# Instability of solitary waves for nonlinear Schrödinger equations of derivative type 

Masahito Ohta

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Dedicated to Professor Nakao Hayashi on his sixtieth birthday


#### Abstract

We study the orbital stablity and instability of solitary wave solutions for nonlinear Schrödinger equations of derivative type.

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## §1. Introduction

In this paper, we study the instability of solitary wave solutions for nonlinear Schrödinger equations of the form

$$
\begin{equation*}
i \partial_{t} u=-\partial_{x}^{2} u-i|u|^{2} \partial_{x} u-b|u|^{4} u, \quad(t, x) \in \mathbb{R} \times \mathbb{R} \tag{1.1}
\end{equation*}
$$

where $b \geq 0$ is a constant. Eq. (1.1) appears in various areas of physics such as plasma physics, nonlinear optics, and so on (see, e.g., [12, 13] and also Introduction of [16]). It is known that (1.1) has a two parameter family of solitary wave solutions

$$
\begin{equation*}
u_{\omega}(t, x)=e^{i \omega_{0} t} \phi_{\omega}\left(x-\omega_{1} t\right) \tag{1.2}
\end{equation*}
$$

where $\omega=\left(\omega_{0}, \omega_{1}\right) \in \Omega:=\left\{\left(\omega_{0}, \omega_{1}\right) \in \mathbb{R}^{2}: \omega_{1}^{2}<4 \omega_{0}\right\}, \gamma=1+\frac{16}{3} b$,

$$
\begin{align*}
& \phi_{\omega}(x)=\tilde{\phi}_{\omega}(x) \exp \left(i \frac{\omega_{1}}{2} x-\frac{i}{4} \int_{-\infty}^{x}\left|\tilde{\phi}_{\omega}(\eta)\right|^{2} d \eta\right)  \tag{1.3}\\
& \tilde{\phi}_{\omega}(x)=\left\{\frac{2\left(4 \omega_{0}-\omega_{1}^{2}\right)}{-\omega_{1}+\sqrt{\omega_{1}^{2}+\gamma\left(4 \omega_{0}-\omega_{1}^{2}\right)} \cosh \left(\sqrt{4 \omega_{0}-\omega_{1}^{2}} x\right)}\right\}^{1 / 2} \tag{1.4}
\end{align*}
$$

Here, we note that $\phi_{\omega}(x)$ is a solution of

$$
\begin{equation*}
-\partial_{x}^{2} \phi+\omega_{0} \phi+\omega_{1} i \partial_{x} \phi-i|\phi|^{2} \partial_{x} \phi-b|\phi|^{4} \phi=0, \quad x \in \mathbb{R}, \tag{1.5}
\end{equation*}
$$

and $\tilde{\phi}_{\omega}(x)$ is a solution of

$$
\begin{equation*}
-\partial_{x}^{2} \phi+\frac{4 \omega_{0}-\omega_{1}^{2}}{4} \phi+\frac{\omega_{1}}{2}|\phi|^{2} \phi-\frac{3}{16} \gamma|\phi|^{4} \phi=0, \quad x \in \mathbb{R} . \tag{1.6}
\end{equation*}
$$

For $v, w \in L^{2}(\mathbb{R})=L^{2}(\mathbb{R}, \mathbb{C})$, we define

$$
(v, w)_{L^{2}}=\Re \int_{\mathbb{R}} v(x) \overline{w(x)} d x,
$$

and regard $L^{2}(\mathbb{R})$ as a real Hilbert space. Similarly, $H^{1}(\mathbb{R})=H^{1}(\mathbb{R}, \mathbb{C})$ is regarded as a real Hilbert space with inner product

$$
(v, w)_{H^{1}}=(v, w)_{L^{2}}+\left(\partial_{x} v, \partial_{x} w\right)_{L^{2}} .
$$

We define the energy $E: H^{1}(\mathbb{R}) \rightarrow \mathbb{R}$ by

$$
\begin{equation*}
E(v)=\frac{1}{2}\left\|\partial_{x} v\right\|_{L^{2}}^{2}-\frac{1}{4}\left(i|v|^{2} \partial_{x} v, v\right)_{L^{2}}-\frac{b}{6}\|v\|_{L^{6}}^{6} . \tag{1.7}
\end{equation*}
$$

Then, we have

$$
E^{\prime}(v)=-\partial_{x}^{2} v-i|v|^{2} \partial_{x} v-b|v|^{4} v,
$$

and (1.1) can be written in a Hamiltonian form $i \partial_{t} u=E^{\prime}(u)$ in $H^{-1}(\mathbb{R})$.
For $\theta=\left(\theta_{0}, \theta_{1}\right) \in \mathbb{R}^{2}$ and $v \in H^{1}(\mathbb{R})$, we define

$$
\begin{equation*}
T(\theta) v(x)=e^{i \theta_{0}} v\left(x-\theta_{1}\right) \quad(x \in \mathbb{R}) . \tag{1.8}
\end{equation*}
$$

Note that the energy $E$ is invariant under $T$, i.e.,

$$
\begin{equation*}
E(T(\theta) v)=E(v), \quad \theta \in \mathbb{R}^{2}, v \in H^{1}(\mathbb{R}) \tag{1.9}
\end{equation*}
$$

and that the solitary wave solution (1.2) is written as $u_{\omega}(t)=T(\omega t) \phi_{\omega}$.
The Cauchy problem for (1.1) is locally well-posed in the energy space $H^{1}(\mathbb{R})$ (see [16] and also $[7,8,9]$ ). For any $u_{0} \in H^{1}(\mathbb{R})$, there exist $T_{\max } \in$ $(0, \infty]$ and a unique solution $u \in C\left(\left[0, T_{\max }\right), H^{1}(\mathbb{R})\right)$ of $(1.1)$ with $u(0)=u_{0}$ such that either $T_{\max }=\infty$ or $T_{\max }<\infty$ and $\lim _{t \rightarrow T_{\max }}\|u(t)\|_{H^{1}}=\infty$. Moreover, the solution $u(t)$ satisfies

$$
E(u(t))=E\left(u_{0}\right), \quad Q_{0}(u(t))=Q_{0}\left(u_{0}\right), \quad Q_{1}(u(t))=Q_{1}\left(u_{0}\right)
$$

for all $t \in\left[0, T_{\max }\right)$, where $Q_{0}$ and $Q_{1}$ are defined by

$$
\begin{equation*}
Q_{0}(v)=\frac{1}{2}\|v\|_{L^{2}}^{2}, \quad Q_{1}(v)=\frac{1}{2}\left(i \partial_{x} v, v\right)_{L^{2}} . \tag{1.10}
\end{equation*}
$$

For $\varepsilon>0$, we define

$$
U_{\varepsilon}\left(\phi_{\omega}\right)=\left\{u \in H^{1}(\mathbb{R}): \inf _{\theta \in \mathbb{R}^{2}}\left\|u-T(\theta) \phi_{\omega}\right\|_{H^{1}}<\varepsilon\right\} .
$$

Then, the stability and instability of solitary waves are defined as follows.
Definition 1. We say that the solitary wave solution $T(\omega t) \phi_{\omega}$ of (1.1) is stable if for any $\varepsilon>0$ there exists $\delta>0$ such that if $u_{0} \in U_{\delta}\left(\phi_{\omega}\right)$, then the solution $u(t)$ of (1.1) with $u(0)=u_{0}$ exists for all $t \geq 0$, and $u(t) \in U_{\varepsilon}\left(\phi_{\omega}\right)$ for all $t \geq 0$. Otherwise, $T(\omega t) \phi_{\omega}$ is said to be unstable.

For the case $b=0$, Colin and Ohta [2] proved that the solitary wave solution $T(\omega t) \phi_{\omega}$ of (1.1) is stable for all $\omega \in \Omega$ (see also $[6,20]$ ). We remark that the instability of solitary waves for (1.1) is not studied in previous papers $[2,6,20]$. For a recent result on a generalized derivative nonlinear Schrödinger equation, see [10].

