# A Relation between Height, Area, and Volume for Compact Constant Mean Curvature Surfaces in $\mathbb{M}^{2} \times \mathbb{R}$ <br> Claudemir Leandro \& Harold Rosenberg 

## 1. Introduction

Let $\Sigma$ be a compact CMC- $H$ surface in $\mathbb{M}^{2} \times \mathbb{R}$ with $\Gamma=\partial \Sigma \subset \mathbb{M}^{2} \times\{0\}$, where $\mathbb{M}^{2}$ is a Hadamard surface with curvature $K_{\mathbb{M}^{2}} \leq-\kappa \leq 0$. Let $\Sigma_{1}$ be the connected component of the part of $\Sigma$ above the plane $Q=\mathbb{M}^{2} \times\{0\}$, and let $h$ be the height of $\Sigma_{1}$ above $Q$. We will determine a volume $V_{1}$ bounded by $\Sigma_{1}$ and prove that

$$
h \leq \frac{H\left|\Sigma_{1}\right|}{2 \pi}-\frac{\kappa V_{1}}{4 \pi} ;
$$

here $\left|\Sigma_{1}\right|$ is the area of $\Sigma_{1}$. We also state conditions under which equality occurs.
We then let $\mathbb{M}^{2}=\mathbb{H}^{2}$ be the hyperbolic plane of curvature - 1 , with $\Sigma \subset \mathbb{H}^{2} \times \mathbb{R}$ a compact CMC- $H$ surface as just described. Finally, we give a condition that guarantees $\Sigma$ lies in a half-space determined by $Q$.

We introduce some definitions and notation as follows. Let $\gamma \subset Q$ be a complete geodesic. We call $P=\gamma \times \mathbb{R}$ a vertical plane of $\mathbb{M}^{2} \times \mathbb{R}$. Let $\beta(t)$ be a complete geodesic of $Q$, with $\beta(0)$ in the vertical plane $P$ and $\beta^{\prime}(0)$ orthogonal to $P$. Let $P_{\beta}(t)$ be the vertical plane of $\mathbb{M}^{2} \times \mathbb{R}$ that passes through $\beta(t)$ and is orthogonal to $\beta$ at $\beta(t)$. We call $P_{\beta}(t)$ the vertical plane foliation determined by $P$ and $\beta$.

## 2. The Main Result

Let $\Sigma \subset \mathbb{M}^{2} \times \mathbb{R}$ be a CMC- $H$ surface as before and suppose that $\Sigma$ meets $Q$ transversally along $\Gamma=\partial \Sigma \subset Q$. We put $\Sigma^{+}=\Sigma \cap\left(\mathbb{M}^{2} \times \mathbb{R}_{+}\right)$and $\Sigma^{-}=$ $\Sigma \cap\left(\mathbb{M}^{2} \times \mathbb{R}_{-}\right)$. There is a connected component of $\Sigma^{+}$or $\Sigma^{-}$that contains $\Gamma$. We can assume, without loss of generality, that $\Gamma \subset \partial \Sigma^{+}$. We use $\Sigma_{1}$ to denote the connected component of $\Sigma^{+}$that contains $\Gamma$.

Let $\hat{\Sigma}_{1}$ be the symmetry of $\Sigma_{1}$ through the plane $Q$. Then $\hat{\Sigma}_{1} \cup \Sigma_{1}$ is a compact embedded surface with no boundary, and with corners along $\partial \Sigma_{1}$, that bounds a domain $U$ in $\mathbb{M}^{2} \times \mathbb{R}$. Let $U_{1}$ be the intersection of $U$ with the half-space above $Q$. Thus $U_{1}$ is a bounded domain in $\mathbb{M}^{2} \times \mathbb{R}$ whose boundary, $\partial U_{1}$, consists of the smooth connected surface $\Sigma_{1}$ and the union $\Omega$ of finitely smooth, compact and connected surfaces in $Q$. We define $A^{+}$to be the area of $\Sigma_{1}$.

