

## Research Article

# Subharmonics with Minimal Periods for Convex Discrete Hamiltonian Systems

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We consider the subharmonics with minimal periods for convex discrete Hamiltonian systems. By using variational methods and dual functional, we obtain that the system has a  $pT$ -periodic solution for each positive integer  $p$ , and solution of system has minimal period  $pT$  as  $H$  subquadratic growth both at 0 and infinity.

## 1. Introduction

Consider Hamiltonian systems

$$J\dot{u}(t) + \nabla H(t, u(t)) = 0, \quad u(0) = u(pT), \quad (1)$$

where  $u(t) \in \mathbb{R}^{2N}$ ,  $t \in \mathbb{R}$ ,  $\nabla H$  stands for the gradient of  $H$  with respect to the second variable, and  $J = \begin{pmatrix} 0 & -I_N \\ I_N & 0 \end{pmatrix}$  is the symplectic matrix with  $I_N$  the identity in  $\mathbb{R}^N$ . Moreover,  $H$  is  $T$ -periodic in the variable  $t$ ,  $p \in \mathbb{N} \setminus \{0\}$ .

Classically, solutions for systems (1) are called subharmonics. The first result concerning the subharmonics problem traced back to Birkhoff and Lewis in 1933 (refer to [1]), in which there exists a sequence of subharmonics with arbitrarily large minimal period, using perturbation techniques. More results can be found in [1–5], where  $H$  is convex with subquadratic growth both at 0 and infinity. Using  $Z_p$  index theory and Clarke duality, Xu and Guo [1, 5] proved that the number of solutions for systems (1) with minimal period  $pT$  tends towards infinity as  $p \rightarrow \infty$ .

For periodic and subharmonic solutions for discrete Hamiltonian systems, Guo and Yu [6, 7] obtained some existence results by means of critical point theory, where they introduced the action functional

$$F(u) = -\frac{1}{2} \sum_{n=1}^{pT} (J\Delta Lu(n-1), u(n)) - \sum_{n=1}^{pT} H(n, Lu(n)). \quad (2)$$

Using Clarke duality, periodic solution of convex discrete Hamiltonian systems with forcing terms has been investigated in [8]. Clarke duality was introduced in 1978 by Clarke [9], and developed by Clarke, Ekeland, and others, see [10–12]. This approach is different from the direct method of variations; some scholars applied it to consider the periodic solutions, subharmonic solutions with prescribed minimal period of Hamiltonian systems; one can refer to [3, 5, 12–14] and references therein. The dynamical behavior of differential and difference equations was studied by using various methods; see [15–19]. We refer the reader to Agarwal [20] for a broad introduction to difference equations.

Motivated by the works of Mawhin and Willem [12] and Xu and Guo [21], we use variational methods and Clarke duality to consider the subharmonics with minimal periods for discrete Hamiltonian systems

$$J\Delta u(n) + \nabla H(n, Lu(n)) = 0, \quad u(n) = u(n + pT), \quad (3)$$

where  $u(n) = \begin{pmatrix} u_1(n) \\ u_2(n) \end{pmatrix}$ ,  $Lu(n) = \begin{pmatrix} u_1(n+1) \\ u_2(n) \end{pmatrix}$ ,  $u_i(n) \in \mathbb{R}^N$  ( $i = 1, 2$ ) with  $N$  a given positive integer, and  $\Delta u(n) = u(n+1) - u(n)$  is the forward difference operator.  $p, T \in \mathbb{N} \setminus \{0\}$ . Moreover, hamiltonian function  $H$  satisfies the following assumption:

- (A1)  $H : \mathbb{Z} \times \mathbb{R}^{2N} \rightarrow \mathbb{R}$  is continuous differentiable on  $\mathbb{R}^{2N}$ ,  $H(n, \cdot)$  convex for each  $n \in \mathbb{Z}$  and  $H(n+T, u) = H(n, u)$  for each  $u \in \mathbb{R}^{2N}$ ;

(A2) there exist constants  $a_1 > 0$ ,  $a_2 > 0$ ,  $1 < \theta < 2$ , such that

$$\frac{a_1}{\theta} |u|^\theta \leq H(n, u) \leq \frac{a_2}{\theta} |u|^\theta, \quad u \in \mathbb{R}^{2N}, \quad (4)$$

which implies  $H$  subquadratic growth both at 0 and infinity.

**Theorem 1.** Assume (A1) holds.  $H(n, u) \rightarrow +\infty$ ,  $H(n, u)/|u|^2 \rightarrow 0$ , as  $|u| \rightarrow \infty$  uniformly in  $n \in \mathbb{Z}$ . Then there exists a  $pT$ -periodic solution  $u_p$  of (3), such that  $\|u_p\|_\infty \triangleq \max_{n \in \mathbb{Z}[1, pT]} \{|u_p(n)|\} \rightarrow \infty$ , and the minimal period  $T_p$  of  $u_p$  tends to  $+\infty$  as  $p \rightarrow \infty$ .

**Theorem 2.** Under the assumptions (A1) and (A2), if

$$\frac{a_2}{a_1} \leq \begin{cases} \left( \frac{1}{4} \sin \frac{\pi}{pT} \right)^{\theta/2}, & \text{when } pT \text{ is even,} \\ \left( \frac{1}{2} \sin \frac{\pi}{2pT} \right)^{\theta/2}, & \text{when } pT \text{ is odd} \end{cases} \quad (5)$$

for given integer  $p > 1$ , then the solution of (3) has minimal period  $pT$ .

