

# A VARIATIONAL METHOD FOR TRIGONOMETRIC POLYNOMIALS<sup>1</sup>

BY

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## 1. Introduction

Let  $f(x)$  be a trigonometric polynomial. We consider a linear functional  $\mathfrak{L}$  defined by

$$\mathfrak{L}(f) = \sum_{\nu=1}^m \sum_{j=0}^{n_\nu} \alpha_\nu^{(j)} f^{(j)}(x_\nu),$$

where  $x_\nu$ ,  $\alpha_\nu$  are given real numbers,  $0 \leq x_\nu < 2\pi$ , with the  $x_\nu$  all different. We suppose that  $\alpha_\nu^{(n_\nu)} \neq 0$  and that  $n_\nu > 0$  for at least one  $\nu$ . We call

$$l = n_1 + \cdots + n_m + m$$

the order of  $\mathfrak{L}$ ; thus  $f'(a) - f'(-a)$  is a functional of order 4. We are interested in the maximum of  $|\mathfrak{L}(f)|$  when  $f$  runs through the class of trigonometric polynomials of type  $n$  which satisfy  $|f(x)| \leq 1$  for real  $x$ . (It is convenient to say that a trigonometric polynomial is of type  $n$  if it is of degree at most  $n$ ; a trigonometric polynomial of type  $n$  is an entire function of exponential type  $n$ .) In looking for this maximum it is enough to consider the subclass  $\mathfrak{I}_n$  whose members are in addition real for real  $x$ . For, if  $\theta$  is real, we have  $e^{i\theta}f(z) = f_1(z) + f_2(z)$ , where  $f_1$  and  $f_2$  are elements of  $\mathfrak{I}_n$ . Since  $\mathfrak{L}(e^{i\theta}f) = e^{i\theta}\mathfrak{L}(f)$ , we can choose  $\theta$  so that  $\mathfrak{L}(e^{i\theta}f) = |\mathfrak{L}(f)|$ , and so  $\mathfrak{L}(f_1) = |\mathfrak{L}(f)|$ . Hence the maximum of  $|\mathfrak{L}(f)|$  is attained, if at all, for an  $f$  in  $\mathfrak{I}_n$ , and indeed for one for which  $\mathfrak{L}(f) > 0$ .

When  $\mathfrak{L}(f) = f'(a)$ , we have S. Bernstein's theorem that  $|f'(a)| \leq n$  when  $|f'(x)| \leq 1$  for all  $x$ . Here the bound for  $|\mathfrak{L}(f)|$  is the same no matter which point  $a$  is selected; this is no longer true in the general case.

Bernstein's theorem on trigonometric polynomials is a special case of his theorem on entire functions of exponential type: if  $f(z)$  is an entire function of exponential type  $\tau$  (which we may suppose is real for real  $x$ ), and  $|f(x)| \leq 1$  for all real  $x$ , then  $|f'(x)| \leq \tau$  for all real  $x$ . This does not happen for more general functionals  $\mathfrak{L}$ . In fact, Schaeffer and I [1] found that the maximum of  $|\mathfrak{L}(f)|$  in this class  $\mathfrak{F}_\tau$  of entire functions is not, in general, attained for a trigonometric polynomial  $f$ . However, methods similar to those used in [1] still work for the class  $\mathfrak{I}_n$ . The general result is stated in §3 below; in §4 it is applied to the special functional  $\lambda n^2 f(0) + f''(0)$ . As corollaries, we obtain two theorems for ordinary polynomials. Further applications will be given elsewhere.

The problem of maximizing the functional  $f'(a) - f'(-a)$  is equivalent to the problem of maximizing  $p_n'(x)$  for a given  $x$  on  $(-1, 1)$  when the poly-

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nomial  $p_n(x)$ , of degree  $n$ , satisfies  $|p_n(x)| \leq 1$  throughout  $(-1, 1)$ . (Bernstein's well-known inequality  $|p'_n(x)| \leq n(1 - x^2)^{-1/2}$  is not sharp except at the points  $x = \cos(k + \frac{1}{2})\pi/n$ .) This problem was solved by A. Markov [2] by other methods; this is the paper in which he also showed that  $|p'_n(x)| \leq n^2$  throughout  $(-1, 1)$ . The latter result is well known, but the former seems to have been completely forgotten.

## 2. Lemmas

We require a series of lemmas on the element of  $\mathfrak{J}_n$  which maximizes  $|\mathcal{L}(f)|$ .

