

## DISTORTION OF BOUNDARY SETS UNDER INNER FUNCTIONS (II)

JOSÉ L. FERNÁNDEZ, DOMINGO PESTANA AND JOSÉ M. RODRÍGUEZ

**We present a study of the metric transformation properties of inner functions of several complex variables. Along the way we obtain fractional dimensional ergodic properties of classical inner functions.**

### 1. Introduction.

An inner function is a bounded holomorphic function from the unit ball  $\mathbb{B}_n$  of  $\mathbb{C}^n$  into the unit disk  $\Delta$  of the complex plane such that the radial boundary values have modulus 1 almost everywhere. If  $E$  is a non empty Borel subset of  $\partial\Delta$ , we denote by  $f^{-1}(E)$  the following subset of the unit sphere  $\mathbb{S}_n$  of  $\mathbb{C}^n$

$$f^{-1}(E) = \left\{ \xi \in \mathbb{S}_n : \lim_{r \rightarrow 1} f(r\xi) \text{ exist and belongs to } E \right\} .$$

The classical lemma of Löwner, see e.g. [R, p. 405], asserts that inner functions  $f$ , with  $f(0) = 0$ , are measure preserving transformations when viewed as mappings from  $\mathbb{S}_n$  to  $\partial\Delta$ , i.e. if  $E$  is a Borel subset of  $\partial\Delta$  then  $|f^{-1}(E)| = |E|$ , where in each case  $|\cdot|$  means the corresponding normalized Lebesgue measure.

In this paper we extend this result to fractional dimensions as follows:

**Theorem 1.** *If  $f$  is inner in the unit disk  $\Delta$ ,  $f(0) = 0$ , and  $E$  is a Borel subset of  $\partial\Delta$ , we have:*

$$\text{cap}_\alpha(f^{-1}(E)) \geq \text{cap}_\alpha(E), \quad 0 \leq \alpha < 1 .$$

*Moreover, if  $E$  is any Borel subset of  $\partial\Delta$  with  $\text{cap}_\alpha(E) > 0$ , equality holds if and only if either  $f$  is a rotation or  $\text{cap}_\alpha(E) = \text{cap}_\alpha(\partial\Delta)$ .*

Moreover, it is well known, see [N], that if  $f$  is not a rotation then  $f$  is ergodic, i.e., there are no nontrivial sets  $A$ , with  $f^{-1}(A) = A$  except for a set of Lebesgue measure zero. This also has a fractional dimensional parallel.

**Corollary.** *With the hypotheses of Theorem 1, if  $f$  is not a rotation and if the symmetric difference between  $E$  and  $f^{-1}(E)$  has zero  $\alpha$ -capacity, then either  $\text{cap}_\alpha(E) = 0$  or  $\text{cap}_\alpha(E) = \text{cap}_\alpha(\partial\Delta)$ .*

**Theorem 2.** *If  $f$  is inner in the unit ball of  $\mathbb{C}^n$ ,  $f(0) = 0$ , and  $E$  is a Borel subset of  $\partial\Delta$ , we have:*

$$\text{cap}_{2n-2+\alpha}(f^{-1}(E)) \geq K(n, \alpha)^{-1} \text{cap}_\alpha(E), \quad 0 < \alpha < 1,$$

and

$$\frac{1}{\text{cap}_{2n-2}(f^{-1}(E))} \leq 1 + (2n - 2) \log \frac{1}{\text{cap}_0(E)}, \quad (n > 1).$$

**Corollary.** *In particular, for any inner function  $f$ , we have that*

$$\text{Dim}(f^{-1}(E)) \geq 2n - 2 + \text{Dim}(E),$$

where  $\text{Dim}$  denotes Hausdorff dimension.

Here  $\text{cap}_\alpha$  and  $\text{cap}_0$  denote, respectively,  $\alpha$ -dimensional Riesz capacity and logarithmic capacity. We refer to [C], [KS] and [L] for definitions and basic background on capacity.

For background and some applications of these results we refer to [FP] where it is shown that Theorem 1 holds with some constants depending on  $\alpha$ .

The outline of this paper is as follows: In Section 2 we obtain an integral expression for the  $\alpha$ -energy that is used in Section 3, where Theorems 1 and 2 are proved. Section 4 contains some further results for the case  $n = 1$ . In Section 5, we prove an analogous distortion theorem, with Hausdorff measures replacing capacities. Section 6 discusses an open question and some partial results concerning distortion of subsets of the disc.

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## 2. An integral expression for the $\alpha$ -energy.

In this section we obtain an expression of the  $\alpha$ -energy of a signed measure  $\mu$  in  $\Sigma_{N-1}$  (the unit sphere of  $\mathbb{R}^N$ ) as an  $L^2$ -norm of its Poisson extension. This approach is due to Beurling [B].

If  $\mu$  is a signed measure on  $\Sigma_{N-1}$ , and  $0 \leq \alpha < N - 1$ , then the  $\alpha$ -energy  $I_\alpha(\mu)$  of  $\mu$  is defined as

$$I_\alpha(\mu) = \iint_{\Sigma_{N-1} \times \Sigma_{N-1}} \Phi_\alpha(|x - y|) d\mu(x) d\mu(y),$$

where

$$\Phi_\alpha(t) = \begin{cases} \log \frac{1}{t}, & \text{if } \alpha = 0, \\ \frac{1}{t^\alpha}, & \text{if } 0 < \alpha < N - 1. \end{cases}$$

Recall that if  $E$  is a closed subset of  $\Sigma_{N-1}$ , then

$$(\text{cap}_\alpha(E))^{-1} = \inf\{I_\alpha(\mu) : \mu \text{ a probability measure supported on } E\},$$

for  $0 < \alpha < N - 1$ ,

$$\log \frac{1}{\text{cap}_0(E)} = \inf\{I_0(\mu) : \mu \text{ a probability measure supported on } E\},$$

and that the infimum is attained by a unique probability measure  $\mu_e$  which is called the *equilibrium distribution* of  $E$ .

If  $E$  is any Borel subset of  $\Sigma_{N-1}$ , then the  $\alpha$ -capacity of  $E$  is defined as

$$\text{cap}_\alpha(E) = \sup\{\text{cap}_\alpha(K) : K \subset E, K \text{ compact}\}.$$

We recall Choquet's theorem that all Borel sets are *capacitables*, i.e.

$$\text{cap}_\alpha(E) = \inf\{\text{cap}_\alpha(O) : E \subset O, O \text{ open}\}.$$

As we shall remark later on, for a general Borel set  $E$  of  $\Sigma_{N-1}$ , one has

$$\frac{1}{\text{cap}_\alpha(E)} = \inf\{I_\alpha(\mu) : \mu \text{ a probability measure, } \mu(E) = 1\},$$

and analogously for the logarithmic capacity.

We first need to obtain the expansion of the integral kernel  $\Phi_\alpha$  in terms of the spherical harmonics. We refer to [SW, Chap. IV] for details about spherical harmonics; we shall follow its notations.

Let  $\mathcal{H}_k$  be the real vector space of the spherical harmonics of degree  $k$  in  $\mathbb{R}^N$  ( $N > 1$ ). If  $a_k$  is the dimension of  $\mathcal{H}_k$ , we have

$$a_0 = 1, \quad a_1 = N, \quad a_k = \frac{N + 2k - 2}{k} \binom{N + k - 3}{k - 1}. \quad [\text{SW, p. 145}]$$

If  $\Sigma_{N-1}$  denotes the unit sphere of  $\mathbb{R}^N$ , the space  $L^2(\Sigma_{N-1}, d\xi)$  can be decomposed as

$$L^2(\Sigma_{N-1}, d\xi) = \bigoplus_{k=0}^{\infty} \mathcal{H}_k,$$

where  $d\xi$  is the usual Lebesgue measure (not normalized).

If  $\xi, \eta$  belongs to  $\Sigma_{N-1}$ ,  $Z_\eta^k(\xi)$  will denote the zonal harmonic of degree  $k$  with pole  $\eta$ , and if  $\{Y_1^k, \dots, Y_{a_k}^k\}$  is any orthonormal basis of  $\mathcal{H}_k$ , we have

$$Z_\eta^k(\xi) = \sum_{m=1}^{a_k} Y_m^k(\xi) Y_m^k(\eta) = Z_\xi^k(\eta). \quad [\mathbf{SW}, \text{ p. 143}]$$

The zonal harmonics can be expressed in terms of the ultraspherical (or Gegenbauer) polynomials  $P_k^\lambda$  which are defined by the formula

$$(1 - 2rt + r^2)^{-\lambda} = \sum_{k=0}^{\infty} P_k^\lambda(t) r^k,$$

where  $|r| < 1$ ,  $|t| \leq 1$  and  $\lambda > 0$ .

We have  $[\mathbf{SW}, \text{ p. 149}]$ , if  $N > 2$ ,

$$Z_\eta^k(\xi) = C_{k,N} P_k^{(N-2)/2}(\xi \cdot \eta).$$

It is easy to compute the constants  $C_{k,N}$ . First, if  $\omega_{N-1}$  denotes the Lebesgue measure of  $\Sigma_{N-1}$ , then

$$\|Z_\eta^k\|_2^2 = \frac{a_k}{\omega_{N-1}}, \quad [\mathbf{SW}, \text{ p. 144}]$$

while, on the other hand,

$$\begin{aligned} \frac{a_k}{\omega_{N-1}} &= C_{k,N}^2 \int_{\Sigma_{N-1}} \left| P_k^{(N-2)/2}(\xi \cdot \eta) \right|^2 d\xi \\ &= C_{k,N}^2 \omega_{N-2} \int_{-1}^1 \left| P_k^{(N-2)/2}(t) \right|^2 (1-t^2)^{(N-3)/2} dt. \end{aligned}$$

Now, the polynomials  $P_k^{(N-2)/2}(t)$  form an orthogonal basis of

$$L^2\left([-1, 1], (1-t^2)^{(N-3)/2} dt\right)$$

$[\mathbf{SW}, \text{ p. 151}]$ ,  $[\mathbf{AS}, \text{ p. 774}]$ , and

$$\left\| P_k^{(N-2)/2} \right\|_2^2 = \frac{\pi 2^{4-N} \Gamma(k+N-2)}{k! (2k+N-2) \Gamma\left(\frac{N-2}{2}\right)^2}, \quad [\mathbf{AS}, \text{ p. 774}]$$

where  $\Gamma(\cdot)$  denotes the Euler's Gamma function, and, therefore

$$C_{k,N}^2 = \frac{a_k}{\omega_{N-1} \omega_{N-2}} \left\| P_k^{(N-2)/2} \right\|_2^{-2} = \frac{(N+2k-2)^2}{16\pi^N} \Gamma\left(\frac{N-2}{2}\right)^2.$$

Hence

$$C_{k,N} = \frac{N+2k-2}{4\pi^{N/2}} \Gamma\left(\frac{N-2}{2}\right),$$

and

$$Z_\eta^k(\xi) = \frac{N+2k-2}{4\pi^{N/2}} \Gamma\left(\frac{N-2}{2}\right) P_k^{(N-2)/2}(\xi \cdot \eta).$$

