# Bessel capacity, Hausdorff content and the tangential boundary behavior of harmonic functions 

Hiroaki Aikawa<br>(Received December 19, 1994)<br>(Revised April 19, 1995)


#### Abstract

We compare the Bessel capacity with the Hausdorff content. For $E \subset \boldsymbol{R}^{n}$ we let $\tilde{E}_{\gamma, c}=\bigcup_{x \in E} B\left(x, c \delta_{E}(x)^{\gamma}\right)$ with $c>0$ and $0<\gamma \leq 1$. If $E$ is an open set and $0<\gamma<1$, then $\tilde{E}_{\gamma, c}$ is larger than $E$. It is shown that the Bessel capacity of $\tilde{E}_{\gamma, c}$ is estimated above by the Hausdorff content of $E$. This estimation is applied to the tangential boundary behavior of harmonic functions in the upper half space.


## 1. Introduction

Let $K(r) \not \equiv 0$ be a nonnegative nonincreasing lower semicontinuous (l. s. c.) function for $r>0$. For $x \in R^{n}$ we define $K(x)=K(|x|)$, and assume that $K(x)$ is locally integrable on $R^{n}$. For $E \subset R^{n}$ we define the capacity $C_{K}$ by

$$
C_{K}(E)=\inf \{\|\mu\|: K * \mu \geq 1 \text { on } E\}
$$

where $\|\mu\|$ denotes the total mass of a measure $\mu$. Let $k_{\alpha}(r)=r^{\alpha-n}$ for $0<\alpha<n$. This is the Riesz kernel of order $\alpha$. If $K(r)=k_{\alpha}(r)$, then we write $C_{\alpha}$ for $C_{K}$ and call it the Riesz capacity of order $\alpha$.

Let $h(r)$ be a positive nondecreasing function for $r>0$ and $h(0)=0$. Such a function is called a measure function. We define the content $M_{h}$ by

$$
M_{h}(E)=\inf \left\{\sum h\left(r_{j}\right): E \subset \bigcup B\left(x_{j}, r_{j}\right)\right\}
$$

where $B(x, r)$ stands for the open ball with center at $x$ and radius $r$. If $h(r)=r^{\beta}$, then we write $M_{\beta}$ for $M_{h}$ and call it $\beta$-content. There is a close connection between $C_{\alpha}$ and $M_{\beta}$. The following theorem is well-known (cf. [4, §IV] and [6, Theorems 5.13 and 5.14]).

## Theorem A.

(i) If $M_{n-\alpha}(E)=0$, then $C_{\alpha}(E)=0$.
(ii) Let $n-\alpha<\beta \leq n$. Then $C_{\alpha}(E)=0$ implies $M_{\beta}(E)=0$.
(iii) There is a set $E$ such that $C_{\alpha}(E)=0$ and $M_{n-\alpha}(E)>0$.

[^0]It is easy to see that $C_{\alpha}$ and $M_{n-\alpha}$ are both homogeneous of degree $n-\alpha$. From this fact, we can easily obtain the above (i). However, in view of (iii), $M_{n-\alpha}(E)=0$ is not characterized by $C_{\alpha}(E)=0$. We have only partial comparison (ii).

One of the main purposes of this paper is to compare $C_{\alpha}$ with a certain quantity, which may be regarded as an $(n-\alpha)$-dimensional quantity. Hereafter we shall use the following notation. By the symbol $A$ we denote an absolute positive constant whose value is unimportant and may change from line to line. If necessary, we use $A_{1}, A_{2}, \ldots$, to specify them. We shall say that two positive quantities $f$ and $g$ are comparable, written $f \approx g$, if and only if there exists a constant $A$ such that $A^{-1} g \leq f \leq A g$. By $|E|$ we denote the Lebesgue measure of $E$.

For $c>0$ and $0<\gamma \leq 1$ we define

$$
\tilde{E}_{\gamma, c}=\bigcup_{x \in E} B\left(x, c \delta_{E}(x)^{\gamma}\right),
$$

where $\delta_{E}(x)=\operatorname{dist}\left(x, E^{c}\right)$. If $E$ is an open set and $0<\gamma<1$, then $\tilde{E}_{\gamma, c}$ is a proper extension of $E$. Moreover, if $E=B(0, r)$ and $r>0$ is small, then $\widetilde{E}_{\gamma, c}$ is a ball with radius comparable to $c r^{\gamma}$, so that

$$
M_{\beta}\left(\tilde{E}_{\gamma, c}\right) \approx r^{\nu \beta} \approx M_{\beta}(E)^{\gamma}
$$

So, one may regard $M_{\beta}\left(\tilde{E}_{\gamma, c}\right)$ as a $\beta \gamma$-dimensional quantity. If $\beta=n$, then $M_{\beta}(E)$ is comparable with the Lebesgue measure $|E|$. Let $g_{\alpha}$ be the Bessel kernel. The Riesz and the Bessel kernels have the same asymptotics as $r \rightarrow 0$. However, $g_{\alpha}(r)$ decreases rapidly as $r \rightarrow \infty$ and hence $g_{\alpha}$ is integrable on $\boldsymbol{R}^{n}$. The capacity $C_{g_{a}}(E)$ is called the Bessel capacity of index $(\alpha, 1)$ and is denoted by $B_{\alpha, 1}(E)$. It is well known that

$$
C_{\alpha}(E) \approx B_{\alpha, 1}(E) \quad \text { for } E \subset U
$$

where $U$ is a bounded set. Thus the Riesz capacity $C_{\alpha}$ and the Bessel capacity $B_{\alpha, 1}$ have the same null sets. In the previous paper [3] we have proved

Theorem B. Let $0<\alpha<n, c=1$ and $\gamma=(n-\alpha) / n$. Then

$$
\left|\tilde{E}_{\gamma, c}\right| \leq A B_{\alpha, 1}(E)
$$

where $A>0$ depends only on $n$ and $\alpha$.
Here we generalize Theorem $B$ to
Theorem 1. Let $0<n-\alpha<\beta \leq n, \gamma=(n-\alpha) / \beta$ and $c>0$. Then

$$
M_{\beta}\left(\tilde{E}_{\gamma, c}\right) \leq A B_{\alpha, 1}(E),
$$

where $A>0$ depends only on $n, \alpha, \beta$ and $c$.

Actually, in [3], general kernels and capacities were treated. Our argument here for Theorem 1 is very different from that of [3] and heavily depends on the Bessel kernel. The case when $\beta=n$ was dealt with in [3]. We see that $M_{\beta}(E)$ and the Lebesgue measure $|E|$ are comparable in this case. The main idea in [3] was to compare a test measure for the capacity with the Lebesgue measure on a ball whose volume is equal to its capacity. In case $\beta<n$, a difficulty arises from the lack of a measure corresponding to the Lebesgue measure. We shall employ the Frostman lemma and the Besicovitch covering lemma (see Lemmas A and B below). We shall convert the measure given by the Frostman lemma so that the converted measure becomes a test measure for the dual definition of $B_{\alpha, 1}$ (see Lemma $C$ below).

We can consider a counterpart of Theorem 1 for $L^{p}$-capacity theory. Let $1<p<\infty$. We define

$$
C_{K, p}(E)=\inf \left\{\|f\|_{p}^{p}: K * f \geq 1 \text { on } E\right\} .
$$

If $K=k_{\alpha}$, then we write $R_{\alpha, p}(E)$ for $C_{K, p}(E)$ and call it the Riesz capacity of index $(\alpha, p)$. If $K=g_{\alpha}$, then we write $B_{\alpha, p}(E)$ for $C_{K, p}(E)$ and call it the Bessel capacity of index ( $\alpha, p$ ). In case $\alpha p<n$, the Riesz capacity $R_{\alpha, p}$ is homogeneous of degree $n-\alpha p$; the Riesz capacity $R_{\alpha, p}(E)$ and the Bessel capacity $B_{\alpha, p}(E)$ are comparable for $E \subset U$, where $U$ is a bounded set.

Theorem 2. Let $1<p<\infty, 0<n-\alpha p<\beta \leq n, \gamma=(n-\alpha p) / \beta$ and $c>0$. Then

$$
M_{\beta}\left(\tilde{E}_{\gamma, c}\right) \leq A B_{\alpha, p}(E)
$$

where $A>0$ depends only on $n, \alpha, p, \beta$ and $c$.
The proof of Theorem 2 will use the same converted measure as in the proof of Theorem 1, the dual definition of $B_{\alpha, p}$ and the Hedberg-Wolff lemma (see Lemmas D and E). We shall later generalize these theorems, in connection with Nagel-Stein approach region ([11]). We shall introduce a notion of "thin sets" and combine it with the generalized version of Theorems 1 and 2 to obtain the tangential boundary behavior of harmonic functions given as the Poisson integral of Bessel potentials.

The plan of this paper is as follows. We shall prove Theorems 1 and 2 in Sections 2 and 3, respectively. A theorem similar to Theorem 2 for the case $\alpha p=n$ will be given also in Section 3. In Section 4 we shall introduce the Nagel-Stein approach region and generalize Theorems 1 and 2. The boundary behavior of harmonic functions will be considered in Section 5. Finally, a norm estimate of tangential maximal functions of Poisson integrals will be given in Section 6. We shall observe that our arguments yield different proofs of Ahern-Nagel [2, Theorem 6.2 and Corollary 6.3].

