## BMO FROM DYADIC BMO

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We give new proofs of four decomposition theorems for functions of bounded mean oscillation by first obtaining each theorem in the easier dyadic case and then averaging the results of the dyadic decomposition over translations in  $R_m$ .

1. Introduction. Let  $\varphi$  be a locally integrable real function on  $\mathbb{R}^m$ , let Q be a bounded cube in  $\mathbb{R}^m$ , with sides parallel to the axes, and let |Q| be the Lebesgue measure of Q. Then

$$arphi_{Q}=rac{1}{|Q|}\int_{Q}arphi dx$$

is the average of  $\varphi$  over Q. We say  $\varphi$  has bounded mean oscillation,  $\varphi \in BMO$ , if

$$\|\varphi\| = \sup_{\mathbf{Q}} \frac{1}{|\mathbf{Q}|} \int_{\mathbf{Q}} |\varphi - \varphi_{\mathbf{Q}}| dx < \infty$$

A dyadic cube is a cube of the special form

$$Q = \{k_j 2^{-n} < x_j < (k_j + 1) 2^{-n}; 1 \leq j \leq m\}$$

where n and  $k_j, 1 \leq j \leq m$ , are integers, and  $\varphi$  has bounded dyadic mean oscillation,  $\varphi \in BMO_d$ , if

$$\|arphi\|_{\scriptscriptstyle d} = \sup_{\scriptscriptstyle Q ext{ dyadic}} rac{1}{|Q|} \int_{\scriptscriptstyle Q} |arphi - arphi_{\scriptscriptstyle Q}| dx < \infty \; .$$

Then clearly  $\text{BMO} \subset \text{BMO}_d$  with  $\|\varphi\|_d \leq \|\varphi\|$ , but BMO and  $\text{BMO}_d$  are not the same space; the function  $\log |x_j| \chi_{\{x_j>0\}}$  is in  $\text{BMO}_d$  but not in BMO. In analysis BMO is more important than  $\text{BMO}_d$  because BMO is translation invariant, but  $\text{BMO}_d$  is not. On the other hand,  $\text{BMO}_d$ is very much the easier space to work with because dyadic cubes are nested (if two open daydic cubes intersect then one of them is contained in the other). For example, for BMO the original proofs [1], [6], [8], [11] of the four theorems stated below were rather technical, while for  $\text{BMO}_d$  the analogous results are comparatively trivial. In this paper we derive the four theorems from their dyadic counterparts.

Here is the idea. Let  $T_{\alpha}\varphi(x) = \varphi(x - \alpha)$ . Then

$$arphi(x) = \lim_{N o \infty} rac{1}{(2N)^m} \int_{|lpha_j| \leq N} T_{lpha} arphi(x+lpha) dlpha \; .$$