## ON EXTREMAL FIGURES ADMISSIBLE RELATIVE TO RECTANGULAR LATTICES

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A theorem of Bender states that if a convex figure $F$ contains no point of the two dimensional lattice $G$, where $G$ is generated by the vectors $\bar{V}_{1}$ and $\bar{V}_{2}$ having enclosed angle $\theta$, then $A(F) \leqq 1 / 2 P(F) \max \left(\left|\bar{V}_{1}\right|,\left|\bar{V}_{2}\right| \sin \theta\right)$ where $\left|\bar{V}_{1}\right| \leqq$ $\left|\bar{V}_{2}\right|$. In this paper, two questions are answered: (1) Among all convex figures of perimeter $L$ which are admissible relative to a rectangular lattice $G$, which encloses the maximum area? (2) Can the constant $1 / 2$ in Bender's theorem be improved? By using the result of (1), the 'sharpest possible", inequality of the Bender type is found.

Notation.

$$
\begin{aligned}
& w_{1}=\min \left(\left|\bar{V}_{1}\right|,\left|\bar{V}_{2}\right| \sin \theta\right) \\
& w_{2}=\max \left(\left|\bar{V}_{1}\right|,\left|\bar{V}_{2}\right| \sin \theta\right)
\end{aligned}
$$

$A(F)$ is the area of $F, P(F)$ is the perimeter of $F$. A figure $F$ is admissible relative to the lattice $G$, if no points of $G$ are in the interior of $F$.

Theorem. If $F$ is an admissible convex figure relative to the lattice $G$, then
(i) for $0<P\left(F^{\prime}\right) \leqq \pi\left(w_{1}^{2}+w_{2}^{2}\right)^{1 / 2}, A\left(F^{\prime}\right) \leqq\left(P^{2}\left(F^{\prime}\right)\right) /(4 \pi)$
(ii) for $\pi\left(w_{1}^{2}+w_{2}^{2}\right)^{1 / 2}<P(F)<4 w_{1}+\pi w_{2}$,

$$
A\left(F^{\prime}\right) \leqq \frac{P^{2}\left(F^{\prime}\right)}{4 \pi}-\frac{\left(P^{2}(F)-\pi\left(w_{1} \sin q / 2+w_{2} \cos \frac{q}{2}\right)\right)^{2}}{\pi(4-\pi \sin q)}
$$

where $q$ is the root of equation (9).
(iii) for $4 w_{1}+\pi w_{2} \leqq P\left(F^{\prime}\right), A(F) \leqq 1 / 2 w_{2} P(F)-\pi / 4 w_{2}^{2}$.

Further, if $G$ is rectangular the extremal figures relative to $G$ are shown for (i), (ii) and (iii) in Figure 1 (i), (ii) and (iii) respectively; in these cases, equality holds.

By Bender's Lemma [1], only rectangular lattices and admissible convex figures symmetric about the lines $x^{\prime}=1 / 2, y^{\prime}=1 / 2$ need be considered ( $x^{\prime}$ and $y^{\prime}$ are coordinates relative to the lattice); in the remainder of this paper only such figures and lattices will be considered.

Definition. Let $G$ be a (rectangular) lattice and denote by $R$ the set of all admissible rhombi whose vertices lie on the lines $x^{\prime}=$

(i)

(ii)


Figure 1
$1 / 2, y^{\prime}=1 / 2$ and each of whose sides pass through at least one lattice point of $G$ (see Figure 2). $\quad R(\mathcal{\varphi})$ denotes the rhombus in $R$ with base angle $\varphi$ (Figure 2) where $0 \leqq \varphi \leqq \pi$ ( $\varphi=0$ and $\varphi=\pi$ yield the two infinite strips).


Figure 2

Lemma 1. Every figure $F$ is contained in at least one rhombus $R(\varphi)$ of the set $R$.

