

## SOME LOWER BOUNDS FOR THE NUMERICAL RADIUS OF HILBERT SPACE OPERATORS

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Communicated by M. Martin

ABSTRACT. We show that if  $T$  is a bounded linear operator on a complex Hilbert space, then

$$\frac{1}{2}\|T\| \leq \sqrt{\frac{w^2(T)}{2} + \frac{w(T)}{2}\sqrt{w^2(T) - c^2(T)}} \leq w(T),$$

where  $w(\cdot)$  and  $c(\cdot)$  are the numerical radius and the Crawford number, respectively. We then apply it to prove that for each  $t \in [0, \frac{1}{2})$  and natural number  $k$ ,

$$\frac{(1 + 2t)^{\frac{1}{2k}}}{2^{\frac{1}{k}}} m(T) \leq w(T),$$

where  $m(T)$  denotes the minimum modulus of  $T$ . Some other related results are also presented.

### 1. INTRODUCTION AND PRELIMINARIES

Let  $\mathbb{B}(H)$  denote the  $C^*$ -algebra of all bounded linear operators on a complex Hilbert space  $H$  with an inner product  $\langle \cdot, \cdot \rangle$  and the corresponding norm  $\|\cdot\|$ . If  $\dim H = n$ , we identify  $\mathbb{B}(H)$  with the space  $\mathcal{M}_n$  of all  $n \times n$  matrices with entries in the complex field. For  $T \in \mathbb{B}(H)$ , let  $\|T\|$  and  $m(T)$  denote the usual operator norm and the minimum modulus of  $T$ , respectively. Here  $m(T)$  is defined to be the largest number  $\alpha \geq 0$  such that  $\|Tx\| \geq \alpha\|x\|$  ( $x \in H$ ). The numerical radius

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Date: Received: Dec. 9, 2016; Accepted: Jan. 30, 2017.

2010 *Mathematics Subject Classification*. Primary 47A12; Secondary 47A30.

*Key words and phrases*. Numerical radius, operator norm, inequality, Cartesian decomposition.

and the Crawford number of  $T \in \mathbb{B}(H)$  are defined by

$$w(T) = \sup\{|\langle Tx, x \rangle| : x \in H, \|x\| = 1\}$$

and

$$c(T) = \inf\{|\langle Tx, x \rangle| : x \in H, \|x\| = 1\},$$

respectively. These concepts are useful in studying linear operators and have attracted the attention of many authors in the last few decades (e.g., see [4, 8], and their references). It is well known that  $w(\cdot)$  defines a norm on  $\mathbb{B}(H)$  such that for all  $T \in \mathbb{B}(H)$ ,

$$\frac{1}{2}\|T\| \leq w(T) \leq \|T\|. \quad (1.1)$$

The inequalities in (1.1) are sharp. The first inequality becomes an equality if  $T^2 = 0$ . The second inequality becomes an equality if  $T$  is normal. Any operator  $T \in \mathbb{B}(H)$  can be represented as  $T = H + iK$ , the so-called Cartesian decomposition, where  $H = \operatorname{Re}(T) = \frac{T+T^*}{2}$  and  $K = \operatorname{Im}(T) = \frac{T-T^*}{2i}$  are called the real and imaginary parts of  $T$ . It has been shown in [7] that,

$$\sup\{\|\alpha H + \beta K\| : \alpha, \beta \in \mathbb{R}, \alpha^2 + \beta^2 = 1\} = w(T).$$

In particular,  $\|H\| \leq w(T)$  and  $\|K\| \leq w(T)$ .

Concerning the inequality (1.1), Kittaneh [6] has shown the following precise estimate of  $w(T)$  by using norm inequalities:

$$\frac{1}{\sqrt{2}}\sqrt{\|H^2 + K^2\|} \leq w(T) \leq \sqrt{\|H^2 + K^2\|}. \quad (1.2)$$

Obviously, (1.2) is sharper than the inequality of (1.1). Yamazaki [9] has used the Aluthge transform to improve the second inequality (1.1) so that

$$w(T) \leq \frac{1}{2} \left( \|T\| + w(\tilde{T}) \right).$$

Here  $\tilde{T}$  (the Aluthge transform of  $T$ ) is defined as  $\tilde{T} = |T|^{\frac{1}{2}}U|T|^{\frac{1}{2}}$ , where  $U$  is a partial isometry of the polar decomposition of  $T$  and  $|T| = (T^*T)^{\frac{1}{2}}$  means the absolute value of  $T$ .

