CURVATURE INTEGRAL ESTIMATES FOR COMPLETE HYPERSURFACES

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Dedicated to Professor Manfredo do Carmo on the occasion of his 80th birthday.

ABSTRACT. We consider the integrals of the r-mean curvatures S_r of a complete hypersurface M in the space form Q_c^{n+1} . Among other results, we prove that $\int_M S_r dM = \infty$ for a complete properly immersed hypersurfaces in a space form with $S_r \ge 0$, $S_r \not\equiv 0$ and $S_{r+1} \equiv 0$ for some $r \le n-1$.

1. Introduction

Let M^n be a complete orientable hypersurface immersed in the space form \mathcal{Q}_c^{n+1} of constant sectional curvature c. We denote by A and $\lambda_1, \ldots, \lambda_n$ the second fundamental operator and the eigenvalues of A, respectively. It is well known that the *r*-mean curvature at a point p is defined by

$$H_r(p) = \frac{1}{\binom{n}{r}} \sum_{i_1 < \dots < i_r} \lambda_{i_1} \cdots \lambda_{i_r} = \frac{1}{\binom{n}{r}} S_r(p),$$

where S_r is the *r*-symmetric function of $\lambda_1, \ldots, \lambda_n$, for $1 \le r \le n$, and H_0 is defined to be zero and $H_r = 0$, for all $r \ge n + 1$. In particular, for r = 1, $H_1 = H$ is the mean curvature.

We define the *r*-area of a domain $D \subset M$ by

$$\mathcal{A}_r(D) = \int_D S_r(p) \, dM.$$

Then, when r = 0, \mathcal{A}_0 is the volume of D.

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In this paper, we are interested in *r*-areas estimates. When r = 0, it is well known that a complete properly immersed minimal hypersurface in \mathbb{R}^{n+1} has, at least, polynomial volume growth. In fact, infinity volume results hold for more general ambient spaces. Precisely, we have the following result of K. Frensel [9].

THEOREM ([9], Theorem 1). Let M^m be a complete, noncompact manifold and let $x : M^m \to N^n$ be an isometric immersion with mean curvature vector field bounded in norm. If N^n has sectional curvature bounded from above and injective radius bounded from below by a positive constant, then the volume of M^m is infinite.

It is also true that each end of M has infinite volume under the same conditions (see [4]). These estimates have been used in studying the topology and geometric properties of minimal hypersurfaces and hypersurfaces with constant mean curvature (see for example [4], [9], [7]). It is natural to ask the following.

QUESTION. Let M^n be a complete noncompact manifold and let $x: M^n \to N^{n+1}$ be an isometric immersion such that there is a positive constant C satisfying

$$|S_{r+1}| \leq CS_r$$

for some $r = 0, 1, \dots, n-1$. Is the r-area of M^n infinite?

When r = n, $S_{r+1} = 0$, one can find a negative answer to this question. For example, if M is a complete noncompact surface in \mathbb{R}^3 with positive Gaussian curvature, then the total curvature is finite by a theorem of Cohn-Vossen. When r < n we obtain a r-area estimate and give positive answers to this question in some interesting cases.

In order to state our results we need the rth Newton transformation, $P_r: T_p M \to T_p M$, which is defined inductively by

$$\begin{split} P_0 &= I, \\ P_r &= S_r I - A \circ P_{r-1}, \quad r > 1. \end{split}$$

THEOREM A (Theorem 2.8). Let \mathcal{Q}_c^{n+1} be a Riemannian manifold with constant sectional curvature c and let M^n be a complete noncompact properly immersed hypersurface of \mathcal{Q}_c^{n+1} . Assume that there exists a nonnegative constant α such that

$$(r+1)|S_{r+1}| \le (n-r)\alpha S_r$$

for some $r \leq n-1$. If P_r is positive semidefinite, then for any $q \in M$ such that $S_r(q) \neq 0$ and any $\mu_0 > 0$ there exists a positive constant C depending on μ_0 , q and M such that for every $\mu > \mu_0$,

$$\mathcal{A}_r(\overline{B}_{\mu}(q) \cap M) = \int_{\overline{B}_{\mu}(q) \cap M} S_r \, dM \ge \int_{\mu_0}^{\mu} C \mathrm{e}^{-\alpha \tau} \, d\tau,$$

where $\overline{B}_{\mu}(q)$ is the ball of radius μ and center q in \mathcal{Q}_{c}^{n+1} . For the case c > 0, we assume $\mu \leq \frac{\pi}{2\sqrt{c}}$.

As a consequence of this result we obtain the following.

THEOREM B (Corollary 2.9). Let \mathcal{Q}_c^{n+1} be a Riemannian manifold with constant sectional curvature $c \leq 0$ and let M^n be a complete noncompact properly immersed hypersurface of \mathcal{Q}_c^{n+1} . Assume that $S_r \geq 0$, $S_r \neq 0$ and $S_{r+1} \equiv 0$ for some $r \leq n-1$. Then $\int_M S_r dM = \infty$.

REMARK 1.1. The cases when r is even and r is odd are different. If r is odd and $S_r \leq 0$, we can change the orientation so that $S_r \geq 0$. But when ris even, S_r is independent of the choice of orientation. It has been proved by Gromov and Lawson that the existence of a complete metric with nonpositive scalar curvature (r = 2) implies some topological obstructions, which is called enlargeable (see Corollary A in [11]). Enlargeable manifolds cannot carry metrics of positive scalar curvature.

Topping [18] used Sobolev inequality to get a diameter estimate in terms of the mean curvature integral. In Section 4, using his estimate we get a global estimate of the mean curvature integral.

THEOREM C (Theorem 4.1). Let M^m be an m-dimensional complete noncompact Riemannian manifold isometrically immersed in \mathbb{R}^n . Then there exists a positive constant δ depending on m such that if

$$\lim \sup_{r \to +\infty} \frac{V(x,r)}{r^m} < \delta,$$

where V(x,r) denotes the volume of the geodesic ball $B_r(x)$, then

$$\lim \sup_{R \to +\infty} \frac{\int_{B_R(x)} |H|^{m-1} \, dM}{R} > 0.$$

In particular, $\int_M |H|^{m-1} dM = +\infty$.

For a complete noncompact surface M with finite total curvature, Cohn-Vossen theorem says that (see Theorem 6 in [6])

$$\int_M K \, dM \le 2\pi \chi(M).$$

A special case of Corollary 4.3 says that if $\int_M K dM = 2\pi \chi(M)$, then $\int_M |H| dM = +\infty$.