The case  $N = 2$  is slightly different. In this case we can take  $P_k^0 \equiv T_k$ , the Chebyshev's polynomials defined in  $[-1, 1]$  by

$$T_k(\cos \theta) = \cos k\theta.$$

It is known that these polynomials form an orthogonal basis of

$$L^2\left([-1, 1], (1-t^2)^{-1/2} dt\right).$$

In this particular case, if  $\xi = e^{i\theta}$ ,  $\eta = e^{i\psi}$ , then  $\xi \cdot \eta = \cos(\theta - \psi)$ , and

$$\begin{aligned} Z_\eta^k(\xi) &= \frac{1}{\pi} \cos k(\theta - \psi) = \frac{1}{\pi} T_k(\cos(\theta - \psi)) \\ &= \frac{1}{\pi} P_k^0(\xi \cdot \eta), \quad k = 1, 2, \dots, \\ Z_\eta^0(\xi) &= \frac{1}{2\pi} = \frac{1}{2\pi} P_0^0(\xi \cdot \eta). \end{aligned}$$

Therefore,

$$C_{k,2} = \begin{cases} \frac{1}{\pi}, & \text{if } k > 0, \\ \frac{1}{2\pi}, & \text{if } k = 0. \end{cases}$$

We can now write down the expansion of the kernel  $\Phi_\alpha(|x-y|)$  in a Fourier series of Gegenbauer's polynomials. Fix, first,  $\alpha$ , with  $0 < \alpha < N-1$ . If we denote by  $g(t)$  the function

$$g(t) = \left(\frac{1}{2-2t}\right)^{\alpha/2},$$

then we can express the kernel  $\Phi_\alpha$  in terms of  $g$  as

$$\Phi_\alpha(|\xi - \eta|) = \Phi_\alpha\left(\sqrt{|\xi|^2 - 2\xi \cdot \eta + |\eta|^2}\right) = g(\xi \cdot \eta).$$

Now, develop  $g(t)$  as a Fourier series

$$g(t) = \sum_{k=0}^{\infty} g_k P_k^{(N-2)/2}(t), \quad \text{where} \quad g_k \left\| P_k^{(N-2)/2} \right\|_2^2 = \langle g, P_k^{(N-2)/2} \rangle,$$

and conclude

$$(1) \quad \Phi_\alpha(|\xi - \eta|) = g(\xi \cdot \eta) = \sum_{k=0}^{\infty} g^k Z_\eta^k(\xi),$$

where  $g^k C_{k,N} = g_k$ . Hereafter  $F$  will denote the usual hypergeometric function

$$F(a, b; c; t) = \sum_{m=0}^{\infty} \frac{(a)_m (b)_m}{(c)_m} \frac{t^m}{m!},$$

where

$$(u)_m = u(u+1) \dots (u+m-1) = \frac{\Gamma(u+m)}{\Gamma(u)}.$$

The polynomials  $P_k^{(N-2)/2}$  can be expressed in terms of  $F$  [AS, p. 779].

If  $N > 2$ ,

$$P_k^{(N-2)/2}(t) = \binom{k+N-3}{k} F(-k, k+N-2; (N-1)/2; (1-t)/2).$$

Then,

$$\begin{aligned} \langle g, P_k^{(N-2)/2} \rangle &= \binom{k+N-3}{k} \int_{-1}^1 F(-k, k+N-2; (N-1)/2; (1-t)/2) \\ &\quad \cdot (2-2t)^{-\alpha/2} (1-t^2)^{(N-3)/2} dt. \end{aligned}$$

Therefore

$$\begin{aligned} \langle g, P_k^{(N-2)/2} \rangle &= 2^{N-2-\alpha} \binom{k+N-3}{k} \int_0^1 s^{-1+(N-1-\alpha)/2} (1-s)^{-1+(N-1)/2} \\ &\quad \cdot F(-k, k+N-2; (N-1)/2; s) ds. \end{aligned}$$

Using the relationship

$$P_k^{(N-2)/2}(-t) = (-1)^k P_k^{(N-2)/2}(t), \quad [\text{SW, p. 149}], [\text{AS, p. 775}]$$

we have

$$\begin{aligned} & \langle g, P_k^{(N-2)/2} \rangle \\ &= 2^{N-2-\alpha} \binom{k+N-3}{k} (-1)^k \int_0^1 s^{-1+(N-1-\alpha)/2} (1-s)^{-1+(N-1)/2} \\ & \quad \cdot F(-k, k+N-2; (N-1)/2; 1-s) ds. \end{aligned}$$

Term by term integration of the series defining  $F$  gives

$$\int_0^1 s^{a-1} (1-s)^{b-1} F(-k, c; b; 1-s) ds = B(a, b) F(-k, c; a+b; 1),$$

where  $B(\cdot, \cdot)$  is the Euler's Beta function. Moreover, it is easy to see that ([AS, p. 556])

$$\begin{aligned} F(-k, c; a+b; 1) &= \frac{\Gamma(a+b)\Gamma(a+b-c+k)}{\Gamma(a+b+k)\Gamma(a+b-c)} \\ &= \frac{\Gamma(a+b)}{\Gamma(a+b+k)} (-1)^k \frac{\Gamma(1+c-a-b)}{\Gamma(1+c-a-b-k)}, \end{aligned}$$

and so

$$\begin{aligned} & (-1)^k \int_0^1 s^{a-1} (1-s)^{b-1} F(-k, c; b; 1-s) ds \\ &= \frac{\Gamma(a)\Gamma(b)\Gamma(1+c-a-b)}{\Gamma(a+b+k)\Gamma(1+c-a-b-k)}. \end{aligned}$$

This gives

$$\begin{aligned} & \langle g, P_k^{(N-2)/2} \rangle \\ &= 2^{N-2-\alpha} \binom{k+N-3}{k} \frac{\Gamma\left(\frac{N-1-\alpha}{2}\right) \Gamma\left(\frac{N-1}{2}\right) \Gamma\left(k+\frac{\alpha}{2}\right)}{\Gamma\left(N-1-\frac{\alpha}{2}+k\right) \Gamma\left(\frac{\alpha}{2}\right)}, \end{aligned}$$

and

$$\begin{aligned} g_k &= \frac{\langle g, P_k^{(N-2)/2} \rangle}{\|P_k^{(N-2)/2}\|_2^2} \\ &= 2^{N-3-\alpha} \frac{N+2k-2}{\sqrt{\pi}} \frac{\Gamma\left(\frac{N-1-\alpha}{2}\right) \Gamma\left(\frac{N}{2}-1\right) \Gamma\left(k+\frac{\alpha}{2}\right)}{\Gamma\left(N-1-\frac{\alpha}{2}+k\right) \Gamma\left(\frac{\alpha}{2}\right)}. \end{aligned}$$

Therefore,

$$(2) \quad g^k = g_k C_{k,N}^{-1} = 2^{N-1-\alpha} \pi^{(N-1)/2} \frac{\Gamma\left(\frac{N-1-\alpha}{2}\right) \Gamma\left(k + \frac{\alpha}{2}\right)}{\Gamma\left(N-1 - \frac{\alpha}{2} + k\right) \Gamma\left(\frac{\alpha}{2}\right)},$$

if  $N > 2$ . On the other hand, if  $N = 2$ , the  $k$ -th Chebyshev's polynomial is  $T_k(t) = F(-k, k; 1/2; (1-t)/2)$ , (see [AS, p. 779]), and

$$\langle g, P_k^0 \rangle = \int_{-1}^1 (2-2t)^{-\alpha/2} F(-k, k; 1/2; (1-t)/2) (1-t^2)^{-1/2} dt.$$

Using the above computations when  $N = 2$ , we have that

$$\langle g, P_k^0 \rangle = 2^{-\alpha} \pi^{1/2} \frac{\Gamma\left(\frac{1-\alpha}{2}\right) \Gamma\left(k + \frac{\alpha}{2}\right)}{\Gamma\left(1 - \frac{\alpha}{2} + k\right) \Gamma\left(\frac{\alpha}{2}\right)}.$$

Moreover it is easy to see, [AS, p. 774], that

$$\|P_k^0\|_2^2 = \begin{cases} \frac{\pi}{2}, & \text{if } k > 0, \\ \pi, & \text{if } k = 0, \end{cases}$$

and also that  $C_{k,2}^{-1} = 2 \|P_k^0\|_2^2$ .

Then

$$g^k = \frac{\langle g, P_k^0 \rangle}{\|P_k^0\|_2^2} C_{k,2}^{-1},$$

and so (2) is also satisfied in this case ( $N = 2$ ). Therefore we have proved the following:

**Lemma 1.** *For all  $N \in \mathbb{N}$ ,  $N > 1$  and  $0 < \alpha < N - 1$ ,*

$$\Phi_\alpha(|\xi - \eta|) = \sum_{k=0}^{\infty} g^k Z_\eta^k(\xi),$$

where

$$g^k = 2^{N-1-\alpha} \pi^{(N-1)/2} \frac{\Gamma\left(\frac{N-1-\alpha}{2}\right) \Gamma\left(k + \frac{\alpha}{2}\right)}{\Gamma\left(N-1 - \frac{\alpha}{2} + k\right) \Gamma\left(\frac{\alpha}{2}\right)}.$$

Now we can express the  $\alpha$ -energy of a measure  $\mu$  in terms of its Poisson extension  $P_\mu$ .



**Lemma 2.** *If  $\mu$  is a signed measure supported on  $\Sigma_{N-1}$ , we have:*

(i) *If  $0 < \alpha < N - 1$ , then*

$$I_\alpha(\mu) = C(N, \alpha) \int_0^1 \left\{ \int_{\Sigma_{N-1}} |P_\mu(r\xi)|^2 d\xi \right\} r^{\alpha-1} (1-r^2)^{N-2-\alpha} dr,$$

with

$$C(N, \alpha) = \frac{4\pi^{N/2}}{\Gamma\left(\frac{\alpha}{2}\right) \Gamma\left(\frac{N-\alpha}{2}\right)}.$$

(ii) *If  $m = \mu(\Sigma_{N-1})$ , then*

$$I_0(\mu) = \omega_{N-1} \int_0^1 \int_{\Sigma_{N-1}} \left| P_\mu(r\xi) - \frac{m}{\omega_{N-1}} \right|^2 d\xi (1-r^2)^{N-2} \frac{dr}{r} \\ + \frac{m^2}{2} \left[ \frac{\Gamma'}{\Gamma}\left(\frac{N}{2}\right) - \frac{\Gamma'}{\Gamma}(N-1) \right].$$

In particular, if  $N = 2$ ,

$$I_0(\mu) = 2\pi \int_0^1 \int_0^{2\pi} \left| P_\mu(re^{i\theta}) - \frac{m}{2\pi} \right|^2 d\theta \frac{dr}{r}.$$

