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ON THE PRESENTATIONS OF THE FUNDAMENTAL GROUPS OF 3-MANIFOLDS

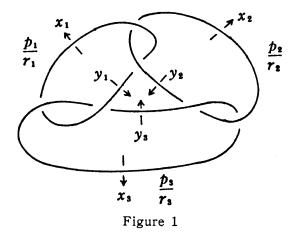
By

Moto-o Takahashi

In this paper we shall treat the closed 3-manifolds obtained by Dehn surgeries along certain links and find presentations of their fundamental groups.

§1. The 3-chain link.

First we consider the 3-chain link K_1 illustrated in the Figure 1.



We do Dehn surgery along each component of K_1 . Let p_1/r_1 , p_2/r_2 , p_3/r_3 be the surgery coefficients along three components L_1 , L_2 , L_3 of K_1 , respectively, where p_i and r_i are co-prime integers (i=1, 2, 3). We denote the resulting 3manifold by $M_1(p_1, r_1; p_2, r_2; p_3, r_3)$.

We shall find presentations of the fundamental group $\pi_1(M_1(p_1, r_1; p_2, r_2; p_3, r_3))$ of $M_1(p_1, r_1; p_2, r_2; p_3, r_3)$, by the following way.

First we shall find a presentation of the link group G of K_1 . The Wirtinger presentation of G is:

$$\langle x_1, x_2, x_3, y_1, y_2, y_3 | y_2 x_1 = x_1 x_2, y_3 x_2 = x_2 x_3, y_1 x_3 = x_3 x_1, x_1 y_2 = y_2 y_1, x_2 y_3 = y_3 y_2, x_3 y_1 = y_1 y_3 \rangle.$$
 (1)

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The meridian m_i and the longitude l_i of each component L_i are:

$$m_1 = x_1, \quad l_1 = y_2 x_3, \quad ([m_1, l_1] = 1)$$
$$m_2 = x_2, \quad l_2 = y_3 x_1, \quad ([m_2, l_2] = 1)$$
$$m_3 = x_3, \quad l_3 = y_1 x_2, \quad ([m_3, l_3] = 1)$$

A presentation of $\pi_1(M_1(p_1, r_1; p_2, r_2; p_3, r_3))$ is obtained from (1) by adding the relators $m_i^{p_i}l_i^{r_i}=1$ (*i*=1, 2, 3). But we improve this presentation.

Since $(p_i, r_i)=1$, there are integers s_i and q_i such that $r_i s_i - p_i q_i = 1$. Let $a_i = m_i^{s_i} l_i^{q_i}$. Then

$$m_i = a_i^{r_i}, \quad l_i = a_i^{-p_i}$$

So,

$$x_1 = a_1^{r_1}, \qquad x_2 = a_2^{r_2}, \qquad x_3 = a_3^{r_3}$$

and

$$y_1 = l_3 x_2^{-1} = a_3^{-p_3} a_2^{-r_2},$$

$$y_2 = l_1 x_3^{-1} = a_1^{-p_1} a_3^{-r_3},$$

$$y_3 = l_2 x_1^{-1} = a_2^{-p_2} a_1^{-r_1}.$$

Substituting these in the relators of (1), we get the following three relators:

$$a_1^{p_1+r_1}a_2^{r_2}a_1^{-r_1}a_3^{r_3}=1,$$

$$a_2^{p_2+r_2}a_3^{r_3}a_2^{-r_2}a_1^{r_1}=1,$$

$$a_3^{p_3+r_3}a_1^{r_1}a_3^{-r_3}a_2^{r_2}=1.$$

Therefore we obtain the presentation:

$$\pi_{1}(M_{1}(p_{1}, r_{1}; p_{2}, r_{2}; p_{3}, r_{3})) \cong \langle a_{1}, a_{2}, a_{3} \mid a_{1}^{p_{1}+r_{1}}a_{2}^{r_{2}}a_{1}^{-r_{1}}a_{3}^{r_{3}}=1,$$

$$a_{2}^{p_{2}+r_{2}}a_{3}^{r_{3}}a_{2}^{-r_{2}}a_{1}^{r_{1}}=1, \quad a_{3}^{p_{3}+r_{3}}a_{1}^{r_{1}}a_{3}^{-r_{3}}a_{2}^{r_{2}}=1 \rangle.$$
(2)

REMARK. This presentation is induced by the following RR-system (c.f. [1]) illustrated in the Figure 2 and hence corresponds to a Heegaard splitting of genus 3. Actually we can easily construct a Heegaard splitting of $M_1(p_1, r_1; p_2, r_2; p_3, r_3)$ with this RR-system.

