

## ON ATTACHING 3-HANDLES TO A 1-CONNECTED 4-MANIFOLD<sup>†</sup>

BRUCE TRACE

**This paper studies various properties of 3-handle presentations of 1-connected, smooth, 4-manifolds—with-connected-boundary. Although the question of whether or not such 4-manifolds have handle presentations consisting solely of 0-, 1- and 2-handles remains open, the main results of this paper do imply that the essential structure of such 4-manifolds is contained in a neighborhood of their 2-skeleton.**

Throughout this article all maps and manifolds will be of class  $C^\infty$ . The key idea exploited here is that a knot in the boundary of a 4-manifold which is slice in this 4-manifold (i.e., which bounds a smooth, properly embedded 2-disc) may be viewed as the cocore of a 2-handle—the 2-handle being a tubular neighborhood of the slice disc. Thus, if  $M^4$  is obtained from  $W^4$  by attaching a 3-handle,  $h^3$ , along an embedded  $S^2 \times [-1, 1]$  in  $\partial W^4$ , which is denoted  $W^4 \bigcup_{\Sigma^2} h^3$  where  $\Sigma^2$  is the image of  $S^2 \times \{0\}$  under this embedding, then in order to construct a 2-handle which is complementary to  $h^3$  we need only construct a knot  $K \subset \partial W^4$  which meets  $\Sigma^2$  transversely in a single point (i.e.,  $K$  and  $\Sigma^2$  are complementary in  $\partial W^4$ ) and which is slice in  $W^4$ . If the boundary of  $W^4$  is connected, the existence of a knot  $K \subset \partial W^4$  which is complementary to  $\Sigma^2$  is clearly equivalent to  $\Sigma^2$  not separating  $\partial W^4$ . If  $W^4$  is 1-connected, the following proposition tells us that a knot complementary to  $\Sigma^2$  must be slice.

**PROPOSITION 1.** *Suppose  $W^4$  is a 1-connected 4-manifold—with-connected-boundary. If  $K$  is a knot in  $\partial W^4$  which is complementary to an embedded 2-sphere  $\Sigma^2$  in  $\partial W^4$ , then  $K$  is slice in  $W^4$ .*

The proof of Proposition 1 is based on the Norman trick [6], which is discussed later in the paper.

The discussion above implies.

**PROPOSITION 2.** *Suppose  $M = W^4 \bigcup_{\Sigma^2} h^3$  and  $\tilde{M}^4 = W^4 \bigcup_{\tilde{\Sigma}^2} \tilde{h}^3$  are 1-connected 4-manifolds—with-connected-boundary. If there exists a knot  $K$  in  $\partial W^4$  such that  $K$  is simultaneously complementary to both  $\Sigma^2$  and  $\tilde{\Sigma}^2$ , then  $M^4$  is diffeomorphic to  $\tilde{M}^4$ .*

Standard 3-manifold techniques yield.

**PROPOSITION 3.** *Suppose  $W^3$  is a connected, orientable, 3-manifold. If  $\Sigma^2$  and  $\tilde{\Sigma}^2$  are disjoint, nonseparating, embedded 2-spheres in the interior of  $W^3$ , then there exists a knot  $K$  in  $W^3$  which is simultaneously complementary to both  $\Sigma^2$  and  $\tilde{\Sigma}^2$ .*

If  $\Sigma^2 \cap \tilde{\Sigma}^2 \neq \emptyset$ , by isotoping  $\Sigma^2$  to  $\Sigma_0^2$  where  $\Sigma_0^2$  meets  $\tilde{\Sigma}^2$  transversely, then by performing cutting and pasting techniques to innermost circles of intersection in  $\Sigma_0^2$  together with an induction argument we arrive at

