# CONVERGENCE TO EQUILIBRIUM OF CONSERVATIVE PARTICLE SYSTEMS ON $\mathbb{Z}^{d}$ 

By C. Landim ${ }^{1}$ and H. T. YaU ${ }^{2}$<br>IMPA and CNRS-Rouen and New York University


#### Abstract

We consider the Ginzburg-Landau process on the lattice $\mathbb{Z}^{d}$ whose potential is a bounded perturbation of the Gaussian potential. We prove that the decay rate to equilibrium in the variance sense is $t^{-d / 2}$ up to a logarithmic correction, for any function $u$ with finite triple norm; that is, $\|u\|\left\|=\sum_{x \in \mathbb{Z}^{d}}\right\| \partial_{\eta_{x}} u \|_{\infty}<\infty$.


1. Introduction. The rate of convergence to equilibrium is one of the main problems in the theory of Markov processes. It has recently attracted the attention of many authors in the context of symmetric conservative particle systems in finite and infinite volume $[1,2,6,7,5]$. In finite volume, the techniques used to obtain the rate of convergence to equilibrium rely mostly on the estimation of the spectral gap of the generator. In general, one shows that the generator of the particle system restricted to a cube of length $N$ has a gap of order $N^{-2}$ in any dimension. This estimate, together with standard spectral arguments, permits us to prove that the particle system restricted to a cube of size $N$ decays to equilibrium in the variance sense at the exponential rate $\exp \left\{-c t / N^{2}\right\}$, that is, for any function $f$ in $L^{2}$,

$$
\left\|P_{t} f-E_{\pi}[f]\right\|_{2}^{2} \leq \exp \left\{-c t / N^{2}\right\}\left\|f-E_{\pi}[f]\right\|_{2}^{2},
$$

where $\left\{P_{t}, t \geq 0\right\}$ stands for the semigroup of the process, $\pi$ for the invariant measure, $E_{\pi}[f]$ for the expectation of $f$ with respect to $\pi$ and $\|\cdot\|_{2}$ for the $L^{2}$-norm with respect to $\pi$.

In infinite volume, since the spectrum of the generator of a conservative system has no gap at the origin, instead of exponential convergence to equilibrium, one expects a polynomial convergence. By analogy with the noninteracting case and the heat equation in $\mathbb{R}^{d}$, which appears in the diffusive scaling limit of these models, one expects an algebraic decay to equilibrium for such models on $\mathbb{Z}^{d}$ at rate $O\left(t^{-d / 2}\right)$.

The traditional approach for algebraic decay to equilibrium is via Nash estimates [4]. The Nash inequality states that there exists a finite constant $C_{0}$ such that

$$
\begin{equation*}
\|f\|_{2}^{2} \leq C D(f)^{1 / p}\|f\|^{2 / q} \tag{1.1}
\end{equation*}
$$

[^0]for all mean-zero functions $f$ in $L^{2}$. Here, $p, q$ are conjugate real numbers $[(1 / p)+(1 / q)=1], D(f)$ is the Dirichlet form given by $D(f)=\langle(-L) f, f\rangle$, where $L$ is the generator of the process, and $\|\|\cdot\|\|$ is an ad hoc norm.

The Nash inequality holds if the generator $L$ has a positive spectral gap. In this case the $L^{2}$-norm may be taken as the triple norm $\|\|\cdot\|$ because $\| f \|_{2}^{2} \leq C D(f)$ for all mean-zero functions $f$.

A simple differential argument (cf. [10, 6]) permits deducing from the Nash inequality an algebraic decay to equilibrium in the variance sense at rate $t^{-1 /(p-1)}$ provided the semigroup is a bounded operator with respect to the norm $\|\|\cdot\|$,

$$
\begin{equation*}
\left\|P_{t} f\right\| \leq C_{1}\| \| f \| \tag{1.2}
\end{equation*}
$$

for some finite constant $C_{1}$ and all $t \geq 0$. More precisely, under assumptions (1.1) and (1.2), it is straightforward to show that there exists a finite constant $C$ such that

$$
\left\|P_{t} f\right\|_{2}^{2} \leq C \frac{\|f\|^{2}}{(1+t)^{1 /(p-1)}}
$$

for all mean-zero functions $f$ with finite triple norm and all $t \geq 0$.
In the context of conservative interacting particle systems, Bertini and Zegarlinski [2] proved a Nash estimate for the speed change exclusion process with triple norm given by

$$
\|f\|\left\|=\sum_{x \in \mathbb{Z}^{d}}\right\| \partial_{\eta_{x}} f \|_{\infty}
$$

where $\partial_{\eta_{x}} f$ measures the dependence of the function $f$ on the site $x$,

$$
\left(\partial_{\eta_{x}} f\right)(\eta)=f\left(\sigma^{x} \eta\right)-f(\eta)
$$

Here $\sigma^{x}$ is the operator that flips the spin at $x$. This model, however, is very special and the invariant measures are of product form (in other words, the infinite temperature case of lattice gases). Janvresse, Landim, Quastel and Yau [6] presented a very simple proof of the Nash inequality for a wide range of models including the lattice gases at high temperature. Furthermore, the triple norm used in [6] is weaker than the one used by [1] (and hence the result is stronger even for the simple exclusion process). Explicitly, the triple norm used in [6] for the case of the simple exclusion process is

$$
\|f\|=\sum_{x \in \mathbb{Z}^{d}}\left\|\partial_{\eta_{x}} f\right\|_{2}
$$

Unfortunately, it seems to be a very difficult problem to show that the semigroup is a bounded operator for these triple norms. This has only been proved for the symmetric simple exclusion process. The classical approach is thus not very useful for conservative reversible dynamics and one needs to develop new ideas. Because this method is not appropriate, in [6], through ideas closely related to equilibrium
fluctuations in the hydrodynamic limit theory, the authors prove that for every local function $f$ in the symmetric zero-range model,

$$
\left\|P_{t} f-\langle f\rangle\right\|_{2}^{2}=\frac{C(f)}{t^{d / 2}}+o\left(1 / t^{d / 2}\right)
$$

where $C(f)$ is a constant explicitly computable.
More recently, under some strong mixing assumptions, [3] proved the existence, for any $\varepsilon>0$ and local function $f$, of a finite constant $C_{f, \varepsilon}$ such that

$$
\left\|P_{t}^{\tau, \Lambda, N} f-\langle f\rangle_{\tau, \Lambda, N}\right\|_{2}^{2} \leq C_{f, \varepsilon} \frac{1}{t^{\alpha-\varepsilon}}
$$

where $P_{t}^{\tau, \Lambda, N}$ is the semigroup of the Kawasaki dynamics on a cube $\Lambda$ with boundary condition $\tau$ and $0 \leq N \leq|\Lambda|$ particles, while $\alpha=1 / 2$ in $d=1$ and $\alpha=1$ in $d \geq 2$.
2. Notation and results. Denote by $\mathbb{Z}^{d}$ the $d$-dimensional lattice. For each $x$ in $\mathbb{Z}^{d}$, let $\eta_{x}$ be the charge at site $x$. The charges $\eta=\left\{\eta_{x}, x \in \mathbb{Z}^{d}\right\}$ undergo a diffusion whose infinitesimal generator $\mathcal{L}$ is given by

$$
\mathcal{L}=\frac{1}{2} \sum_{\substack{x, y \in \mathbb{Z}^{d} \\|x-y|=1}}\left(\partial_{\eta_{x}}-\partial_{\eta_{y}}\right)^{2}-\frac{1}{2} \sum_{\substack{x, y \in \mathbb{Z}^{d} \\|x-y|=1}}\left(V^{\prime}\left(\eta_{y}\right)-V^{\prime}\left(\eta_{x}\right)\right)\left(\partial_{\eta_{y}}-\partial_{\eta_{x}}\right),
$$

where $V: \mathbb{R} \rightarrow \mathbb{R}$ is some potential. We shall assume that:
(H1) $\left\|V^{\prime \prime}\right\|_{\infty}<\infty,\left[V^{\prime}(a)\right]^{2} \leq C_{0}\left(1+a^{2}\right)$ for some finite constant $C_{0}$.
(H2) $\quad V(a)=(1 / 2) a^{2}+F(a)$ where $F: \mathbb{R} \rightarrow \mathbb{R}$ is a smooth function such that $\|F\|_{\infty}<\infty,\left\|F^{\prime}\right\|_{\infty}<\infty$.

We make some comments on these assumptions at the end of this section. Denote by $Z: \mathbb{R} \rightarrow \mathbb{R}$ the partition function

$$
\begin{equation*}
Z(\lambda)=\int_{-\infty}^{\infty} e^{\lambda a-V(a)} d a \tag{2.1}
\end{equation*}
$$

by $R: \mathbb{R} \rightarrow \mathbb{R}$ the density function $\partial_{\lambda} \log Z(\lambda)$, which is smooth and strictly increasing, and by $\Phi$ the inverse of $R$ so that

$$
\alpha=\frac{1}{Z(\Phi(\alpha))} \int_{-\infty}^{\infty} a e^{\Phi(\alpha) a-V(a)} d a
$$

for each $\alpha$ in $\mathbb{R}$.
For $\lambda$ in $\mathbb{R}$, denote by $\bar{v}_{\lambda}$ the product measure on $\mathbb{R}^{\mathbb{Z}^{d}}$ defined by

$$
\bar{v}_{\lambda}(d \eta)=\prod_{x \in \mathbb{Z}^{d}} \frac{1}{Z(\lambda)} e^{\lambda \eta_{x}-V\left(\eta_{x}\right)} d \eta_{x}
$$

let $v_{\alpha}=\bar{v}_{\Phi(\alpha)}$ and notice that $E_{v_{\alpha}}\left[\eta_{0}\right]=\alpha$ for all $\alpha$ in $\mathbb{R}$. An elementary computation shows that the product measures $\left\{v_{\alpha}, \alpha \in \mathbb{R}\right\}$ are reversible for the Markov process with generator $\mathcal{L}$.

Define the triple norm $\|u\| \|$ of a local smooth function $u$ by

$$
\|u\|=\sum_{x \in \mathbb{Z}^{d}}\left\|\frac{\partial u}{\partial \eta_{x}}\right\|_{\infty}
$$

Denote by $\langle u ; u\rangle_{\alpha}$ the variance of a local function $u$ with respect to the measure $\nu_{\alpha}$. We claim that

$$
\begin{equation*}
\langle u ; u\rangle_{\alpha} \leq C_{0} \sum_{j \geq 1} E_{v_{\alpha}}\left[\left(\frac{\partial u}{\partial \eta_{x_{j}}}\right)^{2}\right] \tag{2.2}
\end{equation*}
$$

for some finite constant $C_{0}$. Indeed, let $\left\{x_{j}, j \geq 1\right\}$ be an enumeration of $\mathbb{Z}^{d}$. For $j \geq 1$, denote by $\mathcal{F}_{j}$ the $\sigma$-algebra generated by $\left\{\eta_{x_{i}}, 1 \leq i \leq j\right\}$ and by $u_{j}$ the martingale $u_{j}=E_{v_{\alpha}}\left[u \mid \mathcal{F}_{j}\right]$. By convention, $u_{0}=E_{v_{\alpha}}[u]$. With this notation we have that

$$
\begin{equation*}
\langle u ; u\rangle_{\alpha}=\sum_{j \geq 0} E_{v_{\alpha}}\left[\left(u_{j}-u_{j+1}\right)^{2}\right] \tag{2.3}
\end{equation*}
$$

Fix $j \geq 0$. Since $E_{v_{\alpha}}\left[\left(u_{j}-u_{j+1}\right)^{2}\right]=E_{v_{\alpha}}\left[E_{v_{\alpha}}\left[\left(u_{j}-u_{j+1}\right)^{2} \mid \mathcal{F}_{j}\right]\right]$, we will examine the latter conditional expectation, which is such that

$$
E_{v_{\alpha}}\left[\left(u_{j}-u_{j+1}\right)^{2} \mid \mathcal{F}_{j}\right]=E_{v_{\alpha}}^{\eta_{x_{j+1}}}\left[\left\{u_{j+1}-u_{j}\right\}^{2}\right]
$$

The notation $E_{v_{\alpha}}^{\eta_{x_{j+1}}}$ means that the variables $\left\{\eta_{x_{1}}, \ldots, \eta_{x_{j}}\right\}$ are considered as constants and are not integrated. The previous expectation concerns therefore the variable $\eta_{x_{j+1}}$ only. We have thus the variance of the function $u_{j+1}$ of one variable. By the spectral gap for the Glauber dynamics, there exists a finite constant $C_{0}$ such that the previous expression is bounded by

$$
C_{0} E_{v_{\alpha}}^{\eta_{x_{j+1}}}\left[\left(\frac{\partial u_{j+1}}{\partial \eta_{x_{j+1}}}\right)^{2}\right]=C_{0} E_{v_{\alpha}}^{\eta_{x_{j+1}}}\left[\left(E_{v_{\alpha}}\left[\left.\frac{\partial u}{\partial \eta_{x_{j+1}}} \right\rvert\, \mathcal{F}_{j+1}\right]\right)^{2}\right]
$$

because $\partial_{\eta_{x_{j+1}}} u_{j+1}=E_{\nu_{\alpha}}\left[\partial_{\eta_{x_{j+1}}} u \mid \mathcal{F}_{j+1}\right]$. In particular, by the Schwarz inequality,

$$
E_{v_{\alpha}}\left[\left(u_{j}-u_{j+1}\right)^{2} \mid \mathcal{F}_{j}\right] \leq C_{0} E_{v_{\alpha}}\left[\left.\left(\frac{\partial u}{\partial \eta_{x_{j+1}}}\right)^{2} \right\rvert\, \mathcal{F}_{j}\right]
$$

In view of this estimate and of (2.3),

$$
\langle u ; u\rangle_{\alpha} \leq C_{0} \sum_{j \geq 1} E_{\nu_{\alpha}}\left[\left(\frac{\partial u}{\partial \eta_{x_{j}}}\right)^{2}\right]
$$

which proves the claim. In particular, by definition of the triple norm,

$$
\begin{equation*}
\langle u ; u\rangle_{\alpha} \leq C_{0}\|u\|^{2} . \tag{2.4}
\end{equation*}
$$

Denote by $P_{t}$ the semigroup associated to the generator $\mathcal{L}$ in $L^{2}\left(v_{\alpha}\right)$ and by $\operatorname{Var}(v, u)$ the variance, with respect to a probability measure $v$, of a function $u$ in $L^{2}(v)$. The main theorem of this article states that the process relaxes to equilibrium in $L^{2}\left(v_{\alpha}\right)$ at rate $t^{-d / 2}$ with some logarithmic corrections.

THEOREM 2.1. There exists a constant $C$ depending only on $d, \alpha$ and the potential $V$ such that for every $L^{2}\left(v_{\alpha}\right)$ function $u$ with finite triple norm,

$$
\operatorname{Var}\left(v_{\alpha},\left[P_{t} u\right]\right) \leq \frac{C\|u\|^{2}(\log \{2+t\})^{5}}{(1+t)^{d / 2}}
$$

for all $t \geq 0$.
We conclude this section with some observations concerning the assumptions, the result and the approach.

REMARK 2.2. The logarithmic correction which appears in the statement of the theorem is spurious and comes from the method. It is probably possible to improve the exponent 5 .

The proof of this theorem relies on a sharp estimate for the spectral gap of the generator restricted to finite cubes. In the context of the present article this result has been proved by [8] under assumptions ( H 2 ) using the martingale method introduced by [12]. It is only for this reason that we impose (H2). On the other hand, for technical reasons, we are led to show in the proof that the GinzburgLandau process starting from a Dirac measure in finite time reaches a finite entropy state (relative to some invariant measure). To prove such a result, which has been considered before in [11], we need assumptions (H1). Both assumptions can certainly be weakened.

In this article we have made some arbitrary choices to present the simplest proof of Theorem 2.1. We present here alternative approaches and indicate the modifications needed.

We first reduce the proof to a finite volume situation (i.e., to a case where the diffusion occurs in a cube with periodic boundary conditions). We could have kept to the lattice $\mathbb{Z}^{d}$. In this case we would have to estimate the global entropy with respect to $\nu_{\alpha}$ at time $t$ of the a process that starts from a Dirac measure. In order to avoid this estimate, we preferred to use the known fact that the lattice dynamics can be approximated by the finite volume one to reduce the original decay problem to the finite volume setting. The problem is to show that all estimates depend on the functions only through their triple norm.

