HOLOMORPHIC FUNCTIONS WITH POSITIVE REAL PART ON THE UNIT BALL OF Cⁿ

BY

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Consider the set \mathscr{P} of holomorphic functions on the open unit ball B of C^n which have positive real part and take the value 1 at 0. Except in the case where n = 1, the problem of identifying the extreme elements of the convex set \mathscr{P} is unsolved. Some results on this interesting and natural question have been obtained by Forelli in papers mentioned below and there is a discussion of it in the book of Rudin [7]. It seems, however, that a complete and satisfactory solution is not close at hand.

In this paper we study the relationship between the extreme elements of \mathscr{P} and the extreme elements of the closed unit ball \mathscr{U} of the space $H^{\infty}(B)$ via the representation

(1)
$$f(z) = (1 + g(z))/(1 - g(z)),$$

where g is a member of \mathscr{U} which vanishes at 0. Forelli has shown that the function (1) is an extreme point of \mathscr{P} in the cases where

$$g(z) = g(z_1, z_2, ..., z_n) = z_1^2 + z_2^2 + \cdots + z_n^2$$

and

$$g(z) = cz^{\alpha} = cz_1^{\alpha_1}z_2^{\alpha_2} \cdots z_n^{\alpha_n},$$

where the greatest common divisor of the positive integers α_j is 1 and c is a constant chosen so that

$$||g|| = \sup\{|g(z)|: z \in B\} = 1.$$

See [1], [3]. Forelli has also produced sufficient conditions on a homogeneous polynomial p in order that (1 + p)/(1 - p) be extreme in \mathscr{P} [3]. One of our main results implies that, if g is a homogeneous polynomial of degree $k \ge 1$ which is also an extreme point of \mathscr{U} , then there exists a polynomial r of degree $\le k - 1$ such that (1 + g + r)/(1 - g) is an extreme point of \mathscr{P} . We also use our results to derive the examples of Forelli described above, as well as some new examples of extreme members of \mathscr{P} .

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Main results

THEOREM 1. Suppose that an extreme element f of \mathcal{U} is written in the form (1). Then g is an extreme element of \mathcal{U} .

Proof. Suppose that g is not an extreme point of \mathcal{P} . Then, by results due to R. Phelps [4, Lemma 3.1 and Corollary 3.2], there exists a non-zero function h in $H^{\infty}(B)$ such that

$$|g^2| + |h| \le 1.$$

Replacing h(z) by $z_1h(z)$ if necessary, we may assume that h(0) = 0. We will show that f is not extreme by showing that

(2)
$$0 \leq \operatorname{Re}\left(\frac{1+g\pm\frac{1}{2}h}{1-g}\right).$$

To verify (2), we first observe that

$$\operatorname{Re}\left(\frac{1+g\pm\frac{1}{2}h}{1-g}\right) = 1 - |g|^2 \pm \frac{1}{2} \frac{\operatorname{Re}(h(1-\bar{g}))}{|1-g|^2}$$

Since $\operatorname{Re}(h(1 - \overline{g})) \leq 2|h|$, it follows that

$$1 - |g|^2 \pm \frac{1}{2} \operatorname{Re}(h(1 - \bar{g})) \ge 1 - |g|^2 - |h| \ge 0.$$

Remarks. It is clear that the proof above works for more general domains. Another necessary condition on extreme points of \mathcal{P} is given by Forelli in [2].

The next result amounts to an observation: namely, that a theorem of Rochberg concerning positive linear operators on the disc algebra [6] can be rephrased as a theorem about holomorphic functions with positive real part on the unit disc D in the complex plane. The proof is almost word for word the same as the one given by Rochberg for his result.