## 2. Clarke Duality and Eigenvalue Problem

First we introduce a space  $E_{pT}$  with dimension  $2NpT$  as follows:

$$\begin{aligned} E_{pT} &= \{u = \{u(n)\} \in S \mid u(n+pT) \\ &= u(n), p \in \mathbb{N} \setminus \{0\}, n \in \mathbb{Z}\}, \end{aligned} \quad (6)$$

where

$$\begin{aligned} S &= \left\{ u = \{u(n)\} \mid u(n) = \begin{pmatrix} u_1(n) \\ u_2(n) \end{pmatrix} \in \mathbb{R}^{2N}, \right. \\ &\left. u_j(n) \in \mathbb{R}^N, j = 1, 2, n \in \mathbb{Z} \right\}. \end{aligned} \quad (7)$$

Equipped with inner product  $\langle \cdot, \cdot \rangle$  and norm  $\|\cdot\|$  in  $E_{pT}$  as

$$\begin{aligned} \langle u, v \rangle &= \sum_{n=1}^{pT} (u(n), v(n)), \\ \|u\| &= \left( \sum_{n=1}^{pT} |u(n)|^2 \right)^{1/2}, \quad \forall u, v \in E_{pT}, \end{aligned} \quad (8)$$

where  $(\cdot, \cdot)$  and  $|\cdot|$  denote the usual scalar product and corresponding norm in  $\mathbb{R}^{2N}$ , respectively. It is easy to see that  $(E_{pT}, \langle \cdot, \cdot \rangle)$  is a Hilbert space with  $2NpT$  dimension, which can be identified with  $\mathbb{R}^{2NpT}$ . Then for any  $u \in E_{pT}$ , it can be written as  $u = (u^T(1), u^T(2), \dots, u^T(pT))^T$ , where  $u(j) = \begin{pmatrix} u_1(j) \\ u_2(j) \end{pmatrix} \in \mathbb{R}^{2N}$ ,  $j \in \mathbb{Z}[1, pT]$ , the discrete interval  $\{1, 2, \dots, pT\}$  is denoted by  $\mathbb{Z}[1, pT]$ , and  $\cdot^T$  denotes the transpose of a vector or a matrix.

Denote the subspace  $\bar{Y} = \{u \in E_{pT} \mid u(1) = u(2) = \dots = u(pT) \in \mathbb{R}^{2N}\}$ . Let  $Y$  be the direct orthogonal complement of

$E_{pT}$  to  $\bar{Y}$ . Thus  $E_{pT}$  can be split as  $E_{pT} = Y \oplus \bar{Y}$ , and for any  $u \in E_{pT}$ , it can be expressed in the form  $u = \bar{u} + \bar{u}$ , where  $\bar{u} \in Y$ ,  $\bar{u} \in \bar{Y}$ .

Next we recall Clarke duality and some lemmas.

The Legendre transform (see [12])  $H^*(t, \cdot)$  of  $H(t, \cdot)$  with respect to the second variable is defined by

$$H^*(t, v) = \sup_{u \in \mathbb{R}^{2N}} \{(v, u) - H(t, u)\}, \quad (9)$$

where  $(\cdot, \cdot)$  denotes the inner product in  $\mathbb{R}^{2N}$ . It follows from (A1) and (A2) that

(B1)  $H^*(n, \cdot)$  is continuous differentiable on  $\mathbb{R}^{2N}$ ,

(B2) for  $\tau = \theta/(\theta - 1)$ ,  $v \in \mathbb{R}^{2N}$ ,  $n \in \mathbb{Z}$ , one has

$$\frac{1}{\tau} \left( \frac{1}{a_2} \right)^{\tau-1} |v|^\tau \leq H^*(n, v) \leq \frac{1}{\tau} \left( \frac{1}{a_1} \right)^{\tau-1} |v|^\tau. \quad (10)$$

Associated with variational functional (2), the dual action functional is defined by

$$\begin{aligned} \chi(v) &= \sum_{n=1}^{pT} \frac{1}{2} (L(J\Delta v(n-1)), v(n)) \\ &+ \sum_{n=1}^{pT} H^*(n, \Delta v(n)), \quad v \in E_{pT}. \end{aligned} \quad (11)$$

Indeed, by (11), we have  $\chi(v + \bar{u}) = \chi(v)$  for any  $\bar{u} \in \bar{Y}$  and  $v \in Y$ . Therefore,  $\chi$  can be restricted in subspace  $Y$  of  $E_{pT}$ . Moreover, in terms of Lemma 2.6 in [8] and the following lemma, the critical points of (11) correspond to the subharmonic solutions of (3).

**Lemma 3** (see [8, Theorem 1]). Assume that

(H1)  $H(n, \cdot) \in C^1(\mathbb{R}^{2N}, \mathbb{R})$ ,  $H(n, \cdot)$  is convex in the second variable for  $n \in \mathbb{Z}$ ,

(H2) there exists  $\beta : \mathbb{Z} \rightarrow \mathbb{R}^{2N}$  such that for all  $(n, u) \in \mathbb{Z} \times \mathbb{R}^{2N}$ ,  $H(n, u) \geq (\beta(n), u)$ , and  $\beta(n+T) = \beta(n)$ ,

(H3) there exist  $\alpha \in (0, 2 \sin(\pi/pT))$  and  $\gamma : \mathbb{Z} \rightarrow \mathbb{R}^+$ , such that for any  $(n, u) \in \mathbb{Z} \times \mathbb{R}^{2N}$ ,  $H(n, u) \leq (\alpha/2)|u|^2 + \gamma(n)$ , and  $\gamma(n+T) = \gamma(n)$ ,

(H4) for each  $u \in \mathbb{R}^{2N}$ ,  $\sum_{n=1}^{pT} H(n, u) \rightarrow +\infty$  as  $|u| \rightarrow \infty$ .

Then system (3) has at least one periodic solution  $u$ , such that  $v = -J[u - (1/pT) \sum_{n=1}^{pT} u(n)]$  minimizes the dual action  $\chi(v) = \sum_{n=1}^{pT} (1/2)(LJ\Delta v(n-1), v(n)) + \sum_{n=1}^{pT} H^*(n, \Delta v(n))$ .

The following lemmas will be useful in our proofs, where Lemma 4 can be proved by means of Euler formula  $e^{i\theta} = \cos \theta + i \sin \theta$ , and Lemma 5 is a Hölder inequality.

**Lemma 4.** For any  $k \in \mathbb{Z}$ ,  $\sum_{n=1}^{pT} \sin((2k\pi/pT)n) = \sum_{n=1}^{pT} \cos((2k\pi/pT)n) = 0$ .