The second idea is to introduce a small nonconservative Glauber dynamics. The reason for this is because our proof requires some sharp estimates on covariance terms. These estimates are obtained through the multiscale analysis and the large deviation techniques developed in $[12,13]$ to prove a logarithmic Sobolev inequality for conservative dynamics. In Sections 4 and 5 we prove such estimates with respect to the grand canonical measure $v_{\alpha}$. It is the presence of the Glauber dynamics, which drives a process starting from a Dirac measure to a grand canonical measure in finite time, that makes these estimates with respect to $v_{\alpha}$ enough for our needs. Without the Glauber dynamics, the measure $\nu_{\Lambda_{L}, \mathbf{M}_{q}} P_{t}^{\Lambda_{L}}$ of the next section would be singular with respect to $\nu_{\alpha}$, so that we would have to compare $\nu_{\Lambda_{L}, \mathbf{M}_{q}} P_{t}^{\Lambda_{L}}$ with a canonical measure. This forces us to prove the inequalities presented in Sections 4 and 5 for canonical instead of grand canonical measures.
3. Decay to equilibrium. Fix an integer $L \geq 1$ and denote by $\Lambda_{L}$ the cube $\{-L, \ldots, L\}^{d}$. We shall consider the process $\eta(t)$ as evolving on $\Lambda_{L}$ with periodic boundary conditions. We will prove Theorem 2.1 in this context with all estimates being uniform over $L$. This uniformity will permit extending the result to the lattice $\mathbb{Z}^{d}$.

For $L \geq 1$ fixed, consider the diffusion process $\left\{\eta_{x}(t), x \in \Lambda_{L}\right\}$ with generator $\mathcal{L}_{\Lambda_{L}}$ given by

$$
\mathcal{L}_{\Lambda_{L}}=\frac{1}{2} \sum_{\substack{x, y \in \Lambda_{L} \\|x-y|=1}}\left(\partial_{\eta_{x}}-\partial_{\eta_{y}}\right)^{2}-\frac{1}{2} \sum_{\substack{x, y \in \Lambda_{L} \\|x-y|=1}}\left(V^{\prime}\left(\eta_{y}\right)-V^{\prime}\left(\eta_{x}\right)\right)\left(\partial_{\eta_{y}}-\partial_{\eta_{x}}\right) .
$$

In this formula, summation is performed modulo $\Lambda_{L}$. Denote by $P_{t}^{\Lambda_{L}}$ the semigroup associated to this generator and by $v_{\alpha}^{\Lambda_{L}}$ the product measure on $\mathbb{R}^{\Lambda_{L}}$ with marginals equal to the marginals of $\nu_{\alpha}$. Most of the time we will omit the superscript $\Lambda_{L}$ of $P_{t}^{\Lambda_{L}}, v_{\alpha}^{\Lambda_{L}}$.

Fix $\alpha$ in $\mathbb{R}$ and a local function $u$ in $L^{2}\left(v_{\alpha}^{\Lambda_{L}}\right)$ with finite triple norm. Assume without loss of generality that $u$ has mean zero with respect to $v_{\alpha}: E_{\nu_{\alpha}}[u]=0$. We claim that there exists a constant $C$, independent of $L$, such that

$$
\begin{equation*}
\operatorname{Var}\left(v_{\alpha},\left[P_{t}^{\Lambda_{L}} u\right]\right) \leq \frac{C\|u\|^{2}(\log \{2+t\})^{5}}{(1+t)^{d / 2}} \tag{3.1}
\end{equation*}
$$

for all $t \geq 0$. Theorem 2.1 is a simple consequence of this result.
Proof of Theorem 2.1. Fix a mean-zero function $u$ in $L^{2}\left(v_{\alpha}\right)$ with finite triple norm. For $k \geq 1$, denote by $\mathcal{g}_{k}$ the $\sigma$-algebra generated by $\left\{\eta_{x}, x \in \Lambda_{k}\right\}$. Let $u_{k}=E\left[u \mid \mathcal{g}_{k}\right]$. By the Schwarz inequality,

$$
E_{v_{\alpha}}\left[\left(P_{t} u\right)^{2}\right] \leq 2 E_{v_{\alpha}}\left[\left(P_{t} u_{k}\right)^{2}\right]+2 E_{v_{\alpha}}\left[\left(P_{t} u-P_{t} u_{k}\right)^{2}\right] .
$$

Recall the definition of $P_{t}^{\Lambda_{L}}$. Since the infinite volume dynamics is approximated by the finite volume dynamics and since $\left\|u_{k}\right\|\|\leq\| u \|$, it follows from (3.1) that

$$
\begin{aligned}
E_{v_{\alpha}}\left[\left(P_{t} u_{k}\right)^{2}\right] & =\lim _{L \rightarrow \infty} E_{\nu_{\alpha}^{\Lambda_{L}}}\left[\left(P_{t}^{\Lambda_{L}} u_{k}\right)^{2}\right] \\
& \leq C_{0} \frac{(\log \{2+t\})^{5}}{(1+t)^{d / 2}}\left\|u_{k}\right\|^{2} \leq C_{0} \frac{(\log \{2+t\})^{5}}{(1+t)^{d / 2}}\|u\|^{2}
\end{aligned}
$$

Since this inequality holds for all $k$ and since $\lim _{k \rightarrow \infty}\left\langle\left(P_{t} u-P_{t} u_{k}\right)^{2}\right\rangle \leq$ $\lim _{k \rightarrow \infty}\left\langle\left(u-u_{k}\right)^{2}\right\rangle=0$ because $u$ belongs to $L^{2}\left(v_{\alpha}\right)$,

$$
\begin{aligned}
E_{\nu_{\alpha}}\left[\left(P_{t} u\right)^{2}\right] & \leq C_{0} \frac{(\log \{2+t\})^{5}}{(1+t)^{d / 2}}\|u\|^{2}+\lim _{k \rightarrow \infty} 2 E_{v_{\alpha}}\left[\left(P_{t} u-P_{t} u_{k}\right)^{2}\right] \\
& =C_{0} \frac{(\log \{2+t\})^{5}}{(1+t)^{d / 2}}\|u\|^{2}
\end{aligned}
$$

which proves Theorem 2.1.

We now turn to the proof of (3.1). To detach the main ideas, the argument is divided in several steps. We specify in each step the assumptions needed on the potential $V$. We have two possible choices right at the beginning, either to prove the multiscale estimates presented in Sections 4 and 5 for canonical measures or to introduce a small nonconservative Glauber dynamics in the model and prove the multiscale estimates for grand canonical measures. While the first approach can be considered more natural, the second one is certainly simpler because the multiscale estimates, as we will see, are the main technical difficulty of the article and are already quite subtle for grand canonical measures. We therefore adopted the second approach.

For $\varepsilon>0$, denote by $\mathscr{L}_{\Lambda_{L}}^{G, \varepsilon}$ the Glauber generator defined by

$$
\mathcal{L}_{\Lambda_{L}}^{G, \varepsilon}=\frac{\varepsilon}{2} \sum_{x \in \Lambda_{L}} \partial_{\eta_{x}}^{2}-\frac{\varepsilon}{2} \sum_{x \in \Lambda_{L}}\left[\Phi(\alpha)-V^{\prime}\left(\eta_{x}\right)\right] \partial_{\eta_{x}}
$$

Notice that from our choice of the drift term, $v_{\alpha}^{\Lambda_{L}}$ is the unique invariant measure for the diffusion process with generator $\mathcal{L}_{\Lambda_{L}}+\mathscr{L}_{\Lambda_{L}}^{G, \varepsilon}$. Denote by $\left\{P_{t}^{\varepsilon, \Lambda_{L}}, t \geq 0\right\}$ the semigroup associated to this latter generator.

We claim that (3.1) follows from the same estimate with $P_{t}^{\varepsilon, \Lambda_{L}}$ in place of $P_{t}^{\Lambda_{L}}$ if $\varepsilon$ is appropriately chosen. This statement, which will be made precise below, is a consequence of the following result which states that $P_{t}^{\varepsilon, \Lambda_{L}} u$ and $P_{t}^{\Lambda_{L}} u$ are not too far in the $L^{2}$ distance.

Lemma 3.1. Assume that the potential $V$ has a bounded second derivative $\left\|V^{\prime \prime}\right\|_{\infty}<\infty$. Fix $\varepsilon>0$ and a function $u$ in $L^{2}\left(v_{\alpha}^{\Lambda_{L}}\right)$ with finite triple norm. There
exists a constant $C_{0}$, depending only on the potential $V$ and the dimension $d$, such that

$$
\left\langle\left(P_{t}^{\varepsilon, \Lambda_{L}} u-P_{t}^{\Lambda_{L}} u\right)^{2}\right\rangle \leq C_{0}\|u\|^{2} \varepsilon t(1+t)
$$

for all $t \geq 0$. Here $\langle\cdot\rangle$ represents expectation with respect to $\nu_{\alpha}$.
Proof. Let $S(t)=S^{\varepsilon}(t)=\left\langle\left(P_{t}^{\varepsilon, \Lambda_{L}} u-P_{t}^{\Lambda_{L}} u\right)^{2}\right\rangle . S$ is a positive function that vanishes at time 0 . An elementary computation shows that $S^{\prime}$ is bounded above by

$$
2\left\langle P_{t}^{\varepsilon, \Lambda_{L}} u, \mathcal{L}_{\Lambda_{L}}^{G, \varepsilon} P_{t}^{\varepsilon, \Lambda_{L}} u\right\rangle-2\left\langle P_{t}^{\Lambda_{L}} u, \mathscr{L}_{\Lambda_{L}}^{G, \varepsilon} P_{t}^{\varepsilon, \Lambda_{L}} u\right\rangle
$$

where $\langle\cdot, \cdot\rangle$ stands for the inner product in $L^{2}\left(v_{\alpha}\right)$. Notice that the first term of this expression is negative. Schwarz inequality gives that the previous difference is bounded above by

$$
-\left\langle P_{t}^{\Lambda_{L}} u, \mathscr{L}_{\Lambda_{L}}^{G, \varepsilon} P_{t}^{\Lambda_{L}} u\right\rangle=\frac{\varepsilon}{2} \sum_{x \in \Lambda_{L}} E_{v_{\alpha}}\left[\left(\frac{\partial P_{t}^{\Lambda_{L}} u}{\partial \eta_{x}}\right)^{2}\right]
$$

Denote by $R(t)$ the sum on the right-hand side. By Lemma 3.7 below, $R(t) \leq$ $C_{0}(1+t)\|u\|^{2}$ for some finite constant $C_{0}$. Therefore,

$$
S^{\prime}(t) \leq C_{0} \varepsilon(1+t)\|u\|^{2}
$$

This concludes the proof of the lemma because $S(0)=0$.
Fix a time $T>0$, a mean-zero function $u$ in $L^{2}\left(v_{\alpha}\right)$ with finite triple norm and set $\varepsilon=(1+T)^{-2-(d / 2)}$. Assume that

$$
\begin{equation*}
\operatorname{Var}\left(v_{\alpha},\left[P_{T}^{\varepsilon, \Lambda_{L}} u\right]\right) \leq \frac{C\|u\|^{2}(\log \{2+T\})^{5}}{(1+T)^{d / 2}} \tag{3.2}
\end{equation*}
$$

for some constant $C$ depending only on the dimension $d$, on the potential $V$ and on the density $\alpha$. We claim that in this case (3.1) holds. Indeed, since $\left\langle\left[P_{T}^{\Lambda_{L}} u\right]^{2}\right\rangle$ is less than or equal to $2\left\langle\left[P_{T}^{\varepsilon, \Lambda_{L}} u\right]^{2}\right\rangle+2\left\langle\left[P_{T}^{\varepsilon, \Lambda_{L}} u-P_{T}^{\Lambda_{L}} u\right]^{2}\right\rangle$, by (3.2) and Lemma 3.1,

$$
\left\langle\left[P_{T}^{\Lambda_{L}} u\right]^{2}\right\rangle \leq \frac{C\|u\|^{2}(\log \{2+T\})^{5}}{(1+T)^{d / 2}}+C \varepsilon(1+T)^{2}\|u\|^{2}
$$

By definition of $\varepsilon$, the right-hand side is bounded by $C\|u\|^{2}(\log \{2+T\})^{5}$ $\times(1+T)^{-d / 2}$, proving (3.1). Therefore, to prove (3.1) and, in consequence, Theorem 2.1, we only have to check that (3.2) holds.

We now turn to the proof of (3.2). Fix a time $T \geq 1$, a mean-zero function $u$ in $L^{2}\left(v_{\alpha}\right)$ with finite triple norm and set $\varepsilon=(1+T)^{-2-(d / 2)}$. Denote by $\mathcal{L}_{\Lambda_{L}}^{\varepsilon}$ the generator $\mathcal{L}_{\Lambda_{L}}+\mathscr{L}_{\Lambda_{L}}^{G, \varepsilon}$,

$$
\mathscr{L}_{\Lambda_{L}}^{\varepsilon}=\mathscr{L}_{\Lambda_{L}}+\mathscr{L}_{\Lambda_{L}}^{G, \varepsilon}
$$

and recall that we denote by $P_{t}^{\varepsilon, \Lambda_{L}}$ the associated semigroup.
Set $u_{t}=P_{t}^{\varepsilon, \Lambda_{L}} u$ and notice that $u_{t}$ is the solution of the backward equation

$$
\begin{equation*}
\partial_{t} u_{t}=\mathcal{L}_{\Lambda_{L}}^{\varepsilon} u_{t}, \quad u_{0}=u \tag{3.3}
\end{equation*}
$$

Fix two constants $t_{0}>1$ and $b_{0}>2$. For $n \geq 1$, let $t_{n}=b_{0}^{n} t_{0}$. For $t_{0}<t \leq T$, denote by $n(t)$ the largest integer $n$ such that $t_{n} \leq t$. To keep notation simple we shall convey that $t_{n(t)+1}=t$. With this notation, we may write

$$
\begin{aligned}
(1+t & )^{(d+2) / 2}\left\langle u_{t}^{2}\right\rangle-\left(1+t_{0}\right)^{(d+2) / 2}\left\langle u_{t_{0}}^{2}\right\rangle \\
& =\sum_{j=0}^{n(t)}\left(1+t_{j+1}\right)^{(d+2) / 2}\left\langle u_{t_{j+1}}^{2}\right\rangle-\left(1+t_{j}\right)^{(d+2) / 2}\left\langle u_{t_{j}}^{2}\right\rangle .
\end{aligned}
$$

Denote by $\left\{\tau_{x}, x \in \mathbb{Z}^{d}\right\}$ the group of translations on the configuration space: $\tau_{x} \eta$ is the configuration whose spin at $y$ is given by $\left(\tau_{x} \eta\right)_{y}=\eta_{x+y}$ for all $y$ in $\mathbb{Z}^{d}$. The translations extend naturally to functions and measures. Since the dynamics is translation invariant, $\tau_{x}$ and $P_{t}^{\varepsilon, \Lambda_{L}}, \mathscr{L}_{\Lambda_{L}}^{\varepsilon}$ commute, so that $\tau_{x} u_{s}=\tau_{x} P_{s}^{\varepsilon, \Lambda_{L}} u=$ $P_{s}^{\varepsilon, \Lambda_{L}} \tau_{x} u=\left(\tau_{x} u\right)_{s}$. In particular, since $v_{\alpha}$ is also translation invariant, the previous expression is equal to

$$
\begin{aligned}
& \sum_{j=0}^{n(t)} \frac{1}{\left|\Lambda_{L}\right|} \sum_{x \in \Lambda_{L}}\left\{\left(1+t_{j+1}\right)^{(d+2) / 2}\left\langle\left[\left(\tau_{x} u\right)_{t_{j+1}}\right]^{2}\right\rangle\right. \\
&\left.-\left(1+t_{j}\right)^{(d+2) / 2}\left\langle\left[\left(\tau_{x} u\right)_{t_{j}}\right]^{2}\right\rangle\right\}
\end{aligned}
$$

It follows from (3.3) and the previous formula that $(1+t)^{(d+2) / 2}\left\langle u_{t}^{2}\right\rangle-$ $\left(1+t_{0}\right)^{(d+2) / 2}\left\langle u_{t_{0}}^{2}\right\rangle$ is bounded above by

$$
\begin{aligned}
\sum_{j=0}^{n(t)} \frac{1}{\left|\Lambda_{L}\right|} \sum_{x \in \Lambda_{L}}\{ & \left\{\frac{(d+2)}{2} \int_{t_{j}}^{t_{j+1}} d s(1+s)^{d / 2}\left\langle\left(\tau_{x} u_{s}\right)^{2}\right\rangle\right. \\
& \left.-2 \int_{t_{j}}^{t_{j+1}} d s(1+s)^{(d+2) / 2} D_{\Lambda_{L}}\left(v_{\alpha}, \tau_{x} u_{s}\right)\right\}
\end{aligned}
$$

In this formula, $D_{\Lambda_{L}}\left(v_{\alpha}, \cdot\right)$ stands for Dirichlet form associated to $\mathcal{L}_{\Lambda_{L}}, v_{\alpha}$,

$$
D_{\Lambda_{L}}\left(v_{\alpha}, f\right)=-\int f \mathscr{L}_{\Lambda_{L}} f d v_{\alpha}
$$

In the case where $\Lambda_{L}$ is replaced by $\mathbb{Z}^{d}$, we denote $D_{\Lambda_{L}}\left(v_{\alpha}, f\right)$ simply by $D\left(v_{\alpha}, f\right)$.

