# A THEOREM ON THE MAJORATION OF HARMONIC MEASURE AND ITS APPLICATIONS 

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1. Let $D$ be a domain on the $z$-plane, which contains $z=0$ and $z=\infty$ belongs to its boundary $\Gamma$, which consists of at most a countable number of analytic curves. Let $\theta_{r}$ be the part of $|z|=r$ which is contained in $D$ and $r \theta(r)$ be its length.

We put $\bar{\theta}(r)=\theta(r)$, if $|z|=r$ meets $\Gamma$ and $\bar{\theta}(r)=\infty$, if $|z|=r$ does not meet $\Gamma$ and is contained entirely in $D$.

Let $w(z)$ be one-valued and regular in $D$ and on I , such that $|u(z)|>1$ in $D$ and $|w(z)|=1$ on $\Gamma$ and

$$
M(r)=\operatorname{Max}_{\theta_{r}}|w(z)|
$$

Then modifying Carleman's method ${ }^{1)}$, K. Arima") proved that

$$
\log \log M(r)>\pi \int_{0}^{\alpha r} \frac{d r}{r \bar{\theta}(r)}-\text { const. } \quad(0<\alpha<1)
$$

where $\alpha$ is any postive number less than 1 .
This is an extension of Ahlfors' theorem ${ }^{3}$, who assumed that $D$ is simply connected and is bounded by a single curve.

In this paper, by modifying Arima's method, we will prove a theorem on the majoration of harmonic measure and by which we will prove an extension of Arima's theorem.
2. Let $D=D_{R}$ be a domain on the $z$-plane, which lies in $|z|<R$, such that a part $\theta_{R}$ of $|z|=R$ belongs to its boundary. We denote the boundary of $D$, which lies in $|z|<R$ by $\Gamma=\Gamma_{R}$, so that $\Gamma_{R}+\theta_{R}$ is the whole boundary of $D$.
$z=0$ may or may not belong to $D$ and let $\rho_{0}$ be the shortest distance from $z=0$ to $D$, such that $\rho_{0}=\inf _{z \approx D}|z|$.

Now $|z|=r\left(\rho_{0}<r<R\right)$ separates $D$ into at most a countable number

[^0]of connected domains. We consider only such connected ones $\left\{D_{r}^{(i)}\right\}$, which contains $z=0$, if $z=0$ belongs to $D$ or have boundary points on $|z|$ $=\rho_{0}$, if $z=0$ does not belong to $D$ and put
\[

$$
\begin{equation*}
D_{r}=\sum_{i} D_{r}^{(i)} . \tag{1}
\end{equation*}
$$

\]

Let $\theta_{r}$ be the part of $|z|=r$, which belongs to the boundary of $D_{r}$ and $\Gamma_{r}$ be the part of $\Gamma$, which belongs to the boundary of $D_{r}$, so that $\Gamma_{r}+\theta_{r}$ is the whole boundary of $D_{r}$. We denote the length of $\theta_{r}$ by $r \theta(r)$.

If $\Gamma$ consists of a finite number of analytic curves, then we see easily that there exists a finite number of values $\rho_{0}<r_{1}<r_{2}<\cdots<r_{n}<R$, such that $\theta(r)$ is continuous in $r_{i}<r<r_{i+1}$ and is discontinuous at $r_{i}$, such that (2)

$$
\theta\left(\boldsymbol{r}_{i}-0\right)=\theta\left(\boldsymbol{r}_{i}\right)<\theta\left(\boldsymbol{r}_{i}+0\right), D_{r_{i}} \subset D_{r_{i}+0} .
$$

Let $u(z)=u_{n}(z)$ be the generalized sequence solution of the Dirichlet problem for D, with the boundary value $u(z)=1$ on $\theta_{R}$ and $u(z)=0$ on $\Gamma$. Then $u(z)$ is harmonic in $D$, such that $0<u(z)<1$ in $D$ and takes the given boundary value except a set of logarithmic capacity zero. $u(z)$ is the harmonic measure of $\theta_{R}$ with respect to $D$. We put

$$
\begin{gather*}
m(r)=\frac{1}{2 \pi} \int_{\theta_{r}}\left[u\left(r e^{i \theta}\right)\right]^{2} d \theta, \quad\left(\rho_{u} \leqq r \leqq R\right),  \tag{3}\\
S(r)=\frac{1}{\pi} \iint_{D_{r}}\left(\left(\frac{\partial u}{\partial x}\right)^{2}+\left(\frac{\partial u}{\partial y}\right)^{2}\right) d x d y, \quad(z=x+i y) . \tag{4}
\end{gather*}
$$

Then $0 \leqq m(r) \leqq 1$. We will prove
THEOREM 1. $m(r)$ is an increasing function of $r$, such that

$$
m(r)-m(\rho) \geqq \int_{\rho}^{r} \frac{S(r)}{r} d r, \quad\left(\rho_{0} \leqq \rho<r \leqq R\right) .
$$