The author would like to thank Professors K. Hatano, F.-Y. Maeda and Y. Mizuta for helpful comments.

## 2. Proof of Theorem 1

Let us recall the fundamental lemma due to Frostman (see e.g. [4, Theorem 1 on p. 7] and [6, Lemma 5.4]).

Lemma A. Let $h$ be a measure function. Suppose $F$ is a compact set such that $M_{h}(F)>0$. Then there is a measure $\mu$ supported on $F$ such that

$$
\begin{aligned}
& \|\mu\| \approx M_{h}(F), \\
& \mu(B(x, r)) \leq h(r) \quad \text { for all } x \in R^{n} \text { and } r>0 .
\end{aligned}
$$

We also need the Besicovitch covering lemma (see e.g. [14, Theorem 1.3.5]).
Lemma B. Let $E$ be a set in $\boldsymbol{R}^{n}$ and suppose that $r(x)$ is a positive bounded function on $E$. Then we can select $\left\{x_{j}\right\} \subset E$ with the following properties:
(i) $E \subset \bigcup_{j} B\left(x_{j}, r\left(x_{j}\right)\right)$.
(ii) The multiplicity of $\left\{B\left(x_{j}, r\left(x_{j}\right)\right)\right\}$ is bounded by a positive constant $N$ depending only on the dimension. In other words, $\sum \chi_{B\left(x_{j}, r\left(x_{j}\right)\right)} \leq N$.
We note the dual definition of $C_{K}$.
Lemma C. Let E be an analytic set. Then

$$
C_{K}(E)=\sup \left\{\|\mu\|: \mu \text { is concentrated on } E, K * \mu \leq 1 \text { on } R^{n}\right\}
$$

For each integer $v$ we let $G_{v}$ be the family of cubes

$$
Q=\left\{\left(x_{1}, \ldots, x_{n}\right): \frac{k_{i}}{2^{v}} \leq x_{i}<\frac{k_{i}+1}{2^{v}}, i=1, \ldots, n\right\},
$$

where $k_{1}, \ldots, k_{n}$ are integers. We let $G=\left\{G_{v}\right\}_{v=-\infty}^{\infty}$. For a cube $Q$ of side length $l$ we put $\tau_{h}(Q)=h(l)$ and define

$$
m_{h}(E)=\inf \left\{\sum_{j=1}^{\infty} \tau_{h}\left(Q_{j}\right): E \subset \bigcup_{j=1}^{\infty} Q_{j}, Q_{j} \in G\right\} .
$$

Then it is easy to see that

$$
\begin{equation*}
M_{h}(E) \approx m_{h}(E) \quad \text { for any set } E \tag{2.1}
\end{equation*}
$$

([4, (1.3) on p. 7]). We observe that $m_{h}$ has the increasing property.
Lemma 1. Let $\lim _{r \rightarrow \infty} h(r)=\infty$. If $E_{j} \uparrow E$, then $\lim _{j \rightarrow \infty} m_{h}\left(E_{j}\right)=m_{h}(E)$.

In particular, if $E$ is an $F_{\sigma}$-set, then

$$
m_{h}(E)=\sup _{\substack{F \subset E \\ F \text { is compact }}} m_{h}(F) .
$$

Proof. It is clear that $\lim _{j \rightarrow \infty} m_{h}\left(E_{j}\right) \leq m_{h}(E)$. Hence, it is sufficient to show the opposite inequality, under the assumption that $\lim _{j \rightarrow \infty} m_{h}\left(E_{j}\right)<\infty$. Let $\varepsilon>0$. By definition we find cubes $Q_{j, i} \in G$ such that

$$
\begin{gathered}
E_{j} \subset \bigcup_{i=1}^{\infty} Q_{j, i} \\
\sum_{i=1}^{\infty} \tau_{h}\left(Q_{j, i}\right)<m_{h}\left(E_{j}\right)+\varepsilon 2^{-j}
\end{gathered}
$$

Since $\lim _{j \rightarrow \infty} m_{h}\left(E_{j}\right)<\infty$ and $\lim _{r \rightarrow \infty} h(r)=\infty$, it follows that the side lengths of $Q_{j, i}$ are bounded. Hence we can select maximal cubes $Q_{1}, Q_{2}, \ldots, Q_{v}$, $\ldots$ whose union covers $E=\bigcup_{j=1}^{\infty} E_{j}$. Now, in the same way as in [12, Theorem 52], we can show

$$
\sum_{v=1}^{\infty} \tau_{h}\left(Q_{v}\right) \leq \lim _{j \rightarrow \infty} m_{h}\left(E_{j}\right)+2 \varepsilon
$$

and hence $m_{h}(E) \leq \lim _{j \rightarrow \infty} m_{h}\left(E_{j}\right)+2 \varepsilon$. Since $\varepsilon>0$ is arbitrary, the lemma follows.

As a corollary to (2.1) and Lemma 1 we have the following:
Corollary 1. Let $\lim _{r \rightarrow \infty} h(r)=\infty$. If $E$ is an $F_{\sigma}$-set, then

$$
M_{h}(E) \approx \sup _{\substack{F \subset E \\ F \text { is compact }}} M_{h}(F) .
$$

Remark. The assumption that $\lim _{r \rightarrow \infty} h(r)=\infty$ is essential in Lemma 1. In fact, suppose that $\lim _{r \rightarrow \infty} h(r)=a<\infty$. Then, by definition, $m_{h}(E) \leq a$ for any bounded set $E$. On the other hand it is easy to see that $m_{h}\left(\boldsymbol{R}^{n}\right)=\infty$ if $\lim \inf _{r \rightarrow 0} h(r) / r>0$. Thus the increasing property does not hold in general. This example is suggested by K. Hatano. We observe that [4, (3.2) on p. 9] actually requires some additional assumption like $\lim _{r \rightarrow \infty} h(r)=\infty$ or the boundedness of $E$.

From Lemmas A, C and 1 we show the following lemma.
Lemma 2. Let $0<n-\alpha<\beta \leq n$. Then

$$
M_{\beta}(E) \leq A B_{\alpha, 1}(E),
$$

where $A>0$ depends only on $n, \alpha$ and $\beta$.

Proof. Since $B_{\alpha, 1}$ is an outer capacity, i.e.,

$$
B_{\alpha, 1}(E)=\inf _{\substack{E \subset U \\ U \text { is open }}} B_{\alpha, 1}(U),
$$

we may assume that $E$ is an open set. Let $F$ be a compact subset of $E$. By Lemma A there is a measure $\mu$ on $F$ such that

$$
\begin{equation*}
\|\mu\| \approx M_{\beta}(F) \tag{2.2}
\end{equation*}
$$

Observe from (2.3) that

$$
\begin{aligned}
g_{\alpha} * \mu(x) & =\int_{0}^{\infty} g_{\alpha}(r) d \mu(B(x, r))=\int_{0}^{\infty} \mu(B(x, r)) d\left(-g_{\alpha}(r)\right) \\
& \leq \int_{0}^{\infty} r^{\beta} d\left(-g_{\alpha}(r)\right)=A_{1}<\infty
\end{aligned}
$$

Hence Lemma C and (2.2) yield

$$
B_{\alpha, 1}(E) \geq A_{1}^{-1}\|\mu\| \approx M_{\beta}(F) .
$$

Taking the supremum over all $F$, we obtain the required inequality from Corollary 1. The lemma follows.

Proof of Theorem 1. By (2.1) and Lemma 1 we may assume that $E$ is a bounded set. Since $B_{\alpha, 1}$ is an outer capacity, we may furthermore assume that $E$ is an open set. By Lemma 2 we have only to show that

$$
M_{\beta}\left(\tilde{E}_{\gamma, c} \backslash E\right) \leq A B_{\alpha, 1}(E)
$$

In view of Corollary 1 it is sufficient to show that

$$
\begin{equation*}
M_{\beta}(F) \leq A B_{\alpha, 1}(E) \tag{2.4}
\end{equation*}
$$

for any compact subset $F$ of $\tilde{E}_{\gamma, c} \backslash E$, since $\tilde{E}_{\gamma, c} \backslash E$ is an $F_{\sigma}$-set. By Lemma A we can find a measure $\mu$ on $F$ satisfying (2.2) and (2.3).