Notice that we neglected in the previous estimate a negative term, which corresponds to $\left\langle\tau_{x} u_{s}, \mathcal{L}_{\Lambda_{L}}^{G, \varepsilon} \tau_{x} u_{s}\right\rangle$. Indeed, until the end of the proof, we will never use the piece of the generator corresponding to the Glauber dynamics in our
estimates. This nonconservative dynamics will only be used to turn a singular measure (with respect to the grand canonical measure $v_{\alpha}$ ) into an absolutely continuous measure after any positive time. Without this Glauber part, what we would have instead is that the singular measure would become instantaneously absolutely continuous with respect to an appropriate canonical measure. However, as we said earlier, we would like to avoid working with canonical measures.

Since the dynamics is translation invariant, $D_{\Lambda_{L}}\left(v_{\alpha}, \tau_{x} u_{s}\right)=D_{\Lambda_{L}}\left(v_{\alpha}, u_{s}\right)$ for all $x$. We may thus rewrite the previous expression as

$$
\begin{align*}
\sum_{j=0}^{n(t)} & \frac{1}{\left|\Lambda_{L}\right|} \sum_{x \in \Lambda_{L}} \frac{(d+2)}{2} \int_{t_{j}}^{t_{j+1}} d s(1+s)^{d / 2}\left\langle\left(\tau_{x} u_{s}\right)^{2}\right\rangle \\
& -2 \int_{t_{0}}^{t} d s(1+s)^{(d+2) / 2} D_{\Lambda_{L}}\left(v_{\alpha}, u_{s}\right) \tag{3.4}
\end{align*}
$$

For a finite subset $\Lambda$ of $\mathbb{Z}^{d}$, denote by $v_{\alpha}^{\Lambda}$ the product measure on $\mathbb{R}^{\Lambda}$ with marginals equal to the marginals of $v_{\alpha}$. For each $M$ in $\mathbb{R}$, let $v_{\Lambda, M}$ be the canonical measure on $\mathbb{R}^{\Lambda}$ with total spin equal to $M$. This is the product measure $v_{\alpha}^{\Lambda}$ conditioned that the total spin on $\Lambda$ is $M$,

$$
v_{\Lambda, M}(\cdot)=v_{\alpha}^{\Lambda}\left(\cdot \mid \sum_{x \in \Lambda} \eta_{x}=M\right)
$$

Note that the right-hand side does not depend on the particular choice of the parameter $\alpha$. Expectation with respect to $\nu_{\Lambda, M}$ is denoted by $E_{\Lambda, M}$. From [8] we have the following spectral gap estimate.

THEOREM 3.2. Under the assumptions (H2) stated in Section 2 on the potential $V$, there exists an universal constant $R_{0}>1$ such that for all $\ell \geq 2$ and all $M$ in $\mathbb{R}$,

$$
E_{{v_{\Lambda_{\ell}, M}}\left[\left(v-E_{\left.\left.{v_{\Lambda_{\ell}, M}}[v]\right)^{2}\right] \leq R_{0} \ell^{2} D_{\Lambda_{\ell}}\left(v_{\Lambda_{\ell}, M}, v\right)},{ }^{2}\right)\right.}
$$

for all $v$ in $L^{2}\left(v_{\Lambda_{\ell}, M}\right)$.
The second step in the proof of Theorem 2.1 consists in applying the spectral gap for the dynamics restricted to finite boxes in order to replace $u_{s}$ by a function which depends only on the density of particles on boxes of length $O(\sqrt{s})$.

Let $\ell=\ell(s)=\sqrt{\left(2 /[d+2] R_{0}\right) t_{j}}$ if $s$ belongs to the interval $\left[t_{j}, t_{j+1}\right)$. Let $\mathscr{R}=\left\{(2 \ell+1) x, x \in \mathbb{Z}^{d}\right\}$ and consider an enumeration of this set: $\mathscr{R}=\left\{x_{1}, x_{2}, \ldots\right\}$ such that $\left|x_{j}\right| \leq\left|x_{k}\right|$ for $j \leq k$. Let $\Omega_{j}=x_{j}+\Lambda_{\ell}$ and let $M_{j}=M_{j}(\eta)$ be the sum of $\eta$ on $\Omega_{j}$ :

$$
M_{j}=\sum_{x \in \Omega_{j}} \eta_{x}
$$

Let $q$ denote the total number of cubes in $\Lambda_{L}$. Note that $q=O\left((L / \ell)^{d}\right)$. For each $j \geq 1$, denote by $\mathbf{M}_{j}$ the vector $\left(M_{1}, \ldots, M_{j}\right)$.

For a function $v$ in $L^{2}\left(v_{\alpha}^{\Lambda_{L}}\right)$, denote by $B_{\ell, L} v$ the conditional expectation of $v$ given $\mathbf{M}_{q}$,

$$
\begin{equation*}
B_{\ell, L} v=E_{v_{\alpha}}\left[v \mid M_{1}, \ldots, M_{q}\right] . \tag{3.5}
\end{equation*}
$$

Lemma 3.3. Under the assumptions (H2) stated in Section 2 on the potential $V$, for any $v \in L^{2}\left(v_{\alpha}^{\Lambda_{L}}\right)$,

$$
E_{v_{\alpha}^{\Lambda_{L}}}\left[\left(v-B_{\ell, L} v\right)^{2}\right] \leq R_{0} \ell^{2} D_{\Lambda_{L}}\left(v_{\alpha}, v\right)
$$

This lemma follows from the spectral gap stated in Theorem 3.2 and its proof can be found in [6]. From this lemma, the translation invariance of the Dirichlet form and the choice of $\ell$ we have that

$$
\begin{aligned}
& \frac{d+2}{2} \int_{t_{j}}^{t_{j+1}} d s(1+s)^{d / 2}\left\langle\left(\tau_{x} u_{s}-B_{\ell, L} \tau_{x} u_{s}\right)^{2}\right\rangle \\
& \quad \leq \int_{t_{j}}^{t_{j+1}}(1+s)^{(d+2) / 2} D\left(v_{\alpha}, u_{s}\right) d s
\end{aligned}
$$

for all $x$ in $\Lambda_{L}$ and all $0 \leq j \leq n(t)$. Since $\left\langle\left(\tau_{x} u_{s}\right)^{2}\right\rangle=\left\langle\left(\tau_{x} u_{s}-B_{\ell, L} \tau_{x} u_{s}\right)^{2}\right\rangle+$ $\left\langle\left(B_{\ell, L} \tau_{x} u_{s}\right)^{2}\right\rangle$, (3.4) is now bounded above by

$$
\frac{d+2}{2} \sum_{j=0}^{n(t)} \frac{1}{\left|\Lambda_{L}\right|} \sum_{x \in \Lambda_{L}} \int_{t_{j}}^{t_{j+1}} d s(1+s)^{d / 2}\left\langle\left(B_{\ell, L} \tau_{x} u_{s}\right)^{2}\right\rangle
$$

Up to this point, we have proved that

$$
\begin{align*}
& (1+t)^{(d+2) / 2}\left\langle u_{t}^{2}\right\rangle-\left(1+t_{0}\right)^{(d+2) / 2}\left\langle u_{t_{0}}^{2}\right\rangle \\
& \quad \leq \frac{d+2}{2} \int_{t_{0}}^{t} d s(1+s)^{d / 2} \frac{1}{\left|\Lambda_{L}\right|} \sum_{x \in \Lambda_{L}}\left\langle\left(B_{\ell, L} \tau_{x} u_{s}\right)^{2}\right\rangle . \tag{3.6}
\end{align*}
$$

To conclude the proof of Theorem 2.1, it remains to estimate the right-hand side of this formula. Fix an interval $\left[t_{j}, t_{j+1}\right)$ in which $\ell(s)$ is constant. We shall estimate

$$
\begin{equation*}
\frac{1}{\left|\Lambda_{L}\right|} \sum_{x \in \Lambda_{L}} \int_{t_{j}}^{t_{j+1}} d s(1+s)^{d / 2}\left\langle\left(B_{\ell, L} \tau_{x} u_{s}\right)^{2}\right\rangle \tag{3.7}
\end{equation*}
$$

Recall the definition of the canonical measures $\nu_{\Lambda, M}$, the one of the product measure $v_{\alpha}^{\Lambda}$ and the decomposition of $\Lambda_{L}$ into subcubes $\Omega_{1}, \ldots, \Omega_{q}$ of side length $2 \ell+1$ with $\mathbf{M}_{q}=\left(M_{1}, \ldots, M_{q}\right)$ the number of particles in each. Fix a vector $\mathbf{M}_{q}$ and denote by $\nu_{\Lambda_{L}, \mathbf{M}_{q}}$ the measure $d \nu_{\Omega_{1}, M_{1}} \otimes \cdots \otimes d \nu_{\Omega_{q}, M_{q}}$. Notice that $\nu_{\Lambda_{L}, \mathbf{M}_{q}}$ is not absolutely continuous with respect to $\nu_{\alpha}$, but that $\nu_{\Lambda_{L}, \mathbf{M}_{q}} P_{t}^{\varepsilon, \Lambda_{L}}$ has this
property for any $t>0$, due to the presence of the Glauber dynamics. For $t>0$, let $f_{t}=f_{t}^{\varepsilon, \ell, L, \mathbf{M}_{q}}$ be the Radon-Nikodym derivative of $\nu_{\Lambda_{L}, \mathbf{M}_{q}} P_{t}^{\varepsilon, \Lambda_{L}}$ with respect to $v_{\alpha}$,

$$
\begin{equation*}
f_{t}(\eta)=f_{t}^{\varepsilon, \ell, L, \mathbf{M}_{q}}(\eta)=\frac{d \nu_{\Lambda_{L}, \mathbf{M}_{q}} P_{t}^{\varepsilon, \Lambda_{L}}}{d v_{\alpha}^{\Lambda_{L}}} \tag{3.8}
\end{equation*}
$$

Since $v_{\alpha}$ is translation invariant and reversible, and since the dynamics is translation invariant, we have that

$$
\begin{equation*}
B_{\ell, L} \tau_{x} u_{s}=E_{v_{\alpha}}\left[\tau_{x} u_{s} \mid \mathbf{M}_{q}\right]=E_{v_{\alpha}}\left[u \tau_{-x} f_{s}\right] . \tag{3.9}
\end{equation*}
$$

With this notation, we have that (3.7) is equal to

$$
\frac{1}{\left|\Lambda_{L}\right|} \sum_{x \in \Lambda_{L}} \int_{t_{j}}^{t_{j+1}} d s(1+s)^{d / 2} E_{v_{\alpha}}\left[\left(E_{\nu_{\alpha}}\left[u \tau_{-x} f_{s}^{\varepsilon, \ell, L, \mathbf{M}_{q}}\right]\right)^{2}\right]
$$

where the first expectation is the expectation of the variable $\mathbf{M}_{q}$ with respect to $\nu_{\alpha}$.
Fix $\mathbf{M}_{q}$. By the Schwarz inequality, $\left\{E_{v_{\alpha}}\left[u \tau_{-x} f_{s}^{\varepsilon, \ell, L, \mathbf{M}_{q}}\right]\right\}^{2}$ is bounded above by

$$
\begin{equation*}
2\left(E_{\nu_{\alpha}}\left[\left(u-B_{\ell, L} u\right)\left(\tau_{-x} f_{s}^{\varepsilon, \ell, L, \mathbf{M}_{q}}\right)\right]\right)^{2}+2\left(E_{\nu_{\alpha}}\left[\left(B_{\ell, L} u\right)\left(\tau_{-x} f_{s}^{\varepsilon, \ell, L, \mathbf{M}_{q}}\right)\right]\right)^{2} \tag{3.10}
\end{equation*}
$$

We first estimate the second term of this expression. By definition of $f_{s}{ }^{\varepsilon, \ell, L, \mathbf{M}_{q}}$,

$$
E_{v_{\alpha}}\left[B_{\ell, L} u \tau_{-x} f_{s}^{\varepsilon, \ell, L, \mathbf{M}_{q}}\right]=B_{\ell, L}\left(P_{s}^{\varepsilon, \Lambda_{L}} \tau_{x} B_{\ell, L} u\right)
$$

Therefore, since $B_{\ell, L}$ is a projection, since the semigroup $\left\{P_{s}^{\varepsilon, \Lambda_{L}}, s \geq 0\right\}$ is a contraction in $L^{2}\left(v_{\alpha}\right)$ and since the dynamics is translation invariant,

$$
\begin{aligned}
E_{\nu_{\alpha}}\left[\left(E_{\nu_{\alpha}}\left[B_{\ell, L} u \tau_{-x} f_{s}^{\varepsilon, \ell, L, \mathbf{M}_{q}}\right]\right)^{2}\right] & =E_{v_{\alpha}}\left[\left(B_{\ell, L}\left(P_{s}^{\varepsilon, \Lambda_{L}} \tau_{x} B_{\ell, L} u\right)\right)^{2}\right] \\
& \leq E_{v_{\alpha}}\left[\left(P_{s}^{\varepsilon, \Lambda_{L}} \tau_{x} B_{\ell, L} u\right)^{2}\right] \leq E_{v_{\alpha}}\left[\left(B_{\ell, L} u\right)^{2}\right]
\end{aligned}
$$

Recall the definition of the triple norm $|||\cdot||$. We claim the following.
Proposition 3.4. Under the assumptions (H2) stated in Section 2 on the potential $V$, there exists a finite constant $C$ depending only on $\alpha, d$ and the potential $V$ such that

$$
E_{v_{\alpha}}\left[\left(B_{\ell, L} u\right)^{2}\right] \leq C \ell^{-d}(\log \ell)^{2}\|u\|^{2}
$$

for all mean-zero functions $u$ with finite triple norm.
The factor $(\log \ell)^{2}$ in this formula is spurious and comes from the method. We postpone the proof of this proposition to Section 4. It follows from this result and the definition of $\ell(s)$ that the contribution to (3.7) of the second term of (3.10) is bounded by

$$
\begin{equation*}
C_{0}\left(\log t_{j}\right)^{2}\|u\|^{2}\left(t_{j+1}-t_{j}\right) \tag{3.11}
\end{equation*}
$$

for some finite constant $C_{0}$ because $\left(1+t_{j+1}\right) \leq 2 t_{j+1} \leq 2 b_{0} t_{j}$.
We now estimate the first term of (3.10). It relies on the next proposition, whose statement requires some notation. An unoriented bond $b$ is a pair $b=\left\{b_{1}, b_{2}\right\}$ of nearest neighbor sites, so that $b_{1}, b_{2}$ are sites of $\mathbb{Z}^{d}$ and $\left\|b_{2}-b_{1}\right\|=1$ for the Euclidean norm. For an unoriented bond $b$, a measure $\mu$ and a density $f$ with respect to $\mu$, let $\mathfrak{D}_{b}(\mu, f)$ be the functional defined by

$$
\mathfrak{D}_{b}(\mu, f)=2 \int \sqrt{f} \mathscr{L}_{b} \sqrt{f} d v_{\alpha}=E_{\mu}\left[\left\{\partial_{\eta_{b_{1}}} \sqrt{f}-\partial_{\eta_{b_{2}}} \sqrt{f}\right\}^{2}\right],
$$

where $\mathscr{L}_{b}$ stands for the piece of the generator $\mathcal{L}_{\Lambda_{L}}$ (hence, without the nonconservative Glauber part) corresponding to the diffusion over the bond $b$. For $K \geq 1$, let

$$
\mathfrak{D}_{\Lambda_{K}}(\mu, f)=\sum_{b \in \Lambda_{K}} \mathfrak{D}_{b}(\mu, f),
$$

where the summation is carried over all unoriented bonds $b$ in $\Lambda_{K}$.
Proposition 3.5. Under the assumptions (H2) stated in Section 2 on the potential $V$, there exists a finite constant $C_{0}$ depending only on $\alpha, d$ and the potential $V$ such that for every density $f$ and every function $u$ with finite triple norm,

$$
\begin{equation*}
\frac{1}{\left|\Lambda_{L}\right|} \sum_{x \in \Lambda_{L}}\left(E_{v_{\alpha}}\left[\left(u-B_{\ell, L} u\right) \tau_{x} f\right]\right)^{2} \leq C_{0} \frac{\ell^{2}(\log \ell)^{4}}{\left|\Lambda_{L}\right|}\|u\|^{2} \mathfrak{D}_{\Lambda_{L}}\left(v_{\alpha}, f\right) \tag{3.12}
\end{equation*}
$$

Here again, the logarithmic correction which appears in the statement is spurious and comes from the method. The proof of this proposition is postponed to Section 5.