The rest of the paper is organized as follows. In Section 2, we obtain the formulas relating the distance function and the *r*-mean curvature. The estimate obtained in Section 2 can be improved when r = 0 and this is proved in Section 3. In Section 4, we give the proof of Theorem C.

2. *r*-area estimate

Let $x: M^n \to N^{n+1}$ be an isometric immersion of a Riemannian manifold M into a Riemannian manifold N.

In [15], Reilly showed that P_r satisfies the following

PROPOSITION 2.1 ([15], p. 224, see also [2], Lemma 2.1). Let $x: M^n \to N^{n+1}$ be an isometric immersion between two Riemannian manifolds and let A be the second fundamental form of x. The rth Newton transformation P_r associated to A satisfies:

(2.1)
$$\operatorname{trace}(P_r) = (n-r)S_r,$$

(2.2)
$$\operatorname{trace}(A \circ P_r) = (r+1)S_{r+1}.$$

For hypersurfaces with bounded mean curvature, the Laplacian of the intrinsic distance to a fixed point of M played an important role in the proof of Frensel's estimate of the volume of M. In the case of H_r bounded, with r > 1, we used another second order differential operator defined on M, which seems to be natural for this problem. Associated to each Newton transformation P_r , if $f: M \to \mathbb{R}$ is a smooth function, we define

$$L_r(f) = \operatorname{trace}(P_r \circ \operatorname{Hess} f).$$

These operators are, in a certain sense, generalizations of the Laplace operator since $L_0(f) = \text{trace}(\text{Hess } f) = \Delta f$. They were introduced by Voss [19] in connection with variational arguments. In general, these operators are not elliptic and some conditions are necessary to ensure the ellipticity. For completeness, we include here some useful facts.

PROPOSITION 2.2 ([8], Lemma 3.10). Let N^{n+1} be an (n+1)-dimensional oriented Riemannian manifold and let M^n be a connected n-dimensional orientable Riemannian manifold. Suppose $x : M \to N$ is an isometric immersion. If $H_2 > 0$, then the operator L_1 is elliptic.

PROPOSITION 2.3 ([5], Proposition 3.2). Let N^{n+1} be an (n+1)-dimensional oriented Riemannian manifold and let M^n be a connected n-dimensional orientable Riemannian manifold (with or without boundary). Suppose $x : M \to N$ is an isometric immersion with $H_r > 0$ for some $1 \le r \le n$. If there exists an interior point p of M such that all the principal curvatures at p are non-negative, then for all $1 \le j \le r - 1$, the operator L_j is elliptic, and the j-mean curvature H_j is positive.

We need the following proposition which is essentially the content of Lemma 1.1 and equation (1.3) of [12]. We include here with a direct proof.

PROPOSITION 2.4. Let $M^n \to N^{n+1}$ be an isometric immersion. Suppose that $S_{r+1}(p) = 0$, for some $r, 0 \le r < n$. Then P_r is semidefinite at p.

Proof. Consider $S_r = S_r(\lambda_1, \ldots, \lambda_n)$. Then $\frac{\partial S_r}{\partial \lambda_i}$ are the eigenvalues of P_r . Let $(\lambda_1^0, \ldots, \lambda_n^0)$ be the principal curvatures of M at p. Hence

$$S_{r+1}\left(\lambda_1^0,\ldots,\lambda_n^0\right)=0.$$

We choose $\epsilon = \min_{\lambda_i^0 \neq 0} \{1, |\lambda_i^0|\}$. Then, for all $(\varepsilon_1, \ldots, \varepsilon_n)$ with $\varepsilon_i \in (0, \epsilon)$, $S_{r+1}(\lambda_1^0 + \varepsilon_1, \ldots, \lambda_n^0 + \varepsilon_n)$ does not change sign. This implies that $\frac{\partial S_r}{\partial \lambda_i} \geq 0$ for all $i = 1, \ldots, n$ or $\frac{\partial S_r}{\partial \lambda_i} \leq 0$ for all $i = 1, \ldots, n$. Thus P_r is semidefinite at p. \Box

Let M^n and N^{n+1} be Riemannian manifolds and let $x: M^n \to N^{n+1}$ be an isometric immersion. Henceforth, we shall tacitly make the usual identification of $X \in T_p M$ with $dx_p(X)$. In particular, if $F: N \to \mathbb{R}$ is smooth and we consider the composition $f = F \circ x$, then we have at $p \in M$, for every $X \in T_p M$:

$$\langle \operatorname{grad}_M f, X \rangle = df(X) = dF(X) = \langle \operatorname{grad}_N F, X \rangle,$$

where grad_M and grad_N denote the gradient on M and the gradient on N, respectively. So that

(2.3)
$$\operatorname{grad}_N F = \operatorname{grad}_M f + (\operatorname{grad}_N F)^{\perp},$$

where $(\operatorname{grad} F)^{\perp}$ is perpendicular to T_pM . Let $F: N \to \mathbb{R}$ be a C^2 function and denote $f: M \to \mathbb{R}$ the function induced by F by restriction, that is $f = F \circ x$. We have the following.

LEMMA 2.5. Let $x: M^n \to N^{n+1}$ be an isometric immersion. Let $F: N \to \mathbb{R}$ a smooth function and consider $f = F \circ x: M \to \mathbb{R}$. For an orthonormal frame $\{e_i\}$ on M, we have

(2.4)
$$L_r f = \sum_{i=1}^n \operatorname{Hess}_N(F)(e_i, P_r(e_i)) + (r+1)S_{r+1}\langle \operatorname{grad}_N F, \eta \rangle,$$

where η denotes the normal vector field of the immersion and grad_N is the gradient of N.