If $\Gamma$ consists of a finite number of analytic curves, then $m(r)$ is a convex function of $\log r$ in $\left(r_{i}, r_{i+1}\right)$, such that

$$
m^{\prime}(r)=S(r) / r, \quad\left(r \neq r_{i}\right) .
$$

PROOF. First we suppose that $\Gamma$ consists of a finite number of analytic curves. Then for $r \neq r_{i}$,

$$
\begin{align*}
& \frac{\partial m(r)}{\partial \log r}=\frac{1}{\pi} \int_{\theta_{r}} u \frac{\partial u}{\partial \log r} d \theta, \quad\left(\rho_{0}<r<R\right),  \tag{5}\\
& \text { (6) } \frac{\partial^{2} m(r)}{\partial \log r^{2}}=\frac{1}{\pi} \int_{\theta_{r}}\left(\left(\frac{\partial u}{\partial \log r}\right)^{2}+u \frac{\partial^{2} u}{\partial \log r^{2}}\right) d \theta \\
& =\frac{1}{\pi} \int_{\theta_{r}}\left(\left(\frac{\partial u}{\partial \log r}\right)^{2}-u \frac{\partial^{2} u}{\partial \theta^{2}}\right) d \theta=\frac{1}{\pi} \int_{\theta_{r}}\left(\left(\frac{\partial u}{\partial \log r}\right)^{2}+\left(\frac{\partial u}{\partial \theta}\right)^{2}\right) d \theta>0,
\end{align*}
$$

so that $m(\boldsymbol{r})$ is a convex function of $\log r \operatorname{in}\left(\boldsymbol{r}_{i}, \boldsymbol{r}_{i+1}\right)$.
Let $\Gamma_{r}+\theta_{r}$ be the whole boundary of $D_{r}$ and $\nu$ be its outer normal and
$d s$ be its line element, then since $u(z)=0$ on $\Gamma_{r}$, if we apply Green's formula for $D_{r}$, we have

$$
\begin{aligned}
r m^{\prime}(\boldsymbol{r}) & =\frac{\partial m(r)}{\partial \log r}=\frac{1}{\pi} \int_{\theta_{r}} u \frac{\partial u}{\partial r} r d \theta=\frac{1}{\pi} \int_{\Gamma_{r}+\theta_{r}} u \frac{\partial u}{\partial \nu} d \boldsymbol{s} \\
& =\frac{1}{\pi} \iint_{D_{r}}\left(\left(\frac{\partial u}{\partial x}\right)^{2}+\left(\frac{\partial u}{\partial y}\right)^{2}\right) d x d y=S(r)
\end{aligned}
$$

or
(7)

$$
m^{\prime}(r)=S(r) / r, \quad\left(r \neq r_{i}\right)
$$

so that

$$
\begin{equation*}
m(r)-m(\rho) \geqq \int_{\rho} \frac{S(r)}{r} d r, \quad(\rho<r) \tag{8}
\end{equation*}
$$

In the general case, we approximate $D$ by a sequence of domains

$$
\begin{equation*}
D^{(1)} \subset D^{(2)} \subset \cdots \subset D^{(n)} \rightarrow D \tag{9}
\end{equation*}
$$

where $D^{(n)}$ is bounded by a finite number of analytic curves and we define $u_{n}(z), \theta_{r}^{(n)}, \theta_{n}(r), m_{n}(r)$ for $D^{(n)}$, such that

$$
\begin{equation*}
m_{n}(r)=\frac{1}{2 \pi} \int_{\theta_{r}^{(n)}}^{[ }\left[u_{n}\left(r e^{i \theta}\right)\right] d^{2} \theta, \quad m(r)=\frac{1}{2 \pi} \int_{\theta_{r}}\left[u\left(r e^{i \theta}\right)\right]^{2} d \theta \tag{10}
\end{equation*}
$$

Then since

$$
\begin{equation*}
u_{1}(z)<u_{2}(z)<\cdots<u_{n}(z) \rightarrow u(z) \tag{11}
\end{equation*}
$$

uniformly in the wider sense in $D$ and
(12) $\quad \theta_{i}^{(1)} \subset \theta_{i}^{(2)} \subset \cdots \subset \theta_{i}^{(n)} \rightarrow \theta_{r}$,
we have by Lebesgue's theorem,

$$
m_{1 b}(r) \rightarrow m(r), \quad(n \rightarrow \infty)
$$

By (8),

$$
\begin{equation*}
m_{n}(r)-m_{n}(\rho) \geqq \int_{\rho}^{r} \frac{S_{n}(r)}{r} d r, \quad(\rho<r ; \tag{13}
\end{equation*}
$$

where

$$
S_{n}(r)=\frac{1}{\pi} \iint_{D_{r}^{(n)}}\left(\left(\frac{\partial u_{n}}{\partial x}\right)^{2}+\left(\frac{\partial u_{n}}{\partial y}\right)^{2}\right) d x d y
$$