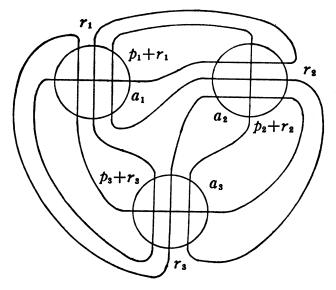
Next we eliminate the generator a_3 in the presentation (2). From the first relator of (2),

$$a_{3}^{r_{3}} = a_{1}^{r_{1}} a_{2}^{-r_{2}} a_{1}^{-p_{1}-r_{1}}.$$
(3)

Substituting it in the second relator, we obtain

$$a_{2}^{p_{2}+r_{2}}a_{1}^{r_{1}}a_{2}^{-r_{2}}a_{1}^{-p_{1}-r_{1}}a_{2}^{-r_{2}}a_{1}^{r_{1}}=1.$$

$$\tag{4}$$





Moreover, from the third relator and (3),

$$a_3^{p_3+r_3} = a_2^{-r_2} a_1^{r_1} a_2^{-r_2} a_1^{-(p_1+2r_1)}.$$
⁽⁵⁾

But

$$[a_1^{r_1}a_2^{-r_2}a_1^{-p_1-r_1}, a_2^{-r_2}a_1^{r_1}a_2^{-r_2}a_1^{-(p_1+2r_1)}]=1$$

is a consequence of (4). So we can eliminate a_3 by (3) and (5) (since $(p_3+r_3, r_3) = 1$) and we obtain

$$(a_1^{r_1}a_2^{-r_2}a_1^{-p_1-r_1})^{p_1+r_3} = (a_2^{-r_2}a_1^{r_1}a_2^{-r_2}a_1^{-(p_1+2r_1)})^{r_3}$$

In order to simplify this equality, we multiply $a_1^{-r_1}$ from the left and $a_1^{r_1}$ from the right. Then,

$$(a_{2}^{-r_{2}}a_{1}^{-p_{1}})^{p_{3}+r_{3}} = (a_{1}^{-r_{1}}a_{2}^{-r_{2}}a_{1}^{-r_{2}}a_{1}^{-(p_{1}+r_{1})})^{r_{3}}, \qquad (6)$$

By (4),

$$a_1^{r_1}a_2^{-r_2}a_1^{-(p_1+r_1)} = a_2^{-(p_2+r_2)}a_1^{-r_1}a_2^{r_2}.$$

Substituting this for the underlind part in (6), we obtain

$$(a_2^{-r_2}a_1^{-p_1})^{p_3+r_3} = (a_1^{-r_1}a_2^{-(p_2+2r_2)}a_1^{-r_1}a_2^{r_2})^{r_3},$$

or

$$(a_1^{p_1}a_2^{r_2})^{-(p_3+r_3)} = (a_1^{-r_1}a_2^{-(p_2+2r_2)}a_1^{-r_1}a_2^{r_2})^{r_3}.$$
(7)

Now, since

$$a_1^{-r_1}a_2^{-(p_2+2r_2)}a_1^{-r_1}a_2^{r_2} = (a_1^{-r_1}a_2^{-(p_2+2r_2)}a_1^{-(p_1+r_1)})(a_1^{p_1}a_2^{r_2})$$

and

$$[a_1^{p_1}a_1^{r_2}, a_1^{-r_1}a_2^{-(p_2+2r_2)}a_1^{-(p_1+r_1)}]=1$$
,

by (4) it follows that

$$(a_1^{-r_1}a_2^{-(p_2+2r_2)}a_1^{-r_1}a_2^{r_2})^{r_3} = (a_1^{-r_1}a_2^{-(p_2+2r_2)}a_1^{-(p_1+r_1)})^{r_3}(a_1^{p_1}a_2^{r_2})^{r_3}$$

So, by (7)

$$(a_1^{p_1}a_2^{r_2})^{-(p_3+2r_3)} = (a_1^{-r_1}a_2^{-(p_2+2r_2)}a_1^{-(p_1+r_1)})^{r_3}$$

