# Existence of Periodic Solutions for a $2 n$ th-order Nonlinear Difference Equation 

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#### Abstract

By using the critical point theory, the existence of periodic solutions for a $2 n$ th-order nonlinear difference equation is obtained. The main approaches used in our paper are variational techniques and the Saddle Point Theorem. The problem is to solve the existence of periodic solutions for a $2 n$ th-order nonlinear difference equation. Results obtained successfully complement the existing one.


## 1. Introduction

Let $\mathbb{N}, \mathbb{Z}$ and $\mathbb{R}$ denote the sets of all natural numbers, integers and real numbers respectively. For any $a, b \in \mathbb{Z}$, define $\mathbb{Z}(a)=\{a, a+1, \ldots\}, \mathbb{Z}(a, b)=\{a, a+1, \ldots, b\}$ when $a \leq b$. Let the symbol $*$ denote the transpose of a vector.

The present paper considers the following $2 n$ th-order nonlinear difference equation

$$
\begin{equation*}
\Delta^{n}\left(r_{k-n} \Delta^{n} u_{k-n}\right)=(-1)^{n} f\left(k, u_{k+1}, u_{k}, u_{k-1}\right), \quad n \in \mathbb{Z}(3), \quad k \in \mathbb{Z} \tag{1.1}
\end{equation*}
$$

where $\Delta$ is the forward difference operator $\Delta u_{k}=u_{k+1}-u_{k}, \Delta^{n} u_{k}=\Delta\left(\Delta^{n-1} u_{k}\right), r_{k}>0$ is real valued for each $k \in \mathbb{Z}, f \in C\left(\mathbb{R}^{4}, \mathbb{R}\right), r_{k}$ and $f\left(k, v_{1}, v_{2}, v_{3}\right)$ are $T$-periodic in $k$ for a given positive integer $T$.

We may think of (1.1) as a discrete analogue of the following $2 n$ th-order functional differential equation

$$
\begin{equation*}
\frac{d^{n}}{d t^{n}}\left[r(t) \frac{d^{n} u(t)}{d t^{n}}\right]=(-1)^{n} f(t, u(t+1), u(t), u(t-1)), \quad t \in \mathbb{R} \tag{1.2}
\end{equation*}
$$

Equations similar in structure to (1.2) arise in the study of the existence of solitary waves of lattice differential equations, see Smets and Willem (25).

Recently, the theory of nonlinear difference equations has been widely used to study discrete models appearing in many fields such as computer science, economics, neural

[^0]networks, ecology, cybernetics, etc. For example, Elaydi and Sacker 12 studied the periodic Beverton-Holt equation by using the concept of skew-product dynamical systems. For the general background of difference equations, one can refer to monograph [1]. Since the last decade, there has been much progress on the qualitative properties of difference equations, which included results on stability and attractivity and results on oscillation and other topics, see $[1,10,13,19,20,22,26$. Only a few papers discuss the periodic solutions of higher-order difference equations. Therefore, it is worthwhile to explore this topic.

Ahlbrandt and Peterson [2] in 1994 studied the $2 n$ th-order difference equation of the form,

$$
\begin{equation*}
\sum_{i=0}^{n} \Delta^{i}\left(r_{i}(k-i) \Delta^{i} u(k-i)\right)=0 \tag{1.3}
\end{equation*}
$$

in the context of the discrete calculus of variations, and Peil and Peterson 23 studied the asymptotic behavior of solutions of (1.3) with $r_{i}(k) \equiv 0$ for $1 \leq i \leq n-1$. In 1998, Anderson [3] considered (1.3) for $t \in \mathbb{Z}(a)$, and obtained a formulation of generalized zeros and ( $n, n$ )-disconjugacy for (1.3). Migda [22] in 2004 studied an $m$ th-order linear difference equation.

When $\alpha>2$, in Theorem 1.1, Cai and Yu [4] have obtained some criteria for the existence of periodic solutions of a $2 n$ th-order difference equation

$$
\begin{equation*}
\Delta^{n}\left(r_{k-n} \Delta^{n} u_{k-n}\right)+f\left(k, u_{k}\right)=0, \quad n \in \mathbb{Z}(3), \quad k \in \mathbb{Z} \tag{1.4}
\end{equation*}
$$

When $\alpha<2$, can we still find the periodic solutions of (1.4)?
Existence of periodic solutions of higher-order differential equations has been the subject of many investigations [11, 21]. By using various methods and techniques, such as fixed point theory, the Kaplan-Yorke method, coincidence degree theory, bifurcation theory and dynamical system theory etc., a series of existence results for periodic solutions have been obtained in the literature. Critical point theory is also an important tool to deal with problems on differential equations [14-18, 21]. Because of applications in many areas for difference equations $[1,10,13,19,20,22,26]$, recently, a few authors have gradually paid attention to applying critical point theory to deal with periodic solutions on discrete systems, see $[3,10,13,19,20,24,26]$. Particularly, Guo and Yu 19,20 and Shi et al. 24 studied the existence of periodic solutions of second-order nonlinear difference equations by using the critical point theory. Compared to first-order or second-order difference equations, the study of higher-order equations has received considerably less attention (see, for example, $[1,-10,13,19,20,22,26]$ and the references contained therein). However, to the best of our knowledge, results obtained in the literature on the periodic solutions of (1.1)
are very scarce. Since $f$ in (1.1) depends on $u_{n+1}$ and $u_{n-1}$, the traditional ways of establishing the functional in $19,20,26$ are inapplicable to our case. The main purpose of this paper is to give some sufficient conditions for the existence of periodic solutions to a $2 n$ th-order nonlinear difference equation. The proof is based on the Saddle Point Theorem in combination with variational technique. In particular, our results complement the result in the literature [4]. In fact, one can see the following Remark 1.10 for details. The motivation for the present work stems from the recent papers [8, 16].

For basic knowledge of variational methods, the reader is referred to [21]. Let

$$
\underline{r}=\min _{k \in \mathbb{Z}(1, T)}\left\{r_{k}\right\}, \quad \bar{r}=\max _{k \in \mathbb{Z}(1, T)}\left\{r_{k}\right\}
$$

Now we state the main results of this paper.
Theorem 1.1. Assume that the following hypotheses are satisfied:
$\left(\mathrm{F}_{1}\right)$ there exists a functional $F \in C^{1}\left(\mathbb{R}^{3}, \mathbb{R}\right.$ such that

$$
\begin{gathered}
F\left(k+T, v_{1}, v_{2}\right)=F\left(k, v_{1}, v_{2}\right) \\
\frac{\partial F\left(k-1, v_{2}, v_{3}\right)}{\partial v_{2}}+\frac{\partial F\left(k, v_{1}, v_{2}\right)}{\partial v_{2}}=f\left(k, v_{1}, v_{2}, v_{3}\right)
\end{gathered}
$$