Since $D_{r}^{(p)} \subset D_{r}^{(n)}$ for $p<n$,

$$
\begin{equation*}
S_{n}(r) \geqq \frac{1}{\pi} \iint_{D_{r}^{(p)}}\left(\left(\frac{\partial u_{n}}{\partial x}\right)^{2}+\left(\frac{\partial u_{n}}{\partial y}\right)^{2}\right) d x d y, \quad(p<n) \tag{14}
\end{equation*}
$$

and by (11), $\frac{\partial u_{n}}{\partial x} \rightarrow \frac{\partial u}{\partial x}, \frac{\partial u_{n}}{\partial y} \rightarrow \frac{\partial u}{\partial y}$ uniformly in $D_{r}^{(p)}$, so that from (14)

$$
\lim _{n \rightarrow \infty} S_{n}(r) \geqq \frac{1}{\pi} \iint_{D_{r}^{(p)}}\left(\left(\frac{\partial u}{\partial x}\right)^{2}+\left(\frac{\partial u}{\partial y}\right)^{2}\right) d x d y
$$

hence for $p \rightarrow \infty$,

$$
\begin{equation*}
\lim _{n \rightarrow \infty} S_{n}(r) \geqq \frac{1}{\pi} \iint_{D_{r}}\left(\left(\frac{\partial u}{\partial x}\right)^{2}+\left(\frac{\partial u}{\partial y}\right)^{2}\right) d r d y=S(r) \tag{15}
\end{equation*}
$$

From (13), (15) and Fatou's lemma, we have

$$
\begin{equation*}
m(r)-m(\rho) \geqq \int_{\rho}^{r} \frac{S(r)}{r} d r, \quad(\rho<r) \tag{16}
\end{equation*}
$$

Hence Theorem 1 is proved.
REMARK. From (16),

$$
\begin{equation*}
1 \geqq m(R)-m\left(\rho_{0}\right) \geqq \int_{\rho_{0}}^{R} \frac{S(r)}{r} d r, \tag{17}
\end{equation*}
$$

or

$$
\int_{p_{0}}^{R} \frac{S(r)}{r} d r \leqq 1
$$

Hence $S(r)<\infty$ for $\rho_{0} \leqq r<R$.
3. Ler $D=D_{R}$ be a domain in $|z|<R$ and we define $u(z)=u_{R}(z)$, and $\theta_{r}$ as in $\S 2$.

We define $\bar{\theta}(r)\left(\rho_{0}<r<R\right)$ as follows. If a cirle $|z|=r$ meets $\Gamma$, then $\theta$ r consists of at most a countable number of arcs $\left\{\theta_{r}^{(i)}\right\}$ of lengths $r \theta^{(i)}(r)$ on $|z|=\mathrm{r}$, then we put $\theta(r)=\operatorname{Sup}_{i} \theta^{(i)}(r)$ and if $|z|=r$ does not meet $\Gamma$ and is contaired entirely in $D$, then we put $\bar{\theta}(r)=\infty$. Then we will prove

THEOREM. 2. (Main theorem). For any $0<\alpha<1, k>1$,

$$
u_{R}(z) \leqq C . \exp \left(-\pi \int_{k|z|}^{\alpha R} \frac{d r}{r \theta(r)}\right), \quad\left(\rho_{0} \leqq k|z|<\alpha R\right)
$$

where

$$
C=C(\alpha, k)=\frac{k+1}{k-1} \sqrt{\frac{2 e}{1-\alpha}} .
$$

If $z=0$ belongs to $D$,

$$
u_{R}(0) \leqq \sqrt{\frac{2 e}{1-\alpha}} \exp \left(-\pi \int_{0}^{\alpha R} \frac{d r}{r \theta(r)}\right), \quad(0<\alpha<1)
$$

Proof. First we suppose that $\Gamma$ consists of a finite number of analytic curves. Then from (5),

$$
\left(\frac{\partial m(r)}{\partial \log r}\right)^{2} \leqq \frac{1}{\pi^{2}} \int_{\theta_{r}} u^{2} d \theta \int_{\theta_{r}}\left(\frac{\partial u}{\partial \log r}\right)^{2} d \theta=\frac{2 m(r)}{\pi} \int_{\theta_{r}}\left(\frac{\partial u}{\partial \log r}\right)^{2} d \theta
$$

henre

$$
\begin{equation*}
-\frac{1}{\pi} \int_{\theta_{r}}\left(\frac{\partial u}{\partial \log r}\right)^{2} d \theta \geqq \frac{1}{2 m(r)}\left(\frac{\partial m(r)}{\partial \log r}\right)^{2} . \tag{18}
\end{equation*}
$$

Suppose that $|z|=r$ meets $\Gamma$, then $e_{\text {r }}$ consists of a finite number of arcs
$\theta_{r}=\sum_{i} \theta_{r}^{(i)}$ of length $r \theta^{(i)}(r)$. Since $u(z)=0$ at the both ends of $\theta_{r}^{(i)}$, by the well known inequality,

$$
\int_{\theta_{r}^{(i)}}\left(\frac{\partial u}{\partial \theta}\right)^{2} d \theta \geqq \frac{\pi^{2}}{\theta^{(i)}(\boldsymbol{r})^{2}} \int_{\substack{\theta_{r}^{(i)}}} u^{2} d \theta \geqq \frac{\pi^{2}}{\bar{\theta}(r)^{2}} \int_{\substack{\theta_{r}^{(i)}}} u^{2} d \theta,
$$

hences summing up for $i$,

$$
\int_{\theta_{r}}\left(\frac{\partial u}{\partial \theta}\right)^{2} d \theta \geqq \frac{\pi^{2}}{\bar{\theta}(r)^{2}} \int_{\theta_{r}} u^{2} d \theta=\frac{2 \pi^{3}}{\bar{\theta}(r)^{2}} m(r),
$$

or

$$
\begin{equation*}
\frac{1}{\pi} \int_{\theta_{r}}\binom{\partial u}{\partial \theta}^{2} d \theta \geqq \frac{2 \pi^{2}}{\bar{\theta}(r)^{2}} m(r) . \tag{19}
\end{equation*}
$$

