M2]. D

3. Trivially extended decompositions. Given a cell-like use decomposition G of a 3-manifold M , where M is identified with $M \times \{0\}$ in $M \times E^1$, its trivial extension G^T over $M \times E^1$ is the decomposition into elements of G and the singletons $\{g\} \times I$ from $M \times (E^1 - \{0\})$. Typically we will use $n^T: M \times E^1 \rightarrow (M \times E^1)/G^T$ to denote the decomposition map associated with this trivial extension.

THEOREM 3.1. *Suppose M is a 3-manifold, E^1 is an infinite 1-skeleton in M , and G is cell-like use decomposition of M such that $n|_{E^1}$ is 1-1 and E^1 is shrinkable. Then the trivial extension G^T of G to $M \times E^1$ is shrinkable.*

Proof. Express E^1 as the union of 1-complexes TJ^{-1} , where T_j denotes some triangulation of M having mesh less than $1/i$. The strategy is to reorganize G^T , via a homeomorphism O of $M \times E^1$ onto itself commuting with the projection $M \times E^1 \rightarrow M$, so that

(1) each nondegenerate element $\langle b(g^*), g^* \in G^T$, lies in a level $M \times \{t\}$ of $M \times E^1$, where $t \in G \cap [0, 1]$,

(2) the decomposition \mathcal{G}^t of M induced by $O(G^T)$ on any slice $M \times \{t\}$ is 1-dimensional, where the nondegenerate elements of \mathcal{S}^t are $\{g \in H_G \setminus \langle t \rangle (g \times \{0\}) \subset M \times \{t\}\}$, and

(3) for a dense set \mathcal{S}^d of values $d \in (0, 1)$, the decomposition \mathcal{S}^d is of (source) embedding dimension ≤ 1 .

According to [DP2], the decompositions $\mathcal{S}^d \times E^1$ will be shrinkable decompositions of $M \times E^1$ for all $d \in \mathcal{S}^d$, and by [DPI] the trivial

extensions of each \wedge^l over $M \times E^l$ will be shrinkable. With that data, the Theorem of [DPI] will attest $O((\mathbb{J}^r)$ is shrinkable and, hence, the same is true of G^r itself.

The homeomorphism O will be defined by means of a map $p: M/G \rightarrow [0,1]$ and will be specified as

$$\%((x,s)) = \{x,s + /uc(x)\}.$$

It is an exercise that such a map O^\wedge is a homeomorphism of $M \times E^l$ onto itself, and it should be clear why O^\wedge then must satisfy (1) above.

It is useful to note M/G is 3-dimensional, by the result of Kozłowski and Walsh [KW] (see also [W]). Since $S^{(1)} - N_G$ is dense in M , $\dim N_0 \leq 2$ and, as a consequence, $\dim \tau(\text{iV}_G) \leq 2$, because n cannot raise dimension.

We pause to establish two facts of a dimension-theoretic nature.

LEMMA 3.2. *Let W denote the space of maps $X \rightarrow I = [0,1]$, endowed with the sup-norm metric, defined on a separable metric space X , and let Z denote a \wedge -dimensional F_α -set in X . Then*

$$j^* = \{X \times W \setminus X \text{ is 1-1 on } Z\}$$

is a dense G_δ -subset of W .

Proof. Write Z as the countable union of sets Z_i , ($i = 1,2,\dots$) closed in X , and set

$$\&(i,j) = \{X \times W \setminus X \setminus Z_i \text{ is a } (1/7)\text{-map}\}.$$

A combination of techniques from [HW] and a controlled version of the Borsuk Homotopy Extension Theorem yields that $\&(i,j)$ is dense in W . Clearly $\& = \bigcap_j \&(i,j)$. Application of the Baire Category Theorem completes the proof. •

LEMMA 3.3. *If N is a k -dimensional F_α -set in the space X of Lemma 3.2, where $0 < k < \infty$, then X contains a dense G_δ -set s' such that $\dim \{N \cap X_{\sim}^{\lambda}(t)\} < k$ for each $t \in I$ and $\lambda \in \mathcal{A}'$.*

Proof. By [HW, pp. 30-32], iV can be expressed as $P \cup Z$, where $\dim P < k$ and Z is a 0-dimensional F_α -set. Lemma 3.2 provides a dense Q -set J' in W , where each $X \in s'$ is 1-1 on Z . Then, for all $t \in I$, $N \cap X_{\sim}^{\lambda}(t)$ lies in P plus at most 1 point of Z , yielding $\dim(\text{iV} \cap \mathcal{A}^{-1}(0)) < k$ [HW, p. 32]. •