It follows from this result that the contribution to (3.7) of the first term of (3.10) is bounded above by

$$
\begin{aligned}
& C_{0}\|u\|^{2} t_{j}\left(\log t_{j}\right)^{4} \frac{\left|\Lambda_{\ell}\right|}{\left|\Lambda_{L}\right|} \int_{t_{j}}^{t_{j+1}} d s E_{\nu_{\alpha}}\left[\mathfrak{D}_{\Lambda_{L}}\left(v_{\alpha}, f_{s}^{\varepsilon, \ell, L, \mathbf{M}_{q}}\right)\right] \\
& \quad \leq C_{0}\|u\|^{2} t_{j}\left(\log t_{j}\right)^{4} \frac{\left|\Lambda_{\ell}\right|}{\left|\Lambda_{L}\right|} \int_{t_{j}}^{t_{j+1}} d s E_{v_{\alpha}}\left[\mathfrak{D}_{\varepsilon, \Lambda_{L}}\left(v_{\alpha}, f_{s}^{\varepsilon, \ell, L, \mathbf{M}_{q}}\right)\right]
\end{aligned}
$$

where

$$
\mathfrak{D}_{\varepsilon, \Lambda_{L}}\left(v_{\alpha}, f\right)=\left\langle\sqrt{f},\left(-\mathcal{L}_{\Lambda_{L}}^{\varepsilon}\right) \sqrt{f}\right\rangle
$$

Notice that in the previous formula we replaced the functional $\mathfrak{D}$ restricted to $\Lambda_{2 \ell}$ by the global functional.

For a density $f$ with respect to $\nu_{\alpha}$, denote by $H(f)$ the entropy of $f d \nu_{\alpha}$ with respect to $v_{\alpha}$. It is well known that $\int_{s}^{t} d r \mathfrak{D}_{\varepsilon, \Lambda_{L}}\left(v_{\alpha}, f_{r}\right)$ is less than or equal to $H\left(f_{s}\right)$. The previous expression is therefore bounded above by

$$
C_{0}\|u\|^{2} t_{j}\left(\log t_{j}\right)^{4} \frac{\left|\Lambda_{\ell}\right|}{\left|\Lambda_{L}\right|} E_{v_{\alpha}}\left[H\left(f_{t_{j}}^{\varepsilon, \ell, L, \mathbf{M}_{q}}\right)\right] .
$$

Proposition 3.6. Assume assumptions (H1) on the potential $V$. Let $f_{t}^{\varepsilon, \ell, L, \mathbf{M}_{q}}$ be defined as in (3.8) for $t>0$. There exists a finite constant $C_{0}=C_{0}(\alpha, d, V)$ such that

$$
E_{{v_{\alpha}}}\left[H\left(f_{t}^{\varepsilon, \ell, L, \mathbf{M}_{q}}\right)\right] \leq C_{0}\left(\frac{L}{\ell}\right)^{d}\left\{\log \ell+\log \varepsilon^{-1}\right\}
$$

for all $t \geq 1$. Here the expectation concerns the random vector $\mathbf{M}_{q}$.

It is here and only here that we will use the Glauber part of the dynamics. The proof of this proposition is postponed to Section 6. It follows from this result and the previous estimate that the contribution to (3.7) of the first term of (3.10) is bounded above by

$$
C_{0}\|u\|^{2} t_{j}(\log \{2+T\})^{5}
$$

because $\varepsilon^{-1}=T^{2+(d / 2)}, t_{j} \leq t \leq T$. In view of this bound and (3.11), we get that (3.7) is bounded above by

$$
\begin{gathered}
C_{0}\|u\|^{2}\left\{\left(\log t_{j}\right)^{2}\left(t_{j+1}-t_{j}\right)+t_{j}(\log \{2+T\})^{5}\right\} \\
\leq C_{0}\|u\|^{2}(\log \{2+T\})^{5}\left(t_{j+1}-t_{j}\right)
\end{gathered}
$$

because we assumed that $b_{0}>2$ so that $t_{j} \leq t_{j+1}-t_{j}$ for $j<n(t)$. Summing over $j$, we obtain from (3.6) that

$$
(1+t)^{(d+2) / 2}\left\langle u_{t}^{2}\right\rangle-\left(1+t_{0}\right)^{(d+2) / 2}\left\langle u_{t_{0}}^{2}\right\rangle \leq C_{0}\|u\|^{2} t(\log \{2+T\})^{5} .
$$

Since $P_{t}^{\varepsilon, \Lambda_{L}}$ is a contraction and $u$ has mean zero, $\left\langle u_{t_{0}}^{2}\right\rangle \leq\langle u ; u\rangle$. Replace $t$ by $T$ in this formula. Equation (3.1) follows now from the previous estimate and (2.4).

We conclude this section with an estimate used above. For a function $u$ in $L^{2}\left(v_{\alpha}\right)$, denote by $\|u\|_{0}$ the weak triple norm defined by

$$
\|u\|_{0}^{2}=\sum_{x \in \Lambda_{L}} E_{v_{\alpha}}\left[\left\{\frac{\partial u}{\partial \eta_{x}}\right\}^{2}\right]
$$

Lemma 3.7. Let u be a mean-zero function in $L^{2}\left(v_{\alpha}\right)$ such that $\|u\|_{0}^{2}<\infty$. Assume that the potential $V$ has a bounded second derivative: $\left\|V^{\prime \prime}\right\|_{\infty}<\infty$. Then there exists a finite constant $C_{0}$ depending only on $\left\|V^{\prime \prime}\right\|_{\infty}$ and the dimension $d$ such that

$$
R(t)=\sum_{x \in \Lambda_{L}} E_{v_{\alpha}}\left[\left\{\frac{\partial P_{t}^{\Lambda_{L}} u}{\partial \eta_{x}}\right\}^{2}\right] \leq C_{0}(1+t)\|u\|_{0}^{2}
$$

This result has, of course, a similar version for the infinite volume dynamics. It may have an interest on its own. Since $\|u\|_{0} \leq\| \| u \|$, the result remains in force if we replace the weak triple norm defined above by the strong one.

Proof of Lemma 3.7. To keep notation simple, let $u_{t}=P_{t}^{\Lambda_{L}} u$ and observe that $\partial_{t} u_{t}=\mathcal{L}_{\Lambda_{L}} u_{t}$. In particular,

$$
R^{\prime}(t)=2 \sum_{x \in \Lambda_{L}}\left\langle\frac{\partial u_{t}}{\partial \eta_{x}}, \frac{\partial \mathscr{L}_{\Lambda_{L}} u_{t}}{\partial \eta_{x}}\right\rangle
$$

An elementary computation shows that this expression is bounded above by

$$
2 \sum_{|x-y|=1} E_{v_{\alpha}}\left[\frac{\partial u_{t}}{\partial \eta_{x}} V^{\prime \prime}\left(\eta_{x}\right)\left\{\frac{\partial u_{t}}{\partial \eta_{y}}-\frac{\partial u_{t}}{\partial \eta_{x}}\right\}\right]
$$

Since we assumed $V^{\prime \prime}$ to be a bounded function, by the elementary inequality $2 a b \leq A a^{2}+A^{-1} b^{2}$, the previous expression is bounded above by

$$
\begin{equation*}
\frac{1}{A} R(t)+C_{0} A \sum_{|x-y|=1} E_{v_{\alpha}}\left[\left\{\frac{\partial u_{t}}{\partial \eta_{y}}-\frac{\partial u_{t}}{\partial \eta_{x}}\right\}^{2}\right] \tag{3.13}
\end{equation*}
$$

for all $A>0$ and some finite constant depending only on the dimension $d$ and $\left\|V^{\prime \prime}\right\|_{\infty}$. Notice that the second sum is $\left\langle u_{t},\left(-\mathcal{L}_{\Lambda_{L}}\right) u_{t}\right\rangle$. Since the time derivative of $\left\langle u_{t}, u_{t}\right\rangle$ is $2\left\langle u_{t}, \mathcal{L}_{\Lambda_{L}} u_{t}\right\rangle$, we have that

$$
\int_{0}^{t} d s\left\langle u_{s},\left(-\mathscr{L}_{\Lambda_{L}}\right) u_{s}\right\rangle \leq\langle u, u\rangle
$$

Therefore, recalling that $R^{\prime}(t)$ is bounded by (3.13), taking time integrals in that formula, we obtain from the previous estimate that

$$
R(t) \leq R(0)+\frac{1}{A} \int_{0}^{t} d s R(s)+C_{0} A\langle u, u\rangle
$$

or minimizing over $A$, that

$$
R(t) \leq R(0)+C_{0}\|u\|_{2}\left\{\int_{0}^{t} d s R(s)\right\}^{1 / 2}
$$

for all $t \geq 0$. It is not difficult to deduce from this differential inequality that

$$
R(t) \leq C_{0}\{R(0)+\langle u, u\rangle t\} .
$$

The lemma follows from this inequality and estimate (2.2), which obviously also holds in the finite volume case.
4. Proof of Proposition 3.4. We assume throughout this section hypothesis (H2) and only this one on the potential $V$.

For $0 \leq j \leq q$, denote by $u_{j}\left(M_{1}, \ldots, M_{j}\right)$ the conditional expectation $E_{\nu_{\alpha}}[u \mid$ $\left.M_{1}, \ldots, M_{j}\right]$. By convention $u_{0}=E_{v_{\alpha}}[u]$, which vanishes because $u$ has mean zero with respect to $v_{\alpha}$. Since $B_{\ell, L} u=u_{q}$, we may write

$$
\begin{equation*}
E_{{v_{\alpha}}}\left[\left(B_{\ell, L} u\right)^{2}\right]=E_{v_{\alpha}}\left[\left(\sum_{j=0}^{q-1} u_{j+1}-u_{j}\right)^{2}\right]=\sum_{j=0}^{q-1} E_{v_{\alpha}}\left[\left(u_{j+1}-u_{j}\right)^{2}\right] . \tag{4.1}
\end{equation*}
$$

Fix $0 \leq j<q$ and notice that

$$
E_{v_{\alpha}}\left[\left(u_{j+1}-u_{j}\right)^{2}\right]=E_{v_{\alpha}}\left[E_{v_{\alpha}}\left[\left(u_{j+1}-u_{j}\right)^{2} \mid M_{1}, \ldots, M_{j}\right]\right] .
$$

We will estimate the conditional expectation $E_{v_{\alpha}}\left[\left(u_{j+1}-u_{j}\right)^{2} \mid M_{1}, \ldots, M_{j}\right]$ in which the variables $M_{1}, \ldots, M_{j}$ are fixed. Therefore, in the lines below the dependence of the functions on $M_{1}, \ldots, M_{j}$ will be most of the time omitted. Let

$$
R=E_{v_{\alpha}}\left[u \mid M_{1}, \ldots, M_{j},\left\{\eta_{x}, x \in \Omega_{j+1}\right\}\right]
$$

Then $u_{j+1}\left(M_{1}, \ldots, M_{j+1}\right)=E_{v_{\alpha}}\left[R \mid M_{1}, \ldots, M_{j}, M_{j+1}\right]=E_{\Omega_{j+1}, M_{j+1}}[R]$. In the last expectation, as we announced before, the variables $M_{1}, \ldots, M_{j}$ are treated as fixed constants and do not appear therefore in the expectation. From now on, $R$ is considered as a function of $\left\{\eta_{x}, x \in \Omega_{j+1}\right\}$ only. With this convention, we have that

$$
\begin{aligned}
& E_{v_{\alpha}}\left[\left(u_{j+1}-u_{j}\right)^{2} \mid M_{1}, \ldots, M_{j}\right] \\
& \quad=E_{\Omega_{j+1}, \alpha}\left[\left(E_{\Omega_{j+1}, M_{j+1}}[R]-E_{\Omega_{j+1}, \alpha}[R]\right)^{2}\right]
\end{aligned}
$$

In this formula, $E_{\Omega_{j+1}, \alpha}$ represents the expectation with respect to $v_{\alpha}^{\Omega_{j+1}}$.
By the spectral gap for the Glauber dynamics, there exists a finite constant $C_{0}$ such that

$$
\begin{aligned}
& E_{\Omega_{j+1}, \alpha}\left[\left(E_{\Omega_{j+1}, M_{j+1}}[R]-E_{\Omega_{j+1}, \alpha}[R]\right)^{2}\right] \\
& \quad \leq C_{0} \sum_{x \in \Omega_{j+1}} E_{\Omega_{j+1}, \alpha}\left[\left(\frac{\partial}{\partial \eta_{x}} E_{\Omega_{j+1}, M_{j+1}}[R]\right)^{2}\right]
\end{aligned}
$$

Of course, $\partial_{\eta_{x}} E_{\Omega_{j+1}, M_{j+1}}[R]$ does not depend on $x$ and a simple computation shows that

$$
\begin{aligned}
& \frac{\partial}{\partial \eta_{x}} \\
& \quad E_{\Omega_{j+1}, M_{j+1}}[R] \\
& \quad=\frac{1}{\left|\Lambda_{\ell}\right|} \sum_{x \in \Omega_{j+1}} E_{\Omega_{j+1}, M_{j+1}}\left[\frac{\partial R}{\partial \eta_{x}}\right]-\frac{1}{\left|\Lambda_{\ell}\right|} E_{\Omega_{j+1}, M_{j+1}}\left[R ; \sum_{x \in \Omega_{j+1}} V^{\prime}\left(\eta_{x}\right)\right]
\end{aligned}
$$

In this formula, $E[f ; g]$ stands for the covariance of $f$ and $g: E[f ; g]=E[f g]-$ $E[f] E[g]$. In particular, the variance of $E_{\Omega_{j+1}, M_{j+1}}[R]$ is bounded above by

$$
\begin{align*}
& 2 C_{0}\left|\Lambda_{\ell}\right|^{-1} E_{\Omega_{j+1}, \alpha}\left[\left(\sum_{x \in \Omega_{j+1}} E_{\Omega_{j+1}, M_{j+1}}\left[\frac{\partial R}{\partial \eta_{x}}\right]\right)^{2}\right] \\
& \quad+2 C_{0}\left|\Lambda_{\ell}\right|^{-1} E_{\Omega_{j+1}, \alpha}\left[\left(E_{\Omega_{j+1}, M_{j+1}}\left[R ; \sum_{x \in \Omega_{j+1}} V^{\prime}\left(\eta_{x}\right)\right]\right)^{2}\right] \tag{4.2}
\end{align*}
$$

The first term in (4.2) is easy to estimate. It is bounded by

$$
2 C_{0}\left|\Lambda_{\ell}\right|^{-1}\left(\sum_{x \in \Omega_{j+1}}\left\|\frac{\partial R}{\partial \eta_{x}}\right\|_{\infty}\right)^{2}
$$

By Lemma 4.1 below with $v=R, \Lambda_{\ell}=\Omega_{j+1}$ and $M=M_{j+1}$, the second term is bounded above by

$$
C_{1}[\log \ell]^{2}\left|\Lambda_{\ell}\right|^{-1}\left(\sum_{x \in \Omega_{j+1}}\left\|\frac{\partial R}{\partial \eta_{x}}\right\|_{\infty}\right)^{2}
$$

for some constant $C_{1}$ depending only on the potential $V$.
For $x$ in $\Omega_{j+1}$, by definition of $R,\left\|\partial_{\eta_{x}} R\right\|_{\infty} \leq\left\|\partial_{\eta_{x}} u\right\|_{\infty}$. It follows from this observation and from the two previous estimates that the variance of the expectation $E_{\Omega_{j+1}, M_{j+1}}[R]$, which is equal to $E_{v_{\alpha}}\left[\left(u_{j+1}-u_{j}\right)^{2} \mid M_{1}, \ldots, M_{j}\right]$, is bounded above by

$$
C_{0}[\log \ell]^{2} \ell^{-d}\left(\sum_{x \in \Omega_{j+1}}\left\|\frac{\partial u}{\partial \eta_{x}}\right\|_{\infty}\right)^{2}
$$

In view of (4.1), to conclude the proof of the lemma it remains to sum over $j$ and to notice that

$$
\sum_{j=0}^{q-1}\left(\sum_{x \in \Omega_{j+1}}\left\|\frac{\partial u}{\partial \eta_{x}}\right\|_{\infty}\right)^{2} \leq\|u\|^{2}
$$

This concludes the proof of Proposition 3.4.
The remainder of this section is devoted to an estimate that was needed above and that will be used again in the proof of Proposition 3.5.