From (6), (18), (19), we have

$$
\begin{equation*}
\frac{\partial^{2} m(r)}{\partial \log r^{2}} \geqq \frac{1}{2 m(r)}\left(\frac{\partial m(r)}{\partial \log r}\right)^{2}+\frac{2 \pi^{2}}{\bar{\theta}(r)^{2}} m(r) . \tag{20}
\end{equation*}
$$

If $|z|=r$ does not meet $\Gamma$, then similarly

$$
\begin{equation*}
\frac{\partial^{2} m(r)}{\partial \log r^{2}} \geqq \frac{1}{2 m(r)}\left(\frac{\partial m(r)}{\partial \log r}\right)^{2} \tag{21}
\end{equation*}
$$

so that in any case, we have

$$
\begin{equation*}
\frac{\partial^{2} m(r)}{\partial \log r^{2}} \geqq \frac{1}{2 m(r)}\left(\frac{\partial m(\boldsymbol{r})}{\partial \log r}\right)^{2}+\frac{1}{2}\left(\frac{2 \pi}{\bar{\theta}(\boldsymbol{r})}\right)^{2} m(\boldsymbol{r}) . \tag{22}
\end{equation*}
$$

If we put
(23)

$$
t=\log r, \mu(t)=m(r), \quad Q(t)=2 \pi / \bar{\theta}(r),
$$

then (22) becomes

$$
\begin{equation*}
\mu^{\prime \prime}(t) \geqq \frac{1}{2 \mu(t)} \mu^{\prime}(t)^{2}+\frac{1}{2} Q(t)^{2} \mu(t), \tag{24}
\end{equation*}
$$

or
so that

$$
\lambda^{\prime}(t)^{2}+2 \lambda^{\prime \prime}(t) \geqq Q(t)^{2}, \quad(\lambda(t)=\log \mu(t)),
$$

Since by Theorem 1 ,

$$
\lambda^{\prime}(t)+\lambda^{\prime \prime}(t) / \lambda^{\prime}(t)=\mu^{\prime \prime}(t) / \mu^{\prime}(t)>0 \text { in }\left(t_{i}, t_{i+1}\right), \quad\left(t_{i}=\log r_{i}\right),
$$

we have

$$
\mu^{\prime \prime}(t) / \mu^{\prime}(t) \geqq Q(t) \text { in }\left(t_{i}, t_{i+1}\right)
$$

Since $\mu^{\prime}\left(t_{i}-0\right)<\mu^{\prime}\left(t_{i}+0\right)$ from $m^{\prime}(r)=S(r) / r\left(r \neq r_{i}\right)$, we have

$$
\log \mu^{\prime}(t)-\log \mu^{\prime}(\tau) \geqq \int_{\tau}^{t} \frac{\mu^{\prime \prime}(t)}{\mu^{\prime}(t)} d t \geqq \int_{\tau}^{t} Q(t) d t, \quad(\tau<t),
$$

or

$$
\mu^{\prime}(t) \geqq \mu^{\prime}(\tau) \exp \left(\int^{t} Q(t) d t\right), \quad(\tau<t)
$$

If we put
(25)

$$
T=\log R, t=\log r, \tau=\log \rho
$$

we have for any $0<\alpha<1,(\rho \leqq \alpha R)$,

$$
\begin{aligned}
1 & \geqq \mu(T)-\mu(\tau) \geqq \int_{\tau}^{T} \mu^{\prime}(t) d t \geqq \mu^{\prime}(\tau) \int_{\tau}^{T} d t \exp \left(\int_{\tau}^{t} Q(t) d t\right) \\
& =\mu^{\prime}(\tau) \int_{\rho}^{R} \frac{d r}{r} \exp \left(2 \pi \int_{\rho}^{r}-\frac{d r}{r \bar{\theta}(r)}\right) \geqq \mu^{\prime}(\tau) \int_{\alpha R}^{R} \frac{d r}{r} \exp \left(2 \pi \int_{\rho}^{r} \frac{d r}{r \bar{\theta}(r)}\right) \\
& \geqq \mu^{\prime}(\tau) \log \frac{1}{\alpha} \exp \left(2 \pi \int_{\rho}^{\alpha R} \frac{d r}{r \theta(r)}\right) \\
& \geqq \mu^{\prime}(\tau)(1-\alpha) \exp \left(2 \pi \int_{\rho}^{\alpha R} \frac{d r}{r \bar{\theta}(r)}\right) .
\end{aligned}
$$

Hence if we write $t$ instead of $\tau$, we have

$$
\begin{equation*}
\mu^{\prime}(t) \leqq \frac{1}{1-\alpha} \exp \left(-2 \pi \int_{r}^{\alpha R} \frac{d r}{r \bar{\theta}(r)}\right), \quad(0<\alpha<1) \tag{26}
\end{equation*}
$$

