# ON LINEAR FORMS AND DIOPHANTINE APPROXIMATION 

Jeffrey D. Vaaler


#### Abstract

Let $\vec{x}$ be a vector in $\boldsymbol{R}^{K}$ and let $\Lambda_{j}(\vec{x}), j=1,2, \cdots, J$ be $J$ linear forms in $K$ variables. We prove that there is a lattice point $\vec{u}$ in $\boldsymbol{Z}^{K}, \vec{u} \neq \overrightarrow{0}$, for which $\left|\Lambda_{j}(\vec{u})\right|$ are all small (or zero) and the components of $\vec{u}$ are not too large. The bounds that we obtain improve several previous results on this problem.


1. Introduction. Let $\Lambda_{1}(\vec{x}), \Lambda_{2}(\vec{x}), \cdots, \Lambda_{J}(\vec{x})$ be $J$ linear forms in $K$ real variables $x_{1}, x_{2}, \cdots, x_{K}$. We assume that $B=\left(b_{j k}\right)$ is a $J \times K$ matrix with complex entries such that

$$
\Lambda_{j}(\vec{x})=\sum_{k=1}^{K} b_{j k} x_{k}
$$

for $j=1,2, \cdots, J$ and so $\vec{x}$ denotes the column vector $\left(\begin{array}{c}x_{1} \\ \cdots \\ x_{K}\end{array}\right)$. A basic problem in Diophantine approximation is to show that there exists a vector $\vec{u}=\left(\begin{array}{c}u_{1} \\ \cdots \\ u_{K}\end{array}\right)$ in the integer lattice $\boldsymbol{Z}^{K}, \vec{u} \neq \overrightarrow{0}$, such that each $\left|\Lambda_{j}(\vec{u})\right|$ is small while the components $\left|u_{k}\right|$ are not too large. Quantitative results on this problem are known with various hypotheses on the $\Lambda_{j}$ 's; the usual method of proof involves an application of the pigeonhole principle (Baker [1], Lemma 1, p. 13, Gel'fond [3], Lemma 1, p. 11, Mordell [7], Theorem 3, p. 32, Siegel [8], Stolarsky [9], Chapter 2). In the present paper we make improvements on previous results of this kind by using a generalization of Minkowski's linear forms theorem which we established in [10].

In order to state our main theorem we make the following assumptions. We suppose that the forms $\Lambda_{j}$ are real for $j=1,2, \cdots, p$ and that the remaining forms consist of $q$ pairs of complex conjugate forms arranged so that $\Lambda_{p+2 j-1}=\bar{\Lambda}_{p+2 j}$ for $j=1,2, \cdots, q$. Thus $J=$ $p+2 q$. We also suppose that $\alpha_{k} \geqq 1$ for $k=1,2, \cdots, K, \beta_{j}>0$ for $j=1,2, \cdots, J$, and $\beta_{p+2 j-1}=\beta_{p+2 j}$ for $j=1,2, \cdots, q$.

Theorem 1. Let $M$ be a positive integer and suppose that

$$
\begin{equation*}
M^{2}\left\{\prod_{l=1}^{K} \alpha_{l}^{-2}\right\}\left\{\prod_{j=1}^{J}\left(1+\beta_{j}^{-2} \sum_{k=1}^{K} \alpha_{k}^{2}\left|b_{j k}\right|^{2}\right)\right\} \leqq 1 \tag{1.1}
\end{equation*}
$$

Then there exist $M$ distinct pairs of nonzero lattice points $\pm \vec{v}_{m}=$
$\pm\left(\begin{array}{l}v_{1 m} \\ \cdots \\ v_{K m}\end{array}\right), m=1,2, \cdots, M$, in $\boldsymbol{Z}^{K}$ each of which satisfies the following conditions:

$$
\begin{gathered}
\left|\Lambda_{j}\left( \pm \vec{v}_{m}\right)\right| \leqq \beta_{j}, \quad j=1,2, \cdots, p \\
\left|\Lambda_{j}\left( \pm \vec{v}_{m}\right)\right| \leqq\left(\frac{2}{\pi}\right)^{1 / 2} \beta_{j}, \quad j=p+1, p+2, \cdots, J, \\
\left|v_{k m}\right| \leqq \alpha_{k}, \quad k=1,2, \cdots, K .
\end{gathered}
$$

Next we deduce several corollaries to Theorem 1 which are easier to use in applications. For simplicity these results are stated for the case $M=1$.