**PROPOSITION 4.** *Suppose  $W^3$  is a connected, orientable, 3-manifold. If  $\Sigma^2$  and  $\tilde{\Sigma}^2$  are nonseparating, embedded 2-spheres in the interior of  $W^3$ , then there exists a finite sequence  $\Sigma_0^2 \rightarrow \Sigma_1^2 \rightarrow \cdots \rightarrow \Sigma_m^2 = \tilde{\Sigma}^2$  of nonseparating, embedded 2-spheres in the interior of  $W^3$  such that  $\Sigma_i^2 \cap \Sigma_{i+1}^2 = \emptyset$  for  $i = 0, 1, \dots, m-1$ , and  $\Sigma_0^2$  is isotopic to  $\Sigma^2$ .*

Propositions 2, 3, and 4 combine to yield

**PROPOSITION 5.** *Suppose  $M^4 = W^4 \mathbf{U}_{\Sigma^2} h^3$  and  $\tilde{M}^4 = W^4 \mathbf{U}_{\tilde{\Sigma}^2} \tilde{h}^3$  are 1-connected 4-manifolds—with—connected-boundary, then  $M^4$  is diffeomorphic to  $\tilde{M}^4$ .*

Proposition 5 together with an inductive argument are used to prove the nontrivial implication in

**THEOREM 1.** *Suppose  $M^4 = W^4 \mathbf{U}_{\Sigma_1^2} h_1^3 \cup \cdots \cup \mathbf{U}_{\Sigma_k^2} h_k^3$  and  $\tilde{M}^4 = \tilde{W}^4 \mathbf{U}_{\tilde{\Sigma}_1^2} \tilde{h}_1^3 \cup \cdots \cup \mathbf{U}_{\tilde{\Sigma}_k^2} \tilde{h}_k^3$  are 1-connected, 4-manifolds—with—connected-boundary. Then  $M^4$  is diffeomorphic to  $\tilde{M}^4$  if and only if  $W^4$  is diffeomorphic to  $\tilde{W}^4$ .*

**REMARK.** In [4] F. Laudenbach and V. Poenaru showed (essentially) that Theorem 1 remains true if we assume  $\partial M^4 = S^3$  rather than  $\pi_1(M^4) = 1$ . (See [5] for details.)

By introducing  $k$  complementary 2-, 3-handle pairs to  $W^4$  then employing Theorem 1 to reattach these complementary 3-handles so as to form  $M^4 \cup k$  (2-handles) from  $W^4 \cup k$  (complementary 2-, 3-handle pairs), we observe that  $M^4$  embeds in  $W^4$ . Hence we observe

**THEOREM 2.** *Suppose  $M^4$  and  $W^4$  are as in the statement of Theorem 1. Then, if  $N^4$  is an arbitrary 4-manifold,  $M^4$  embeds in  $N^4$  if and only if  $W^4$  embeds in  $N^4$ .*

Theorem 1 together with the cutting and pasting argument of Proposition 4 imply

**THEOREM 3.** *Suppose  $M^4$  and  $W^4$  are as in the statement of Theorem 1, and  $W^4 = W_1^4 \#_0 W_2^4$ . Then  $M^4 = M_1^4 \#_0 M_2^4$  where  $M_i^4 = W_i^4 \cup (3\text{-handles})$  for  $i = 1, 2$ .*

I would like to thank R. D. Edwards for his suggestions. These suggestions served to simplify many points in the proof of Theorem 1.

**DEFINITIONS AND NOTATION.** We shall assume the reader is familiar with the basic definitions and results of differential topology—in particular handle theory.

We shall denote the unit ball in  $R^n$  by  $B^n$ . Any diffeomorph of  $B^n$  is called an  $n$ -disc. The  $(n - 1)$ -sphere is denoted by  $S^{n-1}$ . If  $M^n$  is an  $n$ -manifold—with—boundary we denote the boundary of  $M^n$  by  $\partial M^n$ . The interior of  $M^n$ , denoted  $\text{int } M^n$ , is  $\text{int } M^n = M^n - \partial M^n$ . If  $X$  is a subset of  $M^n$ , then we shall use  $\text{cl } X$  to denote the closure of  $X$  in  $M^n$ .