In this paper, we consider the case $b>0$, and prove the following.
Theorem 1. Let $b>0$. Then there exists $\kappa=\kappa(b) \in(0,1)$ such that the solitary wave solution $T(\omega t) \phi_{\omega}$ of (1.1) is stable if $-2 \sqrt{\omega_{0}}<\omega_{1}<2 \kappa \sqrt{\omega_{0}}$, and unstable if $2 \kappa \sqrt{\omega_{0}}<\omega_{1}<2 \sqrt{\omega_{0}}$.
Remark 1. Let $b>0, \gamma=1+\frac{16}{3} b$, and

$$
\begin{equation*}
g(\xi)=\frac{2(\gamma-1)}{\xi} \tan ^{-1} \frac{1+\sqrt{1+\xi^{2}}}{\xi}, \quad \xi \in(0, \infty) . \tag{1.11}
\end{equation*}
$$

Then, $g:(0, \infty) \rightarrow(0, \infty)$ is strictly decreasing and bijective. Thus, for any $b>0$, there exists a unique $\hat{\xi}=\hat{\xi}(b) \in(0, \infty)$ such that $g(\hat{\xi})=1$. The constant $\kappa$ in Theorem 1 is given by $\kappa=\left(1+\hat{\xi}^{2} / \gamma\right)^{-1 / 2}$ (see Lemma 1 below).
Remark 2. The sufficient condition $-2 \sqrt{\omega_{0}}<\omega_{1}<2 \kappa \sqrt{\omega_{0}}$ for stability of $T(\omega t) \phi_{\omega}$ is equivalent to $Q_{1}\left(\phi_{\omega}\right)>0$, and the sufficient condition $2 \kappa \sqrt{\omega_{0}}<$ $\omega_{1}<2 \sqrt{\omega_{0}}$ for instability is equivalent to $Q_{1}\left(\phi_{\omega}\right)<0$ (see Lemma 1 and Proof of Theorem 1 below). We also remark that $E\left(\phi_{\omega}\right)=-\frac{\omega_{1}}{2} Q_{1}\left(\phi_{\omega}\right)$ for all $\omega \in \Omega$.
Remark 3. We do not study the borderline case $\omega_{1}=2 \kappa \sqrt{\omega_{0}}$ in this paper, and leave it as an open problem. Note that $E\left(\phi_{\omega}\right)=Q_{1}\left(\phi_{\omega}\right)=0$ in the case $\omega_{1}=2 \kappa \sqrt{\omega_{0}}$. For related results for one-parameter family of solitary waves in borderline cases, see [1, 15, 14, 11].

Remark 4. It is not known whether (1.1) has finite time blowup solutions or not. It will be interesting to study relations between unstable solitary wave solutions obtained in Theorem 1 and the existence of blowup solutions for (1.1). For a recent progress in this direction, see $\mathrm{Wu}[18,19]$.

For $\omega \in \Omega$, we define the action $S_{\omega}: H^{1}(\mathbb{R}) \rightarrow \mathbb{R}$ by

$$
S_{\omega}(v)=E(v)+\sum_{j=0}^{1} \omega_{j} Q_{j}(v)
$$

where $E, Q_{0}$ and $Q_{1}$ are defined by (1.7) and (1.10). Note that $Q_{0}^{\prime}(v)=v$, $Q_{1}^{\prime}(v)=i \partial_{x} v$, and that (1.5) is equivalent to $S_{\omega}^{\prime}(\phi)=0$.

We also define a function $d: \Omega \rightarrow \mathbb{R}$ by

$$
d(\omega)=S_{\omega}\left(\phi_{\omega}\right)=E\left(\phi_{\omega}\right)+\sum_{j=0}^{1} \omega_{j} Q_{j}\left(\phi_{\omega}\right)
$$

Then, we have

$$
d^{\prime}(\omega)=\left(\partial_{\omega_{0}} d(\omega), \partial_{\omega_{1}} d(\omega)\right)=\left(Q_{0}\left(\phi_{\omega}\right), Q_{1}\left(\phi_{\omega}\right)\right)
$$

and the Hessian matrix $d^{\prime \prime}(\omega)$ of $d(\omega)$ is given by

$$
d^{\prime \prime}(\omega)=\left[\begin{array}{cc}
\partial_{\omega_{0}}^{2} d(\omega) & \partial_{\omega_{1}} \partial_{\omega_{0}} d(\omega) \\
\partial_{\omega_{0}} \partial_{\omega_{1}} d(\omega) & \partial_{\omega_{1}}^{2} d(\omega)
\end{array}\right]=\left[\begin{array}{cc}
\partial_{\omega_{0}} Q_{0}\left(\phi_{\omega}\right) & \partial_{\omega_{1}} Q_{0}\left(\phi_{\omega}\right) \\
\partial_{\omega_{0}} Q_{1}\left(\phi_{\omega}\right) & \partial_{\omega_{1}} Q_{1}\left(\phi_{\omega}\right)
\end{array}\right]
$$

To prove Theorem 1, we use the following sufficient conditions for stability and instability in terms of the Hessian matrix $d^{\prime \prime}(\omega)$ (see [5]).
Theorem 2. Let $\omega \in \Omega$. If the matrix $d^{\prime \prime}(\omega)$ has a positive eigenvalue, then the solitary wave solution $T(\omega t) \phi_{\omega}$ of (1.1) is stable.
Theorem 3. Let $\omega \in \Omega$. If $d^{\prime \prime}(\omega)$ is negative definite (all eigenvalues of $d^{\prime \prime}(\omega)$ are negative), then the solitary wave solution $T(\omega t) \phi_{\omega}$ of (1.1) is unstable.

Theorem 2 can be proved in the same way as in Colin and Ohta [2], and we omit the proof. We give the proof of Theorem 3 in Section 3 below. As we stated above, the instability of solitary waves for (1.1) has not been studied in previous papers [2, 6, 20].

Moreover, by the explicit form (1.3) with (1.4) of $\phi_{\omega}$, and by elementary computations, we have the following.
Lemma 1. Let $b>0$ and $\gamma=1+\frac{16}{3} b$. For $\omega \in \Omega$, we have

$$
\begin{aligned}
& Q_{0}\left(\phi_{\omega}\right)=\frac{4}{\sqrt{\gamma}} \tan ^{-1} \frac{\omega_{1}+\sqrt{\omega_{1}^{2}+\gamma\left(4 \omega_{0}-\omega_{1}^{2}\right)}}{\sqrt{\gamma\left(4 \omega_{0}-\omega_{1}^{2}\right)}} \\
& \begin{array}{l}
Q_{1}\left(\phi_{\omega}\right)=\frac{1}{\gamma^{3 / 2}}\left\{\sqrt{\gamma\left(4 \omega_{0}-\omega_{1}^{2}\right)}\right. \\
\\
\left.\quad-2(\gamma-1) \omega_{1} \tan ^{-1} \frac{\omega_{1}+\sqrt{\omega_{1}^{2}+\gamma\left(4 \omega_{0}-\omega_{1}^{2}\right)}}{\sqrt{\gamma\left(4 \omega_{0}-\omega_{1}^{2}\right)}}\right\}, \\
\operatorname{det}\left[d^{\prime \prime}(\omega)\right]=\frac{-4 Q_{1}\left(\phi_{\omega}\right)}{\sqrt{4 \omega_{0}-\omega_{1}^{2}}\left\{\omega_{1}^{2}+\gamma\left(4 \omega_{0}-\omega_{1}^{2}\right)\right\}}
\end{array}
\end{aligned}
$$

Theorem 1 follows from Theorems 2 and 3, Lemma 1 and Remark 1.
Proof of Theorem 1. Let $\omega \in \Omega$. If $\omega_{1} \leq 0$, then by Lemma 1 , we have $Q_{1}\left(\phi_{\omega}\right)>0$ and $\operatorname{det}\left[d^{\prime \prime}(\omega)\right]<0$. Thus, the matrix $d^{\prime \prime}(\omega)$ has one positive eigenvalue and one negative eigenvalue. Therefore, by Theorem $2, T(\omega t) \phi_{\omega}$ is stable.