**LEMMA 1.** *For a given functional  $\mathcal{L}$ , if  $n \geq [l/2]$ , the maximum  $M = \sup |\mathcal{L}(f)|$ ,  $f \in \mathfrak{J}_n$ , is finite, positive, and attained.*

By Bernstein's theorem  $M$  is finite; it is attained because  $\mathfrak{J}_n$ , a collection of trigonometric polynomials of bounded type, is sequentially compact. To show that  $M$  is positive we have to exhibit an element  $f$  of  $\mathfrak{J}_n$  such that  $\mathcal{L}(f) \neq 0$ . (This is impossible without some restriction on  $n$  since, for example,  $f'''(a) + f'(a) = 0$  for all  $a$  and all elements of  $\mathfrak{J}_1$ .) To do this we appeal to the following simple lemma which will be used several times.

**LEMMA 2.** *If  $x_1$  and  $x_2$  are real points, not congruent mod  $2\pi$ , there is an element  $g$  of  $\mathfrak{J}_1$ , not identically zero, such that  $g(x_1) = g(x_2) = 0$ . There is also an element  $g$  of  $\mathfrak{J}_1$  with a double zero at  $x_1$ .*

For the first part put

$$2g(x) = 2\sin\frac{1}{2}(x - x_1)\sin\frac{1}{2}(x - x_2) = \cos\frac{1}{2}(x_1 - x_2) - \cos(x - \frac{1}{2}(x_1 + x_2));$$

for the second part put  $2g(x) = 1 - \cos(x - x_1)$ .

We now complete the proof of Lemma 1. We have some  $n_\nu > 0$ ; for definiteness suppose that  $n_1 > 0$ . Then by taking products of functions  $g$  from Lemma 2 we can obtain a real trigonometric polynomial  $g$  such that  $g^{(k)}(x_\nu) = 0$  for  $\nu = 2, \dots, m$  and  $k = 0, 1, \dots, n_\nu$ , and for  $\nu = 1$ ,  $k = 0, 1, \dots, n_1 - 1$ ; while  $g^{(n_1)}(x_1) \neq 0$ . Since this  $g$  has  $l - 1$  zeros in a period, we require  $\frac{1}{2}(l - 1)$  functions from Lemma 2 if  $l - 1$  is even,  $\frac{1}{2}l$  if  $l - 1$  is odd, so that  $g$  is at worst of degree  $[l/2]$ ; and  $\mathcal{L}(g) \neq 0$ .

**LEMMA 3.** *Let  $f$  be an element of  $\mathfrak{J}_n$ , not a constant, maximizing  $L(f)$ , with  $n \geq [l/2]$ . Then  $|f(x)| = 1$  for some real  $x$ ; and if  $F \in \mathfrak{J}_n$  and  $F$  has a zero at each of the different points in a period where  $f(x) = \pm 1$ , then  $\mathcal{L}(F) = 0$ .*

The first statement is immediate since if  $|f(x)| < 1$  we can choose  $b > 1$  so that  $bf(x)$  takes one of the values  $\pm 1$  and still belongs to  $\mathfrak{J}_n$ , while  $\mathcal{L}(f)$  is increased.

We begin the proof of the second statement by showing that if  $F(z)$  is any element of  $\mathfrak{J}_n$  and

$$(2.1) \quad \sup_x |f(x) + \varepsilon F(x)| = 1 + o(\varepsilon), \quad \varepsilon \rightarrow 0,$$

where  $\varepsilon$  is real, then  $\mathcal{L}(F) = 0$ . Let  $0 < \rho < 1$ . According to (2.1), if  $|\varepsilon| < \varepsilon_0(\rho)$ , the function

$$\psi_\varepsilon(z) = \frac{f(z) + \varepsilon F(z)}{1 + |\varepsilon|\rho}$$

belongs to  $\mathfrak{J}_n$ . If  $\mathcal{L}(F) \neq 0$ , then

$$\mathcal{L}(\psi_\varepsilon) = (1 + |\varepsilon|\rho)^{-1} \{ \mathcal{L}(f) + \varepsilon \mathcal{L}(F) \}.$$

Choose  $\rho$  so that  $\rho \mathcal{L}(f) < |\mathcal{L}(F)|$ , then  $\varepsilon$  so that  $|\varepsilon| < \varepsilon_0(\rho)$  and so that  $\varepsilon \mathcal{L}(F) > 0$ . We then have  $\mathcal{L}(\psi_\varepsilon) > \mathcal{L}(f)$ , contradicting the maximizing property assumed for  $f$ . Hence  $\mathcal{L}(F) = 0$ .