Taking the inverse we obtain

$$(a_1^{p_1}a_2^{r_2})^{p_3+2r_3} = (a_1^{p_1+r_1}a_2^{p_2+2r_2}a_1^{r_1})^{r_3}.$$

Hence

$$\pi_{1}(M_{1}(p_{1}, r_{1}; p_{2}, r_{2}; p_{3}, r_{3})) \cong \langle a_{1}, a_{2} |$$

$$a_{2}^{p_{2}+r_{2}}a_{1}^{r_{1}}a_{2}^{-r_{2}}a_{1}^{-(p_{1}+r_{1})}a_{2}^{-r_{2}}a_{1}^{r_{1}} = 1,$$

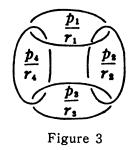
$$(a_{1}^{p_{1}}a_{2}^{r_{2}})^{p_{3}+2r_{3}} = (a_{1}^{p_{1}+r_{1}}a_{2}^{p_{2}+2r_{2}}a_{1}^{r_{1}})^{r_{3}} \rangle$$

This presentation corresponds to a Heegaard diagram of genus two.

§2. Some other links.

We do the same thing as did in 1 for some other links. We describe only the results.

2.1. Consider the link K_2 illustrated in the Figure 3.



Let $M_2(p_1, r_1; p_2, r_2; p_3, r_3; p_4, r_4)$ be the 3-manifold obtained by Dehn surgery along each component of K_2 with surgery coefficients p_1/r_1 , p_2/r_2 , p_3/r_3 , p_4/r_4 . Then

$$\pi_{1}(M_{2}(p_{1}, r_{1}; p_{2}, r_{2}; p_{3}, r_{3}; p_{4}, r_{4})) \cong \langle a_{1}, a_{2}, a_{3}, a_{4} |$$

$$a_{4}^{r_{4}}a_{1}^{p_{1}}a_{2}^{-r_{2}} = 1, a_{1}^{-r_{1}}a_{2}^{p_{2}}a_{3}^{r_{3}} = 1,$$

$$a_{2}^{r_{2}}a_{3}^{p_{3}}a_{4}^{-r_{4}} = 1, a_{3}^{-r_{3}}a_{4}^{p_{4}}a_{1}^{r_{1}} = 1 \rangle$$

$$\cong \langle a_{1}, a_{2} | (a_{2}^{-p_{2}})^{r_{4}} = (a_{2}^{r_{2}}a_{1}^{-p_{1}})^{p_{4}},$$

$$(a_{1}^{-p_{1}})^{r_{3}} = (a_{2}^{-p_{2}}a_{1}^{r_{1}})^{p_{3}}, [a_{1}^{p_{1}}, a_{2}^{p_{2}}] = 1 \rangle.$$

The corresponding RR-system is illustrated in the Figure 4.

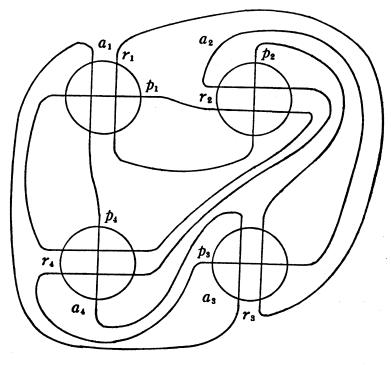
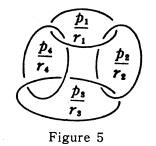


Figure 4

2.2. Consider the link K_3 illustrated in the Figure 5.



Let $M_3(p_1, r_1; p_2, r_2; p_3, r_3; p_4, r_4)$ be the 3-manifold obtained by Dehn surgery along each component of K_3 with surgery coefficients p_1/r_1 , p_2/r_2 , p_3/r_3 , p_4/r_4 . Then,

$$\pi_{1}(M_{3}(p_{1}, r_{1}; p_{2}, r_{2}; p_{3}, r_{3}; p_{4}, r_{4})) \cong \langle a_{1}, a_{2}, a_{3}, a_{4} |$$

$$a_{2}^{-r_{2}}a_{1}^{-p_{1}}a_{4}^{r_{4}} = 1, a_{2}^{p_{2}+r_{2}}a_{1}^{r_{1}}a_{4}^{-(p_{4}+r_{4})}a_{1}^{p_{1}+r_{1}} = 1,$$

$$a_{3}^{-r_{3}}a_{1}^{r_{1}}a_{4}^{-p_{4}} = 1, a_{3}^{p_{3}+r_{3}}a_{4}^{p_{4}+r_{4}}a_{1}^{-(p_{1}+r_{1})}a_{4}^{r_{4}} = 1 \rangle$$

