# PINCHING AND NONEXISTENCE OF STABLE HARMONIC MAPS 

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1. Introduction. Let $f: N^{m} \rightarrow M^{n}$ be a harmonic map from a compact Riemannian manifold $N$ to a Riemannian manifold $M$. $f$ is said to be stable if its second variation of the energy is non-negative.

Leung [6] proved that if $M^{n}$ is a unit sphere $S^{n}(n \geqq 3)$, then constant maps are the only stable harmonic maps for an arbitrary $N^{m}$. Considering the above result and some of its generalization (cf. [4], [7] and [8]), we can ask the following:

Question. Let $M^{n}$ be a complete simply-connected strictly (1/4)-pinched Riemannian manifold of dimension $n(n \geqq 3)$ (i.e., the sectional curvature $K_{M}$ satisfies $1 / 4<K_{M} \leqq 1$ ). Let $N^{m}$ be an arbitrary compact Riemannian manifold. Is every stable harmonic map $f: N^{m} \rightarrow M^{n}$ a constant map?

This is a "harmonic-version" of the famous conjecture of Lawson and Simons (cf. [5]) on stable minimal submanifolds (or more generally stable currents). To this question, Howard [3] obtained a partial affirmative answer. He showed that for each $n \geqq 3$ there exists a constant $\delta(n)$ satisfying $1 / 4<\delta(n)<1$ such that if $M^{n}$ is a simply-connected compact strictly $\delta(n)$-pinched Riemannian manifold of dimension $n$, then there are no nonconstant stable harmonic maps from any compact Riemannian manifold to $M$. But unfortunately $\lim _{n \rightarrow \infty} \delta(n)=1$.

The purpose of this paper is to give a dimension-independent pinching constant. We prove:

Main Theorem. Let $M^{n}$ be a compact simply-connected 0.83-pinched Riemannian manifold ( $n \geqq 3$ ) (i.e. $0.83 \leqq K_{M} \leqq 1$ ). Then for any compact Riemannian manifold $N^{m}$, any stable harmonic map $f: N^{m} \rightarrow M^{n}$ is a constant map.

In Section 2 we present some necessary formulas and in Section 3 we prove the main theorem. In Section 4 we use the same technique used in the proof of the main theorem to prove Theorem 3 which is an extension of a theorem of Ohnita [8], and as a corollary we get topological information on minimal submanifolds of sufficiently pinched spheres.

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2. Preliminaries. In this section we always assume that $M^{n}$ is a compact simply-connected $\delta$-pinched Riemannian manifold.

When $M^{n}$ is a convex hypersurface in the Euclidean space $\boldsymbol{R}^{n+1}$, using the flat connection of $\boldsymbol{R}^{n+1}$ and taking the average of the second variations, Leung [7] proved that for a certain convex hypersurface $M^{n}$ in $\boldsymbol{R}^{n+1}$ any stable harmonic map $f: N^{m} \rightarrow M^{n}$ is a constant map. The idea now is to follow the pattern of his calculation. To carry this idea out, we construct a vector bundle $E$ on $M$ and a flat connection $\nabla^{\prime}$ on $E$ instead of $M \times \boldsymbol{R}^{n+1}$ and the flat connection on $M \times \boldsymbol{R}^{n+1}$, respectively. For the construction we follow [1] and [2].

As in [2] we normalize the $\delta$-pinched metric of $M$ by multiplication with $(1+\delta) / 2$. Put $E=T M \oplus \varepsilon(M)$, where $T M$ is the tangent bundle of $M$ and $\varepsilon(M)$ is a trivial line bundle on $M$ with a metric. Thus $E$ naturally becomes a Euclidean vector bundle on $M$. Let $e$ be a cross-section of length one in $\varepsilon(M)$. We define a metric connection $\nabla^{\prime \prime}$ on $E$ as follows:

$$
\begin{equation*}
\nabla_{X}^{\prime \prime} Y=\nabla_{X} Y-\langle X, Y\rangle \cdot e \tag{1}
\end{equation*}
$$

$$
\begin{equation*}
\nabla_{x}^{\prime \prime} e=X, \tag{2}
\end{equation*}
$$

where $X$ and $Y$ are vector fields on $M,\langle$,$\rangle and \nabla$ are the Riemannian metric andt he Riemannian connection of $M$, respectively. Under the pinching assumption, the curvature $R^{\prime \prime}$ of $\nabla^{\prime \prime}$ is small. We obtain a flat metric connection $\nabla^{\prime}$ close to $\nabla^{\prime \prime}$ exactly as in [2]. To measure the closeness we define

$$
\left\|\nabla^{\prime}-\nabla^{\prime \prime}\right\|:=\operatorname{Max}\left\{\left\|\nabla_{X}^{\prime} Y-\nabla_{x}^{\prime \prime} Y\right\| ; X \in T M,\|X\|=1, Y \in E,\|Y\|=1\right\}
$$

