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## **RIBBON KNOTS AND RIBBON DISKS**

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For a ribbon knot, we will define, in §1, the ribbon disk pair associated with it. On the other hand, J.F.P. Hudson and D.W. Sumners gave a method to construct a disk pair [2], [13]. In §1 and 2, we will generalize their construction and show that a ribbon disk pair is obtained by our construction and vice versa.

In [10], C.D. Papakyriakopoulos proved that the complement of a classical knot is aspherical. As an analogy of this, we will prove, in §3, that the compelment of a ribbon disk is aspherical, and it follows from this fact that the fundamental group of a ribbon knot complement has no element of finite order. In the final section, we will calculate the higher homotopy groups of a higher-dimensional ribbon knot complement, and in Theorem 4.4 we show that a ribbon n-knot for  $n \ge 3$  is unknotted if the fundamental group of the knot complement is the infinite cyclic group. This result is proved independently by A. Kawauchi and T. Matumoto [5].

Throughout the paper, we work in the piecewise-linear category although the results remain valid in the smooth category.

## 1. Preliminaries

1.1. By  $S^n$  we denote an *n*-sphere, and by  $B^n$  or  $D^n$  an *n*-disk. By  $\partial M$ , int M and cl M we denote the boundary, the interior and the closure of a manifold M respectively. In this paper, every submanifold in a manifold is assumed to be locally flat. If  $\partial M \neq \emptyset$ , by  $\mathcal{D}M$  we mean the *double* of M, i.e.  $\mathcal{D}M$  is obtained from the disjoint union of two copies of M by identifying their boundaries via the identity map. For a subcomplex C in a manifold M, N(C; M) is a regular neighbourhood of C in M. By a *pair* (M, W) we denote a manifold M and a *proper* submanifold W in M, i.e.  $W \cap \partial M = \partial W$ . An *n*-disk *pair* is a pair (M, W) such that M is a disk and W an *n*-disk. Two pairs  $(M_1, W_1)$  and  $(M_2, W_2)$  are *equivalent* if there exists a homeomorphism from  $M_1$  to  $M_2$  which maps  $W_1$  to  $W_2$ , and we will identify two equivalent manifold pairs. Let  $\mathcal{D}(M, W) = (\mathcal{D}M, \mathcal{D}W)$  and  $\partial(M, W) = (\partial M, \partial W)$ . We denote the unit interval [0, 1] by I, and the Eu-