By definition, for each $x \in \widetilde{E}_{\gamma, c} \backslash E$, there is $x^{*} \in E$ such that $x \in$ $B\left(x^{*}, c \delta_{E}\left(x^{*}\right)^{\gamma}\right)$. We let

$$
r(x)=\sup _{\substack{x^{*} \in \in \in \\ x \in \boldsymbol{B}\left(x^{*}, c \delta_{E}\left(x^{*}\right)^{\prime}\right)}} \delta_{E}\left(x^{*}\right) .
$$

We observe that $r(x)$ is a positive bounded function on $\widetilde{E}_{\gamma, c} \backslash E$. We invoke Lemma B and find $\left\{x_{j}\right\} \subset F$ such that

$$
\begin{equation*}
F \subset \bigcup B\left(x_{j}, 2 c r_{j}^{\gamma}\right) \quad \text { with } r_{j}=r\left(x_{j}\right), \tag{2.5}
\end{equation*}
$$

the multiplicity of $\left\{B\left(x_{j}, 2 c r_{j}^{\gamma}\right)\right\}$ is bounded by $N$.
By definition we can find $x_{j}^{*} \in E$ such that

$$
\begin{gather*}
r_{j} / 2<\delta_{E}\left(x_{j}^{*}\right) \leq r_{j}  \tag{2.7}\\
\left|x_{j}-x_{j}^{*}\right|<c r_{j}^{\gamma} \tag{2.8}
\end{gather*}
$$

We put $\mu_{j}=\left.\mu\right|_{B\left(x_{j}, 2 c r_{j}\right)}$ and observe from (2.5) and (2.6) that

$$
\begin{equation*}
\mu \leq \sum \mu_{j} \leq N \mu \tag{2.9}
\end{equation*}
$$

From $\mu_{j}$ we construct a measure $\lambda_{j}$ as follows: for Borel sets $S$

$$
\begin{array}{ll}
\lambda_{j}(S)=\mu_{j}\left(4\left(S-x_{j}^{*}\right)+x_{j}\right) & \text { if } c r_{j}^{\gamma} \leq r_{j} \\
\lambda_{j}(S)=\mu_{j}\left(4 c r_{j}^{\gamma-1}\left(S-x_{j}^{*}\right)+x_{j}\right) & \text { if } c r_{j}^{\gamma}>r_{j}
\end{array}
$$

It is easy to see that

$$
\begin{equation*}
\lambda_{j} \text { is concentrated on } B\left(x_{j}^{*}, \frac{1}{2} \min \left\{c r_{j}^{\gamma}, r_{j}\right\}\right), \tag{2.10}
\end{equation*}
$$

$$
\begin{gather*}
\left\|\lambda_{j}\right\|=\left\|\mu_{j}\right\|,  \tag{2.11}\\
\lambda_{j}(B(x, \rho))=\mu_{j}(B(x, \rho))=\left\|\mu_{j}\right\|  \tag{2.12}\\
\text { for } \rho \geq \max \left\{\left|x-x_{j}\right|+2 c r_{j}^{\gamma},\left|x-x_{j}^{*}\right|+\frac{1}{2} \min \left\{c r_{j}^{\gamma}, r_{j}\right\}\right\} .
\end{gather*}
$$

Moreover, in view of (2.3)

$$
\begin{equation*}
\left\|\lambda_{j}\right\|=\left\|\mu_{j}\right\| \leq\left(2 c r_{j}^{\gamma}\right)^{\beta} \tag{2.13}
\end{equation*}
$$

for all $x \in R^{n}$ and $r>0$

$$
\begin{array}{ll}
\lambda_{j}(B(x, r)) \leq(4 r)^{\beta} & \text { if } c r_{j}^{\gamma} \leq r_{j} \\
\lambda_{j}(B(x, r)) \leq\left(4 c r_{j}^{\gamma-1} r\right)^{\beta} & \text { if } c r_{j}^{y}>r_{j} \tag{2.15}
\end{array}
$$

It follows from (2.7) that $B\left(x_{j}^{*}, r_{j} / 2\right) \subset E$ and so from (2.10) that the measure $\lambda_{j}$ is concentrated on $E$. Let $\lambda=\sum \lambda_{j}$. We claim

$$
\begin{equation*}
g_{\alpha} * \lambda \leq A_{2} \quad \text { on } \boldsymbol{R}^{n} \tag{2.16}
\end{equation*}
$$

If we have (2.16), then the proof is easy. Since $\lambda$ is concentrated on $E$, it follows from Lemma $C$ and (2.11) that

$$
B_{\alpha, 1}(E) \geq A_{2}^{-1}\|\lambda\|=A_{2}^{-1} \sum\left\|\mu_{j}\right\| \geq A_{2}^{-1}\|\mu\| .
$$

This, together with (2.2), yields (2.4).

Let us prove (2.16). Hereafter we fix $x \in \boldsymbol{R}^{n}$. First we claim

$$
\begin{equation*}
g_{\alpha} * \lambda_{j}(x) \leq A \tag{2.17}
\end{equation*}
$$

with $A$ independent of $j$ and $x$. Suppose $c r_{j}^{\gamma} \leq r_{j}$. Then by (2.14)

$$
g_{\alpha} * \lambda_{j}(x)=\int_{0}^{\infty} \lambda_{j}(B(x, r)) d\left(-g_{\alpha}(r)\right) \leq \int_{0}^{\infty}(4 r)^{\beta} d\left(-g_{\alpha}(r)\right)=A<\infty .
$$

Thus (2.17) follows. Suppose $c r_{j}^{\gamma}>r_{j}$. Then by (2.13) and (2.15)

$$
\begin{aligned}
g_{\alpha} * \lambda_{j}(x) & =\int_{0}^{\infty} \lambda_{j}(B(x, r)) d\left(-g_{\alpha}(r)\right) \\
& \leq \int_{0}^{\infty} \min \left\{\left(2 c r_{j}^{\gamma}\right)^{\beta},\left(4 c r_{j}^{\gamma-1} r\right)^{\beta}\right\} d\left(-g_{\alpha}(r)\right) \\
& =\int_{0}^{r_{j} / 2}\left(4 c r_{j}^{\gamma-1} r\right)^{\beta} d\left(-g_{\alpha}(r)\right)+\left(2 c r_{j}^{\gamma}\right)^{\beta} \int_{r_{j} / 2}^{\infty} d\left(-g_{\alpha}(r)\right) \\
& \leq A r_{j}^{(\gamma-1) \beta} r_{j}^{\beta+\alpha-n}+A r_{j}^{\gamma \beta} r_{j}^{\alpha-n}=A<\infty
\end{aligned}
$$

Thus (2.17) follows in this case, too.
Let us write

$$
\lambda^{\prime}=\sum^{\prime} \lambda_{j}, \quad \lambda^{\prime \prime}=\sum^{\prime \prime} \lambda_{j},
$$

where $\sum^{\prime}$ (resp. $\sum^{\prime \prime}$ ) denotes the summation over $j$ for which $x \in B\left(x_{j}, 2 c r_{j}^{\gamma}\right)$ (resp. $x \notin B\left(x_{j}, 2 c r_{j}^{\gamma}\right)$ ). In view of (2.6), the number of $j$ appearing in $\Sigma^{\prime}$ is at most $N$. Hence by (2.17)

$$
\begin{equation*}
g_{\alpha} * \lambda^{\prime}(x) \leq A \tag{2.18}
\end{equation*}
$$

Next, we consider $g_{\alpha} * \lambda^{\prime \prime}(x)$. Let us estimate $\lambda^{\prime \prime}(B(x, r))=\sum^{\prime \prime} \lambda_{j}(B(x, r))$. In the summation $\sum^{\prime \prime}$, we may consider only $j$ such that $\lambda_{j}(B(x, r))>0$. By (2.10) this implies that $\left|x-x_{j}^{*}\right| \leq r+c r_{j}^{\gamma} / 2$. In view of the definition of $\sum^{\prime \prime}$, we have $\left|x-x_{j}\right| \geq 2 c r_{j}^{\gamma}$. Using these inequalities and (2.8), we obtain

$$
r+c r_{j}^{\gamma} / 2 \geq\left|x-x_{j}^{*}\right| \geq\left|x-x_{j}\right|-\left|x_{j}-x_{j}^{*}\right| \geq 2 c r_{j}^{\gamma}-c r_{j}^{\gamma}=c r_{j}^{\gamma},
$$

so that $r \geq c r_{j}^{\gamma} / 2,\left|x-x_{j}^{*}\right| \leq 2 r,\left|x_{j}-x_{j}^{*}\right| \leq 2 r$ and $\left|x-x_{j}\right| \leq 4 r$. Hence

$$
\max \left\{\left|x-x_{j}\right|+2 c r_{j}^{\gamma},\left|x-x_{j}^{*}\right|+\frac{1}{2} \min \left\{c r_{j}^{\gamma}, r_{j}\right\}\right\} \leq \max \{8 r, 3 r\}=8 r
$$

Therefore, (2.12) implies that $\lambda_{j}(B(x, 8 r))=\mu_{j}(B(x, 8 r))$, so that

$$
\begin{aligned}
\lambda^{\prime \prime}(B(x, r)) & =\sum^{\prime \prime} \lambda_{j}(B(x, r)) \\
& \leq \sum^{\prime \prime} \lambda_{j}(B(x, 8 r))=\sum^{\prime \prime} \mu_{j}(B(x, 8 r)) \\
& \leq \sum \mu_{j}(B(x, 8 r)) \leq N \mu(B(x, 8 r)),
\end{aligned}
$$

where the last inequality follows from (2.9). Hence by (2.3)

$$
\begin{equation*}
\lambda^{\prime \prime}\left(B(x, r) \leq N(8 r)^{\beta} \quad \text { for all } r>0 .\right. \tag{2.19}
\end{equation*}
$$

Thus

$$
g_{\alpha} * \lambda^{\prime \prime}(x)=\int_{0}^{\infty} \lambda^{\prime \prime}\left(B(x, r) d\left(-g_{\alpha}(r)\right) \leq A \int_{0}^{\infty} r^{\beta} d\left(-g_{\alpha}(r)\right)=A<\infty .\right.
$$

This, together with (2.18), yields (2.16). The proof is complete.