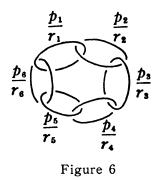
$$\cong \langle a_{1}, a_{4} |$$

$$(a_{1}^{-p_{1}}a_{4}^{r_{4}})^{p_{2}+r_{2}}(a_{1}^{r_{1}}a_{4}^{-(p_{4}+r_{4})}a_{1}^{p_{1}+r_{1}})^{r_{2}} = 1,$$

$$(a_{1}^{r_{1}}a_{4}^{-p_{4}})^{p_{3}+r_{3}}(a_{4}^{p_{4}+r_{4}}a_{1}^{-(p_{1}+r_{1})}a_{4}^{r_{4}})^{r_{3}} = 1,$$

$$[a_{1}^{-p_{1}}a_{4}^{r_{4}}, a_{1}^{r_{1}}a_{4}^{-(p_{4}+r_{4})}a_{1}^{p_{1}+r_{1}}] = 1 \rangle,$$

2.3. Consider the link K_4 illustrated in the Figure 6.



Let $M_4(p_1, r_1; p_2, r_2; p_3, r_3; p_4, r_4; p_5, r_5; p_6, r_6)$ be the 3-manifold obtained by Dehn surgery along each component of K_4 with surgery coefficients p_1/r_1 , p_2/r_2 , p_3/r_3 , p_4/r_4 , p_5/r_5 , p_6/r_6 . Then,

$$\pi_{1}(M_{4}(p_{1}, r_{1}; p_{2}, r_{2}; p_{3}, r_{3}; p_{4}, r_{4}; p_{5}, r_{5}; p_{6}, r_{6}))$$

$$\cong \langle a_{1}, a_{2}, a_{3}, a_{4}, a_{5}, a_{6} | a_{1}^{-r_{1}}a_{2}^{p_{2}}a_{3}^{r_{3}}=1,$$

$$a_{2}^{r_{2}}a_{3}^{p_{3}}a_{4}^{-r_{4}}=1, a_{3}^{-r_{3}}a_{4}^{p_{4}}a_{5}^{r_{5}}=1, a_{4}^{r_{4}}a_{5}^{p_{5}}a_{6}^{-r_{6}}=1,$$

$$a_{5}^{-r_{5}}a_{6}^{p_{6}}a_{1}^{r_{1}}=1, a_{6}^{r_{6}}a_{1}^{p_{1}}a_{2}^{-r_{2}}=1 \rangle.$$

Note that

$$a_2^{p_2}a_4^{p_4}a_6^{p_6}=1$$
 and $a_1^{p_1}a_3^{p_3}a_5^{p_5}=1$

are consequences of the relators of this presentation. This presentation is expressed by the following 4-regular planar graph with labels (Figure 7).

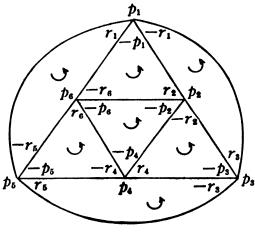
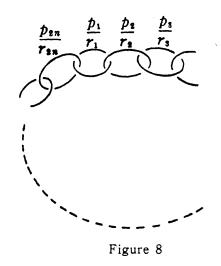


Figure 7

2.4. Consider the link L_{2n} illustrated in the Figure 8.

On the presentations of the fur



Let $M'_{2n}(p_1, r_1; p_2, r_2; \cdots; p_{2n}, r_{2n})$ be the 3-magery along each component of L_{2n} with surgery p_{2n}/r_{2n} . Then,

$$\pi_{1}(M_{2n}(p_{1}, r_{1}; p_{2}, r_{2}; \cdots; p_{2n}, r_{2n}))$$

$$\cong \langle a_{1}, a_{2}, \cdots, a_{2n} | a_{2i}^{r_{2i}} a_{2i+1}^{p_{2i+1}} a_{2i+2}^{-r_{2i+2}} = a_{2i-1}^{-r_{2i-1}} a_{2i}^{p_{2i}} a_{2i+1}^{-r_{2i+1}} = 1, \quad (i=1, 2, \cdots, n) \text{ (n)}$$

For example, if n=5 then the presentation is expi 4-regular graph with labels (Figure 9).