Further, it has been shown in [1] that,

$$\frac{1}{2}\sqrt{\| |T|^2 + |T^*|^2 \| + 2c(T^2)} \leq w(T) \leq \frac{1}{2}\sqrt{\| |T|^2 + |T^*|^2 \| + 2w(T^2)}.$$

For more material about the numerical radius and other results on numerical radius inequality, see, e.g., [3], [5], and the references therein.

For  $T \in \mathbb{B}(H)$ , let us recall the abbreviated notations

$$|\cos|T = \inf \left\{ \frac{|\langle Tx, x \rangle|}{\|Tx\|\|x\|} : x \in H, \|Tx\| \neq 0 \right\}$$

and

$$|\sin|T = \sqrt{1 - |\cos|^2 T}.$$

In the next section, we establish some considerable improvement of the first inequality (1.1). More precisely, we prove that

$$\frac{1}{2}\|T\| \leq \sqrt{\frac{w^2(T)}{2} + \frac{w(T)}{2}\sqrt{w^2(T) - c^2(T)}} \leq w(T)$$

and

$$\frac{1}{2}\|T\| \leq \max \left\{ |\sin |T, \frac{\sqrt{2}}{2} \right\} w(T) \leq w(T).$$

Next, we will give some applications. Particularly, for each  $t \in [0, \frac{1}{2})$  and natural number  $k$ , we show that

$$\frac{(1 + 2t)^{\frac{1}{2k}}}{2^{\frac{1}{k}}} m(T) \leq w(T).$$

## 2. MAIN RESULTS

In this section we present some lower bounds for the numerical radii of Hilbert space operators. We start our work with the following result.

**Theorem 2.1.** *Let  $T \in \mathbb{B}(H)$ . Then*

$$\frac{1}{2}\|T\| \leq \sqrt{\frac{w^2(T)}{2} + \frac{w(T)}{2}\sqrt{w^2(T) - c^2(T)}} \leq w(T).$$

*Proof.* Clearly,  $\sqrt{\frac{w^2(T)}{2} + \frac{w(T)}{2}\sqrt{w^2(T) - c^2(T)}} \leq w(T)$ . On the other hand, let  $x \in H$  with  $\|x\| \leq 1$ . Let  $\langle Tx, x \rangle = \lambda_x |\langle Tx, x \rangle|$  for some unit  $\lambda_x \in \mathbb{C}$ . Hence  $\langle \bar{\lambda}_x Tx, x \rangle = |\langle Tx, x \rangle| \geq 0$ . Let  $H + iK$  be the Cartesian decomposition of  $\bar{\lambda}_x T$ . Then  $\langle Hx, x \rangle + i\langle Kx, x \rangle = \langle \bar{\lambda}_x Tx, x \rangle \geq 0$ . Hence

$$\langle \bar{\lambda}_x Tx, x \rangle = \langle Hx, x \rangle, \quad \langle Kx, x \rangle = 0.$$

We have

$$\begin{aligned} \frac{1}{4}\|Tx\|^2 &= \frac{1}{4} \left( \|\bar{\lambda}_x Tx - \langle \bar{\lambda}_x Tx, x \rangle x\|^2 + |\langle Tx, x \rangle|^2 \right) \\ &= \frac{1}{4} \left( \|Hx - \langle Hx, x \rangle x + iKx\|^2 + |\langle Tx, x \rangle|^2 \right) \quad (\text{since } \langle Kx, x \rangle = 0) \\ &\leq \frac{1}{4} \left( (\|Hx - \langle Hx, x \rangle x\| + \|Kx\|)^2 + |\langle Tx, x \rangle|^2 \right) \\ &\leq \frac{1}{4} \left( \left( \sqrt{\|Hx\|^2 - |\langle Hx, x \rangle|^2} + \|Kx\| \right)^2 + |\langle Tx, x \rangle|^2 \right) \\ &\leq \frac{1}{4} \left( \left( \sqrt{w^2(T) - |\langle Tx, x \rangle|^2} + w(T) \right)^2 + |\langle Tx, x \rangle|^2 \right) \quad (2.1) \\ &\quad (\text{since } \|Hx\|, \|Kx\| \leq w(T) \text{ and } |\langle Tx, x \rangle| = |\langle Hx, x \rangle|) \\ &= \frac{w^2(T)}{2} + \frac{w(T)}{2} \sqrt{w^2(T) - |\langle Tx, x \rangle|^2}. \end{aligned}$$

