

## AN OPTIMAL AUTOREGRESSIVE SPECTRAL ESTIMATE

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An asymptotic lower bound is obtained for the integrated relative squared error of autoregressive spectral estimate when the order of autoregression is selected. The bound is attained in the limit by the same selection as has been proposed for prediction.

**1. Introduction.** In a recent paper (Shibata, 1980), the author, assuming data come from an infinite order autoregressive process, has proposed an asymptotically efficient selection of the order of an autoregressive model for estimating parameters of the process. The proposed selection attains a lower bound in the limit for the mean squared error of the estimated predictor. The purpose of the present paper is to apply the result to an autoregressive spectral estimate  $\hat{f}_k(\lambda)$  of a spectral density  $f(\lambda)$  obtained by a  $k$ th order autoregressive model fitting.

Consider a weakly stationary process  $\{x_t, t = \dots, -1, 0, 1, \dots\}$  with mean 0, which satisfies the equation

$$(1.1) \quad \sum_{l=0}^{\infty} a_l x_{t-l} = e_t$$

where  $a_0 = 1, \sum_l a_l^2 < \infty$  and  $\{e_t\}$  is a sequence of i.i.d. random variables. We suppose that the process  $\{x_t\}$  has the spectral density

$$(1.2) \quad f(\lambda) = \sigma^2 / |A(e^{2\pi i \lambda})|^2,$$

where  $A(e^{2\pi i \lambda})$  is a boundary function of  $A(z) = 1 + a_1 z + a_2 z^2 + \dots$ .

Given observations  $x_1, x_2, \dots, x_n$  from the process  $\{x_t\}$ , we have the least squares estimate  $\hat{a}(k)' = (\hat{a}_1(k), \hat{a}_2(k), \dots, \hat{a}_k(k))$  of the autoregressive parameters by fitting a  $k$ th order autoregressive model

$$\sum_{l=0}^k \alpha_l x_{t-l} = \epsilon_t.$$

Let  $\{K_n\}$  be a sequence of positive integers and  $N = n - K_n$ . The estimate  $\hat{a}(k)$  is a solution of the following linear equation with  $K_n < n$  initial conditions

$$\hat{R}(k)\hat{a}(k) = -\hat{r}(k),$$

where

$$\begin{aligned} \hat{R}(k) &= (\hat{r}_{lm}, 1 \leq l, m \leq k), \quad \hat{r}(k)' = (\hat{r}_{10}, \hat{r}_{20}, \dots, \hat{r}_{k0}), \\ \hat{r}_{lm} &= \sum_{t=K_n}^{n-1} x_{t+1-l} x_{t+1-m} / N \end{aligned}$$

and  $k \leq K_n$ .

By using this estimate and an estimate of  $\sigma^2$ , namely

$$\hat{\sigma}_k^2 = \sum_{t=K_n}^{n-1} (x_{t+1} + \hat{a}_1(k)x_t + \dots + \hat{a}_k(k)x_{t+1-k})^2 / N,$$

we obtain an autoregressive spectral estimate

$$\hat{f}_k(\lambda) = \hat{\sigma}_k^2 / |\hat{A}_k(e^{2\pi i \lambda})|^2,$$

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where

$$\hat{A}_k(z) = 1 + \hat{a}_1(k)z + \hat{a}_2(k)z^2 + \dots + \hat{a}_k(k)z^k.$$

Following Akaike (1969, 1970), as the loss function of a spectral estimate  $\hat{f}_k(\lambda)$  we will adopt the integrated relative squared error

$$(1.3) \quad \int \left( \frac{\hat{f}_k(\lambda) - f(\lambda)}{f(\lambda)} \right)^2 d\lambda,$$

where the integrals throughout are taken from  $-\frac{1}{2}$  to  $\frac{1}{2}$ .

If  $k$  is selected from the given range  $1 \leq k \leq K_n$ , an asymptotic lower bound for this error is given by the following.