Theorem 2.1. Let $\mathbb{M}^{2}$ be a Hadamard surface with Gaussian curvature $K_{\mathbb{M}} \leq$ $-\kappa \leq 0$. Let $\Sigma$ be a compact $H$-surface embedded in $\mathbb{M}^{2} \times \mathbb{R}$, with boundary belonging to $Q=\mathbb{M}^{2} \times\{0\}$ and transverse to $Q$. If h denotes the height of $\Sigma$ with respect to $Q$, then

$$
\begin{equation*}
h \leq \frac{H A^{+}}{2 \pi}-\frac{\kappa \operatorname{Vol}\left(U_{1}\right)}{4 \pi} \tag{1}
\end{equation*}
$$

for $A^{+}$and $U_{1}$ defined as before. There is equality if and only if $K \equiv-\kappa$ inside $U_{1}$ and $\Sigma$ is a rotational spherical cap.

Proof. From the surface $\Sigma$ we obtain the surface $\Sigma_{1}$, the bounded domain $U_{1} \subset$ $\mathbb{M}^{2} \times \mathbb{R}$, and the union $\Omega$ of finitely smooth, compact and connected surfaces in $Q$ as just described. Let $\vec{H}$ denote the mean curvature vector of $\Sigma_{1}$, and take the unit normal $N$ of $\Sigma_{1}$ to point inside $U_{1}$. Let $\pi_{1}: \mathbb{M}^{2} \times \mathbb{R} \rightarrow \mathbb{M}^{2}$ and $\pi_{2}: \mathbb{M}^{2} \times \mathbb{R} \rightarrow$ $\mathbb{R}$ be the usual projections. If we denote by $h_{1}: \Sigma_{1} \rightarrow \mathbb{R}$ the height function of $\Sigma_{1}$-that is, $h_{1}(p)=\pi_{2}(p)$ and $v=\left\langle N, \frac{\partial}{\partial t}\right\rangle$-then we can write

$$
\begin{equation*}
\frac{\partial}{\partial t}=T+v N \tag{2}
\end{equation*}
$$

where $T$ is a tangent vector field on $\Sigma_{1}$. Since $\frac{\partial}{\partial t}$ is the gradient in $\mathbb{M}^{2} \times \mathbb{R}$ of the function $t$, it follows that $T$ is the gradient of $h_{1}$ on $\Sigma_{1}$.

If $H=0$ then $h$ (the height of $\Sigma$ ) is a harmonic function and therefore, by the maximum principle, $\Sigma \subset \mathbb{M}^{2} \times\{0\}$. So we suppose that $H>0$.

Let $A(t)$ be the area of $\Sigma_{t}=\left\{p \in \Sigma_{1} ; h_{1}(p) \geq t\right\}$ and let $\Gamma(t)=\left\{p \in \Sigma_{1} ;\right.$ $\left.h_{1}(p)=t\right\}$. By [6, Thm. 5.8] we have

$$
A^{\prime}(t)=-\int_{\Gamma(t)} \frac{1}{\left\|\nabla h_{1}\right\|} d s_{t}, \quad t \in \mathcal{O}
$$

where $\mathcal{O}$ is the set of all regular values of $h_{1}$.
If $L(t)$ denotes the length of the planar curve $\Gamma(t)$, then the Schwartz inequality yields
$L^{2}(t) \leq \int_{\Gamma(t)}\left\|\nabla h_{1}\right\| d s_{t} \int_{\Gamma(t)} \frac{1}{\left\|\nabla h_{1}\right\|} d s_{t}=-A^{\prime}(t) \int_{\Gamma(t)}\left\|\nabla h_{1}\right\| d s_{t}, \quad t \in \mathcal{O}$.
But from (2) we have that, along the curve $\Gamma(t)$,

$$
\left\|\nabla h_{1}\right\|^{2}=1-v^{2}=\left\langle\eta^{t}, \frac{\partial}{\partial t}\right\rangle^{2}
$$

here $\eta^{t}$ is the inner conormal of $\Sigma_{t}$ along $\partial \Sigma_{t}$. Since $\Sigma_{t}$ is above the plane $Q(t)$, we know that $\left\langle\eta^{t}, \frac{\partial}{\partial t}\right\rangle \geq 0$. Hence

$$
\left\|\nabla h_{1}\right\|=\left\langle\eta^{t}, \frac{\partial}{\partial t}\right\rangle
$$