LEMMA 4.1. Consider a function $v$ defined on a cube $\Lambda_{\ell}$ with finite triple norm. There exists a finite constant $C_{0}$ depending only on the potential $V$ such that

$$
\begin{equation*}
E_{\Lambda_{\ell}, M}\left[v ; \sum_{x \in \Lambda_{\ell}} V^{\prime}\left(\eta_{x}\right)\right] \leq C_{0} \log \ell \sum_{x \in \Lambda_{\ell}}\left\|\frac{\partial v}{\partial \eta_{x}}\right\|_{\infty} \tag{4.3}
\end{equation*}
$$

for all $M$ in $\mathbb{R}$.

Proof. This proof requires some notation. Fix an integer $m>1$. Assume without loss of generality that $2 \ell+1=(2 m+1)^{\gamma}$ for some $\gamma \geq 1$. For $0 \leq k \leq \gamma$, let $p_{k}=\left[(2 m+1)^{k}-1\right] / 2$, so that the cube $\Lambda_{p_{k}}$ has length $(2 m+1)^{k}$. For each $k \geq 0$, we decompose $\mathbb{Z}^{d}$ in a disjoint union of cubes of length $(2 m+1)^{k}$. This is done in the following way. Let $A^{k}=\left\{x(2 m+1)^{k}, x \in \mathbb{Z}^{d}\right\}$, let $\left\{x_{j}^{k}, j \geq 1\right\}$ be an enumeration of $A^{k}$ such that $\left|x_{j}^{k}\right| \leq\left|x_{i}^{k}\right|$ if $j \leq i$ and let $\Omega_{j}^{k}=x_{j}^{k}+\Lambda_{p_{k}}$. In particular, for each $0 \leq k \leq \gamma$,

$$
x_{1}^{k}=0, \quad \bigcup_{j \geq 1} \Omega_{j}^{k}=\mathbb{Z}^{d}, \quad \Omega_{j}^{k} \cap \Omega_{i}^{k}=\phi \quad \text { if } i \neq j
$$

The previous decomposition of $\mathbb{Z}^{d}$ in disjoint cubes can be transformed in a decomposition of $\Lambda_{\ell}$ because we assumed that $2 \ell+1=(2 m+1)^{\gamma}$. Let $q_{k}=\left[(2 \ell+1) /(2 m+1)^{k}\right]^{d}=(2 m+1)^{d(\gamma-k)}$. Then, by construction, for each $0 \leq k \leq \gamma$,

$$
\bigcup_{j=1}^{q_{k}} \Omega_{j}^{k}=\Lambda_{\ell}
$$

Moreover, the decomposition of $\Lambda_{\ell}$ at level $k<\gamma$ can be considered as a subdecomposition of the one of level $k+1$. More precisely, for $1 \leq k \leq \gamma$ and $1 \leq j \leq q_{k}$, let $A_{j}^{k}=A^{k-1} \cap \Omega_{j}^{k}$. Thus $A_{j}^{k}$ is the set of points in $A^{k-1}$ that belongs to the cube $\Omega_{j}^{k}$. By construction,

$$
\Omega_{j}^{k}=\bigcup_{i ; x_{i} \in A_{j}^{k}} \Omega_{i}^{k-1}
$$

We will below index the sets $\left\{A_{j}^{k}, 1 \leq j \leq q_{k}\right\},\left\{\Omega_{j}^{k}, 1 \leq j \leq q_{k}\right\}$ by sites, that is, for $x$ in $A^{k}, \Omega_{x}^{k}$ will represent the set $\Omega_{j}^{k}$ if $x=x_{j}^{k}$ and $A_{x}^{k}$ will represent the set $A_{j}^{k}$.

We are now in a position to prove the lemma. For $1 \leq k \leq \gamma$ and $M$ in $\mathbb{R}$, let $\tilde{V}_{k}(M)$ be the expectation of $V^{\prime}$ with respect to the canonical measure $\nu_{\Lambda_{p_{k}}, M}$ :

$$
\tilde{V}_{k}(M)=E_{\Lambda_{p_{k}}, M}\left[V^{\prime}\left(\eta_{x}\right)\right]
$$

In particular, $\tilde{V}_{\gamma}(M)=E_{\Lambda_{\ell}, M}\left[V^{\prime}\left(\eta_{x}\right)\right]$. By convention, $\tilde{V}_{0}=V^{\prime}$. Since we can add constants in a covariance,

$$
\begin{equation*}
E_{\Lambda_{\ell}, M}\left[v ; \sum_{x \in \Lambda_{\ell}} V^{\prime}\left(\eta_{x}\right)\right]=E_{\Lambda_{\ell}, M}\left[v ; \sum_{x \in \Lambda_{\ell}} V^{\prime}\left(\eta_{x}\right)-\tilde{V}_{\gamma}(M)\right] . \tag{4.4}
\end{equation*}
$$

With the notation introduced previously,

$$
\begin{aligned}
\sum_{x \in \Lambda_{\ell}} & \left\{V^{\prime}\left(\eta_{x}\right)-\tilde{V}_{\gamma}(M)\right\} \\
& =\sum_{x \in \Lambda_{\ell}} V^{\prime}\left(\eta_{x}\right)-(2 m+1)^{\gamma d} \tilde{V}_{\gamma}(M) \\
& =\sum_{k=0}^{\gamma-1}\left\{\sum_{x \in A^{k}}(2 m+1)^{k d} \tilde{V}_{k}\left(M_{x}^{k}\right)-\sum_{x \in A^{k+1}}(2 m+1)^{(k+1) d} \tilde{V}_{k+1}\left(M_{x}^{k+1}\right)\right\}
\end{aligned}
$$

Here, for $x$ in $A^{k}$, say $x=x_{j}^{k}, M_{x}^{k}$ represents $\sum_{y \in \Omega_{j}^{k}} \eta_{y}$ and we adopted the convention that $M_{x}^{0}=\eta_{x}$. The previous sum can still be written as

$$
\sum_{k=0}^{\gamma-1} \sum_{x \in A^{k+1}}(2 m+1)^{k d}\left\{\sum_{y \in A_{x}^{k+1}} \tilde{V}_{k}\left(M_{y}^{k}\right)-(2 m+1)^{d} \tilde{V}_{k+1}\left(M_{x}^{k+1}\right)\right\}
$$

In conclusion,

$$
\begin{aligned}
\sum_{x \in \Lambda_{\ell}} & \left\{V^{\prime}\left(\eta_{x}\right)-\tilde{V}_{\gamma}(M)\right\} \\
& =\sum_{k=0}^{\gamma-1} \sum_{x \in A^{k+1}}(2 m+1)^{k d}\left\{\sum_{y \in A_{x}^{k+1}} \tilde{V}_{k}\left(M_{y}^{k}\right)-(2 m+1)^{d} \tilde{V}_{k+1}\left(M_{x}^{k+1}\right)\right\}
\end{aligned}
$$

Equation (4.4) is thus equal to

$$
\begin{equation*}
\sum_{k=0}^{\gamma-1} \sum_{x \in A^{k+1}}(2 m+1)^{k d} D_{k, x} \tag{4.5}
\end{equation*}
$$

where

$$
D_{k, x}=E_{\Lambda \ell, M}\left[v ; \sum_{y \in A_{x}^{k+1}} \tilde{V}_{k}\left(M_{y}^{k}\right)-(2 m+1)^{d} \tilde{V}_{k+1}\left(M_{x}^{k+1}\right)\right]
$$

We now estimate $D_{k, x}$ for fixed $k, x$. The second member of the covariance is measurable with respect to $\left\{\eta_{z}, z \in \Omega_{x}^{k+1}\right\}$ and has mean zero with respect to all canonical measures on this set. In particular, $D_{k, x}$ is equal to

$$
E_{\Lambda_{\ell}, M}\left[v\left\{\sum_{y \in A_{x}^{k+1}} \tilde{V}_{k}\left(M_{y}^{k}\right)-(2 m+1)^{d} \tilde{V}_{k+1}\left(M_{x}^{k+1}\right)\right\}\right]
$$

Moreover, taking conditional expectation with respect to the $\sigma$-algebra generated by $M_{x}^{k+1},\left\{\eta_{z}, z \in \Lambda_{\ell}-\Omega_{x}^{k+1}\right\}$, we obtain that the previous expression is equal to

$$
E_{\Lambda_{\ell}, M}\left[E_{\Omega_{x}^{k+1}, M_{x}^{k+1}}\left[v\left\{\sum_{y \in A_{x}^{k+1}} \tilde{V}_{k}\left(M_{y}^{k}\right)-(2 m+1)^{d} \tilde{V}_{k+1}\left(M_{x}^{k+1}\right)\right\}\right]\right]
$$

In this formula, we first integrate the variables $\left\{\eta_{z}, z \in \Omega_{x}^{k+1}\right\}$ with respect to the canonical measure $v_{\Omega_{x}^{k+1}, M_{x}^{k+1}}$ and then we integrate $M_{x}^{k+1}$ and the remaining variables $\left\{\eta_{z}, z \in \Lambda_{\ell}-\Omega_{x}^{k+1}\right\}$ with respect to $\nu_{\Lambda_{\ell}, M}$.

With respect to $v_{\Omega_{x}^{k+1}, M_{x}^{k+1}}, \tilde{V}_{k+1}\left(M_{x}^{k+1}\right)$ is a constant. Therefore,

$$
\begin{aligned}
& E_{\Omega_{x}^{k+1}, M_{x}^{k+1}}\left[v\left\{\sum_{y \in A_{x}^{k+1}} \tilde{V}_{k}\left(M_{y}^{k}\right)-(2 m+1)^{d} \tilde{V}_{k+1}\left(M_{x}^{k+1}\right)\right\}\right] \\
& \quad=E_{\Omega_{x}^{k+1}, M_{x}^{k+1}}\left[v ; \sum_{y \in A_{x}^{k+1}} \tilde{V}_{k}\left(M_{y}^{k}\right)\right]
\end{aligned}
$$

Let $G_{k}\left(M_{y}^{k}\right)=\tilde{V}_{k}\left(M_{y}^{k}\right)-\tilde{V}\left(m_{x}^{k+1}\right)-\tilde{V}^{\prime}\left(m_{x}^{k+1}\right)\left[m_{y}^{k}-m_{x}^{k+1}\right]$, where $\tilde{V}(\alpha)=$ $E_{\nu_{\alpha}}\left[V\left(\eta_{0}\right)\right], \tilde{V}^{\prime}(\alpha)$ is the derivative of $\tilde{V}$ with respect to $\alpha$ and $m_{z}^{j}$ is the empirical density given by $m_{z}^{j}=M_{z}^{j} /\left|\Omega_{1}^{j}\right|$. Since we may add constants in a covariance, the previous expectation is equal to

$$
\begin{equation*}
E_{\Omega_{x}^{k+1}, M_{x}^{k+1}}\left[v ; \sum_{y \in A_{x}^{k+1}} G_{k}\left(M_{y}^{k}\right)\right] \tag{4.6}
\end{equation*}
$$

By the Schwarz inequality, the square of this expression is bounded above by

$$
\begin{equation*}
E_{\Omega_{x}^{k+1}, M_{x}^{k+1}}[v ; v] E_{\Omega_{x}^{k+1}, M_{x}^{k+1}}\left[\sum_{y \in A_{x}^{k+1}} G_{k}\left(M_{y}^{k}\right) ; \sum_{y \in A_{x}^{k+1}} G_{k}\left(M_{y}^{k}\right)\right] \tag{4.7}
\end{equation*}
$$

On the one hand, the first variance is bounded above by

$$
E_{\Omega_{x}^{k+1}, M_{x}^{k+1}}\left[\left\{v-v\left(m_{x}^{k+1}\right)\right\}^{2}\right] .
$$

In this formula, in the second term $v$, we replaced all variables $\left\{\eta_{z}, z \in \Omega_{x}^{k+1}\right\}$, which are being integrated, by the value $m_{x}^{k+1}$. Of course, the difference $v-$ $v\left(m_{x}^{k+1}\right)$ is absolutely bounded by

$$
\sum_{z \in \Omega_{x}^{k+1}}\left\|\frac{\partial v}{\partial \eta_{z}}\right\|_{\infty}\left|\eta_{z}-m_{x}^{k+1}\right|
$$

In particular, the first variance of (4.7) is bounded by

$$
\left(\sum_{z \in \Omega_{x}^{k+1}}\left\|\frac{\partial v}{\partial \eta_{z}}\right\|_{\infty}\left\{E_{\Omega_{x}^{k+1}, M_{x}^{k+1}}\left[\left\{\eta_{z}-m_{x}^{k+1}\right\}^{2}\right]\right\}^{1 / 2}\right)^{2}
$$

By Corollary 5.5 and Lemma 5.1 in [8], $E_{\Omega_{x}^{k+1}, M_{x}^{k+1}}\left[\left\{\eta_{z}-m_{x}^{k+1}\right\}^{2}\right]$ is uniformly bounded because $m>1$ (and therefore $\left|\Omega_{1}^{k+1}\right| \geq 3^{d}$ for all $k \geq 0$ ). The first
variance in (4.7) is thus bounded above by

$$
C_{1}\left(\sum_{z \in \Omega_{x}^{k+1}}\left\|\frac{\partial v}{\partial \eta_{z}}\right\|_{\infty}\right)^{2}
$$

for some finite constant $C_{1}$ depending only on the potential $V$.
By formula (3.10) in [8], the second variance in (4.7) is bounded above by $C_{2}\left|\Omega_{1}^{k}\right|^{-2}=C_{2}(2 m+1)^{-2 k d}$ for some finite constant $C_{2}$, which depends only on the potential $V$ and on $m$. This proves that the covariance (4.6), and therefore $D_{k, x}$, is bounded above by

$$
C_{3}(2 m+1)^{-k d} \sum_{z \in \Omega_{x}^{k+1}}\left\|\frac{\partial v}{\partial \eta_{z}}\right\|_{\infty}
$$

for some finite constant $C_{3}$ depending only on the potential $V$. In view of (4.5), this shows that (4.4) is bounded by

$$
C_{4} \sum_{k=0}^{\gamma-1} \sum_{x \in A^{k+1}} \sum_{z \in \Omega_{x}^{k+1}}\left\|\frac{\partial v}{\partial \eta_{z}}\right\|_{\infty} \leq C_{5} \log \ell \sum_{x \in \Lambda_{\ell}}\left\|\frac{\partial v}{\partial \eta_{z}}\right\|_{\infty}
$$

because $\gamma=\log (2 \ell+1) / \log (2 m+1)$. This proves the lemma.
5. Proof of Proposition 3.5. We assume throughout this section hypothesis (H2) and only this one on the potential $V$.