Completion of Proof of Theorem 3.1 Now let W denote the space of all maps $f_x: M/G \rightarrow [0,1]$, with the sup-norm metric. Express $n(\mathcal{L} \cap nQ)$ as the union of compact 0-dimensional sets Q_k ($k = 1, 2, \dots$). By Lemma 3.2, W contains a dense G_j -set

$$\mathcal{A} = \left\{ \lambda \in \mathcal{E} \mid \lambda \text{ is 1-1 on } \bigcup C_k \right\},$$

and by Lemma 3.3, W contains another dense G^\wedge -set \mathcal{S}' such that $N_{Gnk^{-1}(t)}$ is 1-dimensional, for all $k \in \mathcal{S}'$ and $t \in [0,1]$. The Baire Category Theorem provides $u \in \{\mathcal{S}' \cap \mathcal{A}\}$, which gives rise to the desired homeomorphism O^\wedge satisfying Conditions (1), (2) and (3) above. •

THEOREM 3.4. *Let G be a cell-like decomposition of a 3-manifold M such that n has the Isotopy DAP and*

$$\{x \in M/G \mid n^\alpha(x) \text{ is cellular in } M\}$$

is dense in M/G . Then the trivial extension G^T of G to $M \times E^1$ is shrinkable.

Proof. The idea is to produce another cell-like map $p: M \rightarrow M/G$ from the limit as $t \rightarrow 1$ of n^t , where $4V M \rightarrow M$ is an isotopy beginning at Id^\wedge and defined for $t \in [0,1]$, with p 1-1 on some infinite 1-skeleton $Z^{(1)}$ such that

$$\dim(\Sigma^{(1)} \cap N_p) \leq 0.$$

It is convenient to regard $*\text{Fi}: M \rightarrow M$ as a set-valued function (or, relation) determined by the limit of $^\wedge$ as $t \rightarrow 1$. To each $x \in M$ there will correspond $g_x \in G$ such that $(\text{Fi}(x, E^1)) / G_x$ as $t \rightarrow 1$. We will prescribe a new cell-like map $p^T: M \times E^1 \rightarrow M/G$.

$$p^T((x, s)) = \begin{cases} \pi^T((x, s)) & \text{if } |s| \geq 1, \\ \pi^T((\Psi_{1-|s|}(x), s)) & \text{if } |s| \leq 1. \end{cases}$$

Then p^T will behave like $^\wedge$ on $M \times \{0\}$, and Theorem 3.1 will imply the shrinkability of the decomposition induced by p^T . The shrinkability of G^T will follow, either by redesigning p^T to show it can be made arbitrarily close to $^\wedge$ or by noting from the foregoing that $(M \times E^1) / G^T$ is a 4-manifold and applying Quinn's Cell-like Approximation Theorem [Q, Corollary 2.6.2] (a nice exposition of Quinn's result can be found in [A]).

In order to obtain $p = \lim^{\wedge} \wedge$, name an infinite 1-skeleton $Z^{\wedge 1}$ in M and a countable set $Z = \{z_i \mid i = 1, 2, \dots\} \subset Z^{\wedge 1}$ such that Z is dense in each arc $a \subset Z^{(1)}$. Define

$$\wedge = \{p \in J' \mid \text{diam } p^{-1}(ZJ) < 1/i\}.$$

Not only is $J' \cap i$ open and dense in J' , each $nh \in J^{\wedge}$ ($h: M \rightarrow M$ a homeomorphism) is close to some $p \in \wedge$ under a short isotopy, obtained by first pushing z_i to a point in some cellular preimage and then isotopically shrinking that preimage to small size. Consequently, we can build an isotopy $\mathbb{Y}_t: M \rightarrow M$, defined for $t \in [0, 1)$, such that, in the notation developed for Proposition 2.4, $n^{\wedge} \mathbb{Y}_t$ converges to $p \in \wedge$ (Pfl-O-Then P is M on $S(P)$ and $N_{p,t} \wedge \mathbb{Y}_t = 0$, which reveals $\dim(E^{(1)} \cap N_p) < 0$, as desired. D

COROLLARY 3.5. *If G is a cellular use decomposition of a 3-manifold M and $n: M \rightarrow M/G$ has the Isotopy DAP, then the trivial extension G^T of G to $M \times E^1$ is shrinkable. In particular, M/G has a natural embedding in $M \times E^1$.*

Heretofore the strongest result comparable to Corollary 3.5 reached the same conclusion for cell-like decompositions G of M such that $\dim^{\wedge}(G) \leq 1$ [DPI, Corollary 8].