Hence

$$\frac{1}{2}\|Tx\| \leq \sqrt{\frac{w^2(T)}{2} + \frac{w(T)}{2}\sqrt{w^2(T) - |\langle Tx, x \rangle|^2}} \quad (\|x\| \leq 1). \quad (2.2)$$

If we replace  $x$  by  $\frac{x}{\|x\|}$  in the above inequality, then we obtain

$$\begin{aligned} \frac{1}{2}\|Tx\| &\leq \|x\| \sqrt{\frac{w^2(T)}{2} + \frac{w(T)}{2}\sqrt{w^2(T) - \left|\left\langle T\left(\frac{x}{\|x\|}\right), \frac{x}{\|x\|}\right\rangle\right|^2}} \\ &\leq \sqrt{\frac{w^2(T)}{2} + \frac{w(T)}{2}\sqrt{w^2(T) - \left|\left\langle T\left(\frac{x}{\|x\|}\right), \frac{x}{\|x\|}\right\rangle\right|^2}} \\ &\leq \sqrt{\frac{w^2(T)}{2} + \frac{w(T)}{2}\sqrt{w^2(T) - c^2(T)}}. \end{aligned}$$

Thus

$$\frac{1}{2}\|Tx\| \leq \sqrt{\frac{w^2(T)}{2} + \frac{w(T)}{2}\sqrt{w^2(T) - c^2(T)}}.$$

Taking the supremum over  $x \in H$  with  $\|x\| \leq 1$  in the above inequality we deduce the desired inequality.  $\square$

*Remark 2.2.* Let  $A = \begin{bmatrix} 1 & 0 \\ 0 & 1 \end{bmatrix}$ . Then  $\|A\| = w(A) = c(A) = 1$ . Thus

$$\frac{1}{2}\|A\| = \frac{1}{2} < \sqrt{\frac{w^2(A)}{2} + \frac{w(A)}{2}\sqrt{w^2(A) - c^2(A)}} = \frac{\sqrt{2}}{2} < w(A) = 1.$$

Hence the inequalities in Theorem 2.1 can be strict.

**Corollary 2.3.** *Let  $T \in \mathbb{B}(H)$ . Then*

$$\|Tx\|^2 + |\langle Tx, x \rangle|^2 \leq 4w^2(T) \quad (x \in H, \|x\| \leq 1).$$

*Proof.* Let  $x \in H$  with  $\|x\| \leq 1$ . By (2.1) it follows that

$$\begin{aligned} \frac{1}{4}\|Tx\|^2 &\leq \frac{1}{4} \left( \left( \sqrt{w^2(T) - |\langle Tx, x \rangle|^2} + w(T) \right)^2 + |\langle Tx, x \rangle|^2 \right) \\ &\leq \frac{1}{4} \left( 2 \left( \sqrt{w^2(T) - |\langle Tx, x \rangle|^2} \right)^2 + 2w^2(T) + |\langle Tx, x \rangle|^2 \right) \\ &\quad \text{(by the arithmetic geometric mean inequality)} \\ &= \frac{1}{4} (4w^2(T) - |\langle Tx, x \rangle|^2), \end{aligned}$$

which gives  $\|Tx\|^2 + |\langle Tx, x \rangle|^2 \leq 4w^2(T)$ .  $\square$

**Corollary 2.4.** *Let  $A = [a_{ij}] \in \mathcal{M}_n$ . Then*

$$\frac{\sum_{k=1}^n |a_{ki}|^2}{2} \leq w^2(A) + w(A)\sqrt{w^2(A) - |a_{ii}|^2} \quad (1 \leq i \leq n).$$

