

ON A PIECE OF SURFACE IN A FIBRED SPACE

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In 1955 Heinz [1] proved the following

THEOREM A. *Let $z=z(x, y)$ be a 2-dimensional surface in a 3-dimensional Euclidean space defined over the disk $x^2+y^2 < R^2$, where $z(x, y)$ is a C^2 -class function. Let H and K denote its mean curvature and Gaussian curvature respectively.*

If $|H| \leq c > 0$, then $R \leq \frac{1}{c}$.

If $K \geq c > 0$, then $R \leq \left(\frac{1}{c}\right)^{1/2}$.

If $K \leq -c < 0$, then $R \leq e\left(\frac{3}{c}\right)^{1/2}$.

(c =constant in all cases.)

Generalizing this, in 1965 Chern [2] obtained

THEOREM B. *Let M^n be a compact piece of an oriented hypersurface (of dimension n) with smooth boundary ∂M^n , which is immersed in Euclidean space E^{n+1} . Suppose that the mean curvature $H_1 \geq c$ (c =const.). Let a be a fixed unit vector which makes an angle $\leq \pi/2$ with all the normals of M^n . Then*

$$ncV_a \leq L_a$$

where V_a is the volume of the orthogonal projection of M^n and L_a that of ∂M^n on the hyperplane perpendicular to a . When M^n is defined by the equation

$$z = z(x_1, \dots, x_n), \quad x_1^2 + \dots + x_n^2 \leq R^2,$$

where x_1, \dots, x_n, z are rectangular coordinates in the space E^{n+1} and $a = (0, \dots, 0, 1)$, then $cR \leq 1$.

Katsurada [5] extended this theorem to a compact piece of a hypersurface in a Riemann manifold admitting a conformal killing vector field. The purpose of the present paper is to study this problem in a fibred space with some properties; that is, to prove Theorem 3.

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1. Fibred spaces.¹⁾

The set $(\tilde{M}, M, \pi; \tilde{E}, \tilde{G})$ is called a *fibred space* if it satisfies the following five conditions:

- 1) \tilde{M}, M are two differentiable manifolds of dimension $n+1$ and n respectively.
- 2) π is a differentiable mapping from \tilde{M} onto M and of maximum rank n .
- 3) The inverse image $\pi^{-1}(p)$ of a point $p \in M$ is a 1-dimensional connected submanifold of \tilde{M} . We denote $\pi^{-1}(p)$ by F_p and call F_p the fiber over the point P .
- 4) \tilde{G} is a positive definite Riemannian metric.
- 5) \tilde{E} is a unit vector field in \tilde{M} tangent to the fiber everywhere.

Moreover, if $\mathcal{L}\tilde{G}=0$ (here and in the sequel \mathcal{L} denotes Lie derivation with respect to \tilde{E}), we call \tilde{G} an *invariant metric*. Let \tilde{U} be a coordinate neighborhood and $(x^\alpha)=(x^1, \dots, x^{n+1})$ be local coordinates defined in \tilde{U} , where and in the sequel the indices α, β, \dots run over the range $\{1, 2, \dots, n+1\}$. We denote the components of \tilde{E} and \tilde{G} with respect to these coordinates by E^γ and $G_{\gamma\beta}$ respectively. If $(\xi^i)=(\xi^1, \dots, \xi^n)$ are local coordinates in $\pi(\tilde{U})$, π has a local expression

$$(1.1) \quad \xi^i = f^i(x^\alpha),$$

f^i ($i=1, \dots, n$) being certain functions, where and in the sequel, the indices i, j, k, \dots run over the range $\{1, 2, \dots, n\}$. Then the differential of π has the local expression

$$d\xi^i = E_\alpha^i dx^\alpha,$$

where we have put $E_\alpha^i = \partial_\alpha f^i$, ∂_α denoting the differential operator $\partial/\partial x^\alpha$. We see that the n local covector fields $\zeta^i = E_\alpha^i dx^\alpha$ are linearly independent in \tilde{U} . Putting

$$(1.2) \quad E_\beta = G_{\gamma\beta} E^\gamma,$$

we denote by $\tilde{\eta}$ the 1-form whose components are E_β in \tilde{U} .

We now find

$$E^\alpha E_\alpha^i = 0$$

because the vector field \tilde{E} is tangent to fibers, i.e., $d\pi(\tilde{E})=0$. Consequently, the inverse of the matrix (E_α^i, E_α) has the form

$$(E_\alpha^i, E_\alpha)^{-1} = \begin{pmatrix} E^{\beta h} \\ E^\beta \end{pmatrix}$$

and thus for each fixed index h , $E^{\beta h}$ are components of a local vector field \tilde{A}_h in U .

1) As to notations and the definitions of fibred spaces we follow [7] and [8].

If we assume that \tilde{G} satisfies the condition

$$(1.3) \quad \mathcal{L}(G_{\gamma\beta}E^\gamma_j E^\beta_i) = 0,$$

then we can induce a metric g on M whose components are $g_{ji} = G_{\gamma\beta}E^\gamma_j E^\beta_i$ in U . In this sense, when a Riemannian metric \tilde{G} satisfies (1.3), \tilde{G} is called a *projectable metric* and g is called the *induced metric* in M from \tilde{G} . In the sequel, a fibred space $(\tilde{M}, M, \pi; \tilde{E}, \tilde{G})$ is called, for simplicity, a *fibred space with projectable (resp. invariant) metric* when \tilde{G} is projectable (resp. invariant) metric.

2. A piece of hypersurface in a fibred space.

Let $(\tilde{M}, M, \pi; \tilde{E}, \tilde{G})$ be a fibred space with projectable metric \tilde{G} . Consider a compact piece \tilde{M}^n of an orientable hypersurface of dimension n in \tilde{M} and denote by $\partial\tilde{M}^n$ the boundary of the compact piece \tilde{M}^n . We suppose that \tilde{M}^n meets at most once each fiber. For simplicity, we say that such a piece \tilde{M}^n of a hypersurface is a simple covering of the projection $M^n = \pi(\tilde{M}^n)$.

We now assume that \tilde{M}^n has a local expression

$$(2.1) \quad x^r = x^r(u^j),$$

where $(u^j) = (u^1, \dots, u^n)$ are local parameters of \tilde{M}^n , and that the boundary $\partial\tilde{M}^n$ has a local expression

$$u^j = u^j(r^a),$$

where $(r^a) = (r^1, \dots, r^{n-1})$ are local parameters of $\partial\tilde{M}^n$. The indices a, b, c, \dots run over the range $\{1, 2, \dots, n-1\}$.