Corollary 2. Suppose that $1 \leqq J<K$ and that the coefficients $b_{j k}$ satisfy $\left|b_{j k}\right| \leqq T$ for some positive $T$. Then for each $\beta, 0<\beta \leqq T$, there exists a lattice point $\vec{u}=\left(\begin{array}{c}u_{1} \\ \cdots \\ u_{K}\end{array}\right), \vec{u} \neq \overrightarrow{0}$, in $\boldsymbol{Z}^{K}$ such that

$$
\begin{gathered}
\left|\Lambda_{j}(\vec{u})\right| \leqq \beta, \quad j=1,2, \cdots, p, \\
\left|\Lambda_{j}(\vec{u})\right| \leqq\left(\frac{2}{\pi}\right)^{1 / 2} \beta, \quad j=p+1, p+2, \cdots, J
\end{gathered}
$$

and

$$
\begin{equation*}
\left|u_{k}\right| \leqq\left(\beta^{-1} T \sqrt{K+1}\right)^{J /(K-J)}, \quad k=1,2, \cdots, K \tag{1.2}
\end{equation*}
$$

Proof. We apply Theorem 1 with $M=1, \alpha_{k}=\alpha \geqq 1$, and $\beta_{j}=$ $\beta \leqq T$. Then the left hand side of (1.1) is

$$
\begin{align*}
\alpha^{-2 K} \prod_{j=1}^{J}\left(1+\beta^{-2} \alpha^{2} \sum_{k=1}^{K}\left|b_{j k}\right|^{2}\right) & \leqq \alpha^{2 J-2 K}\left(\alpha^{-2}+\beta^{-2} T^{2} K\right)^{J}  \tag{1.3}\\
& \leqq \alpha^{2 J-2 K}\left(\beta^{-2} T^{2}(K+1)\right)^{J}
\end{align*}
$$

If we choose

$$
\alpha=\left(\beta^{-1} T \sqrt{K+1}\right)^{J(/ K-J)}
$$

then $\alpha \geqq 1$ and the expression on the right of (1.3) is equal to 1 . Hence the corollary follows from the theorem.

We note that in previous versions of Corollary 2 (see Gel'fond [3]) the bound on $\left|u_{k}\right|$ was

$$
\left|u_{k}\right| \leqq 2\left(\beta^{-1} T K\right)^{J /(K-J)}
$$

However, in the special case $J=1$ a bound similar to (1.2) was
obtained by Mahler [6].
If the coefficients $b_{j k}$ are integers we obtain an improvement in "Siegel's lemma" (Baker [1], Siegel [8], Stolarsky [9]).

Corollary 3. Suppose that $1 \leqq J<K$ and that the coefficients $b_{j k}$ are integers satisfying $\left|b_{j_{k}}\right| \leqq T$ for some $T \geqq 1$. Then there exists a lattice point $\vec{u}=\left(\begin{array}{c}u_{1} \\ \cdots \\ u_{K}\end{array}\right), \vec{u} \neq \overrightarrow{0}$, in $Z^{K}$ such that

$$
\begin{equation*}
\Lambda_{j}(\vec{u})=0, \quad j=1,2, \cdots, J \tag{1.4}
\end{equation*}
$$

and

$$
\left|u_{k}\right| \leqq(T \sqrt{K+1})^{J /(K-J)}, \quad k=1,2, \cdots, K
$$

Proof. We apply Corollary 1 with $0<\beta<1, p=J$ and $q=0$. Since $\Lambda_{j}(\vec{u})$ is an integer whenever $\vec{u} \in \boldsymbol{Z}^{K}$ it follows that there exists $\vec{u} \in Z^{K}, \vec{u} \neq \overrightarrow{0}$, such that (1.4) holds and

$$
\begin{equation*}
\left|u_{k}\right| \leqq\left(\beta^{-1} T \sqrt{K+1}\right)^{J /(K-J)}, \quad k=1,2, \cdots, K \tag{1.5}
\end{equation*}
$$

Now among the finitely many lattice points $\vec{u} \in \boldsymbol{Z}^{K}, \vec{u} \neq \overrightarrow{0}$, which satisfy (1.4) and (1.5) with $\beta=1 / 2$ there must be at least one which satisfies (1.4) and (1.5) for values of $\beta$ arbitrarily close to 1 . Thus we may take $\beta=1$ on the right of (1.5) for some $\vec{u} \in \boldsymbol{Z}^{K}, \vec{u} \neq \overrightarrow{0}$.