To avoid heavy notation and to detach the main ideas, we present the proof in dimension 2. We first introduce some notation.

The following enumeration $\left\{x_{j}, 1 \leq j \leq\left|\Lambda_{\ell}\right|\right\}$ of the cube $\Lambda_{\ell}$ will be used repeatedly. Let

$$
x_{j}= \begin{cases}(-\ell+j-1,-\ell), & \text { for } 1 \leq j \leq 2 \ell+1 \\ (\ell,-3 \ell+j-1), & \text { for } 2 \ell+1 \leq j \leq 4 \ell+1 .\end{cases}
$$

If we remove the sites $\left\{x_{j}, 1 \leq j \leq 4 \ell+1\right\}$ from $\Lambda_{\ell}$, we obtain a cube of side length $2 \ell$. We may now set $x_{4 \ell+2}=(-\ell+1,-\ell+1)$ and repeat the same procedure. This defines an enumeration $\left\{x_{1}, \ldots, x_{\left|\Lambda_{\ell}\right|}\right\}$ of $\Lambda_{\ell}$.

For $1 \leq j \leq\left|\Lambda_{\ell}\right|$, denote by $\Gamma_{j}$ the set $\left\{x_{j}, \ldots, x_{\left|\Lambda_{\ell}\right|}\right\}$. We define a path from $x_{j}$ to a site $y$ in $\Gamma_{j+1}$. Denote by $\left\{e_{1}, e_{2}\right\}$ the canonical basis of $\mathbb{R}^{2}$. Fix $x_{j}$ in $\Lambda_{\ell}$, $y$ in $\Gamma_{j+1}$. By construction, the set $\Gamma_{j+1}$ is a square minus a few points a the bottom or at the right side. If $x_{j}$ belongs to the basis of the set $\Gamma_{j+1}$, in the sense that $x_{j}-e_{1}$ does not belong to $\Gamma_{j+1}$, the path from $x_{j}$ to $y$ moves first along the $y$-axis and then along the $x$-axis. More precisely, the path, denoted by $\gamma\left(x_{j}, y\right)$, is a sequence $z_{0}=x_{j}, \ldots, z_{n}=y$ of distinct points for which there exists $-1 \leq n_{0}<n$ such that $z_{j+1}-z_{j}=e_{2}$ for $0 \leq j \leq n_{0}, z_{j+1}-z_{j}= \pm e_{1}$ for $n_{0}<j<n$. Notice that the path is uniquely determined by the previous properties. In the other case,
that is, if $x_{j}-e_{1}$ belongs to $\Gamma_{j+1}$, the path moves first along the $x$-axis and then along the $y$-axis. Thus, the path $\gamma\left(x_{j}, y\right)$ is now a sequence $z_{0}=x_{j}, \ldots, z_{n}=y$ of distinct points for which there exists $-1 \leq n_{0}<n$ such that $z_{j+1}-z_{j}=-e_{1}$ for $0 \leq j \leq n_{0}, z_{j+1}-z_{j}= \pm e_{2}$ for $n_{0}<j<n$. In all cases the length of the path is not longer than $d \ell$, where $d$ is the dimension.

We now turn to the proof of Proposition 3.5. We first estimate

$$
\begin{equation*}
E_{v_{\alpha}}\left[\left(u-B_{\ell, L} u\right) f\right] \tag{5.1}
\end{equation*}
$$

for some density $f$. Recall that $B_{\ell, L}$ stands for the conditional expectation $E\left[u \mid M_{1}, \ldots, M_{q}\right]$. For $0 \leq k \leq q$, denote by $\mathcal{G}_{k}$ the $\sigma$-algebra generated by $M_{1}, \ldots, M_{k},\left\{\eta_{z}, z \in \bigcup_{k+1 \leq i \leq q} \Omega_{i}\right\}$. With this notation,

$$
\begin{equation*}
u-B_{\ell, L} u=\sum_{0 \leq k \leq q-1}\left\{E\left[u \mid g_{k}\right]-E\left[u \mid g_{k+1}\right]\right\} \tag{5.2}
\end{equation*}
$$

We shall estimate

$$
E_{v_{\alpha}}\left[\left\{E\left[u \mid g_{k}\right]-E\left[u \mid g_{k+1}\right]\right\} f\right]
$$

for $0 \leq k \leq q-1$.
The difference between $E\left[u \mid \mathscr{g}_{k}\right]$ and $E\left[u \mid \mathscr{G}_{k+1}\right]$ is that the first conditional expectation depends on $\left\{\eta_{z}, z \in \Omega_{k+1}\right\}$ while in the second one these variables have been integrated on each hyperplane with a fixed total number of particles $M_{k+1}$.

By Lemma 5.1 below, there exists a finite constant $C_{0}$ such that for each $k$, $E_{v_{\alpha}}\left[\left\{E\left[u \mid \mathcal{q}_{k}\right]-E\left[u \mid \mathcal{q}_{k+1}\right]\right\} f\right]$ is bounded above by

$$
C_{0} \sum_{j=1}^{\left|\Lambda_{\ell}\right|}\left\{\left\|\frac{\partial u}{\partial \eta_{x_{j}^{k}}}\right\|_{\infty}+\frac{\log \ell}{\left|\Gamma_{j+1}^{k}\right|} \sum_{y \in \Gamma_{j+1}^{k}}\left\|\frac{\partial u}{\partial \eta_{y}}\right\|_{\infty}\right\} \sqrt{W_{j}^{k}(f)}
$$

where $\left\{x_{j}^{k}, 1 \leq j \leq\left|\Lambda_{\ell}\right|\right\}$ is the set $\left\{x_{j}, 1 \leq j \leq\left|\Lambda_{\ell}\right|\right\}$ suitably translated to be an enumeration of $\Omega_{k}$ and where $\Gamma_{j}^{k}$ is the set $\Gamma_{j}$ translated in the same way. Moreover,

$$
W_{j}^{k}(f)=\frac{\ell}{\left|\Gamma_{j+1}^{k}\right|} \sum_{y \in \Gamma_{j+1}^{k}} \sum_{b \in \gamma\left(x_{j}^{k}, y\right)} \mathfrak{D}_{b}\left(v_{\alpha}, f\right)+\frac{\ell^{2}}{\left|\Gamma_{j+1}^{k}\right|} \sum_{b \in \Gamma_{j+1}^{k}} \mathfrak{D}_{b}\left(v_{\alpha}, f\right) .
$$

Let

$$
R_{k, j}(u)=\left\|\frac{\partial u}{\partial \eta_{x_{j}^{k}}}\right\|_{\infty}+\frac{\log \ell}{\left|\Gamma_{j+1}^{k}\right|} \sum_{y \in \Gamma_{j+1}^{k}}\left\|\frac{\partial u}{\partial \eta_{y}}\right\|_{\infty}
$$

In view of the previous estimate and of decomposition (5.2), by the Schwarz inequality,

$$
\begin{align*}
& \frac{1}{\left|\Lambda_{L}\right|} \sum_{x \in \Lambda_{L}}\left(E_{v_{\alpha}}\left[\left(u-B_{\ell, L} u\right) \tau_{x} f\right]\right)^{2} \\
& \quad \leq C_{0}\left\{\sum_{k=0}^{q-1\left|\Lambda_{\ell}\right|} R_{k, j}(u)\right\}\left\{\sum_{k=0}^{q-1\left|\Lambda_{\ell}\right|} \sum_{j=1} R_{k, j}(u) \frac{1}{\left|\Lambda_{L}\right|} \sum_{x \in \Lambda_{L}} W_{j}^{k}\left(\tau_{x} f\right)\right\}  \tag{5.3}\\
& \quad \leq C_{0}\left\{\sum_{k=0}^{q-1} \sum_{j=1}^{\left|\Lambda_{\ell}\right|} R_{k, j}(u)\right\}^{2} \max _{k, j}\left\{\frac{1}{\left|\Lambda_{L}\right|} \sum_{x \in \Lambda_{L}} W_{j}^{k}\left(\tau_{x} f\right)\right\}
\end{align*}
$$

We estimate separately the sum and the maximum. Clearly, the sum is bounded above by

$$
2\|u\|^{2}+2(\log \ell)^{2}\left(\sum_{k=1}^{q} \sum_{j=1}^{\left|\Lambda_{\ell}\right|} \frac{1}{\left|\Gamma_{j+1}^{k}\right|} \sum_{y \in \Gamma_{j+1}^{k}}\left\|\frac{\partial u}{\partial \eta_{y}}\right\|_{\infty}\right)^{2}
$$

In the second term, fix $k$ and change the order of the two remaining sums to obtain that

$$
\sum_{j=1}^{\left|\Lambda_{\ell}\right|} \frac{1}{\left|\Gamma_{j+1}^{k}\right|} \sum_{y \in \Gamma_{j+1}^{k}}\left\|\frac{\partial u}{\partial \eta_{y}}\right\|_{\infty}=\sum_{y \in \Omega_{k}}\left\|\frac{\partial u}{\partial \eta_{y}}\right\|_{\infty} \sum_{j ; y \in \Gamma_{j+1}^{k}} \frac{1}{\left|\Gamma_{j+1}^{k}\right|}
$$

The last sum is less than or equal to $\sum_{1 \leq i \leq\left|\Lambda_{\ell}\right|} i^{-1}$. The previous expression is thus bounded above by $C_{0}(\log \ell) \sum_{y \in \Omega_{k}}\left\|\partial_{\eta_{y}} u\right\|_{\infty}$. This shows that the sum part in (5.3) is bounded above by $C_{0}(\log \ell)^{4}\|u\|^{2}$.

We turn now to the maximum part of (5.3). The maximum can be divided in two terms, the first one being

$$
\begin{aligned}
\max _{j, k} & \left\{\frac{\ell^{2}}{\left|\Gamma_{j+1}^{k}\right|} \sum_{b \in \Gamma_{j+1}^{k}} \frac{1}{\left|\Lambda_{L}\right|} \sum_{x \in \Lambda_{L}} \mathfrak{D}_{b}\left(v_{\alpha}, \tau_{x} f\right)\right\} \\
& \leq \frac{\ell^{2}}{\left|\Lambda_{L}\right|} \mathfrak{D}_{\Lambda_{L}}\left(v_{\alpha}, f\right) \max _{j, k}\left\{\frac{1}{\left|\Gamma_{j+1}^{k}\right|} \sum_{b \in \Gamma_{j+1}^{k}}\right\}
\end{aligned}
$$

because $\mathfrak{D}_{b}\left(v_{\alpha}, \tau_{x} f\right)=\mathfrak{D}_{b-x}\left(v_{\alpha}, f\right)$. This expression is obviously bounded by $C_{1} \ell^{2}\left|\Lambda_{L}\right|^{-1} \mathfrak{D}_{\Lambda_{L}}\left(\nu_{\alpha}, f\right)$ for some finite constant $C_{1}$ depending only on the dimension.

The second term in the maximum of formula (5.3) is

$$
\begin{aligned}
\max _{j, k} & \left\{\frac{\ell}{\left|\Gamma_{j+1}^{k}\right|} \sum_{y \in \Gamma_{j+1}^{k}} \sum_{b \in \gamma\left(x_{j}^{k}, y\right)} \frac{1}{\left|\Lambda_{L}\right|} \sum_{x \in \Lambda_{L}} \mathfrak{D}_{b}\left(v_{\alpha}, \tau_{x} f\right)\right\} \\
& \leq \frac{\ell}{\left|\Lambda_{L}\right|} \mathfrak{D}_{\Lambda_{L}}\left(v_{\alpha}, f\right) \max _{j, k}\left\{\frac{1}{\left|\Gamma_{j+1}^{k}\right|} \sum_{y \in \Gamma_{j+1}^{k}} \sum_{b \in \gamma\left(x_{j}^{k}, y\right)}\right\}
\end{aligned}
$$

by definition of the canonical paths, for each $k, j$, the expression inside braces in the previous formula is bounded above by

$$
\frac{1}{\left|\Gamma_{j+1}^{k}\right|} \sum_{b \in \Omega_{k}} \sum_{\substack{y \in \Gamma_{j+1}^{k} \\ y ; b \in \gamma\left(x_{j}^{k}, y\right)}} \leq C_{1} \ell
$$

for some finite constant $C_{1}$. The second term in the maximum is thus bounded above by $C_{1} \ell^{2}\left|\Lambda_{L}\right|^{-1} \mathfrak{D}_{\Lambda_{L}}\left(v_{\alpha}, f\right)$.

Putting together the four previous estimates, we obtain that (5.3) is bounded above by $C_{0}(\log \ell)^{4} \ell^{2}\left|\Lambda_{L}\right|^{-1}\|u\| \|^{2} \mathfrak{D}_{\Lambda_{\Lambda_{L}}}\left(v_{\alpha}, f\right)$, which proves the proposition.

Lemma 5.1. Fix $\ell \geq 1$ and recall the enumeration of $\Lambda_{\ell}$. Let $u$ be a local function, let $M=\sum_{x \in \Lambda_{\ell}} \eta_{x}$, let $f$ be a density with respect to $v_{\alpha}$ and let $g$ be the $\sigma$-algebra generated by $M,\left\{\eta_{z}, z \notin \Lambda_{\ell}\right\}$. Then,

$$
\begin{aligned}
E_{v_{\alpha}} & {[\{u-E[u \mid g]\} f] } \\
& \leq C_{0} \sum_{j=1}^{\left|\Lambda_{\ell}\right|}\left\{\left\|\frac{\partial u}{\partial \eta_{x_{j}}}\right\|_{\infty}+\frac{\log \ell}{\left|\Gamma_{j+1}\right|} \sum_{y \in \Gamma_{j+1}}\left\|\frac{\partial u}{\partial \eta_{y}}\right\|_{\infty}\right\} \sqrt{W_{j}(f)},
\end{aligned}
$$

where

$$
W_{j}(f)=\frac{\ell}{\left|\Gamma_{j+1}\right|} \sum_{y \in \Gamma_{j+1}} \sum_{b \in \gamma\left(x_{j}, y\right)} \mathfrak{D}_{b}\left(v_{\alpha}, f\right)+\frac{\ell^{2}}{\left|\Gamma_{j+1}\right|} \sum_{b \in \Gamma_{j+1}} \mathfrak{D}_{b}\left(v_{\alpha}, f\right)
$$

Proof. For $0 \leq j \leq\left|\Lambda_{\ell}\right|$, let $M_{j}=\sum_{j \leq k \leq\left|\Lambda_{\ell}\right|} \eta_{x_{k}}$ and denote by $\mathcal{F}_{j}$ the $\sigma$-algebra generated by $\left\{\eta_{x_{k}}, k \leq j\right\}, M_{j+1}$ and $\left\{\eta_{x}, x \notin \Lambda_{\ell}\right\}$. Denote by $\left\{u_{j}\right.$, $\left.0 \leq j \leq\left|\Lambda_{\ell}\right|\right\}$ the martingale

$$
u_{j}=E\left[u \mid \mathscr{F}_{j}\right]
$$

With this notation $u_{0}=E[u \mid \mathcal{G}], u_{\left|\Lambda_{\ell}\right|}=u$ and we may write

$$
\begin{aligned}
E_{\nu_{\alpha}}[\{u-E[u \mid g]\} f] & =\sum_{j=0}^{\left|\Lambda_{\ell}\right|-1} E_{v_{\alpha}}\left[\left\{u_{j+1}-u_{j}\right\} f\right] \\
& =\sum_{j=0}^{\left|\Lambda_{\ell}\right|-1} E_{v_{\alpha}}\left[f_{j} E_{v_{\alpha}}\left[\left.\left\{u_{j+1}-u_{j}\right\} \frac{f_{j+1}}{f_{j}} \right\rvert\, \mathcal{F}_{j}\right]\right]
\end{aligned}
$$

where $f_{j}=E_{v_{\alpha}}\left[f \mid \mathcal{F}_{j}\right]$.