If we put

$$B_j^r = \frac{\partial x^r}{\partial u^j},$$

then $\tilde{B}_j = (B_j^r)$ are vectors tangent to \tilde{M}^n . We choose a unit vector \tilde{C} normal to \tilde{M}^n in such a way that the determinant of the matrix (C^r, B_j^r) is positive, C^r being the components of \tilde{C} . We put

$$(2.2) \quad E^\beta = v^j B_j^\beta + \alpha C^\beta$$

on the compact piece \tilde{M}^n . Denoting by $\tilde{g}_{ji} = B_j^r B_i^s G_{rs}$ the metric tensor on \tilde{M}^n induced from \tilde{G} and setting

$$v_i = \tilde{g}_{ji} v^j,$$

we have

$$(2.3) \quad v_i = B_i^r E_r,$$

because of (1.2) and (2.2). Hence we have

$$(2.4) \quad \nabla_j v_i = \alpha h_{ji} + B_j^r B_i^\beta \nabla_r E_\beta$$

along \tilde{M}^n , where h_{ji} denotes the second fundamental tensor of \tilde{M}^n . Transvecting (2.3) with \tilde{g}^{ji} , we get

$$(2.5) \quad \tilde{g}^{ji} \nabla_j v_i = \alpha(nH_1) + \frac{1}{2} \tilde{g}^{ji} B_j{}^\gamma B_i{}^\beta \mathcal{L} G_{\gamma\beta},$$

where H_1 is the mean curvature of \tilde{M}^n , i.e. $H_1 = (1/n) \tilde{g}^{ji} h_{ji}$. Integrating both sides of (2.5) over \tilde{M}^n and applying Stokes' theorem, we have

$$(2.6) \quad \int_{\partial \tilde{M}^n} v_j D^j d\tilde{\sigma} = n \int_{\tilde{M}^n} H_1 \alpha d\tilde{V} + \frac{1}{2} \int_{\tilde{M}^n} \tilde{g}^{ji} B_j{}^\gamma B_i{}^\beta \mathcal{L} G_{\gamma\beta} d\tilde{V},$$

$\tilde{D} = (D^j)$ being the unit vector field normal to \tilde{C} and to the boundary $\partial \tilde{M}^n$. In the integral formula (2.6) $d\tilde{\sigma}$ and $d\tilde{V}$ denote the volume elements of $\partial \tilde{M}^n$ and \tilde{M}^n respectively, that is,

$$d\tilde{\sigma} = \sqrt{\det \tilde{g}} dr^1 \wedge \dots \wedge dr^{n-1},$$

$$d\tilde{V} = \sqrt{\det \tilde{g}} du^1 \wedge \dots \wedge du^n,$$

where we have put

$$\bar{B}_\alpha = (\bar{B}_\alpha{}^j) = \left(\frac{\partial u^j}{\partial r^\alpha} \right), \quad \tilde{g}_{cb} = \tilde{g}(\bar{B}_c, \bar{B}_b),$$

$\det \tilde{g}$ and $\det \tilde{g}$ denoting the determinants formed with (\tilde{g}_{cb}) and (\tilde{g}_{ji}) respectively.

From the definitions of \tilde{g} and \tilde{C} , we have

$$(2.7) \quad \sqrt{\det \tilde{G}} \det(\tilde{C}, \tilde{B}_j) = \sqrt{\det \tilde{g}}.$$

Here and in the sequel $\det(\tilde{C}, \tilde{B}_j)$ denotes the determinant of the matrix $(C^\alpha, B_j{}^\alpha)$.

On the other hand, since the Riemannian metric g induced on the base space M from \tilde{G} has the components

$$g_{ji} = \tilde{G}(\tilde{A}_j, \tilde{A}_i),$$

we have

$$(2.8) \quad \det \tilde{G} \{\det(\tilde{E}, \tilde{A}_j)\}^2 = \det g.$$

Since \tilde{M}^n is nowhere tangent to fibres, we can choose $(\xi^j) = (\xi^1, \dots, \xi^n)$ as the local parameters of \tilde{M}^n . If we substitute the local expression (2.1) with $u^j = \xi^j$ in (1.1), we have the identity

$$\xi^j = f^j(x^\alpha(\xi^k)).$$

Then, differentiating the equation above, we have

$$(2.9) \quad \delta_i{}^j = E_\alpha{}^j B_i{}^\alpha$$

and consequently

$$(2.10) \quad \tilde{B}_i = \tilde{A}_i + \tilde{\eta}(\tilde{B}_i) \tilde{E}, \quad \tilde{\eta}(\tilde{B}_i) = v_i$$

in \tilde{U} .

Taking account of (2. 2) and (2. 10), we get

$$(2. 11) \quad \begin{aligned} \det(\tilde{E}, \tilde{B}_j) &= \det(v^i \tilde{B}_i + \alpha \tilde{C}, \tilde{B}_j) = \alpha \det(\tilde{C}, \tilde{B}_j), \\ \det(\tilde{E}, \tilde{A}_j) &= \det(\tilde{E}, \tilde{B}_j - v_j \tilde{E}) = \det(\tilde{E}, \tilde{B}_j). \end{aligned}$$

Consequently, if we assume $\alpha > 0$, we have from (2. 7), (2. 8) and (2.11)

$$(2. 12) \quad |\alpha| \sqrt{\det \tilde{g}} = \sqrt{\det g}.$$

The metric \tilde{g} of $\partial \tilde{M}^n$ induced from \tilde{g} being defined by

$$\tilde{g}_{cb} = \tilde{G}(\tilde{B}\tilde{B}_c, \tilde{B}\tilde{B}_b),$$

we have

$$(2. 13) \quad (\det \tilde{G}) \{ \det(\tilde{C}, \tilde{B}\tilde{B}_c, \tilde{B}\tilde{B}_b) \}^2 = \det \tilde{g},$$

where $(\tilde{B}\tilde{D})^r = B_j^r D^j$ and $(\tilde{B}\tilde{B}_b)^r = B_j^r B_b^j$. On the other hand, denoting by $*g$ the metric induced on $\pi(\partial \tilde{M}^n)$ from the induced metric g of M , we have

$$(2. 14) \quad \sqrt{\det \tilde{G}} \det(\tilde{A}\tilde{N}, \tilde{E}, \tilde{A}\tilde{B}_a) = \sqrt{\det *g},$$

where $N = (N^j)$ denotes the unit normal to $\pi(\partial \tilde{M}^n)$, and $(\tilde{A}\tilde{N})^r = E^r_j N^j$ is such that the determinant of the matrix $(\tilde{A}\tilde{N}, \tilde{E}, \tilde{A}\tilde{B}_a)$ is positive. The unit vector \tilde{C} normal to \tilde{M}^n is a linear combination of $\tilde{A}\tilde{N}$, \tilde{E} , and $\tilde{A}\tilde{B}_a$, i.e.,

$$\tilde{C} = a(\tilde{A}\tilde{N}) + b^a(\tilde{A}\tilde{B}_a) + \alpha \tilde{E}$$

a, b^a being certain functions where $|a| \leq 1$. Thus we have

$$(2. 15) \quad \det(\tilde{C}, \tilde{E}, \tilde{A}\tilde{B}_a) = |a| \det(\tilde{A}\tilde{N}, \tilde{E}, \tilde{A}\tilde{B}_a).$$