Note that our $\left\|\nabla^{\prime}-\nabla^{\prime \prime}\right\|$ is half of $\left\|\nabla^{\prime}-\nabla^{\prime \prime}\right\|$ in [1]. We define $k_{1}(\delta)$, $k_{2}(\delta)$ and $k_{3}(\delta)$ as follows:

$$
\begin{align*}
& k_{1}(\delta)=\frac{4}{3}(1-\delta) \delta^{-1}\left[1+\left(\delta^{1 / 2} \cdot \sin \frac{1}{2} \pi \delta^{-1 / 2}\right)^{-1}\right]  \tag{3}\\
& k_{2}(\delta)=\left[\frac{1}{2}(1+\delta)\right]^{-1} \cdot k_{1}(\delta)  \tag{4}\\
& k_{3}(\delta)=k_{2}(\delta)\left\{1+\left[1-\frac{1}{24} \pi^{2}\left(k_{1}(\delta)\right)^{2}\right]^{-2}\right\}^{1 / 2} \tag{5}
\end{align*}
$$

By [1, 4.13], we get

$$
\begin{equation*}
\left\|\nabla^{\prime}-\nabla^{\prime \prime}\right\| \leqq \frac{1}{2} k_{3}(\delta) . \tag{6}
\end{equation*}
$$

3. Proof of the main theorem. Consider a harmonic map $f: N^{m} \rightarrow M^{n}$. Let $e_{a}(a=1, \cdots, m)$ be a local orthonormal frame on $N$. The energy of $f$ is defined as

$$
E(f)=\frac{1}{2} \int_{N} \sum_{a}\left\|f_{*} e_{a}\right\|^{2}
$$

For any vector field $V$ on $M$, we denote by $\dot{\phi}_{t}$ the flow generated by $V$. Then we get the following second variational formula (cf. [6]) for the variational vector field $V$.

$$
\begin{align*}
I(V, V): & =\left.\frac{d^{2}}{d t^{2}}\right|_{t=0} E\left(\phi_{t} \circ f\right)  \tag{7}\\
& =\int_{N} \sum_{a}\left\{\left\|\nabla_{f_{* e_{a}}} V\right\|^{2}-\left\langle R\left(V, f_{*} e_{a}\right) f_{*} e_{a}, V\right\rangle\right\}
\end{align*}
$$

where $\nabla$ and $R$ denote the Riemannian connection and curvature tensor of $M$, respectively.

Theorem 1. Let $M^{n}$ be a compact simply-connected $\delta$-pinched $n$ dimensional Riemannian manifold. Suppose that $n$ and $\delta$ satisfy

$$
\begin{equation*}
\frac{n+1}{4}\left(k_{3}(\delta)\right)^{2}+1-\frac{2 \delta}{1+\delta}(n-1)+(n+1)^{1 / 2} k_{3}(\delta)<0 . \tag{8}
\end{equation*}
$$

Then the only stable harmonic map $f: N^{m} \rightarrow M^{n}$ for an arbitrary compact Riemannian manifold $N^{m}$ is a constant map.

Proof. First we normalize the metric of $M$ by multiplication with $(1+\delta) / 2$. Let $E$ be the vector bundle on $M$ constructed in Section 2. For $W \in E$ we denote by $W^{T}$ and $W^{\varepsilon}$ the $T M$-component and the $\varepsilon(M)$ component of $W$, respectively. Let $V$ be a parallel cross-section of $E$ with respect to $\nabla^{\prime}$. From (7), the second variation corresponding to $V^{T}$ is given by

$$
\begin{equation*}
I\left(V^{T}, V^{T}\right)=\int_{N} \sum_{a}\left\{\left\|\nabla_{f_{* e_{a}}} V^{T}\right\|^{2}-\left\langle R\left(V^{T}, f_{*} e_{a}\right) f_{*} e_{a}, V^{T}\right\rangle\right\} \tag{9}
\end{equation*}
$$