4. Decompositions of embedding dimension ≤ 1 . Several years ago the author asserted [D1, p. 135], without proof, that the following was true. This section sets forth details.

THEOREM 4.1. *Suppose G is a cell-like use decomposition of a 3-manifold M for which the singular set, $S(M/G)$, lies in a $\{$ -complex F embedded in M/G as a closed subset and suppose each $g \in G$ has a neighborhood U_g embeddable in S^3 . Then $n: M \rightarrow M/G$ has the Isotopy DAP; furthermore, arbitrarily close to n is a map $l: M \rightarrow M/G$ such that N_p has embedding dimension ≤ 1 .*

What is needed to establish Theorem 4.1 is a controlled arc-pushing property, describing how to divert a given arc in M away from $n^{-1}(T)$ by means of a motion whose image under n is small. McMillan (cf. [M1] [M2] [M3]) and also Row [R] have studied less strictly controlled arc-pushing properties extensively and have demonstrated the close connection to cubes-with-handles properties. Stated next is a controlled cubes-with-handles result that leads to a useful arc-pushing property, presented in Proposition 4.4.

LEMMA 4.2. *Suppose U is an open subset of E^3 with connected frontier, $p: X \rightarrow E^x$ is a proper cell-like map defined on a closed subset X of $U \cup A$ is a PL 1-manifold embedded in U as a closed subset, and $Y = p^{-1}([a, b])$ for some $[a, b] \subset E^x$ where $A \cap X \subset \text{boundary}(U)$.*

Then there exist a cube-with-handles H and a compact 2-manifold F in dH satisfying:

- (1) $Y \subset \text{Int} H \subset H \subset U$,
- (2) each component of F is a 2-cell,
- (3) $\text{Int} F \cap X = \emptyset$, and
- (4) $F \cap A = \emptyset$.

Proof. Being contractible in U , X has a neighborhood U^* contractible in U . The cell-like set $Y \subset X$ lies interior to some cube-with-handles H^* in U^* [M1, Theorem 2'].

The argument involves modification of H^* by simple moves, in the sense of McMillan [M3]. The first step causes the boundary of the resulting manifold K to meet X in a finite union F^* of pairwise disjoint 2-cells in $dK - A$. The second, entailing further alteration to K , resurrects a cube-with-handles.

To get started, determine a PL manifold neighborhood N of $X \cap dH^*$ in $dH^* - A$ such that each loop in $\text{Int} N$ is null homotopic in $(U^* - (Y \cup A \cup dH^*)) \cup \text{Int} V$ (this can be arranged by locating V so close to X that loops in $\text{Int} V$ are homotopic there to loops very near X , which then can be contracted missing $Y \cup A$ and striking dH^* only inside N).

If every component of N should happen to be included in some disk in $dH^* - A$, these disks easily could be cut apart to form the required F^* . Otherwise, one prepares to make a simple move by identifying a simple closed curve ℓ in $\text{Int} N$ not bounding a disk in N (equivalently, ℓ not contractible in N). There exists a map

$$f_i: B^2 \rightarrow (U^* - (Y \cup A \cup dH^*)) \cup \text{Int} V$$

tracing out ℓ homeomorphically along the boundary. Assuming ℓ to be PL and in general position with respect to dH^* , one can find a disk with holes D in B^2 such that $n(dD) \subset N$, $f_i(\text{Int} D) \cap N = \emptyset$, and on precisely one component C of $dD \cap N$: $C \rightarrow \text{Int} N$ is homotopically nontrivial. As a result, one can regard f_i as defined on a disk D without holes, where $C = dD$. Invoke the Loop Theorem to obtain a PL embedding \mathbb{J}^* of D , either into $\text{Int} N \cup (\text{Int} H^* - (Y \cup A))$ or into $\text{Int} V \cup (U^* - (A \cup H^*))$, with $n^*(dD) \subset \text{Int} N$ in homotopically nontrivial fashion. Write $n^*(D)$ as B and thicken it to a 3-cell $B \times \ell$ in either

$H^*(Y)A$) or in $U^* - (A \cup H^*)$ with $(B \times I) \cap dH^* = (dB) \times I \subset \text{Int}V$. If $B \subset H^*(Y \cup A)$, define a new manifold K as $H^*(B \times I)$; otherwise, define K as $H^*(I) \cup (B \times I)$.