THEOREM 2. Suppose that F is holomorphic and has positive real part on D and that F(0) = 1. Let

$$F(\lambda) = 1 + 2\sum_{n=1}^{\infty} a_n \lambda^n$$

be the Taylor series expansion of F. Then, for $n, m \ge 1$,

$$|a_{n+m} - a_n a_m| \le 4(1 - |a_n|)^{1/4}.$$

Proof. By Herglotz's Theorem there exists a measure μ on the unit circle T such that

$$F(\lambda) = \int_T \frac{x+\lambda}{x-\lambda} d\mu(x).$$

Also, we have

$$a_j = \int_T \bar{x}^j \, d\mu(x),$$

for j = 1, 2, ... Replacing $F(\lambda)$ by $F(e^{i\alpha}\lambda)$ for appropriate α if necessary, we may assume that a_n is a positive real number. Let

$$S = \left\{ x \in T : \operatorname{Re} x^n \le a_n - (1 - a_n)^{1/2} \right\}.$$

Since a_n is real, we have

$$a_n = \int_{S} \operatorname{Re} x^n d\mu(x) + \int_{T \smallsetminus S} \operatorname{Re} x^n d\mu(x).$$

Thus,

$$a_n \le \mu(S) \Big(a_n - (1 - a_n)^{1/2} \Big) + \mu(T \smallsetminus S)$$

$$\le \mu(S) \Big(a_n - 1 - (1 - a_n)^{1/2} \Big) + 1.$$

It follows that

(2)
$$\mu(S) \le (1 - a_n) / (1 - a_n + (1 - a_n)^{1/2})$$
$$\le (1 - a_n)^{1/2}.$$

Next we observe that

(3)

$$\begin{aligned} |a_{n+m} - a_n a_m| &= \left| \int_T (\bar{x}^n - a_n) \bar{x}^m d\mu(x) \right| \\ &\leq \left| \int_S (\bar{x}^n - a_n) \bar{x}^m d\mu(x) \right| + \left| \int_{T \smallsetminus S} (\bar{x}^n - a_n) \bar{x}^m d\mu(x) \right| \\ &\leq 2\mu(S) + \sup\{|\bar{x}^n - a_n| \colon x \in T \smallsetminus S\}. \end{aligned}$$

Also, for $x \in T \setminus S$ we have

(4)
$$|\bar{x}^{n} - a_{n}|^{2} = 1 - 2a_{n} \operatorname{Re} \bar{x}^{n} + |a_{n}|^{2}$$

$$\leq 1 - 2a_{n} (a_{n} - (1 - a_{n})^{1/2}) + a_{n}^{2}$$

$$\leq 2(1 - a_{n}) + 2(1 - a_{n})^{1/2}$$

$$\leq 4(1 - a_{n})^{1/2}.$$

The theorem now follows from (2), (3), and (4).

We recall that each f in \mathcal{P} has a unique expansion of the form

$$f(z) = 1 + 2\sum_{j=1}^{\infty} f_j(z),$$

where f_j is a homogeneous polynomial of degree j with $|f_j(z)| \le 1$ for $z \in B$.

THEOREM 3. Suppose that f is in \mathscr{P} and that k is a positive integer. If f_k is an extreme point of \mathscr{U} , then there exists a polynomial q of degree $\leq k - 1$, such that

$$f=\frac{1+f_k+q}{1-f_k}.$$

Proof. For fixed $z \in B$, let $F(\lambda) = f(\lambda z)$, where $\lambda \in D$. Then

$$F(\lambda) = 1 + 2\sum_{j=1}^{\infty} f_j(z)\lambda^j.$$

Hence, by the previous theorem, we have

$$|(f_{k+m}(z) - f_k(z)f_m(z))/4|^4 \le 1 - |f_k(z)|$$

for m = 0, 1, 2, ... Let $g(z) = (4^{-1}(f_{k+m}(z) - f_k(z)f_m(z)))^4$. Then, since $|g(z)| + |f_k(z)| \le 1$, it follows that $f_k \pm g \in \mathcal{U}$. Since f_k is an extreme element of \mathcal{U} , we must have g(z) = 0. Hence, $f_{k+m}(z) = f_k(z)f_m(z)$ for m = 0, 1, 2, ... Returning to the homogeneous expansion for f, we find that

$$f(z) = 1 + 2 \sum_{j=1}^{k} \sum_{m=0}^{\infty} f_{j+mk}(z)$$

= 1 + 2 $\sum_{j=1}^{k} \sum_{m=0}^{\infty} f_j(z) (f_k(z))^m$
= $\frac{1 + f_k(z) + q(z)}{1 - f_k(z)}$,

where $q = \sum_{j=1}^{k-1} 2f_j$.

