

## CONVEXITY OF REFLECTIVE SUBMANIFOLDS IN SYMMETRIC $R$ -SPACES

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**Abstract.** We show that every reflective submanifold of a symmetric  $R$ -space is (geodesically) convex.

**Introduction.** The main result in this article is the following.

**THEOREM 1.** *Reflective submanifolds of symmetric  $R$ -spaces are (geodesically) convex.*

We organized this article as follows. In Section 1, we define all notions used in Theorem 1. Reflective submanifolds in symmetric  $R$ -spaces are described in Section 2. The proof of Theorem 1 can be found in Section 3. In Section 4, we explain why the assumption “symmetric  $R$ -space” in Theorem 1 can not be generalized to all compact symmetric spaces.

Symmetric  $R$ -spaces, introduced by Takeuchi and Nagano in the 1960s, form a class of compact symmetric spaces that have very peculiar geometric properties and appear in various contexts. For example, symmetric  $R$ -spaces arise as certain spaces of shortest geodesics, namely as those centrioles (see [CN88]) that are formed by midpoints of shortest geodesics arcs joining a base point to a pole (see e.g. [MQ12]). Reflective submanifolds in symmetric spaces include among others polars and centrioles (see e.g. [CN88, Na88, Qu11]). An iterative construction involving such centrioles has been used by Bott [Bo59] in the first proof of his famous periodicity result for the homotopy groups of classical Lie groups (see also [Mi69, § 23, 24] and [Mi88, § 7]). For the construction described in [MQ11, Sect. 1.2], it is important that the distance between a base point and a pole in a centriole of certain  $R$ -spaces measured in the centriole is the same as the distance measured in the ambient  $R$ -space. This follows directly from Theorem 1.

Theorem 1 also provides a conceptual proof of [NS91, Remark 3.2b] in the case where the ambient space is a symmetric  $R$ -space.

**1. Preliminaries.** We first define the terminology used in Theorem 1.

*Reflective submanifolds.* A reflective submanifold  $M$  of a Riemannian manifold  $P$  is a connected component of the fixed point set of an involutive isometry  $\tau$  of  $P$ , that is  $\tau^2$  equals

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the identity. Thus reflective submanifolds are totally geodesic (see e.g. [BCO03, Prop. 8.3.4]). To contain many reflective submanifolds, the ambient Riemannian manifold  $P$  should have a large isometry group. An interesting class of ambient manifolds are therefore symmetric spaces. In the series of papers [Le73, Le74, Le79a, Le79b], Leung studied and classified reflective submanifolds in simply connected irreducible symmetric spaces of compact type.

*Convexity.* We call a connected Riemannian submanifold  $M \subset P$  of a Riemannian manifold  $P$  (geodesically) *convex*, if the (Riemannian) distance  $d_M(m_1, m_2)$  in  $M$  between any pair of points  $m_1, m_2 \in M$  coincides with the Riemannian distance  $d_P(m_1, m_2)$  in the ambient space  $P$ . In other words, a complete totally geodesic submanifold  $M \subset P$  is convex if any shortest geodesic arc in  $M$  joining two arbitrarily chosen points  $m_1$  and  $m_2$  in  $M$  is still shortest in  $P$  (see also [Sa96, pp. 26, 84]).

*Symmetric spaces.* Before defining the terminology “symmetric  $R$ -space”, we shortly introduce some useful notions about symmetric spaces. We refer to the Helgason’s standard monograph [He78] for proofs and further details about symmetric spaces. Let  $S$  be a (Riemannian) *symmetric space*, that is a connected Riemannian manifold such that for any point  $p \in S$  there exists an isometry  $s_p$  of  $S$  that fixes  $p$  and whose differential at  $p$  is  $-\text{Id}$  on  $T_p S$ . One can show that symmetric spaces are geodesically complete and homogeneous.

We now fix an origin  $o \in S$  and get an involutive Lie group automorphism  $\sigma$  of the isometry group  $\text{I}(S)$  of  $S$  defined by  $\sigma(g) = s_o \circ g \circ s_o$  for any  $g \in \text{I}(S)$ . Its differential  $\sigma_*$  at the identity is an involutive automorphism of the Lie algebra of  $\text{I}(S)$ .