Define the norm

$$\|\alpha\|_C = (\sum_{l,m} \alpha_l \alpha_m C_{lm})^{1/2}$$

for any vector  $\alpha$ , where  $C = (C_{lm})$  is a finite or infinite dimensional positive definite matrix. Let  $\alpha(k)' = (\alpha_1(k), \alpha_2(k), \dots, \alpha_k(k), 0, \dots)$  be the projection of  $\alpha' = (\alpha_1, \alpha_2, \dots)$  on the space

$$V(k) = \{\alpha; \alpha' = (\alpha_1, \alpha_2, \dots, \alpha_k, 0, \dots)\}$$

with the norm  $\|\cdot\|_R$ , where  $R = (r_{lm}, 1 \leq l, m < \infty)$  and  $r_{lm} = E(x_{l-i}x_{l-m})$ . Define a function of  $k$

$$\begin{aligned} L_n(k) &= \|\alpha - \alpha(k)\|_R^2 + k\sigma^2/N \\ &= \sigma_k^2 - \sigma^2 + k\sigma^2/N, \end{aligned}$$

where

$$\sigma_k^2 = E(x_{t+1} + \alpha_1(k)x_t + \dots + \alpha_k(k)x_{t+1-k})^2.$$

Then let  $k_n^*$  be the  $k$  which minimizes  $L_n(k)$  in  $1 \leq k \leq K_n$ . In Theorem 2.2, we obtain the lower bound  $2L_n(k_n^*)/\sigma^2$  for the integrated relative squared error (1.3). It is also shown that this bound is attained by the selection which minimizes the statistic

$$S_n(k) = (N + 2k) \sigma_k^2.$$

**2. An optimal autoregressive spectral estimate.** We shall make use of the following assumptions on the process  $\{x_t\}$  and the sequence  $\{K_n\}$ , which are the same as in Shibata (1980).

ASSUMPTIONS.

- (A1)  $\{x_t\}$  is a stationary Gaussian process of the form (1.1) and  $|a| = \sum_{i=0}^{\infty} |a_i| < \infty$ .
- (A2)  $A(z)$  is nonzero for  $|z| \leq 1$ .
- (A3) The order  $k$  is selected from a given range  $1 \leq k \leq K_n$ , where  $K_n \rightarrow \infty$  and  $K_n/n^{1/2} \rightarrow 0$  as  $n \rightarrow \infty$ .
- (A4)  $\{x_t\}$  is not degenerate to a finite order autoregressive process.

To obtain the lower bound, we need the following lemmas on asymptotics of the estimates  $\hat{\sigma}^2(k)$  and  $\hat{a}(k)$ . In Theorem 2.1 it is shown that the integrated relative squared error is asymptotically equivalent to  $L_n(k)$  if  $k$  diverges to infinity as  $n \rightarrow \infty$ . From this, the main Theorem 2.2 is easily derived.

LEMMA 2.1. Assume (A1) to (A3). Then  $\hat{\sigma}_k^2 - \sigma_k^2$  converges to zero in probability uniformly in  $1 \leq k \leq K_n$ , and for any divergent sequence  $\{k_n\}$ ,  $(\hat{\sigma}_{k_n}^2 - \sigma^2)/(L_n(k))^{1/2}$  converges to zero uniformly in  $k_n \leq k \leq K_n$ .