Therefore, (3) may be rewritten as

$$
\begin{equation*}
L^{2}(t) \leq-A^{\prime}(t) \int_{\Gamma(t)}\left\langle\eta^{t}, \frac{\partial}{\partial t}\right\rangle d s_{t} \tag{4}
\end{equation*}
$$

Now we recall the flux formula. Let $\Sigma_{t}$ and $\Omega(t)$ be two compact, smooth, and embedded but not necessarily connected surfaces in $\mathbb{M}^{2} \times \mathbb{R}$ such that their boundaries coincide. Assume that there exists a compact domain $U(t)$ in $\mathbb{M}^{2} \times \mathbb{R}$ such that the boundary of $U(t)$ is $\partial U(t)=\Sigma_{t} \cup \Omega(t)$ and is orientable. Notice that the boundary of $U(t)$ is smooth except perhaps along $\partial \Sigma_{t}=\partial \Omega(t)$.

Let $N_{\Sigma_{t}}$ and $N_{\Omega(t)}$ be the unit normal fields to $\Sigma_{t}$ and $\Omega(t)$, respectively, that point inside $U(t)$. Finally, assume that $\Sigma_{t}$ is a compact surface with constant mean curvature $H=\left\langle\vec{H}, N_{\Sigma_{t}}\right\rangle>0$. Let $Y$ be a Killing vector field in $\mathbb{M}^{2} \times \mathbb{R}$. Then the flux formula (i.e., [4, Prop. 3]) yields

$$
\begin{equation*}
\int_{\partial \Sigma_{t}}\left\langle Y, \eta^{t}\right\rangle=2 H \int_{\Omega(t)}\left\langle Y, N_{Q(t)}\right\rangle . \tag{5}
\end{equation*}
$$

Using (5), we can take $Y=\frac{\partial}{\partial t}$ to obtain

$$
\int_{\Gamma(t)}\left\langle\frac{\partial}{\partial t}, \eta^{t}\right\rangle=2 H\|\Omega(t)\|,
$$

where $\|\Omega(t)\|$ is the area of the planar region $\Omega(t)$. Hence substituting into (4) results in

$$
\begin{equation*}
L^{2}(t) \leq-2 H A^{\prime}(t)\|\Omega(t)\| \quad \text { for almost every } t \geq 0, t \in \mathcal{O} \tag{6}
\end{equation*}
$$

Next we will show that

$$
\begin{equation*}
L^{2}(t) \geq 4 \pi\|\Omega(t)\|+\kappa\|\Omega(t)\|^{2} \tag{7}
\end{equation*}
$$

We put $\Omega(t)=\bigcup_{i=1}^{n_{t}} \Omega_{i}(t)$, where $\Omega_{1}(t), \ldots, \Omega_{n_{t}}(t)$ are bounded domains determined in the plane $Q(t)$ by the closed curve $\Gamma(t)$ and where $\left\|\Omega_{i}(t)\right\|$ (with $i=$ $\left.0, \ldots, n_{t}\right)$ is the area of the corresponding $\Omega_{i}(t)$. Then $\|\Omega(t)\|=\sum_{i=1}^{n_{t}}\left\|\Omega_{i}(t)\right\|$. We know by [2] that equation (7) holds if $n_{t}=1$. Supposing the result is true for $n_{t}=m$, we will prove it to be true also for $m+1$.

Let $\tilde{L}(t)$ be the length of $\tilde{\Omega}(t)=\bigcup_{i=1}^{m} \Omega_{i}(t)$. We know that

$$
\begin{align*}
\tilde{L}^{2}(t) & \geq 4 \pi\|\tilde{\Omega}(t)\|+\kappa\|\tilde{\Omega}(t)\|^{2} \quad(\text { by hypothesis of induction), }  \tag{8}\\
L_{m+1}^{2}(t) & \geq 4 \pi\left\|\Omega_{m+1}(t)\right\|+\kappa\left\|\Omega_{m+1}(t)\right\|^{2} \quad(\text { by }[2]) \tag{9}
\end{align*}
$$

Inequalities (8) and (9) imply, respectively,

$$
\begin{aligned}
\tilde{L}(t) & \geq \sqrt{\kappa}\|\tilde{\Omega}(t)\|, \\
L_{m+1}(t) & \geq \sqrt{\kappa}\left\|\Omega_{m+1}(t)\right\| .
\end{aligned}
$$