Proof. Let ∇ and $\overline{\nabla}$ be the connections of M and N, respectively. If α denotes the second fundamental form of the immersion, Gauss' equation and equations (2.2) and (2.3) imply that

$$L_r f = \sum_{i=1}^n \langle \nabla_{e_i}(\operatorname{grad}_M f), P_r(e_i) \rangle$$

= $\sum_{i=1}^n \langle \overline{\nabla}_{e_i}(\operatorname{grad}_M f) - [\overline{\nabla}_{e_i}(\operatorname{grad}_M f) - \nabla_{e_i}(\operatorname{grad}_M f)], P_r(e_i) \rangle$
= $\sum_{i=1}^n \langle \overline{\nabla}_{e_i}(\operatorname{grad}_M f) - \alpha(e_i, \operatorname{grad}_M f), P_r(e_i) \rangle$

$$\begin{split} &= \sum_{i=1}^{n} \langle \overline{\nabla}_{e_{i}}(\operatorname{grad}_{M} f), P_{r}(e_{i}) \rangle \\ &= \sum_{i=1}^{n} \langle \overline{\nabla}_{e_{i}}(\operatorname{grad}_{N} F - (\operatorname{grad}_{N} F)^{\perp}), P_{r}(e_{i}) \rangle \\ &= \sum_{i=1}^{n} \langle \overline{\nabla}_{e_{i}} \operatorname{grad}_{N} F, P_{r}(e_{i}) \rangle - \sum_{i=1}^{n} \langle \overline{\nabla}_{e_{i}}(\operatorname{grad}_{N} F)^{\perp}, P_{r}(e_{i}) \rangle \\ &= \sum_{i=1}^{n} \operatorname{Hess}_{N}(F)(e_{i}, P_{r}(e_{i})) - \sum_{i=1}^{n} \langle \overline{\nabla}_{e_{i}}(\langle \operatorname{grad}_{N} F, \eta \rangle \eta), P_{r}(e_{i}) \rangle \\ &= \sum_{i=1}^{n} \operatorname{Hess}_{N}(F)(e_{i}, P_{r}(e_{i})) - \sum_{i=1}^{n} \langle \operatorname{grad}_{N} F, \eta \rangle \overline{\nabla}_{e_{i}} \eta, P_{r}(e_{i}) \rangle \\ &= \sum_{i=1}^{n} \operatorname{Hess}_{N}(F)(e_{i}, P_{r}(e_{i})) - \langle \operatorname{grad}_{N} F, \eta \rangle \sum_{i=1}^{n} \langle -A(e_{i}), P_{r}(e_{i}) \rangle \\ &= \sum_{i=1}^{n} \operatorname{Hess}_{N}(F)(e_{i}, P_{r}(e_{i})) + \langle \operatorname{grad}_{N} F, \eta \rangle \sum_{i=1}^{n} \langle e_{i}, AP_{r}(e_{i}) \rangle \\ &= \sum_{i=1}^{n} \operatorname{Hess}_{N}(F)(e_{i}, P_{r}(e_{i})) + \langle \operatorname{grad}_{N} F, \eta \rangle \operatorname{trace}(AP_{r}) \\ &= \sum_{i=1}^{n} \operatorname{Hess}_{N}(F)(e_{i}, P_{r}(e_{i})) + \langle \operatorname{trac}_{N} F, \eta \rangle \operatorname{trace}(AP_{r}) \\ &= \sum_{i=1}^{n} \operatorname{Hess}_{N}(F)(e_{i}, P_{r}(e_{i})) + \langle \operatorname{trac}_{N} F, \eta \rangle \operatorname{trace}(AP_{r}) \\ &= \sum_{i=1}^{n} \operatorname{Hess}_{N}(F)(e_{i}, P_{r}(e_{i})) + \langle \operatorname{trac}_{N} F, \eta \rangle \operatorname{trace}(AP_{r}) \\ &= \sum_{i=1}^{n} \operatorname{Hess}_{N}(F)(e_{i}, P_{r}(e_{i})) + \langle \operatorname{trac}_{N} F, \eta \rangle \operatorname{trace}(AP_{r}) \\ &= \sum_{i=1}^{n} \operatorname{Hess}_{N}(F)(e_{i}, P_{r}(e_{i})) + \langle \operatorname{trac}_{N} F, \eta \rangle \operatorname{trace}(AP_{r}) \\ &= \sum_{i=1}^{n} \operatorname{Hess}_{N}(F)(e_{i}, P_{r}(e_{i})) + \langle \operatorname{trac}_{N} F, \eta \rangle \operatorname{trace}(AP_{r}) \\ &= \sum_{i=1}^{n} \operatorname{Hess}_{N}(F)(e_{i}, P_{r}(e_{i})) + \langle \operatorname{trac}_{N} F, \eta \rangle \operatorname{trace}(AP_{r}) \\ &= \sum_{i=1}^{n} \operatorname{Hess}_{N}(F)(e_{i}, P_{r}(e_{i})) + \langle \operatorname{trac}_{N} F, \eta \rangle \operatorname{trace}(AP_{r}) \\ &= \sum_{i=1}^{n} \operatorname{Hess}_{N}(F)(e_{i}, P_{r}(e_{i})) + \langle \operatorname{trac}_{N} F, \eta \rangle \operatorname{trace}(AP_{r}) \\ &= \sum_{i=1}^{n} \operatorname{Hess}_{N}(F)(e_{i}, P_{r}(e_{i})) + \langle \operatorname{trac}_{N} F, \eta \rangle \operatorname{trace}(AP_{r}) \\ &= \sum_{i=1}^{n} \operatorname{Hess}_{N}(F)(e_{i}, P_{r}(e_{i})) + \langle \operatorname{trac}_{N} F, \eta \rangle \operatorname{trace}(AP_{r}) \\ &\leq \sum_{i=1}^{n} \operatorname{Hess}_{N}(F)(e_{i}, P_{r}(e_{i})) + \langle \operatorname{trac}_{N} F, \eta \rangle \operatorname{trace}(AP_{r}) \\ &\leq \sum_{i=1}^{n} \operatorname{Hess}_{N}(F)(e_{i}, P_{r}(e_{i})) + \langle \operatorname{trac}_{N} F, \eta \rangle \operatorname{trace}(AP_{r}$$

Let $c \in \mathbb{R}$. Define the function:

$$\theta_c(t) := \int_0^t s_c(u) \, du$$

where

(2.5)
$$s_{c}(t) = \begin{cases} \frac{\sin\sqrt{ct}}{\sqrt{c}}, & \text{if } c > 0; \\ t, & \text{if } c = 0; \\ \frac{\sinh\sqrt{|c|t}}{\sqrt{|c|}}, & \text{if } c < 0. \end{cases}$$

Let ρ denotes the distance function to the point Q in N^{n+1} , and $F: N^{n+1} \to \mathbb{R}$ given by $F(p) = \theta_c(\rho(p))$. In this case, Lemma 2.5 with $f = F \circ x$ and $F = \theta_c \circ \rho$ implies the following corollary.

