# LAWS OF LARGE NUMBERS WITH RATES AND THE ONE-SIDED ERGODIC HILBERT TRANSFORM 

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#### Abstract

Let $T$ be a power-bounded operator on $L_{p}(\mu), 1<p<\infty$. We use a sublinear growth condition on the norms $\left\{\left\|\sum_{k=1}^{n} T^{k} f\right\|_{p}\right\}$ to obtain for $f$ the pointwise ergodic theorem with rate, as well as a.e. convergence of the one-sided ergodic Hilbert transform. For $\mu$ finite and $T$ a positive contraction, we give a sufficient condition for the a.e. convergence of the "rotated one-sided Hilbert transform"; the result holds also for $p=1$ when $T$ is ergodic with $T 1=1$.

Our methods apply to norm-bounded sequences in $L_{p}$. Combining them with results of Marcus and Pisier, we show that if $\left\{g_{n}\right\}$ is independent with zero expectation and uniformly bounded, then almost surely any realization $\left\{b_{n}\right\}$ has the property that for every $\gamma>3 / 4$, any contraction $T$ on $L_{2}(\mu)$ and $f \in L_{2}(\mu)$, the series $\sum_{k=1}^{\infty} b_{k} T^{k} f(x) / k^{\gamma}$ converges $\mu$-almost everywhere. Furthermore, for every Dunford-Schwartz contraction of $L_{1}(\mu)$ of a probability space and $f \in L_{p}(\mu), 1<p<\infty$, the series $\sum_{k=1}^{\infty} b_{k} T^{k} f(x) / k^{\gamma}$ converges a.e. for $\gamma \in\left(\max \left\{\frac{3}{4}, \frac{p+1}{2 p}\right\}, 1\right]$.


## 1. Introduction

The mean ergodic theorem for power-bounded operators in reflexive Banach spaces yields that for $1<p<\infty$ and $T$ power-bounded in $L_{p}(\mu)$ of a $\sigma$-finite measure space, the ergodic averages $\frac{1}{n} \sum_{k=1}^{n} T^{k} f$ converge in norm for every $f \in L_{p}$.

The celebrated theorem of Akcoglu [A] says that if $T$ is a positive contraction in $L_{p}(\mu), 1<p<\infty$, then for every $f \in L_{p}$ the ergodic averages converge a.e. Without positivity, the a.e. convergence need not hold (see [Kr, p. 191]).

In general, there is no universal speed of convergence in the pointwise ergodic theorem for probability preserving transformations, not even for bounded functions; see [Kr, pp. 14-15], [Pe, §3.2B], [K, p. 655-657]. Thus, we need additional assumptions, connecting the function $f$ and the operator $T$ induced by the transformation, in order to obtain rates of convergence.

[^0]On the other hand, for a centered i.i.d. sequence $\left\{f_{k}\right\} \subset L_{p}(\mu)$ of a probability space, $1<p<2$, Marcinkiewicz and Zygmund [MaZ, Theorem 9] (see also [ChTe, p. 115]) proved that we have a.s. convergence of the series $\sum_{k=1}^{\infty} \frac{f_{k}}{k^{1 / p}}$, which implies $\frac{1}{n^{1 / p}} \sum_{k=1}^{n} f_{k} \rightarrow 0$ a.s. Hence for $T$ induced by the shift and $f_{k}=T^{k} f_{0}$ with zero integral the ergodic averages have a pointwise rate $o\left(n^{1 / p-1}\right)$. Thus, the rate in this case is determined only by a moment condition. An equivalent formulation of the above SLLN is that for every $\epsilon>0$ we have $\mu\left(\bigcup_{k=n}^{\infty}\left\{\left|\frac{1}{k^{1 / p}} \sum_{j=1}^{k} T^{j} f\right| \geq \epsilon\right\}\right) \rightarrow 0$. In this case, rates of convergence to 0 of $\mu\left(\bigcup_{k=n}^{\infty}\left\{\left|\frac{1}{k^{\alpha}} \sum_{j=1}^{k} T^{j} f\right| \geq \epsilon\right\}\right)$ for $\alpha>1 / p$, in terms of convergent series, were obtained by Baum and Katz [BauKat], who also showed that their results are no longer true for general stationary sequences. However, Peligrad $[\mathrm{P}-4]$ showed that some of their results do hold for $\phi$-mixing stationary sequences (for earlier results see [P-2], [P-3], [Ber]). Integral tests for convergence rates for martingales were obtained in [JJoSt], extending earlier results of Strassen [Str].

By adapting the proof of Lemma 5.2.1 of [Kr], we obtain that if $T$ is powerbounded in $L_{p}$ and $f=(I-T) g$ (which is equivalent to $\sup _{n>0}\left\|\sum_{k=1}^{n} T^{k} f\right\|_{p}$ $<\infty)$, then $\frac{1}{n^{\gamma}} \sum_{k=1}^{n} T^{k} f \rightarrow 0$ a.e. for every $\gamma>1 / p$; thus, the rate $\left\|\sum_{k=1}^{n} T^{k} f\right\|_{p}=O(1)$ yields a.e. convergence (with rate) of the ergodic averages.

For $T$ induced by an invertible probability preserving transformation and $f \in L_{2}$, Gaposhkin [G-1] showed that if $\left\|\sum_{k=1}^{n} T^{k} f\right\|_{2}=O\left(n^{1-\beta}\right)$ for some $\beta>0$, then $\frac{1}{n^{\gamma}} \sum_{k=1}^{n} T^{k} f \rightarrow 0$ a.e. for appropriate $\gamma<1$ (depending only on $\beta$ ). In [G-2] he proved (under the same assumption) the a.e. convergence of the series $\sum_{n=1}^{\infty} \frac{T^{n} f}{n^{\gamma}}$, which implies a.e. convergence of the one-sided ergodic Hilbert transform $\sum_{n=1}^{\infty} \frac{T^{n} f}{n}$. Derriennic and Lin [DL] used the same growth condition for the $L_{p}$-norms of the sums to obtain similar results, even for $T$ a Dunford-Schwartz operator.

In this paper we develop an intermediate class of results-modulated ergodic theorems with rates; we look for sequences $\left\{a_{k}\right\}$ for which there is a $\gamma<1$ such that for every Dunford-Schwartz contraction $T$ of $L_{1}(\mu)$ and every $f \in L_{p}$ (or for every contraction of $L_{2}$ ) we have $\frac{1}{n^{\gamma}} \sum_{k=1}^{n} a_{k} T^{k} f \rightarrow 0$ a.e., or even a.e. convergence of $\sum_{n=1}^{\infty} \frac{a_{n} T^{n} f}{n^{\gamma}}$.

In the next section we show that obtaining a strong law of large numbers with rate from the rate of convergence to 0 of the norms of the averages is a very general result, applicable to $L_{p}$ norm bounded sequences $\left\{f_{n}\right\}$, which yields also a.e. convergence of the series $\sum_{k=1}^{\infty} \frac{f_{k}}{k}$. Section 3 deals with modulated ergodic theorems with rates and a.e. convergence of the modulated one-sided ergodic Hilbert transform, for general $L_{2}$-contractions and for contractions induced on $L_{p}$ by Dunford-Schwartz operators. In Section 5 we look at sequences $\left\{a_{n}\right\}$ which yield a.e. convergence of series of the form
$\sum_{k=1}^{\infty} \frac{a_{k} g_{k}}{k}$ for any $L_{2}$-norm bounded orthogonal sequence $\left\{g_{n}\right\}$. In Section 6 we study the a.e. convergence of the one-sided rotated Hilbert transform for $T$ a positive contraction of $L_{p}, 1<p<\infty$. Examples of i.i.d. lead to a study of almost sure uniform convergence of certain random Fourier series. In Section 7 we combine our results to show that almost surely realizations of uniformly bounded centered independent random variables are universally good sequences for a.e. convergence of the modulated one-sided ergodic Hilbert transform of $L_{p}$-contractions induced by Dunford-Schwartz operators.

## 2. Strong laws of large numbers with rates

In this section we obtain a strong law of large numbers with rate from the rate of convergence to 0 of the norms of the averages, and apply the result to obtain a.e. convergence of certain series; for power-bounded operators on $L_{p}$ $(1<p<\infty)$ this yields a.e. (and norm) convergence of the one-sided ergodic Hilbert transform.

Proposition 1. Let $1<p<\infty$, and let $\left\{f_{n}\right\}_{n=1}^{\infty} \subset L_{p}(\mu)$ with $\sup _{n>0}\left\|f_{n}\right\|_{p}<\infty$. If for some $0<\beta \leq 1$ we have

$$
\begin{equation*}
\sup _{n>0}\left\|\frac{1}{n^{1-\beta}} \sum_{k=1}^{n} f_{k}\right\|_{p}=K<\infty \tag{1}
\end{equation*}
$$

then $\frac{1}{n^{1-\delta}} \sum_{k=1}^{n} f_{k} \rightarrow 0$ a.e. for every $0 \leq \delta<\frac{p-1}{p} \beta$; hence $\frac{1}{n} \sum_{k=1}^{n} f_{k} \rightarrow 0$ a.e. Furthermore, for any $0 \leq \delta<\frac{p-1}{p} \beta$ we have sup $\left.\right|_{n}\left|\frac{1}{n^{1-\delta}} \sum_{k=1}^{n} f_{k}\right| \in L_{p}$.

Proof. Let $r=1 / \beta$ and fix $\delta$ with $0 \leq \delta<\beta(p-1) / p$. Then we have

$$
\begin{equation*}
(1-r \delta) p=(\beta-\delta) r p>1 \tag{i}
\end{equation*}
$$

Define $n_{m}=\left[m^{r}\right]+1$. By (1) we have

$$
\left\|\frac{1}{n_{m}^{1-\delta}} \sum_{k=1}^{n_{m}} f_{k}\right\|_{p} \leq \frac{K}{n_{m}^{\beta-\delta}} \leq \frac{K}{m^{r(\beta-\delta)}},
$$

so

$$
\int \sum_{m=1}^{\infty}\left|\frac{1}{n_{m}^{1-\delta}} \sum_{k=1}^{n_{m}} f_{k}\right|^{p} d \mu=\sum_{m=1}^{\infty}\left\|\frac{1}{n_{m}^{1-\delta}} \sum_{k=1}^{n_{m}} f_{k}\right\|_{p}^{p} \leq K^{p} \sum_{m=1}^{\infty} \frac{1}{m^{p r(\beta-\delta)}}
$$

which converges by (i). Hence

$$
\sum_{m=1}^{\infty}\left|\frac{1}{n_{m}^{1-\delta}} \sum_{k=1}^{n_{m}} f_{k}\right|^{p}<\infty \quad \text { a.e. }
$$

so

$$
\left|\frac{1}{n_{m}^{1-\delta}} \sum_{k=1}^{n_{m}} f_{k}\right| \rightarrow 0 \quad \text { a.e. }
$$

For $n_{m} \leq n<n_{m+1}$ we have

$$
\begin{array}{r}
\left|\frac{1}{n^{1-\delta}} \sum_{k=1}^{n} f_{k}-\frac{1}{n^{1-\delta}} \sum_{k=1}^{n_{m}} f_{k}\right|=\left|\frac{1}{n^{1-\delta}} \sum_{k=n_{m}+1}^{n} f_{k}\right| \\
\leq \frac{1}{n^{1-\delta}} \sum_{k=n_{m}+1}^{n_{m+1}}\left|f_{k}\right| \leq \frac{1}{n_{m}^{1-\delta}} \sum_{k=n_{m}+1}^{n_{m+1}}\left|f_{k}\right|
\end{array}
$$

This yields, with $C:=\sup _{n}\left\|f_{n}\right\|_{p}$,

$$
\begin{aligned}
\int \max _{n_{m} \leq n<n_{m+1}} & \left|\frac{1}{n^{1-\delta}} \sum_{k=1}^{n} f_{k}-\frac{1}{n^{1-\delta}} \sum_{k=1}^{n_{m}} f_{k}\right|^{p} d \mu \\
& \leq \int\left[\frac{1}{n_{m}^{1-\delta}} \sum_{k=n_{m}+1}^{n_{m+1}}\left|f_{k}\right|\right]^{p} d \mu=\left\|\frac{1}{n_{m}^{1-\delta}} \sum_{k=n_{m}+1}^{n_{m+1}}\left|f_{k}\right|\right\|_{p}^{p} \\
& \leq\left[\frac{1}{n_{m}^{1-\delta}} \sum_{k=n_{m}+1}^{n_{m+1}}\left\|f_{k}\right\|_{p}\right]^{p} \leq C^{p}\left(\frac{n_{m+1}-n_{m}}{n_{m}^{1-\delta}}\right)^{p}
\end{aligned}
$$

Since for $r \geq 1$ and $t \geq 0$ we have $(t+2)^{r} \geq(t+1)^{r}+1$ and $(t+2)^{r}-t^{r} \leq$ $2 r(t+2)^{r-1}$, we obtain

$$
\frac{n_{m+1}-n_{m}}{n_{m}^{1-\delta}} \leq \frac{(m+1)^{r}+1-m^{r}}{\left(m^{r}\right)^{1-\delta}} \leq \frac{2 r(m+2)^{r-1}}{m^{r(1-\delta)}}=2 r\left(\frac{m+2}{m}\right)^{r-1} \frac{1}{m^{1-r \delta}}
$$

Hence

$$
\begin{aligned}
\int \max _{n_{m} \leq n<n_{m+1}} \mid & \frac{1}{n^{1-\delta}} \sum_{k=1}^{n} f_{k}-\left.\frac{1}{n^{1-\delta}} \sum_{k=1}^{n_{m}} f_{k}\right|^{p} d \mu \\
& \leq C^{p}(2 r)^{p}\left(\frac{m+2}{m}\right)^{p(r-1)} \frac{1}{m^{(1-r \delta) p}}
\end{aligned}
$$

Since $(1-r \delta) p>1$, we conclude as before that

$$
\max _{n_{m} \leq n<n_{m+1}}\left|\frac{1}{n^{1-\delta}} \sum_{k=1}^{n} f_{k}-\frac{1}{n^{1-\delta}} \sum_{k=1}^{n_{m}} f_{k}\right|^{p} \rightarrow 0 \quad \text { a.e. }
$$

Since

$$
\left|\frac{1}{n^{1-\delta}} \sum_{k=1}^{n_{m}} f_{k}\right| \leq\left|\frac{1}{n_{m}^{1-\delta}} \sum_{k=1}^{n_{m}} f_{k}\right| \rightarrow 0 \quad \text { a.e. }
$$

the convergence part of the proposition is proved.
Put $S_{n}=\sum_{k=1}^{n} f_{k}$. For $r$ and $\left\{n_{m}\right\}$ as above and fixed $\delta<\frac{p-1}{p} \beta$, we obtain as before

$$
\int \sup _{m>0}\left|\frac{1}{n_{m}^{1-\delta}} S_{n_{m}}\right|^{p} d \mu \leq \int \sum_{m=1}^{\infty}\left|\frac{1}{n_{m}^{1-\delta}} S_{n_{m}}\right|^{p} d \mu \leq K^{p} \sum_{m=1}^{\infty} \frac{1}{m^{r p(\beta-\delta)}}<\infty
$$

so $\sup _{m>0}\left|\frac{1}{n_{m}^{1-\delta}} S_{n_{m}}\right| \in L_{p}$. For $n_{m} \leq n<n_{m+1}$ we have

$$
\left|\frac{S_{n}}{n^{1-\delta}}\right| \leq\left|\frac{S_{n_{m}}}{n_{m}^{1-\delta}}\right|+\frac{1}{n_{m}^{1-\delta}} \sum_{k=n_{m}+1}^{n_{m+1}}\left|f_{k}\right|,
$$

so

$$
\left\|\sup _{n}\left|\frac{S_{n}}{n^{1-\delta}}\right|\right\|_{p} \leq\left\|\sup _{m>0}\left|\frac{S_{n_{m}}}{n_{m}^{1-\delta}}\right|\right\|\left\|_{p}+\right\| \sup _{m>0} \frac{1}{n_{m}^{1-\delta}} \sum_{k=n_{m}+1}^{n_{m+1}}\left|f_{k}\right| \|_{p}
$$

The finiteness of the last term follows from

$$
\begin{aligned}
\left\|\sup _{m>0} \frac{1}{n_{m}^{1-\delta}} \sum_{k=n_{m}+1}^{n_{m+1}}\left|f_{k}\right|\right\|_{p}^{p} & \leq \int \sum_{m=1}^{\infty}\left[\frac{1}{n_{m}^{1-\delta}} \sum_{k=n_{m}+1}^{n_{m+1}}\left|f_{k}\right|\right]^{p} d \mu \\
& \leq C^{p} \sum_{m=1}^{\infty}\left(\frac{n_{m+1}-n_{m}}{n_{m}^{1-\delta}}\right)^{p}
\end{aligned}
$$

with the last series converging by the previous estimates (since $(1-r \delta) p$ $>1)$.