Observe that

$$
\begin{aligned}
\nabla_{f_{* e_{a}}} V^{T} & =\left\{\nabla_{f_{* e_{a}}^{\prime}}^{\prime \prime}\left(V-V^{\varepsilon}\right)\right\}^{T}=\left(\nabla_{f_{*} e_{a}}^{\prime \prime} V\right)^{T}-\left\{\nabla_{f_{*} e_{a}}^{\prime \prime}(\langle V, e\rangle e)\right\}^{T} \\
& =\left(\nabla_{f_{*} e_{a}}^{\prime} V\right)^{T}-\langle V, e\rangle f_{*} e_{a}
\end{aligned}
$$

Using (6)

$$
\begin{align*}
\left\|\nabla_{f_{*} e_{a}} V^{T}\right\|^{2} & \leqq(1+k)\left\|\nabla_{f_{* e_{a}}}^{\prime \prime} V\right\|^{2}+\left(1+\frac{1}{k}\right)\langle V, e\rangle^{2}\left\|f_{*} e_{a}\right\|^{2}  \tag{10}\\
& \leqq \frac{1+k}{4}\left(k_{3}(\delta)\right)^{2} \cdot\|V\|^{2} \cdot\left\|f_{*} e_{a}\right\|^{2}+\left(1+\frac{1}{k}\right)\langle V, e\rangle^{2}\left\|f_{*} e_{a}\right\|^{2}
\end{align*}
$$

where $k$ is a positive constant fixed later. On the other hand, since we normalized the $\delta$-pinched metric of $M$ by multiplication with $(1+\delta) / 2$,

$$
\begin{equation*}
\left\langle R\left(V^{T}, f_{*} e_{a}\right) f_{*} e_{a}, V^{T}\right\rangle \geqq \frac{2 \delta}{1+\delta}\left\{\left\|V^{T}\right\|^{2} \cdot\left\|f_{*} e_{a}\right\|^{2}-\left\langle V^{T}, f_{*} e_{a}\right\rangle^{2}\right\} \tag{11}
\end{equation*}
$$

Combining (9), (10) and (11), we get

$$
\begin{align*}
& I\left(V^{T}, V^{T}\right) \leqq \int_{N} \sum_{a}\left\{\frac{1+k}{4}\left(k_{3}(\delta)\right)^{2}\|V\|^{2} \cdot\left\|f_{*} e_{a}\right\|^{2}\right.  \tag{12}\\
& \left.\quad+\left(1+\frac{1}{k}\right)\langle V, e\rangle^{2}\left\|f_{*} e_{a}\right\|^{2}-\frac{2 \delta}{1+\delta}\left[\left\|V^{T}\right\|^{2} \cdot\left\|f_{*} e_{a}\right\|^{2}-\left\langle V^{T}, f_{*} e_{a}\right\rangle^{2}\right]\right\}
\end{align*}
$$

We now define $\mathscr{W}=\left\{V \in \Gamma(E) ; \nabla^{\prime} V=0\right\}$, where $\Gamma(E)$ denotes the vector space consisting of all smooth cross-sections of $E$. Then $\mathscr{W}$ is isomorphic to $\boldsymbol{R}^{n+1}$ and has a natural inner product. We define a quadratic form $Q$ on $\mathscr{W}$ by

$$
\begin{equation*}
Q(V)=\text { the right hand side of }(12):=\int_{N} \sum_{a} q_{a} \tag{13}
\end{equation*}
$$

Take an orthonormal basis $\left\{W_{1}, \cdots, W_{n+1}\right\}$ of $\mathscr{W}$. Then we obtain

$$
\begin{equation*}
\sum_{j=1}^{n+1} I\left(W_{j}^{T}, W_{j}^{T}\right) \leqq \sum_{j=1}^{n+1} Q\left(W_{j}\right)=\operatorname{tr} Q=\int_{N} \sum_{a} \operatorname{tr} q_{a} \tag{14}
\end{equation*}
$$

Since the trace of $q_{a}$ is independent of the choice of an orthonormal basis for each fiber of $E$, at each point $x \in M$ we choose an orthonormal basis $\left\{V_{1}, \cdots, V_{n}, e\right\}$ such that the $V_{i}$ are tangent to $M$. Then we get

$$
\begin{equation*}
\operatorname{tr} Q=\int_{N} \sum_{a}\left\{\frac{(n+1)(1+k)}{4}\left(k_{3}(\delta)\right)^{2}+1+\frac{1}{k}-\frac{2(n-1) \delta}{1+\delta}\right\} \cdot\left\|f_{*} e_{a}\right\|^{2} \tag{15}
\end{equation*}
$$