COROLLARY 2.6. Let \mathcal{Q}_c^{n+1} be a Riemannian manifold with constant sectional curvature c. Let M be an immersed hypersurface in \mathcal{Q}_c^{n+1} . Then, for

all
$$p \in M$$
,
(2.6) $L_r(\theta_c(\rho(p)))$
 $= (n-r)s'_c(\rho(p))S_r(p) + (r+1)S_{r+1}(p)s_c(\rho(p))\langle \operatorname{grad}_{\mathcal{Q}_c^{n+1}}\rho(p),\eta \rangle.$

In particular, when c = 0,

$$\frac{1}{2}L_r(\rho^2(p)) = (n-r)S_r(p) + (r+1)S_{r+1}(p)\rho(p)\langle \operatorname{grad}_{\mathcal{Q}_c^{n+1}}\rho(p),\eta \rangle.$$

Proof. First observe that

(2.7)
$$\operatorname{Hess}_{\mathcal{Q}_c^{n+1}} F(X,Y) = s'_c(\rho) \langle X,Y \rangle,$$

where $X, Y \in T_{x(p)} \mathcal{Q}_c^{n+1}$. In fact,

$$\operatorname{Hess}_{\mathcal{Q}_{c}^{n+1}} F(X,Y) = \operatorname{Hess}_{\mathcal{Q}_{c}^{n+1}} \left(\theta_{c}(\rho) \right)$$
$$= \left\langle \overline{\nabla}_{X} \operatorname{grad}_{\mathcal{Q}_{c}^{n+1}} \left(\theta_{c}(\rho) \right), Y \right\rangle$$
$$= \left\langle \overline{\nabla}_{X} s_{c}(\rho) \operatorname{grad}_{\mathcal{Q}_{c}^{n+1}} \rho, Y \right\rangle$$
$$= s_{c}(\rho) \operatorname{Hess}_{\mathcal{Q}_{c}^{n+1}} \rho(X,Y)$$
$$+ s_{c}'(\rho) \left\langle \left\langle \operatorname{grad}_{\mathcal{Q}_{c}^{n+1}} \rho, X \right\rangle \operatorname{grad}_{\mathcal{Q}_{c}^{n+1}} \rho, Y \right\rangle.$$

On the other hand, see [1], p. 6,

$$\operatorname{Hess}_{\mathcal{Q}_{c}^{n+1}}\rho(X,Y) = \langle \overline{\nabla}_{X} \operatorname{grad}_{\mathcal{Q}_{c}^{n+1}}\rho, Y \rangle$$
$$= \frac{s_{c}'(\rho)}{s_{c}(\rho)} [\langle X,Y \rangle - \langle \operatorname{grad}_{\mathcal{Q}_{c}^{n+1}}\rho, X \rangle \langle \operatorname{grad}_{\mathcal{Q}_{c}^{n+1}}\rho, Y \rangle].$$

This concludes the proof of (2.7). Now, by using equation (2.4), we have

$$L_r f = \sum_{i=1}^n s'_c(\rho) \langle e_i, P_r(e_i) \rangle + (r+1) S_{r+1} \langle \operatorname{grad}_{\mathcal{Q}_c^{n+1}}(\theta_c \circ \rho), \eta \rangle$$
$$= s'_c(\rho) \operatorname{trace} P_r + (r+1) S_{r+1} s_c(\rho) \langle \operatorname{grad}_{\mathcal{Q}_c^{n+1}} \rho, \eta \rangle.$$

Finally, by using equation (2.1), we conclude the proof of equation (2.6). The case c = 0 follows immediately.

It follows from Codazzi equation (see Rosenberg [16], p. 225) that L_r is a divergent form operator, that is,

$$L_r(f) = \operatorname{div}_M(P_r \nabla f)$$

for all smooth functions $f: M \to \mathbb{R}$. Denote by $B_r(Q)$ the geodesic ball of \mathcal{Q}_c^{n+1} with radius r centered at $Q \in \mathcal{Q}_c^{n+1}$, and by $\overline{B}_r(Q)$ its closure. We will use the following proposition.

PROPOSITION 2.7. Let \mathcal{Q}_c^{n+1} be a Riemannian manifold with constant sectional curvature c and let $x: M^n \to \mathcal{Q}_c^{n+1}$ be an isometric immersion. For

 $Q \in \mathcal{Q}_c^{n+1}$, we denote by $\rho(x)$ the distance to the point $Q \in \mathcal{Q}_c^{n+1}$ and $\rho(x(p))$, $p \in M$, its restriction to M. If for some $r \leq n-1$, $S_r \geq 0$, then

(2.8)
$$\int_{\partial D} s_c(\rho(q)) \langle P_r(\operatorname{grad}_M \rho(q)), \nu \rangle dA$$
$$\geq (n-r) \int_D \left(s'_c(\rho(q)) S_r(p) - \frac{r+1}{n-r} |S_{r+1}(p)| s_c(\rho(q)) \right) dM,$$

where q = x(p), $D \subset M$ is a bounded domain with nonempty boundary ∂D and ν is the conormal vector along ∂D . In the case c > 0, we assume that $D \subset \overline{B}_{\frac{\pi}{2\sqrt{c}}}(Q)$.

Proof. Since $|\operatorname{grad}_{\mathcal{Q}_c^{n+1}} \rho(x(p))| \le 1$ and $s'_c(\rho(x(p))) \ge 0$, from (2.6) we have

$$L_r(\theta_c(\rho(x))) \ge (n-r) \left[s'_c(\rho) S_r - \frac{r+1}{n-r} |S_{r+1}| s_c(\rho) \right].$$

Integrating this inequality, we get

(2.9)
$$\int_{D} L_r(\theta_c(\rho(x))) dM$$
$$\geq (n-r) \int_{D} \left[s'_c(\rho(x)) S_r - \frac{r+1}{n-r} |S_{r+1}| s_c(\rho(x)) \right] dM$$

On the other hand, we have that

$$\int_{D} L_r(\theta_c(\rho(x))) dM = \int_{D} \operatorname{div} P_r(\operatorname{grad}_M(\theta_c(\rho(x(p))))) dM$$
$$= \int_{D} \operatorname{div}(s_c \rho(x(p)) P_r(\operatorname{grad}_{\mathcal{Q}_c^{n+1}} \rho)^{\top}) dM$$
$$= \int_{\partial D} s_c(\rho(x)) \langle P_r((\operatorname{grad}_{\mathcal{Q}_c^{n+1}} \rho)^{\top}), \nu \rangle dA$$

where ν denotes the outward unit normal vector field on ∂D . Therefore, if q = x(p),

$$\int_{\partial D} s_c(\rho(q)) \langle P_r((\operatorname{grad}_{\mathcal{Q}_c^{n+1}} \rho(q))^\top), \nu \rangle dA$$

$$\geq (n-r) \int_D \left[s_c'(\rho(x)) S_r - \frac{r+1}{n-r} |S_{r+1}| s_c(\rho(x)) \right] dM,$$

and the proposition is proved.