Corollary 4. Suppose that $1 \leqq J<K$ and that $H_{1}, H_{2}, \cdots, H_{K}$ are positive integers. Then there exists a lattice point $\vec{u}=\left(\begin{array}{c}u_{1} \\ \cdots \\ u_{K}\end{array}\right)$, $\vec{u} \neq \overrightarrow{0}$, in such that

$$
\begin{gathered}
\left|u_{k}\right| \leqq H_{k}, \quad k=1,2, \cdots, K, \\
\left|\Lambda_{j}(\vec{u})\right| \leqq \frac{2\left(\sum_{k=1}^{K} H_{k}^{2}\left|b_{j k}\right|^{2}\right)^{1 / 2}}{\left(\prod_{k=1}^{K} H_{k}\right)^{1 / J}}, \quad j=1,2, \cdots, p, \\
\left|\Lambda_{j}(\vec{u})\right| \leqq \frac{2\left(\frac{2}{\pi}\right)^{1 / 2}\left(\sum_{k=1}^{K} H_{k}^{2}\left|b_{j k}\right|^{2}\right)^{1 / 2}}{\left(\prod_{k=1}^{K} H_{k}\right)^{1 / J}}, \quad j=p+1, p+2, \cdots, J .
\end{gathered}
$$

Proof. Let $0<\theta<1$. We apply Theorem 1 with $M=1$, $\alpha_{k}=$ $H_{k}+\theta$ and

$$
\beta_{j}=\psi_{\theta}\left(\sum_{k=1}^{K} \alpha_{k}^{2}\left|b_{j k}\right|^{2}\right)^{1 / 2},
$$

where

$$
\psi_{\theta}=\left\{\prod_{k=1}^{K}\left(H_{k}+\theta\right)^{2 / J}-1\right\}^{-1 / 2}
$$

It follows that the left hand side of (1.1) is

$$
\prod_{l=1}^{K}\left(H_{l}+\theta\right)^{-2}\left(1+\psi_{\theta}^{-2}\right)^{J}=1
$$

Thus there exists $\vec{u} \in \boldsymbol{Z}^{K}, \vec{u} \neq \overrightarrow{0}$, such that

$$
\begin{equation*}
\left|\Lambda_{j}(\vec{u})\right| \leqq \psi_{\theta}\left(\sum_{k=1}^{K}\left(H_{k}+\theta\right)^{2}\left|b_{j k}\right|^{2}\right)^{1 / 2}, \quad j=1,2, \cdots, p, \tag{1.6}
\end{equation*}
$$

and

$$
\begin{array}{r}
\left|\Lambda_{j}(\vec{u})\right| \leqq\left(\frac{2}{\pi}\right)^{1 / 2} \psi_{\theta}\left(\left.\left.\sum_{k=1}^{K}\left(H_{k}+\theta\right)\right|^{2} b_{j k}\right|^{2}\right)^{1 / 2}  \tag{1.8}\\
j=p+1, p+2, \cdots, J .
\end{array}
$$

Only finitely many $\vec{u} \in Z^{K}, \vec{u} \neq \overrightarrow{0}$, satisfy (1.6) and so, as in the proof of Corollary 3, at least one of these lattice points must satisfy (1.7) and (1.8) for all $\theta, 0<\theta<1$. Thus we may take $\theta=1$ on the right hand side of (1.7) and (1.8). Finally we observe that

$$
\begin{equation*}
\left(\sum_{k=1}^{K}\left(H_{k}+1\right)^{2}\left|b_{j k}\right|^{2}\right)^{1 / 2} \leqq 2\left(\sum_{k=1}^{K} H_{k}^{2}\left|b_{j k}\right|^{2}\right)^{1 / 2} \tag{1.9}
\end{equation*}
$$

and

$$
\begin{equation*}
\dot{\psi}_{1}=\left(\prod_{k=1}^{K} H_{l k}\right)^{-1 / J}\left\{\prod_{l=1}^{K}\left(1+H_{l}^{-1}\right)^{2 / J}-\prod_{l=1}^{K} H_{l}^{-2 / J}\right\}^{-1 / 2} \tag{1.10}
\end{equation*}
$$