Next, we consider the case $\omega_{1}>0$. We put $\xi=\sqrt{\gamma\left(\frac{4 \omega_{0}}{\omega_{1}^{2}}-1\right)}$. Then, by Lemma 1, we have

$$
Q_{1}\left(\phi_{\omega}\right)=\frac{1}{\gamma} \sqrt{4 \omega_{0}-\omega_{1}^{2}}\{1-g(\xi)\}
$$

where $g(\xi)$ is defined by (1.11) in Remark 1.
If $g(\xi)<1$, then $Q_{1}\left(\phi_{\omega}\right)>0$ and $\operatorname{det}\left[d^{\prime \prime}(\omega)\right]<0$. Thus, $d^{\prime \prime}(\omega)$ has a positive eigenvalue, and by Theorem 2, $T(\omega t) \phi_{\omega}$ is stable.

On the other hand, if $g(\xi)>1$, then $Q_{1}\left(\phi_{\omega}\right)<0$ and $\operatorname{det}\left[d^{\prime \prime}(\omega)\right]>0$. Moreover, since

$$
\partial_{\omega_{0}}^{2} d(\omega)=\partial_{\omega_{0}} Q_{0}\left(\phi_{\omega}\right)=\frac{-4 \omega_{1}}{\sqrt{4 \omega_{0}-\omega_{1}^{2}}\left\{\gamma\left(4 \omega_{0}-\omega_{1}^{2}\right)+\omega_{1}^{2}\right\}}<0
$$

we see that $d^{\prime \prime}(\omega)$ is negative definite. Thus, it follows from Theorem 3 that $T(\omega t) \phi_{\omega}$ is unstable.

Finally, by Remark 1, we see that $g(\xi)<1$ is equivalent to $\omega_{1}<2 \kappa \sqrt{\omega_{0}}$, and that $g(\xi)>1$ is equivalent to $\omega_{1}>2 \kappa \sqrt{\omega_{0}}$.

The rest of the paper is organized as follows. In Section 2, we give a variational characterization of $\phi_{\omega}$. This part is essentially the same as Section 3 of [2], so we omit the details. In Section 3, we give the proof of Theorem 3. We divide the proof into two parts. In Subsection 3.1, we prove that if $d^{\prime \prime}(\omega)$ is negative definite, then there exists an unstable direction $\psi$. In Subsection 3.2 , we prove the instability of $T(\omega t) \phi_{\omega}$ using the variational characterization of $\phi_{\omega}$ and the unstable direction $\psi$.

## §2. Variational characterization

In this section, we give a variational characterization of $\phi_{\omega}$. Although $\phi_{\omega}$ is given by (1.3) and (1.4) explicitly, we need such a variational characterization to prove stability and instability of solitary wave solutions $T(\omega t) \phi_{\omega}$.

Throughout this section, we assume that $b>0$. The case $b=0$ is studied in Section 3 of [2], and the proof for the case $b>0$ is almost the same as that for $b=0$, so we will omit the details.

For $\omega \in \Omega$, we define

$$
\begin{aligned}
L_{\omega}(v) & =\left\|\partial_{x} v\right\|_{L^{2}}^{2}+\omega_{0}\|v\|_{L^{2}}^{2}+\omega_{1}\left(i \partial_{x} v, v\right)_{L^{2}}, \\
S_{\omega}(v) & =\frac{1}{2} L_{\omega}(v)-\frac{1}{4}\left(i|v|^{2} \partial_{x} v, v\right)_{L^{2}}-\frac{b}{6}\|v\|_{L^{6}}^{6}, \\
K_{\omega}(v) & =L_{\omega}(v)-\left(i|v|^{2} \partial_{x} v, v\right)_{L^{2}}-b\|v\|_{L^{6}}^{6}
\end{aligned}
$$

and consider the following minimization problem:

$$
\begin{equation*}
\mu(\omega)=\inf \left\{S_{\omega}(v): v \in H^{1}(\mathbb{R}) \backslash\{0\}, K_{\omega}(v)=0\right\} . \tag{2.1}
\end{equation*}
$$

Note that (1.5) is equivalent to $S_{\omega}^{\prime}(\phi)=0$ and that $K_{\omega}(v)=\left.\partial_{\lambda} S_{\omega}(\lambda v)\right|_{\lambda=1}$.
We also define

$$
\tilde{S}_{\omega}(v)=S_{\omega}(v)-\frac{1}{4} K_{\omega}(v)=\frac{1}{4} L_{\omega}(v)+\frac{b}{12}\|v\|_{L^{6}}^{6} .
$$

Lemma 2. Let $\omega \in \Omega$.
(1) There exists a constant $C_{1}=C_{1}(\omega)>0$ such that $L_{\omega}(v) \geq C_{1}\|v\|_{H^{1}}^{2}$ for all $v \in H^{1}(\mathbb{R})$.
(2) $\mu(\omega)>0$.
(3) If $v \in H^{1}(\mathbb{R})$ satisfies $K_{\omega}(v)<0$, then $\mu(\omega)<\tilde{S}_{\omega}(v)$.

Proof. (1) See Lemma 7 (1) of [2].
(2) Let $v \in H^{1}(\mathbb{R}) \backslash\{0\}$ satisfy $K_{\omega}(v)=0$. Then, by (1) and the Sobolev inequality, there exists $C_{2}>0$ such that

$$
\begin{aligned}
& C_{1}\|v\|_{H^{1}}^{2} \leq L_{\omega}(v)=\left(i|v|^{2} \partial_{x} v, v\right)_{L^{2}}+b\|v\|_{L^{6}}^{6} \\
& \leq\left\|\partial_{x} v\right\|_{L^{2}}\|v\|_{L^{6}}^{3}+b\|v\|_{L^{6}}^{6} \leq \frac{C_{1}}{2}\|v\|_{H^{1}}^{2}+C_{2}\|v\|_{H^{1}}^{6} .
\end{aligned}
$$

Since $v \neq 0$, we have $\|v\|_{H^{1}}^{4} \geq \frac{C_{1}}{2 C_{2}}$. Thus, we have

$$
\begin{aligned}
& \mu(\omega)=\inf \left\{\tilde{S}_{\omega}(v): v \in H^{1}(\mathbb{R}) \backslash\{0\}, K_{\omega}(v)=0\right\} \\
& \geq \frac{1}{4} \inf \left\{L_{\omega}(v): v \in H^{1}(\mathbb{R}) \backslash\{0\}, K_{\omega}(v)=0\right\} \geq \frac{C_{1}}{4} \sqrt{\frac{C_{1}}{2 C_{2}}}>0 .
\end{aligned}
$$

(3) Let $v \in H^{1}(\mathbb{R}) \backslash\{0\}$ satisfy $K_{\omega}(v)<0$. Then, there exists $\lambda_{1} \in(0,1)$ such that

$$
K_{\omega}\left(\lambda_{1} v\right)=\lambda_{1}^{2} L_{\omega}(v)-\lambda_{1}^{4}\left(i|v|^{2} \partial_{x} v, v\right)_{L^{2}}-\lambda_{1}^{6} b\|v\|_{L^{6}}^{6}=0 .
$$

Since $v \neq 0$, we have

$$
\mu(\omega) \leq \tilde{S}_{\omega}\left(\lambda_{1} v\right)=\frac{\lambda_{1}^{2}}{4} L_{\omega}(v)+\frac{\lambda_{1}^{6} b}{12}\|v\|_{L^{6}}^{6}<\tilde{S}_{\omega}(v) .
$$

This completes the proof.

Let $\mathcal{M}_{\omega}$ be the set of all minimizers for (2.1), i.e.,

$$
\mathcal{M}_{\omega}=\left\{\varphi \in H^{1}(\mathbb{R}) \backslash\{0\}: S_{\omega}(\varphi)=\mu(\omega), K_{\omega}(\varphi)=0\right\} .
$$

Then, we obtain the following.
Lemma 3. For any $\omega \in \Omega$, we have $\mathcal{M}_{\omega}=\left\{T(\theta) \phi_{\omega}: \theta \in \mathbb{R}^{2}\right\}$. In particular, if $v \in H^{1}(\mathbb{R})$ satisfies $K_{\omega}(v)=0$ and $v \neq 0$, then $S_{\omega}\left(\phi_{\omega}\right) \leq S_{\omega}(v)$.