We would like to point out that the above proposition is valid for a more general class of domains. For instance, it is valid in the setting of Gauss–Green Theorem (see [10], p. 478). In particular, if we take D to be the intersection of the extrinsic ball with M i.e. $D = \overline{B}_{\mu} \cap M$ in Proposition 2.7, we have the following

THEOREM 2.8. Let \mathcal{Q}_c^{n+1} be a Riemannian manifold with constant sectional curvature c and let M^n be a complete noncompact properly immersed hypersurface of \mathcal{Q}_c^{n+1} . Assume that there exists a nonnegative constant α such that

(2.10)
$$(r+1)|S_{r+1}| \le (n-r)\alpha S_r$$

for some $r \leq n-1$. If P_r is positive semidefinite, then for any $q \in M$ such that $S_r(q) \neq 0$ and any $\mu_0 > 0$, there exists a positive constant C depending on μ_0 , q and M such that for every $\mu > \mu_0$,

$$\mathcal{A}_r(\overline{B}_{\mu}(q) \cap M) = \int_{\overline{B}_{\mu}(q) \cap M} S_r \, dM \ge \int_{\mu_0}^{\mu} C \mathrm{e}^{-\alpha \tau} \, d\tau,$$

where $\overline{B}_{\mu}(q)$ is the ball of radius μ and center q in \mathcal{Q}_{c}^{n+1} . For the case c > 0, we assume $\mu \leq \frac{\pi}{2\sqrt{c}}$.

Proof. We use the notation introduced in Proposition 2.7. Take $D_{\tau} = \overline{B}_{\tau}(q) \cap M$, $\mu \leq 2\pi/\sqrt{c}$, if c > 0. Since the immersion is proper, we have that $\partial D_{\tau} \neq \emptyset$, for all $0 < \tau < \mu$. Thus, by using (2.10) in equation (2.8), we obtain that

(2.11)
$$\int_{\partial D_{\mu}} s_{c}(\rho(x)) \langle P_{r}(\operatorname{grad}_{M} \rho), \nu \rangle dA$$
$$\geq (n-r) \int_{D_{\mu}} \left(s_{c}'(\rho(x)) - \alpha s_{c}(\rho(x)) \right) S_{r} dM$$
$$= (n-r) \int_{0}^{\mu} \int_{\partial D_{\tau}} \frac{s_{c}'(\rho(x)) - \alpha s_{c}(\rho(x))}{s_{c}(\rho(x))}$$
$$\times s_{c}(\rho(x)) |\operatorname{grad}_{M} \rho|^{-1} S_{r} dA d\tau,$$

where we have used the co-area formula (see [3], p. 80). Observe that the conormal vector ν to ∂D_{τ} is parallel to $\operatorname{grad}_{M} \rho$. This fact together with the fact that P_{r} is positive semidefinite, imply the following:

$$\langle P_r(\operatorname{grad}_M \rho), \nu \rangle \leq \operatorname{trace}(P_r) |\operatorname{grad}_M \rho| = (n-r)S_r |\operatorname{grad}_M \rho|.$$

Using the above equation and the fact that along ∂D_{τ} , $\rho(x) = \tau$, we get

(2.12)
$$\int_{\partial D_{\mu}} s_c(\rho(x)) |\operatorname{grad}_M \rho| S_r \, dA$$
$$\geq \int_0^{\mu} \frac{s'_c(\tau) - \alpha s_c(\tau)}{s_c(\tau)} \int_{\partial D_{\tau}} s_c(\rho(x)) |\operatorname{grad}_M \rho|^{-1} S_r \, dA \, d\tau.$$

Now we define

$$\varphi(\tau) = \int_{\partial D_{\tau}} s_c(\rho(x)) |\operatorname{grad}_M \rho|^{-1} S_r \, dA.$$

Since $|\operatorname{grad}_M \rho| \leq 1$, equation (2.12) implies

$$\varphi(\mu) \ge \int_0^\mu \frac{s'_c(\tau) - \alpha s_c(\tau)}{s_c(\tau)} \varphi(\tau) \, d\tau.$$

By writing

$$\phi(\mu) = \int_0^\mu \frac{s'_c(\tau) - \alpha s_c(\tau)}{s_c(\tau)} \varphi(\tau) \, d\tau,$$

one finds

$$\phi'(\mu) \ge \frac{s'_c(\mu) - \alpha s_c(\mu)}{s_c(\mu)} \phi(\mu).$$

Thus, by integrating from $\mu_0 > 0$ to μ , the above differential inequality arises

$$\ln \frac{\phi(\mu)}{\phi(\mu_0)} \ge \ln \left(\frac{s_c(\mu)}{s_c(\mu_0)}\right) - \alpha(\mu - \varepsilon) = \ln \left(\left(\frac{s_c(\mu)}{s_c(\mu_0)}\right) e^{-\alpha(\mu - \mu_0)} \right)$$

Hence,

$$\phi(\mu) \ge \frac{\phi(\mu_0)}{s_c(\mu_0)} s_c(\mu) \mathrm{e}^{-\alpha \mu}.$$

Define

$$f(\mu) = \int_{D_{\mu}} S_r \, dM.$$

Again, by the co-area formula, it follows that

$$f(\mu) = \int_0^{\mu} \left(\int_{\partial D_{\tau}} |\operatorname{grad}_M \rho|^{-1} S_r \, dA \right) d\tau.$$

Since

$$f'(\mu) = \int_{\partial D_{\mu}} |\operatorname{grad}_{M} \rho|^{-1} S_{r} \, dA = \frac{1}{s_{c}(\mu)} \varphi(\mu) \ge \frac{\phi(\mu_{0})}{s_{c}(\mu_{0})} e^{-\alpha \mu},$$

then for $\mu > \mu_0$,

$$f(\mu) \ge \int_{\mu_0}^{\mu} \frac{\phi(\mu_0)}{s_c(\mu_0)} \mathrm{e}^{-\alpha\tau} \, d\tau.$$

COROLLARY 2.9. Let \mathcal{Q}_c^{n+1} be a Riemannian manifold with constant sectional curvature $c \leq 0$ and let M^n be a complete noncompact properly immersed hypersurface of \mathcal{Q}_c^{n+1} . Assume that $S_r \geq 0$, $S_r \neq 0$ and $S_{r+1} \equiv 0$ for some $r \leq n-1$. Then $\int_M S_r \, dM = \infty$.

