# INVARIANCE PRINCIPLE FOR THE RANDOM CONDUCTANCE MODEL WITH UNBOUNDED CONDUCTANCES 

By M. T. Barlow ${ }^{1}$ and J.-D. Deuschel ${ }^{2}$<br>University of British Columbia and Technische Universität Berlin


#### Abstract

We study a continuous time random walk $X$ in an environment of i.i.d. random conductances $\mu_{e} \in[1, \infty)$. We obtain heat kernel bounds and prove a quenched invariance principle for $X$. This holds even when $\mathbb{E} \mu_{e}=\infty$.


1. Introduction. We consider the Euclidean lattice $\mathbb{Z}^{d}$ with $d \geq 2$. Let $E_{d}$, the set of nonoriented nearest neighbour bonds, and, writing $e=\{x, y\} \in E_{d}$, let ( $\mu_{e}, e \in E_{d}$ ) be nonnegative r.v., defined on a probability space ( $\Omega, \mathbb{P}$ ). Throughout this paper we will assume that ( $\mu_{e}$ ) is stationary and ergodic, and that its law is invariant under symmetries of $\mathbb{Z}^{d}$. We write $\mu_{x y}=\mu_{\{x, y\}}=\mu_{y x}$, and let $\mu_{x y}=0$ if $x \nsucc y$. Set

$$
\begin{equation*}
\mu_{x}=\sum_{y} \mu_{x y}, \quad P(x, y)=\frac{\mu_{x y}}{\mu_{x}} . \tag{1.1}
\end{equation*}
$$

There are two natural continuous time random walks associated with $\mu$. Both jump according to the transitions $P(x, y)$. The first (the constant speed random walk or CSRW) waits at $x$ for an exponential time with mean 1 while the second (the variable speed random walk or VSRW) waits at $x$ for an exponential time with mean $1 / \mu_{x}$. Write $\mathcal{L}_{C}$ and $\mathcal{L}_{V}$ for their generators, given by

$$
\begin{align*}
& \mathcal{L}_{C} f(x)=\mu_{x}^{-1} \sum_{y} \mu_{x y}(f(y)-f(x)),  \tag{1.2}\\
& \mathcal{L}_{V} f(x)=\sum_{y} \mu_{x y}(f(y)-f(x)) \tag{1.3}
\end{align*}
$$

Set

$$
\mathcal{E}(f, g)=\frac{1}{2} \sum_{x \in \mathbb{Z}^{d}} \sum_{y \in \mathbb{Z}^{d}} \mu_{x y}(f(x)-f(y))(g(x)-g(y)) .
$$

[^0]Let $v_{x}=1, x \in \mathbb{Z}^{d}$. It is easy to check that if $f, g$ have finite support, then

$$
\begin{equation*}
\mathcal{E}(f, g)=-\sum_{x} g(x) \sum_{y} \mu_{x y}(f(y)-f(x)) \tag{1.4}
\end{equation*}
$$

and so

$$
\begin{equation*}
\mathcal{E}(f, g)=-\left\langle\mathcal{L}_{V} f, g\right\rangle_{\nu}=-\left\langle\mathcal{L}_{C} f, g\right\rangle_{\mu} \tag{1.5}
\end{equation*}
$$

Thus the VSRW is the Markov process associated with the Dirichlet form $(\mathcal{E}, \mathcal{D}(\mathcal{E}))$ on $L^{2}(\nu)$ and has stationary measure $v$ while the CSRW is the Markov process associated with the Dirichlet form $(\mathcal{E}, \mathcal{D}(\mathcal{E}))$ on $L^{2}(\mu)$ and has stationary measure $\mu$.

Let $X=\left(X_{t}, t \geq 0, P_{\omega}^{x}, x \in \mathbb{Z}^{d}\right)$ be either the CSRW or the VSRW. Write $\mathcal{L}$ for its generator, $\theta$ for its invariant measure (so either $\theta=v$ or $\theta=\mu$ ) and let

$$
\begin{equation*}
q_{t}^{\omega}(x, y)=\frac{P_{\omega}^{x}\left(X_{t}=y\right)}{\theta_{y}} \tag{1.6}
\end{equation*}
$$

be the transition density of $X$ (or heat kernel associated with $\mathcal{L}$ ). This model, of a reversible (or symmetric) random walk in a random environment, is often called the random conductance model or RCM, particularly in the special case when $\left(\mu_{e}\right)$ are i.i.d. We are interested in the long-range behavior of $X$ and, in particular, in obtaining heat kernel bounds for $q_{t}^{\omega}(x, y)$ and a quenched or $\mathbb{P}$-a.s. invariance principle for $X$. When $\mathbb{E} \mu_{e}<\infty$, an averaged invariance principle is obtained in [17].

We begin by discussing the case when $\left(\mu_{e}\right)$ are i.i.d. If $\mu_{e}=0$ then $X$ never jumps across $e$. So if $p_{+}=\mathbb{P}\left(\mu_{e}>0\right)$ is less than $p_{c}(d)$, the critical probability for bond percolation in $\mathbb{Z}^{d}$, then $X$ is $\mathbb{P} \times P_{\omega}^{x}$-a.s. confined to a finite set. Thus we restrict to the case $p_{+}>p_{c}$. A number of different authors have studied this model under various restrictions on the support of $\mu_{e}$. If $\mu_{e} \in\{0,1\}$ then this problem reduces to that of a random walk on (supercritical) percolation clusters (see [1] for heat kernel bounds, and [10, 29, 34] for quenched invariance principles). More generally it is useful to consider the following special cases:

Case 0. $c^{-1} \leq \mu_{e} \leq c$ for some $c \geq 1$;
Case $1.0 \leq \mu_{e} \leq 1$;
Case $2.1 \leq \mu_{e}<\infty$.
For case 0 , heat kernel bounds follow from the results in [18, 19], and a quenched invariance principle is proved in [34]. Case 1 is treated in [11, 12, 30]. (The papers [11, 12] consider a discrete time random walk.) These papers prove an invariance principle, with a strictly positive diffusion constant $\sigma^{2}$. Further, [11] shows that Gaussian heat kernel bounds do not hold in general in this case.

In this paper we will look at case 2 . There is not a great difference between the CSRW and VSRW in case 1 , but in case 2 , and in particular when $\mathbb{E} \mu_{e}=\infty$, the VSRW and CRSW do have different behaviors. Also, while the discrete time random walk with jump probabilities $P(x, y)$ given by (1.1) behaves in a similar
fashion to the CSRW, there is no simple discrete time analogue of the VSRW in case 2 . We remark that our result for the CSRW also gives an invariance principle for the discrete time random walk with jump probabilities $P(x, y)$.

Let

$$
\begin{equation*}
X_{t}^{(\varepsilon)}=\varepsilon X_{t / \varepsilon^{2}}, \quad t \geq 0 \tag{1.7}
\end{equation*}
$$

Our first main result is the following quenched functional central limit theorem (QFCLT):

Theorem 1.1. Let $d \geq 2$. Suppose that $\left(\mu_{e}\right)$ are i.i.d., and $\mu_{e} \geq 1 \mathbb{P}$-a.s.
(a) Let $X$ be the VSRW. Then $\mathbb{P}$-a.s. $X^{(\varepsilon)}$ converges (under $P_{\omega}^{0}$ ) in law to a Brownian motion on $\mathbb{R}^{d}$ with covariance matrix $\sigma_{V}^{2} I$ where $\sigma_{V}>0$ is nonrandom.
(b) Let $X$ be the CSRW. Then $\mathbb{P}$-a.s. $X^{(\varepsilon)}$ converges (under $P_{\omega}^{0}$ ) in law to a Brownian motion on $\mathbb{R}^{d}$ with covariance matrix $\sigma_{C}^{2} I$ where

$$
\sigma_{C}^{2}= \begin{cases}\sigma_{V}^{2} /\left(2 d \mathbb{E} \mu_{e}\right), & \text { if } \mathbb{E} \mu_{e}<\infty \\ 0, & \text { if } \mathbb{E} \mu_{e}=\infty\end{cases}
$$

We also have heat kernel bounds for the VSRW.

THEOREM 1.2. Let $d \geq 2$. Suppose that $\left(\mu_{e}\right)$ are i.i.d. and $\mu_{e} \geq 1 \mathbb{P}$-a.s. Let $q_{t}^{\omega}(x, y)$ be the heat kernel for the VSRW. Let $\eta \in(0,1)$. There exist r.v. $U_{x}, x \in \mathbb{Z}^{d}$, such that

$$
\begin{equation*}
\mathbb{P}\left(U_{x}(\omega) \geq n\right) \leq c_{1} \exp \left(-c_{2} n^{\eta}\right) \tag{1.8}
\end{equation*}
$$

and constants $c_{i}$ (depending on $d$ and the distribution of $\mu_{e}$ ) such that the following hold.
(a) For all $x, y, t$

$$
\begin{equation*}
q_{t}^{\omega}(x, y) \leq c_{3} t^{-d / 2} \tag{1.9}
\end{equation*}
$$

(b) If $|x-y| \vee t^{1 / 2} \geq U_{x}$, then

$$
\begin{align*}
& q_{t}^{\omega}(x, y) \leq c_{3} t^{-d / 2} e^{-c_{4}|x-y|^{2} / t} \quad \text { when } t \geq|x-y|,  \tag{1.10}\\
& q_{t}^{\omega}(x, y) \leq c_{3} \exp \left(-c_{4}|x-y|(1 \vee \log (|x-y| / t))\right) \tag{1.11}
\end{align*}
$$

$$
\text { when } t \leq|x-y|
$$

(c) Let $x, y \in \mathbb{Z}^{d}, t>0$. Then

$$
\begin{equation*}
q_{t}^{\omega}(x, y) \geq c_{5} t^{-d / 2} e^{-c_{6}|x-y|^{2} / t} \quad \text { if } t \geq U_{x}^{2} \vee|x-y|^{1+\eta} \tag{1.12}
\end{equation*}
$$

(d) Let $x, y \in \mathbb{Z}^{d}$ and $t \geq c_{7} \vee|x-y|^{1+\eta}$. Then

$$
\begin{equation*}
c_{8} t^{-d / 2} e^{-c_{9}|x-y|^{2} / t} \leq \mathbb{E} q_{t}^{\omega}(x, y) \leq c_{10} t^{-d / 2} e^{-c_{11}|x-y|^{2} / t} \tag{1.13}
\end{equation*}
$$

Using Theorems 1.1 and 1.2 we can obtain a parabolic Harnack inequality (PHI) for $q_{t}^{\omega}$ (for the VSRW) by the same arguments as in [3] (see Theorem 4.7). Since the CSRW is a time change of the VSRW, harmonic functions and Green's functions are the same for both processes. The PHI for the VSRW implies an elliptic Harnack inequality (see Corollary 4.8) which therefore holds for both CSRW and VSRW. Combining the invariance principle and the PHI, we obtain, using the methods of [3], a local limit theorem for the VSRW (see Theorem 5.14).

When $d \geq 3$ the calculations in Section 6 of [3] then give bounds on the Green's function $g_{\omega}(x, y)$ defined by

$$
\begin{equation*}
g_{\omega}(x, y)=\int_{0}^{\infty} q_{t}^{\omega}(x, y) d t \tag{1.14}
\end{equation*}
$$

THEOREM 1.3. Let $d \geq 3$, and suppose that ( $\mu_{e}$ ) are i.i.d. and $\mu_{e} \geq 1 \mathbb{P}$-a.s.
(a) There exist constants $c_{1}, \ldots, c_{4}$ and r.v. $U_{x}, x \in \mathbb{Z}^{d}$ such that

$$
\begin{equation*}
\mathbb{P}\left(U_{x} \geq n\right) \leq c_{1} \exp \left(-c_{2} n^{1 / 3}\right) \tag{1.15}
\end{equation*}
$$

and

$$
\begin{equation*}
\frac{c_{3}}{|x-y|^{d-2}} \leq g_{\omega}(x, y) \leq \frac{c_{4}}{|x-y|^{d-2}} \quad \text { if }|x-y| \geq U_{x} \wedge U_{y} \tag{1.16}
\end{equation*}
$$

(b) Let $C=\Gamma\left(\frac{d}{2}-1\right) /\left(2 \pi^{d / 2} \sigma_{V}^{2}\right)$. For any $\varepsilon>0$ there exists $M=M(\varepsilon, \omega)$ with $\mathbb{P}(M<\infty)=1$ such that

$$
\begin{equation*}
\frac{(1-\varepsilon) C}{|x|^{d-2}} \leq g_{\omega}(0, x) \leq \frac{(1+\varepsilon) C}{|x|^{d-2}} \quad \text { for }|x|>M(\omega) \tag{1.17}
\end{equation*}
$$

(c) We have, $\mathbb{P}$-a.s.,

$$
\begin{equation*}
\lim _{|x| \rightarrow \infty}|x|^{2-d} g_{\omega}(0, x)=\lim _{|x| \rightarrow \infty}|x|^{2-d} \mathbb{E} g_{\omega}(0, x)=C \tag{1.18}
\end{equation*}
$$

REmARK 1.4. (b) and (c) in Theorem 1.3 use the QFCLT, which in turn uses the ergodic theorem. As we do not have any rate of convergence in the QFCLT this means that [unlike the r.v. $U_{x}$ in (a)] we have no control on the tail of the r.v. $M$ in (b).

The main difference between the RCM and the percolation case is the possibility of traps. Suppose $e=\{x, y\}$ is a bond with $\mu_{e}=K \gg 1$, and that all the other bonds $e^{\prime}$ adjacent to $x$ and $y$ have $\mu_{e^{\prime}} \simeq 1$. Then $P(x, y) \simeq 1-c / K$, so $X$ will jump between $x$ and $y O(K)$ times before leaving $\{x, y\}$, and thus the CSRW will be trapped for a time of order $K$ in $\{x, y\}$. However, for the VSRW each jump takes only $O\left(K^{-1}\right)$, so the total time spent in $\{x, y\}$ is only $O(1)$. A similar effect will arise from finite clusters of bonds of high conductivity.

The presence of traps of this kind is why we have, when $\mathbb{E} \mu_{e}=\infty$, that the diffusion constant $\sigma_{C}^{2}$ for the CSRW is zero. In this case it is natural to ask if
a different scaling will give a nontrivial limit. There is a connection here with "aging" (see [6-8]), and in [2] it is proved that if the tail distribution $\mathbb{P}\left(\mu_{e}>t\right) \sim$ $t^{-\alpha}$, then $\varepsilon^{\alpha} X_{t / \varepsilon^{2}}$ converges to the "fractional kinetic" motion with parameter $\alpha$ (see [8]).

While we have written this paper for the case of i.i.d. conductances $\mu_{e}$, our arguments do not require the full strength of this. In case 0 , when the conductances are bounded (both above and below), then uniform upper and lower Gaussian heat kernel estimates, as in Theorem 1.2, are well known (see [18]). It follows (see Remark 6.3) that Theorem 1.1. holds for any stationary ergodic environment. On the other hand, in the unbounded case 2 , there exist stationary ergodic environments such that the VSRW can explode in finite time; for an example, see Remark 6.6 below.

For the Gaussian bounds in Theorem 1.2 we need to control the sizes of the clusters of high conductivity which is done by comparison between the graph metric $d(x, y)$ and a new metric $\widetilde{d}$ (introduced by Davies in $[15,16]$ ) which is adapted to the structure of the random walk and satisfies $\tilde{d}(x, y) \leq \mu_{x y}^{-1 / 2}$ when $x \sim y$. This new metric is constructed by a first passage percolation procedure, and in this paper we have used first passage percolation arguments to compare the two metrics (see Lemma 4.2). These arguments use estimates from [25] which in turn use the fact that $\mu_{e}$ are i.i.d. However, we could also have used a direct argument as in [12], Lemma 3.1 or [30], Lemma 5.3. Once we have the Gaussian bounds (with sufficiently good control on the tails of the r.v. $U_{x}$ in Theorem 1.2), the quenched invariance principle follows with no further hypotheses on $\left\{\mu_{e}, e \in E_{d}\right\}$ other than that it is stationary, symmetric and ergodic. Theorem 6.1 summarizes the general situation.

The structure of this paper is as follows. In Sections 2 and 3 we study a deterministic graph $\Gamma=(G, E)$ with edge weights $\mu_{x y}$. Under certain conditions (which are $\mathbb{P}$-a.s. satisfied by the VSRW on the i.i.d. RCM) we obtain heat kernel bounds in this setup. Our approach uses similar methods to those used in [1] for percolation clusters. However, in [1] the Carne-Varopoulos "long-range" bounds played an essential role at various points. These bounds do not hold for the VSRW, and instead we use more general upper bounds obtained by Davies [15, 16], which are in terms of the metric $\tilde{d}(x, y)$. The same metric $\tilde{d}$ is also needed to control $P_{\omega}^{x}\left(\widetilde{d}\left(X_{t}, x\right) \geq \lambda t^{1 / 2}\right)$ which is the key step in obtaining general Gaussian upper bounds. Similar bounds, in the context of weighted Laplacians on manifolds, are obtained by Grigor'yan [24]; here the metric $\tilde{d}$ is the Riemannian metric. Very recently, and independently, Mourrat [31] has obtained upper bounds for the VSRW which in certain cases improve on those in Theorem 1.2.

Once one has upper bounds, lower bounds follow by the same arguments as in [1], Section 5 (see Section 3). In Section 4 we then prove Theorem 1.2.

Section 5 proves the invariance principle. We begin with the VSRW. The basic technique in the proof (as in many previous papers such as [10, 12, 17, 27-29]) is
to associate with $X_{t}$ a process $Z_{t}$ on $\Omega=[1, \infty] \mathbb{E}^{d}$ which is the environment seen from the random walk. More precisely, for each $x \in \mathbb{Z}^{d}$, let $T_{x}: \Omega \rightarrow \Omega$ be given by

$$
T_{x}(\omega)(z, w)=\omega(z+x, w+x)
$$

Assuming that $X_{0}=0$ we define

$$
\begin{equation*}
Z_{t}(\omega)=T_{X_{t}(\omega)}(\omega) \tag{1.19}
\end{equation*}
$$

One seeks to use the process $Z$ to construct the "corrector," that is, a map $\chi: \Omega \times$ $\mathbb{Z}^{d} \rightarrow \mathbb{R}^{d}$ such that

$$
\begin{equation*}
M_{t}(\omega)=X_{t}(\omega)-\chi\left(\omega, X_{t}(\omega)\right), \quad t \geq 0 \tag{1.20}
\end{equation*}
$$

is a $P_{\omega}^{0}$-martingale. Once one has constructed the corrector, showing the invariance principle for the rescaled martingale $\varepsilon M_{t / \varepsilon^{2}}$ is standard, and using results from [12, 34], the heat kernel estimates in Theorem 1.2, together with the sublinear growth of $\chi$, imply that

$$
\begin{equation*}
\lim _{\varepsilon \rightarrow 0} \varepsilon \chi\left(\omega, X_{t / \varepsilon^{2}}\right)=0 \quad \text { in } P_{\omega}^{0} \text {-probability } \tag{1.21}
\end{equation*}
$$

However, the standard construction of the corrector is based on $L^{2}(\mathbb{P})$ calculus, which requires finiteness of the first moment of the conductance (see [17], page 816). In our case we wish to handle the case when $\mathbb{E} \mu_{e}=\infty$, and so we need an alternative approach. (We remark that if $\mathbb{E} \mu_{e}=\infty$ then it is not easy to find suitable function spaces on $\Omega$ which give a core for the Dirichlet form associated with $Z$.)