Now suppose that  $F$  has a zero at each of the distinct points in  $[0, 2\pi)$  where  $f(x) = \pm 1$ . Let  $\lambda$  be one of these points. Then there is an interval  $I$  with center at  $\lambda$  such that

$$|f(x)| \leq 1 - h(x - \lambda)^{2\mu}$$

in  $I$ , where  $h > 0$  and  $\mu$  is a positive integer. Since  $F(\lambda) = 0$ , Bernstein's theorem shows that

$$|F(x)| = \left| \int_\lambda^x F'(t) dt \right| \leq n |x - \lambda|,$$

and so

$$|f(x) + \varepsilon F(x)| \leq 1 - h(x - \lambda)^{2\mu} + \varepsilon n |x - \lambda|$$

in  $I$ . The maximum of the right-hand side does not exceed  $1 + B\varepsilon^{1+1/(2\mu-1)}$ , where  $B$  depends only on  $h$ ,  $\tau$  and  $\mu$ . Thus  $|f(x) + \varepsilon F(x)| \leq 1 + o(\varepsilon)$  in the intervals  $I$ , while  $|f(x) + \varepsilon F(x)| \leq 1$  for small  $\varepsilon$  when  $x$  is in the rest of  $[0, 2\pi)$ . This establishes (2.1) and so  $\mathcal{L}(F) = 0$ .

**LEMMA 4.** *Given a set of  $2r \leq 2n - 2[l/2]$  distinct real points  $\lambda$  in  $[0, 2\pi)$ , there is an element  $g$  of  $\mathfrak{J}_n$  such that  $g(\lambda) = 0$  for each  $\lambda$  and  $\mathcal{L}(g) \neq 0$ .*

Let  $g_1$  be a real trigonometric polynomial of degree at most  $r$  with zeros precisely at the  $\lambda$  which are not in  $\{x_\nu\}$ ; if the number of such  $\lambda$  is odd, let  $g_1$  have also a zero at some point which is neither a  $\lambda$  nor an  $x_\nu$ . As in the proof of Lemma 1, let  $g_2$  be a real trigonometric polynomial of degree  $[l/2]$  with  $g_2^{(k)}(x_\nu) = 0$  for  $\nu = 2, \dots, m$  and  $k = 0, 1, \dots, n_\nu$ , and for  $\nu = 1$ ,  $k = 0, 1, \dots, n_1 - 1$ , while  $g_2^{(n_1)}(x_1) \neq 0$ . Then  $g_3 = g_1 g_2$  is of degree at most  $r + [l/2] \leq n$  and  $g_3(\lambda) = 0$  for every  $\lambda$ ; also  $g_3^{(k)}(x_\nu) = 0$  for  $\nu = 2, \dots, m$ ;  $k = 0, 1, \dots, n_\nu$ ;  $\nu = 1$ ,  $k = 0, 1, \dots, n_1 - 1$ ; and

$$g_3^{(n_1)}(x_1) = g_2^{(n_1)}(x_1) g_1(x_1) \neq 0.$$

Finally,  $g = \varepsilon g_3$  belongs to  $\mathfrak{J}_n$  if  $\varepsilon$  is a sufficiently small positive number.

**LEMMA 5.** *If  $f$  is not a constant and is an extremal function for  $\mathcal{L}$  in  $\mathfrak{J}_n$ , where  $n \geq [l/2]$ , then  $f$  is of degree greater than  $n - [l/2]$ .*

Suppose that  $f$  is of degree  $m \leq n - [l/2]$ . Let  $\lambda_j$  be the points in  $[0, 2\pi)$  where  $f(x) = \pm 1$  (each counted once), and suppose for definiteness that  $n_1 > 0$ . Then  $f'(x)$  vanishes at each  $\lambda_j$ . By Lemma 4 there is an element  $g$  of  $\mathfrak{I}_n$  vanishing at each  $\lambda_j$  and with  $\mathcal{L}(g) \neq 0$ ; but this contradicts Lemma 3.

### 3. The main theorem

We are now in a position to establish the following theorem.

**THEOREM 1.** *Let  $n \geq [l/2]$ . An extremal element  $f$  of  $\mathfrak{I}_n$  for  $\mathcal{L}$  is either constant, or a trigonometric polynomial whose degree is  $m > n - [l/2]$ . If  $f$  is not a constant,  $1 - f^2$  has at most  $2k$  imaginary zeros in a period strip, where  $k/2 < m - n + [l/2]$ , and  $f$  satisfies a differential equation*

$$(3.1) \quad \frac{f'(z)^2}{1 - f(z)^2} = R(z)/S(z),$$

where  $R(z)$  and  $S(z)$  are real trigonometric polynomials of degree  $q \leq k$ ;  $S(z)$  has the form

$$(3.2) \quad S(z) = \prod_{j=1}^k P(b_j, z),$$

where  $P(b, z) = \cosh \Im(b) - \cos(z - \Re(b)) = 2 \sin \frac{1}{2}(z - \bar{b}) \sin \frac{1}{2}(z - b)$ , and the  $b_j$  are not real;  $R(z)$  has zeros of even multiplicities not occurring at any  $b_j$ .