*Proof.* Let  $\{\mu_j^k\}$ ,  $k \geq 0$ ,  $1 \leq j \leq a_k$ , be the Fourier coefficients of  $\mu$ , i.e.,

$$\mu \sim \sum_{k=0}^{\infty} \sum_{j=1}^{a_k} \mu_j^k Y_j^k.$$

Recall that  $P_\mu$  is defined by

$$P_\mu(r\xi) = \int_{\Sigma_{N-1}} p(\eta, r\xi) d\mu(\eta),$$

where  $p(\eta, r\xi)$  is the classical (normalized) Poisson kernel

$$p(\eta, r\xi) = \frac{1}{\omega_{N-1}} \frac{1-r^2}{|\eta - r\xi|^N}.$$

We have [SW, p. 145]

$$p(\eta, r\xi) = \sum_{k=0}^{\infty} r^k Z_\eta^k(\xi) = \sum_{k,j} r^k Y_j^k(\eta) Y_j^k(\xi).$$

Now, Plancherel's theorem gives that

$$P_\mu(r\xi) = \sum_{k,j} r^k \mu_j^k Y_j^k(\xi).$$

Using again Plancherel's theorem we obtain that

$$\int_{\Sigma_{N-1}} |P_\mu(r\xi)|^2 d\xi = \sum_{k,j} r^{2k} |\mu_j^k|^2,$$

and so if we denote by  $\Lambda$  the right hand side in (i), we have that

$$\Lambda = C(N, \alpha) \sum_{k,j} |\mu_j^k|^2 \int_0^1 r^{2k+\alpha-1} (1-r^2)^{N-2-\alpha} dr,$$

and, substituting  $r^2 = t$ , we get that

$$\Lambda = \frac{C(N, \alpha)}{2} \sum_{k,j} \frac{\Gamma\left(k + \frac{\alpha}{2}\right) \Gamma(N-1-\alpha)}{\Gamma\left(k + N - 1 - \frac{\alpha}{2}\right)} |\mu_j^k|^2 = \sum_{j,k} g^k |\mu_j^k|^2.$$

Note that we have used the known duplication formula for the Gamma function in the last equality.

On the other hand, by (1),

$$\Phi_\alpha(|\xi - \eta|) = \sum_{k=0}^{\infty} g^k Z_\eta^k(\xi) = \sum_{k,j} g^k Y_j^k(\eta) Y_j^k(\xi),$$

and using Plancherel's theorem we obtain that

$$\begin{aligned} \int_{\Sigma_{N-1}} \Phi_\alpha(|\xi - \eta|) d\mu(\eta) &= \sum_{k,j} g^k \mu_j^k Y_j^k(\xi), \\ I_\alpha(\mu) &= \sum_{k,j} g^k |\mu_j^k|^2 = \Lambda. \end{aligned}$$

This finishes the proof of (i).

In order to prove (ii) observe that

$$\int_{\Sigma_{N-1}} \left| P_\mu(r\xi) - \frac{m}{\omega_{N-1}} \right|^2 d\xi + \frac{m^2}{\omega_{N-1}} = \int_{\Sigma_{N-1}} |P_\mu(r\xi)|^2 d\xi.$$

Integrating this equality we have that

$$\begin{aligned} I_\alpha(\mu) &= C(N, \alpha) \int_0^1 \int_{\Sigma_{N-1}} \left| P_\mu(r\xi) - \frac{m}{\omega_{N-1}} \right|^2 d\xi r^{\alpha-1} (1-r^2)^{N-2-\alpha} dr \\ &\quad + m^2 U(\alpha), \end{aligned}$$

where

$$U(\alpha) = \frac{\Gamma(N/2)\Gamma(N-1-\alpha)}{\Gamma((N-\alpha)/2)\Gamma(N-1-\alpha/2)},$$

and hence

$$\begin{aligned} \lim_{\alpha \rightarrow 0} \frac{I_\alpha(\mu) - m^2 U(\alpha)}{\alpha} &= \omega_{N-1} \int_0^1 \int_{\Sigma_{N-1}} \left| P_\mu(r\xi) - \frac{m}{\omega_{N-1}} \right|^2 d\xi (1-r^2)^{N-2} \frac{dr}{r}. \end{aligned}$$

On the other hand,

$$\begin{aligned} \lim_{\alpha \rightarrow 0} \frac{I_\alpha(\mu) - m^2 U(\alpha)}{\alpha} &= \lim_{\alpha \rightarrow 0} \frac{I_\alpha(\mu) - m^2}{\alpha} - m^2 \lim_{\alpha \rightarrow 0} \frac{U(\alpha) - 1}{\alpha} \\ &= I_0(\mu) - m^2 U'(0), \end{aligned}$$

and

$$U'(0) = \frac{1}{2} \left[ \frac{\Gamma'}{\Gamma} \left( \frac{N}{2} \right) - \frac{\Gamma'}{\Gamma} (N-1) \right].$$

This finishes the proof of Lemma 2.  $\square$

### 3. Distortion of $\alpha$ -capacity.

We need the following lemmas.

**Lemma 3.** *Let  $\mu$  be a finite positive measure in  $\partial\Delta$ , and let  $f$  be an inner function. Then, there exists a unique positive measure  $\tilde{\nu}$  in  $\mathbb{S}_n$  such that  $P_\mu \circ f = P_{\tilde{\nu}}$  and*

$$\tilde{\nu}(f^{-1}(\text{support } \mu)) = \tilde{\nu}(\mathbb{S}_n).$$

Moreover, if  $f(0) = 0$ , then

$$\frac{1}{\omega_{2n-1}} \tilde{\nu}(\mathbb{S}_n) = \frac{1}{2\pi} \mu(\partial\Delta).$$

*Proof.* It is essentially the same proof as that of Lemma 1 of [FP], but see Lemma 10 below for further details.

A different normalization is useful; choosing  $\nu = (2\pi/\omega_{2n-1})\tilde{\nu}$ , one obtai

$$P_\nu = \frac{2\pi}{\omega_{2n-1}} P_\mu \circ f \quad \text{and} \quad \nu(\mathbb{S}_n) = \mu(\partial\Delta).$$

The following is well known

**Lemma 4.** (Subordination principle). *Let  $f : \mathbb{B}_n \rightarrow \Delta$  be a holomorphic function such that  $f(0) = 0$ , and let  $v : \Delta \rightarrow \mathbb{R}$  be a subharmonic function. Then*

$$\frac{1}{\omega_{2n-1}} \int_{\mathbb{S}_n} v(f(r\xi)) d\xi \leq \frac{1}{2\pi} \int_0^{2\pi} v(re^{i\theta}) d\theta.$$

It will be relevant later on to recall the well known fact that, in the case  $n = 1$ , equality in Lemma 4 holds for a given  $r$ ,  $0 < r < 1$ , if and only if either  $v$  is harmonic in  $\Delta_r = \{|z| < r\}$  or  $f$  is a rotation. Note also that there is no such equality statement when  $n > 1$  since in higher dimensions the extremal functions in Schwarz's lemma are not so clearly determined (see e.g. [R, p. 164]).

**Lemma 5.** *Let  $\mu$  be a signed measure on  $\partial\Delta$ ,  $f$  an inner function with  $f(0) = 0$ , and  $\nu$  a signed measure on  $\mathbb{S}_n$  such that*

$$P_\nu = (2\pi/\omega_{2n-1})P_\mu \circ f.$$

Then

(i) *If  $n = 1$  and  $0 \leq \alpha < 1$ , then*

$$I_\alpha(\nu) \leq I_\alpha(\mu).$$

(ii) *If  $n > 1$  and  $0 < \alpha < 1$ , then*

$$I_{2n-2+\alpha}(\nu) \leq K(n, \alpha)I_\alpha(\mu),$$

where

$$K(n, \alpha) = \frac{(n-1)! \Gamma\left(\frac{\alpha}{2}\right)}{\Gamma\left(n-1+\frac{\alpha}{2}\right)}.$$

If  $\alpha = 0$  and  $m = \mu(\partial\Delta) = \nu(\mathbb{S}_n)$ , we have

$$I_{2n-2}(\nu) \leq (2n-2)I_0(\mu) + m^2.$$

The measure  $\nu$  is obtained from Lemma 3 by splitting  $\mu$  into its positive and negative parts. Note that for fixed  $\alpha$ ,

$$K(n, \alpha) \sim n^{1-\alpha/2} \Gamma\left(\frac{\alpha}{2}\right), \quad \text{as } n \rightarrow \infty,$$

while for fixed  $n > 1$

$$K(n, \alpha) \sim \frac{C_n}{\alpha}, \quad \text{as } \alpha \rightarrow 0.$$

Let us observe also that  $K(n, \alpha)$  takes the value 1 for  $n = 1$ .

*Proof.* Since  $|P_\mu - \frac{m}{2\pi}|^2$  and  $|P_\mu|^2$  are subharmonic, we obtain by subordination, Lemma 4, that if  $n = 1$  and  $\alpha = 0$

$$\int_0^{2\pi} \left| P_\nu - \frac{m}{2\pi} \right|^2 d\theta = \int_0^{2\pi} \left| P_\mu(f) - \frac{m}{2\pi} \right|^2 d\theta \leq \int_0^{2\pi} \left| P_\mu - \frac{m}{2\pi} \right|^2 d\theta,$$

and if  $n \geq 1$ ,  $0 < \alpha < 1$ , that

$$(3) \quad \int_{\mathbb{S}_n} |P_\nu|^2 d\xi = \left( \frac{2\pi}{\omega_{2n-1}} \right)^2 \int_{\mathbb{S}_n} |P_\mu(f)|^2 d\xi \leq \frac{2\pi}{\omega_{2n-1}} \int_0^{2\pi} |P_\mu|^2 d\theta.$$

In the first case, we obtain

$$I_0(\nu) \leq I_0(\mu)$$

by integrating with respect to  $2\pi dr/r$  and applying Lemma 2, part (ii).