PROOF. Putting

$$s_k^2 = \sum_{t=k_n}^{n-1} (x_{t+1} + a_1(k)x_t + \dots + a_k(k)x_{t+1-k})^2/N$$

we have

$$(2.1) \quad |\hat{\sigma}_k^2 - \sigma_k^2| \leq \|\hat{a}(k) - a(k)\|_{\hat{R}(k)} + |s_k^2 - \sigma_k^2|.$$

By Proposition 3.2 and Lemma 3.3 of Shibata (1980), we see the first term of the right-hand side of (2.1) is written as  $((k/N)\sigma^2 + L_n(k)o_p(1))^{1/2}$  uniformly in  $k$ , which then converges to zero in probability from Assumption (A3) and the boundedness of  $L_n(k)$ . The second term is rewritten as

$$s_k^2 - \sigma_k^2 = (\hat{r}_{00} - r_0) + 2a(k)'(\hat{r}(k) - r(k)) + a(k)'(\hat{R}(k) - R(k))a(k),$$

where  $R(k) = (r_{l-m}, 1 \leq l, m \leq k)$  and  $r(k)' = (r_1, \dots, r_k)$ . By Lemma 4.2 of Shibata (1980), the fourth moment of each term of the right-hand side is bounded by some constant times  $1/N^2$  uniformly in  $1 \leq k \leq K_n$ , so that the first assertion is established. In  $k_n \leq k \leq K_n$ ,  $L_n(k)$  uniformly converges to zero as  $n \rightarrow \infty$ , so that

$$(\|\hat{a}(k) - a(k)\|_{\hat{R}(k)} + \sigma_k^2 - \sigma^2)/(L_n(k))^{1/2}$$

converges to zero in probability uniformly in  $k_n \leq k \leq K_n$ . On the other hand

$$\sum_{k=k_n}^{K_n} 1/(NL_n(k))^2 \leq \sum_{k=k_n}^{K_n} 1/(k\sigma^2)^2,$$

so that the sum from  $k$  equals  $k_n$  to  $K_n$  of the fourth moments of

$$(s_k^2 - \sigma_k^2)/(L_n(k))^{1/2}$$

converges to zero. This proves the second assertion.

LEMMA 2.2 *Assume (A1) to (A3). Then*

$$|\hat{a}(k) - a(k)|$$

*converges to zero in probability uniformly in  $1 \leq k \leq K_n$ .*

PROOF. By using the Euclidean norm  $\|\cdot\|$ , we have

$$\begin{aligned} |\hat{a}(k) - a(k)| &\leq k^{1/2} \|\hat{a}(k) - a(k)\| \\ &\leq k^{1/2} \|R(k)^{-1}\|^{1/2} \|\hat{a}(k) - a(k)\|_{R(k)}, \end{aligned}$$

where  $R(k)^{-1}$  is the inverse matrix of  $R(k)$ , whose operator norm  $\|R(k)^{-1}\|$  is bounded (see Berk (1974)). Furthermore

$$(2.2) \quad k \|\hat{a}(k) - a(k)\|_{\hat{R}(k)}^2 = \frac{k^2}{N} \left\{ \left( \frac{N}{k} \|\hat{a}(k) - a(k)\|_{\hat{R}(k)}^2 - \sigma^2 \right) + \sigma^2 \right\}.$$

Applying Lemmas 3.3 and 3.4 of Shibata (1980), we see that the right-hand side of (2.2) uniformly converges to zero as  $n \rightarrow \infty$  in probability. Thus the desired result is obtained.

If we define

$$\tilde{r}_{l,k} = \int e^{2mi\lambda} \hat{f}_k(\lambda) d\lambda,$$

then the behavior of the estimated covariance matrix

$$\tilde{R}_k = (\tilde{r}_{l-m,k}, 1 \leq l, m < \infty)$$

is given in the following lemma.

LEMMA 2.3. Assume (A1) to (A3). Then for any divergent sequence  $\{k_n\}$ ,  $\|\tilde{R}_k - R\|$  converges to zero in probability uniformly in  $k_n \leq k \leq K_n$ , where  $\|\cdot\|$  denotes the operator norm of the matrix.

