## 3-MANIFOLDS WITH DISJOINT SPINES ARE PRODUCTS

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It is the purpose of this note to show that those 3-manifolds which are products of 2-manifolds and the unit interval, are characterized by the property of having a pair of disjoint spines.

## **Definitions and Terminology**

The statement that M is an n-manifold means that M is a compact, connected metric space, each of whose points has a neighborhood which is homeomorphic with  $E^n$ , euclidean n-dimensional space, or with  $E^n_+$ , the closed upper half of euclidean n-dimensional space. As is usual, the boundary of M, denoted  $\partial M$  is the set of all points of M which do not have neighborhoods homeomorphic with  $E^n$ , and the interior of M, denoted int M, is  $M - \partial M$ . If M is an n-manifold, and  $S \subset M$ , then S is a spine of M if and only if (i)  $S \subset \text{int } M$ , and (ii) M - S is homeomorphic with  $\partial M \times [0, 1)$ . We note for future reference that if S is a spine of M and h is a homeomorphism of  $\partial M \times [0, 1)$  onto M - S, then  $h(\partial M) = \partial M$ , and also that S, as the intersection of a decreasing sequence of compact connected sets, is connected.

THEOREM. Suppose that M is a 3-manifold which has two disjoint spines. Then there is a 2-manifold N such that M is homeomorphic with  $N \times [0, 1]$ .

Before proceeding with the proof of the theorem, we collect some lemmas. In what follow it is assumed that M is a 3-manifold with two disjoint spines.

LEMMA 1. M has at most two boundary components.

*Proof.* Let  $S_1$  and  $S_2$  be disjoint spines of M. Let  $C_1$ ,  $C_2$ ,  $\cdots$   $C_n$  be the boundary components of M. Then  $M - S_1$  is homeomorphic with  $\bigcup_{i=1}^n [C_i \times [0, 1)]$ . We assume that the notation is chosen so that

$$S_2 \subset C_1 \times [0, 1)$$
.

Now  $S_1 \cup [\bigcup_{i=2}^n C_i \times [0, 1)]$  is a connected set in the complement of  $S_2$  which contains each of  $C_2$ ,  $C_3$ ,  $\cdots$   $C_n$ . This set is connected because  $S_1$  is connected (as the intersection of a decreasing sequence of compact connected sets), and each of  $C_i \times [0, 1)$  ( $i = 2, \dots, n$ ) has a limit point on  $S_1$ . But since  $S_2$  is a spine,  $S_2$  separates each pair of boundary components of M. This implies  $n \leq 2$  and establishes Lemma 1.

Lemma 2. If C is a boundary component of M, and U is an open set containing C, then U contains a spine of M.

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*Proof.* Let C and U be as in the hypothesis, and let  $S_1$  and  $S_2$  be disjoint spines of M.

Case 1. Suppose  $\partial M = C$ . Then there is a homeomorphism h from  $C \times [0, 1)$  onto  $M - S_1$ . Let  $t_1$  be a number such that  $h(C \times [0, t_1]) \subset U$ , and let  $t_2$  be a number such that  $S_2 \subset h(C \times [0, t_2])$ . Now there is a homeomorphism g of  $C \times [0, 1)$  onto itself which carries  $C \times [0, t_2]$  onto  $C \times [0, t_1]$  and which is the identity on  $C \times [S, 1)$  for some S < 1. Then  $h(g(S_2))$  is a spine of M, and lies in U.

Case 2. Suppose that  $\partial M = C \cup K$ . Then there is a homeomorphism h from  $C \times [0, 1) \cup K \times [0, 1)$  onto  $M - S_1$ . If  $S_2 \subset h(K \times [0, 1))$  then the component of  $M - S_2$  containing C contains  $S_1$ , and so, without loss of generality, we may assume that  $S_2 \subset h(C \times [0, 1))$ . As in Case 1 we choose numbers  $t_1$  and  $t_2$  such that

$$h(C \times [0, t_1]) \subset U$$
 and  $S_2 \subset C \times [0, t_2)$ .

Now let g be a homeomorphism of  $C \times [0, 1)$  onto itself which carries  $C \times [0, t_2)$  onto  $C \times [0, t_1)$  and which is the identity on  $C \times [S, 1)$  for some S < 1. Then  $h(g(S_2))$  is a spine of M and is contained in U. This establishes Lemma 2.

Lemma 3. Suppose that S is a spine of M and U is an open set in M containing S. Then M can be embedded in U.

*Proof.* Let h be a homeomorphism of  $\partial M \times [0, 1)$  onto  $M - S_1$ . Now there is a number t such that  $h(\partial M \times [t, 1))$  lies in U. Then  $M - h(\partial M \times [0, t))$  is homeomorphic with M and lies in U.

LEMMA 4. If C is a compact contractible 3-manifold in M, then C is a 3-cell.