If we put

$$\tilde{E} = (v_j D^j) \tilde{B}\tilde{D} + d^a (\tilde{B}\tilde{B}_a) + \alpha \tilde{C}$$

for certain functions d^a , we have

$$(2. 16) \quad \begin{aligned} \det(\tilde{C}, \tilde{E}, \tilde{A}\tilde{B}_a) &= \det(\tilde{C}, \tilde{E}, \tilde{B}\tilde{B}_a) \\ &= v_j D^j \det(\tilde{C}, \tilde{B}\tilde{D}, \tilde{B}\tilde{B}_a), \end{aligned}$$

by virtue of (2. 8) and (2. 10).

Now we suppose that \tilde{D} is chosen in such a way that $\det(\tilde{C}, \tilde{B}\tilde{D}, \tilde{B}\tilde{B}_a) > 0$. Then we have $v_j D^j \geq 0$ and

$$(2. 17) \quad (v_j D^j) \sqrt{\det \tilde{g}} = |a| \sqrt{\det *g}$$

because of (2. 13)~(2. 16).

Returning to the integral formula (2. 5) and taking account of (2. 12) and

(2. 17), we get

$$\int_{\partial\tilde{M}^n} |\alpha| \sqrt{\det *g} dr^1 \wedge \dots \wedge dr^{n-1} = n \int_{\tilde{M}^n} H_1 \sqrt{\det g} du^1 \wedge \dots \wedge du^n + \int_{\tilde{M}^n} G^{*\tau\beta} \mathcal{L} G_{\tau\beta} d\tilde{V}$$

and hence by virtue of $|\alpha| \leq 1$

$$(2. 18) \quad \int_{\partial\tilde{M}^n} \sqrt{\det *g} dr^1 \wedge \dots \wedge dr^{n-1} = n \int_{\tilde{M}^n} H_1 \sqrt{\det g} du^1 \wedge \dots \wedge du^n + \int_{\tilde{M}^n} G^{*\tau\beta} \mathcal{L} G_{\tau\beta} d\tilde{V},$$

where we have put $G^{*\tau\beta} = \tilde{g}^{j^i} B_j{}^\tau B_i{}^\beta$.

If we assume that $H_1 \geq c > 0$ (c : constant), $\alpha > 0$ and

$$\int_{\tilde{M}^n} G^{*\tau\beta} \mathcal{L} G_{\tau\beta} d\tilde{V} \geq 0,$$

then we get

$$\int_{\pi(\partial\tilde{M}^n)} d\sigma \geq nc \int_{\pi(\tilde{M}^n)} dV,$$

where $d\sigma$ and dV are the volume elements of $\pi(\partial\tilde{M}^n)$ and $\pi(\tilde{M}^n)$ respectively. Therefore we obtain

THEOREM 1. *Let $(\tilde{M}, M, \pi: \tilde{E}, \tilde{G})$ be a fibred space with projectable metric \tilde{G} . Let \tilde{M}^n be a compact piece of an oriented hypersurface in \tilde{M} with compact smooth boundary $\partial\tilde{M}^n$, which covers simply the projection $\pi(\tilde{M}^n)$. Suppose that its mean curvature H_1 satisfies the condition $H_1 \geq c > 0$ (c : constant) and that \tilde{E} makes an angle $\leq \pi/2$ with the normals of \tilde{M}^n at each point. If the condition*

$$(2. 19) \quad \int_{\tilde{M}^n} G^{*\tau\beta} \mathcal{L} G_{\tau\beta} d\tilde{V} \geq 0$$

holds, then the inequality

$$(2. 20) \quad ncV \leq L$$

holds, where V and L denote the volume of the projection of \tilde{M}^n and $\partial\tilde{M}^n$ respectively.

REMARK 1. When \tilde{M}^n is a compact hypersurface, $\partial\tilde{M}^n$ is empty. Thus taking account of (2. 18), we see that there is no compact hypersurface satisfying the conditions mentioned in Theorem 1. In other words we can say that if \tilde{M}^n is a compact hypersurface of constant mean curvature, then \tilde{M}^n must be minimal.

REMARK 2. When $(\tilde{M}, M, \pi: \tilde{E}, \tilde{G})$ is a fibred space with invariant Riemannian metric, the condition (2. 19) mentioned in Theorem 1 obviously holds.

For a projectable metric \tilde{G} , if we put

$$\mathcal{L} E_r = \phi_j E_r{}^j,$$

for certain functions ϕ_j , then we have

$$G_{r\beta} = \phi_j(E_r^j E_\beta + E_r E_\beta^j)$$

by virtue of $\mathcal{L}\tilde{E}=0$. Hence we have

$$\begin{aligned} G^{*r\beta} \mathcal{L}G_{r\beta} &= g^{j^i} B_j^r B_i^k \phi_k(E_r^k E_\beta + E_r E_\beta^k) \\ &= 2\tilde{g}^{j^i} v_j \phi_i \end{aligned}$$

by virtue of (2.3) and (2.8). Thus we get

$$\begin{aligned} G^{*r\beta} \mathcal{L}G_{r\beta} &= 2v^i \phi_i = 2v^i B_i^r \mathcal{L}E_r \\ &= 2(E^r - \alpha C^r) \mathcal{L}E_r = -2\alpha C^r \mathcal{L}E_r. \end{aligned}$$

We note the above obtained results in the following remark.

REMARK 3. The condition (2.19) is equivalent to the condition

$$\int_{\tilde{M}^n} C^r \mathcal{L}E_r d\tilde{V} \leq 0.$$

3. A piece of submanifold of co-dimension 2.

In this section we discuss a compact piece \tilde{M}^{n-1} of $(n-1)$ -dimensional orientable submanifold of co-dimension 2 in a fibred space $(\tilde{M}, M, \pi : \tilde{E}, \tilde{G})$. We also suppose that \tilde{M}^{n-1} is a simple covering of the projection $M^{n-1} = \pi(\tilde{M}^{n-1})$ in the above mentioned sense.