**Lemma 5.** For any  $u_j > 0$ ,  $v_j > 0$ ,  $k \in \mathbb{Z}$ , one has  $\sum_{j=1}^k u_j v_j \leq (\sum_{j=1}^k u_j^p)^{1/p} (\sum_{j=1}^k v_j^q)^{1/q}$ , where  $p > 1$ ,  $q > 1$  and  $1/p + 1/q = 1$ .

**Lemma 6** (see [12, proposition 2.2]). *Let  $H : \mathbb{R}^m \rightarrow \mathbb{R}$  be of  $C^1$  and convex functional,  $-\beta \leq H(u) \leq \alpha q^{-1}|u|^q + \gamma$ , where  $u \in \mathbb{R}^m$ ,  $\alpha > 0$ ,  $q > 1$ ,  $\beta \geq 0$ ,  $\gamma \geq 0$ . Then  $\alpha^{-p/q} p^{-1} |\nabla H(u)|^p \leq (\nabla H(u), u) + \beta + \gamma$ , where  $1/p + 1/q = 1$ .*

In order to know the form of  $u \in E_{pT}$ , we consider eigenvalue problem

$$LJ\Delta u(n-1) = \lambda u(n), \quad u(n+pT) = u(n), \quad (12)$$

where  $u(n) = \begin{pmatrix} u_1(n) \\ u_2(n) \end{pmatrix}$ ,  $Lu(n-1) = \begin{pmatrix} u_1(n-1) \\ u_2(n-1) \end{pmatrix} \in \mathbb{R}^{2N}$ ,  $n \in \mathbb{Z}$ ,  $\lambda \in \mathbb{R}$ . We can rewrite (12) as the following form:

$$\begin{aligned} u_1(n+1) &= (1 - \lambda^2)u_1(n) + \lambda u_2(n), \\ u_2(n+1) &= -\lambda u_1(n) + u_2(n), \end{aligned} \quad (13)$$

$$u_1(n+pT) = u_1(n), \quad u_2(n+pT) = u_2(n).$$

Denoting

$$M(\lambda) = \begin{pmatrix} (1 - \lambda^2)I_N & \lambda I_N \\ -\lambda I_N & I_N \end{pmatrix}, \quad (14)$$

then problem (12) is equivalent to

$$u(n+1) = M(\lambda)u(n), \quad u(n+pT) = u(n). \quad (15)$$

Letting  $u(n) = \mu^n c$  be the solution of (15), for some  $c \in \mathbb{C}^{2N}$ , we have  $\mu c = M(\lambda)c$  and  $\mu^{pT} = 1$ . Consider the polynomial  $|M(\lambda) - \mu I_{2N}| = 0$  and condition  $\mu^{pT} = 1$ ; it follows that

$$\begin{aligned} \mu &= e^{2k\pi i/pT}, \quad \lambda = 2 \sin \frac{k\pi}{pT}, \\ k &\in \mathbb{Z}[-pT+1, pT-1]. \end{aligned} \quad (16)$$

In the following we denote by  $\mu_k = e^{2k\pi i/pT}$ ,  $\lambda_k = 2 \sin(k\pi/pT)$ ,  $k \in \mathbb{Z}[-pT+1, pT-1]$ , and  $\rho \in \mathbb{R}^N$ . By  $(M(\lambda_k) - \mu_k I_{2N})c = 0$ , it follows that

$$c_k = \begin{pmatrix} \rho \\ ie^{(-k\pi i/pT)} \rho \end{pmatrix}. \quad (17)$$

Thus

$$\begin{aligned} u_k(n) &= \mu_k^n c_k = e^{2k\pi ni/pT} \begin{pmatrix} \rho \\ ie^{(-k\pi i/pT)} \rho \end{pmatrix} \\ &= \begin{pmatrix} \cos\left(\frac{2k\pi}{pT}n\right)\rho \\ -\sin\left(\frac{2k\pi}{pT}\left(n - \frac{1}{2}\right)\right)\rho \end{pmatrix} \\ &\quad + i \begin{pmatrix} \sin\left(\frac{2k\pi}{pT}n\right)\rho \\ \cos\left(\frac{2k\pi}{pT}\left(n - \frac{1}{2}\right)\right)\rho \end{pmatrix}. \end{aligned} \quad (18)$$

Let

$$\begin{aligned} \xi_k(n) &= \begin{pmatrix} \cos\left(\frac{2k\pi}{pT}n\right)\rho \\ -\sin\left(\frac{2k\pi}{pT}\left(n - \frac{1}{2}\right)\right)\rho \end{pmatrix}, \\ \eta_k(n) &= \begin{pmatrix} \sin\left(\frac{2k\pi}{pT}n\right)\rho \\ \cos\left(\frac{2k\pi}{pT}\left(n - \frac{1}{2}\right)\right)\rho \end{pmatrix}. \end{aligned} \quad (19)$$

Obviously,  $\xi_k(n)$  and  $\eta_k(n)$  satisfy (15). Moreover  $LJ\Delta \xi_k(n-1) = \lambda_k \xi_k(n)$ ,  $LJ\Delta \eta_k(n-1) = \lambda_k \eta_k(n)$ ,  $\xi_{2pT+k}(n) = \xi_k(n)$ ,  $\eta_{2pT+k}(n) = \eta_k(n)$ ,  $\xi_{pT-k}(n) = \xi_k(n)$ ,  $\eta_{pT-k}(n) = -\eta_k(n)$ .