Consider a polynomial p which belongs to \mathscr{U} and is homogeneous of degree $k \ge 1$. Let $\mathscr{F}(p) = \{f \in \mathscr{P}: f_k = p\}$. Note that $\mathscr{F}(p)$ is closed with respect to the topology of uniform convergence on compact subsets of B and is convex. If p happens to be an extreme point of \mathscr{U} , then $\mathscr{F}(p)$ is also a *face* of \mathscr{P} , i.e., if $cf_1 + (1 - c)f_2 \in \mathscr{F}(p)$, where f_1 and f_2 belong to \mathscr{P} and 0 < c < 1, then f_1 and f_2 belong to $\mathscr{F}(p)$. Since $(1 + p)/(1 - p) \in \mathscr{F}(p)$, it follows from the Krein-Milman Theorem that $\mathscr{F}(p)$ always contains extreme elements of \mathscr{P} . As the following shows, even more is true.

COROLLARY. If p is a homogeneous polynomial of degree $k \ge 1$ which is also an extreme point of \mathcal{U} , then there exists a polynomial q of degree $\le k - 1$ such that

$$\frac{1+p+q}{1-p}$$

is an extreme point of \mathcal{P} . Furthermore, every function in $\mathcal{F}(p)$ is a convex combination of at most $\langle k-1 \rangle + 1$ extreme elements of \mathcal{P} of the form (5), where $\langle k-1 \rangle$ is the real dimension of the space of polynomials of degree $\leq k-1$ in n complex variables.

Proof. The existence of an extreme element of \mathcal{P} of the form (5) follows from Theorem 3 and the remarks in the paragraph above. The "Furthermore" part of the corollary follows from a result of Caratheodory which asserts that every member of a compact convex subset K of real m-dimensional space can be written as a convex combination of at most m + 1 extreme elements of K. See [5].

Examples

First we will establish some notation. S will denote the boundary of B and T^n will denote the *n*-dimensional torus

$$\{t \in C^n: |t_j| = 1 \text{ for } j = 1, 2, \dots, n\}.$$

We observe that if $t \in T^n$ and if $z \in S$, then

$$tz = (t_1z_1, t_2z_2, \ldots, t_nz_n) \in S.$$

We will make use of the normalized Haar measure m on T^n . We will use lower case Greek letters without subscripts to indicate multi-indices. Thus, α denotes an *n*-tuple $(\alpha_1, \alpha_2, \ldots, \alpha_n)$, where the α_j 's are non-negative integers. We will write $\alpha \triangleright \beta$ if $\alpha_j \ge \beta_j$ for $j = 1, 2, \ldots, n$ and $|\alpha| > |\beta|$, where $|\alpha| = \alpha_1 + \alpha_2 + \cdots + \alpha_n$. It will be convenient to signify the *n*-tuple $(0, 0, \ldots, 0)$ by 0.

LEMMA 1. Suppose that f is a member of \mathscr{U} and has the Taylor expansion $f(z) = \sum_{\alpha} a_{\alpha} z^{\alpha}$ and the homogeneous expansion $f(z) = \sum_{k=0}^{\infty} f_k(z)$ for $z \in B$. Then

(6)
$$\sum_{\alpha} |a_{\alpha} z^{\alpha}|^2 \leq 1$$

and

(7)
$$\sum_{k=0}^{\infty} |f_k(z)|^2 \le 1.$$

Proof. By Parseval's identity,

$$\sum_{\alpha} |a_{\alpha}z|^2 = \int_{T^n} |f(tz)|^2 dm(t)$$

$$\leq ||f||^2$$

$$\leq 1.$$

The inequality (7) follows by a similar argument.