Recall that for a finite subset $\Lambda$ of $\mathbb{Z}^{d}$ and a real number $M, v_{\Lambda, M}$ stands for the canonical measure on $\Lambda$ concentrated on configurations such that $\sum_{x \in \Lambda} \eta_{x}=M$ and that $E_{\Lambda, M}$ stands for the expectation with respect to $v_{\Lambda, M}$. A straightforward computation shows that $E_{v_{\alpha}}\left[h \mid \mathcal{F}_{j}\right]=E_{\Gamma_{j+1}, M_{j+1}}[h]$ so that

$$
E_{\nu_{\alpha}}\left[\left.\left\{u_{j+1}-u_{j}\right\} \frac{f_{j+1}}{f_{j}} \right\rvert\, \mathcal{F}_{j}\right]=E_{\Gamma_{j+1}, M_{j+1}}\left[\left\{u_{j+1}-u_{j}\right\} \frac{f_{j+1}}{f_{j}}\right] .
$$

Notice that in the previous expectation, only the variables $\left\{\eta_{x_{i}}, j+1 \leq i \leq\left|\Lambda_{\ell}\right|\right\}$ are integrated, all the others remaining fixed. We may think therefore that the function $u_{j+1}$ is a function of $\eta_{x_{j+1}}$ only

$$
\begin{equation*}
u_{j+1}=E_{\Gamma_{j+2}, M_{j+1}-\eta_{x_{j+1}}}[u] \tag{5.4}
\end{equation*}
$$

because $M_{j+2}=M_{j+1}-\eta_{x_{j+1}}$. Moreover, its expectation with respect to $\nu_{\Gamma_{j+1}, M_{j+1}}$ is equal to $u_{j}$. In particular, by Corollary 6.4 in [8] and the logarithmic Sobolev inequality for Glauber dynamics (Lemma 4.1 in [8]), there exists a finite constant $C_{0}$ such that

$$
\begin{align*}
& E_{\Gamma_{j+1}, M_{j+1}}\left[\left(u_{j+1}-u_{j}\right) \frac{f_{j+1}}{f_{j}}\right]  \tag{5.5}\\
& \quad \leq C_{0}\left\|\partial_{\eta_{x_{j+1}}} u_{j+1}\right\|_{\infty} \sqrt{\mathfrak{D}_{x_{j+1}}^{G}\left(\nu_{\Gamma_{j+1}, M_{j+1}}, f_{j+1} / f_{j}\right)}
\end{align*}
$$

In this formula, $\mathfrak{D}_{x_{j+1}}^{G}$ stands for the Glauber-Dirichlet form defined by

$$
\mathfrak{D}_{x_{j+1}}^{G}\left(\nu_{\Gamma_{j+1}, M_{j+1}}, h\right)=E_{\Gamma_{j+1}, M_{j+1}}\left[\left(\partial_{\eta_{x_{j+1}}} \sqrt{h}\right)^{2}\right] .
$$

We shall estimate separately each term appearing on the right-hand side of (5.5).
By Lemma 5.2 below,

$$
\begin{equation*}
\left\|\frac{\partial u_{j+1}}{\partial \eta_{x_{j+1}}}\right\|_{\infty} \leq\left\|\frac{\partial u}{\partial \eta_{x_{j+1}}}\right\|_{\infty}+C_{0}(\log \ell) \frac{1}{\left|\Gamma_{j+2}\right|} \sum_{y \in \Gamma_{j+2}}\left\|\frac{\partial u}{\partial \eta_{y}}\right\|_{\infty} \tag{5.6}
\end{equation*}
$$

for some finite constant $C_{0}$.
We now estimate $\mathfrak{D}_{x_{j+1}}^{G}\left(\nu_{\Gamma_{j+1}, M_{j+1}}, f_{j+1} / f_{j}\right)$. By (5.8) below, $\partial_{\eta_{x_{j+1}}} f_{j+1}$ is equal to

$$
\begin{aligned}
& E_{\Gamma_{j+2}, M_{j+2}}\left[\frac{1}{\left|\Gamma_{j+2}\right|} \sum_{y \in \Gamma_{j+2}}\left\{\partial_{\eta_{x_{j+1}}} f-\partial_{\eta_{y}} f\right\}\right] \\
& \quad+E_{\Gamma_{j+2}, M_{j+2}}\left[f ; \frac{1}{\left|\Gamma_{j+2}\right|} \sum_{y \in \Gamma_{j+2}} V^{\prime}\left(\eta_{y}\right)\right]
\end{aligned}
$$

In particular, $4 f_{j} \mathfrak{D}_{x_{j+1}}^{G}\left(\nu_{\Gamma_{j+1}, M_{j+1}}, f_{j+1} / f_{j}\right)$, which is equal to $E_{\Gamma_{j+1}, M_{j+1}}\left[f_{j+1}^{-1}\right.$ $\left.\times\left\{\partial_{\eta_{x_{j+1}}} f_{j+1}\right\}^{2}\right]$, is bounded above by

$$
\begin{align*}
& 2 E_{\Gamma_{j+1}, M_{j+1}}\left[\frac{1}{f_{j+1}}\left(E_{\Gamma_{j+2}, M_{j+2}}\left[\frac{1}{\left|\Gamma_{j+2}\right|} \sum_{y \in \Gamma_{j+2}}\left\{\partial_{\eta_{x_{j+1}}} f-\partial_{\eta_{y}} f\right\}\right]\right)^{2}\right] \\
& \quad+2 E_{\Gamma_{j+1}, M_{j+1}}\left[\frac{1}{f_{j+1}}\left(E_{\Gamma_{j+2}, M_{j+2}}\left[f ; \frac{1}{\left|\Gamma_{j+2}\right|} \sum_{y \in \Gamma_{j+2}} V^{\prime}\left(\eta_{y}\right)\right]\right)^{2}\right] \tag{5.7}
\end{align*}
$$

We use the paths $\gamma\left(x_{j}, y\right)$ introduced in the beginning of the section in order to estimate the first term in (5.7). Notice first that $\partial_{\eta_{x}} f-\partial_{\eta_{y}} f$ can be rewritten as $2 \sqrt{f}\left[\partial_{\eta_{x}} \sqrt{f}-\partial_{\eta_{y}} \sqrt{f}\right]$. Doing this, rewriting the difference $\partial_{\eta_{x_{j+1}}}-\partial_{\eta_{y}}$ as $\sum_{z_{j}, z_{j+1} \in \gamma\left(x_{j+1}, y\right)}\left\{\partial_{\eta_{z_{j}}}-\partial_{\eta_{z_{j+1}}}\right\}$ and then applying the Schwarz inequality, we obtain that the first term in (5.7) is bounded above by

$$
\frac{8 d \ell}{\left|\Gamma_{j+2}\right|} \sum_{y \in \Gamma_{j+2}} \sum_{b \in \gamma\left(x_{j+1}, y\right)} \mathfrak{D}_{b}\left(\nu_{\Gamma_{j+1}, M_{j+1}}, f\right)
$$

where the second summation is performed over all unoriented bonds belonging to the path $\gamma\left(x_{j+1}, y\right)$.

By Corollary 6.3 in [8], by the logarithmic Sobolev inequality for the GinzburgLandau process (Theorem 2.2 in [8]) and by the Schwarz inequality, the second term in (5.7) is bounded above by

$$
\frac{C_{0} \ell^{2}}{\left|\Gamma_{j+2}\right|} \sum_{b \in \Gamma_{j+2}} \mathfrak{D}_{b}\left(\nu_{\Gamma_{j+1}, M_{j+1}}, f\right)
$$

for some finite constant $C_{0}$. Here the sum is carried over all bonds $b$ in $\Gamma_{j+2}$. The two previous estimates together with (5.7) show that the square of the second member of (5.5) is bounded above by

$$
\begin{aligned}
& \frac{1}{f_{j}} \frac{C_{0} \ell}{\left|\Gamma_{j+2}\right|} \sum_{y \in \Gamma_{j+2}} \sum_{b \in \gamma\left(x_{j+1}, y\right)} \mathfrak{D}_{b}\left(\nu_{\Gamma_{j+1}, M_{j+1}}, f\right) \\
& \quad+\frac{1}{f_{j}} \frac{C_{0} \ell^{2}}{\left|\Gamma_{j+2}\right|} \sum_{b \in \Gamma_{j+2}} \mathfrak{D}_{b}\left(v_{\Gamma_{j+1}, M_{j+1}}, f\right)
\end{aligned}
$$

for some finite constant $C_{0}$.
Putting together this estimate with (5.6) and recalling (5.4) and the definition of $W_{j+1}(f)$ given in the statement of the lemma, we get, by the Schwarz inequality (to move the square root outside the expectation with respect to $v_{\alpha}$ ) that
$E_{v_{\alpha}}\left[\left\{u_{j+1}-u_{j}\right\} f\right]$ is bounded above by

$$
C_{0}\left\{\left\|\frac{\partial u}{\partial \eta_{x_{j+1}}}\right\|_{\infty}+\frac{\log \ell}{\left|\Gamma_{j+2}\right|} \sum_{y \in \Gamma_{j+2}}\left\|\frac{\partial u}{\partial \eta_{y}}\right\|_{\infty}\right\} \sqrt{W_{j+1}(f)}
$$

which proves the lemma.
Lemma 5.2. Recall the definition of the martingale $\left\{u_{j}, 0 \leq j \leq\left|\Lambda_{\ell}\right|\right\}$ introduced in the beginning of this section. Then,

$$
\left\|\frac{\partial u_{j}}{\partial \eta_{x_{j}}}\right\|_{\infty} \leq\left\|\frac{\partial u}{\partial \eta_{x_{j}}}\right\|_{\infty}+C_{0}(\log \ell) \frac{1}{\left|\Gamma_{j+1}\right|} \sum_{y \in \Gamma_{j+1}}\left\|\frac{\partial u}{\partial \eta_{x_{j}}}\right\|_{\infty}
$$

for some finite constant $C_{0}$.
Proof. Recall from (5.4) that $u_{j}=E_{\Gamma_{j+1}, M_{j}-\eta_{x_{j}}}[u]$. In particular,

$$
\begin{align*}
\frac{\partial u_{j}}{\partial \eta_{x_{j}}}= & E_{\Gamma_{j+1}, M_{j}-\eta_{x_{j}}}\left[\partial_{\eta_{x_{j}}} u\right]-E_{\Gamma_{j+1}, M_{j}-\eta_{x_{j}}}\left[\frac{1}{\left|\Gamma_{j+1}\right|} \sum_{y \in \Gamma_{j+1}} \partial_{\eta_{y}} u\right]  \tag{5.8}\\
& +E_{\Gamma_{j+1}, M_{j}-\eta_{x_{j}}}\left[u ; \frac{1}{\left|\Gamma_{j+1}\right|} \sum_{y \in \Gamma_{j+1}} V^{\prime}\left(\eta_{y}\right)\right] .
\end{align*}
$$

Here again, $E[f ; g]$ stands for the covariance of $f, g$. The first term on the righthand side of this formula is clearly bounded by $\left\|\partial_{\eta_{x_{j}}} u\right\|_{\infty}$, while the second one is bounded by $\left|\Gamma_{j+1}\right|^{-1} \sum_{y \in \Gamma_{j+1}}\left\|\partial_{\eta_{y}} u\right\|_{\infty}$. Finally, by Lemma 4.1, the third one is bounded by $C_{0}(\log \ell)\left|\Gamma_{j+1}\right|^{-1} \sum_{y \in \Gamma_{j+1}}\left\|\partial_{\eta_{y}} u\right\|_{\infty}$ for some finite constant $C_{0}$. This concludes the proof of the lemma.
6. Proof of Proposition 3.6. We assume throughout this section hypothesis (H1) and only this one on the potential $V$.

Fix a vector $\mathbf{M}_{q}=\left(M_{1}, \ldots, M_{q}\right)$ and recall the definition of the density $f_{t}=f_{t}^{\varepsilon, \ell, L, \mathbf{M}_{q}}$. To avoid confusion between the vector $\mathbf{M}_{q}$, which is fixed and which characterizes the initial state, and the variables $\sum_{x \in \Omega_{k}} \eta_{x}$, we denote the latter ones by $\mathbf{N}_{q}=\left(N_{1}, \ldots, N_{q}\right)$.

The main problem in the proof of Proposition 3.6 is that $\nu_{\Lambda_{L}, \mathbf{M}_{q}}$ is not absolutely continuous with respect to $v_{\alpha}$. In particular, the entropy at time 0 is infinite. The idea of the proof is the following. We shall introduce a function $g_{t}$ of the total spins in each cube $\left\{\Omega_{j}, 1 \leq j \leq q\right\}: g_{t}=g_{t}\left(\mathbf{N}_{q}\right)$. With this function, we decompose the entropy $H\left(f_{t}\right)$ as

$$
\int f_{t} \log \frac{f_{t}}{g_{t}} d v_{\alpha}+\int f_{t} \log g_{t} d v_{\alpha}
$$

We shall choose $g_{t}$ so that at time $0, g_{t}$ is a Dirac measure on the density $\mathbf{M}_{q}$. In particular, the first term above vanishes at $t=0$ because $f_{0}$ and $g_{0}$ coincide. This observation permits estimating this term by taking a time derivative. A simple computation, related to the relative entropy method, shows that the time derivative of this expression is bounded by

$$
\begin{equation*}
\int f_{t} \frac{\mathcal{L}_{\Lambda_{L}}^{\varepsilon} g_{t}-\partial_{t} g_{t}}{g_{t}} d v_{\alpha} \tag{6.1}
\end{equation*}
$$

We want now to choose a function $g_{t}=g_{t}\left(\mathbf{N}_{q}\right)$ for which most of the terms in the difference $\mathscr{L}_{\Lambda_{L}}^{\varepsilon} g_{t}-\partial_{t} g_{t}$ cancel. Once this choice is made, we must check that there are enough cancellations for the previous integral to be small for $t$ small. We need also to check that this choice of $g_{t}$ is so that the second piece in the decomposition of the entropy is not too large for $t$ small (notice that it must diverges as $t \downarrow 0$ because at time 0 the integral is infinite, but we expect a logarithmic divergence in time).

We need some notation in order to define the function $g_{t}\left(\mathbf{N}_{q}\right)$. Let $2 K+1=$ $(2 L+1) /(2 \ell+1)$. Denote by $\mathbb{T}_{K}^{d}$ the set $\Lambda_{K}$ viewed as a $d$-dimensional torus with $(2 K+1)^{d}$ points. Points of $\mathbb{T}_{K}^{d}$ are denote by the letters $x=\left(x_{1}, \ldots, x_{d}\right)$. Denote by $\Delta$ the Laplacian operator on $\mathbb{T}_{K}^{d}$, so that for a function $f: \mathbb{T}_{K}^{d} \rightarrow \mathbb{R}$, $(\Delta f)(x)=\sum_{1 \leq j \leq d}\left\{f\left(x+e_{j}\right)+f\left(x-e_{j}\right)-2 f(x)\right\}$, where $\left\{e_{j}, \quad 1 \leq j \leq d\right\}$ represents the canonical basis of $\mathbb{R}^{d} . \Delta$ can be viewed as a matrix with entries $\left\{\Delta_{x, y}, x, y \in \mathbb{T}_{K}^{d}\right\}$ given by $\Delta_{x, y}=-2 d \mathbf{1}\{x=y\}+\mathbf{1}\{|x-y|=1\}$. Denote by $X=X_{\varepsilon, \ell}$ the strictly positive operator $X=(2 \ell+1)^{d-1}\{(2 \ell+1) \varepsilon I-\Delta\}$, where $I$ stands for the identity.

For $t \geq 0$, denote by $g_{t}\left(\mathbf{N}_{q}\right)$ the Gaussian kernel defined by

$$
g_{t}\left(\mathbf{N}_{q}\right)=\frac{1}{\left(\left|2 \pi t \Sigma^{-1}\right|\right)^{1 / 2}} \exp \left\{-\frac{1}{2 t}\left[\mathbf{N}_{q}-\mathbf{M}_{q}\right] \Sigma\left[\mathbf{N}_{q}-\mathbf{M}_{q}\right]\right\}
$$

where $\Sigma=X^{-1}$ and $|\Sigma|$ stands for the determinant of $\Sigma$.
We can write the entropy $H\left(f_{t}\right)$ as

$$
\begin{equation*}
\int f_{t} \log \frac{f_{t}}{g_{t}} d v_{\alpha}+\int f_{t} \log g_{t} d v_{\alpha} \tag{6.2}
\end{equation*}
$$

We shall estimate these two terms separately. By definition of $g_{t}$, the second one is bounded above by

$$
\begin{aligned}
& -\frac{1}{2} \log \left\{\left|2 \pi t \Sigma^{-1}\right|\right\}-(1 / 2 t) E_{\Lambda_{L}, \mathbf{M}_{q}}\left[\left\{\mathbf{M}_{q}(t)-\mathbf{M}_{q}\right\} \Sigma\left\{\mathbf{M}_{q}(t)-\mathbf{M}_{q}\right\}\right] \\
& \quad \leq-\frac{1}{2} \log \left\{\left|2 \pi t \Sigma^{-1}\right|\right\}
\end{aligned}
$$

because $\Sigma$ is a positive operator. Since $\Sigma=X^{-1}$, by definition of $X,\left|2 \pi t \Sigma^{-1}\right|=$ $\left[2 \pi t(2 \ell+1)^{d-1}\right]^{q}|\delta I-\Delta|$, where $\delta=\varepsilon(2 \ell+1)$. Since $-\Delta$ is a positive operator, all eigenvalues of $\delta I-\Delta$ are bounded below by $\delta$. In particular, $|\delta I-\Delta| \geq \delta^{q}$.