Our solution relies on discretization. We define $\widehat{X}_{n}=X_{n}, n \in \mathbb{Z}_{+}$, and consider the process

$$
\begin{equation*}
\widehat{X}_{t}^{(\varepsilon)}=\varepsilon \widehat{X}_{\left\lfloor t / \varepsilon^{2}\right\rfloor} . \tag{1.22}
\end{equation*}
$$

We can control $\sup _{t \leq T}\left|X_{t}^{(\varepsilon)}-\widehat{X}_{t}^{(\varepsilon)}\right|$ (see Lemma 4.12), so an invariance principle for $X^{(\varepsilon)}$ will follow from one for $\widehat{X}^{(\varepsilon)}$. The process $\widehat{X}$ does not have bounded jumps-in fact it jumps anywhere in $\mathbb{Z}^{d}$ with positive probability. However, the long-range bounds on $q_{t}^{\omega}(x, y)$ in (1.11) give good control on these jumps, and, in particular, the bounds on $q_{1}^{\omega}(x, y)$ imply that

$$
\begin{equation*}
\mathbb{E} E_{\omega}^{0}\left|X_{1}\right|^{2}<\infty \tag{1.23}
\end{equation*}
$$

which is the key $L^{2}$ condition on $\widehat{X}$ for the construction of the corrector. As we will see in Section 5, looking at the discrete time process does actually introduce some simplifications in the construction of the corrector $\chi$. In the end (see Remark 5.15) it will turn out that the "discrete time" corrector $\chi$ also satisfies (1.20).

Finally, a short Section 6 makes some remarks on more general environments, and gives an example (a one-sided spanning tree) where the process $X$ fails to be conservative, and so the invariance principle fails.
2. Transition density upper bounds on a fixed graph. Let $\Gamma=(G, E)$ be an infinite (deterministic) graph, $\mu_{e}, e \in E$, be bond conductances and $v$ be measure on $G$. We make the following assumptions on $(G, E), \mu$ and $\nu$.

AsSumption 2.1. (1) $\Gamma$ is connected.
(2) The vertex degree is uniformly bounded,

$$
\begin{equation*}
|\{y: y \sim x\}| \leq C_{D} \quad \text { for all } x \in G \tag{2.1}
\end{equation*}
$$

(3) $\mu_{e}>0$ for all $e \in E$.
(4) There exists $C_{M} \geq 1$ such that

$$
\begin{equation*}
C_{M}^{-1} \leq v_{x}=v(\{x\}) \leq C_{M} \quad \text { for all } x \in G \tag{2.2}
\end{equation*}
$$

The results of this section do not explicitly require a strictly positive lower bound on $\mu_{e}$; however, a later assumption [see Assumption 2.6(2)] will impose some control on the edges $e$ with $\mu_{e}$ small.

We write $\mu_{x y}$ for $\mu_{\{x, y\}}$, and set $\mu_{x y}=0$ if $x \nsim y$. Let $d(x, y)$ be the usual graph distance on $G$, and write

$$
\begin{equation*}
B(x, r)=\{y: d(x, y)<r\} \tag{2.3}
\end{equation*}
$$

Let $C_{A}<\infty$. We now construct, by a first passage percolation procedure, a second metric $\tilde{d}$ on $G$ satisfying

$$
\begin{equation*}
\left(C_{A}^{-2} \vee \mu_{y y^{\prime}}\right)\left|\widetilde{d}(x, y)-\tilde{d}\left(x, y^{\prime}\right)\right|^{2} \leq 1 \quad \text { for every } x \in G, y \sim y^{\prime} \tag{2.4}
\end{equation*}
$$

We write $\widetilde{B}(x, r)=\{y: \widetilde{d}(x, y)<r\}$ for balls in the metric $\widetilde{d}$. (In this paper we can take $C_{A}=1$, but for possible future extensions we treat the general case.) To construct $\widetilde{d}$ we assign waiting times

$$
\begin{equation*}
t(e)=C_{A} \wedge \mu_{e}^{-1 / 2}, \quad e \in E \tag{2.5}
\end{equation*}
$$

and then take $\widetilde{d}(x, y)$ to be the shortest journey time between $x$ and $y$. More precisely,

$$
\begin{equation*}
\tilde{d}(x, y)=\inf \left\{\sum_{i=1}^{n} t\left(e_{i}\right)\right\}, \tag{2.6}
\end{equation*}
$$

where the infimum is taken over paths $\left(e_{1}, \ldots, e_{n}\right)$ from $x$ to $y$. Since we do not have a strictly positive uniform lower bound on $t(e)$, in general there may not be a minimizing path. However, such paths will a.s. exist when $t\left(e_{i}\right)$ are i.i.d. positive random variables.

LEMMA 2.2. The metric $\tilde{d}$ constructed above satisfies (2.4).

Proof. Let $e=\{y, z\}$; then $\widetilde{d}(x, z) \leq \widetilde{d}(x, y)+t(e)$, and using (2.5) gives (2.4).

Recall that

$$
\mathcal{E}(f, g)=\frac{1}{2} \sum_{x} \sum_{y \sim x} \mu_{x y}(f(y)-f(x))(g(y)-g(x)) .
$$

Let $\mu_{x}=\sum_{y \sim x} \mu_{x y}$, and extend $\mu$ to a measure on $G$. Then $\mathcal{E}(f, g)$ is defined for $f, g \in L^{2}(G, \mu)$.

Let $X=\left(X_{t}, t \in[0, \infty), P^{x}, x \in G\right)$ be the continuous time Markov chain on $G$ with generator

$$
\mathcal{L} f(x)=v_{x}^{-1} \sum_{y} \mu_{x y}(f(y)-f(x)) .
$$

At this point we cannot exclude the possibility that $X$ may explode, and we write $\zeta$ for the lifetime of $X$. Let

$$
\|f\|_{\mathcal{E}_{1}}^{2}=\mathcal{E}(f, f)+\|f\|_{L^{2}(\nu)}^{2}
$$

and $\mathcal{F}$ be the closure of the set of functions on $G$ with finite support with respect to $\|f\|_{\mathcal{E}_{1}}$. Then $X$ is the Markov process associated with the Dirichlet form $(\mathcal{E}, \mathcal{F})$ on $L^{2}(G, v)$ (see [22]). Let $q_{t}(x, y)$ be the transition density (heat kernel) of $X$ with respect to $v$ :

$$
q_{t}(x, y)=\frac{P^{x}\left(X_{t}=y\right)}{v_{y}} .
$$

We begin by using the results of Davies $[15,16]$ to obtain long-range bounds on $q_{t}$. By Proposition 5 of [15], we have

$$
\begin{equation*}
q_{t}(x, y) \leq\left(v_{x} v_{y}\right)^{-1 / 2} \inf _{\psi \in L^{\infty}(G)} \exp (\psi(y)-\psi(x)+\Lambda(\psi) t) \tag{2.7}
\end{equation*}
$$

where $\Lambda(\psi)=\sup _{x} b(\psi, x)$, and

$$
\begin{equation*}
b(\psi, x)=\frac{1}{2 v_{x}} \sum_{y \sim x} \mu_{x y}\left(e^{\psi(x)-\psi(y)}+e^{\psi(y)-\psi(x)}-2\right) . \tag{2.8}
\end{equation*}
$$

THEOREM 2.3. Assume $(G, E)$ and $\mu$ satisfy Assumption 2.1. There exist constants $c_{1}, \ldots, c_{4}$ (depending only on $C_{A}, C_{D}, C_{M}$ ) such that the following hold.
(a) If $x, y \in G$ and $\widetilde{D}=\widetilde{d}(x, y) \leq c_{1} t$, then

$$
\begin{equation*}
q_{t}(x, y) \leq c_{2} \exp \left(-c_{3} \widetilde{D}^{2} / t\right) \tag{2.9}
\end{equation*}
$$

(b) If $x, y \in G$ and $\widetilde{D}=\widetilde{d}(x, y) \geq c_{1} t$, then

$$
\begin{equation*}
q_{t}(x, y) \leq c_{2} \exp \left(-c_{4} \widetilde{D}(1 \vee \log (\widetilde{D} / t))\right) \tag{2.10}
\end{equation*}
$$

Proof. Fix $x_{0}, y_{0} \in G$, let $t>0$, and write $\widetilde{D}=\widetilde{d}\left(x_{0}, y_{0}\right)$. Let $\lambda>0$ and set

$$
\psi_{\lambda}(x)=-\lambda\left(\widetilde{D} \wedge \tilde{d}\left(x_{0}, x\right)\right), \quad b(\lambda)=\sup _{x} b\left(\psi_{\lambda}, x\right)
$$

Let $x \in G, y \sim x$ and write $\tilde{\mu}_{x y}=C_{A}^{-2} \vee \mu_{x y}$,

$$
J_{x y}=\mu_{x y}\left(e^{\psi_{\lambda}(x)-\psi_{\lambda}(y)}+e^{\psi_{\lambda}(y)-\psi_{\lambda}(x)}-2\right)
$$

Then as $\left|\psi_{\lambda}(x)-\psi_{\lambda}(y)\right| \leq \lambda \tilde{\mu}_{x y}^{-1 / 2}$, and $\cosh (x)$ is increasing on $[0, \infty)$,
(2.11) $\quad J_{x y} \leq 2 \mu_{x y}\left(\cosh \left(\lambda \tilde{\mu}_{x y}^{-1 / 2}\right)-1\right) \leq 2 \tilde{\mu}_{x y}\left(\cosh \left(\lambda \tilde{\mu}_{x y}^{-1 / 2}\right)-1\right)$.

Using the power series for cosh we have that the right-hand side of (2.11) is decreasing in $\tilde{\mu}_{x y}$, so

$$
J_{x y} \leq C_{A}^{-2}\left(e^{C_{A} \lambda}+e^{-C_{A} \lambda}-2\right)
$$

Hence

$$
b\left(\psi_{\lambda}, x\right) \leq \frac{1}{2} C_{M} C_{D} C_{A}^{-2}\left(e^{C_{A} \lambda}+e^{-C_{A} \lambda}-2\right) .
$$

Let $f(x)=e^{x}+e^{-x}-2$; then $b(\lambda) \leq c_{7} f\left(C_{A} \lambda\right)$. Thus by (2.7), and writing $y=$ $C_{A} \lambda$,

$$
\begin{align*}
q_{t}\left(x_{0}, y_{0}\right) & \leq C_{M} \inf _{\lambda} \exp \left(-\lambda \widetilde{D}+c_{7} t f\left(C_{A} \lambda\right)\right) \\
& \leq C_{M} \exp \left(\frac{\widetilde{D}}{C_{A}}\left(\inf _{y>0}\left(-y+\frac{C_{A} c_{7} t}{\widetilde{D}} f(y)\right)\right)\right) . \tag{2.12}
\end{align*}
$$

So if

$$
F(s)=\inf _{y>0}\left(-y+(2 s)^{-1}\left(e^{y}+e^{-y}-2\right)\right)
$$

then

$$
\begin{equation*}
q_{t}\left(x_{0}, y_{0}\right) \leq C_{M} \exp \left(\frac{\widetilde{D}}{C_{A}} F\left(\frac{\widetilde{D}}{2 C_{A} c_{7} t}\right)\right) \tag{2.13}
\end{equation*}
$$

and it remains to bound $F$.
We have (see [15], page 70) that

$$
F(s)=s^{-1}\left(\left(1+s^{s}\right)^{1 / 2}-1\right)-\log \left(s+\left(1+s^{2}\right)^{1 / 2}\right)
$$

and also that $F(s) \leq-s / 2\left(1-s^{2} / 10\right)$ for $s>0$. Hence, if $s \leq 3$, then $F(s) \leq$ $-s / 20$ while if $s \geq e$, then

$$
F(s) \leq 1-\log (2 s)=-\log (2 s / e)
$$

Substituting in (2.13) completes the proof.

REMARK 2.4. Note that if $\widetilde{D}=c t$ then both (2.9) and (2.10) give a bound of the form $c e^{-t / c}$.

Since $\mu_{e}$ are not bounded above, the process $X$ may explode. The following condition is enough to exclude this.

Lemma 2.5. Suppose there exists $x \in G$ and $\theta>0$ such that

$$
\begin{equation*}
\sum_{y \in G} \exp (-\theta \widetilde{d}(x, y)) v_{y}<\infty \tag{2.14}
\end{equation*}
$$

Then $X$ is conservative.
Proof. Let $\zeta$ be the lifetime of $X$. Then as $\Gamma$ is connected it is easy to see that either $P^{y}(\zeta=\infty)=1$ for all $y \in G$, or else $P^{y}(\zeta<t)>0$ for all $y \in G, t>0$.

For $n \geq C_{A}^{-2}$ let $\mu_{x y}^{(n)}=n \wedge \mu_{x y}, X^{(n)}$ be the process associated with the conductances $\mu^{(n)}$, and $q_{t}^{(n)}(x, y)$ be the transition density of $X^{(n)}$ with respect to $v$. We have $q_{t}(x, y)=\lim _{n \rightarrow \infty} q_{t}^{(n)}(x, y)$. Note that each $X^{(n)}$ is conservative, and that the bounds in Theorem 2.3 hold (with the same constants $c_{i}$ ) for each $q^{(n)}$. With (2.2) the condition (2.14) implies that $\widetilde{B}(x, R)$ is finite for each $R>0$.

Let $t>0$. With constants $c_{i}$ as in Theorem 2.3, choose $r$ large enough so that $r>c_{1} t$ and $c_{4}(1 \vee \log (r / t)) \geq \theta$. So, if $R \geq r$, using (2.10),

$$
\begin{equation*}
\sum_{y \in \widetilde{B}(x, R)^{c}} q_{t}^{(n)}(x, y) v_{y} \leq \sum_{y \in \widetilde{B}(x, R)^{c}} c_{2} \exp (-\theta \widetilde{d}(x, y)) v_{y}<\infty \tag{2.15}
\end{equation*}
$$

Let $\varepsilon>0$; then we can take $R$ large enough so that the right-hand side of (2.15) is less than $\varepsilon$. Thus, as $X^{(n)}$ is conservative, for all $n$,

$$
\sum_{y \in \widetilde{B}(x, R)} q_{t}^{(n)}(x, y) v_{y}>1-\varepsilon
$$

So,

$$
P^{x}(\zeta>t) \geq \sum_{y \in \widetilde{B}(x, R)} q_{t}(x, y) v_{y}=\lim _{n \rightarrow \infty} \sum_{y \in \widetilde{B}(x, R)} q_{t}^{(n)}(x, y) v_{y} \geq 1-\varepsilon .
$$

Therefore $P^{x}(\zeta>t)=1$ for all $t$, proving that $X$ is conservative.
We now make further assumptions on the graph $\Gamma$ and the conductances $\mu$. As we will see in Section 4, it is easy to check these for the random conductance model on $\mathbb{Z}^{d}$ when $\mu_{e} \geq 1$.

ASSUMPTION 2.6. (1) There exists $d \geq 1$ and $C_{V}<\infty$ such that

$$
\begin{equation*}
\nu(B(x, r)) \leq C_{V} r^{d} \quad \text { for all } x \in G, r \geq 1 . \tag{2.16}
\end{equation*}
$$

(2) There exists a constant $C_{N}$ such that the following Nash inequality holds. If $f \in L^{1}(G, v) \cap L^{2}(G, v)$, then, writing $\|f\|_{p}$ for norms in $L^{p}(G, v)$,

$$
\begin{equation*}
\mathcal{E}(f, f) \geq C_{N}\|f\|_{2}^{2+4 / d}\|f\|_{1}^{-4 / d} \tag{2.17}
\end{equation*}
$$

REMARK 2.7. Note that (2) above does place some restrictions on the edges $e$ with $\mu_{e}$ small. For example, taking $x \in G$ and $f=1_{x}$, (2.17) gives

$$
\sum_{y} \mu_{x y} \geq C_{N} v_{x}^{1-2 / d}
$$

By [14] we have:
Lemma 2.8. Suppose (2.17) holds. Then

$$
\begin{equation*}
q_{t}(x, y) \leq c t^{-d / 2}, \quad x, y \in G, t>0 . \tag{2.18}
\end{equation*}
$$

To obtain better control of $q_{t}(x, y)$ when $d(x, y)$ is large we need to compare the metrics $d$ and $\tilde{d}$. Note first that $\tilde{d}(x, y) \leq C_{A} \wedge \mu_{x y}^{-1 / 2} \leq C_{A}$ when $x \sim y$, so

$$
\begin{equation*}
\tilde{d}(x, y) \leq C_{A} d(x, y), \quad x, y \in G \tag{2.19}
\end{equation*}
$$

DEFINITION 2.9. Let $\lambda \geq 1, \eta \in(0,1)$. Let $x \in G, r \in[1, \infty)$. We say $(x, r)$ is $\lambda$-good if $\widetilde{B}(x, n / \lambda) \subset B(x, n)$ for all $n \geq r, n \in \mathbb{N}$. We say $\left(x, R_{0}\right)$ is $\lambda$-very $\operatorname{good}$ if for all $R \geq R_{0},(y, r)$ is $\lambda$-good for all $y \in B(x, R), r \geq R^{\eta}, r \in \mathbb{N}$. Note that if $\left(x, R_{0}\right)$ is $\lambda$-very good then $\left(x, R_{1}\right)$ is $\lambda$-very good for all $R_{1} \geq R_{0}$. For $x \in G$ let $V_{x}=V_{x}(\lambda)$ be the smallest integer such that $\left(x, V_{x}\right)$ is $\lambda$-very good.

Note. Unlike the definitions in [1], the event that $(x, r)$ is $\lambda$-good depends on the structure of $\Gamma$ "at infinity."

Lemma 2.10. Suppose $(x, R)$ is $\lambda$-good.
(a) If $d(x, y) \geq R$,

$$
\begin{equation*}
\lambda^{-1} d(x, y) \leq \tilde{d}(x, y) \leq C_{A} d(x, y) \tag{2.20}
\end{equation*}
$$

(b) If $R^{\prime} \geq(2 R) \vee 2\left(1+C_{A} \lambda\right) d\left(x, x^{\prime}\right)$, then $\left(x^{\prime}, R^{\prime}\right)$ is $2 \lambda$-good.

Proof. (a) The upper bound is given in (2.19). For the lower bound, let $s=$ $d(x, y) \geq R$. Then $y \notin B(x, s)$, so $y \notin \widetilde{B}(x, s / \lambda)$ and thus $\widetilde{d}(x, y) \geq s / \lambda$.
(b) Let $\widetilde{r}=\widetilde{d}\left(x, x^{\prime}\right), r=d\left(x, x^{\prime}\right)$, and $s \geq R^{\prime}$. Then as $s / 2 \geq R$,

$$
\widetilde{B}\left(x^{\prime}, s / 2 \lambda\right) \subset \widetilde{B}(x, \widetilde{r}+s / 2 \lambda) \subset B(x, \lambda \widetilde{r}+s / 2)
$$

So, using (2.20), $\widetilde{B}\left(x^{\prime}, s / 2 \lambda\right) \subset B\left(x^{\prime},\left(1+\lambda C_{A}\right) r+s / 2\right) \subset B\left(x^{\prime}, s\right)$.

Lemma 2.11. Let $x \in G, \theta>0, r \geq 1$. If $(x, r)$ is $\lambda$-good, then

$$
\sum_{y \in B(x, r)^{c}} \exp (-\theta \tilde{d}(x, y)) v_{y} \leq \begin{cases}c(\lambda) r^{d} e^{-c r \theta}, & \text { if } r \theta \geq 1,  \tag{2.21}\\ c(\lambda) \theta^{-d}, & \text { if } r \theta<1\end{cases}
$$

In particular, $X$ is conservative.
Proof. Write $I$ for the left-hand side of (2.21), and $D_{n}=B\left(x, 2^{n} r\right)-B(x$, $2^{n-1} r$ ). Then
(2.22) $I \leq \sum_{n=1}^{\infty} \sum_{y \in D_{n}} \exp (-\theta d(x, y) / \lambda) \nu_{y} \leq \sum_{n=1}^{\infty} C_{V}\left(2^{n} r\right)^{d} \exp \left(-2^{n-1} r \theta / \lambda\right)$.