If  $n \geq 2[l/2] + 1$ , the extremal function, if not constant, is unique.

That  $m > n - [l/2]$  is the content of Lemma 5. The imaginary zeros of  $1 - f^2$  (if any) occur in conjugate pairs. Let them be  $b_j, \bar{b}_j$ , with  $0 \leq \Re(b_j) < 2\pi$ ,  $j = 1, 2, \dots, k$ . Defining  $S(z)$  as in (3.2), we see that

$$Q(z) = \{1 - f(z)^2\}/S(z)$$

is entire, and hence is a real trigonometric polynomial of degree  $2m - k$ . Now  $Q(z)$  has only real zeros, at the same points and with the same multiplicities as the real zeros of  $1 - f^2$ ; and  $f'(z)^2$  has at least these real zeros. Hence  $f'(z)^2/Q(z) = R(z)$  is a real trigonometric polynomial of degree  $k$ , and its zeros are those zeros of  $f'(z)^2$  which are not real zeros of  $1 - f^2$ ; these (if there are any) are of even multiplicity and (if imaginary) occur in conjugate pairs. We thus have

$$(3.3) \quad \frac{f'(z)^2}{1 - f(z)^2} = R(z)/S(z).$$

Now since  $1 - f^2$  has  $2k$  imaginary zeros in a period strip, it has  $4m - 2k$  real zeros in a period. These are of even multiplicity, and so occur at at most  $2m - k$  distinct points. If  $k$  is even, Lemma 4 contradicts Lemma 3 unless  $m - k/2 > n - [l/2]$ , i.e.  $k/2 < m - n + [l/2]$ . If  $k$  is odd, the same thing happens unless  $m - k/2 + \frac{1}{2} > n - [l/2]$ , which leads to the same conclusion.

If  $R$  and  $S$  in (3.3) have zeros (necessarily imaginary) in common, we can divide them out and obtain (3.1) with a new  $R$  and  $S$  of degree  $q < k$ .

The remaining assertion of Theorem 1 is that there is only one extremal function  $f$ , other than a constant, if  $n$  is large enough. Suppose that there are two nonconstant extremal functions  $f_1$  and  $f_2$ . Then  $f_3 = \frac{1}{2}(f_1 + f_2)$  is also an extremal function, and at any real point where  $f_3$  takes one of the values  $\pm 1$ ,  $f_1$  and  $f_2$  take the same value (since neither exceeds 1 in absolute value). Consider  $g = \frac{1}{2}(f_1 - f_2)$ , an element of  $\mathfrak{F}_n$ , which has double zeros at the real points where  $f_3 = \pm 1$ . Let  $f_3$  have degree  $m$ , which we know exceeds  $n - [l/2]$ ; then  $1 - f_3^2$  has  $4m - 2k$  real zeros in a period, and hence  $g$  has at least this many. On the other hand,  $g$  is at most of degree  $n$  and so has at most  $2n$  real zeros in a period. Hence  $4m - 2k \leq 2n$ , or  $k/2 \geq m - n/2$ . However, we know that  $k/2 < m - n + [l/2]$ . Combining these inequalities, we obtain  $n < 2[l/2] + 1$ . Hence a nonconstant extremal function must be unique if  $n \geq 2[l/2] + 1$ .

#### 4. A functional of order 3

When the order of the functional  $\mathfrak{L}$  is 2, an extremal function, even in the larger class  $\mathfrak{F}_n$ , is of the form  $\sin(nz + c)$ , and the problem of identifying it is trivial.

The next case to consider is  $l = 3$ . In this case, if  $n \geq 1$ , a nonconstant extremal function is of degree  $n$ , and it is unique if  $n \geq 3$ . Since  $[k/2] < [3/2] = 1$ , we have  $k = 0$  or 1.