*Proof.* Let  $x = [0, \dots, 0, 1, 0, \dots, 0]^t$  with 1 in place of  $i$ . Then  $Ax = [a_{1i}, a_{2i}, \dots, a_{ni}]^t$  and  $\langle Ax, x \rangle = a_{ii}$ . So, by (2.2) we obtain

$$\begin{aligned} \frac{1}{2} \sqrt{\sum_{k=1}^n |a_{ki}|^2} &= \frac{1}{2} \|Ax\| \leq \sqrt{\frac{w^2(A)}{2} + \frac{w(A)}{2} \sqrt{w^2(A) - |\langle Ax, x \rangle|^2}} \\ &= \sqrt{\frac{w^2(A)}{2} + \frac{w(A)}{2} \sqrt{w^2(A) - |a_{ii}|^2}}. \end{aligned}$$

This yields

$$\frac{\sum_{k=1}^n |a_{ki}|^2}{2} \leq w^2(A) + w(A) \sqrt{w^2(A) - |a_{ii}|^2}.$$

□

**Theorem 2.5.** *Let  $T \in \mathbb{B}(H)$ . Then*

$$\frac{1}{2} \|T\| \leq \max \left\{ |\sin |T, \frac{\sqrt{2}}{2}| \right\} w(T) \leq w(T).$$

*Proof.* Clearly,  $\max \left\{ |\sin |T, \frac{\sqrt{2}}{2}| \right\} w(T) \leq w(T)$ . On the other hand, let  $x \in H$  with  $\|x\| \leq 1$ . By (2.2) we have

$$\frac{1}{2} \|Tx\| \leq \sqrt{\frac{w^2(T)}{2} + \frac{w(T)}{2} \sqrt{w^2(T) - |\langle Tx, x \rangle|^2}}.$$

Hence

$$\frac{1}{2} \|Tx\| \leq \sqrt{\frac{w^2(T)}{2} + \frac{w(T)}{2} \sqrt{w^2(T) - \|Tx\|^2 |\cos |^2 T|}},$$

or equivalently,

$$\|Tx\|^2 - 2w^2(T) \leq 2w(T) \sqrt{w^2(T) - \|Tx\|^2 |\cos |^2 T|}. \quad (2.3)$$

We consider two cases.

Case 1.  $\|Tx\|^2 - 2w^2(T) \leq 0$ . So we get  $\|Tx\| \leq \sqrt{2}w(T)$  and hence

$$\frac{1}{2} \|T\| \leq \frac{\sqrt{2}}{2} w(T). \quad (2.4)$$

Case 2.  $\|Tx\|^2 - 2w^2(T) > 0$ . It follows from (2.3) that

$$\|Tx\|^4 - 4\|Tx\|^2 w^2(T) + 4w^4(T) \leq 4w^4(T) - 4w^2(T) \|Tx\|^2 |\cos |^2 T|.$$

This implies

$$\|Tx\|^2 \leq 4(1 - |\cos |^2 T|) w^2(T)$$

which yields

$$\frac{1}{2} \|Tx\| \leq |\sin |T w(T).$$

Taking the supremum over  $x \in H$  with  $\|x\| \leq 1$  in the above inequality we get

$$\frac{1}{2} \|T\| \leq |\sin |T w(T). \quad (2.5)$$

Finally, by (2.4) and (2.5) we conclude the desired inequality.  $\square$

*Remark 2.6.* Let  $A = \begin{bmatrix} 1 & 0 \\ 0 & 1+i \end{bmatrix}$ . Simple computations show that  $\|A\| = w(A) = \sqrt{2}$  and  $|\sin|A = \sqrt{2} - 1$ . Thus

$$\frac{1}{2}\|A\| = \frac{\sqrt{2}}{2} < \max \left\{ |\sin|A, \frac{\sqrt{2}}{2} \right\} w(A) = \frac{\sqrt{2}}{2} \times \sqrt{2} = 1 < w(A) = \sqrt{2}.$$

Hence the inequalities in Theorem 2.5 can be strict.

As a consequence of Theorem 2.5 we have the following result.