$\left(\mathrm{F}_{2}\right)$ there exists a constant $M_{0}>0$ for all $\left(k, v_{1}, v_{2}\right) \in \mathbb{Z} \times \mathbb{R}^{2}$ such that

$$
\left|\frac{\partial F\left(k, v_{1}, v_{2}\right)}{\partial v_{1}}\right| \leq M_{0}, \quad\left|\frac{\partial F\left(k, v_{1}, v_{2}\right)}{\partial v_{2}}\right| \leq M_{0}
$$

( $\mathrm{F}_{3}$ ) $F\left(k, v_{1}, v_{2}\right) \rightarrow+\infty$ uniformly for $k \in \mathbb{Z}$ as $\sqrt{v_{1}^{2}+v_{2}^{2}} \rightarrow+\infty$.
Then for any given positive integer $m>0$, 1.1) has at least one $m T$-periodic solution.
Remark 1.2. Assumption $\left(\mathrm{F}_{2}\right)$ implies that there exists a constant $M_{1}>0$ such that
$\left(\mathrm{F}_{2}^{\prime}\right)\left|F\left(k, v_{1}, v_{2}\right)\right| \leq M_{1}+M_{0}\left(\left|v_{1}\right|+\left|v_{2}\right|\right), \forall\left(k, v_{1}, v_{2}\right) \in \mathbb{Z} \times \mathbb{R}^{2}$.
Theorem 1.3. Assume that $\left(\mathrm{F}_{1}\right)$ holds; further
$\left(\mathrm{F}_{4}\right)$ there exist constants $R_{1}>0$ and $1<\alpha<2$ such that for $k \in \mathbb{Z}$ and $\sqrt{v_{1}^{2}+v_{2}^{2}} \geq R_{1}$,

$$
0<\frac{\partial F\left(k, v_{1}, v_{2}\right)}{\partial v_{1}} v_{1}+\frac{\partial F\left(k, v_{1}, v_{2}\right)}{\partial v_{2}} v_{2} \leq \alpha F\left(k, v_{1}, v_{2}\right)
$$

( $\mathrm{F}_{5}$ ) there exist constants $a_{1}>0, a_{2}>0$ and $1<\gamma \leq \alpha$ such that

$$
F\left(k, v_{1}, v_{2}\right) \geq a_{1}\left(\sqrt{v_{1}^{2}+v_{2}^{2}}\right)^{\gamma}-a_{2}, \quad \forall\left(k, v_{1}, v_{2}\right) \in \mathbb{Z} \times \mathbb{R}^{2}
$$

Then for any given positive integer $m>0$, (1.1) has at least one $m T$-periodic solution.
Remark 1.4. Assumption $\left(\mathrm{F}_{4}\right)$ implies that for each $k \in \mathbb{Z}$ there exist constants $a_{3}>0$ and $a_{4}>0$ such that
$\left(\mathrm{F}_{4}^{\prime}\right) F\left(k, v_{1}, v_{2}\right) \leq a_{3}\left(\sqrt{v_{1}^{2}+v_{2}^{2}}\right)^{\alpha}+a_{4}, \forall\left(k, v_{1}, v_{2}\right) \in \mathbb{Z} \times \mathbb{R}^{2}$.
Remark 1.5. The results of Theorems 1.1 and 1.3 ensure that 1.1 has at least one $m T$ periodic solution. However, in some cases, we are interested in the existence of nontrivial periodic solutions for (1.1).

In this case, we have
Theorem 1.6. Assume that $\left(\mathrm{F}_{1}\right)$ holds; further
( $\left.\mathrm{F}_{6}\right) F(k, 0,0)=0, f\left(k, v_{1}, v_{2}, v_{3}\right)=0$ if and only if $v_{2}=0$, for all $k \in \mathbb{Z}$;
( $\mathrm{F}_{7}$ ) there exists a constant $1<\alpha<2$ such that for $k \in \mathbb{Z}$,

$$
0<\frac{\partial F\left(k, v_{1}, v_{2}\right)}{\partial v_{1}} v_{1}+\frac{\partial F\left(k, v_{1}, v_{2}\right)}{\partial v_{2}} v_{2} \leq \alpha F\left(k, v_{1}, v_{2}\right), \quad \forall\left(v_{1}, v_{2}\right) \neq(0,0)
$$

( $\mathrm{F}_{8}$ ) there exist constants $a_{5}>0$ and $1<\gamma \leq \alpha$ such that

$$
F\left(k, v_{1}, v_{2}\right) \geq a_{5}\left(\sqrt{v_{1}^{2}+v_{2}^{2}}\right)^{\gamma}, \quad \forall\left(k, v_{1}, v_{2}\right) \in \mathbb{Z} \times \mathbb{R}^{2}
$$

Then for any given positive integer $m>0$, 1.1) has at least one nontrivial $m T$-periodic solution.

Theorem 1.7. Assume that $\left(\mathrm{F}_{1}\right)-\left(\mathrm{F}_{3}\right)$ and $\left(\mathrm{F}_{6}\right)$ hold; further
( $\mathrm{F}_{9}$ ) there exist constants $a_{6}>0$ and $0<\theta<2$ such that

$$
F\left(k, v_{1}, v_{2}\right) \geq a_{6}\left(\sqrt{v_{1}^{2}+v_{2}^{2}}\right)^{\theta}, \quad \forall\left(k, v_{1}, v_{2}\right) \in \mathbb{Z} \times \mathbb{R}^{2}
$$

Then for any given positive integer $m>0$, 1.1 has at least one nontrivial $m T$-periodic solution.

If $f\left(k, u_{k+1}, u_{k}, u_{k-1}\right)=-f\left(k, u_{k}\right)$, (1.1) reduces to (1.4). Then, we have the following results.

Theorem 1.8. Assume that the following hypotheses are satisfied:
$\left(\mathrm{F}_{10}\right)$ there exists a functional $F(k, v) \in C^{1}(\mathbb{Z} \times \mathbb{R}, \mathbb{R}), F(k+T, v)=F(k, v)$ such that

$$
\frac{\partial F(k, v)}{\partial v}=f(k, v)
$$

$\left(\mathrm{F}_{11}\right) F(k, 0)=0$, for all $k \in \mathbb{Z}$;
$\left(\mathrm{F}_{12}\right)$ there exists a constant $1<\alpha<2$ such that for $k \in \mathbb{Z}$,

$$
\alpha F(k, v) \leq v f(k, v)<0, \quad|v| \neq 0 ;
$$

( $\mathrm{F}_{13}$ ) there exist constants $a_{7}>0$ and $1<\gamma \leq \alpha$ such that

$$
F(k, v) \leq-a_{7}|v|^{\gamma}, \quad \forall(k, v) \in \mathbb{Z} \times \mathbb{R} .
$$

Then for any given positive integer $m>0,1.4$ has at least one nontrivial $m T$-periodic solution.

