# THICK SETS AND QUASISYMMETRIC MAPS 

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## 1. Introduction

1.1. Thickness. Let $E$ be a real inner product space. For a finite sequence of points $a_{0}, \ldots, a_{k}$ in $E$ we let $a_{0} \ldots a_{k}$ denote the convex hull of the set $\left\{a_{0}, \ldots\right.$, $\left.a_{k}\right\}$. If these points are affinely independent, the set $\Delta=a_{0} \ldots a_{k}$ is a $k$-simplex with vertices $a_{0}, \ldots, a_{k}$. It has a well-defined $k$-volume written as $m_{k}(\Delta)$ or briefly as $m(\Delta)$. We are interested in sets $A \subset E$ which are "nowhere too flat in dimension $k$ ". More precisely, suppose that $A \subset E, q>0$ and that $k$ is a positive integer. We let $\bar{B}(x, r)$ denote the closed ball with center $x$ and radius $r$. We say that $A$ is $(q, k)$-thick if for each $x \in A$ and $r>0$ such that $A \backslash \bar{B}(x, r) \neq \emptyset$ there is a $k$-simplex $\Delta$ with vertices in $A \cap \bar{B}(x, r)$ such that $m_{k}(\Delta) \geq q r^{k}$.

It is easy to see that the closure $\bar{A}$ of a $(q, k)$-thick set $A$ is $\left(q^{\prime}, k\right)$-thick for each $q^{\prime}<q$. In the case $\operatorname{dim} E<\infty, \bar{A}$ is in fact $(q, k)$-thick. Conversely, if $\bar{A}$ is ( $q, k$ )-thick, $A$ is ( $q^{\prime}, k$ )-thick for all $q^{\prime}<q$. Without essential loss of generality, it is thus sufficient to consider only closed sets $A \subset E$.

We also say that $A$ is $k$-thick if $A$ is ( $q, k$ )-thick for some $q>0$. It is easy to see that a $p$-thick set is $k$-thick for all $k \leq p$.
1.2. Examples. We consider sets in the Euclidean $n$-space $R^{n}$. A set $A \subset R^{n}$ can be $k$-thick only for $k \leq n$. A $k$-dimensional ball and a $k$-cube are clearly $k$-thick but not $p$-thick for $p>k$. The Cantor middle-third set is 1 -thick. If $A$ is an arc which has a tangent at some point, $A$ is not 2 -thick. In particular, rectifiable arcs are not 2 -thick. On the other hand, the Koch snowflake curve in $R^{2}$ is 2 -thick. A $c$-John domain [NV], 2.26, and its closure in $R^{n}$ are $(q, n)$-thick with $q=q(c, n)$.
1.3. Background. Thick sets arise naturally from various questions of analysis. For example, in [Vä3], Th. 6.2 , it was proved that if $A$ is compact and

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