Proof. Since the immersion is proper, we have $\partial(M \cap \overline{B}_{\mu}(q))$ is nonempty for all $\mu > \mu_0$. By using Proposition 2.4, since $S_{r+1} = 0$, we have that P_r is semidefinite. Now, the condition $S_r \ge 0$ implies that P_r is positive semidefinite. Therefore, using Theorem 2.8, with $\alpha = 0$, for all $\mu > \mu_0$,

$$\int_{\overline{B}_{\mu}\cap M} S_r \, dM \ge \int_{\mu_0}^{\mu} C \mathrm{e}^{-\alpha\tau} \, d\tau = C(\mu - \mu_0).$$

Then

$$\int_M S_r \, dM = \infty.$$

REMARK 2.10. When r is odd, the condition $S_r \ge 0$ can be obtained by choosing the right orientation.

The condition of semi-positiveness of P_2 is satisfied when M is a hypersurface immersed in \mathbb{R}^{n+1} with $S_3 = 0$ (which is called 2-minimal) and $S_2 > 0$. In fact, in this case P_2 is positive definite, since L_2 is elliptic (see Proposition 2.2). So we have

COROLLARY 2.11. Let M^n be a complete 2-minimal noncompact properly immersed hypersurface of \mathbb{R}^{n+1} with nonnegative scalar curvature. Then either the scalar curvature is zero or the total scalar curvature is infinite.

REMARK 2.12. When n = 3 the corollary can be proved by using Theorem III in [13] without the assumption that the immersion is proper. In this case, M^n has to be a cylinder and the conclusion of the above corollary follows immediately.

REMARK 2.13. The condition of semi-positiveness of P_r is also satisfied when M is a hypersurface in \mathbb{R}^{n+1} with nonnegative sectional or positive Ricci curvature, $\operatorname{Ric}_M > 0$. Indeed when $\operatorname{Ric}_M > 0$, for each point in M, the principal curvatures can be arranged as $\lambda_1 \leq \lambda_2 \leq \cdots \leq \lambda_i < 0 < \lambda_{i+1} \leq \cdots \leq \lambda_n$. The positivity of the Ricci curvature implies

$$\operatorname{Ric}_{M}(e_{j}) = \lambda_{j}\left(\sum_{k \neq j} \lambda_{k}\right) > 0 \quad \forall j = 1, \dots, n.$$

If $i \in \{1, ..., n-1\}$, it follows from the above equation that

(2.13)
$$\sum_{k \neq j} \lambda_k < 0, \quad \text{when } j \le i,$$

and

(2.14)
$$\sum_{k \neq j} \lambda_k > 0, \quad \text{when } j > i.$$

From (2.13), we have for $j_1 \leq i$,

$$\sum_{k \neq j_1} \lambda_k = \left(\sum_{k=1}^i \lambda_k - \lambda_{j_1}\right) + \sum_{k=i+1}^n \lambda_k < 0.$$

Thus

$$-\sum_{k=1}^{i}\lambda_k > \sum_{k=1}^{i}\lambda_k + \lambda_{j_1} > \sum_{k=i+1}^{n}\lambda_k.$$

On the other hand, using (2.14), for $j_2 > i$, we find

$$\sum_{k \neq j_2} \lambda_k = \left(\sum_{k=1}^i \lambda_k - \lambda_{j_2}\right) + \sum_{k=i+1}^n \lambda_k > 0,$$

hence

$$-\sum_{k=1}^{i}\lambda_k < \sum_{k=1}^{i}\lambda_k + \lambda_{j_1} < \sum_{k=i+1}^{n}\lambda_k,$$

which is a contradiction. Thus, all λ_i has the same sign (we are indebted to F. Fontenele for this observation). So we can choose an orientation such that P_r is positive definite and $S_r > 0$.

Thus we have the following consequence.

COROLLARY 2.14. Let M^n be a complete noncompact properly immersed hypersurface of \mathbb{R}^{n+1} with positive Ricci curvature. Assume that there exists a positive constant α such that

$$(r+1)|S_{r+1}| \le (n-r)\alpha S_r$$

for some $r \leq n-1$. Then, for any $q \in M$ and any $\mu_0 > 0$, there exists a positive constant C depending on μ_0 , Q and M such that

$$\int_{\overline{B}_{\mu}(q)\cap M} S_{\tau} \, dM \ge \int_{\mu_0}^{\mu} C \mathrm{e}^{-\alpha \tau} \, d\tau,$$

where $\overline{B}_{\mu}(q)$ is the geodesic ball in \mathbb{R}^{n+1} centered at q.

The following is a direct consequence of Theorem 2.8 and Proposition 2.3.

COROLLARY 2.15. Let M^n be a complete noncompact properly immersed hypersurface of \mathcal{Q}_c^{n+1} . Assume that S_r is positive and there exists a positive constant α such that

$$(r+1)|S_{r+1}| \le (n-r)\alpha S_r$$

for some $r \leq n-1$. If there exists a point such that all principal curvatures are nonnegative, then, for any $q \in M$ and any $\mu_0 > 0$, there exists a positive constant C depending on μ_0 , q and M such that

$$\int_{\overline{B}_{\mu}(q)\cap M} S_r \, dM \ge \int_{\mu_0}^{\mu} C e^{-\alpha\tau} \, d\tau,$$

where $\overline{B}_{\mu}(q)$ is the geodesic ball in \mathcal{Q}_{c}^{n+1} centered at q. For the case c > 0, we assume $\mu \leq \frac{\pi}{2\sqrt{c}}$.

3. Volume estimates in general manifolds

In this section we consider N^{n+p} a Riemannian manifold with sectional curvature bounded from above by a constant c. Let M^n be a submanifold isometrically immersed in $N = N^{n+p}$.

Let $F: N \to \mathbb{R}$ be a C^2 function and denote $f: M \to \mathbb{R}$ the function induced by F by restriction. Essentially, following the steps involved in the proof of Lemma 2.5, we obtain

$$\Delta f = \sum_{i=1}^{n} \operatorname{Hess}_{N} F(e_{i}, e_{i}) + n \langle \operatorname{grad}_{N} F, \mathbf{H} \rangle,$$

where $\{e_1, e_2, \ldots, e_n\}$ is an orthonormal frame along M and H is the mean curvature vector. Similar to Proposition 2.7, we have

PROPOSITION 3.1. Let N be a Riemannian manifold with sectional curvature bounded from above by a constant c and M^n an immersed connected submanifold of N. We denote by $\overline{\rho}(x)$ the distance in N between x and $Q \in N^{n+p}$ and $\rho(x)$ the induced function of $\overline{\rho}$ by restriction. Then

(3.1)
$$\int_{\partial D} s_c(\rho(x)) \langle \operatorname{grad}_M \rho, \nu \rangle \, dA \ge n \int_D \left(s'_c(\rho(x)) - |\mathbf{H}| s_c(\rho(x)) \right) \, dM$$

where $q = x(p), D \subset M$ is a bounded domain with nonempty boundary ∂D and $D \cap C_N(Q) = \emptyset$, where $C_N(Q)$ is the cut locus of the point Q in N, and ν is the conormal vector along ∂D .