We now assume that \tilde{M}^{n-1} has a local expression

$$(3.1) \quad x^\alpha = x^\alpha(u^j),$$

$(u^j)^2 = (u^1, \dots, u^{n-1})$ being local parameters of \tilde{M}^{n-1} , and that the boundary $\partial\tilde{M}^{n-1}$ has a local expression

$$u^j = u^j(r^{\bar{a}}),$$

$(r^{\bar{a}})^3 = (r^1, \dots, r^{n-2})$ being local parameters of $\partial\tilde{M}^{n-1}$. If we put

$$B_j^\alpha = \frac{\partial x^\alpha}{\partial u^j},$$

then we have $n-1$ linearly independent vectors $\tilde{D}_j = (B_j^\alpha)$ tangent to \tilde{M}^{n-1} .

Let $\tilde{C}_1 = (C_1^\alpha)$, $\tilde{C}_2 = (C_2^\alpha)$ be mutually orthogonal unit vectors normal to \tilde{M}^{n-1} and $\tilde{h}_1 = (h_{(1)j\bar{i}})$, $\tilde{h}_2 = (h_{(2)j\bar{i}})$ be the second fundamental tensors with respect to \tilde{C}_1 , \tilde{C}_2 , respectively. A vector field $\tilde{H} = (H^\alpha)$ defined by

$$H^\alpha = \frac{1}{n-1} (h_{(1)j\bar{i}} C_1^\alpha + h_{(2)j\bar{i}} C_2^\alpha) \tilde{g}^{j\bar{i}}$$

2) The indices i, \bar{j}, \dots run over the range $\{1, \dots, n-1\}$.

3) The indices \bar{a}, \bar{b}, \dots run over the range $\{1, \dots, n-2\}$.

is independent of the choice of $(\tilde{C}_1, \tilde{C}_2)$, and we call \tilde{H} the mean curvature vector field of \tilde{M}^{n-1} . The magnitude H_1 of the mean curvature vector field is called the mean curvature of \tilde{M}^{n-1} , i.e.,

$$H_1 = \frac{1}{n-1} (\tilde{g}^{ji} h_{(1)ji} + \tilde{g}^{ji} h_{(2)ji}).$$

If H_1 is positive, we can take the first unit normal \tilde{C}_1 in the direction of the mean curvature vector field H . In this case we see that

$$(3.2) \quad \tilde{g}^{ji} h_{(2)ji} = 0 \quad \text{and} \quad \frac{1}{n-1} \tilde{g}^{ji} h_{(1)ji} = H_1.$$

We put

$$(3.3) \quad E^r = v^j B_j^r + \alpha C_1^r + \beta C_2^r$$

on the compact piece \tilde{M}^{n-1} . Putting

$$v_i = \tilde{g}_{ji} v^j,$$

we have

$$(3.4) \quad v_i = B_i^r E_r,$$

because of (1.2) and (3.3). Hence we have

$$(3.5) \quad \nabla_j v_i = \alpha h_{ji} + \beta k_{ji} + B_j^r B_i^\beta \nabla_r E_\beta$$

along \tilde{M}^{n-1} . Transvecting (3.4) with \tilde{g}^{ji} , we get

$$(3.6) \quad \tilde{g}^{ji} \nabla_j v_i = \alpha (nH_1) + \frac{1}{2} \tilde{g}^{ji} B_j^r B_i^\beta \mathcal{L} G_{r\beta}$$

by virtue of (3.2). Integrating both sides of (3.6) over \tilde{M}^{n-1} and applying Stokes' theorem, we have

$$(3.7) \quad \int_{\partial \tilde{M}^{n-1}} v_j D^j d\tilde{\sigma} = n \int_{\tilde{M}^{n-1}} H_1 \alpha d\tilde{V} + \frac{1}{2} \int_{\tilde{M}^{n-1}} \tilde{g}^{ji} B_j^r B_i^\beta \mathcal{L} G_{r\beta} d\tilde{V},$$

where $\tilde{D}=(D^j)$ is the unit vector field normal to \tilde{C}_1, \tilde{C}_2 and to the boundary $\partial \tilde{M}^{n-1}$, and $d\tilde{\sigma}, d\tilde{V}$ denote the volume elements of $\partial \tilde{M}^{n-1}, \tilde{M}^{n-1}$ respectively. Next we will compare $d\tilde{V}$ with the volume element of $\pi(\tilde{M}^{n-1})$. Since \tilde{M}^{n-1} is nowhere tangent to fibres, we can choose $(u^j)=(u^1, \dots, u^{n-1})$ as the local parameters of the projection M^{n-1} that is, M^{n-1} has the local expression

$$\xi^i = \xi^i(u^j),$$

and by virtue of (1.1), we have the identity

$$\xi^v(u^j) = f^v(x^\alpha(u^j)).$$

Then, differentiating the equation above, we have

$$\frac{\partial \xi^i}{\partial u^j} = E_\alpha^i B_j^\alpha$$

and consequently, if we set

$$(3.8) \quad \begin{aligned} B_j &= (B_j^i) = \left(\frac{\partial \xi^i}{\partial u^j} \right), \\ \widetilde{A}B_j &= (E_\alpha^i B_j^i), \end{aligned}$$

then we have

$$(3.9) \quad \widetilde{A}B_j = \widetilde{B}_j - v_j \widetilde{E}$$

in \widetilde{U} . From the definition of \widetilde{C}_1 , \widetilde{C}_2 and \widetilde{g} , we have

$$\sqrt{\det \widetilde{G}} \det (\widetilde{C}_1, \widetilde{C}_2, \widetilde{B}_j) = \sqrt{\det \widetilde{g}}.$$

On the other hand, denoting by g the metric induced on $\pi(\widetilde{M}^{n-1})$ from the induced metric of M , we have

$$\det \widetilde{G} \{\det (\widetilde{E}, \widetilde{A}N_1, \widetilde{A}B_j)\}^2 = \det g$$

where $N_1 = (N_1^i)$ denotes the unit normal to $\pi(\widetilde{M}^{n-1})$, and $(\widetilde{A}N_1)^r = E^r_j N_1^j$. If we suppose that $\widetilde{A}N = \widetilde{C}_2$ or equivalently $\beta = 0$ in (3.3), then we have

$$\det (\widetilde{E}, \widetilde{A}N_1, \widetilde{A}B_j) = \det (\widetilde{E}, \widetilde{C}_2, \widetilde{A}B_j) = \alpha \det (\widetilde{C}_1, \widetilde{C}_2, \widetilde{B}_j)$$

by virtue of (3.3) and (3.8). Thus we obtain the relation

$$|\alpha| \sqrt{\det \widetilde{g}} = \sqrt{\det g}.$$

Henceforth we assume that $\alpha > 0$, and then we have

$$\alpha d\widetilde{V} = dV.$$

If we denote by \bar{g} the induced metric on $\partial\widetilde{M}^{n-1}$ from \widetilde{g} , \bar{g} is given by