For  $k \neq pT/2$ , subspace  $Y_k$  is defined by

$$\begin{aligned} Y_k &= \begin{cases} \text{span}\{\xi_k(n), \eta_{k+(pT/2)}(n)\}, & k \in \mathbb{Z}\left[-\frac{pT}{2}+1, \frac{pT}{2}-1\right] \setminus \{0\}, \\ & n \in \mathbb{Z}, \text{ if } pT \text{ is even,} \\ \text{span}\{\xi_k(n), \eta_{k+((pT+1)/2)}(n)\}, & k \in \mathbb{Z}\left[\left[-\frac{pT}{2}\right], \left[\frac{pT}{2}\right]\right] \setminus \{0\}, \\ & n \in \mathbb{Z}, \text{ if } pT \text{ is odd,} \end{cases} \end{aligned} \quad (20)$$

where  $[\cdot]$  denotes the greatest-integer function and

$$Y_{pT/2} = \text{span}\{\xi_{pT/2}(n), n \in \mathbb{Z}\}, \quad (21)$$

$$Y_{-pT/2} = \text{span}\{\xi_{-pT/2}(n), n \in \mathbb{Z}\}.$$

Therefore,

$$Y = \oplus Y_k, \quad k \in \mathbb{Z}\left[-\frac{pT}{2}, \frac{pT}{2}\right] \setminus \{0\}, \text{ if } pT \text{ is even,}$$

$$Y = \oplus Y_k, \quad k \in \mathbb{Z}\left[\left[-\frac{pT}{2}\right], \left[\frac{pT}{2}\right]\right] \setminus \{0\}, \text{ if } pT \text{ is odd.} \quad (22)$$

Moreover, for any  $u = \{u(n)\} \in E_{pT}$ , we may express  $u(n)$  as

$$\begin{aligned} u(n) &= \sum_{k=-pT+1}^{pT-1} \begin{pmatrix} \cos\left(\frac{2k\pi}{pT}n\right)a_k \\ -\sin\left(\frac{2k\pi}{pT}\left(n - \frac{1}{2}\right)\right)a_k \end{pmatrix} \\ &\quad + \begin{pmatrix} \sin\left(\frac{2k\pi}{pT}n\right)b_k \\ \cos\left(\frac{2k\pi}{pT}\left(n - \frac{1}{2}\right)\right)b_k \end{pmatrix}, \end{aligned} \quad (23)$$

where  $a_k, b_k \in \mathbb{R}^N$ .

Since  $(\Delta u(n), \Delta u(n)) = -(\Delta^2 u(n-1), u(n))$ , we consider eigenvalue problem

$$-\Delta^2 u(n-1) = \lambda u(n), \quad u(n+pT) = u(n), \quad u(n) \in \mathbb{R}^N, \quad (24)$$

where  $\Delta^2 u(n-1) = \Delta u(n) - \Delta u(n-1) = u(n+1) - 2u(n) + u(n-1)$ . The second order difference equation (24) has complexity solution  $u(n) = e^{in\theta} c$  for  $c \in \mathbb{C}^N$ , where  $\theta = 2k\pi/pT$ . Moreover,  $\lambda = 2 - e^{-i\theta} - e^{i\theta} = 2(1 - \cos\theta) = 4\sin^2(\theta/2)$ ; that is,  $\lambda = 4\sin^2(k\pi/pT)$ ,  $k \in Z[0, pT - 1]$ .

By the previous, it follows Lemma 7.

**Lemma 7.** For any  $u \in E_{pT}$ , one has  $-\lambda_{\max}\|u\|^2 \leq \sum_{n=1}^{pT} (LJ\Delta u(n-1), u(n)) \leq \lambda_{\max}\|u\|^2$ , and  $0 \leq \sum_{n=1}^{pT} |\Delta u(n)|^2 \leq \lambda_{\max}^2\|u\|^2$ , where

$$\begin{aligned} \lambda_{\max} &= \max_{k \in [0, pT-1]} \left\{ 2 \sin \frac{k\pi}{pT} \right\} \\ &= \begin{cases} 2, & \text{if } pT \text{ is even,} \\ 2 \cos \frac{\pi}{2pT}, & \text{if } pT \text{ is odd.} \end{cases} \end{aligned} \tag{25}$$

Moreover, if  $u \in Y$ , then  $4\sin^2(\pi/pT)\|u\|^2 \leq \sum_{n=1}^{pT} |\Delta u(n)|^2 \leq \lambda_{\max}^2\|u\|^2$ .

### 3. Proofs of Main Results

**Lemma 8.** Consider

$$\begin{aligned} &\sum_{n=1}^{pT} (LJ\Delta u(n-1), u(n)) \\ &\geq -\left(2 \sin \frac{\pi}{pT}\right)^{-1} \sum_{n=1}^{pT} |\Delta u(n)|^2, \quad \forall u \in E_{pT}. \end{aligned} \tag{26}$$

*Proof.* Letting  $\tilde{u}(n) = u(n) - (1/pT) \sum_{n=1}^{pT} u(n)$ , then  $\tilde{u} \in Y$ . By Lemmas 5 and 7, we have

$$\begin{aligned} &\sum_{n=1}^{pT} (LJ\Delta u(n-1), u(n)) \\ &= \sum_{n=1}^{pT} (LJ\Delta u(n-1), \tilde{u}(n)) \\ &\geq -\left(\sum_{n=1}^{pT} |LJ\Delta u(n-1)|^2\right)^{1/2} \\ &\quad \cdot \left(\sum_{n=1}^{pT} |\tilde{u}(n)|^2\right)^{1/2} \\ &\geq -\left(\sum_{n=1}^{pT} |\Delta u(n)|^2\right)^{1/2} \\ &\quad \cdot \left(2 \sin \frac{\pi}{pT}\right)^{-1} \left(\sum_{n=1}^{pT} |\Delta \tilde{u}(n)|^2\right)^{1/2} \\ &= -\left(2 \sin \frac{\pi}{pT}\right)^{-1} \sum_{n=1}^{pT} |\Delta u(n)|^2. \end{aligned} \tag{27}$$

□

**Lemma 9.** If there exist  $\alpha \in (0, \sin(\pi/pT))$ ,  $\beta \geq 0$  and  $\delta > 0$ , such that

$$\delta |u| - \beta \leq H(n, u) \leq \frac{\alpha}{2} |u|^2 + \gamma \tag{28}$$

for all  $n \in [1, pT]$  and  $u \in \mathbb{R}^{2N}$ , then each solution of (3) satisfies the inequalities

$$\begin{aligned} \sum_{n=1}^{pT} |\Delta u(n)|^2 &\leq \frac{2\alpha(\beta + \gamma) pT \sin(\pi/pT)}{\sin(\pi/pT) - \alpha}, \\ \sum_{n=1}^{pT} |Lu(n)| &\leq \frac{(\beta + \gamma) pT \sin(\pi/pT)}{\delta(\sin(\pi/pT) - \alpha)}. \end{aligned} \tag{29}$$