EXAMPLE 1. $\left\{f_{n}\right\}$ bounded in $L_{1}(\mu)$ satisfying (1), with $\frac{1}{n} \sum_{k=1}^{n} f_{k}$ diverging a.e.

Let $T$ be the positive contraction of $L_{1}(\mu)$ given by Chacon's example (see [Kr, p. 151]), for which there is a non-negative $0 \not \equiv f \in L_{1}$ with $\lim _{\sup _{n}} \frac{1}{n} T^{n} f$ $=\infty$ a.e. Let $f_{n}:=T^{n-1}(I-T) f$. Then $\left\|\sum_{k=1}^{n} f_{k}\right\|_{1} \leq 2\|f\|_{1}$, so for any $0<\beta \leq 1$ (1) is satisfied, while $\frac{1}{n} \sum_{k=1}^{n} f_{k}=\frac{1}{n}\left(f-T^{n} f\right)$ is a.e. nonconvergent. This shows that the final conclusion of Proposition 1 fails when $p=1$.

Remarks. (1) Let $T$ be power-bounded on $L_{p}(\mu), 1<p<\infty$ (so $T$ is a contraction in an equivalent norm). For $0<\beta<1$, the power series expansion $(1-t)^{\beta}=1-\sum_{j=1}^{\infty} a_{j}^{(\beta)} t^{j}$ is used in [DL] to define the operator $(I-T)^{\beta}$, and it is shown there that $\overline{(I-T)^{\beta} L_{p}}=\overline{(I-T) L_{p}}$. When $(I-T) L_{p}$ is not closed, the linear manifolds $\left\{(I-T)^{\beta} L_{p}: 0<\beta \leq 1\right\}$ are all different, and decrease when $\beta$ increases. Theorem 2.15 of [DL] yields that for every $f \in(I-T)^{\beta} L_{p}$, (1) is satisfied by $f_{k}=T^{k} f$, i.e.,

$$
\sup _{n>0}\left\|\frac{1}{n^{1-\beta}} \sum_{k=1}^{n} T^{k} f\right\|_{p}=K<\infty
$$

and Theorem 2.17 there shows that ( $1^{\prime}$ ) implies that $f \in(I-T)^{\delta} L_{p}$ for every $0<\delta<\beta$. Example 1 shows that for $p=1$ and $T$ a positive contraction, ( $1^{\prime}$ ) does not yield a.e. convergence of $\frac{1}{n} \sum_{k=1}^{n} T^{k} f$.
(2) If $T$ is as above, and for some $\beta>1\left(1^{\prime}\right)$ holds, then $\left\|\sum_{k=1}^{n} T^{k} f\right\|$ converges to 0 , and applying $I-T$ to the sums we obtain $T f=0$.
(3) The a.e. convergence to 0 of $\frac{1}{n} \sum_{k=1}^{n} T^{k} f$ under ( $1^{\prime}$ ) in the special case of $T$ unitary on $L_{2}$, due to Loève [Lo-1] (in the continuous parameter case), is proved in Doob [Do, p. 492]. The rates of a.e. convergence obtained by Gaposhkin [G-1, Theorem 3] for this particular case are better than what Proposition 1 yields.
(4) For more precise information on the rate of a.e. convergence when $T$ is induced on $L_{p}(p>1)$ by a Dunford-Schwartz operator (a contraction of $L_{1}$ which contracts also the $L_{\infty}$-norm), see [DL], Theorem 3.2 (and also Corollary 3.7); Remark 1 following Theorem 3.1 of [DL] shows that for DunfordSchwartz operators, $\left(1^{\prime}\right)$ in $L_{1}$-norm does not yield a rate in the ergodic theorem.
(5) Any sequence $\left\{f_{n}\right\}$ of i.i.d. random variables with zero expectation and finite variance satisfies (1) with $\beta=1 / 2$.

Example 2. Let $\left\{f_{n}\right\} \subset L_{2}(\mu)$ be a mutually orthogonal sequence with $\sup _{n}\left\|f_{n}\right\|_{2}<\infty$ (e.g., an $L_{2}$-bounded martingale difference sequence in a probability space). By orthogonality

$$
\left\|\frac{1}{n} \sum_{k=1}^{n} f_{k}\right\|_{2}^{2}=\frac{1}{n^{2}} \sum_{k=1}^{n}\left\|f_{k}\right\|_{2}^{2} \leq \frac{\sup _{j}\left\|f_{j}\right\|_{2}^{2}}{n}
$$

Hence $\left\{f_{n}\right\}$ satisfies (1) with $\beta=1 / 2$, and therefore for every $0 \leq \delta<1 / 4$, $\frac{1}{n^{1-\delta}} \sum_{k=1}^{n} f_{k} \rightarrow 0$ a.e.

In Example 2 we may assume $\mu$ to be a probability (see [Kr, p. 189]), since an isometry of $L_{2}$ preserves the inner product, hence the orthogonality. The Menchoff-Rademacher theorem [Do, p. 157], [Z, vol. II, p. 193] then implies that $\sum_{n=1}^{\infty} \frac{f_{n}}{n^{1 / 2+\epsilon}}$ converges a.e. for every $\epsilon>0$. Using Kronecker's lemma we thus obtain better rates of convergence than those of Proposition 1.

Cotlar [Co] (see also [Pe, §3.6]) proved that for $T$ induced by an invertible probability preserving transformation, the ergodic Hilbert transform Hf:= $\lim _{n \rightarrow \infty} \sum_{0<|k| \leq n} \frac{T^{k} f}{k}$ converges a.e. for every $f \in L_{1}$. Jajte [Ja] proved that for $T$ unitary on $L_{2}$, a.e. convergence of the ergodic averages for every $f \in L_{2}$ is equivalent to a.e. convergence for every $f \in L_{2}$ of the ergodic Hilbert transform (norm convergence of the ergodic Hilbert transform holds for every unitary operator [C]). For $1<p<\infty$, Berkson, Bourgain and Gillespie [BBGi] extended Jajte's result to $T$ invertible on (a closed subspace of) $L_{p}$ with $\sup _{-\infty<n<\infty}\left\|T^{n}\right\|<\infty$; when $T$ is also positive, this and De la Torre's theorem [De] yield a.e convergence of the ergodic Hilbert transform for every $f \in L_{p}$ (a result originally due to Sato [S-1], see also [S-2], [S-3]).

The Khinchine-Kolmogorov theorem for series of independent random variables (e.g., [Do, p. 108]) yields that for $\left\{f_{n}\right\}$ i.i.d. with zero expectation and finite variance $\sum_{k=1}^{\infty} \frac{f_{k}}{k}$ converges a.e.; moreover, for every $\gamma>1 / 2$ the series
$\sum_{k=1}^{\infty} \frac{f_{k}}{k^{\gamma}}$ converges a.s., which yields a rate $\frac{1}{n^{\gamma}} \sum_{k=1}^{n} f_{k} \rightarrow 0$ in the SLLN. However, in general for $T$ unitary on $L_{2}$ induced by a probability preserving transformation the one-sided ergodic Hilbert transform $\lim _{n \rightarrow \infty} \sum_{k=1}^{n} \frac{T^{k} f}{k}$ need not always exist, neither in norm $[\mathrm{H}]$ nor a.e. [Pe, p. 94] (see also [DelR]). Theorems 2.17 and 2.11 of [DL] show that if $\left(1^{\prime}\right)$ is satisfied, then $\lim _{n \rightarrow \infty} \sum_{k=1}^{n} \frac{T^{k} f}{k^{1-\delta}}$ exists in norm for every $0<\delta<\beta$, and hence also the one-sided ergodic Hilbert transform converges in norm.

TheOrem 1. Let $1<p<\infty$, and let $\left\{f_{n}\right\}_{n=1}^{\infty} \subset L_{p}(\mu)$ with $\sup _{n>0}\left\|f_{n}\right\|_{p}$ $<\infty$. If $\left\{f_{n}\right\}$ satisfies (1) for some $0<\beta \leq 1$, then for every $0 \leq \delta<$ $\frac{p-1}{p} \beta$, the series $\sum_{k=1}^{\infty} \frac{f_{k}}{k^{1-\delta}}$ converges a.e. and $\sup _{n>0}\left|\sum_{k=1}^{n} \frac{f_{k}}{k^{1-\delta}}\right| \in L_{p}$. Convergence of the series in $L_{p}$-norm holds for any $0 \leq \delta<\beta$.

Proof. We can and do assume that $\mu$ is a probability measure (e.g., [Kr, p. 189]). For $\delta<\frac{p-1}{p} \beta$ denote $\gamma=1-\delta$. Put $S_{0}=0$ and $S_{k}=\sum_{j=1}^{k} f_{j}$. Abel's summation by parts yields the decomposition

$$
\sum_{k=1}^{n} \frac{f_{k}}{k^{\gamma}}=\sum_{k=1}^{n} \frac{S_{k}-S_{k-1}}{k^{\gamma}}=\frac{S_{n}}{n^{\gamma}}+\sum_{k=1}^{n-1}\left(\frac{1}{k^{\gamma}}-\frac{1}{(k+1)^{\gamma}}\right) S_{k}
$$

By Proposition 1, $\frac{1}{n^{\gamma}} S_{n} \rightarrow 0$ a.e. For the series we have

$$
\sum_{k=1}^{n}\left|\left(\frac{1}{k^{\gamma}}-\frac{1}{(k+1)^{\gamma}}\right) S_{k}\right| \leq \gamma \sum_{k=1}^{n} \frac{1}{k^{1+\gamma}}\left|S_{k}\right|=\gamma \sum_{k=1}^{n} \frac{1}{k^{\beta+\gamma}}\left|\frac{1}{k^{1-\beta}} S_{k}\right|
$$

Since $\mu$ is a probability and $\gamma+\beta=1-\delta+\beta>1$, we obtain from (1)

$$
\int \sum_{k=1}^{\infty} \frac{1}{k^{\beta+\gamma}}\left|\frac{1}{k^{1-\beta}} S_{k}\right| d \mu \leq \sum_{k=1}^{\infty} \frac{1}{k^{\beta+\gamma}}\left\|\frac{1}{k^{1-\beta}} S_{k}\right\|_{p}<\infty
$$

Hence $\sum_{k=1}^{\infty} \frac{1}{k^{1+\gamma}}\left|S_{k}\right|<\infty$ a.e., which completes the proof of the a.e. convergence. For the maximal function, we have

$$
\sup _{n>1}\left|\sum_{k=1}^{n} \frac{f_{k}}{k^{\gamma}}\right| \leq \sup _{n>1}\left|\frac{S_{n}}{n^{\gamma}}\right|+\sup _{n>1}\left|\sum_{k=1}^{n-1}\left(\frac{1}{k^{\gamma}}-\frac{1}{(k+1)^{\gamma}}\right) S_{k}\right|
$$

By Proposition 1 and the previous estimates for the last term, we obtain

$$
\left\|\sup _{n>1}\left|\sum_{k=1}^{n} \frac{f_{k}}{k^{\gamma}}\right|\right\|_{p} \leq\left\|\sup _{n>1}\left|\frac{S_{n}}{n^{\gamma}}\right|\right\|_{p}+\left\|\gamma \sum_{k=1}^{\infty} \frac{1}{k^{\beta+\gamma}}\left|\frac{1}{k^{1-\beta}} S_{k}\right|\right\|_{p}<\infty
$$

The $L_{p}$-norm convergence holds in fact for any $\gamma>1-\beta$ : (1) implies $\left\|\frac{1}{n^{\gamma}} S_{n}\right\|_{p} \rightarrow 0$, so $\sum_{k=1}^{n} \frac{f_{k}}{k^{\gamma}}$ is Cauchy in $L_{p}$ since

$$
\begin{aligned}
\left\|\sum_{k=j}^{n-1}\left|\left(\frac{1}{k^{\gamma}}-\frac{1}{(k+1)^{\gamma}}\right) S_{k}\right|\right\|_{p} & \leq \gamma \sum_{k=j}^{n-1} \frac{1}{k^{1+\gamma}}\left\|S_{k}\right\|_{p} \\
& \leq \gamma \sum_{k=j}^{\infty} \frac{1}{k^{\beta+\gamma}}\left\|\frac{1}{k^{1-\beta}} S_{k}\right\|_{p}
\end{aligned}
$$

Remarks. (1) Note that formally Proposition 1 follows from Theorem 1, by Kronecker's lemma, but the proposition is used in the proof of the theorem.
(2) When $p=1$, (1) yields a.e. convergence of $\sum_{k=1}^{\infty} \frac{f_{k}(x)}{k}$ if we know that $\frac{1}{n} \sum_{k=1}^{n} f_{k}$ converges a.e. (take $\gamma=1$ in the proof of Theorem 1).
(3) Fix $1<p \leq 2$, and let $\left\{f_{n}\right\} \subset L_{p}(\mu)$ of a probability space be an $L_{p}$-bounded martingale difference sequence, with $\sup _{n}\left\|f_{n}\right\|_{p}=C<\infty$. Theorem 2 of [BaE] yields $\left\|\sum_{k=1}^{n} f_{k}\right\|_{p} \leq 2^{1 / p} C n^{1 / p}$, so (1) holds with $\beta=$ $(p-1) / p$. In the special case of $\left\{f_{n}\right\}$ independent (with 0 expectations), the result can be deduced also from Theorem 13 of [MaZ] (see [ChTe, p. 356]); in this case Theorem $5^{\prime}$ in [MaZ] (for a more general form, due to Loève [Lo-2] and based on the three series theorem, see [ChTe, p. 114]) implies that for every $0 \leq \delta<(p-1) / p$ the series $\sum_{k=1}^{\infty} \frac{f_{k}}{k^{1-\delta}}$ converges a.e., which is better (i.e., giving larger values of $\delta$ ) than what Theorem 1 yields.
(4) Peligrad [P-1, Lemma 3.4] showed that if $\left\{f_{n}\right\}$ is an $L_{2}$-bounded centered $\rho$-mixing sequence with $\sum_{i} \rho\left(2^{i}\right)<\infty$, then (1) holds with $\beta=1 / 2$. Hence Theorem 1 applies.

Corollary 1. Let $T$ be a power-bounded operator on $L_{p}(\mu), 1<p<\infty$. If $f \in L_{p}$ satisfies ( $1^{\prime}$ ) for $0<\beta \leq 1$, then $\sum_{k=1}^{\infty} \frac{T^{k} f}{k^{1-\delta}}$ converges a.e. for every $0 \leq \delta<\frac{p-1}{p} \beta$ (and in $L_{p}$-norm for $0 \leq \delta<\beta$ ). For $0 \leq \delta<\frac{p-1}{p} \beta$ we also have $\sup _{n>0}\left|\sum_{k=1}^{n} \frac{T^{k} f}{k^{1-\delta}}\right| \in L_{p}$.

Remarks. (1) The corollary improves considerably Theorem 3.12 of [DL]. (2) See Gaposhkin [G-2] for more precise information when $T$ is unitary on $L_{2}$. For $T$ a Dunford-Schwartz operator in $L_{p}$ (in particular, $T$ induced by a probability preserving transformation), see [DL, Theorem 3.6].

Modulated ergodic theorems are concerned with the convergence (a.e. or in norm) of $\frac{1}{n} \sum_{k=1}^{n} a_{k} T^{k} f$ for certain sequences $\left\{a_{k}\right\}$. We refer the reader to [LOT], where earlier references are given. Weighted strong laws of large numbers for i.i.d. sequences were studied by Jamison, Orey, and Pruitt [JOP].

Corollary 2. Let $1<p<\infty$, and $\left\{f_{n}\right\}_{n=1}^{\infty} \subset L_{p}(\mu)$ with $\sup _{n>0}\left\|f_{n}\right\|_{p}$ $<\infty$. Let $\left\{a_{n}\right\}$ be a bounded sequence, such that for some $0<\beta \leq 1$ we have

$$
\begin{equation*}
\sup _{n>0}\left\|\frac{1}{n^{1-\beta}} \sum_{k=1}^{n} a_{k} f_{k}\right\|_{p}=K<\infty \tag{2}
\end{equation*}
$$

Then for any $0 \leq \delta<\frac{p-1}{p} \beta$ the series $\sum_{k=1}^{\infty} \frac{a_{k} f_{k}}{k^{1-\delta}}$ converges a.e. and $\sup _{n>0}\left|\sum_{k=1}^{n} \frac{a_{k} f_{k}}{k^{1-\delta}}\right| \in L_{p}$. Convergence of the series in $L_{p}$-norm holds for any $0 \leq \delta<\beta$.

Proof. By (2), the sequence $f_{n}^{\prime}=a_{n} f_{n}$ satisfies (1), so Theorem 1 applies.