$$\bar{g}_{\bar{e}\bar{f}} = \widetilde{G}(\widetilde{B}\widetilde{B}_\bar{e}\widetilde{B}\widetilde{B}_\bar{f}),$$

and $\det \bar{g}$ by

$$(3.10) \quad \det \widetilde{G} \{\det (\widetilde{C}_1, \widetilde{C}_2, \widetilde{B}D, \widetilde{B}\widetilde{B}_\bar{f})\}^2 = \det \bar{g},$$

where $(\widetilde{B}\widetilde{B}_\bar{f})^r = B_j^r B_\bar{f}^j$ and $(\widetilde{B}D)^r = B_j^r D^j$. On the other hand, as for the metric $*g$ on $\pi(\partial\widetilde{M}^{n-1})$ induced from the metric g of $\pi(\widetilde{M}^{n-1})$, we have

$$(3.11) \quad \det \widetilde{G} \{\det (\widetilde{A}N, \widetilde{E}, \widetilde{A}N_2, \widetilde{A}\widetilde{B}_\bar{f})\}^2 = \det *g,$$

where $N_2 = (N_2^j)$ denotes the unit normal to $\pi(\partial\widetilde{M}^{n-1})$, $(\widetilde{A}N_2)^r = E^r_j B_i^j N_2^i$ and $(\widetilde{A}\widetilde{B}_\bar{f})^r = E^r_j B_i^j B_\bar{f}^i$.

The unit vector \widetilde{C}_1 normal to \widetilde{M}^{n-1} is a linear combination of $\widetilde{A}N_1$, $\widetilde{A}N_2$, \widetilde{E} and $\widetilde{A}\widetilde{B}_\alpha$, i.e.

$$\tilde{C}_1 = a(\tilde{A}\tilde{N}_1) + b(\tilde{A}\tilde{N}_2) + c^a(\tilde{A}\tilde{B}_a) + \alpha\tilde{E},$$

a, b, c^a being certain functions $|a| \leq 1, |b| \leq 1$.

Therefore we have

$$(3.12) \quad \det(\tilde{E}, \tilde{C}_1, \tilde{A}\tilde{N}_1, \tilde{A}\tilde{B}_b) = |b| \det(\tilde{E}, \tilde{A}\tilde{N}_2, \tilde{A}\tilde{N}_1, \tilde{A}\tilde{B}_b).$$

Putting

$$\tilde{E} = (v_j D^j) \tilde{B}\tilde{D} + d^a(\tilde{B}\tilde{B}_a) + \alpha\tilde{C}_1 + \beta\tilde{C}_2$$

for certain functions d^a , and taking account of

$$\tilde{A}\tilde{B}_b = \tilde{B}\tilde{B}_b - (v_j B_b^j) \tilde{E}$$

obtained from (3.9), we have

$$(3.13) \quad \begin{aligned} \det(\tilde{E}, \tilde{C}_1, \tilde{A}\tilde{N}_1, \tilde{A}\tilde{B}_b) &= (v_j D^j) \det(\tilde{B}\tilde{D}, \tilde{C}_1, \tilde{C}_2, \tilde{B}\tilde{B}_b) \\ &= (v_j D^j) \det(\tilde{C}_1, \tilde{C}_2, \tilde{B}\tilde{D}, \tilde{B}\tilde{B}_b). \end{aligned}$$

As a result of (3.10)~(3.13), we get

$$|v_j D^j| \sqrt{\det \tilde{g}} = |b| \sqrt{\det *g}.$$

We can choose D in such a way that $v_j D^j \geq 0$, and we finally get

$$v_j D^j \sqrt{\det \tilde{g}} = |b| \sqrt{\det *g}.$$

Returning to the integral formula (3.7), we get

$$\int_{\pi(\partial\tilde{M}^{n-1})} \sqrt{\det *g} dr^1 \wedge \dots \wedge dr^{n-1} \geq n \int_{\tilde{M}^{n-1}} H_1 \alpha \sqrt{\det \tilde{g}} du^1 \wedge \dots \wedge du^{n-1} + \int_{\tilde{M}^{n-1}} G^{*\tau\beta} \mathcal{L} G_{\tau\beta} d\tilde{V},$$

where we have put $G^{*\tau\beta} = \tilde{g}^{ji} B_j^\tau E_i^\beta$.

If we assume that $H_1 \geq c > 0$ (c : const) and

$$\int_{\tilde{M}^{n-1}} G^{*\tau\beta} \mathcal{L} G_{\tau\beta} d\tilde{V} \geq 0,$$

then we get

$$\int_{\pi(\partial\tilde{M}^{n-1})} d\sigma \geq nc \int_{\pi(\tilde{M}^{n-1})} dV,$$

where $d\sigma$ and dV are the volume elements of $\pi(\partial\tilde{M}^{n-1})$ and $\pi(\tilde{M}^{n-1})$ respectively. Summarizing, we obtain

THEOREM 2. *Let $(\tilde{M}, M, \pi; \tilde{E}, \tilde{G})$ be a fibred space with projectable metric \tilde{G} . Let \tilde{M}^{n-1} be a compact piece of an oriented submanifold of co-dimension 2 in \tilde{M} with compact smooth boundary $\partial\tilde{M}^{n-1}$, which covers simply the projection $\pi(\tilde{M}^{n-1})$. Suppose that at each point, the mean curvature vector \tilde{H} is spanned by B_1, \dots, B_{n-1}*

and \bar{E} , and that \tilde{H} makes an angle $<\pi/2$ with \bar{E} . If we assume that the mean curvature satisfies the condition $H_1 \geq c > 0$, c being a constant, and

$$\int_{\tilde{M}^{n-1}} G^{*\tau\beta} \mathcal{L} G_{\tau\beta} d\tilde{V} \geq 0,$$

then the inequality

$$ncV \geq L$$

holds, where V and L denote the volume of the projection of \tilde{M}^{n-1} and $\partial\tilde{M}^{n-1}$, respectively.

4. Special cases.

In this section we shall prove theorem 3 which is a generalization of Heinz's theorem. For this purpose we need some lemmas, which will be proved by devices similar to those developed in [1] and [3].