*Proof.* Let  $u$  be the solution of (3). By Lemma 6, we have

$$\begin{aligned} \frac{1}{2\alpha} |\nabla H(n, Lu(n))|^2 &\leq (\nabla H(n, Lu(n)), Lu(n)) + \beta + \gamma \\ &= - (J\Delta u(n), Lu(n)) + \beta + \gamma. \end{aligned} \tag{30}$$

Obviously,  $|J\Delta u(n)|^2 = (-\nabla H(n, Lu(n)), J\Delta u(n)) = |\nabla H(n, Lu(n))|^2$  by (3), and it follows that  $(1/2\alpha) \sum_{n=1}^{pT} |J\Delta u(n)|^2 + \sum_{n=1}^{pT} (J\Delta u(n), Lu(n)) \leq (\beta + \gamma) pT$ ; that is,

$$\begin{aligned} \frac{1}{2\alpha} \sum_{n=1}^{pT} |\Delta u(n)|^2 + \sum_{n=1}^{pT} (LJ\Delta u(n-1), u(n)) \\ \leq (\beta + \gamma) pT. \end{aligned} \tag{31}$$

By means of Lemma 8, we have

$$\left[ \frac{1}{2\alpha} - \left(2 \sin \frac{\pi}{pT}\right)^{-1} \right] \sum_{n=1}^{pT} |\Delta u(n)|^2 \leq (\beta + \gamma) pT, \tag{32}$$

which gives first conclusion.

Now,  $H(n, 0) \leq \gamma$  in view of (28); therefore by convex and Lemma 8, we have

$$\begin{aligned} &\delta \sum_{n=1}^{pT} |Lu(n)| - \beta pT \\ &\leq \sum_{n=1}^{pT} H(n, Lu(n)) \\ &\leq \sum_{n=1}^{pT} [H(n, 0) + (\nabla H(n, Lu(n)), Lu(n))] \end{aligned}$$

$$\begin{aligned}
 &\leq \gamma pT - \sum_{n=1}^{pT} (J\Delta u(n), Lu(n)) \\
 &= \gamma pT - \sum_{n=1}^{pT} (JL\Delta u(n-1), u(n)) \\
 &\leq \gamma pT + \left(2 \sin \frac{\pi}{pT}\right)^{-1} \sum_{n=1}^{pT} |\Delta u(n)|^2 \\
 &\leq \gamma pT + \frac{\alpha(\beta + \gamma)pT}{\sin(\pi/pT) - \alpha},
 \end{aligned} \tag{33}$$

which gives the second conclusion. The proof is completed.  $\square$

*Proof of Theorem 1.* Let  $c_1 = \max_{n \in \mathbb{Z}} |H(n, 0)|$ . By assumption in Theorem 1, there exists  $R > 0$ , such that  $H(n, u) \geq 1 + c_1$ , for  $n \in \mathbb{Z}$  and  $|u| \geq R$ . Moreover, there exist  $\alpha \in (0, 2 \sin(\pi/pT))$ ,  $\gamma > 0$  such that

$$H(n, u) \leq \frac{\alpha}{2}|u|^2 + \gamma, \quad \forall (n, u) \in \mathbb{Z} \times \mathbb{R}^{2N}. \tag{34}$$

Thus, by convex of  $H$ , for all  $(n, u) \in \mathbb{Z} \times \mathbb{R}^{2N}$  with  $|u| \geq R$ , we have

$$\begin{aligned}
 1 + c_1 &\leq H\left(n, \frac{R}{|u|}u\right) \\
 &\leq H(n, 0) + \frac{R}{|u|} (H(n, u) - H(n, 0)) \\
 &\leq \frac{R}{|u|} H(n, u) + c_1.
 \end{aligned} \tag{35}$$

Therefore there exist  $\beta > 0$  and  $\delta > 0$ , such that

$$H(n, u) \geq \delta|u| - \beta, \quad \forall (n, u) \in \mathbb{Z} \times \mathbb{R}^{2N}. \tag{36}$$

Combining the previous argument, by Lemma 3, the system (3) has a  $pT$ -periodic solution  $u_p$  such that  $v_p = -J[u_p - (1/pT) \sum_{n=1}^{pT} u_p(n)] \in Y$  minimizes the dual action

$$\begin{aligned}
 \chi_p(v_p) &= \sum_{n=1}^{pT} \frac{1}{2} (LJ\Delta v_p(n-1), v_p(n)) \\
 &\quad + \sum_{n=1}^{pT} H^*(n, \Delta v_p(n)) \quad \text{on } E_{pT}.
 \end{aligned} \tag{37}$$

It follows that  $\Delta u_p(n) = J\Delta v_p(n)$  and  $Jv_p(n) = u_p(n) - (1/pT) \sum_{n=1}^{pT} u_p(n)$ .

We next prove that  $\|u_p\|_\infty \rightarrow \infty$  as  $p \rightarrow \infty$ .

Suppose not, there exist  $c_2 > 0$  and a subsequence  $\{p_k\}$  such that

$$p_k \rightarrow \infty, \quad \|u_{p_k}\|_\infty \leq c_2 \quad \text{as } k \rightarrow \infty. \tag{38}$$

In terms of (3), it follows that  $\|\Delta u_{p_k}\|_\infty \leq c_3$  for some  $c_3 > 0$ , and  $\|v_{p_k}\|_\infty \leq 2c_2, \|\Delta v_{p_k}\|_\infty \leq c_3$ . Consequently, by  $H^*(n, v) \geq -H(n, 0) \geq -c_1$ , we have

$$\begin{aligned}
 c_{p_k} &= \chi_{p_k}(v_{p_k}) \\
 &= \sum_{n=1}^{p_k T} \frac{1}{2} (LJ\Delta v_{p_k}(n-1), v_{p_k}(n)) \\
 &\quad + \sum_{n=1}^{p_k T} H^*(n, \Delta v_{p_k}(n)) \\
 &\geq -\frac{1}{2} \sum_{n=1}^{p_k T} |LJ\Delta v_{p_k}(n-1)| |v_{p_k}(n)| - c_1 p_k T \\
 &\geq -(\sqrt{2}c_2 c_3 + c_1) p_k T,
 \end{aligned} \tag{39}$$

where  $n \in Z[1, p_k T]$  and

$$\begin{aligned}
 |LJ\Delta v_{p_k}(n-1)| &= \left( |\Delta v_{2,p_k}(n)|^2 + |\Delta v_{1,p_k}(n-1)|^2 \right)^{1/2} \\
 &\leq \sqrt{2} \|\Delta v_{p_k}\|_\infty \leq \sqrt{2}c_3.
 \end{aligned} \tag{40}$$