## 3. Proof of Theorem 2

Let $\frac{1}{p}+\frac{1}{q}=1$. We have the dual definition of $C_{K, p}$ ([8, Theorem 14]).
Lemma D. Let $E$ be an analytic set. Then

$$
C_{K, p}(E)=\sup \left\{\|\mu\|^{p}: \mu \text { is concentrated on } E,\|K * \mu\|_{q} \leq 1\right\} .
$$

Let $\alpha p \leq n$. We put

$$
W_{\alpha, p}^{\mu}(x)=\int_{0}^{1}\left(\frac{\mu(B(x, r))}{r^{n-\alpha p}}\right)^{q-1} \frac{d r}{r} .
$$

Hedberg and Wolff [7] proved the following lemma (see also [1] and [14, Theorem 4.7.5]).

Lemma E. Let $\alpha p \leq n$. Then

$$
\left\|g_{\alpha} * \mu\right\|_{q}^{q} \approx \int W_{\alpha, p}^{\mu}(x) d \mu(x)
$$

In the same way as in the proof of Lemma 2, we obtain the following lemma from Lemmas A, D and E.

Lemma 3. Let $1<p<\infty$ and $0 \leq n-\alpha p<\beta \leq n$. Then

$$
M_{\beta}(E) \leq A B_{\alpha, p}(E),
$$

where $A>0$ depends only on $n, \alpha, p$ and $\beta$.
Proof. Since $B_{\alpha, p}$ is an outer capacity, we may assume that $E$ is an open set. Let $F$ be a compact subset of $E$. By Lemma A there is a measure
$\mu$ on $F$ satisfying (2.2) and (2.3). Observe from (2.3) that

$$
W_{\alpha, p}^{\mu}(x) \leq \int_{0}^{1}\left(\frac{r^{\beta}}{r^{n-\alpha p}}\right)^{q-1} \frac{d r}{r}=A<\infty,
$$

since $n-\alpha p<\beta$. Hence Lemma E yields $\left\|g_{\alpha} * \mu\right\|_{q}^{q} \leq A\|\mu\|$, or equivalently

$$
\left\|g_{\alpha} * \frac{\mu}{A\|\mu\|^{1 / q}}\right\|_{q} \leq 1 .
$$

Hence Lemma D and (2.2) yield

$$
B_{\alpha, p}(E) \geq\left(\frac{\|\mu\|}{A\|\mu\|^{1 / q}}\right)^{p}=A\|\mu\| \approx M_{\beta}(F) .
$$

Taking the supremum over all $F$, we obtain the required inequality from Corollary 1.

Proof of Theorem 2. We may assume that $E$ is a bounded open set. In view of Lemma 3 and Corollary 1 it is sufficient to show that

$$
\begin{equation*}
M_{\beta}(F) \leq A B_{\alpha, p}(E) \tag{3.1}
\end{equation*}
$$

for any compact set $F \subset \tilde{E}_{\gamma, c} \backslash E$. In the same way as in the proof of Theorem 1 we can find a measure $\mu$ on $F$ satisfying (2.2) and (2.3). We find balls $B\left(x_{j}, 2 c r_{j}^{\gamma}\right)$ satisfying (2.5) and (2.6). Let $\mu_{j}=\left.\mu\right|_{B\left(x_{j}, 2 c r_{r}^{\gamma}\right)}$ and let $\lambda_{j}, \lambda, \lambda^{\prime}$ and $\lambda^{\prime \prime}$ be as in the proof of Theorem 1. Observe that (2.9)-(2.15) and (2.19) hold. In particular $\lambda$ is concentrated on $E$ and

$$
\begin{equation*}
\|\lambda\| \approx\|\mu\| \approx M_{\beta}(F) \tag{3.2}
\end{equation*}
$$

If $c r_{j}^{\gamma} \leq r_{j}$, then by (2.14)

$$
W_{\alpha, p}^{\lambda_{j}}(x) \leq A \int_{0}^{1}\left(\frac{(4 r)^{\beta}}{r^{n-\alpha p}}\right)^{q-1} \frac{d r}{r}=A<\infty .
$$

If $c r_{j}^{\gamma}>r_{j}$, then by (2.13) and (2.15)

$$
W_{\alpha, p}^{\lambda_{j}}(x) \leq A \int_{0}^{1}\left(\frac{\left(\min \left\{4 c r_{j}^{\gamma-1} r, 2 c r_{j}^{\gamma}\right\}\right)^{\beta}}{r^{n-\alpha p}}\right)^{q-1} \frac{d r}{r} \leq A<\infty .
$$

Thus $W_{\alpha, p}^{\lambda_{j}}(x) \leq A$ in any case, and hence from (2.6) we have $W_{\alpha, p}^{\lambda^{\prime}}(x) \leq A$. From (2.19) we have

$$
W_{\alpha, p}^{\lambda^{\prime \prime}(x)} \leq A \int_{0}^{1}\left(\frac{(8 r)^{\beta}}{r^{n-\alpha p}}\right)^{q-1} \frac{d r}{r}=A<\infty .
$$

Thus $W_{\alpha, p}^{\lambda}(x) \leq A$. Hence Lemma E yields $\left\|g_{\alpha} * \lambda\right\|_{q}^{q} \leq A\|\lambda\|$, or equivalently

$$
\left\|g_{\alpha} * \frac{\lambda}{A\|\lambda\|^{1 / q}}\right\|_{q} \leq 1
$$

Since $\lambda$ is concentrated on $E$, it follows from Lemma D and (3.2) that

$$
B_{\alpha, p}(E) \geq\left(\frac{\|\lambda\|}{A\|\lambda\|^{1 / q}}\right)^{p}=A\|\lambda\| \approx M_{\beta}(F) .
$$

Thus (3.1) follows. The theorem is proved.
Observe that if $r>0$ is small, then

$$
B_{\alpha, p}(B(0, r)) \approx \begin{cases}r^{n-\alpha p} & \text { if } \alpha p<n \\ \left(\log \frac{1}{r}\right)^{1-p} & \text { if } \alpha p=n\end{cases}
$$

Therefore, it may be natural to consider a logarithmic expansion in case $\alpha p=n$.

Theorem 2'. Let $1<p<\infty, \alpha p=n, 0<\beta \leq n$ and $c>0$. We put

$$
\varphi(r)=\varphi_{\beta, p}(r)= \begin{cases}\left(\log \frac{1}{r}\right)^{(1-p) / \beta}, & 0<r<1 / 2  \tag{3.3}\\ 2(\log 2)^{(1-p) / \beta} r, & r \geq 1 / 2\end{cases}
$$

and

$$
\tilde{E}_{\varphi, c}=\bigcup_{x \in E} B\left(x, c \varphi\left(\delta_{E}(x)\right)\right) .
$$

Then

$$
M_{\beta}\left(\tilde{E}_{\varphi, c}\right) \leq A B_{\alpha, p}(E),
$$

where $A>0$ depends only on $n, \alpha, p, \beta$ and $c$.
Proof. We can prove the theorem in a way similar to Theorem 2. But for the completeness we give a proof. We observe that $\varphi(r)$ is a positive continuous increasing function. We may assume that $E$ is a bounded open set. In view of Lemma 3 and Corollary 1 it is sufficient to show that

$$
\begin{equation*}
M_{\beta}(F) \leq A B_{\alpha, p}(E) \tag{3.4}
\end{equation*}
$$

for any compact subset $F \subset \tilde{E}_{\varphi, c} \backslash E$. In the same way as in the proof of Theorem 1 we can find a measure $\mu$ on $F$ satisfying (2.2) and (2.3). Let

$$
\rho(x)=\sup _{\substack{x \in B\left(x^{*}, \epsilon \varphi \in \\ x_{E}, \epsilon\left(\delta_{E}\left(x^{*}\right)\right)\right)}} \delta_{E}\left(x^{*}\right)
$$

and observe that $\rho(x)$ is a positive bounded function on $\tilde{E}_{\varphi, c} \backslash E$. By Lemma B we find $\left\{x_{j}\right\} \subset F$ such that

$$
\begin{equation*}
F \subset \bigcup B\left(x_{j}, 2 c \varphi\left(r_{j}\right)\right) \quad \text { with } r_{j}=\rho\left(x_{j}\right), \tag{3.5}
\end{equation*}
$$

By definition we can find $x_{j}^{*} \in E$ such that

$$
\begin{equation*}
r_{j} / 2<\delta_{E}\left(x_{j}^{*}\right) \leq r_{j} \quad \text { and } \quad\left|x_{j}-x_{j}^{*}\right|<c \varphi\left(r_{j}\right) . \tag{3.7}
\end{equation*}
$$