Example 3. Let $a_{j^{2}}=1$, and $a_{k}=0$ if $k$ is not a square. Then for every norm-bounded sequence in $L_{p}$, (1) holds with $\beta=1 / 2$ and $K=\sup _{n}\left\|f_{n}\right\|_{p}$. Note that the sequence is supported on a set of density 0 .

## 3. Modulated ergodic Hilbert transforms for Dunford-Schwartz operators

In this section we look at conditions on a modulating sequence $\left\{a_{n}\right\}$ which will yield a.e. convergence of the modulated one-sided ergodic Hilbert transform for every $L_{2}$ contraction and every $f \in L_{2}$. An interpolation yields a similar result for $T$ induced on $L_{p}(1<p \leq 2)$ by a Dunford-Schwartz operator.

Proposition 2. Let $\left\{n_{k}\right\}$ be a non-decreasing sequence of positive integers and let $\left\{a_{n}\right\}$ be a bounded sequence of complex numbers such that for some $0<\beta \leq 1$ we have

$$
\begin{equation*}
\sup _{n>0} \max _{|\lambda|=1}\left|\frac{1}{n^{1-\beta}} \sum_{k=1}^{n} a_{k} \lambda^{n_{k}}\right|=K<\infty \tag{3}
\end{equation*}
$$

(i) For every contraction $T$ in $L_{2}(\mu)$ and $f \in L_{2}(\mu)$, the series $\sum_{k=1}^{\infty} \frac{a_{k} T^{n_{k}} f}{k^{1-\delta}}$ converges a.e. for any $0 \leq \delta<\beta / 2$, and in $L_{2}$-norm for $0 \leq \delta<\beta$. Furthermore, $\sup _{n>0}\left|\sum_{k=1}^{n} \frac{a_{k} T^{n_{k}} f}{k^{1-\delta}}\right| \in L_{2}$ for any $0 \leq \delta<\beta / 2$.
(ii) For every Dunford-Schwartz operator $T$ on $L_{1}(\mu)$ and $f \in L_{p}(\mu)$, $1<p \leq 2$, the series $\sum_{k=1}^{\infty} \frac{a_{k} T^{n} k f}{k^{1-\delta}}$ converges a.e. for any $0 \leq$ $\delta<\frac{p-1}{p} \beta$, and in $L_{p}$-norm for $0 \leq \delta<2 \frac{p-1}{p} \beta$. Furthermore, $\sup _{n>0}\left|\sum_{k=1}^{n} \frac{a_{k} T^{n_{k}} f}{k^{1-\delta}}\right| \in L_{p}$ for any $0 \leq \delta<\frac{p-1}{p} \beta$.
(iii) In the case $n_{k}=k$, for every Dunford-Schwartz operator $T$ on $L_{1}(\mu)$ and $f \in L_{1}(\mu)$, we have $\frac{1}{n} \sum_{k=1}^{n} a_{k} T^{k} f \rightarrow 0$ a.e., and in $L_{1}$-norm if $\mu$ is finite.

Proof. (i) Theorem 2.1 of [BLRT] and the unitary dilation theorem yield that for any contraction $T$ in a Hilbert space

$$
\sup _{n>0}\left\|\frac{1}{n^{1-\beta}} \sum_{k=1}^{n} a_{k} T^{n_{k}}\right\| \leq K<\infty
$$

(for a different proof see $[\operatorname{RiN}, \S 153]$ ). If $T$ is a contraction of $L_{2}(\mu)$, and $f \in$ $L_{2}$, then (2) holds with $f_{k}=T^{n_{k}} f$ and constant $K\|f\|_{2}$. Hence Corollary 2 yields that for every $0 \leq \delta<\beta / 2$ the series $\sum_{k=1}^{\infty} \frac{a_{k} T^{n_{k}} f}{k^{1-\delta}}$ converges a.e. with $\sup _{n>0}\left|\sum_{k=1}^{n} \frac{a_{k} T^{n_{k}} f}{k^{1-\delta}}\right| \in L_{2}$, and the series converges in $L_{2}$-norm for $0 \leq \delta<$ $\beta$. Inspection of the proofs of Proposition 1 and Theorem 1 yields an estimate on the norm of the maximal function in terms of $\sup _{k}\left\|f_{k}\right\|_{p}$ and the constant $K$ there, which for $p=2$ yields that there is a constant $C$, depending only on $\beta$ and $\delta$, such that $\left\|\sup _{n>0}\left|\sum_{k=1}^{n} \frac{a_{k} T^{n_{k}} f}{k^{1-\delta}}\right|\right\|_{2} \leq C K\|f\|_{2}$, with $K$ here given in (3).
(ii) Let $\phi_{n}(\zeta):=\sum_{k=1}^{n} a_{k} \zeta^{n_{k}}$. By the maximum principle and (3), we have $\left|\phi_{n}(\zeta)\right| \leq K n^{1-\beta}$ for $|\zeta| \leq 1$. Hence for every contraction $T$ on a Hilbert space $\phi_{n}(T)=\sum_{k=1}^{n} a_{k} T^{n_{k}}$ satisfies $\left\|\phi_{n}(T)\right\| \leq K n^{1-\beta}$, by Theorem A in [RiN, §153] (for $T$ unitary this inequality follows also from the spectral theorem, as in [BLRT], and the dilation theorem yields it for any contraction $T$ ). Now fix a Dunford-Schwartz operator $T$ on $L_{1}(\mu)$, and put $T_{n}=\sum_{k=1}^{n} a_{k} T^{n_{k}}$. Then $\left\|T_{n}\right\|_{2} \leq K n^{1-\beta}$, and obviously $\left\|T_{n}\right\|_{1} \leq n\left\|\left\{a_{k}\right\}\right\|_{\infty}$. The Riesz-Thorin interpolation theorem [Z, vol. II, p. 95] yields that for $1<p<2$ we have

$$
\left\|T_{n}\right\|_{p} \leq\left\|\left\{a_{k}\right\}\right\|_{\infty}^{2 / p-1} K^{2-2 / p} n^{1-\beta_{p}}
$$

with $\beta_{p}:=2 \beta\left(1-\frac{1}{p}\right)>0$. Thus, for $f \in L_{p}(\mu)(2)$ holds for $f_{k}=T^{n_{k}} f$ and $\beta_{p}$ (with $K_{p}:=\left\|\left\{a_{k}\right\}\right\|_{\infty}^{2 / p-1} K^{2-2 / p}$ ). Now Corollary 2 yields the $L_{p^{-}}$ norm convergence of the series for $0 \leq \delta<\beta_{p}$, and the a.e. convergence for $\delta<\frac{p-1}{p} \beta_{p}=2 \beta\left(\frac{p-1}{p}\right)^{2}$.

In order to improve the rate in the a.e. convergence (i.e., to allow larger values of $\delta$ ), we will change the interpolation method, and following $[\mathrm{R}]$ we will use Stein's complex interpolation [Z, Theorem XII.1.39]. Since the condition on $\delta$ is satisfied also when $\beta$ is replaced by $\beta^{\prime}<\beta$ close enough to $\beta$, and also (3) will obviously hold for $\beta^{\prime}$, we may assume $\beta<1$.

Claim. If $\left\{a_{k}\right\}$ satisfies (3), then for any real $\eta$ the sequence $\left\{a_{k} k^{i \eta}\right\}$ satisfies (3).

With $\phi_{n}$ as above, Abel's summation by parts yields, uniformly in $|\lambda|=1$,

$$
\begin{aligned}
\left|\sum_{k=1}^{n} a_{k} k^{i \eta} \lambda^{n_{k}}\right| & \leq\left|n^{i \eta} \phi_{n}(\lambda)\right|+\left|\sum_{k=1}^{n-1}\left[k^{i \eta}-(k+1)^{i \eta}\right] \phi_{k}(\lambda)\right| \\
& \leq\left|\phi_{n}(\lambda)\right|+\sum_{k=1}^{n}|\eta| \frac{1}{k}\left|\phi_{k}(\lambda)\right| \\
& \leq K n^{1-\beta}+|\eta| \sum_{k=1}^{n-1} \frac{K k^{1-\beta}}{k} \\
& \leq K\left(1+\frac{|\eta|}{1-\beta}\right) n^{1-\beta}
\end{aligned}
$$

which shows that (3) is satisfied, as claimed, with $K$ replaced by $K\left(1+\frac{|\eta|}{1-\beta}\right)$.
We now fix a Dunford-Schwartz operator $T$. Part (i) and the claim yield that for fixed $\alpha<\beta / 2$ and $f \in L_{2}$, we have

$$
\left\|\sup _{n>0}\left|\sum_{k=1}^{n} \frac{a_{k} k^{-i \eta \beta / 2} T^{n_{k}} f}{k^{1-\alpha}}\right|\right\|_{2} \leq C K\left(1+\frac{\beta|\eta|}{2(1-\beta)}\right)\|f\|_{2}
$$

for every real $\eta$. For $\zeta=\xi+i \eta$ in the strip $B:=0 \leq \operatorname{Re} \zeta \leq 1$ we look at the operator $\Psi_{n, \zeta}:=\sum_{k=1}^{n} \frac{a_{k} k^{-\zeta \beta / 2}}{k^{1-\alpha}} T^{n_{k}}$, so we have

$$
\left\|\sup _{n}\left|\Psi_{n, i \eta} f\right|\right\|_{2} \leq C K\left(1+\frac{\beta|\eta|}{2(1-\beta)}\right)\|f\|_{2}
$$

For $\zeta=1+i \eta$ we have

$$
\sup _{n>0}\left|\Psi_{n, 1+i \eta} f\right| \leq \sum_{k=1}^{\infty} \frac{\left|a_{k}\right| k^{-\beta / 2}\left|T^{n_{k}} f\right|}{k^{1-\alpha}}
$$

the theorem of Beppo Levi and $\alpha<\beta / 2$ yield

$$
\begin{aligned}
\left\|\sup _{n>0}\left|\Psi_{n, 1+i \eta} f\right|\right\|_{1} & \leq \sum_{k=1}^{\infty} \frac{\left|a_{k}\right| k^{-\beta / 2}\left\|T^{n_{k}} f\right\|_{1}}{k^{1-\alpha}} \\
& \leq\left\|\left\{a_{k}\right\}\right\|_{\infty}\|f\|_{1} \sum_{k=1}^{\infty} \frac{1}{k^{1-\alpha+\beta / 2}}<\infty .
\end{aligned}
$$

For a bounded measurable positive integer-valued function $I$ and $\zeta$ with $0 \leq$ $\operatorname{Re} \zeta \leq 1$ we define the linear operator

$$
\Psi_{I, \zeta} f(x):=\sum_{k=1}^{I(x)} \frac{a_{k} k^{-\zeta \beta / 2}}{k^{1-\alpha}} T^{n_{k}} f(x)=\sum_{j=1}^{\max I} 1_{\{I=j\}}(x) \sum_{k=1}^{j} \frac{a_{k} k^{-\zeta \beta / 2}}{k^{1-\alpha}} T^{n_{k}} f(x)
$$

which is defined on all the $L_{p}$ spaces. It is easily checked that for any two integrable simple functions $f$ and $g$, the function

$$
\Phi(\zeta)=\int \Psi_{I, \zeta} f \cdot g d \mu=\sum_{j=1}^{\max I} \sum_{k=1}^{j} \int g(x) 1_{\{I=j\}}(x) \frac{a_{k} k^{-\zeta \beta / 2}}{k^{1-\alpha}} T^{n_{k}} f(x) d \mu
$$

is continuous and bounded in the strip $B$ and analytic in its interior. Clearly

$$
\left\|\Psi_{I, i \eta} f\right\|_{2} \leq\left\|\sup _{n}\left|\Psi_{n, i \eta} f\right|\right\|_{2} \leq C K\left(1+\frac{\beta|\eta|}{2(1-\beta)}\right)\|f\|_{2}=M_{1}(\eta)\|f\|_{2}
$$

and

$$
\left\|\Psi_{I, 1+i \eta} f\right\|_{1} \leq\left\|\sup _{n}\left|\Psi_{n, 1+i \eta} f\right|\right\|_{1} \leq C_{1}\|f\|_{1}
$$

For $1<p<2$ let $t=\frac{2}{p}-1$, so $\frac{1}{p}=(1-t) \cdot \frac{1}{2}+t \cdot 1$. Stein's interpolation theorem now yields that there exists a constant $A_{t}$, which depends only on $t$, $M_{1}$, and $C_{1}$, such that for every $f \in L_{p}$ we have

$$
\begin{aligned}
\left\|\sum_{k=1}^{I(x)} \frac{a_{k}}{k^{1-\alpha+\left(\frac{2}{p}-1\right) \beta / 2}} T^{n_{k}} f(x)\right\|_{p} & =\left\|\sum_{k=1}^{I(x)} \frac{a_{k} k^{-t \beta / 2}}{k^{1-\alpha}} T^{n_{k}} f(x)\right\|_{p} \\
& =\left\|\Psi_{I, t} f\right\|_{p} \leq A_{t}\|f\|_{p} .
\end{aligned}
$$

For an integer $N \geq 2$ let $I_{N}(x)=j$ for $j$ the first integer with

$$
\left|\sum_{k=1}^{j} \frac{a_{k} k^{-t \beta / 2}}{k^{1-\alpha}} T^{n_{k}} f(x)\right|=\max _{1 \leq n \leq N}\left|\sum_{k=1}^{n} \frac{a_{k} k^{-t \beta / 2}}{k^{1-\alpha}} T^{n_{k}} f(x)\right| .
$$

Then for $f \in L_{p}$ (and our fixed $\alpha<\beta / 2$ ) we have

$$
\begin{aligned}
&\left\|\max _{1 \leq n \leq N}\left|\sum_{k=1}^{n} \frac{a_{k}}{k^{1-\alpha+\left(\frac{2}{p}-1\right) \beta / 2}} T^{n_{k}} f(x)\right|\right\|_{p} \\
&=\left\|\sum_{k=1}^{I_{N}(x)} \frac{a_{k}}{k^{1-\alpha+\left(\frac{2}{p}-1\right) \beta / 2}} T^{n_{k}} f(x)\right\|_{p} \leq A_{t}\|f\|_{p},
\end{aligned}
$$

and letting $N \rightarrow \infty$ we conclude that for $\gamma=1-\alpha+\left(\frac{2}{p}-1\right) \beta / 2>1-\frac{p-1}{p} \beta$ we have

$$
\left\|\sup _{n>0}\left|\sum_{k=1}^{n} \frac{a_{k}}{k^{\gamma}} T^{n_{k}} f(x)\right|\right\|_{p}<\infty
$$

Fix $1<p<2$ and $\delta<\frac{p-1}{p} \beta$, and put $\gamma:=1-\delta$. Since $\gamma>1-\frac{p-1}{p} \beta$, we have $\sup _{n>0}\left|\sum_{k=1}^{n} \frac{a_{k}}{k^{\gamma}} T^{n_{k}} f(x)\right| \in L_{p}$ for every $f \in L_{p}$; part (i) yields a.e. convergence of the series $\sum_{k=1}^{\infty} \frac{a_{k}}{k^{\gamma}} T^{n_{k}} f(x)$ for every $f \in L_{2}$, so the Banach principle now yields the same a.e. convergence for any $f \in L_{p}$.
(iii) We now assume $n_{k}=k$. By (i) the claimed a.e. convergence holds for $L_{2}$-functions. The a.e. convergence to 0 for all $L_{1}$ functions follows from the Banach principle, since for every $f \in L_{1}(\mu)$ we have

$$
\sup _{n}\left|\frac{1}{n} \sum_{k=1}^{n} a_{k} T^{k} f\right| \leq\left\|\left\{a_{j}\right\}\right\|_{\infty} \sup _{n} \frac{1}{n} \sum_{k=1}^{n} \tau^{k}|f|<\infty
$$

by the pointwise ergodic theorem for $\tau$, the linear modulus of $T$. When $\mu$ is finite we may assume it is a probability, so the $L_{1}$-norm convergence to 0 for $L_{2}$ functions follows from (i), and boundedness of $\left\{a_{k}\right\}$ yields the norm convergence for all $L_{1}$ functions.