If  $M_1^n$  and  $M_2^n$  are two manifolds, then  $M_1^n \# M_2^n$  denotes the (interior) connected sum of  $M_1^n$  with  $M_2^n$  and the boundary connected sum of  $M_1^n$  with  $M_2^n$  is denoted by  $M_1^n \#_0 M_2^n$ .

Throughout this paper lower case “ $h$ ” is used only for “handle”. The symbols  $h^r, h_i^r$  and  $\tilde{h}_i^r$  all represent  $r$  handles. The subscript denotes the order of attaching.

An arc is an embedded 1 disc and a knot in a 3-manifold is an embedded  $S^1$ .

*Proof of Proposition 1.* Since  $W^4$  is 1-connected there exists an immersed 2-disc  $\mathcal{A}_1^2 \subset W^4$  bounded by  $K$ . We may assume that  $\mathcal{A}_1^2$  is properly immersed in  $W^4$  (i.e.  $\mathcal{A}_1^2 \cap \partial W^4 = \partial \mathcal{A}_1^2$ ) and that the singular set of  $\mathcal{A}_1^2$  consists of a finite number of transverse double points. Since  $\Sigma^2$  meets  $K$  transversely in a single point, there exists an embedded 2-sphere  $\Sigma_1^2 \subset \text{int } W^4$  such that  $\Sigma_1^2$  meets  $\mathcal{A}_1^2$  transversely in a single point, say  $g$ .

If  $p$  is a double point of  $\mathcal{A}_1^2$ , let  $\alpha$  be an arc in  $\mathcal{A}_1^2$  joining  $p$  to  $g$  such that  $\alpha$  meets no other double point of  $\mathcal{A}_1^2$ . We now apply the Norman trick. This means we pipe  $\mathcal{A}_1^2$  to  $\Sigma_1^2$  via a small annulus contained in the normal bundle of  $\mathcal{A}_1^2$  restricted to  $\alpha$ . The net result of this piping operation is to cancel the double point  $p$  of  $\mathcal{A}_1^2$  against the point  $g = \mathcal{A}_1^2 \cap \Sigma_1^2$ . Thus we have replaced the 2-disc  $\mathcal{A}_1^2$  with a new 2-disc,  $\mathcal{A}_2^2$ , which is bounded by  $K$  and has one fewer double point than  $\mathcal{A}_1^2$ . Inductively we obtain  $K$  bounds a properly embedded 2-disc, i.e.,  $K$  is slice in  $W^4$ .

*Proof of Proposition 2.* By Proposition 1, such a knot  $K$  is slice

in  $W^4$ . Let  $\mathcal{A}^2$  be a slice disc for  $K$  in  $W^4$ . If  $N(\mathcal{A}^2)$  is a small tubular neighborhood of  $\mathcal{A}^2$  then  $N(\mathcal{A}^2)$  is a trivial 2-discbundle over  $\mathcal{A}^2$ . Hence,  $W^4$  is obtained from  $\text{cl}(W^4 - N(\mathcal{A}^2))$  by attaching a 2-handle, namely  $N(\mathcal{A}^2)$ , where  $\mathcal{A}^2$  is the cocore disc of  $N(\mathcal{A}^2)$ . Since  $K$  is simultaneously complementary to both  $\Sigma^2$  and  $\tilde{\Sigma}^2$ , we obtain the 2-handle  $N(\mathcal{A}^2)$  is complementary to each of the 3-handle  $h^3$  and  $\tilde{h}^3$ . Therefore both  $M^4$  and  $\tilde{M}^4$  are diffeomorphic to  $\text{cl}(W^4 - N(\mathcal{A}^2))$ .