The  $(-1)$ -eigenspace  $\mathfrak{s}$  of  $\sigma_*$  is called the *Lie triple* corresponding to  $(S, o)$ . It is identified with  $T_o S$  by the differential at the identity of the principal bundle  $\text{I}(S) \rightarrow S$ ,  $g \mapsto g \cdot o$ , where  $g \cdot o$  denotes the point in  $S$  obtained by applying  $g$  to the origin  $o$ . By this identification,  $\mathfrak{s}$  carries a scalar product denoted by  $\langle \cdot, \cdot \rangle$  induced from the Riemannian metric on  $T_o S$ . The curvature tensor on  $T_o P$  is expressed in  $\mathfrak{s}$  by double Lie brackets and the geodesics of  $P$  emanating from  $o$  are of the form

$$t \mapsto \exp(tX) \cdot o \quad \text{with } X \in \mathfrak{s},$$

where  $\exp$  is the Lie theoretic exponential map. The linear isotropy action on  $\mathfrak{s}$  coincides with the adjoint action restricted to  $\mathfrak{s}$ .

*Orthogonal unit lattices.* We choose a maximal abelian subspace  $\mathfrak{t} \subset \mathfrak{s}$  in  $\mathfrak{s}$ . Then  $T := \exp(\mathfrak{t}) \cdot o$  is a maximal complete connected totally geodesic flat submanifold of  $S$ , a maximal flat torus. For a compact symmetric space  $S$ , the *unit lattice*

$$\Gamma(S, \mathfrak{t}) := \{X \in \mathfrak{t}; \exp(X) \cdot o = o\}$$

of  $S$  is said to be *orthogonal*, if there exists a basis  $\{b_1, \dots, b_r\}$  of  $\mathfrak{t}$  with the properties

- (i)  $\langle b_j, b_k \rangle = 0$ , if  $j \neq k$ ,
- (ii)  $\Gamma(S, \mathfrak{t}) = \text{span}_{\mathbf{Z}}(b_1, \dots, b_r) = \left\{ \sum_{j=1}^r x_j b_j; x_j \in \mathbf{Z} \right\}$ .

*Symmetric  $R$ -spaces.* Symmetric  $R$ -spaces, introduced by Takeuchi and Nagano in the 1960s, form a distinguished subclass of compact Riemannian symmetric spaces. They arise as

particular orbits of  $s$ -representations, i.e., linear isotropy representations of symmetric spaces of compact type.

Let  $S$  be a symmetric space of compact type, that is the universal Riemannian cover of  $S$  is still compact, and  $o$  an origin in  $S$ . Using the notation introduced above, we take a nonzero element  $\xi \in \mathfrak{s}$  that satisfies

$$\text{ad}(\xi)^3 = -\text{ad}(\xi).$$

Then the connected isotropy orbit  $P := \text{Ad}_{\text{I}(S)}(H)\xi \subset \mathfrak{s}$  is a *symmetric  $R$ -space*. Here  $H \subset \text{I}(S)$  denotes the identity component of the isotropy group of  $o \in S$ , which is a compact Lie group. Thus symmetric  $R$ -spaces are always compact.

The orbit  $P \subset \mathfrak{s}$  is extrinsically symmetric in the Euclidean space  $\mathfrak{s}$ , that is,  $P$  is invariant under the reflections through all its affine normal spaces (see [Fe80]). In particular, symmetric  $R$ -spaces are (Riemannian) symmetric spaces (w.r.t. the submanifold metric induced by the scalar product on  $\mathfrak{s}$ ). Ferus [Fe74] (see also [Fe80, EH95]) has shown that the converse also holds. Namely, every full compact extrinsically symmetric submanifold in a Euclidean space is a symmetric  $R$ -space.

Irreducible symmetric  $R$ -spaces have been first classified by Kobayashi and Nagano in [KN64]. A list of them can also be found in [BCO03, p. 311]. Takeuchi [Ta84] has shown that irreducible symmetric  $R$ -spaces are either irreducible hermitian symmetric spaces of compact type or compact connected real forms of them and vice-versa.

**THEOREM 2** ([Lo85, Satz 3]). *The unit lattice of a symmetric  $R$ -space  $P$  is orthogonal.*

Following Loos [Lo85], this property is actually an intrinsic characterization of symmetric  $R$ -spaces among compact symmetric spaces.