Remarks. (1) Stein's theorem yields the $L_{p}$-norm convergence in (ii) for a smaller interval of $\delta$ than what we obtain from the Riesz-Thorin theorem, so both interpolations are needed.
(2) The assertions of Proposition 2 for a fixed sequence $\left\{n_{k}\right\}$ are true under the following weaker condition:

$$
\sup _{n>0} \max _{|\lambda|=1}\left|\frac{1}{n^{1-\beta^{\prime}}} \sum_{k=1}^{n} a_{k} \lambda^{n_{k}}\right|<\infty, \quad 0<\beta^{\prime}<\beta
$$

which is equivalent to

$$
\lim _{n \rightarrow \infty} \max _{|\lambda|=1}\left|\frac{1}{n^{1-\beta^{\prime}}} \sum_{k=1}^{n} a_{k} \lambda^{n_{k}}\right|=0, \quad 0<\beta^{\prime}<\beta
$$

The sequence defined by $a_{n}=\frac{\log n}{\sqrt{n}}$ satisfies $\sum_{k=1}^{n} a_{k}=O(\sqrt{n} \log n)$, so for any $\left\{n_{k}\right\}$ condition ( $3^{\prime}$ ) is satisfied with $\beta=1 / 2$, while (3) is not.
(3) Theorem 2.1 of [BLRT] shows that if for every contraction $T$ in $L_{2}(\mu)$ and every $f \in L_{2}(\mu)$, the sequence $\left\{\frac{1}{n^{1-\delta}} \sum_{k=1}^{n} a_{k} T^{k} f\right\}$ is bounded in $L_{2^{-}}$ norm for each $0 \leq \delta<\beta$, then ( $3^{\prime}$ ) holds for $n_{k}=k$.
(4) The sequence $\left\{n_{k}\right\}$ need not really be monotone, but this will be the case in most applications. The terms need not be distinct.

Proposition 3. Let $\left\{n_{k}\right\}$ be a non-decreasing sequence of positive integers, and let $\left\{a_{n}\right\}$ be a sequence of complex numbers satisfying (3) for some $0<\beta \leq 1$ (no boundedness is assumed), and let $0 \leq \delta<\beta$. Then for every contraction $T$ on a Hilbert space, the series $\sum_{k=1}^{\infty} \frac{a_{k} \bar{T}^{n} k}{k^{1-\delta}}$ converges in operator norm, and this convergence is uniform in all contractions. In particular, the Fourier series $\sum_{k=1}^{\infty} \frac{a_{k} \lambda^{n_{k}}}{k^{1-\delta}}$ converges uniformly in $|\lambda|=1$.

Proof. For a contraction $T$ on a Hilbert space, denote $s_{n}(T)=\sum_{k=1}^{n} a_{k} T^{n_{k}}$. The spectral theorem for unitary operators and the unitary dilation theorem yield $\left\|s_{n}(T)\right\| \leq K n^{1-\beta}$, with the constant $K$, given by (3), independent of
T. Put $\gamma=1-\delta$. Then

$$
\begin{aligned}
\sum_{k=1}^{n} \frac{a_{k} T^{n_{k}}}{k^{\gamma}} & =\sum_{k=1}^{n} \frac{s_{k}(T)-s_{k-1}(T)}{k^{\gamma}} \\
& =\frac{s_{n}(T)}{n^{\gamma}}+\sum_{k=1}^{n-1}\left(\frac{1}{k^{\gamma}}-\frac{1}{(k+1)^{\gamma}}\right) s_{k}(T)
\end{aligned}
$$

By the above discussion, $\left\|\frac{1}{n^{\gamma}} s_{n}(T)\right\| \leq \frac{K}{n^{\beta-\delta}}$, so we have uniform convergence to 0 . For the sum on the right hand side, we have

$$
\left\|\sum_{k=j}^{n-1}\left(\frac{1}{k^{\gamma}}-\frac{1}{(k+1)^{\gamma}}\right) s_{k}(T)\right\| \leq \gamma \sum_{k=j}^{n-1} \frac{1}{k^{1+\gamma}}\left\|s_{k}(T)\right\| \leq \gamma \sum_{k=j}^{\infty} \frac{K}{k^{\beta+\gamma}},
$$

which shows that the series is Cauchy in operator norm, uniformly in $T$.
Remarks. (1) When $\sup _{n} \frac{1}{n^{1-\beta}} \sum_{k=1}^{n}\left|a_{k}\right|<\infty$, condition (3) is obviously satisfied for every $\left\{n_{k}\right\}$. A simple example of $\left\{a_{n}\right\}$ unbounded satisfying (3) (with $\beta=1 / 4$ ) is given by $a_{j^{2}}=\sqrt{j}$ and $a_{k}=0$ for $k$ not a square.
(2) If $\left\{a_{n}\right\}$ is bounded and satisfies (3) with a given $\left\{n_{k}\right\}$, then the proof of Proposition 3, combined with the proof of Proposition 2(ii), yields that for fixed $1<p \leq 2$ and $0 \leq \delta<2 \beta\left(1-\frac{1}{p}\right)$, the series $\sum_{k=1}^{\infty} \frac{a_{k} T^{n} k}{k^{1-\delta}}$ converges in $L_{p}$ operator norm for every Dunford-Schwartz operator T, and this convergence is uniform in all Dunford-Schwartz operators.

Example 4. Let $\left\{\epsilon_{n}\right\}$ be the Rudin-Shapiro sequence $[\mathrm{Ru}]$ (see also $[\mathrm{Ka}-2$, p. 75$]): \epsilon_{n}= \pm 1$, and for some $K$ we have

$$
\max _{|\lambda|=1}\left|\sum_{j=1}^{n} \epsilon_{j} \lambda^{j}\right| \leq K \sqrt{n}
$$

Propositions 2 and 3 now apply with $\beta=1 / 2$; for example, if $T$ is a contraction of $L_{2}(\mu)$, and $f \in L_{2}$, then $\sum_{k=1}^{\infty} \frac{\epsilon_{k} T^{k} f}{k^{1-\delta}}$ converges a.e. for every $0 \leq \delta<1 / 4$.

Remarks. (1) For $n_{k}=k$, condition (3) is satisfied also by the HardyLittlewood sequence $\left\{e^{i c n \log n}\right\}$ (with $\beta=1 / 2$ ) [Z, vol. I, p. 199], and by the sequence $\left\{e^{i n^{\alpha}}\right\}$ with $0<\alpha<1$ (when $\beta=\alpha / 2$ ) [Z, vol. I, p. 200]. The convergence results for $L_{2}$ contractions, obtained in these cases from Propositions 2 and 3, are Theorem 14 of $[R]$ (without the uniformity in all contractions of the operator norm convergence; the uniform convergence of the Fourier series for these sequences is proved already in [Z]). Adapting the methods of $[\mathrm{Z}, \S \S \mathrm{V} .4-\mathrm{V} .5]$, we can show that the sequence $\left\{e^{i n^{\alpha}}\right\}$ with $1<\alpha<2$ satisfies (3) for $\beta=1-\alpha / 2$, and our results include those of Remark 15 of [R].
(2) Examples of $\left\{a_{n}\right\}$ satisfying (3) for $n_{k}=k^{2}$ will be given later.

## 4. Additional examples for modulating sequences

The following lemma shows how to obtain additional examples for (2). Note that it applies also in the case $p=1$.

Lemma 1. Let $1 \leq p<\infty$, and $\left\{f_{n}\right\}_{n=1}^{\infty} \subset L_{p}(\mu)$ with $\sup _{n>0}\left\|f_{n}\right\|_{p}<\infty$. If $\left\{f_{n}\right\}$ satisfies (1), and $\left\{a_{k}\right\}$ satisfies

$$
\begin{equation*}
\sum_{k=1}^{\infty}\left|a_{k}-a_{k+1}\right|<\infty \tag{4}
\end{equation*}
$$

then (2) is satisfied.
Proof. Since $a_{n}=a_{1}+\sum_{k=1}^{n-1}\left(a_{k+1}-a_{k}\right)$, the sequence $\left\{a_{n}\right\}$ converges. With $S_{0}=0$ and $S_{k}=\sum_{j=1}^{k} f_{j}$, we obtain

$$
\sum_{k=1}^{n} a_{k} f_{k}=\sum_{k=1}^{n} a_{k}\left(S_{k}-S_{k-1}\right)=\sum_{k=1}^{n-1}\left(a_{k}-a_{k+1}\right) S_{k}+a_{n} S_{n}
$$

Using (1), we obtain

$$
\left\|\frac{1}{n^{1-\beta}} \sum_{k=1}^{n} a_{k} f_{k}\right\| \leq K \sum_{k=1}^{\infty}\left|a_{k}-a_{k+1}\right|+K \sup _{j}\left|a_{j}\right|
$$

for every $n$.
Corollary 3. Let $1<p<\infty$, and $\left\{f_{n}\right\}_{n=1}^{\infty} \subset L_{p}(\mu)$ with $\sup _{n>0}\left\|f_{n}\right\|_{p}$ $<\infty$, and let $\left\{a_{n}\right\}$ satisfy (4). If $\left\{f_{n}\right\}$ satisfies (1) for some $0<\beta \leq 1$, then $\sum_{k=1}^{\infty} \frac{a_{k} f_{k}}{k^{1-\delta}}$ converges a.e. for every $0 \leq \delta<\frac{p-1}{p} \beta$.

EXAMple 5. $T$ positive, $f$ satisfies $\left(1^{\prime}\right),\left\{a_{k}\right\}$ convergent, but $\sum_{k=1}^{n} \frac{a_{k} T^{k} f}{k}$ a.e. divergent.

Let $\theta$ be a probability preserving ergodic invertible transformation on $(\Omega, \mu)$ and $T g=g \circ \theta$. Then $T$ is a positive invertible isometry of $L_{p}(\mu), 1 \leq p<\infty$. We assume that there is $0 \neq f \in L_{\infty}$ such that $T f=-f$ (e.g., $\Omega=[0,2)$, $\tau$ an invertible measure preserving ergodic transformation of $[0,1$ ); define $\theta x=\tau x+1$ for $0 \leq x<1$ and $\theta x=\tau(x-1)$ for $1 \leq x<2$, and take $\left.f=1_{[0,1)}-1_{[1,2)}\right)$. Clearly ( $1^{\prime}$ ) is satisfied for any $p \geq 1$ and any $\beta \in(0,1]$, but for the sequence $a_{k}=\frac{(-1)^{k}}{\log k}$ we have that $\sum_{k=1}^{n} \frac{a_{k} T^{k} f}{k}=\sum_{k=1}^{n} \frac{1}{k \log k} f$ is a.e. divergent. This example shows also that for $\lambda=-1$ the series $\sum_{k=1}^{n} \frac{\lambda^{k} T^{k} f}{k}$ is a.e. divergent.

Theorem 2. Let $T$ be a contraction on $L_{1}(\mu)$ with mean ergodic modulus, and let $\left\{a_{k}\right\}$ satisfy (4). If $f \in L_{1}$ satisfies ( $1^{\prime}$ ) for some $0<\beta \leq 1$, then $\sum_{k=1}^{\infty} \frac{a_{k} T^{k} f}{k}$ converges a.e.

Proof. With $S_{k} f=\sum_{j=1}^{k} T^{j} f$, we have $\left\|S_{k} f / k\right\| \rightarrow 0$ by (1'), and the pointwise ergodic theorem for $T$ [ÇL] yields $\frac{S_{k} f}{k} \rightarrow 0$ a.e. Defining $S_{0} f=0$, we have

$$
\begin{aligned}
\frac{1}{n} \sum_{k=1}^{n} a_{k} T^{k} f & =\frac{1}{n} \sum_{k=1}^{n} a_{k}\left(S_{k} f-S_{k-1} f\right) \\
& =\frac{1}{n} \sum_{k=1}^{n-1}\left(a_{k}-a_{k+1}\right) S_{k} f+a_{n} \frac{1}{n} S_{n} f
\end{aligned}
$$

Since $\left\{a_{n}\right\}$ is bounded, the last term tends to 0 a.e. For $\epsilon>0$ fix $N$ such that $\sum_{k=N}^{\infty}\left|a_{k}-a_{k+1}\right|<\epsilon$. Since $\sup _{n}\left|\frac{S_{n} f(x)}{n}\right|<\infty$ a.e., the inequalities

$$
\left|\frac{1}{n} \sum_{k=1}^{n-1}\left(a_{k}-a_{k+1}\right) S_{k} f\right| \leq\left|\frac{1}{n} \sum_{k=1}^{N-1}\left(a_{k}-a_{k+1}\right) S_{k} f\right|+\sum_{k=N}^{n-1}\left|a_{k}-a_{k+1}\right|\left|\frac{S_{k} f}{k}\right|
$$

yield

$$
\limsup _{n}\left|\frac{1}{n} \sum_{k=1}^{n-1}\left(a_{k}-a_{k+1}\right) S_{k} f\right| \leq \epsilon \sup _{n}\left|\frac{S_{n} f(x)}{n}\right|
$$

Hence $\frac{1}{n} \sum_{k=1}^{n} a_{k} T^{k} f(x) \rightarrow 0$ a.e.
Since (2) holds by Lemma 1, we can use the proof of Theorem 1 for $\gamma=1$, with $S_{k}=\sum_{j=1}^{k} a_{j} T^{j} f$, to obtain our theorem.

The following was suggested by D. Çömez (for the case $f_{k}=T^{k} f$ ):
Let $\left\{f_{n}\right\} \subset L_{p}(\mu), 1 \leq p<\infty$, with $\sup _{n}\left\|f_{n}\right\|_{p}<\infty$, and assume $\sum_{k=1}^{\infty} \frac{\left|a_{k}\right|}{k}<\infty$. Then the series $\sum_{k=1}^{\infty} \frac{a_{k} f_{k}}{k}$ is a.e. absolutely convergent.

Proof. We may and do assume that $\mu$ is a probability. Then the assertion follows from

$$
\int \sum_{k=1}^{\infty} \frac{\left|a_{k} f_{k}\right|}{k} d \mu=\sum_{k=1}^{\infty} \frac{\left|a_{k}\right|\left\|f_{k}\right\|_{1}}{k} \leq \sum_{k=1}^{\infty} \frac{\left|a_{k}\right|\left\|f_{k}\right\|_{p}}{k}<\infty
$$

Note that $\sum_{k=1}^{\infty} \frac{\left|a_{k}\right|}{k}\left\|f_{k}\right\|_{p}<\infty$, so we also have norm convergence.
Remarks. (1) For the sequence $a_{k}=1$, (4) holds; Corollary 1 and Theorem 2 show convergence of the one-sided Hilbert transform when ( $1^{\prime}$ ) is satisfied, although $\sum_{k=1}^{\infty} \frac{\left|a_{k}\right|}{k}=\infty$.
(2) Let $a_{k}=\frac{(-1)^{k}}{k}$. Then $\sum_{k=1}^{\infty} \frac{\left|a_{k}\right|}{k}<\infty$, but $\sum_{k=1}^{\infty}\left|a_{k}-a_{k+1}\right|=\infty$. Thus (4) is not necessary for a.e. convergence of $\sum_{k=1}^{\infty} \frac{a_{k} T^{k} f}{k}$ for every powerbounded $T$ and $f$ satisfying ( $1^{\prime}$ ).

ThEOREM 3. Fix $\beta \leq 1$, and let $\left\{a_{k}\right\}$ be a bounded sequence with $\sum_{k=1}^{\infty} \frac{\left|a_{k}-a_{k+1}\right|}{k^{\beta}}<\infty$. Let $\left\{f_{n}\right\} \subset L_{p}(\mu), 1<p<\infty$, with $\sup _{n}\left\|f_{n}\right\|_{p}<\infty$, and assume that $\left\{f_{n}\right\}$ satisfies (1). Then the series $\sum_{k=1}^{\infty} \frac{a_{k} f_{k}}{k}$ converges a.e.

Proof. With $S_{0}=0$ and $S_{k}=\sum_{j=1}^{k} f_{j}$, we clearly have

$$
\sum_{k=1}^{n} \frac{a_{k} f_{k}}{k}=\sum_{k=1}^{n-1}\left(\frac{a_{k}}{k}-\frac{a_{k+1}}{k+1}\right) S_{k}+\frac{a_{n} S_{n}}{n}
$$

The last term tends to 0 a.e., since $\left\{a_{n}\right\}$ is bounded, and $\frac{1}{k} S_{k} \rightarrow 0$ a.e. by Proposition 1.

The sum $\sum_{k=1}^{n}\left(\frac{a_{k}}{k}-\frac{a_{k+1}}{k+1}\right) S_{k}$ is a.e. absolutely convergent, since using (1) we obtain

$$
\begin{aligned}
\int \sum_{k=1}^{n}\left|\left(\frac{a_{k}}{k}-\frac{a_{k+1}}{k+1}\right) S_{k}\right| d \mu & \leq \sum_{k=1}^{n}\left|\frac{a_{k}}{k}-\frac{a_{k+1}}{k+1}\right|\left\|S_{k}\right\|_{p} \\
& \leq \sum_{k=1}^{n} \frac{\left|a_{k}-a_{k+1}\right|}{k+1}\left\|S_{k}\right\|_{p}+\sum_{k=1}^{n} \frac{\left|a_{k}\right|}{k(k+1)}\left\|S_{k}\right\|_{p} \\
& \leq \sum_{k=1}^{n} \frac{\left|a_{k}-a_{k+1}\right|}{k^{\beta}} K+\sum_{k=1}^{n} \frac{\left|a_{k}\right|}{k^{1+\beta}} K
\end{aligned}
$$

Theorem 4. Fix $\beta \leq 1$, and let $\left\{a_{k}\right\}$ be a bounded sequence with $\sum_{k=1}^{\infty} \frac{\left|a_{k}-a_{k+1}\right|}{k^{\beta}}<\infty$. Then for every $T$ power-bounded in $L_{p}(\mu), 1<p<\infty$, or a contraction with mean ergodic modulus in $L_{1}$, and every $f$ satisfying ( $1^{\prime}$ ), the series $\sum_{k=1}^{\infty} \frac{a_{k} T^{k} f}{k}$ converges a.e.