The proof of Lemma 3 is almost the same as that of Lemma 10 of [2], so we omit it.

The following lemma plays an important role in the proof of Lemma 12.
Lemma 4. If $v \in H^{1}(\mathbb{R})$ satisfies $\left\langle K_{\omega}^{\prime}\left(\phi_{\omega}\right), v\right\rangle=0$, then $\left\langle S_{\omega}^{\prime \prime}\left(\phi_{\omega}\right) v, v\right\rangle \geq 0$.
Proof. Let $v \in H^{1}(\mathbb{R})$ satisfy $\left\langle K_{\omega}^{\prime}\left(\phi_{\omega}\right), v\right\rangle=0$. Since $K_{\omega}\left(\phi_{\omega}\right)=0$ and $\left\langle K_{\omega}^{\prime}\left(\phi_{\omega}\right), \phi_{\omega}\right\rangle \neq 0$, by the implicit function theorem, there exist a constant $\delta>0$ and a $C^{2}$-function $\gamma:(-\delta, \delta) \rightarrow \mathbb{R}$ such that $\gamma(0)=0$ and

$$
\begin{equation*}
K_{\omega}\left(\phi_{\omega}+s v+\gamma(s) \phi_{\omega}\right)=0, \quad s \in(-\delta, \delta) . \tag{2.2}
\end{equation*}
$$

Taking $\delta$ smaller if necessary, we also have $\phi_{\omega}+s v+\gamma(s) \phi_{\omega} \neq 0$ for $s \in(-\delta, \delta)$.
Differentiating (2.2) at $s=0$, we have

$$
0=\left\langle K_{\omega}^{\prime}\left(\phi_{\omega}\right), v\right\rangle+\gamma^{\prime}(0)\left\langle K_{\omega}^{\prime}\left(\phi_{\omega}\right), \phi_{\omega}\right\rangle .
$$

Since $\left\langle K_{\omega}^{\prime}\left(\phi_{\omega}\right), v\right\rangle=0$ and $\left\langle K_{\omega}^{\prime}\left(\phi_{\omega}\right), \phi_{\omega}\right\rangle \neq 0$, we have $\gamma^{\prime}(0)=0$.
Moreover, since $\phi_{\omega} \in \mathcal{M}_{\omega}$ by Lemma 3, it follows from (2.2) that the function $s \mapsto S_{\omega}\left(\phi_{\omega}+s v+\gamma(s) \phi_{\omega}\right)$ has a local minimum at $s=0$. Thus, we have

$$
\begin{aligned}
0 & \leq\left.\frac{d^{2}}{d s^{2}} S_{\omega}\left(\phi_{\omega}+s v+\gamma(s) \phi_{\omega}\right)\right|_{s=0} \\
& =\left\langle S_{\omega}^{\prime \prime}\left(\phi_{\omega}\right)\left(v+\gamma^{\prime}(0) \phi_{\omega}\right), v+\gamma^{\prime}(0) \phi_{\omega}\right\rangle+\left\langle S_{\omega}^{\prime}\left(\phi_{\omega}\right), \gamma^{\prime \prime}(0) \phi_{\omega}\right\rangle \\
& =\left\langle S_{\omega}^{\prime \prime}\left(\phi_{\omega}\right) v, v\right\rangle .
\end{aligned}
$$

This completes the proof.

## §3. Proof of Theorem 3

In this section, we give the proof of Theorem 3. We divide the proof into two parts. In Subsection 3.1, we prove that if $d^{\prime \prime}(\omega)$ is negative definite, then there exists an unstable direction $\psi$ (see Lemma 6). In Subsection 3.2, we prove the instability of $T(\omega t) \phi_{\omega}$ using the variational characterization of $\phi_{\omega}$ and the unstable direction $\psi$ (see Proposition 1). Theorem 3 follows from Lemma 6 and Proposition 1.

### 3.1. Existence of unstable direction

Lemma 5. $\left\langle S_{\omega}^{\prime \prime}\left(\phi_{\omega}\right) \phi_{\omega}, \phi_{\omega}\right\rangle<0$.
Proof. Since the function

$$
(0, \infty) \ni \lambda \mapsto S_{\omega}\left(\lambda \phi_{\omega}\right)=\frac{\lambda^{2}}{2} L_{\omega}\left(\phi_{\omega}\right)-\frac{\lambda^{4}}{4}\left(i\left|\phi_{\omega}\right|^{2} \partial_{x} \phi_{\omega}, \phi_{\omega}\right)_{L^{2}}-\frac{\lambda^{6} b}{6}\left\|\phi_{\omega}\right\|_{L^{6}}^{6}
$$

has a strictly local maximum at $\lambda=1$, we have

$$
0>\left.\frac{d^{2}}{d \lambda^{2}} S_{\omega}\left(\lambda \phi_{\omega}\right)\right|_{\lambda=1}=\left\langle S_{\omega}^{\prime \prime}\left(\phi_{\omega}\right) \phi_{\omega}, \phi_{\omega}\right\rangle
$$

This completes the proof.
Lemma 6. Assume that $d^{\prime \prime}(\hat{\omega})$ is negative definite. Then there exists $\psi \in$ $H^{1}(\mathbb{R})$ such that

$$
\left\langle Q_{0}^{\prime}\left(\phi_{\hat{\omega}}\right), \psi\right\rangle=\left\langle Q_{1}^{\prime}\left(\phi_{\hat{\omega}}\right), \psi\right\rangle=0, \quad\left\langle S_{\hat{\omega}}^{\prime \prime}\left(\phi_{\hat{\omega}}\right) \psi, \psi\right\rangle<0
$$

Proof. For $(s, \omega)$ near $(0, \hat{\omega})$ in $\mathbb{R} \times \Omega$, we define

$$
F(s, \omega):=\left[\begin{array}{l}
Q_{0}\left(s \phi_{\hat{\omega}}+\phi_{\omega}\right)-Q_{0}\left(\phi_{\hat{\omega}}\right) \\
Q_{1}\left(s \phi_{\hat{\omega}}+\phi_{\omega}\right)-Q_{1}\left(\phi_{\hat{\omega}}\right)
\end{array}\right]
$$

Then, we have $F(0, \hat{\omega})=0$. Moreover, since $D_{\omega} F(0, \hat{\omega})=d^{\prime \prime}(\hat{\omega})$ is negative definite and invertible, by the implicit function theorem, there exist a constant $\delta>0$ and a $C^{1}$-function $\gamma:(-\delta, \delta) \rightarrow \Omega$ such that $\gamma(0)=\hat{\omega}$ and

$$
Q_{0}\left(s \phi_{\hat{\omega}}+\phi_{\gamma(s)}\right)=Q_{0}\left(\phi_{\hat{\omega}}\right), \quad Q_{1}\left(s \phi_{\hat{\omega}}+\phi_{\gamma(s)}\right)=Q_{1}\left(\phi_{\hat{\omega}}\right)
$$

for $s \in(-\delta, \delta)$. We define $\varphi_{s}:=s \phi_{\hat{\omega}}+\phi_{\gamma(s)}$ for $s \in(-\delta, \delta)$, and

$$
w_{j}:=\left.\partial_{\omega_{j}} \phi_{\omega}\right|_{\omega=\hat{\omega}} \quad(j=0,1), \quad \psi:=\left.\partial_{s} \varphi_{s}\right|_{s=0}=\phi_{\hat{\omega}}+\sum_{j=0}^{1} \gamma_{j}^{\prime}(0) w_{j}
$$

Then, for $j=0,1$, we have

$$
\begin{align*}
0 & =\left.\frac{d}{d s} Q_{j}\left(\varphi_{s}\right)\right|_{s=0}=\left\langle Q_{j}^{\prime}\left(\phi_{\hat{\omega}}\right), \psi\right\rangle  \tag{3.1}\\
& =\left\langle Q_{j}^{\prime}\left(\phi_{\hat{\omega}}\right), \phi_{\hat{\omega}}\right\rangle+\sum_{k=0}^{1} \gamma_{k}^{\prime}(0)\left\langle Q_{j}^{\prime}\left(\phi_{\hat{\omega}}\right), w_{k}\right\rangle
\end{align*}
$$