**2. Reflective submanifolds of symmetric  $R$ -spaces.** Let now  $M \subset P$  be a reflective submanifold of a symmetric  $R$ -space  $P$  and  $o \in M$  a chosen origin. Since  $P$  is compact and  $M$  a closed subset of  $P$ ,  $M$  is also compact. Let  $G$  be the transvection group of  $P$ , that is the identity component of  $\text{I}(P)$ . The topology underlying the Lie group structure of  $G$  is the compact-open topology (see e.g. [He78, Ch. IV, §2,3]). Thus the identity component  $L$  of  $\{g \in G ; g(M) \subset M\}$  is a closed subgroup of the compact Lie group  $G$  and therefore a compact Lie group, too. Since  $M$  is a totally geodesic submanifold of  $P$ ,  $L$  contains all transvections of  $P$  along geodesics of  $M$ . Thus  $L$  acts transitively (but maybe highly non effectively) on  $M$ .

The involution  $\sigma$  of  $G$  given by  $\sigma(g) = s_o \circ g \circ s_o$  for all  $g \in G$  leaves  $\{g \in G ; g(M) \subset M\}$  and therefore also  $L$  invariant and induces an involutive automorphism of  $L$  which we also denote by  $\sigma$ . We set

$$H := \{l \in L ; l \cdot o = o\}.$$

Since  $H$  is a closed subgroup of the compact Lie group  $L$ ,  $H$  is a compact Lie subgroup of  $L$ .

**OBSERVATION 3.**  *$(L, H)$  is a compact Riemannian symmetric pair (in the sense defined in [Sa77, p. 137]).*

PROOF. We are left to show that  $L_e^\sigma \subset H \subset L^\sigma$ , where  $L^\sigma \subset L$  is the fixed point set of  $\sigma$  in  $L$  and  $L_e^\sigma$  its identity component.

Let  $K$  be the subgroup of  $G$  formed by all transvections of  $P$  that leave  $o$  fix. It is well known that  $G_e^\sigma \subset K \subset G^\sigma$ , here  $G^\sigma$  is the fixed point set of  $\sigma$  in  $G$  and  $G_e^\sigma$  is its identity component (see e.g. [He78, Ch. IV, §3]). Since  $H = L \cap K$ ,  $L^\sigma = L \cap G^\sigma$  and  $L_e^\sigma$  is the identity component of  $L \cap G_e^\sigma$ , the claims follows, because

$$L_e^\sigma \subset L \cap G_e^\sigma \subset H = L \cap K \subset L \cap G^\sigma = L^\sigma. \quad \square$$

Let  $\mathfrak{p}$  be the Lie triple corresponding to  $(P, o)$  and  $\mathfrak{m} \subset \mathfrak{p}$  the Lie subtriple of  $\mathfrak{p}$  corresponding to  $(M, o)$  (see [He78, Ch. IV, §7] for further explications). If  $\tau$  denotes the involutive isometry of  $P$  such that  $M$  is a connected component of the fixed point set of  $\tau$  and  $\tau_*$  denotes the involution on  $\mathfrak{p}$  induced by the differential of  $\tau$  at  $o$ , then  $\mathfrak{m}$  is the fix point set of  $\tau_*$  and its orthogonal complement  $\mathfrak{m}^\perp$  in  $\mathfrak{p}$  is the  $(-1)$ -eigenspace of  $\tau_*$ . Notice that  $s_o$  and  $\tau$  commute (see [Le73, p. 156]). We get an involutive Lie group automorphism

$$\tilde{\tau} : G \rightarrow G, \quad g \mapsto \tau \circ g \circ \tau.$$

Since the curves  $t \mapsto (\tau \circ \exp(tX) \circ \tau) \cdot o$  and  $t \mapsto (\tau \circ \exp(tX)) \cdot o$  in  $P$  coincide, we see that, on  $\mathfrak{p} \cong T_oP$ , the differential  $\tilde{\tau}_*$  of  $\tilde{\tau}$  at the identity coincides with the differential  $\tau_*$  of  $\tau$  at  $o$  and therefore leaves  $\mathfrak{p}$  invariant.

Let  $\mathfrak{a}$  be a maximal abelian subspace of  $\mathfrak{m}$  and  $\mathfrak{t}$  a maximal abelian subspace of  $\mathfrak{p}$  containing  $\mathfrak{a}$ .