In the second case, using Lemma 2, part (i), and Lemma 4 with  $v = |P_\mu|^2$ , we have that

$$\begin{aligned} I_{2n-2+\alpha}(\nu) &= C(2n, 2n-2+\alpha) \int_0^1 \left\{ \int_{\mathbb{S}_n} |P_\nu(r\xi)|^2 d\xi \right\} r^{2n-2+\alpha-1} \frac{dr}{(1-r^2)^\alpha} \\ &\leq \frac{C(2n, 2n-2+\alpha)}{C(2, \alpha)} C(2, \alpha) \\ &\quad \cdot \frac{2\pi}{\omega_{2n-1}} \int_0^1 \left\{ \int_0^{2\pi} |P_\mu(re^{i\theta})|^2 d\theta \right\} r^{\alpha-1} \frac{dr}{(1-r^2)^\alpha} \\ &= K(n, \alpha) I_\alpha(\mu), \end{aligned}$$

where

$$K(n, \alpha) = \frac{(n-1)! \Gamma\left(\frac{\alpha}{2}\right)}{\Gamma\left(n-1+\frac{\alpha}{2}\right)}.$$

Finally, since  $\nu(\mathbb{S}_n) = m$ ,

$$\int_{\mathbb{S}_n} \left| P_\nu(r\xi) - \frac{m}{\omega_{2n-1}} \right|^2 d\xi = \int_{\mathbb{S}_n} |P_\nu(r\xi)|^2 d\xi - \frac{m^2}{\omega_{2n-1}},$$

and so, Lemma 2 gives, if  $n > 1$ , that

$$I_{2n-2}(\nu) = m^2 + \frac{4\pi^n}{(n-2)!} \int_0^1 \int_{\mathbb{S}_n} \left| P_\nu(r\xi) - \frac{m}{\omega_{2n-1}} \right|^2 d\xi r^{2n-3} dr.$$

By Lemmas 3 and 4, we get that

$$\begin{aligned} \int_{\mathbb{S}_n} \left| P_\nu(r\xi) - \frac{m}{\omega_{2n-1}} \right|^2 d\xi &= \int_{\mathbb{S}_n} \left| \frac{2\pi}{\omega_{2n-1}} P_\mu(f(r\xi)) - \frac{m}{\omega_{2n-1}} \right|^2 d\xi \\ &= \left( \frac{2\pi}{\omega_{2n-1}} \right)^2 \int_{\mathbb{S}_n} \left| P_\mu(f(r\xi)) - \frac{m}{2\pi} \right|^2 d\xi \\ &\leq \frac{2\pi}{\omega_{2n-1}} \int_0^{2\pi} \left| P_\mu(re^{i\theta}) - \frac{m}{2\pi} \right|^2 d\theta. \end{aligned}$$

Therefore

$$\begin{aligned} I_{2n-2}(\nu) &\leq m^2 + \frac{4\pi^n}{(n-2)!} \int_0^1 \frac{2\pi}{\omega_{2n-1}} \int_0^{2\pi} \left| P_\mu(re^{i\theta}) - \frac{m}{2\pi} \right|^2 d\theta \frac{dr}{r} \\ &= m^2 + \frac{4\pi^n}{(n-2)!} \frac{1}{\omega_{2n-1}} I_0(\mu) \\ &= m^2 + (2n-2) I_0(\mu). \end{aligned}$$

The proof of Lemma 5 is finished.  $\square$

Finally, we can prove

**Theorem 1.** *If  $f$  is inner in the unit disk  $\Delta$ ,  $f(0) = 0$ , and  $E$  is a Borel subset of  $\partial\Delta$ , we have:*

$$\text{cap}_\alpha(f^{-1}(E)) \geq \text{cap}_\alpha(E), \quad 0 \leq \alpha < 1.$$

Moreover, if  $E$  is any Borel subset of  $\partial\Delta$  with  $\text{cap}_\alpha(E) > 0$ , equality holds if and only if either  $f$  is a rotation or  $\text{cap}_\alpha(E) = \text{cap}_\alpha(\partial\Delta)$ .

Notice the following consequence concerning invariant sets. It is well known that an inner function  $f$  with  $f(0) = 0$ , which is not a rotation, is ergodic with respect to Lebesgue measure, see e.g. [P]. As a consequence of the above, it is also ergodic with respect to  $\alpha$ -capacity. More precisely,

**Corollary.** *With the hypotheses of Theorem 1, if  $f$  is not a rotation and if the symmetric difference between  $E$  and  $f^{-1}(E)$  has zero  $\alpha$ -capacity, then either  $\text{cap}_\alpha(E) = 0$  or  $\text{cap}_\alpha(E) = \text{cap}_\alpha(\partial\Delta)$ .*

In higher dimensions we have

**Theorem 2.** *If  $f$  is inner in the unit ball of  $\mathbb{C}^n$ ,  $f(0) = 0$ , and  $E$  is a Borel subset of  $\partial\Delta$ , we have:*

$$\text{cap}_{2n-2+\alpha}(f^{-1}(E)) \geq K(n, \alpha)^{-1} \text{cap}_\alpha(E), \quad 0 < \alpha < 1,$$

and

$$\frac{1}{\text{cap}_{2n-2}(f^{-1}(E))} \leq 1 + (2n-2) \log \frac{1}{\text{cap}_0(E)}, \quad (n > 1).$$

*Proof of Theorems 1 and 2.* To prove the inequalities in the theorems we may assume that  $E$  is closed. Assume first that  $n \equiv 1, 0 < \alpha < 1$ . Let us denote by  $\mu_e$  the  $\alpha$ -equilibrium probability distribution of  $E$ , and let  $\nu$  be the probability measure such that  $P_\nu = P_{\mu_e} \circ f$ . By Lemma 5,

$$(4) \quad I_\alpha(\nu) \leq I_\alpha(\mu_e) = (\text{cap}_\alpha(E))^{-1}.$$

But, from Lemma 3,  $\nu(f^{-1}(E)) = 1$ , and so

$$I_\alpha(\nu) = \iint_{f^{-1}(E) \times f^{-1}(E)} \Phi_\alpha(|z-w|) d\nu(z) d\nu(w).$$

Now, let  $\{K_n\}$  be an increasing sequence of compact subsets in  $\partial\Delta$ ,  $K_n \subset f^{-1}(E)$ , such that  $\nu(K_n) \nearrow 1$ . Then, for each  $n \geq 1$ ,

$$\begin{aligned} I_\alpha(\nu) &= \iint_{f^{-1}(E) \times f^{-1}(E)} \Phi_\alpha(|z-w|) d\nu(z) d\nu(w) \\ &\geq \nu(K_n)^2 \iint_{K_n \times K_n} \Phi_\alpha(|z-w|) \frac{d\nu(z)}{\nu(K_n)} \frac{d\nu(w)}{\nu(K_n)} \\ &\geq \nu(K_n)^2 (\text{cap}_\alpha(K_n))^{-1} \\ &\geq \nu(K_n)^2 (\text{cap}_\alpha(f^{-1}(E)))^{-1}, \end{aligned}$$

and consequently

$$(5) \quad I_\alpha(\nu) \geq (\text{cap}_\alpha(f^{-1}(E)))^{-1}.$$

The inequality in Theorem 1 follows now from (4) and (5).

The cases  $n \geq 1$  (Theorem 2) and  $n = 1, \alpha = 0$  are completely analogous.

*Proof of the equality statement of Theorem 1.* First we prove it assuming that  $E$  is closed, to show the ideas that we will use to demonstrate the general case.

Suppose that  $0 < \alpha < 1$ . We have seen that

$$\frac{1}{\text{cap}_\alpha(f^{-1}(E))} \leq I_\alpha(\nu) \leq I_\alpha(\mu_e) = \frac{1}{\text{cap}_\alpha(E)}.$$

Therefore, if  $E$  and  $f^{-1}(E)$  have the same  $\alpha$ -capacity, then

$$I_\alpha(\nu) = I_\alpha(\mu_e),$$

and this is possible only if for all  $r \in (0, 1)$ ,

$$\int_0^{2\pi} |P_{\mu_e}(re^{i\theta})|^2 d\theta = \int_0^{2\pi} |P_{\mu_e}(f(re^{i\theta}))|^2 d\theta.$$

This can occur only if either  $f$  is a rotation or  $|P_{\mu_e}|^2$  is harmonic. In the latter case, we obtain that  $\mu_e$  is normalized Lebesgue measure, or equivalently that  $\text{cap}_\alpha(E) = \text{cap}_\alpha(\partial\Delta)$ . Since  $E$  is closed, it follows that  $E = \partial\Delta$ .

In order to prove the general case we need a characterization of the  $\alpha$ -capacity of  $E$  when  $E$  is not closed (see Lemma 6 below). We begin by recalling some facts about convergence of measures.

We will say that a sequence of signed measures  $\{\sigma_n\}$  with supports contained in a compact set  $K$  converges  $w^*$  to a signed measure  $\sigma$  if

$$\int h(x) d\sigma_n(x) \xrightarrow{n \rightarrow \infty} \int h(x) d\sigma(x), \quad \text{for all } h \in C(K).$$

Here, the  $w^*$ -convergence refers to the duality between the space of signed measures on  $K$  and the space  $C(K)$  of continuous functions with support contained in  $K$ .

In this Section, we will denote by  $\mathcal{M}_\alpha(K)$  ( $0 \leq \alpha < 1$ ) the vector space of all signed measures whose support is contained in the set  $K$  and whose  $\alpha$ -energy is finite.  $\mathcal{M}_\alpha(\mathbb{C})$  or  $\mathcal{M}_\alpha(\bar{\Delta})$  is denoted simply by  $\mathcal{M}_\alpha$ , and  $\mathcal{M}_\alpha^+$  denotes the corresponding cone of positive measures.

The positivity properties of  $I_\alpha$  [L, p. 79-80] allow us to define an inner product in  $\mathcal{M}_\alpha$  (for  $0 < \alpha < 1$ ) and e.g. in  $\mathcal{M}_0(\{|z| = 1/2\})$  (for  $\alpha = 0$ ) as follows

$$\langle \sigma, \gamma \rangle = \iint \Phi_\alpha(|x - y|) d\sigma(x) d\gamma(y).$$

Observe that the associated norm verifies

$$\|\sigma\|^2 = I_\alpha(\sigma).$$

In the next lemma we collect some useful information concerning the above inner product.

**Lemma 6.**

- (i) *If  $0 < \alpha < 1$ ,  $K$  is a compact subset of  $\mathbb{C}$ ,  $\{\sigma_n\}$  is a Cauchy sequence (with respect to the inner product) in  $\mathcal{M}_\alpha^+(K)$  and  $\sigma_n \xrightarrow{w^*} \sigma$ , then*

$$\|\sigma_n - \sigma\| \longrightarrow 0, \quad \text{as } n \rightarrow \infty.$$

- (ii) *If  $E$  is any Borel subset of  $K$ , then*

$$\frac{1}{\text{cap}_\alpha(E)} = \inf \{I_\alpha(\mu) : \mu \text{ a probability measure, } \mu(E) = 1\},$$



and there exists a probability measure  $\mu_e$  supported on  $\overline{E}$  such that

$$\frac{1}{\text{cap}_\alpha(E)} = I_\alpha(\mu_e).$$

In fact, if  $K_n$  is an increasing sequence of compact subsets of  $E$  such that

$$\text{cap}_\alpha(K_n) \nearrow \text{cap}_\alpha(E),$$

and if  $\mu_n$  is the equilibrium distribution of  $K_n$ , then

$$\mu_n \xrightarrow{w^*} \mu_e \quad \text{and} \quad \|\mu_n - \mu_e\| \rightarrow 0,$$

as  $n \rightarrow \infty$ .

These statements remain true in the case  $\alpha = 0$ , if  $K$  is a compact subset of  $\Delta$ .

Lemma 6 is contained in [L, p. 82, 89, 145] if  $0 < \alpha < 1$ . The case  $\alpha = 0$  is similar, though we need the restriction  $K \subset \Delta$  so that  $\|\cdot\|$  is a norm [L, p. 80].