Theorem 1.9. Assume that ( $\mathrm{F}_{10}$ ) holds; further
$\left(\mathrm{F}_{14}\right)$ there exists a constant $M_{0}>0$ for all $(k, v) \in \mathbb{Z} \times \mathbb{R}$ such that $|f(k, v)| \leq M_{0}$;
$\left(\mathrm{F}_{15}\right) F(k, v) \rightarrow-\infty$ uniformly for $k \in \mathbb{Z}$ as $v \rightarrow+\infty$;
$\left(\mathrm{F}_{16}\right) F(k, 0)=0, f(k, v)=0$ if and only if $v=0$, for all $k \in \mathbb{Z}$;
( $\mathrm{F}_{17}$ ) there exist constants $a_{8}>0$ and $0<\theta<2$ such that

$$
F(k, v) \leq-a_{8}|v|^{\theta}, \quad \forall(k, v) \in \mathbb{Z} \times \mathbb{R}
$$

Then for any given positive integer $m>0$, 1.4) has at least one nontrivial $m T$-periodic solution.

Remark 1.10. When $\alpha>2$, in Theorem 1.1. Cai and Yu [4] have obtained some criteria for the existence of periodic solutions of $\sqrt{1.4}$. When $\alpha<2$, we can still find the periodic solutions of (1.4). Hence, Theorems 1.8 and 1.9 complement the existing one.

The rest of the paper is organized as follows. First, in Section 2, we shall establish the variational framework associated with (1.1) and transfer the problem of the existence of periodic solutions of (1.1) into that of the existence of critical points of the corresponding functional. Some related fundamental results will also be recalled. Then, in Section 3, we shall complete the proof of the results by using the critical point method. Finally, in Section 4, we shall give two examples to illustrate the main results.

## 2. Variational structure and some lemmas

In order to apply the critical point theory, we shall establish the corresponding variational framework for 1.1 and give some lemmas which will be of fundamental importance in proving our main results. We start by some basic notations.

Let $S$ be the set of sequences $u=\left(\ldots, u_{-k}, \ldots, u_{-1}, u_{0}, u_{1}, \ldots, u_{k}, \ldots\right)=\left\{u_{k}\right\}_{k=-\infty}^{+\infty}$, that is

$$
S=\left\{\left\{u_{k}\right\} \mid u_{k} \in \mathbb{R}, k \in \mathbb{Z}\right\}
$$

For any $u, v \in S, a, b \in \mathbb{R}, a u+b v$ is defined by

$$
a u+b v=\left\{a u_{k}+b v_{k}\right\}_{k=-\infty}^{+\infty} .
$$

Then $S$ is a vector space.
For any given positive integers $m$ and $T, E_{m T}$ is defined as a subspace of $S$ by

$$
E_{m T}=\left\{u \in S \mid u_{k+m T}=u_{k}, \forall k \in \mathbb{Z}\right\} .
$$

Clearly, $E_{m T}$ is isomorphic to $\mathbb{R}^{m T} . E_{m T}$ can be equipped with the inner product

$$
\begin{equation*}
\langle u, v\rangle=\sum_{j=1}^{m T} u_{j} v_{j}, \quad \forall u, v \in E_{m T} \tag{2.1}
\end{equation*}
$$

by which the norm $\|\cdot\|$ can be induced by

$$
\begin{equation*}
\|u\|=\left(\sum_{j=1}^{m T} u_{j}^{2}\right)^{\frac{1}{2}}, \quad \forall u \in E_{m T} \tag{2.2}
\end{equation*}
$$

It is obvious that $E_{m T}$ with the inner product 2.1 is a finite dimensional Hilbert space and linearly homeomorphic to $\mathbb{R}^{m T}$.

On the other hand, we define the norm $\|\cdot\|_{s}$ on $E_{m T}$ as follows:

$$
\begin{equation*}
\|u\|_{s}=\left(\sum_{j=1}^{m T}\left|u_{j}\right|^{s}\right)^{\frac{1}{s}} \tag{2.3}
\end{equation*}
$$

for all $u \in E_{m T}$ and $s>1$.
Since $\|u\|_{s}$ and $\|u\|_{2}$ are equivalent, there exist constants $c_{1}, c_{2}$ such that $c_{2} \geq c_{1}>0$, and

$$
\begin{equation*}
c_{1}\|u\|_{2} \leq\|u\|_{s} \leq c_{2}\|u\|_{2}, \quad \forall u \in E_{m T} \tag{2.4}
\end{equation*}
$$

Clearly, $\|u\|=\|u\|_{2}$. For all $u \in E_{m T}$, define the functional $J$ on $E_{m T}$ as follows:

$$
\begin{align*}
J(u) & =-\frac{1}{2} \sum_{k=1}^{m T} r_{k-1}\left(\Delta^{n} u_{k-1}\right)^{2}+\sum_{k=1}^{m T} F\left(k, u_{k+1}, u_{k}\right)  \tag{2.5}\\
& :=-H(u)+\sum_{k=1}^{m T} F\left(k, u_{k+1}, u_{k}\right)
\end{align*}
$$

where

$$
H(u)=\frac{1}{2} \sum_{k=1}^{m T} r_{k-1}\left(\Delta^{n} u_{k-1}\right)^{2}, \quad \frac{\partial F\left(k-1, v_{2}, v_{3}\right)}{\partial v_{2}}+\frac{\partial F\left(k, v_{1}, v_{2}\right)}{\partial v_{2}}=f\left(k, v_{1}, v_{2}, v_{3}\right)
$$

Clearly, $J \in C^{1}\left(E_{m T}, \mathbb{R}\right)$ and for any $u=\left\{u_{k}\right\}_{k \in \mathbb{Z}} \in E_{m T}$, by using $u_{0}=u_{m T}$, $u_{1}=u_{m T+1}$, we can compute the partial derivative as

$$
\frac{\partial J}{\partial u_{k}}=(-1)^{n+1} \Delta^{n}\left(r_{k-n} \Delta^{n} u_{k-n}\right)+f\left(k, u_{k+1}, u_{k}, u_{k-1}\right)
$$

Thus, $u$ is a critical point of $J$ on $E_{m T}$ if and only if

$$
\Delta^{n}\left(r_{k-n} \Delta^{n} u_{k-n}\right)=(-1)^{n} f\left(k, u_{k+1}, u_{k}, u_{k-1}\right), \quad \forall k \in \mathbb{Z}(1, m T)
$$

Due to the periodicity of $u=\left\{u_{k}\right\}_{k \in \mathbb{Z}} \in E_{m T}$ and $f\left(k, v_{1}, v_{2}, v_{3}\right)$ in the first variable $k$, we reduce the existence of periodic solutions of (1.1) to the existence of critical points of $J$ on $E_{m T}$. That is, the functional $J$ is just the variational framework of (1.1).