No matter which side of dH^* includes B , let N_K denote $(\text{Int}V \cap dK) \cup (B \times I)$. Then $X \cap dK \subset \text{Int}V$, a 2-manifold in $dK - A$. Observe how every loop in K contracts in U , for when K is larger than H^* each loop there is homotopic through K to one in H^* . Also observe that loops in NK contract in $[U^* - (Y \cup A \cup dK)] \cup \text{Int}NK$, by performing an initial homotopy through NK into N .

Consequently, upon verification of the claim below, Lemma 4.2 will follow from the forthcoming Lemma 4.3.

Claim by a finite number of simple moves H^* can be transformed to a PL 3-manifold K with $Y \subset \text{Int}K$, all loops in K null homotopic in U , and $X \cap dK$ contained in a finite union F^* of pairwise disjoint 2-cells in $dK - A$.

Proof of the Claim. Define the complexity $q(P)$ of a compact 2-manifold with boundary P as

$$q(P) = (\text{number of components of } dP) - \chi(P)$$

(χ = Euler characteristic). Provided no component of P is a 2-sphere or a projective plane, (i) $q(P) \geq 0$ and (ii) the components of $q(P)$ are all 2-cells if and only if $q(P) = 0$. In the situation at hand, no component of $\text{Int}V$ or NK can be a projective plane, because $U \subset E^2$, and by construction no component of N is a 2-sphere so the same holds for NK . Hence, the claim follows from the straightforward verification (in the terminology used for the elementary modification above) that $q(N_K) < q(N)$. •

LEMMA 4.3. *Under the hypotheses of Lemma 4.2, let K be a compact PL 3-manifold such that $Y \subset \text{Int}K \subset K \subset U$ and each loop in K is contractible in U , and let F^* be a finite union of pairwise disjoint 2-cells in $dK - A$ with $\text{Int}F^* \subset dK$.*

Then there exist a cube-with-handles H and a compact 2-manifold F in $(dH) - A$ satisfying:

- (1) $K \subset H \subset U$,
- (2) each component of F is a 2-cell, and
- (3) $\text{Int}F \subset dH$.

Proof. Except for the part about the 2-cells F^* and F , the argument is given in [M1, Lemma 1]. Following McMillan's procedure, every

time we add a thickened disk to K or delete one from K , we operate in the complement of F^* . This procedure involves compressing dK with a succession of compressing disks, some of which compress (initially) to the outside of K and some to the inside.

It is easy to adjust so those compressing to the outside pass nicely through thickenings of earlier compressing disks. The boundary of the resulting cube with handles H is a subset of $d(K \cup (\cup E_j \times I))$, where E_i is a disk with holes obtained from the i th outside compressing disk by deleting its intersection with the thickenings of the earlier compressing disks, the $E_j \times I$ are pairwise disjoint, their interiors miss K , and $E_i \times I$ meets dK along $dE_i \times I \subset dK$. [Remark: if no boundary of an outside compressing disk ever separates dK , then H actually equals $K \cup d(\cup E_j \times I)$; generally H is determined by an outermost component of the boundary just named.] We conclude by showing how to adjust the relevant cores $\cup E_i \times \{0\}$ so they lie in $U - (A \cup X \cup \text{Int } K)$.

To simplify notation identify \mathcal{E}_i with $E_i \times \{0\}$ and write $Q = \cup E_j$. Thus, Q is a compact (disconnected) planar surface in U for which $Q \cap K = dQ \subset dK - (A \cup F^*)$. Each dE_i has a distinguished component L_i —namely, the boundary of the larger compressing disk. The adjustment amounts to building (1) another compact planar surface $Q' = \cup E'_j$, where Q' has the same number of components (the sets E'_j) as Q , $L_i \subset E'_j$, and $Q' \cap K = Q' \cap dK = dQ'$, and (2) a corresponding finite union F' of pairwise disjoint disks with