Now we take $k=((n+1) / 4)^{-1 / 2} k_{3}(\delta)^{-1}$. Then

$$
\begin{align*}
\operatorname{tr} Q= & \int_{N} \sum_{a}\left\{\frac{n+1}{4}\left(k_{3}(\delta)\right)^{2}+1-\frac{2 \delta}{1+\delta}(n-1)\right.  \tag{16}\\
& \left.+(n+1)^{1 / 2} k_{3}(\delta)\right\}\left\|f_{*} e_{a}\right\|^{2}
\end{align*}
$$

To get the conclusion, we suppose that $f$ is a nonconstant harmonic map and that $n$ and $\delta$ satisfy (8). Then we get $\operatorname{tr} Q<0$. By (14) we obtain $I\left(W_{j}^{T}, W_{j}^{T}\right)<0$ for some $j$. Thus $f$ is unstable.
q.e.d.

Proof of the main theorem. Since we have $k_{3}(0.83) \fallingdotseq 0.964$, ( 8 ) is equivalent to $n \geqq 8$ for $\delta=0.83$. On the other hand, the constant $\delta(n)$ of Howard [3] satisfies $\delta(n)<0.83$ for $3 \leqq n \leqq 7$. Thus we get the conclusion. q.e.d.

Remark. The value $\delta$ satisfying $k_{3}(\delta)^{2}=8 \delta /(1+\delta)$ is $0.76 \cdots$. So our estimate for $\delta$ can be improved up to $0.76 \cdots$ if $n$ is large.
4. An extension of a theorem of Ohnita and its application to minimal submanifolds. Ohnita [8] proved the following theorem.

THEOREM 2. Let $M^{n}$ be an $n$-dimensional compact minimal submanifold immersed in a unit sphere $S^{N-1}(1)$. If the Ricci curvature $\operatorname{Ric}_{M}$ of $M$ satisfies $\operatorname{Ric}_{M}>n / 2$, then $M$ is harmonically unstable. That is, there exists no nonconstant stable harmonic map from $M$ to any Riemannian manifold nor from any compact Riemannian manifold to $M$.

Now we prove the following theorem which is a partial extension of Theorem 2.

THEOREM 3. Let ( $\left.\bar{M}^{N-1}, h\right)$ be a complete simply-connected $\delta$-pinched ( $N-$ 1)-dimensional Riemannian manifold with $\left(k_{3}(\delta)\right)^{2} \leqq 4(2 n+\delta-1) / N(1+\delta)$. Suppose that $f:\left(M^{n}, g\right) \rightarrow\left(\bar{M}^{N-1}, h\right)$ is an isometric minimal immersion of a complete $n$-dimensional Riemannian manifold $\left(M^{n}, g\right)$ with $\rho>$ $c(N, n, \delta):=(2 n+\delta-1) / 4+\left\{[(2 n+\delta-1) / 4]^{2}-[(2 n+\delta-1) / 4-N(1+\right.$ $\left.\left.\delta) k_{3}(\delta)^{2} / 16\right]^{2}\right\}^{1 / 2}$, where $\rho$ is the infimum of the Ricci curvature of $M$. Then for any compact Riemannian manifold $M^{\prime}$, any stable harmonic map $\phi: M^{\prime} \rightarrow M$ is a constant map.

Proof. We normalize the metrics $g$ and $h$ by multiplication with $(1+\delta) / 2$. We use the same letters $g, h$ for the normalized metrics. Let $\bar{\nabla}, \bar{R}$ be the Riemannian connection and the curvature tensor of ( $\bar{M}^{N-1}, h$ ). We construct a Euclidean vector bundle $E$ on ( $\bar{M}^{N-1}, h$ ) and also construct metric connections $\nabla^{\prime}, \nabla^{\prime \prime}$ on $E$ as in Section 2. Let $\langle$,$\rangle be the metric$ on $E$. Thus we have

$$
\begin{aligned}
& \nabla_{X}^{\prime \prime} Y=\bar{\nabla}_{X} Y-h(X, Y) \cdot e \\
& \nabla_{x}^{\prime \prime} e=X
\end{aligned}
$$