Proof. We may and do assume that $\mu$ is a probability. For the power bounded case (with $p>1$ ) we apply Theorem 3 to the sequence $\left\{T^{n} f\right\}$. For the $L_{1}$-contraction case, we have $\frac{1}{k} S_{k} f \rightarrow 0$ a.e. by [ÇL], since ( $1^{\prime}$ ) implies $\left\|\frac{1}{k} S_{k} f\right\| \rightarrow 0$. The result now follows from the calculation in the proof of Theorem 3, this time with $p=1$.

Remark. Theorems 3 and 4 do not follow from the previous results. If we define $a_{k}=1$ for $k$ not a power of 2 , and $a_{2^{j}}=-1$, then obviously (4) fails, and also $\sum_{k=1}^{\infty} \frac{\left|a_{k}\right|}{k}=\infty$. However, for any $\beta>0$ we have

$$
\sum_{k=1}^{\infty} \frac{\left|a_{k}-a_{k+1}\right|}{k^{\beta}} \leq 2+\sum_{j=1}^{\infty} \frac{4}{\left(2^{j}-1\right)^{\beta}}<\infty
$$

Note that if $\left\{a_{k}\right\}$ is a (complex) sequence such that $\sum_{k=1}^{\infty} \frac{a_{k} T^{k} f}{k}$ converges a.e. (or in norm) for every $T$ power-bounded on $L_{p}$ and $f \in L_{p}$ satisfying ( $1^{\prime}$ ) (for some $\beta>0$ ), then $\sum_{k=1}^{\infty} \frac{a_{k}}{k} \lambda^{k}$ converges for every complex $\lambda \neq 1$
with $|\lambda|=1$. To see this, note that for such $\lambda$ there is an ergodic probability preserving transformation $\theta$ on $[0,1)$ with a bounded function $f \neq 0$ such that $T f=\lambda f$ (for $\lambda$ a root of unity, proceed as in Example 5, for other $\lambda \operatorname{let} \theta z=\lambda z$ on the unit circle). Then $f$ satisfies ( $1^{\prime}$ ), so $\sum_{k=1}^{\infty} \frac{a_{k} \lambda^{k}}{k} f=\sum_{k=1}^{\infty} \frac{a_{k} T^{k} f}{k}$ converges.

## 5. Series of modulated $L_{2}$-bounded orthogonal sequences

Lemma 2. Given $1 \leq p \leq 2$, let $\left\{a_{n}\right\}$ satisfy

$$
\begin{equation*}
\sup _{n} \frac{1}{n} \sum_{k=1}^{n}\left|a_{k}\right|^{p}=A<\infty . \tag{5}
\end{equation*}
$$

Then for every $\epsilon>0$ we have
(i) $\sum_{n=1}^{\infty} \frac{\left|a_{n}\right|^{2}}{n^{2 / p+\epsilon}}<\infty$, and
(ii) $\sum_{k=1}^{\infty} \frac{\left|a_{n}\right|^{p}}{n^{1+\epsilon}}<\infty$.

Proof. Denote $S_{n}^{(p)}:=\sum_{k=1}^{n}\left|a_{n}\right|^{p}$, and define similarly $S_{n}^{(2)}$. Summation by parts yields

$$
\sum_{k=1}^{n} \frac{\left|a_{k}\right|^{2}}{k^{2 / p+\epsilon}}=\sum_{k=1}^{n-1}\left(\frac{1}{k^{2 / p+\epsilon}}-\frac{1}{(k+1)^{2 / p+\epsilon}}\right) S_{k}^{(2)}+\frac{S_{n}^{(2)}}{n^{2 / p+\epsilon}}
$$

Since $1 \leq p \leq 2$, we have $\left(S_{n}^{(2)}\right)^{1 / 2} \leq\left(S_{n}^{(p)}\right)^{1 / p}$ (e.g., [HLP, p. 4]). Hence

$$
\begin{aligned}
\sum_{k=1}^{n} \frac{\left|a_{k}\right|^{2}}{k^{2 / p+\epsilon}} & \leq \sum_{k=1}^{n-1}\left|\frac{1}{k^{2 / p+\epsilon}}-\frac{1}{(k+1)^{2 / p+\epsilon}}\right|\left(S_{k}^{(p)}\right)^{2 / p}+\frac{\left(S_{n}^{(p)}\right)^{2 / p}}{n^{2 / p+\epsilon}} \\
& \leq\left(\frac{2}{p}+\epsilon\right) \sum_{k=1}^{n-1} \frac{\left(S_{k}^{(p)}\right)^{2 / p}}{k^{2 / p+1+\epsilon}}+\frac{\left(S_{n}^{(p)}\right)^{2 / p}}{n^{2 / p+\epsilon}} \\
& \leq\left(\frac{2}{p}+\epsilon\right) A^{2 / p} \sum_{k=1}^{n-1} \frac{1}{k^{1+\epsilon}}+\frac{A^{2 / p}}{n^{\epsilon}}
\end{aligned}
$$

which yields (i). Similar computations yield that if $\left\{c_{k}\right\}$ is a non-negative sequence with $\sup _{n} \frac{1}{n} \sum_{k=1}^{n} c_{k}<\infty$, then $\sum_{k=1}^{\infty} \frac{c_{k}}{k^{1+\epsilon}}<\infty$ for every $\epsilon>0$ (see also [As-2, pp. 228-229]). When applied to $\left\{\left|a_{k}\right|^{p}\right\}$, this yields (ii).

ThEOREM 5. Let $\left\{a_{n}\right\}$ be a sequence of complex numbers satisfying (5) with $1<p \leq 2$, and let $\left\{g_{n}\right\}$ be an orthogonal sequence in $L_{2}(\Omega, \mu)$, with $\sup _{n}\left\|g_{n}\right\|_{2}=K<\infty$. Then for every $\epsilon>0$ the series $\sum_{n=1}^{\infty} \frac{a_{n} g_{n}}{n^{1 / p+\epsilon}}$ converges a.e. and in $L_{2}$, with $\int\left[\sup _{n>0}\left|\sum_{k=1}^{n} \frac{a_{k} g_{k}}{k^{1 / p+\epsilon}}\right|\right]^{2} d \mu<\infty$. Thus $\sum_{n=1}^{\infty} \frac{a_{n} g_{n}}{n}$
converges a.e. (and in $L_{2}$ ). If, in addition, $\left\{g_{n}\right\}$ is uniformly bounded (i.e., $\left.\sup _{n} \sup _{x \in \Omega}\left|g_{n}(x)\right|<\infty\right)$, then $\sum_{n=1}^{\infty} \frac{a_{n} g_{n}}{n^{1 / p+c}}$ is in $L_{q}(\mu)$ with $q=p /(p-1)$, and $\sum_{n=1}^{\infty} \frac{a_{n} g_{n}}{n} \in \bigcap_{q \leq s<\infty} L_{s}(\mu)$.

Proof. For the first part we may assume, as mentioned before, that $\mu$ is a probability. By Lemma 2(i),

$$
\sum_{n=1}^{\infty} \frac{\left|a_{n}\right|^{2}\left\|g_{n}\right\|_{2}^{2}}{n^{2 / p+2 \epsilon}} \log ^{2} n \leq K^{2} \sum_{n=1}^{\infty} \frac{\left|a_{n}\right|^{2}}{n^{2 / p+\epsilon}} \frac{\log ^{2} n}{n^{\epsilon}}<\infty .
$$

Now, the $L_{2}$ convergence is immediate, and the a.e. convergence follows by applying the Menchoff-Rademacher theorem to the sequence $\left\{\frac{a_{n} g_{n}}{n^{1 / p+\epsilon}}\right\}$. For the maximal function we will use the inequality given in [Z, XIII.10.23] (which improves Menchoff's original inequality). Let $g_{k_{j}}$ be the $j$-th non-zero function in the sequence $\left\{g_{k}\right\}$. Put $\tilde{g}_{j}=\frac{1}{\left\|g_{k_{j}}\right\|_{2}} g_{k_{j}}$ and $\tilde{c}_{j}:=a_{k_{j}}\left\|g_{k_{j}}\right\|_{2} / k_{j}^{1 / p+\epsilon}$. Then

$$
\sum_{j=1}^{\infty}\left|\tilde{c}_{j}\right|^{2} \log ^{2} j \leq \sum_{j=1}^{\infty}\left|\tilde{c}_{j}\right|^{2} \log ^{2} k_{j}=\sum_{n=1}^{\infty} \frac{\left|a_{n}\right|^{2}\left\|g_{n}\right\|_{2}^{2}}{n^{2 / p+2 \epsilon}} \log ^{2} n<\infty,
$$

so we can apply the inequality from $[\mathrm{Z}]$ to the orthonormal sequence $\left\{\tilde{g}_{j}\right\}$, to obtain

$$
\int\left[\sup _{n>0}\left|\sum_{k=1}^{n} \frac{a_{k} g_{k}}{k^{1 / p+\epsilon}}\right|\right]^{2} d \mu=\int\left[\sup _{n>0}\left|\sum_{j=1}^{n} \tilde{c}_{j} \tilde{g}_{j}\right|\right]^{2} d \mu<\infty .
$$

We now assume that $\left\{g_{n}\right\}$ is also uniformly bounded (this is done in the original measure space, so $\mu$ is just $\sigma$-finite). By Lemma 2(ii) $\sum_{k=1}^{\infty}\left[\frac{\left|a_{n}\right|}{n^{1 / p+\epsilon}}\right]^{p}$ $<\infty$. Since $1<p \leq 2$, we can use the Riesz version of the Hausdorff-Young theorem [Z, Theorem XII.2.8] to conclude that $\sum_{n=1}^{\infty} \frac{a_{n} g_{n}}{n^{1 / p+e}}$ is in $L_{q}(\mu)$ for every $\epsilon>0$ (this part of the theorem does not require $\left\{g_{n}\right\}$ to be normalized, but only $\left.\sup _{n}\left\|g_{n}\right\|_{2}<\infty\right)$; thus also $\sum_{n=1}^{\infty} \frac{a_{n} g_{n}}{n} \in L_{q}(\mu)$. For any $s>q$ let $r=s /(s-1)$, so $1<r<p$ and (5) is satisfied also with $p$ replaced by $r$, and we have $\sum_{n=1}^{\infty} \frac{a_{n} g_{n}}{n} \in L_{s}(\mu)$.

Corollary 4. Let $\Lambda=\{\lambda \in \mathbf{C}:|\lambda|=1\}$ be the unit circle, and let $\left\{a_{n}\right\}$ be a sequence of complex numbers satisfying (5) with $1<p \leq 2$. Then for every $\gamma>1 / p$ the series $\sum_{k=1}^{\infty} \frac{a_{k} \lambda^{k}}{k \gamma}$ converges a.e. and in $L_{q}(\Lambda, d \lambda)$, $q=\frac{p}{p-1}$, with $\int_{\Lambda}\left[\sup _{n>0}\left|\sum_{k=1}^{n} \frac{a_{k} \lambda^{k}}{k \gamma}\right|\right]^{q} d \lambda<\infty$. Hence for a.e. $\lambda$ on the unit circle, $\sum_{k=1}^{\infty} \frac{a_{k} \lambda^{k}}{k}$ converges and $\frac{1}{n} \sum_{k=1}^{n} a_{k} \lambda^{k} \rightarrow 0$, and $\sum_{k=1}^{\infty} \frac{a_{k} \lambda^{k}}{k} \in$ $\bigcap_{2 \leq s<\infty} L_{s}(\Lambda, d \lambda)$.

Proof. We apply Theorem 5. Its last part yields that the Fourier series $\sum_{k=1}^{\infty} \frac{a_{k} \lambda^{k}}{k \gamma}$ is in $L_{q}(\Lambda)$, so the convergence is also in $L_{q}$-norm. The maximal function is in $L_{q}(\Lambda, d \lambda)$ by Hunt's strong maximal inequality [Hu].

Remarks. (1) When $a_{k}=1$ for every $k$, Corollary 4 applies, but $\sum_{k=1}^{\infty} \frac{a_{k} \lambda^{k}}{k}$ is not in $L_{\infty}(\Lambda, d \lambda)$.
(2) Let $a_{2^{j}}=2^{j}$, and $a_{k}=0$ if $k$ is not a power of 2 . Then (5) is satisfied with $p=1$, but $\frac{1}{n} \sum_{k=1}^{n} a_{k} \lambda^{k}$ does not converge for any $\lambda$, since $\left|a_{n} \lambda^{n}\right| / n$ does not converge to 0 . Thus Theorem 5 and Corollary 4 fail when $p=1$.
(3) Kahane [Ka-1] proved (his proof can be adapted from the continuous to discrete time) that if $\left\{a_{n}\right\}$ satisfies (5) with $p=1$, and we assume that $\frac{1}{n} \sum_{k=1}^{n} a_{k} \lambda^{k}$ converges for every $\lambda$ with $|\lambda|=1$, then the limit is non-zero only for at most countably many $\lambda$.
(4) The $L_{2}$-norm boundedness assumption of Example 2 can be somewhat relaxed. Let $\left\{h_{n}\right\}$ be an orthogonal sequence in $L_{2}(\mu)$ with $\sup _{n} \frac{1}{n} \sum_{k=1}^{n}\left\|h_{k}\right\|_{2}^{2}$ $<\infty$. Let $a_{k}=\left\|h_{k}\right\|_{2}$, and put $g_{k}=h_{k} / a_{k}$ if $a_{k} \neq 0$, and $g_{k}=0$ when $a_{k}=0$. Theorem 5 then yields that $\sum_{n=1}^{\infty} \frac{h_{n}}{n^{1 / 2+\epsilon}}$ converges a.e. for every $\epsilon>0$, and thus $\frac{1}{n^{1 / 2+\epsilon}} \sum_{k=1}^{n} h_{k} \rightarrow 0$ a.e.
(5) Let $\left\{g_{n}\right\} \subset L_{2}(\mu)$ of a probability space be a sequence of uncorrelated random variables, non-negative or pairwise independent, such that for some $1<q \leq 2$ we have $\sup _{n} \frac{1}{n} \sum_{k=1}^{n}\left\|g_{k}\right\|_{q}^{q}<\infty$. Landers and Rogge [LaRo] proved that $\frac{1}{n} \sum_{k=1}^{n}\left(g_{k}-E g_{k}\right) \rightarrow 0$ a.e. Example 4 in [LaRo] shows that for $1<q<2$ the above convergence may fail without non-negativity; combined with the previous remark, it yields that in Theorem 5 one cannot replace the assumption $\sup _{n}\left\|g_{n}\right\|_{2}<\infty$ by $\sup _{n}\left\|g_{n}\right\|_{q}<\infty$ for some $1<q<2$. The previous remark shows that for $q=2$ the non-negativity assumption of [LaRo] can be dropped, and there is even a rate of convergence.
(6) In Corollary 4, $\sum_{k=1}^{\infty} \frac{a_{k} \lambda^{k}}{k \gamma}$ can be replaced by $\sum_{k=1}^{\infty} \frac{a_{k} \lambda^{n}}{k^{\gamma}}$ for $\left\{n_{k}\right\}$ strictly increasing.

Definition. A contraction $T$ of $L_{p}(\mu)$ is said to be positively dominated if there is a positive contraction $\tau$ on $L_{p}(\mu)$ such that $|T f| \leq \tau(|f|)$ a.e. for any $f \in L_{p}(\mu)$.

Thus, a positive contraction is obviously positively dominated. If $T$ is a Dunford-Schwartz contraction on $L_{1}(\mu)$, its linear modulus $\tau$ [Kr, p. 159] is also a Dunford-Schwartz contraction, and thus induces a positive contraction of $L_{p}(\mu)$ [Kr, p. 65]; hence $T$ is a positively dominated contraction of $L_{p}(\mu)$, for any $1 \leq p \leq \infty$.

ThEOREM 6. Let $T$ be a positively dominated contraction of $L_{p}(\Omega, \mu)$, $p>1$, and $f \in L_{p}(\mu)$. Then for a.e. $x \in \Omega$, the sequence $a_{k}=T^{k} f(x)$ has the property that for every $\gamma>\max \{1 / p, 1 / 2\}$ and for any orthogonal sequence $\left\{g_{n}\right\} \subset L_{2}(Y, m)$ with $\sup _{n}\left\|g_{n}\right\|_{2}<\infty$, the series $\sum_{k=1}^{\infty} \frac{a_{k} g_{k}}{k \gamma}$ converges $m$-a.e., and $\sup _{n>0}\left|\sum_{k=1}^{n} \frac{a_{k} g_{k}}{k \gamma}\right| \in L_{2}(m)$. Hence $\sum_{k=1}^{\infty} \frac{a_{k} g_{k}}{k}$ converges $m$-a.e. (and in $L_{2}(m)$-norm). If in addition $\left\{g_{n}\right\}$ is uniformly bounded, then $\sum_{k=1}^{\infty} \frac{a_{k} g_{k}}{k}$ is in $\bigcap\left\{L_{s}(m): \max \{p /(p-1), 2\}<s<\infty\right\}$.