If $\alpha>0, d \geq 1$ then there exists $c_{1}=c_{1}(d)$ such that

$$
\sum_{n=1}^{\infty} 2^{n d} e^{-\alpha 2^{n}} \leq \begin{cases}c_{1} e^{-\alpha}, & \text { if } \alpha \geq 1, \\ c_{1} \alpha^{-d}, & \text { if } \alpha<1,\end{cases}
$$

and using these bounds in (2.22) completes the proof.
Lemma 2.12. Let $x \in G$ and suppose that $(x, r)$ is $\lambda$-good. If $t \in(0,1)$, then

$$
\begin{equation*}
E^{x} d\left(x, X_{t}\right)^{p} \leq c(\lambda) r^{p+d} . \tag{2.23}
\end{equation*}
$$

Proof. Using the bound (2.10) a similar calculation to that in Lemma 2.11 gives

$$
\begin{aligned}
E^{x} d\left(x, X_{t}\right)^{p} & \leq r^{p}+\sum_{n=1}^{\infty} C_{V}\left(2^{n} r\right)^{d+p} e^{-c \widetilde{d}(x, y)} \\
& \leq r^{p}+c r^{d+p} \sum_{n=1}^{\infty} 2^{n(d+p)} \exp \left(-c^{\prime} 2^{n} r / \lambda\right) \leq c r^{d+p}
\end{aligned}
$$

We now follow the arguments in [1], Section 3 (the "Bass-Nash method") to obtain Gaussian upper bounds on $q_{t}(x, y)$. As in Lemma 2.5 for $1 \leq n \leq \infty$, let $\mu_{x y}^{(n)}=\mu_{x y} \wedge n, X^{(n)}$ be the associated VSRW, and $q^{(n)}(x, y)$ be the transition density of $X^{(n)}$. Let $x_{0} \in G$, and set

$$
\begin{align*}
M_{n}(t) & =M_{n}\left(x_{0}, t\right)=E^{x_{0}} \widetilde{d}\left(x_{0}, X_{t}^{(n)}\right)=\sum_{y} \tilde{d}\left(x_{0}, y\right) q_{t}^{(n)}\left(x_{0}, y\right) v_{y}  \tag{2.24}\\
Q_{n}(t) & =Q_{n}\left(x_{0}, t\right)=-\sum_{y} q_{t}^{(n)}\left(x_{0}, y\right) \log q_{t}^{(n)}\left(x_{0}, y\right) v_{y} . \tag{2.25}
\end{align*}
$$

The following three inequalities lead, by Nash's argument [32], to upper bounds on $M_{n}(t)$ which are uniform in $n$. [We remark that we only need the approximations $X^{(n)}$ to justify an interchange of sums in part (c) of the following lemma.]

Lemma 2.13. Let $x_{0} \in G$ and $r \geq 1$. Suppose $\left(x_{0}, r\right)$ is $\lambda$-good, and $1 \leq n<$ $\infty$. There exist constants $c_{i}$, independent of $n$, such that the following hold.
(a) We have, for $t>0$,

$$
\begin{equation*}
Q_{n}\left(x_{0}, t\right) \geq c_{1}+\frac{1}{2} d \log t \tag{2.26}
\end{equation*}
$$

(b)
(2.27) $\quad M_{n}\left(x_{0}, t\right) \geq c_{2} e^{Q_{n}\left(x_{0}, t\right) / d} \quad$ provided either $M_{n}\left(x_{0}, t\right) \geq r$ or $t \geq c_{3} r^{2}$.
(c) For $t>0$,

$$
\begin{equation*}
Q_{n}^{\prime}(t) \geq c_{4} M_{n}^{\prime}(t)^{2} \tag{2.28}
\end{equation*}
$$

Proof. We write $Q_{n}(t), M_{n}(t)$ for $Q_{n}\left(x_{0}, t\right), M_{n}\left(x_{0}, t\right)$. (a) is immediate from (2.18) and the fact that since $X^{(n)}$ is conservative, $\sum_{y} q_{t}^{(n)}\left(x_{0}, y\right) v_{y}=1$.
(b) The proof is similar to those in $[1,4,32]$. First note that (2.16) and Lemma 2.8 give that

$$
\begin{equation*}
M_{n}(t) \geq r \quad \text { provided } t \geq c_{3} r^{2} . \tag{2.29}
\end{equation*}
$$

By Lemma 2.11, provided $a r \leq 1$,

$$
\begin{aligned}
\sum_{y \in G} e^{-a \tilde{d}\left(x_{0}, y\right)} v_{y} & \leq \sum_{y \in B\left(x_{0}, r\right)} e^{-a \widetilde{d}\left(x_{0}, y\right)} v_{y}+\sum_{y \notin B\left(x_{0}, r\right)} e^{-a \widetilde{d}\left(x_{0}, y\right)} v_{y} \\
& \leq c r^{d}+c a^{-d} \leq c a^{-d} .
\end{aligned}
$$

Now $u(\log u+\theta) \geq-e^{-1-\theta}$ for $u>0$. So, setting $\theta=a \tilde{d}\left(x_{0}, y\right)+b$, where $a \leq$ $1 / r$,

$$
\begin{aligned}
-Q_{n}(t)+a M_{n}(t)+b & =\sum_{y \in G} q_{t}^{(n)}\left(x_{0}, y\right)\left(\log q_{t}^{(n)}\left(x_{0}, y\right)+a \widetilde{d}\left(x_{0}, y\right)+b\right) v_{y} \\
& \geq-\sum_{y \in G} e^{-1-a \tilde{d}\left(x_{0}, y\right)-b} v_{y} \\
& \geq-e^{-1-b} \sum_{y \in G} e^{-a \tilde{d}\left(x_{0}, y\right)} v_{y} \geq-c_{5} e^{-b} a^{-d}
\end{aligned}
$$

Setting $a=1 / M_{n}(t)$ and $e^{b}=M_{n}(t)^{d}=a^{-d}$, we obtain

$$
-Q_{n}(t)+1+d \log M_{n}(t) \geq-c_{6}
$$

and rearranging gives (b).
(c) Set $f_{t}(x)=q_{t}^{(n)}\left(x_{0}, x\right)$, and let $b_{t}(x, y)=f_{t}(x)+f_{t}(y)$. We have, using (2.4),

$$
\begin{aligned}
M_{n}^{\prime}(t) & =\sum_{y} \tilde{d}\left(x_{0}, y\right) \frac{\partial f_{t}(y)}{\partial t} v_{y}=\sum_{y} \tilde{d}\left(x_{0}, y\right) \mathcal{L}^{(n)} f_{t}(y) v_{y} \\
& =-\frac{1}{2} \sum_{x} \sum_{y} \mu_{x y}\left(\widetilde{d}\left(x_{0}, y\right)-\widetilde{d}\left(x_{0}, x\right)\right)\left(f_{t}(y)-f_{t}(x)\right)
\end{aligned}
$$

the final interchange of sums can be justified using (2.9) and (2.10) and the fact that $\mu^{(n)}$ is uniformly bounded. So using (2.4),

$$
\begin{aligned}
M_{n}^{\prime}(t) & \leq \frac{1}{2} \sum_{x} \sum_{y \sim x}\left(\mu_{x y}^{1 / 2}\left|\widetilde{d}\left(x_{0}, y\right)-\widetilde{d}\left(x_{0}, x\right)\right| b_{t}(x, y)^{1 / 2}\right)\left(\mu_{x y}^{1 / 2} \frac{\left|f_{t}(y)-f_{t}(x)\right|}{b_{t}(x, y)^{1 / 2}}\right) \\
& \leq \frac{1}{2} \sum_{x} \sum_{y \sim x}\left(b_{t}(x, y)^{1 / 2}\right)\left(\mu_{x y}^{1 / 2} \frac{\left|f_{t}(y)-f_{t}(x)\right|}{b_{t}(x, y)^{1 / 2}}\right) \\
& \leq \frac{1}{2}\left(\sum_{x} \sum_{y \sim x} b_{t}(x, y)\right)^{1 / 2}\left(\sum_{x} \sum_{y} \mu_{x y} \frac{\left(f_{t}(y)-f_{t}(x)\right)^{2}}{b_{t}(x, y)}\right)^{1 / 2} .
\end{aligned}
$$

Now

$$
\begin{equation*}
\sum_{x} \sum_{y \sim x} b_{t}(x, y)=2 \sum_{x} \sum_{y \sim x} f_{t}(x) \leq 2 C_{D} C_{M} \sum_{x} f_{t}(x) v_{x}=2 C_{D} C_{M} . \tag{2.30}
\end{equation*}
$$

So,

$$
M_{n}^{\prime}(t)^{2} \leq c \sum_{x} \sum_{y} \mu_{x y} \frac{\left(f_{t}(y)-f_{t}(x)\right)^{2}}{f_{t}(x)+f_{t}(y)}
$$

Since we have, for $u, v>0$,

$$
\frac{(u-v)^{2}}{u+v} \leq(u-v)(\log u-\log v)
$$

we deduce

$$
M_{n}^{\prime}(t)^{2} \leq c \sum_{x} \sum_{y} \mu_{x y}\left(f_{t}(y)-f_{t}(x)\right)\left(\log f_{t}(y)-\log f_{t}(x)\right) .
$$

Thus

$$
\begin{align*}
Q_{n}^{\prime}(t) & =-\sum_{y}\left(1+\log f_{t}(y)\right) \mathcal{L}^{(n)} f_{t}(y) v_{y} \\
& =\frac{1}{2} \sum_{x} \sum_{y} \mu_{x y}\left(\log f_{t}(y)-\log f_{t}(x)\right)\left(f_{t}(y)-f_{t}(x)\right)  \tag{2.31}\\
& \geq c M_{n}^{\prime}(t)^{2}
\end{align*}
$$

where again the interchange of sums uses (2.9) and (2.10) and the fact that $\mu^{(n)}$ is uniformly bounded.

Proposition 2.14. Let $x_{0} \in G, r \geq 1$ and $\left(x_{0}, r\right)$ be $\lambda$-good. Then

$$
\begin{equation*}
c_{1} t^{1 / 2} \leq M_{\infty}\left(x_{0}, t\right) \leq c_{2} t^{1 / 2} \quad \text { for } t \geq c_{3} r^{2} \tag{2.32}
\end{equation*}
$$

Proof. Note that the lower bound is immediate from Lemma 2.8. For the upper bound let first $n<\infty$. Set $R_{n}(t)=d^{-1}\left(Q_{n}(t)-c_{1}-\frac{1}{2} d \log t\right)$, so that $R_{n}(t) \geq 0$ by (2.26). Then

$$
M_{n}(t)=\int_{0}^{t} M_{n}^{\prime}(s) d s \leq c \int_{0}^{t} Q_{n}^{\prime}(s)^{1 / 2} d s \leq c \int_{0}^{t}\left(R_{n}^{\prime}(s)+\frac{1}{2 s}\right)^{1 / 2} d s
$$

Using the inequality $(a+b)^{1 / 2} \leq b^{1 / 2}+a /(2 b)^{1 / 2}$ and integrating by parts we obtain

$$
\begin{aligned}
M_{n}(t) & \leq c t^{1 / 2}+c \int_{0}^{t} s^{1 / 2} R_{n}^{\prime}(s) d s \\
& \leq c t^{1 / 2}+c\left(1+R_{n}(t) t^{1 / 2}\right) \leq c t^{1 / 2}\left(1+R_{n}(t)\right)
\end{aligned}
$$

By (2.27) we also have $M_{n}(t) \geq t^{1 / 2} e^{R_{n}(t)}$ for $t>c r^{2}$. Thus $R_{n}(t)$ is bounded for $t>c r^{2}$ and this implies that

$$
\begin{equation*}
c_{1} t^{1 / 2} \leq M_{n}\left(x_{0}, t\right) \leq c_{2} t^{1 / 2} \quad \text { for } t \geq c_{3} r^{2} \tag{2.33}
\end{equation*}
$$

Since the constants in Lemma 2.13 are independent of $n$, the constants $c_{i}$ in (2.33) are also independent of $n$. Since $M_{\infty}(t) \leq \liminf _{n \rightarrow \infty} M_{n}(t),(2.32)$ then follows.

Lemma 2.15. Let $x \in G, r \geq 1$ and $(x, r)$ be $\lambda$-good. Then

$$
\begin{equation*}
c_{1} t^{1 / 2} \leq E^{x} d\left(x, X_{t}\right) \leq c_{2} t^{1 / 2} \quad \text { for } t \geq c_{3} r^{2} . \tag{2.34}
\end{equation*}
$$

Proof. Since $d\left(x, X_{t}\right) \geq C_{A}^{-1} \widetilde{d}\left(x, X_{t}\right)$, the first inequality is clear. Let $c_{3}$ be as in Proposition 2.14, and $t=c_{3} R_{1}^{2}$, so $R_{1} \geq r$. Then if $A=B\left(x, R_{1}\right)^{c}$, using (2.20),

$$
\begin{aligned}
E^{x} d\left(x, X_{t}\right) & \leq \lambda R_{1}+E^{x}\left(d\left(x, X_{t}\right) ; X_{t} \in A\right) \\
& \leq \lambda R_{1}+E^{x}\left(\lambda \widetilde{d}\left(x, X_{t}\right) ; X_{t} \in A\right) \\
& \leq \lambda R_{1}+\lambda c_{4} t^{1 / 2} \leq c_{5} t^{1 / 2}
\end{aligned}
$$

The next few results follow quite closely along the lines of [1]. Let

$$
\tau(x, r)=\inf \left\{t: d\left(x, X_{t}\right) \geq r\right\}
$$

Lemma 2.16. There exist constants $c_{1}, c_{2}, c_{3}$ such that if $R \geq c_{1}$ and
$\left(y, c_{2} R\right)$ is $\lambda$-good for all $y \in B(x, R)$,
then if $t_{0}=R^{2} /\left(2 c_{3}\right)$

$$
\begin{equation*}
P^{x}\left(\tau(x, R / 2) \leq t_{0}\right) \leq \frac{1}{2} \tag{2.36}
\end{equation*}
$$

and hence for $t \geq 0$,

$$
\begin{equation*}
P^{x}(\tau(x, R) \leq t) \leq \frac{1}{2}+\frac{c_{3} t}{R^{2}} \tag{2.37}
\end{equation*}
$$

Proof. Write $\tau=\tau(x, R / 2)$, and $c_{i}^{\prime}$ for the constants $c_{i}$ in Lemma 2.15. Let $c_{3}=64\left(c_{2}^{\prime}\right)^{2}$. Choose $c_{2}$ so that $r=c_{2} R$ satisfies $c_{3}^{\prime} r^{2}=t_{0}$, and $c_{1}$ so that $r \geq 1$. Then as (2.35) holds we can use Lemma 2.15 to bound $E^{y} d\left(y, X_{s}\right)$ for $s \geq t_{0}$, $y \in B(x, R)$. So,

$$
\begin{aligned}
c_{2}^{\prime}\left(2 t_{0}\right)^{1 / 2} & \geq E^{x} d\left(x, X_{2 t_{0}}\right) \geq E^{x}\left(d\left(x, X_{t_{0} \wedge \tau}\right)-d\left(X_{t_{0} \wedge \tau}, X_{2 t_{0}}\right)\right) \\
& \geq E^{x} 1_{\left(\tau \leq t_{0}\right)} d\left(x, X_{\tau}\right)-\sup _{y \in B(x, R)} \sup _{0 \leq s \leq t_{0}} E^{y} d\left(y, X_{2 t_{0}-s}\right) \\
& \geq P^{x}\left(\tau \leq t_{0}\right) R / 2-c_{2}^{\prime}\left(2 t_{0}\right)^{1 / 2},
\end{aligned}
$$

and rearranging we obtain (2.36).
Inequality (2.37) now follows easily; if $t \leq t_{0}, P^{x}(\tau(x, R) \leq t) \leq P^{x}(\tau(x, R /$ $\left.2) \leq t_{0}\right) \leq \frac{1}{2}$ while if $t>t_{0}$, then the right-hand side of (2.37) is greater than 1 .

To obtain the Gaussian upper bound on $q_{t}(x, y)$ we need to prove that the process $X$ does not move too rapidly across a ball $B(x, R)$. We choose $r \ll R$, and use the fact that if $X$ moves across $B(x, R)$ in the time interval $[0, t]$, then it has to move across many smaller balls of side $r$ in the same period; the estimate (2.37) is enough to bound the probability of this. Our argument uses the following easily proved estimate:

Lemma 2.17 (See [5], Lemma 1.1). Let $\xi_{1}, \xi_{2}, \ldots, \xi_{n}, V$ be nonnegative r.v. such that $V \geq \sum_{1}^{n} \xi_{i}$. Suppose that for some $p \in(0,1), a>0$,

$$
\begin{equation*}
P\left(\xi_{i} \leq t \mid \sigma\left(\xi_{1}, \ldots, \xi_{i-1}\right)\right) \leq p+a t, \quad t>0 . \tag{2.38}
\end{equation*}
$$

Then

$$
\begin{equation*}
\log P(V \leq t) \leq 2\left(\frac{a n t}{p}\right)^{1 / 2}-n \log (1 / p) \tag{2.39}
\end{equation*}
$$

Proposition 2.18. There exists constants $c_{1}, \ldots, c_{4}$ such that if $x \in G, R \geq$ $c_{1}, t \geq c_{1} R$ and

$$
\begin{equation*}
\left(z, c_{2} t / R\right) \text { is } \lambda \text {-good for all } z \in B(x, R) \tag{2.40}
\end{equation*}
$$

then

$$
\begin{equation*}
P^{x}(\tau(x, R)<t) \leq c_{3} e^{-c_{4} R^{2} / t} \tag{2.41}
\end{equation*}
$$

Proof. Let $1 \leq m<R / 2$, and set $r=R / 2 m$. Define stopping times

$$
S_{0}=0, \quad S_{i}=\inf \left\{t \geq S_{i-1}: d\left(X_{S_{i-1}}, X_{t}\right) \geq r\right\}, \quad i \geq 1
$$

Set $\tau_{i}=S_{i}-S_{i-1}$, and write $\mathcal{F}_{t}=\sigma\left(X_{s}, s \leq t\right)$ for the filtration of $X$. As $d\left(X_{S_{i}}, X_{S_{i+1}}\right) \leq r+1<2 r$, we have $S_{m} \leq \tau(x, R)$ and $X_{S_{i}} \in B(x, R)$ for $0 \leq$ $i \leq m-1$.

Suppose for the moment that $m$ is such that we can apply Lemma 2.16 to control each $\tau_{i}$. Then

$$
\begin{equation*}
P^{x}\left(\tau_{i} \leq u \mid \mathcal{F}_{S_{i-1}}\right) \leq \frac{1}{2}+\frac{c_{5} u}{r^{2}}, \quad u>0,1 \leq i \leq m \tag{2.42}
\end{equation*}
$$

so writing $p=\frac{1}{2}, a=c_{5} / r^{2}$ and using (2.39), we obtain

$$
\begin{align*}
\log P^{x}(\tau(x, r)<t) & \leq \log P^{x}\left(\sum_{1}^{m} \tau_{i}<t\right) \\
& \leq 2(a m t / p)^{1 / 2}-m \log p^{-1} \\
& \leq-c_{6} m\left(2-\left(\frac{c_{7} t m}{R^{2}}\right)^{1 / 2}\right)  \tag{2.43}\\
& =-c_{6} m\left(2-(m / \kappa)^{1 / 2}\right)
\end{align*}
$$

where $\kappa=R^{2} /\left(c_{7} t\right)$. If $\kappa$ is such that we can choose $m \in \mathbb{N}$ with $\kappa \leq m<2 \kappa$, and so that (2.42) holds, then (2.43) implies (2.41).