PROOF. From the definition of  $\tilde{R}_k$ , omitting the arguments of  $A(e^{2\pi i\lambda})$  and  $\hat{A}_k(e^{2\pi i\lambda})$  for simplicity, we have

$$\begin{aligned} \|\tilde{R}_k - R\| &\leq 2 \max_\lambda |\hat{f}_k(\lambda) - f(\lambda)| \\ &\leq 2 \max_\lambda \frac{||A|^2 - |\hat{A}_k|^2|}{|\hat{A}_k|^2 |A|^2} \hat{\sigma}_k^2 + 2 \frac{1}{|A|^2} |\hat{\sigma}_k^2 - \sigma^2|. \end{aligned}$$

Now

$$(2.3) \quad ||\hat{A}_k|^2 - |A|^2| \leq \{|\hat{a}(k) - a(k)| + |a(k) - a|\}^2.$$

By Lemma 4 of Berk (1974) and Lemma 2.2, the right-hand side of (2.3) converges to zero as  $n \rightarrow \infty$  uniformly in  $k_n \leq k \leq K_n$ . The result follows from Lemma 2.1.

THEOREM 2.1. Assume (A1) to (A3). Then for any divergent sequence  $\{k_n\}$ ,

$$\int \left( \frac{\hat{f}_k(\lambda) - f(\lambda)}{f(\lambda)} \right)^2 d\lambda / L_n(k)$$

converges to  $2/\sigma^2$  as  $n \rightarrow \infty$  in probability uniformly in  $k_n \leq k \leq K_n$ .

PROOF. By Lemma 2.3 and an application of Proposition 3.2 of Shibata (1980),

$$\|a - \hat{a}(k)\|_{\tilde{R}_k/L_n(k)}^2$$

converges to 1 in probability uniformly in  $1 \leq k \leq K_n$ , where  $\hat{a}(k)$  is considered as an infinite dimensional vector with undefined entries zero. On the other hand,  $\hat{f}_k(\lambda)$  converges to  $f(\lambda)$  in probability as  $n \rightarrow \infty$  uniformly in  $k_n \leq k \leq K_n$  and  $-\frac{1}{2} \leq \lambda < \frac{1}{2}$ , so that  $\tilde{F}_k = \max_\lambda \hat{f}_k(\lambda)$  is stochastically bounded uniformly in  $k_n \leq k \leq K_n$ . Putting  $f^*(\lambda) = \hat{f}_k(\lambda)$  in the following lemma, completes the proof.

LEMMA 2.4. Consider another spectral density

$$f^*(\lambda) = \sigma^{*2} / |A^*(e^{2\pi i\lambda})|^2$$

which induces the covariance matrix

$$R^* = (r_{l-m}^*, 1 \leq l, m < \infty).$$

Assume that  $|a^*| < \infty$  and  $A^*(z)$  is nonzero in  $|z| \leq 1$ . If  $|a - a^*| < \infty$  and both  $\sigma^2$  and  $\sigma^{*2}$  are positive, then

$$\begin{aligned} &\left| \int \left( \frac{f(\lambda) - f^*(\lambda)}{f(\lambda)} \right)^2 d\lambda - 2 \frac{\|a - a^*\|_{R^*}^2}{\sigma^{*2}} \right| \\ &\leq \left( \frac{\Delta\sigma^2}{\sigma^2} \right)^2 + \frac{\|a - a^*\|_{R^*}^2}{\sigma^4} \left( |a - a^*|^2 F^* + 4 |a - a^*| (F^*)^{1/2} \sigma^* + 2 |\Delta\sigma^2| \left( 2 + \frac{\sigma^2}{\sigma^{*2}} \right) \right). \end{aligned}$$

Here  $F^* = \max_\lambda f^*(\lambda)$ ,  $\Delta\sigma^2 = \sigma^2 - \sigma^{*2}$ , and  $a^{*'} = (a_1^*, a_2^*, \dots)$  is the vector of the coefficients of  $A^*$ .

