## PSEUDOHOLOMORPHIC CURVES AND THE SHADOWING LEMMA

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**1. Introduction.** Let M be a compact smooth manifold of dimension n, and let  $T^*M \to^{\tau} M$  be its cotangent bundle.  $T^*M$  carries a canonical 1-form  $\theta$ , which in canonical coordinates  $(q_i, p_i)$  is given by

$$\theta = \sum p_i \, dq_i.$$

Then  $\omega := d\theta$  is a symplectic form on  $T^*M$ .

To a smooth Hamiltonian  $H \in C^{\infty}(S^1 \times T^*M, \mathbb{R})$ , 1-periodic in time, we associate the Hamiltonian system

$$\dot{x} = X_H(t, x),$$

where the Hamiltonian vector field  $X_H$  is defined by

$$d_x H(t, x) = \omega(X_H(t, x), \cdot).$$

We make the following assumptions on H.

(H1) (Saddle point). There exists a point  $x_0 = (q_0, 0) \in T^*M$  such that  $H(t, x_0) = 0$ ,  $d_x H(t, x_0) = 0$  for all t, and

$$\begin{split} &\frac{\partial^2 H}{\partial p^2}(t,x_0)_{pp}>0 \quad \text{for all } t \;, \qquad H(t,q_0,p)\geq 0 \quad \text{for all } t,p, \\ &\frac{\partial^2 H}{\partial q^2}(t,x_0)_{qq}<0 \quad \text{for all } t, \qquad H(t,q,0)<0 \quad \text{for all } q\neq q_0. \end{split}$$

- (H2) (Growth conditions). We have that
  - (i)  $|d_x H(t, x)| \le a d(x, x_0)$ ;
- (ii)  $H(t,q,p) \ge b_1 |p|^2 b_2$ ;
- (iii) there exists a vector field  $\eta$  on  $T^*M$  satisfying

$$d(i_{\eta}\omega) = \omega,$$
  

$$|\eta(x)| \le c_1 d(x, x_0),$$
  

$$d_x H(t, x) \cdot \eta(x) - H(t, x) \ge c_2 (d(x, x_0))^2.$$

Here,  $a, b_i, c_i$  are positive constants; we have chosen a Riemannian metric on M and

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