Therefore,

$$
\begin{align*}
\tilde{L}(t) L_{m+1}(t) \geq \kappa\|\tilde{\Omega}(t)\| \| & \Omega_{m+1}(t) \| \\
& \Longrightarrow 2 \tilde{L}(t) L_{m+1}(t) \geq 2 \kappa\|\tilde{\Omega}(t)\|\left\|\Omega_{m+1}(t)\right\| \tag{10}
\end{align*}
$$

Combining (8), (9), and (10) yields

$$
\left(\tilde{L}(t)+L_{m+1}(t)\right)^{2} \geq 4 \pi\left(\|\tilde{\Omega}(t)\|+\left\|\Omega_{m+1}(t)\right\|\right)+\kappa\left(\|\tilde{\Omega}(t)\|+\left\|\Omega_{m+1}(t)\right\|\right)^{2}
$$

and this proves (7).

From (6) and (7) it follows that

$$
\begin{gathered}
4 \pi\|\Omega(t)\|+\kappa\|\Omega(t)\|^{2} \leq-2 H A^{\prime}(t)\|\Omega(t)\|, \\
4 \pi\|\Omega(t)\|+\kappa\|\Omega(t)\|^{2}+2 H A^{\prime}(t)\|\Omega(t)\| \leq 0, \\
\left(4 \pi+2 H A^{\prime}(t)+\kappa\|\Omega(t)\|\right)\|\Omega(t)\| \leq 0, \\
4 \pi+2 H A^{\prime}(t)+\kappa\left\|\Omega_{i}(t)\right\| \leq 0 .
\end{gathered}
$$

After integrating the last inequality from 0 to $h=\max _{p \in \Sigma} h_{1}(p) \geq 0$, we have

$$
4 \pi h+2 H(A(h)-A(0))+\kappa \operatorname{Vol}\left(U_{1}\right) \leq 0 ;
$$

then

$$
A^{+}=A(0) \geq \frac{2 \pi h}{H}+\frac{\kappa \operatorname{Vol}\left(U_{1}\right)}{2 H},
$$

which is the inequality that we were seeking.
If equality holds, then all the preceding inequalities become equalities. In particular, by [2] it will follow that $\Gamma(t)$ is the boundary of a geodesic disk in $\mathbb{M}^{2} \times\{t\}$ for every $t \geq 0$ and that $K_{\mathbb{M}^{2}}(p) \equiv-\kappa$ for all $p \in U$.

Let $D \subset \mathbb{M}^{2} \times\{0\}$ be the geodesic disk such that $\partial D=\partial \Sigma$, and let $p \in D$ be the center of $D$. Let $\gamma$ be a horizontal, complete, oriented geodesic passing through the point $p$ with $\gamma(0)=p$, and let $P_{\gamma}(t)$ be the oriented foliation of vertical planes along the $\gamma$. Let $P_{\gamma}\left(t_{1}\right)$ be a vertical plane in this horizontal foliation that does not touch $\Sigma$. Now, performing Alexandrov reflection with the planes $P_{\gamma}(t)$, starting at $t=t_{1}$ and then decreasing $t$, we obtain-by the symmetries of $\partial D$-that $\Sigma$ is symmetric with respect to $P_{\gamma}(0)$. Since $\gamma$ is an arbitrary horizontal complete geodesic passing through the point $p$, it follows that $\Sigma$ is a rotational spherical cap.

Corollary 2.1. Let $\mathbb{M}^{2}$ be a Hadamard surface with Gaussian curvature $K_{\mathbb{M}} \leq$ $-\kappa \leq 0$. Let $\Sigma$ be a compact $H$-surface embedded in $\mathbb{M}^{2} \times \mathbb{R}$ without boundary but with area $A$, and let $U$ be the compact domain bounded by $\Sigma$. Then

$$
2 H A \geq \kappa \operatorname{Vol}(U)+4 \pi h .
$$

Equality holds if and only if $\Sigma$ is a sphere of revolution.
Corollary 2.2. Let $\mathbb{M}^{2}$ be a Hadamard surface with Gaussian curvature $K_{\mathbb{M}} \leq$ $-\kappa \leq 0$. If $\Sigma$ is a compact $H$-surface embedded in $\mathbb{M}^{2} \times \mathbb{R}$ with boundary in a plane $Q$ and transverse to $Q$, then

$$
\kappa \operatorname{Vol}\left(U_{1}\right)<2 \pi H A^{+}
$$

for $A^{+}$and $U_{1}$ defined as before Theorem 2.1.