We can choose $c_{1}$ so that $\kappa<R / 2-1$. If $\kappa \leq 1$ then, adjusting the constant $c_{3}$ appropriately, (2.41) is immediate. If $1<\kappa<R / 2-1$ then let $m=\lfloor\kappa\rfloor+1 \leq 2 \kappa$. Then $\frac{1}{4} c_{6}(t / R) \leq r \leq \frac{1}{2} c_{6}(t / R)$, and so choosing $c_{2}$ suitably, (2.40) and Lemma 2.16 imply (2.42).

Recall that $V_{x}$ is the smallest $R$ such that $(x, R)$ is $\lambda$-very good.
THEOREM 2.19. Let $x, y \in G$, and write $D=d(x, y)$. Suppose that either $D \geq c_{1} \vee V_{x}$ or $t \geq D^{2}$.
(a) If $c_{2} D \leq t$, then

$$
\begin{equation*}
q_{t}(x, y) \leq c_{3} t^{-d / 2} e^{-c_{4} d(x, y)^{2} / t} \tag{2.44}
\end{equation*}
$$

(b) If $c_{2} D \geq t$, then

$$
\begin{equation*}
q_{t}(x, y) \leq c_{3} \exp \left(-c_{4} D(1 \vee \log (D / t))\right) \tag{2.45}
\end{equation*}
$$

Proof. We need to consider various cases. First, if $t \geq D^{2}$, then (2.44) follows from (2.18). So we can suppose $D \geq V_{x}$. Note that by (2.20) $\widetilde{d}(x, y) \geq \lambda^{-1} D$.

If $t \leq c_{2} D$, then (2.45) follows from (2.10). If $c_{2} D \leq t \leq c_{6} D^{2} / \log D$, then Theorem 2.3 gives

$$
q_{t}(x, y) \leq c_{8} \exp \left(-2 c_{7} D^{2} / t\right)
$$

Choosing $c_{6}$ small enough we have $\exp \left(-c_{7} D^{2} / t\right) \leq t^{-d / 2}$ and (2.44) follows.
It remains to consider the case $c_{6} D^{2} / \log D \leq t \leq D^{2}$. Let $A_{x}=\{z: d(x, z) \leq$ $d(y, z)\}, A_{y}=G-A_{x}, t^{\prime}=t / 2, D^{\prime}=D / 2$. Note that $B\left(x, D^{\prime}\right) \subseteq A_{x}$. Then

$$
\begin{equation*}
v_{x} P^{x}\left(X_{t}=y\right)=v_{x} P^{x}\left(X_{t}=y, X_{t^{\prime}} \in A_{y}\right)+v_{x} P^{x}\left(X_{t}=y, X_{t^{\prime}} \in A_{x}\right) \tag{2.46}
\end{equation*}
$$

To bound the first term in (2.46), and writing $\tau=\tau\left(x, D^{\prime}\right)$, we have

$$
\begin{align*}
& P^{x}\left(X_{t}=y, X_{t^{\prime}} \in A_{y}\right) \\
& \quad=P^{x}\left(\tau<t^{\prime}, X_{t^{\prime}} \in A_{y}, X_{t}=y\right) \\
& \quad \leq E^{x}\left(1_{\left\{\tau<t^{\prime}\right\}} P^{X_{\tau}}\left(X_{t-\tau}=y\right)\right)  \tag{2.47}\\
& \quad \leq P^{x}\left(\tau\left(x, D^{\prime}\right)<t^{\prime}\right) \sup _{z \in \partial B\left(x, D^{\prime}\right), u \leq t / 2} q_{t-u}(z, y) v_{y} \\
& \quad \leq c t^{-d / 2} P^{x}\left(\tau\left(x, D^{\prime}\right)<t / 2\right) .
\end{align*}
$$

Similarly, using symmetry, for the second term in (2.46) we have

$$
\begin{align*}
v_{x} P^{x}\left(X_{t}=y, X_{t^{\prime}} \in A_{x}\right) & =v_{y} P^{y}\left(X_{t}=x, X_{t^{\prime}} \in A_{x}\right) \\
& \leq c t^{-d / 2} P^{y}\left(\tau\left(y, D^{\prime}\right)<t / 2\right) \tag{2.48}
\end{align*}
$$

It remains to verify that we can use Proposition 2.18 to bound the terms $P^{z}(\tau)(z$, $\left.D^{\prime}\right)<t / 2$ ) for $z=x, y$. Writing $c_{i}^{\prime}$ for the constants $c_{i}$ in Proposition 2.18, taking $c_{1}$ large enough we have $D^{\prime} \geq c_{1}^{\prime}$, and $t^{\prime} \geq c_{1}^{\prime} D^{\prime}$. As $\left(x, V_{x}\right)$ is $\lambda$-very good, and $D \geq V_{x}$, we have that $(z, r)$ is $\lambda$-good for $z \in B(x, 2 D)$, and $r \geq(2 D)^{\eta}$. We have $c_{2}^{\prime} t^{\prime} / D^{\prime} \geq(2 D)^{\eta}$ provided $t \geq c_{8} D^{1+\eta}$, and since $t \geq c_{6} D^{2} / \log D$ this holds by adjusting the constant $c_{1}$. So

$$
\begin{equation*}
P^{z}\left(\tau\left(w, D^{\prime}\right)<t / 2\right) \leq c \exp \left(-c^{\prime} D^{2} / t\right) \quad \text { for } z=x, y \tag{2.49}
\end{equation*}
$$

and combining the estimates (2.46)-(2.49) completes the proof.
REMARK 2.20. This theorem does not give any bound for $q_{t}(x, y)$ when $D<$ $c_{1} \vee V_{x}$ and $t<D^{2}$. In this case we still have the global upper bound (2.18). In addition the "long-range" bounds in Theorem 2.3, bound $q_{t}(x, y)$ in terms of $\widetilde{d}(x, y)$, but we do not have a bound in terms of $D$.

The final result of this section is that, under fairly mild additional conditions, functions which are harmonic for the discrete time process $X_{n}, n \in \mathbb{Z}_{+}$are also harmonic for the continuous time process $X_{t}, t \in \mathbb{R}_{+}$. At the end of Section 5 we will use this remark to note that the corrector constructed using the discrete time process also gives us a corrector for the continuous time process $X_{t}$.

Let $\widehat{X}$ be the discrete time process given by $\widehat{X}_{n}=X_{n}, n \in \mathbb{Z}_{+}$. Write

$$
\begin{equation*}
\widehat{\mathcal{L}} f(x)=\sum_{y} q_{1}(x, y) v_{y}(f(y)-f(x)) \tag{2.50}
\end{equation*}
$$

We say $h$ is $\widehat{\mathcal{L}}$ harmonic if the sum in (2.50) converges absolutely for all $x$, and $\widehat{\mathcal{L}} h(x)=0$ for all $x$. This implies that $\left(h\left(\widehat{X}_{n}\right), n \in \mathbb{Z}_{+}\right)$is a $P^{x}$-martingale for each $x \in G$.

For $x \in G$ let $\kappa_{x}=\mu_{x} / v_{x}$ be the jump rate out of $x$ by $X$. Set

$$
\begin{equation*}
A(K)=\left\{y \in G: \kappa_{y} \leq K\right\} . \tag{2.51}
\end{equation*}
$$

Lemma 2.21. Let $\Gamma$ satisfy Assumption 2.6. In addition suppose that there exist $\left(x_{0}, r_{0}\right)$ such that $\left(x_{0}, r_{0}\right)$ is $\lambda$-good, and that there exist $R_{0}, K$ such when $R \geq R_{0}$ then every self avoiding path $\gamma$ from $x_{0}$ to $B\left(x_{0}, R\right)^{c}$ contains at least $R^{1 / 2}$ points in $A(K)$. Let $h: G \rightarrow \mathbb{R}$ be $\widehat{\mathcal{L}}$ harmonic, and satisfy the growth condition

$$
\begin{equation*}
|h(x)| \leq C_{1}+C_{1} d\left(x_{0}, x\right)^{p} \tag{2.52}
\end{equation*}
$$

for some $p \in[1, \infty)$. Then $\mathcal{L} h=0$, so that $h$ is harmonic for $X$.
Proof. By Lemma 2.10(b) we have that $(x, r)$ is $2 \lambda$-good if $r / 2=r_{0} \vee(1+$ $\left.C_{A} \lambda\right) d\left(x_{0}, x\right)$. So by Lemma 2.12 there exists $C_{2}$ (depending on $C_{1}$ and $\lambda$ ) so that if $s \in[0,1]$,

$$
\begin{equation*}
E^{x}\left|h\left(X_{s}\right)\right| \leq c r^{d+p} \leq C_{2}\left(r_{0}^{p+d}+d\left(x_{0}, x\right)^{p}\right) \tag{2.53}
\end{equation*}
$$

it follows that $E^{x} h\left(X_{t}\right)$ is well defined for any $t \geq 0$. Set for $s \in[0, \infty)$

$$
h_{s}(x)=E^{x} h\left(X_{s}\right)
$$

To prove the lemma, it is sufficient to prove that $h=h_{s}$ for every $s$; this implies that $h\left(X_{t}\right)$ is a continuous time martingale and hence that $\mathcal{L} h=0$. We have

$$
h_{s+1}(x)=E^{x}\left(E^{X_{s}} h\left(X_{1}\right)\right)=E^{x}\left(h\left(X_{s}\right)\right)=h_{s}(x),
$$

so $s \rightarrow h_{s}$ has period 1 . We extend $h_{s}$ by periodicity to $s \in \mathbb{R}$. Since $E^{x} h_{s}\left(X_{1}\right)=$ $E^{x} h\left(X_{1+s}\right)=h_{s}(x)$, each $h_{s}$ is $\widehat{\mathcal{L}}$-harmonic. Let

$$
k(x)=\sup _{0 \leq s_{1} \leq s_{2} \leq 1}\left|h_{s_{2}}(x)-h_{s_{1}}(x)\right|
$$

note that by (2.53) we have

$$
\begin{equation*}
k(x) \leq 2 \sup _{s \leq 1} E^{x}\left|h\left(X_{s}\right)\right| \leq 2 C_{2}\left(r^{p+d}+d\left(x_{0}, x\right)^{p}\right) . \tag{2.54}
\end{equation*}
$$

Fix $x \in G$, and write $\kappa=\kappa_{x}$. Write $P_{x y}=\mu_{x y} / \mu_{x}$ for the jump probabilities of $X$. Then by conditioning on the time of the first jump of $X$, if it occurs in $[0,1]$, we obtain

$$
h_{s}(x)=e^{-\kappa} h_{s}(x)+\sum_{y} P_{x y} \int_{0}^{1} \kappa e^{-\kappa u} h_{s-u}(y) d u .
$$

So

$$
\begin{align*}
& h_{s}(x)\left(1-e^{-\kappa}\right) \\
& \quad=\sum_{y} P_{x y}\left(\kappa \int_{0}^{1} e^{-\kappa} h_{s-u}(y) d u+\int_{0}^{1} \kappa\left(e^{-\kappa u}-e^{-\kappa}\right) h_{s-u}(y) d u\right)  \tag{2.55}\\
& \quad=\sum_{y} P_{x y}\left(\kappa \int_{0}^{1} e^{-\kappa} h_{u}(y) d u+\int_{0}^{1} \kappa\left(e^{-\kappa u}-e^{-\kappa}\right) h_{s-u}(y) d u\right) .
\end{align*}
$$

Then (2.55) implies that

$$
\begin{equation*}
k(x)\left(1-e^{-\kappa_{x}}\right) \leq \sum_{y} P_{x y} k(y)\left(1-\left(1+\kappa_{x}\right) e^{-\kappa_{x}}\right) . \tag{2.56}
\end{equation*}
$$

So if $k(x)>0$, then there exists $y \sim x$ with $k(y)>k(x)$. Further, if $\kappa_{x} \leq K$, then there exists $\delta>0$ (depending only on $C_{M}$ and $K$ ) such that

$$
\begin{equation*}
k(y) \geq(1+\delta) k(x) \quad \text { for some } y \sim x \tag{2.57}
\end{equation*}
$$

Suppose now that there exists $x_{1}$ with $k\left(x_{1}\right)>0$. Then there exists a nonintersecting infinite path $\gamma_{1}$ starting at $x_{1}$ on which $k$ is strictly increasing. Let $\gamma_{2}$ be a shortest path from $x_{0}$ to a closest point $y$ on $\gamma$ to $x_{0}$, and let $D$ be the length of $\gamma_{2}$. Combining $\gamma_{2}$ and the infinite segment of $\gamma_{1}$ starting at $y$, we obtain a path $\gamma=\left(x_{0}, z_{1}, \ldots\right)$ for which $k\left(z_{n}\right)>0$ for all $n>D$. Let $R>R_{0}$, and let $w_{R}$ be the first point in $\gamma \cap B\left(x_{0}, R\right)^{c} \cap A(K)$. Then $R_{1}=d\left(x_{0}, w_{R}\right) \geq R$. So, using (2.54), (2.57) and the condition on $A(K)$,

$$
2 C_{2}\left(r_{0}^{p+d}+R_{1}^{p}\right) \geq k\left(w_{R}\right) \geq(1+\delta)^{R_{1}^{1 / 2}-D} k\left(x_{1}\right)
$$

which is a contradiction if $R$ is large enough.
3. Lower bounds and Harnack inequalities. Unlike the papers [10, 12, 34] we will need to make explicit use of heat kernel lower bounds in our proof of the invariance principle Theorem 1.1 (see Lemma 5.9).

In this section we specialize to the case when $\Gamma$ is the $d$-dimensional Euclidean lattice, and $\mu_{e}$ are bond conductances with $\mu_{e} \geq 1$. We continue to assume that Assumptions 2.1 and 2.6 hold. Note that balls and distance are with respect to the graph distance on $\mathbb{Z}^{d}$.

We can follow the arguments in Section 5 of [1] fairly closely. First, as $\mu_{x y} \geq 1$ when $x \sim y$, by comparison with the standard Dirichlet form $\mathcal{E}_{0}$ on $\mathbb{Z}^{d}$ we have a weighted Poincaré inequality as in [1], Theorem 4.8.

THEOREM 3.1. Let $B=B\left(x_{0}, R\right), \rho_{B}(y)=d\left(y, B^{c}\right)$ and $\varphi(x)=R^{2}(R \wedge$ $\left.\rho_{B}(y)\right)^{2}$. Then if $f: B \rightarrow \mathbb{R}$,

$$
\begin{equation*}
\inf _{a} \sum_{x \in B}(f(x)-a)^{2} \varphi(x) v_{x} \leq C R^{2} \sum_{x, y \in B}(f(x)-f(y))^{2} \varphi(x) \wedge \varphi(y) \mu_{x y} \tag{3.1}
\end{equation*}
$$

Using this, and the method of Fabes and Stroock [21] we obtain a lower bound of the form $q_{t}(x, y) \geq c t^{-d / 2}$ when $x, y$ are close enough together.

Proposition 3.2. Let $x_{0} \in \mathbb{Z}^{d}$ and $R \geq c_{1}$. Then provided

$$
\begin{equation*}
\left(z, c_{2} R\right) \text { is } \lambda \text {-good for all } z \in B\left(x_{0}, R\right) \tag{3.2}
\end{equation*}
$$

we have

$$
\begin{equation*}
q_{t}\left(x_{1}, x_{2}\right) \geq c_{1} t^{-d / 2} \quad \text { for } x_{1}, x_{2} \in B\left(x_{0}, R / 2\right), \frac{1}{8} R^{2} \leq t \leq R^{2} \tag{3.3}
\end{equation*}
$$

Proof. This can be proved using the argument in [1], Proposition 5.1, with only minor changes. Note that we need to show that $\mathbb{P}^{x_{1}}\left(X_{t} \notin B\left(x_{0}, 2 R / 3\right)\right) \leq \frac{1}{2}$ when $t=\theta R^{2}$ and $\theta$ is sufficiently small (see (5.2) and (5.9) in [1]). [There is a missing minus sign in exponential in the last line of (5.2).] This is done using Lemma 2.16, and so to satisfy (2.40) we need (3.2).

THEOREM 3.3. Let $x, y \in \mathbb{Z}^{d}, t>0$, and write $D=d(x, y)$. Suppose that

$$
\begin{equation*}
t \geq c_{1} \vee V_{x}^{2} \vee D^{1+\eta} \tag{3.4}
\end{equation*}
$$

Then

$$
\begin{equation*}
q_{t}(x, y) \geq c_{2} t^{-d / 2} e^{-c_{3} d(x, y)^{2} / t} \tag{3.5}
\end{equation*}
$$

Proof. The proof as in [1], Lemma 5.2, Theorem 5.3, follows by a standard chaining argument. We just give the details of the conditions on $V_{x}, D$ and $t$ needed to make this argument work.

First, if $D^{2}<t$ then the lower bound in (3.5) is just $t^{-d / 2}$, so we can use Proposition 3.2. We set $R=c t^{1 / 2}$. Then $t \geq V_{x}^{2}$ implies $R \geq V_{x}$, so $B(x, R)$ is $\lambda$-very good, and so as $c R \geq R^{\eta}$, (3.2) holds.

If $D^{2} \geq t$ then we set $R=2 D, r=c t / D$. We apply Proposition 3.2 in a chain of balls $B_{i}=B\left(z_{i}, r\right)$ linking $x$ and $y$. (See [1], Lemma 5.2, or [21] for details of the calculations.) Since $D \geq t^{1 / 2} \geq V_{x}$, we have that ( $x, R$ ) is $\lambda$-very good, and hence that $\left(z, c r^{\prime}\right)$ is $\lambda$-good for all $r^{\prime} \geq R^{\eta}, z \in B(x, R)$. As $r=c t / D \geq c^{\prime} R^{\eta}$, (3.2) holds for all the balls $B_{i}$.

REmark 3.4. 1. Note that the lower bounds do not extend to the range when $t \simeq D$. The difficulty is that if $t \simeq D$, then we need Proposition 3.2 for a chain of balls of radius $O$ (1) connecting $x$ and $y$. The hypothesis "very good" is not enough to ensure this.

However, the chaining argument does not need (3.2) for all points in $B\left(x_{0}, R\right)$, but just for a suitable chain connecting $x$ and $y$. In [1] this fact was used to obtain full Gaussian lower bounds. It is likely that the same approach will work for the random conductance model, but we do not pursue this point, since the bounds in Theorem 3.3 are enough for most applications.
2. A well-known theorem (see $[23,33]$ ) states that for Brownian motion on a manifold Gaussian bounds are equivalent to two conditions: volume doubling plus a family of Poincaré inequalities. This theorem was extended to graphs in [18]. Since we have volume doubling (for $v$ ) and the Poincaré inequalities hold (since $\mu_{e} \geq 1$ ), one might therefore ask if Theorems 2.19 and 3.3 follow immediately from known results.

However, it is clear that some conditions on $\mu_{e}$ are needed before Theorem 2.19 holds-one has to prevent $X$ from moving a long distance in a very short time. In fact, examination of the theorems in $[18,23,33]$ shows that in each case there
is a "hidden" additional assumption which prevents the process from moving too quickly. For example, [18] considers a discrete time nearest neighbour random walk.