OBSERVATION 4 ([TT12, Lemma 3.1]).  $\mathfrak{t}$  is invariant under  $\tau_*$ .

PROOF. The arguments given here are similar to the proof of [Lo69II, Prop. 3.2, p. 125]. Take  $T \in \mathfrak{t}$ , then  $T + \tau_*(T)$  lies in  $\mathfrak{m}$ . Since

$$\begin{aligned} [A, T + \tau_*(T)] &= [A, T] + [A, \tau_*(T)] = [\tau_*(A), \tau_*(T)] \\ &= [\tilde{\tau}_*(A), \tilde{\tau}_*(T)] = \tilde{\tau}_*([A, T]) \\ &= 0 \end{aligned}$$

for all  $A \in \mathfrak{a}$  and since  $\mathfrak{a}$  is a maximal abelian subset of  $\mathfrak{m}$ , we see that  $T + \tau_*(T) \in \mathfrak{a}$  and hence  $\tau_*(T) = (T + \tau_*(T)) - T \in \mathfrak{t}$ . □

The space  $\mathfrak{t}$  splits as an orthogonal direct sum

$$\mathfrak{t} = \mathfrak{a} \oplus \mathfrak{a}^\perp$$

with  $\mathfrak{a}^\perp = \mathfrak{t} \cap \mathfrak{m}^\perp$ .

Since  $\tau_*$  is the differential of an involutive isometry of  $P$  that leaves  $\mathfrak{t}$  invariant,  $\tau_*|_{\mathfrak{t}}$  is an orthogonal transformation of  $\mathfrak{t}$  that squares to the identity and preserves the unit lattice  $\Gamma(P, \mathfrak{t}) \subset \mathfrak{t}$ . Since the unit lattice of the symmetric  $R$ -space  $P$  is orthogonal (see Theorem 2 due to Loos [Lo85]), there exists an orthogonal basis  $\{b_1, \dots, b_r\}$  of  $\mathfrak{t}$  that generates  $\Gamma(P, \mathfrak{t})$  over  $\mathbb{Z}$ .

PROPOSITION 5 ([TT12, Proposition 3.3]). *There exists an orthogonal basis  $\{e_1, \dots, e_r\}$  of  $\mathfrak{t}$  with the properties*

- (i)  $\Gamma(P, \mathfrak{t}) = \text{span}_{\mathbf{Z}}(e_1, \dots, e_r) = \left\{ \sum_{j=1}^r x_j e_j ; x_j \in \mathbf{Z} \right\}$ ,
- (ii) *there exist integer numbers  $p, q$  with  $0 \leq 2p \leq q \leq r$  such that*
  - $\tau_*(e_{2j}) = e_{2j-1}$  for  $1 \leq j \leq p$ ,
  - $\tau_*(e_j) = e_j$  for  $2p + 1 \leq j \leq q$ ,
  - $\tau_*(e_j) = -e_j$  for  $q + 1 \leq j \leq r$ .

PROOF. Tanaka and Tasaki presented a differential geometric proof of this result (see [TT12, proof of Prop. 3.3]). In this paper we are inclined to give an elementary linear algebraic construction of the orthogonal basis  $\{e_1, \dots, e_r\}$ .

Without loss of generality, we may assume that the orthogonal basis  $B = \{b_1, \dots, b_r\}$  that generates the unit lattice  $\Gamma(P, \mathfrak{t})$  over  $\mathbf{Z}$  is ordered by length, that is  $\|b_1\| \leq \|b_2\| \leq \dots \leq \|b_r\|$ . Let  $s \in \{1, \dots, r\}$  be the integer number such that  $\|b_1\| = \|b_j\|$  for  $j = 1, \dots, s$  and  $\|b_1\| < \|b_{s+1}\|$ . If  $0 \neq x = \sum_{j=1}^r x_j b_j \in \Gamma(P, \mathfrak{t})$ , that is  $x_j \in \mathbf{Z}$ , then  $\|x\|^2 = \sum_{j=1}^r x_j^2 \|b_j\|^2 \geq \|b_1\|^2$ , and  $\|x\| = \|b_1\|$  holds if and only if  $x \in \{\pm b_1, \dots, \pm b_s\}$ . Since  $\tau_*$  is an orthogonal map that preserves  $\Gamma(P, \mathfrak{t})$ , we conclude that

$$\tau_*(b_j) \in \{\pm b_1, \dots, \pm b_s\} \quad \text{for all } j \in \{1, \dots, s\}.$$