We put $\mu_{j}=\left.\mu\right|_{B\left(x_{j}, 2 c \varphi\left(r_{j}\right)\right)}$ and observe from (3.5) and (3.6) that

$$
\mu \leq \sum \mu_{j} \leq N \mu
$$

From $\mu_{j}$ we construct a measure $\lambda_{j}$ as follows: for Borel sets $S$

$$
\begin{array}{ll}
\lambda_{j}(S)=\mu_{j}\left(4\left(S-x_{j}^{*}\right)+x_{j}\right) & \text { if } c \varphi\left(r_{j}\right) \leq r_{j} \\
\lambda_{j}(S)=\mu_{j}\left(4 c \varphi\left(r_{j}\right) r_{j}^{-1}\left(S-x_{j}^{*}\right)+x_{j}\right) & \text { if } c \varphi\left(r_{j}\right)>r_{j}
\end{array}
$$

It is easy to see that

$$
\begin{gathered}
\lambda_{j} \text { is concentrated on } B\left(x_{j}^{*}, \frac{1}{2} \min \left\{c \varphi\left(r_{j}\right), r_{j}\right\}\right), \\
\left\|\lambda_{j}\right\|=\left\|\mu_{j}\right\| \leq\left(2 c \varphi\left(r_{j}\right)\right)^{\beta}, \\
\lambda_{j}(B(x, \rho))=\mu_{j}(B(x, \rho))=\left\|\mu_{j}\right\| \\
\text { for } \rho \geq \max \left\{\left|x-x_{j}\right|+2 c \varphi\left(r_{j}\right),\left|x-x_{j}^{*}\right|+\frac{1}{2} \min \left\{c \varphi\left(r_{j}\right), r_{j}\right\}\right\},
\end{gathered}
$$

and for all $x \in \boldsymbol{R}^{n}$ and $r>0$

$$
\begin{array}{ll}
\lambda_{j}(B(x, r)) \leq(4 r)^{\beta} & \text { if } c \varphi\left(r_{j}\right) \leq r_{j} \\
\lambda_{j}(B(x, r)) \leq\left(4 c \varphi\left(r_{j}\right) r_{j}^{-1} r\right)^{\beta} & \text { if } c \varphi\left(r_{j}\right)>r_{j}
\end{array}
$$

Let $\lambda=\sum \lambda_{j}$. It follows from (3.7) that $B\left(x_{j}^{*}, r_{j} / 2\right) \subset E$ so that the measure $\lambda_{j}$ is concentrated on $E$, and so is $\lambda$. We claim

$$
\begin{equation*}
W_{\alpha, p}^{\lambda_{j}}(x) \leq A \tag{3.8}
\end{equation*}
$$

with $A$ independent of $j$ and $x$. If $c \varphi\left(r_{j}\right) \leq r_{j}$, then

$$
W_{\alpha, p}^{\lambda_{j}}(x) \leq A \int_{0}^{1}(4 r)^{\beta(q-1)} \frac{d r}{r}=A<\infty,
$$

so that (3.8) follows. If $c \varphi\left(r_{j}\right)>r_{j}$, then

$$
\begin{aligned}
W_{\alpha, p}^{\lambda_{j}}(x) & \leq A \int_{0}^{1} \min \left\{\left(4 c \varphi\left(r_{j}\right) r_{j}^{-1} r\right)^{\beta},\left(2 c \varphi\left(r_{j}\right)\right)^{\beta}\right\}^{q-1} \frac{d r}{r} \\
& \leq A \varphi\left(r_{j}\right)^{\beta(q-1)} \int_{0}^{1} \min \left\{\frac{r}{r_{j}}, 1\right\}^{\beta(q-1)} \frac{d r}{r} \\
& \leq \begin{cases}A \varphi\left(r_{j}\right)^{\beta(q-1)}\left(\frac{1}{\beta(q-1)}+\log \frac{1}{r_{j}}\right) & \text { if } 0<r_{j}<1, \\
A \varphi\left(r_{j}\right)^{\beta(q-1)} \frac{1}{\beta(q-1)^{2}} r_{j}^{-\beta(q-1)} & \text { if } r_{j} \geq 1,\end{cases}
\end{aligned}
$$

so that in view of the definition of $\varphi$ we have (3.8) in this case, too. Let us write

$$
\lambda^{\prime}=\sum^{\prime} \lambda_{j}, \quad \lambda^{\prime \prime}=\sum^{\prime \prime} \lambda_{j}
$$

where $\sum^{\prime}$ (resp. $\sum^{\prime \prime}$ ) denotes the summation over $j$ for which $x \in B\left(x_{j}, 2 c \varphi\left(r_{j}\right)\right)$ (resp. $x \notin B\left(x_{j}, 2 c \varphi\left(r_{j}\right)\right)$ ). In view of (3.6) the number of $j$ appearing in $\sum^{\prime}$ is at most $N$. Hence (3.8) implies that

$$
\begin{equation*}
W_{a, p}^{\lambda^{\prime}}(x) \leq A . \tag{3.9}
\end{equation*}
$$

In the same way as in the proof of Theorem 1 we estimate $\lambda^{\prime \prime}(B(x, r))$. Observe that if $x \notin B\left(x_{j}, 2 c \varphi\left(r_{j}\right)\right)$ and $\lambda_{j}(B(x, r))>0$, then $\left|x-x_{j}\right|+2 c \varphi\left(r_{j}\right)<8 r$, so that $\lambda_{j}(B(x, 8 r))=\mu_{j}(B(x, 8 r))$ and (2.19) holds. Therefore

$$
W_{\alpha, p}^{\lambda^{\prime \prime}(x)} \leq A \int_{0}^{1}(8 r)^{\beta(q-1)} \frac{d r}{r}=A<\infty .
$$

This, together with (3.9), yields

$$
W_{\alpha, p}^{\lambda} \leq A \quad \text { on } R^{n}
$$

Hence Lemmas D and E and (2.2) imply

$$
B_{\alpha, p}(E) \geq A\|\lambda\| \approx\|\mu\| \approx M_{\beta}(F) .
$$

Thus (3.4) follows. The theorem is proved.

## 4. Generalization

Let $\Omega$ be a set in $R_{+}^{n+1}$ with $\bar{\Omega} \cap \partial R_{+}^{n+1}=\{0\}$. For simplicitly we assume that $\Omega \supset\{(0, y): y>0\}$. Put $\Omega(y)=\{x:(x, y) \in \Omega\}$. We say that $\Omega$ satisfies the Nagel-Stein condition (abbreviated to (NS)), if
(i) $|\Omega(y)| \leq A y^{n}$ with $A=A(\Omega)$;
(ii) there is $a_{0}>0$ such that

$$
\left(x_{1}, y_{1}\right) \in \Omega \quad \text { and } \quad\left|x-x_{1}\right|<a_{0}\left(y-y_{1}\right) \Rightarrow(x, y) \in \Omega
$$

It is easy to see that $\Omega(y)$ is an increasing set function of $y$, i.e., if $y_{1}<y_{2}$, then $\Omega\left(y_{1}\right) \subset \Omega\left(y_{2}\right)$. For $E$ we put

$$
\tilde{E}_{\gamma, c ; \Omega}=\bigcup_{x \in E}\left(x+\Omega\left(c \delta_{E}(x)^{\gamma}\right)\right) .
$$

We have a generalization of Theorems 1,2 and $2^{\prime}$.
Theorem 3. Let $1 \leq p<\infty, 0<\alpha<n, 0 \leq n-\alpha p<\beta \leq n, \gamma=(n-\alpha p) / \beta$, $c>0$ and let $\varphi(r)=\varphi_{\beta, p}(r)$ be as in (3.3) if $\alpha p=n$. Let $\Omega$ satisfy (NS). Then

$$
\begin{array}{ll}
M_{\beta}\left(\tilde{E}_{\gamma, c ; \Omega}\right) \leq A B_{\alpha, p}(E) & \text { if } \alpha p<n, \\
M_{\beta}\left(\tilde{E}_{\varphi, c ; \Omega}\right) \leq A B_{\alpha, p}(E) & \text { if } \alpha p=n,
\end{array}
$$

where $A>0$ depends only on $n, \alpha, p, \beta, c$ and $\Omega$.
We shall prove this theorem as a corollary to Theorems 1,2 and $2^{\prime}$ and the following lemma.