LEMMA 2. Let $g(z) = z_1^2 + z_2^2 + \cdots + z_n^2$. Then g is an extreme point of \mathscr{U} . *Proof.* We will show that, if $h \in H^{\infty}(B)$ and $g \pm h \in \mathscr{U}$, then h = 0. Let

$$h(z) = \sum_{k=0}^{\infty} h_k(z)$$

be the homogeneous expansion of h. By (7) we have

$$|g(z) \pm h_2(z)|^2 + \sum_{k \neq 2} |h_k(z)|^2 \le 1.$$

Suppose that $x \in S \cap \mathbb{R}^n$. Then g(x) = 1. Since $|g(x) \pm h_2(x)|^2 \le 1$, it follows that $h_2(x) = 0$. Since h_2 is homogeneous of degree 2, it follows immediately that h_2 vanishes on $B \cap \mathbb{R}^n$. Hence, h_2 must vanish on all of \mathbb{C}^n . A similar argument shows that h_k vanishes for $k \neq 2$.

The following result was first obtained by Forelli in [1].

THEOREM 4. Let g be as in Lemma 2. Then f = (1 + g)/(1 - g) is an extreme element of \mathcal{P} .

Proof. We note that the homogeneous expansion of f is

$$f(z) = 1 + 2 \sum_{k=1}^{\infty} (g(z))^k.$$

Hence, $f \in \mathscr{F}(g)$. Recall that, by Theorem 3, a function f_1 belongs to $\mathscr{F}(g)$ if and only if it is of the form

$$f_1(z) = \frac{1 + g(z) + q(z)}{1 + g(z)},$$

where q is a homogeneous polynomial of degree at most 1. But as the argument used by Rudin in his book [7, p. 412] shows, any degree one homogeneous polynomial q for which the function f_1 belongs to \mathcal{P} must vanish. Thus the face $\mathcal{F}(g)$ contains only one element. It follows that f is extreme.

Next we consider monomials of the form $h(z) = cz^{\alpha}$, where c is chosen so that ||h|| = 1. For convenience sake we will assume that c is a positive real number. First we will develop necessary and sufficient conditions for h to be an extreme element of \mathcal{U} . We begin by observing that in the case where n > 1 and $|\alpha| = 1$, h is not an extreme point of \mathcal{U} . For if, say $h(z) = z_1$, then, since

$$|z_2|^2 \le 1 - |z_1|^2 \le 2(1 - |z_1|),$$

it follows that

$$|z_1 \pm 2^{-1} z_2^2| \le |z_1| + |z_2^2/2| \le 1.$$

Thus, h is not an extreme point of \mathscr{U} . The case where $|\alpha|$ and n > 1 is handled by the following:

LEMMA 3. If $|\alpha|$ and n > 1, then h is an extreme point of \mathcal{U} if and only if $\alpha_j > 0$ for j = 1, 2, ..., n.

Proof. Suppose that $\alpha_j > 0$ for j = 1, 2, ..., n and that v is a function in $H^{\infty}(B)$ with $||h \pm v|| \le 1$. We will show that v = 0. Denoting the Taylor series expansion of v by $v(z) = \sum_{\beta} v_{\beta} z^{\beta}$, from (6) we have

$$|cz^{\alpha} \pm v_{\alpha}z^{\alpha}|^{2} + \sum_{\beta \neq \alpha} |v_{\beta}z^{\beta}|^{2} \leq 1.$$

Since all of the α_j 's are positive, there is a point w on S such that $cw^{\alpha} = 1$ and no w_j is zero. Thus,

$$|1 \pm v_{\alpha} w^{\alpha}|^2 + \sum_{\beta \neq \alpha} |v_{\beta} w^{\beta}|^2 \le 1$$

leads to $v_{\beta} = 0$ for every β .