Hence, $\left|2 \pi t \Sigma^{-1}\right| \geq\left[2 \pi t\left|\Lambda_{\ell}\right| \varepsilon\right]^{q}$ and

$$
\begin{equation*}
\int f_{t} \log g_{t} d v_{\alpha} \leq-\frac{\left|\Lambda_{L}\right|}{2\left|\Lambda_{\ell}\right|} \log \left\{2 \pi t\left|\Lambda_{\ell}\right| \varepsilon\right\} \tag{6.3}
\end{equation*}
$$

We now turn to the first term in (6.2). In the derivation of this estimate, two quantities will appear naturally. For $t \geq 0$, let

$$
\begin{equation*}
W(t)=E_{\Lambda_{L}, \mathbf{M}_{q}}\left[\sum_{x \in \Lambda_{L}} \eta_{x}(t)^{2}\right], \quad U(t)=\sum_{k=1}^{q} E_{\Lambda_{L}, \mathbf{M}_{q}}\left[\left\{M_{k}(t)-M_{k}\right\}^{2}\right] . \tag{6.4}
\end{equation*}
$$

We prove below in Lemmas 6.1 and 6.2 two estimates on $W(t), U(t)$.
A straightforward calculation shows that the time derivative of the first term in (6.2) is bounded above by (6.1). To compute $\mathscr{L}_{\Lambda_{L}}^{\varepsilon} g_{t}$, notice that $\partial_{\eta_{x}} g_{t}=\partial_{M_{j}} g_{t}$ if $x$ belongs to $\Omega_{j}$. It is now easy to see that $g_{t}$ is so defined that all the second order operators in $\mathscr{L}_{\Lambda_{L}}^{\varepsilon}$ cancel with the time derivative of $g_{t}$ and only the drift terms remain:

$$
\begin{align*}
\frac{\left(\mathcal{L}_{\Lambda_{L}}^{\varepsilon}-\partial_{t}\right) g_{t}\left(\mathbf{N}_{q}\right)}{g_{t}\left(\mathbf{N}_{q}\right)}= & \frac{1}{2 t} \sum_{k \sim j}\left\{(\Sigma[\mathbf{N}-\mathbf{M}])_{k}-(\Sigma[\mathbf{N}-\mathbf{M}])_{j}\right\}\left\{V_{k, j}^{\prime}-V_{j, k}^{\prime}\right\} \\
& +\frac{\varepsilon}{2 t} \sum_{k}(\Sigma[\mathbf{N}-\mathbf{M}])_{k} \sum_{x \in \Omega_{k}} V^{\prime}\left(\eta_{x}\right) \tag{6.5}
\end{align*}
$$

In this formula, the summation $k \sim j$ is performed over all indices $k, j$ such that the cubes $\Omega_{k}, \Omega_{j}$ are at distance 1 . In this case, $V_{k, j}^{\prime}$ stands for $\sum_{x} V^{\prime}\left(\eta_{x}\right)$, where the summation is carried over all sites $x$ in $\Omega_{k}$ that are at distance 1 from $\Omega_{j}$. Finally, to keep notation simple, we assume without loss of generality the chemical potential $\lambda$ to be 0 . We can do it because the only assumptions we will use are (H1) that are fulfilled for $-\lambda a+V(a)$ as soon as they are fulfilled by $V(a)$.

We claim that

$$
\begin{equation*}
E_{\Lambda_{L}, \mathbf{M}_{q}}\left[\frac{\left(\mathscr{L}_{\Lambda_{L}}^{\varepsilon}-\partial_{t}\right) g_{t}\left(\mathbf{M}_{q}(t)\right)}{g_{t}\left(\mathbf{M}_{q}(t)\right)}\right] \leq \frac{C_{0}}{(\varepsilon \ell t)^{1 / 2}}\left\{W(0)+L^{d}\right\} \tag{6.6}
\end{equation*}
$$

for $0 \leq t \leq 1$ and some finite constant $C_{0}$.
In view of (6.5), there are two terms we need to estimate. The first one, by the elementary inequality $2 a b \leq A a^{2}+A^{-1} b^{2}$ and by the Schwarz inequality, is bounded above by

$$
\frac{1}{4 A t} E_{\Lambda_{L}, \mathbf{M}_{q}}\left[\sum_{k \sim j}\left\{(\Sigma[\mathbf{M}(t)-\mathbf{M}])_{k}-(\Sigma[\mathbf{M}(t)-\mathbf{M}])_{j}\right\}^{2}\right]
$$

$$
\begin{equation*}
+\frac{2 d A(2 \ell+1)^{d-1}}{t} \sum_{x \in \Lambda_{L}} E_{\Lambda_{L}, \mathbf{M}_{q}}\left[\left\{V^{\prime}\left(\eta_{x}(t)\right)\right\}^{2}\right] \tag{6.7}
\end{equation*}
$$

for every $A>0$. A Fourier computation shows that the first term in this sum is less than or equal to

$$
\frac{C_{0} \ell^{1-2 d}}{A \varepsilon t} \sum_{k=1}^{q} E_{\Lambda_{L}, \mathbf{M}_{q}}\left[\left[M_{k}(t)-M_{k}\right]^{2}\right]
$$

for some finite constant $C_{0}$ that depends only on $d$. By (6.10), this sum is bounded above by $C_{0}\left\{W(0)+L^{d}\right\} / A \ell^{d} \varepsilon$ for $0 \leq t \leq 1$. On the other hand, by hypothesis (H1) and by (6.9), the second term in (6.7) is bounded above by $C_{0} \ell^{d-1} t^{-1}\left\{W(0)+L^{d}\right\}$. Minimizing over $A$, we show the (6.7) is less than or equal to $C_{0}(\varepsilon \ell t)^{-1}\left[W(0)+L^{d}\right]$.

We now examine the expectation of the second term in the decomposition (6.5). By the very same arguments, the expectation of this expression is bounded above by

$$
\begin{equation*}
\frac{\varepsilon A}{4 t} \sum_{k} E_{\Lambda_{L}, \mathbf{M}_{q}}\left[\left\{(\Sigma[\mathbf{M}(t)-\mathbf{M}])_{k}\right\}^{2}\right]+\frac{C_{0} \varepsilon \ell^{d}}{4 A t} \sum_{x \in \Lambda_{L}} E_{\Lambda_{L}, \mathbf{M}_{q}}\left[\left[V^{\prime}\left(\eta_{x}(t)\right)\right]^{2}\right] \tag{6.8}
\end{equation*}
$$

for every $A>0$. A Fourier computation and assumption (H1) permit bounding this expression by

$$
\frac{C_{0} A}{\varepsilon \ell^{2 d} t} \sum_{k} E_{\Lambda_{L}, \mathbf{M}_{q}}\left[\left\{M_{k}(t)-M_{k}\right\}^{2}\right]+\frac{C_{0} \varepsilon \ell^{d}}{A t}\left\{L^{d}+\sum_{x \in \Lambda_{L}} E_{\Lambda_{L}, \mathbf{M}_{q}}\left[\eta_{x}(t)^{2}\right]\right\}
$$

By (6.9) and (6.10) below, this expression is bounded above by

$$
\frac{C_{0} A}{\varepsilon \ell^{d+1}}\left\{L^{d}+W(0)\right\}+\frac{C_{0} \varepsilon \ell^{d}}{A t}\left\{L^{d}+W(0)\right\}
$$

It remains to minimize over $A$ to show that (6.8) is less than or equal to $C_{0}(\ell t)^{-1}\left[W(0)+L^{d}\right]$. This estimate together with the one of (6.7) proves the claim (6.6).

Since the left-hand side of (6.6) is an upper bound for the time derivative of the first term in (6.2), integrating in time we get that

$$
\int f_{t} \log \frac{f_{t}}{g_{t}} d \nu_{\alpha} \leq \frac{C_{0} \sqrt{t}}{\sqrt{\varepsilon \ell}}\left\{W(0)+L^{d}\right\}
$$

In view of this estimate and of (6.2), (6.3),

$$
E_{v_{\alpha}}\left[H\left(f_{t}\right)\right] \leq \frac{C_{0} \sqrt{t}}{\sqrt{\varepsilon \ell}}\left\{E_{v_{\alpha}}[W(0)]+L^{d}\right\}-\frac{\left|\Lambda_{L}\right|}{2\left|\Lambda_{\ell}\right|} \log \left\{2 \pi t\left|\Lambda_{\ell}\right| \varepsilon\right\}
$$

By definition,

$$
E_{v_{\alpha}}[W(0)]=\left|\Lambda_{\ell}\right| \sum_{k=1}^{q} E_{v_{\alpha}}\left[E_{\Omega_{k}, M_{k}}\left[\eta_{0}^{2}\right]\right]=\left|\Lambda_{L}\right| E_{v_{\alpha}}\left[\eta_{0}^{2}\right] .
$$

The previous expression is thus bounded by

$$
\frac{C_{0} \sqrt{t} L^{d}}{\sqrt{\varepsilon \ell}}-\frac{\left|\Lambda_{L}\right|}{2\left|\Lambda_{\ell}\right|} \log \left\{2 \pi t\left|\Lambda_{\ell}\right| \varepsilon\right\}
$$

For $t^{*}=\varepsilon \ell^{1-2 d}$, this expression is less than or equal to $C_{0}(L / \ell)^{d} \log \left\{\varepsilon^{-2} \ell^{d-1}\right\}$ so that

$$
E_{v_{\alpha}}\left[H\left(f_{t^{*}}\right)\right] \leq C_{0}\left(\frac{L}{\ell}\right)^{d}\left\{\log \ell+\log \varepsilon^{-1}\right\}
$$

By definition of $\varepsilon$ and since $\ell \geq 1, t^{*} \leq 1$. Since $H\left(f_{t}\right)$ decreases in time, for every $t \geq 1$,

$$
E_{v_{\alpha}}\left[H\left(f_{t}\right)\right] \leq C_{0}\left(\frac{L}{\ell}\right)^{d}\left\{\log \ell+\log \varepsilon^{-1}\right\}
$$

which proves the proposition.
We conclude this section with the derivation of two estimates needed above. We first claim the following.

Lemma 6.1. There exists a finite constants $C_{0}$ depending only on $B_{1}, d$ such that

$$
W(t) \leq W(0) e^{C_{0} t}+L^{d}\left(e^{C_{0} t}-1\right)
$$

for all $t \geq 0$.
Proof. The result follows from Gronwall inequality and an elementary computation. First of all, it is easy to show that $\mathscr{L}_{\Lambda_{L}}^{\varepsilon} \sum_{x \in \Lambda_{L}} \eta_{x}^{2}$ is equal to

$$
(4 d+\varepsilon)\left|\Lambda_{L}\right|-\varepsilon \sum_{x} \eta_{x} V^{\prime}\left(\eta_{x}\right)-\sum_{|x-y|=1}\left[\eta_{y}-\eta_{x}\right]\left[V^{\prime}\left(\eta_{y}\right)-V^{\prime}\left(\eta_{x}\right)\right]
$$

We estimate the second and third terms of this expression by applying the elementary inequality $2 a b \leq a^{2}+b^{2}$. Now, recalling that $\varepsilon \leq 1$ and from assumption (H1) that $V^{\prime}(a)^{2} \leq B_{1}\left[1+a^{2}\right]$, we get that the previous sum is less than or equal to

$$
C\left(d, B_{1}\right)\left\{L^{d}+\sum_{x} \eta_{x}^{2}\right\} .
$$

It follows from this estimate that $W^{\prime}(t) \leq C\left\{L^{d}+W(t)\right\}$. To conclude the proof of the lemma, one just needs to apply the Gronwall inequality.

Notice that the right-hand side of the inequality presented in the statement of the previous lemma is bounded by $C_{1}\left\{W(0)+t L^{d}\right\}$ for $t \leq 1$, so that

$$
\begin{equation*}
W(t) \leq C_{1}\left\{W(0)+t L^{d}\right\} \tag{6.9}
\end{equation*}
$$

for all $0 \leq t \leq 1$.
Recall the definition of $U(t)$ given in (6.4). We claim the following.

Lemma 6.2. There exists a finite constant $C_{0}$ depending only on $B_{1}, d$ such that

$$
U(t) \leq \ell^{d-1}\left\{W(0)+L^{d}\right\}\left(e^{C_{0} t}-1\right)
$$

for all $0 \leq t \leq 1$.
Proof. The strategy here is similar to that of the previous lemma and relies on the Gronwall lemma and on explicit computations. Notice that for any smooth function $H, \partial_{\eta_{x}} H\left(M_{k}\right)=\mathbf{1}\left\{x \in \Omega_{k}\right\} \partial_{M_{k}} H\left(M_{k}\right)$. In particular, it is not difficult to show that $\mathcal{L}_{\Lambda_{L}}^{\varepsilon} \sum_{k} M_{k}^{2}$ is equal to

$$
\left.\left.\begin{array}{l}
\frac{\left|\Lambda_{L}\right|}{\left|\Lambda_{\ell}\right|}\left(\varepsilon+4 d\left|\Lambda_{\ell}\right|(d-1) / d\right.
\end{array}\right)-\sum_{k \sim j}\left[M_{k}-M_{j}\right]\left[V_{k, j}^{\prime}-V_{j, k}^{\prime}\right]\right] \text {. } \quad \begin{aligned}
& \quad-\sum_{k} M_{k} \sum_{x \in \Omega_{k}} V^{\prime}\left(\eta_{x}\right)
\end{aligned}
$$

Here, the factor $\ell^{d-1}$ in the first term comes from the fact that $\sum_{k} M_{k}^{2}$ changes only due to the diffusion at the boundary of the squares $\left\{\Omega_{i}, 1 \leq i \leq q\right\}$. The fact that $\varepsilon \leq \ell^{-1}$, the elementary inequality $2 a b \leq a^{2}+b^{2}$, the Schwarz inequality and assumption (H1) permits bounding the previous expression by

$$
C_{0}\left(d, B_{1}\right)\left\{L^{d} \ell^{d-1}+\sum_{k} M_{k}^{2}+\ell^{d-1} \sum_{x} \eta_{x}^{2}\right\} .
$$

This estimate shows that $U^{\prime}(t)$ is bounded by $C_{0}\left\{L^{d} \ell^{d-1}+\ell^{d-1} W(t)+U(t)\right\}$. From (6.9), $W(t) \leq C_{1}\left\{W(0)+L^{d}\right\}$ for $t \leq 1$. Therefore, $U^{\prime}(t) \leq C_{0}\left\{\ell^{d-1} W(0)+\right.$ $\left.L^{d} \ell^{d-1}+U(t)\right\}$. Since $U(0)=0$, to conclude the proof of the lemma we just need to apply the Gronwall inequality.

It follows from the lemma that there exists a finite constant $C_{0}$ depending only on $d, B_{1}$ such that

$$
\begin{equation*}
U(t) \leq C_{0} \ell^{d-1}\left\{W(0)+L^{d}\right\} t \tag{6.10}
\end{equation*}
$$

for all $0 \leq t \leq 1$.
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## IMPA

Estrada Dona Castorina 110
CEP 22460 Rio de Janeiro
Brasil
E-MAIL: landim@impa.br
AND
CNRS UMR 6085
Universitè de Rouen
76.128 Mont Saint Aignan Cedex

France

Department of Mathematics
Courant Institute
of Mathematical Sciences
New York University
251 Mercer St.
New York, New York 10003
E-MAIL: yau@cims.nyu.edu


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