$$\text{Int } F' \subset \text{Int } K - A.$$

Here $Q \cap Y = \emptyset$. Choose a neighborhood W of $X - Y$ in $U - [A \cup (dK - \text{Int } F^*)]$, and find a smaller neighborhood W such that loops in W are contractible in W . In case $Q \cap X$ is not contained in a finite union of disks in Q , some simple closed curve ℓ in, say, $\mathcal{E}_i \cap W$ must separate two components of dE_i in Q . Let $i^?$ denote the component of $E_j - J$ containing L_i . One can use $i^?$ -properties of the inclusion $W \hookrightarrow U$ to define a natural map of $R \cup \text{disk}$ into $i^? \cup F$ and then can apply the proof of a generalized Dehn's lemma due to Shapiro and Whitehead [SW] (or the controlled version of Dehn's lemma by Henderson [H]) to find a disk with holes Z , having fewer holes than E_i such that $L_i \subset dZ \subset dE_i$, and $A \subset E_i \cup W$. Because the last condition forces $Z \cap dK \subset \text{Int } F^*$, one can improve D_i by trading disks between D_i and F^* to make $D_i \cap K = D_i \cap dK = dD_i$. Repeating as often as necessary, one eventually will produce such a compact planar surface $\mathcal{E}I^*$ for which $Q^* \cap X$ is contained in a finite union A of pairwise disjoint

disks in $\text{Int}Q^*$. Should some component B of A then meet A , one can decrease the size of B to avoid A unless $BC \cap X$ (note: $B \cap X \subset X - Y$) separates dB from a point of $B \cap A$, but then more or less as before Dehn's Lemma (usual form) yields a map

$$y: A \rightarrow U - [Au(dK - \text{Int}F^*) \cap (Q^* - \text{Int}A)]$$

which reduces to the identity on dA and is 1-1 on each component of A . Again, disk trading gives an embedding

$$\forall: A \rightarrow U - [A \cup K \cup (Q^* - \text{Int}A)].$$

Set $Q' = (Q^* - A) \cup \forall(A)$ and $i' = *F(A)$, to complete the description of the modifications to Q and construction of disks F' .

Finally, the compact 2-manifold F' called for in Lemma 4.3 is $F' \cup (F^* \cap dH)$. u

PROPOSITION 4.4. *Let G be a cell-like decomposition of a 3-manifold M satisfying the hypotheses of Theorem 4.1, A a PL arc in M , and V a neighborhood of $T \cap X \cap A$. Then for each $\epsilon > 0$ there exists a homeomorphism h of M onto itself such that:*

- (1) $p(n(x), nh(x)) < \epsilon$ for each $x \in M$,
- (2) h moves no point of $M - V$, and
- (3) $nh(A) \cap T = \emptyset$.

Proof. First modify A slightly to ensure $X \cap dA = \emptyset$. Afterwards choose a finite collection of points q_1, \dots, q_n separating T so that, for any component C of $T - \cup\{q_i\}$ whose closure meets $n(A)$,

- C is homeomorphic to E^1 ,
- $\text{diam} C < \epsilon/2$,
- $r^{-1}(C \cap C) \subset K$ and
- $\exists r^{-1}(C \cap C)$ has a neighborhood embeddable in E^3 .

Restrict V to make certain that, if C is a component of $T - \cup\{q_i\}$ for which $V \cap n^{-1}(C \cap C) \neq \emptyset$, then $\bigcap n^{-1}(C \cap C) \neq \emptyset$. Since the cell-like sets $n^{-1}(q_i)$ are defined by cubes-with-handles [M1], it is possible to find a PL homeomorphism h_1 of A to itself such that

- $p(n(x), nh_1(x)) < \epsilon/2$,
- h_1 is fixed outside of V , and
- $q_i \notin \pi h_1(A)$.

Consider those components C of $T - \cup\{q_i\}$ intersecting $n(A)$. The same process will take place near each, so for simplicity assume

there to be only one such component C . Construct an open set U in V containing $n^{-1}(C)$ and having connected frontier, with U embeddable in iS^3 and with $\text{diam}(U) < \epsilon/2$. Apply Lemma 4.2 to find a cube-with-handles H with $U \subset H \subset \text{Int}H \subset h(A) \cap n^{-1}(C)$ and also a finite union F of pairwise disjoint disks in $\partial H - h(A)$, whose interiors cover $\partial H \cap n^{-1}(C)$. Specify a PL spine L of H to which H collapses, with L consisting of a bouquet of circles plus some arcs, a distinct arc from the bouquet to each of the components of F . Finally, determine a homeomorphism h_2 of M to itself fixed outside of U such that $h_2 h(A)$ misses $H \cup n^{-1}(C)$, by first general position adjusting $h(A)$ to avoid $L \cup F$ and then exploiting the regular neighborhood structure of H relative to L to do the rest. The composition $h = h_2 h_1$ has the desired effect. D