Next we assume that one of the α_j 's, say α_1 , is zero. Suppose that z is a point of B. Let

$$a = (1 - |z_1|^2)^{1/2}$$
 and $w = (0, z_2/a, z_3/a, \dots, z_n/a).$

Since $w \in B$, it follows that $a^{-|\alpha|}|h(z)| = |h(w)| \le 1$. Thus,

$$|h(z)| \leq (1 - |z_1|^2)^{|\alpha|/2} \leq 1 - |z_1|^2.$$

It follows that $|h(z) \pm z_1^2| < 1$, and, hence, that h is not extreme in \mathcal{U} .

From now on we will assume that α is a multi-index with $\alpha_j > 0$. We will characterize the face $\mathscr{F}(h)$. Recall that f_1 is a member of $\mathscr{F}(h)$ if and only if it is of the form

$$f_1(z) = \frac{1 + h(z) + q(z)}{1 - h(z)},$$

where q is a polynomial of the form

$$q(z) = \sum_{0 < |\beta| < |\alpha|} q_{\beta} z^{\beta},$$

and where

(8)
$$0 < 1 - |h(z)|^2 + \operatorname{Re}\left(\left(1 - \overline{h(z)}\right)q(z)\right)$$

for $z \in B$. We will see that (8) imposes strong restrictions on the coefficients of q.

LEMMA 4. Suppose that (8) holds and that, for some β , $q_{\beta} \neq 0$. Then $\alpha \triangleright \beta$.

Proof. Let H(z) denote the right hand side of (8). An easy calculation shows that

(9)
$$\int_{T^n} H(tz) \bar{t}^{\beta} dm(t) = \begin{cases} q_{\beta} z^{\beta} - \bar{q}_{\alpha-\beta}(\bar{z})^{\alpha-\beta} c z^{\alpha} & \text{if } \alpha \triangleright \beta \\ q_{\beta} z^{\beta} & \text{otherwise.} \end{cases}$$

It follows that, if β fails to satisfy $\alpha \triangleright \beta$, then

(10)
$$|q_{\beta}z^{\beta}| \leq \int_{T^n} H(tz) dm(t) = 1 - |h(z)|^2.$$

Hence, $|(h(z))^2 \pm q_\beta z^\beta| \le 1$. By the extremality of $(h(z))^2$, we have $q_\beta = 0$.

LEMMA 5. Suppose that (8) holds and that y is a point of $S \cap R^n$ such that $cy^{\alpha} = 1$. If $\alpha \triangleright \beta$, then, either $|q_{\beta}y^{\beta}| < 2$, or $\alpha = 2\beta$.

Proof. In the case where $\alpha \triangleright \beta$ it follows from (9) that

(11)
$$|q_{\beta}z^{\beta} - \bar{q}_{\alpha-\beta}(\bar{z})^{\alpha-\beta}cz^{\alpha}| \leq 1 - |cz^{\alpha}|^{2}.$$

Let y be a point of $S \cap R^n$ with $cy^{\alpha} = 1$. Then it follows from (11) that

$$q_{\beta}y^{\beta} = \bar{q}_{\alpha-\beta}y^{\alpha-\beta}$$

Let $z = (ay_1, y_2, \dots, y_n)$, where 0 < a < 1. Then using (11) we obtain

$$|q_{\beta}y^{\beta}||a^{\beta_{1}}-a^{2\alpha_{1}-\beta_{1}}| \leq 1-a^{2\alpha_{1}}.$$

Dividing both sides of this inequality by 1 - a and then letting a approach 1 we get

$$|q_{\beta}y^{\beta}|(\alpha_{1}-\beta_{1})\leq\alpha_{1}.$$

Replacing β by $\alpha - \beta$ leads to

$$|q_{\beta}y^{\beta}|\beta_{1} \leq \alpha_{1}.$$

A similar argument shows that

$$|q_{\beta}y^{\beta}|(\alpha_{j}-\beta_{j}) \leq \alpha_{j} \text{ and } |q_{\beta}y^{\beta}|\beta_{j} \leq \alpha_{j}$$

for j = 2, 3, ..., n. If none of the inequalities above is strict, then it follows that $\alpha_j = 2\beta_j$ for j = 1, 2, ..., n, i.e., $\alpha = 2\beta$. If at least one of the inequalities above is strict, it follows that, for some j, $|q_\beta y^\beta| \alpha_j < 2\alpha_j$. Thus, $|q_\beta y^\beta| < 2$. The lemma follows immediately from the two preceding inequalities.