## 3. Horizontal $\boldsymbol{H}$-cylinders in $\mathbb{H}^{2} \times \mathbb{R}$

Now we use a translation-invariant $H$-hypersurface given by P. Bérard and R. Sa Earp in [3] to give some conditions implying that $\Sigma$ lies above $Q=\mathbb{H}^{2} \times\{0\}$ when $\partial \Sigma \subset Q$. We recall some ideas here.

Let $\gamma_{1}$ be a geodesic passing through $0 \in \mathbb{H}^{2} \times\{0\}$ in $Q=\mathbb{H}^{2} \times\{0\}$ and let $P_{1}=\gamma_{1} \times \mathbb{R}=\left\{\left(\gamma_{1}(s), t\right) ;(s, t) \in \mathbb{R}^{2}\right\}$ be the vertical plane, where $s$ is the signed hyperbolic distance to 0 on $\gamma_{1}$.

Take a geodesic $\gamma_{2}$ such that $\gamma_{2}(0)=\gamma_{1}(0)$ and $\gamma_{2}^{\prime}(0) \perp \gamma_{1}^{\prime}(0)$. We consider the hyperbolic translation with respect to the geodesic $\gamma_{2}$. In the vertical plane $P_{1}$ we take the curve $\alpha(s)=(s, f(s))$, where $f$ is a real function.

In $\mathbb{H}^{2} \times\{f(s)\}$ we translate the point $\alpha(s)$ by the translations with respect to $\gamma_{2} \times\{f(s)\}$, which yields the equidistant curves $\left(\gamma_{2}\right)_{\alpha(s)}$ passing through $\alpha(s)$ at a distance $s$ from $\gamma_{2} \times\{f(s)\}$. The curve $\alpha$ then generates a translation surface $C=\bigcup_{s}\left(\gamma_{2}\right)_{\alpha(s)}$ in $\mathbb{H}^{2} \times \mathbb{R}$.

Principal Curvatures. The principal directions of curvature of $C$ are tangent to the curve $\alpha$ in $P_{1}$ and the directions tangent to $\left(\gamma_{2}\right)_{\alpha(s)}$. The corresponding principal curvatures with respect to the unit normal pointing downward are given by

$$
\begin{aligned}
k_{P_{1}} & =-f^{\prime \prime}(s)\left(1+\left(f^{\prime}(s)\right)^{2}\right)^{-3 / 2} \quad \text { and } \\
k_{\left(\gamma_{2}\right)_{\alpha(s)}} & =-f^{\prime}(s)\left(1+\left(f^{\prime}(s)\right)^{2}\right)^{-1 / 2} \tanh (s)
\end{aligned}
$$

The first equality holds because $P_{1}$ is totally geodesic and flat. The second equality follows because $\left(\gamma_{2}\right)_{\alpha(s)}$ is at a distance $s$ from $\gamma_{2} \times\{f(s)\}$ in $\mathbb{H}^{2} \times\{f(s)\}$.

Mean Curvature. The mean curvature of the translation surface $C$ associated with $f$ is given by

$$
\begin{aligned}
2 H(s)= & -f^{\prime \prime}(s)\left(1+\left(f^{\prime}(s)\right)^{2}\right)^{-3 / 2}-f^{\prime}(s)\left(1+\left(f^{\prime}(s)\right)^{2}\right)^{-1 / 2} \tanh (s), \\
2 H(s) \cosh (s)= & -f^{\prime \prime}(s)\left(1+\left(f^{\prime}(s)\right)^{2}\right)^{-3 / 2} \cosh (s) \\
& -f^{\prime}(s)\left(1+\left(f^{\prime}(s)\right)^{2}\right)^{-1 / 2} \sinh (s) \\
2 H(s) \cosh (s)= & -\frac{d}{d s}\left(f^{\prime}(s)\left(1+\left(f^{\prime}(s)\right)^{2}\right)^{-1 / 2} \cosh (s)\right) .
\end{aligned}
$$