The proof of this lemma is placed in the Appendix. To see the behavior of the loss function (1.3) when  $1 \leq k \leq k_n$ , define

$$A_k(z) = 1 + a_1(k)z + \dots + a_k(k)z^k \quad \text{and} \quad f_k(\lambda) = \sigma_k^2 / |A_k(e^{2\pi i\lambda})|^2.$$

PROPOSITION 2.1. Assume (A1) to (A3). If  $\{k_n\}$  is a divergent sequence of integers such that

$$\frac{N}{k} \int \left( \frac{f(\lambda) - f_k(\lambda)}{f_k(\lambda)} \right)^2 d\lambda$$

diverges to infinity as  $n \rightarrow \infty$  uniformly in  $1 \leq k \leq k_n$ , then

$$\int \left( \frac{f(\lambda) - \hat{f}_k(\lambda)}{\hat{f}_k(\lambda)} \right)^2 d\lambda / \int \left( \frac{f(\lambda) - f_k(\lambda)}{f_k(\lambda)} \right)^2 d\lambda$$

converges to 1 in probability uniformly in  $1 \leq k \leq k_n$ .

PROOF. By Schwartz inequality we have

$$\begin{aligned} & \left| \int \left( \frac{f(\lambda) - \hat{f}_k(\lambda)}{\hat{f}_k(\lambda)} \right)^2 d\lambda - \int \left( \frac{f(\lambda) - f_k(\lambda)}{f_k(\lambda)} \right)^2 d\lambda \right| \\ & \leq \left| \int \left( \frac{f(\lambda) - f_k(\lambda)}{\hat{f}_k(\lambda)} \right)^2 d\lambda - \int \left( \frac{f(\lambda) - f_k(\lambda)}{f_k(\lambda)} \right)^2 d\lambda \right| \\ (2.5) \quad & + \left| \int \left( \frac{\hat{f}_k(\lambda) - f_k(\lambda)}{\hat{f}_k(\lambda)} \right)^2 d\lambda \right| \\ & + 2 \left( \int \left( \frac{\hat{f}_k(\lambda) - f_k(\lambda)}{\hat{f}_k(\lambda)} \right)^2 d\lambda \int \left( \frac{f(\lambda) - f_k(\lambda)}{f_k(\lambda)} \right)^2 d\lambda \right)^{1/2} \end{aligned}$$

From the uniform convergence of  $\hat{f}_k(\lambda)$  to  $f_k(\lambda)$ , it suffices to show that

$$\int \left( \frac{\hat{f}_k(\lambda) - f_k(\lambda)}{\hat{f}_k(\lambda)} \right)^2 d\lambda / \int \left( \frac{f(\lambda) - f_k(\lambda)}{f_k(\lambda)} \right)^2 d\lambda$$

converges to zero in probability uniformly in  $1 \leq k \leq k_n$ . As was shown by Whittle (1963), if  $\sigma_k^2 \neq 0$ , then  $A_k(z) \neq 0$  in  $|z| \leq 1$ . Thus for any  $\epsilon > 0$ ,

$$\lim_{n \rightarrow \infty} P(|\hat{A}_k(z)| > \epsilon, |z| \leq 1) = 1.$$

We can then apply Lemma 2.4 to  $\hat{f}_k(\lambda)$  and  $f_k(\lambda)$ . From the choice of  $\{k_n\}$  and Lemma 3.4 of Shibata (1980), we have the desired result.

LEMMA 2.5. Assume (A1) to (A3). Then

$$\int \left( \frac{f(\lambda) - \hat{f}_k(\lambda)}{f(\lambda)} \right)^2 d\lambda / \int \left( \frac{f(\lambda) - \hat{f}_k(\lambda)}{\hat{f}_k(\lambda)} \right)^2 d\lambda$$

is stochastically bounded away from zero uniformly in  $1 \leq k \leq K_n$ .