*Proof of Proposition 3.* Since neither  $\Sigma^2$  nor  $\tilde{\Sigma}^2$  separate  $W^3$  we must have that  $W^3 - (\Sigma^2 \cup \tilde{\Sigma}^2)$  consists of at most two components. If  $W^3 - (\Sigma^2 \cup \tilde{\Sigma}^2)$  is connected, the existence of the desired knot  $K$  is obvious. If  $W^3 - (\Sigma^2 \cup \tilde{\Sigma}^2)$  consists of two components, say  $C_1$  and  $C_2$ , choose points  $p \in \Sigma^2$  and  $\tilde{p} \in \tilde{\Sigma}^2$ . Because both  $W^3 - \Sigma^2$  and  $W^3 - \tilde{\Sigma}^2$  are connected and  $C_i, i = 1, 2$ , is arc connected, there exist arcs  $\alpha_i$  properly embedded in  $\text{cl}(C_i), i = 1, 2$ , joining  $p$  to  $\tilde{p}$ . Thus  $K = \alpha_1 \cup \alpha_2$  is the desired knot.

*Proof of Proposition 4.* We may isotope  $\Sigma^2$  to  $\Sigma_0^2$ , where  $\Sigma_0^2 \cap \tilde{\Sigma}^2$  consists of a finite collection of transverse, disjoint circles. Let  $\sigma^1$  be an innermost circle of intersection in  $\tilde{\Sigma}^2$  bounding the innermost disc  $\tilde{\mathcal{A}}^2 \subset \tilde{\Sigma}^2$ , i.e.,  $\partial \tilde{\mathcal{A}}^2 = \sigma^1$  and  $\Sigma_0^2 \cap (\text{int } \tilde{\mathcal{A}}^2) = \emptyset$ .

Let  $\mathcal{A}_1^2 \cup \mathcal{A}_2^2 = \Sigma_0^2$ , where  $\mathcal{A}_1^2 \cap \mathcal{A}_2^2 = \sigma^1$ . We may isotope the 2-spheres  $\tilde{\mathcal{A}}^2 \cup \mathcal{A}_i^2$  to disjoint 2-spheres  $\Sigma_{i1}^2, i = 1, 2$ , where both  $\Sigma_{11}^2$  and  $\Sigma_{12}^2$  meet  $\tilde{\Sigma}^2$  in at least one fewer component than  $\Sigma_0^2$  and  $\Sigma_{i1}^2 \cap \Sigma_0^2 = \emptyset, i = 1, 2$ . Since the connected sum of  $\Sigma_{11}^2$  with  $\Sigma_{12}^2$  gives back  $\Sigma_0^2$  (up to isotopy), we must have either  $\Sigma_{11}^2$  or  $\Sigma_{12}^2$  not separating  $W^3$ . Let  $\Sigma_1^2$  be this noseparating 2 sphere.

Since  $\Sigma_1^2$  meets  $\tilde{\Sigma}^2$  in fewer components than does  $\Sigma_0^2$ , we may inductively continue the process until we come to a 2-sphere which is disjoint from  $\tilde{\Sigma}^2$ . Having done so, we will have constructed the desired sequence of 2-spheres.

*Proof of Proposition 5.* Since both  $M^4$  and  $\tilde{M}^4$  have connected boundary, it follows that  $\Sigma^2$  and  $\tilde{\Sigma}^2$  are nonseparating 2-spheres in the connected, orientable 3-manifold  $\partial W^4$ . Thus, by Proposition 4, there exists a 2-sphere  $\Sigma_0^2 \subset \partial W^4$  which is isotopic to  $\Sigma^2$  and a finite sequence of nonseparating 2-spheres  $\Sigma_0^2 \rightarrow \Sigma_1^2 \rightarrow \dots \rightarrow \Sigma_m^2 = \tilde{\Sigma}^2$  where  $\Sigma_i^2 \cap \Sigma_{i+1}^2 = \emptyset, i = 0, 1, \dots, m - 1$ . By Proposition 3 there exists a knot  $K_i \subset \partial W^4$  such that  $K_i$  is simultaneously complementary to both  $\Sigma_i^2$  and  $\Sigma_{i+1}^2$  for  $i = 0, 1, \dots, m - 1$ .