Let  $V := \text{span}_{\mathbf{R}}\{b_1, \dots, b_s\}$ , then  $V^\perp = \text{span}_{\mathbf{R}}\{b_{s+1}, \dots, b_r\}$ . Since the orthogonal endomorphism  $\tau_*$  leaves  $V$  invariant, the same holds for  $V^\perp$ . By applying the above arguments to  $\tau_*|_{V^\perp}$  and by iterating this scheme, we get

$$\tau_*(b_j) \in \{\pm b_1, \dots, \pm b_r\} \quad \text{for all } j \in \{1, \dots, r\}.$$

Since  $\tau_*$  is involutive,  $\tau_*(b_j) = b_k$  implies  $\tau_*(b_k) = b_j$  and  $\tau_*(b_j) = -b_k$  implies  $\tau_*(b_k) = -b_j$ .

After renumbering  $\{b_1, \dots, b_r\}$  suitably, we can therefore assume that

- $\tau_*(b_{2j}) = \pm b_{2j-1}$  for  $1 \leq j \leq p$ ,
- $\tau_*(b_j) = b_j$  for  $2p + 1 \leq j \leq q$ ,
- $\tau_*(b_j) = -b_j$  for  $q + 1 \leq j \leq r$ ,

for some integers  $p, q$  with  $0 \leq 2p \leq q \leq r$ . We now choose the desired basis  $\{e_1, \dots, e_r\}$  as follows:

- $e_{2j-1} = b_{2j-1}$  for  $1 \leq j \leq p$ ,
- $e_{2j} = \begin{cases} b_{2j} & \text{if } \tau_*(b_{2j}) = b_{2j-1} \\ -b_{2j} & \text{if } \tau_*(b_{2j}) = -b_{2j-1} \end{cases}$  for  $1 \leq j \leq p$ ,
- $e_j = b_j$  for  $2p + 1 \leq j \leq r$ . □

Since  $\mathfrak{a}$  is the fixed point set of  $\tau_*$  in  $\mathfrak{t}$ , Proposition 5 implies the following corollary.

COROLLARY 6 ([TT12, Proposition 3.3]). *We have the equality*

$$\mathfrak{a} = \left\{ \sum_{j=1}^r x_j e_j ; x_{2j-1} = x_{2j} \text{ for } 1 \leq j \leq p \text{ and } x_{q+1} = \dots = x_r = 0 \right\}.$$

**3. Proof of the main result, Theorem 1.** A reflective submanifold  $M \subset P$  in a compact symmetric  $R$ -space is itself a compact connected symmetric space and hence complete. The classical theorem of Hopf and Rinow (see e.g. [Sa96, p. 84]) tells us that any two points  $m_1, m_2 \in M$  can be joined by a geodesic in  $M$  that is shortest within  $M$ . If such a shortest geodesic in  $M$  is still shortest within  $P$ , then  $M$  is geodesically convex.

The *tangent cut locus*  $\tilde{C}(T_p P)$  of a compact Riemannian manifold  $P$  at a point  $p \in M$  is the set of all tangent vectors  $X \in T_p P$  such that

- $d_P(p, \gamma_X(t)) = t\|X\|$  for  $t \in [0, 1]$  and
- $d_P(p, \gamma_X(t)) < t\|X\|$  for  $t > 1$ ,

where  $d_P$  denotes the Riemannian distance in  $P$  (see e.g. [Sa96, p. 26] for the definition) and  $\gamma_X$  is the geodesic in  $P$  that emanates from  $p$  in the direction  $X$ . We refer to [Sa96, p. 104] for further explication concerning the tangent cut locus.

Thus  $M \subset P$  is convex, if

$$(1) \quad \tilde{C}(T_m M) = T_m M \cap \tilde{C}(T_m P)$$

holds for any point  $m \in M$ . Since  $M$  is homogeneous, it suffices to verify Equation (1) at just one point  $o \in M$ .