Let M be an n -dimensional Riemannian manifold. Let γ be a geodesic starting at $m \in M$ and parametrized by arc-length t ,

$$\gamma(t) = \exp_m \rho(t), \quad \gamma(0) = m,$$

where $\rho(t)$, is a ray in the tangent space M_m of M at the point m . Now a Jacobi field along a geodesic γ is defined by

DEFINITION. If a vector field Y given along a geodesic γ satisfies the differential equation

$$Y'' + R(Y, \dot{\gamma})\dot{\gamma} = 0,$$

the prime denoting covariant differentiation along γ , Y is called a *Jacobi field* along γ , where R is the curvature tensor, that is,

$$R(X, Y) = [V_X, V_Y] - V_{[X, Y]}.$$

As is well known, we have (cf. [1] p. 172)

LEMMA 1. Let A be a constant field along the ray ρ in the tangent space M_m , then

$$Y(t) = d \exp_m tA$$

is a *Jacobi field* along γ .

LEMMA 2. Assume that M is a space of constant curvature k . Let γ be a geodesic in M having no conjugate point of $\gamma(0)$ and E_1, E_2, \dots, E_n be a parallel orthonormal basis along γ . If hE_i ($i=1, 2, \dots, n$) is Jacobi field with the conditions $h(0)=0, h(r)=1$,⁴⁾ then h satisfies one of the following conditions:

4) See Appendix I.

- 1) $h(t) = \frac{\sin bt}{\sin br}$, if $k = b^2$;
- 2) $h(t) = \frac{t}{r}$, if $k = 0$;
- 3) $h(t) = \frac{\sinh bt}{\sinh br}$ if $k = -b^2$.

Proof. If hE_s is a Jacobi field along γ with the conditions $h(0)=0$, $h(r)=1$, then h is a solution of the differential equation

$$\frac{d^2h}{dt^2} + kh = 0$$

with the conditions $h(0)=0$, $h(r)=1$. Thus we have Lemma 2.

If X and Y are vector fields along γ and orthogonal to γ , the index form of the pair (X, Y) on $(0, r)$ is given by

$$I(X, Y) = \int_0^r \{ \langle X', Y' \rangle - \langle R(\dot{\gamma}, X)\dot{\gamma}, Y \rangle \}_t dt,$$

where \langle , \rangle denotes the Riemannian metric in M . For a Jacobi field Y , $I(X, Y)$ reduces to

$$I(X, Y) = \langle X, Y' \rangle|_0^r.$$

LEMMA 3. *Let γ be a geodesic and have no conjugate point of $m = \gamma(0)$. Let Y be an orthogonal Jacobi field along γ and X be any field orthogonal to γ with $X(0) = Y(0)$, $X(r) = Y(r)$. Then $I(X, X) \geq I(Y, Y)$ and the equality occurs only when $X = Y$.*

Proof. If $X \neq Y$, then $X - Y \neq 0$. Since $I(X, Y)$ is positive definite,⁵⁾

$$\begin{aligned} 0 < I(X - Y, X - Y) &= I(X, X) - 2I(X, Y) + I(Y, Y) \\ &= I(X, X) - 2\langle X, Y' \rangle|_0^r + \langle Y, Y' \rangle|_0^r \\ &= I(X, X) - \langle Y, Y' \rangle|_0^r = I(X, X) - I(Y, Y), \end{aligned}$$

which proves Lemma 3.

Next we consider the Jacobian determinant of the exponential mapping \exp_m at a point $\rho(t)$ and its relation with Jacobi fields. In the sequel $R_s(X)$ and $K(X, Y)$ denote the Ricci curvature with respect to X and the sectional curvature with respect to X and Y , i.e.,

$$K(X, Y) = \frac{\langle R(X, Y)Y, X \rangle}{\langle X, X \rangle \langle Y, Y \rangle - \langle X, Y \rangle^2},$$

5) See Appendix II.

$$R_i(X) = \frac{1}{n-1} \sum_{i=1}^n K(X_i, X),$$

X_i being an orthonormal frame at m .

LEMMA 4. Let γ be a geodesic starting at m in M and $j(t)$ the Jacobian determinant of \exp_m at a point $\rho(t)$. Then $j(t)$ satisfies one of the following conditions:

$$1) \quad \left\{ \frac{\sin bt}{bt} \right\}^{n-1} \geq j(t) \geq \left\{ \frac{\sin at}{at} \right\}^{n-1}$$

at least out to the first conjugate point of m along γ , if $R_i(X) \geq a^2 > 0$, and $0 < K(X, Y) \leq b^2$ for arbitrary X and Y ;

$$2) \quad j(t) = 1, \text{ if } K(X, Y) = 0 \text{ for any } X \text{ and } Y;$$

$$3) \quad 1 \leq j(t) \leq \left\{ \frac{\sinh at}{at} \right\}^{n-1},$$

if $R_i(X) \geq -a^2$, and $K(X, Y) \leq 0$ for any X and Y .

Proof. We first note that $j(t)$ is given by

$$j(t) = \frac{\|d \exp_m s_1 \cdots d \exp_m s_{n-1}\|}{\|s_1 \cdots s_{n-1}\|}$$

for any linearly independent $(n-1)$ -vectors s_1, \dots, s_{n-1} which are orthogonal to ρ at $\rho(t)$ (cf. [1]), where

$$\|Y_1 \cdots Y_{n-1}\| = \det \langle Y_i, Y_j \rangle.$$

Let A_i be constant fields along ρ , and assume that $d \exp_m (rA_i) = F_i(r)$, where $\{F_1, \dots, F_{n-1}\}$ is a parallel orthonormal basis along γ . Put $Y_i(t) = d \exp_m (tA_i)$, then by virtue of Lemma 1, Y_1, \dots, Y_{n-1} are Jacobi fields along γ which are linearly independent. Then we have

$$j(t) = \frac{\|Y_1 \cdots Y_{n-1}\|}{t^{n-1} A},$$

where $A = \|A_1 \cdots A_{n-1}\|$ is constant. Since $Y_1(r), \dots, Y_{n-1}(r)$ are orthonormal, we have

$$\frac{d}{dt} \|Y_1 \cdots Y_{n-1}\|^2(r) = 2 \sum_{i=1}^{n-1} \langle Y_i(r), Y_i'(r) \rangle,$$

and therefore

$$(4.1) \quad \frac{j'(r)}{j(r)} = \sum_{i=1}^{n-1} \langle Y_i(r), Y_i'(r) \rangle - \frac{n-1}{r}.$$

For the first case 1), using the assumption, we have

$$\begin{aligned}
 \langle Y_i(r), Y_i'(r) \rangle &= \int_0^r \{ \|Y_i'\|^2 - K(\dot{\gamma}, Y_i) \|Y_i\|^2 \}_t dt \\
 (4.2) \qquad &= \int_0^r \{ \|Y_i'\|^2 - b^2 \|Y_i\|^2 \}_t dt.
 \end{aligned}$$

On the other hand, if we consider a Jacobi field $\bar{Y}_i = h(t)E_i(t)$ along a geodesic $\bar{\gamma}$ on the space S of constant curvature b^2 ($\bar{\gamma}(t) = \overline{\exp_m}(t)$, $\overline{\exp_m}: S_m \rightarrow S$) E_i denoting orthonormal vector fields given in Lemma 2, we have

$$(4.3) \qquad \langle h(r)E_i(r), \dot{h}(r)E_i(r) \rangle = \langle \bar{Y}_i(r), \bar{Y}_i'(r) \rangle = \int_0^r \{ \|\bar{Y}_i'\|^2 - b^2 \|\bar{Y}_i\|^2 \}_t dt$$

by means of Lemma 2.