Let

$$
P=\left(\begin{array}{cccccc}
2 & -1 & 0 & \cdots & 0 & -1 \\
-1 & 2 & -1 & \cdots & 0 & 0 \\
0 & -1 & 2 & \cdots & 0 & 0 \\
\cdots & \ldots & \ldots & \ldots & \cdots & \cdots
\end{array}\right] \cdots .
$$

be a $m T \times m T$ matrix. By matrix theory, we see that the eigenvalues of $P$ are

$$
\begin{equation*}
\lambda_{j}=2\left(1-\cos \frac{2 j}{m T} \pi\right), \quad j=0,1,2, \ldots, m T-1 \tag{2.6}
\end{equation*}
$$

Thus, $\lambda_{0}=0, \lambda_{1}>0, \lambda_{2}>0, \ldots, \lambda_{m T-1}>0$. Therefore,

$$
\begin{cases}\lambda_{\min }=\min \left\{\lambda_{1}, \lambda_{2}, \ldots, \lambda_{m T-1}\right\}=2\left(1-\cos \frac{2}{m T} \pi\right),  \tag{2.7}\\ \lambda_{\max }=\max \left\{\lambda_{1}, \lambda_{2}, \ldots, \lambda_{m T-1}\right\}= \begin{cases}4, & \text { when } m T \text { is even } \\ 2\left(1+\cos \frac{1}{m T} \pi\right), & \text { when } m T \text { is odd }\end{cases} \end{cases}
$$

Let

$$
W=\operatorname{ker} P=\left\{u \in E_{m T} \mid P u=0 \in \mathbb{R}^{m T}\right\}
$$

Then

$$
W=\left\{u \in E_{m T} \mid u=\{c\}, c \in \mathbb{R}\right\} .
$$

Let $V$ be the direct orthogonal complement of $E_{m T}$ to $W$, i.e., $E_{m T}=V \oplus W$. For convenience, we identify $u \in E_{m T}$ with $u=\left(u_{1}, u_{2}, \ldots, u_{m T}\right)^{*}$.

Let $E$ be a real Banach space, $J \in C^{1}(E, \mathbb{R})$, i.e., $J$ is a continuously Fréchetdifferentiable functional defined on $E . J$ is said to satisfy the Palais-Smale condition (P.S. condition for short) if any sequence $\left\{u^{(i)}\right\} \subset E$ for which $\left\{J\left(u^{(i)}\right)\right\}$ is bounded and $J^{\prime}\left(u^{(i)}\right) \rightarrow 0(i \rightarrow \infty)$ possesses a convergent subsequence in $E$.

Let $B_{\rho}$ denote the open ball in $E$ about 0 of radius $\rho$ and let $\partial B_{\rho}$ denote its boundary.
Lemma 2.1 (Saddle Point Theorem [21]). Let E be a real Banach space, $E=E_{1} \oplus$ $E_{2}$, where $E_{1} \neq\{0\}$ and is finite dimensional. Suppose that $J \in C^{1}(E, \mathbb{R})$ satisfies the P.S. condition and
$\left(\mathrm{J}_{1}\right)$ there exist constants $\sigma, \rho>0$ such that $\left.J\right|_{\partial B_{\rho} \cap E_{1}} \leq \sigma$;
$\left(\mathrm{J}_{2}\right)$ there exists $e \in B_{\rho} \cap E_{1}$ and a constant $\omega \geq \sigma$ such that $J_{e+E_{2}} \geq \omega$.
Then $J$ possesses a critical value $c \geq \omega$, where

$$
c=\inf _{h \in \Gamma} \max _{u \in B_{\rho} \cap E_{1}} J(h(u)), \quad \Gamma=\left\{h \in C\left(\bar{B}_{\rho} \cap E_{1}, E\right)|h|_{\partial B_{\rho} \cap E_{1}}=\operatorname{id}\right\}
$$

and id denotes the identity operator.
Lemma 2.2. Assume that $\left(\mathrm{F}_{1}\right)-\left(\mathrm{F}_{3}\right)$ are satisfied. Then $J$ satisfies the P.S. condition.
Proof. Let $\left\{u^{(i)}\right\} \subset E_{m T}$ be such that $\left\{J\left(u^{(i)}\right)\right\}$ is bounded and $J^{\prime}\left(u^{(i)}\right) \rightarrow 0$ as $i \rightarrow \infty$. Then there exists a positive constant $M_{2}$ such that $\left|J\left(u^{(i)}\right)\right| \leq M_{2}$.

Let $u^{(i)}=v^{(i)}+w^{(i)} \in V+W$. For $i$ large enough, since

$$
-\|u\|_{2} \leq\left\langle J^{\prime}\left(u^{(i)}\right), u\right\rangle=-\left\langle H^{\prime}\left(u^{(i)}\right), u\right\rangle+\sum_{k=1}^{m T} f\left(k, u_{k+1}^{(i)}, u_{k}^{(i)}, u_{k-1}^{(i)}\right) u_{k}
$$

combining with $\left(\mathrm{F}_{2}\right)$ and $\left(\mathrm{F}_{3}\right)$, we have

$$
\begin{aligned}
\left\langle H^{\prime}\left(v^{(i)}\right), v^{(i)}\right\rangle & \leq \sum_{k=1}^{m T} f\left(k, v_{k+1}^{(i)}, v_{k}^{(i)}, v_{k-1}^{(i)}\right) v_{k}^{(i)}+\left\|v^{(i)}\right\|_{2} \\
& \leq 2 M_{0} \sum_{k=1}^{m T}\left|v_{k}^{(i)}\right|+\left\|v^{(i)}\right\|_{2} \\
& \leq\left(2 M_{0} \sqrt{m T}+1\right)\left\|v^{(i)}\right\|_{2}
\end{aligned}
$$

On the other hand, we know that

$$
\left\langle H^{\prime}\left(v^{(i)}\right), v^{(i)}\right\rangle=\sum_{k=1}^{m T} r_{k-1}\left(\Delta^{n} v_{k-1}^{(i)}, \Delta^{n} v_{k-1}^{(i)}\right)=\sum_{k=1}^{m T} r_{k}\left(\Delta^{n} v_{k}^{(i)}, \Delta^{n} v_{k}^{(i)}\right)=2 H\left(v^{(i)}\right) .
$$

Since

$$
\frac{r}{2} \lambda_{\min }\left\|x^{(i)}\right\|_{2}^{2} \leq \frac{r}{2}\left(x^{(i)}\right)^{*} P\left(x^{(i)}\right) \leq H\left(v^{(i)}\right) \leq \frac{\bar{r}}{2}\left(x^{(i)}\right)^{*} P\left(x^{(i)}\right) \leq \frac{\bar{r}}{2} \lambda_{\max }\left\|x^{(i)}\right\|_{2}^{2},
$$

and

$$
\begin{aligned}
\lambda_{\min }^{n-1}\left\|v^{(i)}\right\|_{2}^{2} & \leq\left\|x^{(i)}\right\|_{2}^{2}=\sum_{k=1}^{m T}\left(\Delta^{n-2} v_{k+1}^{(i)}-\Delta^{n-2} v_{k}^{(i)}\right)^{2} \\
& \leq \lambda_{\max } \sum_{k=1}^{m T}\left(\Delta^{n-2} v_{k}^{(i)}\right)^{2} \leq \lambda_{\max }^{n-1}\left\|v^{(i)}\right\|_{2}^{2}
\end{aligned}
$$

where $x^{(i)}=\left(\Delta^{n-1} v_{1}^{(i)}, \Delta^{n-1} v_{2}^{(i)}, \ldots, \Delta^{n-1} v_{m T}^{(i)}\right)^{*}$, we get

$$
\begin{equation*}
\frac{r}{\overline{2}} \lambda_{\min }^{n}\left\|v^{(i)}\right\|_{2}^{2} \leq H\left(v^{(i)}\right) \leq \frac{\bar{r}}{2} \lambda_{\max }^{n}\left\|v^{(i)}\right\|_{2}^{2} . \tag{2.8}
\end{equation*}
$$