Now we are ready to finish the proof of Theorem 1. Let  $E$  be a Borel subset of  $\partial\Delta$  such that

$$(6) \quad \text{cap}_\alpha(f^{-1}(E)) = \text{cap}_\alpha(E) > 0.$$

We choose an increasing sequence of compact sets  $K_n \subset E$  such that  $\text{cap}_\alpha(K_n) \nearrow \text{cap}_\alpha(E)$ . Let  $\mu_n$  be the  $\alpha$ -equilibrium measure of  $K_n$  and let  $\mu_e$  be the probability measure supported on  $\overline{E}$  given by Lemma 6. We have

$$\mu_n \xrightarrow{w^*} \mu_e \quad \text{and} \quad I_\alpha(\mu_n) \searrow I_\alpha(\mu_e),$$

as  $n \rightarrow \infty$ . In fact,

$$\|\mu_n - \mu_e\| \rightarrow 0, \quad \text{as } n \rightarrow \infty.$$

Let  $\nu_n$  be the probability measure, with  $\nu_n(f^{-1}(K_n)) = 1$ , such that  $P_{\nu_n} = P_{\mu_n} \circ f$  (see Lemma 3). We can suppose after extracting a subsequence if necessary, that  $\nu_n$  converges  $w^*$  to a probability measure  $\nu$  on  $f^{-1}(\overline{E})$ . Since the Poisson kernel is continuous in  $\Delta$  we obtain, by using the  $w^*$ -convergence, that

$$P_{\mu_n} \rightarrow P_{\mu_e} \quad \text{and} \quad P_{\nu_n} \rightarrow P_\nu, \quad \text{as } n \rightarrow \infty,$$

pointwise. Therefore  $P_\nu = P_{\mu_e} \circ f$ , which in particular shows that  $\nu$  is a probability measure supported on  $f^{-1}(\overline{E})$ .

**Claim.**  $I_\alpha(\nu_n) \rightarrow I_\alpha(\nu)$  as  $n \rightarrow \infty$ .

Since  $\nu_n$  is a probability measure on  $f^{-1}(E)$ , Lemma 6 guarantees that

$$\frac{1}{\text{cap}_\alpha(f^{-1}(E))} \leq I_\alpha(\nu_n),$$

and so, by letting  $n \rightarrow \infty$ , and using that  $P_\nu = P_{\mu_e} \circ f$  (by Lemma 5) we obtain that

$$\frac{1}{\text{cap}_\alpha(f^{-1}(E))} \leq I_\alpha(\nu) \leq I_\alpha(\mu_e) = \frac{1}{\text{cap}_\alpha(E)}.$$

From (6), we deduce that  $I_\alpha(\nu) = I_\alpha(\mu_e)$ . Finally, we can reason as in the case of  $E$  being closed and conclude that either  $f$  is a rotation or  $\mu_e$  is normalized Lebesgue measure, i.e.,  $\text{cap}_\alpha(E) = \text{cap}_\alpha(\partial\Delta)$ .

*Proof of the Claim.* Consider first the case  $0 < \alpha < 1$ . Since  $P_{\nu_p - \nu_n} = P_{\mu_p - \mu_n} \circ f$ , by Lemma 5 we obtain that

$$\|\nu_p - \nu_n\|^2 = I_\alpha(\nu_p - \nu_n) \leq I_\alpha(\mu_p - \mu_n) = \|\mu_p - \mu_n\|^2 \xrightarrow{p, n \rightarrow \infty} 0.$$

Therefore  $\{\nu_n\}$  is a Cauchy sequence in the norm and so, by Lemma 6, we have that

$$\|\nu_n - \nu\| \rightarrow 0 \quad \text{and} \quad I_\alpha(\nu_n) \rightarrow I_\alpha(\nu)$$

as  $n \rightarrow \infty$ .

For  $\lambda > 0$ , and  $A \subset \mathbb{C}$ , we will denote by  $\lambda A$  the set  $\lambda A = \{\lambda z : z \in A\}$ .

If  $E$  is a Borel subset of  $\partial\Delta$ , then  $\frac{1}{2}E$  is a Borel subset of  $\{|z| = 1/2\}$ . Also, if  $\sigma$  is a probability measure in  $\partial\Delta$ , we will denote by  $\sigma^*$  the probability measure in  $\{|z| = 1/2\}$  defined by

$$(7) \quad \sigma(A) = \sigma^*\left(\frac{1}{2}A\right),$$

for  $A$  a Borel subset of  $\partial\Delta$ . It is clear that

$$(8) \quad I_0(\sigma^*) = I_0(\sigma) + \log 2.$$

Now, in order to prove the case  $\alpha = 0$ , let  $\mu_n^*$  and  $\nu_n^*$  be the measures defined from  $\mu_n$  and  $\nu_n$  by (7). Then using again Lemma 5 and (8) we have that

$$\begin{aligned} \|\nu_p^* - \nu_n^*\|^2 &= I_0(\nu_p^* - \nu_n^*) = I_0(\nu_p - \nu_n) + \log 2 \\ &\leq I_0(\mu_p - \mu_n) + \log 2 = \|\mu_p^* - \mu_n^*\|^2 \xrightarrow{p, n \rightarrow \infty} 0. \end{aligned}$$

Therefore  $\{\nu_n^*\}$  is a Cauchy sequence in the norm and again by Lemma 6, we obtain that

$$\|\nu_n^* - \nu^*\| \rightarrow 0 \quad \text{and} \quad I_0(\nu_n^*) \rightarrow I_0(\nu^*)$$

as  $n \rightarrow \infty$ . It follows, from (8) that

$$I_0(\nu_n) \rightarrow I_0(\nu), \quad \text{as } n \rightarrow \infty.$$

□

#### 4. Some further results on distortion of capacity in the case $n = 1$ .

First we show that Theorem 1 is sharp. In what follows  $|\cdot|$  will denote not normalized Lebesgue measure in  $\partial\Delta$  ( i.e.  $|\partial\Delta| = 2\pi$ ).

**Proposition 1.**  *$\text{cap}_\alpha(f^{-1}(E))$  can take any value between  $\text{cap}_\alpha(E)$  and  $\text{cap}_\alpha(\partial\Delta)$ . More precisely, given  $0 < s \leq t < \text{cap}_\alpha(\partial\Delta)$  there exist a Borel subset  $E$  of  $\partial\Delta$  and an inner function  $f$  with  $f(0) = 0$  such that  $\text{cap}_\alpha(E) = s$  and  $\text{cap}_\alpha(f^{-1}(E)) = t$ .*

In order to prove this, we need the following lemma whose proof will given later.

**Lemma 7.** *Let  $I$  be any closed interval in  $\partial\Delta$  with  $|I| > 0$ , and let  $B$  be a finite union of closed intervals in  $\partial\Delta$  such that  $|B| = |I|$ . Then there exists an inner function  $f$  such that*

$$f(0) = 0 \quad \text{and} \quad f^{-1}(I) = B.$$

*In fact, if  $0 < |I| < 2\pi$ , then  $f$  is unique.*

**Remark.** It is natural to wonder if this lemma holds in higher dimensions, more precisely: Is it true that given an interval  $I$  in  $\partial\Delta$  and a Borel subset  $B$  of  $\mathbb{S}_n$  such that

$$\frac{|B|}{\omega_{2n-1}} = \frac{|I|}{2\pi},$$

there is an inner function  $f : \mathbb{B}_n \rightarrow \Delta$  such that  $f^{-1}(I) \stackrel{\circ}{=} B$  ?

It is not possible to construct such  $f$  by using the Ryll-Wojtaszczyk polynomials (see [R1]), since in that case the following stronger result would be true too:

Given  $E, I$  subsets of  $\partial\Delta$  with  $|E| = |I|$  and  $N \in \mathbb{N}$ , there exists an inner function  $f : \Delta \rightarrow \Delta$  such that

$$E = f^{-1}(I), \quad \text{and} \quad f^{(j)}(0) = 0, \quad \text{if } j \leq N.$$

But it is easy to see, as a consequence of Lemma 8, that in general this is not possible.

*Proof of Proposition 1.* Let  $I$  be a closed interval in  $\partial\Delta$  centered at 1 and such that  $\text{cap}_\alpha(I) = s$ . Consider the function  $g(z) = z^2$ . Then (see e.g. [FP] or Proposition 3 below),

$$s = \text{cap}_\alpha(I) < \text{cap}_\alpha(g^{-1}(I)) < \cdots < \text{cap}_\alpha(g^{-k}(I)) \xrightarrow{k \rightarrow \infty} \text{cap}_\alpha(\partial\Delta).$$

Therefore, if  $t = \text{cap}_\alpha(g^{-k}(I))$  for some  $k$ , we are done.

Note that  $g^{-k}(I)$  consists of  $2^k$  closed intervals of length  $|I|/2^k$  and centered at the points  $z_{j,k} = e^{2\pi j i/2^k}$  ( $j = 1, \dots, 2^k$ ).

If  $\text{cap}_\alpha(g^{-(k-1)}(I)) < t < \text{cap}_\alpha(g^{-k}(I))$  a simple continuity argument shows that there exist a finite union  $B$  of  $2^k$  closed intervals in  $\partial\Delta$  of total length  $|I|$  with  $\text{cap}_\alpha(B) = t$ .

Finally, applying Lemma 7 to the pair  $I, B$  we obtain an inner function  $f$  with  $f(0) = 0$  and  $f^{-1}(I) = B$ .  $\square$

*Proof of Lemma 7.* Let  $u$  be the Poisson integral of the characteristic function of  $B$ , and let  $\tilde{u}$  be its conjugate harmonic function chosen such that  $\tilde{u}(0) = 0$ . Since  $u(0) = |B|/2\pi$  the holomorphic function  $F = u + i\tilde{u}$  transforms  $\Delta$  into the strip  $S = \{\omega : 0 < \text{Re } \omega < 1\}$ . Notice that  $F$  has radial boundary values except for a finite number of points, and  $F$  applies the interior of  $B$  into  $\{\omega : \text{Re } \omega = 1\}$  and  $\partial\Delta \setminus B$  into  $\{\omega : \text{Re } \omega = 0\}$ .

Now, let  $G$  be the Riemann mapping of  $S$  chosen such that

$$G(|B|/2\pi) = 0.$$

$G$  transforms  $\{\omega : \text{Re } \omega = 1\}$  onto an interval  $J$  of  $\partial\Delta$ . On the other hand, the function  $h = G \circ F$  is clearly an inner function,  $h(0) = 0$  and  $h^{-1}(I) = B$ . By composing  $h$  with an appropriate rotation we finish the proof of the existence statement.

To show the uniqueness of  $f$ , it is sufficient to prove the following

**Lemma 8.** *If  $A$  is any Borel subset of  $\partial\Delta$ , such that  $\int_A e^{-i\theta} d\theta \neq 0$ , and  $f, g$  are inner functions with  $f(0) = g(0) = 0$  such that*

$$f^{-1}(A) \stackrel{\circ}{=} g^{-1}(A),$$

then  $f \equiv g$ .

Here  $\overset{\circ}{=}$  denotes equality up to a set of zero Lebesgue measure.