Lemma 4. Let $0<\beta \leq n$ and let $\Omega$ satisfy ( $N S$ ). If $V$ is an open subset of $\boldsymbol{R}^{n}$, then

$$
M_{\beta}\left(\bigcup_{x \in V}\left(x+\Omega\left(\delta_{V}(x)\right)\right) \leq A M_{\beta}(V),\right.
$$

where $\delta_{V}(x)=\operatorname{dist}\left(x, V^{c}\right)$ and $A>0$ depends only on $\beta, \Omega$ and $n$.
If we assume Lemma 4, then the proof of Theorem 3 is easy.
Proof of Theorem 3. We prove the theorem only in the case $\alpha p<n$, since the case $\alpha p=n$ is similarly proved. First we claim that

$$
\begin{equation*}
\tilde{E}_{\gamma, c ; \Omega} \subset \bigcup_{x \in \tilde{E}_{, c}}\left(x+\Omega\left(\delta_{\tilde{E}_{\gamma, c}}(x)\right)\right) . \tag{4.1}
\end{equation*}
$$

Suppose $x \in E$. By definition $B\left(x, c \delta_{E}(x)^{\gamma}\right) \subset \tilde{E}_{\gamma, c}$, so that $c \delta_{E}(x)^{\gamma} \leq \delta_{\tilde{E}_{,, c}}(x)$. Hence

$$
\tilde{E}_{\gamma, c ; \Omega}=\bigcup_{x \in E}\left(x+\Omega\left(c \delta_{E}(x)^{\gamma}\right)\right) \subset \bigcup_{x \in E}\left(x+\Omega\left(\delta_{\tilde{E}_{y, c}}(x)\right)\right) \subset \bigcup_{x \in \tilde{E}_{\gamma, c}}\left(x+\Omega\left(\delta_{\tilde{E}_{\gamma, c}}(x)\right)\right) .
$$

Thus (4.1) follows. Combining (4.1), Lemma 4 with $V=\widetilde{E}_{\gamma, c}$ and Theorems 1 and 2 , we obtain

$$
M_{\beta}\left(\tilde{E}_{\gamma, c ; \Omega}\right) \leq M_{\beta}\left(\bigcup_{x \in \tilde{E}_{\tilde{p}, c}}\left(x+\Omega\left(\delta_{\tilde{E}_{r, c}}(x)\right)\right) \leq A M_{\beta}\left(\tilde{E}_{\gamma, c}\right) \leq A B_{\alpha, p}(E) .\right.
$$

Thus the theorem is proved.

For a proof of Lemma 4 we consider the Whitney decomposition of $V$, i.e. $Q_{k}$ are closed cubes with sides parallel to the axes with the following properties:
(i) $\bigcup Q_{k}=V$;
(ii) the interiors of $Q_{k}$ are mutually disjoint;
(iii)

$$
\begin{equation*}
\operatorname{diam}\left(Q_{k}\right) \leq \operatorname{dist}\left(Q_{k}, V^{c}\right) \leq 4 \operatorname{diam}\left(Q_{k}\right) \tag{4.2}
\end{equation*}
$$

( $[13$, Theorem 1 on p .167$]$ ). Let $\tilde{Q}_{k}$ be the cube which has the same center as $Q_{k}$ but is expanded by the factor $9 / 8$. Then

$$
\begin{equation*}
\text { the multiplicity of } \tilde{Q}_{k} \text { is bounded by } N_{1} \tag{4.3}
\end{equation*}
$$

where $N_{1}$ depends only on the dimension $n$ ([13, Proposition 3 on p. 169]). In view of (4.2) we can choose a constant $c_{0}, 0<c_{0}<1$, with the property that

$$
\begin{equation*}
B\left(x, c_{0} \delta_{V}(x)\right) \cap Q_{k} \neq \varnothing \Rightarrow B\left(x, c_{0} \delta_{V}(x)\right) \subset \tilde{Q}_{k} \tag{4.4}
\end{equation*}
$$

Using these facts, we can prove the following lemma.
Lemma 5. Suppose $V$ is an open subset of $\boldsymbol{R}^{n}$. Then there is a covering $\mathscr{B}=\left\{B\left(x_{j}, r_{j}\right)\right\}$ of $V$ such that

$$
\begin{gather*}
r_{j} \geq \delta_{V}\left(x_{j}\right),  \tag{4.5}\\
\sum_{j} r_{j}^{\beta} \leq A M_{\beta}(V), \tag{4.6}
\end{gather*}
$$

where $A>0$ depends only on the dimension $n$ and $\beta$.
Proof. Since $V$ is an open set, it follows that $M_{\beta}(V)>0$. By definition we can find a covering $\left\{B\left(\xi_{j}, \rho_{j}\right)\right\}$ of $V$ such that

$$
\begin{equation*}
\sum_{j} \rho_{j}^{\beta} \leq 2 M_{\beta}(V) . \tag{4.7}
\end{equation*}
$$

From this covering we construct a covering $\mathscr{B}$ with the required properties.
Let $\bigcup_{k} Q_{k}$ be the Whitney decomposition of $V$ and let $\tilde{Q}_{k}$ be the expanded cube as before the lemma. We let

$$
\begin{aligned}
& \mathscr{K}_{1}=\left\{k: \text { there is } B\left(\xi_{j}, \rho_{j}\right) \text { meeting } Q_{k} \text { such that } \rho_{j} \geq c_{0} \delta_{V}\left(\xi_{j}\right)\right\}, \\
& \mathscr{K}_{2}=\left\{k: \text { if } B\left(\xi_{j}, \rho_{j}\right) \text { meets } Q_{k}, \text { then } \rho_{j}<c_{0} \delta_{V}\left(\xi_{j}\right)\right\},
\end{aligned}
$$

where $c_{0}$ is the constant appearing in (4.4).
First suppose $k \in \mathscr{K}_{1}$. We can find $j=j(k)$ such that $B\left(\xi_{j}, \rho_{j}\right) \cap Q_{k} \neq \varnothing$ and $\rho_{j} \geq c_{0} \delta_{V}\left(\xi_{j}\right)$. Let $\xi \in B\left(\xi_{j}, \rho_{j}\right) \cap Q_{k}$. We have from (4.2)

$$
\operatorname{diam}\left(Q_{k}\right) \leq \operatorname{dist}\left(Q_{k}, V^{c}\right) \leq \delta_{V}(\xi) \leq \delta_{V}\left(\xi_{j}\right)+\rho_{j} \leq\left(1+c_{0}^{-1}\right) \rho_{j}
$$

Hence $Q_{k} \subset B\left(\xi_{j},\left(2+c_{0}^{-1}\right) \rho_{j}\right)$, so that

$$
\begin{gather*}
\bigcup_{k \in \mathscr{x}_{1}} Q_{k} \subset \bigcup_{k \in \mathscr{X}_{1}} B\left(\xi_{j(k)},\left(2+c_{0}^{-1}\right) \rho_{j(k)}\right),  \tag{4.8}\\
\left(2+c_{0}^{-1}\right) \rho_{j(k)} \geq\left(2+c_{0}^{-1}\right) c_{0} \delta_{V}\left(\xi_{j(k)}\right) \geq \delta_{V}\left(\xi_{j(k)}\right) . \tag{4.9}
\end{gather*}
$$

Second suppose $k \in \mathscr{K}_{2}$. Since $\rho_{j}<c_{0} \delta_{V}\left(\xi_{j}\right)$ for $B\left(\xi_{j}, \rho_{j}\right) \cap Q_{k} \neq \varnothing$, we obtain from (4.4) that

$$
Q_{k} \subset \bigcup_{B\left(\xi_{j}, \rho_{j}\right) \cap Q_{k} \neq \varnothing} B\left(\xi_{j}, \rho_{j}\right) \subset \tilde{Q}_{k} .
$$

From the first inclusion we have

$$
\begin{aligned}
& \left|Q_{k}\right| \leq A \sum_{B\left(\xi_{j}, \rho_{j}\right) \cap \sum_{k} \neq \varnothing} \rho_{j}^{n}=A\left|Q_{k}\right| \left\lvert\, \sum_{B\left(\xi_{j}, \rho_{j} \sum_{Q_{k}} \neq \varnothing\right.}\left(\frac{\rho_{j}}{\operatorname{diam}\left(Q_{k}\right)}\right)^{n}\right. \\
& \leq A\left|Q_{k}\right| \sum_{B\left(\xi_{j}, \rho_{j} \sum_{Q_{k}} \neq \varnothing\right.}\left(\frac{\rho_{j}}{\operatorname{diam}\left(Q_{k}\right)}\right)^{\beta},
\end{aligned}
$$

so that the second inclusion yields

$$
\operatorname{diam}\left(Q_{k}\right)^{\beta} \leq A \sum_{B\left(\xi_{j}, \rho_{j}\right) \cap_{Q_{k}} \neq \varnothing} \rho_{j}^{\beta} \leq A \sum_{B\left(\xi_{j}, \rho_{j}\right)<\tilde{Q}_{k}} \rho_{j}^{\beta} .
$$

Hence

$$
\begin{equation*}
\sum_{k \in \mathscr{X}_{2}} \operatorname{diam}\left(Q_{k}\right)^{\beta} \leq A \sum_{k \in \mathscr{X}_{2}} \sum_{B\left(\xi_{j}, \rho_{j}\right) \subset \tilde{\mathbf{Q}}_{k}} \rho_{j}^{\beta} \leq A N_{1} \sum_{j} \rho_{j}^{\beta}, \tag{4.10}
\end{equation*}
$$

where the last inequality follows from (4.3). Note that $Q_{k} \subset B\left(x_{Q_{k}}, \operatorname{diam}\left(Q_{k}\right)\right)$ with $x_{Q_{k}}$ being the center of $Q_{k}$. We have from (4.2)

$$
\begin{equation*}
\delta_{V}\left(x_{Q_{k}}\right) \leq \operatorname{dist}\left(Q_{k}, V^{c}\right)+\operatorname{diam}\left(Q_{k}\right) \leq 5 \operatorname{diam}\left(Q_{k}\right) . \tag{4.11}
\end{equation*}
$$

We observe from (4.7), (4.8) and (4.10) that

$$
\mathscr{B}=\left\{B\left(\xi_{j(k)},\left(2+c_{0}^{-1}\right) \rho_{j(k)}\right): k \in \mathscr{K}_{1}\right\} \cup\left\{B\left(x_{Q_{k}}, 5 \operatorname{diam}\left(Q_{k}\right)\right): k \in \mathscr{K}_{2}\right\}
$$

is a covering of $V$ and

$$
\begin{gathered}
\sum_{k \in \mathscr{x}_{1}}\left(\left(2+c_{0}^{-1}\right) \rho_{j(k)}\right)^{\beta} \leq\left(2+c_{0}^{-1}\right)^{\beta} \sum_{j} \rho_{j}^{\beta} \leq 2\left(2+c_{0}^{-1}\right)^{\beta} M_{\beta}(V), \\
\sum_{k \in \mathscr{x}_{2}}\left(5 \operatorname{diam}\left(Q_{k}\right)\right)^{\beta} \leq A \sum_{j} \rho_{j}^{\beta} \leq A M_{\beta}(V) .
\end{gathered}
$$

Thus (4.6) follows. We obtain from (4.9) and (4.11) that our covering $\mathscr{B}$ satisfies (4.5). The lemma is proved.