PROOF. From the inequality

$$\left( \frac{f(\lambda) - \hat{f}_k(\lambda)}{f(\lambda)} \right)^2 \geq \left( \frac{f(\lambda) - \hat{f}_k(\lambda)}{\hat{f}_k(\lambda)} \right)^2 / \left( 1 + \left( \frac{f(\lambda) - \hat{f}_k(\lambda)}{\hat{f}_k(\lambda)} \right)^2 \right)$$

we may show that

$$\frac{f(\lambda) - \hat{f}_k(\lambda)}{\hat{f}_k(\lambda)}$$

is stochastically bounded uniformly in  $1 \leq k \leq K_n$  and  $-\frac{1}{2} \leq \lambda < \frac{1}{2}$ . Here

$$\begin{aligned}
 \left(\frac{f(\lambda) - \hat{f}_k(\lambda)}{\hat{f}_k(\lambda)}\right)^2 &\leq 2 \left(1 + \left(\frac{f(\lambda)}{\hat{f}_k(\lambda)}\right)^2\right) \\
 (2.6) \qquad \qquad \qquad &\leq 2(1 + \{\max_{\lambda} f(\lambda) \max_{\lambda} (1/\hat{f}_k(\lambda))\}^2) \\
 &\leq 2(1 + |r|^2 |\hat{a}(k)|^4 / \hat{\sigma}_k^4).
 \end{aligned}$$

As was shown by Berk (1974),  $|\alpha(k)|$  is bounded in  $k$ , and the vector  $r$  of serial correlations has a finite absolute norm  $|r|$ , so that, by Lemma 2.2 the right-hand side of (2.6) is stochastically bounded uniformly in  $1 \leq k \leq K_n$ . Thus the proof is complete.

Let  $k_n^*$  be the  $k$  which attains the minimum of  $L_n(k)$  in  $1 \leq k \leq K_n$ . The assumption (A4) then indicates that  $k_n^*$  diverges to infinity as  $n \rightarrow \infty$ , at the same time,  $L_n(k_n^*)$  goes to zero. The following main theorem shows that the selection  $\hat{k}$  which minimizes the statistic

$$S_n(k) = (N + 2k)\hat{\sigma}_k^2$$

is an optimal one.

**THEOREM 2.2.** *Assume (A1) to (A4). Then for any order selection  $\hat{k}$  which is a random variable possibly depending on the observations  $x_1, x_2, \dots, x_n$ , and for any  $\epsilon > 0$ ,*

$$\lim_{n \rightarrow \infty} P \left( \int \left(\frac{\hat{f}_{\hat{k}}(\lambda) - f(\lambda)}{f(\lambda)}\right)^2 d\lambda / L_n(k_n^*) \geq \frac{2}{\sigma^2} - \epsilon \right) = 1$$

and  $\hat{k}$  attains the lower bound in the limit, that is,

$$\int \left(\frac{\hat{f}_{\hat{k}}(\lambda) - f(\lambda)}{f(\lambda)}\right)^2 d\lambda / L_n(k_n^*)$$

converges to  $2/\sigma^2$  in probability as  $n \rightarrow \infty$ .

**PROOF.** We can choose a divergent sequence of integers  $\{k_n^{**}\}$  such that

$$\frac{N}{k} \int \left(\frac{f(\lambda) - f_k(\lambda)}{f_k(\lambda)}\right)^2 d\lambda$$

and

$$\int \left(\frac{f(\lambda) - f_k(\lambda)}{f_k(\lambda)}\right)^2 d\lambda / L_n(k_n^*)$$

diverge to infinity as  $n \rightarrow \infty$  uniformly in  $1 \leq k \leq k_n^{**}$ . The first part of the theorem follows from Theorem 2.1 if  $\hat{k} > k_n^{**}$ . Otherwise it follows from Proposition 2.1 and Lemma 2.5. Theorem 2.1 together with the proof of Theorem 4.1 of Shibata (1980) implies the last part, since  $\hat{k}$  diverges to infinity as  $n \rightarrow \infty$  in probability.

