## AN ISOPERIMETRIC INEQUALITY WITH APPLICATIONS TO CURVE SHORTENING

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1. Introduction. In this note we prove the isoperimetric inequality

$$\pi \frac{L}{A} \leq \int_0^L \kappa^2 ds$$

for closed, convex  $C^2$  curves in the plane. L, A and  $\kappa$  are the length of the curve, the area it encloses, and its curvature. The inequality does not necessarily hold for nonconvex curves. We use the inequality to show that when a convex curve is deformed along its normal at a rate proportional to its curvature the isoperimetric ratio  $L^2/A$  decreases. In some sense the curve is becoming more circular.

Notation and useful formulae are described in the next section, the isoperimetric inequality is proved in section 3 and the application to curve shortening is sketched in section 4.

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2. Notation. We let X(s) describe the closed, convex curve  $\gamma$ , with arclength parameter s. T(s) and N(s) represent the unit tangent and inward normal vectors which form a frame whose orientation agrees with that of the plane. The curvature at s is denoted  $\kappa(s)$  and the support function  $p(s) = \langle X, -N \rangle$ . L and A are the length of  $\gamma$  and the area of the lamina it encloses.

The length and area can be expressed in terms of the support function and the curvature: From Green's theorem one derives

$$A = \frac{1}{2} \int_0^L (xy' - yx') \, ds = \frac{1}{2} \int_0^L \langle X, -N \rangle \, ds = \frac{1}{2} \int_0^L p \, ds. \tag{1}$$

Using X'(s) = T(s) and  $T'(x) = \kappa N(s)$  we obtain

$$\int p\kappa \, ds = -\int_0^L \langle X, \kappa N \rangle \, ds = -\int_0^L \langle X, X'' \rangle \, ds$$

$$= -\langle X, X' \rangle \Big|_0^L + \int_0^L \langle X', X' \rangle \, ds$$

$$= L. \tag{2}$$

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