We assume that $H=$ constant. Observe that in our case $H>0$. The generating curves of translation surfaces with mean curvature $H$ are given by the differential equation

$$
-f^{\prime}(s)\left(1+\left(f^{\prime}(s)\right)^{2}\right)^{-1 / 2} \cosh (s)=2 H \sinh (s)+d_{1}
$$

where $d_{1}$ is a constant.
We want that $f^{\prime}(0)=0$, so we take $d_{1}=0$. Therefore,

$$
\begin{aligned}
-f^{\prime}(s)\left(1+\left(f^{\prime}(s)\right)^{2}\right)^{-1 / 2} & =2 H \tanh (s) \\
-f^{\prime}(s) & =2 H \tanh (s)\left(1+\left(f^{\prime}(s)\right)^{2}\right)^{1 / 2} \\
\left(f^{\prime}(s)\right)^{2} & =4 H^{2} \tanh ^{2}(s)\left(1+\left(f^{\prime}(s)\right)^{2}\right) \\
& =4 H^{2} \tanh ^{2}(s)+\left(f^{\prime}(s)\right)^{2} 4 H^{2} \tanh ^{2}(s) \\
& =\frac{4 H^{2} \tanh ^{2}(s)}{1-4 H^{2} \tanh ^{2}(s)}
\end{aligned}
$$

We have two first-order, linear ordinary differential equations given by

$$
f_{+}^{\prime}(s)=-\frac{2 H \tanh (s)}{\sqrt{1-4 H^{2} \tanh ^{2}(s)}} \quad \text { and } \quad f_{-}^{\prime}(s)=\frac{2 H \tanh (s)}{\sqrt{1-4 H^{2} \tanh ^{2}(s)}}
$$

with $s \in\left(-s_{H}, s_{H}\right)$, where $s_{H}=\operatorname{arctanh}(1 / 2 H)$.
We assume that $H>1 / 2$. After resolving the previous equations, we get

$$
f_{+}(s)=-\frac{2 H}{\sqrt{4 H^{2}-1}} \arctan \left(\frac{\sqrt{4 H^{2}-1}}{\sqrt{1-4 H^{2} \tanh ^{2}(s)}}\right)+d_{2}
$$

and

$$
f_{-}(s)=\frac{2 H}{\sqrt{4 H^{2}-1}} \arctan \left(\frac{\sqrt{4 H^{2}-1}}{\sqrt{1-4 H^{2} \tanh ^{2}(s)}}\right)+d_{3}
$$

respectively, where $d_{2}$ and $d_{3}$ are constant.
We want that $\lim _{s \rightarrow \pm s_{H}} f_{+}(s)=\lim _{s \rightarrow \pm s_{H}} f_{-}(s)=0$, so we take $d_{2}=-d_{3}=$ $H \pi / \sqrt{4 H^{2}-1}$. Hence

$$
f_{+}(s)=-\frac{2 H}{\sqrt{4 H^{2}-1}}\left(\arctan \left(\frac{\sqrt{4 H^{2}-1}}{\sqrt{1-4 H^{2} \tanh ^{2}(s)}}\right)-\frac{\pi}{2}\right)
$$

and

$$
f_{-}(s)=\frac{2 H}{\sqrt{4 H^{2}-1}}\left(\arctan \left(\frac{\sqrt{4 H^{2}-1}}{\sqrt{1-4 H^{2} \tanh ^{2}(s)}}\right)-\frac{\pi}{2}\right) .
$$

We have two curves, $\alpha_{+}(s)=\left(s, f_{+}(s)\right)$ and $\alpha_{-}(s)=\left(s, f_{-}(s)\right)$. The curve $\alpha=\alpha_{+} \cup \alpha_{-}$generates a complete embedded translation invariant $H$-surface, $C_{H}$, which we call an $H$-cylinder.

