# THE LENGTH OF A SHORTEST GEODESIC LOOP AT A POINT 

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#### Abstract

In this paper we prove that given a point $p \in M^{n}$, where $M^{n}$ is a closed Riemannian manifold of dimension $n$, the length of a shortest geodesic loop $l_{p}\left(M^{n}\right)$ at this point is bounded above by $2 n d$, where $d$ is the diameter of $M^{n}$. Moreover, we show that on a closed simply connected Riemannian manifold $M^{n}$ with a nontrivial second homotopy group there either exist at least three geodesic loops of length less than or equal to $2 d$ at each point of $M^{n}$, or the length of a shortest closed geodesic on $M^{n}$ is bounded from above by 4 d .


## Introduction and main results

Let $M^{n}$ be a closed Riemannian manifold of dimension $n$. In 1983, M. Gromov asked whether one can bound above the length of a shortest closed geodesic $l\left(M^{n}\right)$ on $M^{n}$ by $c(n) \operatorname{vol}\left(M^{n}\right)^{\frac{1}{n}}$, where $\operatorname{vol}\left(M^{n}\right)$ is the volume of $M^{n}$ and $c(n)$ is a constant that depends on the dimension of $M^{n}$ only. A similar question can be asked about the relationship between $l\left(M^{n}\right)$ and the diameter $d$ of a manifold. The fact that on each manifold there exists a closed geodesic was shown by L. Lusternik and A. Fet. A similar argument shows that there exists a geodesic loop at each point of a closed Riemannian manifold. So, one can also ask if there exists a constant $k(n)$ such that for each point $p \in M^{n}$, the length of a shortest geodesic loop $l_{p}\left(M^{n}\right)$ at this point is bounded above by $k(n) d$. Note that, although it is quite easy to see that $l_{p}\left(M^{n}\right) \leq 2 d$ in the case of a closed Riemannian manifold that is not simply connected, this is not true in general, as it was recently shown by F. Balacheff, C.B. Croke, and M. Katz in [BlCK].

Note also, that for no constant $C(n)$ we can bound above $l_{p}\left(M^{n}\right)$ by $C(n) \operatorname{vol}\left(M^{n}\right)^{\frac{1}{n}}$ for every $p \in M^{n}$. For example, consider a prolate ellipsoid $E$ that is an ellipsoid generated by an ellipse rotated around its major axis. Let us denote its polar radius by $R$. Let $p \in E$ be the north pole of $E$. Then all geodesics and, thus, geodesic loops passing through

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