For $B \subset \mathbb{Z}^{d}$ let $q_{t}^{B}(x, y)$ be the transition density for the processes $X$ killed on exiting from $B$.

Lemma 3.5. Let $\left(x_{0}, R\right)$ be $\lambda$-very good. Then

$$
\begin{equation*}
q_{t}^{B\left(x_{0}, R\right)}(x, y) \geq c_{1} t^{-d / 2}, \quad x, y \in B\left(x_{0}, 3 R / 4\right), c_{2} R^{2} \leq t \leq R^{2} \tag{3.6}
\end{equation*}
$$

Proof. Using Theorem 2.19 and Proposition 3.2, this follows, as in [1], Lemma 5.8, by the argument in [21], Lemma 5.1.

We now give a parabolic Harnack inequality ( PHI ) for $X$. The statement requires a little extra notation. If $A \subset \mathbb{Z}^{d}$ we write $\partial A=\{y: y \sim x$ for some $x \in A\}$ for the exterior boundary of $A$, and $\bar{A}=A \cup \partial A$. We call a function $u(t, x)$ caloric in a space-time region $Q=A \times(0, T) \subset[0, \infty) \times \mathbb{Z}^{d}$ if $u$ is defined on $\bar{Q}=\bar{A} \times[0, T]$ and

$$
\frac{\partial}{\partial t} u(t, x)=\mathcal{L}_{V} u(t, x), \quad(t, x) \in Q
$$

Write $Q(x, R, T)=B(x, R) \times(0, T], Q_{-}(x, R, T)=B\left(x, \frac{1}{2} R\right) \times\left[\frac{1}{4} T, \frac{1}{2} T\right]$ and $Q_{+}(x, R, T)=B\left(x, \frac{1}{2} R\right) \times\left[\frac{3}{4} T, T\right]$.

Definition 3.6. We say the parabolic Harnack inequality (PHI) holds with constant $C_{P}$ for $Q=Q(x, R, T)$ if whenever $u=u(t, x)$ is nonnegative and caloric on $Q$, then

$$
\begin{equation*}
\sup _{(t, x) \in Q_{-}(x, R, T)} u(t, x) \leq C_{P} \inf _{(t, x) \in Q_{+}(x, R, T)} u(t, x) . \tag{3.7}
\end{equation*}
$$

ThEOREM 3.7 (Parabolic Harnack inequality). There exists a constant $C_{P}$ such that if $(x, R)$ is $\lambda$-very good. Then the PHI holds with constant $C_{P}$ in $Q\left(x, R, R^{2}\right)$.

Proof. Using the heat kernel bounds in Theorems 2.19 and 3.5, and Lemma 3.5, this follows by the same argument as in [3], Theorem 3.1.
4. Heat kernel bounds for the RCM. In this section we prove Theorem 1.2. Let $E_{d}$ be the edges of the Euclidean lattice $\mathbb{Z}^{d}$, and let $\Omega=[1, \infty]^{E_{d}}$. Let $\mathbb{P}$ be a probability measure on $\Omega$ which makes the coordinates i.i.d. with a law on $[1, \infty)$. We set $\mu_{e}(\omega)=\omega(e)$ for $e \in E_{d}$, and for each $\omega \in \Omega$ we consider the random walk $X$ on the graph ( $\mathbb{Z}^{d}, E_{d}$ ) with conductances $\mu_{e}(\omega)$.

Using the notation of Section 2 we take $v_{x}=1$ for all $x$, so that we can take $C_{M}=1$. We write $P_{\omega}^{x}$ for the law of $X$ started at $x$, and

$$
q_{t}^{\omega}(x, y)=P_{\omega}^{x}\left(X_{t}=y\right)
$$

for the transition density of $X$.
LEMMA 4.1. The graph $\left(\mathbb{Z}^{d}, E_{d}\right)$, conductances $\mu_{e}$ and random walk $X$ satisfy Assumptions 2.1 and 2.6 with $\mathbb{P}$-probability 1.

Proof. Assumption 2.1 is immediate; note we can take $C_{D}=2 d$. Setting $C_{V}=2^{d}$ Assumption 2.6(1) is also immediate.

Since we have $\mu(e) \geq 1$ for all edges in $\mathbb{Z}^{d}$, if $\mathcal{E}_{0}$ is the Dirichlet form of the standard continuous time random walk on $\mathbb{Z}^{d}$, then $\mathcal{E}(f, f) \geq \mathcal{E}_{0}(f, f)$, so that the standard Nash inequality on $\mathbb{Z}^{d}$ (see [14]) implies Assumption 2.6(2) with a constant $C_{N}$ depending only on $d$.

In what follows we set $C_{A}=1$; thus none of the constants $C_{D}, C_{A}, C_{M}, C_{N}, C_{V}$ depend on the law of $\mu_{e}$ (apart from the fact that $\mathbb{P}\left(\mu_{e} \in[1, \infty)\right)=1$ ).

Let $d(x, y)$ be the graph metric on $\left(\mathbb{Z}^{d}, E_{d}\right)$, and $\widetilde{d}=\widetilde{d}(\omega)$ be the metric given by (2.6); as in the previous sections we write $\widetilde{B}(x, r)$ for balls in the $\widetilde{d}$ metric. Write $B_{E}(x, r)=\left\{y \in \mathbb{R}^{d}:|x-y|<r\right\}$ for the Euclidean ball center $x$ and radius $r$.

Lemma 4.2. There exists a constant $\lambda_{0}>0$ such that

$$
\begin{equation*}
\mathbb{P}\left(\widetilde{B}(0, r) \subset B_{E}\left(0, \lambda_{0} r\right)\right) \geq 1-c_{1} e^{-c_{2} r} \tag{4.1}
\end{equation*}
$$

Proof. We use results on first passage percolation from [25]. As in [25] let $b_{0, n}$ be the first time $\widetilde{B}(0, t)$ reaches the hyperplane $\left\{x_{1}=n\right\}$. Using [25], Theorem 2.18, there exists $\mu_{0}$ such that $\lim _{n} n^{-1} b_{0, n}=\mu_{0}$, a.s. and in $L^{1}$. By [25], Theorem 1.15, we have $\mu_{0}>0$. By [25], Theorem 5.2, there exist $c_{3}, c_{4}>0$ such that

$$
\begin{equation*}
\mathbb{P}\left(b_{0, n}<\frac{1}{2} n \mu_{0}\right) \leq c_{3} e^{-c_{4} n}, \quad n \geq 0 \tag{4.2}
\end{equation*}
$$

The times for $\widetilde{B}(0, t)$ to hit each hyperplane $\left\{x_{i}= \pm n\right\}$, for $i=1, \ldots, d$ have the same law as $b_{0, n}$, so we deduce

$$
\begin{equation*}
\mathbb{P}\left(\widetilde{B}\left(0, \frac{1}{2} \mu_{0} n\right) \subset[-n, n]^{d}\right) \geq 1-2 d c_{3} e^{-c_{4} n}, \quad n \geq 0 \tag{4.3}
\end{equation*}
$$

and (4.1) follows easily.
Note that $\lambda_{0}$ does depend on the law of $\mu_{e}$. We fix $\eta \in(0,1)$, and define good and very good as in Section 2, with $\lambda$ replaced by $\lambda_{0}$; and we write $V_{x}$ for the smallest integer such that $\left(x, V_{x}\right)$ is very good.

THEOREM 4.3. (a)

$$
\mathbb{P}((x, r) \text { is not good }) \leq c e^{-c r}, \quad r \geq r_{0}
$$

(b)

$$
\begin{equation*}
\mathbb{P}\left(V_{x} \geq n\right) \leq c \exp \left(-c n^{\eta}\right) \tag{4.4}
\end{equation*}
$$

Proof. Let $G(y, r)=\{(y, r)$ is good $\}$, and $F(R)=\{(y, r)$ is good for all $\left.y \in B(0,2 R), r \geq R^{\eta}\right\}$. Then

$$
\mathbb{P}\left(G(y, r)^{c}\right) \leq \sum_{n=r}^{\infty} c e^{-c n} \leq c e^{-c r}
$$

So,

$$
\mathbb{P}\left(F(R)^{c}\right) \leq c R^{d} \sum_{k=R^{\eta}}^{\infty} c_{3} e^{-c_{2} k} \leq c \exp \left(-c R^{\eta}\right)
$$

and since $\left\{V_{0} \geq n\right\}=\bigcup_{n}^{\infty} F(k)^{c}$, (b) follows.
Using Lemma 2.11 we obtain the following:
Corollary 4.4. $\quad X$ is conservative with $\mathbb{P}$-probability 1.
Corollary 4.5. Let $x \in \mathbb{Z}^{d}$. Then

$$
\begin{equation*}
\lim _{M \rightarrow \infty} \lim _{t \rightarrow \infty} P_{\omega}^{0}\left(\left|X_{t}\right| \geq M \sqrt{t}\right)=0, \quad \mathbb{P} \text {-a.s. } \tag{4.5}
\end{equation*}
$$

Proof. By Lemma 2.15, for $t \geq c V_{0}^{2}(\omega)$,

$$
P_{\omega}^{0}\left(\left|X_{t}\right| \geq M \sqrt{t}\right) \leq c M^{-1} t^{-1 / 2} E_{\omega}^{0} d\left(0, X_{t}\right) \leq c M^{-1}
$$

and (4.5) follows.
Theorem 4.6. There exist r.v. $U_{x}, x \in \mathbb{Z}^{d}$, such that

$$
\begin{equation*}
\mathbb{P}\left(U_{x}(\omega) \geq n\right) \leq c_{1} \exp \left(-c_{2} n^{\eta}\right) \tag{4.6}
\end{equation*}
$$

and if $|x-y| \vee t^{1 / 2} \geq U_{x}$, then
(4.7) $\quad q_{t}^{\omega}(x, y) \leq c_{3} t^{-d / 2} e^{-c_{4}|x-y|^{2} / t} \quad$ when $t \geq|x-y|$,
(4.8) $\quad q_{t}^{\omega}(x, y) \leq c_{3} \exp \left(-c_{4}|x-y|(1 \vee \log (|x-y| / t))\right) \quad$ when $t \leq|x-y|$.

Further,

$$
\begin{equation*}
q_{t}^{\omega}(x, y) \geq c_{6} t^{-d / 2} e^{-c_{7}|x-y|^{2} / t} \quad \text { if } t \geq U_{x}^{2} \vee|x-y|^{1+\eta} . \tag{4.9}
\end{equation*}
$$

Proof. We take $U_{x}=c_{8}\left(V_{x}+1\right)$ where $c_{8} \geq 1$. The bounds then follow from Theorems 2.19 and 3.3. [Note that the bounds (4.7) and (4.8) are of the same form if $d(x, y) \leq t \leq c d(x, y)$.] We use the constant $c_{8}$ to adjust between the the Euclidean metric $|x-y|$ and the graph metric $d(x, y)$, and to absorb the conditions $d(x, y) \geq c$ and $t \geq c$ into (4.6).

THEOREM 4.7. There exists a constant $C_{P}$ and r.v. $U_{x}, x \in \mathbb{Z}^{d}$ with

$$
\begin{equation*}
\mathbb{P}\left(U_{x}(\omega) \geq n\right) \leq c_{1} \exp \left(-c_{2} n^{\eta}\right) \tag{4.10}
\end{equation*}
$$

such that if $R \geq U_{x}$ then a PHI with constant $C_{P}$ holds for $Q\left(x, R, R^{2}\right)$.
Proof. This is immediate from Theorem 3.7 and (4.4).
The PHI implies an elliptic Harnack inequality (EHI), which holds for the CSRW as well as the VSRW. A function $h$ is harmonic on $A \subset \mathbb{Z}^{d}$ if it is defined on $\bar{A}$ and $\mathcal{L}_{V} h(x)=0$ [or equivalently $\mathcal{L}_{C} h(x)=0$ ] for $x \in A$.

COROLLARY 4.8. There exists a constant $C_{H}$ and r.v. $U_{x}, x \in \mathbb{Z}^{d}$ with

$$
\begin{equation*}
\mathbb{P}\left(U_{x}(\omega) \geq n\right) \leq c_{1} \exp \left(-c_{2} n^{\eta}\right) \tag{4.11}
\end{equation*}
$$

such that if $R \geq U_{x}$, then an $E H I$ with constant $C_{H}$ holds for $B(x, R)$; if $h \geq 0$ is harmonic in $B(x, R)$, then

$$
\begin{equation*}
\sup _{y \in B(x, R / 2)} h(y) \leq C_{H} \inf _{y \in B(x, R / 2)} h(y) . \tag{4.12}
\end{equation*}
$$

We have the following averaged bounds:
THEOREM 4.9. (a) Let $x, y \in \mathbb{Z}^{d}$ and $t \geq c_{1} \vee|x-y|^{1+\eta}$. Then

$$
\begin{equation*}
c_{2} t^{-d / 2} e^{-c_{3}|x-y|^{2} / t} \leq \mathbb{E} q_{t}^{\omega}(x, y) \leq c_{4} t^{-d / 2} e^{-c_{5}|x-y|^{2} / t} \tag{4.13}
\end{equation*}
$$

(b) We have

$$
\begin{equation*}
\mathbb{E} E_{\omega}^{0}\left|X_{t}\right|^{2} \leq c_{6} t, \quad t \geq 1 \tag{4.14}
\end{equation*}
$$

Proof. (a) Let $D=|x-y|$. Choose $c_{1}$ so that $\mathbb{P}\left(U_{x}>c_{1}^{1 / 2}\right)<\frac{1}{2}$. Then if $t \geq c_{1} \vee D^{1+\eta}$, by (4.9),

$$
\mathbb{E} q_{t}^{\omega}(x, y) \geq \mathbb{E}\left(q_{t}^{\omega}(x, y) ; U_{x}^{2}<c_{1}\right) \geq \frac{1}{2} c t^{-d / 2} e^{-c D^{2} / t}
$$

For the upper bound, let $\eta^{\prime}=1-\eta$, and $R_{x}^{\prime}$ be the r.v. given in Theorem 4.6 using $\eta^{\prime}$ instead of $\eta$. Then by (4.7) and (4.6),

$$
\begin{aligned}
\mathbb{E} q_{t}^{\omega}(x, y) & =\mathbb{E}\left(q_{t}^{\omega}(x, y) ; R_{x}^{\prime}>D\right)+\mathbb{E}\left(q_{t}^{\omega}(x, y) ; R_{x}^{\prime} \leq D\right) \\
& \leq c t^{-d / 2} e^{-c D^{\eta^{\prime}}}+c t^{-d / 2} e^{-c D^{2} / t}
\end{aligned}
$$

Since the second term is larger, the upper bound in (4.13) follows.
(b) We have

$$
\begin{equation*}
E_{\omega}^{0}\left|X_{t}\right|^{2}=\sum_{x}|x|^{2} q_{t}^{\omega}(0, x) \tag{4.15}
\end{equation*}
$$

We split the sum in (4.15) into three parts. First,

$$
\begin{equation*}
\sum_{|x|<U_{0}}|x|^{2} q_{t}^{\omega}(0, x) \leq U_{0}^{2} \tag{4.16}
\end{equation*}
$$

Next, using (4.7),

$$
\begin{equation*}
\sum_{U_{0}<|x|<c t}|x|^{2} q_{t}^{\omega}(0, x) \leq \sum_{U_{0}<|x|<c t}|x|^{2} c t^{-d / 2} e^{-c|x|^{2} / t} \leq c t . \tag{4.17}
\end{equation*}
$$

Finally, using (4.8),

$$
\begin{equation*}
\sum_{c t \vee U_{0} \leq|x|}|x|^{2} q_{t}^{\omega}(0, x) \leq \sum_{c t \leq|x|}|x|^{2} c e^{-c|x|} \leq c^{\prime} \tag{4.18}
\end{equation*}
$$

Combining (4.15), (4.16) and (4.17) gives

$$
E_{\omega}^{0}\left|X_{t}\right|^{2} \leq c t+c^{\prime} U_{0}^{2}
$$

and as by (4.6) $\mathbb{E} U_{0}^{2}<\infty$ and $t \geq 1$, we obtain (4.14).
REMARK 4.10. Combining Lemma 2.8, Theorems 4.6 and 4.9 completes the proof of Theorem 1.2.

Now let

$$
\begin{equation*}
X_{t}^{(\varepsilon)}=\varepsilon X_{t / \varepsilon^{2}}, \quad 0<\varepsilon \leq 1 \tag{4.19}
\end{equation*}
$$

Theorem 4.11. Let $T>0, \delta>0, r>0$. Then

$$
\begin{equation*}
\lim _{R \rightarrow \infty} \sup _{\varepsilon} P_{\omega}^{0}\left(\sup _{s \leq T}\left|X_{s}^{(\varepsilon)}\right|>R\right) \rightarrow 0 \tag{4.20}
\end{equation*}
$$

$$
\begin{equation*}
\lim _{\delta \rightarrow 0} \limsup _{\varepsilon \rightarrow 0} P_{\omega}^{0}\left(\sup _{\left|s_{1}-s_{2}\right| \leq \delta, s_{i} \leq T}\left|X_{s_{2}}^{(\varepsilon)}-X_{s_{1}}^{(\varepsilon)}\right|>r\right)=0 . \tag{4.21}
\end{equation*}
$$

Proof. By Theorem 4.6, if $R \geq U_{0}$, then

$$
P_{\omega}^{0}\left(\sup _{s \leq T} X_{s} \geq R\right) \leq c \exp \left(-c R^{2} / T\right)
$$

So if $R \geq U_{0}$, then $R / \varepsilon \geq U_{0}$ and

$$
P_{\omega}^{0}\left(\sup _{s \leq T}\left|X_{s}^{(\varepsilon)}\right|>R\right)=P_{\omega}^{0}\left(\sup _{s \leq T / \varepsilon^{2}}\left|X_{s}\right| \geq R / \varepsilon\right) \leq c \exp \left(-c R^{2} / T\right)
$$

proving (4.20).
To prove (4.21) write

$$
\begin{equation*}
p(T, \delta, r)=P_{\omega}^{0}\left(\sup _{\left|s_{1}-s_{2}\right| \leq \delta, s_{i} \leq T}\left|X_{s_{2}}-X_{s_{1}}\right|>r\right) \tag{4.22}
\end{equation*}
$$

so that

$$
P_{\omega}^{0}\left(\sup _{\left|s_{1}-s_{2}\right| \leq \delta, s_{i} \leq T}\left|X_{s_{2}}^{(\varepsilon)}-X_{s_{1}}^{(\varepsilon)}\right|>r\right)=p\left(T / \varepsilon^{2}, \delta / \varepsilon^{2}, r / \varepsilon\right) .
$$

We begin by bounding $p(T, \delta, r)$ for fixed $T, \delta$ and $r$. Let $\kappa \in\left(0, \frac{1}{2}\right), U_{R}^{*}=$ $\max _{x \in B(0, R)} U_{x}$, and $H(R)=\left\{U_{R}^{*} \leq R^{\kappa}\right\}$. Then

$$
\begin{equation*}
\mathbb{P}\left(H(R)^{c}\right) \leq c R^{d} \exp \left(-c R^{\kappa \eta}\right) \tag{4.23}
\end{equation*}
$$

so by Borel-Cantelli there exists $R_{0}=R_{0}(\omega)$ such that $\omega \in H(R)$ for all $R \geq R_{0}$.
Let

$$
\begin{equation*}
Z_{k}=\sup _{0 \leq s \leq \delta}\left|X_{k \delta+s}-X_{k \delta}\right| \tag{4.24}
\end{equation*}
$$

Then if $K=\lfloor T / \delta\rfloor$ and $Z^{*}=\max _{0 \leq k \leq K} Z_{k}$, it is enough to control $Z^{*}$ since

$$
\sup _{\left|s_{1}-s_{2}\right| \leq \delta, s_{i} \leq T}\left|X_{s_{2}}-X_{s_{1}}\right| \leq 2 Z^{*}
$$

Let $R \geq 1$. Then

$$
\begin{equation*}
P_{\omega}^{0}\left(Z^{*} \geq r\right) \leq P_{\omega}^{0}(\tau(0, R) \leq T)+P_{\omega}^{0}\left(Z^{*} \geq r, \tau(0, R)>T\right) \tag{4.25}
\end{equation*}
$$

By Proposition 2.18 we have

$$
\begin{equation*}
P_{\omega}^{0}(\tau(0, R) \leq T) \leq c \exp \left(-c R^{2} / T\right) \tag{4.26}
\end{equation*}
$$

provided that $(0, R)$ is very good. For this it is sufficient that $R \geq U_{0}(\omega)$. Now,

$$
\begin{aligned}
P_{\omega}^{0}\left(Z^{*} \geq r, \tau(0, R)>T\right) & \leq \sum_{k=0}^{K} P_{\omega}^{0}\left(Z_{k} \geq r, X_{k \delta} \in B(0, R)\right) \\
& \leq \sum_{k=0}^{K} \sum_{y \in B(0, R)} P_{\omega}^{y}(\tau(y, r)<\delta) P_{\omega}^{0}\left(X_{k \delta}=y\right)
\end{aligned}
$$

Again by Proposition 2.18 , for $y \in B(0, R)$,

$$
\begin{equation*}
P_{\omega}^{y}(\tau(y, r)<\delta) \leq c \exp \left(-c r^{2} / \delta\right) \tag{4.27}
\end{equation*}
$$

provided $r \geq U_{R}^{*}$. This will hold if $R \geq R_{0}(\omega)$ and $r \geq R^{\kappa}$. Combining (4.25), (4.26), (4.27), we obtain

$$
\begin{equation*}
P_{\omega}^{0}\left(Z^{*} \geq r\right) \leq c \exp \left(-c R^{2} / T\right)+c(T / \delta) \exp \left(-c r^{2} / \delta\right) \tag{4.28}
\end{equation*}
$$

provided $R \geq R_{0}(\omega)$ and $r \geq R^{\kappa}$.

