## A Remark on BMO and Bloch Functions on the Unit Ball of $R^n$

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Let B denote the unit ball in the n dimensional Euclidean space  $\mathbb{R}^n$ , where n is a fixed integer  $\geq 2$ . A real valued function f harmonic in B is said to be Bloch if

$$||f||_{\beta} := \sup_{x \in B} \frac{1}{2} (1 - |x|^2) |\nabla f(x)| < \infty$$
.

A Borel function f, locally integrable on B, is said to be of bounded mean oscillation on B if

$$||f||_{\text{BMO}} := \sup \left\{ \frac{1}{|D|} \int_{D} |f(x) - f_{D}|^{2} dx \right\}^{1/2} < \infty$$
,

where the supremum is taken over the set of all balls D contained in B. Here |D| stands for the n dimensional volume of D, and  $f_D$  is the mean value of f over D. Note that, for a harmonic function,  $f_D$  is the value of f at the center of D.

In [1] Muramoto proved that, for harmonic functions,

(1) 
$$||f||_{\text{BMO}} \le \alpha(n)^{1/2} ||f||_{\theta},$$

where

$$\alpha(n) = 2n \int_0^1 r^{n-1} \log \frac{1}{1-r^2} dr$$
,

and, in other direction,

(2) 
$$||f||_{\beta} \leq (n(n+2))^{1/2} ||f||_{\text{BMO}}.$$

In proving (1) Muramoto used the stochastic theory. In this note we use a simple variant of Green's formula to improve these inequalities.

THEOREM. If f is harmonic in B, then

(3) 
$$||f||_{\text{BMO}} \leq \sqrt{2} ||f||_{\beta}$$

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and

(4) 
$$||f||_{\beta} \leq (n+2)^{1/2} ||f||_{\text{BMO}}.$$

Inequality (3) improves (1) only for  $n \ge 3$  because  $\alpha(2) = 2$ . On the other hand, writting  $\alpha(n)$  as

$$\alpha(n) = 4 \int_0^1 (1-r^n)r(1-r^2)^{-1} dr,$$

we see that  $\alpha(n)$  increases to  $\infty$  (as  $n \to \infty$ ), and this shows that (3) actually improves (1) for  $n \ge 3$ .

LEMMA 1. If g is a  $C^2$  function on B, then

$$\frac{d}{dr}\int_{S}g(ry)d\sigma(y)=\frac{1}{n}r^{1-n}\int_{rB}\Delta g(x)dv(x), \qquad 0< r<1,$$

where  $rB = \{x: |x| < r\}$ ; v is the normalized Lebesgue measure on B, and  $\sigma$  the normalized surface measure on  $S = \partial B$ .

Although this lemma is a special case of Green's formula, its proof is very simple. Namely, first we reduce the proof to considering radial functions. Then, assuming that  $g(x) = u(|x|^2)$ , where u is  $C^2$  on [0, 1), we calculate the Laplacian and use the integration in polar coordinates to verify the formula. See [2], for example.

LEMMA 2. If f is harmonic on B, then

$$\frac{dI}{dr} = \frac{2}{n} r^{1-n} \int_{rB} |\nabla f|^2 dv, \quad 0 < r < 1,$$

where

(5) 
$$I(r) = \int_{S} |f(ry) - f(0)|^{2} d\sigma(y) .$$

PROOF. If f is  $C^2$  on B, then  $\Delta(f^2) = 2f\Delta f + 2|\nabla f|^2$ . Hence, if f is harmonic,  $\Delta(|f-f(0)|^2) = 2|\nabla f|^2$ . Now the result follows from Lemma 1.  $\square$ 

LEMMA 3. Let f be harmonic in B and  $f_a(x) = f(a + (1 - |a|)x)$ ,  $a \in B$ . Then

(i) 
$$||f||_{\text{BMO}} = \sup_{a \in B} ||f_a - f_a(0)||_2$$
,

where  $\| \|_2$  stands for the norm in  $L^2(B, v)$ ;

(ii) 
$$||f_a||_{\beta} \le ||f||_{\beta} \le \sup_{a \in B} |\nabla f_a(0)|$$
.

PROOF. (i) For a fixed  $a \in B$  let  $D_{\varepsilon}$  denote the ball of radius  $\varepsilon$  centered at a,

 $0 < \varepsilon \le 1 - |a|$ . In view of the subharmonicity of  $|f - f(a)|^2$ , its mean value over  $D_{\varepsilon}$  increases with  $\varepsilon$  and equals  $||f_a - f_a(0)||_2^2$  for  $\varepsilon = 1 - |a|$ . This proves " $||f||_{\text{BMO}} \le$ ". The rest is trivial.

(ii) This is verified by elementary calculation. See [1], Lemma 1.

PROOF OF THEOREM. Let f be harmonic in B. By Lemma 3, proving (3) reduces to proving

$$||f - f(0)||_2 \le \sqrt{2} ||f||_{\beta}.$$

To prove this, assume that  $||f||_{\beta} \le 1$ , i.e.,  $|\nabla f(x)|^2 \le 4(1-|x|^2)^{-2}$ . Then, by Lemma 2,

$$\frac{dI}{dr} \le \frac{8}{n} r^{1-n} \int_{rR} (1-|x|^2)^{-2} dv(x) ,$$

where I is defined by (5). Hence, by integration in polar coordinates,

$$\frac{dI}{dr} \le 8r^{1-n} \int_0^r t^{n-1} (1-t^2)^{-2} dt$$

$$= 8 \sum_{j=0}^{\infty} \frac{j+1}{2j+n} r^{2j+1},$$

whence

$$I(r) \le 4 \sum_{j=0}^{\infty} \frac{r^{2j+2}}{2j+n}$$
.

It follows that

$$\int_{B} |f - f(0)|^{2} dv = n \int_{0}^{1} r^{n-1} I(r) dr$$

$$\leq 2n \sum_{j=0}^{\infty} \left( \frac{1}{2j+n} - \frac{1}{2j+2+n} \right) = 2,$$

which proves (6).

In proving (4) we use the fact that the function  $|\nabla f|^2$  is subharmonic ([3], Ch. VII §3). Then it follows from Lemma 2 that

$$\frac{dI}{dr} \ge \frac{2}{n} r |\nabla f(0)|^2,$$

whence

$$I(r) \ge (1/n)r^2 |\nabla f(0)|^2$$
.

Multiplying this inequality by  $nr^{n-1}dr$  and integrating from 0 to 1, we see that

$$||f-f(0)||_2^2 \ge (n+2)^{-1} |\nabla f(0)|^2$$
.

Applying this to  $f_a$  and using the right inequality of Lemma 3 (ii) we obtain (4).  $\Box$ 

## References

- [1] K. Muramoto, Harmonic Bloch and BMO functions on the unit ball in several variables, Tokyo J. Math., 11 (1988), 381-386.
- [2] M. Pavlović, Inequalities for the gradient of the invariant Laplacian in the unit ball, Indag. Math., N. S., 2 (1991), to appear.
- [3] E. M. Stein, Singular Integrals and Differentiability Properties of Functions, Princeton Univ. Press, 1970.

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