We now consider the functional

$$\mathfrak{L}(f) = \lambda n^2 f(0) + f''(0),$$

which was studied in [1] for  $f \in \mathfrak{F}_n$ . It was shown in [1] that when  $\lambda \leq \frac{1}{3}$  the maximum of  $\mathfrak{L}(f)$  for  $f \in \mathfrak{F}_n$  is furnished by  $\pm \cos nz$ , and so this function also maximizes  $\mathfrak{L}(f)$  in  $\mathfrak{F}_n$ . If  $\lambda > \frac{1}{3}$ , the maximum of  $\mathfrak{L}(f)$  cannot be provided by  $\pm \cos nz$ , since  $\mathfrak{L}(1) > \mathfrak{L}(\pm \cos nz)$ . If  $\frac{1}{3} < \lambda < \frac{1}{2}$ ,  $\mathfrak{L}(-\cos nz) > \mathfrak{L}(1)$ . Hence we have to consider solutions of (3.1) with  $q = 1$  and decide whether the maximum of  $\mathfrak{L}(f)$  for these exceeds  $\lambda n^2 = \mathfrak{L}(1)$  if  $\lambda \geq \frac{1}{2}$ , and whether it exceeds  $(1 - \lambda)n^2 = \mathfrak{L}(-\cos nz)$  if  $\frac{1}{3} < \lambda < \frac{1}{2}$ .

**THEOREM 2.** *Let  $\mathfrak{L}(f) = \lambda n^2 f(0) + f''(0)$ . If  $n > 1$ , the largest value of  $|\mathfrak{L}(f)|$  for  $f \in \mathfrak{F}_n$  is furnished by  $\pm \cos nz$  if  $\lambda \leq \frac{1}{3} + 1/(6n^2)$  and by a function of the form*

$$(4.1) \quad \pm \cos\{n \cos^{-1}(\omega \cos z + \omega - 1)\}, \quad 0 < \omega < 1,$$

*if  $\lambda > \frac{1}{3} + 1/(6n^2)$ . In the second case, the maximum of  $|\mathfrak{L}(f)|$  is the maximum for  $0 < \theta < \pi$  of  $|\lambda n^2 \cos n\theta - \frac{1}{2}n \cot \frac{1}{2}\theta \sin n\theta|$ . For  $n = 1$ , the maximum is furnished by  $\pm \cos nz$  if  $\lambda \leq \frac{1}{2}$  and by  $\pm 1$  if  $\lambda \geq \frac{1}{2}$ .*

(Thus when  $\lambda = \frac{1}{2}$  there are two distinct extremal functions in  $\mathfrak{F}_1$ .)

If  $f(z)$  is an extremal function for  $\mathfrak{L}$ , so is  $f(-z)$ ; for  $n \geq 3$  the extremal function is unique if not constant, and so it must be even. Again, if  $f(z) \neq f(-z)$  and  $f$  is an extremal function,  $\frac{1}{2}[f(z) + f(-z)]$  is an even ex-

tremal function in any case. Hence to determine the maximum of  $\mathcal{L}(f)$  we need consider only even extremal functions  $f$ .

We require the following lemma.

**LEMMA 6.** *Under the hypotheses of Theorem 1, if  $f$  is a nonconstant extremal function and is either even or odd, and  $k = 1$ , then  $f'(0) = f'(\pi) = 0$ , and  $1 - f^2$  vanishes at one of the points  $0, \pi$  and not at the other.*

Let  $f$  be a nonconstant extremal function, either even or odd. If  $k = 1$ , the function  $1 - f^2$  has, in a period strip, a single pair of conjugate imaginary zeros, and  $f'(z)^2$  has a single pair of zeros which are not real zeros of  $1 - f^2$ . Since these zeros are also zeros of  $f'(z)$ , there must in fact be a single zero of  $f'(z)^2$  of multiplicity 2. Since  $f'^2$  is even, this zero can only be at  $0$  or  $\pi$  (otherwise its symmetric point with respect to  $0$  would be another zero of  $f'^2$  which is not a real zero of  $1 - f^2$ ). On the other hand, the zeros of  $f'$  (since it is even or odd) occur in symmetric pairs except perhaps for zeros at  $0$  or  $\pi$ . Since one of these points is a simple zero of  $f'$  and  $f'$  has an even number of zeros in a period, there must be an odd number of zeros besides the one at  $0$  or  $\pi$ , hence one at the other of these points. Since there is only one zero of  $f'$  which is not at a real zero of  $1 - f'^2$ , we must have  $1 - f^2 = 0$  at  $0$  or at  $\pi$  but not at both of these points.