Hence

$$
\begin{equation*}
p\left(T / \varepsilon^{2}, \delta / \varepsilon^{2}, 2 r / \varepsilon\right) \leq c \exp \left(-c R^{2} / T\right)+c(T / \delta) \exp \left(-c r^{2} / \delta\right) \tag{4.29}
\end{equation*}
$$

provided $R>\varepsilon R_{0}$ and $r \geq R^{\kappa} \varepsilon^{1-\kappa}$. For fixed $r, \delta$ choose $R$ so that $R \geq R_{0}$ and $R^{2} / T \geq r^{2} / \delta$. Then

$$
p\left(T / \varepsilon^{2}, \delta / \varepsilon, 2 r / \varepsilon\right) \leq c T \delta^{-1} \exp \left(-c r^{2} / \delta\right) \quad \text { when } \varepsilon^{1-\kappa} \leq r R^{-\kappa}
$$

Hence

$$
\limsup _{\varepsilon \rightarrow 0} p\left(T / \varepsilon^{2}, \delta / \varepsilon, 2 r / \varepsilon\right) \leq c T \delta^{-1} \exp \left(-c r^{2} / \delta\right)
$$

and (4.21) follows.
For $n \in \mathbb{N}$ let $\widehat{X}_{n}=X_{n}$, and set

$$
\begin{equation*}
\widehat{X}_{t}^{(\varepsilon)}=\varepsilon \widehat{X}_{\left\lfloor t / \varepsilon^{2}\right\rfloor}, \quad 0<\varepsilon \leq 1 \tag{4.30}
\end{equation*}
$$

Lemma 4.12. For any $u>0$,

$$
\begin{equation*}
\lim _{\varepsilon \rightarrow 0} P_{\omega}^{0}\left(\sup _{0 \leq s \leq T}\left|\widehat{X}_{s}^{(\varepsilon)}-X_{s}^{(\varepsilon)}\right|>u\right)=0 \tag{4.31}
\end{equation*}
$$

Proof. In the notation of the previous theorem, it is sufficient to bound $p\left(T / \varepsilon^{2}, 1, u / \varepsilon\right)$; using (4.29) we have

$$
p\left(T / \varepsilon^{2}, 1, u / \varepsilon\right) \leq c T \varepsilon^{-2} \exp \left(-c u^{2} / \varepsilon^{2}\right)
$$

provided there exists an $R$ with $R \geq \varepsilon R_{0}(\omega), R^{2} \geq T u^{2} \varepsilon^{-2}$ and $u / \varepsilon \geq R^{\kappa}$. Setting $R=T^{1 / 2} u / \varepsilon$, we need $u T^{1 / 2} \geq \varepsilon^{2} R_{0}(\omega)$, and $u^{1-\kappa} \geq \varepsilon^{1-\kappa} T^{\kappa / 2}$, so these bounds hold for all sufficiently small $\varepsilon$.
5. Invariance principle. In this section we prove the invariance principle Theorem 1.1. We assume that the conductances $\mu_{e}$ are defined on the space $(\Omega, \mathbb{P})$ where

$$
\Omega=[1, \infty]^{E_{d}}
$$

We write $\mu_{e}(\omega)=\omega(e)$ for the coordinate maps, and make the following assumptions on the environment $\left(\mu_{e}\right)$.

ASSUMPTION 5.1. (1) ( $\mu_{e}$ ) is stationary, ergodic, and invariant under symmetries of $\mathbb{Z}^{d}$.
(2) $\mu_{e} \in[1, \infty)$ for all $e \in E_{d}, \mathbb{P}$-a.s.
(3) The conclusions of Theorem 1.2 hold for the VSRW associated with $\left(\mu_{e}\right)$.

As explained in the Introduction, our basic approach is to construct the "corrector" $\chi: \Omega \times \mathbb{Z}^{d} \rightarrow \mathbb{R}^{d}$ so that, for $\mathbb{P}$-a.a. $\omega$ the discrete time process

$$
\begin{equation*}
\widehat{M}_{n}=\widehat{X}_{n}-\chi\left(\omega, \widehat{X}_{n}\right) \tag{5.1}
\end{equation*}
$$

is a $P_{\omega}^{0}$-martingale with respect to the filtration $\widehat{\mathcal{F}}_{n}=\sigma\left(\widehat{X}_{k}, 0 \leq k \leq n\right)$.
The key steps in the proof of the invariance principle are:

1. Tightness (a consequence of Theorem 3.5);
2. The invariance principle for the martingale part. This is standard and follows from the ergodicity of our environment (see [29], proof of Theorem 2.6);
3. The almost sure control of the corrector, for which we use the the ergodicity of the environment, the properties (4.11) and (4.12) and the quenched heat kernel estimates in Theorem 1.2 (see [34], or [12], Theorem 2.3). Note that all we need here is the ergodicity of the environment; ergodicity under the action of each direction as stated in [34], Remark 1.3, is not required since one can use the cocycle property of the corrector (see [13, 26]).

We now give the details. Let

$$
\Omega_{0}=\{\omega: \omega(e) \in[1, \infty) \text { for all } e\}
$$

Since $\omega(e)$ satisfies Assumption 5.1 we have $\mathbb{P}\left(\Omega_{0}\right)=1$. We write $\omega=(\omega(e), e \in$ $\left.E_{d}\right)$, and $\omega(x, y)=\omega(\{x, y\})$. For $x \in \mathbb{Z}^{d}$ define $T_{x}: \Omega \rightarrow \Omega$ by

$$
T_{x}(\omega)(z, w)=\omega(z+x, w+x)
$$

Let $X$ be the VSRW with generator $\mathcal{L}_{V}$ given by (1.3), and $q_{t}^{\omega}(x, y)$ be the transition density of $X$. As $v_{x} \equiv 1$ is the invariant measure for $X$,

$$
q_{t}^{\omega}(x, y)=P_{\omega}^{x}\left(X_{t}=y\right)=q_{t}^{\omega}(y, x)
$$

Write

$$
\begin{equation*}
Q_{x y}(\omega)=q_{1}^{\omega}(x, y), \quad Q_{x y}^{(n)}(\omega)=q_{n}^{\omega}(x, y), \quad x, y \in \mathbb{Z}^{d} \tag{5.2}
\end{equation*}
$$

and note that $Q_{x y} \leq 1$ for all $x, y$, with $\sum_{y} Q_{x y}=1$. We have

$$
\begin{equation*}
Q_{x y}^{(n)} \circ T_{z}=Q_{x+z, y+z}^{(n)}, \quad Q_{x y}^{(n)}=Q_{y x}^{(n)} \tag{5.3}
\end{equation*}
$$

We define the process $Z$, which gives the "environment seen from the particle," by

$$
\begin{equation*}
Z_{t}=T_{X_{t}} \omega, \quad t \in[0, \infty) \tag{5.4}
\end{equation*}
$$

and define the discrete time process $\widehat{Z}$ by $\widehat{Z}_{n}=Z_{n}, n \in \mathbb{Z}_{+}$.
Let $L^{p}=L^{p}(\Omega, \mathbb{P})$. For $F \in L^{2}$ write $F_{x}=F \circ T_{x}$. Then $\widehat{Z}$ has generator

$$
\widehat{L} F(\omega)=\sum_{x \in \mathbb{Z}^{d}} Q_{0 x}(\omega)\left(F_{x}(\omega)-F(\omega)\right)
$$

Set

$$
\widehat{\mathcal{E}}(F, G)=\mathbb{E} \sum_{x \in \mathbb{Z}^{d}} Q_{0 x}\left(F-F_{x}\right)\left(G-G_{x}\right)
$$

Lemma 5.2. We have for $F \in L^{1}$,

$$
\begin{align*}
\mathbb{E} F & =\mathbb{E} F_{x},  \tag{5.5}\\
\mathbb{E}\left(Q_{0 x} F_{x}\right) & =\mathbb{E}\left(Q_{0,-x} F\right) \tag{5.6}
\end{align*}
$$

Proof. Since $\mathbb{P}$ is invariant by $T_{x}$ the first relation is immediate. As $\left(Q_{0, x}\right)_{-x}=Q_{-x, 0}=Q_{0,-x}$ by (5.3), $\mathbb{E}\left(Q_{0 x} F_{x}\right)=\mathbb{E}\left(\left(Q_{0 x}\right)_{-x} F\right)=\mathbb{E}\left(Q_{0,-x} F\right)$, proving (5.5).

Lemma 5.3. If $F, G \in L^{2}$, then $\widehat{\mathcal{E}}(F, F)<\infty, \widehat{\mathcal{E}}(F, G)$ is defined, and $\widehat{L} F \in L^{2}$.

Proof. Let $F \in L^{2}$. Then

$$
\begin{aligned}
\widehat{\mathcal{E}}(F, F) & =\mathbb{E} \sum_{x \in \mathbb{Z}^{d}} Q_{0 x}\left(F-F_{x}\right)^{2} \\
& \leq 2 \mathbb{E} \sum_{x \in \mathbb{Z}^{d}} Q_{0 x}\left(F^{2}+F_{x}^{2}\right) \\
& =2 \mathbb{E} F^{2}+2 \mathbb{E} \sum_{x \in \mathbb{Z}^{d}} Q_{0 x} F_{x}^{2} \\
& =2 \mathbb{E} F^{2}+2 \mathbb{E} \sum_{x \in \mathbb{Z}^{d}} Q_{0,-x} F^{2}=4\|F\|_{2}^{2}
\end{aligned}
$$

Hence $\widehat{\mathcal{E}}(F, G)$ is defined for $F, G \in L^{2}$. Also, if $F \in L^{2}$,

$$
\begin{aligned}
\mathbb{E}|\widehat{L} F|^{2} & =\mathbb{E} \sum_{x, y} Q_{0 x} Q_{0 y}\left(F_{x}-F\right)\left(F_{y}-F\right) \\
& \leq \mathbb{E}\left[\left(\sum_{x, y} Q_{0 x} Q_{0 y}\left(F_{x}-F\right)^{2}\right)^{1 / 2}\left(\sum_{x, y} Q_{0 x} Q_{0 y}\left(F_{y}-F\right)^{2}\right)^{1 / 2}\right] \\
& =\widehat{\mathcal{E}}(F, F) \leq 4\|F\|_{2}^{2}
\end{aligned}
$$

Lemma 5.4. Let $F, G \in L^{2}$. Then

$$
\begin{equation*}
\mathbb{E}(G \widehat{L} F)=-\widehat{\mathcal{E}}(F, G) \tag{5.7}
\end{equation*}
$$

Proof. Using (5.5) we have

$$
\begin{equation*}
\mathbb{E}\left(Q_{0,-x} G\left(F_{-x}-F\right)\right)=\mathbb{E}\left(Q_{0 x} G_{x}\left(F-F_{x}\right)\right) \tag{5.8}
\end{equation*}
$$

So

$$
\begin{aligned}
\mathbb{E}(G \widehat{L} F) & =\sum_{x \in \mathbb{Z}^{d}} \mathbb{E} G Q_{0 x}\left(F_{x}-F\right) \\
& =\frac{1}{2} \sum_{x \in \mathbb{Z}^{d}} \mathbb{E} G Q_{0 x}\left(F_{x}-F\right)+\frac{1}{2} \sum_{x \in \mathbb{Z}^{d}} \mathbb{E} G Q_{0,-x}\left(F_{-x}-F\right) \\
& =\frac{1}{2} \sum_{x \in \mathbb{Z}^{d}} \mathbb{E} Q_{0 x}\left(G F_{x}-G F+G_{x} F-G_{x} F_{x}\right)=-\widehat{\mathcal{E}}(F, G),
\end{aligned}
$$

where we used (5.8) in the last line.
Now we look at "vector fields." We define for $G=G(\omega, x): \Omega \times \mathbb{Z}^{d} \rightarrow \mathbb{R}$,

$$
\overline{\mathbb{E}} G=\sum_{x} \mathbb{E} Q_{0 x} G(\cdot, x)
$$

Definition. We say $G(\omega, x)$ has the cocycle property (see [13, 26]) if

$$
\begin{equation*}
G\left(T_{x} \omega, y-x\right)=G(\omega, y)-G(\omega, x), \quad \mathbb{P} \text {-a.s. } \tag{5.9}
\end{equation*}
$$

Let $\mathcal{H}=\bar{L}^{2}$ be the set of vector fields $G$ with the cocycle property and $\|G\|^{2}=$ $\overline{\mathbb{E}} G^{2}<\infty$.

Lemma 5.5. Let $G=G(\omega, x) \in \bar{L}^{2}$.
(a) $G(\omega, 0)=0$, and $G\left(T_{x} \omega,-x\right)=-G(\omega, x)$.
(b) If $x_{0}, x_{1}, \ldots, x_{n} \in \mathbb{Z}^{d}$, then

$$
\begin{equation*}
\sum_{i=1}^{n} G\left(T_{x_{i-1}} \omega, x_{i}-x_{i-1}\right)=G\left(\omega, x_{n}\right)-G\left(\omega, x_{0}\right) \tag{5.10}
\end{equation*}
$$

Proof. (a) follows immediately from the definition. For (b), as $G$ has the cocycle property

$$
G\left(T_{x_{i-1}} \omega, x_{i}-x_{i-1}\right)=G\left(\omega, x_{i}\right)-G\left(\omega, x_{i-1}\right),
$$

giving (5.10).
It is easy to check the following:
Lemma 5.6. $\bar{L}^{2}$ is a Hilbert space.
For $F \in L^{2}$ we set

$$
\nabla F(\omega, x)=F\left(T_{x} \omega\right)-F(\omega)
$$

LEMMA 5.7. If $F \in L^{2}$, then $\nabla F \in \bar{L}^{2}$.

Proof. First,

$$
\overline{\mathbb{E}}|\nabla F|^{2}=\sum_{x} \mathbb{E} Q_{0 x}\left(F_{x}-F\right)^{2}=\widehat{\mathcal{E}}(F, F)<\infty
$$

Also,

$$
\begin{aligned}
\nabla F\left(T_{x} \omega, y-x\right) & =F\left(T_{y-x} T_{x} \omega\right)-F\left(T_{x} \omega\right) \\
& =F\left(T_{y} \omega\right)-F\left(T_{x} \omega\right)=\nabla F(\omega, y)-\nabla F(\omega, x),
\end{aligned}
$$

so $\nabla F$ has the cocycle property.
Lemma 5.8. Let $G \in \bar{L}^{2}$. Then

$$
\begin{equation*}
\mathbb{E} \sum_{x} Q_{0 x}^{(n)} G(\omega, x)^{2} \leq n\|G\|_{2}^{2} \tag{5.11}
\end{equation*}
$$

Proof. Write $a_{n}^{2}$ for the left-hand side of (5.11). Then using (5.9),

$$
\begin{equation*}
a_{n}^{2}=\mathbb{E} \sum_{x} \sum_{y} Q_{0 x}^{(n-1)} Q_{x y}\left(G\left(T_{x} \omega, y-x\right)+G(\omega, x)\right)^{2} . \tag{5.12}
\end{equation*}
$$

We now expand the final square in (5.12) and compute the three terms separately. We have

$$
\begin{aligned}
& \mathbb{E} \sum_{x} \sum_{y} Q_{0 x}^{(n-1)}(\omega) Q_{x y}(\omega) G\left(T_{x} \omega, y-x\right)^{2} \\
& \quad=\mathbb{E} \sum_{x} \sum_{y} Q_{-x, 0}^{(n-1)}\left(T_{x} \omega\right) Q_{0, y-x}\left(T_{x} \omega\right) G\left(T_{x} \omega, y-x\right)^{2} \\
& \quad=\mathbb{E} \sum_{x} \sum_{z} Q_{-x, 0}^{(n-1)}(\omega) Q_{0, z}(\omega) G(\omega, z)^{2} \\
& \quad=\mathbb{E} \sum_{z} Q_{0, z}(\omega) G(\omega, z)^{2}=\|G\|^{2} .
\end{aligned}
$$

Also,

$$
\mathbb{E} \sum_{x} \sum_{y} Q_{0 x}^{(n-1)}(\omega) Q_{x y}(\omega) G(\omega, x)^{2}=\mathbb{E} \sum_{x} Q_{0 x}^{(n-1)}(\omega) G(\omega, x)^{2}=a_{n-1}^{2}
$$

Finally,

$$
\begin{aligned}
& \mathbb{E} \sum_{x} \sum_{y} Q_{0 x}^{(n-1)}(\omega) Q_{x y}(\omega) G(\omega, x) G\left(T_{x} \omega, y-x\right) \\
& \quad=\mathbb{E} \sum_{x} \sum_{z} Q_{0 x}^{(n-1)}(\omega) Q_{0, z}\left(T_{x} \omega\right) G(\omega, x) G\left(T_{x} \omega, z\right) \\
& \quad \leq\left(\mathbb{E} \sum_{x} \sum_{z} Q_{0 x}^{(n-1)}(\omega) Q_{0, z}\left(T_{x} \omega\right) G(\omega, x)^{2}\right)^{1 / 2}
\end{aligned}
$$

$$
\begin{aligned}
& \times\left(\mathbb{E} \sum_{x} \sum_{z} Q_{0 x}^{(n-1)}(\omega) Q_{0, z}\left(T_{x} \omega\right) G\left(T_{x} \omega, z\right)^{2}\right)^{1 / 2} \\
= & a_{n-1}\|G\| .
\end{aligned}
$$