By (36), if  $|v| \leq \delta$ , we have  $(v, u) - H(n, u) \leq (v, u) - \delta|u| + \beta \leq \beta$ , and  $H^*(n, v) \leq \beta$ . Letting  $\rho \in \mathbb{R}^N$  and  $|\rho| = 1$ , in terms of (12),  $h_p$  associated with  $\lambda_{-1} = -2 \sin(\pi/pT)$  is given by

$$\begin{aligned}
 h_p(n) &= \frac{\delta}{4 \sin(\pi/pT)} \\
 &\quad \cdot \begin{pmatrix} \left( \cos \frac{2\pi}{pT} n - \sin \frac{2\pi}{pT} n \right) \rho \\ \left( \sin \frac{2\pi}{pT} \left( n - \frac{1}{2} \right) + \cos \frac{2\pi}{pT} \left( n - \frac{1}{2} \right) \right) \rho \end{pmatrix}
 \end{aligned} \tag{41}$$

which belongs to  $E_{pT}$ , and

$$\begin{aligned}
 |\Delta h_p(n)|^2 &= \left( \frac{\delta}{4 \sin(\pi/pT)} \right)^2 \\
 &\quad \cdot \left| 2 \sin \frac{\pi}{pT} \begin{pmatrix} \left( -\sin \frac{2\pi}{pT} \left( n + \frac{1}{2} \right) - \cos \frac{2\pi}{pT} \left( n + \frac{1}{2} \right) \right) \rho \\ \left( \cos \frac{2\pi}{pT} n - \sin \frac{2\pi}{pT} n \right) \rho \end{pmatrix} \right|^2 \\
 &= \frac{1}{4} \left[ 2 + \sin \frac{2\pi}{pT} (2n+1) - \sin \frac{2\pi}{pT} (2n) \right] \cdot |\rho|^2 \delta^2 \\
 &\leq \delta^2.
 \end{aligned} \tag{42}$$

Moreover, by Lemma 4 we have

$$\begin{aligned} & \sum_{n=1}^{pT} |h_p(n)|^2 \\ &= \sum_{n=1}^{pT} \left( \frac{\delta}{4 \sin(\pi/pT)} \right)^2 \\ & \quad \cdot \left( 2 + \sin \frac{2\pi}{pT} (2n-1) - \sin \frac{2\pi}{pT} (2n) \right) |\rho|^2 \\ &= \left( \frac{\delta}{4 \sin(\pi/pT)} \right)^2 2|\rho|^2 pT = \frac{\delta^2 pT}{8 \sin^2(\pi/pT)}. \end{aligned} \tag{43}$$

Thus  $c_p = \chi_p(h_p) \leq \sum_{n=1}^{pT} (1/2)(LJ\Delta h_p(n-1), h_p(n)) + \beta pT = \sum_{n=1}^{pT} (1/2)(-2 \sin(\pi/pT)) |h_p(n)|^2 + \beta pT = -\delta^2 pT/8 \sin(\pi/pT) + \beta pT$ . Combining (39), we have  $8(\sqrt{2}c_2c_3 + c_1 + \beta_1) \sin(\pi/p_k T) \geq \delta^2$ , which is impossible as  $k$  large. So the claim  $\lim_{p \rightarrow \infty} \|u_p\|_\infty = \infty$  is valid.

It remains only to prove that the minimal period  $T_p$  of  $u_p$  tends to  $+\infty$  as  $p \rightarrow \infty$ .

If not, there exists  $T > 0$  and a sequence  $\{p_k\}$  such that the minimal period  $T_{p_k}$  of  $u_{p_k}$  satisfies  $1 \leq T_{p_k} \leq T$ . By assumption in Theorem 1, there exists  $\alpha \in (0, \sin(\pi/T))$  and  $\gamma > 0$  such that

$$H(n, u) \leq \frac{\alpha}{2} |u|^2 + \gamma, \quad \forall (n, u) \in \mathbb{Z} \times \mathbb{R}^{2N}. \tag{44}$$

By (36) and Lemma 9 with  $pT$  replaced by  $T_{p_k}$ , we get

$$\sum_{n=1}^{T_{p_k}} |\Delta u_{p_k}(n)|^2 \leq \frac{2\alpha(\beta + \gamma) T_{p_k} \sin(\pi/T_{p_k})}{\sin(\pi/T_{p_k}) - \alpha} \tag{45}$$

$$\leq \frac{2\alpha(\beta + \gamma) T \sin(\pi/T)}{\sin(\pi/T) - \alpha},$$

$$\sum_{n=1}^{T_{p_k}} |Lu_{p_k}(n)| \leq \frac{(\beta + \gamma) T_{p_k} \sin(\pi/T_{p_k})}{\delta(\sin(\pi/T_{p_k}) - \alpha)} \tag{46}$$

$$\leq \frac{(\beta + \gamma) T_{p_k} \sin(\pi/T)}{\delta(\sin(\pi/T) - \alpha)}.$$

Write  $u_{p_k} = \tilde{u}_{p_k} + \bar{u}_{p_k}$ , where  $\bar{u}_{p_k} = (1/T_{p_k}) \sum_{n=1}^{T_{p_k}} u_{p_k}(n) = (1/T_{p_k}) \sum_{n=1}^{T_{p_k}} Lu_{p_k}(n) \in \bar{Y}$ . Inequality (46) implies that

$$\begin{aligned} \|\bar{u}_{p_k}\|_\infty &\triangleq \max_{n \in \mathbb{Z}[1, T_{p_k}]} \{|\bar{u}_{p_k}|\} \\ &\leq \frac{1}{T_{p_k}} \sum_{n=1}^{T_{p_k}} |Lu_{p_k}(n)| \leq \frac{(\beta + \gamma) \sin(\pi/T)}{\delta(\sin(\pi/T) - \alpha)}. \end{aligned} \tag{47}$$