LEMMA 6. Let (8) hold. If $q_{\beta} \neq 0$, then there is a real number A such that $\beta = A\alpha$.

Proof. It follows from Lemma 4 that $\alpha \triangleright \beta$. Also, if $\alpha = 2\beta$, there is nothing to prove. We may, therefore, assume that $\alpha \neq 2\beta$.

Let $r_{\beta} = \operatorname{Re} q_{\beta} \neq 0$. Consider the function

$$K(x) = 1 - |x^{\alpha}|^2 + r_{\beta}x^{\beta} - r_{\alpha-\beta}cx^{2\alpha-\beta},$$

where x varies over $S \cap \mathbb{R}^n$. It is clear that K is non-negative and that K(y) = 0 if $cy^{\alpha} = 1$. Using the operators $x_j \partial / \partial x_j$ together with the method of Lagrange multipliers, we obtain a real number C such that

$$-2\alpha + r_{\beta}y^{\beta}\beta - r_{\alpha-\beta}y^{\alpha-\beta}(2\alpha-\beta) = -2Cy^*$$

where $y^* = (y_1^2, y_2^2, \dots, y_n^2)$. It follows from $r_{\beta}y^{\beta} = r_{\alpha-\beta}y^{\alpha-\beta}$ that

$$(1+r_{\beta}y^{\beta})\alpha-r_{\beta}y^{\beta}\beta=Cy^{*}$$

Applying the same argument with β replaced by $\alpha - \beta$ and again using

$$r_{\beta}y^{\beta} = r_{\alpha-\beta}y^{\alpha-\beta}$$

we obtain a real number D such that

$$\alpha + r_{\beta} y^{\beta} \beta = D y^*.$$

Thus,

$$(-C + D + Dr_{\beta}y^{\beta})\alpha = (C + D)r_{\beta}y^{\beta}\beta.$$

To complete the argument in the case $r_{\beta} \neq 0$ we need only observe that, by Lemmas 4 and 5, $C + D = (2 + r_{\beta}y^{\beta})|\alpha|$ does not vanish. The case where Re $q_{\beta} = 0$, but Im $q_{\beta} \neq 0$ is handled in a similar fashion.

Suppose now that the greatest common divisor of the integers α_j , j =1, 2, ..., n is 1. Then it is not hard to show that the conditions $\beta = A\alpha$ and $\alpha \triangleright \beta \triangleright 0$ are incompatible. It follows that if $gcd\{\alpha_j\} = 1$, then $q_\beta = 0$ for each β with $|\alpha| > |\beta|$. Hence, $\mathcal{F}(h)$ reduces to the single element (1 + h)/(1(h). Since $\mathcal{F}(h)$ is a face of \mathcal{P} it follows that (1+h)/(1-h) is an extreme point of \mathcal{P} .

Consider the case where $gcd\{\alpha_i\} = k > 1$. Let $\theta = k^{-1}\alpha$. It is not hard to show that the conditions $\beta = A\alpha$ and $\alpha \triangleright \beta \triangleright 0$ imply that $\beta = m\theta$ for some integer m with 0 < m < k. It follows that the polynomial q above takes the form

$$q(z) = \sum_{m=1}^{k-1} q_{m\theta} z^{m\theta}.$$

Let c_1 be a positive constant chosen so that the function $h_1(z) = c_1 z^{\theta}$ satisfies $||h_1|| = 1$. It is easily seen that $h = (h_1)^k$. The polynomial q can be written in the form $q(z) = q^*(c_1 z^{\theta})$, where q^* is the polynomial in one variable of degree $\leq k - 1$ defined by