Thus, we have

$$
\underline{r} \lambda_{\min }^{n}\left\|v^{(i)}\right\|_{2}^{2} \leq\left(2 M_{0} \sqrt{m T}+1\right)\left\|v^{(i)}\right\|_{2} .
$$

The above inequality implies that $\left\{v^{(i)}\right\}$ is bounded.
Next, we shall prove that $\left\{w^{(i)}\right\}$ is bounded. Since

$$
\begin{aligned}
M_{2} & \geq J\left(u^{(i)}\right)=-H\left(u^{(i)}\right)+\sum_{k=1}^{m T} F\left(k, u_{k+1}^{(i)}, u_{k}^{(i)}\right) \\
& =-H\left(v^{(i)}\right)+\sum_{k=1}^{m T}\left[F\left(k, u_{k+1}^{(i)}, u_{k}^{(i)}\right)-F\left(k, w_{k+1}^{(i)}, w_{k}^{(i)}\right)\right]+\sum_{k=1}^{m T} F\left(k, w_{k+1}^{(i)}, w_{k}^{(i)}\right),
\end{aligned}
$$

combining with 2.8), we get

$$
\begin{aligned}
\sum_{k=1}^{m T} F\left(k, w_{k+1}^{(i)}, w_{k}^{(i)}\right) \leq & M_{2}+H\left(v^{(i)}\right)+\sum_{k=1}^{m T}\left|F\left(k, u_{k+1}^{(i)}, u_{k}^{(i)}\right)-F\left(k, w_{k+1}^{(i)}, w_{k}^{(i)}\right)\right| \\
\leq & M_{2}+\frac{\bar{r}}{2} \lambda_{\max }^{n}\left\|v^{(i)}\right\|_{2}^{2} \\
+\sum_{k=1}^{m T} \mid & \frac{\partial F\left(k, w_{k+1}^{(i)}+\theta v_{k+1}^{(i)}, w_{k}^{(i)}+\theta v_{k}^{(i)}\right)}{\partial v_{1}} \cdot v_{k+1}^{(i)} \\
& \left.+\frac{\partial F\left(k, w_{k+1}^{(i)}+\theta v_{k+1}^{(i)}, w_{k}^{(i)}+\theta v_{k}^{(i)}\right)}{\partial v_{2}} \cdot v_{k}^{(i)} \right\rvert\, \\
\leq & M_{2}+\frac{\bar{r}}{2} \lambda_{\max }^{n}\left\|v^{(i)}\right\|_{2}^{2}+2 M_{0} \sqrt{m T}\left\|v^{(i)}\right\|_{2}
\end{aligned}
$$

where $\theta \in(0,1)$. It is not difficult to see that $\left\{\sum_{k=1}^{m T} F\left(k, w_{k+1}^{(i)}, w_{k}^{(i)}\right)\right\}$ is bounded.

By $\left(\mathrm{F}_{3}\right),\left\{w^{(i)}\right\}$ is bounded. Otherwise, assume that $\left\|w^{(i)}\right\|_{2} \rightarrow+\infty$ as $i \rightarrow \infty$. Since there exist $z^{(i)} \in \mathbb{R}, i \in \mathbb{N}$, such that $w^{(i)}=\left(z^{(i)}, z^{(i)}, \ldots, z^{(i)}\right)^{*} \in E_{m T}$, then

$$
\left\|w^{(i)}\right\|_{2}=\left(\sum_{k=1}^{m T}\left|w_{k}^{(i)}\right|^{2}\right)^{\frac{1}{2}}=\left(\sum_{k=1}^{m T}\left|z^{(i)}\right|^{2}\right)^{\frac{1}{2}}=\sqrt{m T}\left|z^{(i)}\right| \rightarrow+\infty
$$

as $i \rightarrow \infty$. Since $F\left(k, w_{k+1}^{(i)}, w_{k}^{(i)}\right)=F\left(k, z^{(i)}, z^{(i)}\right)$, then $F\left(k, w_{k+1}^{(i)}, w_{k}^{(i)}\right) \rightarrow+\infty$ as $i \rightarrow \infty$. This contradicts the fact that $\left\{\sum_{k=1}^{m T} F\left(k, w_{k+1}^{(i)}, w_{k}^{(i)}\right)\right\}$ is bounded. Thus the P.S. condition is verified.

Lemma 2.3. Assume that $\left(\mathrm{F}_{1}\right),\left(\mathrm{F}_{4}\right)$ and $\left(\mathrm{F}_{5}\right)$ are satisfied. Then $J$ satisfies the P.S. condition.

Proof. Let $\left\{u^{(i)}\right\} \subset E_{m T}$ be such that $\left\{J\left(u^{(i)}\right)\right\}$ is bounded and $J^{\prime}\left(u^{(i)}\right) \rightarrow 0$ as $i \rightarrow \infty$. Then there exists a positive constant $M_{3}$ such that $\left|J\left(u^{(i)}\right)\right| \leq M_{3}$.

For $i$ large enough, we have

$$
\left|\left\langle J^{\prime}\left(u^{(i)}\right), u^{(i)}\right\rangle\right| \leq\left\|u^{(i)}\right\|_{2} .
$$

So

$$
\begin{aligned}
& M_{3}+\frac{1}{2}\left\|u^{(i)}\right\|_{2} \\
\geq & J\left(u^{(i)}\right)-\frac{1}{2}\left\langle J^{\prime}\left(u^{(i)}\right), u^{(i)}\right\rangle \\
= & \sum_{k=1}^{m T}\left[F\left(k, u_{k+1}^{(i)}, u_{k}^{(i)}\right)-\frac{1}{2}\left(\frac{\partial F\left(k-1, u_{k}^{(i)}, u_{k-1}^{(i)}\right)}{\partial v_{2}} \cdot u_{k}^{(i)}+\frac{\partial F\left(k, u_{k+1}^{(i)}, u_{k}^{(i)}\right)}{\partial v_{2}} \cdot u_{k}^{(i)}\right)\right] \\
= & \sum_{k=1}^{m T}\left[F\left(k, u_{k+1}^{(i)}, u_{k}^{(i)}\right)-\frac{1}{2}\left(\frac{\partial F\left(k, u_{k+1}^{(i)}, u_{k}^{(i)}\right)}{\partial v_{1}} \cdot u_{k+1}^{(i)}+\frac{\partial F\left(k, u_{k+1}^{(i)}, u_{k}^{(i)}\right)}{\partial v_{2}} \cdot u_{k}^{(i)}\right)\right]
\end{aligned}
$$