where $X$ and $Y$ are vector fields on $\left(\bar{M}^{N-1}, h\right)$. Let $\sigma$ be the second fundamental form of $M^{n}$ in $\left(\bar{M}^{N-1}, h\right)$ and let $\nabla$ be the Riemannian connection of $M$. Set $N(M):=\left\{X \in f^{*} E ; X \perp T M\right\}$. Then we obtain

$$
\begin{aligned}
& \bar{\nabla}_{X} Y=\nabla_{X} Y+\sigma(X, Y) \\
& \bar{\nabla}_{x} \xi=-A^{\xi} X+\nabla_{\bar{x}} \xi
\end{aligned}
$$

where $X, Y \in T M, \xi \in N(M) \cap T \bar{M}^{N-1}$ and $A^{\xi}, \nabla^{\perp}$ are the Weingarten map in the direction of $\xi$ and the normal connection of $M$ in ( $\bar{M}^{N-1}, h$ ) respectively. Let $V$ be a parallel cross-section of $E$ with respect to $\nabla^{\prime}$. Let $V^{T}$ and $V^{N}$ be the $T M$-component and the $N(M)$-component of $V$, respectively. Thus

$$
V^{N}=\langle V, e\rangle e+\sum_{j}\left\langle V, \xi_{j}\right\rangle \xi_{j},
$$

where $\left\{\xi_{1}, \cdots, \xi_{N-1-n}\right\}$ is an orthonormal basis of $N(M) \cap T \bar{M}^{N-1}$. The second variation of $E(\phi)$ corresponding to $V^{T}$ is given by

$$
\begin{equation*}
I\left(V^{T}, V^{T}\right)=\int_{M^{\prime}} \sum_{a}\left\{\left\|\nabla_{\phi_{* e} a} V^{T}\right\|^{2}-\left\langle R\left(\phi_{*} e_{a}, V^{T}\right) V^{T}, \phi_{*} e_{a}\right\rangle\right\} \tag{17}
\end{equation*}
$$

where $\left\{e_{a}\right\}$ is a local orthonormal frame of $M^{\prime}$ and $R$ is the curvature tensor of $M$. For $W \in E$ we denote by $W^{T M}$ and $W^{T \bar{M}^{N-1}}$ the $T M$-component and the $T \bar{M}^{N-1}$-component of $W$, respectively. Observe that

$$
\begin{align*}
\nabla_{\phi * e_{a}} V^{T} & =\left(\bar{\nabla}_{\phi * e_{a}} V^{T}\right)^{T M}=\left\{\left(\nabla_{\phi * e_{a}}^{\prime \prime} V^{T}\right)^{T \bar{M}^{N-1}}\right\}^{T M}  \tag{18}\\
& =\left\{\left(\nabla_{\phi+e_{a}}^{\prime *} V\right)^{T \bar{M}^{N-1}}-\left(\nabla_{\phi * e_{a}}^{\prime \prime} V^{N}\right)^{T \bar{M}^{N-1}}\right\}^{T M} \\
& =\left(\nabla_{\phi * e_{a}}^{\prime \prime} V\right)^{T M}-\left(\nabla_{\phi * e_{a}}^{\prime \prime} V^{N}\right)^{T M}
\end{align*}
$$

and

$$
\begin{align*}
& \left(\nabla_{\phi \psi_{e}}^{\prime \prime} V^{N}\right)^{T M}=\left\{\nabla_{\phi e_{a}}^{\prime \prime}(\langle V, e\rangle e)\right\}^{T^{M}}+\sum_{j}\left\{\nabla_{\phi_{\psi_{e}}}^{\prime \prime}\left(\left\langle V, \xi_{j}\right\rangle \xi_{j}\right)\right\}^{T M}  \tag{19}\\
& =\langle V, e\rangle \phi_{*} e_{a}+\sum_{j}\left\langle V, \xi_{j}\right\rangle\left\{\nabla_{\phi_{*}}^{\prime \prime} \xi_{j}\right\}^{T M} \\
& =\langle V, e\rangle \phi_{*} e_{a}+\sum_{j}^{j}\left\langle V, \xi_{j}\right\rangle\left\{\bar{\nabla}_{\phi_{*} e_{a}} \xi_{j}\right\}^{T M} \\
& =\langle V, e\rangle \phi_{*} e_{a}-\sum_{j}^{j}\left\langle V, \xi_{j}\right\rangle A^{j}\left(\phi_{*} e_{a}\right),
\end{align*}
$$