Since $K>J$ we have

$$
\begin{gather*}
\prod_{l=1}^{K}\left(1+H_{l}^{-1}\right)^{2 / J}-\prod_{l=1}^{K} H_{l}^{-2 / J} \geqq \prod_{l=1}^{K}\left(1+H_{l}^{-2 K / J}\right)^{1 / K}-\prod_{l=1}^{K} H_{l}^{-2 / J}  \tag{1.11}\\
\geqq 1+\prod_{l=1}^{K} H_{l}^{-2 / J}-\prod_{l=1}^{K} H_{l}^{-2 / J}=1
\end{gather*}
$$

where we have used Theorem 27 and 10 of [5] in the first and second inequalities respectively. Putting (1.9), (1.10) and (1.11) together gives the desired result.

Our upper bound in Corollary 4 sharpens an inequality in Stolarsky [9], p. 15.

We also remark that Corollary 4 has an interesting geometrical
interpretation. Let $\vec{b}_{1}, \vec{b}_{2}, \cdots, \vec{b}_{J}$ denote nonzero column vectors in $\boldsymbol{R}^{K}$ with $\vec{b}_{j}^{T}=\left(b_{j 1} b_{j 2} \cdots b_{j K}\right)$. We write $\Lambda_{j}(\vec{x})=\left\langle\vec{b}_{j}, \vec{x}\right\rangle,\left\|\vec{b}_{j}\right\|=\left(\sum_{k=1}^{K}\left|b_{j k}\right|^{2}\right)^{1 / 2}$ and recall that $\left|\left\langle\vec{b}_{j}, \vec{x}\right\rangle\right|\left\|\vec{b}_{j}\right\|^{-1}$ is the length of the projection of $\vec{x}$ onto the subspace spanned by the vector $\vec{b}_{j}$. Applying the corollary with $H_{1}=H_{2}=\cdots=H_{K}=H$ we find that there is always a nonzero lattice point $\vec{u} \in \boldsymbol{Z}^{K}$ with components at most $H$ in absolute value and having a projection onto the span of each $\vec{b}_{j}$ of length at most $2 H^{1-K / J}$.
2. Preliminary results. The remainder of our paper is devoted to a proof of Theorem 1. This is accomplished by combining the following lemmas. Here we write $\delta_{j k}$ for the Kronecker delta and $B^{*}$ for the complex conjugate transpose of the matrix $B$.

Lemma 5. Let $B=\left(b_{j k}\right)$ be $a J \times K$ matrix with complex entries and let $D=\left(d_{k} \delta_{j k}\right)$ be a diagonal matrix with $d_{k}>0$ for $k=1,2, \cdots, K$. Then

$$
\begin{equation*}
\operatorname{det}\left(D+B^{*} B\right) \leqq\left(\prod_{l=1}^{K} d_{l}\right) \prod_{j=1}^{I}\left(1+\sum_{k=1}^{K} d_{k}^{-1}\left|b_{j k}\right|^{2}\right) \tag{2.1}
\end{equation*}
$$

It is possible to bound $\operatorname{det}\left(D+B^{*} B\right)$ by using Hadamard's inequality (Bellman [2], Gantmacher [4], p. 252). But the result we obtain is

$$
\operatorname{det}\left(D+B^{*} B\right) \leqq \prod_{k=1}^{K}\left(d_{k}+\sum_{j=1}^{J}\left|b_{j k}\right|^{2}\right)
$$

and this is generally weaker than (2.1) if $1 \leqq J<K$.

Proof of Lemma 5. Let $I_{K}$ denote the $K \times K$ identity matrix. We will begin by proving that

$$
\begin{equation*}
\operatorname{det}\left(I_{K}+B^{*} B\right) \leqq \prod_{j=1}^{J}\left(1+\sum_{k=1}^{K}\left|b_{j k}\right|^{2}\right) \tag{2.2}
\end{equation*}
$$

If $Q$ is a $K \times K$ unitary matrix, that is if $Q^{*} Q=Q Q^{*}=I_{K}$, then the left and right hand sides of (2.2) are unchanged when $B$ is replaced by $B Q$. Since $B^{*} B$ is a positive semi-definite Hermitian matrix we may choose the unitary matrix $Q$ so that $Q^{*} B^{*} B Q$ is a diagonal matrix. In particular we may choose $Q$ (see Gantmacher [4], p. 274) so that

$$
Q^{*} B^{*} B Q=(B Q)^{*}(B Q)=\left(\lambda_{k} \delta_{j k}\right)
$$

where

$$
\lambda_{1} \geqq \lambda_{2} \geqq \cdots \geqq \lambda_{M}>0=\lambda_{M+1}=\lambda_{M+2}=\cdots=\lambda_{K} .
$$