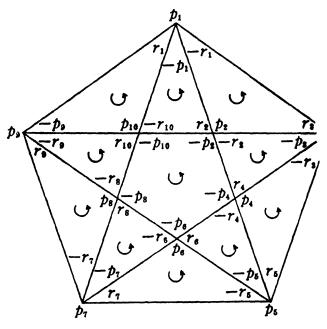
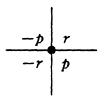


Figure 9

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the results in 2.

cted planar graph with the following label for here p, r are co-prime integers. We call such





rable. We color the faces by two colors (say, red 4-color problem. We assume that G is drawn on)³.

copies of G. We assume that G_1 , G_2 , G_3 , G_4 are

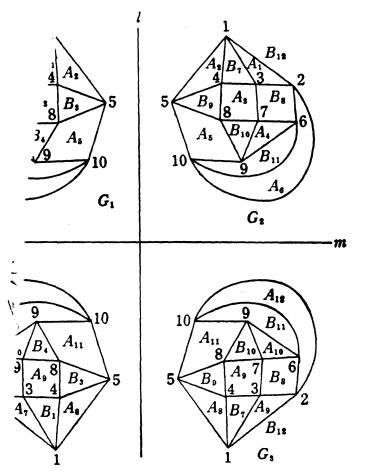


Figure 11

drawn on the boundaries of the 3-disks D_1^3 , D_2^3 , D_3^3 , G_4^3 , respectively, and the faces of G_1 , G_2 , G_3 , G_4 are colored in the same way as G. Moreover we assume that G_2 , G_4 are mirror images of G_1 , G_3 , The Figure 11 is an example. (This figure is symmetric with respect to the lines l and m.)

We glue the corresponding points of ∂D_1^3 , ∂D_2^3 , ∂D_3^3 , ∂D_4^3 , in the following way. The corresponding points in the red faces of G_1 and G_2 are glued together; the corresponding points in the red faces of G_3 and G_4 are glued together; the corresponding points in the blue faces of G_1 and G_4 are glued together; the corresponding points in the blue faces of G_2 and G_3 are glued together; the corresponding points in the blue faces of G_2 and G_3 are glued together.

red faces	blue faces
$G_1 \longleftrightarrow G_2$	$G_1 \longleftrightarrow G_4$
$G_3 \longleftrightarrow G_4$	$G_2 \longleftrightarrow G_3$

Then the corresponding vertices of G_1 , G_2 , G_3 , G_4 are glued together. We remove the interiors of regular neighborhoods of these vertices. Then we obtain a 3-manifold, whose boundary consists of the same number of tori as the number of vertices of G. We denote this manifold by M'(G).

In the neighborhood of a vertex the situation is as shown in the Figure 12.

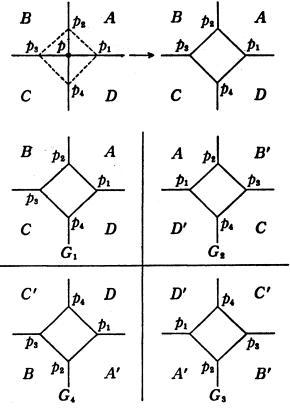
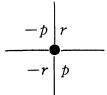
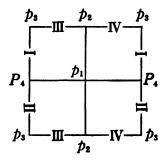


Figure 12

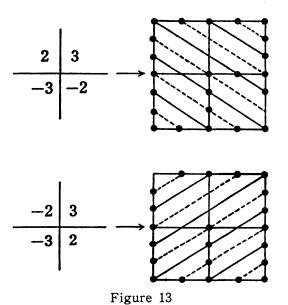
Here, if the label at a vertex is



then we do Dehn surgery (Dehn filling) on the corresponding boundary torus along the loop of slope p/r. Examples are shown in the Figure 13.