where we abbreviate $A^{j}=A^{\xi_{j}}$. Hence we obtain from (18), (19) and (6) that

$$
\begin{aligned}
\left\|\nabla_{\phi_{* e_{a}}} V^{T}\right\|^{2} \leqq & (1+k)\left\|\nabla_{\phi_{* e_{a}}}^{\prime \prime} V\right\|^{2}+\left(1+\frac{1}{k}\right)\left\|\langle V, e\rangle \phi_{*} e_{a}-\sum_{j}\left\langle V, \xi_{j}\right\rangle A^{j}\left(\phi_{*} e_{a}\right)\right\|^{2} \\
\leqq & \frac{(1+k)}{4}\left(k_{3}(\delta)\right)^{2} \cdot\|V\|^{2} \cdot\left\|\phi_{*} e_{a}\right\|^{2} \\
& +\left(1+\frac{1}{k}\right)\left\|\langle V, e\rangle \phi_{*} e_{a}-\sum_{j}\left\langle V, \xi_{j}\right\rangle A^{j}\left(\phi_{*} e_{a}\right)\right\|^{2}
\end{aligned}
$$

where $k$ is a positive constant fixed later. Therefore from (17)

$$
\begin{align*}
I\left(V^{T}, V^{T}\right) \leqq & \int_{M^{\prime}} \sum_{a}\left\{\frac{(1+k)}{4}\left(k_{3}(\delta)\right)^{2} \cdot\|V\|^{2} \cdot\left\|\phi_{*} e_{a}\right\|^{2}\right.  \tag{20}\\
& +\left(1+\frac{1}{k}\right)\left\|\langle V, e\rangle \phi_{*} e_{a}-\sum_{j}\left\langle V, \xi_{j}\right\rangle A^{j}\left(\phi_{*} e_{a}\right)\right\|^{2} \\
& \left.-\left\langle R\left(\phi_{*} e_{a}, V^{T}\right) V^{T}, \phi_{*} e_{a}\right\rangle\right\} .
\end{align*}
$$

Denote by $Q(V)$ the right hand side of (20). Then $Q$ is a quadratic form on $\mathscr{W}=\left\{V \in \Gamma(E) ; \nabla^{\prime} V=0\right\}$. We take the trace of $Q$ on $\mathscr{W}$. Then we obtain
(21) $\quad \operatorname{tr} Q=\int_{M^{\prime}} \sum_{a}\left\{\frac{(1+k) N}{4}\left(k_{3}(\delta)\right)^{2} \cdot\left\|\phi_{*} e_{a}\right\|^{2}\right.$

$$
\left.+\left(1+\frac{1}{k}\right)\left\|\phi_{*} e_{a}\right\|^{2}+\left(1+\frac{1}{k}\right) \sum_{j}\left\|A^{j}\left(\phi_{*} e_{a}\right)\right\|^{2}-\operatorname{Ric}_{M}\left(\phi_{*} e_{a}, \phi_{*} e_{a}\right)\right\} .
$$

Let $\left\{V_{1}, \cdots, V_{n}\right\}$ be a local orthonormal basis of $T M$. Then we get

$$
\begin{align*}
\sum_{j}\left\|A^{j}\left(\phi_{*} e_{a}\right)\right\|^{2} & =\sum_{j, i}\left\langle A^{j}\left(\phi_{*} e_{a}\right), V_{i}\right\rangle^{2}  \tag{22}\\
& =\sum_{j, i}\left\langle\xi_{j}, \sigma\left(\phi_{*} e_{a}, V_{i}\right)\right\rangle^{2}=\sum_{i}\left\|\sigma\left(\phi_{*} e_{a}, V_{i}\right)\right\|^{2} .
\end{align*}
$$

On the other hand, since

$$
\begin{aligned}
\left\langle R\left(\phi_{*} e_{a}, V_{i}\right) V_{i}, \phi_{*} e_{a}\right\rangle= & \left\langle\bar{R}\left(\phi_{*} e_{a}, V_{i}\right) V_{i}, \phi_{*} e_{a}\right\rangle+\left\langle\sigma\left(\phi_{*} e_{a}, \phi_{*} e_{a}\right), \sigma\left(V_{i}, V_{i}\right)\right\rangle \\
& -\left\langle\sigma\left(\phi_{*} e_{a}, V_{i}\right), \sigma\left(\phi_{*} e_{a}, V_{i}\right)\right\rangle \\
\leqq & \frac{2}{1+\delta}\left\{\left\|V_{i}\right\|^{2} \cdot\left\|\phi_{*} e_{a}\right\|^{2}-\left\langle V_{i}, \phi_{*} e_{a}\right\rangle^{2}\right\} \\
& +\left\langle\sigma\left(\phi_{*} e_{a}, \phi_{*} e_{a}\right), \sigma\left(V_{i}, V_{i}\right)\right\rangle-\left\|\sigma\left(\phi_{*} e_{a}, V_{i}\right)\right\|^{2},
\end{aligned}
$$