Proof. Let $g$ be one of the four lattice points which contain the intersection of the lines $x^{\prime}=1 / 2$ and $y^{\prime}=1 / 2$. Consider the following two cases: (i) $g$ is a boundary point of $F$, (ii) $g$ is not a boundary point of $F$.
(i) Since $F$ is convex and $g$ is a boundary point, there exists a line of support $S$ of $F$ at the point $G$. Construct the three remaining lines symmetric to $S$ about the lines $x^{\prime}=1 / 2$ and $y^{\prime}=1 / 2$. By the symmetry of $F$, all four of these lines are support lines of $F$ and the rhombus formed contains $F$ and belongs to $R$.
(ii) Since $g$ is exterior to $F$, there exists a line $S^{\prime \prime}$ which separates $g$ and $F$. Construct $S$ through $g$ parallel to $S^{\prime}$. Clearly $S$ lies in the exterior of $F$ and the proof is completed as in (i).

Proof of the Theorem. The inequalities are proven by finding the admissible convex figure of perimeter $L$ which encloses the maximum area (extremal figure). The problem has been reduced to rectangular lattices and symmetric figures which are contained in rhombi of $R$. Denote by $Y(L, \varphi)$ the extremal figure of perimeter $L$ contained in $R(\phi)$. The existence, uniqueness, form, etc., of the extremal figure are discussed in references [2] and [4], pp. 124-5. For fixed $L$, define $q$ by $A(Y(L$, $q))=\sup _{\varphi} A(Y(L, \varphi))$. The maximum area is thus attained by the extremal figure contained in the rhombus $R(q)$. Since any figure $F$ is contained in $R(\varphi)$ for some $\varphi$ (Lemma 1), $A(F) \leqq A(Y(L, \varphi)) \leqq$ $A(Y(L, q))$. The inequalities (ii) and (iii) are nothing other than $A(Y(L$, $q$ )) expressed in terms of $L$ and the lattice constants; (i) means simply that $Y(L, q)$ is a circle. In (ii) and (iii), $Y(L, q)$ contains lattice points on its boundary; otherwise, it is easy to construct a figure of perimeter $L$ having larger area. Hence, for a rectangular lattice, the inequalities of the theorem are the "sharpest possible".

In the remainder of the proof, $A(Y(L, \varphi))$ and $A(Y(L, q))$ are determined.
$Y(L, \varphi)$
From Figure 2, it follows for $0<\varphi<\pi$

$$
\begin{equation*}
S=\frac{1}{2} w_{1} \sec \frac{\varphi}{2}+\frac{1}{2} w_{2} \csc \frac{\varphi}{2} \tag{1}
\end{equation*}
$$

or

$$
\begin{equation*}
S \sin \varphi=w_{1} \sin \frac{\varphi}{2}+w_{2} \cos \frac{\varphi}{2} \tag{2}
\end{equation*}
$$

$Y(L, \varphi)$ is the parallel figure of radius $r$ taken about a concentric subrhombus of $R(\varnothing)$ (see reference $3, \mathrm{p} .124-5$ ). Denoting by $v$ the length of a side of the subrhombus,

$$
\begin{equation*}
A(Y(L, \varphi))=v^{2} \sin \varphi+4 r v+\pi r^{2} \quad(\text { see Figure } 3) \tag{3}
\end{equation*}
$$



Figure 3
The perimeter of $Y(L, \varphi)$ is given by

$$
\begin{equation*}
P(Y(L, \varphi))=L=2 \pi r+4 v \tag{4}
\end{equation*}
$$

Use (4) to eliminate $r$ from (3). After simplification it follows that

$$
\begin{equation*}
\frac{L^{2}}{4 \pi}-A(Y(L, \varphi))=v^{2}\left(\frac{4}{\pi}-\sin \varphi\right) \tag{5}
\end{equation*}
$$

The right side of (5) is, of course, the classical isoperimetric deficit. From Figure 3,

$$
\begin{equation*}
S \cos \frac{\varphi}{2}=v \cos \frac{\varphi}{2}+r \csc \frac{\varphi}{2} . \tag{6}
\end{equation*}
$$

Using equation (4), eliminate $r$ from equation (6); use the resulting equation to eliminate $v$ from equation (5), and finally, use equation (2) to eliminate $S$ :

$$
\begin{equation*}
A(Y(L, \varphi))=\frac{L^{2}}{4 \pi}-\frac{\left(\frac{L}{\pi}-\left(w_{1} \sin \frac{\varphi}{2}+w_{2} \cos \frac{\varphi}{2}\right)\right)^{2}}{\frac{4}{\pi}-\sin \varphi} \tag{7}
\end{equation*}
$$