We now return to extremal functions for  $\mathcal{L}(f)$ . If  $k = 1$  and  $f$  is an even extremal function,  $1 - f^2$  has (in a period strip) a single pair of conjugate imaginary zeros. Since  $1 - f^2$  is even, these zeros must have real part either  $0$  or  $\pi$ . Hence we may take  $S(z)$  in (3.1) as  $c \pm \cos z$ , where  $c > 1$ . By Lemma 6,  $f'(z)$  must have a zero at  $0$  or  $\pi$  (but not both) which is not a zero of  $1 - f^2$ . Now if  $f(0) = 1$ ,  $f''(0) \leq 0$  and so  $\mathcal{L}(f) \leq \lambda n^2$ . If  $\lambda \geq \frac{1}{2}$ , then,  $\mathcal{L}(f) \leq \mathcal{L}(1)$ , so either  $f$  is not an extremal function, or  $f$  makes  $\mathcal{L}(f)$  no larger than  $\mathcal{L}(1)$ , in which case we do not need to consider  $f$  any further. If  $\lambda < \frac{1}{2}$ ,  $\mathcal{L}(f) < \lambda n^2 < (1 - \lambda)n^2 = \mathcal{L}(-\cos nz)$ , so  $f$  is not an extremal function. If  $f(0) = -1$ ,  $\mathcal{L}(f) = -\lambda n^2 + f''(0)$ , and since  $|f''(0)| < n^2$  by Bernstein's theorem (since  $|f''(0)| = 1$  only for  $\pm \cos nz$ ), we have  $\mathcal{L}(f) < n^2(1 - \lambda)$ , and again  $f$  is not an extremal function. Hence  $f(0) \neq \pm 1$ , while  $f'(0) = 0$ . Hence we may take  $R(z) = A^2(1 - \cos z)$ , where  $A$  is real. Thus we have

$$\frac{f'(w)}{\{1 - f(w)^2\}} = A \frac{(1 - \cos w)^{1/2}}{(c \pm \cos w)^{1/2}}.$$

Integrating this, we find

$$(4.2) \quad f(z) = \cos \left\{ A \int_0^z \frac{(1 - \cos w)^{1/2}}{(c \pm \cos w)^{1/2}} dw + B \right\}.$$

Consideration of the behavior of the two sides as  $z \rightarrow \infty$  through pure imaginary values shows that the  $+$  sign can be excluded and that  $A = \pm n$ . The

integral can be evaluated in terms of elementary functions:

$$\int \frac{(1 - \cos w)^{1/2}}{(c - \cos w)^{1/2}} dw = -\cos^{-1} \frac{2 \cos w - c + 1}{c + 1}.$$

Thus we have

$$\begin{aligned} f(z) &= \cos \left\{ n \cos^{-1} \frac{2 \cos z - c + 1}{c + 1} + B_1 \right\} \\ &= \cos \left\{ n \cos^{-1} \frac{2 \cos z - c + 1}{c + 1} \right\} \cos B_1 \\ &\quad - \sin \left\{ n \cos^{-1} \frac{2 \cos z - c + 1}{c + 1} \right\} \sin B_1. \end{aligned}$$

Now  $\cos n\theta$  is a polynomial in  $\cos \theta$ , so the first term on the right is a polynomial in  $\cos z$ . On the other hand,  $\sin n\theta$  is of the form  $\sin \theta P(\cos \theta)$ , where  $P$  is a polynomial. Since  $\sin(\cos^{-1} t) = \pm(1 - t^2)^{1/2}$ , we have

$$\sin \left\{ \cos^{-1} \frac{2 \cos z - c + 1}{c + 1} \right\} = \pm 2(c + 1)^{-1} \{(c - \cos z)(1 + \cos z)\}^{1/2},$$

and this has branch points at the zeros of  $c - \cos z$ . Hence  $f(z)$  cannot be an entire function, and so not a trigonometric polynomial, unless  $\sin B_1 = 0$ . Thus we finally obtain

$$(4.3) \quad f(z) = \pm \cos \{ n \cos^{-1} (\omega \cos z + \omega - 1) \}, \quad \omega = 2/(c + 1),$$

as the form of an extremal function which is neither  $\pm \cos nz$  nor a constant.

Calculating  $\mathcal{L}(f)$  for (4.3), we find

$$\pm \mathcal{L}(f) = \lambda n^2 \cos n\theta - \frac{1}{2} n \cot \frac{1}{2} \theta \sin n\theta,$$

where  $\cos \theta = 2\omega - 1$ ,  $0 < \theta < \pi$ . Since every  $\theta$  in this range corresponds to some  $\omega$ , our problem is reduced to the question of whether

$$(4.4) \quad \left| \lambda n^2 \cos n\theta - \frac{1}{2} n \cot \frac{1}{2} \theta \sin n\theta \right| > \begin{cases} \lambda n^2, & \lambda \geq \frac{1}{2}; \\ (1 - \lambda) n^2, & \frac{1}{3} < \lambda < \frac{1}{2}, \end{cases}$$

for some  $\theta$  in  $0 < \theta < \pi$ : for a given  $\lambda$ , if (4.4) holds for some  $\theta$ , the extremal function for this value of  $\lambda$  is given by (4.3), and the maximum of  $\mathcal{L}(f)$  is obtainable by calculating the maximum of the left-hand side of (4.4).