Since \bar{Y}_i are Jacobi fields, we have, from Lemma 3,

$$(4.4) \qquad \int_0^r \{ \|Y_i'\|^2 - b^2 \|Y_i\|^2 \}_t dt \geq \int_0^r \{ \|\bar{Y}_i'\|^2 - b^2 \|\bar{Y}_i\|^2 \}_t dt.$$

Combining (3. 2), (3. 3) and (3. 4), we have

$$(4.5) \qquad \langle Y_i(r), Y_i'(r) \rangle \geq \cot br$$

by virtue of Lemma 2.

Next, taking account of Lemma 3, we have

$$(4.6) \qquad \langle Y_i(r), Y_i'(r) \rangle = I(Y_i, Y_i) = I(hF_i, hF_i) = \int_0^r \{ h'^2 - K(\dot{\gamma}, F_i)h^2 \} dt.$$

Taking sum with respect to i and taking account of the inequality $R_i(\dot{\gamma}) \geq a^2 > 0$ and (4. 1), we find

$$(4.7) \qquad \frac{j'(r)}{j(r)} \leq (n-1) \int_0^r \{ (h')^2 - a^2 h^2 \} dt - \frac{n-1}{r},$$

which implies together with (4. 2)

$$(n-1) \left(\cot ar - \frac{1}{r} \right) \geq \frac{j'(r)}{j(r)} \geq (n-1) \left(\cot br - \frac{1}{r} \right).$$

Integrating each side of this inequality from s to t , ($s \in (0, t)$), we get

$$\left(\frac{\sin at}{at} \right)^{n-1} \left(\frac{as}{\sin as} \right)^{n-1} \geq \frac{j(t)}{j(s)} \geq \left(\frac{\sin bt}{bt} \right)^{n-1} \left(\frac{bs}{\sin bs} \right)^{n-1}.$$

Taking the limit as $s \rightarrow 0$, we have

$$\left(\frac{\sin at}{at} \right)^{n-1} \geq j(t) \geq \left(\frac{\sin bt}{bt} \right)^{n-1}$$

by virtue of $j(0) = 1$.

For the second case 2), $j'(r)/j(r)$ being zero, we have $j(t)=1$.
 For the last case 3), (4. 2) reduces to

$$\langle Y_i(r), Y_i'(r) \rangle \geq \int_0^r \|Y_i'\|^2 dt \geq \frac{1}{r}$$

by means of Lemmas 2 and 3. Moreover (4. 7) reduces to

$$0 \leq \frac{j'(r)}{j(r)} \leq (n-1) \int_0^r \{(h')^2 + a^2 h^2\} dt - \frac{n-1}{r},$$

where $h(t) = \sinh at / \sinh ar$. Thus we get

$$1 \leq j(t) \leq \left(\frac{\sinh at}{at} \right)^{n-1}.$$

Consequently, Lemma 4 has been proved completely.

We are now going to prove

THEOREM 3. *Let $(\tilde{M}, M, \pi; \tilde{E}, \hat{G})$ be a fibred space with projectable metric and \tilde{M}^n a compact piece of an oriented hypersurface in \tilde{M} with properties stated in Theorem 2. Assume that the projection M^n of \tilde{M}^n to M is a Riemannian sphere with radius R lying in a normal coordinate neighborhood. Then R satisfies one of the following inequalities:*

- 1) $nc \left(\frac{a}{b} \right)^{n-1} \int_0^R \left(\frac{\sin bt}{\sin aR} \right)^{n-1} dt \leq 1$, if $R_i(X) \geq a^2 > 0$, and $0 < K(X, Y) \leq b^2$ on M^n ;
- 2) $cR \leq 1$, if $K(X, Y) = 0$;
- 3) $cR \leq \left(\frac{\sinh aR}{a} \right)^{n-1}$, if $R_i(X) \geq -a^2$ and $K(X, Y) < 0$,

where c is the constant appearing in Theorem 2.

Proof. If m is the origin of the Riemannian sphere M^n , M^n is the image of R -ball $B(R)$ in the tangent space M_m^n under the exponential mapping and its boundary ∂M^n is the image of $(n-1)$ -dimensional sphere $S^{n-1}(R)$ with radius R . Let γ be a geodesic in M^n orthogonal to ∂M^n and $j(t)$ be the Jacobian determinant of \exp_m at $\rho(t)$. If dB and dS are the volume elements of $B(R)$ and the unit sphere $S^{n-1}(1)$ respectively, the volume element dV of M^n is given by

$$dV = j(t) dB = j(t) t^{n-1} dt dS.$$

Thus we get

$$\text{volume } M^n \geq \int_{B(R)} j(t) dB = \int_0^R \int_{S^{n-1}} j(t) t^{n-1} dt dS.$$

Taking account of Lemma 4, we have for the case 1)

$$\begin{aligned} \text{volume } M^n &\geq (\text{volume } S^{n-1}) \int_0^R \left(\frac{\sin bt}{b}\right)^{n-1} dt \\ &\cong (\text{volume } \partial M^n) \left(\frac{a}{b}\right)^{n-1} \int_0^R \left(\frac{\sin bt}{\sin aR}\right)^{n-1} dt. \end{aligned}$$

On the other hand, we have already in Theorem 2 the inequality

$$nc \text{ volume } M^n \leq \text{volume } \partial M^n.$$

Thus, summing up, we obtain the following required inequality

$$nc \left(\frac{a}{b}\right)^{n-1} \int_0^R \left(\frac{\sin bt}{\sin aR}\right)^{n-1} dt \leq 1.$$

For the cases 2) and 3) we reach the corresponding inequalities in the same way.

As a special case, we consider a fibred space $(S^{n+1}, CP(l), \pi; \tilde{E}, \tilde{G})$, where S^{n+1} is a unit sphere with natural metric \tilde{G} induced from E^{n+2} and $CP(l)$ is the complex projective space of complex dimension l ($2l=n$). We shall prove

THEOREM 4. *Let \tilde{M}^n be a compact piece of an oriented hypersurface of S^{n+1} with properties stated in Theorem 2. Assume that the projection M^n of \tilde{M}^n to $CP(l)$ is a Riemannian sphere with radius $R < \pi/2$. Then R satisfies the following inequality*

$$2c \tan \frac{R}{2} \leq 1,$$

where c is the constant appearing in Theorem 2.