*Proof.* Let  $F : \Delta \rightarrow \{\omega : 0 < \operatorname{Re} \omega < 1\}$  be the holomorphic function given by

$$F(z) = \frac{1}{2\pi} \int_A \frac{e^{i\theta} + z}{e^{i\theta} - z} d\theta.$$

$F$  is univalent in a neighbourhood of 0, because

$$F'(0) = \frac{1}{\pi} \int_A e^{-i\theta} d\theta \neq 0.$$

Now, observe that  $\operatorname{Re}(F \circ f) = \operatorname{Re}(F \circ g)$  almost everywhere on  $\partial\Delta$ . Since  $\operatorname{Re}(F \circ f)$  and  $\operatorname{Re}(F \circ g)$  are bounded harmonic functions it follows that  $F \circ f = F \circ g + ic$  in  $\Delta$ , where  $c$  is a real constant. Since  $f(0) = g(0)$ , we deduce that  $F \circ f = F \circ g$  which proves the lemma because  $F$  is univalent in a neighbourhood of 0.  $\square$

Observe that, in particular, the condition  $\int_A e^{-i\theta} d\theta \neq 0$  is satisfied e.g. if  $A$  is any interval in  $\partial\Delta$  with  $0 < |A| < 2\pi$ .

The condition  $\int_A e^{-i\theta} d\theta \neq 0$  is not only a technicality. If  $A$  is  $k$ -symmetrical (i.e., there exists a subset  $A_0 \subset A$ , with  $A_0 \subset [0, 2\pi/k]$ , such that  $A \overset{\circ}{=} A_0 \cup (A_0 + 2\pi/k) \cup (A_0 + 4\pi/k) \cup \dots \cup (A_0 + 2\pi(k-1)/k)$ ), and  $\int_A e^{-ik\theta} d\theta \neq 0$ , then  $f = \omega g$ , where  $\omega$  is a  $k$ -th root of unity. To see this, one can use Lemma 8 with the functions  $h \circ f$ ,  $h \circ g$  and the set  $h(A)$ , where  $h(z) = z^k$ .

Also, note that if  $A$  is the union of two intervals in  $\partial\Delta$ , then  $f = \pm g$ , because  $\int_A e^{-i\theta} d\theta = 0$  implies that  $A$  is 2-symmetrical.

Notice that if the function  $g$  in Lemma 8 were the identity, and  $0 < |A| < 2\pi$ , then, by ergodicity, we would have that  $f$  is a rotation of rational angle. This, together with the above remark, could suggest that perhaps the following statement was true:

If  $A$  is any Borel subset of  $\partial\Delta$ , such that  $0 < |A| < 2\pi$ , and  $f, g$  are inner functions with  $f(0) = g(0) = 0$  such that

$$f^{-1}(A) \overset{\circ}{=} g^{-1}(A),$$

then  $f \equiv \lambda g$  with  $|\lambda| = 1$ .

But this is false as the next example shows: Let  $B$  be the following Blaschke product

$$B(z) = z \frac{2z - 1}{2 - z}.$$

By applying a theorem of Stephenson [S, Theorem 3] to the pair  $B, -B$ , one obtains two inner functions  $f$  and  $g$  with  $f(0) = g(0) = 0$ , such that

$$B \circ f = -B \circ g.$$

But then  $(B(f))^2 = (B(g))^2$ , and so, if we had  $f = \lambda g$ , we could conclude that  $B(z) = -B(\lambda z)$ . But, since  $B'(0) \neq 0$ , we had  $\lambda = -1$ , i.e.,  $B(z) = -B(-z)$ , a contradiction.

The following is well known, at least for  $\alpha = 0$ , see for instance [A, p. 35-36] where it is credited to Beurling.

**Proposition 2.** *Let  $0 \leq \alpha < 1$ . If  $I$  is any interval in  $\partial\Delta$ , then  $I$  has the minimum  $\alpha$ -capacity between all the Borel subsets of  $\partial\Delta$  with the same Lebesgue measure than  $I$ .*

*Proof.* Let  $E$  be a Borel set such that  $|E| = |I|$ . A standard approximation argument shows that for all  $\varepsilon > 0$  there exists a finite union  $B_\varepsilon$  of closed intervals such that

$$||E| - |B_\varepsilon|| < \varepsilon \quad \text{and} \quad |\text{cap}_\alpha(E) - \text{cap}_\alpha(B_\varepsilon)| < \varepsilon.$$

Let  $I_\varepsilon$  be a closed interval with the same center than  $I$  and such that  $|I_\varepsilon| = |B_\varepsilon|$ . By Lemma 7, we can find an inner function  $f_\varepsilon$  such that

$$f_\varepsilon(0) = 0 \quad \text{and} \quad f_\varepsilon^{-1}(I_\varepsilon) = B_\varepsilon.$$

Therefore, by Theorem 1,

$$\text{cap}_\alpha(E) + \varepsilon \geq \text{cap}_\alpha(B_\varepsilon) \geq \text{cap}_\alpha(I_\varepsilon),$$

but  $\text{cap}_\alpha(I_\varepsilon) \rightarrow \text{cap}_\alpha(I)$  as  $\varepsilon \rightarrow 0$ . □

The following proposition is not unexpected since ergodic theory says that  $f^{-k}(E)$  is well spread on  $\partial\Delta$ . Hereafter  $f^k = f \circ \dots \circ f$  denotes the  $k$ -iterate of  $f$  and  $f^{-k} = (f^k)^{-1}$ .

**Proposition 3.** *If  $f : \Delta \rightarrow \Delta$  is inner but not a rotation,  $f(0) = 0$ ,  $0 \leq \alpha < 1$  and  $E$  is a Borel subset of  $\partial\Delta$  with  $\text{cap}_\alpha(E) > 0$ , then*

$$\text{cap}_\alpha(f^{-k}(E)) \rightarrow \text{cap}_\alpha(\partial\Delta) \quad \text{as } k \rightarrow \infty.$$

The proof of this result is an easy consequence of the following lemma.

**Lemma 9.** *With the hypotheses of Proposition 3, if  $\mu$  is any probability measure on  $E$  with finite  $\alpha$ -energy and if  $\nu_k$  is the probability measure in  $f^{-k}(E)$  such that  $P_{\nu_k} = P_\mu \circ f^k$ , then*

$$I_\alpha(\nu_k) \rightarrow I_\alpha\left(\frac{|\cdot|}{2\pi}\right) \quad \text{as } k \rightarrow \infty.$$

With this, we have

$$\frac{1}{\text{cap}_\alpha(f^{-k}(E))} \leq I_\alpha(\nu_k) \longrightarrow I_\alpha\left(\frac{|\cdot|}{2\pi}\right) = \frac{1}{\text{cap}_\alpha(\partial\Delta)}$$

giving us the conclusion of Proposition 3.

*Proof of Lemma 9.* We will prove it for  $0 < \alpha < 1$ ; the case  $\alpha = 0$  being similar.

By Lemma 2 (i), we have with an appropriate function  $g_\alpha$  that

$$I_\alpha(\sigma) = \int_0^1 \int_0^{2\pi} |P_\sigma(re^{i\theta})|^2 d\theta g_\alpha(r) dr$$

for any probability measure  $\sigma$  on  $\partial\Delta$ .

Using (3) we have for all  $r \in (0, 1)$  that

$$\int_0^{2\pi} |P_{\nu_k}(re^{i\theta})|^2 d\theta \leq \int_0^{2\pi} |P_\mu(re^{i\theta})|^2 d\theta.$$

Since  $\mu$  has finite  $\alpha$ -energy, the right hand side in the last inequality, as a function of  $r$ , belongs to  $L^1(g_\alpha(r) dr)$ . Therefore, by using the Lebesgue's dominated convergence theorem, we would be done if we show that

$$(9) \quad \int_0^{2\pi} |P_{\nu_k}(re^{i\theta})|^2 d\theta \longrightarrow \frac{1}{2\pi} \quad \text{as } k \rightarrow \infty,$$

for each  $r$  with  $0 < r < 1$ . But, by Schwarz's lemma, and since  $f$  is not a rotation,  $|f^k(re^{i\theta})| \longrightarrow 0$  as  $k \rightarrow \infty$ , uniformly on  $\theta$  for  $r$  fixed. Therefore, for each  $r$ ,  $P_{\nu_k}(re^{i\theta}) = P_\mu(f^k(re^{i\theta})) \longrightarrow 1/2\pi$ , as  $k \rightarrow \infty$ , uniformly on  $\theta$ , and this implies (9).  $\square$

Even in the case when  $\text{cap}_\alpha(E) = 0$ , the sets  $f^{-k}(E)$  are well spread on  $\partial\Delta$ .

**Proposition 4.** *If  $f : \Delta \longrightarrow \Delta$  is an inner function (but not a rotation) with  $f(0) = 0$ ,  $E$  is any non empty Borel subset of  $\partial\Delta$ , and  $\mu$  is any probability measure on  $E$ , then for some absolute constant  $C$  and a positive constant  $A$  that only depends on  $|f'(0)|$ , we have that*

$$\left| \nu_k(I) - \frac{|I|}{2\pi} \right| < C e^{-Ak},$$

for each interval  $I \subset \partial\Delta$ . In particular,

$$\nu_k \longrightarrow \frac{|\cdot|}{2\pi}$$

in the usual weak-\* topology.

Here  $\nu_k$  is the probability measure concentrated in  $f^{-k}(E)$  such that  $P_{\nu_k} = P_\mu \circ f^k$ .

*Proof.* The proof is similar to that of Lemma 3 in [P], but using here the fact that  $P_{\nu_k} = P_\mu \circ f^k$  instead of Lemma 1 in [P].  $\square$

**Proposition 5.** *If  $f : \mathbb{B}_n \rightarrow \Delta$  is inner, then  $f$  assumes in  $\partial\mathbb{B}_n$  all the values in  $\partial\Delta$ .*

*Proof.* Let  $f : \mathbb{B}_n \rightarrow \Delta$  be an inner function. It is enough to prove that  $f^{-1}\{1\} \neq \emptyset$ . But,

$$(10) \quad u := \operatorname{Re} \left( \frac{1+f}{1-f} \right) = \frac{1-|f|^2}{|1-f|^2} > 0, \quad \text{in } \mathbb{B}_n.$$

Therefore,  $u$  is harmonic and positive in  $\mathbb{B}_n$  and so there exists a positive measure in  $\mathbb{S}_n$  such that

$$\operatorname{Re} \left( \frac{1+f}{1-f} \right) = P_\mu.$$

By (10)  $P_\mu$  tends radially to 0 a.e. with respect to Lebesgue measure, since  $f$  is inner and (by Privalov's theorem, (see e.g., [R, Theorem 5.5.9]))  $f$  can assume the value 1 at most in a set of zero Lebesgue measure. Then, the Radon-Nikodym derivative of  $\mu$  with respect to Lebesgue measure is zero a.e., and so  $\mu$  is a singular measure.

By Lemma 11 it follows that  $P_\mu \rightarrow +\infty$  in a set of full  $\mu$ -measure. But this is the same to say that  $f(re^{i\theta}) \rightarrow 1$  in that set.  $\square$

When the inner function  $f$  has order  $k \geq 1$  at 0, we can improve Theorem 1 in the case  $\alpha=0$ .