Equation (7) is valid for $0<\varphi<\pi$. If $\varphi=0$ or $\pi$, the extremal figure consists of two parallel lines connected by semicircles [3]. Calculation shows that the area agrees in both cases with (7). Hence, (7) is valid for $0 \leqq \varphi \leqq \pi$.
$Y(L, q)$
From equation (7), $A(Y(L, \varphi))$ is a single valued continuous function of $L$ and $\varphi$ which possesses neither a singularity nor a cusp. To find $Y(L, q)$, the isoperimetric deficit

$$
\begin{equation*}
D=\frac{\left(\frac{L}{\pi}-\left(w_{1} \sin \frac{\varphi}{2}+w_{2} \cos \frac{\varphi}{2}\right)\right)^{2}}{\frac{4}{\pi}-\sin \varphi} \tag{8}
\end{equation*}
$$

must be minimized.
If $L \leqq \pi\left(w_{1}^{2}+w_{2}^{2}\right)^{1 / 2}$, the solution is trivial; viz. the circle. In the remainder of the proof, it is assumed that $L>\pi\left(w_{1}^{2}+w_{2}^{2}\right)^{1 / 2}$. Setting $d D / d \varphi=0$, the condition for an extremum becomes:

$$
\begin{equation*}
L \cos \varphi=\left(4 w_{1}+\pi w_{2}\right) \cos \frac{\varphi}{2}-\left(4 w_{2}+\pi w_{1}\right) \sin \frac{\varphi}{2} . \tag{9}
\end{equation*}
$$

The value (s) of $\varphi$ which yield an extremum of $D$ must be either 0 , $\pi$ or a root of equation (9).

The case $w_{1}=w_{2}$ will be treated separately; if not otherwise stated, it is assumed that $w_{2}>w_{1}$.

Lemma 2. The absolute minimum of $D(L, \varphi)$ lies in the interval $0 \leqq \varphi \leqq \pi / 2$.

Proof. Consider an arbitrary rhombus $R(\varphi) \in R$. From the midpoint of $R(\varphi)$ mark off the distance $1 / 2 w_{2}$ along the line $x^{\prime}=1 / 2$; at this point construct the perpendicular $d$. From similar triangles,

$$
\frac{d}{S \sin \frac{\varphi}{2}}=\frac{S \cos \frac{\varphi}{2}-\frac{1}{2} w_{2}}{S \cos \frac{\varphi}{2}}
$$

Using equation (1), eliminate $S$ and solve for $d$ :

$$
\begin{equation*}
d=\frac{1}{2} w_{2}-\frac{1}{2}\left(w_{2}-w_{1}\right) \tan \frac{\varphi}{2} \tag{10}
\end{equation*}
$$

If $R(\phi)$ is rotated through $90^{\circ}$ about its midpoint, it will not contain a lattice point (the boundary included) if $d<1 / 2 w_{1}$. Applying this
condition to equation (10), it follows that (11) $\tan \varphi / 2>1$. Hence, $R(\varphi)$ does not contain a lattice point when rotated about its midpoint through $90^{\circ}$ if $\varphi>\pi / 2$. Suppose $Y(L, \varphi)$ is the extremal figure of the rhombus $R(\varphi)$ where $\varphi>\pi / 2$. Rotate $R(\varphi)$ through $90^{\circ}$ about its midpoint. By the preceding argument, $R(\varphi)$ and thus $Y(L, \varphi)$ contains no lattice point (boundary included). Thus, $Y(L, \varphi)$ cannot be $Y(L, q)$. Thus, $q$ is either 0 or a root of equation (8) $\left(w_{1} \neq w_{2}\right)$.

Lemma 3. For $0 \leqq \varphi \leqq \pi / 2$ equation (9) has
(i) exactly one root if $L<4 w_{1}+\pi w_{2}$
(ii) exacly one root (viz., $\varphi=0$ ) if $L=4 w_{1}+\pi w_{2}$
(iii) no roots if $L>4 w_{1}+\pi w_{2}$