$$q^{*}(u) = \sum_{m=1}^{k-1} q_{m\theta} c_{1}^{-m} u^{m}.$$

Using this notation, (8) can be written in the form

$$0 \leq 1 - |(c_1 z^{\theta})^k|^2 + \operatorname{Re}\left(\left(1 - (c_1 \overline{z}^{\theta})^k\right)q^*(c_1 z^{\theta})\right)$$

or, equivalently,

$$0 < \operatorname{Re} \frac{1 + (c_1 z^{\theta})^k + q^*(c_1 z^{\theta})}{1 - (c_1 z^{\theta})^k}.$$

Let $\mathcal{P}_{1,k}$ denote the set of functions of the form

$$f^*(u) = \frac{1 + u^k + q^*(u)}{1 - u^k}$$

where q^* is a polynomial in one variable of degree $\leq k - 1$ with $q^*(0) = 0$, and $f^*(u)$ has positive real part when |u| < 1.

The conclusions of the preceding discussion can be summarized by the following:

THEOREM 5. (a) If $gcd(\alpha_j) = 1$, then $\mathscr{F}(h)$ reduces to a single point and (1 + h)/(1 - h) is an extreme point of \mathscr{P} .

(b) If $gcd(\alpha_j) = k > 1$, then $\mathscr{F}(h)$ consists of all functions of the form $f(z) = f^*(c_1 z^{\theta})$, where $f^* \in \mathscr{P}_{1,k}$, $\theta = \alpha/k$, and $c_1 = c^{1/k}$.

Part (a) of Theorem 5 was proved by Forelli by other methods in [3]. It is a simple exercise to show that $\mathcal{P}_{1,2}$ consists of all functions of the form

$$f^*(u) = \frac{1+u^2+au}{1-u^2},$$

where $-2 \le a \le 2$. Thus, in the notation of Theorem 5 the extreme elements of $\mathscr{F}((c_1 z^{\theta})^2)$ are

$$\frac{1+c_1 z^{\theta}}{1-c_1 z^{\theta}} \quad \text{and} \quad \frac{1-c_1 z^{\theta}}{1+c_1 z^{\theta}}.$$

The collection $\mathcal{P}_{1,3}$ consists of functions of the form

$$f^*(u) = \frac{1+u^3+au+bu^2}{1-u^3},$$

where Re $f^*(u)$ is positive for |u| < 1. As a consequence of the condition Re $f^*(u) > 0$ for |u| < 1, we have $b = \overline{a}$. Let

$$F(u) = |1 - \overline{u}^3|\operatorname{Re} f^*(u).$$

Then

$$r(1-r^4)a = \frac{1}{2\pi}\int_0^{2\pi} e^{-it}F(re^{it}) dt.$$

Thus, for 0 < r < 1

$$|r(1-r^4)|a| \leq \frac{1}{2\pi} \int_0^{2\pi} F(re^{it}) dt.$$

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Hence,

$$|a| \leq \frac{1-r^6}{r(1-r^4)}.$$

A straightforward calculation shows that $|a| \leq 3/2$. Thus, the set of complex numbers

$$A = \left\{ a: (1 + u^3 + au + \bar{a}u^2) / (1 - u^3) \in \mathcal{P}_{1,3} \right\},\$$

is a convex subset of the disk $\{a: |a| \le 3/2\}$. It can be shown by a tedious argument that $3/2 \in A$. Hence, the function

$$f_1^*(u) = \frac{1+u^3+1.5u+1.5u^2}{1-u^3}$$

is an extreme point of the set $\mathcal{P}_{1,3}$. It follows that the function

$$f_1(z) = \frac{1 + (c_1 z^{\theta})^3 + 1.5c_1 z^{\theta} + 1.5(c_1 z^{\theta})^2}{1 - (c_1 z^{\theta})^3}$$

is an extreme element of $\mathscr{F}((c_1 z^{\theta})^3)$.

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