By Lemma 7 and (45), it follows that

$$\begin{aligned} \|\tilde{u}_{p_k}\|^2 &= \sum_{n=1}^{T_{p_k}} |\tilde{u}_{p_k}(n)|^2 \\ &\leq \left( 2 \sin \frac{\pi}{T_{p_k}} \right)^{-1} \sum_{n=1}^{T_{p_k}} |\Delta u_{p_k}(n)|^2 \\ &\leq (2 \sin(\pi/T))^{-1} \frac{2\alpha(\beta + \gamma) T \sin(\pi/T)}{\sin(\pi/T) - \alpha} \\ &\leq \frac{\alpha(\beta + \gamma) T}{\sin(\pi/T) - \alpha}, \end{aligned} \tag{48}$$

which implies that  $\{\|\tilde{u}_{p_k}\|_\infty\}$  is bounded, therefore  $\{\|u_{p_k}\|_\infty\}$  is bounded; a contradiction with the second claim  $\lim_{p \rightarrow \infty} \|u_p\|_\infty = \infty$ . This completes the proof.  $\square$

*Proof of Theorem 2.* Under the assumptions (A1) and (A2), all conditions in Theorem 1 are satisfied. Then, for each integer  $p > 1$ , there exists a  $pT$ -periodic solution  $u$  of (3) such that  $v = -J[u - (1/pT) \sum_{n=1}^{pT} u(n)] \in Y$  minimizes the dual action

$$\begin{aligned} \chi(v) &= \sum_{n=1}^{pT} \frac{1}{2} (LJ\Delta v(n-1), v(n)) \\ &\quad + \sum_{n=1}^{pT} H^*(n, \Delta v(n)) \quad \text{on } E_{pT}. \end{aligned} \tag{49}$$

If the critical point  $v$  of dual action functional  $\chi$  has minimal period  $pT/l \in \mathbb{N} \setminus \{0\}$ , where  $l \in \mathbb{N} \setminus \{0\}$ , then by Lemma 7 with  $pT$  replaced by  $pT/l$ , we have the following estimate:

$$4\sin^2 \frac{l\pi}{pT} \sum_{n=1}^{pT} |v(n)|^2 \leq \sum_{n=1}^{pT} |\Delta v(n)|^2. \tag{50}$$

By Lemma 5 and the previous inequality, we have

$$\begin{aligned} & \sum_{n=1}^{pT} (LJ\Delta v(n-1), v(n)) \\ & \geq - \left( \sum_{n=1}^{pT} |LJ\Delta v(n-1)|^2 \right)^{1/2} \\ & \quad \cdot \left( \sum_{n=1}^{pT} |v(n)|^2 \right)^{1/2} \\ & \geq - \left( \sum_{n=1}^{pT} |\Delta v(n)|^2 \right)^{1/2} \end{aligned} \tag{47}$$

$$\begin{aligned} & \cdot \left( 2 \sin \frac{l\pi}{pT} \right)^{-1} \left( \sum_{n=1}^{pT} |\Delta v(n)|^2 \right)^{1/2} \\ &= - \left( 2 \sin \frac{l\pi}{pT} \right)^{-1} \sum_{n=1}^{pT} |\Delta v(n)|^2 \\ &\geq - \left( 2 \sin \frac{l\pi}{pT} \right)^{-1} (pT)^{(1-2/\tau)} \left( \sum_{n=1}^{pT} |\Delta v(n)|^\tau \right)^{2/\tau}, \end{aligned} \tag{51}$$

where  $\tau = \theta/(\theta - 1) > 2$  for  $1 < \theta < 2$ . It follows from assumption (B2) that

$$H^*(n, \Delta v(n)) \geq \frac{1}{\tau} \left( \frac{1}{a_2} \right)^{\tau-1} |\Delta v(n)|^\tau, \tag{52}$$

thus

$$\chi(v) \geq - \left( 2 \sin \frac{l\pi}{pT} \right)^{-1} (pT)^{(\tau-2)/\tau} \left( \sum_{n=1}^{pT} |\Delta v(n)|^\tau \right)^{2/\tau} \tag{53}$$

$$\begin{aligned} &+ \frac{1}{\tau} \left( \frac{1}{a_2} \right)^{\tau-1} \sum_{n=1}^{pT} |\Delta v(n)|^\tau \\ &\geq \frac{(1/\tau - 1/2) pT (a_2^2)^{(\tau-1)/(\tau-2)}}{(\sin(l\pi/pT))^{\tau/(\tau-2)}}. \end{aligned} \tag{54}$$

One can obtain the previous inequality by minimizing in (53) with respect to  $(\sum_{n=1}^{pT} |\Delta v(n)|^\tau)^{1/\tau}$ , and the minimum is attained at  $(pT)^{1/\tau} (a_2)^{(\tau-1)/(\tau-2)} / (\sin(l\pi/pT))^{1/(\tau-2)}$ .