Proof. Let $V = s_c(\overline{\rho}) \operatorname{grad}_N \overline{\rho}$ and V^{\top} the orthogonal projection of V into the tangent space of M. Then we have $V^{\top} = s_c(\rho) \operatorname{grad}_M \rho$, where $\rho(x)$ is the induced function of $\overline{\rho}$ to M by restriction. Thus, Lemma 2.5 of [14], p. 713, implies, when $\overline{\rho} < \operatorname{inj}_N(Q)$,

(3.2)
$$\operatorname{Hess}_{N} F(X, X) \ge s_{c}'(\overline{\rho}) \langle X, X \rangle.$$

Then

$$\langle \overline{\nabla}_{e_i} V, e_i \rangle \ge s'_c(\overline{\rho})$$

for all $\overline{\rho}$ when $c \leq 0$, and $\rho \leq \frac{\pi}{\sqrt{c}}$, when c > 0. We find that

$$\Delta(\theta_c(\rho(x))) \ge n[s'_c(\rho) - s_c(\rho)|\mathbf{H}|].$$

Integrating this inequality and applying Stokes' formula, we get

$$\int_{\partial D} s_c \langle (\operatorname{grad}_N \overline{\rho})^\top, \nu \rangle \, dA \ge n \int_D \left[s'_c(\rho(x)) - s_c(\rho(x)) |\mathbf{H}| \right] dM,$$
proposition follows.

and the proposition follows.

Similar to Proposition 2.7, the above result is valid in a more general setting, such as extrinsic geodesic balls. Using this fact, we arrive at

THEOREM 3.2. Let M be a Riemannian manifold isometrically immersed in a geodesic ball $\overline{B}(O, \rho_0) \subset N^{n+p}$ with codimension p. Assume that the sectional curvature of N in $\overline{B}(O, \rho_0)$ is bounded from above by c and moreover that there exists a positive constant α such that

 $|\mathbf{H}| \leq \alpha$.

Then

$$\operatorname{vol}(B_{\mu}(q)) \ge n\omega_n \int_0^{\mu} s_c(t)^{n-1} \mathrm{e}^{-n\alpha s} \, dt,$$

where ω_n is the volume of the unit ball in \mathbb{R}^n and $B_{\mu}(q)$ is the intrinsic geodesic ball in M with center $q \in M$ and radius $\mu < \operatorname{inj}_N(q)$.

Proof. By taking $D = B_{\tau}(q)$ in Proposition 3.1, we obtain

$$\langle \operatorname{grad}_M \rho, \nu \rangle \leq |\operatorname{grad}_M \rho|.$$

Thus,

(3.3)
$$\int_{\partial B_{\tau}(q)} \frac{s_c(\rho(x))}{n} |\operatorname{grad}_M \rho| \, dA$$
$$\geq \int_{B_{\tau}(q)} \left(s_c'(\rho(x)) - \alpha s_c(\rho(x)) \right) \, dM$$
$$= \int_0^{\mu} \int_{\partial B_{\tau}(q)} \frac{s_c'(\rho(x)) - \alpha s_c(\rho(x))}{s_c(\rho(x))} s_c(\rho(x)) |\operatorname{grad}_M \rho|^{-1} \, dA \, d\tau,$$

where we have used the co-area formula (see [3], p. 80). Since the intrinsic distance is not less than the extrinsic one and

$$\left(\frac{s_c'}{s_c}\right)' \le 0,$$

then

(3.4)
$$\frac{1}{n} \int_{\partial B_{\mu}(q)} s_{c}(\rho(x)) |\operatorname{grad}_{M} \rho| \, dA$$
$$\geq \int_{0}^{\mu} \frac{s_{c}'(\tau) - \alpha s_{c}(\tau)}{s_{c}(\tau)} \int_{\partial B_{\tau}(q)} s_{c}(\rho(x)) |\operatorname{grad}_{M} \rho|^{-1} \, dA \, d\tau.$$

Now we define

$$\varphi(\tau) = \int_{\partial B_{\tau}(q)} s_c(\rho(x)) |\operatorname{grad}_M \rho|^{-1} dA.$$

Equation (3.4) implies that

$$\frac{1}{n}\varphi(\mu) \ge \int_0^\mu \frac{s'_c(\tau) - \alpha s_c(\tau)}{s_c(\tau)}\varphi(\tau) \, d\tau.$$

By writing

$$\phi(\mu) = \int_0^\mu \frac{s_c'(\tau) - \alpha s_c(\tau)}{s_c(\tau)} \varphi(\tau) \, d\tau,$$

we have

$$\phi'(\mu) \ge \frac{n(s'_c(\mu) - \alpha s_c(\mu))}{s_c(\mu)}\phi(\mu).$$

Thus, by integrating from $\varepsilon > 0$ to μ , with $\mu \leq \min\{ \inf_N(q), \frac{\pi}{2\sqrt{c}} \}$ when c > 0, the above differential inequality arises

$$\frac{1}{n}\ln\frac{\phi(\mu)}{\phi(\varepsilon)} \ge \ln\left(\frac{s_c(\mu)}{\varepsilon}\right) - \alpha(\mu - \varepsilon) = \ln\left[\left(\frac{s_c(\mu)}{\varepsilon}\right)e^{-\alpha(\mu - \varepsilon)}\right].$$

Hence,

(3.5)
$$\frac{\phi(\mu)}{\phi(\varepsilon)} \ge \left[\left(\frac{s_c(\mu)}{\varepsilon} \right) e^{-\alpha(\mu-\varepsilon)} \right]^n$$

Observe that by the mean value theorem,

$$\lim_{\varepsilon \to 0} \frac{\phi(\varepsilon)}{\varepsilon^n} = \omega_n.$$

Then

$$\phi(\mu) \ge \omega_n s_c(\mu)^n \mathrm{e}^{-n\alpha\mu}.$$

Now, define

$$f(\mu) = \int_{B_{\mu}(q)} dM = \operatorname{vol}(B_{\mu}(q)).$$

Again, by the co-area formula, we can write $f(\mu)$ as

$$f(\mu) = \int_0^{\mu} \left(\int_{\partial B_{\tau}(q)} |\operatorname{grad}_M \rho|^{-1} dA \right) d\tau.$$