From (24),

$$
\mu^{\prime \prime}(t) \geqq-\frac{1}{2} Q(t)^{-2} \mu(t)
$$

and since $(\bar{\theta}(r))^{2} \leqq 2 \pi \bar{\theta}(r)$, we have for $\tau<t$,
(27) $\mu^{\prime}(t) \geqq \mu^{\prime}(t)-\mu^{\prime}(\tau) \geqq \int_{\tau}^{t} \mu^{\prime \prime}(t) d t \geqq \frac{1}{2} \int_{\tau}^{t} Q(t)^{2} \mu(t) d t$

$$
\geqq \frac{\mu(\tau)}{2} \int_{\tau}^{t} Q(t)^{2} d t=2 \pi^{2} m(\rho) \int_{\rho}^{r} \frac{d r}{r \bar{\theta}(r)^{2}} \geqq \pi m(\rho) \int_{\rho}^{r} \frac{d r}{r \bar{\theta}(r)}
$$

Hence from (26),

$$
\begin{aligned}
& \frac{1}{1-\alpha} \exp \left(-2 \pi \int_{r}^{\alpha R} \frac{d r}{r \bar{\theta}(r)}\right) \geqq \pi m(\rho) \int_{\rho}^{r} \frac{d r}{r \bar{\theta}(r)}, \\
& \frac{1}{1-\alpha} \exp \left(2 \pi \int_{\rho}^{r} \frac{d r}{r \bar{\theta}(x)}-2 \pi \int_{\rho}^{\alpha R} \frac{d r}{r \theta(r)}\right) \geqq \frac{m(\rho)}{2} 2 \pi \int_{\rho}^{r} \frac{d r}{r \bar{\theta}(r)} .
\end{aligned}
$$

If $2 \pi \int_{\rho}^{\tau_{R}} \frac{d r}{r \bar{\theta}(r)}>1$, then we choose $r(\rho<r<\alpha R)$, so that $2 \pi \int_{\rho}^{r} \frac{d r}{r \bar{\theta}(r)}$ $=1$, then

$$
\frac{e}{1-\alpha} \exp \left(-2 \pi \int_{\rho}^{\alpha R} \frac{d r}{r \theta(r)}\right) \geqq \frac{1}{2}^{-m(\rho),}
$$

or

$$
\begin{equation*}
m(\rho) \leqq \frac{2 e}{1-\alpha} \exp \left(-2 \pi \int_{\rho}^{\alpha R} \frac{d r}{r \bar{\theta}(r)}\right) \tag{28}
\end{equation*}
$$

If $2 \pi \int_{\rho}^{\alpha R} \frac{d r}{r \bar{\theta}(r)} \leqq 1$, then (2R) holds, since $m(\rho) \leqq 1,2 /(1-\alpha)>1$.

Hence (28) holds in general. If $z=0$ belongs to $D$, then

$$
\begin{equation*}
u(0)=\sqrt{m(0)} \leqq \sqrt{1-\alpha} \exp \left(-\pi \int_{0}^{\alpha R} \frac{d r}{r \bar{\theta}(r)}\right), \quad(0<\alpha<1) . \tag{29}
\end{equation*}
$$

To obtain the majorant of $u(z)$, we add the inside of $|z|=\rho$ to $D$ and $D_{0}$ be the thus enlarged domain, then $|z|<\rho$ belong to $D_{0}$. We define $u_{0}(z)$, $\bar{\theta}_{0}(r)$ for $D_{0}$, then $u(z) \leqq u_{0}(z)$ and $\theta_{0}(r)=\infty,(0 \leqq r<\rho), \quad \bar{\theta}_{0}(r)=\bar{\theta}(r)$ ( $\rho \leqq r \leqq R$ ), so that by (29)

$$
u_{亏}(0) \leqq \sqrt{\frac{2 e}{1-\alpha}} \exp \left(-\pi \int_{\rho}^{\tau R} \frac{d r}{r \bar{\theta}(r)}\right) .
$$

Since $u_{0}(z)>0$ in $|z|<\rho$, we have for $|z|=\lambda \rho,(0<\lambda<1)$,

$$
\left.u_{0}(z) \leqq \frac{1+\lambda}{1-\lambda} u_{0}(0) \leqq \frac{1+\lambda}{1-\lambda} \sqrt{\frac{2 e}{1-\alpha} \exp \left(-\pi \int_{\rho}^{\alpha R} \frac{d r}{r} \frac{\partial}{\theta}(r)\right.}\right)
$$

so that

$$
u(z) \leqq u_{0}(z) \leqq \frac{1+\lambda}{1-\lambda} \sqrt{\frac{2 o}{1-\alpha}} \exp \left(-\pi \int_{\rho}^{\alpha R} \frac{d r}{r \bar{\theta}(r)}\right)
$$