As was shown by Shibata (1980), Akaike's AIC method (Akaike, 1973) is asymptotically equivalent to our method. Therefore its optimality was also established in the case of autoregressive spectral estimate.

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**APPENDIX**

**PROOF OF LEMMA 2.4.** Putting  $\Delta|A|^2 = A^* \overline{(A - A^*)} + \overline{A^*} (A - A^*)$ , we have

$$\frac{f(\lambda) - f^*(\lambda)}{f(\lambda)} = \frac{\Delta\sigma^2}{\sigma^2} - \frac{\Delta|A|^2}{|A^*|^2} - \frac{|A - A^*|^2 \sigma^{*2}}{|A^*|^2 \sigma^2} + \frac{\Delta|A|^2 \Delta\sigma^2}{|A^*|^2 \sigma^2}.$$

By Wiener's theorem, the Taylor expansion

$$1/A^*(z) = B^*(z) = 1 + b_1^*z + b_2^*z^2 + \dots$$

is absolutely convergent on the unit circle, that is,  $|b^*| < \infty$ , where  $b^* = (b_1^*, b_2^*, \dots)$ . Therefore

$$\begin{aligned} \int \left( \frac{A - A^*}{A^*} \right) d\lambda &= \int \sum_{l=1}^{\infty} (a_l - a_l^*) \sum_{m=0}^{\infty} b_m^* e^{2mi(l+m)\lambda} d\lambda \\ &= \sum_{l=1}^{\infty} \sum_{m=0}^{\infty} (a_l - a_l^*) b_m^* \int e^{2mi(l+m)\lambda} d\lambda = 0. \end{aligned}$$

Thus

$$\int \frac{\Delta|A|^2}{|A^*|^2} d\lambda = 2 \int \operatorname{Re} \left( \frac{A - A^*}{A^*} \right) d\lambda = 0.$$

By the same way,

$$\int \left( \frac{A - A^*}{A^*} \right)^2 d\lambda = 0.$$

On the other hand

$$\begin{aligned} \int \left( \frac{\Delta|A|^2}{|A^*|^2} \right)^2 d\lambda &= 2 \int \frac{|A - A^*|^2}{|A^*|^2} d\lambda + \operatorname{Re} \int \left( \frac{A - A^*}{A^*} \right)^2 d\lambda \\ &= (2/\sigma^{*2}) \int |A - A^*|^2 f^*(\lambda) d\lambda \\ &= (2/\sigma^{*2}) \|a - a^*\|_{R^*}^2. \end{aligned}$$

Combining these results, we have

$$\begin{aligned} \int \left( \frac{f(\lambda) - f^*(\lambda)}{f(\lambda)} \right)^2 d\lambda &= \left( \frac{\Delta\sigma^2}{\sigma^2} \right)^2 + 2 \frac{\|a - a^*\|_{R^*}^2}{\sigma^{*2}} \\ &\quad + \frac{\sigma^{*4}}{\sigma^4} \int \left( \frac{|A - A^*|^2}{|A^*|^2} + \frac{2\Delta|A|^2}{|A^*|^2} \right) \frac{|A - A^*|^2}{|A^*|^2} d\lambda \\ &\quad + \frac{2\|a - a^*\|_{R^*}^2}{\sigma^{*2}} \left\{ \left( \frac{\Delta\sigma^2}{\sigma^2} \right)^2 - 2 \frac{\Delta\sigma^2}{\sigma^2} \right\} - 2 \frac{\Delta\sigma^2}{\sigma^4} \|a - a^*\|_{R^*}^2. \end{aligned}$$

It is enough to note that

$$\left| \frac{\Delta|A|^2}{|A^*|^2} \right| = 2 \left| \operatorname{Re} \left( \frac{A - A^*}{A^*} \right) \right| \leq 2|a - a^*|(F^*)^{1/2}/\sigma^*.$$

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