**Corollary 2.7.** *Let  $T, S \in \mathbb{B}(H)$ . Then*

$$w(TS) \leq 4 \max \left\{ |\sin|T, \frac{\sqrt{2}}{2} \right\} \max \left\{ |\sin|S, \frac{\sqrt{2}}{2} \right\} w(T)w(S) \leq 4w(T)w(S).$$

*Proof.* Applying the second inequality of (1.1) and Theorem 2.5, we get

$$\begin{aligned} w(TS) &\leq \|TS\| \\ &\leq \|T\|\|S\| \\ &\leq 2 \max \left\{ |\sin|T, \frac{\sqrt{2}}{2} \right\} w(T) \times 2 \max \left\{ |\sin|S, \frac{\sqrt{2}}{2} \right\} w(S) \\ &= 4 \max \left\{ |\sin|T, \frac{\sqrt{2}}{2} \right\} \max \left\{ |\sin|S, \frac{\sqrt{2}}{2} \right\} w(T)w(S) \leq 4w(T)w(S). \end{aligned}$$

$\square$

A fundamental inequality for the numerical radius is the power inequality, which says that for  $T \in \mathbb{B}(H)$ ,

$$w(T^k) \leq w^k(T)$$

for  $k = 1, 2, \dots$  (see, e.g., [5]). We are now in a position to establish one of our main results.

**Theorem 2.8.** *Let  $T \in \mathbb{B}(H)$ . For each  $t \in [0, \frac{1}{2})$  and natural number  $k$ ,*

$$\frac{(1+2t)^{\frac{1}{2k}}}{2^{\frac{1}{k}}} m(T) \leq w(T).$$

*Proof.* Let  $t \in [0, \frac{1}{2})$  and  $k \in \mathbb{N}$ . Let  $x \in H$  with  $\|x\| \leq 1$ . We consider two cases.

Case 1.  $\|Tx\|^2 - 2w^2(T) \leq 0$ . So we have

$$\begin{aligned} &w^2(T) - 2tw(T)\operatorname{Re}\langle Tx, x \rangle + (t^2 - \frac{1}{4})\|Tx\|^2 \\ &\geq w^2(T) - 2tw(T)\operatorname{Re}\langle Tx, x \rangle + 2(t^2 - \frac{1}{4})w^2(T) \\ &= 2w^2(T) \left| t - \frac{\langle Tx, x \rangle}{2w(T)} \right|^2 + \frac{w^2(T) - |\langle Tx, x \rangle|^2}{2} \geq 0. \end{aligned}$$

Hence

$$w^2(T) - 2tw(T)\operatorname{Re}\langle Tx, x \rangle + (t^2 - \frac{1}{4})\|Tx\|^2 \geq 0. \quad (2.6)$$

Case 2.  $\|Tx\|^2 - 2w^2(T) > 0$ . It follows from (2.2) that

$$\frac{1}{2}\|Tx\| \leq \sqrt{\frac{w^2(T)}{2} + \frac{w(T)}{2}\sqrt{w^2(T) - |\langle Tx, x \rangle|^2}}.$$

This implies

$$\left(\frac{1}{4}\|Tx\|^2 - \frac{w^2(T)}{2}\right)^2 \leq \frac{w^2(T)}{4}(w^2(T) - |\langle Tx, x \rangle|^2)$$

which yields

$$4w^2(T)\|Tx\|^2 - \|Tx\|^4 - 4w^2(T)|\langle Tx, x \rangle|^2 \geq 0. \quad (2.7)$$

By (2.7), we get

$$\begin{aligned} & w^2(T) - 2tw(T)\operatorname{Re}\langle Tx, x \rangle + (t^2 - \frac{1}{4})\|Tx\|^2 \\ &= \|Tx\|^2 \left| t - \frac{w(T)\langle Tx, x \rangle}{\|Tx\|^2} \right|^2 + \frac{4w^2(T)\|Tx\|^2 - \|Tx\|^4 - 4w^2(T)|\langle Tx, x \rangle|^2}{4\|Tx\|^2} \geq 0, \end{aligned}$$

whence

$$w^2(T) - 2tw(T)\operatorname{Re}\langle Tx, x \rangle + (t^2 - \frac{1}{4})\|Tx\|^2 \geq 0. \quad (2.8)$$

By (2.6) and (2.8), we obtain

$$2tw(T)\operatorname{Re}\langle Tx, x \rangle \leq w^2(T) + (t^2 - \frac{1}{4})\|Tx\|^2.$$