Thus $a_{n} \leq a_{n-1}+\|G\|$, and so $a_{n} \leq n\|G\|$.
Note that the following lemma uses the heat kernel lower bounds.
Lemma 5.9. Let $G \in \bar{L}^{2}$ and $1 \leq p<2$. Then there exists a constant $c_{p}<\infty$ such that

$$
\begin{equation*}
\left(\mathbb{E}|G(\cdot, x)|^{p}\right)^{1 / p} \leq\left(c_{p}|x|\right)\|G\| . \tag{5.13}
\end{equation*}
$$

It follows that, $\mathbb{P}$-a.s.,

$$
\begin{equation*}
\lim _{n \rightarrow \infty} \max _{|x| \leq n} \frac{|G(\omega, x)|}{n^{d+4}}=0 . \tag{5.14}
\end{equation*}
$$

Proof. By (5.9) and the triangle inequality we have

$$
\left(\mathbb{E}|G(\cdot, x)|^{p}\right)^{1 / p} \leq|x|\left(\mathbb{E}\left|G\left(\cdot, e_{1}\right)\right|^{p}\right)^{1 / p}
$$

so it is enough to bound $\mathbb{E}\left|G\left(\cdot, e_{1}\right)\right|^{p}$. By Theorem 1.2 there exists an integer valued random variable $W_{0}$ with $W_{0} \geq 1$ such that $\mathbb{P}\left(W_{0}=n\right) \leq c_{1} \exp \left(-c_{2} n^{\delta}\right)$ for some $\delta>0$ and $q_{t}^{\omega}(0, x) \geq c_{3} t^{-d / 2}$ for $t \geq W_{0}$. Write $\xi_{n}=q_{n}^{\omega}\left(0, e_{1}\right)$. Then

$$
\begin{equation*}
\mathbb{E}\left|G\left(\cdot, e_{1}\right)\right|^{p}=\sum_{n=1}^{\infty} \mathbb{E}\left|G\left(\cdot, e_{1}\right)\right|^{p} 1_{\left(W_{0}=n\right)} \tag{5.15}
\end{equation*}
$$

Let $\alpha=2 / p$, and let $\alpha^{\prime}=2 /(2-p)$ be its conjugate index. Then using Hölder's inequality and (5.11),

$$
\begin{aligned}
& \mathbb{E} \mid G\left.\left(\cdot, e_{1}\right)\right|^{p} 1_{\left(W_{0}=n\right)} \\
&=\mathbb{E}\left(\xi_{n}^{1 / \alpha}\left|G\left(\cdot, e_{1}\right)\right|^{p} \xi_{n}^{-1 / \alpha} 1_{\left(W_{0}=n\right)}\right) \\
& \leq\left(\mathbb{E} \xi_{n} G\left(\cdot, e_{1}\right)^{2}\right)^{1 / \alpha}\left(\mathbb{E} \xi_{n}^{-\alpha^{\prime} / \alpha} 1_{\left(W_{0}=n\right)}\right)^{1 / \alpha^{\prime}} \\
& \leq\left(\mathbb{E} \sum_{y} Q_{0 y}^{(n)} G(0, y)^{2}\right)^{1 / \alpha}\left(\left(c_{3} n^{-d / 2}\right)^{-\alpha^{\prime} / \alpha} c_{1} \exp \left(-c_{2} n^{\delta}\right)\right)^{1 / \alpha^{\prime}} \\
& \quad \leq\left(n\|G\|^{2}\right)^{1 / \alpha} c_{4} n^{d / 2 \alpha} \exp \left(-c_{5} n^{\delta}\right) \\
&=c_{4} n^{(d+2) / 2 \alpha} \exp \left(-c_{5} n^{\delta}\right)\|G\|^{p}
\end{aligned}
$$

Summing the series in $n$ we obtain (5.13).

Using (5.13) with $p=1$ we have

$$
\begin{aligned}
\mathbb{P}\left(\max _{|x| \leq n}|G(\omega, x)|>\lambda_{n}\right) & \leq(2 n)^{d} \max _{|x| \leq n} \mathbb{P}\left(|G(\omega, x)|>\lambda_{n}\right) \\
& \leq c n^{d} \lambda_{n}^{-1} \max _{|x| \leq n} \mathbb{E}|G(\omega, x)| \leq c n^{d+1} \lambda_{n}^{-1}\|G\|
\end{aligned}
$$

Taking $\lambda_{n}=n^{d+3}$ and using Borel-Cantelli gives (5.14).
Following [29] we introduce an orthogonal decomposition of the space $\bar{L}^{2}$. Set

$$
\bar{L}_{p}^{2}=\operatorname{cl}\left\{\nabla F, F \in L^{2}\right\} \quad \text { in } \mathcal{H}
$$

and let $\bar{L}_{s}^{2}$ be the orthogonal complement of $\bar{L}_{p}^{2}$ in $\mathcal{H}$. (Here $p$ stands for "potential" and $s$ for "solenoidal.")

Lemma 5.10. Let $G \in \bar{L}_{p}^{2}$. Then for each $x, \mathbb{E} G(x, \omega)=0$.
Proof. Fix $x \in \mathbb{Z}^{d}$. Note first that if $G=\nabla F$, where $F \in L^{2}$, then $\mathbb{E} G(\omega$, $x)=\mathbb{E}\left(F_{x}-F\right)=\mathbb{E} F_{x}-\mathbb{E} F=0$.

Now let $G \in \bar{L}_{p}^{2}$. Then there exist $F_{n} \in L^{2}$ such that $G=\lim _{n} \nabla F_{n}$ in $\bar{L}^{2}$. Since $\mathbb{P}\left(Q_{0 x}>0\right)=1$, it follows that $\nabla F_{n}(\omega, x)$ converges to $G(\omega, x)$ in $\mathbb{P}$ probability. By Lemma 5.9, for each $p \in[1,2)$ the sequence $\nabla F_{n}(\omega, x)$ is bounded in $L^{p}(\Omega, \mathbb{P})$, and therefore $\nabla F_{n}(\omega, x)$ converges to $G(\omega, x)$ in $L^{1}(\Omega, \mathbb{P})$. So $\mathbb{E} G(\omega, x)=\lim _{n} \mathbb{E} \nabla F_{n}(\omega, x)=0$.

We define the semi-direct product measure $\mathbb{P}^{*}=\mathbb{P} \times P_{\omega}^{0}$.
Lemma 5.11. Let $G \in \bar{L}_{s}^{2}$. Then

$$
\begin{equation*}
\sum_{x \in \mathbb{Z}^{d}} Q_{0 x}(\omega) G(\omega, x)=0, \quad \mathbb{P} \text {-a.s. } \tag{5.16}
\end{equation*}
$$

Hence $M_{n}=G\left(\omega, X_{n}\right)$ is a $P_{\omega}^{0}$-martingale for $\mathbb{P}$-a.a. $\omega$. Further, writing

$$
\|G(\omega, \cdot)\|^{2}=\sum_{x} Q_{0, x}(\omega, x) G(\omega, x)^{2}
$$

we have

$$
\begin{equation*}
\langle M\rangle_{n}=\sum_{k=0}^{n-1}\left\|G\left(T_{\widehat{X}_{k}} \omega, \cdot\right)\right\|^{2}=\sum_{k=0}^{n-1}\left\|G\left(\widehat{Z}_{k}, \cdot\right)\right\|^{2} \tag{5.17}
\end{equation*}
$$

Hence

$$
\begin{equation*}
\mathbb{E}^{*}\left(M_{n}\right)^{2}=n\|G\|^{2} \tag{5.18}
\end{equation*}
$$

Proof. If $F \in L^{2}$ and $G \in \bar{L}^{2}$, then using Lemma 5.5,

$$
\begin{aligned}
\sum_{x \in \mathbb{Z}^{d}} \mathbb{E} Q_{0 x} G(\omega, x) F_{x} & =\sum_{x \in \mathbb{Z}^{d}} \mathbb{E} Q_{0 x}\left(T_{-x} \omega\right) G\left(T_{-x} \omega, x\right) F_{x}\left(T_{-x} \omega\right) \\
& =\sum_{x \in \mathbb{Z}^{d}} \mathbb{E} Q_{0,-x}(\omega)(-G(\omega,-x)) F(\omega) \\
& =-\sum_{x \in \mathbb{Z}^{d}} \mathbb{E} Q_{0 x}(\omega) G(\omega, x) F(\omega)
\end{aligned}
$$

Thus

$$
\begin{equation*}
\sum_{x \in \mathbb{Z}^{d}} \mathbb{E} Q_{0 x} G(\cdot, x)\left(F+F_{x}\right)=0 \tag{5.19}
\end{equation*}
$$

If $G \in \bar{L}_{s}^{2}$, then

$$
0=\overline{\mathbb{E}}(G \nabla F)=\sum_{x} \mathbb{E} Q_{0 x} G(\cdot, x)\left(F_{x}-F\right),
$$

and so $\mathbb{E} \sum Q_{0 x} G F=0$. Since this holds for any $F \in L^{2}$ we obtain (5.16).
To show that $M$ is a martingale it is enough to prove that for any $x$,

$$
\begin{equation*}
E_{\omega}^{0}\left(G\left(\omega, X_{n+1}\right)-G\left(\omega, X_{n}\right) \mid X_{n}=x\right)=0 \tag{5.20}
\end{equation*}
$$

However, using (5.16),

$$
\begin{aligned}
E_{\omega}^{0}(G & \left.\left(\omega, X_{n+1}\right)-G\left(\omega, X_{n}\right) \mid X_{n}=x\right) \\
& =\sum_{y} Q_{x y}(\omega)(G(\omega, y)-G(\omega, x)) \\
& =\sum_{y} Q_{0, y-x}\left(T_{x} \omega\right) G\left(T_{x} \omega, y-x\right)=0
\end{aligned}
$$

Recall that $\langle M\rangle$ is the unique predictable process so that $M_{n}^{2}-\langle M\rangle_{n}$ is a martingale. We have

$$
\begin{aligned}
E_{\omega}^{x}\left(M_{n+1}^{2}-M_{n}^{2} \mid \widehat{X}_{n}=y\right) & =E_{\omega}^{x}\left(\left(M_{n+1}-M_{n}\right)^{2} \mid \widehat{X}_{n}=y\right) \\
& =\sum_{z} Q_{y z}(\omega)(G(\omega, z)-G(\omega, y))^{2} \\
& =\sum_{z} Q_{0, z-y}\left(T_{y} \omega\right)(G(z-y, \omega))^{2} \\
& =\left\|G\left(T_{y} \omega, \cdot\right)\right\|^{2},
\end{aligned}
$$

and (5.17) follows.
Finally,

$$
\mathbb{E}^{*} M_{n}^{2}=\mathbb{E}\left(E_{\omega}^{0} M_{n}^{2}\right)=\mathbb{E}\left(E_{\omega}^{0}\langle M\rangle_{n}\right)=\sum_{k=0}^{n-1} \mathbb{E}\left\|G\left(T_{\widehat{X}_{k}} \omega, \cdot\right)\right\|^{2}=n\|G\|^{2}
$$

Let $\Pi: \mathbb{R}^{d} \rightarrow \mathbb{R}^{d}$ be the identity, and write $\Pi_{j}$ for the $j$ th coordinate of $\Pi$. Then $\Pi_{j}(y-x)=\Pi_{j}(y)-\Pi_{j}(x)$, so $\Pi_{j}$ has the cocycle property. Further by (4.14),

$$
\overline{\mathbb{E}}\left|\Pi_{j}\right|^{2}=\mathbb{E} \sum_{x} Q_{0 x}\left|x_{j}\right|^{2}<\infty
$$

so $\Pi_{j} \in \mathcal{H}$. So we can define $\chi_{j} \in \bar{L}_{p}^{2}$ and $\Phi_{j} \in \bar{L}_{s}^{2}$ by

$$
\Pi_{j}=\chi_{j}+\Phi_{j} \in \bar{L}_{p}^{2} \oplus \bar{L}_{s}^{2}
$$

this gives our definition of the corrector $\chi=\left(\chi_{1}, \ldots, \chi_{d}\right): \Omega \times \mathbb{Z}^{d} \rightarrow \mathbb{R}^{d}$. We will sometimes write $\chi(x)$ for $\chi(\cdot, x)$. Note that conventions about the sign of the corrector differ-compare [34] and [12]. As the environment process is invariant under isometries of $\mathbb{Z}^{d},\left\|\Phi_{j}\right\|=\left\|\Phi_{1}\right\|$ for each $j=1, \ldots, d$.

The following proposition summarizes the properties of $\chi$ and $\Phi$.
PROPOSITION 5.12. (a) $\widehat{M}_{n}=\widehat{X}_{n}-\chi\left(\omega, \widehat{X}_{n}\right)$ is a $P_{\omega}^{0}$-martingale.
(b) For each $x \in \mathbb{Z}^{d}, \chi(\cdot, x) \in L^{1}$.
(c) For each $j=1, \ldots, d$

$$
\mathbb{E} \sum_{x} Q_{0 x}(\omega)\left|\Phi_{j}(\omega, x)\right|^{2}=\left\|\Phi_{1}\right\|^{2}<\infty
$$

(d) $\chi$ is sublinear on average; for each $\varepsilon>0$

$$
\begin{equation*}
\lim _{n \rightarrow \infty} n^{-d} \sum_{|x| \leq n} 1_{(|x(\omega, x)|>\varepsilon n)}=0, \quad \mathbb{P} \text {-a.s. } \tag{5.21}
\end{equation*}
$$

Proof. (a) and (b) are immediate from Lemmas 5.11 and 5.9, and (c) is immediate from the definition of $\Phi_{j}$ as a projection in $\bar{L}^{2}$. Let $e_{1}$ be the unit vector $e_{1}=(1,0, \ldots, 0)$. By Lemma 5.10 we have $\mathbb{E} \chi\left(\cdot, e_{1}\right)=0$. So since

$$
\begin{equation*}
\chi\left(\omega, n e_{1}\right)=\sum_{k=1}^{n} \chi\left(T_{(k-1) e_{1}} \omega, e_{1}\right) \tag{5.22}
\end{equation*}
$$

and as $\chi$ has the cocycle property, the ergodic theorem implies that $\lim _{n} n^{-1} \chi(\omega$, $\left.n e_{1}\right)=0 \mathbb{P}$-a.s., and (d) then follows by the results in Section 6 of [26].

LEMMA 5.13. The processes $Z$ and $\widehat{Z}$ are ergodic under the time shift on the environment space $\Omega$.

Proof. This is well known; see [17], Lemma 4.9, and Section 3 of [10] for a careful proof in discrete time.

Proof of Theorem 1.1. We begin with the VSRW. The arguments are very similar to those in $[10,12,34]$, so we only mention the key points. We define

$$
\begin{equation*}
\widehat{M}_{n}=\Phi\left(\omega, \widehat{X}_{n}\right), \quad \widehat{M}_{t}^{(\varepsilon)}=\varepsilon \widehat{M}_{\left\lfloor t / \varepsilon^{2}\right\rfloor}, \quad t \geq 0 \tag{5.23}
\end{equation*}
$$

so that

$$
\begin{equation*}
\widehat{X}_{t}^{(\varepsilon)}=\varepsilon \widehat{X}_{\left\lfloor t / \varepsilon^{2}\right\rfloor}=\widehat{M}_{t}^{(\varepsilon)}+\varepsilon \chi\left(\omega, \varepsilon^{-1} \widehat{X}_{t}^{(\varepsilon)}\right) \tag{5.24}
\end{equation*}
$$

Thus it is sufficient to prove that the martingale $\widehat{M}^{(\varepsilon)}$ converges to a multiple of Brownian motion, and that for $\mathbb{P}$-a.a. $\omega$, the second term in (5.24) converges in $P_{\omega}^{0}$-probability to zero.

We start with the control of the corrector, and use [12], Theorem 2.4. This proves that if the corrector $\chi$ has polynomial growth, and is sublinear on average, then Gaussian upper bounds on the heat kernel imply pointwise sublinearity of $\chi$. Thus, using (1.10), (5.14) and (5.21) we have that for $\mathbb{P}$-a.a. $\omega$,

$$
\begin{equation*}
\lim _{n \rightarrow \infty} \max _{|x| \leq n} \frac{|\chi(\omega, x)|}{n}=0 . \tag{5.25}
\end{equation*}
$$

Given (5.25) the Gaussian upper bounds then imply that, for $\mathbb{P}$-a.a. $\omega$,

$$
\begin{equation*}
\varepsilon \chi\left(\omega, \widehat{X}_{\left\lfloor t / \varepsilon^{2}\right\rfloor}\right) \rightarrow 0 \quad \text { in } P_{\omega}^{0} \text {-probability. } \tag{5.26}
\end{equation*}
$$

For the convergence of $\widehat{M}^{(\varepsilon)}$, we proceed as in [10]. Let $v \in \mathbb{R}^{d}$ be a unit vector, write $\widehat{M}_{n}^{v}=v \cdot M_{n}$, and let

$$
F_{K}(\omega)=E_{\omega}^{0}\left(\left|\widehat{M}_{1}^{v}\right|^{2} ;\left|\widehat{M}_{1}^{v}\right| \geq K\right)
$$

Then $F_{K}$ is decreasing in $K$ and

$$
\mathbb{E} F_{K} \leq \mathbb{E} F_{0} \leq d\left\|\Phi_{1}\right\|^{2}
$$

In the notation of Lemma 5.11, $F_{0}(\omega)=\|v \cdot \Phi(\omega, \cdot)\|^{2}$, and so by (5.17) the covariance process of $\widehat{M}^{v}$ is

$$
\left\langle\widehat{M}^{v}\right\rangle_{n}=\sum_{k=0}^{n-1} F_{0}\left(\widehat{Z}_{k}\right)
$$

So by Lemma 5.13 we have $n^{-1}\left\langle\widehat{M}^{v}\right\rangle_{n} \rightarrow \mathbb{E} F_{0}, P_{\omega}^{0}$-a.s., for $\mathbb{P}$-a.a. $\omega$.
Using the same arguments as in [10], Theorem 6.2, it is straightforward to check the conditions of the Lindeberg-Feller FCLT for martingales (see, e.g., [20], Theorem 7.7.3), and deduce that $v \cdot \widehat{M}^{(\varepsilon)}$ converges to a constant multiple of Brownian motion. Hence $\widehat{M}^{(\varepsilon)}$ converges to an $\mathbb{R}^{d}$-valued Brownian motion with nonrandom covariance matrix $D$ given by $D_{i j}=\overline{\mathbb{E}} \Phi_{i} \Phi_{j}$. Since the law of the random variables $\omega(e)$ is invariant under symmetries of $\mathbb{Z}^{d}$, we deduce that there exists $\sigma_{V}^{2} \geq 0$ such that $D=\sigma_{V}^{2} I$, and that

$$
\begin{equation*}
\sigma_{V}^{2}=\overline{\mathbb{E}} \Phi_{1}^{2} \tag{5.27}
\end{equation*}
$$

This establishes the convergence of $\widehat{X}^{(\varepsilon)}$; using Lemma 4.12 gives the convergence of $X^{(\varepsilon)}$ to the same limit.