Hence if we put $k=1 / \lambda>1$, we have $\rho=k|z|$, so that

$$
\begin{equation*}
u(z) \leqq C \exp \left(-\pi \int_{k_{|z|}}^{\alpha R} \frac{d r}{r \bar{\theta}(r)}\right), \quad(0<\alpha<1, k>1) \tag{30}
\end{equation*}
$$

where

$$
C=C(\alpha, k)=\frac{k+1}{k-1} \sqrt{1-\alpha} .
$$

Hence the theorem is proved, when $\Gamma$ consists of a finite number of analytic curves. In the general case, we approximate $D$ by a sequence of domains $D^{(1)} \subset D^{(2)} \subset \cdot \subset D^{(n)} \rightarrow D$, where $D^{(n)}$ is bounded by a finite unmber of analytic curves. Let $u_{n}(z), \bar{\theta}_{n}(r)$, be defined for $D^{(n)}$, then

$$
u_{1}(z)<u_{2}(z)<\cdots \cdot u_{u_{3}}(z) \rightarrow u(z)
$$

uniformly in the wider sense in $D$ and it is easily seen that

$$
\bar{\theta}_{1}(r) \leqq \bar{\theta}_{2}(r) \leqq \cdots \leqq \bar{\theta}_{n}(r) \rightarrow \bar{\theta}(\boldsymbol{r}) .
$$

Since by (30),

$$
u_{n}(z) \leqq C . \exp \left(-\pi \int_{k|z|}^{\alpha R} \frac{d x}{r \bar{\theta}_{n}(r)}\right)
$$

we have by Lebesgue's theorem,

$$
u(z) \leqq C . \exp \left(-\pi \int_{k_{1 z 1}}^{\alpha R} \frac{d r}{r \theta(r)}\right), \quad(0<\alpha<1, k>1)
$$

Hence the theorem is proved in the general case.
4. As an application of Theorem 2, we will prove the following exten-
sion of Arima's theorem mentioned in § 1.
THEOREM 3. Let $D$ be an infinite domain on the $z$-plane and $w(z)$ be one-valued and regular in $D$ and on its boundary $\Gamma$, such that

$$
|w(z)| \leqq \lambda \text { on } \Gamma, \text { and } M(r)=\operatorname{Max}_{\theta_{r}}|w(z)| .
$$

If there exists a point $z_{0}\left(\left|z_{0}\right|=r_{0}\right)$ in D , such that $\left|w\left(z_{0}\right)\right|>\lambda$, then

$$
\log \log \frac{M(r)}{\lambda} \geqq \pi \int_{r_{0}}^{\alpha r} \frac{d r}{r \bar{\theta}(r)}-\text { const., }(0<\alpha<1) .
$$

PROOF. Let $D_{r}$ be defined as before and $u_{r}(z)$ be defined for $D_{r}$, then by Theorem 2,

$$
u_{r}(z) \leqq C \exp \left(-\pi \int_{k|z|}^{\alpha r} \frac{d r}{r \bar{\theta}(r)}\right), \quad(0<\alpha<1, k>1)
$$

Since $\log ^{+}(|w(z)| / \lambda)$ is subharmonic and vanishes on $\Gamma$, we have

$$
\log ^{+}(|w(z)| / \lambda) \leqq \log (M(r) / \lambda) u_{r}(z) \text { in } D_{r} .
$$

Hence

$$
0<\log ^{+} \frac{\left|w\left(z_{0}\right)\right|}{\lambda} \leqq \log \frac{M(r)}{\lambda} u_{r}\left(z_{0}\right) \leqq C . \log \frac{M(r)}{\lambda} \exp \left(-\pi \int_{k r_{0}}^{\alpha r} \frac{d r}{r \bar{\theta}(r)}\right)
$$

so that

$$
\log \log \frac{M(r)}{\lambda} \geqq \pi \int_{r_{0}}^{\alpha r} \frac{d r}{r \bar{\theta}(r)}-\text { const., }(0<\alpha<1), \text { q.e.d. }
$$

From Theorem 3, we have the following extension of the classical theorem of Lindelöf-Phragmén :

THEOREM 4. Let $D$ be an infinite domain on the $z$-plane and $w(z)$ be one-valued and regular in $D$ and on its boundary $\Gamma$, such that

$$
|w(z)| \leqq \lambda \text { on } \mathrm{\Gamma} \text { and } M(r)=\operatorname{Max}_{\theta_{r}}|w(z)| .
$$

If

$$
\varlimsup_{r \rightarrow \infty}\left(\pi \int_{r_{0}}^{\alpha r} \frac{d r}{r \bar{\theta}(r)}-\log \log \frac{M(r)}{\lambda}\right)=\infty, \quad(0<\alpha<1)
$$

then $|w(z)| \leqq \lambda$ in $D$.
5. Let D be a domain, which lies in $|z|<R$ and $z=0$ belongs to its boundary $\Gamma$. As well known, $z=0$ is a regular point for the Dirichlet problem, if and only if there exists a barrier $w_{\rho}(z)$ for any neighbourhood $U_{\rho}$ of $z=0$, where a barrier is, by definition, a positive superharmonic function in $D$, such that $\lim _{z \rightarrow 0} w_{\rho}(z)=0$ uniformly in $D$ and $w_{\rho}(z) \geqq a_{\rho}>0$ for $|z| \geqq \rho$, where $a_{\rho}$ depends on $U_{\rho}$. Let $u_{\rho}(z)$ be defined for $D_{\rho}$ as Theorem 2 and let

$$
m_{\rho}(r)=\frac{1}{2 \pi} \int_{\theta_{r}}\left[u_{\rho}\left(r e^{i \theta}\right)\right]^{3} d \theta, \quad(r<\rho) .
$$

Then by Theorem 1, $m_{\rho}(r)$ is an increasing function of $r$, so that

$$
\lim _{r \rightarrow 0} m_{\rho}(r)=A_{\rho} \geqq 0
$$

exists. We will prove
LEMMA. The necessary and sufficient condition, that $z=0$ is a regular point is that

$$
A_{\boldsymbol{p}}=0
$$

for any $\rho>0$.
PROOF. Suppose that $z=0$ is a regular point, then $\lim u_{p}(z)=0$, so that $A_{\rho}=0$ for any $\rho>0$.