Set  $M_i^4 = W^4 \bigcup_{\Sigma_i^2} h_i^3$  for  $i = 0, 1, \dots, m - 1$ . Since  $\Sigma^2$  is isotopic to  $\Sigma_0^2$ , we have  $M^4$  is diffeomorphic to  $M_0^4$ . We apply Proposition 2 to obtain  $M_i^4$  is diffeomorphic to  $M_{i+1}^4, i = 0, \dots, \dots, m, 1$ . Thus  $M^4$  is diffeomorphic to  $\tilde{M}^4$ .

*Proof of Theorem 1.* Suppose  $f: M^4 \rightarrow \tilde{M}^4$  is a diffeomorphism. Since the cocore of 3-handle is 1-dimensional and  $M^4$  is simply connected, there exists an ambient isotopy of  $\tilde{M}^4, F_i$ , such that  $F_0$  is the identity and  $F_i[f(\text{cocore of } h_i^3)] = (\text{cocore of } \tilde{h}_i^3), i = 1, \dots, k$ . Then both  $F_i(f(h_i^3))$  and  $\tilde{h}_i^3$  are tubular neighborhoods of the cocore of  $\tilde{h}_i^3, i = 1, \dots, k$ . Therefore there exists an isotopy  $G_i$  of  $\tilde{M}^4$  such that  $G_0$  is the identity and  $G_i(F_i(f(h_i^3))) = \tilde{h}_i^3, i = 1, \dots, k$ . Set  $g = G_1 \circ F_1 \circ f: M^4 \rightarrow \tilde{M}^4$ . Then  $g|W^4$  is a diffeomorphism of  $W^4$  onto  $\tilde{W}^4$ .

As previously stated, the nontrivial implication in Theorem 1 proceeds via induction on  $k$ . Let  $g: W^4 \rightarrow \tilde{W}^4$  be a diffeomorphism assume  $k = 1$ . Set  $g(M^4) = \tilde{W} \bigcup_{\Sigma_1^2} h^3$ . Then  $g$  induces a diffeomorphism of  $M^4$  onto  $g(M^4)$ . Therefore  $g(M^4)$  and  $\tilde{M}^4$  satisfy the hypothesis of Proposition 5. This yields  $g(M^4)$  is diffeomorphic to  $\tilde{M}^4$  and hence the theorem is true for  $k = 1$ .

Set

$$W_*^4 = W^4 \bigcup_{\Sigma_1^2} h_1^3 \cup \dots \cup_{\Sigma_{k-1}^2} h_{k-1}^3 \quad \text{and} \quad \tilde{W}_*^4 = \tilde{W}^4 \bigcup_{\tilde{\Sigma}_1^2} \tilde{h}_1^3 \cup \dots \cup_{\tilde{\Sigma}_{k-1}^2} \tilde{h}_{k-1}^3.$$

By induction, if  $W^4$  is diffeomorphic to  $\tilde{W}^4$  then  $W_*^4$  is diffeomorphic to  $\tilde{W}_*^4$ . By repeating the argument used in the  $k = 1$  case to  $M^4 = W_*^4 \bigcup_{\Sigma_1^2} h_k^3$  and  $\tilde{M}^4 = \tilde{W}_*^4 \bigcup_{\tilde{\Sigma}_k^2} \tilde{h}_k^3$  we obtain  $M^4$  is diffeomorphic to  $\tilde{M}^4$  which completes the proof of Theorem 1.

*Proof of Theorem 2.* Let  $\mathcal{A}^3 \subset \partial W^4$  be a 3-cell disjoint from  $\bigcup_{i=1}^k \Sigma_i^2$ . Attach  $k$  complementary 2-,3-handle pairs to  $W^4$  with attaching tubes meeting  $\partial W^4$  in the interior of  $\mathcal{A}^3$ . Observing that  $W^4 \cup k$  (2-handles) is simply connected if  $W^4$  is simply connected, we apply Theorem 1 to alter the fashion in which 3-handles are attached to  $W^4 \cup k$  (2-handles). We reattach the 3-handle which initially is complementary to the  $i$ th 2-handle to  $\Sigma_i^2$ .