**Theorem 3.** *If  $f : \Delta \rightarrow \Delta$  is inner,*

$$f(0) = f'(0) = \dots = f^{(k-1)}(0) = 0, \quad f^{(k)}(0) \neq 0, \quad (k \geq 1),$$

and  $E$  is a Borel subset of  $\partial\Delta$ , then

$$(11) \quad \operatorname{cap}_0(f^{-1}(E)) \geq (\operatorname{cap}_0(E))^{1/k}.$$

Moreover, if  $\operatorname{cap}_0(E) > 0$ , equality holds if and only if either  $f(z) = \lambda z^k$ , with  $|\lambda| = 1$ , or  $\operatorname{cap}_0(E) = \operatorname{cap}_0(\partial\Delta)$ .

*Proof.* For such a function  $f$ , Schwarz's lemma says us that  $|f(z)| \leq |z|^k$ , with equality only if  $f(z) = \lambda z^k$  with  $|\lambda| = 1$ . With this in mind, the



subordination principle says now (see e.g. [HH]) that if  $v$  is a subharmonic function in  $\Delta$ , then

$$\int_0^{2\pi} v(f(re^{i\theta})) d\theta \leq \int_0^{2\pi} v(r^k e^{i\theta}) d\theta,$$

with equality for a given  $r$  only if  $v$  is harmonic in  $\{|z| < r\}$  or  $f$  is a rotation of  $z^k$ .

Now, in order to prove (11), we can assume that  $E$  is closed. If  $\mu_e$  is the equilibrium probability distribution of  $E$  and  $\nu$  is the probability measure in  $f^{-1}(E)$  such that  $P_\nu = P_\mu \circ f$ , then

$$\begin{aligned} I_0(\nu) &= 2\pi \int_0^1 \int_0^{2\pi} \left| P_{\mu_e}(f(re^{i\theta})) - \frac{1}{2\pi} \right|^2 d\theta \frac{dr}{r} \\ &\leq 2\pi \int_0^1 \int_0^{2\pi} \left| P_{\mu_e}(r^k e^{i\theta}) - \frac{1}{2\pi} \right|^2 d\theta \frac{dr}{r}. \end{aligned}$$

Substituting  $r^k = t$ , we obtain that

$$I_0(\nu) \leq \frac{1}{k} I_0(\mu_e).$$

This finishes the proof of (11). The equality statement can be proved in the same way as that of Theorem 1.  $\square$

**Remark.** For other  $\alpha$ 's ( $0 < \alpha < 1$ ) we can show

$$\frac{1}{\text{cap}_\alpha(f^{-1}(E))} - \frac{1}{\text{cap}_\alpha(\partial\Delta)} \leq \frac{C_\alpha}{k^{1-\alpha}} \left( \frac{1}{\text{cap}_\alpha(E)} - \frac{1}{\text{cap}_\alpha(\partial\Delta)} \right)$$

where  $C_\alpha$  is a constant depending only on  $\alpha$ .

We expect  $C_\alpha = 1$ , but we have not been able to show this.

## 5. Distortion of $\alpha$ -content.

The following is an extension of Löwner's lemma.

**Theorem 4.** *If  $f : \mathbb{B}_n \rightarrow \Delta$  is inner,  $f(0) = 0$  and  $E$  is a Borel subset of  $\partial\Delta$ , then, for  $0 < \alpha \leq 1$ ,*

$$(i) \quad M_{2n-2+\alpha}(f^{-1}(E)) \geq C_{n,\alpha} M_\alpha(E)$$

and

$$(ii) \quad \mathcal{M}_{2(n-1+\alpha)}(f^{-1}(E)) \geq C'_{n,\alpha} M_\alpha(E).$$

Here  $M_\beta$  and  $\mathcal{M}_\beta$  denote, respectively,  $\beta$ -dimensional content with respect to the euclidean metric and with respect to the metric in  $\mathbb{S}_n$  given by

$$d(a, b) = |1 - \langle a, b \rangle|^{1/2},$$

where  $\langle a, b \rangle = \sum a_j \bar{b}_j$  is the inner product in  $\mathbb{C}^n$ . This metric is equivalent to the Carnot-Carathéodory metric in the Heisenberg group model for  $\mathbb{S}_n$ . We refer to [R] for details about this metric.

Recall that in a general metric space  $(X, d)$  the  $\alpha$ -content of a set  $E \subset X$  is defined as

$$M_\alpha(E) = \inf \left\{ \sum_i r_i^\alpha : E \subset \bigcup_i B_d(x_i, r_i) \right\}.$$

Observe that, as a consequence of Theorem 4, one obtains

**Corollary.** *If  $f : \mathbb{B}_n \rightarrow \Delta$  is inner and  $E$  is a Borel subset of  $\partial\Delta$ , then*

$$\text{Dim}(f^{-1}(E)) \geq 2n - 2 + \text{Dim}(E)$$

and

$$\text{Dim}(f^{-1}(E)) \geq 2n - 2 + 2 \text{Dim}(E)$$

where  $\text{Dim}$  and  $\text{Dim}$  denote, respectively, Hausdorff dimension with respect to the euclidean metric and the metric  $d$ .

In order to prove Theorem 4 we will prove a lemma about Poisson integrals. We need to consider the classical Poisson kernel (not normalized)

$$P(\xi, z) = \frac{1 - |z|^2}{|\xi - z|^{2n}} \quad (z \in \mathbb{B}_n, \xi \in \mathbb{S}_n),$$

and the invariant Poisson kernel

$$Q(\xi, z) = \frac{(1 - |z|^2)^n}{|1 - \langle z, \xi \rangle|^{2n}} \quad (z \in \mathbb{B}_n, \xi \in \mathbb{S}_n).$$

Of course, they coincide if  $n = 1$ . In this section if  $\nu$  is a positive measure in  $\mathbb{S}_n$ , we will denote by  $P_\nu$  the function

$$P_\nu(z) = \int_{\mathbb{S}_n} P(\xi, z) d\nu(\xi)$$

and by  $Q_\nu$  the invariant Poisson extension of  $\nu$

$$Q_\nu(z) = \int_{\mathbb{S}_n} Q(\xi, z) d\nu(\xi).$$

**Lemma 10.** *Let  $\mu$  be a finite positive measure in  $\partial\Delta$ , and let  $f : \mathbb{B}_n \rightarrow \Delta$  be an inner function. Then, there exists a finite measure  $\nu \geq 0$  in  $\mathbb{S}_n$  such that  $P_\mu \circ f = P_\nu$ , and if  $\nu$  has singular part  $\sigma$  and continuous part  $\gamma$ , and we denote by  $A$  the set*

$$A = \{\xi \in \mathbb{S}_n : P_\sigma(r\xi) \rightarrow +\infty, \text{ as } r \rightarrow 1\}$$

and by  $B$  the set

$$B = \left\{ \xi \in \mathbb{S}_n : \exists \lim_{r \rightarrow 1} f(r\xi) = f(\xi), |f(\xi)| = 1 \text{ and } \lim_{r \rightarrow 1} P_\gamma(r\xi) > 0 \right\},$$

then  $A$  has full  $\sigma$ -measure,  $B$  has full  $\gamma$ -measure and

$$A \cup B \subset f^{-1}(\text{support } \mu)$$

and so

$$\nu(f^{-1}(\text{support } \mu)) = \|\nu\|.$$

The same is true if we replace  $P_\nu$  by  $Q_{\nu'}$  ( $P_\mu \circ f = Q_{\nu'}$ ) and  $A, B$  by the following sets

$$A' = \{\xi \in \mathbb{S}_n : Q_{\sigma'}(r\xi) \rightarrow +\infty, \text{ as } r \rightarrow 1\},$$

and

$$B' = \left\{ \xi \in \mathbb{S}_n : \exists \lim_{r \rightarrow 1} f(r\xi) = f(\xi), |f(\xi)| = 1 \text{ and } \lim_{r \rightarrow 1} Q_{\gamma'}(r\xi) > 0 \right\},$$

where  $\sigma'$  and  $\gamma'$  denote, respectively, the singular and the continuous part of  $\nu'$ .

*Proof.* We will prove the lemma only for the measure  $\nu'$ , since the proof of the result for  $\nu$  is similar and standard.

Let  $U : \Delta \rightarrow \mathbb{C}$  be a holomorphic function such that  $\text{Re } U = P_\mu$ . Then  $U \circ f$  is also holomorphic and so  $\text{Re}(U \circ f) = P_\mu \circ f$  is pluriharmonic, i.e. harmonic and  $\mathcal{M}$ -harmonic (see e.g. [R, Theorem 4.4.9]). Therefore there exist finite positive measures  $\nu$  and  $\nu'$  in  $\mathbb{S}_n$  such that

$$P_\mu \circ f = P_\nu, \quad P_\mu \circ f = Q_{\nu'}.$$

Let us denote by  $E$  the support of  $\mu$ . If  $\xi \in A'$ , then  $|f(r\xi)| \rightarrow 1$  as  $r \rightarrow 1$ . The curve  $\{f(r\xi) : 0 \leq r < 1\}$  in  $\Delta$  must end on a unique point  $e^{i\psi} = f(\xi) \in \Delta$ , since otherwise we would have  $P_\mu \equiv +\infty$  on a set of positive Lebesgue measure. Now,  $e^{i\psi} \in E$ , since otherwise  $P_\mu$  vanishes continuously at  $e^{i\psi}$ . Therefore  $A' \subset f^{-1}(E)$ . Similarly one sees that  $B' \subset f^{-1}(E)$ .

The set  $A'$  has full  $\sigma'$ -measure since by the inequality (14), that we will prove later,

$$\left\{ \xi \in \mathbb{S}_n : \underline{D} \sigma'(\xi) = \infty \right\} \subset A',$$

where

$$\underline{D} \sigma'(\xi) = \liminf_{r \rightarrow 0} \frac{\sigma'(B_d(\xi, r))}{|B_d(\xi, r)|},$$

and the set  $\{\xi : \underline{D} \sigma'(\xi) = \infty\}$  has full  $\sigma'$ -measure (see Lemma 11 below). Let us observe that ([R, p. 67])

$$|B_d(\xi, r)| \sim r^{2n}.$$

The set  $B'$  has full  $\gamma'$ -measure, since as  $r \rightarrow 1$

$$Q_{\gamma'}(r\xi) \longrightarrow \frac{d\gamma'}{dL} \quad \text{a.e.}$$

with respect to Lebesgue measure  $L$  (see, e.g., [R, Theorem 5.4.9]) and  $\left\{ \frac{d\gamma'}{dL} > 0 \right\}$  has full  $\gamma'$ -measure.  $\square$

**Lemma 11.** *Suppose that  $\mu$  is a singular positive Borel measure (with respect to Lebesgue measure) in  $\mathbb{S}_n$ . Then*

$$\underline{D} \mu(x) = \infty \quad \text{a.e. } \mu.$$

*Proof.* Let  $\mathcal{A}$  be a Borel set such that  $|\mathcal{A}| = 0$ , and  $\mu$  is concentrated on  $\mathcal{A}$ . Define for  $\alpha > 0$

$$\mathcal{A}_\alpha = \left\{ x \in \mathcal{A} : \underline{D} \mu(x) < \alpha \right\}.$$

It is enough to prove that  $\mu(\mathcal{A}_\alpha) = 0$ , and by regularity that  $\mu(K) = 0$  for all  $K$  compact subset of  $\mathcal{A}_\alpha$ .