Moreover, differentiating

$$
0=S_{\omega}^{\prime}\left(\phi_{\omega}\right)=E^{\prime}\left(\phi_{\omega}\right)+\sum_{k=0}^{1} \omega_{k} Q_{k}^{\prime}\left(\phi_{\omega}\right)
$$

with respect to $\omega_{j}$ for $j=0,1$, we have

$$
\begin{align*}
0 & =E^{\prime \prime}\left(\phi_{\omega}\right)\left(\partial_{\omega_{j}} \phi_{\omega}\right)+\sum_{k=0}^{1} \omega_{k} Q_{k}^{\prime \prime}\left(\phi_{\omega}\right)\left(\partial_{\omega_{j}} \phi_{\omega}\right)+Q_{j}^{\prime}\left(\phi_{\omega}\right)  \tag{3.2}\\
& =S_{\omega}^{\prime \prime}\left(\phi_{\omega}\right)\left(\partial_{\omega_{j}} \phi_{\omega}\right)+Q_{j}^{\prime}\left(\phi_{\omega}\right)
\end{align*}
$$

By (3.1) and (3.2), we have

$$
\begin{aligned}
& \left\langle S_{\hat{\omega}}^{\prime \prime}\left(\phi_{\hat{\omega}}\right) \psi, \psi\right\rangle=\left\langle S_{\hat{\omega}}^{\prime \prime}\left(\phi_{\hat{\omega}}\right) \phi_{\hat{\omega}}, \phi_{\hat{\omega}}\right\rangle+2 \sum_{j=0}^{1} \gamma_{j}^{\prime}(0)\left\langle S_{\hat{\omega}}^{\prime \prime}\left(\phi_{\hat{\omega}}\right) w_{j}, \phi_{\hat{\omega}}\right\rangle \\
& +\sum_{j, k=0}^{1} \gamma_{j}^{\prime}(0) \gamma_{k}^{\prime}(0)\left\langle S_{\hat{\omega}}^{\prime \prime}\left(\phi_{\hat{\omega}}\right) w_{j}, w_{k}\right\rangle \\
& =\left\langle S_{\hat{\omega}}^{\prime \prime}\left(\phi_{\hat{\omega}}\right) \phi_{\hat{\omega}}, \phi_{\hat{\omega}}\right\rangle-2 \sum_{j=0}^{1} \gamma_{j}^{\prime}(0)\left\langle Q_{j}^{\prime}\left(\phi_{\hat{\omega}}\right), \phi_{\hat{\omega}}\right\rangle-\sum_{j, k=0}^{1} \gamma_{j}^{\prime}(0) \gamma_{k}^{\prime}(0)\left\langle Q_{j}^{\prime}\left(\phi_{\hat{\omega}}\right), w_{k}\right\rangle \\
& =\left\langle S_{\hat{\omega}}^{\prime \prime}\left(\phi_{\hat{\omega}}\right) \phi_{\hat{\omega}}, \phi_{\hat{\omega}}\right\rangle+\sum_{j, k=0}^{1} \gamma_{j}^{\prime}(0) \gamma_{k}^{\prime}(0)\left\langle Q_{j}^{\prime}\left(\phi_{\hat{\omega}}\right), w_{k}\right\rangle \\
& =\left\langle S_{\hat{\omega}}^{\prime \prime}\left(\phi_{\hat{\omega}}\right) \phi_{\hat{\omega}}, \phi_{\hat{\omega}}\right\rangle+\sum_{j, k=0}^{1} \gamma_{j}^{\prime}(0) \gamma_{k}^{\prime}(0) \partial_{\omega_{j}} \partial_{\omega_{k}} d(\hat{\omega}) .
\end{aligned}
$$

Since $d^{\prime \prime}(\hat{\omega})$ is negative definite, it follows from Lemma 5 that

$$
\left\langle S_{\hat{\omega}}^{\prime \prime}\left(\phi_{\hat{\omega}}\right) \psi, \psi\right\rangle \leq\left\langle S_{\hat{\omega}}^{\prime \prime}\left(\phi_{\hat{\omega}}\right) \phi_{\hat{\omega}}, \phi_{\hat{\omega}}\right\rangle<0
$$

This completes the proof.

### 3.2. Proof of instability

In this subsection, we prove the following.
Proposition 1. Let $\omega \in \Omega$, and assume that there exists $\psi \in H^{1}(\mathbb{R})$ such that

$$
\begin{equation*}
\left\langle Q_{0}^{\prime}\left(\phi_{\omega}\right), \psi\right\rangle=\left\langle Q_{1}^{\prime}\left(\phi_{\omega}\right), \psi\right\rangle=0, \quad\left\langle S_{\omega}^{\prime \prime}\left(\phi_{\omega}\right) \psi, \psi\right\rangle<0 \tag{3.3}
\end{equation*}
$$

Then, the solitary wave solution $T(\omega t) \phi_{\omega}$ of (1.1) is unstable.
To prove Proposition 1, we use the argument of Gonçalves Ribeiro [3] (see also $[17,4]$ ) with some modifications. Throughout this subsection, we fix $\omega \in \Omega$, and assume that $\psi \in H^{1}(\mathbb{R})$ satisfies (3.3).

Lemma 7. There exists a constant $\lambda_{0}>0$ such that

$$
S_{\omega}\left(\phi_{\omega}+\lambda \psi\right)<S_{\omega}\left(\phi_{\omega}\right)
$$

for all $\lambda \in\left(-\lambda_{0}, 0\right) \cup\left(0, \lambda_{0}\right)$.
Proof. By Taylor's expansion, for $\lambda \in \mathbb{R}$, we have

$$
\begin{aligned}
& S_{\omega}\left(\phi_{\omega}+\lambda \psi\right) \\
& =S_{\omega}\left(\phi_{\omega}\right)+\lambda\left\langle S_{\omega}^{\prime}\left(\phi_{\omega}\right), \psi\right\rangle+\lambda^{2} \int_{0}^{1}(1-s)\left\langle S_{\omega}^{\prime \prime}\left(\phi_{\omega}+s \lambda \psi\right) \psi, \psi\right\rangle d s \\
& =S_{\omega}\left(\phi_{\omega}\right)+\lambda^{2} \int_{0}^{1}(1-s)\left\langle S_{\omega}^{\prime \prime}\left(\phi_{\omega}+s \lambda \psi\right) \psi, \psi\right\rangle d s
\end{aligned}
$$

Since $\left\langle S_{\omega}^{\prime \prime}\left(\phi_{\omega}\right) \psi, \psi\right\rangle<0$, by the continuity of $\lambda \mapsto\left\langle S_{\omega}^{\prime \prime}\left(\phi_{\omega}+\lambda \psi\right) \psi, \psi\right\rangle$, there exists $\lambda_{0}>0$ such that

$$
\left\langle S_{\omega}^{\prime \prime}\left(\phi_{\omega}+\lambda \psi\right) \psi, \psi\right\rangle \leq \frac{1}{2}\left\langle S_{\omega}^{\prime \prime}\left(\phi_{\omega}\right) \psi, \psi\right\rangle
$$

for all $\lambda \in\left(-\lambda_{0}, \lambda_{0}\right)$. Thus, for $\lambda \in\left(-\lambda_{0}, 0\right) \cup\left(0, \lambda_{0}\right)$, we have

$$
S_{\omega}\left(\phi_{\omega}+\lambda \psi\right) \leq S_{\omega}\left(\phi_{\omega}\right)+\frac{\lambda^{2}}{4}\left\langle S_{\omega}^{\prime \prime}\left(\phi_{\omega}\right) \psi, \psi\right\rangle<S_{\omega}\left(\phi_{\omega}\right)
$$