Since  $W^4$  union  $k$  complementary 2-,3-handle pairs is diffeomorphic to  $W^4$  upon altering the fashion in which 3-handles are attached to  $W^4 \cup k$  (2-handles), we have that  $W^4$  is diffeomorphic to  $M^4 \cup k$  (2-handles). Hence any embedding of  $W^4$  into  $N^4$  yields an embedding of  $M^4$  into  $N^4$ .

The converse direction is trivial.

*Proof of Theorem 3.* Let  $\Sigma^2 \subset \partial W^4$  be the 2-sphere along which we connect  $\text{sum } \partial W_1^4$  to  $\partial W_2^4$  to obtain  $\partial W^4$ . We may isotope the  $\Sigma_i^2, i = 1, \dots, k$ , so that they meet  $\Sigma^2$  transversely in a finite collection of circles. Proceeding as in Proposition 4, the collection  $\Sigma_i^2, i = 1, \dots, k$ , may be replaced with another collection of 2-spheres  $\tilde{\Sigma}_i^2, i = 1, \dots, k$  such that  $\tilde{\Sigma}_i^2 \cap \Sigma^2 = \emptyset$  for  $i = 1, \dots, k$ , and  $\partial W^4 - (\bigcup_{i=1}^k \tilde{\Sigma}_i^2)$  is connected.

Set  $\tilde{M}^4 = W^4 \mathbf{U}_{\tilde{\Sigma}_k^2} \tilde{h}_1^3 \cup \cdots \cup \mathbf{U}_{\tilde{\Sigma}_k^2} \tilde{h}_k^3$  and observe that  $M^4$  and  $\tilde{M}^4$  satisfy the hypothesis of Theorem 1. Hence  $M^4$  is diffeomorphic to  $\tilde{M}^4$ . Since  $\tilde{\Sigma}_i^2 \cap \Sigma^2 = \emptyset$  for  $i = 1, \dots, k$ , we have  $\tilde{M}^4 = \tilde{M}_1^4 \#_a \tilde{M}_2^4$  where  $\tilde{M}_i^4 = \tilde{W}_i^4 \cup$  (3-handles),  $i = 1, 2$ . This implies the desired result.

*Some Corollaries.*

**COROLLARY 1.** *Suppose  $M^4 = B^4 \cup k$  (2-handles)  $\cup k$  (3-handles)  $\cong pt$ . Then  $M$  smoothly embeds in  $S^4$  if and only if the link along which the 2-handles are attached to  $B^4$  is strongly slice in  $B^4$ .*

*Sketch of Proof.* Since  $M^4$  is contractible, each 2-handle is attached to  $B^4$  via 0-framing. We leave as an exercise the fact that  $B^4 \cup k$  (2-handles) smoothly embed in  $S^4$  if and only if the link along which 2-handles are attached to  $B^4$  is strongly slice, i.e., each component is slice and the slice discs can be chosen to be mutually disjoint, and each 2-handle is attached via 0-framing. Theorem 2 implies  $M^4$  smoothly embeds in  $S^4$  if  $B^4 \cup k$  (2-handles) does.

**COROLLARY 2.** *Suppose  $M^4 = B^4 \mathbf{U}_K$  (2-handle)  $\cup$  (3-handle)  $\cong pt$ . Then the punctured double of  $M^4$  smoothly embeds in  $B^4 \mathbf{U}_K$  (2-handle). Hence,  $\text{Punct}(DM^4)$  smoothly embeds in  $S^4$  if and only if  $K$  is slice.*

*Proof.* Write  $M^4 = B^4 \mathbf{U}_K h^2 \cup h^3$ . Then  $\text{Punct}(DM^4) = B^4 \mathbf{U}_K h^2 \cup h^3 \cup (h^3)^* \cup (h^2)^*$ , where  $(h^3)^*$  is a 1-handle dual to  $h^3$  and  $(h^2)^*$  is a 2-handle dual to  $h^2$ .