Take

$$
I_{1}=\left\{k \in \mathbb{Z}(1, m T) \mid \sqrt{\left(u_{k+1}^{(i)}\right)^{2}+\left(u_{k}^{(i)}\right)^{2}} \geq R_{1}\right\}
$$

and

$$
I_{2}=\left\{k \in \mathbb{Z}(1, m T) \mid \sqrt{\left(u_{k+1}^{(i)}\right)^{2}+\left(u_{k}^{(i)}\right)^{2}}<R_{1}\right\} .
$$

By $\left(\mathrm{F}_{4}\right)$, we have

$$
M_{3}+\frac{1}{2}\left\|u^{(i)}\right\|_{2}
$$

$$
\begin{aligned}
\geq & \sum_{k=1}^{m T} F\left(k, u_{k+1}^{(i)}, u_{k}^{(i)}\right)-\frac{1}{2} \sum_{k \in I_{1}}\left[\frac{\partial F\left(k, u_{k+1}^{(i)}, u_{k}^{(i)}\right)}{\partial v_{1}} \cdot u_{k+1}^{(i)}+\frac{\partial F\left(k, u_{k+1}^{(i)}, u_{k}^{(i)}\right)}{\partial v_{2}} \cdot u_{k}^{(i)}\right] \\
& -\frac{1}{2} \sum_{k \in I_{2}}\left[\frac{\partial F\left(k, u_{k+1}^{(i)}, u_{k}^{(i)}\right)}{\partial v_{1}} \cdot u_{k+1}^{(i)}+\frac{\partial F\left(k, u_{k+1}^{(i)}, u_{k}^{(i)}\right)}{\partial v_{2}} \cdot u_{k}^{(i)}\right] \\
\geq & \sum_{k=1}^{m T} F\left(k, u_{k+1}^{(i)}, u_{k}^{(i)}\right)-\frac{\alpha}{2} \sum_{k \in I_{1}} F\left(k, u_{k+1}^{(i)}, u_{k}^{(i)}\right) \\
& -\frac{1}{2} \sum_{k \in I_{2}}\left[\frac{\partial F\left(k, u_{k+1}^{(i)}, u_{k}^{(i)}\right)}{\partial v_{1}} \cdot u_{k+1}^{(i)}+\frac{\partial F\left(k, u_{k+1}^{(i)}, u_{k}^{(i)}\right)}{\partial v_{2}} \cdot u_{k}^{(i)}\right] \\
= & \left(1-\frac{\alpha}{2}\right) \sum_{k=1}^{m T} F\left(k, u_{k+1}^{(i)}, u_{k}^{(i)}\right) \\
& +\frac{1}{2} \sum_{k \in I_{2}}\left[\alpha F\left(k, u_{k+1}^{(i)}, u_{k}^{(i)}\right)-\frac{\partial F\left(k, u_{k+1}^{(i)}, u_{k}^{(i)}\right)}{\partial v_{1}} \cdot u_{k+1}^{(i)}-\frac{\partial F\left(k, u_{k+1}^{(i)}, u_{k}^{(i)}\right)}{\partial v_{2}} \cdot u_{k}^{(i)}\right] .
\end{aligned}
$$

The continuity of $\alpha F\left(k, v_{1}, v_{2}\right)-\frac{\partial F\left(k, v_{1}, v_{2}\right)}{\partial v_{1}} v_{1}-\frac{\partial F\left(k, v_{1}, v_{2}\right)}{\partial v_{2}} v_{2}$ with respect to the second and third variables implies that there exists a constant $M_{4}>0$ such that

$$
\alpha F\left(k, v_{1}, v_{2}\right)-\frac{\partial F\left(k, v_{1}, v_{2}\right)}{\partial v_{1}} v_{1}-\frac{\partial F\left(k, v_{1}, v_{2}\right)}{\partial v_{2}} v_{2} \geq-M_{6},
$$

for $k \in \mathbb{Z}(1, m T)$ and $\sqrt{v_{1}^{2}+v_{2}^{2}} \leq R_{1}$. Therefore,

$$
M_{3}+\frac{1}{2}\left\|u^{(i)}\right\|_{2} \geq\left(1-\frac{\alpha}{2}\right) \sum_{k=1}^{m T} F\left(k, u_{k+1}^{(i)}, u_{k}^{(i)}\right)-\frac{1}{2} m T M_{4} .
$$

By ( $\mathrm{F}_{5}$ ), we get

$$
\begin{aligned}
M_{3}+\frac{1}{2}\left\|u^{(i)}\right\|_{2} & \geq\left(1-\frac{\alpha}{2}\right) a_{1} \sum_{k=1}^{m T}\left[\sqrt{\left(u_{k+1}^{(i)}\right)^{2}+\left(u_{k}^{(i)}\right)^{2}}\right]^{\gamma}-\left(1-\frac{\alpha}{2}\right) a_{2} m T-\frac{1}{2} m T M_{4} \\
& \geq\left(1-\frac{\alpha}{2}\right) a_{1} \sum_{k=1}^{m T}\left|u_{k}^{(i)}\right|^{\gamma}-M_{5}
\end{aligned}
$$

where $M_{5}=\left(1-\frac{\alpha}{2}\right) a_{2} m T+\frac{1}{2} m T M_{4}$.
Combining with (2.4), we have

$$
M_{3}+\frac{1}{2}\left\|u^{(i)}\right\|_{2} \geq\left(1-\frac{\alpha}{2}\right) a_{1} c_{1}^{\gamma}\left\|u^{(i)}\right\|_{2}^{\gamma}-M_{5}
$$

Thus,

$$
\left(1-\frac{\alpha}{2}\right) a_{1} c_{1}^{\gamma}\left\|u^{(i)}\right\|_{2}^{\gamma}-\frac{1}{2}\left\|u^{(i)}\right\|_{2} \leq M_{3}+M_{5}
$$

This implies that $\left\{\left\|u^{(i)}\right\|_{2}\right\}$ is bounded on the finite dimensional space $E_{m T}$. As a consequence, it has a convergent subsequence.

## 3. Proof of the main results

In this section, we shall prove our main results by using the critical point method.
Proof of Theorem 1.1. By Lemma 2.2, we know that $J$ satisfies the P.S. condition. In order to prove Theorem 1.1 by using the Saddle Theorem, we shall prove the conditions $\left(\mathrm{J}_{1}\right)$ and $\left(\mathrm{J}_{2}\right)$.