Sakai [Sa77, Thm. 2.5] has shown that the tangent cut locus of a compact symmetric space is determined up to the isotropy action by the tangent cut locus of a maximal flat totally geodesic torus. Tasaki [Ta10, Lemma 2.2] adapted Sakai’s result to totally geodesic submanifolds. We now state Tasaki’s result in a version that is specialized to fit best our needs and set up. We use again the notions established in Sections 1 and 2. Tasaki’s assumptions in [Ta10, Lemma 2.2] concerning the symmetric pairs are satisfied by Observation 3.

LEMMA 7 ([Ta10, Lemma 2.2]). *Let  $M$  be a reflective submanifold of a symmetric  $R$ -space  $P$ ,  $o$  a point in  $M$ ,  $\mathfrak{a}$  an arbitrarily chosen maximal abelian linear subspace of  $\mathfrak{m} \cong T_o M$  and  $\mathfrak{t}$  a maximal abelian linear subspace of  $\mathfrak{p} \cong T_o P$  that contains  $\mathfrak{a}$ . Let  $A$  be the maximal flat torus of  $M$  corresponding to  $\mathfrak{a}$  and  $T$  the maximal flat torus of  $P$  corresponding to  $\mathfrak{t}$ , that is  $\mathfrak{a} \cong T_o A$  and  $\mathfrak{t} \cong T_o T$ . If*

$$(2) \quad \tilde{C}(\mathfrak{a}) = \mathfrak{a} \cap \tilde{C}(\mathfrak{t})$$

then  $\tilde{C}(\mathfrak{m}) = \mathfrak{m} \cap \tilde{C}(\mathfrak{p})$  and  $M$  is a (geodesically) convex submanifold of  $P$ .

Thus, to prove Theorem 1, we just need to show that Equation (2) is satisfied, that is,  $A$  is a convex submanifold of  $T$ . We do this by showing the following claim.

CLAIM 8. *For all points  $a \in A$  we have*

$$d_A(o, a) = d_T(o, a).$$

PROOF. Both maps

$$\mathfrak{a} \rightarrow A, X \mapsto \exp(X) \cdot o \quad \text{and} \quad \mathfrak{t} \rightarrow T, Y \mapsto \exp(Y) \cdot o$$

are Riemannian coverings between flat spaces. Thus they map straight lines in  $\mathfrak{a}$  and  $\mathfrak{t}$  onto geodesics of  $A$  and  $T$ , and every geodesic arises in this way.

Let  $a \in A$  be an arbitrarily chosen point in  $A$ , then  $a = \exp(X) \cdot o$  for some  $X \in \mathfrak{a}$ . In view of Corollary 6, one can write  $X = \sum_{j=1}^r x_j e_j$  with

- $x_{2j} = x_{2j-1}$  for  $1 \leq j \leq p$ ,
- $x_{q+1} = \dots = x_r = 0$ ,

where  $\{e_1, \dots, e_r\}$  is the orthogonal basis of  $\mathfrak{t}$  mentioned in Proposition 5. Using Theorem 2, we get

$$\begin{aligned} d_T^2(o, a) &= \min\{\|X + Y\|^2 ; Y \in \Gamma(P, \mathfrak{t})\} \\ &= \min\left\{\left\|\sum_{j=1}^r (x_j + y_j)e_j\right\|^2 ; y_1, \dots, y_r \in \mathbf{Z}\right\} \\ &= \min\left\{\sum_{j=1}^r (x_j + y_j)^2 \|e_j\|^2 ; y_1, \dots, y_r \in \mathbf{Z}\right\}. \end{aligned}$$

We now choose integer numbers  $z_1, \dots, z_r \in \mathbf{Z}$  as follows:

- For  $1 \leq j \leq p$ , we choose  $z_{2j}$  such that

$$(x_{2j} + z_{2j})^2 = \min\{(x_{2j} + y_{2j})^2 ; y_{2j} \in \mathbf{Z}\}$$

and set  $z_{2j-1} := z_{2j}$ . Since  $x_{2j} = x_{2j-1}$ , we also get

$$(x_{2j-1} + z_{2j-1})^2 = \min\{(x_{2j-1} + y_{2j-1})^2 ; y_{2j-1} \in \mathbf{Z}\}.$$

- For  $2p + 1 \leq j \leq q$ , we choose  $z_j \in \mathbf{Z}$  such that

$$(x_j + z_j)^2 = \min\{(x_j + y_j)^2 ; y_j \in \mathbf{Z}\}.$$

- $z_{q+1} = \dots = z_r = 0$ .