boundary torus

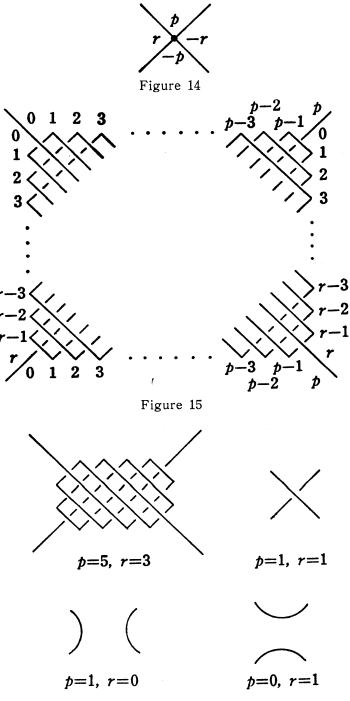


Then we obtain a closed orientable 3-manifold, which we denote by M(G). We say that the graph G represents M(G). For this the following theorem holds.

THEOREM 1. Let M be a closed orientable connected 3-mainfold. In order for M to be representable by an M-graph it is necessary and sufficient that M is homeomorphic to the 2-fold branched covering space of S^3 branched along a link.

PROOF. [Necessity] Suppose that M is represented by an M-graph G. We change G to a link L in the following way.

For every vertex of G with label as shown in the Figure 14 (we can assume $p \ge 0$, $r \ge 0$) we insert the rational tangle shown in the Figure 15. (The Figure 16

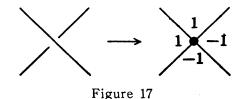




shows examples.)

Now it is not hard to see that M is homeomorphic to the 2-fold branched covering space of S^3 branched along the link L now constructed.

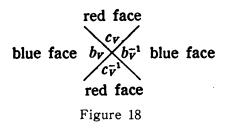
[sufficiency] Suppose that M is the 2-fold branched covering space of S^3 branched along a link L. Consider a regular projection P of L on a plane. We change P to an M-graph G by changing each crossing point to a vertex with label as shown in the Figure 17.



Then as above M is represented by this M-graph. q. e. d.

Next we shall find a presentation of the fundamental group of M'(G).

Let \mathcal{F} be the set of all faces of G and let \mathcal{F}_1 (resp. \mathcal{F}_2) be the set of all red (resp. blue) faces of G. Let \mathcal{V} be the set of all vertices of G. For each vertex V we correspond generators b_V , c_V and write the following at the vertex V.



For each face Δ of G, we correspond the relator $r_{\Delta}=1$ in the following way as illustrated in the Figure 19.

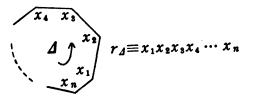


Figure 19

THEOREM 2.

 $\pi_{1}(M'(G)) \cong \langle \{b_{\mathcal{V}}, c_{\mathcal{V}} \colon \mathcal{V} \in \mathcal{F}\} \mid \{[b_{\mathcal{V}}, c_{\mathcal{V}}] = 1 \colon \mathcal{V} \in \mathcal{C} \mathcal{V}\}, \{r_{\mathcal{A}} = 1 \colon \mathcal{A} \in \mathcal{F}\} \rangle.$

Each relator $r_{\Delta}=1$ ($\Delta \epsilon \mathfrak{F}_{i}$) is a consequence of $\{r_{\Delta'}=1: \Delta' \epsilon \mathfrak{F}_{i}-\{\Delta\}\}$, for i=

1, 2. So two of the relators of the above presentation are redundant.

PROOF. Let

$$J_i = D_i^3 - \{\text{vertices}\}, (i=1, 2, 3, 4).$$

Let X be the space obtained from J_1 and J_2 by glueinng the corresponding points of the red faces of them.

 $\pi_1(X)$ is a free group. Now we take a base point O in the interior of J_2 and define a loop $b_{\mathcal{V}}$ for each $V \in \mathcal{C} \mathcal{V}$ as follows.

 b_V starts from O, proceeds in J_2 and reaches a point A_1 of a red face Δ_1 with vertex V, and then proceeds in J_1 and reaches a point A_2 of another red face Δ_2 with vertex V and again proceeds in J_2 and returns to O.

$$b_{\mathcal{V}}\colon O \xrightarrow{J_2} A_1 \xrightarrow{J_1} A_2 \xrightarrow{J_2} O$$

It is easy to see that

$$\pi_1(X) \cong \langle \{ b_V \colon V \varepsilon \mathcal{C} \mathcal{V} \} \mid \{ r_{\mathcal{A}} = 1 \colon \mathcal{A} \varepsilon \mathcal{F}_2 \} \rangle,$$

and that each $r_{\Delta}=1$ is a consequence of $\{r_{\Delta'}=1: \Delta' \varepsilon \mathcal{F}_2 - \{\Delta\}\}$.