Observe that the height of $C_{H}$ is given by

$$
h_{C_{H}}=-\frac{4 H}{\sqrt{4 H^{2}-1}}\left(\arctan \left(\sqrt{4 H^{2}-1}\right)-\frac{\pi}{2}\right)
$$

Since $\arctan (1 / x)=\pi / 2-\arctan x$ for $x>0$, it follows that

$$
h_{C_{H}}=\frac{4 H}{\sqrt{4 H^{2}-1}} \arctan \left(\frac{1}{\sqrt{4 H^{2}-1}}\right) .
$$

But $\arctan x=\arcsin \left(x / \sqrt{1+x^{2}}\right)$, so

$$
h_{C_{H}}=\frac{4 H}{\sqrt{4 H^{2}-1}} \arcsin \left(\frac{1}{2 H}\right) .
$$

By Aledo, Espinar, and Gálvez [1] we have that the height of the rotational $H$ sphere, $S_{H}$, is equal to

$$
\frac{8 H}{\sqrt{4 H^{2}-1}} \arcsin \left(\frac{1}{2 H}\right)
$$

therefore,

$$
h_{C_{H}}=\frac{h_{S_{H}}}{2} .
$$

We can use these $C_{H}$-cylinders to prove the theorem that follows.

Remark. In the rest of this paper, the height of a compact $H$-surface $\Sigma$ embedded into $\mathbb{H}^{2} \times \mathbb{R}$ is the height difference between its upper point and lower point.

Theorem 3.1. Let $\Sigma$ be a compact $H$-surface $(H>1 / 2)$, embedded into $\mathbb{H}^{2} \times \mathbb{R}$, whose boundary is a convex planar curve contained in the plane $Q=\mathbb{H}^{2} \times\{0\}$. Assume that $2 h_{\Sigma}<h_{S_{H}}$, where $h_{\Sigma}$ and $h_{S_{H}}$ denote (respectively) the height of the surface $\Sigma$ and that of the $H$-sphere. Then $\Sigma$ stays in a half-space determined by $Q$ and is transverse to $Q$ along the boundary. Moreover, $\Sigma$ inherits the symmetries of its boundary.

To prove this, we need the following lemma.


Figure 1

Lemma 3.1. Let $\Sigma$ be a compact $H$-surface $(H>1 / 2)$ embedded in $\mathbb{H}^{2} \times \mathbb{R}$ and with planar boundary. If $2 h_{\Sigma}<h_{S_{H}}$ (where $h$ denotes height as before), then the surface $\Sigma$ lies inside the right vertical cylinder determined by the convex hull of its boundary.

Proof (see Figure 1). Suppose there is a point of $\Sigma$ projecting on a point $q_{1} \in Q$ outside the convex hull $V$ of the boundary of $\Sigma$, and choose $q_{2} \in V$ to minimize the distance to $q_{1}$. Denote by $\gamma_{1}$ the geodesic of $Q$ passing through $q_{1}$ and $q_{2}$; we have $\gamma_{1}(0)=q_{2}$ and $\gamma_{1}(a)=q_{1}$ for $a>0$. Let $\gamma_{2} \subset \mathbb{H}^{2} \times\{0\}$ be a complete geodesic with $\gamma_{2}(0)=\gamma_{1}(0)$ and $\gamma_{2}^{\prime}(0) \perp \gamma_{1}^{\prime}(0)$.

Consider the horizontal CMC cylinder $C_{H}$ generated by $\alpha \subset P_{1}=\gamma_{1} \times \mathbb{R}$, as described previously, with curvature $H$. We consider a half-cylinder $C_{\gamma_{1}}$ generated by $\alpha(s)$, where $s \in\left[0, s_{H}\right]$ or $s \in\left[-s_{H}, 0\right]$. We move $C_{\gamma_{1}}$ (by horizontal translation along $\gamma_{1}$ ) far enough so that it does not touch the surface $\Sigma$, and we place its concave side in front of $\Sigma$.

The surface $\Sigma$ is inside a slab $B$ parallel to $Q$ with height less than $h_{S_{H}} / 2$. This slab is not necessarily symmetric with respect to $Q$. However, we may utilize half-cylinders with axes in the central plane of $B$; then, making a vertical translation if necessary, we can suppose that $B$ is symmetric with respect to $Q$. See Figure 2.