For  $\lambda \geq \frac{1}{2}$ , (4.4) holds if there is a  $\theta$  for which either

$$(4.5) \quad -\cot \frac{1}{2} \theta \sin n\theta > 2(1 - \cos n\theta)\lambda n$$

or

$$(4.6) \quad \cot \frac{1}{2} \theta \sin n\theta > 2(1 + \cos n\theta)\lambda n.$$

Both (4.5) and (4.6) fail when  $n = 1$ ; hence an extremal function for  $n = 1$  is never of the form (4.3), and the last statement of Theorem 2 follows.

We now suppose that  $n \geq 2$ . Inequality (4.6) is equivalent to  $\cot \frac{1}{2}\theta \tan \frac{1}{2}n\theta > 2\lambda n$ , which is certainly satisfied when  $\theta$  is slightly less than  $\pi/n$ . Hence for  $\lambda \geq \frac{1}{2}$  and  $n > 1$  the maximum of  $\mathcal{L}(f)$  is attained for a function (4.3), and its value is the maximum of the left-hand side of (4.4).

When  $\frac{1}{3} < \lambda < \frac{1}{2}$ , (4.4) states that

$$(4.7) \quad |\lambda n \cos n\theta - \frac{1}{2} \cot \frac{1}{2}\theta \sin n\theta| > (1 - \lambda)n.$$

As  $\theta \rightarrow 0$  we have

$$\lambda n \cos n\theta - \frac{1}{2} \cot \frac{1}{2}\theta \sin n\theta = n(\lambda - 1) + \theta^2 \{(\frac{1}{6} - \frac{1}{2}\lambda)n^3 + \frac{1}{12}n\} + O(\theta^4),$$

so that (4.7) holds if  $\lambda > \frac{1}{3} + 1/(6n^2)$ .

To complete the proof of Theorem 2 we now show that  $-\cos nz$  is an extremal function when  $\frac{1}{3} < \lambda \leq \frac{1}{3} + 1/(6n^2)$ . We have to show that, when  $\lambda$  is in this interval, and  $0 < \theta < \pi$ ,

$$(4.8) \quad |\lambda n \cos n\theta - \frac{1}{2} \cot \frac{1}{2}\theta \sin n\theta| < (1 - \lambda)n.$$

We shall consider separately the intervals (i)  $\theta \geq 3\pi/(2n)$ , (ii)  $\pi/n \leq \theta < 3\pi/(2n)$ , (iii)  $0 < \theta < \pi/n$ .

In (i), the left-hand side of (4.8) is at most

$$\frac{1}{2} \cot(\frac{3}{4}\pi/n) + \lambda n \leq 2n/(3\pi) + \lambda n = n(\frac{2}{3}\pi^{-1} + \lambda),$$

and this is less than  $(1 - \lambda)n$  since  $\lambda \leq \frac{1}{3} + 1/(6n^2) \leq \frac{2}{3}$  ( $n \geq 2$ ).

In (ii),  $\cos n\theta$  and  $\sin n\theta$  are both negative, so the absolute value on the left of (4.8) is at most the larger of  $\frac{1}{2} \cot \frac{1}{2}\pi/n$ ,  $\lambda n$ . Now  $\lambda n < (1 - \lambda)n$  since  $\lambda < \frac{1}{2}$ ; and  $\frac{1}{2} \cot \frac{1}{2}\pi/n < (1 - \lambda)n$  follows from  $\frac{1}{2} \cot \frac{1}{2}\pi/n < n/\pi < n/3 < n(1 - \lambda)$ , which in turn follows from  $\lambda \leq \frac{1}{3} + 1/(6n^2) < \frac{2}{3}$ .

In (iii), we have to show that

$$(4.9) \quad \lambda n \cos n\theta - \frac{1}{2} \cot \frac{1}{2}\theta \sin n\theta < (1 - \lambda)n$$

and that

$$(4.10) \quad \frac{1}{2} \cot \frac{1}{2}\theta \sin n\theta - \lambda n \cos n\theta < (1 - \lambda)n.$$

Since  $\sin n\theta > 0$ , we can rewrite (4.9) and (4.10) in the form

$$(4.11) \quad \begin{aligned} \lambda n \cot \frac{1}{2}n\theta - \frac{1}{2} \cot \frac{1}{2}\theta &< n \csc n\theta, \\ \lambda n \tan \frac{1}{2}n\theta + \frac{1}{2} \cot \frac{1}{2}\theta &< n \csc n\theta. \end{aligned}$$