Next suppose that $A_{\rho}=0$ for any $\rho>0$. Then $m_{\rho}(r)<\varepsilon^{2}$ for $r \leqq r(\varepsilon)<\rho$.
Let $U_{\rho}(z)$ be a harmonic function in $|z|<r$, such that $U_{\rho}(z)=u_{\rho}(z)$ on $\theta_{r}$ and $U_{\rho}(z)=0$ on the complementary arc of $\theta_{r}$ on $|z|=r$. Then
(31) $\quad u_{\rho}(z) \leqq U_{\rho}(z)$ in $D_{r}$.

Since $U_{\rho}(z)>0$ in $|z|<r$, we have for $|z| \leqq k r(0<k<1)$,

$$
\begin{aligned}
U_{\rho}(z) & \leqq \frac{1+k}{1-k} U_{\rho}(0) \leqq \frac{1+k}{1-k}\left(\frac{1}{2 \pi} \int_{0}^{-2 \pi} U_{\rho}\left(r e^{i \theta}\right)^{2} d \theta\right)^{1 / 2} \\
& =\frac{1+k}{1-k} \sqrt{m_{\rho}(r)} \leqq \frac{1+k}{1-k} \varepsilon,
\end{aligned}
$$

so that from (31),

$$
u_{\mathrm{p}}(z) \leqq \frac{1+k}{1-k} \varepsilon, \quad(|z| \leqq k r)
$$

Hence $\lim _{z \rightarrow 0} u_{\rho}(z)=0$.
We define $w_{\rho}(z)$ as follows.

$$
w_{\rho}(z)=u_{\rho}(z) \text { in } D_{\rho}, \quad w_{\rho}(z)=1 \text { in } D-D_{\rho} .
$$

Then $w_{\rho}(z) \geqq 0$ is superharmonic in $D$ and $w_{\rho}(z)=1$ on $\theta_{\rho}$ and $\lim _{z \rightarrow 0} w_{\rho}(z)$ $=0$, so that $w_{\mathrm{p}}(z)$ is a barrier, hence $z=0$ is a regular point.

We will prove
THEOREM 5. If $\int_{0}^{R} \frac{d r}{r \bar{\theta}(r)}=\infty$, then $z=0$ is a regular point.
Let $E$ be the set of $r$, such that $|z|=r$ meets the boundary I of D , then Beurling ${ }^{4}$ proved that if $\int_{F} d \log r=\infty$, then $z=0$ is a regular point. This is a special case of our theorem.

PRODF. Let $u_{\rho}(z)$ be defined for $D_{\rho}$ as Theorem 2, then

$$
u_{\rho}(z) \leqq C \cdot \exp \left(-\pi \int_{k / z \mid}^{\alpha_{\rho}} \frac{d r}{r \theta(r)}\right), \quad(0<\alpha<1, k>1) .
$$

4) A. Beurling, Thèse. Upsala (1933).

Since $\int_{0}^{R} \frac{d r}{r \bar{\theta}(r)}=\infty$, we have $\lim _{z \rightarrow 0} u_{\rho}(z)=0$, so that $A_{\rho}=0$ for any $\rho>0$, hence by the lemma, $z=0$ is a regular point, q.e.d.

We will prove a more general theorem:
THOREM. 6. If $\int_{0}^{R} \frac{d r}{r \bar{\theta}(r)^{2}}=\infty$, or if $\int_{0}^{R} \frac{d r}{r \bar{\theta}(r)^{2}}<\infty$ and
$\lim _{r \rightarrow 0} \log \frac{1}{r} \int_{0}^{r} \frac{d r}{r \bar{\theta}(r)^{2}}>0$, then $z=0$ is a regular point.
Proof. (i) First we suppose that

$$
\begin{equation*}
\int_{0}^{R} \frac{d r}{r \bar{\theta}(r)^{2}}=\infty \tag{32}
\end{equation*}
$$

We approximate $D$ by a sequence of domains $D^{(1)} \subset D^{(2)} \subset \cdots \subset \subset D^{(n)} \rightarrow D$, where $\mathrm{D}^{(n)}$ is bounded by a finite number of analytic curves and let $u_{n}(z)$, $m_{n}(r)=\mu_{n}(t)(t=\log r), \theta_{n}(r), Q_{n}(t)$ be defined for $D^{(n)}$. Then by (27),

$$
\begin{equation*}
\mu_{n}^{\prime}(t) \geqq \frac{1}{2} \int_{\tau}^{t} Q_{n}^{2}(t) \mu_{n}(t) d t \geqq \frac{\mu_{n}(\tau)}{2} \int_{\tau}^{t} Q_{n}(t)^{2} d t, \quad(\tau<t) \tag{33}
\end{equation*}
$$

so that

$$
1 \geqq \mu_{n}(T)-\mu_{n}(\tau) \geqq \int_{\tau}^{T} \mu_{n}^{\prime}(t) d t \geqq \frac{\mu_{n}(\tau)}{2} \int_{\tau}^{T} d t \int_{\tau}^{t} Q_{n}(t)^{2} d t, \quad(T=\log R)
$$