from the assumption that $M$ is a minimal submanifold of ( $\bar{M}^{N-1}, h$ ), we obtain

$$
\begin{equation*}
\operatorname{Ric}_{\mu}\left(\phi_{*} e_{a}, \phi_{*} e_{a}\right) \leqq \frac{2(n-1)}{1+\delta}\left\|\phi_{*} e_{a}\right\|^{2}-\sum_{i}\left\|\sigma\left(\phi_{*} e_{a}, V_{i}\right)\right\|^{2} \tag{23}
\end{equation*}
$$

From (22) and (23) we get

$$
\begin{align*}
\sum_{j}\left\|A^{j}\left(\phi_{*} e_{a}\right)\right\|^{2} & \leqq \frac{2(n-1)}{1+\delta}\left\|\phi_{*} e_{a}\right\|^{2}-\operatorname{Ric}_{M}\left(\phi_{*} e_{a}, \phi_{*} e_{a}\right)  \tag{24}\\
& \leqq \frac{2(n-1)}{1+\delta}\left\|\phi_{*} e_{a}\right\|^{2}-\frac{2 \rho}{1+\delta}\left\|\phi_{*} e_{a}\right\|^{2}
\end{align*}
$$

Thus from (21) and (24)

$$
\begin{align*}
\operatorname{tr} Q \leqq & \int_{M^{\prime}} \sum_{a}\left\{\frac{(1+k) N}{4}\left(k_{3}(\delta)\right)^{2}+1+\frac{1}{k}\right.  \tag{25}\\
& \left.+\left(1+\frac{1}{k}\right)\left[\frac{2(n-1)}{1+\delta}-\frac{2 \rho}{1+\delta}\right]-\frac{2 \rho}{1+\delta}\right\}\left\|\phi_{*} e_{a}\right\|^{2}
\end{align*}
$$

Now we set $k=(N / 4)^{-1 / 2} k_{3}(\delta)^{-1}\{1+2(n-1) /(1+\delta)-2 \rho /(1+\delta)\}^{1 / 2}$. Then

$$
\begin{aligned}
\operatorname{tr} Q \leqq & \int_{M^{\prime}} \sum_{a}\left\{\frac{N}{4}\left(k_{3}(\delta)\right)^{2}+\frac{2 n+\delta-1}{1+\delta}-\frac{4}{1+\delta} \rho\right. \\
& \left.+\left[\frac{N}{1+\delta}(2 n-2 \rho+\delta-1)\right]^{1 / 2} k_{3}(\delta)\right\}\left\|\phi_{*} e_{a}\right\|^{2} .
\end{aligned}
$$

When $\left(k_{3}(\delta)\right)^{2} \leqq 4(2 n+\delta-1) / N(1+\delta), c(N, n, \delta)$ is a unique solution of the following equation for $t$.
$\frac{N}{4}\left(k_{3}(\delta)\right)^{2}+\frac{2 n+\delta-1}{1+\delta}-\frac{4}{1+\delta} t+\left[\frac{N}{1+\delta}(2 n-2 t+\delta-1)\right]^{1 / 2} k_{3}(\delta)=0$.
Thus $\operatorname{tr} Q<0$, from which the theorem follows.
We obtain the following corollary as in [8].
Corollary. Let $\left(\bar{M}^{N-1}, h\right)$ be a complete simply-connected $\delta$-pinched Riemannian manifold with $\left(k_{3}(\delta)\right)^{2} \leqq 4(2 n+\delta-1) / N(1+\delta)$.

Suppose that $f: M^{n} \rightarrow\left(\bar{M}^{N-1}, h\right)$ is a minimal immersion of a complete Riemannian manifold. If the Ricci curvature of $M$ satisfies $\operatorname{Ric}_{M}>c(N, n, \delta)$, then $\pi_{1} M=\{1\}$ and $\pi_{2} M=\{1\}$.

## References

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