Proof of Lemma 4. First we claim

$$
\begin{equation*}
\Omega(y) \subset x+\Omega\left(y+\frac{2}{a_{0}}|x|\right), \tag{4.12}
\end{equation*}
$$

where $a_{0}$ is the constant appearing in (NS). We may assume that $x \neq 0$. Suppose $\xi \in \Omega(y)$. Then $(\xi, y) \in \Omega$ and

$$
|(\xi-x)-\xi|=|x|<2|x|=a_{0}\left(y+\frac{2}{a_{0}}|x|-y\right) .
$$

Hence (NS) implies that $\xi-x \in \Omega\left(y+2|x| / a_{0}\right)$, or equivalently $\xi \in x+$ $\Omega\left(y+2|x| / a_{0}\right)$. The claim is proved.

By Lemma 5 we find a covering $\mathscr{B}=\left\{B\left(x_{j}, r_{j}\right)\right\}$ of $V$ satisfying (4.5) and (4.6). Suppose $x \in B\left(x_{j}, r_{j}\right)$. Then $\left|x-x_{j}\right|<r_{j}$ and $\delta_{V}(x) \leq 2 r_{j}$ by (4.5), so that

$$
\Omega\left(\delta_{V}(x)\right) \subset x_{j}-x+\Omega\left(\delta_{V}(x)+\frac{2}{a_{0}}\left|x-x_{j}\right|\right) \subset x_{j}-x+\Omega\left(A_{3} r_{j}\right)
$$

with $A_{3}=2+2 / a_{0}$ by (4.12). Hence $x+\Omega\left(\delta_{V}(x)\right) \subset x_{j}+\Omega\left(A_{3} r_{j}\right)$, so that

$$
\bigcup_{x \in B\left(x_{j}, r_{j}\right)}\left(x+\Omega\left(\delta_{V}(x)\right)\right) \subset x_{j}+\Omega\left(A_{3} r_{j}\right) .
$$

By [11, Lemma 1 (d)] we find points $u_{j, v}(v=1, \ldots, M)$ such that

$$
\Omega\left(A_{3} r_{j}\right) \subset \bigcup_{v=1}^{M} B\left(u_{j, v}, 3 A_{3} r_{j}\right),
$$

where the number $M$ depends only on $\Omega$. Therefore

$$
\bigcup_{x \in V}\left(x+\Omega\left(\delta_{V}(x)\right)\right) \subset \bigcup_{j} \bigcup_{v=1}^{M} B\left(x_{j}+u_{j, v}, 3 A_{3} r_{j}\right) .
$$

Hence by (4.6)

$$
M_{\beta}\left(\bigcup_{x \in V}\left(x+\Omega\left(\delta_{V}(x)\right)\right) \leq \sum_{j} \sum_{v=1}^{M}\left(3 A_{3} r_{j}\right)^{\beta} \leq A M_{\beta}(V)\right.
$$

The lemma is proved.

## 5. Boundary behavior of harmonic functions

In what follows we are interested in the boundary behavior of harmonic functions in $R_{+}^{n+1}$. In [3] we introduced the notion of thinness at the boundary. For a set $E \subset R_{+}^{n+1}$ we put $E_{t}=\{(x, y) \in E: 0<y<t\}$ and $E^{*}=\bigcup_{(x, y) \in E} B(x, y)$. We recall that $B(x, y)$ is the $n$-dimensional ball with center at $x$ and radius $y$, so that $E^{*}$ is a set on the boundary $\boldsymbol{R}^{n}=\partial R_{+}^{n+1}$. We shall combine the above notation and write simply $E_{t}^{*}$ for $\left(E_{t}\right)^{*}$, i.e.,

$$
E_{t}^{*}=\bigcup_{\substack{(x, y) \in E \\ 0<y<t}} B(x, y)
$$

Definition. Let $E \subset \boldsymbol{R}_{+}^{n+1}$. We say that $E$ is $B_{\alpha, p}$-thin at $\partial \boldsymbol{R}_{+}^{n+1}$ if

$$
\lim _{t \rightarrow 0} B_{\alpha, p}\left(E_{t}^{*}\right)=0
$$

For a function $f$ on $\boldsymbol{R}^{n}=\partial \boldsymbol{R}_{+}^{n+1}$ we denote by $\operatorname{PI}(f)$ its Poisson integral, i.e.

$$
P I(f)(x, y)=\int_{R^{n}} \frac{A_{n} y}{\left(|x-z|^{2}+y^{2}\right)^{(n+1) / 2}} f(z) d z,
$$

where $A_{n}>0$ is such that $P I(1)=1$. In [3] we have proved
Theorem C. Let $1 \leq p<\infty$ and $\alpha p \leq n$. Let $\Omega \subset R_{+}^{n+1}$ and suppose $\bar{\Omega} \cap \partial \boldsymbol{R}_{+}^{n+1}=\{0\}$. Suppose $f \in L^{p}\left(\boldsymbol{R}^{n}\right)$. Then there is a set $E \subset \boldsymbol{R}_{+}^{n+1}$ such that $E$ is $B_{\alpha, p}-$ thin at $\partial R_{+}^{n+1}$ and that

$$
\begin{equation*}
\lim _{\substack{P \rightarrow x \\ P \in(x+\Omega) \backslash E}} P I\left(g_{\alpha} * f\right)(P)=g_{\alpha} * f(x) \tag{5.1}
\end{equation*}
$$

for $B_{\alpha, p}$-a.e. $x \in \partial R_{+}^{n+1}$, i.e. there is a set $F \subset \partial R_{+}^{n+1}$ such that $B_{\alpha, p}(F)=0$ and (5.1) holds at every $x \in \partial R_{+}^{n+1} \backslash F$.

Using Theorem 3, we can show
Theorem 4. Let $1 \leq p<\infty, 0<\alpha<n, 0 \leq n-\alpha p<\beta \leq n, \gamma=(n-\alpha p) / \beta$, $c>0$ and let $\varphi(r)=\varphi_{\beta, p}(r)$ be as in (3.3) if $\alpha p=n$. Suppose $\Omega$ satisfies (NS). Let

$$
\Omega_{\gamma, c}=\left\{(x, y): x \in \Omega\left(c y^{\nu}\right)\right\} \quad \text { and } \quad \Omega_{\varphi, c}=\{(x, y): x \in \Omega(c \varphi(y))\} .
$$

If $E$ is $B_{\alpha, p}-t h i n$ at $\partial R_{+}^{n+1}$, then

$$
\begin{array}{ll}
M_{\beta}\left(\bigcap_{t>0}\left\{x:\left(x+\Omega_{\gamma, c}\right) \cap E_{t} \neq \varnothing\right\}\right)=0 & \text { if } \alpha p<n \\
M_{\beta}\left(\bigcap_{t>0}\left\{x:\left(x+\Omega_{\varphi, c}\right) \cap E_{t} \neq \varnothing\right\}\right)=0 & \text { if } \alpha p=n
\end{array}
$$

In other words, there is a set $F \subset \partial \boldsymbol{R}_{+}^{n+1}$ of $\beta$-dimensional Hausdorff measure zero such that for $x \in \partial R_{+}^{n+1} \backslash F, \Omega_{\gamma, c}$ and $\Omega_{\varphi, c}$ lie eventually outside $E$, i.e., there is $t=t_{x}>0$ such that $E_{t} \cap\left(x+\Omega_{\gamma, c}\right)=\varnothing$ and $E_{t} \cap\left(x+\Omega_{\varphi, c}\right)=\varnothing$.