On the other hand, let

$$v(n) = \frac{1}{\sqrt{pT}} \begin{pmatrix} \cos \frac{2k\pi}{pT} n \cdot a_k \\ - \sin \frac{2k\pi}{pT} \left( n - \frac{1}{2} \right) \cdot a_k \end{pmatrix}, \tag{55}$$

where  $a_k \in \mathbb{R}^N, k \in Z[[-pT/2], [pT/2]] \setminus \{0\}$ . Then  $v \in Y_k$ , and

$$\Delta v(n) = -2 \sin \frac{k\pi}{pT} \frac{1}{\sqrt{pT}} \begin{pmatrix} \sin \frac{2k\pi}{pT} \left( n + \frac{1}{2} \right) \cdot a_k \\ \cos \frac{2k\pi}{pT} n \cdot a_k \end{pmatrix}. \tag{56}$$

Taking  $a_k = (d, 0, \dots, 0)^T \in \mathbb{R}^N$ , where  $d \in \mathbb{R}$ , by Lemma 4, it follows that

$$\begin{aligned} & \sum_{n=1}^{pT} (LJ\Delta v(n-1), v(n)) \\ &= \sum_{n=1}^{pT} [-\Delta v_2(n) v_1(n) + \Delta v_1(n-1) v_2(n)] \\ &= \sum_{n=1}^{pT} \frac{1}{pT} \cdot 2 \sin \frac{k\pi}{pT} \\ &\quad \cdot \left( \cos^2 \frac{2k\pi}{pT} n \cdot |d|^2 + \sin^2 \frac{2k\pi}{pT} \left( n - \frac{1}{2} \right) \cdot |d|^2 \right) \\ &= \lambda_k \cdot |d|^2, \end{aligned} \tag{57}$$

where  $\lambda_k = 2 \sin(k\pi/pT)$  and

$$\begin{aligned} & \sum_{n=1}^{pT} |\Delta v(n)|^\tau \\ &= \sum_{n=1}^{pT} |\lambda_k|^\tau (pT)^{-\tau/2} \\ &\quad \cdot \left( \sin^2 \frac{2k\pi}{pT} \left( n + \frac{1}{2} \right) + \cos^2 \frac{2k\pi}{pT} n \right)^{\tau/2} |d|^\tau \\ &\leq \lambda_{\max}^\tau \cdot (pT)^{1-(\tau/2)} \cdot 2^{\tau/2} |d|^\tau. \end{aligned} \tag{58}$$

Therefore, taking  $k = -[pT/2]$ , by eigenvalue problem (24) and (B2), it follows that

$$\begin{aligned} \chi(v) &= \frac{1}{2} \sum_{n=1}^{pT} (LJ\Delta v(n-1), v(n)) \\ &\quad + \sum_{n=1}^{pT} H^*(n, \Delta v(n)) \\ &\leq - \frac{1}{2} \lambda_{\max} \cdot |d|^2 \\ &\quad + \frac{1}{\tau} \left( \frac{1}{a_1} \right)^{\tau-1} \sum_{n=1}^{pT} |\Delta v(n)|^\tau \\ &\leq - \frac{1}{2} \lambda_{\max} \cdot |d|^2 + \frac{1}{\tau} \left( \frac{1}{a_1} \right)^{\tau-1} \lambda_{\max}^\tau \\ &\quad \cdot (pT)^{1-(\tau/2)} \cdot 2^{\tau/2} |d|^\tau. \end{aligned} \tag{59}$$

Let  $f(\rho)$  equal the right-hand side of (59) where  $\rho = |d|$ . It is easy to see that the absolute minimum of  $f$  is attained at  $\rho_{\min} = (a_1)^{(\tau-1)/(\tau-2)} (pT)^{1/2} / [\lambda_{\max}^{(\tau-1)/(\tau-2)} \cdot 2^{\tau/2(\tau-2)}]$  and given

by  $f_{\min} = (1/\tau - 1/2)pT(a_1^2)^{(\tau-1)/(\tau-2)} / (2\lambda_{\max})^{\tau/(\tau-2)}$ . Hence, by (19), let

$$\begin{aligned} \xi(n) &= \xi_{-[pT/2]}(n) \\ &= \begin{pmatrix} \cos \frac{2k\pi}{pT} n \cdot \rho \\ -\sin \frac{2k\pi}{pT} \left(n - \frac{1}{2}\right) \cdot \rho \end{pmatrix}, \end{aligned} \tag{60}$$

where  $\rho \in \mathbb{R}^N$ ,  $k = -[pT/2]$ .

If  $pT$  is even, then  $\xi(n) = (1, 1)^T \cdot (-1)^n \rho$ . Set

$$\begin{aligned} Y_{\rho_{\min}} &= \left\{ \nu \in Y_{-[pT/2]} : \nu(n) = \xi(n), \right. \\ &\quad \left. \rho = (d, 0, \dots, 0)^T \in \mathbb{R}^N, d \in \mathbb{R} \right\}. \end{aligned} \tag{61}$$

For  $\nu \in Y_{\rho_{\min}}$ , we have

$$\chi(\nu) \leq f_{\min}. \tag{62}$$

Combining (54), (59), and (62), we have

$$\begin{aligned} &\frac{(1/\tau - 1/2) pT(a_2^2)^{(\tau-1)/(\tau-2)}}{(\sin(l\pi/pT))^{\tau/(\tau-2)}} \\ &\leq \frac{(1/\tau - 1/2) pT(a_1^2)^{(\tau-1)/(\tau-2)}}{(2\lambda_{\max})^{\tau/(\tau-2)}}. \end{aligned} \tag{63}$$

By  $\tau > 2$ , and  $\theta = \tau/(\tau - 1)$ , it follows that

$$\frac{\sin(l\pi/pT)}{(2\lambda_{\max})} \leq (a_2/a_1)^{2/\theta}. \tag{64}$$

For integer  $p > 1$ ,  $T \geq 1$ ,  $l \in \mathbb{N} \setminus \{0\}$ ,  $pT/l \in \mathbb{N} \setminus \{0\}$ , we have  $0 < l\pi/pT \leq \pi$ ,  $0 < \pi/pT \leq \pi/2$ .

If  $pT$  is even, then  $\lambda_{\max} = 2$ . By assumption  $a_2/a_1 \leq ((1/4) \sin(\pi/pT))^{\theta/2}$  we have  $\sin(l\pi/pT) \leq \sin(\pi/pT)$ , which implies that  $l = 1$  or  $l = pT - 1$ . If  $pT > 2$ , then  $pT/l = pT/(pT - 1) \notin \mathbb{N}$ . So we have  $l = 1$ .

If  $pT$  is odd, then  $\lambda_{\max} = 2 \cos(\pi/2pT)$ . By assumption  $a_2/a_1 \leq ((1/2) \sin(\pi/2pT))^{\theta/2}$ , we have  $\sin(l\pi/pT) \leq \sin(\pi/pT)$ , so  $l = 1$ . This completes the proof.  $\square$

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