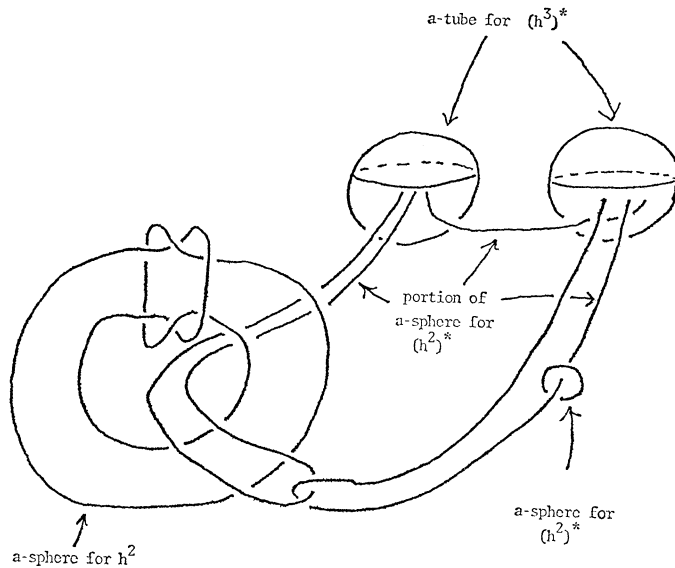


FIGURE 1

We attach a 2-handle,  $(h^2)_m^*$ , to  $\text{Punct}(DM^4)$ . This 2-handle is attached via 0-framing along a meridian of the attaching sphere of  $(h^2)^*$ , see Figure 1.

Then by sliding  $h^2$  over  $(h^2)_m^*$  we can untangle the  $a$ -spheres of  $h^2$  and  $(h^2)^*$ . Since  $M^4$  is contractible, we must have  $(h^2)^*$  algebraically cancelling  $(h^3)^*$ . By sliding  $(h^2)^*$  over  $(h^2)_m^*$  we can arrange that  $(h^2)^*$  geometrically cancels  $(h^3)^*$ . Thus,  $\text{Punct}(DM^4) \subset B^4 \mathbf{U}_K h^2 \cup h^3 \cup (h^2)_m^*$ . Since the  $a$ -sphere of  $h^2$  and the  $a$ -sphere of  $(h^2)_m^*$  lie in disjoint 3-cells of  $\partial B^4$  and since the  $a$ -sphere for  $(h^2)_m^*$  is the unknot—we may apply Theorem 1 so as to reattach  $h^3$  so that it geometrically cancels  $(h^2)_m^*$ . Thus  $\text{Punct}(DM^4) \subset B^4 \mathbf{U}_K h^2$ .

*Final Remarks.* (1) In [3], R. Kirby and P. Melvin observed that  $K$  as in Corollary 2 is slice if  $\partial M = S^3$ .

(2) Recently, S. Akbulut and R. Kirby have obtained a  $M^4 = B^4 \cup 2$  (2-handles)  $\cup 2$  (3-handles)  $\cong pt.$  where the link along which 2-handles are attached is not known to be slice, (see [1] and [2]).

#### REFERENCES

1. S. Akbulut and R. Kirby, *An Exotic Involution of  $S^4$* , *Topology*, **18** (1979), 75–81.
2. S. Akbulut and R. Kirby, to appear.
3. R. Kirby and P. Melvin, *Slice Knots and Property R*, *Inventiones Math.*, **45** (1978), 57–59.
4. F. Laudenbach and V. Poenaru, *A Note on 4-Dimensional Handlebodies*, *Bull. Soc. Math., France*, **100** (1972), 337–347.
5. J. Montesinos, *Heegard Diagrams For 4-Manifolds*, Preprint.
6. R. Norman, *Dehn's Lemma for Certain 4-Manifolds*, *Inventiones Math.*, **7** (1969), 143–147.

Received October 13, 1980. Research partially supported by NSF grant MCS 7606903.

UNIVERSITY OF CALIFORNIA  
LOS ANGELES, CA 920024

*Present Address:* University of Utah  
Salt Lake City, UT 84112

