Commun. Math. Phys. 104, 307-310 (1986)

## Communications in Mathematical **Physics** © Springer-Verlag 1986

## Inequalities for the Schatten *p*-Norm. III

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Abstract. We present some inequalities for the Schatten *p*-norm of operators on a Hilbert space. It is shown, among other things, that if A is an operator such that  $\operatorname{Re} A \ge a \ge 0$ , then for any operator X,  $||AX + XA^*||_p \ge 2a||X||_p$ . Also, for any two operators A and B,  $||A| - |B||_2^2 + ||A^*| - |B^*||_2^2 \le 2||A - B||_2^2$ .

In their investigation on the quasi-equivalence of quasi-free states of canonical commutation relations, Araki and Yamagami [1] proved that for any two bounded linear operators A and B on a Hilbert space H,  $|||A| - |B|||_2$  $\leq 2^{1/2} \|A - B\|_2$ . Also, in working on the approach to an equilibrium in harmonic chain or the elementary excitation spectrum of a random ferromagnet, as mentioned in [3], one may encounter the following useful inequality due to van Hemmen and Ando [3, Lemma 3.1]. If X is a compact operator and A is an operator such that  $A \ge a \ge 0$ , then  $\|AX + XA\|_p \ge 2a\|X\|_p$ . This inequality is related to the one proved by the author in [4, Theorem 3]. The inequality in [4, Theorem 3] is equivalent to that  $||AX + XA^*||_p \ge a ||X||_p$  for any operator X, whenever  $\frac{A+A^*}{2} \ge a \ge 0$ . But as seen from the proof if X is assumed to be selfadjoint (or even seminormal), then  $||AX + XA^*||_p \ge 2a||X||_p$ .

It is the object of this note to present the best possible extension of this result by

removing the restriction on X. We will prove a general theorem which gives the above mentioned inequalities in [3 and 4] as corollaries. The technique developed for this purpose proves to be useful also in extending the Araki and Yamagami result and it is likely to have further applications.

An operator means a bounded linear operator on a separable, complex Hilbert space H. Let B(H) denote the algebra of all bounded linear operators acting on H. Let K(H) denote the ideal of compact operators on H. For any compact operator A, let  $s_1(A)$ ,  $s_2(A)$ ,... be the eigenvalues of  $|A| = (A^*A)^{1/2}$  in decreasing order and repeated according to multiplicity. A compact operator A is said to be in the Schatten p-class  $C_p$   $(1 \le p < \infty)$ , if  $\sum s_i(A)^p < \infty$ . The Schatten p-norm of A is