If we replace  $T$  by  $\frac{\operatorname{Re}\langle Tx, x \rangle}{|\operatorname{Re}\langle Tx, x \rangle|}T$  in the above inequality, then we get

$$2tw(T)|\operatorname{Re}\langle Tx, x \rangle| \leq w^2(T) + (t^2 - \frac{1}{4})\|Tx\|^2 \quad (\|x\| \leq 1). \quad (2.9)$$

Furthermore, if we replace  $T$  by  $e^{i\theta}T$  in (2.9), then we deduce

$$2tw(T)|\operatorname{Re}(e^{i\theta}\langle Tx, x \rangle)| \leq w^2(T) + (t^2 - \frac{1}{4})\|Tx\|^2.$$

Since  $\sup\{|\operatorname{Re}(e^{i\theta}\langle Tx, x \rangle)| : \theta \in \mathbb{R}\} = |\langle Tx, x \rangle|$ , by taking the supremum over  $\theta \in \mathbb{R}$  in the above inequality we reach

$$2tw(T)|\langle Tx, x \rangle| \leq w^2(T) + (t^2 - \frac{1}{4})\|Tx\|^2. \quad (2.10)$$

By (2.10), we get

$$2tw(T)|\langle Tx, x \rangle| \leq w^2(T) + (t^2 - \frac{1}{4})\|Tx\|^2 \leq w^2(T) + (t^2 - \frac{1}{4})m^2(T).$$

Thus

$$2tw(T)|\langle Tx, x \rangle| \leq w^2(T) + (t^2 - \frac{1}{4})m^2(T). \quad (2.11)$$

By taking the supremum over  $x \in H$  with  $\|x\| = 1$  in (2.11), we obtain

$$2tw^2(T) \leq w^2(T) + (t^2 - \frac{1}{4})m^2(T),$$

or equivalently,

$$\frac{(1+2t)^{\frac{1}{2}}}{2}m(T) \leq w(T).$$

Replacing  $T$  by  $T^k$  in the last inequality gives

$$\frac{(1+2t)^{\frac{1}{2}}}{2}m(T^k) \leq w(T^k).$$

Since  $m^k(T) \leq m(T^k)$  and  $w(T^k) \leq w^k(T)$ , the above inequality becomes

$$\frac{(1+2t)^{\frac{1}{2}}}{2}m^k(T) \leq w^k(T).$$

Thus  $\frac{(1+2t)^{\frac{1}{2}}}{2^{\frac{1}{k}}}m(T) \leq w(T)$ . □

*Remark 2.9.* Recall that an operator  $T \in \mathbb{B}(H)$  is said to be idempotent if  $T^2 = T$  and an involution if  $T^2 = I$ . It is well-known that, if  $T$  is idempotent such that  $T \neq 0$ , then  $w(T) = \frac{1}{2}(1 + \|T\|)$  and if  $T$  is involution then,  $w(T) = \frac{1}{2}(\|T\| + \|T\|^{-1})$  (see, e.g., [1]). So, by Theorem 2.8 for each  $t \in [0, \frac{1}{2})$  and  $k \in \mathbb{N}$ , the following statements hold:

(i) If  $T$  is an idempotent operator such that  $T \neq 0$ , then

$$2^{1-\frac{1}{k}}(1+2t)^{\frac{1}{2k}}m(T) \leq 1 + \|T\|.$$

(ii) If  $T$  is an involution operator, then

$$2^{1-\frac{1}{k}}(1+2t)^{\frac{1}{2k}}m(T) \leq \|T\| + \|T\|^{-1}.$$

**Corollary 2.10.** *Let  $T \in \mathbb{B}(H)$ . For each  $t \in [0, \frac{1}{2})$ ,*

$$\frac{\|T\|}{2} \leq \sqrt{\frac{w^2(T) - 2tw(T)\mu(T)}{1 - 4t^2}},$$

where  $\mu(T) = \inf \{|\operatorname{Re}\langle Tx, x \rangle| : x \in H, \|x\| \leq 1\}$ .