These choices ensure that

$$\sum_{j=1}^r (x_j + z_j)^2 \|e_j\|^2 = d_T^2(o, a).$$

Moreover the vector  $Z = \sum_{j=1}^r z_j e_j \in \Gamma(P, \mathfrak{t})$  satisfies

- $z_{2j} = z_{2j-1}$  for  $1 \leq j \leq p$ ,
- $z_{q+1} = \dots = z_r = 0$ ,

that is  $Z \in \mathfrak{a}$ .

Notice that  $\exp(X + Z) \cdot o = \exp(X) \exp(Z) \cdot o = \exp(X) \cdot o = a$  and  $d_T^2(o, a) = \|X + Z\|^2$ . Since  $X + Z \in \mathfrak{a}$  and  $d_T^2(o, a) \leq d_A^2(o, a)$ , we get  $d_T^2(o, a) = d_A^2(o, a)$ , and Claim 8 follows. □

**4. Counterexamples.** Though our proof of Theorem 1 relies on Loos' characterization of symmetric  $R$ -spaces in terms of orthogonal unit lattices, one may ask if the statement of Theorem 1 is still true for reflective submanifolds in arbitrary compact symmetric spaces. In this section we present two counterexamples for such a statement, that arose in discussion with Jost-Hinrich Eschenburg.

EXAMPLE 9. Take a flat 2-torus  $P$  with a non-rectangular rhombic lattice. Then the long diagonal in the rhombic lattice gives a reflective submanifold  $M$  of  $P$ . The shortest geodesic in  $P$  joining the midpoint of a rhombic fundamental domain to a vertex of it follows the short diagonal and therefore does not lie in the reflective submanifold  $M$ . Thus  $M$  is not convex.

With this picture in mind for a maximal flat torus in a symmetric space, one gets a first counterexample of the statement in Theorem 1, if one replaces “symmetric  $R$ -space” by “symmetric space of compact type”.

EXAMPLE 10. Consider  $SU_3$  equipped with the bi-invariant metric induced by

$$\langle X, Y \rangle = \text{trace}(XY), \quad X, Y \in \mathfrak{su}_3.$$

The complex conjugation is an involutive isometry of  $SU_3$  whose fixed point set is  $SO_3$ . Since the complex conjugation leaves the center

$$C = \{I_3, e^{2\pi i/3}I_3, e^{4\pi i/3}I_3\}$$

of  $SU_3$  invariant, it descends to an involutive isometry  $\sigma$  of the irreducible symmetric spaces  $P = SU_3/C \cong \text{Ad}(SU_3)$ . As  $SO_3$  meets the center of  $SU_3$  only in  $I_3$ , the restriction of the Riemannian covering

$$\pi : SU_3 \rightarrow SU_3/C, \quad x \mapsto [x],$$

to  $SO_3$  is an injective map and  $M = \pi(SO_3)$  is the fixed point set of  $\sigma$  and therefore a reflective submanifold of  $P$ .

A shortest geodesic arc within  $M$  that joins  $[I_3]$  to the point

$$\left[ \begin{pmatrix} -1 & 0 & 0 \\ 0 & -1 & 0 \\ 0 & 0 & 1 \end{pmatrix} \right] = \left[ \begin{pmatrix} e^{\pi i/3} & 0 & 0 \\ 0 & e^{\pi i/3} & 0 \\ 0 & 0 & e^{-2\pi i/3} \end{pmatrix} \right]$$

is given by

$$\gamma_1 : [0, \pi] \rightarrow M \subset P, \quad t \mapsto [e^{tX_1}] \quad \text{with } X_1 = \begin{pmatrix} 0 & 1 & 0 \\ -1 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix}.$$

But there is a considerably shorter geodesic arc in  $P$  joining the given endpoints, namely,

$$\gamma_2 : [0, \pi] \rightarrow M \subset P, \quad t \mapsto [e^{tX_2}] \quad \text{with } X_2 = \begin{pmatrix} i/3 & 0 & 0 \\ 0 & i/3 & 0 \\ 0 & 0 & -2i/3 \end{pmatrix}.$$

Notice that  $\|X_2\|^2 = 2/3 < 2 = \|X_1\|^2$ . This shows that the reflective submanifold  $M$  of  $P$  is not geodesically convex.

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