Fix  $\varepsilon > 0$ . Since  $K \subset \mathcal{A}_\alpha \subset \mathcal{A}$ ,  $|K| = 0$  and so there exists an open set  $V$  with  $K \subset V$  and  $|V| < \varepsilon$  ( $|\cdot|$  denotes Lebesgue measure).

Now, for each  $x \in K$ , we can find  $r_x > 0$  such that

$$\frac{\mu(B_d(x, r_x))}{|B_d(x, r_x)|} < \alpha \quad \text{and} \quad B_d(x, r_x/3) \subset V.$$

The family  $\{B_d(x, r_x/3) : x \in K\}$  covers  $K$ , hence we can extract a finite subcollection  $\Phi$  that also covers  $K$ . Now, using a Vitaly-type lemma (see, e.g., [R, Lemma 5.2.3]), we can find a disjoint subcollection  $\Gamma$  of  $\Phi$  such that

$$K \subset \bigcup_{\Gamma} B_d(x_i, r_{x_i}).$$

Note that as a consequence of Proposition 5.1.4 in [R] we have that

$$\Theta_d := \sup_{\delta} \frac{|B_d(x, r_x)|}{|B_d(x, r_x/3)|} < \infty.$$

Therefore

$$\begin{aligned} \mu(K) &\leq \sum_{\Gamma} \mu(B_d(x_i, r_{x_i})) < \alpha \sum_{\Gamma} |B_d(x_i, r_{x_i})| \\ &< \Theta_d \alpha \sum_{\Gamma} |B_d(x_i, r_{x_i}/3)| \leq \Theta_d \alpha |V| < \Theta_d \alpha \varepsilon. \end{aligned}$$

□

*Proof of Theorem 4.* We will prove only (ii), since (i) is obtained in a similar way.

Assume, as we may, that  $E$  is a closed subset of  $\partial\Delta$  and  $M_\alpha(E) > 0$ . Then, see e.g. [T, p. 64], there exists a positive mass distribution on  $E$  of finite total mass, such that: (a)  $\mu(E) = M_\alpha(E)$ , (b)  $\mu(I) \leq C_\alpha |I|^\alpha$  for any open interval  $I$ , where  $C_\alpha$  is a constant independent of  $E$ . A standard estimate shows that

$$(12) \quad P_\mu(z) \leq \frac{C_\alpha}{(1 - |z|)^{1-\alpha}}, \quad (z \in \Delta),$$

with  $C_\alpha$  a new constant. Let  $\nu' \geq 0$  be a measure in  $\mathbb{S}_n$  such that  $P_\mu \circ f = Q_{\nu'}$ . Schwarz's lemma (see e.g. [R, Theorem 8.1.2]) and (12) give the corresponding inequality for  $\nu'$ :

$$(13) \quad Q_{\nu'}(z) \leq \frac{C_\alpha}{(1 - \|z\|)^{1-\alpha}}, \quad (z \in \mathbb{B}_n).$$

We claim that for each  $z \in \mathbb{B}_n$

$$(14) \quad Q_{\nu'}(z) \geq C_n \frac{\nu'(B_d(\xi, (2(1 - \|z\|))^{1/2}))}{(1 - \|z\|)^n}, \quad (z \in \mathbb{B}_n),$$

where  $\xi = z/\|z\|$  and  $B_d(\xi, R)$  denotes the  $d$ -ball with center  $\xi$  and radius  $R$ .

Assuming (14) for the moment and using (13), we obtain that

$$(15) \quad \nu'(B_d(\xi, R)) \leq C_{n,\alpha} R^{2(n-1+\alpha)}, \quad (\xi \in \mathbb{S}_n, R > 0).$$

If we cover the set  $A' \cup B'$  (see Lemma 14) with  $d$ -balls of radii  $R_i$ , we see by (15) that

$$\nu'(A' \cup B') \leq C_{n,\alpha} \sum_i R_i^{2(n-1+\alpha)}$$

and so

$$\begin{aligned} \|\nu'\| &= \nu'(A' \cup B') \leq C_{n,\alpha} \mathcal{M}_{2(n-1+\alpha)}(A' \cup B') \\ &\leq C_{n,\alpha} \mathcal{M}_{2(n-1+\alpha)}(f^{-1}(E)) . \end{aligned}$$

So, since  $f(0) = 0$ ,

$$M_\alpha(E) = \|\mu\| = \|\nu'\| \leq C_{n,\alpha} \mathcal{M}_{2(n-1+\alpha)}(f^{-1}(E)) .$$

Therefore, in order to finish the proof, it remains only to prove (14). Observe first that we can assume that  $\xi = e_1 = (1, 0, \dots, 0)$  since  $d$  is invariant under the unitary transformations of  $\mathbb{S}_n$  for the inner product  $\langle \cdot, \cdot \rangle$ . Now, if  $z = re_1$ , write  $\delta^2 = 2(1-r)$ . If  $\eta \in B_d(e_1, \delta)$ , then

$$|1 - r\eta_1| \leq |1 - \eta_1| + |\eta_1|(1-r) \leq 3(1-r) .$$

Hence, if  $\eta \in B_d(e_1, \delta)$

$$Q(\eta, z) = \left( \frac{1-r^2}{|1-r\eta_1|^2} \right)^n \geq \frac{9^{-n}}{(1-r)^n} .$$

Since  $Q$  is invariant under the action of the unitary group for the inner product  $\langle \cdot, \cdot \rangle$  in  $\mathbb{S}_n$ , we obtain that if  $z = r\xi$  and  $\eta \in B_d(\xi, \delta)$ , then

$$Q(\eta, z) \geq \frac{9^{-n}}{(1-r)^n} .$$

Finally,

$$Q_{\nu'}(z) \geq \int_{B_d(\xi, \delta)} Q(\eta, z) d\nu'(\eta) \geq 9^{-n} \frac{\nu'(B_d(\xi, \delta))}{(1-r)^n} .$$

□

## 6. Distortion of subsets of the disc.

We have discussed how inner functions distort boundary sets. There are some results on how they distort subsets of  $\Delta$ . On the one hand Hamilton [H] has shown that

**Theorem H.** *For all Borel subsets  $E$  of  $\Delta$ ,*

$$H_\alpha(f^{-1}(E)) \geq H_\alpha(E), \quad 0 < \alpha \leq 1,$$

where  $H_\alpha$  denotes  $\alpha$ -Hausdorff measure.

One naturally expects the following to be true:

If  $f : \Delta \rightarrow \Delta$  is inner,  $f(0) = 0$  and  $E$  is a Borel subset of  $\Delta$ , then

$$\text{cap}_\alpha (f^{-1}(E)) \geq \text{cap}_\alpha (E).$$

This we can prove only if  $\alpha = 0$ . The idea comes from [P1, p. 336].

**Theorem 5.** *Let  $f : \Delta \rightarrow \Delta$  be an inner function. If for some  $k \geq 1$*

$$f(0) = f'(0) = \dots = f^{(k-1)}(0) = 0, \quad f^{(k)}(0) \neq 0,$$

then,

$$\text{cap}_0 (f^{-1}(E)) \geq (\text{cap}_0(E))^{1/k},$$

for all Borel subsets of  $\Delta$ . Moreover, this inequality is sharp.

*Sketch of proof.* By approximation, it is enough to prove it if  $E$  is closed and  $f$  is a finite Blaschke product. Let  $f$  be

$$f(z) = z^k \prod_{j=1}^d e^{i\nu_j} \frac{z - a_j}{1 - \bar{a}_j z}.$$

Denote by  $g_E, g_F$  the Green's functions of the unbounded connected component of  $\hat{\mathbb{C}} \setminus E$  and  $\hat{\mathbb{C}} \setminus F$  (here  $F = f^{-1}(E)$ ) with pole at  $\infty$ . Therefore,

$$g_E(z) - \log |z| = \log \frac{1}{\text{cap}_0(E)} + O(|z|^{-1}),$$

$$g_F(z) - \log |z| = \log \frac{1}{\text{cap}_0(F)} + O(|z|^{-1}),$$

as  $|z| \rightarrow \infty$ . Moreover, since  $k \geq 1$

$$g_E(f(z)) - k \log |z| + \log \prod_{j=1}^d |a_j| = \log \frac{1}{\text{cap}_0(E)} + O(|z|^{-1}),$$

as  $|z| \rightarrow \infty$ . It is easy to see that

$$g_E(f(z)) - \sum_{j=1}^d g_F(z, \bar{a}_j^{-1})$$

is harmonic in the unbounded connected component of  $\mathbb{C} \setminus (F \cup (\cup_{j=1}^d \{\bar{a}_j^{-1}\}))$  and it is bounded at the points  $\bar{a}_j^{-1}$  (here  $g_F(z, \bar{a}_j^{-1})$  denotes the Green's

function of the unbounded connected component of  $\hat{\mathbb{C}} \setminus F$  with pole at  $\bar{a}_j^{-1}$ . Therefore, the function

$$(16) \quad G(z) = \frac{1}{k} g_E(f(z)) - g_F(z) - \frac{1}{k} \sum_{j=1}^d g_F(z, \bar{a}_j^{-1})$$

is harmonic and bounded in the unbounded connected component of  $\hat{\mathbb{C}} \setminus F$ . Since  $G = 0$  on the outer boundary of  $F$ , it follows that  $G \equiv 0$ .

Now, by using the symmetry of Green's function, we have that

$$g_F(z, \bar{a}_j^{-1}) \longrightarrow g_F(\bar{a}_j^{-1}), \quad \text{as } |z| \rightarrow \infty,$$

and so, from (16),

$$(17) \quad \log \frac{1}{\text{cap}_0(E)} - \log \prod_{j=1}^d |a_j| - k \log \frac{1}{\text{cap}_0(F)} - \sum_{j=1}^d g_F(\bar{a}_j^{-1}) = 0.$$

On the other hand, since  $F \subset \Delta$ , the maximum principle says that

$$g_F(z) \geq g_\Delta(z) = \log |z|, \quad |z| > 1.$$

Hence, from (17), we obtain that

$$\log \frac{1}{\text{cap}_0(E)} - \log \prod_{j=1}^d |a_j| - k \log \frac{1}{\text{cap}_0(F)} \geq \sum_{j=1}^d \log |a_j|^{-1},$$

and the inequality in the theorem follows.

Finally, to show that the inequality is sharp one simply has to consider the function  $f(z) = z^k$ .  $\square$

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UNIVERSIDAD AUTÓNOMA DE MADRID  
28049 MADRID, SPAIN  
*E-mail address:* pando@ccuam3.sdi.uam.es

UNIVERSIDAD AUTÓNOMA DE MADRID  
28049 MADRID, SPAIN  
*E-mail address:* madom@ccuam3.sdi.uam.es

AND

UNIVERSIDAD CARLOS III DE MADRID  
BUTARQUE, 15  
LEGANÉS, 28911 MADRID, SPAIN

