## ON THE CONJUGATE OF BOUNDED FUNCTIONS<sup>1</sup>

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ABSTRACT. If f is a real  $2\pi$ -periodic function such that  $|f| \le k < \pi/2$  and  $\widetilde{f}$  its conjugate, then  $\|\sinh(\widetilde{f}/2)\|_2 \le (\cos k)^{-\frac{1}{2}} \|f/2\|_2$ .

Let f be a real  $2\pi$ -periodic function and  $\widetilde{f}$  its conjugate. If  $|f| \le 1$  and  $0 < k < \pi/2$ , then [3, VII, 2.11]

(1) 
$$\frac{1}{2\pi} \int \exp(k|\widetilde{f}|) \le \frac{2}{\cos k}.$$

It follows from (1) that if  $m(y) = |\{x: |\widetilde{f}(x)| > y\}|$  is the distribution function of  $\widetilde{f}$ , then

(2) 
$$m(y) \leq \operatorname{Const/exp}(ky)$$
.

In the case where f is the characteristic function of a measurable set  $E \subset [-\pi, \pi]$ , E. Stein and G. Weiss proved that [2, Lemma 5]

(3) 
$$m(y) \leq \operatorname{Const sin}(|E|/2)/\sinh(y/2).$$

Moreover they gave an exact formula for m(y), which shows that m(y) depends on |E| only.

In [3] the proof of (1) is based on Cauchy's theorem for holomorphic functions. The same method can provide an alternative proof of the theorem of Stein and Weiss mentioned above [1, III, 1.10]. It seems that it has passed unnoticed that this method also yields an inequality similar to (3) for all bounded functions. It is obvious that such an inequality considerably improves (2) for large values of y. A convenient way to formulate this result is the following

THEOREM. If f is a real  $2\pi$ -periodic function such that  $|f| \le k < \pi/2$  and  $\widetilde{f}$  its conjugate, then

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