From (2.8) and $\left(\mathrm{F}_{2}^{\prime}\right)$, for any $v \in V$,

$$
\begin{aligned}
J(v) & =-H(v)+\sum_{k=1}^{m T} F\left(k, v_{k+1}, v_{k}\right) \\
& \leq-\frac{1}{2} \lambda_{\min }^{n}\|v\|_{2}^{2}+m T M_{1}+M_{0} \sum_{k=1}^{m T}\left(\left|v_{k+1}\right|+\left|v_{k}\right|\right) \\
& \leq-\frac{1}{2} \lambda_{\min }^{n}\|v\|_{2}^{2}+m T M_{1}+2 M_{0} \sqrt{m T}\|v\|_{2} \rightarrow-\infty \quad \text { as }\|v\|_{2} \rightarrow+\infty .
\end{aligned}
$$

Therefore, it is easy to see that the condition $\left(\mathrm{J}_{1}\right)$ is satisfied.
In the following, we shall verify the condition $\left(\mathrm{J}_{2}\right)$. For any $w \in W, w=\left(w_{1}, w_{2}, \ldots\right.$, $\left.w_{m T}\right)^{*}$, there exists $z \in \mathbb{R}$ such that $w_{k}=z$, for all $k \in \mathbb{Z}(1, m T)$. By $\left(\mathrm{F}_{3}\right)$, we know that there exists a constant $R_{0}>0$ such that $F(k, z, z)>0$ for $k \in \mathbb{Z}$ and $|z|>\frac{R_{0}}{\sqrt{2}}$. Let $M_{6}=\min _{k \in \mathbb{Z},|z| \leq R_{0} / \sqrt{2}} F(k, z, z), M_{7}=\min \left\{0, M_{6}\right\}$. Then

$$
F(k, z, z) \geq M_{7}, \quad \forall(k, z, z) \in \mathbb{Z} \times \mathbb{R}^{2}
$$

So we have

$$
J(w)=\sum_{k=1}^{m T} F\left(k, w_{k+1}, w_{k}\right)=\sum_{k=1}^{m T} F(k, z, z) \geq m T M_{7}, \quad \forall w \in W .
$$

The conditions of $\left(\mathrm{J}_{1}\right)$ and $\left(\mathrm{J}_{2}\right)$ are satisfied.
Proof of Theorem 1.3. By Lemma 2.3, $J$ satisfies the P.S. condition. To apply the Saddle Point Theorem, it suffices to prove that $J$ satisfies the conditions $\left(\mathrm{J}_{1}\right)$ and $\left(\mathrm{J}_{2}\right)$.

For any $w \in W$, since $H(w)=0$, we have

$$
J(w)=\sum_{k=1}^{m T} F\left(k, w_{k+1}, w_{k}\right) .
$$

$B y\left(F_{5}\right)$,

$$
J(w) \geq a_{1} \sum_{k=1}^{m T}\left(\sqrt{w_{k+1}^{2}+w_{k}^{2}}\right)^{\gamma}-a_{2} m T \geq-a_{2} m T
$$

Combining with $\left(\mathrm{F}_{4}^{\prime}\right)$, 2.4) and (2.8), for any $v \in V$, we get, like before,

$$
\begin{aligned}
J(v) & \leq-\frac{1}{2} \lambda_{\min }^{n}\|v\|_{2}^{2}+a_{3} \sum_{k=1}^{m T}\left(\sqrt{v_{k+1}^{2}+v_{k}^{2}}\right)^{\alpha}+a_{4} m T \\
& \leq-\frac{1}{2} \lambda_{\min }^{n}\|v\|_{2}^{2}+a_{3} c_{2}^{\alpha}\left[\sum_{k=1}^{m T}\left(v_{k+1}^{2}+v_{k}^{2}\right)\right]^{\frac{\alpha}{2}}+a_{4} m T \\
& \leq-\frac{1}{2} \lambda_{\min }^{n}\|v\|_{2}^{2}+2^{\frac{\alpha}{2}} a_{3} c_{2}^{\alpha}\|v\|_{2}^{\alpha}+a_{4} m T
\end{aligned}
$$

Let $\mu=-a_{2} m T$, since $1<\alpha<2$, there exists a constant $\rho>0$ large enough such that

$$
J(v) \leq \mu-1<\mu, \quad \forall v \in V,\|v\|_{2}=\rho .
$$

Thus, by Lemma 2.1, 1.1 has at least one $m T$-periodic solution.
Proof of Theorem 1.6. Similarly to the proof of Lemma 2.3, we can prove that $J$ satisfies the P.S. condition. We shall prove this theorem by the Saddle Point Theorem. First, we verify the condition $\left(\mathrm{J}_{1}\right)$.

In fact, $\left(\mathrm{F}_{4}\right)$ clearly implies $\left(\mathrm{F}_{4}^{\prime}\right)$. For any $v \in V$, by $\left(\mathrm{F}_{4}^{\prime}\right)$ and (2.4), we have again $J(v) \rightarrow-\infty$ as $\|v\|_{2} \rightarrow+\infty$.

Next, we show that $J$ satisfies the condition $\left(\mathrm{J}_{2}\right)$. For any given $v_{0} \in V$ and $w \in W$. Let $u=v_{0}+w$. So

$$
\begin{aligned}
J(u) & =-H(u)+\sum_{k=1}^{m T} F\left(k, u_{k+1}, u_{k}\right) \\
& =-H\left(v_{0}\right)+\sum_{k=1}^{m T} F\left(k,\left(v_{0}\right)_{k+1}+w_{k+1},\left(v_{0}\right)_{k}+w_{k}\right) \\
& \geq-\frac{1}{2} \lambda_{\max }^{n}\left\|v_{0}\right\|_{2}^{2}+a_{5} \sum_{k=1}^{m T}\left[\sqrt{\left(\left(v_{0}\right)_{k+1}+w_{k+1}\right)^{2}+\left(\left(v_{0}\right)_{k}+w_{k}\right)^{2}}\right]^{\gamma} \\
& \geq-\frac{1}{2} \lambda_{\max }^{n}\left\|v_{0}\right\|_{2}^{2}+a_{5} \sum_{k=1}^{m T}\left|\left(v_{0}\right)_{k}+w_{k}\right|^{\gamma} \\
& \geq-\frac{1}{2} \lambda_{\max }^{n}\left\|v_{0}\right\|_{2}^{2}+a_{5} c_{1}^{\gamma}\left[\sum_{k=1}^{m T}\left|\left(v_{0}\right)_{k}+w_{k}\right|^{2}\right]^{\frac{\gamma}{2}} \\
& =-\frac{1}{2} \lambda_{\max }^{n}\left\|v_{0}\right\|_{2}^{2}+a_{5} c_{1}^{\gamma}\left[\left\|v_{0}\right\|_{2}^{2}+\|w\|_{2}^{2}\right]^{\frac{\gamma}{2}} \\
& \geq-\frac{1}{2} \lambda_{\max }^{n}\left\|v_{0}\right\|_{2}^{2}+a_{5} c_{1}^{\gamma}\left\|v_{0}\right\|_{2}^{\gamma}+a_{5} c_{1}^{\gamma}\|w\|_{2}^{\gamma} .
\end{aligned}
$$

Since $1<\gamma<2$, there exists a constant $\delta>0$ small enough such that

$$
J\left(v_{0}+w\right) \geq \delta^{\gamma}\left(a_{5} c_{1}^{\gamma}-\frac{1}{2} \lambda_{\max }^{n} \delta^{2-\gamma}\right)>0
$$

for $v_{0} \in V,\left\|v_{0}\right\|_{2}=\delta$ and for any $w \in W$.
Take $\nu=\delta^{\gamma}\left(a_{5} c_{1}^{\gamma}-\frac{1}{2} \lambda_{\max }^{n} \delta^{2-\gamma}\right)$. Then for $v_{0} \in V$ and for any $w \in W$, we get $\left\|v_{0}\right\|_{2}=\delta$ and $J\left(v_{0}+w\right) \geq \nu>0$.

