# ON THE 2-SPHERES IN A 3-MANIFOLD 

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We shall give here an abstract of [2]. In this paper, the manifolds and the maps are $C^{\infty}$. Let us recall some definitions:
(1) Let $S$ and $S^{\prime}$ be two spheres in a 3-manifold $V^{3} ; S$ and $S^{\prime}$ are said to be homotopic if there exist two embeddings $\varphi, \varphi^{\prime}: S^{2} \rightarrow V$ with $S$ and $S^{\prime}$ as images that are homotopic in the family of smooth maps $S^{2} \rightarrow V . S$ and $S^{\prime}$ are said to be isotopic if there exists a diffeomorphism $H$ of $V$, isotopic to the identity, such that $H(S)=S^{\prime}$.
(2) $h: S^{2} \times[0,1] \rightarrow V$ is said to be a homotopy of disjunction of $S^{\prime}$ from $S$ if $h \mid S^{2} \times\{0\}$ is an embedding with $S^{\prime}$ as image and if $h\left(S^{2} \times\{1\}\right) \subset V-S$.
(3) $V$ satisfies the Poincaré conjecture if any compact contractible 3 -manifold of $V$ is diffeomorphic to $D^{3}$.
We obtain the following results:
Theorem I. Let V be a 3-manifold satisfying the Poincaré conjecture and let $S$, $S^{\prime}$ be two spheres in $V$. If there exists a homotopy of disjunction of $S^{\prime}$ from $S$, then there exists an isotopy of disjunction.

Theorem II. With the same hypotheses as in Theorem I, if S and $S^{\prime}$ are homotopic, then $S$ and $S^{\prime}$ are isotopic.
Theorem III. For any positive integer $p$, we shall denote $p \# S^{1} \times S^{2}$ the connected sum of $p$ copies of $S^{1} \times S^{2}$. Let $H$ be a diffeomorphism of $p \# S^{1} \times S^{2}$ homotopic to the identity. Then $H$ is isotopic to the identity.

Remark. Theorems I and II are trivial if $S$ is null homotopic, because then $S$ is the boundary of a ball; hence we suppose that $S$ is not null homotopic.

Theorem I $\Rightarrow$ Theorem II. If $S^{\prime \prime}$ is homotopic to $S$, then there exists a disjunction homotopy of $S^{\prime}$ from $S$. After Theorem I, there exists an isotopy of disjunction. If now $S$ and $S^{\prime}$ are homotopic and disjoint, they bound an $h$-cobordism, which is trivial, since $V$ satisfies the Poincaré conjecture.

Theorem II $\Rightarrow$ Theorem III. Let $\Sigma_{1}, \ldots, \Sigma_{p}$ be the $p$ transversal spheres in the index 1 handlebodies of $p \# S^{1} \times S^{2}$. We can, by using mainly Theorem II, reduce to the case where $H \mid \Sigma_{1} \cup \ldots \cup \Sigma_{p}$ is the