Proof. Let $\tau$ be the positive contraction of $L_{p}(\mu)$ which dominates $T$. For $1<r<p$, we have

$$
\frac{1}{n} \sum_{k=1}^{n}\left|T^{k} f\right|^{r} \leq \frac{1}{n} \sum_{k=1}^{n}\left[\tau^{k}(|f|)\right]^{r}
$$

with a.e. convergence of the right hand side by [Be], so for $\mu$-almost every $x \in \Omega$ the sequence $a_{k}=T^{k} f(x)$ satisfies (5) with $p$ replaced by $r$ (the required boundedness $\sup _{n} \frac{1}{n} \sum_{k=1}^{n}\left[\tau^{k}(|f|)\right]^{r}<\infty$ a.e. can be proved along the lines of the proof of Theorem 3.10 of [LOT] - first for $\tau$ an isometry, and then for the general case with the help of a dilation). We now apply Theorem 5 with $p$ replaced by $r$ for $r<\min \{2, p\}$.

Remark. For $T$ Dunford-Schwartz we have [Kr, p. 65] $|T f| \leq \tau|f| \leq$ $\left[\tau\left(|f|^{p}\right)\right]^{1 / p}$ a.e., so $\frac{1}{n} \sum_{k=1}\left|T^{k} f\right|^{p} \leq \frac{1}{n} \sum_{k=1} \tau^{k}\left(|f|^{p}\right)$, which converges a.e. if $f \in L_{p}(\mu)$.

When $p=2$ we can assume $T$ to be only power-bounded, as implied by the next result.

THEOREM 7. Let $\left\{f_{n}\right\} \subset L_{2}(\Omega, \mu)$ with $\sup _{n}\left\|f_{n}\right\|_{2}<\infty$. Then for a.e. $x \in \Omega$, the sequence $a_{k}=f_{k}(x)$ has the property that for every $\gamma>1 / 2$ and for any orthogonal sequence $\left\{g_{n}\right\} \subset L_{2}(Y, m)$ with $\sup _{n}\left\|g_{n}\right\|_{2}=K<\infty$, the series $\sum_{k=1}^{\infty} \frac{a_{k} g_{k}}{k \gamma}$ converges m-a.e. and in $L_{2}(m)$, with $\sup _{n>0}\left|\sum_{k=1}^{n} \frac{a_{k} g_{k}}{k^{\gamma}}\right|$ $\in L_{2}(m)$. Hence $\sum_{k=1}^{\infty} \frac{a_{k} g_{k}}{k}$ converges $m$-a.e. and in $L_{2}(m)$. If in addition $\left\{g_{n}\right\}$ is uniformly bounded, then $\sum_{k=1}^{\infty} \frac{a_{k} g_{k}}{k} \in \bigcap_{2 \leq s<\infty} L_{s}(m)$.

Proof. Fix $\gamma=1 / 2+\epsilon$. Since

$$
\int \sum_{n=1}^{\infty} \frac{\left|f_{n}(x)\right|^{2}}{n^{1+\epsilon}} d \mu=\sum_{n=1}^{\infty} \frac{\left\|f_{n}\right\|_{2}^{2}}{n^{1+\epsilon}} \leq\left(\sup _{k}\left\|f_{k}\right\|_{2}\right)^{2} \sum_{n=1}^{\infty} \frac{1}{n^{1+\epsilon}}<\infty
$$

for a.e. $x \in \Omega$, the sequence $a_{k}(x)=f_{k}(x)$ satisfies $\sum_{n=1}^{\infty} \frac{\left|a_{n}\right|^{2}}{n^{1+\epsilon}}<\infty$. Given a norm-bounded orthogonal sequence $\left\{g_{n}\right\} \subset L_{2}(Y, m)$, we have

$$
\sum_{n=1}^{\infty} \frac{\left|a_{n}\right|^{2}\left\|g_{n}\right\|_{2}^{2}}{n^{2 \gamma}} \log ^{2} n \leq K^{2} \sum_{n=1}^{\infty} \frac{\left|a_{n}\right|^{2}}{n^{1+\epsilon}} \frac{\log ^{2} n}{n^{\epsilon}}<\infty
$$

Since we may assume $m$ to be a probability, the Menchoff-Rademacher theorem yields the result.

Assume now that $\left\{g_{n}\right\}$ is also bounded. Let $s>2$ and $r=s /(s-1)$. Then $r<2$, and the simple inequality $|a|^{r} \leq|a|^{2}+1$ yields $\sum_{n=1}^{\infty} \frac{\left|a_{n}\right|^{r}}{n^{1+\epsilon}}<\infty$ for any $\epsilon>0$. Hence $\sum_{n=1}^{\infty}\left|\frac{a_{n}}{n}\right|^{r}<\infty$, and the Riesz-Hausdorff-Young theorem yields, as before, that $\sum_{n=1}^{\infty} \frac{a_{n} g_{n}}{n} \in L_{s}(m)$.

Corollary 5. Let $T$ be a positively dominated contraction of $L_{p}(\Omega, \mu)$, $p>1$, or only power-bounded when $p=2$, and let $f \in L_{p}(\mu)$. Then for a.e. $\lambda$ with $|\lambda|=1$, the series $\sum_{k=1}^{\infty} \frac{T^{k} f(x) \lambda^{k}}{k}$ converges $\mu$-a.e.

Proof. Theorem 6, or Theorem 7 when $p=2$, and orthogonality of $f_{n}(\lambda)=$ $\lambda^{n}$ yield that for $\mu$-a.e. $x \in \Omega$ the series $\sum_{k=1}^{\infty} \frac{T^{k} f(x) \lambda^{k}}{k}$ converges for a.e. $\lambda$. Fubini's theorem yields the assertion.

## 6. Rotated ergodic Hilbert transforms and random Fourier series

In this section we look at a positively dominated contraction $T$ in $L_{p}, p>1$, and would like to obtain, for $f \in L_{p}$, that for $\mu$-a.e. $x \in \Omega$ we have convergence of $\sum_{k=1}^{\infty} \frac{T^{k} f(x) \lambda^{k}}{k}$ for every $\lambda$ on the unit circle. Thus, we are looking for a special type of random Fourier series, with dependent random coefficients (for random Fourier series, we refer the reader to $[\mathrm{Ka}-2]$ ). We saw in the proof of Corollary 5 that for a.e. $x$ the series converges for a.e. $\lambda$. In order to have the convergence for every $\lambda$, it is necessary that $f$ be "orthogonal" to all the eigenfunctions of $T^{*}$ with unimodular eigenvalues, i.e., $\left\|\frac{1}{n} \sum_{k=1}^{n} \lambda^{k} T^{k} f\right\| \rightarrow 0$ for every $\lambda$.

Lemma 3. Let $\left\{a_{k}\right\}$ be a sequence of complex numbers. Assume that for every $\epsilon>0$ there exists $\left\{b_{k}\right\}$ with $\max _{|\lambda|=1}\left|\frac{1}{n} \sum_{k=1}^{n} b_{k} \lambda^{k}\right| \rightarrow 0$, such that $\lim \sup _{n \rightarrow \infty} \frac{1}{n} \sum_{k=1}^{n}\left|a_{k}-b_{k}\right|<\epsilon$. Then $\max _{|\lambda|=1}\left|\frac{1}{n} \sum_{k=1}^{n} a_{k} \lambda^{k}\right| \rightarrow 0$.

Proof. Fix $\epsilon>0$, and take the corresponding $\left\{b_{k}\right\}$. For $n$ large enough,

$$
\max _{|\lambda|=1}\left|\frac{1}{n} \sum_{k=1}^{n} a_{k} \lambda^{k}\right| \leq \max _{|\lambda|=1}\left|\frac{1}{n} \sum_{k=1}^{n} b_{k} \lambda^{k}\right|+\frac{1}{n} \sum_{k=1}^{n}\left|a_{k}-b_{k}\right|<2 \epsilon .
$$

For $T$ induced by an ergodic probability preserving transformation on $(\Omega, \mu)$ and $f \in L_{1}(\mu)$, the Wiener-Wintner theorem [WW] yields that for $\mu$-a.e. $x \in \Omega$, we have convergence of $\frac{1}{n} \sum_{k=1}^{n} \lambda^{k} T^{k} f(x)$ for every $\lambda$. When $f \in L_{1}(\mu)$ is "orthogonal" to all eigenfunctions of $T$ (which are those of $T^{*}$, and bounded by ergodicity), i.e., $\left\|\frac{1}{n} \sum_{k=1}^{n} \lambda^{k} T^{k} f\right\|_{1} \rightarrow 0$ for every $|\lambda|=1$, then for a.e. $x \in \Omega$ we have $\frac{1}{n} \sum_{k=1}^{n} \lambda^{k} T^{k} f(x) \rightarrow 0$ for every $\lambda$, and if $f \in L_{2}$ the convergence to 0 is in fact uniform in $\lambda$ (e.g., [As-1]). Since the $L_{2}$ functions orthogonal to all the eigenfunctions are dense in the $L_{1}$ functions orthogonal to the eigenfunctions (see Proposition 2.6 of [LOT]), for such $f \in L_{1}$ and $\epsilon>0$ we have $g \in L_{2}$ orthogonal to the eigenfunctions with $\|f-g\|_{1}<\epsilon$. The pointwise ergodic theorem yields that for a.e. $x$ we have

$$
\lim _{n} \frac{1}{n} \sum_{k=1}^{n}\left|T^{k} f(x)-T^{k} g(x)\right|=\lim _{n} \frac{1}{n} \sum_{k=1}^{n} T^{k}|f-g|(x)=\|f-g\|_{1}<\epsilon
$$

The previous lemma now shows that for a.e. $x \in \Omega$ we have $\max _{|\lambda|=1}\left|\frac{1}{n} \sum_{k=1}^{n} \lambda^{k} T^{k} f(x)\right| \rightarrow 0$. By continuity in $\lambda$ for each fixed $x \in \Omega$, we can compute $\max _{|\lambda|=1}\left|\frac{1}{n} \sum_{k=1}^{n} \lambda^{k} T^{k} f(x)\right|$ as the supremum over the countable dense subset of roots of unity, so it is measurable. For $f \in L \log ^{+} L$ orthogonal to the eigenfunctions this yields by Lebesgue's dominated convergence theorem $\left(\operatorname{since} \sup _{n} \frac{1}{n} \sum_{k=1}^{n} T^{k}|f| \in L_{1}[\mathrm{Kr}, \mathrm{p} .52]\right)$ that

$$
\left\|\max _{|\lambda|=1}\left|\frac{1}{n} \sum_{k=1}^{n} \lambda^{k} T^{k} f\right|\right\|_{1} \underset{n \rightarrow \infty}{\longrightarrow} 0
$$

and

$$
\left\|\max _{|\lambda|=1}\left|\frac{1}{n} \sum_{k=1}^{n} \lambda^{k} T^{k} f\right|\right\|_{p} \underset{n \rightarrow \infty}{\longrightarrow} 0,
$$

if $f \in L_{p}, p>1$.
TheOrem 8. Let $(\Omega, \mu)$ be a probability space, and $T$ be a positively dominated contraction of $L_{p}(\mu), 1<p<\infty$, or an ergodic positive contraction of $L_{1}(\mu)$ with $T 1=1$. If for some $0<\beta \leq 1$, the function $f \in L_{p}$ satisfies

$$
\begin{equation*}
\sup _{n>0}| | \max _{|\lambda|=1}\left|\frac{1}{n^{1-\beta}} \sum_{k=1}^{n} \lambda^{k} T^{k} f\right| \|_{1}=K<\infty, \tag{6}
\end{equation*}
$$

then for $\mu$-a.e. $x \in \Omega$ the series $\sum_{k=1}^{\infty} \frac{T^{k} f(x) \lambda^{k}}{k}$ converges uniformly in $\lambda$ on the unit circle (and is therefore a continuous function of $\lambda$ ).

Proof. Put $\phi_{n}(x, \lambda)=\sum_{k=1}^{n} T^{k} f(x) \lambda^{k}$, and $\psi_{n}(x)=\max _{|\lambda|=1}\left|\phi_{n}(x, \lambda)\right|$.
CLAIM. $\psi_{n}(x) / n \rightarrow 0$ for $\mu$-a.e. $x$.
We first prove the claim when $p>1$. Let $r$ be an integer with $r \beta>1$, and define $n_{m}=m^{r}$. Then (6) yields

$$
\sum_{m=1}^{\infty}\left\|\frac{\psi_{n_{m}}}{n_{m}}\right\|_{1} \leq K \sum_{m=1}^{\infty} \frac{n_{m}^{1-\beta}}{n_{m}}=K \sum_{m=1}^{\infty} \frac{1}{m^{r \beta}}<\infty
$$

Hence $\psi_{n_{m}}(x) / n_{m} \rightarrow 0$ for $\mu$-a.e. $x$.
For $n_{m} \leq n<n_{m+1}$ we have

$$
\frac{1}{n} \psi_{n}(x) \leq \max _{|\lambda|=1}\left|\frac{\phi_{n}(x)}{n}-\frac{\phi_{n_{m}}(x)}{n}\right|+\frac{\psi_{n_{m}}(x)}{n_{m}} .
$$

The last term tends to 0 for a.e. $x \in \Omega$. For a.e. $x$ and any $1<s<p$, the sequence $\left\{T^{k} f(x)\right\}$ satisfies (5) with $p$ replaced by $s$ (see proof of Theorem 6).

Using Hölder's inequality, with $s^{\prime}=s /(s-1)$, we obtain for those $x \in \Omega$

$$
\begin{gathered}
\max _{|\lambda|=1}\left|\frac{\phi_{n}(x)}{n}-\frac{\phi_{n_{m}}(x)}{n}\right|=\max _{|\lambda|=1}\left|\frac{1}{n} \sum_{k=n_{m}+1}^{n} T^{k} f(x) \lambda^{k}\right| \leq \frac{1}{n_{m}} \sum_{k=n_{m}+1}^{n}\left|T^{k} f(x)\right| \\
\leq\left(\frac{1}{n_{m}} \sum_{k=1}^{n_{m+1}}\left|T^{k} f(x)\right|^{s}\right)^{1 / s} \cdot\left(\frac{n_{m+1}-n_{m}}{n_{m}}\right)^{1 / s^{\prime}} \underset{n \rightarrow \infty}{\longrightarrow} 0 .
\end{gathered}
$$

Thus $\frac{1}{n} \psi_{n}(x) \rightarrow 0$ a.e., and the claim is proved when $p>1$.
For $T$ an ergodic contraction on $L_{1}$ with $T 1=1, \mu$ is invariant. We will assume $T$ induced by a transition probability $P(x, A)$ (see [ÇLO] for the reduction to this case). On the space of one-sided trajectories $\Omega^{\mathbf{N}}$, with coordinate projections $\left\{X_{n}\right\}$, the shift $\theta$ is ergodic, with invariant probability $\mathbf{P}_{\mu}$ induced by the initial distribution $\mu$. For any $g \in L_{2}(\mu)$ the function $\tilde{g}:=g \circ X_{0}$ is in $L_{2}\left(\mathbf{P}_{\mu}\right)$. When $\left\|\frac{1}{n} \sum_{k=1}^{n} \lambda^{k} T^{k} g\right\|_{2} \rightarrow 0$, we have $\left\|\frac{1}{n} \sum_{k=1} \lambda^{k} \tilde{g} \circ \theta^{k}\right\|_{L_{2}\left(\mathbf{P}_{\mu}\right)} \rightarrow 0$. Thus, if $g \in L_{2}(\mu)$ is orthogonal to all eigenfunctions of $T$ with unimodular eigenvalues, we have $\max _{|\lambda|=1}\left|\frac{1}{n} \sum_{k=1}^{n} \lambda^{k} \tilde{g} \circ \theta^{k}\right| \rightarrow 0 \mathbf{P}_{\mu}$ a.e., and therefore for a.e. $x$ this convergence holds $\mathbf{P}_{x}$ a.e. By Lebesgue's dominated convergence theorem, for a.e. $x \in \Omega$ we have

$$
\begin{aligned}
\max _{|\lambda|=1}\left|\frac{1}{n} \sum_{k=1}^{n} \lambda^{k} T^{k} g(x)\right| & =\max _{|\lambda|=1}\left|\frac{1}{n} \int \sum_{k=1}^{n} \lambda^{k} \tilde{g} \circ \theta^{k} d \mathbf{P}_{x}\right| \\
& \leq \int \max _{|\lambda|=1}\left|\frac{1}{n} \sum_{k=1}^{n} \lambda^{k} \tilde{g} \circ \theta^{k}\right| d \mathbf{P}_{x} \rightarrow 0
\end{aligned}
$$

By (6), $f$ is orthogonal to all the eigenfunctions of unimodular eigenvalues. We proceed as in the discussion above (see also [LOT]): we approximate $f$ in $L_{1}$ norm by $g \in L_{2}$ which is orthogonal to the eigenfunctions; we have $\max _{|\lambda|=1}\left|\frac{1}{n} \sum_{k=1}^{n} \lambda^{k} T^{k} g(x)\right| \rightarrow 0$ a.e., and Hopf's pointwise ergodic theorem with ergodicity of $T$ show that Lemma 3 can be applied. This proves the claim when $p=1$.