Next let Y be the space obtained by glueing the corresponding points of blue faces of J_2 and J_3 . We define the loop c_V ($V \in \mathcal{V}$) as follows. c_V starts from O, proceeds in J_2 and reaches a point B_1 of a blue face Δ_3 with vertex V, and then proceeds in J_3 and reaches a point B_2 of another blue face Δ_4 with vertex V and again proceeds in J_2 and returns to O.

$$c_V: O \xrightarrow{J_2} B_1 \xrightarrow{J_3} B_2 \xrightarrow{J_2} O$$
.

As before, we have that

$$\pi_1(Y) \cong \langle \{c_V : V \varepsilon^{CV} \} | \{r_{\mathcal{A}} = 1 : \mathcal{A} \varepsilon \mathcal{F}_1 \} \rangle,$$

and that each $r_{\Delta}=1$ is a consequence of $\{r_{\Delta'}=1: \Delta' \varepsilon \mathcal{F}_1 - \{\Delta\}\}$.

Next let Z be the space obtained from $J_1 \cup J_2 \cup J_3$ by glueing the corresponding points of red faces of J_1 and J_2 and by glueing the corresponding points of blue faces of J_2 and J_3 .

Then,

$$Z = X \cup Y$$
, $X \cap Y = J_2$.

By using van Kampen theorem we obtain

$$\pi_1(Z) \cong \pi_1(X) * \pi_1(Y)$$
$$\cong \langle \{b_V, c_V : V \in \mathcal{CV}\} \mid \{r_A = 1 : A \in \mathcal{F}\} \rangle.$$

Finally let U be the space obtained from $Z \cup J_4$ by glueing the corresponding points of blue faces of J_1 and J_4 and by glueing the corresponding points of red faces of J_3 and J_4 . Then,

 $U \cap J_4 = \partial D_4^3 - \{\text{vertices}\}.$

By using van Kampen theorem again, we obtain

 $\pi_1(U) \cong \langle \{b_V, c_V : V \in \mathcal{O} \} \mid \{ [b_V, c_V] = 1 : V \in \mathcal{O} \}, \{ r_A = 1 : A \in \mathcal{F} \} \rangle.$

Now it is obvious that $\pi_1(U) \cong \pi_1(M'(G))$. Hence we have the theorem.

Next let G be an M-graph, and let V be a vertex with label as shown in the Figure 20.



Figure 20

To this vertex we correspond a generator a_{ν} and write the following at the vertex V.



Figure 21

For each face \varDelta of G we correspond a relator $s_{\varDelta}=1$ in the following way.

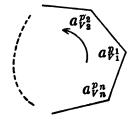


Figure 22

 $s_{\mathcal{A}} = a_{V_1}^{p_1} a_{V_2}^{p_3} \cdots a_{V_n}^{p_n}$.

Then we have the following theorem.

THEOREM 3. $\pi_1(M(G)) \cong \langle \{a_V : V \in \mathcal{V}\} | \{s_{\mathcal{A}} = 1 : \mathcal{A} \in \mathcal{F}\} \rangle$. Each relator $s_{\mathcal{A}} = 1$ $(\mathcal{A} \in \mathcal{F}_i)$ is a consequence of other $s_{\mathcal{A}'} = 1$ $(\mathcal{A}' \in \mathcal{F}_i)$ for i = 1, 2. So two of the relators of the above presentation is redundant. PROOF. A presentation of $\pi_1(M(G))$ is obtained from that of $\pi_1(M'(G))$ in Theorem 2 by adding the relator $b_V{}^{p_V}=c_V{}^rv$ for each $V \varepsilon CV$. Since $[b_V, c_V]=1$, $b_V=a_V{}^rv$, $c_V=a_V{}^{p_V}$ for some $a_V \varepsilon \pi_1(M(G))$, as in §1. So the theorem is obvious from Theorem 2.

Reference

[1] Osborne, R.P. and Stevens, R.S., Group presentations correspoding to spines of 3-manifolds, II, Trans. Amer. Math. Soc. 234 (1977), 213-243.