Proof of Theorem 4.1 Based upon Proposition 4.4 and the now-typical approximation methodology, one can produce a new cell-like map $p: M \rightarrow M/G$ near n in $\langle y \rangle$ (in fact, with $p = \lim_{t \rightarrow 1} p_t$ as $t \rightarrow 1$, where $\langle \mathcal{L} \rangle$ is an isotopy of M defined for $r \in [0, 1)$ and nQ_r is close to p for all r) such that $h^2(X^{(1)}) \cap \Gamma = \emptyset$ and h^2 is 1-1 over $M/G - T$. This forces the nondegeneracy set of p to miss $\mathcal{L}^{(1)}$ and yields $\text{dem}(J_V/\langle y \rangle) \leq 1$. D

For studying the generalized manifold M/G itself, the specific source manifold M and the specific cell-like map $n: M \rightarrow M/G$ may not be of fundamental importance. If not, the next result indicates how to circumvent the second hypothesis in Theorem 4.1, which calls for point preimages under n to have neighborhoods embeddable in S^3 .

PROPOSITION 4.5. *If $n: M \rightarrow Y$ is a proper cell-like map from a 3-manifold M onto a generalized 3-manifold Y , then there exist another 3-manifold M' and a proper cell-like map $g: M' \rightarrow Y$ such that each $\langle c \rangle \cap \langle y \rangle \subset Y$, has a neighborhood in M' that embeds in S^3 .*

Proof. The argument imitates one presented in [BL] for a related result.

Theorem 1 of [K] helps certify that

$$C = \{y \in Y \mid n^{-1}(y) \text{ has no neighborhood embeddable in } S^3\}$$

is a locally finite subset of Y (for the nonorientable case, see also [RL, Proposition 2.1]). The same modification will be done near each $c \in C$, so for simplicity assume C consists of a single point.

Set $P = n^{-1}(C)$. By [BL, Lemma C], $P = \cup N_i$, where N_i consists of a homotopy 3-cell Q_i with some attached 1-handles, and where $N_{j+i} \subset N_j$ ($i = 1, 2, \dots$). Trim Q_i by deleting an open collar on its boundary to form a smaller homotopy 3-cell Q'_i and obtain M' as the decomposition of M determined by identifying Q'_i to a point. According to [BL, Lemma D], there exist a cell-like map $q: M' \rightarrow Y$ and a homeomorphism ϕ of $M - \text{int}(C)$ onto $M' - \text{int}(C)$ such that $q \circ \phi = n^{-1}(C)$, where ϕ agrees with the natural identification $p: M \rightarrow M'$ on $M - N$. Then $n^{-1}(C) \subset p(M)$, which by construction is a cube-with-handles. Application of the homeomorphism ϕ quickly shows the other point preimages $q^{-1}(y)$ to have neighborhoods embeddable in S^3 as well. •

COROLLARY 4.6. *If G is a cell-like decomposition of a 3-manifold M such that the singular set $S(M/G)$ lies in a 1-complex topologically embedded in M/G as a closed subset, then $(M/G) \times E^1$ is a 4-manifold and the natural map $M \times E^1 \rightarrow (M/G) \times E^1$ can be approximated by homeomorphisms.*

Proof. To see why $(M/G) \times E^1$ is a 4-manifold, use Proposition 4.5 to reduce to the case where each $g \in G$ has a neighborhood embeddable in S^3 , and apply Theorem 4.1 and [DP2]. That $M \times E^1 \rightarrow (M/G) \times E^1$ can be approximated by homeomorphisms then follows from Quinn's Cell-like Approximation Theorem [Q]. •

COROLLARY 4.7. *If G is a cell-like decomposition of a 3-manifold M such that the singular set $S(M/G)$ lies in a 2-complex embedded in M/G as a closed subset, then the trivial extension G^T of G over $M \times E^1$ is shrinkable.*

Proof. As in Theorem 3.1, construct a homeomorphism ϕ of $M \times E^1$ to itself commuting with the projection $M \times E^1 \rightarrow M/G \times E^1$ and satisfying

- (1) each nondegenerate element $\phi^{-1}(g^*)$, $g^* \in G^T$, lies in a level $M \times \{t\}$ of $M \times E^1$ and
- (2) the decomposition ϕ^{-1} of M induced by $\phi^{-1}(G^T)$ on any level has its singular set, $S(M/\phi^{-1})$, confined to a 1-complex embedded in M/G^T as a closed subset.

Again apply [DPI].

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