Proof. Let m be the origin of the Riemannian sphere. A holomorphic sectional curvature on $CP(l)$ being constant (=1), the curvature tensor is given by

$$\begin{aligned} \langle R(X, Y)Z, W \rangle &= \frac{1}{4} \{ \langle X, W \rangle \langle Y, Z \rangle - \langle X, Z \rangle \langle Y, W \rangle \\ (4.8) \quad &+ \langle JX, W \rangle \langle JY, Z \rangle - \langle JY, W \rangle \langle JX, Z \rangle - 2 \langle JX, Y \rangle \langle JZ, W \rangle \}, \end{aligned}$$

where J is the complex structure in $CP(l)$. Let γ be a geodesic starting at m and orthogonal to ∂M^n . We choose a parallel orthonormal basis along γ , $E_1, E_{1^*}, \dots, E_l, E_{l^*}$ in such a way that

$$E_1 = \dot{\gamma}, \quad E_{\alpha^*} = JE_\alpha \quad (\alpha = 1, \dots, l).$$

If $h_i E_i$ (i : not summed $i=1, 1^*, \dots, l, l^*$) is a Jacobi field along γ with the conditions $h(0)=0$ and $h(r)=1$, then $h_i(t)$ satisfies

$$(4.9) \quad h_{1^*}(t) = \frac{\sin t}{\sin r}, \quad h_i(t) = \frac{\sin(t/2)}{\sin(r/2)} \quad (i=2, 2^*, \dots, l, l^*).$$

In fact, h_{1^*} and h_i satisfy the differential equations

$$\begin{aligned} \frac{d^2 h_{1^*}}{dt^2} + h_{1^*} &= 0, & h_{1^*}(0) &= 0, & h_{1^*}(r) &= 1; \\ \frac{d^2 h_i}{dt^2} + \frac{1}{4} h_i &= 0, & h_i(0) &= 0, & h_i(r) &= 1. \end{aligned}$$

Next we have an estimation of the Jacobian determinant $j(t)$ of \exp_m , that is,

$$(4.10) \quad j(t) = \frac{1}{t^{n-1}} \left(2 \sin \frac{t}{2} \right)^{n-1} \cos \frac{t}{2}$$

at least out to the first conjugate point of m along γ . In fact, taking $n-1$ Jacobi fields Y_1, \dots, Y_{n-1} in the same way as in proof of Theorem 3, we have again

$$\frac{j'(r)}{j(r)} = \sum_{i=1}^{n-1} \langle Y_i(r), Y_i'(r) \rangle - \frac{n-1}{r}.$$

If $h_i E_i$ (i : not summed) is a Jacobi field along γ such that $h_i(0)=0$, $h_i(r)=1$, then we have

$$\langle Y_i(r), Y_i'(r) \rangle = h_i(r) \dot{h}_i(r) = \begin{cases} \cot r, & i=1^*, \\ \frac{1}{2} \cot \frac{r}{2}, & i \neq 1^*. \end{cases}$$

Therefore we obtain

$$\frac{j'(r)}{j(r)} = \frac{n-2}{2} \cot \frac{r}{2} + \cot r - \frac{n-1}{r}.$$

Integrating this from s to t ($s \in (0, t)$), we get

$$\frac{j(t)}{j(s)} = \frac{s^{n-1} (2 \sin (t/2))^{n-2} \sin t}{t^{n-1} (2 \sin (s/2))^{n-2} \sin s}.$$

Now taking the limit as $s \rightarrow 0$, we have

$$j(t) = \frac{1}{t^{n-1}} \left(2 \sin \frac{t}{2} \right)^{n-2} \sin t$$

by virtue of $j(0)=1$.

Denoting by dS the volume element of the unit sphere S^{n-1} , we have

$$\begin{aligned} \text{volume } M^n &= \int_0^R \int_{S^{n-1}} j(t) t^{n-1} dt dS \\ &= (\text{volume } S^{n-1}) \int_0^R \left(2 \sin \frac{t}{2} \right)^{n-1} \cos \frac{t}{2} dt \\ &= 2^n (\text{volume } S^{n-1}) \int_0^{\sin(R/2)} u^{n-1} du \quad \left(u = \sin \frac{t}{2} \right) \end{aligned}$$

$$\begin{aligned} &= \frac{1}{n} \left(2 \sin \frac{R}{2} \right)^n (\text{volume } S^{n-1}) \\ &= \frac{2}{n} \tan \frac{R}{2} j(R) R^{n-1} (\text{volume } S^{n-1}) \\ &= \frac{2}{n} \tan \frac{R}{2} (\text{volume } \partial M^n) \end{aligned}$$

by virtue of (4.3). Since $(S^{n+1}, CP(l), \pi: \tilde{E}, \tilde{G})$ is a fibred space with invariant metric, the inequality

$$nc (\text{volume } M^n) \leq \text{volume } \partial M^n$$

has been established. Thus we obtain the required inequality

$$2c \tan \frac{R}{2} \leq 1.$$

5. Appendix (cf. [1] or [6]).

We give here the definition of conjugate points and properties which our argument requires.

Let $\gamma: [0, l] \rightarrow M$ be a geodesic starting at m and parametrized by arc length t ;

$$\gamma(t) = \exp_m \rho(t), \quad \gamma(0) = m.$$

We call t_0 a conjugate point to 0 along γ if $d \exp_m$ is singular at $\rho(t_0)$ and call $\gamma(t_0)$ a conjugate point to $\gamma(0) = m$ along γ .

I) *The uniqueness of Jacobi field.*

Let r be a non-conjugate point to 0 along γ and $v \in M_m$ and $w \in M_{\gamma(r)}$. Then there exists exactly one Jacobi field Y along γ such that $Y(0) = v$ and $Y(r) = w$.

II) *The relation to the index form.*

The following two propositions are equivalent:

- 1) γ has no conjugate point.
- 2) $I(X, X) > 0$ for any $X \neq 0$ such that $X(0) = X(l) = 0$.

III) *Theorem of Morse-Schoenberg:*

- 1) If $K(X, Y) \leq k$ and $l < \pi / \sqrt{k}$, then γ has no conjugate point,
- 1') if $K(X, Y) \leq 0$, then γ has no conjugate point,
- 2) if $0 \leq k < K(X, Y)$, there exists at least one conjugate point along γ at distance at most π / \sqrt{k} ,

where k is a constant.

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