# RIBBON KNOTS AND RIBBON DISKS 

Kouhei ASANO, Yoshiniko MARUMOTO and<br>Takaaki YANAGAWA

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For a ribbon knot, we will define, in $\S 1$, the ribbon disk pair associated with it. On the other hand, J.F.P. Hudson and D.W. Sumners gave a method to construct a disk pair [2], [13]. In §1 and 2, we will generalize their construction and show that a ribbon disk pair is obtained by our construction and vice versa.

In [10], C.D. Papakyriakopoulos proved that the complement of a classical knot is aspherical. As an analogy of this, we will prove, in §3, that the compelment of a ribbon disk is aspherical, and it follows from this fact that the fundamental group of a ribbon knot complement has no element of finite order. In the final section, we will calculate the higher homotopy groups of a higherdimensional ribbon knot complement, and in Theorem 4.4 we show that $a$ ribbon $n$-knot for $n \geqq 3$ is unknotted if the fundamental group of the knot complement is the infinite cyclic group. This result is proved independently by A. Kawauchi and T. Matumoto [5].

Throughout the paper, we work in the piecewise-linear category although the results remain valid in the smooth category.

## 1. Preliminaries

1.1. By $S^{n}$ we denote an $n$-sphere, and by $B^{n}$ or $D^{n}$ an $n$-disk. By $\partial M$, int $M$ and $\mathrm{cl} M$ we denote the boundary, the interior and the closure of a manifold $M$ respectively. In this paper, every submanifold in a manifold is assumed to be locally flat. If $\partial M \neq \emptyset$, by $\mathscr{D} M$ we mean the double of $M$, i.e. $\mathscr{D} M$ is obtained from the disjoint union of two copies of $M$ by identifying their boundaries via the identity map. For a subcomplex $C$ in a manifold $M, N(C ; M)$ is a regular neighbourhood of $C$ in $M$. By a pair $(M, W)$ we denote a manifold $M$ and a proper submanifold $W$ in $M$, i.e. $W \cap \partial M=\partial W$. An $n$-disk pair is a pair $(M, W)$ such that $M$ is a disk and $W$ an $n$-disk. Two pairs $\left(M_{1}, W_{1}\right)$ and $\left(M_{2}, W_{2}\right)$ are equivalent if there exists a homeomorphism from $M_{1}$ to $M_{2}$ which maps $W_{1}$ to $W_{2}$, and we will identify two equivalent manifold pairs. Let $\mathscr{D}(M, W)=(\mathscr{D} M, \mathscr{D} W)$ and $\partial(M, W)=(\partial M, \partial W)$. We denote the unit interval [0, 1] by I, and the Eu-