Since $Q_{n}(t) \rightarrow Q(t)(n \rightarrow \infty)$ by decreasing, we have by Lebesgue's theorem,

$$
\begin{gathered}
1 \geqq \frac{\mu(\tau)}{2} \int_{\tau}^{T} d t \int_{\tau}^{t} Q(t)^{2} d t=2 \pi^{2} m(\rho) \int_{\rho}^{R} d r \int_{\rho}^{r} \frac{d r}{r \bar{\theta}(r)^{2}} \\
\geqq 2 \pi^{3} m(\rho) \int_{R / 2}^{R} \frac{d r}{r} \int_{\rho}^{r} \frac{d r}{r \bar{\theta}(r)^{2}} \geqq 2 \pi^{2} m(\rho) \log 2 \int_{\rho}^{R / 2} \frac{d r}{r \bar{\theta}(r)^{2}}(t=\log r, \tau=\log \rho) .
\end{gathered}
$$

Hence by (32), we have $\lim _{r \rightarrow 0} m(r)=0$. Similarly we have $\lim _{r \rightarrow 0} m_{\rho}(r)=A_{\rho}$ $=0$ for any $\rho>0$, so that by the lemma, $z=0$ is a regular point.
(ii) Next suppose that

$$
\int_{0}^{R} \frac{d r}{r \overline{\theta(r)^{2}}}<\infty
$$

then making $\tau \rightarrow-\infty$ in (33),

$$
\mu_{n}^{\prime}(t) \geqq \frac{1}{2} \int_{-\infty}^{t} Q_{n}(t)^{2} \mu_{n}(t) d t
$$

so that

$$
1 \geqq \mu_{n}(T)-\mu_{n}(\tau) \geqq \int_{\tau}^{T} \mu_{n}^{\prime}(t) d t \geqq \frac{1}{2} \int_{\tau}^{T} d t \int_{-\infty}^{t} Q_{n}(t)^{2} \mu_{n}(t) d t
$$

hence for $\tau \rightarrow-\infty$,

$$
\begin{equation*}
1 \geqq \frac{1}{2} \int_{-\infty}^{r} d t \int_{-\infty}^{t} Q_{n}(t)^{2} \mu_{n}(t) d t=2 \pi^{2} \int_{0}^{R} \frac{d r}{r} \int^{r} \frac{m_{n}(r)}{r \theta_{n}(r)^{2}} d r . \tag{35}
\end{equation*}
$$

Now $m_{n}(r) \rightarrow m(\boldsymbol{r}) \quad(n \rightarrow \infty)$ and $m_{n}(\boldsymbol{r})$ is uniformly bounded $\left(0 \leqq m_{n}(r) \leqq 1\right)$ and $1 /\left(r \bar{\theta}_{n}(r)^{2}\right)$ decreases with $n$, so that we can easily prove that we may make $n \rightarrow \infty$ under the integral sign of the right hand side of (35), so that

$$
1 \geqq 2 \pi^{2} \int_{0}^{R} \frac{d r}{r} \int_{0}^{r} \frac{m(r)}{r \bar{\theta}(r)^{2}} d r .
$$

Similarly we have for any $\rho<R$,

$$
\begin{equation*}
1 \geqq 2 \pi^{2} \int_{0}^{\rho} \frac{d r}{r} \int_{0}^{r} \frac{m_{\rho}(r)}{r \bar{\theta}(r)^{2}} d r . \tag{36}
\end{equation*}
$$

Suppose that $z=0$ is an irregular point, then by the lemma, for some $\rho>0, \lim _{r \rightarrow 0} m_{\rho}(r)=A_{\rho}>0$. Since $m_{\rho}(r)$ is an increasing function of $r$,

$$
m_{\rho}(r) \geqq A_{\rho}>0 \text { for } 0<r \leqq \rho
$$

Hence from (36),

$$
\infty>\frac{1}{2 \pi^{2} A_{\rho}} \geqq \int_{0}^{\rho} \frac{d r}{r} \int_{0}^{r} \frac{d r}{r \bar{\theta}(r)^{2}},
$$

so that

$$
\frac{1}{2} \log \frac{1}{r} \int_{0}^{r} \frac{d r}{r \bar{\theta}(r)^{2}} \leqq \int_{r}^{\sqrt{r}} \frac{d t}{t} \int_{1}^{t} \frac{d t}{t \theta(t)^{2}}<\varepsilon, \quad\left(r \leqq r_{0}(\varepsilon)\right),
$$

or

$$
\lim _{r \rightarrow 0} \log \frac{1}{r} \int_{0}^{r} \frac{d r}{r \bar{\theta}(r)^{2}}=0 .
$$

Hence if

$$
\varlimsup_{r \rightarrow 1} \log \frac{1}{r} \int_{0}^{r} \frac{d r}{r \bar{\theta}(r)^{2}}>0,
$$

then $z=0$ is a regular point.


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