Now the second of these implies the first. In fact, it is enough to show that

$$\lambda n \cot \frac{1}{2}n\theta - \frac{1}{2} \cot \frac{1}{2}\theta < \lambda n \tan \frac{1}{2}n\theta + \frac{1}{2} \cot \frac{1}{2}\theta,$$

i.e.

$$\lambda n (\cot \frac{1}{2}n\theta - \tan \frac{1}{2}n\theta) < \cot \frac{1}{2}\theta,$$

or

$$\lambda n \cot n\theta < \frac{1}{2} \cot \frac{1}{2}\theta.$$



This holds for  $\theta < \pi/n$  since  $\lambda < 1$  and  $x \cot x$  decreases in  $0 < x < \pi$ . Hence it is enough to establish (4.11), or equivalently that

$$\lambda n \tan \frac{1}{2}n\theta < n \csc n\theta - \frac{1}{2} \cot \frac{1}{2}\theta.$$

Since  $\lambda \leq \frac{1}{3} + 1/(6n^2)$ , it is enough to show that

$$(4.12) \quad \left(\frac{1}{3} + 1/(6n^2)\right) n \tan \frac{1}{2}n\theta < n \csc n\theta.$$

Now the Laurent expansions of all the functions in (4.12) (about  $\theta = 0$ ) are valid in  $0 < \theta < \pi/n$ , and we have (for  $n \geq 2$ )

$$\begin{aligned} \left(\frac{1}{3} + 1/(6n^2)\right) n \tan \frac{1}{2}n\theta &= \frac{1}{6}n^2\theta + \frac{1}{12}\theta + \left(\frac{1}{3} + 1/(6n^2)\right)n \sum_{n=2}^{\infty} A_n n^{2n-1} \theta^{2n-1} \\ &\leq \frac{1}{6}n^2\theta + \frac{1}{12}\theta + \frac{3}{8} \sum_{n=2}^{\infty} A_n n^{2n} \theta^{2n-1}, \quad A_n = \frac{2(2^{2n} - 1)}{(2n)!} B_{2n-1} \end{aligned}$$

(the  $B$ 's are Bernoulli numbers, the significant thing for our purposes being that they are positive). We also have

$$n \csc n\theta - \frac{1}{2} \cot \frac{1}{2}\theta = \frac{1}{6}n^2\theta + \frac{1}{12}\theta + \sum_{n=2}^{\infty} n^{2n} C_n \theta^{2n-1} + \phi(\theta),$$

where

$$c_n = 2(2^{2n-1} - 1)B_{2n-1}/(2n)!$$

(the coefficients in the expansion of  $\csc x$ ), and  $\phi(\theta) > 0$  ( $\phi$  is the "tail" of the expansion of  $-\frac{1}{2} \cot \frac{1}{2}\theta$ ). Hence (4.12) is implied by

$$\frac{3}{8} \sum_{n=2}^{\infty} A_n n^{2n} \theta^{2n-1} < \sum_{n=2}^{\infty} n^{2n} C_n \theta^{2n-1},$$

and hence by  $\frac{3}{8}A_n < C_n$ , i.e.  $\frac{3}{8}(2^{2n} - 1) < 2^{2n-1} - 1$ , which is true for  $n \geq 2$ .

The point 0 plays no special role in Theorem 2 since  $f(z + a) \in \mathfrak{J}_n$  when  $f(z) \in \mathfrak{J}_n$ . Hence we can replace 0 by any other point in Theorem 2. Applying the more general result to  $p_n(\cos \theta)$  and to  $p_n(e^{i\theta})$ , we obtain the following corollaries.

**COROLLARY 1.** *If  $p_n(z)$  is a polynomial of degree  $n > 1$  and  $|p_n(z)| \leq 1$  for  $-1 < x < 1$ , then*

$$|\lambda n^2 p_n(x) - x p_n'(x) + (1 - x^2) p_n''(x)|$$

*does not exceed  $(1 - \lambda)n^2$  if  $\lambda \leq \frac{1}{3} + 1/(6n^2)$ , and does not exceed the maximum of  $|\lambda n^2 \cos n\theta - \frac{1}{2}n \cot \frac{1}{2}\theta \sin n\theta|$ ,  $0 < \theta < \pi$ , if  $\lambda > \frac{1}{3} + 1/(6n^2)$ .*

The particular cases  $x = 0$ ,  $x = 1$  are of interest.

**COROLLARY 2.** *If  $p_n(z)$  is a polynomial of degree  $n > 1$  and  $|p_n(z)| \leq 1$  for  $|z| < 1$ , then  $|\lambda n^2 p_n(z) - z p_n'(z) - z^2 p_n''(z)|$  does not exceed the bounds given in Corollary 1 when  $|z| < 1$ .*

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