Figure 2

Now we proceed to approach the half-cylinder $C_{\gamma_{1}}$ to $\Sigma$ via the horizontal translation along $\gamma_{1}$, thereby obtaining a first (and so tangential) contact point between the two surfaces.

Since $\gamma_{2}$ lies inside $Q$ and since there is a point of $\Sigma$ projecting on the point $q_{1}$ outside the convex hull of the boundary, it follows that the contact point so obtained is a nonboundary point of the surface $\Sigma$. It is also an interior point of the half-cylinder $C_{\gamma_{1}}$ because $\Sigma$ is inside the slab $B \subset \mathbb{H}^{2} \times\left(-h_{S_{H}} / 2, h_{S_{H}} / 2\right)$. On the other hand, this half-cylinder has constant mean curvature $H$ with respect to the normal field pointing to its concave part. We already know that $\Sigma$ is in that concave part, so by elementary comparison we have that the same choice of normal at the contact point gives the mean curvature $H$ for $\Sigma$. Yet because this contradicts the maximum principle, all the points of the surface $\Sigma$ must project on the convex hull of its boundary.

Proof of Theorem 3.1. By the lemma just proved, if $\Omega$ is a compact convex domain in $Q$ with $\partial \Omega=\partial \Sigma$ then $\Sigma \cap \operatorname{ext}(\Omega)=\emptyset$. Hence we can consider a hemisphere $S$ under the plane $Q$ whose boundary disc $D$ is contained in $Q$ and is large enough that $\Omega \subset \operatorname{int}(D)$ and $S \cap \Sigma=\emptyset$. Therefore, $\Sigma \cup(D-\Omega) \cup(S-D)$ is a compact embedded surface in $\mathbb{H}^{2} \times \mathbb{R}$ and so determines an interior domain, which we call $U$. Choose a unit normal $N$ for $\Sigma$ in such a way that $N$ points into $U$ at each point. If there are points of the surface $\Sigma$ in both half-spaces determined by $Q$, then $N$ takes the same value at the points where the height function attains its respective maximum and minimum. Reversing $N$ if necessary, we conclude that the normal of $\Sigma$ (for which $H>0$ ) takes the same value at the highest and the lowest points of the surface.

Lowering a sphere $S_{H}^{2}$ to the highest point or pushing it up to the lowest one, we obtain a contradiction via the interior maximum principle. Thus the surface lies in one of the half-spaces determined by the plane $Q$ and rises in it by less than $h_{S_{H}} / 2$. Again using half-cylinders $C_{H}$ with axes in a plane parallel to $Q$ and height $h_{S_{H}} / 2$, we see that the boundary maximum principle implies that the surface is transversal along its boundary.

Let $\gamma$ be a horizontal, complete, oriented geodesic passing through the origin $O \in \mathbb{H}^{2} \times \mathbb{R}$, and let $P_{\gamma}\left(t_{1}\right)$ be a vertical plane such that $P_{\gamma}\left(t_{1}\right) \cap \Sigma=\emptyset$. We take the oriented foliation of vertical planes along $\gamma$ with $P=P_{\gamma}(0)$. Finally, we apply Alexandrov reflection with these planes-starting at $t=t_{1}$ and then decreasing $t$-to obtain that $\Sigma$ has all the symmetries of its boundary.

Corollary 3.1. Let $\Sigma$ be a compact $H$-surface $(H>1 / 2)$ embedded in $\mathbb{H}^{2} \times \mathbb{R}$ and with convex planar boundary. Then $\Sigma$ is a graph if and only if $h_{\Sigma}<h_{S_{H}} / 2$, where again $h_{\Sigma}$ and $h_{S_{H}}$ are the height of the surface $\Sigma$ and of the $H$-sphere, respectively.

Proof. If $\Sigma$ is a graph then the proof follows by [1, Thm. 2.1]. Suppose now that $h_{\Sigma}<h_{S_{H}} / 2$. By Theorem 3.1 we have that $\Sigma$ must be contained in one of the half-spaces determined by the boundary plane; and by Lemma 3.1, $\Sigma$ is inside the right vertical cylinder determined by the convex hull of its boundary. Using Alexandrov reflection with horizontal planes, we deduce that $\Sigma$ is a graph.

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