The global upper bounds on $q_{t}^{\omega}(0, x)$ in Lemma 2.8 imply that if $\lambda>0$ and $\lambda t^{1 / 2} \geq 1$, then

$$
P_{\omega}^{0}\left(\left|X_{t}\right| \leq \lambda t^{1 / 2}\right) \leq c t^{-d / 2}\left|B\left(0, \lambda t^{1 / 2}\right)\right| \leq c^{\prime} \lambda^{d} .
$$

Hence there exists $\lambda>0$ such that for all large $t$,

$$
P_{\omega}^{0}\left(\left|X_{t}\right|>\lambda t^{1 / 2}\right) \geq \frac{1}{2},
$$

which implies that $\sigma_{V}^{2}>0$.
We now consider the CSRW. Recall from (1.1) the definition of $\mu_{x}(\omega)$, set $F(\omega)=\mu_{0}(\omega)$, and

$$
\begin{equation*}
A_{t}=\int_{0}^{t} \mu_{X_{s}} d s=\int_{0}^{t} F\left(Z_{s}\right) d s \tag{5.28}
\end{equation*}
$$

Then if $\tau_{t}=\inf \left\{s \geq 0: A_{s} \geq t\right\}$ is the inverse of $A$, the time changed process

$$
\begin{equation*}
Y_{t}=X_{\tau_{t}} \tag{5.29}
\end{equation*}
$$

is the CSRW.
By the ergodic theorem for the process $Z$,

$$
\lim _{t \rightarrow \infty} t^{-1} A_{t}=\mathbb{E} F=2 d \mathbb{E} \mu_{e}, \quad \mathbb{P}^{*} \text {-a.s. }
$$

So if $\mathbb{E} \mu_{e}<\infty$ then $\tau_{t} / t \rightarrow a$ a.s. where $a=1 / 2 d \mathbb{E} \mu_{e}>0$. Let $Y_{t}^{(\varepsilon)}=\varepsilon Y_{t / \varepsilon^{2}}$. Then

$$
\begin{equation*}
Y_{t}^{(\varepsilon)}=X_{a t}^{(\varepsilon)}+\left(Y_{t}^{(\varepsilon)}-X_{a t}^{(\varepsilon)}\right) \tag{5.30}
\end{equation*}
$$

and using Theorem 4.11 we have for any fixed $t_{0} \geq 0$ that

$$
\begin{equation*}
\sup _{0 \leq t \leq t_{0}}\left|Y_{t}^{(\varepsilon)}-X_{a t}^{(\varepsilon)}\right| \tag{5.31}
\end{equation*}
$$

converges in $P_{\omega}^{0}$-probability to 0 , for $\mathbb{P}$-a.a. $\omega$. Thus $Y^{(\varepsilon)}$ converges to $\sigma_{C} B_{t}^{\prime}$ where $B^{\prime}$ is a Brownian motion and $\sigma_{C}^{2}=a \sigma_{V}^{2}>0$.

In the case when $\mathbb{E} \mu_{e}=\infty$ we have that $\tau_{t} / t \rightarrow 0$, and hence $Y^{(\varepsilon)}$ converges to a degenerate limit.

We conclude this section by stating a local limit theorem for $q_{t}(x, y)$ (for the VSRW). Write

$$
k_{t}(x)=\left(2 \pi t \sigma_{V}^{2}\right)^{-d / 2} e^{-|x|^{2} / 2 \sigma_{V}^{2} t}
$$

for the Gaussian heat kernel with diffusion constant $\sigma_{V}^{2}$ where $\sigma_{V}^{2}$ is as in Theorem 1.1.

THEOREM 5.14. Let $X$ be the VSRW. Let $T>0$. For $x \in \mathbb{R}^{d}$ write $\lfloor x\rfloor=$ $\left(\left\lfloor x_{1}\right\rfloor, \ldots,\left\lfloor x_{d}\right\rfloor\right)$. Then

$$
\begin{equation*}
\lim _{n \rightarrow \infty} \sup _{x \in \mathbb{R}^{d}} \sup _{t \geq T}\left|n^{d / 2} q_{n t}^{\omega}\left(0,\left\lfloor n^{1 / 2} x\right\rfloor\right)-k_{t}(x)\right|=0, \quad \mathbb{P} \text {-a.s. } \tag{5.32}
\end{equation*}
$$

Proof. This is proved as in Section 4 of [3]. We have to verify Assumptions 4.1 and 4.4 in [3], but this is straightforward given the invariance principle and heat kernel bounds in Theorems 1.1 and 1.2, and the PHI in Theorem 4.7.

Note that as $v$ is the invariant measure for $X$, in Assumption 4.1(d) all we need is that $v\left(\Lambda_{n}(x, r)\right) /\left(2 n^{1 / 2} r\right) d$ converges, and as $v_{x}=1$ for all $x$; this is easy. (Here $\left.\Lambda_{n}(x, r)=\left(x n^{1 / 2}+\left[-r n^{1 / 2}, r n^{1 / 2}\right]^{d}\right) \cap \mathbb{Z}^{d}.\right)$

REMARK 5.15. In this section we have constructed a corrector $\chi(\omega, x)$ so that the process

$$
\begin{equation*}
M_{n}=X_{n}-\chi\left(\omega, X_{n}\right), \quad n \in \mathbb{Z}_{+} \tag{5.33}
\end{equation*}
$$

is a (discrete time) martingale. It is natural to ask if $\chi(\omega, \cdot)$ is also a corrector for the continuous time process $X_{t}$.

For the RCM with i.i.d. conductances it is straightforward to check that the condition in Lemma 2.21 involving the set $A(K)$ holds $\mathbb{P}$-a.s. (see [12], Lemma 3.1, for a similar argument). We can therefore use Lemma 2.21 with $h(\cdot)=\chi(\omega, \cdot)$ to deduce that

$$
\begin{equation*}
M_{t}=X_{t}-\chi\left(\omega, X_{t}\right), \quad t \in \mathbb{R}_{+} \tag{5.34}
\end{equation*}
$$

is, for $\mathbb{P}$-a.a. $\omega$, a $P_{\omega}^{0}$-martingale.
6. General ergodic environments. We conclude this paper with some remarks on more general ergodic random environments. First, note that the proof of the invariance principle in Section 5 just uses the facts that the environment is stationary, symmetric and ergodic, and that the heat kernel bounds in Theorem 1.2 hold.

In the proof of Theorem 1.2 the full strength of the assumption that $\mu_{e}$ were i.i.d. was only used at one point, in Theorem 4.3, where we controlled the probability that a ball was not very good. The heat kernel upper bounds in Section 2 only require Assumptions 2.1 and 2.6, together with a comparison of the metrics $\tilde{d}(x, y)$ and $d(x, y)$. Given these upper bounds, and using the fact that $\mu_{e} \geq 1$, no additional hypotheses on $\mu_{e}$ were needed to obtain the lower bounds in Section 3. We therefore have the following:

THEOREM 6.1. Let $\mu_{e}, e \in E_{d}$ be a stationary symmetric ergodic environment, satisfying for some $c_{1}>0$,

$$
\begin{equation*}
\mu_{e} \in\left[c_{1}, \infty\right) \quad \text { for all } e \in E_{d}, \mathbb{P} \text {-a.s. } \tag{6.1}
\end{equation*}
$$

Let $\widetilde{d}_{\omega}(x, y)$ be the metric given by the first passage percolation construction of (2.6), and (as in Definition 2.9) let $V_{x}(\lambda)$ be the smallest integer such that $\left(x, V_{x}(\lambda)\right)$ is $\lambda$-very good. Suppose that there exists $\lambda_{0}<\infty$ and $\eta \in(0,1)$ such that

$$
\begin{equation*}
\mathbb{P}\left(V_{x}\left(\lambda_{0}\right) \geq n\right) \leq c_{1} e^{-c_{2} n^{\eta}} \tag{6.2}
\end{equation*}
$$

Then the conclusions of Theorems 1.1, 1.2(a)-(c), 1.3, 4.7 and 5.14 all hold for the environment ( $\mu_{e}$ ).

Proof. We begin by considering the heat kernel bounds in Theorem 1.2. As in Lemma 4.1, it is immediate that Assumptions 2.1 and 2.6 hold for $\left(\mu_{e}\right), \mathbb{P}$-a.s. Using the hypothesis (6.2) instead of Theorem 4.3, the arguments in Section 4 [except for Theorem 4.9(a), for which see Remark 6.2 below] hold in this more general context, and give Theorems 1.2 and 4.7.

Given Theorem 1.2, the arguments in Section 5 then give the invariance principle (Theorem 1.1) and local limit theorem (Theorem 5.14).

Combining these results gives the Green function estimates in Theorem 1.3.
REMARK 6.2. The proof of Theorem 4.9 used the fact that the bounds in Theorem 4.6 hold for $1-\eta$ as well as for $\eta$. If we only have (6.2) then we obtain

$$
\begin{array}{ll}
\mathbb{E} q_{t}^{\omega}(x, y) \leq c_{1} t^{-d / 2} e^{-c_{2}|x-y|^{2} / t} & \text { if } t \geq c_{3} \vee|x-y|^{1+\eta} \\
\mathbb{E} q_{t}^{\omega}(x, y) \geq c_{4} t^{-d / 2} e^{-c_{5}|x-y|^{2} / t} & \text { if } t \geq c_{6} \vee|x-y|^{2-\eta} \tag{6.4}
\end{array}
$$

REMARK 6.3. If $\mu_{e}$ is bounded and bounded away from 0 , so there exist $0<c_{1} \leq c_{2}<\infty$ such that $\mathbb{P}\left(\mu_{e} \in\left[c_{1}, c_{2}\right]\right)=1$, then the metrics $d(x, y)$ and $\tilde{d}(x, y)$ are comparable. So, taking $\lambda_{0}$ large enough, (6.2) holds.

REMARK 6.4. See [12], Lemma 3.1, or [30], Lemma 5.3, for percolation arguments which are more robust than Theorem 4.3 and which may be useful for establishing (6.2) in more general contexts.

REMARK 6.5. If $\mu_{e}$ is stationary and ergodic, but not invariant with respect to symmetries of $\mathbb{Z}^{d}$, then if (6.2) holds, we still obtain Theorem 1.2, and the convergence of $X^{(n)}$ to a Brownian motion with covariance matrix $D$. However, $D$ need not be diagonal.

REMARK 6.6. Unlike ergodic bounded conductance models, the results of this paper certainly do not hold for all unbounded stationary symmetric ergodic random environments. For example, let $d=2,3,4$ and let $\mathcal{T}$ be a uniform spanning tree on $\mathbb{Z}^{d}$ (see [9]). Then $\mathcal{T}$ is 1 -sided, so from each $x \in \mathbb{Z}^{d}$ there is a unique self-avoiding path $\gamma_{x}$ to infinity. Let $a(x)$ be the first point on this path. Then $a: \mathbb{Z}^{d} \rightarrow \mathbb{Z}^{d}$ and the path $\gamma_{x}$ is $\left\{x, a(x), a^{2}(x), \ldots\right\}$.

Let $N(x)$ be the set of points in $\mathcal{T}$ which are disconnected from infinity by deleting the bond $\{x, a(x)\}$, and let $n(x)=|N(x)|$. As $x \in N(x), n(x) \geq 1$ for all $x$. Let $\mu_{e}=1$ for edges $e \in E_{d}$ which are not in $\mathcal{T}$. Each edge $e \in \mathcal{T}$ is of the form $e=\{x, a(x)\}$ for some $x$, set

$$
\mu_{\{x, a(x)\}}=n(x) e^{n(x)^{2}}
$$

Let $T_{i}, i \geq 1$, be the jump times of the VSRW $X$. Then

$$
\begin{equation*}
P_{\omega}^{x}\left(X_{T_{1}} \neq a(x)\right)=\frac{\sum_{y \neq a(x)} \mu_{x y}}{\mu_{x, a(x)}+\sum_{y \neq a(x)} \mu_{x y}} . \tag{6.5}
\end{equation*}
$$

Fix $x$, and let the neighbors of $x$ in $\mathcal{T}$ be $a(x), y_{1}, \ldots, y_{k}$. Then

$$
\sum_{y \neq a(x)} \mu_{x y}=(2 d-k-1)+\sum_{i=1}^{k} n\left(y_{i}\right) e^{n\left(y_{i}\right)^{2}}
$$

Since $\mu_{x, a(x)}=n(x) e^{n(x)^{2}}$ and $n(x)=1+\sum n\left(y_{i}\right)$, it is easy to see that $p_{0}(x)=P_{\omega}^{x}\left(X_{T_{1}} \neq a(x)\right) \leq 2 d e^{-n(x)^{2}}+\max _{i} e^{n\left(y_{i}\right)^{2}-n(x)^{2}} \leq 2 d e^{-n(x)^{2}}+e^{-n(x) / d}$.
So $\sum_{k} p_{0}\left(a^{k}(x)\right)<\infty$, and it follows that ultimately the process $X$ moves to infinity along a path $\gamma_{x}$ for some $x$. Since $\sum_{k} \mu_{a^{k}(x), a^{k+1}(x)}^{-1}<\infty$ this takes finite time. Hence the quenched invariance principle Theorem 1.1 fails, as well as the Gaussian bounds in Theorem 1.2.

Acknowledgments. The authors thank J. Černý and T. Kumagai for valuable discussions.

## REFERENCES

[1] Barlow, M. T. (2004). Random walks on supercritical percolation clusters. Ann. Probab. 32 3024-3084. MR2094438
[2] Barlow, M. T. and ČERNÝ, J. (2009). Convergence to fractional kinetics for random walks associated with unbounded conductances. Preprint.
[3] Barlow, M. T. and Hambly, B. M. (2009). Parabolic Harnack inequality and local limit theorem for percolation clusters. Electron. J. Probab. 14 1-26. MR2471657
[4] Bass, R. F. (2002). On Aronson's upper bounds for heat kernels. Bull. Lond. Math. Soc. 34 415-419. MR1897420
[5] Barlow, M. T. and Bass, R. F. (1989). The construction of Brownian motion on the Sierpiński carpet. Ann. Inst. H. Poincaré Probab. Statist. 25 225-257. MR1023950
[6] Ben Arous, G., Černý, J. and Mountford, T. (2006). Aging in two-dimensional Bouchaud's model. Probab. Theory Related Fields 134 1-43. MR2221784
[7] Ben Arous, G. and ČERNÝ, J. (2007). Scaling limit for trap models on $\mathbb{Z}^{d}$. Ann. Probab. 35 2356-2384. MR2353391
[8] Ben Arous, G. and Černý, J. (2008). The arcsine law as a universal aging scheme for trap models. Comm. Pure Appl. Math. 61 289-329. MR2376843
[9] Benjamini, I., Lyons, R., Peres, Y. and Schramm, O. (2001). Uniform spanning forests. Ann. Probab. 29 1-65. MR1825141
[10] Berger, N. and Biskup, M. (2007). Quenched invariance principle for simple random walk on percolation clusters. Probab. Theory Related Fields 137 83-120. MR2278453
[11] Berger, N., Biskup, M., Hoffman, C. E. and Kozma, G. (2008). Anomalous heat-kernel decay for random walk among bounded random conductances. Ann. Inst. H. Poincaré Probab. Statist. 44 374-392. MR2446329
[12] Biskup, M. and Prescott, T. M. (2007). Functional CLT for random walk among bounded random conductances. Electron. J. Probab. 12 1323-1348. MR2354160
[13] Boivin, D. and Derriennic, Y. (1991). The ergodic theorem for additive cocycles of $\mathbf{Z}^{d}$ or $\mathbf{R}^{d}$. Ergodic Theory Dynam. Systems 11 19-39. MR1101082
[14] Carlen, E. A., Kusuoka, S. and Stroock, D. W. (1987). Upper bounds for symmetric Markov transition functions. Ann. Inst. H. Poincaré Probab. Statist. 23 245-287. MR898496
[15] Davies, E. B. (1993). Large deviations for heat kernels on graphs. J. Lond. Math. Soc. (2) 47 65-72. MR1200978
[16] Davies, E. B. (1993). Analysis on graphs and noncommutative geometry. J. Funct. Anal. 111 398-430. MR1203460
[17] De Masi, A., Ferrari, P. A., Goldstein, S. and Wick, W. D. (1989). An invariance principle for reversible Markov processes. Applications to random motions in random environments. J. Stat. Phys. 55 787-855. MR1003538
[18] Delmotte, T. (1999). Parabolic Harnack inequality and estimates of Markov chains on graphs. Rev. Mat. Iberoamericana 15 181-232. MR1681641
[19] Delmotte, T. and Deuschel, J.-D. (2005). On estimating the derivatives of symmetric diffusions in stationary random environment, with applications to $\nabla \phi$ interface model. Probab. Theory Related Fields 133 358-390. MR2198017
[20] Durrett, R. (1996). Probability: Theory and Examples, 3rd ed. Duxbury Press, Belmont, CA. MR1609153
[21] Fabes, E. B. and Stroock, D. W. (1986). A new proof of Moser's parabolic Harnack inequality using the old ideas of Nash. Arch. Ration. Mech. Anal. 96 327-338. MR855753
[22] Fukushima, M., Oshima, Y. and Takeda, M. (1994). Dirichlet Forms and Symmetric Markov Processes. De Gruyter Studies in Mathematics 19. De Gruyter, Berlin. MR1303354
[23] Grigor' yan, A. A. (1991). The heat equation on noncompact Riemannian manifolds. Mat. Sb. 72 47-77. MR1098839
[24] Grigor' yan, A. (1997). Gaussian upper bounds for the heat kernel on arbitrary manifolds. J. Differential Geom. 45 33-52. MR1443330
[25] Kesten, H. (1986). Aspects of first passage percolation. In École D'été de Probabilités de Saint-Flour, XIV-1984. Lecture Notes in Math. 1180 125-264. Springer, Berlin. MR876084
[26] Keynes, H. B., Markley, N. G. and Sears, M. (1995). Ergodic averages and integrals of cocycles. Acta Math. Univ. Comenian. (N.S.) 64 123-139. MR1360992
[27] Kipnis, C. and Varadhan, S. R. S. (1986). Central limit theorem for additive functionals of reversible Markov processes and applications to simple exclusions. Comm. Math. Phys. 104 1-19. MR834478
[28] Kozlov, S. (1985). The method of averaging and walks in inhomogeneous environments. Russian Math. Surveys 40 73-145.
[29] Mathieu, P. and Piatnitski, A. (2007). Quenched invariance principles for random walks on percolation clusters. Proc. R. Soc. Lond. Ser. A Math. Phys. Eng. Sci. 463 2287-2307. MR2345229
[30] Mathieu, P. (2008). Quenched invariance principles for random walks with random conductances. J. Stat. Phys. 130 1025-1046. MR2384074
[31] Mourrat, J.-C. (2009). Variance decay for functionals of the environment viewed by the particle. Preprint.
[32] NASH, J. (1958). Continuity of solutions of parabolic and elliptic equations. Amer. J. Math. 80 931-954. MR0100158
[33] Saloff-Coste, L. (1992). A note on Poincaré, Sobolev, and Harnack inequalities. Int. Math. Res. Not. IMRN 2 27-38. MR1150597
[34] Sidoravicius, V. and SZnitman, A.-S. (2004). Quenched invariance principles for walks on clusters of percolation or among random conductances. Probab. Theory Related Fields 129 219-244. MR2063376

| Department of Mathematics | Fachbereich Mathematik |
| :--- | :--- |
| University of British Columbia | Technische Universität Berlin |
| Vancouver, BC V6T 1Z2 | STRASSE DES 17. Juni 136 |
| CANADA | D-10623 BERLIN |
| E-MAIL: barlow@ math.ubc.ca | GERMANY |
|  | E-MAIL: deuschel@math.tu-berlin.de |


[^0]:    Received October 2008.
    ${ }^{1}$ Supported in part by NSERC (Canada) and EPSRC (UK).
    ${ }^{2}$ Supported in part by DFG-Forschergruppe 718.
    AMS 2000 subject classifications. 60K37, 60F17, 82C41.
    Key words and phrases. Random conductance model, heat kernel, invariance principle, ergodic, corrector.