Now (6) yields

$$
\int \sum_{k=1}^{\infty}\left(\frac{1}{k}-\frac{1}{k+1}\right) \psi_{k}(x) d \mu \leq \sum_{k=1}^{\infty} \frac{1}{k^{1+\beta}} \frac{\left\|\psi_{k}\right\|_{1}}{k^{1-\beta}}<\infty
$$

which yields $\sum_{k=1}^{\infty}\left(\frac{1}{k}-\frac{1}{k+1}\right) \psi_{k}(x)<\infty$ a.e. Since

$$
\sum_{k=1}^{n} \frac{T^{k} f(x) \lambda^{k}}{k}=\frac{1}{n} \phi_{n}(x, \lambda)+\sum_{k=1}^{n-1}\left(\frac{1}{k}-\frac{1}{k+1}\right) \phi_{k}(x, \lambda)
$$

for a.e. $x \in \Omega$ we have the desired convergence uniformly in $\lambda$.

Remarks. (1) For $T$ induced by an ergodic probability preserving transformation, Theorem 8 was proved in $[\mathrm{As}-4]$ (for $p=2$ ). For such $T$, functions satisfying (6) were called there Wiener-Wintner functions.
(2) For $p \geq 2$ and $T$ induced by a probability preserving transformation, Assani and Nicolaou [AsN] proved that under the rate condition (6) with $\frac{1}{p}<\beta<1$, for $\mu$-a.e. $x \in \Omega$ we have convergence of $\sum_{k=1}^{\infty} \frac{T^{k} f(x) \lambda^{k}}{k \gamma}$ for every $1+\frac{1}{2 p}-\frac{\beta}{2}<\gamma \leq 1$ and every $\lambda$ (and for fixed $\gamma$ the convergence is uniform in $\lambda$ ). Even for such $T$, our theorem is new when $1<p<2$.
(3) Examples of ergodic dynamical systems with $f \in L_{2}$ satisfying (6) are given in $[\mathrm{As}-4]$ and $[\mathrm{AsN}]$. For a spectral characterization of the rate condition (6) see $[$ As- 5$]$.

Theorem 9. Let $1<p<\infty$, and let $\left\{f_{n}\right\}_{n=1}^{\infty} \subset L_{p}(\Omega, \mu)$ with $\sup _{n>0}\left\|f_{n}\right\|_{p}<\infty$. Let $Y$ be a compact metric space and $\left\{g_{n}\right\} \subset C(Y)$ with $\sup _{n}\left\|g_{n}\right\|_{\infty}=C<\infty$. If for some $0<\beta \leq 1$ we have

$$
\sup _{n>0}\left\|\max _{y \in Y}\left|\frac{1}{n^{1-\beta}} \sum_{k=1}^{n} g_{k}(y) f_{k}\right|\right\|_{p}=K<\infty
$$

then there exists a set $\Omega^{\prime} \subset \Omega$ with $\mu\left(\Omega^{\prime}\right)=0$, such that for $x \notin \Omega^{\prime}$ and every $0 \leq \delta<\frac{p-1}{p} \beta$, the series $\sum_{k=1}^{\infty} \frac{g_{k}(y) f_{k}(x)}{k^{1-\delta}}$ converges uniformly in $y \in Y$ (and is therefore a continuous function on $Y$ ), and $\sup _{n>0} \max _{y \in Y}\left|\sum_{k=1}^{n} \frac{g_{k}(y) f_{k}}{k^{1-\delta}}\right| \in$ $L_{p}(\mu)$.

Proof. We may assume $\mu$ to be a probability. Fix $0 \leq \delta<\frac{p-1}{p} \beta$. The first step is to show that $\max _{y \in Y}\left|\frac{1}{n^{1-\delta}} \sum_{k=1}^{n} f_{k}(x) g_{k}(y)\right| \rightarrow 0$ a.e. The proof of this convergence is similar to that of Proposition 1, with $\sum_{k=1}^{n} f_{k}$ replaced by $\max _{y \in Y}\left|\sum_{k=1}^{n} f_{k} g_{k}(y)\right|$. We also obtain

$$
\sup _{n>0} \max _{y \in Y}\left|\frac{1}{n^{1-\delta}} \sum_{k=1}^{n} f_{k}(x) g_{k}(y)\right| \in L_{p}(\mu)
$$

Setting $\tilde{S}_{0} \equiv 0$ and $\tilde{S}_{k}(x, y):=\sum_{j=1}^{k} f_{k}(x) g_{k}(y)$, we have, for $\gamma=1-\delta$,

$$
\sum_{k=1}^{n} \frac{f_{k}(x) g_{k}(y)}{k^{\gamma}}=\frac{\tilde{S}_{n}(x, y)}{n^{\gamma}}+\sum_{k=1}^{n-1}\left(\frac{1}{k^{\gamma}}-\frac{1}{(k+1)^{\gamma}}\right) \tilde{S}_{k}(x, y)
$$

The first term tends to 0 uniformly in $y$ as indicated above; for the series we obtain the a.e. convergence uniformly in $y$, similarly to the proof of Theorem 1 , since

$$
\max _{y \in Y} \sum_{k=n}^{\infty} \frac{1}{k^{\gamma^{+} \beta}}\left|\frac{\tilde{S}_{k}(x, y)}{k^{1-\beta}}\right| \leq \sum_{k=n}^{\infty} \frac{1}{k^{\gamma^{+} \beta}} \max _{y \in Y}\left|\frac{\tilde{S}_{k}(x, y)}{k^{1-\beta}}\right|
$$

and the last series converges to 0 for a.e. $x$, as using the assumption we have

$$
\begin{aligned}
\int \sum_{k=n}^{\infty} \frac{1}{k^{\gamma+\beta}} \max _{y \in Y}\left|\frac{\tilde{S}_{k}(x, y)}{k^{1-\beta}}\right| d \mu & \leq \sum_{k=n}^{\infty} \frac{1}{k^{\gamma+\beta}}\left\|\max _{y \in Y} \frac{1}{k^{1-\beta}} \tilde{S}_{k}(\cdot, y)\right\|_{p} \\
& \leq K \sum_{k=n}^{\infty} \frac{1}{k^{\gamma+\beta}} \underset{n \rightarrow \infty}{\longrightarrow} 0
\end{aligned}
$$

Similarly to the proof of Theorem 1, we obtain also

$$
\sup _{n>0} \max _{y \in Y}\left|\sum_{k=1}^{n} \frac{f_{k} g_{k}(y)}{k^{1-\delta}}\right| \in L_{p}(\mu)
$$

Taking $\delta_{j}>0$ increasing to $\frac{p-1}{p} \beta$ we obtain the set $\Omega^{\prime}$.
Remark. If each $g_{k}$ is identically a constant $a_{k}$, we obtain Corollary 2.
Corollary 6. Let $1<p<\infty$, and let $\left\{f_{n}\right\}_{n=1}^{\infty} \subset L_{p}(\Omega, \mu)$ with $\sup _{n>0}\left\|f_{n}\right\|_{p}<\infty$. If for some sequence of integers $\left\{n_{k}\right\}$ and $0<\beta \leq 1$ we have

$$
\begin{equation*}
\sup _{n>0}\left|\left\|\max _{|\lambda|=1}\left|\frac{1}{n^{1-\beta}} \sum_{k=1}^{n} f_{k} \lambda^{n_{k}}\right|\right\|_{p}=K<\infty\right. \tag{7}
\end{equation*}
$$

then there exists a set $\Omega^{\prime} \subset \Omega$ with $\mu\left(\Omega^{\prime}\right)=0$, such that for $x \notin \Omega^{\prime}$ and every $0 \leq \delta<\frac{p-1}{p} \beta$ the series $\sum_{k=1}^{\infty} \frac{f_{k}(x) \lambda^{n_{k}}}{k^{1-\delta}}$ converges uniformly in $|\lambda|=1$ (and is therefore a continuous function of $\lambda$ ), and

$$
\sup _{n>0} \max _{|\lambda|=1}\left|\sum_{k=1}^{n} \frac{f_{k}(x) \lambda^{n_{k}}}{k^{1-\delta}}\right| \in L_{p}(\mu)
$$

Corollary 7. Let $T$ be a power-bounded operator of $L_{p}(\Omega, \mu), 1<p<$ $\infty$. If $f \in L_{p}$ satisfies, for some $0<\beta \leq 1$,

$$
\sup _{n>0}\left\|\max _{|\lambda|=1}\left|\frac{1}{n^{1-\beta}} \sum_{k=1}^{n} \lambda^{k} T^{k} f\right|\right\|_{p}=K<\infty
$$

then there exists a set $\Omega^{\prime} \subset \Omega$ with $\mu\left(\Omega^{\prime}\right)=0$, such that for $x \notin \Omega^{\prime}$ and every $0 \leq \delta<\frac{p-1}{p} \beta$ the series $\sum_{k=1}^{\infty} \frac{T^{k} f(x) \lambda^{k}}{k^{1-\delta}}$ converges uniformly in $\lambda$ on the unit circle (and is therefore a continuous function of $\lambda$ ), and

$$
\sup _{n>0} \max _{|\lambda|=1}\left|\sum_{k=1}^{n} \frac{T^{k} f(x) \lambda^{k}}{k^{1-\delta}}\right| \in L_{p}(\mu)
$$

The following result was obtained by Assani [As-4].

Theorem 10. Let $(\Omega, \mu)$ be a probability space, and let $\left\{f_{n}\right\} \subset L_{2}(\mu)$ be independent with $\int f_{n} d \mu=0$ and $\sup _{n}\left\|f_{n}\right\|_{2}<\infty$. Then

$$
\left\|\max _{|\lambda|=1}\left|\frac{1}{n} \sum_{k=1}^{n} \lambda^{k} f_{k}\right|\right\|_{2} \leq \frac{(1+\sqrt{2})^{1 / 2}}{n^{1 / 4}} \sup _{k}\left\|f_{k}\right\|_{2}
$$

Assani's proof is elementary; he remarked that the inequality follows also from the general (deep) results of [MPi] (without an estimate of the constant). We are grateful to him for providing us with his (unpublished) derivation of the inequality of Theorem 10 from [MPi]; his method is used below to obtain a more general result (with a better rate in Theorem 10).

Theorem 11. Let $(\Omega, \mu)$ be a probability space, and let $\left\{f_{n}\right\} \subset L_{2}(\mu)$ be independent with $\int f_{n} d \mu=0$ and $\sup _{n}\left\|f_{n}\right\|_{2}<\infty$. Let $\left\{n_{k}\right\}$ be a strictly increasing sequence with $n_{k} \leq c k^{r}$ for some $r \geq 1$. Then for any $\beta<1 / 2$ there is a constant $K_{c, r, \beta}$ such that

$$
\left\|\max _{|\lambda|=1}\left|\frac{1}{n} \sum_{k=1}^{n} \lambda^{n_{k}} f_{k}\right|\right\|_{2} \leq \frac{K_{c, r, \beta}}{n^{\beta}} \sup _{k}\left\|f_{k}\right\|_{2} .
$$

Proof. Fix $0<\beta<1 / 2$ and put $\alpha=(1-2 \beta) / r$. We will use Corollary 1.1.2 of [MPi], with the group $G$ the unit circle, $G$ the compact neighborhood, the set of characters $A:=\left\{n_{k}: k \geq 1\right\}$, and the independent random variables $\xi_{n_{k}}=f_{k}$.

For each $n$, we want to apply that result to the sequence $\left\{a_{j}\right\}$ defined on $A$ by $a_{n_{k}}=1$ for $1 \leq k \leq n$ and $a_{n_{k}}=0$ for $k>n$ (the sequence need not be defined outside $A$, but we put $a_{j}=0$ for $j \notin A$ ). It will be convenient to identify the unit circle with the interval $[0,2 \pi]$, with addition modulo $2 \pi$. Let $t_{1}, t_{2} \in[0,2 \pi]$ and define the corresponding translation invariant pseudometric $d_{n}\left(t_{1}, t_{2}\right)=\sigma_{n}\left(t_{1}-t_{2}\right)$, where

$$
\begin{aligned}
\sigma_{n}(t) & :=\left(\sum_{j \in A}\left|a_{j}\right|^{2} \cdot\left|1-e^{i j t}\right|^{2}\right)^{1 / 2}=\left(\sum_{k=1}^{n}\left|1-e^{i n_{k} t}\right|^{2}\right)^{1 / 2} \\
& =2\left(\sum_{k=1}^{n} \sin ^{2} \frac{n_{k} t}{2}\right)^{1 / 2}
\end{aligned}
$$

Since $|\sin t| \leq 1$ and $|\sin t| \leq|t|$, we obtain $\sin ^{2} t \leq|\sin t|^{\alpha} \leq|t|^{\alpha}$. This yields

$$
\begin{aligned}
\sigma_{n}(t) & \leq 2\left(\sum_{k=1}^{n} \frac{n_{k}^{\alpha} t^{\alpha}}{2^{\alpha}}\right)^{1 / 2} \leq 2 c^{\alpha / 2}\left(\sum_{k=1}^{n} \frac{k^{r \alpha} t^{\alpha}}{2^{\alpha}}\right)^{1 / 2} \\
& \leq 2 c^{\alpha / 2} \frac{t^{\alpha / 2}(n+1)^{\frac{r \alpha+1}{2}}}{2^{\alpha / 2} \sqrt{r \alpha+1}} \leq c^{\alpha / 2} 2^{1-\alpha / 2} t^{\alpha / 2}(n+1)^{\frac{r \alpha+1}{2}}
\end{aligned}
$$

Denote by $m$ the Lebesgue measure on $[0,2 \pi]$. Then the "distribution" of $\sigma_{n}$ satisfies

$$
m_{\sigma_{n}}(\epsilon):=m\left\{t \in[0,2 \pi]: \sigma_{n}(t)<\epsilon\right\} \geq 2^{1-2 / \alpha} \frac{\epsilon^{2 / \alpha}}{c(n+1)^{\frac{r \alpha+1}{\alpha}}}
$$

hence the 'inverse' function defined on $[0,2 \pi]$ (which is the non-decreasing rearrangement of $\sigma_{n}$ ), satisfies

$$
\overline{\sigma_{n}(s)}:=\sup \left\{t>0: m_{\sigma_{n}}(t)<s\right\} \leq c^{\alpha / 2} 2^{1-\alpha / 2} s^{\alpha / 2}(n+1)^{\frac{r \alpha+1}{2}}
$$

In order to apply inequality (1.15) of [MPi, p. 9] we estimate

$$
\begin{aligned}
I_{n}(\sigma) & =: \int_{0}^{2 \pi} \frac{\overline{\sigma_{n}(s)} d s}{s\left(\log \frac{8 \pi}{s}\right)^{1 / 2}} \\
& \leq c^{\alpha / 2} 2^{1-\alpha / 2}(n+1)^{\frac{r \alpha+1}{2}} \int_{0}^{2 \pi} \frac{d s}{s^{1-\alpha / 2}\left(\log \frac{8 \pi}{s}\right)^{1 / 2}}=C_{c, r, \beta}(n+1)^{\frac{r \alpha+1}{2}}
\end{aligned}
$$

with $C_{c, r, \beta}<\infty$ by the integrability of $\frac{1}{s^{1-\alpha / 2}}$ for $\alpha>0$.
Now inequality (1.15) of [MPi] (as modified in Corollary 1.1.2 there) yields

$$
\begin{aligned}
\left\|\max _{|\lambda|=1}\left|\sum_{k=1}^{n} \lambda^{n_{k}} f_{k}\right|\right\|_{2} & \leq 4 C \sup _{k}\left\|f_{k}\right\|_{2}\left[\left(\sum_{j \in A}\left|a_{j}\right|^{2}\right)^{1 / 2}+I_{n}(\sigma)\right] \\
& =4 C \sup _{k}\left\|f_{k}\right\|_{2}\left[\left(\sum_{k=1}^{\infty}\left|a_{n_{k}}\right|^{2}\right)^{1 / 2}+I_{n}(\sigma)\right] \\
& \leq 4 C \sup _{k}\left\|f_{k}\right\|_{2}\left[n^{1 / 2}+C_{c, r, \beta}(n+1)^{\frac{r \alpha+1}{2}}\right]
\end{aligned}
$$

the constant $C$ (which was not determined in $[\mathrm{MPi}]$ ) is independent of the specific sequence $\left\{a_{j}\right\}$. Dividing the inequality by $n$, we obtain the assertion of the theorem, since $(r \alpha+1) / 2=1-\beta>1 / 2$.