This completes the proof.
For $u \in H^{1}(\mathbb{R})$, we define

$$
T_{0}^{\prime} u=i u, \quad T_{1}^{\prime} u=-\partial_{x} u
$$

Then, by (1.8) and (1.10), we have

$$
\begin{equation*}
\partial_{\theta_{j}} T(\theta) u=T(\theta) T_{j}^{\prime} u=T_{j}^{\prime} T(\theta) u, \quad\left\langle Q_{j}^{\prime}(u), v\right\rangle=\left(T_{j}^{\prime} u, i v\right)_{L^{2}} \tag{3.4}
\end{equation*}
$$

for $\theta=\left(\theta_{0}, \theta_{1}\right) \in \mathbb{R}^{2}, u, v \in H^{1}(\mathbb{R})$ and $j=0,1$. We denote $\mathbb{T}=\mathbb{R} / 2 \pi \mathbb{Z}$.
Lemma 8. There exist a constant $\varepsilon_{0}>0$ and a $C^{1}$-function

$$
\alpha=\left(\alpha_{0}, \alpha_{1}\right): U_{\varepsilon_{0}}\left(\phi_{\omega}\right) \rightarrow \mathbb{T} \times \mathbb{R}
$$

such that $\alpha\left(\phi_{\omega}\right)=0$, and
(1) $\alpha(T(\xi) u)=\alpha(u)+\xi$ for all $u \in U_{\varepsilon_{0}}\left(\phi_{\omega}\right)$ and $\xi \in \mathbb{T} \times \mathbb{R}$.
(2) $\left(T_{j}^{\prime} u, T(\alpha(u)) \phi_{\omega}\right)_{L^{2}}=0$ for all $u \in U_{\varepsilon_{0}}\left(\phi_{\omega}\right)$ and $j=0,1$.
(3) There exists $\rho>0$ such that

$$
\sum_{j, k=0}^{1}\left(T_{j}^{\prime} u, T(\alpha(u)) T_{k}^{\prime} \phi_{\omega}\right)_{L^{2}} \zeta_{j} \zeta_{k} \geq \rho|\zeta|^{2}
$$

for all $u \in U_{\varepsilon_{0}}\left(\phi_{\omega}\right)$ and $\zeta=\left(\zeta_{0}, \zeta_{1}\right) \in \mathbb{R}^{2}$.
Proof. See Section 3 of [3].
For $u \in U_{\varepsilon_{0}}\left(\phi_{\omega}\right)$, we define

$$
H(u)=\left[h_{j k}(u)\right]_{j, k=0,1}, \quad h_{j k}(u)=\left(T_{j}^{\prime} u, T(\alpha(u)) T_{k}^{\prime} \phi_{\omega}\right)_{L^{2}}
$$

Then, by Lemma 8 (1), we have

$$
\begin{equation*}
h_{j k}(T(\xi) u)=\left(T(\xi) T_{j}^{\prime} u, T(\alpha(u)+\xi) T_{k}^{\prime} \phi_{\omega}\right)_{L^{2}}=h_{j k}(u) \tag{3.5}
\end{equation*}
$$

for $u \in U_{\varepsilon_{0}}\left(\phi_{\omega}\right)$ and $\xi \in \mathbb{T} \times \mathbb{R}$.
Moreover, differentiating Lemma 8 (2) with respect to $u$, we have

$$
\begin{equation*}
\sum_{k=0}^{1} h_{j k}(u)\left\langle\alpha_{k}^{\prime}(u), w\right\rangle=\left(T(\alpha(u)) T_{j}^{\prime} \phi_{\omega}, w\right)_{L^{2}} \tag{3.6}
\end{equation*}
$$

for $u \in U_{\varepsilon_{0}}\left(\phi_{\omega}\right), w \in H^{1}(\mathbb{R})$ and $j=0,1$. By Lemma 8 (3), the matrix $H(u)$ is invertible, and we denote the inverse $H(u)^{-1}$ by $G(u)=\left[g_{j k}(u)\right]$. Then, there exists a constant $C>0$ such that

$$
\begin{equation*}
\left|g_{j k}(u)\right| \leq C \text { for all } u \in U_{\varepsilon_{0}}\left(\phi_{\omega}\right), j, k=0,1 \tag{3.7}
\end{equation*}
$$

For $j=0,1$ and $u \in U_{\varepsilon_{0}}\left(\phi_{\omega}\right)$, we define

$$
a_{j}(u):=\sum_{k=0}^{1} g_{j k}(u) T(\alpha(u)) T_{k}^{\prime} \phi_{\omega}
$$

Since $\phi_{\omega} \in H^{2}(\mathbb{R})$, we see that $a_{j}(u) \in H^{1}(\mathbb{R})$, it follows from (3.6) that

$$
\left\langle\alpha_{j}^{\prime}(u), w\right\rangle=\left(a_{j}(u), w\right)_{L^{2}}, \quad w \in H^{1}(\mathbb{R})
$$

By (3.5) and Lemma 8 (1), for $j=0,1$, we have

$$
\begin{equation*}
a_{j}(T(\xi) u)=T(\xi) a_{j}(u) \text { for all } u \in U_{\varepsilon_{0}}\left(\phi_{\omega}\right), \xi \in \mathbb{T} \times \mathbb{R} \tag{3.8}
\end{equation*}
$$

Moreover, by (3.7), there exists a constant $C>0$ such that

$$
\begin{equation*}
\left\|a_{j}(u)\right\|_{H^{1}} \leq C \text { for all } u \in U_{\varepsilon_{0}}\left(\phi_{\omega}\right), j=0,1 \tag{3.9}
\end{equation*}
$$

Next, for $u \in U_{\varepsilon_{0}}\left(\phi_{\omega}\right)$, we define

$$
\begin{align*}
& A(u)=(i u, T(\alpha(u)) \psi)_{L^{2}},  \tag{3.10}\\
& q(u)=T(\alpha(u)) \psi+\sum_{j=0}^{1}\left(i u, T(\alpha(u)) T_{j}^{\prime} \psi\right)_{L^{2}} i a_{j}(u) . \tag{3.11}
\end{align*}
$$

Then, since $\psi, a_{0}(u), a_{1}(u) \in H^{1}(\mathbb{R})$, we see that $q(u) \in H^{1}(\mathbb{R})$.
Lemma 9. For $u \in U_{\varepsilon_{0}}\left(\phi_{\omega}\right)$,
(1) $A(T(\xi) u)=A(u), q(T(\xi) u)=T(\xi) q(u)$ for all $\xi \in \mathbb{T} \times \mathbb{R}$.
(2) $\left\langle A^{\prime}(u), w\right\rangle=(q(u), i w)_{L^{2}}$ for $w \in H^{1}(\mathbb{R})$.
(3) $q\left(\phi_{\omega}\right)=\psi$.
(4) $\left\langle Q_{j}^{\prime}(u), q(u)\right\rangle=0$ for $j=0,1$.

Proof. (1) By Lemma 8 (1), we have

$$
\begin{aligned}
A(T(\xi) u) & =(i T(\xi) u, T(\alpha(u)+\xi) \psi)_{L^{2}} \\
& =(i T(\xi) u, T(\xi) T(\alpha(u)) \psi)_{L^{2}}=A(u)
\end{aligned}
$$

Moreover, by (3.8), we have

$$
\begin{aligned}
q(T(\xi) u) & =T(\xi) T(\alpha(u)) \psi+\sum_{j=0}^{1}\left(i T(\xi) u, T(\xi) T(\alpha(u)) T_{j}^{\prime} \psi\right)_{L^{2}} i a_{j}(T(\xi) u) \\
& =T(\xi) q(u)
\end{aligned}
$$

(2) For $u \in U_{\varepsilon_{0}}\left(\phi_{\omega}\right)$ and $w \in H^{1}(\mathbb{R})$, we have

$$
\begin{aligned}
\left\langle A^{\prime}(u), w\right\rangle & =(i w, T(\alpha(u)) \psi)_{L^{2}}+\sum_{j=0}^{1}\left\langle\alpha_{j}^{\prime}(u), w\right\rangle\left(i u, T(\alpha(u)) T_{j}^{\prime} \psi\right)_{L^{2}} \\
& =(i w, T(\alpha(u)) \psi)_{L^{2}}+\sum_{j=0}^{1}\left(i u, T(\alpha(u)) T_{j}^{\prime} \psi\right)_{L^{2}}\left(a_{j}(u), w\right)_{L^{2}} \\
& =(q(u), i w)_{L^{2}}
\end{aligned}
$$