Proof. Form the auxillary functions $y_{1}=L \cos \varphi$ and

$$
\begin{aligned}
y_{2} & =\left(4 w_{1}+\pi w_{2}\right) \cos \frac{\varphi}{2}-\left(4 w_{2}+\pi w_{1}\right) \sin \frac{\varphi}{2} \\
& =\left(\left(4 w_{1}+\pi w_{2}\right)^{2}+\left(4 w_{2}+\pi w_{1}\right)^{2}\right)^{1 / 2} \sin \left(\beta-\frac{\varphi}{2}\right)
\end{aligned}
$$

where

$$
\tan \beta=\frac{4 w_{1}+\pi w_{2}}{\pi w_{1}+4 w_{2}}
$$

Clearly, $38^{\circ}<\beta<45^{\circ}$. The roots of equation (9) are the points of intersection of $y_{1}$ and $y_{2}$. Divide the problem into three parts
(i) $y_{1}(0)<y_{2}(0)$; i.e., $L<4 w_{1}+\pi w_{2}$
(ii) $y_{1}(0)=y_{2}(0)$; i.e., $L=4 w_{1}+\pi w_{2}$
(iii) $\quad y_{1}(0)>y_{2}(0)$; i.e., $L>4 w_{1}+\pi w_{2}$
$y_{1}$ and $y_{2}$ are cosine and sine curves; the lemma follows from the elementary properties of these curves.

From Lemma 3, it follows for (iii) and (ii) that $q=0$. In case (i), $D^{\prime}(0)$ is negative and $q$ must be the (single) root of equation (9). Thus, the extremal figures have been found and inserting the value of $q$ into equation (7) gives the theorem (for $w_{1} \neq w_{2}$ ).

The Solution for $w_{1}=w_{2}=w$.
This is the most important single case; viz., the square lattice. Geometrically it is obvious that equation (7) and therefore (8) are symmetric about $\pi / 2$; viz., $R(\varphi)$ is identical with $R(\pi-\varphi)$ except for a rotation of $\pi / 2$ about the midpoint. Hence $Y(L, \varphi)$ is identical with $Y(L, \pi-\varphi)$, except for a rotation of $\pi / 2$ about its midpoint. $\varphi$ can therefore be restricted to the interval $0 \leqq \varphi \leqq \pi / 2$. In this case, equation (9) becomes:

$$
\begin{equation*}
\left(\cos \frac{\varphi}{2}-\sin \frac{\varphi}{2}\right)\left(\cos \frac{\varphi}{2}+\sin \frac{\varphi}{2}-\frac{(4+\pi) w}{L}\right)=0 \tag{12}
\end{equation*}
$$

Equation (12) has two roots

$$
\begin{gather*}
\varphi=\frac{\pi}{2}  \tag{13}\\
\sin \varphi=\left(\frac{w}{L}\right)^{2}(4+\pi)^{2}-1 \tag{14}
\end{gather*}
$$

(i) $0<L \leqq \sqrt{2} \pi w$. The circle is admissible and $A(B) \leqq\left(P^{2}(B)\right) / 4 \pi$. (iii) $L>(4+\pi) \mathrm{w}$. Equation (14) does not yield an admissible root; since $D(\mathscr{P})$ is strictly increasing, $q=0$. The extremal figure is of the form shown in Figure 1 (iii) and $A(B) \leqq 1 / 2 w P(B)-1 / 4 \pi w^{2}$
(ii) $\sqrt{2} \pi w<L \leqq(4+\pi) w$. Case (ii) decomposes into two cases:
(iia) $\sqrt{2} \pi w<L \leqq \sqrt{2}(4+\pi) w$
(iib) $\sqrt{2}(4+\pi) w<L \leqq(4+\pi) w$
Case (iia) If $L \leqq 1 / \sqrt{2}(4+\pi) w$, equation (14) offers no solution; since $D(\mathcal{P})$ is strictly decreasing, $q=\pi / 2$. Thus, for all $L$ in (iia), the extremal figure is contained in $R(\pi / 2)$. The desired inequality becomes $A(B) \leqq \frac{1}{(4-\pi)}\left(-1 / 4 L^{2}+\sqrt{8} w L-2 \pi w^{2}\right)$. Note that there is no analogy if $w_{1} \neq w_{2}$.

Case (iib) $q$ occurs in ( $0, \pi / 2$ ) and is given by equation (14). The extremal figure has the form shown in Figure 1 (ii) and $A(B) \leqq$ $\left(L^{2}\right) /(4+\pi) 4+w^{2}$.

## References

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