Thus $\operatorname{rank}(B)=\operatorname{rank}\left(B^{*} B\right)=M \leqq K$. (Of course if $\operatorname{rank}(B)=0$ then (2.2) is trivial so we may suppose that $1 \leqq M$.) By replacing $B$ by $B Q$ it follows that we may assume without loss of generality that $B^{*} B=\left(\lambda_{k} \delta_{j k}\right)$, or equivalently that

$$
\begin{equation*}
\sum_{l=1}^{J} \bar{b}_{l j} b_{l l}=\lambda_{k} \delta_{j k} . \tag{2.3}
\end{equation*}
$$

Taking $j=k \geqq M+1$ in (2.3) we find that $b_{j k}=0$ if $k=M+1$, $M+2, \cdots, K$.

Next we define $w_{j k}=\lambda_{k}^{-1 / 2} b_{j k}$ so that by (2.3) the $J \times M$ matrix $W=\left(w_{j k}\right)$ has $M$ orthonormal columns (and so $\left.M \leqq J\right)$. It follows from Bessel's inequality that

$$
\begin{equation*}
\sum_{k=1}^{M}\left|w_{j k}\right|^{2} \leqq 1 \tag{2.4}
\end{equation*}
$$

for $j=1,2, \cdots, J$. Since $I_{K}+B^{*} B=\left(\left\{1+\lambda_{k}\right\} \delta_{j_{k}}\right)$ we have

$$
\begin{aligned}
\operatorname{det}\left(I_{K}+B^{*} B\right) & =\prod_{k=1}^{M}\left(1+\lambda_{k}\right)=\prod_{k=1}^{M}\left(1+\lambda_{k}\right)^{E_{j=1}^{J}\left|w_{j k}\right|^{2}} \\
& =\prod_{j=1}^{J}\left\{\prod_{k=1}^{M}\left(1+\lambda_{k}\right)^{\left|w_{j k}\right|^{\prime}}\right\}
\end{aligned}
$$

Thus to establish (2.2) it suffices to show that

$$
\begin{equation*}
\prod_{k=1}^{M}\left(1+\lambda_{k}\right)^{\left|w_{j k}\right|^{2}} \leqq 1+\sum_{k=1}^{K}\left|b_{j k}\right|^{2} \tag{2.5}
\end{equation*}
$$

for each $j=1,2, \cdots, J$. If $\sum_{k=1}^{M}\left|w_{j_{k}}\right|^{2}=0$ then (2.5) is trivial since the left hand side is one. If $\sum_{k=1}^{M}\left|w_{j k}\right|^{2}>0$ then by the arithmeticgeometric mean inequality (see [5], Theorem 9) we have

$$
\begin{aligned}
\prod_{k=1}^{M}\left(1+\lambda_{k}\right)^{\left|w_{j k}\right|^{2}} & \leqq\left(\frac{\sum_{k=1}^{M}\left|w_{j k}\right|^{2}\left(1+\lambda_{k}\right)}{\sum_{k=1}^{M}\left|w_{j k}\right|^{2}}\right)^{\sum_{k=1}^{M}\left|w_{j k}\right|^{2}}=\left(1+\frac{\sum_{k=1}^{M}\left|b_{j k}\right|^{2}}{\sum_{k=1}^{M}\left|w_{j k}\right|^{2}}\right)^{\sum_{k=1}^{M}\left|w_{j k}\right|^{2}} \\
& \leqq\left(1+\sum_{k=1}^{M}\left|b_{j k}\right|^{2}\right)=\left(1+\sum_{k=1}^{K}\left|b_{j k}\right|^{2}\right)
\end{aligned}
$$

In the last inequality we have used (2.4) together with the observation that $(1+(c / x))^{x}$ is an increasing function of $x$ for $x>0$ and any fixed $c \geqq 0$. This proves (2.2).