(3) By (3.4) and the assumption (3.3), we have

$$
\left(i \phi_{\omega}, T_{j}^{\prime} \psi\right)_{L^{2}}=\left(T_{j}^{\prime} \phi_{\omega}, i \psi\right)_{L^{2}}=\left\langle Q_{j}^{\prime}\left(\phi_{\omega}\right), \psi\right\rangle=0
$$

Moreover, since $\alpha\left(\phi_{\omega}\right)=0$, by (3.11), we have $q\left(\phi_{\omega}\right)=\psi$.
(4) For $u \in H^{2}(\mathbb{R}) \cap U_{\varepsilon_{0}}\left(\phi_{\omega}\right)$, by (1) and (2), we have

$$
0=\left.\partial_{\xi_{j}} A(T(\xi) u)\right|_{\xi=0}=\left\langle A^{\prime}(u), T_{j}^{\prime} u\right\rangle=\left(q(u), i T_{j}^{\prime} u\right)_{L^{2}}
$$

By density argument, we have $\left(q(u), i T_{j}^{\prime} u\right)_{L^{2}}=0$ for all $u \in U_{\varepsilon_{0}}\left(\phi_{\omega}\right)$.
Thus, we have $\left\langle Q_{j}^{\prime}(u), q(u)\right\rangle=\left(T_{j}^{\prime} u, i q(u)\right)_{L^{2}}=0$ for $u \in U_{\varepsilon_{0}}\left(\phi_{\omega}\right)$.
For $u \in U_{\varepsilon_{0}}\left(\phi_{\omega}\right)$, we define

$$
P(u):=\left\langle E^{\prime}(u), q(u)\right\rangle
$$

We remark that by Lemma 9 (4), we have

$$
\begin{equation*}
P(u)=\left\langle S_{\omega}^{\prime}(u), q(u)\right\rangle, \quad u \in U_{\varepsilon_{0}}\left(\phi_{\omega}\right) \tag{3.12}
\end{equation*}
$$

Lemma 10. Let $I$ be an interval of $\mathbb{R}$. Let $u \in C\left(I, H^{1}(\mathbb{R})\right) \cap C^{1}\left(I, H^{-1}(\mathbb{R})\right)$ be a solution of (1.1), and assume that $u(t) \in U_{\varepsilon_{0}}\left(\phi_{\omega}\right)$ for all $t \in I$. Then,

$$
\frac{d}{d t} A(u(t))=P(u(t))
$$

for all $t \in I$.
Proof. By Lemma 4.6 of [4] and Lemma 9 (2), we see that $t \mapsto A(u(t))$ is a $C^{1}$-function on $I$, and

$$
\frac{d}{d t} A(u(t))=\left\langle i \partial_{t} u(t), q(u(t))\right\rangle
$$

for all $t \in I$. Since $u(t)$ is a solution of (1.1), we have

$$
\left\langle i \partial_{t} u(t), q(u(t))\right\rangle=\left\langle E^{\prime}(u(t)), q(u(t))\right\rangle=P(u(t))
$$

for all $t \in I$. This completes the proof.
Lemma 11. There exist constants $\lambda_{1}>0$ and $\varepsilon_{1} \in\left(0, \varepsilon_{0}\right)$ such that

$$
S_{\omega}(u+\lambda q(u)) \leq S_{\omega}(u)+\lambda P(u)
$$

for all $\lambda \in\left(-\lambda_{1}, \lambda_{1}\right)$ and $u \in U_{\varepsilon_{1}}\left(\phi_{\omega}\right)$.
Proof. For $u \in U_{\varepsilon_{0}}\left(\phi_{\omega}\right)$ and $\lambda \in \mathbb{R}$, by Taylor's expansion, we have

$$
\begin{equation*}
S_{\omega}(u+\lambda q(u))=S_{\omega}(u)+\lambda P(u)+\lambda^{2} \int_{0}^{1}(1-s) R(\lambda s, u) d s \tag{3.13}
\end{equation*}
$$

where we used (3.12) and put

$$
R(\lambda, u):=\left\langle S_{\omega}^{\prime \prime}(u+\lambda q(u)) q(u), q(u)\right\rangle
$$

Here, we remark that

$$
\begin{aligned}
& P(T(\xi) u)=\left\langle S_{\omega}^{\prime}(T(\xi) u), T(\xi) q(u)\right\rangle=P(u) \\
& R(\lambda, T(\xi) u)=\left\langle S_{\omega}^{\prime \prime}(T(\xi)(u+\lambda q(u))) T(\xi) q(u), T(\xi) q(u)\right\rangle=R(\lambda, u)
\end{aligned}
$$

for $\xi \in \mathbb{T} \times \mathbb{R}, \lambda \in \mathbb{R}$ and $u \in H^{1}(\mathbb{R})$. Moreover, since

$$
R\left(0, \phi_{\omega}\right)=\left\langle S_{\omega}^{\prime \prime}\left(\phi_{\omega}\right) q\left(\phi_{\omega}\right), q\left(\phi_{\omega}\right)\right\rangle=\left\langle S_{\omega}^{\prime \prime}\left(\phi_{\omega}\right) \psi, \psi\right\rangle<0,
$$

by the continuity of $R(\lambda, u)$ with respect to $\lambda$ and $u$, there exist constants $\lambda_{1}>0$ and $\varepsilon_{1} \in\left(0, \varepsilon_{0}\right)$ such that $R(\lambda, u)<0$ for all $\lambda \in\left(-\lambda_{1}, \lambda_{1}\right)$ and $u \in U_{\varepsilon_{1}}\left(\phi_{\omega}\right)$. Thus, by (3.13), we have

$$
S_{\omega}(u+\lambda q(u)) \leq S_{\omega}(u)+\lambda P(u)
$$

for all $\lambda \in\left(-\lambda_{1}, \lambda_{1}\right)$ and $u \in U_{\varepsilon_{1}}\left(\phi_{\omega}\right)$.
Lemma 12. There exist constants $\varepsilon_{2} \in\left(0, \varepsilon_{1}\right)$ and $\lambda_{2} \in\left(0, \lambda_{1}\right)$ that satisfy the following. For any $u \in U_{\varepsilon_{2}}\left(\phi_{\omega}\right)$, there exists $\Lambda(u) \in\left(-\lambda_{2}, \lambda_{2}\right)$ such that

$$
K_{\omega}(u+\Lambda(u) q(u))=0, \quad u+\Lambda(u) q(u) \neq 0
$$

Proof. First, since $\left\langle S_{\omega}^{\prime \prime}\left(\phi_{\omega}\right) \psi, \psi\right\rangle<0$, by Lemma 4, we have $\left\langle K_{\omega}^{\prime}\left(\phi_{\omega}\right), \psi\right\rangle \neq 0$. Thus, without loss of generality, we may assume that $\left\langle K_{\omega}^{\prime}\left(\phi_{\omega}\right), \psi\right\rangle>0$.