By the Saddle Point Theorem, there exists a critical point $\bar{u} \in E_{m T}$, which corresponds to a $m T$-periodic solution of (1.1).

In the following, we shall prove that $\bar{u}$ is nontrivial, i.e., $\bar{u} \notin W$. Otherwise, $\bar{u} \in W$. Since $J^{\prime}(\bar{u})=0$, then

$$
\Delta^{n}\left(r_{k-n} \Delta^{n} \bar{u}_{k-n}\right)=(-1)^{n} f\left(k, \bar{u}_{k+1}, \bar{u}_{k}, \bar{u}_{k-1}\right)
$$

On the other hand, $\bar{u} \in W$ implies that there is a point $z \in \mathbb{R}$ such that $\bar{u}_{k}=z$, for all $k \in \mathbb{Z}(1, m T)$. That is, $\bar{u}_{1}=\bar{u}_{2}=\cdots=\bar{u}_{k}=\cdots=z$. Thus, $f\left(k, \bar{u}_{k+1}, \bar{u}_{k}, \bar{u}_{k-1}\right)=$ $f(k, z, z, z)=0$, for all $k \in \mathbb{Z}(1, m T)$. From $\left(\mathrm{F}_{6}\right)$, we know that $z=0$. Therefore, by $\left(\mathrm{F}_{6}\right)$, we have

$$
J(\bar{u})=\sum_{k=1}^{m T} F\left(k, \bar{u}_{k+1}, \bar{u}_{k}\right)=\sum_{k=1}^{m T} F(k, 0)=0 .
$$

This contradicts $J(\bar{u}) \geq \nu>0$. The proof of Theorem 1.6 is finished.
Remark 3.1. The techniques of the proof of the Theorem 1.7 are just the same as those carried out in the proof of Theorem 1.6. We do not repeat them here.
Remark 3.2. Due to Theorems 1.6 and 1.7, the conclusion of Theorems 1.8 and 1.9 is obviously true.

## 4. Examples

As an application of the main theorems, we give two examples to illustrate our results.
Example 4.1. For all $n \in \mathbb{Z}(3), k \in \mathbb{Z}$, assume that

$$
\begin{equation*}
\Delta^{n}\left(r_{k-n} \Delta^{n} u_{k-n}\right)=(-1)^{n} 2 \alpha u_{k}\left[\psi(k)\left(u_{k+1}^{2}+u_{k}^{2}\right)^{\alpha-1}+\psi(k-1)\left(u_{k}^{2}+u_{k-1}^{2}\right)^{\alpha-1}\right] \tag{4.1}
\end{equation*}
$$

where $r_{k}>0$ is real valued for each $k \in \mathbb{Z}, \psi$ is continuously differentiable and $\psi(k)>0$, $T$ is a given positive integer, $r_{k+T}=r_{k}, \psi(k+T)=\psi(k), 1<\alpha<2$. We have

$$
f\left(k, v_{1}, v_{2}, v_{3}\right)=2 \alpha v_{2}\left[\psi(k)\left(v_{1}^{2}+v_{2}^{2}\right)^{\alpha-1}+\psi(k-1)\left(v_{2}^{2}+v_{3}^{2}\right)^{\alpha-1}\right]
$$

and

$$
F\left(k, v_{1}, v_{2}\right)=\psi(k)\left(v_{1}^{2}+v_{2}^{2}\right)^{\alpha}
$$

Then

$$
\frac{\partial F\left(k-1, v_{2}, v_{3}\right)}{\partial v_{2}}+\frac{\partial F\left(k, v_{1}, v_{2}\right)}{\partial v_{2}}=2 \alpha v_{2}\left[\psi(k)\left(v_{1}^{2}+v_{2}^{2}\right)^{\alpha-1}+\psi(k-1)\left(v_{2}^{2}+v_{3}^{2}\right)^{\alpha-1}\right] .
$$

It is easy to verify all the assumptions of Theorem 1.6 are satisfied. Consequently, for any given positive integer $m>0$, 4.1) has at least one nontrivial $m T$-periodic solution.

Example 4.2. For all $n \in \mathbb{Z}(3), k \in \mathbb{Z}$, assume that

$$
\begin{align*}
& \Delta^{n}\left(r_{k-n} \Delta^{n} u_{k-n}\right)  \tag{4.2}\\
= & (-1)^{n} 2 \theta u_{k}\left[\left(8+\sin ^{2} \frac{k \pi}{T}\right)\left(u_{k+1}^{2}+u_{k}^{2}\right)^{\theta-1}+\left(8+\sin ^{2} \frac{(k-1) \pi}{T}\right)\left(u_{k}^{2}+u_{k-1}^{2}\right)^{\theta-1}\right],
\end{align*}
$$

where $r_{k}>0$ is real valued for each $k \in \mathbb{Z}, T$ is a given positive integer, $r_{k+T}=r_{k}$, $0<\theta<2$. We have

$$
f\left(k, v_{1}, v_{2}, v_{3}\right)=2 \theta v_{2}\left[\left(8+\sin ^{2} \frac{k \pi}{T}\right)\left(v_{1}^{2}+v_{2}^{2}\right)^{\theta-1}+\left(8+\sin ^{2} \frac{(k-1) \pi}{T}\right)\left(v_{2}^{2}+v_{3}^{2}\right)^{\theta-1}\right]
$$

and

$$
F\left(k, v_{1}, v_{2}\right)=\left(8+\sin ^{2} \frac{k \pi}{T}\right)\left(v_{1}^{2}+v_{2}^{2}\right)^{\theta}
$$

Then

$$
\begin{aligned}
& \frac{\partial F\left(k-1, v_{2}, v_{3}\right)}{\partial v_{2}}+\frac{\partial F\left(k, v_{1}, v_{2}\right)}{\partial v_{2}} \\
= & 2 \theta v_{2}\left[\left(8+\sin ^{2} \frac{k \pi}{T}\right)\left(v_{1}^{2}+v_{2}^{2}\right)^{\theta-1}+\left(8+\sin ^{2} \frac{(k-1) \pi}{T}\right)\left(v_{2}^{2}+v_{3}^{2}\right)^{\theta-1}\right] .
\end{aligned}
$$

It is easy to verify all the assumptions of Theorem 1.7 are satisfied. Consequently, for any given positive integer $m>0$, 4.2) has at least one nontrivial $m T$-periodic solution.

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