Remarks. (1) The additional condition $\inf _{n} \int\left|f_{n}\right| d \mu>0$ in the statement of Corollary 1.1.2 of [MPi] is not needed for the proof of (1.15) there (see [MPi, p. 51]).
(2) The theorem applies to sequences $\left\{\left[k^{r}\right]: k \geq 1\right\}$ with $r \geq 1$.
(3) The sequence $\left\{n_{k}\right\}$ need not be monotone, but its terms must be distinct (in addition to the growth condition), to make it an enumeration of the set of characters $A$; hence the proof of Theorem 11 does not apply to the sequence $\{[\sqrt{k}]\}$.

Theorem 12. Let $(\Omega, \mu)$ be a probability space, and let $\left\{f_{n}\right\} \subset L_{2}(\mu)$ be independent with $\int f_{n} d \mu=0$ and $\sup _{n}\left\|f_{n}\right\|_{2}<\infty$. Let $\left\{n_{k}\right\}$ be a strictly increasing sequence with $n_{k} \leq c k^{r}$ for some $r \geq 1$. Then for a.e. $x$, the
series $\sum_{k=1}^{\infty} \frac{f_{k}(x)}{k^{1-\delta}} \lambda^{n_{k}}$ converges uniformly in $\lambda$, for any $0 \leq \delta<1 / 2$. For $0 \leq \delta<1 / 4$, we even have

$$
\sup _{n>0} \max _{|\lambda|=1}\left|\sum_{k=1}^{n} \frac{f_{k}(x)}{k^{1-\delta}} \lambda^{n_{k}}\right| \in L_{2}(\mu)
$$

Proof. Fix $r \geq 1$ and $0 \leq \delta<1 / 4$. Taking $\beta$ with $2 \delta<\beta<1 / 2$, Theorem 11 yields that ( 7 ) is satisfied by $\left\{n_{k}\right\}$ with $p=2$, so Corollary 6 yields the claimed result for the maximal function, and also the required a.e. convergence for $\delta<1 / 4$.

An appropriate use of $[\mathrm{MPi}]$ will yield the a.e. uniform convergence for $\delta$ in the larger interval $[0,1 / 2$ ) (without using Theorem 11). As in the proof of Theorem 11, take $G$ the unit circle, $A:=\left\{n_{k}\right\}$, and $\xi_{n_{k}}=f_{k}$. Fix $0<\delta<1 / 2$, and put $\alpha=(1-2 \delta) / 2 r$, so $0<\alpha<1 / 2$. Define $a_{n_{k}}=\frac{1}{k^{1-\delta}}$ (and $a_{j}=0$ for $j \notin A$ ), and consider the corresponding metric $d\left(t_{1}, t_{2}\right)=\sigma\left(t_{1}-t_{2}\right)$ (which is uniformly convergent), where

$$
\begin{aligned}
\sigma(t) & :=\left(\sum_{j \in A}\left|a_{j}\right|^{2}\left|1-e^{i j t}\right|^{2}\right)^{1 / 2}=2\left(\sum_{k=1}^{\infty} \frac{\sin ^{2} \frac{n_{k} t}{2}}{k^{2-2 \delta}}\right)^{1 / 2} \\
& \leq 2\left(\sum_{k=1}^{\infty} \frac{c^{\alpha} k^{r \alpha}|t|^{\alpha}}{2^{\alpha} k^{2-2 \delta}}\right)^{1 / 2} \leq 2^{1-\alpha / 2} c^{\alpha / 2}|t|^{\alpha / 2} \frac{\sqrt{\gamma}}{\sqrt{\gamma-1}}
\end{aligned}
$$

with $\gamma:=2-2 \delta-r \alpha=3 / 2-\delta>1$.
Estimations of $m_{\sigma}$ and $\bar{\sigma}$ as in the previous proof show that $I(\sigma)<\infty$; now by Corollary 1.2 in [ MPi , p. 10] for a.e. $x$ the series $\sum_{k=1}^{\infty} \frac{f_{k}(x)}{k^{1-\delta}} \lambda^{n_{k}}$ converges uniformly in $\lambda$. Note that the condition $\inf _{n} \int\left|f_{n}\right| d \mu>0$ is not needed for the convergence [MPi, p. 51].

Remarks. (1) Since Theorem 8 and [As-4, Theorem 9] require an operator (also in their proofs), they cannot be used to prove Theorem 12 in the case $n_{k}=k$.
(2) Let $n_{k}=k$. For $\left\{f_{n}\right\}$ independent identically distributed random variables with mean 0 and finite variance, Theorem 10 (see also [As-4]) shows that (7) is satisfied with $\beta=1 / 4$, and Theorem 11 yields ( 7 ) with any $\beta<1 / 2$. The result of [AsN] (with $p=2$ and $T$ induced by the shift of the i.i.d. sequence) cannot be applied in this case, since $\beta<1 / p$.
(3) We mention that for $\left\{f_{n}\right\}$ i.i.d., Cuzick and Lai [CuLa, Theorem 2(iv)] proved that if $E\left(f_{1}\right)=0$ and $E\left(\left|f_{1}\right| \log ^{+}\left|f_{1}\right|\right)<\infty$, then we have uniform convergence of $\sum_{k=1}^{\infty} \frac{f_{k}(x)}{k} \lambda^{k}$ for a.e. $x$. Furthermore, if $f_{1} \in L_{p}, 1<p<2$, then for any $\gamma>1 / p$ the series $\sum_{k=1}^{\infty} \frac{f_{k}(x)}{k^{\gamma}} \lambda^{k}$ converges uniformly for a.e. $x$.

## 7. Convergence with random modulating sequences

In this section we show that random bounded sequences (realizations of certain independent uniformly bounded random variables) are almost surely universally good-they satisfy the assumptions of Section 3-and yield a.e. convergence of the modulated one-sided ergodic Hilbert transform for all DunfordSchwartz operators and $L_{p}$ functions.

THEOREM 13. Let $\left\{n_{k}\right\}$ be a strictly increasing sequence of positive integers with $n_{k} \leq c k^{r}$ for some $r \geq 1$, let $(Y, m)$ be a probability space, and let $\left\{g_{n}\right\} \subset L_{\infty}(Y, m)$ be independent with $\int g_{n} d m=0$ and $\sup _{n}\left\|g_{n}\right\|_{\infty}<\infty$. Then for a.e. $y \in Y$ the sequence $b_{k}:=g_{k}(y)$ has the property that for any contraction $T$ in $L_{2}(\Omega, \mu)$ and $f \in L_{2}(\mu)$, the series $\sum_{k=1}^{\infty} \frac{b_{k} T^{n_{k}} f}{k^{\gamma}}$ converges $\mu$-a.e. for $\gamma>3 / 4$, with $\sup _{n>0}\left|\sum_{k=1}^{n} \frac{b_{k} T^{n_{k}} f}{k^{\gamma}}\right| \in L_{2}(\mu)$. For $\gamma>1 / 2$ the series converges in $L_{2}(\mu)$-norm.

Proof. By Theorem 12 (applied to $\left\{g_{n}\right\}$ ) we have that for a.e. $y \in Y$, the bounded sequence $b_{k}=g_{k}(y)$ satisfies $\sup _{n} \max _{|\lambda|=1}\left|\sum_{k=1}^{n} \frac{b_{k}}{k^{1-\beta}} \lambda^{n_{k}}\right|<\infty$ for any $0<\beta<1 / 2$. By a variant of Kronecker's lemma, we obtain $\sup _{n} \sup _{|\lambda|=1}$ $\left|\frac{1}{n^{1-\beta}} \sum_{k=1}^{n} b_{k} \lambda^{n_{k}}\right|<\infty$ for any $\beta<1 / 2$. For $\gamma>3 / 4$, Proposition 2(i) now yields that for $T$ and $f$ as in the assertion, the series $\sum_{k=1}^{\infty} \frac{b_{k} T^{n} k f}{k^{\gamma}}$. converges a.e., with $\sup _{n>0}\left|\sum_{k=1}^{n} \frac{b_{k} T^{n_{k}} f}{k^{\gamma}}\right| \in L_{2}(\mu)$. The norm convergence of the series for $\gamma>1 / 2$ also follows from Proposition 2.

Remarks. (1) In fact, by Proposition 3, for $\gamma>1 / 2$ the series $\sum_{k=1}^{\infty} \frac{b_{k} T^{n} k}{k^{\gamma}}$ in Theorem 13 converges in operator norm, and this convergence is uniform in all $L_{2}$-contractions.
(2) Theorem 7 has more general assumptions, but using Fubini's theorem (as in Corollary 5), the null set outside which we get the "good modulating sequence" $\left\{g_{k}(y)\right\}$ depends on $T$ and $f$. In Theorem 13 we obtain a universally good modulating sequence, but the rate is not as good as in Theorem 7.

Example 6. Let $\left\{\phi_{n}\right\}$ be the Rademacher sequence on $[0,1]$. It corresponds to i.i.d. with values 1 or -1 with probability $1 / 2$. By Theorem 13 , for a.e. $y \in[0,1]$ the sequence of signs $\epsilon_{n}:=\phi_{n}(y)$ is universally good: for every $\gamma>3 / 4$, any contraction $T$ on $L_{2}(\mu)$ and $f \in L_{2}(\mu)$, the series $\sum_{k=1}^{\infty} \frac{\epsilon_{k} T^{k} f}{k \gamma}$ converges a.e. This result is Remark 12 and (part of) Theorem 23 of [R]. A concrete example of a universally good $\left\{\epsilon_{n}\right\}$ is provided by the Rudin-Shapiro sequence.

Remarks. (1) Using different methods, Boukhari and Weber [BoWe] have obtained that if $\left\{g_{n}\right\}$ are symmetric i.i.d. with second moment (not necessarily bounded) and $n_{k}=k$, also the a.e. convergence assertion of Theorem 13 holds for $\gamma>1 / 2$. This improves the result of Example 6. This improvement is due to the use in $[\mathrm{BoWe}]$ of all the information (identical distribution, symmetry), while our proof relies on the very general results of Theorem 1 (through Corollary 2); in $L_{2}$, the interval of $\delta$ obtained in Theorem 1 for a.e. convergence is $[0, \beta / 2)$, while for norm convergence it is $[0, \beta)$. On the other hand, Theorem 13 applies in cases where the distributions are not the same.
(2) In Example 6, for any given $\left\{n_{k}\right\}$ with $n_{k} \leq c k^{r}$ (e.g., $n_{k}=k^{2}$ ), a.e. random sequence of signs $\left\{\epsilon_{n}\right\}$ yields a.e. convergence of $\sum_{k=1}^{\infty} \frac{\epsilon_{k} T^{n_{k}} f}{k^{\gamma}}$ for $\gamma>3 / 4$.

THEOREM 14. Let $\left\{n_{k}\right\}$ be a strictly increasing sequence of positive integers with $n_{k} \leq c k^{r}$ for some $r \geq 1$, let $(Y, m)$ be a probability space, and let $\left\{g_{n}\right\} \subset L_{\infty}(Y, m)$ be independent with $\int g_{n} d m=0$ and $\sup _{n}\left\|g_{n}\right\|_{\infty}<\infty$. Then for a.e. $y \in Y$ the sequence $b_{k}:=g_{k}(y)$ has the following property:

For every Dunford-Schwartz operator $T$ on $L_{1}(\Omega, \mu)$ of a probability space and $f \in L_{p}(\mu), 1<p<\infty$, the series $\sum_{k=1}^{\infty} \frac{b_{k} T^{n_{k}} f}{k^{\gamma}}$ converges a.e. for $\gamma \in$ $\left(\max \left\{\frac{3}{4}, \frac{p+1}{2 p}\right\}, 1\right]$, with $\sup _{n>0}\left|\sum_{k=1}^{n} \frac{b_{k} T^{n} k f}{k^{\gamma}}\right| \in L_{p}(\mu)$ when $p \leq 2$.

Proof. It was noted in the proof of Theorem 13 that $\left\{b_{k}\right\}$ satisfies (3) for any $\beta<1 / 2$. Thus for $f \in L_{p}(\mu)$ with $1<p \leq 2$ and $\gamma>\frac{p+1}{2 p}$, take $\beta<1 / 2$ such that $\gamma>1-\frac{p-1}{p} \beta$, and apply Proposition 2(ii), which yields the a.e. convergence of $\sum_{k=1}^{\infty} \frac{b_{k} T^{n_{k}} f}{k^{\gamma}}$, and also that $\sup _{n>0}\left|\sum_{k=1}^{n} \frac{b_{k} T^{n_{k}} f}{k^{\gamma}}\right| \in L_{p}$. For $p>2$ we have $f \in L_{2}$ since $\mu$ is a probability.

Theorem 15. Let $(Y, m)$ be a probability space, and let $\left\{g_{n}\right\} \subset L_{\infty}(Y, m)$ be independent with $\int g_{n} d m=0$ and $\sup _{n}\left\|g_{n}\right\|_{\infty}<\infty$. Then for a.e. $y \in Y$ the sequence $b_{k}:=g_{k}(y)$ has the following properties:
(i) For every Dunford-Schwartz operator on $L_{1}(\Omega, \mu)$ and $f \in L_{1}(\mu)$ we have

$$
\begin{equation*}
\lim _{n \rightarrow \infty} \frac{1}{n} \sum_{k=1}^{n} b_{k} T^{k} f=0 \tag{8}
\end{equation*}
$$

$\mu$-almost everywhere, and in $L_{1}(\mu)$-norm when $\mu$ is finite.
(ii) For every Dunford-Schwartz operator $T$ on $L_{1}(\Omega, \mu)$ of a probability space and $f \in L_{p}(\mu), 1<p<\infty$, the series $\sum_{k=1}^{\infty} \frac{b_{k} T^{k} f}{k^{\gamma}}$ converges a.e. for $\gamma \in\left(\max \left\{\frac{3}{4}, \frac{p+1}{2 p}\right\}, 1\right]$, with $\sup _{n>0}\left|\sum_{k=1}^{n} \frac{b_{k} T^{k} f}{k^{\gamma}}\right| \in L_{p}(\mu)$ when $p \leq 2$.
(iii) For every contraction $T$ on $L_{1}(\Omega, \mu)$ with mean ergodic modulus and $f \in L_{1}(\mu)$, (8) holds $\mu$ a.e. and in $L_{1}(\mu)$-norm.
(iv) For every positively dominated contraction of $L_{p}(\Omega, \mu), 1<p<\infty$, and $f \in L_{p}(\mu)$, (8) holds $\mu$ a.e. and in $L_{p}(\mu)$-norm.

Proof. (i) Theorem 13 (for $n_{k}=k$ ) and Kronecker's lemma yield the convergence for $f \in L_{2}(\mu)$. The a.e. convergence now follows from the Banach principle (see proof of Proposition 2(iii)).
(ii) Apply Theorem 14 to $n_{k}=k$. For $f \in L_{p}$ this also yields a rate in (8).
(iii) and (iv) follow from (i), by [ÇLO], Theorems 2.3 and 2.4 , respectively.

Remarks. (1) The remark following Proposition 3 yields that for fixed $1<p<2$ and $\gamma>1 / p$, the series $\sum_{k=1}^{\infty} \frac{b_{k} T^{k}}{k^{\gamma}}$ in Theorem 15(ii) converges in the $L_{p}$-operator norm, and this convergence is uniform in all DunfordSchwartz contractions.
(2) When the independent sequence $\left\{g_{k}\right\}$ is identically distributed, Theorem 15(i) follows from the "return times theorem" (see [ÇLO] for the passage from $T$ induced by a probability preserving transformation to a general Dunford-Schwartz operator). If the i.i.d. $\left\{g_{k}\right\}$ are symmetric, one can also use the result of [As-3].
(3) Theorem 15 (i) can be proved independently of [MPi], since the precise rates of convergence are not needed: in the proof of Theorem 13, we can use Theorem 10 and Corollary 6, instead of Theorem 12, to obtain the convergence of the series $\sum_{k=1}^{\infty} \frac{b_{k} T^{k} f}{k^{\gamma}}$ for some $\gamma<1$.
(4) For the special case of $\left\{g_{n}\right\}$ the Rademacher functions, part (i) of Theorem 15 is Corollary 24 of $[\mathrm{R}]$, and part (ii) is in Theorems 18 and 25 of [R]. Theorem 14 provides a more general result.

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