Hence

$$f'(\mu) = \int_{\partial B_{\mu}(q)} |\operatorname{grad}_{M} \rho|^{-1} dA.$$

This equality together with $|\operatorname{grad}_M \rho| \leq 1$, and equation (3.3) imply that

$$\frac{s_c(\mu)}{n}f'(\mu) \ge \int_{\partial B_{\mu}(q)} \frac{s_c(\rho(x))}{n} |\operatorname{grad}_M \rho| \, dA \ge \int_0^{\mu} \left(s'_c(\tau) - \alpha s_c(\tau) \right) f'(\tau) \, d\tau.$$

Since

$$f'(\mu) \ge \frac{\varphi(\mu)}{s_c(\mu)},$$

then

$$f(\mu) \ge \int_0^\mu \omega_n n s_c(\tau)^{n-1} \mathrm{e}^{-n\alpha\tau} \, d\tau,$$

which concludes the proof.

The following corollary follows immediately.

COROLLARY 3.3. (i) Let M^n be an immersed minimal hypersurface of the Euclidean space \mathbb{R}^{n+p} . Then

$$\operatorname{vol}(B_{\mu}(q)) \ge \omega_n \mu^n,$$

where ω_n is the volume of the unit ball in \mathbb{R}^n and $B_\mu(q)$ is the intrinsic geodesic ball in M centered at $q \in M$.

(ii) Let M^n be an immersed hypersurface of the hyperbolic space $\mathbb{H}^{n+p}(-1)$. Assume that there exists a positive constant α such that

$$|H| \le \alpha < \frac{n-1}{n}$$

Then, there exists a constant C > 0 so that, for $\mu \ge 1$,

$$\operatorname{vol}(B_{\mu}(q)) \ge C e^{(n-1-n\alpha)\mu},$$

where $B_{\mu}(q)$ is the intrinsic geodesic ball in M with center $q \in M$.

4. Mean curvature integral

In this section, inspired by a recent work of Topping [18], we prove a type of mean curvature integral estimate for complete submanifold in a Euclidean space \mathbb{R}^n and we apply it to surfaces in \mathbb{R}^n .

THEOREM 4.1. Let M^m be a m-dimensional complete noncompact Riemannian manifold isometrically immersed in \mathbb{R}^n . Then there exists a positive constant δ depending on m such that if

(4.1)
$$\lim \sup_{r \to +\infty} \frac{V(x,r)}{r^m} < \delta,$$

where V(x,r) denotes the volume of the geodesic ball $B_r(x)$, then

(4.2)
$$\lim \sup_{R \to +\infty} \frac{\int_{B_R(x)} |H|^{m-1} dM}{R} > 0.$$

In particular, $\int_M |H|^{m-1} dM = +\infty$.

We need the following lemma of Topping [18].

LEMMA 4.2 ([18], Lemma 1.2). Let M^m be a m-dimensional complete Riemannian manifold isometrically immersed in \mathbb{R}^n . Then a positive constant δ depending on m exists, such that for any $x \in M$ and R > 0, at least one of the following statements is true:

(i)
$$\sup_{r \in (0,R]} r^{-\frac{1}{m-1}} [V(x,r)]^{-\frac{m-2}{m-1}} \int_{B(x,r)} |H|^{m-1} dM > \delta,$$

(ii) $\inf_{r \in (0,R]} \frac{V(x,r)}{r^m} > \delta.$

Proof of Theorem 4.1. We can choose L large enough so that $V(z,L) \leq \delta L^m$ for all $z \in M$. Then, from Lemma 4.2, we have

$$\sup_{r \in (0,L]} r^{-\frac{1}{m-1}} \left[V(z,r) \right]^{-\frac{m-2}{m-1}} \int_{B_r(z)} |H|^{m-1} \, dM > \delta.$$

Since

$$\int_{B_r(z)} |H| \, dM \le \left(\int_{B_r(z)} |H|^{m-1} \, dM \right)^{\frac{1}{m-1}} \cdot \left(V(z,r) \right)^{\frac{m-2}{m-1}}$$

for any $z \in M$, there exists a $r(z) \in (0, R]$ such that

$$\int_{B_r(z)} |H|^{m-1} \, dM > \delta^{m-1} r(z).$$

Fix a point $o \in M$, and let $\gamma : [0, +\infty) \to M$ be a ray parametrized by an arclength with $\gamma(0) = o$. For any fixed R > 0,

$$\gamma([0,R]) \subset \bigcup_{t \in [0,R]} B_{r(\gamma(t))}(\gamma(t)).$$

From a covering argument used in Theorem 1.1 of [18], we can find an at most countable sequence $t_1, t_2, \ldots, t_q, \ldots \in [0, R]$ such that $\sum_i r(\gamma(t_i)) \ge \frac{1}{4}R$. Thus, when $i \ne j$,

$$B_{r(\gamma(t_i))}(\gamma(t_i)) \cap B_{r(\gamma(t_j))}(\gamma(t_j)) = \emptyset.$$

Then

$$\int_{B_{2R}(o)} |H|^{m-1} dM \ge \sum_{i} \int_{B_{r(\gamma(t_i))}(\gamma(t_i))} |H|^{m-1} dM$$
$$\ge \delta^{m-1} \sum_{i} r(\gamma(t_i))$$
$$\ge \delta^{m-1} \frac{1}{4} R.$$

And the result is proved.

For complete surfaces in \mathbb{R}^n that satisfy the Gauss–Bonnet relation, we obtain the following result.

COROLLARY 4.3. Let δ be as in Theorem 4.1. If M is a complete noncompact surface in \mathbb{R}^n satisfying

(4.3)
$$2\pi\chi(M) - \int_M K \, dM < 2\delta_1$$

where $\chi(M)$ is the Euler characteristic of M, then

$$\int_M |H| \, dM = +\infty.$$

Proof. From Theorem A of Shiohama [17], for any $q \in M$, we find that

$$\lim_{r \to \infty} \frac{2V(B_r(q))}{r^2} = 2\pi\chi(M) - \int_M K \, dM.$$

It should be noted here that there is a misprint in the denominator of this expression in Shiohama's paper. So,

$$\lim_{r \to \infty} \frac{V(B_r(q))}{\pi r^2} < \delta$$

Thus, Theorem 4.1 implies the result.

REMARK 4.4. The flat plane embedded in \mathbb{R}^n shows that the condition (4.3) is necessary.

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