*Proof.* It follows from Lemmas 2 and 3 that C can be embedded in the product of a 2-manifold and the unit interval. Since C is contractible, it can be embedded in the universal covering space of the product of a 2-manifold and the unit interval. Since these spaces are all embeddable in  $E^3$ , it follows that C can be embedded in  $E^3$ . Then C is a 3-cell. This establishes Lemma 4.

Lemma 5. Let C be a boundary component of M. Then the homomorphism

$$i_*:\pi_1(C)\to\pi_1(M),$$

induced by inclusion, is onto. If M has two boundary components, then  $i_*$  is one-to-one.

**Proof.** We first consider the case where M has two boundary components C and K. Let  $p \in C$ , and let l be a loop in M based at p. Then since K has a product neighborhood in M, l is homotopic to a loop  $l_1$  in M - K. Now by Lemma 2, there exists a spine S of M such that the image of  $l_1$  misses S. Then the image of  $l_1$  lies in a subset of M that is homeomorphic with  $C \times [0, 1]$ 

and hence  $l_1$  is homotopic in M to a loop  $l_2$  in C. This shows that  $i_*: \pi_1(C) \to \pi_1(M)$  is onto. A similar argument shows that in this case  $i_*$  is one-to-one.

Now suppose that C is the only boundary component of M. Let X be a product neighborhood of C in M, and using Lemma 2 let S be a spine of M in int X. Now let  $p \in C$ , and let l be a p-based loop in M. Now l is homotopic in M to a loop  $l_1$  whose image intersects X only in the fiber of X from  $p \times \{0\} = p$  to  $p \times \{1\}$ . Now since S does not separate M, S does not separate the boundary components of X and so there is a path f in X from  $p \times \{0\}$  to  $p \times \{1\}$ , whose image misses S. Now let g be the projection of the path f onto the boundary component of X distinct from C. Now the loop obtained by traversing f then  $g^{-1}$  then the part of l in M - X, then g, then  $f^{-1}$ , is homotopic to  $l_1$  and misses the spine S. Since this loop misses S, it is homotopic, in M, to a loop in C. Hence l is homotopic to a loop in C. This shows that  $i_*$  is onto.

Proof of the theorem. We first assume that M has one boundary component C. Now since  $i_*: \pi_1(C) \to \pi_1(M)$  is onto, we may use the loop theorem and Dehn's lemma [3] to find a disk D in M such that  $D \cap \partial M = \partial D$  and  $\partial D$  is not homotopic to 0 in  $\partial M$ . We then cut M along D. If  $\partial D$  does not separate  $\partial M$  we obtain a manifold M' with connected boundary C' such that the genus of C' is less than the genus of C. An application of the Tietze extension theorem shows that  $i_*: \pi_1(C') \to \pi_1(M')$  is onto. If  $\partial D$  separates  $\partial M$  we obtain manifolds  $M_1$  and  $M_2$  with boundaries  $C_1$  and  $C_2$  respectively such that the genus of  $C_i$  is less than the genus of C and  $i_*: \pi_1(C_i) \to \pi_1(M_i)$  is onto. A repeated application of this argument and the fact that each compact contractible 3-manifold in M is a 3-cell shows that M is homeomorphic to a 3-cell with solid handles (some of these handles may be non-orientable). Hence in this case M is homeomorphic to the product of a 2-manifold and the unit interval. It is well known that the factorization is not unique.

If M has two boundary components C and D, then it follows from Lemma 5 that these boundary components are homeomorphic. Now if these boundary components are not projective planes, then it follows from Lemma 4, Lemma 5, and Theorem 3.1 of [1] or [4] that M is homeomorphic with  $C \times I$ . In the case that C is a projective plane we must make a special argument. Let  $\widetilde{M}$  be the universal covering space of M and let  $P: \widetilde{M} \to M$  be the covering map. Since  $i_*: \pi_1(C) \to \pi_1(M)$  is onto,  $\widetilde{M}$  has two boundary components, each of which is a 2-sphere. Let S be a spine of M. The M-S is homeomorphic with  $C \times [0, 1)$  u  $D \times [0, 1)$ . Then  $P^{-1}(C \times [0, 1))$  is the universal covering space of  $C \times [0, 1)$  and  $C \times [0, 1)$  is the universal covering space of  $C \times [0, 1)$ . Hence  $C \times [0, 1)$  is a spine of  $\widetilde{M}$ . It follows that  $\widetilde{M}$  has two disjoint spines and by what we have already shown that  $\widetilde{M}$  is homeomorphic with  $C \times [0, 1]$ . Now the covering translation

$$\tau: S^2 \times [0, 1] \to S^2 \times [0, 1]$$

is a fixed point free involution which leaves boundary components invariant and it follows from [2] that M is homeomorphic with  $C \times [0, 1]$ . This completes the proof of the theorem.

It should be noted that the product of a 2-manifold and an interval does have two disjoint spines, and also that the assumption of the connectivity of M was not necessary since M has two disjoint spines if and only if each component of M does.

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