To complete the proof of the lemma we note that

$$
\begin{aligned}
\operatorname{det}\left(D+B^{*} B\right) & =\operatorname{det}\left(D^{1 / 2}\right) \operatorname{det}\left(I_{K}+D^{-1 / 2} B^{*} B D^{-1 / 2}\right) \operatorname{det}\left(D^{1 / 2}\right) \\
& =\left(\prod_{k=1}^{K} d_{k}\right) \operatorname{det}\left(I_{K}+\left(B D^{-1 / 2}\right)^{*}\left(B D^{-1 / 2}\right)\right)
\end{aligned}
$$

$$
\leqq\left(\prod_{k=1}^{K} d_{k}\right) \prod_{j=1}^{J}\left(1+\sum_{k=1}^{K} d_{k}^{-1}\left|b_{j k}\right|^{2}\right)
$$

Next we suppose that $L_{j}(\vec{x}), j=1,2, \cdots, N$ are $N$ linear forms in $K$ variables,

$$
L_{j}(\vec{x})=\sum_{k=1}^{K} a_{j_{k}} x_{k}
$$

so that $A=\left(a_{j k}\right)$ is an $N \times K$ matrix. We assume that the forms $L_{j}$ are real for $j=1,2, \cdots, r$ and that the remaining forms consist of $s$ pairs of complex conjugate forms arranged so that $L_{r+2 j-1}=$ $\bar{L}_{r+2 j}$ for $j=1,2, \cdots, s$. Let $\varepsilon_{1}, \varepsilon_{2}, \cdots, \varepsilon_{N}$ be positive with $\varepsilon_{r+2 j-1}=$ $\varepsilon_{r+2 j}$ for $j=1,2, \cdots, s$. We define the $N \times N$ diagonal matrix $E$ by $E=\left(c_{j} \delta_{j k}\right)$ where $c_{j}=\varepsilon_{j}^{-1}$ if $j=1,2, \cdots, r$ and $c_{j}=(2 / \pi)^{1 / 2} \varepsilon_{j}^{-1}$ if $j=r+1, r+2, \cdots, N$.

Lemma 6. Let $M$ be a positive integer and suppose that

$$
M\left|\operatorname{det} A^{*} E^{2} A\right|^{1 / 2} \leqq 1
$$

Then there exist at least $M$ distinct pairs of nonzero lattice points $\pm \vec{v}_{m}, m=1,2, \cdots, M$, in $\boldsymbol{Z}^{K}$ such that

$$
\left|L_{j}\left( \pm \vec{v}_{m}\right)\right| \leqq \varepsilon_{j}
$$

for each $j=1,2, \cdots, N$ and each $m=1,2, \cdots, M$.
For a proof of Lemma 6 we refer to [10].
3. Proof of Theorem 1. Let $N=J+K$. We apply Lemma 6 with

$$
\begin{aligned}
& L_{j}(\vec{x})=x_{j}, \quad j=1,2, \cdots, K \\
& L_{K+j}(\vec{x})=\Lambda_{j}(\vec{x}), \quad j=1,2, \cdots, J .
\end{aligned}
$$

Thus $r=K+p$ and $s=q$. The matrix $A$ can then be partitioned as

$$
\begin{equation*}
A=\binom{I_{K}}{B} \tag{3.1}
\end{equation*}
$$

We also let

$$
\begin{aligned}
& \varepsilon_{j}=\alpha_{j}, \quad j=1,2, \cdots, K \\
& \varepsilon_{K+j}=\beta_{j}, \quad j=1,2, \cdots, p \\
& \varepsilon_{K+j}=\left(\frac{2}{\pi}\right)^{1 / 2} \beta_{j}, \quad j=p+1, p+2, \cdots, J
\end{aligned}
$$

Using (3.1) it follows that

$$
\begin{equation*}
A^{*} E^{2} A=D+(G B)^{*}(G B) \tag{3.2}
\end{equation*}
$$

where $D=\left(\alpha_{k}^{-2} \delta_{j k}\right)$ is a $K \times K$ diagonal matrix and $G=\left(\beta_{j}^{-1} \delta_{j k}\right)$ is a $J \times J$ diagonal matrix. Combining (1.1), (3.2) and Lemma 5 we find that

$$
M^{2} \operatorname{det}\left(A E^{2} A^{*}\right) \leqq 1
$$

Thus the conclusion of Theorem 1 follows as an application of Lemma 6.

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The University of Texas
Austin, TX 78712