Proof. We prove the theorem only in the case $\alpha p<n$, since the case $\alpha p=n$ is similarly proved. We can easily show that

$$
\left\{x \in R^{n}:\left(x+\Omega_{\gamma, c}\right) \cap E \neq \varnothing\right\} \subset \bigcup_{x \in E^{*}}\left(x-\Omega\left(c \delta_{E^{*}}(x)^{\gamma}\right)\right),
$$

where $\delta_{E^{*}}(x)=\operatorname{dist}\left(x, E^{* c}\right)([3$, Lemma 2]). We apply Theorem 3 with $E$ replaced by $E^{*}$. Then

$$
\begin{equation*}
M_{\beta}\left(\left\{x \in \boldsymbol{R}^{n}:\left(x+\Omega_{\gamma, c}\right) \cap E \neq \varnothing\right\}\right) \leq M_{\beta}\left(\bigcup_{x \in E^{*}}\left(x-\Omega\left(c \delta_{E^{*}}(x)^{\gamma}\right)\right)\right) \leq A B_{\alpha, p}\left(E^{*}\right) \tag{5.2}
\end{equation*}
$$

Apply this inequality with $E$ replaced by $E_{t}$. Then the definition of thinness implies that

$$
M_{\beta}\left(\left\{x \in R^{n}:\left(x+\Omega_{\gamma, c}\right) \cap E_{t} \neq \varnothing\right\}\right) \leq A B_{\alpha, p}\left(E_{t}^{*}\right) \rightarrow 0 \quad \text { as } t \rightarrow 0 .
$$

Thus the theorem follows.
As a corollary to Theorems $C$ and 4 we have
Theorem 5. Let $1 \leq p<\infty, 0<\alpha<n, 0 \leq n-\alpha p<\beta \leq n, \gamma=(n-\alpha p) / \beta$, $c>0$ and let $\varphi(r)=\varphi_{\beta, p}(r)$ be as in (3.3) if $\alpha p=n$. Suppose $\Omega$ satisfies (NS) and let $\Omega_{\gamma, c}$ and $\Omega_{\varphi, c}$ be as in Theorem 4. If $f \in L^{p}\left(\boldsymbol{R}^{n}\right)$, then there is a set $F \subset \partial \boldsymbol{R}_{+}^{n+1}$ of $\beta$-dimensional Hausdorff measure zero such that

$$
\begin{array}{ll}
\lim _{\substack{P \rightarrow x \\
P \in x+\Omega_{1, c}}} P I\left(g_{\alpha} * f\right)(P)=g_{\alpha} * f(x) \text { for all } c>0 & \text { if } \alpha p<n, \\
\lim _{\substack{P \rightarrow x \\
P \in x+\Omega_{q, c}}} P I\left(g_{\alpha} * f\right)(P)=g_{\alpha} * f(x) \text { for all } c>0 & \text { if } \alpha p=n
\end{array}
$$

at every $x \in \partial R_{+}^{n+1} \backslash F$.
Let $\Omega$ be the nontangential cone $\{(x, y):|x|<y\}$. Then the approach regions in Theorem 5 are represented as $\Omega_{\gamma, c}=\left\{(x, y):|x|<c y^{\nu}\right\}$ and $\Omega_{\varphi, c}=$ $\{(x, y):|x|<c \varphi(y)\}$. Hence our Theorem 5 particularly yields the following corollary.

Corollary 2. Let $1 \leq p<\infty, \quad 0<\alpha<n, \quad 0 \leq n-\alpha p<\beta \leq n, \quad \gamma=$ $(n-\alpha p) / \beta, c>0$ and let $\varphi(r)=\varphi_{\beta, p}(r)$ be as in (3.3) if $\alpha p=n$. If $f \in L^{p}\left(\boldsymbol{R}^{n}\right)$, then there is a set $F \subset \partial R_{+}^{n+1}$ such that $M_{\beta}(F)=0$ and

$$
\begin{array}{ll}
\lim _{\substack{P \rightarrow x \\
P \in x+\Omega_{1, c}}} \operatorname{PI}\left(g_{\alpha} * f\right)(P)=g_{\alpha} * f(x) \text { for all } c>0 & \text { if } \alpha p<n, \\
\lim _{\substack{P \rightarrow x \\
P \in x+\Omega_{q, c}}} \operatorname{PI}\left(g_{\alpha} * f\right)(P)=g_{\alpha} * f(x) \text { for all } c>0 & \text { if } \alpha p=n,
\end{array}
$$

at every $x \in \partial \boldsymbol{R}_{+}^{n+1} \backslash F$.
Remark. Ahern and Nagel [2, Corollary 6.3] showed that the above corollary for $\alpha p<n$ by using a different method. Mizuta [9] studied the
tangential boundary behavior of harmonic functions with gradient in $L^{p}$. If $p \geq 2$, then his result improves Corollary 2. Ahern and Nagel [2, Corollary 7.3] also gave the same result.

## 6. Integration with respect to Hausdorff content

For a function $F$ on $R^{n}=\partial R_{+}^{n+1}$ we denote by $N F(x)$ the nontangential maximal function of the Poisson integral of $F$, i.e.

$$
N F(x)=\sup _{x+\Gamma}|P I(F)|,
$$

where $\Gamma=\{(x, y):|x|<y\}$ is the nontangential cone with vertex at the origin. Similarly, we define the tangential maximal functions by

$$
\mathscr{M}_{\gamma, c} F(x)=\sup _{x+\Omega_{, c}}|P I(F)| \quad \text { and } \quad \mathscr{M}_{\varphi, c} F(x)=\sup _{x+\Omega_{\rho, c}}|P I(F)|,
$$

where $\Omega_{\gamma, c}$ and $\Omega_{\varphi, c}$ are as in Theorem 4. We define the integral of $u \geq 0$ with respect to the Hausdorff content $M_{\beta}$ by

$$
\int u^{p} d M_{\beta}=\int_{0}^{\infty} M_{\beta}(\{x: u(x)>t\}) d t^{p} .
$$

If $\beta=n$, then the above integral is comparable to the usual Lebesgue integral.
Theorem 6. Let $1<p<\infty, 0<\alpha<n, 0 \leq n-\alpha p<\beta \leq n, \gamma=(n-\alpha p) / \beta$, $c>0$ and let $\varphi(r)=\varphi_{\beta, p}(r)$ be as in (3.3) if $\alpha p=n$. Suppose $\Omega$ satisfies (NS). If $f \in L^{p}\left(\boldsymbol{R}^{n}\right)$, then

$$
\begin{array}{ll}
\int \mathscr{M}_{\gamma, c}\left(g_{\alpha} * f\right)^{p} d M_{\beta} \leq A\|f\|_{p}^{p} & \text { if } \alpha p<n, \\
\int \mathscr{M}_{\varphi, c}\left(g_{\alpha} * f\right)^{p} d M_{\beta} \leq A\|f\|_{p}^{p} & \text { if } \alpha p=n,
\end{array}
$$

where $A>0$ depends only on $n, \alpha, p, c, \beta$ and $\Omega$.
Proof. We prove the theorem only in the case $\alpha p<n$, since the case $\alpha p=n$ is similarly proved. Let $t>0, E=\left\{(x, y):\left|P I\left(g_{\alpha} * f\right)(x, y)\right|>t\right\}$ and $E^{*}$ be as in Section 5. It is easy to see that $E^{*}=\left\{x: N\left(g_{\alpha} * f\right)(x)>t\right\}$ and $\left\{x: \mathscr{M}_{\gamma, c}\left(g_{\alpha} * f\right)(x)>t\right\}=\left\{x \in R^{n}:\left(x+\Omega_{\gamma, c}\right) \cap E \neq \varnothing\right\}$. Hence, by (5.2) and Hansson's theorem ([5] and [10, 3.7]),

$$
\begin{aligned}
\int \mathscr{M}_{\gamma, c}\left(g_{\alpha} * f\right)^{p} d M_{\beta} & =\int_{0}^{\infty} M_{\beta}\left(\left\{x: \mathscr{M}_{\gamma, c}\left(g_{\alpha} * f\right)(x)>t\right\}\right) d t^{p} \\
& \leq A \int_{0}^{\infty} B_{\alpha, p}\left(\left\{x: N\left(g_{\alpha} * f\right)(x)>t\right\}\right) d t^{p} \\
& \leq A \int_{0}^{\infty} B_{\alpha, p}\left(\left\{x: g_{\alpha} * N f(x)>t\right\}\right) d t^{p} \\
& \leq A\|N f\|_{p}^{p} \leq A\|f\|_{p}^{p}
\end{aligned}
$$

where the second inequality follows from the obvious inequality $N\left(g_{\alpha} * f\right) \leq$ $g_{\alpha} * N f$ (cf. [10, p. 344]). The theorem is proved.

Remarí. If $\beta=n$, then Theorem 6 is included in [10, Theorem 3.8]. If $\beta<n$, then Theorem 6 improves [10, Theorem 3.12]. Ahern and Nagel [2, Theorem 6.2] showed Theorem 6 for $\alpha p<n$ by using a different method.

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Department of Mathematics<br>Faculty of Science<br>Kumamoto University<br>Kumamoto 860, Japan

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[^0]:    1991 Mathematics Subject Classification. Primary 31B15, 31B25.
    Key words and phrases. Bessel capacity, Hausdorff content, tangential boundary behavior of harmonic functions.

[^1]:    Present address. Department of Mathematics, Shimane University, Matsue 690, Japan