*Proof.* Let  $t \in [0, \frac{1}{2})$  and let  $x \in H$  with  $\|x\| \leq 1$ . By (2.9), we have

$$2tw(T)|\operatorname{Re}\langle Tx, x \rangle| \leq w^2(T) + (t^2 - \frac{1}{4})\|Tx\|^2.$$

Since  $\mu(T) = \inf \{|\operatorname{Re}\langle Tx, x \rangle| : x \in H, \|x\| \leq 1\}$ , so by the above inequality we obtain

$$w^2(T) - 2tw(T)\mu(T) \geq w^2(T) - 2tw(T)|\operatorname{Re}\langle Tx, x \rangle| \geq (\frac{1}{4} - t^2)\|Tx\|^2.$$

Hence

$$(\frac{1}{4} - t^2)\|Tx\|^2 \leq w^2(T) - 2tw(T)\mu(T).$$



By taking the supremum over  $x \in H$  with  $\|x\| = 1$  in the above inequality, we get

$$\left(\frac{1}{4} - t^2\right)\|T\|^2 \leq w^2(T) - 2tw(T)\mu(T).$$

Now, by the last inequality, we deduce the desired inequality.  $\square$

Let us recall that by [2, Lemma 2.1] we have

$$w(x \otimes y) = \frac{1}{2} (|\langle x, y \rangle| + \|x\|\|y\|),$$

for all  $x, y \in H$ . Here,  $x \otimes y$  denotes the rank one operator in  $\mathbb{B}(H)$  defined by  $(x \otimes y)(z) := \langle z, y \rangle x$  for all  $z \in H$ . The following result is a reverse the Cauchy-Schwarz inequality in the setting of Hilbert spaces.

**Corollary 2.11.** *Let  $x, y \in H$ . For each  $t \in [0, \frac{1}{2})$  and  $k \in \mathbb{N}$ , the following statements hold.*

- (i)  $\left( \frac{1}{\max\left\{\sqrt{1 - \inf\left\{\frac{|\langle x, z \rangle|^2}{\|x\|^2\|z\|^2} : z \in H, \langle z, y \rangle \neq 0\right\}}, \frac{\sqrt{2}}{2}\right\}} - 1 \right) \|x\|\|y\| \leq |\langle x, y \rangle|.$
- (ii)  $\left( 2^{1 - \frac{1}{k}}(1 + 2t)^{\frac{1}{2k}} \inf\{|\langle z, y \rangle| : z \in H, \|z\| = 1\} - \|y\| \right) \|x\| \leq |\langle x, y \rangle|.$

*Proof.* Simple computations show that

$$|\sin|(x \otimes y) = \sqrt{1 - \inf\left\{\frac{|\langle x, z \rangle|^2}{\|x\|^2\|z\|^2} : z \in H, \langle z, y \rangle \neq 0\right\}} \quad (2.12)$$

and

$$m(x \otimes y) = \|x\| \inf\{|\langle z, y \rangle| : z \in H, \|z\| = 1\}. \quad (2.13)$$

So, by Theorem 2.5 and (2.12), we obtain

$$\frac{1}{2}\|x\|\|y\| \leq \max\left\{|\sin|(x \otimes y), \frac{\sqrt{2}}{2}\right\} \frac{1}{2} (|\langle x, y \rangle| + \|x\|\|y\|),$$

or equivalently,

$$\left( \frac{1}{\max\left\{\sqrt{1 - \inf\left\{\frac{|\langle x, z \rangle|^2}{\|x\|^2\|z\|^2} : z \in H, \langle z, y \rangle \neq 0\right\}}, \frac{\sqrt{2}}{2}\right\}} - 1 \right) \|x\|\|y\| \leq |\langle x, y \rangle|.$$

Furthermore, for each  $t \in [0, \frac{1}{2})$  and  $k \in \mathbb{N}$ , by Theorem 2.8 and (2.13) we get

$$\frac{(1 + 2t)^{\frac{1}{2k}}}{2^{\frac{1}{k}}} \|x\| \inf\{|\langle z, y \rangle| : z \in H, \|z\| = 1\} \leq \frac{1}{2} (|\langle x, y \rangle| + \|x\|\|y\|),$$

or equivalently,

$$\left( 2^{1 - \frac{1}{k}}(1 + 2t)^{\frac{1}{2k}} \inf\{|\langle z, y \rangle| : z \in H, \|z\| = 1\} - \|y\| \right) \|x\| \leq |\langle x, y \rangle|.$$

$\square$

**Acknowledgments.** The author expresses his gratitude to the referee for his/her comments towards an improved version of the paper.

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