# CHARACTERISTIC POLYNOMIALS OF SYMMETRIC MATRICES 

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Let $F$ be a field and $p$ an $F$-polynomial. We say that $p$ is $F$-real if and only if every real closure of $F$ contains the splitting field of $p$ over $F$. Our main purpose is to prove

Theorem 1. Let $F$ be an algebraic number field and $p$ a monic $F$-polynomial with an odd degree factor over $F$. Then $p$ is $F$-real if and only if it is the characteristic polynomial of a symmetric $F$-matrix.

That $p$ must be $F$-real follows from work of Krakowski [4, Satz 3.3]. To prove the coverse we generalize results of Sapiro [6] in Lemma 1 and Theorem 3. Sapiro deals with the case in which $p$ is a cubic. Theorem 4 considers the minimum dimension of symmetric matrices with a given root.
2. A basic lemma. In our proof we shall study congruence classes of certain symmetric matrices which are defined below. We shall denote congruence of the matrices $A$ and $B$ over the field $F$ (i.e., $A=T B T^{\prime}$ for some nonsingular $F$-matrix $T$ ) by $A \sim B(F)$.

Definition. Let $G$ be a field with subfield $F$. If $\lambda \in G$ is nonzero and if $\alpha_{1}, \cdots, \alpha_{n}$ form a basis for $G$ (as a vector space) over $F$, define the matrices $M=\left\|\alpha_{i}^{(j)}\right\|$ and $D(\lambda)=\operatorname{diag}\left(\lambda^{(1)}, \cdots, \lambda^{(n)}\right)$ where superscripts denote conjugacy over $F$. We call

$$
A=A(\lambda)=M D(\lambda) M^{\prime}
$$

a matrix from $G$ to $F$. Clearly

$$
a_{i j}=\operatorname{tr}_{G / F}\left(\lambda \alpha_{i} \alpha_{j}\right)
$$

If $\mathscr{A}=\Sigma \oplus G_{i}$ where the $G_{i}$ are extension fields of $F$, and if $A_{i}$ is a matrix from $G_{i}$ to $F$, then any matrix congruent to $\Sigma \bigoplus A_{i}$ over $F$ is called a matrix from $\mathscr{A}$ to $F$. Note that a different choice for the basis $\alpha_{1}, \cdots, \alpha_{n}$ would lead to a matrix congruent to $A(\lambda)$ over $F$.

Lemma 1. Let $F$ be a field and $p=q_{1} \cdots q_{m}$ a monic $F$-polynomial decomposed into prime factors over $F$. Assume that the splitting field of $p$ over $F$ is a separable extension of $F$. If the identity is a matrix from

$$
\left.\sum_{i}^{m} \oplus F[x] /\left(q_{i}\right)\right)
$$

