

POWERS OF A CONTRACTION IN HILBERT SPACE

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Introduction. Let H be a Hilbert space and P an operator with $\|P\| = 1$. Our main problem is to find the weak limits of $P^n x$ as $n \rightarrow \infty$. This is applied to Markov Processes and to Measure Preserving Transformations.

Markov Processes. Let (Ω, Σ, μ) be a measure space. Let x_n be a sequence of real valued measurable functions on Ω and:

1. $\mu(x_{n+\alpha} \in A \cap x_{m+\alpha} \in B) = \mu(x_n \in A \cap x_m \in B)$.
2. *Conditional probability that $x_k \in A$ given x_i and x_j , $i < j < k$, is equal to conditional probability that $x_k \in A$ given x_j .*

Let $I(\sigma)$ denote the characteristic function of σ . Define $P(n)$ by linear extension of:

$$P(n) I(x_0 \in A) = \text{Conditional probability that } x_n \in A \text{ given } x_0.$$

Then:

- 1'. $\|P(1)\| = 1$
- 2'. $P(n) = P(1)^n$.

For details see [1] and [2].

We will study limits of

$$(P(1)^n I(x_0 \in A), I(x_0 \in B)) = \mu(x_n \in A \cap x_0 \in B).$$

Many of the results here appear in particular cases in [1,] [2] and [3].

1. Reduction to unitary operators. For every $x \in H$

- a. $\|P^{*k} P^k P^n x - P^n x\|^2 \leq 2 \|P^n x\|^2 - 2 \operatorname{Re}(P^{*k} P^k P^n x P^n x)$
 $= 2(\|P^n x\|^2 - \|P^{n+k} x\|^2) \xrightarrow{n \rightarrow \infty} 0$
- b. $\|P^k P^{*k} P^n x - P^n x\|^2 \leq \|P^{*k} P^k P^{n-k} x - P^{n-k} x\|^2 \xrightarrow{n \rightarrow \infty} 0.$

Therefore:

If weak $\lim P^{n_i} x = y$ then $P^{*k} P^k y = P^k P^{*k} y = y$ (here and elsewhere n_i or m_i will denote a subsequence of the integers). This means $\|y\| = \|P^k y\| = \|P^{*k} y\|$. Notice that if $P^* P x = x$ then $\|P x\|^2 = (P^* P x, x) = \|x\|^2$. On the other hand

$$\|P x\|^2 = (P^* P x, x) \leq \|P^* P x\| \|x\| \leq \|x\|^2 \text{ since } \|P\| = 1.$$

Hence if $\|P x\| = \|x\|$ then $(P^* P x, x) = \|P^* P x\| \|x\|$ and thus $P^* P x = x$.

THEOREM 1.1. *Let $K = \{x \mid \|P^k x\| = \|P^{*k} x\| = \|x\| \ k = 1, 2, \dots\}$*

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