For $u \in U_{\varepsilon_{0}}\left(\phi_{\omega}\right)$ and $\lambda \in \mathbb{R}$, we have

$$
\begin{equation*}
K_{\omega}(u+\lambda q(u))=K_{\omega}(u)+\lambda \int_{0}^{1}\left\langle K_{\omega}^{\prime}(u+s \lambda q(u)), q(u)\right\rangle d s \tag{3.14}
\end{equation*}
$$

Since $\left\langle K_{\omega}^{\prime}\left(\phi_{\omega}\right), q\left(\phi_{\omega}\right)\right\rangle=\left\langle K_{\omega}^{\prime}\left(\phi_{\omega}\right), \psi\right\rangle>0$, by the continuity of the function $\left\langle K_{\omega}^{\prime}(u+\lambda q(u)), q(u)\right\rangle$ with respect to $\lambda$ and $u$, there exist constants $\lambda_{2} \in\left(0, \lambda_{1}\right)$ and $\varepsilon_{2} \in\left(0, \varepsilon_{1}\right)$ such that

$$
\begin{equation*}
\left\langle K_{\omega}^{\prime}(u+\lambda q(u)), q(u)\right\rangle \geq \frac{1}{2}\left\langle K_{\omega}^{\prime}\left(\phi_{\omega}\right), \psi\right\rangle \tag{3.15}
\end{equation*}
$$

for all $\lambda \in\left[-\lambda_{2}, \lambda_{2}\right]$ and $u \in U_{\varepsilon_{2}}\left(\phi_{\omega}\right)$. Moreover, since $K_{\omega}\left(\phi_{\omega}\right)=0$, taking $\varepsilon_{2}$ smaller if necessary, we have

$$
\begin{equation*}
\left|K_{\omega}(u)\right|<\frac{\lambda_{2}}{2}\left\langle K_{\omega}^{\prime}\left(\phi_{\omega}\right), \psi\right\rangle, \quad u \in U_{\varepsilon_{2}}\left(\phi_{\omega}\right) . \tag{3.16}
\end{equation*}
$$

Let $u \in U_{\varepsilon_{2}}\left(\phi_{\omega}\right)$. If $K_{\omega}(u)<0$, then it follows from (3.14)-(3.16) that

$$
\begin{aligned}
K_{\omega}\left(u+\lambda_{2} q(u)\right) & =K_{\omega}(u)+\lambda_{2} \int_{0}^{1}\left\langle K_{\omega}^{\prime}\left(u+s \lambda_{2} q(u)\right), q(u)\right\rangle d s \\
& >-\frac{\lambda_{2}}{2}\left\langle K_{\omega}^{\prime}\left(\phi_{\omega}\right), \psi\right\rangle+\frac{\lambda_{2}}{2}\left\langle K_{\omega}^{\prime}\left(\phi_{\omega}\right), \psi\right\rangle=0 .
\end{aligned}
$$

Since the function $\lambda \mapsto K_{\omega}(u+\lambda q(u))$ is continuous, there exists $\Lambda(u) \in\left(0, \lambda_{2}\right)$ such that

$$
\begin{equation*}
K_{\omega}(u+\Lambda(u) q(u))=0 . \tag{3.17}
\end{equation*}
$$

Similarly, if $K_{\omega}(u)>0$, then we have

$$
\begin{aligned}
K_{\omega}\left(u-\lambda_{2} q(u)\right) & =K_{\omega}(u)-\lambda_{2} \int_{0}^{1}\left\langle K_{\omega}^{\prime}\left(u-s \lambda_{2} q(u)\right), q(u)\right\rangle d s \\
& <\frac{\lambda_{2}}{2}\left\langle K_{\omega}^{\prime}\left(\phi_{\omega}\right), \psi\right\rangle-\frac{\lambda_{2}}{2}\left\langle K_{\omega}^{\prime}\left(\phi_{\omega}\right), \psi\right\rangle=0 .
\end{aligned}
$$

Thus, there exists $\Lambda(u) \in\left(-\lambda_{2}, 0\right)$ such that (3.17). If $K_{\omega}(u)=0$, taking $\Lambda(u)=0,(3.17)$ is satisfied.

Finally, by (3.9) and (3.11), taking $\lambda_{2}$ and $\varepsilon_{2}$ smaller if necessary, we have $u+\Lambda(u) q(u) \neq 0$ for all $u \in U_{\varepsilon_{2}}\left(\phi_{\omega}\right)$. This completes the proof.

Lemma 13. Let $\lambda_{2}$ and $\varepsilon_{2}$ be the positive constants given in Lemma 12. Then,

$$
S_{\omega}\left(\phi_{\omega}\right) \leq S_{\omega}(u)+\lambda_{2}|P(u)|
$$

for all $u \in U_{\varepsilon_{2}}\left(\phi_{\omega}\right)$.
Proof. By Lemma 12 , for any $u \in U_{\varepsilon_{2}}\left(\phi_{\omega}\right)$, there exists $\Lambda(u) \in\left(-\lambda_{2}, \lambda_{2}\right)$ such that $K_{\omega}(u+\Lambda(u) q(u))=0$ and $u+\Lambda(u) q(u) \neq 0$. Then, it follows from Lemma 3 that

$$
\begin{equation*}
S_{\omega}\left(\phi_{\omega}\right) \leq S_{\omega}(u+\Lambda(u) q(u)), \quad u \in U_{\varepsilon_{2}}\left(\phi_{\omega}\right) . \tag{3.18}
\end{equation*}
$$

Thus, by Lemma 11 and (3.18), for $u \in U_{\varepsilon_{2}}\left(\phi_{\omega}\right)$, we have

$$
\begin{aligned}
S_{\omega}\left(\phi_{\omega}\right) & \leq S_{\omega}(u+\Lambda(u) q(u)) \leq S_{\omega}(u)+\Lambda(u) P(u) \\
& \leq S_{\omega}(u)+|\Lambda(u)||P(u)| \leq S_{\omega}(u)+\lambda_{2}|P(u)| .
\end{aligned}
$$

This completes the proof.
We are now in a position to give the Proof of Proposition 1.
Proof of Proposition 1. Suppose that $T(\omega t) \phi_{\omega}$ is stable. For $\lambda$ close to 0 , let $u_{\lambda}(t)$ be the solution of (1.1) with $u_{\lambda}(0)=\phi_{\omega}+\lambda \psi$. Since $T(\omega t) \phi_{\omega}$ is stable, there exists $\lambda_{3} \in\left(0, \lambda_{0}\right)$ such that if $|\lambda|<\lambda_{3}$, then $u_{\lambda}(t) \in U_{\varepsilon_{2}}\left(\phi_{\omega}\right)$ for all $t \geq 0$. Moreover, by the definition (3.10) of $A$, there exists $C_{1}>0$ such that $|A(v)| \leq C_{1}$ for all $v \in U_{\varepsilon_{2}}\left(\phi_{\omega}\right)$.

Let $\lambda \in\left(-\lambda_{3}, 0\right) \cup\left(0, \lambda_{3}\right)$. Then, by Lemma 7 , we have

$$
\delta_{\lambda}:=S_{\omega}\left(\phi_{\omega}\right)-S_{\omega}\left(u_{\lambda}(0)\right)>0 .
$$

Moreover, by Lemma 13 and the conservation of $S_{\omega}$, we have

$$
0<\delta_{\lambda}=S_{\omega}\left(\phi_{\omega}\right)-S_{\omega}\left(u_{\lambda}(t)\right) \leq \lambda_{2}\left|P\left(u_{\lambda}(t)\right)\right|, \quad t \geq 0 .
$$

Since $t \mapsto P\left(u_{\lambda}(t)\right)$ is continuous, we see that either (i) $P\left(u_{\lambda}(t)\right) \geq \delta_{\lambda} / \lambda_{2}$ for all $t \geq 0$, or (ii) $P\left(u_{\lambda}(t)\right) \leq-\delta_{\lambda} / \lambda_{2}$ for all $t \geq 0$. Moreover, by Lemma 10 , we have

$$
\frac{d}{d t} A\left(u_{\lambda}(t)\right)=P\left(u_{\lambda}(t)\right), \quad t \geq 0
$$

Therefore, we see that $A\left(u_{\lambda}(t)\right) \rightarrow \infty$ as $t \rightarrow \infty$ for the case (i), and $A\left(u_{\lambda}(t)\right) \rightarrow-\infty$ as $t \rightarrow \infty$ for the case (ii). This contradicts the fact that $\left|A\left(u_{\lambda}(t)\right)\right| \leq C_{1}$ for all $t \geq 0$. Hence, $T(\omega t) \phi_{\omega}$ is unstable.

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Masahito Ohta
Department of Mathematics, Tokyo University of Science
1-3 Kagurazaka, Shinjuku-ku, Tokyo 162-8601, Japan
E-mail: mohta@rs.tus.ac.jp

